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Lee Valley Enterprise Board has now introduced its very own Macroom Shopping Voucher this is all part of the shop local movement. Pic. Peter Scanlan.

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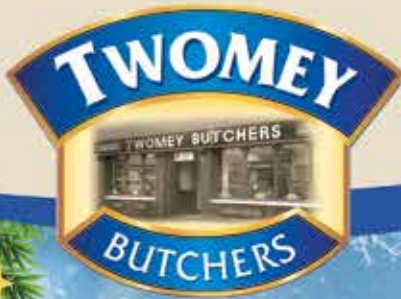
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Our Christmas Opening Hours:

Wed 20th 7:30am - 7:30pm
Thu 21st 7:00am - 9:00pm
Fri 22nd 7:00am - 9:00pm
Sat 23rd 7:00am - 9:00pm
Sun 24th 7:00am - 3:00pm

Reopening December 28th
Closed New Years Eve & New years Day.

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If you cannot access physical copies, the LVO can be viewed online at:
<https://www.outlookmags.com/archives/lee-valley-outlook/>

We are a bi-weekly magazine; therefore, submissions must be on the Sunday before publication at the latest, if you want a piece included in the following week's edition. Due to print processes, late submissions

will be published in the following edition. As always submissions as Gaeilge are always welcome too!

We love hearing local stories, opinions and events - current or historical, if you would like to submit an article as bearla nó as gaeilge, please feel free to email us here on leevalleyoutlook@macroom.ie, we would love to hear from you.

Go raibh maith agaibh, Peter & Gráinne

For Advertising email Des. E: des@outlookmags.com
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Lee Valley Enterprise Board *encouraging 'shop local' this Christmas*

Lee Valley Enterprise Board has now introduced its very own Macroom Shopping Voucher this is all part of our shop local movement.

We realise that a large number of consumers are looking to support local and more significantly the people that make our communities what they are. Evidence is that people want to purchase closer to home so this new voucher scheme will offer the opportunity to do this throughout the year.

The Macroom Shopping voucher is the ideal gift for Wedding, Confirmation, Communion and in particular Christmas, or as a gesture for any event or occasion.

Businesses and employers that reward their staff by way of incentives will also find the Macroom Shopping Voucher a very suitable option. Under



the Revenue Commissioners' 'Small Benefit Exemption' scheme, employers and employees can benefit from a reward of up to €1,000 in value completely tax free each year. This is exempt from Income Tax, Universal Social Charge and employee & employers PRSI. Macroom Shopping Voucher is an ideal way of using the Small Benefit Exemption to reward employees Tax free, even if the employee is receiving other Taxable benefits, whilst helping support the local economy. Where to Spend your Voucher

The vouchers will be accepted and redeemed by the many Lee Valley Enterprise Board Members businesses exhibiting the members stickers all throughout the town and surrounding area.

Therefore if it's a gift you need, a meal in one of the restaurants or coffee shops, something for your pet, a bag of coal or timber, or just use it for groceries then this is a most versatile voucher.

Check www.macroom.ie for a full list of businesses accepting the Macroom Shopping Voucher.

Where to Buy your Voucher

Presently the vouchers are available to purchase in E25 denominations from:

- Vaughan's Café on North Square,
- Murphy's Costcutter Express, Masseytown
- Mc Sweeney's Shop in Middle Square,
- by contacting lventerpriseboard@macroom.ie
- or phone 026 20544

Macroom Christmas Lights Switch-on



Macroom Christmas Lights Switch-on, 1 Dec, 2023 (C. Kelleher).



Pat O'Connell, Mayor Ted Lucey, Geraldine Galvin and Macroom Flower, Aoife Coleman at Macroom Christmas Lights Switch-on, 1 Dec, 2023 (C. Kelleher).

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NEW TO MARKET
GORTANIMILL, RENANIREE, MACROOM, CO. CORK

Killian Lynch Auctioneers are pleased to offer this C.24.5 acres forestry land which is comprised of a mature spruce plantation. The forestry which has direct access onto a main public road is 20 years old and is very good quality. The property is located C.5 minutes drive southwest of Ballyourney village, C.20 minutes west of Macroom and C.45 minutes from Cork city.

GUIDE PRICE: €170,000



NEW TO MARKET
KNOCKRAHEEN, CARRIGANIMA, MACROOM, CO. CORK, P12YF66

Killian Lynch Auctioneers are pleased to present this derelict house on c.1.55 acres. The property consists of c.550 sq ft living accommodation throughout which is in need of major renovation, but does have the advantage of qualifying for the €70,000 Cork county council renovation grant. The property is located only c.0.5 km from Carriganima village, c.10 minutes drive to Millstreet, c.10 minutes drive to Macroom & c.35 minutes drive to Cork city. BER: G(117009274)

GUIDE PRICE: €70,000



NEW TO MARKET
THE STONEHOUSE, BAWNMORE, MACROOM, CO. CORK, P12A033

Killian Lynch Auctioneers are pleased to offer this traditional 3 bedroom farmhouse on C.1.2 acres. The property which is in fantastic condition throughout comprises of C.1055 sq ft living accommodation. The house boasts a large lush green grass garden and has multiple outbuildings for storage. The property is nestled away quietly in its own peaceful corner C.7km from Macroom town and C.35 minutes to Cork city. Viewings are highly advised.

BER: E1 (117028423)

GUIDE PRICE: €260,000



NEW TO MARKET
33 THE GLENTIES, MILLSTREET ROAD, MACROOM, CO. CORK, P12D663

Killian Lynch auctioneers are pleased to offer this pristine, 3 bedroom end of row, semi-detached house. This property, which comes with landscaped gardens, comprises of c.1,000 sq ft. living accommodation, is in excellent condition throughout having been totally redecorated in recent times. Located within a mature development c.10 minutes walking distance from Macroom town centre, c.30 minutes drive west of Cork City and c.30 minutes drive from Killarney. BER: C1(106657635)

GUIDE PRICE: €255,000



NEW TO MARKET
NO. 65 THE GLENTIES, MACROOM, CO. CORK, P12TV29

Killian Lynch Auctioneers are pleased to offer this spacious & pristine 4 bedroom semi-detached house. The property sits on top of a hill overlooking a stunning south facing views of Macroom town to the rear of the property. Comprising of c.1420 sq ft living accommodation throughout and comes with landscaped front & rear gardens. Located within a mature development just c.1km from Macroom town centre, c.11km from the newly built Macroom bypass, c.30 minutes' drive from Killarney & Cork city. BER: B3 (106516149)

GUIDE PRICE: €285,000



NEW TO MARKET
LUMNAGH BEG, COOLEA, MACROOM, CO. CORK

Killian Lynch auctioneers are pleased to offer this 4 bedroom detached residence on c.0.5 acres, the house which is under construction, comprises of c.2,927 sq ft. living accommodation and has had 1st fix heating and wiring complete, the property was constructed in 2007 and has double glazed PVC windows and underfloor heating and a large basement making a total of 3 floors. This is a fantastic opportunity to acquire a property 2/3 complete and to put a person's own stamp on completion. Located c.5 minutes' drive west of Coolea, c.10 minutes from Ballyourney, Macroom c.20 minutes, Killarney c.25 minutes and Cork city c.45 minutes from the property.

GUIDE PRICE: €150,000



VIEWING ADVISED
18 THE GLENTIES, MILLSTREET ROAD, MACROOM, CO. CORK, P12 Y672

Killian Lynch Auctioneers are pleased to offer this 4 bedroom semi detached house situated within a nice cul de sac part of the development within the Glenties. The property which has C.1200 sq ft living accommodation comes with large rear gardens and will make a beautiful family home. Located only C.1 km from the Macroom bypass interchange junction, C.2 km from Macroom town centre and C.30 minutes from both Cork and Killarney. BER: C2 (100283704)

AMV: €257,000



UNDER OFFER
MONEYCUSKER, TOAMES, MACROOM, CO. CORK, P12EY28

Killian Lynch Auctioneers are pleased to offer this stunning 4 bedroom detached property which boasts a large C.0.6 acres garden overlooking a lush green countryside view. The house which comprises of C.1660 sq ft living accommodation throughout is in fantastic condition and has a cosy, homely feel to it. Located only C.5 drive to Terebin village, C.10 minutes drive to Macroom town and C.30 minutes drive to Cork city. Viewings highly advised. BER: C1 (116832676)

GUIDE PRICE: €315,000



NEW TO MARKET
72 THE GLENTIES, MILLSTREET ROAD, MACROOM, CO. CORK P12 HF10

Killian Lynch Auctioneers are pleased to offer this beautiful 3 bedroom semi detached house comprising of c.1200 sq ft living accommodation. The property is in fantastic condition throughout & would make for an ideal family home or first time buyer. Located within a mature development just off the newly built Macroom bypass, c.1km from Macroom town centre, c.30 minutes drive west of Cork city & c.30 minutes drive from Killarney. BER: B3

GUIDE PRICE: €255,000

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MACROOM GIRL GUIDES

Members of McEgan Senior Branch and Ardilaun Guides in Macroom Town Square on Friday 01 Dec 2023

McEgan Senior Branch and Ardilaun Guides

On Friday 01 Dec 2023 McEgan Senior Branch and Ardilaun Guides ran a stall at the Christmas Market for the turning on of the lights in Macroom Town Square. An array of items were on sale including a cookbook of favourite recipes. The girls had a fun time meeting everyone and were great ambassadors for their units. The units are currently fund raising for the many adventures that they will be going on next year.

Ardilaun Ladybirds

Ardilaun Ladybirds are currently participating in

the IGG FIRST® LEGO® League. This programme helps build confidence, habits of learning, and teamwork skills with activities designed to harness young minds' natural curiosity. Sets of Lego were distributed to the participating units and the girls explore science, technology, engineering, and math (STEM) through play using the LEGO® Education STEAM Park. Great fun is being had on Monday evenings at the Ladybird meetings.

Ardilaun Brownies

Ardilaun Brownies are busy working on their

winter programme, and they are currently working on their Writer's Badge. They are busy creating hand made Christmas Cards for the residents of Sullane Haven Macroom Senior Citizens. They are also having great fun writing silly stories and poems in their sixes.

For further information on Guiding in Macroom please contact macroomguides@gmail.com

McEgan Senior Branch are heading to Roverway in Norway in Summer 2024



Ardilaun Ladybirds having fun with Lego at their meeting on Monday 27 Nov 2023

CORK COLLEGE OF FET MACROOM CENTRE'S

Cancer Coffee Morning

The students and staff of Cork College of FET, Macroom Centre held our annual Coffee Morning for Cancer Services in CUH in the Macroom eEnterprise Centre at Bowl Road, Macroom on November 23rd.

This special event not only brought together our incredible staff and students but also the local community. A sincere thank you to everyone who joined us from the local area, from schools, clubs, and other service providers in the area. Fr. Joe O'Mahony, Monsignor James O'Donnell, Mayor Ted Lucey, Councillor Martin Coughlan and Councillor Eileen Lynch were among those who

joined us on the day. With Dr. Con Kelliher kindly taking photos throughout the morning. Bernie Angland and Padraig O'Driscoll along with all the Macroom Centre staff and their QQI Level 5 students have raised €5,500 so far, for Cancer Services in CUH. During the morning we took a moment to reflect on the extraordinary work of all the Oncology staff in CUH and acknowledge how so many have unfortunately been affected by cancer. Without the outstanding generosity of so many businesses in Macroom, Clondrohid, Lissarda, Crookstown, Millstreet, Ballyvourney and other local areas, this annual raffle to raise

money for Cancer services would not be possible, for that we are sincerely grateful for their continued support. It emphasises the importance for all of us to SHOP LOCAL as much as possible and support local. Also, to acknowledge the impressive hamper which was donated by the Cork Prison's Officers Social & Charity club. All spot prizes and contributions were most sincerely appreciated.

We look forward to welcoming people to our future coffee mornings.

Míle Buiochas aris. Cork College of FET team, Morisson's Island Campus at the Macroom Centre.



Aisling Cronin (SNA student), Joanne Breegan & Eilis O'Callaghan (both Nursing Teachers), Bernie Angland (Cork College of FET Centre Co-Ordinator) & Orla McCarthy (SNA student).



Back row, Bernie Angland, Mayor Ted Lucey, right Eilis O'Callaghan, David Tyrell & Joanne Breegan (Teachers) Angland (Cork College of FET Centre Co-Ordinator) & Orla McCarthy (SNA student).



Local ladies with Bernie (centre) and Fr. Joe O'Mahony (far right)



Orla O'Riordan (teacher), Jerh O'Sullivan (Cork Marts, Macroom & CCM Properties) & Helen Ryan (Principal of Morrison's Island Campus & Macroom Centre).



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Festive Season has taking over the volunteers at the Tidy Towns. Santa, Mrs. Claus, Elves and Santa's helpers arrived on the 2nd of December for Santa's Grotto. S

Santa's Grotto still takes place on the 9th, 10th, 16th and 17th of December from 11am – 5pm and bookings can be made by contacting 087-1434770. With over 250 kids booked in they will surely be kept very busy. Dec.3rd from 3-5pm it was dedicated to Walk-Ins only. For Santas big arrival some of our volunteers dressed for the big occasion wearing their best Christmas Jumpers and posed for photos with the special guests. December is a great month to keep the colour going in the garden, that will last all winter with cold hardy plants. Plant pansies, violas, heucheras and Primroses. They will grow just as well in pots or hanging baskets as in beds in your garden. The Christmas Rose, Helleborus Nigger, is one of the few perennials that flowers in white and purple colours this time of the year. They also provide a food source for any active pollinators. They do very well in pots, as well as in beds. They like heavier wet soil, in partial shade and sheltered from the wind. Best to plant bare rooted fruit trees this month, Apples and Pears been an example, in a large pot, for fruit next autumn. Plant two different varieties of both to ensure they pollinate. If planting in a pot, go for a dwarf variety.



Mrs Claus and Santa's Helper busy giving out the goodies and a Selection of Home baked scones, Cream Slices, Coffee Vream Buns and Christmas Cake baked by Catherine Ross Murphy.

Would like to say a big thanks to Catherine Ross Murphy for baking some delicious home baked Scones, Cream Slices, Coffee Cream Buns and a Christmas Cake. All went down a treat with our volunteers on a cold Saturday morning with a nice cup of tea and coffee. Thanks also and a big well done to the Lee Valley Enterprise board for organising a very successful Christmas Market and turning on the lights on Fri. Evening, Dec 1st in the square. It was a delight to be part of the event. Also, a big well done to Councillor Ted Lucey and Flower of Macroom 2023 winner Aoife Coleman for doing the all important job of turning on the lights. The Men's Shed would welcome any new members that might light to join their activities. If you are interested in meeting up on a regular

basis for a chat and have a look at what they do why not come along and see. They are open Tuesday, Wednesday and Friday from 2-4pm at their base in Masseytown Road. So why not call in and see for yourself. The tidy Towns volunteers have been busy over the last few weeks preparing for Christmas, with Santas Grotto, erecting Christmas lights all over town, as well as Christmas Tree and the Crib in the square. Regular work continues such as litter picking and general maintenance around town. Flower beds have been cleared, soil enriched with leaf compost which was made in our biodiversity garden. Donations from the Crib are going to the Senior Citizens so why not donate a few euro if you are able to, to another brilliant local cause.

A MACROOM TIDY TOWNS PROJECT - Garden Composting, and making leaf mulch -

Firstly, composting is a process that involves many different organisms and, like all life forms, these need (1) air and (2) water if they are to survive and thrive. This could mean having to aerate the material or add water, so choose a shady spot to begin with and cover the material with something like an old carpet which helps prevent getting too wet or too dry.

A mix of 'greens' and 'browns' produces a balanced nutritional compost, with the organisms thriving on the nitrogen-rich green and high-carbon browns. Separately these will not compost as well, since the fresh grass clippings particularly in larger quantities can turn gooey and starve the organisms of oxygen, while leaves on their own may be slow to breakdown so a mix is good.

Variety is the spice of life! This can be items like vegetable or fruit waste, weeds, plants, cut flowers, lighter hedge trimmings, pine needles, sawdust, bark, or cardboard if torn up into smaller pieces.

Next thing to be aware of is the particle size, which should be as small as possible which gives a larger surface area for the process to work better. When leaves are collected off the lawn using a mower this is ideal for composting as they are well broken



Macroom Tidy Towns project on Composting

up and might also be mixed with some grass. Making Leaf Compost. So many of us love our trees and then have a problem when the leaves of deciduous trees fall in large quantities. This can be turned into a positive very easily resulting in the finest of mulch being made in the garden, free of charge.

Macroom Tidy Towns have been composting

leaves for the last few years, gathering them in our cleanups around the town and then needing a place to deposit them, so we made our own composting area in our biodiversity garden from used pallets. The council also deposit some of the leave that sweep up in the streetscape around Macroom town.

This has 3 sections, one for each years crop of leaves, and the material is shifted from Bay 1 to Bay 2 and out to Bay 3 to be bagged and have ready for use after two or three years. As the leaves breakdown, oxygen is used up and if there is not enough air, the process slows down so the compost should be turned or fluffed up to aerate it. A simple hand held tool, like a screw auger was purchased and is ideal for this purpose.

This leaf mulch has proved to be a valuable resource for Tidy Towns in recent weeks, enriching existing beds throughout the town.

Leaf Composting is a simple process and something that very many home gardeners can do themselves and take pride and pleasure in managing their leaves and producing a useful end product. IT takes a little time and management.

MCEGAN COLLEGE



MC Egan College Awarded Excellence in Education Award at the recent Tech Alliance Awards. Gerard Murphy Chairperson Tech Industry Alliance, Miriam Murphy McEgan College Digital Literacy Team, Colm McEvoy CEO Kerry ETB, Michael McGrath TD, Denis Leamy CEO Cork ETB, Áine Noonan McEgan College Math Department, John Fitzgibbon Cork ETB. Photography By Gerard McCarthy



Eoghan Riordan Winner of the ETTA National Young Engineering Competition, Leaving Certificate Engineering Ordinary Level 2023 pictured with Ms. P. Lynam Principal McEgan & Mr. T. Dennehy Engineering Teacher.

Success for McEgan College in prestigious IT Award.

McEgan College received the "Excellence in Education Award" at the recent Tech Industry Alliance Awards. Congratulations to the Digital Literacy Team in McEgan Ms. M Murphy, Mr. M. Sheahan, Mr A. O'Connor, Ms. C. Shannon, Ms M. Brew. The team have been instrumental in upskilling and supporting IT competencies for staff over past 4 years. They also supported students during the transition from traditional methods of teaching and learning to use of devices in everyday classroom situations. The Digital Media Literacy short course is now embedded into the school curriculum at Junior Cycle. The award also includes a €5,000 prize fund to further support ICT development. Tech Industry Alliance (TIA) is the new umbrella brand for it@cork and KerrySciTech. For over 16 years, the Leaders Awards have recognised those who have excelled in the technology sector in the Southwest region of Ireland. The Leader's Awards is an annual event recognising the leading organisations in the Southwest region of Ireland. From global multinationals to schools and start-ups, the Leaders Awards recognise those who have showcased their unique talents in the use of technology in their respective organisations and businesses.

More Success: Eoghan O' Riordan Leaving Certificate student 2023 has been announced as the Winner of the ETTA National Young Engineering Project Competition, Leaving Certificate Engineering Ordinary Level 2023.

Eoghan emerged victorious in a hotly contested National Young Engineer Competition, surpassing rivals from schools across the country. Eoghan won

the Cork competition in September which allowed him to progress to the National Finals which was held in MTU on the 18th of November. MP Crowley (Kubota) proudly backed his journey to the National finals, providing essential support with top-notch Kubota gear. Congratulations Eoghan from all in McEgan College.

College Awareness Week Prize Winners: Jazzon Tiernan & Dusan Kern TY Students at McEgan were outright winners in an MTU sponsored Competition on the alternative routes to College. The students completed a digital based project focusing on avenues such as HEAR, DARE and the QQI route. The TY Year Group will now be the happy recipients of a pizza party as part of the prize. In school there has been a busy timetable of talks and activities based on creating awareness of the different paths to 3rd level as well as the huge variety of courses now available to study. Past Student Robin Kiss returned to McEgan to speak with students about his chosen career of architecture.

Ehaan comes second at 1st year 'Speak Up' Competition: First year students Ehaan Ahmed and Hannah Ni Dhuinnin, took part in the 'Speak Up' public speaking competition hosted by Le Chéile Secondary School, Ballincollig last Friday. Students were tasked with writing and performing speeches for two minutes from a range of topics. The competition which was judged by student adjudicators from the participating schools around Cork City and County, resulted with Ehaan winning 2nd place! Well done to Hannah, Ehaan, and Josh O'Brien our student judge.

Sport: U-16 Boys Basketball: County Champions. Congratulations to the team and coaches, Mr. Brian

Devane & Mr. James Cronin. The team only started playing together in September & worked and trained hard under the guidance of the coaches. They beat Nagle. Community College in a scoreline of 42 - 24. The team received a huge welcome from the school community who formed a guard of honour and cheered the team & coaches into the assembly area.

Past Student Graduates with PhD: Past Student Sinead Kelleher recently was awarded her PhD in Applied Psychology recently in University College Cork. Sinead completed her BA (Hons) Applied Psychology in 2018 and then undertook a PhD programme in the School of Applied Psychology which she completed in May 2023. Sinead is currently employed as a lecturer/researcher in the School of Applied Psychology, UCC.



Hannah Ni Dhuinnin and Ehaan Ahmed who represented McEgan College in the recent 'Speak Up' public speaking competition hosted by Le Chéile Secondary School, Ballincollig. Ehaan got 2nd place overall.



McEgan College Under -16 boys basketball team who face Ard Scoil Ris in Cork County Semi-Final on Monday 27th November.



Jazzon Tiernan & Dusan Kern winners of the College Awareness Week digital competition in MTU. In Photo also are Robert Willis Executive Vice President & Chief Human Resources Officer of Perigo (CAW supporter) and Professor Maggie Cusack, President of MTU, Mary B Manning Guidance teacher McEgan College. Pic SHARPPIX

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ST MARY'S NEWS



Congratulations to Lisa O Donovan, Beatris Prelipcean and Nelly Gdaniec whose project is one of 11 projects from St Marys that has been selected for the BT Young Scientist and Technology Exhibition



Ms Angela Collins with Megan Moloneux and Áine Sheehan at a ceremony in NUIG where the girls received their Excellence Scholarships

FOOTBALL MATCH In a closely contested match, our team displayed exceptional effort and skill but narrowly fell short with a final score of 4-9 against the opposing team's 4-11. Despite the loss, the game showcased our team's resilience and competitive spirit, and they can take pride in a hard-fought performance. Some exceptional performances were littered throughout the team including Caoimhe O'Brien, Clodagh Murray, Cara O'Brien and Lily Desmond. Well done to all involved.

BASKETBALL Congratulations to both our U19 and U16 senior basketball teams for progressing to the Cork Regional Semi-Finals last week. Both teams left it all on the court, with the U16s missing out on a place in the final by a mere one point. While the U19s held on to the very end, but unfortunately it wasn't their day either. We are extremely proud of the dedication and commitment they have shown yet again this season. Thanks so much to Ms Hickey and Paul for their continued support of these teams. Well done to all involved.

MINI COMPANY As the exciting day approaches we want to wish our TY Mini Companies the very

best of luck at the Christmas Market which will take place in the Town Hall on the 12th of December. Your hard work, creativity and dedication have shaped your mini companies into something very special. This Christmas market is the perfect platform to showcase the incredible products and services you've developed over the past months. Enjoy every moment of this festive experience and we hope you sell loads. Well done girls and thanks to Ms O Donoghue for working with you on this project.

TY SHOW - DERRY GIRLS EXPERIENCE In a celebration of talent and creativity our Transition years recently took centre stage in Kilmurphy Parish hall in Crookstown with their show "Derry Girls Experience". This captivating production not only showcased the incredible talents within the student body but also paid homage to the unforgettable tunes from The Cranberries. The set design, costumes and choreography seamlessly blended to create a visually stunning backdrop that transported the audience to the streets of Derry. From the moment the curtains rose it was evident that the girls had poured their hearts and souls into creating an experience that would leave a lasting impression. Well done to all involved, special thanks to show director Angela Doherty, Music Teacher Clodagh Dineen and TY Co Ordinator Mr Quill.

ST MARYS CAROL SERVICE As the festive season approaches our Music Department is thrilled to extend a warm invitation to all members of the community to join us for a magical Carol Service on December 12th in Macroom Church. This heart-warming event promises to be an evening filled with joy, music and the spirit of togetherness as we come together to celebrate the most wonderful time of the year. Our very talented music students

along with their Music teacher Ms Aoife Donovan are busy rehearsing for this Carol Service which promises to be a lovely festive experience full of choir and solo performances. All are welcome. There will be a donation bucket on the night with all proceeds going to charity.

