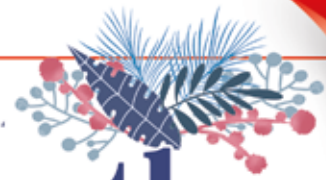


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The Final stage of the Macroom/Ballyvourney Bypass was officially opened by Taoiseach, Leo Varadkar TD and Mayor of the County, Cllr. Frank O'Flynn. Included are Cllr. Frank O'Flynn, Aindrias Moynihan TD, Michael Creed TD, Cllr. Michael Creed, Taoiseach, Leo Varadkar TD, Cllr. Eileen Lynch, Cllr. Ted Lucey. Photo on the right: Fr Sean McCarthy and Canon Denis McCarthy. Pic Peter Scanlan

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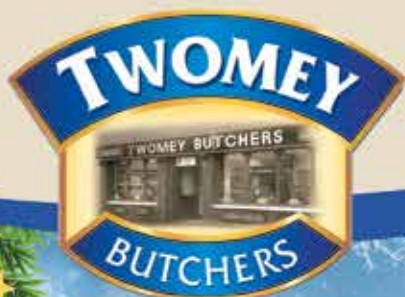
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If you cannot access physical copies, the LVO can be viewed online at:
<https://www.outlookmags.com/archives/lee-valley-outlook/>

We are a bi-weekly magazine; therefore, submissions must be on the Sunday before publication at the latest, if you want a piece included in the following week's edition. Due to print processes, late submissions

will be published in the following edition. As always submissions as Gaeilge are always welcome too!

We love hearing local stories, opinions and events - current or historical, if you would like to submit an article as bearla nó as gaeilge, please feel free to email us here on leevalleyoutlook@macroom.ie, we would love to hear from you.

Go raibh maith agaibh, Peter & Gráinne

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Christmas in Macroom 2023

The Lee Valley Enterprise Board have once again planned to make Christmas in Macroom a wonderful experience.

This year Lee Valley Enterprise as part of their Shop Local Campaign have launched a new **Macroom Shopping Voucher** this is a perfect gift for Christmas, Birthdays, Weddings, Confirmation, Communion and also ideal for businesses and employers who want to reward their staff or customers this Christmas, so please consider this option and support local.

The voucher is in E25 denominations, and will be available from outlets in the town centre, such as Vaughans Café & McSweeney's middle square or by contacting lventerpriseboard@macroom.ie

For full details on the Macroom Shopping Voucher please visit www.macroom.ie

The two **Annual Christmas Free Draws** with E1,000 in Macroom Shopping Vouchers to be won will take place on the 8th and 22nd of December 2023. Free entry tickets available from the Lee Valley Board members businesses, so please

support them and receive your free entry.

The **Annual Christmas Market** will be held in Macroom on Friday 1st Dec 2023 from 6pm to 8pm. Featuring arts, crafts, food, kids entertainment and carousel. The 2023 Flower of Macroom Aoife Coleman and Cllr Ted Lucey will do the formal switching on of our magnificent **Macroom Christmas Lights at 7pm**. Johnathan Casey will have music in the Square from 6pm - 8pm. So come along and have an enjoyable evening in town.

A big thank you to Macroom Municipal District Cork County Council for their support again this year and also for organising their Special Christmas Markets on Tuesday 12th December in the square.

Remember there's **two hours free parking** in Macroom Town for December. This along with the piped Christmas music throughout the town centre, all making for a very enjoyable experience to shop local, and a great place to meet up friends and family in one of the restaurants or lovely

coffee shops.

On Sunday 10th Dec at 7pm in St. Coleman's Church Macroom the Lee Valley Enterprise Board are hosting a night for all the Choirs in the area to join us in **"Raising our Voices for Victims of War"**. This already promises to be a unique event with 10 local choirs signed up, and more yet to join. *If your choir would like to part take please contact Ann at 087 2755080 or email lventerpriseboard@macroom.ie*

Admission is free, there will be a donation box will be at the event, with all funds raised going to charities that support the victims of the terrible wars in the world this Christmas.

Message from the LVEB again this Christmas is to please "Do Business in Macroom to keep Macroom in Business."

NATIONAL BRAVERY AWARDS

On Friday 10th November, Marc O'Connor, from Mountcollins Co.Limerick, son of Vincent & Mary (née O'Donovan, Clondrohid) received a Certificate of Bravery at the National Bravery Awards. This award was presented at Farnleigh House in the Phoenix Park by Ceann Comhairle, Seán Ó Fearghail TD to individuals from across Ireland who risked their own lives to aid others in peril. Marc was awarded this Certificate for his outstanding bravery and courage for aiding in the rescue of his mother and sister who were trapped in an overturned car at Keelnahulla Cross, in County Cork. Marc was 9 years old at the time and he was a passenger in his mother's car

when it hit black ice and left the road.

He climbed out a broken window with his mother's phone, called the emergency services and went to the road to flag down a passing vehicle to help his mother and sister who were trapped in the car. His actions were truly extraordinary for a 9 year old.

Marc O'Connor from Mountcollins Co.Limerick who was recently awarded a National Bravery Award at a ceremony in Farnleigh House. Marc is pictured with his grandparents Denis & Noreen O'Donovan, Clondrohid



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Leaders from our units attending the Regional Conference.

MACROOM GIRL GUIDES

McEgan Senior Branch are heading to Roverway in Norway in Summer 2024

Roverway is one of the most popular guide and scout events in Europe with approximately 5000 participants and has previously been held in Finland, Iceland, Italy, Portugal, France, and the Netherlands. Roverway 2024 will take place in Norway. The jamboree is divided into two parts. From 22nd July 2024, the participants will gather in smaller groups and get the opportunity to explore a self-chosen path. The paths will run throughout Southern Norway and end in a joint jamboree at Lundsneset, Stavanger. A closing ceremony on 1st August 2024 will mark the end of the 11 days of Norwegian adventure, and on August 2nd everyone will travel home with memories that will last them a lifetime! Six members of McEgan Senior Branch attended the Roverway Selection weekend in Leigh-Dale cottage recently. The following is an account of the weekend written by one of our Senior Branch,

Dara. "The weekend involved a 7km hike into Ballincollig and choosing the types of activities we would like to do at Roverway. We learned a lot about the pathways available and important information about how Roverway works and how we can prepare for the event. Altogether the weekend was very informative, and it was great to meet other members of the contingent. We are delighted to say that all applicants from McEgan Senior Branch got accepted to Roverway 2024 after the weekend."

IGG Regional Conference

The Regional Conference was held on Saturday 11 Nov 2023, where our leaders attended programme training and discussion sessions. At the conference various awards were presented and we were very proud of our leaders and senior branch members who received various awards and certificates. Amy McCullagh of McEgan Senior Branch received her bronze Gaisce award, Orna



McEgan Senior Branch receiving their awards

Sexton received her Senior Campcraft certificate, Dara Russell, and Rachel O' Shea received their Junior Campcraft and Elizabeth Murphy received her Indoor License.

Macroom Girl Guides celebrate Science Week

Ardilaun Ladybirds, Brownies and Guides celebrated Science Week with exciting experiments and fun science themed games. We are very lucky in Macroom Girl Guides that we have leaders in all units who work in different areas of STEM, so lots of fun was had. Ardilaun Ladybirds made balloon powered cars and Ardilaun Guides extracted DNA from strawberries. Ardilaun Brownies made oobleck, used static electricity and balloons to race aluminium cans and did some more fun science-based activities.

For further information on Guiding in Macroom please contact macroomguides@gmail.com

MACROOM TROUT ANGLERS

HONOUR THEIR SUCCESSFUL INTERNATIONAL YOUTHS

Macroom Trout Anglers' Club has had another very successful year – this time it's their youths who are to the fore. Youth members were successfully locally, nationally and internationally.

The club has enjoyed wonderful success over the past forty years and the youths are embellishing that tradition. Éanna O'Leary (captain), Cormac McSweeney and Darren Sweeney had their achievements acknowledged and celebrated in a lovely function in the Castle Hotel, Macroom, on 10 November, 2023.

In a wonderful achievement, Éanna, Cormac and Darren successfully represented Ireland in the 2023 Four Nations Youths' Fly Fishing Internationals, held in Wales, and repeated their

2022 success. In addition, Michael McCarthy, team manager was assisted by Macroom Club members Tom Sweeney, Darren's father, and Dan Murphy who were the coaches. So there was a very strong Macroom representation and influence on the triumph. All can be justly proud, especially the young anglers.

Éanna had a further international achievement. He was a member of the Irish team that competed in the World Youth Internationals in Bosnia this year and was the highest placed Irish competitor. Don O'Leary, his father, managed the team. Though the boys will be overage next year, Macroom will again be represented on the Irish team, this time by Daisy Moynihan-Murphy, Dan's daughter.

Club President Michael Murphy presented

commemorative plaques to the anglers, managers and coaches. Councillor Ted Lucey was the invited guest and he had assisted in preparations for both trips. Many other family and club members attended to support the young anglers.

Anthony Kelleher chaired the proceedings and Denis Cronin ensured that the occasion ran smoothly.

Congratulations to the internationals and their success and to Macroom Trout Angling Club. These latest triumphs confirm that it must be one of among the best small clubs of any sport in Ireland. Bravo and 'Three Cheers'.

By Con Kelleher.



Macroom Trout Anglers Honour their Successful International Youths.



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Our last monthly meeting of the year took place on the 7th of November in the Hub. Topics discussed included Santa's Grotto, Treasurers Report and a meeting with Alzheimer's Ireland.

Our next monthly meeting will take place in February. In the meantime, members will be heavily involved in the erection of the Christmas Lights throughout the town.

The book of photos produced by Seán and Máire Mac Suibhne, 'Muskerry through the MacSuibhne lens' will be going on sale again shortly in selected outlets throughout the Lee Valley, it will be €15 a book and it would make an ideal Christmas present. Proceed from book sales will go towards the erection of a Famine Memorial on the riverside in Masseytown and work is in progress on this project.

November is the best time to plant bare root fruit trees. The time to plant and buy them is from November to March. As well as helping preserve some of our rare heritage fruit tree varieties, a small orchard can be valuable for biodiversity. They are made up of several habitats, including woodland, hedgerow and meadow. Over time these habitats can be home to a range of biodiversity, including bees, butterflies, birds, bats, beetles and fungi. Windfallen fruit is also a source of food in autumn and winter for a range of wildlife. Species Rich grassland beneath the trees can be a haven for pollinators and biodiversity especially if they contain wildflowers. Make sure to include a native crab apple in your orchard if possible. Pollinators like wild bees and moths have a vital pollination role in orchards, with almost all fruit resulting from pollination



Transition Year Students from Bishop McEgan after Weeding and Preparing Flower Bed for Planting

through either bee or other insect. In turn, fruit trees provide nectar and pollen essential for the survival of these important insects. Sensory gardens are spaces that offer opportunities to connect with nature through the five senses. The five senses can be linked into biodiversity in a sensory garden through the following: 1) Smell pollen and nectar rich herbs like Lavender and Thyme. 2) Taste delicious homegrown fruit and vegetables like apples and tomatoes. 3) Look at colourful pollinator friendly flowers in recycled containers. 4) Feel grass beneath your toes, mow grass every 6 weeks to let clover grow. 5) Hear the sound of bees and birds in native trees and hedgerows.

The men shed are selling bags of kindling now. They are made from old pallets, two bags for a fiver. They are open Tuesday, Wednesday and Friday from 2-4pm and are based in Masseytown. Would like to say a big well done to Transition Years in Bishop McEgan who were busy weeding and preparing flowerbeds for planting. Keep up the brilliant work.

The tidy towns volunteers have had a busy few weeks with scarifying wild flower area for seeding in Colmans Park, emptying all of the 65 large hanging baskets, removing old flowers and



Tidy Towns Secretary Lisa Presenting Evelyn with a copy of the Relaunch book of photos produced by Seán and Máire Mac Suibhne, 'Muskerry through the MacSuibhne lens'

compost and barrowing it for reuse, Litter picking around town and Chapel Hill and planting new seeds and bulbs and planning future work. As the year is ending, if you would like to start the new year on a good note, why not join us in the Tidy Towns. Work is varied and interesting and we meet every Saturday morning in the Hub in Masseytown from 9-11am. If interested in helping, please call 087-1434770.

Macroom Library

Open Hours: 9.30 am – 5.30 pm from Tuesday – Saturday. Closed on Monday and Sunday. Also closed on the Saturday of Bank Holiday weekends. Phone: 026 42483

Email: macroom.library@corkcoco.ie

Upcoming Events at Macroom Library – All are free to attend.

Composting Workshop with Donal from Wastedown in Macroom Library Thursday 23rd November at 11.30am. This will be an interesting and practical event on how to compost. It is free and all welcome, please come along.

Story Time at the library on Saturdays at 11.30am – for tots and young readers. Read your favourite picture books and pick some to take home too.

'Connect with Nature' presented by Cork Environmental Forum at Macroom Library on Wednesday 29th November at 1.00pm. Free event and all are welcome.

Ciorcal Cainte is on Thursday 30th November at 11.30am. Irish language conversation group in a relaxed setting. Refreshments served.

Macroom Creative Writing Group will meet on Friday 1st December at 11am. New members are

welcome if you are interested come along to meet up. Refreshments served.

Adult Book club meeting on Wednesday 6th December at 11.30am. Refreshments served.

Macroom Purlies Knitting Group meet Thursday 7th December at 11.30am for knitting/crochet, chat and refreshments. Pop in to say hello if you are interested.

Macroom Music Morning on Friday 8th December, 11am. This is the festive season so be sure to join us at the library for the last Music Morning of 2023. Seasonal refreshments served.

The Little Library at Bedtime are still available. The initiative is a pilot programme: Aimed at children aged 0-4 years of age. Each child will receive story book(s), a library card wallet. Enquire at Macroom Library and be sure to ask about joining the library. 026/42483.

Art Exhibition Space Just to remind any anyone who is interested in displaying pictures/art that there is free exhibition space in the library. Exhibitions usually are booked by the month. Enquire at the desk or phone if interested.



Image top: Caitriona De hide one of the recent Halloween Colouring Competition winners at Macroom Library. Image Right: Aisling Ring, a winner of our Bike Week Coloring Competition earlier in the year.

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MCEGAN COLLEGE



Pupils from Coppeen & Dromleigh Primary Schools who spent a morning in McEgan College for science and engineering workshops. In the background are 2nd year students from McEgan who worked with them for the morning.



Josh Mullen, past student of McEgan College, who qualified with a first-class honour's degree from MIC Thurles in Bachelor of Arts in Education, Business Studies, and Accounting.

Report from the Inspectorate of Schools:

Following the recent Whole Science Evaluation in Managing, Leading and Learning by the Department of Education, the Inspectorate returned to McEgan College on Thursday Nov 9th to deliver the report on their findings. Over the course of five days in October the inspectors met with BOM, senior management, core teaching & learning teams, support teams, DEIS teams, representative from parents' association and student body as well as observing 24 lessons. Outcomes from the evaluation are graded as very good, good, satisfactory, fair or poor. We are delighted to say McEgan College received very good in all categories.

Full STEAM ahead for McEgan College:

On Thursday 9th November 42 pupils from both 5th & 6th classes and their teachers Ms. Gleeson, Ms. O Callaghan and Mr. O'Laighin from Dromleigh and Coppeen primary schools. The pupils enjoyed experiences in both Engineering & Science for the morning. This workshop supports the ongoing

Maths Collaboration between McEgan College and local primary schools. In science, 2nd years students from McEgan taught the primary pupils how to do some simple science experiments, highlighting the science behind each one, these included chromatography, chemical reactions, fingerprint reading (forensic science). In the Engineering room, the students, working in pairs, made a race car. They finished with their own personal key tag that was made on the laser cutter.

Coffee Morning: Monthly Parent/Guardian Coffee Mornings at McEgan College. Come say hello and enjoy a cup of tea or coffee at McEgan College at our monthly coffee mornings. It is a great opportunity to meet the school community and familiarise yourselves with some of your child's teachers. It is a very relaxed affair, and we often get to sample delicious home baking! Our next Coffee Morning is on Wednesday 29th November at 9.30 am in conjunction with Languages Week in school.

Past Student News: Congratulations! Well done to Josh Mullen, past student of McEgan College,

who qualified with a first-class honour's degree from MIC Thurles in Bachelor of Arts in Education, Business Studies, and Accounting. Josh is currently employed as a teacher of Business and Accounting in Carrignafoy Community College Cobh.

TY News: 32 TY students were involved film making workshops led by Max Le Cain and Katherine Hol. This option is a part of the Cork Young Film Makers which is part funded by Cork County Council. The students will produce two films which will then be screened in March 2024 at Youghal First Cuts Youth Film Festival. We cannot wait to see their work on the big screen.

Standup Awareness Week: The theme for standup awareness week this year is allyship! Everyone has a role to play in Stand Up Awareness Week, not just LGBTQ+ young people, and we celebrate the allies who are an invaluable part of creating spaces where LGBTQ+ people are safe and supported to be themselves.



Cantering ahead. McEgan Equestrian Team, Amy Cronin, Katie O'Connell (on her pony) Katie Cronin & Hanna O'Connell.



McEgan 6th Year Students in Killarney National Park with Teacher Ms. Claire Shannon on an Ecology Field Trip, part of the Leaving Cert Biology Course.

Ballinagree Vintage Tractor and Car Run

Ballinagree Vintage Tractor and Car Run Sunday the 3rd of December. Registration from 11am. Leaving Ballinagree Village at 12.30pm. €20 per Vehicle. Some great prizes in the raffle. The proceeds will go towards Scoil Éanna in Montenotte. Scoil Éanna is a special school for children with intellectual disabilities. Our local boy Callum O' Brien attends this school. They are currently struggling to fundraise for a school bus for Callum and his friends in the school hopefully we can get them over the line to get this. Info on Tractors call Billy 087 6757447. For cars Johnny 086 1931773



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- Saturday Dec 16th - 11am-8pm
- Sunday Dec 17th - 10am-8pm
- Tuesday Dec 19th - 4.30-9pm
- Wednesday Dec 20th - 4.30pm-9pm
- Thursday Dec 21st - 4.30pm-9pm
- Friday Dec 22nd - 2-9pm
- Saturday Dec 23rd - 10am-6pm

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ST MARY'S NEWS



Mrs Sheehy's 2nd year religion class with their Shoe Boxes for the Christmas Shoe Box Appeal



St Mary's very hard working Green Schools Committee

TY SHOW – DERRY GIRLS EXPERIENCE

Our annual TY show will take place on the 29th and 30th on November at 7pm in Kilmurray Parish Hall in Crookstown. Tickets for this year's TY Show, 'Derry Girls Experience' are available now on Eventbrite! Tickets will also be available in our school reception. Tickets are limited so don't miss out!

Wellbeing "Thursday Trekking" Club

Our Thursday Trekking Club started last week. Students are invited to go on a walk for their wellbeing during lunchtime on Thursdays. Huge numbers took part in this activity last Thursday and really enjoyed their walk with Ms Martin, Mr Galvin and Ms Barrett.

Science Week 2023

We celebrated Science Week in school last week. Various fun activities and challenges were organised. Challenges included - building the highest tower to balance a large marshmallow out of spaghetti, small marshmallows and masking tape. Plenty of fun and planning went into all the towers built so well done to all who took part! Runners up in this activity were Gabby Wozniak, Alina Paliwoda and Inka Nacsá and winners were Sarah Neville, Katelyn Cronin, Doireann Lucey and Aoife Doyle with their 49cm tower! Another highlight during science week was Quingo! This is a mashup of a quiz and bingo where it's a combination of knowing your science and choosing the right numbers to get bingo! It was a heated race between the 10 teams that took part and, in the end, all teams were on 4 in a row waiting for their lucky 5th number to be called. Quingo was called and the answers were checked. Winners of this challenge were: Anna Konrad, Róise O' Connor, Ellie Deasy and Hannah Griffin! Well done girls! Thanks so much to our

Science Teachers for arranging all of the fun science activities for our students to enjoy during Science Week.

The St Mary's Chronicle

We are delighted to have launched our first edition of The St Mary's Chronicle. Our fantastic TY Journalist Club are very excited to report on local affairs and school news. They hope to bring you all the latest news from our lively school community. Congratulations to the team members: Ella Healy, Claire Dromey, Maeve Twohig, Eugenie Kelleher, Ella Dromey, Tara Lane, Ellie Jane Walsh and Aisling Twomey. We hope you enjoy their publications which will be shared on our School Website and Social Media Platforms.

BT Young Scientist 2024!

Our Science Department received some very exciting news recently. 11 projects from St Mary's have been accepted into the BT Young Scientist and Technology Exhibition that will be held in the RDS in Dublin from January 10th -13th 2024!! This is an amazing achievement for our small school with 11 projects representing St Mary's out of the 550 in total. Our 25 girls selected to participate will no doubt be very busy over the coming weeks. Thanks so much to Ms Butler, Ms Foley and Ms Barrett for working so hard with the girls to prepare their projects for this competition. Congratulations!

POPE JOHN PAUL II AWARDS

This Award has been created to commemorate the late Pope John Paul II who had a profound belief in young people. He recognised that young people are very much part of today's Church, a Church that needs their great generosity of spirit and their idealism. Congratulations to Fifth years students Annah Devine, Rachel Brosnahan, Cliona Burgoyne, Lucy Duggan, Niamh Foley, Ellen

Kelleher, Lucy Murray, Nina O Donovan, Saoirse O Leary, Emma Lee and Lauren O Sullivan who received their Pope John Paul II Certs and medals from Bishop Crean recently in Mallow. Well done girls and thanks to Mrs O'Donovan for supporting the girls throughout this project last year.

GREEN SCHOOLS

Now that our school year is back in full swing, so too is our green schools committee! Having achieved our Water Flag last year, we are now starting our two-year journey to attaining the Travel Flag. Already this year we set up a table at our Open Evening, attended an opening seminar and on Wednesday the 4th October we ran a Be Safe Be Seen Day. We have also recruited two new first year members for our committee. These are Aoife Lucey and Áine O' Leary. A huge congratulations to these girls and all others who applied, and we look forward to working with them throughout the coming years. On the 14th of November, 6 of our green schools committee members attended a #andshecycles training session in the Strand Hotel, Limerick City. In September of this academic year, all of our committee applied for the #andshecycles campaign. This is a campaign that promotes gender equality and cycling in Irish schools and communities. Chloe Lehane, Rachel Twomey, Daimhín McKenna, Ellen Murray and Ellen O'Donoghue, along with Ms.Gray, attended the meeting in Limerick. They were given advice on how to use different advertising methods, how to make your goals SMART, and tackled different problems that the committee might have when trying to achieve the Travel Flag. They want to thank everyone at #andshecycles and look forward to working with them over the course of this academic year.

'Derry Girls Experience'

Derry Girls Experience is a show based on the programme 'Derry Girls' created by Lisa McGee.

Set in the 1990's during the height of the Troubles in Northern Ireland, 'Derry Girls' uses comedy tinged with pathos to illustrate the lives of five teenage characters as they navigate everyday life. Our show also features the music from the Cranberries, one of the most successful Irish bands of the 1990's. This Derry Girls experience is devised and directed by Angela Doherty with musical direction by Ms Clodagh Dineen.

We would like to acknowledge everyone who has worked with us behind the scenes to make this show possible. Thank you to our writer, director

and producer Angela Doherty who has worked tirelessly with all of us in order to bring this show to life. We would like to thank our music teacher Ms. Dineen for her talented musical direction and who has given up much of her time rehearsing with us. Thanks also to our Transition Year Coordinator, Mr. O'Cuill who has worked with Angela to organise our rehearsals, and to our caretaker Timmy Coleman who provided set design materials for the backdrops. We would also like to thank Ms. Watkins, our Art teacher who kindly allowed us to use her classroom and helped us design the set. And finally our talented cast, production team and stage managers for putting in all their hard work.

This really will be the highlight of our Transition Year.

We hope to see you all in Kilmurry Parish Hall, Crookstown (P12 X295) on the 29th and 30th of November at 7pm. Tickets are on sale from Our School's Reception and also available on Eventbrite.ie. Tickets cost €10 for Students & OAPs and €12 for Adults. We also have a family ticket available for €35 (2 Adults and 2 Children). Enjoy the show!

Written by St Mary's TY Students Ellie Buckley and Sinead O'Connell

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MACROOM GUIDE DOGS

Local Communities come out in support of an evening of Flora & Song in aid of The Irish Guide Dogs.

The evening was hosted by Macroom & District Lions Club in aid of the Macroom Branch of the Irish Guide Dogs for the Blind and began with a meet & greet by Shane Casey, a.k.a Billy Murphy from the Young Offenders.

Shane not only opened the wonderful event of singing and flower arranging, but also spent time meeting locals and thanking the local sponsors. He applauded the wonderful work of the Guide Dogs and the Lions Club, his joy in becoming an ambassador for the charity and supporting events like this.

The "Local Vocals" entertained all with an inspiring and uplifting rendition of some of the classics under the direction of Martina Ring. (the Local Vocals will be performing at local events soon).

The second part of the evening was a display of colour and creativity, with Maureen & Deirdre from Betsys' Flowers, who provided a masterclass in flower-arranging with active participation from the MC for the event Declan Sheehan, from the Macroom & District Lions Club. The final magnificent displays from Betsy's were gifted to members of the audience as well as numerous spot prizes.

It was truly a great night of celebration as emphasised by Lions President Declan Sheehan. Declan spoke of the importance of community helping community, this was acknowledged by Colum Cronin, Chairman of the Macroom



Presentation of cheque for €4564 to the Guide Dogs for the Blind from a fundraiser held at Castle hotel Macroom

Branch of Irish Guide Dogs, who spoke of the wonderful partnership with the Macroom & District Lions Club in organising this event, which was so well supported by the local community. He highlighted the impact of the work of the Guide Dogs on the lives of ordinary people, like Tom and his guide dog Jira who attended the event. The money raised at this event will go directly to fund the training of other guide dogs like Jira who act as a mobility aid for the blind or visually

impaired supporting them with greater freedom to enjoy getting out and about, both for work and socialising.

The official counting of the monies raised will take place next Wednesday, so there is still time to donate if you missed your chance to do so. Donations can be made to any member of the Macroom Guide Dogs or Macroom Lions Club over the next few days or by calling 087 4370466



An Evening of Flora + Song; 1st fundraiser by Macroom Irish Guide Dogs for the Blind assisted by The Macroom + District Lions Group at The Castle Hotel Macroom with special guest Shane Casey aka Billy Murphy from Young Offenders



Cennie Cronin Photography



Macroom and District Lions Club

Macroom and District Lions club are very excited to relaunch their collection of used spectacles campaign.

Lions Club International have sponsored a worldwide collection and distribution of used spectacles to third world countries since 1978. Macroom and District Lions Club have run this collection previously but not in a few years.

Speaking at the launch, Macroom and District Lions Club president Declan Sheehan said "We have decided to relaunch this campaign so

that the people of the Macroom area can donate their used or broken glasses. All types of glasses are accepted from broken glasses, sunglasses to prescription glasses, both adult and child types. The lenses are the most important part, with intact frames being a bonus. There are drawers in most houses with glasses that will never be used again by people in the house, so this is an ideal way to recycle them for further use. We are extremely grateful to the outlets that have come on board to help us."

The collection boxes are in a number of areas in Macroom, Matt Murphy Pharmacy, The Haven Pharmacy, Railway View Pharmacy, and Macroom Opticians. Also Transition Year students in all 3 secondary schools in Macroom town have come on board to help. Further outlets will be announced in the new year.

You can contact The Macroom & District Lions Club by phone on 087 4370466 for further details. Declan Sheehan, President, Macroom & District Lions Club.

MACROOM SENIOR CITIZENS ACTIVE RETIRED

On this Thursday November 23rd and Friday November 24th we have organised A Donate your Scrap Metal, Batteries and Cars - Drop off point Macroom Mart from 11am to 3.00pm each day. Our 2024 Calendar

of events around Macroom and the Lee Valley will be on sale in Local Shops from this weekend on and the cost is €10.

On Wednesday December 10th our Annual Christmas Tea Party will take place in Fr Ryan Hall

at 8.00pm tickets are €10 enquiries to Evelyn Mc Sweeney 026/41070. All

Funds raised from these events go straight into the running of our services based at Lucey's Lane, Macroom.

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Official Opening of the Macroom/Ballyvourney Bypass



This was the view when the rain stopped, at the official opening of the Macroom/Ballyvourney Bypass. Pic Peter Scanlan



An Taoiseach, Leo Varadkar TD and Clr. Frank O'Flynn Mayor of the County, unveiling a plaque to mark the completion of the Macroom/Ballyvourney Bypass. Pic Peter Scanlan



Chief Executive of Cork County Council Valerie O'Sullivan speaking at the official opening of the Macroom/Ballyvourney Bypass. Pic Peter Scanlan



Peadar Ó Riada agus Cór Chúil Aodha performing at the official opening of the Macroom/Ballyvourney Bypass



An Taoiseach, Leo Varadkar TD, speaking at the official opening of the Macroom/Ballyvourney Bypass. Pic Peter Scanlan

MACROOM FLOWER & GARDEN CLUB

Macroom Flower & Garden Club hosted its Annual Charity Floral Demonstration "A Winter Wonderland" at Coolcower House Thursday November 9th. This event was scheduled a year in advance, Demonstrator Janet Maddock travelled from Bray Co. Wicklow, and is well known in the Irish Association of Floral Artists. She is an AOIFA Teacher, Demonstrator, and also runs a very successful wholesale Floral Business. This was her first visit to Macroom, her inspiration and love of gardening was very evident in her creative work and included well chosen plant material and flowers. The event was supporting Macroom Community Hospital. Chairperson Winifred Lynch welcomed all in attendance. Bernie Buckley Director of Nursing at the hospital

gave a brief summary on the recent (state of the art) extension to the hospital. Admission at the door and raffle tickets was ably handled and ran smoothly. At the interval cameras were in action to capture the theme while Committee Members were busy preparing for Draw and Raffle of Floral exhibits. The finale concluded with President Mary Murray proposing a vote of thanks to Janet Maddock for a most enjoyable evening and much praise was given to Janet for her beautiful exhibits and lively entertainment on stage. The officers wish to thank all who attended and supported this Annual event, to the sponsors of Prizes for our Draw, to visiting Clubs who travelled long distance and to Bernie O Callaghan, staff, parking stewards at Coolcower House for their warm welcome, and



hospitality. The Club will hold its Annual Dinner at The Castle Hotel Friday December 1st at 6.00p.m.



St Marys successful Camogie Team



Science Week Winners; Sarah Neville, Katelyn Cronin, Doireann Lucey and Aoife Doyle St Marys

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NUAcht Ó Choláiste Ghobnatan

COMHGHAIRDEAS

Tréaslaimid le Luke Ó Leighinn agus roinnt iardhaltaí atá mar bhaill de fhoireann Cill na Martra a bhuaigh Craobh an Chontae le deanaí. Anois tá siad i gcluiche leathcheannas na Mumhan – Go n-éirí go geal libh go léir!

Bhí roinnt daltaí ón scoil ag glacadh páirte in Oireachtas na Samhna i gCill Airne. Is éard atá i gceist leis an Oireachtas ná féile ealaíona bhliantúil de chultúr na hÉireann agus tionóladh an chéadfhéile Oireachtais i 1897, i mBaile Átha Cliath. Bíonn roinnt comórtais éagsúla ar siúl; amhránaíocht ar an sean-nós, ceol san áireamh. Bhuaigh na daltaí roinnt duaiseanna – comhghairdeas ó chroí libh!

BRONNADH TEG

Tréaslaimid le daltaí na hIdirbhliana anuraidh a fuair a teastais TEG roimh bhreiseadh meántearma. Bhronn an OPT áitiúil Eibhlín Ní Lionáird na teastais orthu. Buíochas ó chroí le Plean Teanga Mhúscraí a thug urraíocht dúinn an cúrsa TEG a chur ar fáil don dara bliain as a chéile agus le hIníon de Staic & Máistir Ó Catháin (múinteoir faoi oiliúnt) a chabhraigh leis na daltaí a sprioc a bhaint amach. Maith sibh!