SCHOLARSHIP Congratulations to Áine Sheehan and Megan Moloneux who received Excellence Scholarships from NUI Galway recently. As part of University of Galway's commitment to rewarding achievement and supporting ambition, this academic scholarship scheme for new entrant undergraduate students is awarded each year. Awardees receive this scholarship in recognition of their academic success. The University of Galway Excellence Scholarships are awarded to high achieving entrants to the full-time degree courses. Well done girls on this well-deserved recognition.

CONGRATULATIONS Congratulations to 3rd year student Clodagh Murray who has been selected on the Cork U16 Football team for 2024. Well done Clodagh, enjoy it!



CATHERINE MCAULEY AWARDS - PRINCIPAL MR MCLAUGHLIN PRESENTING THE CEIST AWARD TO ORLA LYNCH. Photo by Emma Lynch Photography



Sinead O Connell (Fr Peter) ready for the dress rehearsal for our TY show Derry Girls Experience



An Evening of Flora + Song: 1st fundraiser by Macroom Irish Guide Dogs for the Blind assisted by The Macroom + District Lions Group at The Castle Hotel Macroom with special guest Shane Casey aka Billy Murphy from Young Offenders. Pic; Connie Cronin Photography



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DE LA SALLE College Macroom



Andrais Moynihan collecting our students Christmas shoe boxes.



Coachford Players celebrating their wins during their successful run in the All Ireland One Act Drama competition. Katie Ní Mhurchú, Peter Dineen, Grace Donovan and Joe Scanlon

2nd years

Our second year geography students recently completed their first geography class room based assessment (CBA) as part of the new junior cycle curriculum. The title of the CBA 1 is "Geography in the News" and students selected from a wide range of topics. One of the CBA's submitted was on the recently completed Macroom bypass. Jack O'Donoghue and Robert Duggan completed a handmade model of the bypass showing the Coolcower roundabout and a replica of the longest bridge traversing the Bohill River on the bypass. A lot of thought and effort was made by all students in completing their geography CBA 1

Transition year Our Fourth Years had an incredible day at the "School of Life" workshop with Michelle Harding. They delved into a world of old-school skills for the modern world, preparing them for their upcoming work experience in just three weeks. They mastered the art of a proper introduction and handshake, and they also learned the fine art of ironing a shirt with precision and finesse.

Our fourth-year students enthusiastically engage in a diverse range of activities each Friday, showcasing their talents in drama, staying fit with boxercising, and participating in various other sporting activities in the Macroom Complex.

School Library The West Cork based author E.R. Murray visited De La Salle College to carry out a series of book tasting sessions with the students. Ms Murray selected various genres of books from our library to showcase what is available to the students and to help spark an interest in reading books they might otherwise have not been familiar with.

Second and Fourth year groups sampled the books and provided some good discussion about the different genres available.

This is the author's second visit to the school and is part of a fantastic prize the school won earlier this year when it entered the 'Children's Books Ireland' national competition. To receive the prize of the 250 books the school completed a number of literary challenges including setting up a Library

Committee who are responsible for the day to day running of the library, ensuring all our Transition Year students are members of the local library and encouraging our younger students to read on a weekly basis.

The competition win and the arrival of almost 2000 euros worth of books coincided with our newly renovated library opening to our students and is part of an overall initiative in the school to encourage our young students to read more. Ms Murray will be returning to the school next month to carry out a series of writing skills workshops with our students.

Antarctic Flags Two of our students Dylan Leahy and William Kinsella created flag designs for the UK Polar Network's Antarctic Flags Project. This project pairs schools with scientists and support personnel travelling to Antarctica, who carry copies of flags designed by students to fly on the continent, returning photos and certificates to the schools upon the conclusion of their expeditions. We can't wait to see our students' flags on proud display in the Antarctic.

Wellbeing Week Wellbeing week was well and truly embraced in De La Salle with a wide range of activities happening throughout the week. Some of which included; Our 5th and 6th year students were lucky enough to have Mr Barry Corkery, H.S.E. Senior Addiction Counsellor, for the Cork/Kerry region, visit.

Barry spoke to the lads about mental health awareness and the realities of alcohol and substance abuse. Our PE teachers took the opportunity to talk to students on the importance of nutrition and exercise. Mr. Stephen Quinn used the week to do a series of 'Boot Camp' style classes with different class groups throughout the week. Our Irish teachers held some Irish dancing sessions with their classes as well as taking part in some drama through Irish. All of the activities are supplemented with the consistent efforts of the SPHE/Wellbeing teachers who regularly conduct wellbeing activities with their classes on a weekly basis.

Christmas Shoe box appeal Once again we had a great response to the Team Hope Christmas Shoebox Appeal. Well done to the first years for their fantastic response to this excellent charity. Mr Aindrias Moynihan TD collected the shoeboxes.

Sport Our U14 Footballers have been very busy lately. The lads played a practice game against Coláiste Gobnathán. These boys have topped their group in the U14 A Cork Colleges competition. They have done so by winning all their games in the group against Patrician Academy Mallow, Skibbereen Community School and their latest win was a comprehensive one over Clonakilty Community School 5-11 to 3-4.

It is great to see such huge numbers toting out, with almost 60 boys signing up to play since September. The hard work being put in by coaches in our local clubs is really showing. Well done to all. Our Senior Footballers bowed out of the Corn Uí Mhuirí Championship after what was a difficult campaign. These boys put in an outstanding effort since September training 3 times a week, Mondays and Wednesdays after school and before school on Friday mornings. Their attitude and commitment has been second to none. Losing to St Francis College Rochestown in the first round meant that De La Salle needed to get a win in the next game. Travelling to Barraduff to play Coláiste na Sceilge was always going to be a difficult challenge. After what was an enthralling battle the De La Salle boys can be proud of how they performed but in the end we came out second best. Our final game was against Presentation College Miltown-Castlemain. There was a glimmer of hope that De La Salle could still qualify. De La Salle started the game minus four starters from the previous round and this proved to be too much to overcome in a game again that was there for the taking. This group of players deserved more but that is the nature of top level sport. They can be proud of their achievements and our feeder clubs can also take pride in having brought these boys to where they can compete at the highest level.

Macroom Ploughing

Macroom Annual Ploughing Match will be held on Sunday January 7th in Tullig Coachford P12F662 by kind permission of The Lane family.



Great day out for all the family. All the usual classes. Commencing at 11am sharp. Results, finger food and chat in Coolcower House around 9pm

Image right: Great Support. M&J. Kelleher Oils, great supporter of Macroom Ploughing, transporting tractors to the All Irl. Ploughing this year. Dan J. O'Driscoll President of Cork West Ploughing and Connie Buckley Chairman of Macroom Ploughing have in turn supported Kelleher Oils for many years.



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NUAHT Ó CHOLÁISTE GHOBNATAN

COMHGHARDEAS Tréasláimid le Luke Ó Leighinn agus roinnt iardhaltaí atá mar bhaill de fhoireann Cill na Martra a bhuaigh Craobh an Chontae le deanaí. Anois tá siad i gcluiche cheannais na Mumhan – go n-éirí go geal libh go léir!

SCOLÁIREACHT QUERCUS Tréasláimid le Mary Ellen Ní Chéilleachair agus Ava Ní Chonaill (daltaí ardteiste 2023) a fuair scoláireacht Quercus ó Choláiste na hOllscoile, Chorcaí le deanaí. Is éacht iontach é agus táimid chomh broidiúil asaibh. Gach rath oraibh amach anseo!

FEIRM BUABHAILL

le Caoimhe Ní Thuama agus Kayla Ní Uidhir
Chuaigh muintir Eolaíocht Talamhaíochta bliain a cúig agus an idirbhliain go dtí feirm buabhall Johnny Ó Loingsigh i nDroichead na Toinne cúpla seachtain ó shin. Bhí an spraoi againn ag feachaint agus ag breathnú ar na buabhall. Bhí deis againn bual leis na laonna buabhall agus idirgníomhnú leo. Fuaireamar turas timpeall an feirm ar fad agus taispeánadh dúinn conas a bhfuil an cáis déanta. Bhaineamar triail as cinéalacha éagsúla a miasa cáise féin. Bhí siad comh bhlasta! Bhaineamar an-taitneamh as ár dturas scoile agus táimid an-bhúioch as Maistir Ó Laoire agus Iníon De Bhrún e a eagrú.

GAEILGE 24

le Daisy Ann Heterich

Ar an 14ú lá de mhí na Samhna d’eagraigh Bliain a Ceathair gníomhaíochtaí timpeall na scoile chun Gaeilge 24 a chéiliúradh cosúil le Tae agus Plé, Poc Fada, Tráth na gCeist agus Liathróid Láimhe. An aidhm taobh thiar de Ghaeilge 24 ná chun daoine a spreagadh an Ghaeilge a labhairt agus a chur chun cinn. Bhí go leor spraoi againn agus bhain gach éinne taitneamh as an lá. Ba mhaith linn buíochas a ghabháil leis na múinteoirí a chabhraigh linn gach rud a ullmhú.

DÍOSPÓIREACHT UÍ CHADHAIN

Tá an foireann shóisearach - Claire Ní Aodha, Doireann Ní Mhócháin, Aobha Ní Mhuimhneacháin, Niamh Ní Laocha – faoi stiúir ag dul ar aghaidh go dtí an Craobh Réigiúnach an tseachtain seo chugainn. Tá an comórtas seo eagraithe ag Gael Linn le haghaidh scoileanna Gaeltachta agus gaelcholáistí. Guímid gach rath oraibh!

BLITZ SACAIR

Chuaigh daltaí ó 1A agus 2A chuig Scoil Mhuire, Béal Átha’n Ghaorthaidh chuig blitz sacair a imirt. Bhí go leor spórt agus craic acu. Ná buaitheoirí ná Ryan Mac Cárthaigh, Rebecca Ní Chárthaigh, Eithne Ní Laocha, Keely Ní Dhuinnín agus Donnachadh Ó Duinnín. Míle buíochas do Scoil Mhuire as an ócáid a eagrú.

SEACHTAIN GHNÍOMHAÍOCHTA Bhain na daltaí sult as na gníomhaíochtaí a bhí eagraithe dóibh ag an ranga OSPS 5B faoi stiúir Iníon de Staic mar pháirt don tseachtain gníomhaíochta. Maithe sibh!

MOVEMBER Ghlac Máistir Ó hAireachtáin, Máistir Ó Laoire agus Máistir Ó Pluincéid-Breathnach páirte i Movember arís i mbliana. Tá sé seo chun aird a tharraingt ar shláinte na bhfear agus taighde a dhéanamh ar an ailse. Ar an Aoine seo caite ghearr siad a gcroiméil agus bhí lá gan éide scoile. Bhailíodar os cionn €1700 agus tá airgead fós ag teacht. Míle buíochas do gach éinne as a bhflaithiúlacht!

FOCLÓIR

- Scoláireacht – scholarship
- Buabhall – buffalos
- Gníomhaíochtaí – activities
- Díospóireacht – debating

ÁR MEÁIN SHÓISIALTA

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Instagram: @colaiste_ghobnatan
TikTok: @colaiste_ghobnatan



Iníon Ní Riordáin, Ava Ní Chonaill, Mary Ellen Ní Chéilleachair agus Máistir Ó Creimín ag an mbronnadh Scoláireacht Quercus i gColáiste na hOllscoile, Chorcaí

Kayla Ní Uidhir agus Caoimhe Ní Thuama leis na mbuabhall



Niamh Ní Laocha, Aobha Ní Mhuimhneacháin, Doireann Ní Mhócháin agus Claire Ní Aodha ag glacadh páirte i gComórtas Díospóireacht Uí Chadhain

Aisling Ní Chéilleachair agus Alice de Brún ag baint sult as an mBlitz Sacair

REMINDER

RAISING VOICES FOR VICTIMS OF WAR

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Sunday December 10th @ 7pm
ADMISSION FREE

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2023

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SANTA DATES

- Saturday Dec 2nd - 12-8pm
- Sunday Dec 3rd - 11am-8pm
- Friday Dec 8th - 4.30-9pm
- Saturday Dec 9th - 11am-8pm
- Sunday Dec 10th - 11am-8pm
- Friday Dec 15th - 4.30-9pm
- Saturday Dec 16th - 11am-8pm
- Sunday Dec 17th - 10am-8pm
- Tuesday Dec 19th - 4.30-9pm
- Wednesday Dec 20th - 4.30pm-9pm
- Thursday Dec 21st - 4.30pm-9pm
- Friday Dec 22nd - 2-9pm
- Saturday Dec 23rd - 10am-6pm

Bookings from

Wednesday October 25th

Monday-Friday 10am-4pm - 026/45237

Adults Free

€25

Per Child including present

Maximum

2 adults per booking

Bronntanais

Deas

Do Gach

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An Muileann, Baile Bhuirne, Co Chorcaí 026/45237



CLONKEEN CHRISTMAS TREE FARM

Top of the County Bounds

Christmas Tree Care.

- Make sure the tree has water and you can add sugar or such to the water.
- The water will need to be topped up frequently.
- If the tree has been cut for a number of days take a slice off the base to allow it to absorb water.
- Keep the tree away from all heat and heat sources.
- Place the tree near a door or a window and preferably where there is cooler air.
- Good care of the tree may result in a beautiful odour in the area where the tree is placed.
- It is a good idea to measure the space where the tree will be before you buy a tree.
- Remember trees are living things that need care.

Christmas Tree Facts

- 50 / 60 million Christmas Trees are harvested in Europe each year.
- The Christmas tree originated in the Baltic states in the 16th century.
- The Vatican's first Christmas Tree was erected in 1982.
- The tallest Christmas Tree in Ireland is 202 ft and is in Wicklow.
- It takes 6 to 10 years to grow an average height Christmas Tree.
- Real Christmas Trees are best recycled as wood chippings or mulch.
- Real Christmas Trees that end up in landfill will produce harmful emission.
- A 6.5ft artificial tree has a carbon footprint equivalent to about 40kg of greenhouse gas emission.
- Buying a plastic Christmas tree produced using oil-based materials that is shipped half way around the world is not a sustainable practise.

Get Your Real Christmas Tree at Clonkeen Christmas Tree Farm
Contact Paul - 087 - 9182710

Leabharlann Bhaile Bhúirne

DÁTAÍ DON DIALANN ~ LIBRARY DATES FOR THE DIARY

- *Grúpa Cniotáil gach Dé Máirt 11rn go 12.30in
- *Knit, Craft & Chat Group every Tuesday 11am to 12.30pm
- *Club Lego ag tosnú Dé hAoine 8ú Nollaig 4in go 5in
- *Lego Club beginning Friday 8th Dec at 4pm to 5pm
- *Buail isteach chuig an leabharlann nó cuir glaoch ar 026 45767 chun níos mó eolais a fháil.
- *Please call into the library or contact 026 45767 for more information.
- Nóiméad sa leabharlann le Alan de Bhailís.
- Leabhair ar na seilfeanna agus i mo lámha, Na leathanaigh á gcasadh go mall agam.
- Cnag ag an doras, bróga ag dtriomú ar an mata.
- Custaméir ag feitheamh dom.
- Cad atá á lorg acu inniu? N'fheadair!
- Leabhar grá? Stair b'fhéidir nó DVD a thógadh

amach? Priontáil? Cabhair chun eolais a fháil faoi stair a chlainne?

Tá a lán féidreachtaí laistigh den leabharlann!

Club Lego ~ Lego Club

Beidh Club Lego ag tosnú sa leabharlann ar Dé hAoine an 8ú Nollaig 2023 óna 4 go 5in do pháistí ó 8 go 12 bhliain d'aois.

Chun spás a fháil, bí cinnte chun d'ainm a chuir ar liosta sa leabharlann nó ar an bhfón ag 026 45767. A lego club will be starting in the library on Friday 8th of December from 4-5pm for children aged 8 to 12. Make sure to call into the library or phone 026 45767 for a spot.

Athrú Sealadach Uaireanta Oscailte ~ Temorary Change in Opening Hours

Dé Máirt agus Dé hAoine 10rn go 5.30in

Tuesday and Friday 10am to 5.30pm

(Dúnta/Closed 1.00 - 2.00pm gach lá/daily)

Leithscéal as aon mhíchaoithiúlacht

Apologies for any inconvenience.

Kilmurry NS

November has been another busy month in Kilmurry NS.

The Scholastic Book Fair came to school at the start of the month. The children really enjoyed perusing all the books and adding some to their wishlists. A lot of books were bought, and the school made some money to spend on books for our classroom libraries.

We had a very busy STEAM Week with all classes paying particular attention to science, technology, engineering, art and maths. There were lots of experiments, coding on the iPads, engineering and art activities, and maths trails around the school. 5th and 6th class ran a Science Fair and wowed

everyone with some very interesting experiments. Each class had a visit from West Cork Bricks 4 Kidz, who challenged the children to make motorised Lego helicopters. Everyone had great fun.

5th class are extremely lucky and grateful to have been chosen by Pfizer Ireland to work on a robotic project over a number of weeks. They are learning lots and are having great fun programming their robots to complete various tasks.

Our autism classes finished up their swimming lessons in Dunmanway. They went to a café after their final lesson to celebrate with some tasty treats. A great outing was had by all.

Our Green School Committee have started up a

new energy saving competition. During break times the committee members do spot checks on the classrooms to see if lights are off, doors are closed etc. There is a trophy to be won at the end of the week. Senior Infants did a great job and were the first winners of this competition.

1st, 2nd and 4th classes have been busy planting some spring bulbs in our sensory garden. We're looking forward to seeing some lovely crocuses and daffodils in the spring.

Find us on our Facebook and Instagram pages to keep up to date with all that's going on in Kilmurry NS

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26th December "Inniscarra GAA and Camogie Clubs will hold the annual Seamus Noonan Memorial Poc Fada on St. Stephen's Day, starting at Blair's Inn at 12.00 noon. We also invite families to partake starting at 11.00

a.m. Entry fee - Adults €10, juveniles €5". This is a non-profitable event with all proceeds to local charities.

MUINEFLIUCH NS



Pupils from Muinefliuch N.S. with their 'Team Hope' shoeboxes

During November we celebrated 'Science Week' with an action packed week of science activities. Pupils from the senior room worked in groups researching experiments and showcased these to the junior and middle rooms. The 'exploding volcano' was a great hit. On Friday Jane Collins, Brick legends and parent, led lego building stem workshops with each room which pupils thoroughly enjoyed. A sincere thank you to Jane for volunteering to do this.



Pupils and staff from Muinefliuch N.S. with the Ballinagree Vintage association kindly presenting a cheque of 500 euro

On Wednesday 22nd November senior room pupils took part in the West Cork Education Centre Concern Debate proposing the motion "Getting rid of plastic pollution in our oceans is just a dream" against Barryroe N.S. It was a close contest with Muinefliuch losing out by a few points. Our wellbeing initiative organised by the student council this month involved the pupils reading in mixed buddies outside with relaxing music in the background. A huge collection of shoeboxes for 'Team Hope'

were very kindly donated by all the families in Muinefliuch N.S. As part of the 'Languages Connect' programme pupils from 2nd to 6th class have started learning Polish with Mrs O' Callaghan, a school parent. Ballinagree Vintage visited the school on Friday 24th November to make a very kind donation of 500 euro to the school. We look forward to planning an educational experience for the pupils with this.

BALLINAGREE NS

November has been another very busy month at Ballinagree NS. Our footballers had a fantastic run in the Sciath na Scol Chorcaí competition, reaching the final for the first time in the school's history, only to be narrowly beaten by Clogheen Kerry Pike NS in the final at Páirc Uí Chaoimh. All children enjoyed breaks from their school work by taking part in the Active Schools' Dare to Believe Olympic Movement Breaks challenge. Children made great use of our new Active Schools'

Walkway signs during PE sessions. Science Week saw children involved in experiments galore across all classrooms as well as partaking in a colouring competition and a Science Quiz. Our senior room children are busy preparing their projects for a 3-D design challenge, whereby they are designing and making items using our school's 3-D printer to extend the life of something that would otherwise have been thrown out. Preparations are well under way for

our Christmas Performance which will take place in Saint John the Baptist church, Ballinagree on Wednesday 20th December at 6.30pm. All are welcome to attend. We wish to thank Ballinagree Vintage group for their very generous donation to the school recently following their successful Vintage Day in the village.



Ballinagree NS at Sciath na Scol Chorcaí in Páirc Uí Chaoimh on 16th Nov.



Ballinagree NS team Captain, Millie MacSullivan, leads the team on their way to the final of the Sciath na Scol Chorcaí.

DROMLEIGH NS

Well done to our students that participated in the Lifetime Lab Primary Science Quiz on November 21st in Devere Hall, UCC. Pupils from all classes have greatly enjoyed our Wednesday morning Yoga classes with Lisa. Our annual Christmas raffle takes place again this year with an amazing array of cash prizes, vouchers and hampers on offer. Tickets can be purchased from The Kilmichael Shop, Dromey's Bar Dromcarra

and Co-Op Superstores Terelton. office@dromleighns.ie 026-46212 www.dromleighns.ie or follow us on Facebook 'Dromleigh N.S. Kilmichael'.

Dromleigh N.S. students participating in the Lifetime Lab Primary Science Quiz 2023.



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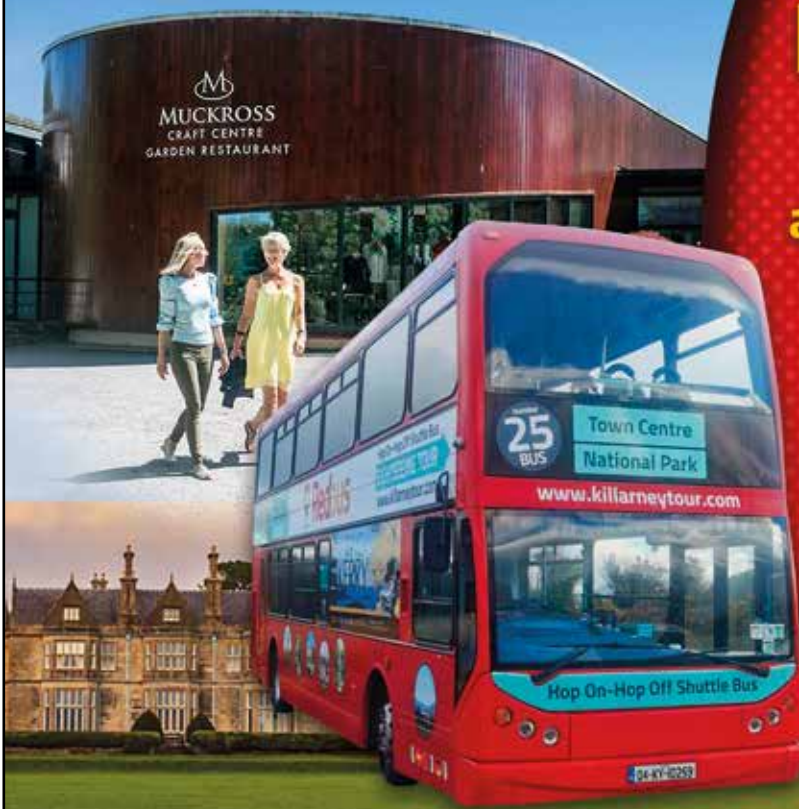
* One voucher allowed per person per day, within the specified time period



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CARRIGADROHID/CEANN AN MHAÍ NEWS

CANOVEE GAA - JUNIOR A COUNTY CHAMPIONS

At the start of this year, in common with all the other junior football clubs in Mid-Cork, Canovee's goal was to win a Mid-Cork championship. Canovee topped the roll of honour with sixteen titles but it had been sixteen years since their last title. This unwelcome statistic was slightly mitigated by the fact that they were intermediate for a number of those years.

Having eased through the group stage with comfortable wins over Ballincollig, Dripsey and Kilmichael they met neighbours Aghinagh in the semi final. Although winning by ten points the margin of victory disguises the stern display put up by Aghinagh. A Mid-Cork final versus Inniscarra was a meeting predicted by most punters from early in the championship and with ten minutes played and Inniscarra leading 2-1 to 0-1 Canovee's hopes of a seventeenth title looked remote. However this extremely young Canovee team never panicked and they won eventually on a 1-15 to 2-6 scoreline. Another Mid-Cork cup was paraded over the bridge into Carrigadrohid village.

Now the thoughts would turn to winning another county championship. Lisgould and Castlemagner were summarily dismissed on the path to the final where Mayfield would provide the opposition. In a magnificent display of attacking football Canovee overpowered Mayfield by 4-14 to 1-11.

In a rural club like Canovee the winning of a county takes on many guises. For the players themselves it

is the achievement of the ultimate goal. What they don't realise at the time is that their names will be revered in the annals of Canovee and the '23 team will be spoken of as long as football is played in Canovee.