DÍOSPÓIREACHT UÍ CHADHAIN

le Niamh Ní Laocha

Ghlac dhá fhoireann ón scoil páirt i nDíospóireacht Uí Chadhain le deanaí. Bhí babhta ar siúl anseo i gColaiste Ghobnatan agus chuireamar fáilte roimh Scoil Mhuire, Coláiste Choilm agus Gaelcholáiste Chiarraí. Bhí foireann shóisearach (Claire Ní Aodha, Doireann Ní Mhócháin, Aobha Ní Mhuimhneacháin, Niamh Ní Laocha) agus shinsearach (Donagh Ó Mainnín, Charlie Tinsley, Cian Ó Cearnaigh, Sarah Ní Thuama) ag glacadh páirte i mbliana. Beidh an fhoireann shóisearach ag dul ar aghaidh go dtí an chéad bhabhta eile. Táimid ag déanamh ár ndícheall faoi láthair agus ullmhú don chéad bhabhta eile atá ag teacht suas ar an 27ú lá de mhí na Samhna. Míle buíochas as an gcabhair go léir atá á fáil againn ó Iníon Ní Bhriain.

SEACHTAIN EOLAÍOCHTA

Mar chuid de sheachtain eolaíochta tháinig an Biobus – seo tionsnaimh déanta ag BiOrbic agus SFI. Bhí siad ag roinnt eolais leis na daltaí faoin mbithgheilleagar agus ag léiriú an méid atáimid ag bráth ar amhola. Ciallaíonn bithgheilleagar ná soláthar a bhfuil de dhíth ar an tsochaí (ár ngeilleagar) ó phlandaí, ainmhithe agus miocróib in-athnuaite (foinsí bitheolaíochta).

Ghlac Iseult Ní Riordáin, Máire Ní Luasa agus Alohi Feachem páirt i dTráth na gCeist Eolaíochta i gColaiste na hOllscoile Corcaigh mar chuid de



Daltaí ar turas eolaíochta chuig Caisleán Bhiorra

Sheachtain na hEolaíochta. D'éagraigh ISTA an Tráth na gCeist seo. Míle buíochas leis an tuismitheoir a thaistil leo agus le hIníon Ní Riordáin freisin.

An Aoine seo caite ghlac daltaí bhliain a haon páirt i dTráth na gCeist sa scoil. Bhí a lán spraoi agus craic acu. Na buaiteoirí ná Jack Ó Cathaláin, Aoife Ní Loingsigh, Ryan MacCarthaigh, Rian Mac Mathúna, Cal Ó Conaill, Almha Ní Aodha, Aisling Ní Chéilleachair, Molly Ní Loingsigh, Aaron Ó Cathaláin, Ellen Ní Liatháin agus Kimberly Ní Dálaigh.

TURAS CHUIG CAISLEÁN BHIORRA

le Roisín Ní Thuama agus Caelan Ó Carra

Ar an 6ú lá de mhí na Samhna, chuaigh an Idirbhliain agus daltaí fisice bliain 5&6 go dtí Caisleán Biorra in Uíbh Fháilí. Chuaigh suas ar bhús an mhaidin sin ag 7.30rn thóg sé timpeall 3 uair an chloig chun dul ann. Shroicheamar an áit timpeall 11 a chloig. Ar dtús chuaigh go dtí an teiléascóip. B'é an teiléascóip is mó in Éirinn le 70 bliain anuas ag seasamh ag 52 troithe ar fhad le trastomhas 6 troithe. Chuaigh bliain a 6 ar turas treoraithe timpeall na hiarsmalainne agus na gairdíní agus chuaigh muintir Bhliain a 4 agus 5 ar turas timpeall na ngairdíní, ag feachaint ar an gcaisleán agus ar an iarsmalann le hIníon Ní Riordáin agus Máistir O hAireachtáin. Ba turas an-suimiúil agus spraoiúil a bhí ann. Míle buíochas le Maistir Ó hAireachtáin as an turas a eagrú dúinn agus míle buíochas le Iníon Ní Riordáin agus Maistir Ó hAireachtáin a thaistéal linn

CISPHEIL NA GCAILÍNÍ

D'imir an fhoireann cispheile fé 19 in aghaidh Meánscoil na Toirbhirte, Baile Féitheán sa chluiche ceathrú ceannais le deanaí. Faraor, ní raibh an bua

acu ar an lá ach bhaineadar an-sult as a bheith ar an bhfoireann agus as na cluichí ar fad a imirt i mbliana. Ba mhaith linn ár mbuíochas a ghabháil le hIníon Ní Chonchúir agus Iníon Ní Bhriain a bhí mar thraenáilithe ar an bhfoireann.

BYSTANDER

Táimid, Muintir na hIdirbhliana díreach tar éis traenáil a fháil ar cúrsa Bystander. Tá 'Bystander' bainteach le Coláiste na hOllscoile i gCorcaigh. Bhí ceardlanna éagsúla á ndéanamh ar thopaicí difriúla. I measc na dtopaicí tá cead, caidrimh sláintiúla, noirm sóisialta, ciapadh gnéasach, ciapadh ar líne agus mí-úsáid grianghraif. Míle buíochas leis na múinteoirí ar fad a bhí bainteach leis.

MOVEMBER

Tá Máistir Ó hAireachtáin, Máistir Ó Laoire agus Máistir Ó Pluincéid-Breathnach ag glacadh páirte i Movember arís i mbliana. Tá sé seo chun aird a tharraingt ar shláinte na bhfear agus taighde a dhéanamh ar an ailse.

FOCLÓIR

ardhaltaí – Past-pupils
Anuraidh – last year
Bithgheilleagar – Bio economy
Baile Féitheán – Ballyphehane

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Máire Ní Luasa, Alohi Feachem agus Iseult Ní Riordáin ag glacadh páirte i dTráth na gCeist Eolaíochta



Máistir Ó Laoire agus Máistir Ó hAireachtáin ag glacadh páirte i Movember



All Welcome

OPEN DAYS

Monday 27th, Tuesday 28th & Wednesday 29th November 2023

9.20am to 3.00pm

NO APPOINTMENT NECESSARY.

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CLONDROHID NEWS

MOVEMENT OF CONTINUOUS PRAYER: (For Marriage and Family Life) The next 24 hours of prayer will be on Monday Nov 27 from 12pm until Tuesday Nov 28 at 12pm.

REMEMBRANCE TREE IN CARRIGANIMA: The Remembrance Tree is for our loved ones who have passed away in our community. Ribbons with the name of loved ones will be placed on the tree all over Christmas. For more info contact Martin 087 9843830, or Sheila on 087 7838753

CARRIGANIMA WALKING/RUNNING GROUP: Meeting up every Monday and Thursday nights at 7.30pm. Meeting point Pike Cross Carriganima for a distance of 5km.

TAVERN SINGERS; Continue their sessions fortnightly on Monday nights, the next one is Monday Nov 27 Everyone welcome

LAOCHRA OG SHANE MURPHY MEMORIAL CUP: There will be a Poc Fada in aid of CUH Charity, which provides life saving equipment, on this Sunday Nov 26, in Clondrohid village. Register from 11.30am onwards, no registration after 2pm.

Compete in teams of 2 or 3 . Over 18's €10, under 18's €5

TRATH NA GCHEIST: Congrats to local quiz expert Connie Healy Spar Clondrohid, who competed with his team mates Pat Sheehan, Jerry Doody, and John Tarrant from Millstreet in the All Irl final of Trath na gCheist in Scor Sinsir in the Inec Killarney last Saturday night. Well done everybody. Enjoy

CLONDROHID PARISH ACTIVE RETIRED: This Group have a full programme in the weeks ahead. They attended the Saoi Conference, with over 200 participants, in Newmarket last week and had a very enjoyable day, with ideas on gardening, your entitlements, safety, exercise and much more on the agenda. Beautiful food, and a spin on the Garda Bus with Orla Doyle, for which they are extremely grateful.



U7, and u9 Clondrohid players, receiving their certificates and medals for the end of year from Amy and Lydia McDonagh and Owen McCarthy. These three players have played for Cork this year, so a great honour for Clondrohid Club to have them for this presentation

Their Christmas dinner will be on Monday night Dec 4 in Mai Fit's. all members welcome.

Cards, yoga, demonstrations etc are all part of their programme.

CLONDROHID DEV GROUP: Despite the atrocious wet conditions of late, most of the setting of bulbs has been completed, so hopefully plenty colour to look forward to for the Spring. Over the winter months please continue to keep the village clean and tidy and litter free. Thank you.

The annual Christmas party, cancelled over the last few years due to Covid, will go ahead again PG in mid January .A great day out for adults, music, song, dance, and beautiful food. Looking forward to it already.

MACROOM SENIOR CITIZENS: The annual scrap metal and batteries fundraiser takes place on this Thurs Nov 23 from 11am to 3pm. All proceeds to the daily running of Macroom Senior Citizens.

MILLSTREET VINTAGE CLUB: Having run a very successful vintage run on Oct 15, this group came together on Fri night Nov 3 in the pub in Carriganima, when they made a presentation to CART Carriganima of €2,272. This amount will be a great help towards the running costs of this great service CART, the Area Rural Bus service.

Thanks to Millstreet Vintage for their input, to all

those who took part, who donated, and those who helped to run this very successful run.

GAA NEWS: Another very enjoyable year for all involved with the U 7' and U 9's came to an end on Sat Nov 11 when they were all presented with certificates, and medals by Cork players, who are proud Clondrohid/ Carriganima players, Amy and Lydia McDonagh and Owen McCarthy. A big thanks to all, coaches, parents and in particular to all the children, who made every session very enjoyable.

On Sat Nov 18, the 3 local schools from u9 to u 12 took part in a Parish League, calling themselves Cork, Kerry, Dublin, and Donegal. Top 2 qualify for cup final and the other 2 for plate final. Excitement was electric, and great football was played and enjoyed by all.

Thanks to the children, parents for refreshments, Peter Lane for sound system,3 referees Grace and Brian Murphy and Simon McCarthy and to Tim McCarthy for his expertise, and to the coaches. Well done all. Roll on 2024

LOTTO: Results for Nov 15. Jackpot €1,600
€70 Matthew o' Leary Gortnalicka
€20 Mairead Dillon Millstreet, Eileen Coakley West Lodge Bantry, Mary O'Sullivan Carriganima, Gerard Kelleher Moulnahorna

AGHABULLOGUE NS

We had a visit Wednesday November 15th, from players and mentors from the Aghabullogue GAA teams who are celebrating a historic double in the Intermediate Football and Hurling championships and also victory in a recent Junior B football competition. We had a guard of honour from our senior classes.

The players met all of our pupils. We had speeches from the team captain Paul Ring and the manager Robert O'Keefe.

We had a great day with great excitement and were delighted that the players and management took the time to visit us.

The players met all the pupils. There were speeches from the team captain Paul Ring and the manager Robert O'Keefe.



RUSHEEN NS

Get in the Christmas Spirit

Rusheen NS Parents Association are delighted to host their annual Christmas Market fundraiser in Aghinagh GAA Hall, Rusheen on Sunday 3rd December at 11.45am. There will be plenty for all, both young and old, including a cake sale, book stall, Christmas wreaths and tree sales, auction, tea rooms and mulled wine (for the adults of course!). You can also chance your luck in the raffle, kids raffle, the bottle stall and much more. Everybody is welcome and your support is greatly appreciated.

Excited pupils from Rusheen NS





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CARRIGADROHID/CEANN AN MHAÍ NEWS

GO RAIBH MAITH AGAIBH!

Canovee Playground Project hosted fundraiser 'The Chaser' Canovee Playground project in conjunction with Pallas Marketing ran the nationwide show 'The Chaser' as their major fundraiser on November 11th in the Castle hotel Macroom. 'The Chaser' event is based on the popular ITV show. A huge crowd supported this fun filled event,

watching on as six contestants chosen at random from the audience faced our very own, local 'Chasers' Kevin Moynihan, Amy Barry-Murphy and Sean O'Leary and each came away with prize money from €150 to €600 each. We are very excited to say that the fundraising campaign was an overwhelming success. The project received huge support from businesses and families with tickets sales and donations

raising an amazing €65,500 in total, with all money going directly to the playground project. A sincere thank you to all the businesses and families that contributed, without your support we couldn't have got to this stage of the project. We are extremely excited proceed to the next stage and we hope everyone will follow our social media pages, Canovee Playground Project for all updates.



Canovee Community Playground Chaser Fundraiser event

CANOVEE NS

Its been a really exciting few weeks in Canovee NS. We finished the mid term with our whole school assembly and monthly recognition awards, comhghairdeas to all our students. We returned from our mini break, to our dual Sciath na Scol finals in Pairc Uí Chaoimh. We are immensely proud of the 2 squads, buachaillí agus na cailíní for their hard work and commitment during this campaign, training hard even during the mid term. Well done to all the children, a particular congratulations to the boys team who were

successful in their final against Ballyvourney. Thanks to their coaches and families for their time and support. Our Parents Association committee have produced a beautiful calendar for 2024, with a mixture of class photos new and old. Its available from our school office at a price of €10. Our Christmas concert rehearsals are in full swing with Martina Ring and everyone is looking forward to a great nights entertainment on December 14th. In preparation of our Christmas show, the children are invited to sing with Martina in Carrig village

on December 3rd, at the annual Christmas Market and light turning on ceremony, so lots to look forward to in the coming weeks in Canovee NS. Applications for enrolment for the 23/24 school year are now open. Forms can be downloaded from www.canoveens.com or contact the school on 026-48142 or office@canoveens.com Keep up to date with all of our activities by following us on Facebook 'Canovee National School'.



Canovee NS children celebrating their victory in the Sciath na Scol Final



Children from Canovee NS donated 73 shoeboxes to Team Hope on November 13th.



St. Joseph's Primary School in Macroom having Halloween Fun



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COACHFORD UPDATES

Annual Collection For Penny Dinners

Helena Moynihan Merrigan is doing her ANNUAL PENNY DINNERS food collection in Coachford village and all donations are gratefully received. She will be parked opposite Dairygold in Coachford on Saturday November 25th and December 2nd from 10am to 11:30am with her boot open ready to take stock. If you cant make either of these 2 dates, Kathleens Shop in the village will also accept any donations and make up food hampers PLUS Liz in Coachford Post Office will also accept donations, anytime, any day. Thank you or your support.

Coachford Players

Coachford Players are performing their award winning One-Play, 'Watching the Magpies' this Sunday night, November 26th at 8pm in Coachford GAA Hall.

The drama group have just finished a very successful run in the All Ireland One -Act Festival circuit where they played to packed houses in Ballincollig, Banteer, Bangor, Co.Down, Belfast, Cork and Rossmore. The group picked up awards for their wonderful performances and in the way they brought the story of two women, Rose and Dottie whose house is being demolished to make way for a new development.

The two women are played superbly by Grace Donovan and Katie Ní Mhurchú and the Council official is played by Joe Scanlon.

Joining Coachford Players in this 'Night of Drama' will be Gunpowder Productions from Ballincollig who are performing 'Bombshell' . This play is based on the true story of Hollywood actress, Jane Mansfield's visit to Tralee in 1967 and the effect it had on the town and those who lived in it and around it. These are two amazing plays and have received acclaim all over the country over the last few weeks and now is your chance to see them in Coachford. Don't miss it. Curtain up at 8pm and admission is only €10.

DROMLEIGH NS

Students from Dromleigh N.S. were delighted to once again take part in the annual Team Hope Christmas Shoebox Appeal.

Senior students enjoyed a recent STEM outing to McEgan College where they engaged with Science and Engineering activities throughout the morning.

Applications for enrolment are now being taken. Contact 026-46212, office@dromleighns.ie or visit our website www.dromleighns.ie for further details.



Third and Fourth class students from Dromleigh N.S. collected donations from pupils throughout the school for the annual Christmas Shoebox appeal.

KILMURRY NEWS: NINTH BOOK FOR KILMURRY AUTHOR

UCC's Dr. Aodh Quinlivan, who lives in Kilmurry, has published his ninth book. First Citizen, co-written with John Ger O'Riordan, tells the story of Seán French, Cork's longest-serving Lord Mayor. French was a legendary Cork figure in the 1920s and 1930s. He was first elected to Cork Corporation in January 1920, with a mere seventy-three first preference votes. In the tempestuous period that followed, he worked steadily in the Corporation, earning a reputation as a forthright and honest talker at Council meetings. He entered public life at a time of national trauma, but the circumstances also presented opportunities and he did not lack the ambition, or the confidence, to take them. However, his ambition was initially halted by the Anglo-Irish Treaty and the Civil War. His staunch anti-Treaty stance led to his arrest on 12 September 1922 and he was sent to the Newbridge Internment Camp and, later, Mountjoy Prison.