For the surviving members of the county winning teams of '68/'73 and 2007, and all the many others who played in the intervening years without success, there is a massive sense of pride. A pride that the black and amber jersey they were so proud to wear is now worn by a wonderful group of

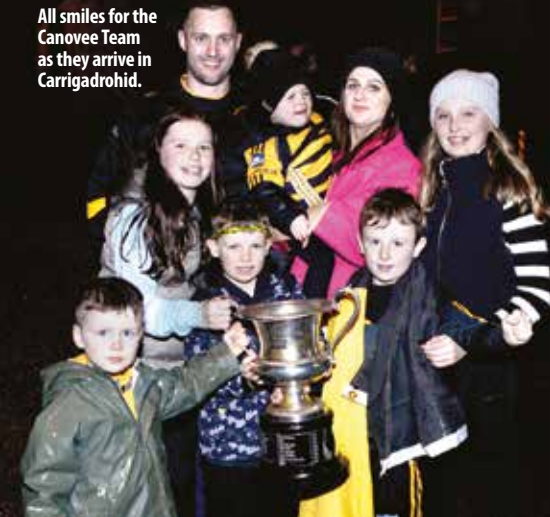
young men with that same sense of pride. For the many underage players in the club, they now have a set of role models that they can aspire to emulating and one day hope they too will march over the bridge in Carrig with a county themselves.

Finally, for the local community a county final win has rekindled that togetherness, neighbourliness and sense of place. It provides sustenance to everyone.



John O'Brien team Manager being congregated by his sister Siobhan. Pictures by Peter Scanlan

All smiles for the Canovee Team as they arrive in Carrigadrohid.

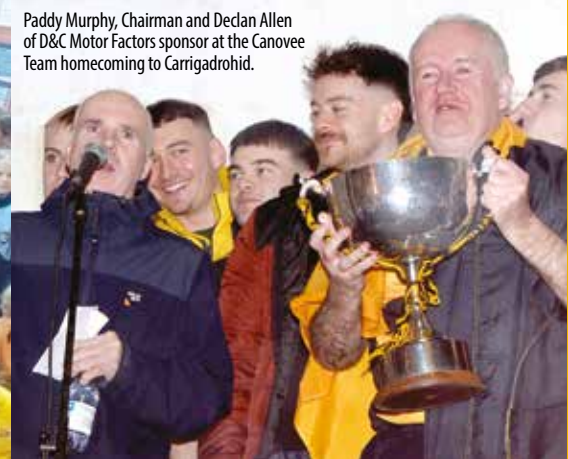


Section of the large crowd who turned out to welcome home the victorious Canovee Team after winning the Co. Final after they were crowned Junior A Football Championship winners for the fourth time. Canovee 4:14 (26) Mayfield 1:11 (14).



Canovee GAA Mid Cork Champions visit Canovee NS

Paddy Murphy, Chairman and Declan Allen of D&C Motor Factors sponsor at the Canovee Team homecoming to Carrigadrohid.



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COACHFORD UPDATES

Aghabullogue GAA 2023 – A Year to Remember

2023 will forever be remembered by all who have an interest in Aghabullogue GAA, winning the Cork County Intermediate A Hurling & Football titles just 2 weeks apart!

Training commenced in early January under S&C Coach Mark McCarthy leading to our 1st competitive game of the year in the football league on Feb 26th under a management team of Robert O'Keefe, Kieran Cronin & John Hogan who were in their 2nd year at the helm. Hopes were high as we had gotten to the final in 2022.

Our 1st hurling league game was against Ballyhea on March 5th with a new team of Micheál McGrath, Joe Foley, Dan Twomey & Noel Cafferkey managing affairs. 18 league matches in 18 weeks, alternating between hurling & football each week, saw both teams improve week on week. With big numbers out training each night, it had a knock-on effect on our Junior teams. Our Junior B Hurling team captured the League under Noel Cafferkey, Ian Barry-Murphy & Jerry Hubbard. Our 1st adult trophy of the year & the club was buzzing. Later on, our Junior B Football team under Tim O'Leary, John Kelleher, Mark O'Brien & Richie Morrissey, won the Bertie Herlihy Cup.

And so to the main focus of the season – Championship. Mark and the coaches were doing their jobs and had the lads ready. Football v Adrigole was 1st. A good start. Hurling v Aghada was a game we should have won but we held on for an important draw. Next was Youghal in hurling where we turned on the style for a big win. Football against Glenville was tough but another victory was ground out.

One group game to go in each code. Can we qualify? It's in our own hands now. Hurling 1st. After a nail-biting game against Lisgoold we came out on top by a single point. We topped the group & were straight through to the semi-finals. This would give the players a week off from games & a well-deserved rest. The final football group game was against Gabriel Rangers & again after a huge battle we won by 2 points, topped the group again and through to the semi-final & another break.

Could we get to 2 county finals?

Focus was on Mayfield in the Hurling semi-final. Despite a slow first half & after some soul searching at half time the lads left everything on the pitch in the second half and ran out comfortable winners in the end. County Final v Midleton was on the way. Next up a football semi-final v Dromtariffe. We were favourites and our superior fitness helped us past the Duhallow outfit in the end. Second County Final (vs Mitchelstown) was on the way.

On Sunday 22nd of October the parish of Aghabullogue decended on Pairc Uí Chaoimh to witness a fantastic game of hurling from both teams. End to end stuff with fantastic battles all over the Pairc. An injury time free from Matthew Bradley was the difference in the end & when Captain Shane Tarrant raised the cup it sparked joyous celebrations amongst the Aghabullogue contingent. A bit of grub & a few pints in Snotty's (Pat Riordans pub) was the extend of the limited celebration for the players. They only had the job half done.....

Football training Tuesday night & the players were focussed on the job at hand. Could history be made? Two weeks on from the hurling win the lads (& the parish) were back in Pairc Uí Chaoimh to face favourites Mitchelstown. It was a tall order. Momentum was with us but they had the "big names". A blistering opening half had us comfortable but in the closing stages Mitchelstown



Aghabullogue Celebrating their double win

threw everything at us. We held out for a 1 point win, just like the hurling. Captain Paul Ring raised the cup & saluted everyone who helped make the dream possible. Celebrations were not curtailed this time & some are saying that the party will keep going until Christmas.

Comhghairdeas mór to the trainers, mentors, and espically players, thanks to our sponsors and our amazing supporters. Its onwards and upwards for Aghabullogue GAA, Achadh Bolg Abú in 2024.

Coachford Players Coachford Players Drama Group have just finished their very successful run in the All Ireland One-Act festival circuit. The group performed 'Watching the Magpies' by Les Clarke across the country and came away with awards from many of the competitions they played in. The play told the very moving story of two friends, Dottie and Rose who were being forced out of their home so it could be demolished and replaced with a new development. Dottie was played by Katie Ní Mhurchú, Rose was played by Grace Donovan and Joe Scanlon played the council official. The play was directed by Peter Dineen. Coachford Players took "Watching the Magpies" to Ballincollig, Bangor, Belfast, Cork city, Banteer and Rossmore. The group picked up awards for Best Play in Belfast, Best Actress for Katie in Banteer and Grace was awarded Best Actress in Belfast. The group were also awarded Adjudicators awards in Ballincollig and Banteer. The play came second in Bangor and third in Rossmore. Coachford Players are certainly not resting on their laurels and are just about to start rehearsing for their Spring Production which will be a full length comedy.

Coachford College Planning has been approved for the construction of a new campus at Coachford College. The new school will replace the existing college and when fully complete will cater for 1,000 pupils. The very ambitious plans put forward by the Cork ETB will see the establishment of state of the art classrooms, labs and workshops. The planning permission has come with a lot of conditions mainly to do with traffic management



and maintaining some environmental features at the campus.

An unusual condition is that the school must provide funding for 3 pedestrian crossings to the tune of over €250,000 so that pupils can safely access the school, however with construction for the school not due to start until at least 2026 this means that Coachford village will be without pedestrian crossings until at least then and the people of the village and those visiting it will continue to risk being knocked down, injured or even killed as they try and cross this busy village. Coachford AFC Lotto Winners Congratulations to Mary O'Sullivan and Holly and Sophie Martin who shared the Coachford AFC Lotto Jackpot prize of €4,400. Mary's 3 numbers were based on her nephew's birth date while Sophie's and Holly's numbers were just a random Quick Pick by their dad, Paddy. The Soccer Lotto is one of the easiest to win as you only need to match 3 numbers and there are regular winners. The Jackpot is now back up to €1,100 and tickets are available all over the village and online at Clubforce.com.

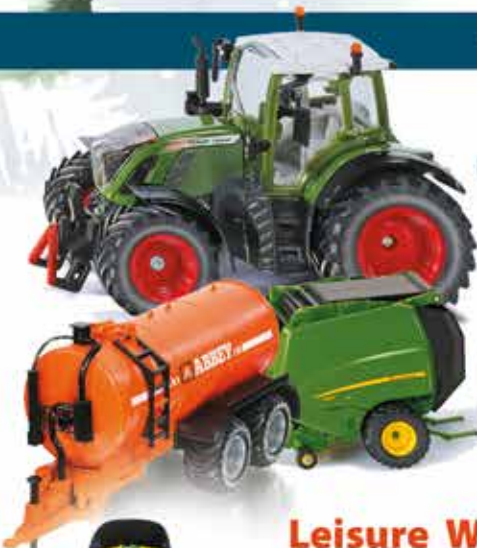
Christmas Lights Coachford Christmas Lights were switched on last Sunday night when a massive crowd turned up in the village to see the man himself, Santa Claus turn on the massive display of gorgeous lights all over the village. Santa was brought to the village not by sleigh and reindeers but by Marie Lyons in her massive articulate rig and Garda Paul Cullen added to the great occasion with full sirens which all the children loved.

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GP on the move Plans are at an advanced stage for the Coachford Family Practice to move to new premises at the eastern end of the village. The new premises will give our two GPs more room and better opportunities to grow the practice and offer new diagnostic services and enhance the primary care offering to the growing community. When the move is complete the village can also look forward to the promised revamped Credit Union building which the GPs shared and Macroom Credit Union are anxious to develop once they are the sole occupants.

New restaurant at McD's Perry Street Market Café is due to open at McD's Garden Centre in Dripsey in the very near future. The very popular restaurant already has two cafés, one in Cork City and one in Ringaskiddy. The new venture in Dripsey will offer a full menu and will be open 6 days a week. We wish them and McD's the very best of luck in this new venture and partnership.

New social housing for Coachford Cork County

Council is planning to build 25 social houses to include some one bedroom apartments. The development due to begin late in 2024 will be located just north of the village on the Mallow road. To facilitate the development the council are looking at installing a footpath from the new housing estate to the village and to install a pedestrian crossing. Planning hasn't been submitted yet and the start date of 2024 may be very optimistic.

Bingo Bonanza Bingo at Paddy Macs Bar in Coachford is one of the most popular night outs in the area. The Jackpot is now a massive €1,550 in 51 calls and is about to go anytime soon. But Paddy Mac's Bingo is much more than the massive Jackpot. It is a night of fun and chat and the bingo is easy going and relaxed. New players are always welcome but make sure to come early to get the best seats. The first game starts at 8.30pm every Thursday night.



Padraic O'Sullivan, captain of Aghabullogue U21 A Mid Cork Hurling Champions accepts the cup on behalf of his club and teammates.

Kilmurry Active Retirement

On Death and Dying

About a half dozen members from our association and many more from our neighbouring associations attended the excellent talk given by Frank Purcell, partner at Michael Purcell & Son LLP Solicitors, on the new Assisted Decision Making Act and on the Fair Deal Scheme, in the Castle hotel. This was organised by AIB, and James Stanton, Manager with AIB Vulnerable Customer Support, outlined the extensive range of supports available from the bank. Macroom branch manager, Alberto Martin, summed things up well, if you want help with financial arrangements, just ask them. Our banks have been justifiably criticised for past failures, but it is important to acknowledge too when they take initiatives such as this that provides a most important and valuable service to the community. Well done AIB.

I won't try to summarise the content as it was extensive, and the advice needed is particular to each person's circumstances. One of the issues mentioned was the Advance Healthcare Directive (AHD). An AHD is a written statement about the type of medical or surgical treatment you want or do not want, in the future, you are unable to make these decisions. An AHD is only used if you lose capacity, and you can no longer communicate your wishes yourself. The conversation on it prompted a memory that I still struggle with from time to time. A few years after I had retired from paid employment, I decided to study philosophy. One of the optional modules I chose was the philosophy of death and dying. It was a course run jointly by UCC philosophy and medical departments. The module was full-time and confined to one week as designed to suit the medical course students undertaking further training, mostly senior palliative care nurses on release from their duties for further studies. On the Monday morning about six of us attended and about twice that from the medical course. They couldn't cope with our pace. They wanted to get answers and fast from our philosophers on practical matters that they were dealing with and would be again the following Monday. We on the other hand were used to the leisurely pace which we had been accustomed to, and which we conveniently understood was a necessary precondition for in-depth consideration. As the week went on, and their stress reduced, that which we were learning from the various lecturers was greatly enhanced by our chats with these nurses during the break periods. One conversation stays with me. I asked one nurse

how many patients she had nursed through their deaths. As it was over fifteen hundred, I asked had she noticed patterns, and that which influenced easier and more difficult passings. She had. I also enquired about her concerns about how we handle the death process in this country. What I took away from our conversation was just how reluctant our culture is to address issues surrounding death. It is still such a taboo subject. Conversations are quickly closed. How morbid, let's talk about something else. Death is not an issue we like to talk about, but I think it is important that we begin to do so. There has never been such an increase in longevity as has occurred over the past twenty years. We are aware of this great news and rejoice in it. But what is less well known is that there has been a significant increase too in the death span. The function of our hospitals is to extend lives and our doctors are obligated to do so. Previous generations may have had a typical death lasting a few days while now it may be weeks. Is this what we want? Perhaps it is, but perhaps it is not. As things stand, at some stage of the death process, many will lose capacity and the decision will be made for us by default to use modern methods to extend life. That's fair enough you may say. Everyone had the opportunity to opt out of the default and could have chosen to do so by putting in place an Advance Healthcare Directive. But in a society that treats death as taboo, and many do not address their end-of-life financial affairs, and are not well informed, can it be fair enough? Is it not time that our society should do more, and at least have a conversation about it.

I have often considered setting in place what was called a living will, now called the advance healthcare directive. I have not done so. This is because I am conflicted. I do consider that I have more of a right than anyone else (including doctors) to decide for a future Aidan that has lost capacity to decide. However, just because I may have a legal right does not mean it is right to do so. Every such decision affects my future self, a person whose then interests I don't feel competent yet to determine, and it also affects others, and our society. A matter of substance that affects everyone, others, and society would normally elicit at least some public debate. I could do with the elaboration and clarification that public debate provides. Perhaps politicians and editors have read the public mood correctly. Constituents, viewers, and readers are unconcerned. It is no surprise to me to learn that the Assisted Decision Making Act was on the instigation

of the United Nations in pursuance of the rights of those with a disability. Most of us had never heard of it, as most have not heard of an Advance Healthcare Directive. We sanitize realities. Rather a Death and Dying Directive could have at least given us a hint. Death issues need not be such a lonely affair. We can do better.

Christmas celebration

Fifty of us had a great night on Sunday 26th November at the Lee Valley Golf and Country club. We are very grateful to Sgt. Kelleher for facilitating us again this year with the Garda community bus. The jury is out, was it just as good as last year, or was it even better, that is the question. Many thanks to Lee Valley for looking after us so well in every way. And where could we get entertainment such as our own members provided? Certainly, a night that will be remembered.

Upcoming Activities

We are coming to the end for this term's ongoing activities, such as the ceramic art and Zumba. On December 8th Margaret Bolster is providing a Christmas themed cookery demonstration in Lower room Crookstown hall. On the 13th in Kilmurry 2pm, Rose McCarthy will be doing her session on Tai Chi, Yoga, and meditation, though calming as all that may be, I wouldn't be surprised if some festive cheer breaks out at some point.

We are then taking a break for family time over the Christmas, and we won't be organising activities in January, as some don't trust the weather, while others do and are escaping it to warmer climes. We will be starting back in February and will be having our AGM then and new members are always welcome.

Our association is open to all, and our membership fee is just €20/calendar year or €30 for a couple. Our philosophy is that age makes no difference, but health does. We try to do what we can to keep healthy and challenged in body and in mind, and together that is easier. You will be kept as busy as you choose to be and positively engaged in your community, and we think you will enjoy it. There are several active retirement associations in the Lee valley. If you are interested in finding out more, we can put you in contact with the right secretary for your locality, or if you are interested in starting one up there is support for that too.

For more information contact Aidan at 0894057676 or aidanbarry@outlook.com



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UIBH LAOIRE NOTES

Active Retirement Association Night out

The parish ARA had their Christmas dinner at Creedon's Hotel in Inchigeela on 29th of November and a great night was had. After a delicious meal, the members sang, played music, recited comic poems and there was some fancy dancing as well. The music was provided by Jerome Coakley and Joe Creedon entertained with songs and stories. Well done to the organizing committee and to all who helped to make it a success. The parish ARA have had a very good year. Their group numbers about 60 members at present and they have taken part in many events like a visit to a garden centre where they were taught some gardening tricks by the owner. They have enjoyed a musical in Killarney, a visit to Macroom buffaloes, a day out at Fota Island, they are attending classes on how to play cards, they have held bingo for fundraising, they held a dance in Inchigeela hall and much more. If you are retired or are soon to retire it is recommended that you join. They will be holding their AGM in the New Year and would be delighted to welcome new members.

Parents and Tots

The group meet each Friday morning at the Iveleary clubhouse from 10am until 11.30. during

school term. There is some fun provided each morning. This play day is a great opportunity for meeting other mothers and fathers and having a cup of coffee in a relaxed atmosphere while the tots socialise.

Inchigeela Hall

Social dancing continues in the hall on alternate Sundays at 3.00pm and on alternating Mondays at night from 8.30pm til 11pm. The dances are very popular and good music is provided. Next Sundays Music is by 2 favourites, PJ Murrhny and Jerome Coakley Keep up to date with Inchigeela Hall facebook or 0873100311

Bingo is on every Friday night and Cards are held on Sunday nights.

Christmas Lights

Everyone was waiting in anticipation for the switching on of the fantastic Christmas light display of Finbarr and Linda in Capanclare and at last it happened on Friday night past. For a few years now the couple's lights have been a beacon against the misery of winter and the Covid bad times. It seemed like the whole village turned out to cheer on the occasion and to sing some festive songs. We need more of that!

SVP

The SVP chapter in Uibh Laoire are very grateful for the donations received recently. All monies will be spent in the parish. If anyone wishes to donate still, donations can be made in SVP.ie. or use the blue envelope in the church porch. If anyone needs help, contact 085 2490061.

Buiochas

The organisers of the Tráth na gCeist in aid of the Irish cancer Society wish to thank all who supported the 2 events Tráth na gCeist na Nollag. The Big Christmas Quiz will be held on 27th of December. Bíonn daoine ag súil leis an oíche mhór seo le fada. To book a table contact Ard na Laoi, Tig Seartain or Siopa Uí Dhuinnin. €30 per table of 3 for a great night of fun. Funds will go to Mercy Hospital Foundation.

Féilire Béal Átha 2024

Ta na pictiúirí go léir istig anois agus curtha go dtí griangraifadóir proifisiúnta chun na chin is oiriúnaí a roghnu. Tá na heagraitheoirí an bhuioch do gach duine a chur pictiúirí isteach don bhféilire.

INDEPENDENCE MUSEUM KILMURRY

KILMURRY HISTORICAL & ARCHAEOLOGICAL ASSOCIATION LAUNCH JOURNAL

Kilmurry People & Places, the 2nd social journal of Kilmurry Historical & Archaeological Association was launched before a large crowd in the Heritage Room, Independence Museum Kilmurry on Friday, 17th November by RTE journalist Brian O'Donovan, who praised the journal on the wide range of articles it contained.

The journal has 150 pages relating to the history of Kilmurry parish and beyond. The articles along with photographs are on a wide range of topics including Warrenscourt Country Fair, Muskerry Footballers of 1970, Aherla & District Vintage Club, West Cork FCA, the social history of local businesses and people, along with articles on historical figures and events such as Art O'Leary, Terence MacSwiney, Ricard O'Sullivan-Burke and Kilmurry-the Whiteboy Connection.

The journal is now for sale at Independence Museum Kilmurry; Sheila's Shop, Kilmurry; McSwiney Quik Pick, Crookstown; Crookstown Post Office, Circle K Express, Lissarda; Fitzgerald's Book



The Editorial Committee of the KHAA Journal pictured with Brian O'Donovan, Journalist and RTE Correspondent who was special guest at the event. Michael Goulding, Michael John O'Mahony, Louise Daly, Brian O'Donovan, Mary Mullins, George Lehane, Bridget Goulding and Mary O'Mahony The Journal is available at the Museum and local shops. Pic. Peter Scanlan

Shop, Macroom; O'Leary's Super Valu, Macroom; Gadaí Dubh, Ballymakerra; Cooney's, Macroom; Delaney's Centra Shop, Aherla;



Pictured at the launch, left to right, Tony Kelleher, Siobhan O'Dowd, Martin Lucey, Declan Sheehan, Deidre Buckley, and Liam Walsh.



Ballinagree Vintage members presenting a cheque to Ballinagree NS recently.



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CLONDROHID NEWS



Clondrohid All Ireland Trath na gCeist winners



Carriganima Development Group receiving a cheque from the Johnny Kelleher as one of the nominated recipients from the sale of his DVDs



Sinead Kelleher, Clondroichid, Past Student McEgan College at her graduation with PhD in Applied Psychology in UCC recently. Pictured also are Dr. Christian Ryan, Dr. Chris McCuster & Dr. Kim Keating of the School of Applied Psychology UCC.

REMEMBRANCE TREE IN CARRIGANIMA: The Remembrance Tree is for all our loved ones who have passed away in our community. Ribbons with the name and first line of address, will be placed on the tree by Dec 10, and will remain on tree over the Christmas period. Contact Martin on 087 9843830, or Sheila on 087 7838753

CHRISTMAS MASS TIMES;
 Christmas Eve Sunday 24, Carriganima at 6pm, Clondrohid at 9pm
 Christmas Day Monday 25 Clondrohid at 9.30am

JOHNNY COOL S DVD'S:
 On Wed Nov 22, a large crowd gathered in the Bell Inn for the presentation of cheques to the 3 local organisations, nominated by Johnny Kelleher and family to receive the proceeds of the sale of his 'now famous' DVDs. 'Johnny the Stunt Man' 'The Irish Heart Foundation' was the 4th recipient. A lovely 'Thank You' letter was read out on the night from them. They were really thrilled to receive the money and promised it would be put to good use. The amount raised €3,040. Carriganima Dev Group, Clondrohid Community Hall and Clondrohid Dev Group were the 3 local beneficiaries.

Johnny surrounded by his family and extended family was a proud man making the presentations. Johnny, true to form wanted no praise or money from the sale. A big 'Thank You' to Johnny, son Gerard, who put in all the hard work creating the DVD's. Joe O'Leary, Peter Lane and Eileen Buckley spoke on behalf of the 3 organisations, thanking Johnny for remembering them, and they are all still in awe of Johnny's stunting. Many memories were shared on the night, the DVD playing in the background. Thanks to all who came and all who purchased the DVD's, and to all the outlets which facilitated the

sale of them, a special word of thanks to Angie for her input and the refreshments.

CLONDROHID DEV GROUP:
 The annual Parish Adult Party is back after a long absence due to Covid. It will be held in Community Hall on Sunday Jan 14 at 2pm. Good food, exc music with Tim Joe and Ann, dancing and singing, raffle. Hope to see you there.

CLONDROHID PARISH ACTIVE RETIRED:
 A great crowd, and a great night was had by all at Mai Fitz's last Monday night, when the Active Retired held their annual Christmas dinner. Beautiful food and service, and brilliant entertainment. Membership will be coming up for renewal in January. They would be delighted to welcome new members. Enquire from Maria at post office or any member. They have a full programme of events, so you can pick what suits you best. Their main aim is to bring people together for fun, chat, a bit of a sing song, card playing, yoga, day outings, plays or concerts, and the most popular the coffee/ tea mornings, where everyone has an input. At their last coffee morning, they remembered with sadness Mary Kelleher, who was an esteemed member and will be sadly missed.

Ar dheis go raibh a hanam
NAT BRAVERY AWARDS:
 Marc O'Connor 9 years old from Mountcollins was recently rewarded with a certificate of bravery at the National Awards in Dublin. He received the award for his bravery in aiding the rescue of his mother and sister, who were trapped in their car when it skidded in black ice and left the road. He dragged himself out of car and stopped an oncoming car.

Marc has roots in Clondrohid, his grandparents are Denis and Noreen O'Donovan of Gurrane. Well

done Marc, we are all proud of you.

NEWS FROM CARRIGANIMA:
 The Penny Dinners annual collection is running at the moment. Non perishable goods and Christmas treats. Items can be left at the pub after 8pm any night. Ring 087 2600640 for more info. Please support if you can.

Entertainment in Carriganima.. Seanie getting into the swing of Christmas!!! Little Creatures, 2 old timers and great friends of Seanie will perform on Thurs Dec 28. Music by Pat Mulcrone from Mayo on Friday Dec 29. You will remember him as he played the night Declan Nerney entertained. No music on New Years Eve, just good fun, and chat, and who knows.

Mark on your new calendar 2024, A 21 year old will have you tapping the floor on Sat Jan 27 He is none other than Effie O'Neill. Lots to look forward to.

CLONDROHID NAT SCHOOL:
 The large sum of €4,565 was raised recently for 'Droichidin'. This money will help towards the costs of social outings, bus costs and valuable resources for the children of Droichidin. A big Thank you to all who took part and contributed. Well done to all the generous sponsors. Your donations are much appreciated.

LAOCHRA OG:
 The Christmas Table Quiz will take place in the Tavern on Fri Night Dec 15 at 8.30pm. Adult teams of 4 €40, Juvenile teams of 4 €20. Please support.

CHRISTMAS TEA PARTY MACROOM:
 This in aid of Macroom senior Citizens in the Fr. Ryan Hall on wed Dec 13 at 8pm. Tickets €10



Johnny Kelleher with extended family at a function in Bell Inn, where money raised from sale of his DVDs was presented to 4 organisations. Well done Johnny and Ger.



Clondrohid Development Group receiving a cheque from Johnny Kelleher as one of the nominated recipients from the sale of his DVD's



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AN NOLLAIG i gContae Chorcaí

Tacaigh le do Ghnólachtaí Áitiúla, scaip an scéal agus caith an Nollaig i gContae Chorcaí!

Dúirt Méara Chontae Chorcaí, an Comhairleoir, Frank O'Flynn, "Is am foirfe í an Nollaig chun tacú lenár ngnólachtaí, siopaí agus soláthraithe áitiúla agus meas a bheith againn orthu. Cad faoi bheith lánpháirteach in atmaisféar iontach na Nollag i mbailte agus sráidbhailte ar fud an chontae agus tú ag cuardach le haghaidh bronntanas uathúil a tháirgtear go háitiúil do na daoine is ansa leat. Trí shiopadóireacht a dhéanamh go háitiúil, is féidir linn cur le fás agus rathúnas ár bpobal."

Níl rud ar bith cosúil leis an Nollaig i gContae Chorcaí.



Guíonn Comhairle Contae Chorcaí Nollaig Shona agus Athbhliain faoi Shéan oraibh.

KILMURRY GAA

In June 2023 Kilmurry GAA held it's first underage training at Kilmurry GAA grounds in Crookstown. This extra training facility will give more flexibility and use for our players. Also in 2023 the walkway of 600 metres was completed, everyone are encouraged to use this walking facility and it will also be of benefit to the physical and mental health of everyone. The walkway is in a secure location and has been very well used already. It's a great location and very ease of access to the public with Clodagh Castle and Howard's Mills in the background and the River Bride flowing along its perimeter.

In August Minister for Sport Thomas Byrne TD visited the new development in Crookstown. In 2023 sport capital grant for a pitch was applied for by Kilmurry GAA and we are awaiting the allocation of this grant in 2024.

Our teams include Premier Junior and B (adult teams), U21s, and all the underage teams from U6 - U18s. Over 230 boys and girls train and play from U6 up to and including U12. We also share our



Kilmurry underage training took place in new grounds in Crookstown

facilities with our sister club, St. Vals Ladies Football Club. We have also introduced the very successful 'Little Kickers' for our enthusiastic U5 players!

With so many teams it became apparent quite a few years ago that one playing pitch is no longer adequate for our ever expanding membership. Our

club has given a sense of belonging and connection to Kilmurry parish since 1875. Countless hours of healthy enjoyment have been provided. Kilmurry GAA is once again ready to provide for the present, and the future.



Kilmurry Senior Infants



Junior infants



Ballinagree Vintage members presenting a cheque to Ballyvongane NS recently.



Senior infants



6th Class

Siobhan Nash collecting the donations for St Vincent De Paul's Christmas Appeal from the families in Canovee NS

Image left: Aisling Kelleher U12 Girls WCSSL Golden Boot Winner 2023





Iarla Ó Lionáird with Cormac McCarthy & Matthew Berrill.
Dé hAoine 15ú Nollaig @ 8pm.

Coirm Ceoil le Doireann Ní Ghlacáin & Jillian Ní Mháille - Flute.
Aoine 8ú @ 8pm.

Ceiliúradh Amhrán na hÉireann le amhránaithe as pobal Mhúscraí & eile faoi stiúir Mary Mac Sweeney.
A celebration of Songs of Ireland with some local singers & professional musicians.
Domhnach 10ú @ 4pm.

Ag Guí Nollaig fé mhaise ar ár gcáirde go léir ag súil le bhur gcomhlúadar i 2024

Wishing everyone a Very Happy & Peaceful Christmas and hope to see you in 2024



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On the Road to 4 star with a Green and Grand Revival

In a bold move that has set the picturesque town of Kenmare abuzz with anticipation, Riobard Lyne, (Bob) with strong roots in Kilgarvan, has announced a multi-million-euro investment to renovate the Kenmare Bay Hotel & Resort.

This landmark establishment, under Riobard's ownership since 2004, has been a staple in the region, and the planned renovations are poised to elevate it to new heights of luxury, sustainability, and accessibility.

Riobard's commitment to the Kenmare Bay Hotel has been evident since his acquisition in 2004. The hotel, initially opened in 2007 after a redevelopment phase, saw the addition of a Leisure Centre, Banqueting Suite, and an impressive 44 additional bedrooms. However, he is not resting on past laurels. Instead, he envisions a greener future for the hotel, aligning with the global shift toward sustainability.

The cornerstone of this environmentally conscious transformation lies in the incorporation of solar power, biomass fuel to reduce gas reliance and electric vehicle (EV) charging points and a more recycle friendly service throughout. This commitment to renewable energy sources reflects a commendable effort to reduce the hotel's carbon footprint and contribute to a more sustainable future. It's a step towards responsible business practices, and Kenmare Bay Hotel is poised to become a beacon of eco-friendly hospitality in the region.

The renovation plan extends beyond environmental considerations to enhance the overall guest experience. The restaurant, a focal point of the hotel's charm, is lined up for a complete redesign and refurbishment. This promises not only a visual feast but also an elevated culinary experience for visitors and locals alike.

The commitment to excellence doesn't stop there. A significant portion of the investment is allocated to upgrading 30 rooms to a luxurious 4-star standard, with an additional 50 rooms set to undergo similar enhancements by the following winter. The move is a testament to Kenmare Bay Hotel's dedication to providing unparalleled comfort and elegance for its guests.

Recognizing the importance of inclusivity, the refurbishment plan includes the addition of



ON THE ROAD TO 4 STARS



Visit Our Website

www.kenmarebayhotel.com

a second guest lift, ensuring easier access to the 80 renovated rooms. This thoughtful touch demonstrates a commitment to creating a welcoming environment for guests of all abilities, emphasizing Kenmare Bay Hotel's dedication to hospitality with a heart.

What makes this renovation even more commendable is Riobard's emphasis on supporting the local community. From sourcing tradespeople to materials, the project will prioritize local businesses, fostering a sense of community and boosting the regional economy. This "think local" approach adds a unique touch to the refurbishment, making it a collaborative effort

that goes beyond the walls of the hotel. As the plan unfolds over the next 18 months, Kenmare Bay Hotel's transformation is set to become a symbol of sustainable luxury and community collaboration. Riobard Lyne's vision for the hotel is not just about bricks and mortar; it's a commitment to the environment, guest satisfaction, and the local community. Kenmare Bay Hotel is not merely renovating; it's evolving into a model of responsible, refined, and locally rooted hospitality. The journey towards a greener and grander Kenmare Bay Hotel is a journey worth celebrating for both residents and visitors alike.



Macroom Flower Club members at their Annual Dinner and Presentation to Macroom Comm. Hospital, 1 Dec., 2023 (C. Kelleher).



Image right: Winnie O'Mahony, Macroom Flower Club presenting Matron Bernie Buckley with €3,000 for Macroom Comm. Hospital, together with Friends and Macroom Flower Club member, 1 Dec. 2023 (C. Kelleher).



From all the management & staff, we thank you for your support in 2023 and wish each and every person a Happy Christmas and a prosperous New Year!



Talk to our dedicated wedding team today
 ☎ 064-6679300 ✉ alan@kenmarebayhotel.com
www.kenmarebayhotel.com



The Macroom and District Environmental Group **Think Globally, Act locally** HOME MADE CHRISTMAS

Hi, Chris Barrett here as we look at what really matters at Christmas. Today I am sharing with you a conversation I had with Chrissie Dervin. Chrissie, works in the Cork College of F.E.T., Sullane Centre, Macroom. (That is the centre which is directly across from Quinlans in New Street). For over a decade Chrissie has facilitated local Art and Craft classes. These have grown from Painting, Drawing and Craft classes, and now also include Mozaics, Print-making, Candle Making, Ceramics, GlassPainting, Textiles, Weaving and Seasonal Crafts. All classes and materials are free, and she tailors them to meet the ranges of ability and preference of the people she encounters. Chrissie offers Christmas Craft classes, all of which are very popular and it is these Christmas classes that I feel will be of most interest to readers of the Lee Valley Outlook, at this time of year. I was particularly interested to hear of ideas which are easy on the environment and which readers can be inspired to try at home. One of the Christmas decorations which Chrissie is currently making with her groups involves the use of something we are all likely to have around the home, glass bottles of any kind, or wine bottles which have a more sophisticated shape. Using Empty Wine Bottles. These need to be cleaned first, and then painted with white acrylic paint. While the paint is drying, Chrissie presents her group with an array of Christmas-themed paper napkins. The next task is to choose the most inspiring images, cut them out and peel off the back layers of paper, leaving only the very thin top pieces of decorated paper, (1 ply). PVA is painted on the bottle and the fragile images need to be very carefully placed around the sides. The images are slightly translucent and can be layered to overlap, and thus can make a wonderful collage. Finally, the whole covered bottle needs to be delicately coated with PVA which acts as a protective varnish. Once dry, the final result gives a very painterly effect, and the bottles make beautiful table decorations in themselves, or can be used for candles or dried flowers. At other times of the year, these bottles can be covered with images which reflect the Seasons, or can be made using Communion napkins, or maybe include numbers for special birthdays. In this way they can become a more personal permanent keepsake than say balloons, and involve the use of materials which can often be found around the home. It seems to me that this is a wonderfully inexpensive and worthwhile project to do with your children as the results are really effective, and each bottle becomes a one-off piece. Making wreaths out of used material. What better way to use once loved materials? Fabrics from around the Home can be used. These delightful Christmas wreaths can be made using worn-out material from curtains, sheets, shirts, dresses etc. Chrissie says that you could particularly look out for materials which do not fray unduly, and which are transparent, as they often work best for this project. Initially, the materials should be cut roughly into 50cm by 5cm strips. A purpose made wreath-ring



can be used, but a wire coat hanger pulled carefully into a circle or even the metal rings from broken/worn-out lamp-shades can be used. The pieces can then be knotted or tied into bows, working around the hoop in this way, paying attention to choosing Christmas colours if possible, and mixing the colours and textures of the fabrics. The whole effect can be further enhanced by the re-use of short pieces of broken tinsel, or lightweight Christmas decorations. To create a more robust wreath, the fabric can then be snipped all round. Using items found on your walk in the woods or on the beach. Using collected pine cones. These can be wrapped in wool to complement your decor. They can be left natural or just the tips painted in Christmas colours, or tiny beads glued to their ends with PVA. These could be attached to driftwood or interesting branches brought back from your walks, and decorated with Christmas ribbon to be used as a table centrepiece. You can also enhance your runner or Christmas table-cloth in this way. Using old Christmas Cards. Assuming that only the backs of last year's cards have been used for shopping lists, you may have some lovely Christmas pictures left which can be used to make special tags for presents. The base could be made from something like a cereal box, cut into a Christmas shape like a star, and covered on the front with the cutout Christmas card, and backed with brown or plain paper which will provide space for a message to be written. If you have a hole punch it could make a hole through which could be threaded wool, ribbon or brown string. But a hole can be pushed through with a nail or careful use of a knife, (making a tiny cross shape) and it is possible for any narrow fabric to be used to attach the gift-tag to the gift. You can even make use of destroyed felt bags or woollen jackets. You don't have to use locally bought small squares

of felt. Once you have recovered from the shock of moths destroying your favourite felted woollen items, you may feel happier if you can reuse parts of these items by stitching them together with simple stitches joining two simple shapes e.g circles, birds or leaves to create Christmas-tree decorations. They can even be free-standing if you give them a base. They could even be stuffed with that small person's odd sock, (you may have given up looking for its partner and now find it is too small for its owner). Your children can get involved in making finger or glove puppets to accompany a favourite story, and maybe even be inspired to make up their own. The possibilities are endless and I feel that I have just touched the tip of the iceberg of Chrissie's skills and knowledge and I am very happy to hear that she will facilitate a diverse amount of classes at the F.E.T. centre starting in the New Year, which will include Ceramics for beginners. Recycling remains an important part of her ethos, and as she looks forward to next September, she is talking of making patchwork quilts. Chrissie reminds me how touching it is to be handed a hand-made gift at Christmas. The person who will receive the gift is constantly in the mind of the person who is doing the creating. When you make a special card for someone, or you create something which takes you out of your comfort zone, you are epitomising the real truth of giving at Christmas. You can give no better gift than share your time and skill this Christmas. That is what Chrissie has done and I am truly grateful to her. If you also would like to share something which is creative, fun and good for the environment, or you would like to contribute an environmental article for this publication, please contact me chrisleevalley@gmail.com

HAVE YOU A NEWS STORY?

Contact the Editor by Email: leevalleyoutlook@macroom.ie



Society of St Vincent de Paul

St Vincent De Paul

Mid Cork
Christmas Appeal

OUR ANNUAL CHURCH GATE COLLECTION
WILL TAKE PLACE ON SATURDAY 9TH &
SUNDAY 10TH DECEMBER 2023.

*Donations may also be made using the **BLUE VDP envelopes***

*Or online using the **SVP.ie** website.*

*If donating online please nominate
which conference you wish to support.*

*Anyone seeking help or support from the society should
contact the following:*

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Kilmurray: 087 0695560

Inniscarra/Donoughmore: 086 8463258

Ballyvourney/Clondrohid/Cill Na Martra: 086 2400574

Ballingeary/Inchageela : 085 2490061

Aghabullogue/ Rylane Coachford: 087 1728280

or The Regional Office on 021 4270444

*We wish all who support our work and all those we support a very Peaceful
and Holy Christmas and a Happy and Prosperous New Year.*

ST VINCENT DE PAUL SOCIETY

I sometimes reflect as Christmas approaches, that many people who support our work may think that the St Vincent De Paul Society only exists between 1st December and the 6th January. Of course nothing could be further from the truth, Conferences throughout the Mid Cork area and indeed throughout the country work fifty two weeks a year to help and support those within our own communities who may be troubled or in need. While the need for support may come into sharper focus during the Christmas season, the work done by volunteers in supporting families and individuals which ranges from helping with heat, food and clothing to supporting families who are struggling with bereavement, illness education



costs etc continues throughout the year. In fact our work is defined by the following simple but very poignant mission statement of the Society.

**No work of charity is foreign to the Society
The only criteria is need.**

As we approach the Christmas season we give thanks to all of you who support our work year in and year out. We thank all those who contact us and allow us the privilege to support them with dignity and respect. May the blessings of the Infant Jesus fall gently upon us all this Christmas season and May 2024 be a year of peace and prosperity for all.

**Gerard Lynch
Mid Cork Area President
St Vincent De Paul Society**

Blackwater Motor Group Launch Their Annual Food Drive Appeal

Cork, Wednesday, November 29th, 2023 – Blackwater Motors Group have launched their food drive appeal in support of Cork’s oldest charity, Cork Penny Dinners across their dealerships in Cork city and county with the help of Audi Cork Brand Ambassador, Peter O’Mahony.

This year marks the 3rd year of the food drive from the Motor Group, who have set up drop off points in their dealerships for staff, customers and general members of the public who are being asked to drop non - perishable items at any of the dealerships which will then be redistributed to Cork Penny Dinners during Christmas week. The drive will run from Friday, December 1st to Wednesday, December, 20th.

Speaking at the launch of the food drive Blackwater Motors & Audi Cork, Group Fleet Manager, David McSweeney & a long-term volunteer with Cork Penny Dinners, said, “As a long- term volunteer



with Cork Penny Dinners, I understand the vital role the donations make to the charity and would encourage people to support where they can. I would like to thank the Blackwater Motors Group

for their valued support.”
To find a list of all the group dealership locations visit blackwatermotors.ie

Visit www.blackwatermotors.ie

MEP KELLEHER WELCOMES PROVISIONAL POLITICAL AGREEMENT ON INDUSTRIAL EMISSIONS DIRECTION AT EU LEVEL

- NON-INCLUSION OF CATTLE IS AN IMPORTANT CONCESSION -

Fianna Fáil MEP Billy Kelleher has said that the conclusion of the Industrial Emissions Directive negotiations is a welcome development and will reduce air, water and soil pollution leading to a healthier environment for European (Irish?) citizens. Kelleher was speaking following the announcement of a provisional political agreement between the European Parliament and the European Council. “There’s no two ways about it. This has been a difficult file for both the Council and the Parliament negotiators. Both sides needed to make concessions to ensure that a deal could be agreed. “For Ireland, one of the most important outcomes from this agreement is the non-inclusion of cattle under the scope of the Directive. This issue, along with the issue of a reciprocity clause, will be reviewed

by the European Commission by December 2026. “This is something that will be welcomed by dairy farmers in Ireland. It would have placed them under a lot of pressure financially and administratively. “However, the non-inclusion of cattle does not mean we should rest on our laurels. All of us need to redouble our efforts to reduce all forms of emissions from our farms - it is the right thing to do in general, and we shouldn’t be waiting for EU legislation to do that. “On the area of pigs and poultry, new lower thresholds have been agreed which will bring more farms under the scope. For pigs, exemptions will be given to organic producers and farms operating under extensive farming production methods. This will be challenging. Support must be put in place

to enable the transition and to allow them meet their obligations. “All of our economic activities generate emissions of one form or another. I believe the right balance has been struck between putting downward pressure on emissions while also recognising that we cannot overburden the owners of businesses and farms. This is a balanced text, and I will support it when it comes before the Parliament next year,” concluded Kelleher.





Christmas in Macroom

2 Hours Free Parking

FOR THE MONTH OF DECEMBER



Shop Local Campaign

with Lee Valley Enterprise Board launching the new

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Street Music and our amazing Christmas lights display from the 1st December making shopping local a very enjoyable experience



Shop local and receive your entry to the Lee Valley Enterprise Board's **Free Christmas Raffles** on 8th December and 22nd December

Free entry tickets available with every purchase in participating shops and outlets. 100's of euros in Macroom Shopping Vouchers to be won in the lead up to Christmas.

When you shop locally you nurture a sense of community
#shoplocal

View the wonderful seasonal shop window's displays, some are fantastic



Do business in Macroom to keep Macroom in business

A Real Cork Christmas



Comhairle Contae Chorcaí
Cork County Council

MACROOM MUNICIPAL DISTRICT

Macroom Christmas Parking Arrangements

2 hours Free Parking from
Friday 1st December 2023 to
Sunday 31st December 2023
Normal parking restrictions apply.

MACROOM MUNICIPAL DISTRICT Christmas/New Year Opening Hours

FRIDAY 22ND DECEMBER
Office Open

MONDAY 25TH DECEMBER
Office Closed

TUESDAY 26TH DECEMBER
Office Closed

WEDNESDAY 27TH DECEMBER
Office Closed

THURSDAY 28TH DECEMBER
Office Open

FRIDAY 29TH DECEMBER
Office Open

JANUARY 2024

MONDAY 1ST JANUARY
Office Closed

OFFICE HOURS:
9.00 a.m. to 5.00 p.m.

Closed for Lunch 1p.m. – 2p.m.

On behalf of the Members and staff of the Macroom Municipal District, I would like to take this opportunity to wish you and yours a very Happy Christmas and a peaceful New Year.

*Marie O'Leary,
Municipal District Officer
Macroom Municipal District*

CEANTAR BARDASACH MHAIGH CHROMTHA

Socruithe Páirceála Nollag Do Mhaigh Chromtha

Aoine 1 Nollaig go dtí Domhnach 31
Nollaig 2023

Tá gnáthshrianta páirceála
i bhfeidhm.

CEANTAR BARDASACH MHAIGH CHROMTHA Uaireanta Oscailte na Nollag/na hAthbhliana

DÉ HAOINE 22Ú NOLLAIG
Oifig Oscailte

DÉ LUAIN 25Ú NOLLAIG
Oifig Dúnta

DÉ MÁIRT 26Ú NOLLAIG
Oifig Dúnta

DÉ CÉADAOIN 27Ú NOLLAIG
Oifig Dúnta

DÉARDAOIN 28Ú NOLLAIG
Oifig Oscailte

DÉ HAOINE 29Ú NOLLAIG
Oifig Oscailte

EANÁIR 2024

DÉ LUAIN 1Ú EANÁIR
Oifig Dúnta

UAIREANTA OIFIGE:
9.00 i.n. go 5.00 i.n.

Dúnta don lón 1 i.n. – 2 i.n.

Thar ceann Comhairleoirí agus fhoireann Cheantar Bardasach Mhaigh Chromtha, ba mhaith liom an deis seo a thógant chun Nollaig Shona agus Athbhliain faoi mhaise a ghui oraibh.

*Máire Ní Laoghaire
Oifigeach Ceantair Bhardasaigh
Ceantar Bardasach Mhaigh Chromtha*



Comhairle Contae Chorcaí
Cork County Council

MACROOM MUNICIPAL DISTRICT

Christmas

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PROF. TOM DUNNE'S TALK, 13 NOVEMBER, 2023 ON PROF JOHN A MURPHY

Despite inclement weather caused by storm Debi, Professor Tom Dunne, together with Dr Claire O'Halloran, travelled from Greystones for the talk.

Prof. Tom spoke brilliantly on 'Professor John A. Murphy, The Public Man'. The presentation was very well received by a crowd of about forty. It was a pleasure to see and hear an expert at work.

Professor Tom hails from Wexford, the son of a farmer and his mother had a shop. For a while he taught as a Christian Brother in Dublin – his superior disapproved of him not using corporal punishment and Tom left the order. Having obtained a B.A in UCD, he did his Ph. D. in Cambridge. Subsequently, he became a lecturer and then professor in UCC where he developed a deep friendship with and appreciation of Professor John A. One of Tom's books won the Ewart-Biggs Prize.

Tracing John A.'s life, Tom referenced 'The Piano in Macroom', a John A. essay on family life and growing-up in Macroom in the 1930s/40s. Singing was important in the household and singing out of tune was totally unacceptable. John A. had won a scarce Cork County Council scholarship to UCC in 1945 and graduated with fist-class honours in Latin and History; he particularly impressed History Prof. James Hogan, John A.'s later mentor. Having procured his first job, John A. taught happily in Farranferris/Farna for ten years, and reported that some priests were quite radical (privately) in their views. Hogan persuaded him to do a History Masters after which John A. became a UCC lecturer that began a sixty-two year connection with the College. In Farna he learned to teach, and as events unfolded his republican and other opinions and stances evolved. The Troubles in the North saw Murphy expressing his views publicly

and forthrightly, condemning the violence perpetrated in the name of Ireland. His fame and influence spread when he wrote a weekly column in the Irish Independent for over twenty years – demonstrating his clarity of thought and his ability to communicate his ideas. Consequently his life became difficult as he received death threats, bullets in the post and hate-mail. All the while he continued to attend Munster hurling finals.

Another issue on which Murphy developed his stance was the 'Humanae Vitae' Catholic papal encyclical (1968) that pronounced against the use of contraceptives within marriage. Fr James Good taught Medical Ethics in UCC and opposed the cyclical but was subsequently removed from his teaching post and transferred to Kenya, at the behest of Cork's Bishop Lucey. The idea of episcopal interference in UCC or any university appalled Murphy and disillusioned him with the Catholic Church, and was another step on his path to humanism.

Professor Dunne recalled that Murphy always asserted that the first duty of a university teacher was to teach but academics also needed to leave the 'ivory towers' and reach out into the community – 'gown and town'. Murphy's subject, events and his personal qualities of wit and his skills in debating, singing and communicating enabled him to perform this role effectively and brilliantly. His period as a senator gave him a stage on which he garnered many headlines. So effective was Murphy in slowly changing minds that Prof Dunne described him as 'a player' in the history of the period and predicts that his contribution will merit scrutiny and study.