French returned to Cork Corporation thirteen months later, with renewed determination, and he took the Mayoral chair on 30 January 1924,

defeating Councillor Barry Egan by a solitary vote. Bar two years from July 1930 to July 1932, French served as Lord Mayor until he suddenly died in office on 12 September 1937. At a personal level, Seán French was quiet, studious, and unassuming, occasionally austere and even dour. However, when in the company of family and friends at social occasions, he came alive and could be gregarious and charming, often demonstrating a wicked sense of humour. He took a keen interest in sport, especially rugby, rowing and cricket. Undoubtedly, Seán French was an outstanding figure in public life who was held in high esteem by all. His contributions in the Dáil, Cork Corporation, the Harbour Board and numerous other public bodies and charities of which he was a member, were consistently eloquent, intelligent and passionate. A keynote of his character was his straightforwardness, integrity and unyielding fidelity to principle.

The office and status of Lord Mayor lives on in Cork city and many great men and women have held the position, but Seán French has the

unique distinction of being the longest-serving First Citizen (twelve terms). For that alone, he warrants a prominent place in the rich history of Cork, the city he loved and served unconditionally throughout his life.

The political life of Seán French is captured in a new book by Aodh Quinlivan and John Ger O'Riordan, entitled First Citizen. The book forms part of Cork City Council's 1920-1923 Commemoration Programme and is published by Cork City Libraries. It will be launched by Lord Mayor, Councillor Kieran McCarthy, on 14 November.

KILMURRY GAA

Walkway finished in Kilmurry GAA new development in Crookstown. A great amenity for generations to come. Project was completed by Tony McCarthy . The new project is a fantastic addition for the community and will give a new safe area for people to walk in a relaxed setting with some beautiful views of the area.

Aodh Quinlivan (left) and John Ger O'Riordan (right). Authors of First Citizen, which tells the story of Seán French, Cork's longest-serving Lord Mayor. Photo by Tomás Tyner, UCC.



Kilmurry GAA finished Walkway in their new development in Crookstown



WHO ARE WE?

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To see
the menu



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Autumn Classes 2023

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- Monday Evenings Adult Painting for Beginners
- Monday Teens Art Class
- Tuesday Teen Art Class
- Beginner Crochet Wednesday Mornings
- Beginners Knitting Thursday Mornings
- Saturday Junior Art Class 5-8 Years
- Saturday Senior Art Class 8-12 Years

Drama Classes

- Saturday Stage School (Juniors) 5-8 Years
- Saturday Stage School (Seniors) 8-12 Years

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Kilmurry Active Retirement

Coffee crawl

On 15th November fourteen of us headed off again on our mystery coffee crawl. We were lucky that Jerome, our driver, knew where we were going. We were nearly there before the destination was guessed. The Toy Soldier factory. What a great warm welcome we received. We were given the history of the factory first by Eileen Kelleher and then demonstrations of the various stages of the manufacturing process of the moulds, and the figures, by Joan Leahy.

The Toy Soldier Factory has been part of the local community since the 70's, the owner Lars Edman moving production from Sweden to Ireland. When signs were put up on the roads so that delivery trucks could find them, interested passers-by and curious tourists started turning up. A gift shop was started to cater for this interest. Over the years this was significantly expanded and in 2015 a huge replica of the Battle of Waterloo was imported from Germany. It was created by one of their customers who had used their moulds to cast 15,000 miniatures to populate this extensive display. It was there on loan for five years until 2020. Now that space is used for workshops. If you are a participant at their workshops you can choose from a great selection of miniatures, and your favourites are then cast and then you are taught how to paint. You can paint under their supervision. If I remember correctly the classes are for everyone from eight-year-old up, and I think cost fifteen euro for the hour. We were confined for time and couldn't do that on the day but enjoyed the free demonstrations and viewing the wide array of miniatures in the factory as well as some other Irish manufacturers giftware. We then had the tea and coffee, and some availed of the opportunity for early Christmas shopping while others, like Arnold Schwarzenegger - promised they would be back. I'm guessing there will be some happy grandchildren come Christmas, though maybe I'm wrong, maybe it will be some happy grandparents with a new hobby. Thanks to all at the Toy Soldier Factory for your great hospitality in accommodating our group, and particularly appreciated as at such a busy time of the year for you.

Christmas party time

Ten of our members are heading to the Southern branch of Active Retirement Ireland's Christmas party in the Oriel Hotel in Ballincollig on Monday

the 20th. Our own Christmas celebratory night is on the following Sunday evening 26th arriving for 7pm in the Lee Valley Golf and Country Club. About fifty of us so far has indicated our intention of being there. We are very grateful to Sgt. Kelleher for facilitating us again this year with the Garda community bus. Rumour has it (hopefully) that members are practicing their vocal cords, rhymes, and sick and naughty jokes, but I suppose I shouldn't be spreading rumours.

Dance/Concert

On the 8th of November, the hall in Crookstown was resonating with the sweet chords and music of Jer Coakley and Charlie Crowley and the pounding of feet, all in time except the feet of our Johnny! A great time was had by all present, and lots of tae, coffee and biscuits on offer thanks to our hard-working committee. Now we must do that again in the Spring.

November/December Upcoming Activities

On Mondays ceramic art is continuing in Crookstown hall. Our smartphone course is continuing on Tuesdays, courtesy of CETB, Macroom. On Wednesday evenings Zumba gold is continuing in Crookstown (but skipping 29th). There will be an important full membership meeting on Tuesday November 21st at 7.30pm in Kilmurry Museum (we need your instructions on important matters). We will start with a treat, a recital by 'Celebration of Life' singers.

There will be a Cookery demonstration on Wednesday the 22nd of November, 7pm, in Crookstown, courtesy of Paul McLellan [Catering by Paul].

On the 29th of November, 2pm, Rose McCarthy starts a three-session course on Tai Chi, Yoga, and

meditation.

On the evening of the 29th, we all are invited by AIB to a talk in the Castle Hotel, from 6.30 - 8.00pm, (tea, coffee, biscuits, and scones on arrival from 6pm). Frank Purcell, BA LLP, solicitor will be present to talk on the new Assisted Decision Making Act, Fair Deal, and to answer questions on those and other relevant issues. There will also be James Stanton from AIB who specialises in supporting vulnerable customers, and in addressing the specific concerns of older customers. This is open to the public.

On Fridays the 8th and 15th December we will have cookery demonstrations, with a Christmas theme, given by Margaret Bolster. Then we take a break.

There are several active retirement associations in the Lee valley. If you are interested in finding out more, we can put you in contact with the right secretary for your locality, or if you are interested in starting one up there is support for that too.

Our association is open to all, and our membership fee is just €20/calendar year or €30 for a couple. Our philosophy is that age makes no difference, but health does. We need to be healthy to do some things, and we need to do some things to be healthy. We try to do what we can to keep healthy and challenged in body and in mind, and together that is easier. You will be kept as busy as you choose to be and positively engaged in your community, and we think you will enjoy it. For more information contact Aidan at 0894057676 or aidanpbarry@outlook.com



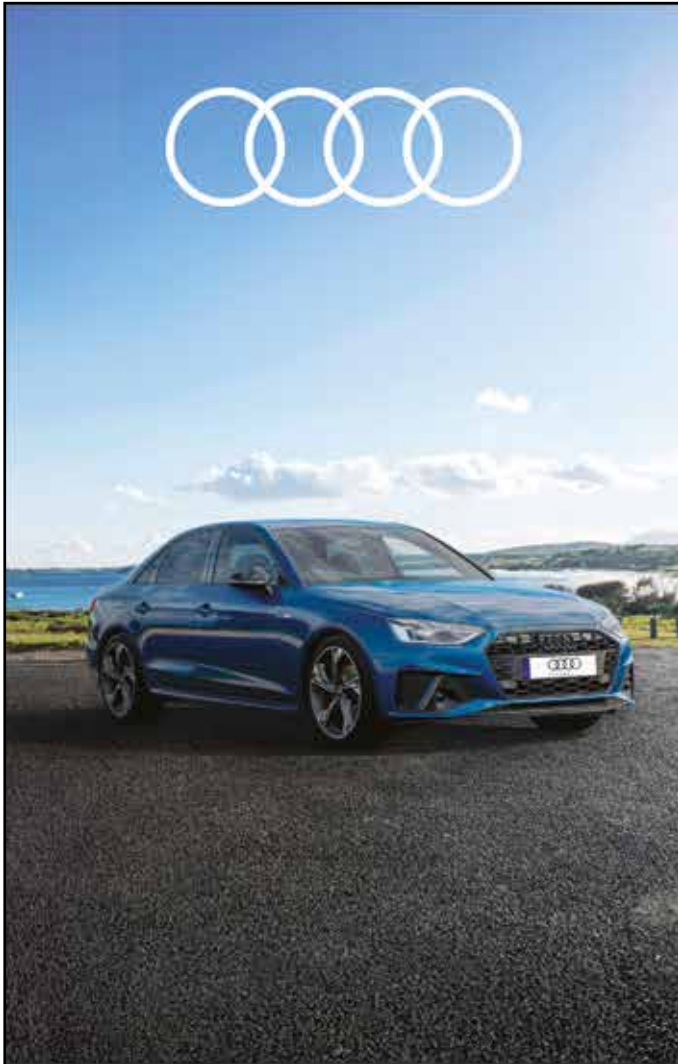
Kilmurry Active Retirement on a visit to the Toy Soldier factory



Some of the Canovee Thurs morning Mass goers having a cuppa in the newly refurbished Canovee Hall. Pic Peter Scanlan



The local caterers at Ballinagree when Nora McCarthy was presented with the Papal Benemerent gold medal by Most Rev. William Crean D.D. for her many years of service as Sacristan. Pic. Peter Scanlan



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UIBH LAOIRE NOTES

LOCAL FAVOURITES GREENSHINE TO PLAY CREEDON'S OF INCHIGEELAGH.

RTE FOLK AWARDS BEST GROUP NOMINEES Greenshine make a welcome return to the local stage when they perform on Friday 24 November at Creedon's Hotel, Inchigeelagh. Doors at 8.30pm and concert at 9. Tickets are available in advance from Eventbrite with any remaining tickets for sale on the door. It has been quite a while since Mary, Noel and Ellie played live in the area, and in the interim they have been busy releasing a universally critically acclaimed album "New Moon On Friday" which The Munster Express said: "...marks another confident step in Mary's reputation as an astute songwriter," while John Creedon of RTE Radio 1 said "They have produced one great record after the next over the past few years." Ellie's singing comes in for particular praise from Noel Casey of Dublin City Fm: "I went straight to "Wichita Lineman" and the hairs on the back of my neck are still getting over it! This version is definitive".

In a side project, Greenshine have joined forces with Aran Island songwriter Pádraig Jack to release a brand new single, BLACK RIVER which is a bilingual collaboration. Proceeds from the single will go to Focus Ireland and Cork Penny Dinners. As we head into the cold and dark of Winter, Greenshine and Pádraig Jack really wanted to support these brilliant charities which make life so much easier for the vulnerable in our society. "Black River" is a new departure for Greenshine who are delighted that Ellie is getting to duet with Pádraig and is getting the chance to use her Irish in such a meaningful way. Ellie's voice can currently be heard on Cúla 4's "Gus an Ridire Beag Bideach" where she voices 'Mamaí Banríon'.

All of Greenshine's music can be heard on www.greenshine.bandcamp.com email: tigerdogrecords@hotmail.com

Croi Na Laoi Meeting At the latest meeting, with most of the members attending, the Tidy towns section was praised for the good work done throughout the year, for the increase in marks received in the National Tidy Towns competition and for the prize won in the litter challenge during the summer. The meeting was informed that a contractor has been selected for the repair work on the tennis/basketball court in the River Island. Officers are in contact with the Diocese with a view to doing work on the hall. One interesting discovery some time back was that the hall, which everyone understood to be parish property, is in fact owned by the Diocese of Cork and Ross. The Christmas news letter is nearly ready for the printers. In AOB the matter of the new waste water/sewage treatment was discussed and the question asked was, why are the residents on the southern side of the river, in Cappanclare, not connected to the system. The committee will inquire into this. Another "mystery" discussed was the recent tarring of the Ballingearry road where three stretches of the road were cleaned of vegetation and tarred but long stretches of poor road quality weren't touched. Admittedly, a very good job has been done on the tarred sections, but wouldn't be more sensible to do the whole lot while the men and machinery were there. The Tidy Towns group will be putting out seasonal decorations, lights, Christmas tree etc and they invite anybody with a few hours to spare to join them. You will also see them clearing away old summer flowers and planting spring flowers.

Inchigeela Hall Bingo continues every Friday with good prizes offered and a raffle on this Friday for the Hope Foundation. Please support. Cards continue on Sunday nights as usual. Dancing this Sunday is to Patrick O Sullivan 3pm to 5.30pm only €10.

SALE! SALE! Creedon's Hotel is the venue for a Christmas Sale on December 6th. Funds will go to Cork Penny Dinners. Get your Christmas presents, baking, jams, etc. And there will be a raffle so let's get into the Christmas spirit.

Uibh Laoire GAA AGM

The club's AGM will be held on 2nd of December at 6 o'clock in the Clubhouse.

Parents and Tots This is an opportunity for Playtime, Socialising and Fun for all. Parents and Tots meet at Uibh Laoire GAA clubhouse every Friday morning from 10 to 11.30am during school term.

Beal Atha'n Ghaorthaidh

Tuairín Dubh The album of the musical is out now and is available in Siopa Uí Dhuinnín

Kayak Congrats dos na daoine a chriochnaigh an cúrsa Kayak leibhéal 2. Maith sibh!

Quiz A Quiz Night in aid of Irish Cancer Society is advertised for 24th of November and 1st of December in Ard na Laoi, Beal Átha at 7.30pm. Registration is at 7pm and pre booking a table is essential. Tables of 3 and €10 for a good night's fun for a good cause. For info contact Ard na Laoi or Orla @ 0834675673

Chiropodist

Margaret Dilworth will attend at Cúan Barra on the first Tuesday of every month. See advert on page 51.



Paudie Ó Luasa, Cnoc an Iúir agus Michelle Duggan, Bealnamorrive, a phós le deanaí i Seipéal St. John the Baptist Bealnamorrive. pic le Nóra Uí Luasa.



Children from Tirelton NS all ready for Halloween.



Cork County Council has launched its Make One Change campaign



Kilbarry NS pupils with their shoeboxes for the Team Hope Christmas Shoebox Appeal.



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Since the 90's, there has been a 465% increase in cosmetic surgeries to make us appear healthy and beautiful on the outside, yet on the inside, spinal degeneration and arthritis continues to rise.

I believe if half the time trying to make ourselves look 'beautiful' on the outside was spent looking after

our spines I'm sure the nation's health stats would look significantly different.

As a Chiropractor it is my duty to raise awareness of the importance of good spinal health.

Back problems are the second most common cause for GP visits - second to the common cold. Back and neck pain is one of the most common causes for absences from work.

While Chiropractic care is very effective at helping people with back and neck problems, Chiropractors prefer to educate people to look after their spines to prevent the onset of these problems in the first place.

Good spinal health begins with regular exercise, awareness of posture along with regular Chiropractic check ups to

help maintain good function, alignment and mobility of the spine and prevent degenerative changes keeping the spine healthy for longer.

Unfortunately, spinal hygiene hasn't become common practice yet.

Spinal hygiene is the concept of having your spine checked out, similar to having your oral hygiene assessed by a dentist, to catch small problems from becoming too big or painful.

The problem is that the spine is not like the teeth that can be replaced.

If you wish to live life to the full and function fully to old age, it's a good idea to take care of your spine.



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STATION RD., BALLINCOLLIG



Dr Benjamin Martin
of Optimal Chiropractic

THE DAYS OF THE LITTLE GREEN APPLES

By PO'C

The above title is taken from a wonderful little story book by the former Cork Olympian Athlete and Writer Dave Guiney. An old and dear friend of his in Cork once declared "Wud'nt it be lovely to go back again to the days when we used to look at the little green apples in May". In many ways lots of old stories and reminiscence are some of those little green apples.

Growing up in Clondrohid in the 1950's and 60's, we had gained our hard won Independence some thirty years before and as a nation we were slowly finding our feet. Agriculture plus lots of manual labour were the order the day. I started work in the local Clondrohid Co-Operative Creamery on August 4th 1966 at 2.30pm. I had travelled to the local fair day at Macroom and was on my return journey with my dad Denis and brother Tom in our blue jeep registration number IN 9673. While making a brief stop outside the Creamery offices at Clondrohid the General Manager Tim O'Riordan came running down the stairway and approached me saying "Do you want a job?" to which I replied "Of course I do". "Will you start now?" he queried to which I gave another positive response. He instructed me to "Go down the road there to the Creamery where Connie O'Sullivan is off-loading 1lb packages of butter into boxes and give him a hand". Connie was a true gentleman, a keen fisherman and interested in all forms of sport. Along with the Dairy Maid Noreen O'Leary from Ballydesmond, they produced lots of high quality butter. The butter was then stored in 56lb boxes which were kept in the "cold store" until required. It was then transferred into one pound and half pound packets with their distinctive White Deer wrappers.

My work required quick hands and lots of concentration. We packed the 1lb packets in 28lb boxes and the time passed quickly. Before long it was 6pm and my day's work was over. When leaving Tim O'Riordan asked me "would I come again the following day" and I was delighted. I had joined the work force.

At that time the creamery at Clondrohid was a flourishing enterprise with branches at Kilnamartyra, Ballymakeera, Coolea, Carriganima and Bawnmore. Each branch, including Clondrohid, had its own identity and each milk supplier had his own creamery number. Each morning the creamery lorries with their large milk tanks took off to the various branches. All returned to base at Clondrohid before midday and any surplus



The Cork Senior Hurling Team of 1966....All Ireland champions.

milk was delivered to the Fry Cadburys factory at Rathmore or the Ballyclough factory at Mallow.

Back to August 1966 I enjoyed my days with Connie O'Sullivan and Noreen O'Leary. The job varied from helping at the butter wrapping machine to making large churns of butter. This was a slow process as the butter was expertly sampled and tested to ensure top quality. When the churn of butter was eventually ready a large timber spade was used to carefully transfer the butter into the 56lb boxes which were kept in the nearby store and used as required.

Later on in the month another kind gentleman Eoin O'Sullivan took his two week holiday break and I was detailed to take up his post of taking milk samples from the milk suppliers for the methylene blue test. This necessitated taking samples from all the branches. So each morning was a different destination and included boarding the lorry to the outside branches. The month passed quickly and on Thursday September 1st I got my first pay packet. That time we were paid monthly and I got the huge sum of £26 which was a lot of money in those days.

I was overjoyed and later in the week I travelled on my trusty bicycle to Macroom where I bought some new clothes, opened a Post Office account and made arrangements at Jerry Twomey's TV shop to get a TV for our home at Baratanaknuck. After many years with a new look team Cork had qualified to meet Kilkenny in the All Ireland Hurling Final at Croke Park on Sunday September 4th. It was the talk of the County. On Friday evening September 2nd a local friend and kind neighbour Con Walsh called at home suggesting that I would travel to the Hurling Final with him and that we could board the train at Millstreet. In my youthful

naivety I declined his generous offer stating that we had a new TV and I could watch the game in comfort at home.

On Saturday evening I can still recall the film shown on our one station black and white TV "Houdini" starring Tony Curtis and Piper Laurie. On the following day Cork had a famous victory over Kilkenny on a scoreline of 3-9 to 1-10. Eire Og star forward Colm Sheehan was the hero of the hour with three great goals and his former schoolmate at Farran National School, Ted O'Mahony from nearby Cloughduv, was also part of that great team panel. My life time friend Dermot O'Connell from Coolavokig called to our home to watch the game and later joined my brother Tom and myself to kick football and play hurling with our improvised hurling sticks!! On Monday morning I cycled the three miles to work with a spring in my step and I was to enjoy the next 16 years in the company of great comrades at Clondrohid creamery.



The Creamery building at Clondrohid.



The organising committee of the Scarecrow Competition held in Ballinagree recently. Pic. Peter Scanlan



Danny Horgan celebrating his 50th birthday recently at the Top Of Coom Pub with a large crowd in attendance. Pictured here is Back; Teddy Creedon, John McCarthy, Darren O Riordan, Gearoid Twomey, Front is Birthday Boy Danny Horgan and Damien Keane

Make One Change Cork County Cuts Carbon

Throughout November, Cork County Council is hosting a number of talks & events for adults & children in local libraries all over the county, discussing climate action & encouraging the public to make one small change in their daily lives.

View the full schedule of events available at:
www.corkcoco.ie/en/events

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Do business in Macroom to keep Macroom in business

Friday 1st December

Light up Macroom this Christmas



Cork County Council
Comhairle Contae Chorcaí



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Lights Turning on at 7pm by Cllr Ted Lucey Chairman of Macroom Municipal
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A selection of our businesses will be open later on the 1st December.

Lee Valley Enterprise Board presents

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**St Colman's Church
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**Featuring a Spectacular Christmas Choral Event
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*Admission is free
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11am - 5pm each day.

Call **087-1434770** for booking or more information between 1-2pm and after 6pm on weekdays and no set time during weekends, if no answer please leave a text and will get back to you.



Scan for more info

Looking forward to seeing ye all.

The Macroom and District Environmental Group **Think Globally, Act locally**

Magic Manure!

Hi! Chris Barrett here. Today I have the pleasure of speaking with Judy Wigham from Gee-up. She is going to tell me about a simple no-nonsense method which provides humus to the living soil rather than killing that soil with nitrates. Soil which has been treated with nitrates is dead, powdery and has lost structure which can cause it to blow away. Even before that, life in the form of essential micro-organisms will have been destroyed by the nitrates. Gee-up! horse manure offers a viable, honest and natural alternative.

Gee-up is a local business within the Lee Valley. Judy started this business twenty years ago with her husband Billy.

It came into being in 2003 because they were keen gardeners and were unable to get hold of good quality manure.

The manure they received from their local farmers was invariably filled with weed seeds and would produce a great crop of nettles, which though perfect for butterflies and other insects in a wild environment were a disaster when they were trying to create a beautiful garden.

They thought there would be plenty of people like themselves who wanted to work with nature rather than against it, and so they decided to do something about it. As a result Gee-up was born. They started off with two shovels and a second-hand onion-bagging machine, which Billy cleverly converted to a manure bagging machine. They gradually went on to build bits of machinery which would help with sieving the manure. From that they built up the entire system with second hand loaders while Billy set to work inventing machinery to exactly suit their needs.

Then like now, compost arrived as an unwanted product of horse riding stables and commenced a composting process which was closely managed over a period of approximately two years.

First of all it is composted by aerating it in windrows which are long narrow rows which are



the best shape for optimal composting. When it is ready the compost is then brought into the barns in the yard by tractor and trailer. This allows it to dry, so it is ready for bagging.

By taking away material that stables have no storage or use for, Gee-up provides a service for the stables and turns it into pure magic for gardeners. The manure reaches 60 degrees Celsius, at least, during the composting process. As a result, weed seeds and pathogens are destroyed, leaving friable, odourless and healthy fertiliser for the garden. It is an environmental soil-enricher which has absolutely nothing added to it. It is certified as organic by the Organic Trust.

Nowadays when people are realising the benefits of no-dig gardening, here is the answer.

All you have to do is spread this onto your beds and plant into it.

This organic soil enricher is full of good native worms that will draw it down deeper into your soil which will benefit hugely from all that humus and nutrients.

Readers may be interested to know that this manure has been available for quite a while from an online shop (www.geeup.ie)

This product has already won a special commendation in the RDS Spring Awards promoting sustainable Farming and Living in Ireland.

Adam Whitbourn of Blarney Castle Gardens uses Gee-up and is full of praise for the product.

Fota gardens also use it and Powerscourt Estate have just planted a lovely new rose garden using Gee-up, which is well worth a visit.

Sadly Billy Wigham who brought boundless energy and enthusiasm to this project, and was so influential in bringing this dream to life is no longer with us.

His wife, Judy continues his can-do attitude and the growing business continues to flourish.

I would like to thank Judy for sharing the news of this great product in this article.

Readers can find more information about the product from the advertisement for Gee-up in this magazine.

If you would like to respond to this environmental article or contribute one of your own to this publication, please contact me chrisleevalley@gmail.com



An tAthair Seán McCharthaigh a bheannaig (blessed the hall) an Halla. Pic le Nóra Uí Luasa

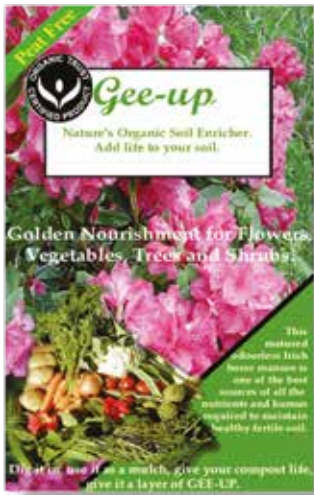


Opening of the New Hall in Ballyvourney. Pic le Nóra Uí Luasathe morning of Thursday October 12th.



Image left: Opening of the New Hall in Ballyvourney; Conrad Ó Criodáin a ghearr an ribín.

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CLINICS THROUGHOUT MUNSTER

Citizens Information

KYR re Benefits and entitlements following a death

After a bereavement you may need financial support. The Department of Social Protection (DSP) provides certain once-off payments to help out families during this difficult time. Your local Community Welfare Officer deals with some of these payments.

You must have made a certain number of PRSI contributions to be eligible for some social welfare payments. You may be eligible for other payments, if you pass a means test or if you are in urgent need. Time limits apply for many payments, so apply as early as is possible.

You cannot be expected to do everything right away, but if the deceased was getting a social welfare payment or you were claiming for them as a dependant or you were getting a Carer's Allowance to look after them, it's important that you notify the Department within the first few days of the death.

Notifying the Department does not mean the payment will be taken back immediately. In many cases, the spouse, civil partner, cohabitant, parent or carer may continue to receive a payment for 6 weeks following the death.

What happens when a person being cared for dies & carer was in receipt of Carers Benefit/ Allowance?

Payment of Carer's Allowance (full or half-rate) continues to be made for 12 weeks after the death of the person you were caring for while payment of Carer's Benefit continues to be made for 6 weeks after the death of the person you were caring for.

If you are getting Carer's Allowance (full or half-rate) on behalf of a spouse, civil partner or cohabitant and that person dies, you can continue to get Carer's Allowance for 12 weeks plus the State Pension/Invalidity Pension/Disability Allowance etc (if in payment to that person) for 6 weeks after the date of death. If you were getting Carer's Benefit, you continue to get it for 6 weeks and any payments your spouse or partner was getting.

Domiciliary Care Allowance continues to be paid for 3 months in cases where the child being cared for has died.

Is there any help available with funeral costs?

You can get help with the cost of the funeral in certain circumstances. The Widowed or Surviving Civil Partner Grant is a once-off payment to widows/widowers/surviving civil partners with dependent children. This grant is a once-off payment of €8,000.

If someone dies from an accident at work, a Funeral Grant is available. To be eligible for this grant, the death must have resulted from an accident at work, an accident while travelling directly to or from work or an occupational disease. It amounts to €850.

Whether you qualify or not for one of the above grants you may be eligible for an Additional Needs Payment to help with funeral costs if you are on a low income. Each case is decided on its merits. The Community Welfare Service prefers if you apply before the funeral takes place, but in practice, most people apply afterwards.

In many cases a payment or a grant cannot be paid until all the necessary documentation is received. If you are claiming the grant, you are responsible for the production of certificates, documents and any information required, for example:

- Death certificate
- Birth certificate
- Marriage or Civil Partnership certificate (to prove your relationship to the deceased)
- Funeral receipts
- The deceased person's Personal Public Service (PPS) number
- Your PPS number may also be required

What social welfare payments are available to the bereaved?

If you were living with or dependent on the deceased, any current benefits or payments you are getting may change, or you may be able to claim additional benefits. Depending on your income and circumstances you may be entitled to a social welfare payment in your own right. A Widow's, Widower's or Surviving Civil Partner's Contributory Pension and related social welfare benefits may be payable if either you or your deceased spouse or civil partner has enough PRSI contributions.

A Widow's, Widower's or Surviving Civil Partner's (Non-Contributory) Pension is paid to widowed people or surviving civil partners without dependent children, who do not qualify for a contributory pension and who pass a means test.

A Guardian's payment is paid to the child's guardian up to the child's 18th birthday or 22nd birthday if he or she is in full-time education.

A One-Parent Family Payment can be paid to you if you are parenting alone as a result of the death of your spouse, civil partner or cohabitant. If you also qualify for a Widow's, Widower's or Surviving Civil Partner's Contributory Pension you will have to choose which payment is of most benefit to you because you cannot get both.

If a person dies because of an accident at work or occupational disease, Death Benefit under the Occupational Injuries Scheme may be paid to their surviving spouse or civil partner.

Are there any other additional payments?

Bereavement can cause financial difficulties. The Supplementary Welfare Allowance Scheme provides financial support to people with low incomes. You may qualify for a weekly supplement payment under the scheme to meet certain special needs, for example, help with rent and fuel costs. In addition, payments can also be made for urgent or exceptional needs.

There are specific rules about taxation in the year of a person's death, for example, a tax refund may be due. There are also extra credits for parents in the years following the death of a spouse or civil partner. If you are a widowed person or a surviving civil partner, you can claim an increased personal tax credit. The amount of the tax credit depends on whether or not you have dependent children and when your spouse or civil partner died.

Know Your Rights has been compiled by Citizens Information West Cork which provides a free and confidential service to the public. If you need further information about any of the issues raised here or you have other questions, you can drop-in to your local Citizens Information Service in Bantry or Macroom. Alternatively you can telephone 0818 07 8390. They will be happy to assist you WEST CORK HELPLINE 0818 07 8390

The Bantry office is staffed from 10am -5pm from Monday to Thursday and on Friday from 10am -4pm. Macroom office is open on Mondays & Tuesdays from 10am-1pm & 2pm -4.30pm. Alternatively you can email on bantry@citinfo.ie or log on to www.citizensinformation.ie

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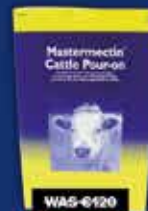
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'T.C. Murray, Macroom's Abbey Playwright'

By Jim Cooney.

T.C. Murray was one of Ireland's foremost playwrights 1900-1940, and had many of his plays performed all over Ireland including The Abbey Theatre, in England and America. He was seen as J.M. Synge's natural successor. Macroom's Briery Gap takes its name from one of his most famous plays. This is the 150th anniversary of his birth.

Thomas Cornelius, T.C., Murray was born in 1873 and died in 1959. He was the seventh of eleven children. His parents came to Macroom and had a business in New Street comprising a pub, grocery and selling flour and grain. Murray got many of his themes, and the language for his plays, from listening to customers in their shop. Raised in a devout Catholic ambience, he retained that strong Catholic sensibility all his life. He attended national school in School Lane (now Barrett Place) and was a clever student, winning a scholarship to the National Teacher Training College. As an N.T., he taught around Cork before being appointed principal in Rathduff, near Blarney, in 1900. Here, life was difficult as his manager, a local priest disapproved of his writing. Eventually Murray was appointed to a teaching post in Model School, Dublin. He retired early to devote himself fully to writing and to literature matters.

When in Cork, he taught with Daniel Corkery who encouraged his writing. Murray became part of a group known as the Cork Realists who concentrated on writing about the real lives of Irish people as opposed to the Dion Boucicault's melodramas. Among his themes were an unmarried mother, rejected by the father of

her child, fraternal strife and murder over land inheritance and a priest without a vocation – the priest was ordained under pressure from his mother. His plays were 'of their time' and lost popularity and relevance as Ireland advanced in the twentieth century. He also wrote a semi-autobiographical novel, *Spring Horizon* (1937), and *Spring Aftermath* (1922), which effectively describes the Macroom of his childhood.

Among his plays were *The Wheel of Fortune* (later *Sovereign Love*), *Birthingright*, *Maurice Harte*, *The Serf*, *The Briery Gap*, *Autumn Fire*, *The Pipe in the Field* and *Michaelmas*. He was on the board of the Abbey Theatre and was conferred with an honorary Doctorate of Literature by the NUI in 1949 and was in the Irish Academy. As well as having our culture centre named after one of his plays, a new housing estate, *Páirc Uí Mhuireatha*, bears the Irish version of his name. Although his

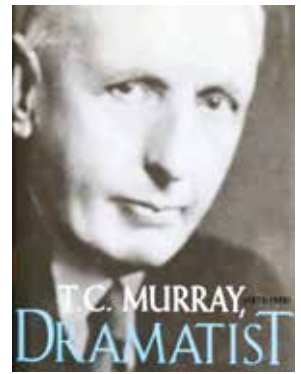
parents were native Irish speakers, they spoke English at home when they moved to Macroom and, as far as I know,

Murray never used the Irish version of his name in his writings. Sometimes Murray is cited as winning an Olympic medal for literature. I understand that he competed but did not win a medal.