John A.'s final academic work, when he was nearly ninety, was a chapter he wrote on the

1916 Proclamation as part of the very prestigious 'Atlas of the Irish Revolution'. As well as this final contribution to scholarship, Murphy received many other accolades in his lifestyles. He has a statue, cast by his friend, sculptor Seamas Murphy, in UCC. He also engaged with Queen Elizabeth when she visited UCC – he was 'given' three minutes but she stayed for eleven. Perhaps the honour he appreciated most was being granted the Freedom of Macroom in 2006, when he spoke elegantly and sang well. (A Dan Joe Kelleher Youtube clip of the occasion is available).

Above is but a sample of Prof. Dunne's presentation which was delivered with affection, clarity and insight. The audience, which included many of John A's relatives, appreciated the insightful, perceptive and thought-provoking talk.

Seosamh Ó Criodain hosted the evening very well and thankfully, all passed without mishap. He thanked Cope for help with publicity and the hotel for providing a lovely venue. The lecture is recorded and will soon be available on Macroom History Group's website. James O'Callaghan's posters embellished the occasion.

Macroom History Group was delighted with Prof. Dunne's presentation and many enjoyed a welcome 'cuppa' at evening's end.

Next on the Macroom History Group agenda are:

1. Declan O'Rourke's book launch of 'The Pawnbroker's Reward'; a work set in Famine-time Macroom, Monday 4 December, 2023, in Castle Hotel @8 and
2. 'Angling in Macroom, 1922-2023' by Denis Cronin, Monday 11 December in Castle Hotel @ 8.



Seosamh Ó Criodain introducing Prof. Dunne before he spoke on Prof. John A. Murphy on 13 Nov., 2013. Pic C. Kelleher.



Attendees at Prof Dunne's talk on Prof. John A. Murphy. Pic C. Kelleher.



Section of the large crowd who attended the Launch of the Kilmurry Historical Journal by Brian O'Donovan, Journalist and RTE Correspondent. Pic. Peter Scanlan



Avril (representing EIRGRID) looking at the amazing stonewall recently erected east of Car-rigadrohid village built with EIRGRID funding. Also in the photo are Kieran Lehane (stonemason), Vincent Harrington (chairperson) and Mary Lucey (vice chairperson) of Carrigadrohid Tidy Towns. Pic; Peter Scanlan

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Citizens Information

Your Rights when you Buy in a Shop

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Before you buy, you have a legal right to the following information:

- The seller's business name, address and phone number
- Product details (if not already clear)
- Total price, or how it will be calculated
- Length of the contract
- Any extra charges, for example, delivery or postal charge
- Your right to cancel, where it applies

The information must be clear, understandable and given to you before you buy. Sellers must not make false claims that would influence your buying decisions. A seller who makes a false or misleading claim about a product is committing an offence and can be prosecuted.

What you can expect from your product

When you buy a product, you make a contract with the seller. The seller must always provide products in line with the contract. Under consumer law all products you buy must meet certain conditions. The product must:

- Be fit for any purpose you brought to the seller's attention
- Be fit for all purposes which it is normally used for
- Have the qualities and features of similar type products
- Fit the description, type, quantity and quality agreed in the sales contract
- Be durable and of expected quality for normal use
- Meet the quality of any sample or model you were shown
- Match any advertisement or labelling
- Have the necessary functionality, compatibility, interoperability and other agreed features
- Come with all accessories mentioned in the sales contract and with the correct instructions
- Have the spare parts covered in the contract
- Be installed correctly by the seller (if applicable)
- Have information on digital updates that support the product, if applicable. You can get updates once or continuously

You have the same rights when you buy at full price, reduced price (for example, in a sale) or buy a second-hand good (if bought from a business).

What happens if things go wrong?

Under current consumer law you are entitled to certain remedies when something you buy does not meet the conditions outlined earlier. A remedy can be a:

- Repair
- Replacement
- Refund
- Price reduction
- Short term right to cancel

What are my rights if I change my mind and want to return something I don't want?

You do not have an automatic right to a refund when returning something you bought in a shop because you have changed your mind. If there is nothing wrong with the item (for example, there is no fault) you have no legal right to return the goods. Whether or not you can get your money back depends on the seller's returns policy.

However, many sellers voluntarily allow customers to return or replace goods during a certain time period. The seller may offer a refund, exchange or credit note as a goodwill gesture. Check what the seller's returns policy is before you buy.

If the seller accepts returns, you usually must:

- Make sure the items are in good condition
- Keep the original labels and tags attached
- Have proof of purchase (for example, a receipt)

What are the steps to make a consumer complaint? You have rights if the seller does not meet their obligations to you. If things go wrong you should bring the product back to the seller with original packaging (if possible) and proof of purchase such as receipt, bank or credit card statement, or invoice. You should explain what the problem is and how you want it corrected. If needed, follow up with a written formal complaint

You should always approach the seller first, to give them the chance to put things right. Always keep notes of what happened, including dates and times of conversations, the name of the person you spoke to, and what was agreed. Keep previous correspondence (for example, email, web chat, and online contact form) safe as you may need this if you want to take your complaint further. Try to sort the problem with the seller as quickly as possible. A delay could affect the outcome you get (for example you might only be entitled to a repair instead of a refund)

If the issue is still not resolved, you should put your complaint in writing (letter or email) stating all the facts of the case so far. You should include copies of any relevant documents that support your complaint.

Keep a copy of the complaint letter or email as you will need this if you decide to take your complaint further. It is a good idea to send the letter by registered post or attach a read receipt to your email. This means you have proof that you sent the complaint and it was received by the seller.

What is the small claims procedure?

The small claims procedure (also known as the Small Claims Court) is a service which provides an inexpensive way for consumers and businesses to resolve disputes without employing a solicitor.

The service is provided by the local District Court offices. To use the service, the claim cannot exceed €2,000.

Know Your Rights has been compiled by Citizens Information West Cork which provides a free and confidential service to the public. If you need further information about any of the issues raised here or you have other questions, you can drop-in to your local Citizens Information Service in Bantry or Macroom. Alternatively you can telephone 0818 07 8390. They will be happy to assist you WEST CORK HELPLINE 0818 07 8390

The Bantry office is staffed from 10am -5pm from Monday to Thursday and on Friday from 10am -4pm. Macroom office is open on Mondays & Tuesdays from 10am-1pm & 2pm -4.30pm Alternatively you can email on bantry@citinfo.ie or log on to www.citizensinformation.ie

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Sea táim ar ais arís. Ní fheadar cá dtéann an t'am, ach tá sé ag sleamhnú go tapaidh agus mórán ag titim amach gach seachtain idir é seo agus an Nollag. Creid é nó ná creid bhí go leor le scríobh faoi, don eagrán deirneach, ach ní raibh go leor spáis ann chun aon phictiúr a chur leis, gan bacaint le foclóir! Só níl aon dul as ach níos lú a scríobh an t'seachtain, seo chun spás a fhágaint do phictiúr nó dhó!

Táim ag tnúth go mór leis an Nollag, is dócha cosúil le mórán daoine. Le cúnaimh Dé beidh mo bheirt leanbh atá fásta anois, ar ais sa bhaile i gceann seachtaine, sa 'tSeán Nead' mar a thugann Daid ar an baile seo againne. Beidh Jamie ag filleadh ar an t'ochtú lá ón Astráil agus Mollie ag filleadh ar an deichiú lá ón gCairib. Go deimhin nach bhfuil an t'ádh dearg linn go bhfuil an domhan anois chomh beag, is gur féidir le daoine taisteal gan iomarca dua. Ní mar sin a bhí do roinnt gaolta, mar bhí orthu dul ar imirce agus ní raibh an deis acu filleadh abhaile riamh arís.

Pé scéal é táimid ag deanamh scríos leis an péintáil agus stuáil... ach tá go leor le déanamh sna laethanta atá amach romhainn. Beidh orm an bagún agus cabáiste bheith sa tig do Jamie agus an ciste crón bheith bÁCála ag Mam, agus tá an bheirt acu ag súil go mór leis an ciste úll nó Apple Tart mar a tugtar air chomh maith. Beidh an gabhar á róstadh ní foláir!



Tréaslaim le pobal Chill na Martra, gur éirig leo an Sméar Mullaigh a bhaint amach an deireadh seachtain seo caite! Ar an Satharn chuireadar 'Margadh na Nollag' thar na bearta ós comhair pobal Mhúscraí. A leithéid ní raibh le feiscint go h'áitiúil le fada an lá, ó am na Cincise i mBaile Mhúirne! Bhí breis is 30 seastán i láthair i bpríomh sráid an bhaile. Bhí 'nua gach a bia agus sean gach a díghe' le fáil. Bronntanais na Nollag de gach sórt, idir seodra láimh dhanta ó 'Dúil', boird aráin adhmaid lámh dhéanta, ag beirt leanbh de mhuintir Uí Laoire, Fia agus Seán Óg, Coinnle Céir agus Mil ó mhuintir Chéilleachair ó Bhéal Átha an Ghaorthaidh, agus go leor eile. Bhí ceoltóirí Lachtain Naofa ag seimhint don slua a bhí bailithe ann don trathnóna.

Bhí na 'Hurdy Gurdies' ag casadh timpeall le leanaí na h'áite, agus daoine fásta, mé féin san áireamh, ag gáirí is ag screadíl nuair a bhíodar ag dul ar nós na gaoithe. Sea agus bhí 'meascán mearaí' orm is mé ag cur mo chois ar ais ar talamh slán.

Thug Cór Chill na Martra buach phointe an lae leo nuair a chasadar ós árd is go milis, iomann na Nollag don lucht éisteachta agus an pobal go léir a bhí i láthair. Bhí tocht im chroí leis na mothúcháin a léirigh a gcuid amhránaíocht.

Lá d'ár saol cinnte.



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Hints Tips and Ideas for submitting photos for Publication (Part 2)

By Peter Scanlan

Sending in Images by email

If you are just sending one image, just send it, and the Caption all in one email. If you are sending more than one image, it may be best to rename each image i.e. 1, 2, 3 etc and use this numbering in your captions i.e.

Image No 1 Joe Blogs and his cat.....

Image No 2 Mary Blogs and her dog etc

Every Image you take with a Mobile Phone or a Camera has its own number.

However, Phones and Cameras use a different numbering system.

If you are using a Photo from a Digital Camera, you can use the existing number as it is usually short with probably 3 letters followed 4 digits, or you could rename the image with a different number, right click the mouse over the existing name/number and from the menu that appears click on 'rename' and then type in the name/number that you want.

With Mobile Phones it may be a little different, and would probably be best if you went to 'YouTube' and search for 'how to rename an image....' in whatever make and model of phone you are using. This usually involves opening File Manager and working from there.

If you don't feel comfortable changing the Image names, by all means send them in as they are, but only send one image and its caption per Email

How to send The best way to send images is as email attachments in the same format as they came off your camera or phone. Lastly images inserted in MS Word documents are very difficult and

time consuming to convert, so send the images separately.

Lastly, your images are always welcome in whatever form they are in but do try to have them in early, at least by the end of the week prior to publication. The earlier they come in the better chance they have of being published.

To recap:

- When taking photos indoors, turning on the flash or the room lights, will usually result in a better image
- Always try to hold the camera steady, particularly mobile phones
- When you have the photo ready to send, think about a caption? A caption gives you a golden opportunity to promote your club, School or Organisation.
- Always make sure that you have the name of your Club, School or organisation included in the caption
- If you are just sending one image, just send it, with the Caption all in one email
- If you are sending more than one image, consider renaming them, and include the new name in the caption

If you have any problems or questions in relation to sending images for publication, don't hesitate to contact me, my email is peterscanlan911@gmail.com

**Email Articles & Photos to leevalleyoutlook@macroom.ie
For advertising call Des 087 6593 427
des@outlookmags.com**



If you have any questions, you can email me at peterscanlan.lvo@gmail.com



CEO Seamus Hogan of Macroom Credit Union making presentation of sponsorship to Elmarie Corcoran, Club Secretary of Crookstown Vintage



CEO of Macroom Credit Union presenting the prize to the Best Dressed Lady Ann Carey.



O'Flynn's Construction workers who donated funds to the Irish Cancer Society in recognition of Movember (hence all the facial hair!). L. Macroom Tidy Towns article on Composting; Left to right; C. Hurley, N. Foley, R Cannon, P. Barrett.



De La Salle 5th and 6th year students were lucky enough to attend a presentation by Barry Corkery on mental health and the affects of alcohol and substance



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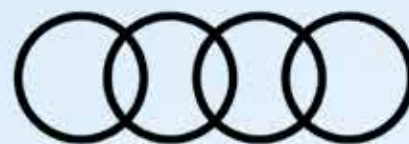
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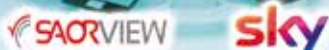
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A Word of Victory

Welcome back dear student. Here is a verse from one of my favourite songs... 'When my heart is racing deep inside my chest, when I'm underneath the weight of anxiousness. When fear is raging, and I can't catch my breath; I will remember - You are Faithful still. You have carried me through deeper waters - walked beside me through the fire. Faithful still! You have closed the mouth of bigger lions, conquered even greater giants, gone before me and You always will. You are Faithful still...' These beautiful lyrics are from the worship song 'Faithful Still' by Kings Porch. You can find it on YouTube. The line 'when fear is raging, and I can't catch my breath' resonates with many of us I'm sure. In fearful situations people often gasp for breath. It's a reaction to stress and fear. When things calm down people exhale deeply - a signal that the pressure is easing or over, and the body starts to relax again.

I see many signs around saying, 'Staff Wanted - Immediate Start'. For many reasons it's hard to find staff. In Genesis the Word says that God had created the Earth and the Heavens but there was nothing growing here, because there were no people to cultivate the soil. Isn't that amazing? God needed people to partner with Him to develop the Earth. So, He made the first man - Adam. "Then the Lord God formed the man from the dust of the ground. He breathed the Breath of Life into the man's nostrils, and the man became a living person" (Genesis 2:4-7). The Breath of Life is the 'Ruach' in Hebrew which is the Word for Holy Spirit - the third Person of the Godhead. God breathed His Spirit into Adams lifeless body, and he became alive. It is the Breath of God - His Spirit Who gives Life to everything on this earth (John 6:63). The first thing a little baby does alone at birth is breathe that first gasp of air, and then the cry - what a priceless miracle to hear! The last thing a person does alone on this earth is take that final breath and they are gone onto eternity.

Life is precious. All life is sustained by the Breath - the Spirit of God. "If God were to take back His Spirit and withdraw His Breath, all life would cease, and humanity (man) would turn again to dust" (Job 34:14-15 NLT). God demonstrates the evidence of this when Ezekiel the prophet saw a vision of a valley of dead, dry bones (Ezekiel 37:1-10). God told him to prophesy to the Breath (the Spirit of God) to come and breathe upon these dry bones, and they lived and stood up on their feet - a great and mighty army. This is a prophetic vision of God's people, decimated and defeated from whatever destruction the enemy brought into their lives, but once the Spirit of God comes to breathe on them everything changes. Life flows where Holy Spirit blows! Governments are worried about the planet and the climate, but the Truth is the Spirit of God has been rejected by them, and thus mankind and this earth are merely reaping the rewards of a Spirit-less life (Galatians 6:7). However, everything is about to change - because God is Faithful and His Word will never fail (Isaiah 40:8; 1 Peter 1:23-25). God is the Author of Life. His Word releases Life when we proclaim it, and we will praise Him no matter what the circumstances, for no storm is bigger than God (Matthew 7:24-25). He is Faithful and True.

Bible Study & Prayer every Sunday @ 11am and Thursdays @ 7.30pm in person and on Zoom at Word of Victory Christian Fellowship Killarney - Eircode: V93V6X4.

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GAA NEWS

Bons Secours Hospital Group Cork County Football Championship 2023

Premier Senior Football

Final: Castlehaven 0-11 Nemo Rangers 0-9

Relegated: Carrigaline

Munster Club:

Quarter Final: Castlehaven 1-12 Cratloe, Clare 0-11 aet

Semi Finals: Rathgormac, Waterford 1-7 Castlehaven

1-16: Dingle 0-13 Clonmel Commercials 0-10

Final: Castlehaven v An Daingean at Limerick, 10 Dec '23

Senior A Football

Final: Dohenys 0-8 Newcestown 0-13

Relegated: Ilen Rovers

Premier Intermediate Football

Final: Cill na Martra 3-11 (20) Bantry Blues 2-13 (19)

Relegated: Na Piarasaigh

Munster:

Quarter final: Cill na Martra 1-17 Kilmihil, Clare 0-7

Semi Final: Cill na Martra 0-13 Milltown/Castlemaine 0-10

Final: Cill na Martra v Mungret St Pauls of Limerick at Mallow Sunday Dec 10th 1.30pm

AIB Club Championships

Munster Intermediate Football semi final

Cill na Martra 0 - 13 Milltown-Castlemaine, Kerry 0 - 10

Cill na Martra, Cork County Premier Intermediate champions are now into the final of the AIB Munster club intermediate football championship and are there on merit after this memorable win over Kerry champions Milltown-Castlemaine in the provincial semi final at a throbbing Cill na Martra. There was strong vocal support for both sides in the huge attendance (2000 plus) and the teams responded by providing a thoroughly enjoyable encounter, the players giving total commitment and displaying massive courage. Both sides finished with 13 men aside after a hectic closing quarter in which referee Derek O'Mahoney was busy flashing cards of all three colours, black, yellow and red, but it was not a dirty game by any stretch of the imagination, rather full blooded, and there was never any doubt but that both sides wanted to win this one. For Cill na Martra coach Kerryman John Evans, and his management team of Donal Ó Buachalla and Gearóid Ó hÉaluithe, it was a glorious victory, possibly unexpected because of the different ways teams are graded in the two neighbouring counties, but fully deserved after a display that had the local supporters still cheering loudly long after the final whistle had sounded.

The opening minutes saw Cill na Martra on the offensive but without reward as the quick tackling Milltown defence frustrated their every effort. The Kerry champions opened the scoring with a Brendan Casey point in the 7th minute and the first yellow card followed for a Milltown defender before they doubled their advantage with a point from an Éanna O'Connor free in the 10th minute. Cill na Martra still found it difficult to penetrate the Milltown defence, with over elaboration at times, but at last centre back Sean Ó Foirréidh showed the way with a point, after coming forward out of defence in the 12th minute and his brother Cianie then added another immediately to level the scoring at 0-2 each. Cill na Martra took the lead in the 20th minute when Damian Ó hUrdail pointed a difficult enough free from the right wing but Éanna O'Connor, son of the Kerry manager Jack O'Connor, equalised from a free kick on the 45m line. Seánie Ó Foirréidh kicked a massive point to

put the home side back in front in the 24th minute and another defender Tadhg Ó Corcora made it 0-5 to 0-3 with an equally impressive score in less than a minute. Cathal Moriarty got a point back for the visitors but Damian Ó hUrdail punched over in the 28th minute and the home side led by 0-6 to 0-4 at the break and were not flattered by their lead.

A reaction was expected from the Kerry men after a blistering halftime dressing down and it came in an explosion of scoring which yielded four points in as many minutes on the resumption. Gavin Horan took a point within 30 seconds of the resumption, O'Connor pointed a free to level matters, Cillian Burke took a lead point and Cathal Moriarty put the Milltown men two points clear, 0-8 to 0-6, and the Cill na Martra supporters were reeling from the sudden change in fortunes. To its credit, the home defence held in and in the next Milltown attack forced a turnover, with the ball sent forward to the very effective half time substitute Mike Ó Deasúna and the burly full forward kicked a super point to rally the home support once again. Danny O'Connell levelled matters in the 36th minute with a shot that could have yielded a goal and in the 41st minute Cill na Martra went back in front when Mike Ó Deasúna pointed a '45'. Again Milltown equalised, Cathal Moriarty the scorer after a jinking run, but Cill na Martra were on fire now driven on by the huge home crowd on the bank and Maidhchí Ó Duinnín took a super point from play on 47. A minute later Damian Ó hUrdail pointed a free, brought nearer the goal for dissent, and then got black carded but a Milltown defender followed within a minute, both for impeding opponents. The atmosphere was electric now and when Milltown got a point from Conor Spillane in the 56th minute the tension was unbearable. Maidhchí Ó Duinnín with his second point opened up a two point lead on 58 but the winners lost their captain Gearóid Ó Goillidhe to a red card as the referee was working overtime to keep the lid on proceedings. In the 61st minute Maidhchí Ó Duinnín took a pass from Mike Ó Deasúna and fired over his third point and the home side were not going to concede a goal now and saw out the remaining time with lead intact as each side lost a man to a red card, Tadhg Ó Corcora after a second yellow and Milltown's Kieran O'Carroll for a straight red.

Scorers: Cill na Martra: D Ó hUrdail (0-2 f) and M Ó Duinnín 0-3 each, M Ó Deasúna (0-1 '45') and S Ó Foirréidh 0-2 each, C Ó Foirréidh, T Ó Corcora and D Ó Conaill 0-1 each. Milltown-Castlemaine: É O'Connor (frees) and C Moriarty 0-3 each, G Horan, B Casey, C Burke and C Spillane 0-1 each.

Cill Na Martra: Pádraig Ó Críodáin; Colm MacLochlainn, Tadhg Ó Corcora, Finén Ó Faoláin; Danny Ó Conaill, Seán Ó Foirréidh, Cianie Ó Foirréidh; Antóin Ó Cuana, Gearóid Ó Goillidhe (Capt); Fionnbarra Ó hÉalaithe, Damien Ó hUrdail, Maidhchí Ó Duinnín; Criostóir Ó Meachair, Daniel Ó Duinnín, Ciarán Ó Duinnín. Subs: Mícheál Ó Deasúna for C Ó Meachair h/t, Shane Ó Duinnín for A Ó Cuana 54, Graham Ó Mocháin for M Ó Deasúna 62.

What's next: Cill na Martra will contest the Munster Final when they meet Limerick champions Mungret on December 9th or 10th. Former club Runai and now a member of the team management, Gearóid Ó hÉaluithe commented "We relish the challenge of our first ever Munster Final. We will prepare well for an historic day for the club and the whole Cill na Martra community."

AIB Munster Club Intermediate Football Championship Intermediate A Football

Final: Aghabullogue 2-13 Mitchelstown 1-15

Relegated: Glenville

Premier Junior Football

Final: Kilmurry 1-11 St Finbarrs 3-6

Relegated: St Michaels

Munster:

Quarter Final: Kilmurry 2-16 Sean Treacys, Tipperary 1-6

Semi Final: Kilmurry 4-16 Feenagh/Kilmeedy 0-2

Final: Kilmurry v Listowel Emmets at Mallow, Sat Dec 9th at 1.30pm

AIB Club Championship

Munster Junior Football Semi Final

Kilmurry 4 - 16 Feenagh-Kilmeedy 0 - 2

Cork standard bearers Kilmurry will meet Listowel of Kerry in the AIB Club Munster Junior Football championship final on December 9th after both clubs enjoyed facile wins in their respective semi finals. Kilmurry were 'at home' to the Limerick champions at Cloughduv and had big support but alas there was much satisfaction but little excitement for the home crowd as their favourites simply tore the opposition asunder, thus ending any prospect of the Feenagh-Kilmeedy club doing a Munster double before their hurlers met St Catherine's in the hurling final.

Conditions at Cloughduv were excellent at the end of a week of fine weather. Kilmurry dominated from the start but in the early phase wasted some good scoring chances, thus ruining fine approach work. Kyle Kelleher and James O'Mullane were already prominent at midfield backed by fleet footed defenders in Brian Hinchion, Gearóid O'Mahony and Tomás Collins, and up front Liam Wall led the line with dash, Seán Warren and Lawrence Aisling very active also. Liam Wall put the first point on the board after four minutes and doubled his side's advantage in the 8th minute and already the signs were ominous for the Limerick side as the game was being played in their half of the field and Kilmurry were very sharp and well focussed. Seán Warren set up Rory Duggan for a point in the 11th minute, corner back Brian Hinchion made it 0-4 to nil two minutes later and Warren immediately added another.

Two further points from Seán Warren followed before Ryan Leahy had a superb point in the 23rd minute and at last the Limerick men got a score on the board when Colm Ryan took a good point from 30metres out in the 25th minute. A minute later Seán Warren had his fourth point from play and Kilmurry led by 0-9 to 0-1 at half time and were clearly the much better side, the only blot on the performance being their tally of six wides, some from good opportunities.

Kilmurry introduced Seán Curzon and Pádraig Berhanu for the second half and the latter signalled his arrival into the fray with a point within a minute of the resumption. A superb raid involving five players ended with Liam Wall blasting home the first goal of the game in the 34th minute and with the outcome of the contest well decided the only matter of interest now was the margin of victory. Kilmurry defender Gearóid O'Mahony was rather unluckily issued with a black card but the team suffered no ill effects other than conceding a point from the resultant Colm Ryan free, the only score for Feenagh /Kilmeedy in the second half.

Given the sustained Kilmurry pressure and the clear difference in class between the teams, further punishment was inevitable and in the 46th minute Pádraig Berhanu cut through the Feenagh/Kilmeedy defence before delivering a perfectly time pass to Liam Wall who had merely to palm the ball home, 2-10 to 0-2 now the score. Only a marvellous save by Feenagh/Kilmeedy goalkeeper Dan Gayer denied



Berhanu of a goal in the 49th minute, the Kilmurry man having to be satisfied with a point after grabbing the rebound. Brian Hinchion helped himself to his second point, only desperate defending on the goal line denied Kilmurry of a third goal but it followed in the 55th minute, young Joe O'Mullane setting up Berhanu with a glorious chance which was clinically availed of.

Kilmurry, with five replacements now on the pitch, maintained the relentless pressure, O'Mullane again gave the assist for another Berhanu goal, Lawrence Aisling kicked a brace and long serving Greg Barrett and debutant Joe O'Mullane close the scoring with a point apiece.

Scorers: Kilmurry: L Wall and P Berhanu 2-2 each, S Warren 0-4, B Hinchion and L Aisling 0-2 each, R Duggan, R Leahy, G Barrett and Js O'Mullane 0-1 each. Feenagh: C Ryan 0-2 (0-1f)

Kilmurry: Jason McDonnell; Brian Hinchion, Kevin Barrett, Gearóid O'Mahony; Alexander Aisling, William Ronan (Capt), Tomás Collins; Kyle Kelleher, James O'Mullane; Daniel Cahalane, Lawrence Aisling, Rory Duggan; Ryan Leahy, Liam Wall, Seán Warren. Subs: Seán Curzon for R Leahy, Pádraig Berhanu for D Cahalane (both half-time), Joe O'Mullane for A Aisling, Greg Barrett for Js O'Mullane (both 40), Owen Keane for S Warren (49).

There were many outstanding performances on the Kilmurry side and Liam Wall stood out from the start with his outstanding work rate, selfless distribution and lethal finish.

The winning margin of 26 points illustrates the difference in standards in the respective counties and Listowel Emmets inflicted a 5-17 to 2-2 defeat on Clare champions Killimer in the other semi final.

What's next?: Kilmurry, defeated by the Clifford brothers-led Fossa in last year's Munster decider now meet new Kerry champions Listowel Emmets in the final and given the different method of grading teams in the Kingdom will face a daunting challenge but should relish the opportunity of getting their hands on some silverware before Christmas!

County Junior A Football Championship Final:

Canovee 4-14 Mayfield 1-11

Canovee footballers finished the year unbeaten in league or championship with another big win in the Cork County Junior A final when under the lights in Páirc Uí Rinn the outcome was never looked in doubt, the Muskerry men much superior to city champions Mayfield.

Hat-trick hero Darragh McMahon stole the show, as Canovee took the county title for the first time since 2007 and they will be among the favourites to add the Premier Junior title next season, neighbours Kilmurry being another team with similar ambition.

Canovee have had a painful climb back to prominence in Muskerry with very strong teams in Iveleary and Kilmurry to contend for the past decade but they now have a young developing team assembled and have had a wonderful season by any measurement.

They won the Mid Cork title after a stiff challenge from Inniscarra, learning a few useful lessons, and have steamrolled their way through the county championship.

Their dominant start here gave them a 1-4 to 0-1 after 10 minutes. The goal came from Darragh McMahon when he was set up by Conor O'Neill after a well worked team effort and he finished in style. Mayfield did get two back to bring Canovee's lead down to four, and after their goalkeeper made a superb double save Canovee took charge once again, as Conor Dodd pointed a superb effort from the 45. McMahon added their second goal in the 19th minute with an assist from Brian McNabola, the ball taking a deflection from a Mayfield defender. Mayfield responded with a fourth point, but they looked second best and already the outcome seemed assured with Canovee seven ahead. They outscored the city men four to two and went in at half time leading 2-8 to 0-5.

Early in the second half, James Moynihan set up McMahon, but the latter was brought down for a penalty and James Moynihan smashed the spot kick into the bottom corner, giving the new champions a

13-point lead after 33 minutes.

Mayfield responded with a brilliantly worked goal and added a point to give the city outfit a sliver of hope. They added a couple of more scores to reduce the gap to nine points, but McMahon's third green flag was the final nail in the coffin, with Canovee ahead by 12 with a quarter still to go, and they finished strongly.

Scorers for Canovee: D McMahon 3-0, J Kelleher 0-6 (0-3 f), J Moynihan 1-0 pen, D Cronin, C Dodd, C O'Neill 0-2 each, E Dodd, P O'Leary 0-1 each.

Canovee: Cormac O'Driscoll; Cian Cronin, Michael Dunne, William Ahern; Evan Dodd, Odhran O'Driscoll, Eoghan Lehane; Conor Dodd, Aidan Murphy; James Moynihan, capt., Dara Cronin, Conor O'Neill; Darragh McMahon, Brian McNabola, Jack Kelleher. Subs: Darren Moynihan for Dunne (13 inj), Pádraig O'Leary for D Cronin, Mark Healy for McNabola (both 47), Eoin McNabola for C Dodd (53), Shane Riordan for Moynihan (57).

Muskerry Division

Ross Oil Junior Football Championship 2023

Final: Canovee 1 - 15 Inniscarra 2 - 6

Relegation: As Canovee have won the county and gained promotion to County Premier Junior there will not be any relegation from the Muskerry Junior A championship to B grade as the space in the A championship created by Canovee's promotion can now be filled by B champions, Ballinora's second team being promoted. Dripsey and Clondrohid who finished in the relegation slots can now breathe a sigh of relief and enjoy the Christmas as their A status is secured for 2024!

Ballincollig Credit Union

Mid Cork Junior B Football Championship Final

Ballinora 2-6 Inniscarra 0-9

Cork County JBFC

Quarter Final: Ballinora 3-10 Kildorrery 0-5

Semi Final: Douglas 1-11 Ballinora 2-5

Rochestown Park Hotel

Mid Cork Junior C Football Championship Final

Béal Átha'n Ghaorthaidh 1-7 Inniscarra 0-9



Lily Desmond Macroom & Caoimhe Twomey Naomh Abán who were presented with their U16B Munster Championship medals in Nemo Rangers.



The Canovee Team in Jubilant mood when they arrived in Carrigadrohid, having won the Junior A Football Championship. Pic: Peter Scanlan

HURLING: Co-Op Superstores Cork County Hurling Championships

Premier Senior Hurling

Final: Sarsfields 0-21 Middleton 0-19

Relegation: Glen Rovers relegated

Munster:

QF: Ballygunner, Waterford 2-20 Sarsfields 0-9

Senior A Hurling

Final: Newcestown 0-19 Blarney 1-16

Relegation: Mallow relegated

Premier Intermediate Hurling

Final: Castletelyons 0-19 Kilworth 0-17

Relegation: Bandon relegated

Munster:

Semi final: Castletelyons 2-22 Crotta O'Neills, Kerry 2-18 aet

Final: Castletelyons 3-16 Corofin 0-19

Intermediate A Hurling

Final: Aghabullogue 3 - 17 (26) Middleton 2 - 19 (25)

Relegation: Douglas relegated

County Premier Junior Hurling

Final: Erin's Own 1-14 St Catherine's 2-9

Relegation: Tracton relegated

Munster:

Quarter final: St Catherines 2-16 Ardmore 1-11

Semi final: St Catherines 2-17 Ballinahinch, Tipperary 0-11

Final: St Catherines 2-14 Feenagh/Kilmeedy 1-15

County Junior A Hurling Championship

Semi Final



Nemo Rangers 2-12 Ballinora 1-14

Oriel House Hotel

Mid Cork Junior B Hurling Championship

Final Replay: Inniscarra 1-21 Aghabullogue 1-17 aet

Cork County JBHC: Fermoy 1-14 Inniscarra 0-15

Macroom Motors

Mid Cork U21 Football Championship

A Grade (2 teams): Final: Ballincollig 3-8 Éire Óg 0-14

B Grade (3 teams): Naomh Abán 1-14 Inniscarra 0-11:

Aghabullogue 1-7 Inniscarra 1-14: Naomh Aban v

Aghabullogue Dec 9th at Baile Bhuirne

C Grade (9 teams):

Preliminary Round: Macroom 3-11 Clondrohid 1-11

Quarter Finals: Béal Átha'n Ghaorthaidh 1-16

Iveleary 2-6: Grenagh 2-12 Macroom 1-10:

Donoughmore bye: Aghinagh 4-12 Kilmichael 0-10

Semi Finals: Donoughmore 1-15 Grenagh 0-7: Béal

Átha'n Ghaorthaidh 2-11 Aghinagh 2-7

Final: Donoughmore 2-8 Beal Átha'n Ghaorthaidh

1-6

Farho Heating

Mid Cork U21 Hurling Championship

Premier Grade: (4 teams): Semi finals: Ballincollig 2-23

Éire Ó 0-14: Inniscarra 3-15 Blarney 0-10. Final :

Ballincollig 1-24 Inniscarra 2-16

A Grade (3 teams): Grenagh 1-14 Cloughdub 0-8:

Final: Aghabullogue 2-11 Grenagh 0-14

B Grade (4 teams): Lee Gaels 1-11 Western Gaels

2-22: Donoughmore 0-23 Inniscarra B 0-6 Final:

Donoughmore 2-14 Western Gaels 1-7

Munster Colleges – Corn Uí Mhuirí

Senior A Football

Results for Round 1/Rd 2/Rd 3:

St Brendan's Killarney 6-9 Col Choilm Ballincollig 0-11

Patrican Academy Mallow 3-13 Col Choilm 0-9

Col Choilm 1-12 St Flannan's 2-8

Coláiste Choilm Ballincollig: C Walsh; C Power, B Dore,

L Harris; C Malone (Eire Óg), C Clifford (Eire Óg), D

O'Leary; D Clifford (Eire Óg), B O'Connell; E O'Dwyer, S

O'Neill, G Howard; J McCarthy (Eire Óg), J Galvin (Eire

Óg), F O'Leary (Eire Óg). Subs: D Miskella 39; C Buckley

43; C O'Donoghue (Ballinora) 46.

Coachford CC 1-8 Chorca Dhuibhne, An Daingean 0-10

Mount Hawk Tralee 1-12 Coachford CC 1-5

Coachford CC 8-20 Col Criost Rí 0-2

Coachford College: D Kearney (Donoughmore); T

O'Reilly (Inniscarra), T Lyons (Inniscarra), O O'Connell

(Aghabullogue); K O'Connell (Donoughmore), R

Delaney (Canovee), B O'Sullivan (Aghabullogue); C

Gillespie (Aghabullogue), S O'Hanlon (Donoughmore);

G Coleman (Canovee), M Murphy (Inniscarra),

O O'Connell (Aghabullogue); D McDonnell

(Donoughmore), A O'Sullivan (Aghabullogue), D

Dineen (Inniscarra). Subs: R Honohan (Donoughmore),

C Thompson (Aghabullogue) both 52, D O'Connell

(Donoughmore), D Lawton (Donoughmore) both

56, S Birmingham (Aghabullogue) 57, E McNamara

(Donoughmore) 58.

A CORK derby between Coachford College and St

Francis College Rochestown will decide which school

progresses into the TUS Corn Uí Mhuirí quarter-finals.

There is one other game, Abbey CBS against Hamilton

High School Bandon, to reduce 10 teams to eight for

the knockout stages of the competition, which was

last won by a Cork school in 2011.

Muskerry Divisional Board Annual General Meeting

The Annual General Meeting (formerly Annual Convention) of Roinn Mhuscraí Cumann Luithchleas Gael, was held in Aghabullogue GAA Hall in Coachford on Monday December 4th and Rúnaí Eanna Ní Leannacháin presented the following annual report on the year's activities and highlights.

Officers 2023

Uachtarán:- Pádraig Ó Mathúna, Iniscartha

Leas-Uachtarán:- Aubert Ó Tuama, Baile an Chollaigh,

Prioinnsios MacCarthaigh, Baile an Chollaigh, Pádraig

Ó Malleóin, Éire Óg, Seán Ó Críon, Achadh Bolg, Liam

Ó Buachalla, An Driuípeach, Mícheal Ó Catháin, Cloch

Dubh Iar Uachtarán:- Aibhistín Ó Cruimin, Iniscartha,

Tadhg Ó Gealbháin, Béal Átha'n Ghaorthaidh.

Cathaoirleach:- Seán Ó Finneadha, An Driuípeach

Leas-Chaoirleach:- Eamonn Ó Murnain, Cill Mhuire

Rúnaí:- Enda Ní Leannachain, Iniscartha

Cisteoir:- Diarmuid Ó Ciardhubháin, Éire Óg

Oifigeach Poiblíochta:- Áine Ní Riordán, Cloch Dubh

Oifigeach Forbartha:- Daithí Ó Laoi, Béal Átha'n

Ghaorthaidh

Oifigeach na Gaeilge agus Cultúir: - Covered by

Eamonn Ó Murnain, Cill Mhuire

Tuarascáil an Rúnaí:

Tá an Cruinniú Chinn Bliana buailte linn arís.

Tionnófar Cruinniú na Bliana seo ar an Luan, an 4ú lá

de Mhí na Nollag, 2023, ag tosú díreach ar 8.00 I.n.

Tá súil againn go mbeigh beirt teachta i láthair ó gach

cumann a bhí páirteach in ár gluicéir i rith na bliana.

The ninety-eighth Annual Convention will be held

on Monday 4th December at 8pm. It is being hosted

this year by Cumann Achadh Bolg (Aghabullogue)

home of our dual county Intermediate A Hurling &

Football champions 2023 and we hope each club

will have representation and takes an active part in

proceedings.

It is my privilege to present my third report on

the activities of Roinn Mhuscraí for the present

year. We commenced the year in early January to

confirm entries and formats for the league and

championships in 2023. The leagues' structures and

gradings were advised to all club delegates present

and commencement dates would be submitted to

all clubs in the coming weeks. Delegates were

disappointed that the U21 football championship

could not be part of the commencement of the year

competitions, but delegates were asked to speak

at a county board meeting where it was discussed

and not many clubs raised the issue. The county

board advised divisional boards that it could only be

played as a secondary competition between July &

December. Junior Championships draws were made

at our meeting in February and the round robin

format was adapted once again. League structures

were agreed at the previous meeting and fixtures

sent out. As in the previous year some remaining

positions to be filled were discussed and clubs were

asked for nominations but unfortunately these were

not filled again for 2023. Hopefully more of an uptake

will be taken in 2024. We also had 9 new referees in

the division for 2023.

In 2023 the division had a fantastic year with Muskerry

Teams on the field of play with county titles and

involvement in county finals. We had wins for Aghabul

logue (Intermediate A Hurling & Football), Cill na

Martra (Premier Intermediate Football), Canovee

(Junior A Football) and other clubs involved in county

finals were Blarney (Senior A Hurling) and Kilmurphy

(Premier Junior Football) and in county semi-finals

we had Ballinora (Junior A Hurling) Inniscarra (Junior

B Hurling) Ballinora (Junior B Football). We also had

a league game to complete from 2022, the Junior

B Hurling League – Blarney winners. Our Muskerry

Sports Star Awards were also revived for 2023 under

our new sponsors EPH Controls.

The Muskerry Board ran 19 competitions in 2023 and

311 games were played in both Football & Hurling

League & Championship. Championship Review:

Our Junior A Football competition still dominates

interest in the division. With Kilmurphy promoted to

Premier Junior this year, it left the competition wide

open. This year Canovee and Inniscarra reached the

A final. Canovee represented us in the county

final against Mayfield and won with plenty to spare

on the day. In Junior B Football we had Ballinora &

Inniscarra contesting the final. Ballinora were the

winners on the night playing with 13 men for much

of the game. Plate competition was also held and

Aghabullogue won this. The Junior C Football final

was contested between Ballingearry & Inniscarra and

Ballingearry came out on top after a very entertaining

game by the narrowest of margins. A point to note is

that Inniscarra contested all 3 of the divisional finals

in football but were unsuccessful in all 3 but this is a

huge achievement for any club to accomplish.

U21 Football -3 grades – The A grade final involving

Ballincollig & Éire Óg with Ballincollig winning. B

grade the final pairings to be final with Aghabullogue,

Inniscarra & Naomh Abán involved. In C grade we

have Donoughmore v Bal lingeary to be played on

Dec 2nd. All very competitive competitions.

In Junior A Hurling with Ballinora dominating this

competition for the last few years we had a new

pairing in Ballinora & Dripsey in the final. Once again

Ballinora were winners. Junior B Hurling Inniscarra

once again dominated this grade, but it took a replay

for them to get over Aghabullogue in extra time

this year. In the plate competition Blarney were the

winners.

U21, hurling we had 3 grades Premier, A & B grade.

Premier grade Ballincollig & Inniscarra contested

the final with Ballincollig winning. The A Grade final

Aghabullogue v Grenagh to be played Dec 2nd.

In B Hurling final Donoughmore were winners over

Western Gaels.

Muskerry Teams

A team training top was given to all panel players

in 2023 as a gesture to making themselves available

to play on the Muskerry Senior teams. Muskerry

Senior footballers – In 2022 it was very disappointing

for our Senior football management as we did

not get the support of our Premier Intermediate/

Intermediate clubs. In 2023 John Feeney and I met

with a representative from each of these clubs to ask

if they were prepared to come on board and make

players available for the 2023 season. A very positive

response was received from all the clubs. It was then

decided that we would get a representative from each

of these clubs on the management for the year ahead.

Despite some of the club's efforts they could not get

representation, but we had great support from those

that came on board. I was appointed the liaison officer

for the footballers, and we met on a few occasions

before commencement of the championship. It was

agreed that as all the players would be training with

their clubs during the week we would just try and

have one night as a get-together so they could get

to know one another and get some match plans in

place before the first round of the championship.

On all occasions the Canovee club came up trumps

in making their facilities available and we were most

grateful for this. The first championship game was

against Imokilly on June 8th, and we had high hopes



of coming away with a win, but it was not to be, so as losers we would be out again the following week against Duhallow who on the night beat us well. Due to Beara's withdrawal from the competition it meant we had another chance, so we took on the men of Avonduh and came out on top. With this win we were to take on the Duhallow men again in their back yard as there was a home/away arrangement with the divisions and on a very wet night we went out with confidence. We were playing ok on the night but then we had an unfortunate incident of a player being sent off which left us playing with 14 men for the remainder of the game. This seemed to spur our players and we played out of our skins on the night but once again fell short and this concluded our season for the Muskerry Senior Footballers. The management and the board would like to thank all the clubs, players and all the clubs' team managements for making their players available to us for this competition. In all we used over 42 players, which is very encouraging going into 2024. Thanks to the management of: Danny Buckley (Aghabullogue), Pat O'Leary (Kilmurphy), Conor Hurley (Macroom), Diarmuid Riordan (Uibh Laoire) for their huge effort. June 8th: Muskerry 0-12 Beara 1-14 June 15th: Muskerry 0-05 Duhallow 2-08 June 29th: Muskerry 1-10 Avonduh 1-07 Semi Final July 6th: Muskerry 1-10 Duhallow 1-15 Unseeded Final

Muskerry Senior Hurlers: Our Senior hurlers began their championship campaign in the inter divisional section with an opening round victory played in Ballygarvan v Carrigdhoun on Tuesday 6th June. A blistering first half display saw Muskerry go in at the short whistle leading 1-13 to 0-05. The second half was more of a dour battle with defences on top, but Muskerry held firm to kick off their championship with an 8-point victory. We then qualified to meet Carbery in the semi final in Castletownkinneagh on Tuesday 27th June and this was Muskerry's most accomplished championship performance in a number of years and ran out victorious at the end on a scoreline of 3-21 to 1-14. Progress this year saw Muskerry take a step further to the unseeded final and though disappointed on the night to lose out once again this year to Avonduh, the North Cork team greater experience was a telling factor but with a young, committed squad our division can hopefully keep building for 2024. Huge congratulations to Aghabullogue on being victorious at county Intermediate A level this year and with a great response and assistance from our strongest clubs & players hopefully we can keep building for the year ahead. Thanks to the management of Diarmuid Kirwan (Ére Óg), Johnny Dwyer (Ballincollig), Barry Holland (Donoughmore), Niall Buckley (Aghabullogue) & Brendan O'Driscoll. June 6th : Muskerry 1-16 Carrigdhoun 0-11 June 27th: Muskerry 3-21 Carbery 1-14 Semi Final July 4th : Muskerry 1-15 Avonduh 2-23 Unseeded Final

Championships:

MJK Oils Ltd Junior A Hurling: - We had 10 team entries due to the Aghabullogue & Uibh Laoire regarding to Junior B for 2023. The group format for 2023 was once again adopted. We had 3 groups - 1 x 4 & 2 x3. In the Quarter Final Grenagh v Blarney & Kilmichael v Éire Óg. In the semi finals Ballinora & Dripsey awaited the winners of the quarterfinals. The semi final involving two of our favourites to reach the finals in 2023 - Ballinora v Grenagh. It took extra time to separate these two teams with Ballinora progressing to the final in their quest for 3 in a row. In the other semi final we had Dripsey v Kilmichael who provided a hard tough game before Dripsey progressed. The final was played in the excellent Cloughduv facilities. This was a battle from start to finish and Ballinora had to fight hard to get over the line and maintain their

status as divisional champions. Ballinora progressed to the county and reached the semi final stage where they were knocked out by a last-minute goal. This was indeed unfortunate but as they say the game is not won until the final whistle.

Oriel House Hotel Junior B Hurling: - Eleven teams entered this grade, and we had the two teams Aghabullogue & Uibh Laoire regraded. Aghabullogue reached the final against Inniscarra. On 16th September in Ballincollig both teams played a game of 2 halves and at the end it resulted in a draw. The replay of the final was fixed as part of a double header on Mid Cork Final day in Cloughduv and once again was an excellent game of hurling where we had a draw at normal time, and it took extra time for Inniscarra to come out on top. Inniscarra progressed to the county semi finals and similar to Ballinora's fate Inniscarra also lost to a last-minute goal ending their county progression. In the secondary competition for losers of Round 1 (Plate) it was Blarney v Donoughmore who progressed to this final and an entertaining game in Grenagh where Blarney won.

Farho Intelligent Heating Ltd U21 Hurling A & B: - 4 teams entered the Premier grade Ballincollig, Blarney, Éire Óg & Inniscarra, 3 teams in A grade Aghabullogue, Cloughduv, Grenagh and 4 teams in B grade Western Gaels, Lee Gaels, Donoughmore & Inniscarra 2.

In the U21 Premier grade we had 2 semifinals and in the final, it was Ballincollig & Inniscarra played in Ballincollig. After some heavy rain the night before the pitch was in very good condition, the sun shone and there was a strong wind for the duration of the game. Both clubs gave a great display of hurling and despite Inniscarra's best efforts they were no match for the Ballincollig team who retained it for the second year. In the A grade with 3 teams, it was to be played in a round robin format Grenagh played Cloughduv in the first round and beat them well. Cloughduv withdrew before round 2 so we went straight to the final between Grenagh & Aghabullogue to be played on Saturday 2nd December. The U21 B grade (13 aside) had 2 semifinals and in the final, it was Donoughmore v Western Gaels (Kilmichael/Uibh Laoire) and in the final Donoughmore were victorious. It should be noted that for these competitions Ballinora & Cloughduv (dual players with Canovee) had to withdraw due to their Junior teams being involved in county championship. This is not ideal for these clubs but when we are tied to a certain window when we can play this grade of U21 it doesn't help some of the clubs who progress in county or Munster championship. Also, we had to play finals in the venues of home/away due to unavailability of neutral venues and as a board we accept clubs want to preserve their pitches.

Ross Oil Junior A Football: - We had 12 entries for this competition with Kilmurphy having won the championship and county in 2022 they are now in the Premier Junior ranks. This meant we would have new champions for 2023. The top seeds were Aghinagh, Inniscarra & Canovee so all favourites went into this championship. After the round robins we had quarter final with teams involved Éire Óg, Kilmichael, Aghinagh & Grenagh with Inniscarra & Canovee who topped their groups on better score difference into the semifinals awaiting the quarter final winners. The semi final pairings were: Inniscarra v Éire Óg who played a thrilling game in Ballincollig in which Éire Óg made Inniscarra fight all the way to the finish to get over the line and Canovee v Aghinagh which was played in Macroom on a Sunday evening, and Canovee were much too strong for this Aghinagh team. The final between Inniscarra & Canovee was

played in the superb facilities on the day at Ovens. Inniscarra started brightly but with a few changes on the Canovee team they looked much sharper for the remainder of the game and were convincing winners. Canovee reached the county final and played Mayfield where they came away as convincing winners.