Currently Castle Street and New Street are being 'renewed' and there is work on-going on his original home. The building has a plaque marking Murray's connection.

Jim Cooney, an expert on English literature and Macroom history will be the speaker and is sure to give a very interesting talk.

C on Kelleher for Macroom History Group.



Jim Cooney delivering his talk on T.C. Murray, 9 Oct., 2023 in Castle Hotel, Macroom. (C. Kelleher).



Jim Cooney with his children, Ray and Aoife at Jim's talk on T.C. Murray, 9 Oct., 2023 in Castle Hotel, Macroom. (C. Kelleher).

Hints Tips and Ideas for submitting photos for Publication

By Peter Scanlan



The Lee Valley Outlook is published once every two weeks and for most editions there will be emails with anything between 120 and 140 images, of which 70 to 80 will be printed. This is not surprising as nowadays, most people carry a camera with them at all times, something that was unheard of only of a few years ago. If you are involved in a school, college or organisation, this is a golden opportunity for you to publicise your activities by submitting articles and images. When taking photos that you intend for publication, keep

in mind that your photos will be resized to just three inches high, (7.62cm) and most likely will be printed like that or maybe smaller, (very rarely an image may be published in a larger size) so when taking photos, keep in close to the subject, to get the maximum benefit.

When taking photos indoors that you intend to send for publication, turning on the flash, will usually result in a better image, but you may need to move much closer to your subject, particularly if you are using a mobile phone. Mobile phones use a different system for flash, which is not as effective or as powerful as a traditional camera flash.

Always try to hold the camera steady, particularly with mobile phones, which by their nature are very difficult to keep steady, and is probably the most common reason for poor quality images when printed, (even though they may look ok on the screen). Some people may think that cropping an image will compensate for being too far away from the subject, but remember cropping drastically reduces the quality. If you must crop, maybe to make it easier for sending by email, leave lots of space around the subjects of photo, for further editing.

Now that you have the photo ready to send, what about a caption? When sending images for

publication, always try to keep in mind, that this is a golden opportunity for you to promote your club, school or organisation. Someone once said 'A picture is worth a thousand words', but a picture always needs a caption to convey that message, not just any message, but the specific message that you want at this time. For example, this could well be a caption; 'Joe Blogs surrounded by his friends celebrating his victory in Murphy's pub'. Let's look at this caption a bit closer, you may know who Joe Blogs is and where Murphy's Pub is, others may not, above all What did he win? Who did he beat? Where was the contest? A more appropriate caption might read; 'Joe Blogs representing the Macroom Rock Breakers Club, who defeated Mayo man Michael Mogs in the national rock breaking competition held in Killarney, seen here displaying his trophy to his friends in Murphy's pub. This caption tells the story, it could easily be worded differently, but the message is the same.

Always make sure that you have the name of your club, school or organisation included in the caption, so if one or more of your images does not appear on the same page as the rest, having its own caption with it will make sense if it appears on the next page or indeed in a different issue of the Lee Valley Outlook.

If you have any questions, you can email me at peterscanlan.lvo@gmail.com

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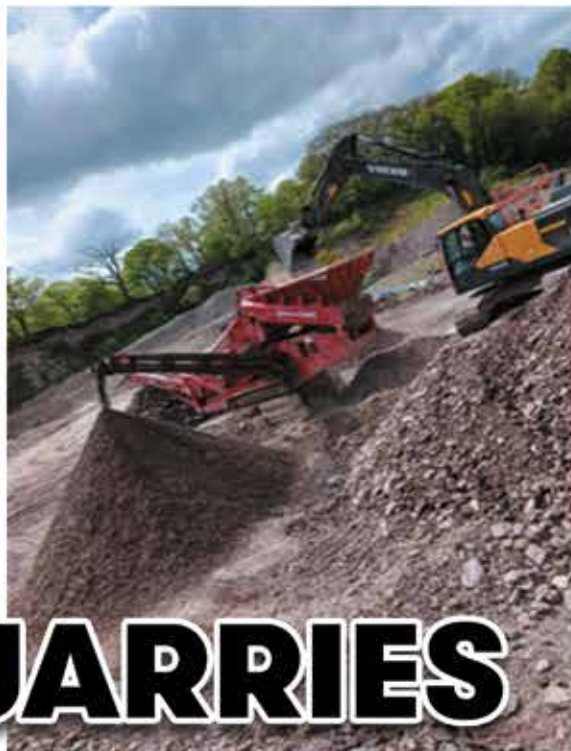
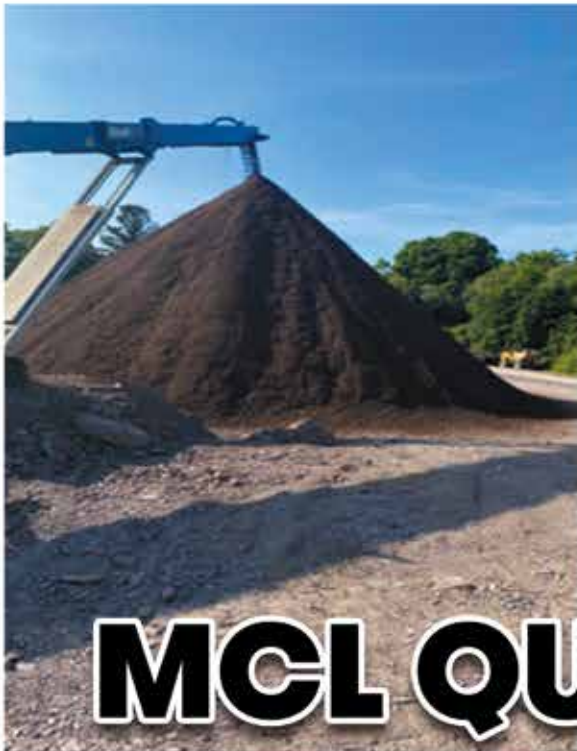
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Shane O'Brien, CEO,
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Eibhlis Cahalane, Senior Physiotherapist,
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Catherine Murphy, Senior Occupational
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Úna Moynihan, Senior Speech Language
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Joanne Murphy, Senior Dietitian, Kerry ICPOP

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Méan Fhómhair 15ú agus 21ú do cuireadh an Ceoldráma 'Túairín Dubh' ós comhair pobal na cathrach san amharclann iomráiteach san, an Everyman ar shráid Mac Churtáin. Sea go deimhin, chur an dhá léiriúchán sceitimíní orm féinigh, mar gan dabht bé an chéad uair agam mo chosa a sheasamh ar ardán na h'amharclainne san. Amharclann proifisiúnta é le go leor léiriúcháin proifisiúnta a chur ós comhair muintir na hÉireann ó 1897.

Sheas fuilleach aisteoirí cáiliúla domhanda ar an ardán cheana cheanna ar sheas mé féin agus aisteoirí Bhéal Átha an Ghaorthaidh. Charlie Chaplin, Stan Laurel agus Oliver Hardy (Laurel & Hardy), Eamon Morrissey le léiriúchán ó Myles na gCapaleen agus go leor eile. Is iontach an deis a bhí ann dúinn uilig, is de réir dealraimh bhain an slua i láthair an dhá oíche an taithneamh as.

Fuairamar áird mholadh ó leas príomh fheidhmeach COGG (chomhairle um Oideachas Gealtachta agus Gaelscolaíochta). "Bhí mé san Everyman agus b'ócáid speisialta ar fad a bhí ann. Ón uair a chuaigh mé isteach i measc an tslua, idir óg agus sean, a lán díobh ag labhairt Gaolainne, bhí mé faoi dhraíocht. Amharclann lán go barr agus ansin an léiriú. Bhí gach gné gan locht!" Buaite glan!

Rud amháin aisteach a thárla domhsa taréis an t'arna oíche léiriúcháin, ná gur buaileadh liom gaolta le mo charachtair féin 'Mag Walsh'. Daoine a thaiséal ó chian is ó chongar chun an dráma a fheiscint. Sa phictiúr seo thíos tá iníon gharpháiste, nó finnó le Mag, Aileen Ní Thuama ar dheis agus Peggy Walsh a gar h'iníon ar chlé. Nach ait an mac an saol!

Ar aghaidh linn anois go dtí an Domhnach 29ú de Dheireadh Fómhair. Bhí cruinniú comhairliúcháin poiblí agam le pobal Chúil Aodha taréis Aifrínn in Áras Éamon Mac Suibhne. Sé a bhí ann ná tae is plé ar thogra nua atá idir lámha agamsa as son an bPlean Teanga, ina beidh Múrmhairsiú á cur ar bheann tí Muintir Iarfhlaith, atá le h'ais clós an tseipéil i gCúil Aodha.

Tá an Múrmhairsiú bunaithe ar dhán a chum file ó Chúil Aodha a bhain amach clú agus cáil leis an dán an Peidhleachán. Sin an 'Suibhneach Meann' nó An t'Uasal Pádraig Mac Suibhne, duine de filí na dúichí a bhí lánach in athbhunú na Dámhscoile Mhúscraí Uí Laighin. Thug sé leis

an Chéad áit leis an 'Duais Liric' ag Oireachtas na Gaeilge i 1939 leis an Peidhleachán cheanna. Bhí an dán ar siollabas na meánteistiméireacht ar feadh a bhfad.

Gan dabht bé athair le Beitsí ní Shuibhne é, a d'imigh ar shlí na ffrinne cúpla bliain ó shin agus Traolach mar aon, beannacht Dé leo. Tá fós inár dteannta buíochas le Dia a mhac Sheáin atá ina chónaí i gCorcaigh agus a h'iníon Máiní Nic Gearailt atá ina cónaí in aice an Ghaortha i Machromtha, agus bhíodar beirt is a clainne linn i gCúil Aodha don teacht le chéile. Gabhaim míle buíochas dóibh atá ag tacú leis an togra seo. Chur an Dearthóir Denis Ó Riordáin léiriúchán den togra ós cóir an pobal ar scáileán.

Bhí leanaí scoile Scoil Naisiúnta Chúil Aodha/ Barr d'Inse i láthair a thug léiriúchán siamsaíochta do cách, le míreanna Sean Nóis agus Lúibíní srl. a chuireadar i láthair ag Oireachtas na Samhna 2023 i gCill Áirne cúpla seachtain ó shin. Is gan amhras thugadar leo abhaile go leor boinn agus duaiseanna. Beidh oíche ceiliúradh againn do mBuaiteoirí an Oireachtais 2023 Dé Luain an 25ú ag a 7 a chlog ag an Ionad Chultúrtha i mBaile Mhúirne.

Le linn an t'Oireachtas i gCill Áirne ón gCéadaoin 2ú-4ú Samhain chuir CFM Teo., Grá Mhúscraí agus Plean Teanga Mhúscraí mar aon, Gaeltacht Mhúscraí ós comhair Pobal an Oireachtais le Seastáin san Aonach. Bhí tairgí na h'áite le ceannach ar nós mil agus coinle céir ó Bhéal Átha an Ghaorthaidh, ama dtairgeadh ag Muintir ó Chéilleachair. Bhí daoine ar nós saithe beacha ag cruinniú timpeall na seastáin ar feadh an 3 lá. Gan dabht bhí an Gaolainn a spreagadh againn chomh maith le comórtas a bhí agam féin, ina raibh duais de Bunóg/Bocaire má raibh an freagra ceart agat. Tháinig an t'Uasal Con Ó Loinsigh inár measc ag tabhairt seans do dhaoine a leabhar álainn ar Naomh Ghobnait a cheannach, agus díoladh go leor díobh. Bhí riníní á dtabhairt amach againn ar son daoine a chur ar an eolas faoi lá fhéile Ghobnait agus stair ar Thomhas Ghobnait a mhíniú dóibh chomh maith.

Is an t'Oireachtas na Gaeilge príomhfhíle bhliantúil na nGael. Buach pointe na bliana do éinne a bhfuil meas acu ar cultúr agus teanga na tíre. Tagann daoine ó fud faid na tíre agus na cruinne. Bhuail le go leor eachtrannaigh ó thíre eile atá líofa sa Ghaeilge. Fear ó Kentucky, America, Bean ón Ghearmáin Clann ó Shasana agus go leor eile nach h'iad, Creid é nó ná creid ní fiú ar aon gaol nó DNA gaelach ag éinne acu ach gur thaithinn á dteanga dhúchais is gcultúr leo. Tá go leor eile le scríobh agam ach níl a thuilleadh spás. Mar sin go dtí an chéad eagrán eile slán tamall agus Beir Bua!



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- Knowledge of CDK (ADP/Kerridge) - useful but not essential

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Bons Secours Hospital Group Cork County Football Championship 2023

Premier Senior Football

Final: Castlehaven 0-11 Nemo Rangers 0-9
Relegated: Carrigaline

Munster:

Quarter Final: Castlehaven 1-12 Cratloe, Clare 0-11 aet

Semi Finals: Rathgormac, Waterford v Castlehaven, Nov 26th at Dungarvan: Dingle v Clonmel Commercials

Senior A Football

Final: Dohenys 0-8 Newcestown 0-13
Relegated: Ilen Rovers

Premier Intermediate Football

Final: Cill na Martra 3-11 (20) Bantry Blues 2-13 (19)

Relegated: Na Piarasaigh

Munster:

Quarter final: Cill na Martra 1-17 Kilmihil, Clare 0-7

Semi Final: Cill na Martra v Milltown/Castlemaire, Sunday Nov 26th 1.30 Cork venue

AIB Munster Club Intermediate Football Championship Cill na Martra (Cork) 1-17 Kilmihil (Clare) 0-7

It was a great day for Cill na Martra GAA and the entire Gaeltacht Mhuscraí parish when the recently crowned Cork County Premier Intermediate football champions played hosts to Clare champions Kilmihil in the quarter final of the AIB Munster Intermediate football championship at Páirc Uí Chuana, named for a man who kept the flag flying for the then fledgling club in days far less glorious than those now being enjoyed. It was Cill na Martra's first ever Munster championship game and there was a huge crowd present, most of whom were supporting the home side, and the players did not disappoint their loyal and enthusiastic fans. Cill na Martra played extremely well, defending magnificently and constantly breaking forward at a pace the Clare men could not cope with. Up front the Cill na Martra attack, with Daniel Ó Duinnín in marvellous form, fired over score after to score to have this game put to bed from early in the second half. Kilmihil had been under serious pressure from the 21st minute when Sean Ó Fóirréidh cleared up field to Ciarán Ó Duinnín who linked with his brother Daniel and then took the return pass to shoot the only goal of the game and give the home side a 1-5 to 0-3 lead at that stage. Ten minutes into the second half with Cill na Martra now enjoying a 1-12 to 0-7 advantage, the Claremen lost their centre back to a red card and thereafter it was really only a case of how much the Cork men would win by.

Ground conditions at Cill na Martra were excellent and the day was fine if a little cold. Kilmihil scored first through Shane Downes after five minutes but there was an immediate reply from Daniel Ó Duinnín to level and after another lively and very even period, Cill na Martra took the lead in the 12th minute, Damien Ó hUrdail shooting over after a pass from his team captain Gearóid Ó Goillidhe. Two points in rapid succession for the

winners followed, Daniel Ó Duinnín and Cris Ó Meachair finishing bouts of combined play, but in fairness to the West Clare men, they hit back with two excellent scores, both from Ciarán Downes. A free for off the ball holding on Mike Ó Deasúna yielded a point for Dan Ó Duinnín from a free in the 20th minute and a minute later came the only goal of the game and the writing was on the wall for Kilmihil, even at this early stage. They simply could not match the all round assured play of the home side and struggled to put scores on the board. In the ten minutes before half time, Cill na Martra added four points to their tally, two from Dan Ó Duinnín and one each from Mike Ó Deasúna and Finén Ó Faoláin, to draw further in front of the Clare side who had two points from Ciarán Downes in reply and with the score a 1-9 to 0-5 at the break it looked likely that the home side would go on and take the laurels.