Ballincollig Credit Union Junior B Football: - 14 teams entered this competition. Superb interest in this grade once again. With Blarney winning last season they progressed to Junior A Football for 2023. With First rounds, quarter final and semi finals completed the final was contested between Inniscarra & Ballinora. This game was fixed for the weekend after our Mid Cork finals but due to inclement weather it had to be postponed and was refixed for the 7th November due to Inniscarra being involved in all football finals and Ballinora in Junior A Hurling County action. In the final Ballinora won out on the night despite playing most of the game with 13 players. They are now representing us in the county and are in the semifinal on November 25th. This year also we played a plate competition for the losers of Round 1 of this grade and as no cup was available for this competition the Aghabullogue club presented the Bertie Herlihy cup for this competition. This was won by the Aghabullogue club who defeated Uibh Laoire on the day.

Rochestown Park Hotel Junior C Football: - We had 9 teams entered in straight knockout competition. This competition commenced in September but unfortunately, before this competition started 3 teams withdrew. These withdrawals were for different reasons. The final was contested between Inniscarra & Ballingearry which was the curtain raiser for the Mid Cork Football Final. A very entertaining game and Ballingearry won by the narrowest of margins on the day.

Macroom Motors U21 A, B & C Football: - We had 4 teams in our A grade originally but with Canovee & Ballinora in county Junior A Football & Hurling respectively they withdrew as they had some players playing in these competitions. We went straight to a final between Ballincollig & Éire Óg playing in Ovens. A very good game of football on the day and with 20 mins of second half gone it looked like Éire Óg were going to succeed in overturning the result of 2022 but Ballincollig came back at them and as they say goals win matches and they retained their crown once again for 2023. In B grade we have 3 entries Aghabullogue, Naomh Aban & Inniscarra. We are awaiting the results of the round robins to see who reaches the final in this. In the C grade we had 9 teams entered but before the quarter final Blarney withdrew. In the final we have Donoughmore v Ballingearry on Dec 2nd. In this U21 Football championship Cill na Martra, Kilmurphy & Canovee did not participate due to their involvement in county & Munster championship. We thank these clubs as it allowed us in the division to progress with our U21 competitions.

Leagues: This was the first year of our new format of Divisional leagues. In hurling we had Div 1-3 inclusive where in Divisions 1 & 2 they had 8 teams in each which meant all teams would have 7 games. Division 3 had 4 teams, but the teams played each other twice. In football we had 5 leagues divided as follows, Div 1, Div 2 (East & West) Div 3 (East & West). In Division 1 & 2 they each had 8 teams again with a minimum of 7 games for each team. Division 3 East had 6 teams and West had 4 teams.

All leagues were completed. Div 1 HL Final - Inniscarra 0-17 Grenagh 1-12 Div 2 HL Final - Aghabullogue 1-14 Cloughduv 1-07 Div 3 HL Final - Gleann na Laoi 0-20 Donoughmore 2 1-09 Div 1 FL Final - Canovee 1-13 Grenagh 1-07 Div 2 FL Final - Ballingearry 2-11 Dripsey 1-12 Div 3 FL Final - Ballingearry 1-10 Kilmichael 0-07



Shane Kingston, Ballinora GAA, with his Muskerry GAA/EPH Controls sports award, photographed with his parents, Lisa and Declan, sister Neassa and brothers, Oran and Evan at presentation function at Oriel Hotel, Ballincollig. Picture: Mike English



Three winners of the Muskerry GAA/EPH Controls sports awards, Sean Feury, Cill na Martra, John Hogan and Matthew Bradley, Aghabullogue GAA with team mates and club members at the presentation function held at Lee Valley Golf Club. Picture: Mike English

Muskerry Cup: We had a very good interest in this competition. Due to the U21 football championship it is not allowed to play players being involved with inter county teams. We had two grades and in the A grade we had 3 teams Canovee, Naomh Abhan & Ballincollig in B grade we had Aghinagh, Kilmichael, Grenagh, Clondrohid & Macroom. Naomh Abhan were the winners of the A grade and Macroom were victorious in B grade.

Venues

My special thanks must go to all our clubs who hosted our games during the year. Without your help our championship/leagues could not have been run as smoothly as they do and despite the huge number of games that were played in such an efficient manner. You were always willing to accommodate the board but, on a few occasions, it surprised me to see that venues would be available to host for their own team game but not as a neutral venue for championship game. Also, my thanks to those people who volunteered to collect monies at the gate and who were stewarding for the smooth running of the games. Also, to those who provided refreshments for all at the Mid Cork Finals.

Referees

I would like to thank all the Referees in the Cóiste for their wonderful service and commitment over the past year and most especially to me for making themselves available sometimes at very short notice. They have gone above and beyond for the past few months, especially with the demand on them, it should be noted that without our referees we would not be able to progress with our games. A special word of thanks to Gene Buckley for taking his time to assess some of our referees during the year also. To Miah Moynihan who has been of huge support to me especially when we had so many championship games to cover in a short space of time. Also, to the Muskerry representatives on the county administrative committee Jim McEvoy Runaí (Blarney), Diarmuid Kirwin Mentoring (Eire Óg), Paddy Corkery Umpires (Eire Óg), Miah Moynihan Muskerry/Advisors (Grenagh) it is good to see plenty of representation from the Muskerry Division. Congratulations to all our referees who also represented the division in covering various county finals and inter county games during the year and to Michael Keane on receiving his Lifetime Referee

Recognition award at the recent county board presentation night.

Media

My thanks to all our local media who do so much work to promote our games locally, especially Brendan Kenneally, Lee Valley Outlook/Southern Star, Barry O'Mahony Echo Live, John O'Shea Echo Live and Michael Scanlon of C103 all of whom provide great coverage of our Divisional activities. We lost one of our media supporters this year when Paudie Palmer RIP was taken to his eternal reward. His insight into the games and the players will never be forgotten in person or on our local radio C103.

County Board Delegates

My thanks to Paddy O'Mahony (proxy Enda Linehan) & John Crean for representing Muskerry Board at the County Board for the past twelve months.

Congratulations

Congratulations to all players from the Muskerry Division who represented Cork at any grade during the year especially the Senior Teams with Muskerry represented by players Sean O'Donoghure (Inniscarra) senior hurling captain, Mark Coleman (Blarney), Shane Barrett (Blarney), Pádraig Power (Blarney) in hurling. Paul Ring (Aghabullogue), Tadgh Corkery (Cill na Martra), Daniel Dineen (Cill na Martra), Colm O'Callaghan (Eire Óg), Chris Kelly (Eire Og) Cian Kiely (Ballincollig) Luke Fahy (Ballincollig) Chris Og Jones (Iveleary), Alan Quinn (Macroom) Steve Dornan (Inniscarra & London Senior Footballers) in football.

U20 Hurling & Football representation: Shane Kingston (Ballinora), Michael Quirke (Ballinora), Denis McSweeney (Blarney), Sean Dore (Ballincollig), Liam O'Connell (Ballincollig), Darragh O'Mahony (Ballincollig), Harry Aherne (Ballincollig), Brian Keating (Ballincollig), James Dwyer (Ballincollig), Tadgh O'Connell (Ballincollig).

To all our EPH Controls Muskerry Sports Star Award winners for 2023 – Jack Murphy (Eire Óg) for captaining the UCC Sigerson team to success in 2023. Tadgh O'Connell (Ballincollig) who was on the successful winning Cork U20 All Ireland Hurling Team 2023. Cliona Healy (Aghabullogue) & Meadhbh Murphy (Ballinora) who represented their clubs and Muskerry on the successful Cork Senior Camogie Team 2023. Shane Kingston (Ballinora) who played his heart out in the Junior A Hurling Championship and

helped his team Ballinora in winning the Mid Cork for the third time in a row. Jack Kelleher (Canovee) who has played exceptionally well for his club in the Mid Cork Junior A football championship and brought his team to success in Mid Cork for 2023, with hopefully success to come in the county final also. Matthew Bradley (Aghabullogue) who gave it his all in the Intermediate Hurling County championship and produced a man of the match display in the hurling final. John Corkery (Aghabullogue) who was a huge team player all year and was there to help his team over the line in the Intermediate Football County championship. Sean Feury (Cill na Martra) an exceptional player all through the championship and went on to help his team in winning the Premier Intermediate Football Championship and we await the results of the Munster championship. We look forward to announcing our overall winner on 20th January in Oriel House Hotel where we will also have the Junior Football Team, Junior Hurling Team & Intermediate Football Team of the year also.

Tributes

Regretfully a number of our members from various clubs within the division have passed to their eternal reward since our last AGM. Our sincere condolences to the families of all those concerned. We remember in our prayers all the deceased members from various clubs who have passed during the year. At dheis lámh De go raibh siad. A Novena of masses will be offered for all deceased members of the association in Muskerry.

Conclusion

I hope I have covered all the activities and events in the Division for 2023, but should any delegate feel that some items are missing, every opportunity will be afforded to him/her to raise the matter and have a short discussion on it at this meeting. I would like to thank my fellow officers for all their help, the Board delegates, and the Cork County Board who have been helpful during the year. 2023 was a tough year for me trying to get games organised and we put a further structure in place for our league and championships. With a lot of effort and support from all the clubs I am happy to say that I am confident we will have all the competitions completed in the next few weeks. I would also like to wish all the clubs the very Best of Luck for the year ahead.

– Enda Ní Leanachain Runaí



Recent winner of the Muskerry GAA/EPH Controls sports award, Sean Feury, Cill na Martra, receiving his award from Marie Casey, EPH Controls, at Lee Valley Golf Club. Included are Colm Vaughan, adjudicating committee and Niall O'Croinin, Cathaoirleach Cill na Martra. Picture: Mike English



Marie Casey, EPH Controls, presenting a Muskerry GAA/EPH Controls sports award to Matthew Bradley, Aghabullogue GAA, at presentation function held at Lee Valley Golf Club. Included are John Hogan, Chairman, Aghabullogue and Diarmuid Kir. Picture: Mike English



LAOCHRA OG

Poc Fada 2023

Another Poc Fada has been and gone. Thank you to Marguerite and the Murphy family for having the strength, determination and courage to hold this years Poc Fada. Thank you to all the club members who took part or helped out in any way. A total of €1,500 was raised on the day. Its a fantastic amount for a vital charity that supports families using all the CUH facilities. A community effort as always in support of Shane's memory to raise funds for a well deserved charity. Thank you to Macroom Credit Union and Board for their continuing yearly support of this event.

Image right: The Murphy family at the Laochra Óg Poc Fada



MACROOM SOCCER CLUB

Macroom Under 15 Div 2

Macroom 2 Kanturk 1

Macroom u 15 girls were delighted with this game as due to the recent bad weather a lot of their games were called off. Under extremely wet conditions and a very slippery pitch the girls came away with a great win after putting in some great teamwork. Goal scorer Shauna Keane.

Macroom u17 Premier

Macroom 2 Midleton 2

Macroom travelled to top of the table Midleton and started off well creating chances and defending well and soon took the lead after some good build up of play saw Szonja Mora through on goal who calmly finished it off into the bottom corner. Midleton then got a chance saved by the alert Eimear Healy. Macroom continued to push forward and the on form Szonja Mora was taken down inside the box and a penalty was awarded but a super save from the Midleton keeper kept it 1 nil at half time. In the second half Macroom played some more good football but were up against a resolute Midleton defence but a great finish by Szonja Mora saw Macroom take the lead. Midleton pegged us back to make it 2/2.

Macroom u13 Div 1

Macroom U13 Girls after travelling to play Leeside today. Macroom hadn't played a match in 2 months due to the weather but there were no signs of rustiness. They were on the attack from the start against a strong Leeside team. Keelin Kelleher, Lauren O Sullivan and Laura Murphy kept picking apart the Leeside defence with great passing and runs. Macroom had loads of shots on goal throughout the game, just missing either side of the posts. Macroom were on top for most of the game, but the ball just wouldn't go in the net for them today.

Annie McElroy and Saoirse Dunne were excellent in defence for Macroom.

Nothing between the sides at the end, a very entertaining 0-0

Thanks to Leeside for hosting on their lovely new Astro Pitch.

U14 National cup trophy

Riverstown 4 Macroom 7

An important game for the girls this morning to ensure they stay in this national cup competition. Having faced Riverstown earlier in the season, we knew it would be a tough game. Conditions were slippery which made the play difficult but we managed to secure a 2-0 ahead of half time thanks to some great saves from Lorna Hodman. The second half brought some injuries as well as a feast of goals from both sides. We were very fortunate to have such a strong squad this morning which allowed us plenty of options. Captained by Isabelle Lehane, the girls played with such determination and deservedly won. Well done girls and thanks to the parents for travelling!! Special mention to Ellie on scoring her first goal this season.

Goal scorers today were Áine O'Riordan, Shauna Keane, Ellie Barry, Lauren O'Sullivan

Macroom under 19 Premier

Well down to Macroom under 19's who topped their group, they now take on Avondale on Sunday the 10th in a must win game to get to the next round.

Schoolboys Round Up

Following the stop-start nature of the season so far, Macroom we're glad that weather permitted a number of fixtures to take place last week. The U14B lads were back into league action and they defeated visitors Carrigaline Utd 5-2 at the Town Park. Both sides cancelled each other out in the first half although Macroom did find the breakthrough when captain Daragh MacSweeney was on target. The tie came to life in the second period after Carrigaline equalised. This resulted in a swift and decisive response from the Macroom lads. Player of the match Ben McCarthy took control of midfield and a flowing Macroom move was headed home by Oliwier

Krzepina. McCarthy then struck a fantastic left footed effort from distance and Will Neville popped up with a nice finish-all of a sudden it was 4-1. To the credit of Carrigaline they kept going and pulled one back with a fine free kick. But the hosts had the final word when Barry O'Leary scored from close range late on. The U12A boys had a big away win in Ballinhassig. Plenty of goals here with Lenny O'Leary (hat trick), Sanan Ahmed (2), captain Charlie O'Shea, Sean Twohig and Blake Deasy all getting on the scoresheet. A great squad performance from all 14. Well done to all players and coaches. The U12s travelled to the Passage FC all weather and lost out to a strong home side. Macroom battled bravely and were well led by captain Tiernan Knight Desmond. The U16s had a fine 2-0 home win over Wilton Utd. Following 3 recent draws, Macroom were delighted to take maximum points against a strong Wilton outfit. Goals from Cathal Neville and Eoghan Healy in this one. The U16 side were disappointed to emerge with just a point following a 3-3 draw with Pearse Celtic. Macroom led 3-2 late on but a penalty at the death meant Pearse scrambled a draw. Fine performances from Oisín Phelan and Kuba Zulawnik and Macroom goals came from Euan Orchard, Michal Pilat and Arnau Latorre. The U11A lads played Springfield Ramblers at home while the U10 boys visited Wilton Utd, both in non competitive games. The U14 div 2 side welcomed Mogeely FC to Murrayfield for a National Trophy round 2 clash and ran out 4-0 winners. Macroom were one up when Matthew Kelleher stabbed in Dylan O'Shea's free kick. Into the second half and it was Kelleher again who scored with a neat header and the hat trick was secured with a close range finish. Macroom were in total control now with Micheál Deasy, Ciarán Coleman, Mike McElroy and Jamie McCarthy all showing up well. The scoring was completed by Ryan Brophy when he scored from close range. Macroom will play Mallow Utd in round 3.



Macroom FC U14B schoolboys who defeated Carrigaline Utd at the Town Park.



Macroom FC U12 schoolboys who played away to Passage FC



Breda McCarthy, on behalf of Bernard Thompson, collecting his recent lotto win from Aghinagh GAA club lotto committee members Donal O'Callaghan, Patrick Twomey, Ted Curtin and Brian O'Rourke.



Marie Casey, EPH Controls, presenting the Muskerry GAA/EPH Controls sports award to John Corkery, Aghabullogue GAA at presentation function held at Lee Valley Golf Club. Included are John Hogan, Chairman Aghabullogue and Anne O'Riordan. Picture: Mike English



U12A schoolboys squad from Macroom FC who won away to Ballinhassig.



Macroom u10 Girls Soccer



MACROOM U13 Girls Soccer



Macroom u14 National Cup Team



De La Salle Senior Footballers who were knocked out of contention to qualify to the Corn Uí Mhuiri quarter finals in their last group match. Senior Footballers who were knocked out of contention to qualify to the Corn Uí Mhuiri quarter finals in their last group match.

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Contact: **087 3896655**



Jack Browne & Tim Sweeney (Kilmichael Rovers) who represented the West Cork Academy in the Surf Cup International U17 Soccer Tournament in Salou, Spain recently



Clondrohid Community Hall accepting a cheque from Johnny Kelleher as one of the nominated recipients from the sale of his DVDs

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FOR SALE GOLDEN RETRIEVER PUPS

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Contact: **087 3896655**



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A Heron in the Géaragh Nature Reserve which won the Cork Nature Network wildlife photography competition on Facebook for the month of November! The photo by bDaniel Healy will now take pride as their banner picture for the month of December!

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FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of
**GOBNAIT
TWOMEY**

**Finglas, Dublin, agus Béal Átha'n Ghaorthaidh,
who died on 13th December 2022.**

Nil sí imithe uainn ach romhainn.

As we lovingly remember Gobby on her first anniversary, we her mother Eibhlis, sister Caitriona, brothers Seán, Noel, Ninidh, Ronán, Cathal, Iarlaith and Ciarán, also Brother in law Tom, sisters in law Katie, Fern, Eleanor, Marian and Triona, also Denise partner of Iarlaith and Charlie partner of Ciarán, and all her nieces and nephews, all of us who loved her so much. Our families wish to express our sincere gratitude and heartfelt appreciation to all who sympathised with us on our tragic loss.

We wish to thank the emergency and ambulance services, gardai, doctors, neighbours and friends who helped us following the accident. We want to express our sincere gratitude to Casey's funeral directors and in particular to Cyril Casey for his support, compassion, professionalism and guidance and for bringing her home to us. Words cannot express our gratitude.

A huge thanks to all our relations, great neighbours and friends who brought food and who helped in and around the house during the wake and funeral and also a sincere thank you to all who stood in the freezing cold for hours directing traffic and stewarding mourners. Thank you Paudie for keeping vigil with family members during the night of Gobby's wake. Thanks to the teachers and the children of Scoil Fhionnbarra in Ballygeary and Renaniree national schools who lined the road to pay their final respect to Gobby as she left her village for the very last time which was very moving and deeply appreciated.

Sincere thanks to Fr. Anthony O'Mahony for his support and for organising and celebrating Gobby's beautiful and meaningful funeral mass, also many thanks to Fr. Peadar Cronin, Fr. Charlie Nyhan and Bishop John Buckley for concelebrating the mass. Thanks too to Nora Cremin, our sacristan, who is always there to help and thanks also to the grave diggers.

We would like to thank the Abbey Hotel in Ballyvourney for their hospitality and the beautiful meal served, also thanks to everyone who sent mass cards, perpetual enrolments, online condolences, letters, emails, phone calls and a heartfelt thanks to all those who came from all parts of Ireland and the world to attend Gobby's wake and funeral.

As it would be impossible to thank everyone individually, we hope that this acknowledgement will be accepted as a token of our sincere thanks and gratitude.
The holy sacrifice of the mass will be offered for your intentions.



*Falling tears and heartache are things we have to bear,
But losing you the way we did will always seem unfair.
We can't get over losing you, we don't know how to try,
We will keep you in our hearts until the day we die.*

Gobby's 1st Anniversary mass will be held on Friday 22nd December
in Ballygeary church at 8pm.

FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of
**SEAMUS
LUCEY**

**Derryvaleen, Ballygeary, Macroom,
Co. Cork. Who died December 8th,
2022.**

As we fondly remember Seamus on his first anniversary, his family wish to express our gratitude and sincere thanks to our friends, neighbours and to everyone who sympathised with us on our sad bereavement.

We would like to thank those who attended the removal and funeral, especially those who travelled long distance, sent mass cards, sympathy cards, floral tributes, online condolences and phoned.

Thank you to all the medical professionals who looked after Dad over the years especially Dr. Andrews and his staff at C.U.H.

A special thanks to Fr. Anthony O'Mahony for prayers at the removal and beautiful funeral mass, sacristans Marie and Nora and Norma and Martina for the music.

A special mention to Cyril and staff of Casey's undertakers for their professionalism and support during the funeral, the grave diggers, and to Creedon's Hotel for providing refreshments after the funeral.

As it is impossible to thank everyone individually, please accept this acknowledgement as a token of our appreciation.



Seamus's 1st Anniversary Mass will be celebrated in Ballygeary church on Saturday 9th December at 10am.

FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of
TED LYNCH

**Lower Farran, Ovens, Co Cork
Who passed away on 10th
December 2022**

As we lovingly remember Ted on his first anniversary, we, his family, wish to thank all those who sympathised with us, attended Teds removal, his funeral, sent mass cards and condolences.

Our sincere appreciation to Fr. Liam O hIci P.P. for his many visits to Ted and for celebrating his requiem mass. Thanks also, to Fr. Aidan Vaughan O.F.M. CAP. and to Fr. Peadar Murphy, to Crowleys undertakers and the Powdermill Nursing Home.

The Holy Sacrifice of the mass will be offered for your intentions.



We also remember Teds sister Sr. Zita Lynch who died in April 2023. May they both rest in Peace.

May they Rest in Peace.

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7TH ANNIVERSARY



In loving memory of
ROBERT MORTON

Ballyvourney, who passed away on
11th December 2016

*You may be gone from our sight,
But you are never gone from our hearts.*



Loved and Remembered Everyday
by Susan and Samantha

3RD ANNIVERSARY



In loving memory of
JEROME MURPHY

Model Village, Dripsey, Co. Cork
Who died 8th Dec 2020

*Softly in the morning,
You heard a gentle call,
You took the hand God offered you,
And quietly left us all.*



Always loved and remembered,
Eddie, Evelyn, Billy, Sandra Gary, Joseph
and family.

7TH ANNIVERSARY



In loving memory of
JEREMIAH O'DRISCOLL

Whose Anniversary occurs at
this time.

*As each day Dawns we think of you,
As each Night falls we Pray for you,
And throughout our lives no matter where,
In our hearts you are Always there.*



Missed by his wife Ann, daughters
Noreen, Patricia, Annette, Cathy, Pamela,
his late son Flor and sister Mary.

Anniversary Mass on the 16th December
in Ballinagree Church on Saturday at 8pm

30TH ANNIVERSARY



In loving memory of

FRANK O'CALAGHAN

"Silvergrove", 60, Clashdub Estate,
Glasheen Road, Cork
Who died on the 18th December 1993

*Death is nothing at all - I have only slipped away
into the next room. Whatever we were to each, that
we are still. Call me by my old familiar name, speak
to me in the easy way which you always used. Laugh
as we always laughed at the little jokes we enjoyed
together. Play, smile, think of me, pray for me. Let
my name be the household word that is always was,
let it be spoken without effort. Life means all that
it ever meant. It is the same as it ever was, there is
absolutely unbroken continuity. Why should I be out
of your mind because I am out of sight? I am but
waiting for you, for an interval, somewhere very
near just around the corner. All is well. Nothing is
past, nothing is lost. One brief moment and all will
be as it was before - only better, infinity happier and
forever - we will all be one together with Christ.*



Miss you always Dad.

Your loving children Annette, Marie & Frank.
Grandchildren, Cliona, Jamie, Dylan & Fionn.
Loving great grandchildren Donncha, Tom Og,
Danu & Otto.

4TH ANNIVERSARY



In loving memory of
**PEGGIE BUCKLEY
(NEE HEALY)**

Woodview, Farnanes, Co. Cork
Who died on the 12th December,
2019

*You are more than a memory
Silently kept
You are part of our lives
We will never forget.*



Rest in peace Peggie.
Sadly missed by her nephews Donie and
Noel and extended family.

19TH ANNIVERSARY



Cherished memories of a loving
Husband, Father and Grandad.

SEAN MULLANE

Late of Toonlane,
Ballymakeera, Macroom
Who died on December 12th 2004

*Happy memories will keep forever
Of days when we were all together
Each of us in our own special way
Have special thoughts of you today.*



Always remembered by his loving wife
Margaret and Family.

Anniversary Mass in Ballyvourney Church
On Sunday 10th December 2023 at
11:30am.

19TH ANNIVERSARY



In loving memory of
SEAN MULLANE

Late of Toonlane,
Ballymakeera, Macroom
Who died on December 12th 2004

Dad in a Million
*When God Was Making Fathers,
As far as I can see,
He spent a lot of time on one
And saved that one for me,
He made a perfect Gentleman
Compassionate and Kind,
With more patience and affection
That you can hope to find,
He gave this special person
A heart of solid gold,
And after god had finished
He must have broken the mould.*



Thinking of you Dad is easy,
I do it every day,
But missing you is a heartache,
That never goes away.