Two points within as many minutes of the resumption for the Clare side, David Lernihan and Martin O'Leary the scorers, gave brief hope of a revival but Daniel Ó Duinnín, with three super points on the trot, quickly killed off any such notions and with Cill na Martra leading by 1-12 to 0-7 the outcome was fairly predictable. It became certain in the 42nd minute when Kilmihil defender Dan Keating was red carded for an off the ball incident and thereafter the edge went out of the contest, though the home defence did not let up in concentration and kept the opposition scoreless for the final thirty minutes of the game.

'Dan Ó' and 'Damó' added points before the teams started to introduce substitutions with the outcome now accepted. Mike Ó Deasúna kicked two points, one from a long range free, and Shane Ó Duinnín, hero of the county final win, had the final score of the game in the 52nd minute as the teams played out time with the home supporters in buoyant form, pleased with the win and more than pleased with the performance.

Scorers: Cill na Martra: D Ó Duinnín (0-9, 0-3 frees), C Ó Duinnín (1-0), M Ó Deasúna (0-3, 0-2 frees), D Ó hUrdail (0-2, 0-1 free). F Ó Faoláin, S Ó Duinnín, C Ó Meachair (0-1 each). Kilmihil: C Downes (0-4, 0-2 frees), D Lernihan, M O'Leary and S Downes (0-1 each).

Cill na Martra: Pádraig Ó Críodáin; Colm MacLochlainn, Tadhg Ó Corcora, Finén Ó Faoláin; Danny Ó Conaill, Seán Ó Fóirréidh, Cianie Ó Fóirréidh; Antóin Ó Cuana, Gearóid Ó Goillidhe (Capt); Daniel Ó Duinnín, Ciarán Ó Duinnín, Damien Ó hUrdail; Fionnbarra Ó hÉalaithe, Micheál Ó Deasúna, Criostóir Ó Meachair. Subs: Shane Ó Duinnín for C Ó Meachair (45), Eoin Ó Conaill for D Ó Duinnín (51), Graham Ó Mocháin for C Ó Fóirréidh (53), Aaran Ó hUidhir for A Ó Cuana (55), Antaine Ó Loingsigh for D Ó hUrdail (56).

Intermediate A Football

Final: Aghabullogue 2-13 Mitchelstown 1-15
Relegated: Glenville

Premier Junior Football

Final: Kilmurry 1-11 St Finbarrs 3-6
Relegated: St Michaels

Munster:

Quarter Final: Kilmurry 2-16 Sean Treacys, Tipperary 1-6

Semi Final: Kilmurry v Feenagh/Kilmeedy of Limerick at Cloughdub Sat Nov 25th 1.30pm

Kilmurry 2-16 Sean Treacys 1-6

Kilmurry, representing Cork, had a comprehensive win over Seán Treacy's at Templetuohy and will be pleased with the form shown in this performance. From start to finish the Cork side were on top with Brian Hinchion and William Ronan outstanding in their defence. Midfielders Kyle Kelleher and James O'Mullane dominated and up front Sean Warren and Liam Wall, in particular, were a constant threat. Kilmurry took the lead after two minutes when Wall pointed but the Tipperary men levelled, and then went a point in front, before Kilmurry took over for the remainder of the half. Seán Warren had them back on level terms, O'Mullane put them in front, 0-3 to 0-2, after six minutes. With 12 minutes gone, Treacy's tried a quick kick out but Liam Wall dispossessed a defender and with the keeper off his line had the simple task of tapping home to put the Cork side into a commanding lead. Ronan and Warren added points to make it 1-5 to 0-2 after 15 minutes. Further white flags from Kyle Kelleher and Warren extended their lead before Treacy's made it 1-7 to 1-2 after 21 minutes with a rather fortuitous goal.

Kilmurray replied with Warren two more points, one from a free to extend their lead, Wall and Hinchion both pointed before half time and the Muskerry men led by 1-11 to 1-2 at the break. With 41 minutes gone any slight chance of a Treacy's fightback were dashed when a long ball in from Seán Warren deceived their keeper to raise Kilmurry's second green flag.

Warren added a free to make it 2-14 to 1-4 and two late points from Joe McGinn rounded off the scoring for Kilmurry.

Scorers for Kilmurry: S Warren 1-7 (0-5 f), L Wall 1-2, J McGinn, J O'Mullane 0-2 each, W Ronan, K Kelleher, B Hinchion 0-1 each.

Kilmurry: Jason McDonnell; Brian Hinchion, Kevin Barrett Gearóid O'Mahony; Owen Keane, William Ronan, Tomás Collins; Kyle Kelleher, James O'Mullane; Daniel Cahalane, Lawrence Aisling, Rory Duggan; Ryan Leahy, Liam Wall, Seán Warren.

Subs: Pádraig Brehanu, Alexander Aisling, both 39, Greg Barrett and Joe McGinn, both 52, Seán Curzon 56.

Note: Kilmurry represent Cork in the Munster Club Junior Championship as St Finbarrs intermediates are a club second team and are ineligible for the Munster competition.

County Junior Football Championship

Quarter Final: Canovee 5-13 Lisgoold 0-6
County semi final:

Canovee 4-11 Castlemagner 1-6
Mayfield 3-11 Ballygarvan 2-13

Canovee 4-11 Castlemagner 1-6

In the Cork County Junior A Football Championship semi final, Canovee put four goals past Castlemagner in Páirc Uí Rinn and will now play Mayfield in the county final.

In a game that saw two men red carded, early goals from Canovee gave the Muskerry champions the edge and Castlemagner struggled.

Castle opened the scoring straight from throw in



but Canovee responded in style.

A quick move from the kickout set Brian McNabola through on goal, and he placed it into the bottom corner within 40 seconds of Castlemagner's opening point. The goal seemed to rock the Duhallow champions, and Jack Kelleher followed up with two points from play, before scoring a free to put Canovee five points ahead, 1-3 to 0-1 after five minutes. Two minutes later McNabola got off a good hand pass to find Conor O'Neill, and the wing-forward smashed home a second goal from close range, 2-3 to 0-1.

Points from James Moynihan and Darragh McMahon put Canovee ten points ahead as they ran riot, while Castlemagner eventually got their second score in the 14th minute when Cott pointed. Six minutes later McNabola was given a straight red for an off the ball incident, and within 40 seconds Castlemagner reduced the gap down to

eight with a point. Points were exchanged, a fisted score from Kelleher for Canovee who still looked to be the better of the two teams despite being a man down.

The Muskerry champions closed out the half with another free leaving them nine points in front.

Despite playing with 14, there was no sign of Canovee sitting in and just holding their advantage. The teams traded scores twice and Castlemagner struggled to create good scoring opportunities. Canovee pounced in the final quarter. Conor Dodd and Conor O'Neill set up a chance for Jack Kelleher whose shot was brilliantly saved but O'Neill, following on, got Canovee's third goal in the 46th minute.

A second yellow card in the 55th minute now had Castlemagner with 14 men.

A Kelleher point was followed by Canovee's fourth and final goal, as Mark Healy gave it to Kelleher,

who handpassed it across goal to Pádraig O'Leary, and the substitute palmed it into the open net to make it 4-10 to 0-6.

Healy's powerful strike rattled the crossbar and came back into play, and Castlemagner did get a consolation goal in additional time before a final point from play for the Mid-Cork champions.

Scorers for Canovee: J Kelleher 0-8 (0-2 f), C O'Neill 2-0, B McNabola, P O'Leary 1-0 each, J Moynihan, M Healy, J Kelleher 0-1 each.

Canovee: Cormac O'Driscoll; Cian Cronin, William Ahern, Eoghan Lehane; Evan Dodd, Odhran O'Driscoll, Michael Dunne; Conor Dodd, Aidan Murphy; Janmes Moynihan, Dara Cronin, Conor O'Neill; Darragh McMahon, Brian McNabola, Jack Kelleher.

Subs: Mark Healy 38, Ryan Delaney 51, Pádraig O'Leary 53, Paul Healy, Denis O'Sullivan 56.

Muskerry Division: Ross Oil Junior Football Championship 2023

Final: Canovee 1 - 15 Inniscarra 2 - 6

Relegation: If Canovee win the county and gain promotion to Premier Junior there will not be any relegation from the Muskerry Junior A championship to B grade. If Canovee don't gain promotion then Dripsey and Clondrohid must play a relegation play off.

Ballincollig Credit Union

Mid Cork Junior B Football Championship Final Ballinora 2 - 6 Inniscarra 0 - 9

This Mid Cork Ballincollig Credit Union Junior B Football championship final looked to be heading for a comfortable Ballinora win after the opening quarter they had dominated but then it took a rather dramatic turn and subsequently became an intriguing contest between a Ballinora team which played with 13 men for the final thirty minutes against an Inniscarra side with a full complement of players. Ballinora saw their lead of five points being whittled down point by point until only the minimum separated the sides with two minutes of normal time remaining. Inniscarra pressed forward in search of the equaliser but got caught on the break and Ballinora corner forward Andrew O'Sullivan went through to score his side's second goal and secure the title against the odds.

All Ballinora scores came from their two young corner forwards. Kevin Werner finished with 1-4 to his credit and from the opposite corner Andrew O'Sullivan put 1-2 on the board and both 18 year olds were outstanding in difficult conditions. The remainder of the Ballinora team was composed of experienced campaigners with intermediate championship experience and it was the combination of the pair of scoring forwards with players who could steady the pace and hold their heads in adversity that enabled the Ballinora side to survive.

The loss of two players to red cards nearly proved fatal to Ballinora's chances and it says a lot to the spirit of the remainder that they managed to hold on to their lead against wave after wave of

Inniscarra attacks.

The opening quarter saw Ballinora get a grip on proceedings from an early stage. The game was only a minute old when Jurgen Werner at centre forward sent his son Kevin away clear of the defence and the younger man billowed the net with an accurate drive. Michael O'Connell had an Inniscarra point but Andrew O'Sullivan quickly did likewise for Ballinora as Inniscarra suffered a loss when their goalkeeper Ben Maher suffered an injury which forced his withdrawal and a rearrangement of the line out with midfielder Sean Quinlivan going into goals. Points from O'Sullivan and Werner had Ballinora leading by 1-3 to 0-1 in the 20th minute and looking likely winners. Then came red card No. 1 when Brian McCarthy was dismissed on the advice of a linesman and a point for Inniscarra from a Jamie McCarthy free reduced the difference between the teams to four points. Up stepped Kevin Werner with a superb point from the restart and at half time Ballinora led by 1-4 to 0-2, the ability to score from their opportunities the reason for the gap.

Six minutes into the second half, Ballinora lost their captain Colin Loughheed to another red card after a dangerous challenge and now the outcome of the contest was by no means certain. Dan Murphy immediately pointed a free for Inniscarra to boost their belief that the game could be won but it was not until the 44th minute that they scored again, when Murphy took a point from play, 1-5 to 0-5 now the score. Two points in rapid succession from Donal Dineen had Inniscarra within a point of the winners in the 47th minute but Ballinora were contesting every ball and not panicking and frustrated every Inniscarra effort in attack. A ten minute scoreless period ended with a vital point for Ballinora from Kevin Werner in the 58th minute, but from the kick out Inniscarra went up field and Shane Buckley sent over the bar to leave only the minimum between the teams once again. Inniscarra were on the offensive but an attack was stopped by centre back Conor McGrath whom

drove forward, parted to Cian Healy who punted ahead to Andrew O'Sullivan who advanced into the clear and sent an unstoppable shot to the Inniscarra net. This goal settled the issue as Ballinora put up the shutters now and a single point from a Dan Murphy free was the only reward for Inniscarra in the five minutes of time added. Ballinora were deserving winners and rightly celebrated in style.

Scorers: Ballinora: K Werner 1-4 (0-2f), A O'Sullivan 1-2

Inniscarra: D Murphy 0-4 (0-3f), D Dineen 0-2, S Buckley, M O'Connell and J Lynch (f), 0-1 each.

Ballinora: Eoin Walsh: James Walsh, Tim Crotty, John O'Regan: Denis Buckley, Conor McGrath, Brendan Hourihan: Jack Twohig, Cian Lucey: Colin Loughheed, Jurgen Werner, Tomas McGrath: Kevin Werner, Brian McCarthy, Andrew O'Sullivan. Subs: Noel O'Toole for J Werner 50, Danny Dineen for J O'Regan 53

Inniscarra: Ben Maher: Jonathan Bush, Kevin Burke, Darragh Hughes: Jack Harrington, John O'Brien, Cathal Griffin: Con O'Leraey, sean Quionlivan: Sé O'Donoghue, Jerry Rocjhe, Shane Buckley: Michael O'Connell, Daniel Murphy, Jamie Lynch. Subs: Seán Barrett for B Maher inj 9, Mark Nagle for J Bush ht, Donal Dineen for J Lynch 38, Brian Lowney for S Barrett 49, Donal O'Callaghan for J Harrington inj 54, Referee: Colm Ó Mocháin, Cill na Martra

Cork County JBFC

Ballinora 3-10 Kildorrery 0-5

Luke O'Donovan, Darragh Corkery, Alan O'Shea, Noah Seacey and Joe Conway saw action in this quarter final victory, which became a rather easy win in the end.

Semi Final: Ballinora v Douglas

Rochestown Park Hotel

Mid Cork Junior C Football Championship Final Béal Átha'n Ghaorthaidh 1-7 Inniscarra 0-9

HAVE YOU A NEWS STORY?

Contact the Editor by Email: leevalleyoutlook@macroom.ie



HURLING: Co-Op Superstores Cork County Hurling Championships

Premier Senior Hurling

Final: Sarsfields 0-21 Midleton 0-19

Relegation: Glen Rovers relegated

Munster: Ballygunner, Waterford 2-20 Sarsfields 0-9

Senior A Hurling

Final: Newcestown 0-19 Blarney 1-16

Relegation: Mallow relegated

Premier Intermediate Hurling

Final: Castlelyons 0-19 Kilworth 0-17

Relegation: Bandon relegated

Munster:

Semi final: Castlelyons 2-22 Crotta O'Neills, Kerry 2-18 aet

Final: Castlelyons v Corofin, Clare

Intermediate A Hurling

Final: Aghabullogue 3 – 17 (26) Midleton 2 – 19 (25)

Relegation: Douglas relegated

County Premier Junior Hurling

Final: Erin's Own 1-14 St Catherine's 2-9

Relegation: Tracton relegated

Munster:

Quarter final: St Catherines 2-16 Ardmore 1-11

Semi final: St Catherines 2-17 Ballinahinch, Tipperary 0-11

Final: St Catherines v Feenagh/Kilmeedy Limeerick

County Junior Hurling Championship

Semi Final

Nemo Rangers 2-12 Ballinora 1-14

Nemo Rangers booked their place in the Co-Op Superstores JAHF final after a thrilling one-point victory over Ballinora at Páirc Uí Rinn.

Nemo struck with the last puck of the game, Jack Horgan getting a vital touch to a long-range free to deny Ballinora a place in the final in cruel fashion.

The opening half was lively and competitive. The city champions opened their scoring account

with a point but the Muskerry winners Ballinora found the net through Darragh Corkery. Nemo responded with a free but Ballinora continued to impress with Alan O'Shea and Cork U20 Shane Kingston both slotting over.

On 18 minutes Nemo Rangers reduced the gap down to two points, when Dalton blasted home from close range. The sides were level by the 25th minute, as Nemo got two points in a row. The city side then led but Ballinora had the final say in the first half, as Tommy Burns a great score from a tight angle to make it 1-6 each at the interval.

Nemo got the opening score of the second half, but Ballinora levelled again through Kingston. After the sides traded points, Ballinora edged ahead on 42 minutes through another Kingston point from a free. This was followed up by a wonderful long-range score by Neil Lordan. Nemo responded once again, 1-10 apiece, through a pair of fine scores and they went in front after 48 minutes. Ballinora held firm and a super Kingston point from distance gave them the lead once more.

The impressive Horgan levelled again, but Shane Kingston scored twice to give Ballinora a two point lead in stoppage time but the city side snatched the win with Jack Horgan late, late goal.

Ballinora: S Kingston 0-7 (0-5 f), D Corkery 1-1, A O'Shea, J Byrne 0-2 each, N Lordan, T Burns 0-1 each.

Ballinora: Barry Crowley; Pat Fitton, James Lordan, Tim Forde; Mike Lordan, Neil Lordan, Ken Grealley; James Byrne, Shane Kingston; Danny Dineen, Colm Quirke, Tommy Burns; Alan O'Shea, Darragh Corkery, Kevin Murphy. Subs: Ronan Barrow 21, Andrew O'Sullivan 42, Michael Quirke 52.