Always Missed and Remembered by you
Daughter Lisa

10TH ANNIVERSARY



In loving memory of

JOHN HOARE

Cools, Kilnamartyra, Cork
Who died on the
14th December 2013

*If we could write a story
It would be the greatest told
Of a kind and loving father
Who had a heart of gold
We could write a million pages
But still be unable to say
Just how we love and miss him
Every single day.*



Fondly remembered and sadly missed,
By family and friends

Our Lady and Saint Gobnait pray for John,
his wife Maura and their son Seamus.

NOVENA TO THE SACRED HEART



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer. **HC**

FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of

MICHAEL P. O'SULLIVAN
(MICK PATIE)

Renasup, Gneeveguilla, Co. Kerry
who died on the 16th December 2022.

As we lovingly remember Michael on his first anniversary, we his family, would like to express our sincere gratitude to all those who supported and sympathised with us during our sad bereavement.

We would like to thank all those who called to the house, attended the funeral and sent online condolences, floral tributes and mass cards. We deeply appreciate the kindness and support of our neighbours, friends, and extended families.

We are forever indebted to the care our father received during his time in Mowlam Nursing Home, Killarney. The professionalism and personal care by the management and staff will never be forgotten.

Special thanks to Fr Pat O'Donnell for celebrating the funeral mass and to Fr Jack Fitzgerald for offering prayers at the graveside.

To Joan and Sheila for their beautiful singing and music which helped make the funeral mass so special.

We would also like to thank Sean O'Mahony, Funeral Director for his professionalism, kindness, and support in organising the funeral arrangements and taking Michael to his final resting place in Knocknagree.

As it is impossible to thank everyone individually, please accept this as a token of our sincere gratitude and deep appreciation.

Always remembered and deeply missed by his daughter Joan Marie, his son PJ, his son-in-law Michael, daughter-in-law Ann and his grandchildren.



Michael's First Anniversary Mass will be held in Christ the King Church, Knocknagree on Saturday, 16th of December at 7.30pm

FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



Cherished Memories Now and always of

WILLIE TWOMEY

Lackabawn, Ballingearry, Co. Cork
who died on 8th December 2022

As we lovingly remember Willie on his 1st Anniversary, we his wife Siobhán, son Eoin and daughter Caitriona, together with our families, wish to express our sincere gratitude and heartfelt appreciation to all who sympathised with us on our sad loss. Thanks to everyone who sent Mass cards, Perpetual Enrolments, online condolences, letters, emails, phone calls and to all those who attended Willie's wake in our home. Thanks to our relations, great neighbours and friends who brought food to our house and all who helped in and around our house during the wake and funeral.

Thanks to Cumann Peile Béal Átha'n Ghaorthaidh who created a guard of honour as Willie's remains were escorted to the church. It was very moving and deeply appreciated. Sincere thanks to Fr. Anthony O'Mahony for receiving Willie's remains at removal and for his beautiful meaningful funeral Mass. Also many thanks to Fr. Charlie Nyhan and Fr. Peadar Cronin for concelebrating the funeral Mass. A special thank you to Fr. Peadar (Willie's cousin) who celebrated Mass in our home before Willie left Lackabawn for the last time. Thank you to the Doctors, Nurses and Staff of Muskerry Family Practice, for your excellent care and compassion towards Willie during his illness. Thanks to all at Matt Murphy's Pharmacy for your helpfulness and support. We will be forever grateful to the Doctors, Nurses and Staff at Bantry General Hospital for their compassion, incredible kindness and empathy. We wish to acknowledge the support of the Palliative Care Team and the respect shown to Willie during his final days.

Thanks to Cór Bhéal Átha'n Ghaorthaidh for the beautiful singing at Willie's funeral Mass. Thanks to Ger Woulfe for singing some of Willie's favourite songs at both the Funeral Mass and at the graveside. Thank you to Dónal Cronin from Buíonn Phiobairí Béal Átha'n Ghaorthaidh for accompanying Willie on his final journey. We are eternally grateful to you all for making the ceremony so special.

Do fhoireann Scoil Mhuire i mBéal Átha'n Ghaorthaidh, mile buíochas as ucht an cáirdeas agus meas a thaispeáin sibh do Willie le linn na blianta fada. Bhí sibh mar chlan breise aige i gconat. Thanks also to Nóra Cremin the Sacristan and the Gravediggers. Our heartfelt appreciation and thanks to everyone who travelled near and far to attend Willie's wake, removal and funeral. Thanks to the staff of the Abbey Hotel for the beautiful meals. Thanks to Eileen and Frank Dineen of Centra for their help and support. Sincere thanks to McCarthy Undertakers for your professionalism, dignity, kindness and support during those difficult days. It was much appreciated.

As it would be impossible to thank everyone individually please accept this acknowledgment as a token of our sincere thanks and gratitude. Holy Sacrifice of the Mass has been offered for your intentions. Willie's anniversary Mass will take place in Ballingearry Church at 10am on December 8th 2023.



Lovingly remembered always by his wife Siobhán, son Eoin and daughter Caitriona, daughter-in-law Janice & son-in-law Ian, his adored grandchildren Freya, Senan, Ódhran, Dara and Kate, sister, brother, nieces, nephews and relatives.

Níl sé imithe uainn ach romhainn.

10TH ANNIVERSARY



In loving memory of

OLLIE CALNAN

Tarelton, Macroom
Who died 10th Dec 2013

He is not Gone

*Ease your grief, he is not gone,
For in your heart, he lingers on.
His smile, his laugh, his special way,
Will comfort you, from day to day.*

*You'll feel his presence in the breeze,
That dances gently through the trees.
And it's his face that you shall see,
When you're in need of company.*

*At any time, you can recall,
The love you shared.. You saved it all.
And in time, more than anything,
You'll find peace in remembering.*



*Always loved, never forgotten,
forever missed
Siobhan, Donard and Mark.*

FIRST ANNIVERSARY



In loving memory of

DENIS O'SHEA

Tullig, Coachford & Cl.
Whose 1st anniversary occurs on
the 24th of December.

*A quiet thought
A silent prayer
For someone special in God's care.*



Fondly remembered by his sister Peg,
Mick & family

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5TH & 34TH ANNIVERSARIES



In loving memory of

**MARY & JOHN
MC CARTHY**
Shanacloon, Ballymakeera
whose 5th & 34th anniversaries
occur at this time.

*Your lives were a blessing,
Your memory we treasure,
You are loved beyond words,
And missed beyond measure.*



Lovingly remembered by your family,
grandchildren & greatgrandchildren.

Saint Gobnait Pray For Them.

70TH BIRTHDAY REMEMBRANCE



In loving memory of

**TONY
O'CONNELL**
Masseytown, Macroom, Co. Cork.
8-12-1953 to 5-4-2022

*May the wind blow gently,
And whisper for you to hear,
How much we love and miss you.
And wish that you were still here.*



Lovingly remembered by Joan, Rebecca,
son in law Gary and adored grandchildren
Saoirse and Callum.

70TH BIRTHDAY REMEMBRANCE



Loving Memories of our
Special Dad on your 70th Birthday

**TONY
O'CONNELL**
Masseytown, Macroom, Co. Cork.

*Our Heart still aches in sadness
Our Secret tears still flow
For what it means to lose you
No one will ever know.*

*Although you can't be here with us
We're truly not apart
Until the final breath we take
You'll be living in our hearts.
Dearest Dad to hear your voice
and see your smile
and just to sit and talk to you
would be our dearest wish today.
On this your birthday.*



Dad thinking of you today and always
Gone but never forgotten.
Love Marcella, Patrick, Emma, Aiden,
Amy, Anthony and Denise.

11TH ANNIVERSARY



In loving memory of

SEAMUS SCRIVEN
Dundarierke, Kilnamartyra
who died 15th Dec 2012

*Those special memories of you
will always bring a smile,
if only we could have you back
for just a little while.
Then we could sit and talk again
just like we used to do.
The fact that you're no longer here
will always cause us pain,
but you're forever in our hearts
till we meet again.*



Always remembered by Auntie Tessie
& Denis, cousins: Jimmy, John, Noreen,
Michael, Noel, Mary, Declan & extended
families.

7TH ANNIVERSARY



I ndil chuimhne ar

**RENA
BUCKLEY**

Glounaglough, Rylane, Co. Cork.
A fuair bás ar an 8ú Mí na Nollag
2016

In loving memory of a dear mother
and grandmother
RENA BUCKLEY
who passed from this life to the next
seven years ago.

Remembering also her dear husband
JERRY who passed from this life in 1976.



2ND ANNIVERSARY



In loving memory of

**MARY
O'CONNELL**
Knocksaharn, Kilnamartyra,
who died on 2nd December 2021

*Don't remember me with sadness,
Don't remember me with tears,
Remember all the laughter,
We've shared throughout the years.
Now I am contented
That my life it was worthwhile,
Knowing as I passed along the way
I made somebody smile.
When you are walking down the street
And you've got me on your mind,
I'm walking in your footsteps
Only half a step behind.
So please don't be unhappy
Just because I'm out of sight,
Remember that I'm with you
Each morning, noon and night.*



Lovingly remembered and treasured by
Mary's Family.

3RD ANNIVERSARY



In loving memory of

**JOHN
O'DONOGHUE**
Barretts Place, Macroom
Who died on 25th December 2020

*A silent thought,
A quiet prayer,
For a special Dad,
In Gods care.*



Always remembered by
your wife Eileen and family.

BIRTHDAY REMEMBRANCE



In loving memory of

**TONY
O'CONNELL**
Bawnmore, Macroom

*Today is full of memories
Of a brother laid to rest,
And every single one of them
Is filled with happiness.
For you were someone special,
Always such a joy to know.
And there was so much pain
When it was time to let you go.
That's why this special message
Is sent to heaven above,
For the angels to take care of you
And give you all our love.*



Forever in our hearts
Danny, Eileen, Mairead, Julie,
Anne-Marie and families

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FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of

ED SWEENEY

Massytown, Macroom who left us on the 8th December, 2022.

Missed and lovingly remembered by Ed's wife Sheila; children Tom, Anne, Fionnuala, Eleanor and Eamonn; grandchildren Robert, Michelle, Ky, Luke, Hannah, Shane, Darren and great-grandchild Penelope; daughters-in-law Rose & Sabina and sons-in-law Nabil & John; sister Anne and sister-in-law Marie. To Dr John Burke, Castle St, Macroom, to Dr John O'Riordan, the Nursing Team and all staff at the Macroom Family Practice, to Dr Crócan O'Sullivan, Consultant Cardiologist at the Bon Secours Hospital Cork and to Dr O'Connell Pulmonologist at the Bon Secours Hospital Cork, we thank you all for the excellent medical care and compassion you imparted on Ed.

To Cathy, Margaret, Nuala, Claire, Johnny and June & Denis (Costcutters, Massytown), we are especially grateful for all your unwavering help before, during and after Ed's passing. It is not forgotten. To Mons. James O'Donnell, given your close association with Ed, you were the perfect person to celebrate his funeral – thank you for your kindness in word and action which you demonstrated throughout the funeral preparation & mass. Our thanks also go to Fr. Joe O'Mahony & Sarcristan and Fitzgerald's funeral home – your support was invaluable. A special word of appreciation to the many members of the Coptic Community who travelled long distances to partake in the funeral mass, and the family are very thankful for the roles Fr. Kyrillos and Fr. Epiphanius played in the funeral mass itself. The input from all of you made for a very fitting & diverse funeral celebration which Ed himself would have been impressed with. To Ed's nephew Peter from Canada, Ed's cousins, Mr Denis Keohane (ESB Inniscarra), all of our very kind neighbours, customers of Mary Anne's, and Ed's many, many friends, we thank you with all our hearts for being with us.

To Ed (Husband, Dad, Brother, Uncle, Grandfather, Great-grandfather) ...

*We miss your stories,
We miss your jokes,
We miss your poems,
We miss your magic,*

*We miss your unique hat-wearing,
We miss your nature-loving,
We miss your loving nature.*

As it is impossible to thank everyone individually, please accept this acknowledgement as a token of our appreciation and a mass has been offered for all of your intentions.



FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of

**JOAN KELLEHER
(NÉE O'LEARY)**

**Aharas, Ballygeary, Co. Cork.
Who died on 11th December, 2022**

As we lovingly remember Mom on her first anniversary, we would like to express our sincere gratitude for the support, love and kindness shown to our family during Mom's illness and during our time of loss. A sincere thank you to our extended family, our neighbours and friends.

Your presence, mass cards, stories and messages of condolence has meant so much. We are grateful to you all.

Our sincere gratitude to Dr. Harte & his staff & the Palliative Care & District Nurses who cared for Mom with great compassion and understanding. Our heartfelt appreciation to Fr. Anthony & Fr. Peadar for celebrating Mom's life with a lovely requiem Mass. Thanks to all her choir friends who sang beautifully and participated in the Mass to make it extra special. Thank you to Casey's Funeral Directors for their support, advice and professionalism. Joan loved her relatives & wide circle of friends dearly. We want to thank you for the support and love shown to Joan and to us all.

As it would be impossible to thank everyone individually, please accept this acknowledgement as a token of our sincere appreciation and gratitude.

The Holy Sacrifice of the mass will be offered for your intentions.



Suaimhneas' síoraí di i measc na n-Aingeal.

PRAYER TO ST. ANTHONY

Oh gentle and loving St. Anthony in whose arms the infant Jesus love to linger, one word from you and my prayer will be answered oh speak that word and the gratitude of my heart will be yours.

FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of

PEGGY COOPER

Knockshanawee, Farnanes, who died on the 8th of December 2022

As we lovingly remember Peggy on her First Anniversary, we, her family, wish to sincerely thank all those who sympathised with us. A heartfelt thank you to everyone who attended the Removal and Funeral Mass. The many kind messages of condolence and cards we received have been a source of great comfort to us and are truly appreciated.

A special thanks to our wonderful relatives and neighbours who supported us during Mom's illness and throughout the past year. We extend our sincere appreciation to Fr. Liam O h-Icí and Monsignor Kevin O'Callaghan for their lovely visits to Mom and for celebrating her Funeral Mass and to Eileen Murphy for her weekly Eucharistic visits.

Thanks to Dr. Gerard Murphy and the staff at Ryecourt Medical Centre, Lloyds Pharmacy, CUH, Marymount Palliative Care Team, Daffodil Nurse Becky and the Home Help Team. The care shown by Kay, Trish, Kay and Margaret was nothing but exceptional. A sincere thank you, for making Mom's last year such a loving and peaceful time. Thanks to Gabriel and O'Donovan Undertakers for their help and professionalism.

As it would be impossible to thank everyone individually, please accept this acknowledgement as an expression of our gratitude. The Holy Sacrifice of the Mass has been offered for your intentions.



Loved and remembered always by her Family.

May she Rest in Peace.

FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of

PEGGY SHEEHAN

DÚN LUA, BALLINGEARY, CO. CORK who died on December 6th, 2022

As we lovingly remember our wonderful Mum PEGGY, who died on December 6th, 2022, we, her family would like to express our sincere gratitude to all who sympathised with us on our sad loss.

Thanks to our extended families, friends and neighbours whose support and presence helped greatly at a difficult time. We would like to thank all those who attended the Funeral under very difficult road conditions, sent Mass cards, telephoned or left kind messages of sympathy on RIP.

Thanks to the staff of Macroom Care Choice who cared for Peggy in her final years. A special thank you to Fr. Anthony O'Mahony and Fr. Jerry Cremin who celebrated the Funeral Mass.

To Casey's Funeral Directors for their professionalism and kindness.

As it is impossible to mention everyone, please accept this acknowledgement as a token of our gratitude and appreciation. Mass will be offered for all your intentions.



In Ár gCroithe Go Deo

Peggie's anniversary Mass will be held on December 15th in Ballygeary Church at 9.30am.

NOVENA TO ST MARTHA



St Martha, I resort to thy aid and protection. As proof of my affection and faith, I offer thee this light, which I shall burn every Tuesday. Comfort me in all my difficulties and through the great favors thou didst enjoy when the Saviour was lodged in thy house, intercede for my family, that we be provided for in our necessities. I ask of thee, St Martha, to overcome all difficulties as thou didst overcome the dragon which thou hadst at thy feet. Our Father, Hail Mary, Glory. Amen. **NOB/GG**

FIRST ANNIVERSARY



In loving memory of

JENNIE JOHNSON

Ballymakeera, Macroom, Who died on the 27th November 2022

*Life and the Wife
Jennie was the love of my life,
not just in marriage
and not just a wife,
we had ups and downs
like all couples do.
But our life was a joy
and arguments few.
Every day of the week
we did something new.
I am glad we met only by chance.
It was if we were both in a trance,
43 years is a lifetime for many.
But I think it was worth it,
to have it with Jennie.*

4 years with Parkinsons and then Covid.



Always remembered by her loving husband Bryan

4TH ANNIVERSARY



Treasured & Loving Memories of

JOAN MCCARTHY

**Ard Mo Croi, Lomanagh, Coolea
Who died 14th December 2019**

*Along the road of suffering
You found a little lane
That took you up
to Heaven,
And ended all your pain.
You may be out of sight,
We may be world's apart
But you are always
in our prayers,
And forever in our hearts.*



Fondly remembered now and always
By, Willie, Justin, Ivan, Leonie, Andrea,
Sons & Daughters in law and All Joan's
Grandchildren. Xxx

3RD ANNIVERSARY



Remembered with Love

DAMIAN DINEEN

**Dirrinculling, Coolea
went to heaven on the 3rd
December 2020**

*We thought of you today,
But that was nothing new,
We thought of you yesterday,
And will tomorrow too,
We think of you in silence,
And make no outward show,
For what it meant to loose you,
Only those you love you know,
Remembering you is easy,
We do it everyday,
It's the heartache of losing you,
That will never go away.*



Loved and Forever Missed by
Pat, Mary, Ann, Con Gearoid, Eileen
Aoibhinn, Rhóna, Úna & Conor.
XXXXX

5TH ANNIVERSARY



In loving Memory of

TADG MANNING

**Tír Na Spideoige, Inchigeela, whose
5th anniversary occurs on 6th
December 2022.**

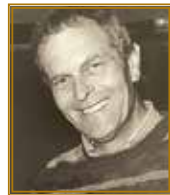
*God saw the road was getting rough,
The hill was hard to climb,
He gently closed your loving eyes
and whispered 'peace be thine.*



Remembered always by
Noreen, Miriam, Brian & Tadg

'In ár gcroithe go deo'

21st ANNIVERSARY



In loving memory of my dearly beloved
husband and father

GERARD (ROGER) HEALY

**Late of Cork Street, Macroom
whose anniversary occurs on
2nd December.**

*Losing you will always seem unfair,
memories so sweet and sad of golden days
and good times shared.*



Always missing you,
your loving wife Eleanor

You are missed beyond words Dad,
Georgina & Kelly

15TH ANNIVERSARY



Treasured Memories of

MARGARET & JEREMIAH MCCARTHY

**Carrignadoura, Ballingearry, Co. Cork
Margaret died 23rd November 2008**

We also remember her husband Jeremiah
who died 15th April 1968

*Those who think of them today,
A little prayer to Jesus say.*



From their family and grandchildren

28TH ANNIVERSARY



In loving memory of

PATRICK J. MURPHY

**Liscarrigane, Clondrohid, Macroom
who died on 10th December 1995**

*Time and years slip quietly by
But love and memories never die
In our hearts you will always stay
Loved and remembered every day.*



Always remembered by his loving
relatives and friends.

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FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of
KEVIN WALSH
Kilbonane, Aherla, Cork
Who died on 10th December 2022

As we lovingly remember Kevin on his first anniversary. We his family would like to express our sincere gratitude to all those who supported and sympathised with us during our sad bereavement. We also express our heartfelt thanks to Martin Fitzgerald and his son Billy and staff whose help and guidance were so professional at all times. To all those who helped us in any way it is impossible to mention everyone individually please accept this acknowledgement as an expression of our deepest gratitude. We would especially like to mention the staff of Norwood Grange Nursing home for their compassion and kindness to Kevin and us during his time there. The holy sacrifice of the mass has been offered for your intentions.

*It broke our heart to loose you
but you did not go alone
for part of us went with you
the day God took you home.*



Always remembered and dearly missed your loving family.

Kevin's first anniversary Mass will be on 17th December @11.30 in St.Joseph Church cloughduv.

FIRST ANNIVERSARY & BIRTHDAY REMEMBRANCE



In loving memory of
KEVIN WALSH
Kilbonane, Aherla, Cork
Who died on 10th December 2022

*God saw you getting tired,
and a cure was not to be
so he put his arms around you
and whispered "come to me".
In tears we saw you sinking
and watched you pass away.
A golden heart stopped beat,
Hard working hands to rest.
God broke our hearts to prove
he only takes the BEST.
Wherever a beautiful soul has been
there is a trail of beautiful
memories remain.*



Sadly missed and always remembered with Love, Leanne, Robbie, Amy and Abbie

NOVENA TO THE SACRED HEART



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer.

MOS

CHRISTMAS MEMORIES



In loving memory of



In loving memory of



In loving memory of

SEAN COUGHLAN JANIE COUGHLAN DECLAN COUGHLAN

*There's a little place within my heart
That is with me everyday,
A place where all my memories
Are safely tucked away.*

*It is the perfect place
At special times for me to go,
For words could not explain
How very much I miss you so.*

*And now that once again
Christmas time has come around,
It's where the sweetest memories
And thought of you are found.*



Always remembered by their loving family.

THE MIRACLE PRAYER



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer.

MOM

THE MIRACLE PRAYER



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer.

KW

THE MIRACLE PRAYER



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer. **SB**

NOVENA TO OUR LADY OF MOUNT CARMEL



O Most Beautiful Flower of Mt. Carmel, Fruitful Vine, Splendour of Heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist us in our necessity. O Star of the Sea, help us and show us the way. Mary conceived without sin, pray for us who turn to you. Holy Spirit, you who solve all problems, light all roads, so that we can attain our goal. You who gave us the diving gift to forgive and forget all evil against us, and who are with us in all instances in our lives, thank you for all things, as you confirm once again that we are never to be separated from you in eternal glory. Amen **KW**

15TH ANNIVERSARY



In loving memory of

JACK LEHANE

Kilnamartyra, Macroom,
Who passed away on the 1st
December 2008

*Time and years slip quietly by.
But love and memories never die.
In our hearts you will always stay,
Loved and remembered every day.*



Forever in our hearts,
Martin and all the Lehane Family

11TH ANNIVERSARY



In loving memory of

**MEGAN
MALONE**

Candroma, Kilnamartyra, Macroom,
Co. Cork.
18/12/12

*"Missing you Megan every minute of
everyday always.
Time keeps passing but the pain of losing
you lingers on, our sweet, brave princess!"*



Love from
Dad, Mom, Chloe, Dylan, Tristan, Robyn,
Nanny Connell & Granda, Nanna Kay &
Granda Mike.

Ar dheis De go raibh a hAnam!

11TH ANNIVERSARY



Remembering with love our
precious son and brother

**SHANE
MURPHY**

Clondrohid, Macroom
Whose Anniversary occurs on
December 10th.

*Sad are the hearts that loved you
Silent are the tears that fall
Living life without you Shane is the
hardest part of all.*



Loved and sadly missed always
your loving family

Anniversary Mass on Saturday 9th
December, 2023 in Clondrohid Church
at 11am.

7TH ANNIVERSARY



Remembering

**MARTIN
MC MANUS**

Masseytown and late of Sligo and
Ballina Co Mayo
Who passed away 14th Dec 2016

*All we have are memories
And a silent prayer
at your graveside.*



Always remembered
by Helen & Family

8TH ANNIVERSARY



In loving Memory of

**NORA
HERLIHY**

Gortnalicka, Clondrohid, Macroom
who passed away on
6th December 2015

*We miss your smile, your joking ways,
We miss the things, you used to say,
And when old times we do recall,
It's then we miss you most of all.*



Always remembered and loved by
Timothy, Matthew,
Nora Theresa, P.J., Margaret,
Miriam and extended families

4TH ANNIVERSARY



In loving memory of

**SHEILA
O' CONNOR**

Belmont Place, Crookstown.
Who died on 14th Dec 2019

*Though your smile is gone forever
And your hand we cannot touch
We have so many memories of you
That we loved so much*

*Your memory is our keepsake
with which we'll never part
God has you in his keeping
We have you in our hearts.*



Love and miss you always
Lisa, Noel, Ryan, Jayden and Dylan xx

4TH ANNIVERSARY



In loving memory of

**SHEILA
O' CONNOR**

Belmont Place, Crookstown.
Who died on 14th Dec 2019

*A little tribute true and tender
Just to show that we remember
Time may pass and fade away
But memories of you will always stay.*



Always remembered by your brothers
Martin, Noel and Finbarr.

4TH ANNIVERSARY



In loving memory of

**SHEILA
O' CONNOR**

Belmont Place, Crookstown.
Who died on 14th Dec 2019

*Close to our hearts, Sheila
You will always stay.
Loved and remembered every day.*



Sadly missed by
Auntie Kitty & Uncle Pat.

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