Oriel House Hotel

Mid Cork Junior B Hurling Championship

Final Replay: Inniscarra 1 – 21 Aghabullogue 1 – 17 aet

Cork County JBHC: Fermoy 1-14 Inniscarra 0-15

Macroom Motors

Mid Cork U21 Football Championship

A Grade (2 teams): Final: Ballincollig 3-8 Éire Óg 0-14

B Grade (3 teams): Naomh Abán 1-14 Inniscarra 0-11: Aghabullogue v Inniscarra

C Grade (9 teams):

Preliminary Round: Macroom 3-11 Clondrohid 1-11

Quarter Finals: Béal Átha'n Ghaorthaidh 1-16

Iveleary 2-6: Grenagh 2-12 Macroom 1-10:

Donoughmore bye: Aghinagh 4-12 Kilmichael

0-10 Semi Finals: Donoughmore 1-15 Grenagh

0-7: Béal Átha'n Ghaorthaidh v Aghinagh

Farho Heating

Mid Cork U21 Hurling Championship

Premier Grade: (4 teams): Semi finals: Ballincollig

2-23 Éire Ó 0-14: Inniscarra 3-15 Blarney 0-10.

Final: Ballincollig 1-24 Inniscarra 2-16

A Grade (3 teams): Grenagh 1-14 Cloughduv 0-8:

Final: Aghabullogue v Grenagh

B Grade (4 teams): Lee Gaels 1-11 Western Gaels

2-22: Donoughmore 0-23 Inniscarra B 0-6 Final:

Donoughmore 2-14 Western Gaels 1-7

Munster Colleges – Corn Uí Mhuirí Senior A Football Results for Round 1 and Rd 2:

St Brendan's Killarney 6-9 Col Choilm Ballincollig 0-11

Patrican Academy Mallow 3-13 Col Choilm 0-9

Coachford CC 1-8 Chorca Dhuibhne, An Daingean 0-10

Mount Hawk Tralee 1-12 Coachford CC 1-5

St Francis Rochestown 2-9 De La Salle Macroom 1-8

Col na Sceilge, Caherciveen 0-14 DLS Macroom 1-9

Premier 2 U 16 Football Championship Semi Final

Macroom 3 – 12 Kinsale 0 – 22 aet

Macroom U16s bowed out of the Premier 2 championship, losing a thrilling semi final contest at the Castle Grounds, the winning score being the last kick of the game in extra time. The game was nip and tick all through with both teams playing some very attractive football. The teams were level at full time, 2-10 to 0-16 and Kinsale got the winning score at the very end of extra time.

Macroom scorers: Cian O'Sullivan 1-9 (1-0 pen, 0-6f), Sam Leavey 1-1, Rory O'Shea 1-0, David Neville 0-1 Billy Murphy 0-1

Macroom: Noe Kollar, Donagh Murray, Ruairí O'Shea, Shane McCarthy, Regan Wong, Eoghan Healy, Denis McSweeney, Sam Leavy, Billy Coleman, Ruadhán McKenna, Cian O'Sullivan, Jack O'Shea, David Neville, Odhran Creed, Billy Murphy, Gearóid Quinn, Darragh O'Donovan, Cathal Neville, Ryan Siju, Euan Molyneux, Coran Burns, Jack Leavy.



Macroom U16, who were defeated by Kinsale in the Premier 2 county football semi final

Macroom U16s have had a great year playing in a very high grade and the highlight of the year was the winning of the county league title back in July.

The future is very promising for this talented group of players.



MACROOM SOCCER CLUB

Macroom FC Astro Pitch and Community Walkway

There has been very little football played over the last few weeks due to unplayable pitches caused by the incessant rain. The absolute necessity for an all weather facility in the club has never been more obvious. Our growing playing numbers (now over 600 schoolboys, schoolgirls and adults) and their coaches are being left disappointed almost on a weekly basis when news of yet more postponements emerge. Clearly, the only way forward is the Astro. Some away games have taken place as many clubs with Astroturf facilities are able to continue with fixtures. More and more Astros are being built throughout the country and as is well known locally, Macroom FC are continuing with our ambitious plan to build our very own in 2024. The club is very much ready to go and our plans are well progressed. A considerable funding jigsaw including club finances, fundraising, sponsorship, grant applications and loan approval have all been teased out over the previous 18

months and the club Astro committee have done excellent diligent work behind the scenes. A wide ranging Sports Capital Grant application has been sent to the Department of Tourism, Culture, Arts, Gaeltacht, Sport and Media and announcements regarding funding is expected in the Spring of 2024. If funding is approved, Macroom FC will be in a position to push on with the Astro and Community Walkway build and the hope is that by next winter, home fixtures will be taking place at the brand new Astro facility. We are more determined than ever to complete this project which will bring huge benefits to club members, the local public and the wider Lee Valley community who will see a new and safe walking route in Macroom town, around the Astro at our home ground of Murrayfield. At this point we plan to continue our fundraising efforts into next year and we sincerely thank the public and business community who have shown so much goodwill towards our club up until this point. We are currently offering the following categories for

those wishing to sponsor and support the project:

Astro Pitchside Advertising Sign, 8ft x 2ft for 5 years, €3,000.

A4 size sign on Friends of Macroom FC wall located at Murrayfield, €1,000.

Name on display on supporters of Macroom FC list, €100.

Any persons/businesses who would be interested in supporting Macroom FC can contact any of the following committee members: Denis Murray 087 2941780, JJ Murphy 086 8434023, John Ronan 087 6458323, Darragh Deasy 086 3524308, James Neville 086 3843140 and Roy Desmond 087 7978636 who would be delighted to discuss our plans further.



Macroom FC U11s who played Douglas Hall in a non competitive game.



Macroom FC U16A team who travelled to East Cork to play Youghal Utd.



Proud granda: Seán Lynch, Réidh na nDoirí with his five grandsons Mattie, Cillian, Seán Óg, Conall and Jerh after winning the U15 County final with Gill na Martra against Castlelyons recently. (Pic supplied)



Eoghan O Riordan and Cormac Quayle with the football trophy, when the Aghabullogue GAA teams who are celebrating a historic double in the Intermediate Football and Hurling championships and also victory in a recent Junior B football competition visited the school

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IRISH ENERGY POLICY FAST BECOMING INCOHERENT AND INEFFECTIVE

- STATE BUYING GAS STORAGE SHIPS WHILE REFUSING PERMISSION FOR LNG TERMINAL IN

BALLYLONGFORD IS NEGLIGENT -

Ireland South MEP Billy Kelleher has said that Ireland's energy policy is fast becoming incoherent and woefully ineffective and that Minister Eamon Ryan needs to take his outdated, ideological glasses off or risk hurting Irish consumers even more.

Kelleher was commenting after it was announced that the Irish State would buy a ship for gas storage and moor it off the Irish coast.

"If it wasn't so damaging to our energy security, it would be laughable. Only recently did An Bord Pleanála rule against a private LNG terminal and gas storage facility in Ballylongford because the Government hadn't concluded its long awaited Energy Security Review and that there was a risk fracked gas could have been part of the mix.

"Now we have the State spending taxpayers' money, people and businesses who are already paying through the roof for domestic and commercial gas and electricity, on something the private sector could have developed.

"Ireland needs gas storage capacity, and in my opinion, and in the opinion of countless energy security experts, we need the ability to import LNG into our country to allow us to diversify our supplies.

Why the State, and in particular Minister Ryan, feels it should be the one to do it, rather than allow private industry to do it is simply mind boggling.

"Does the Minister really believe that when Ireland buys its gas on the private markets, it won't contain fracked gas? Both fracked and non-fracked gases

are pumped into the injecting lines all over the world. There aren't separate networks in operation. It's just wishful thinking at this stage from the Minister.

"An issue as crucial as energy security and energy supply cannot be jeopardised in such a way. As I have called for before, Ireland needs an independent energy Czar to take ownership of our energy security. It's too important an issue for our country and our citizens," concluded Kelleher.





A Word of Victory

Welcome back dear student '... when Jesus saw a woman crippled by an evil spirit, He called her over saying, 'dear woman, you are healed (loosed) from your infirmity' (Luke 13:10-16). She had been bent double for eighteen years, unable to stand up straight. When Jesus saw her He felt compassion for her. It's one of the core elements of His ministry – to heal those imprisoned by demons – whether that has manifested as a physical sickness or infirmity, or caused mental torment, restricting God's children from living a full life (Luke 4:18-19). When praying for people we often find the same things on their hearts – needing freedom from fear, or healing from sickness and infirmity. The lady that Jesus ministered to that day was in church – completely bent down from years of dealing with pain. It angered Jesus when the religious leaders first chastised Him, then embarrassed the woman - telling her to come some other day to be healed; meaning, don't disrupt their cosy rituals by actually looking for something from God. Jesus flipped - calling them hypocrites! They were representing God yet not carrying through His desires. Jesus pointed out that this woman was being robbed of enjoying her life by Satan.

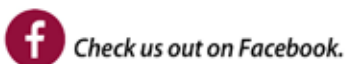
This is the case for multiples of people. And why? Because they have no knowledge of God's Word. The Bible has been replaced by rituals, man's teachings or by mysticism. Life is a battlefield and we each are on it whether we like it or not. Some get taken off the battlefield traumatised, crippled or dead. Others just exist wearily - never gaining ground, and never seeing success. But warriors who succeed in battle learn all about their enemy and strategize how to take advantage of his weakness, while at the same time developing their own strengths, giving them the power to endure and overcome to achieve victory. Our latest podcast on Spotify called 'Picture The Scene' will help to further explain this.

Studying the Bible is not like reading a novel, that's why many fail to understand the Scriptures. Every Word of God contains Power, but it is revealed with the help of the Holy Spirit (John 14:26). Jesus said, 'the Words I speak to you are Spirit and Life' (John 6:63). Life flows from the Word of God. Jesus quoted the Scripture "man shall not live on bread alone but by every Word that comes from the mouth of God" when rebutting the devil's taunts (Luke 4:4). It's not a sin to enjoy your life! Religiosity has groomed people to believe that suffering, sickness, torment and lack are good, and that God likes you better in that state. Nothing could be further from the Truth! Those things give God neither glory nor pleasure. Hence, Jesus healed people everywhere He went (Matthew 8:14-17). Up to meeting Jesus they had no hope, so when He healed them everything changed - lives were restored, and the people rejoiced and praised God! (Luke 13:17; Mark 3:1-6; Acts 3:1-11). This is how life is meant to be lived in God's eyes (John 10:10). People say – 'well why did Jesus say, "take up your cross" then?' The cross he refers to is dying to self, and persecution - people won't like it if you get serious with God's Word, and the enemy will try to bring a backlash but, the Greater One lives in you! (1 John 4:4)

Notice: Saturday December 2nd next - we are hosting a Day of Prayer – to pray for our children.

Bible Study & Prayer every Sunday @ 11am and Thursdays @ 7.30pm in person and on Zoom at Word of Victory Christian Fellowship Killarney - Eircode: V93V6X4.

You can listen to our podcasts on Spotify. Find the links on our Facebook page - Word of Victory Christian Fellowship Killarney, or on Twitter - @WOVKillarney.



E: wovkillarney@gmail.com | Phone/Text - 087 4471797

2ND ANNIVERSARY



Treasured memories of Dad and Grandad

JERRY MANNING

late of Moulnahourna, Carriganima, Macroom, who's 2nd anniversary occurs on the 27th of November.

Happy memories will keep forever, of days when we were all together. Each of us in our own special way have special thoughts of you today.



So sadly missed by Mark, Julie, Stephanie, Sarah, Douglas, Darren, Rachel and Jerry.

2ND ANNIVERSARY



In loving memory of our darling Dad

JERRY MANNING

late of Moulnahourna, Carriganima, Macroom, whose 2nd anniversary occurs on the 27th November.

A daily thought, a silent tear, a constant wish that you were here.



Loved and remembered everyday by Nellie, John, Julie, David, Martin, Raymond, Marie, Kevin and extended families.

6th ANNIVERSARY



In loving memory of

DIARMUID (JOEY) O'CONNELL

Coolnacahera and Lisboyrene Who passed away 23rd November 2017

God called your name so gently That only you could hear. No one heard the footsteps Of the Angel drawing near. Softly from the shadows There came a gentle call, You closed your eyes and went to sleep, And quietly left us all.



Always remembered by your loving family. St Gobnait pray for him.

6TH ANNIVERSARY



In loving memory of

TIM O'LEARY

Rossmore, Kilbarry, Macroom, Whose anniversary occurs on 25th November.

Silent thoughts, sincere and true From a family who thought the world of you. No longer in our lives to share, But in our hearts you're always there.



Lovingly remembered by your wife Margaret, Son: Gerard and Daughter in Law: Erika and Grandson Tim, Granddaughter Mia and all the family.

ACKNOWLEDGEMENT



In loving memory of

**FR. PAT
O'CONNELL**

**Hexham & Newcastle Diocese
Late of Clounavrick, Macroom**

Fr. Pat's sister Chris and his nieces & nephews would like to express our sincere gratitude to all those who sympathised with us on our sad bereavement and to all our kind relatives, friends and neighbours. We want to thank all who attended the removal at St. John's Church, Rusheen and St Colman's Church, Macroom. Those who attended the Requiem Mass, sent online condolences, Mass cards, letters of sympathy and cards.

We would like to express our sincere thanks to Msgr. James O'Donnell, Canon Donal Roberts, Fr. Joe O'Mahony and Fr David Smith, Hexham & Newcastle Diocese and all Fr. Pat's fellow priests who concelebrated the Mass. Thanks also to Brendan O'Brien, Michael Bradley and all the choir members who sang so beautifully with Mary McSweeney, the organist, Teddy the Sacristan, the readers, his nephew, Jim who gave the Eulogy of Pat's life and all who took part in any way. We also express our heartfelt thanks to Martin Fitzgerald and his son Bill and staff whose help and guidance were so professional at all times.

Thanks to the Cemetery Caretaker.

Thanks also to the Aghinagh Parish Pastoral Council for arranging the church and hall for the month's mind Mass. That evening was very special to us all.

Thanks to the Castle Hotel for all the beautiful meals served.

It's almost impossible to thank you all individually. Please accept this acknowledgement as a token of our sincere thanks and gratitude. The Holy Sacrifice of the Mass has been offered for your intentions.



**FIRST ANNIVERSARY
AND ACKNOWLEDGEMENT**



In loving memory of

**DENIS
MURPHY**

Ardnaneen, Terelton

Who died on 25th November 2022.

As we lovingly remember Denis on his first anniversary, we his family, would like to express our sincere gratitude to all those who supported and sympathised with us during our sad bereavement.

We would like to thank the first responders, all those who called to the house, attended the funeral, and sent online condolences, floral tributes, Mass cards and letters of sympathy. We deeply appreciate the kindness and support of our neighbours, friends and extended families.

Many thanks to Fr Pat O'Donovan and Monsignor Kevin O'Callaghan for celebrating the funeral mass. Thank you to all those who were involved in the guard of honour and those who did traffic management on the day of the funeral. Thank you to Cyril and staff at Casey's Funeral Directors for their kindness and professionalism.

To all those who helped us in any way it is impossible to mention everyone individually, please accept this acknowledgement as an expression of our deepest gratitude.



Always remembered and dearly missed by Joan, John, Ray, Yvonne and their families.

**10th ANNIVERSARY &
BIRTHDAY REMEMBRANCE**



In loving memory of

NELL MURPHY

**Knockroe, Kilnamartyra, Macroom
Whose anniversary occurs on the
23rd November.**

*God saw you getting tired,
And a cure was not to be,
So he put his arms around you,
And whispered come to me,
With tearful eyes we watched you,
We watched you fade away,
Although we loved you dearly,
We knew you could not stay,
You left behind some aching hearts,
That love you most sincere,
We never did and never will,
Forget you Mother dear.*



Always loved and remembered,
Anna, Dan, Denis, Elaine, Danny and Sheena.

8th ANNIVERSARY



In loving memory of

**THOMAS (TOM)
BUCKLEY**

**Lower Belmont, Crookstown
Co Cork Whose 8th Anniversary is at
this time. Died on the
14th November 2015**

*If we could write a story
It would be the greatest told
Of a kind and loving father
Who had a heart of gold
We could write a million pages
But still be unable to say
Just how we love and miss him
Every single day.*



Loved and missed by your family
Aidan, Maria, and Caroline son in laws
Vincent and Vincent grandchildren
Lisa-Marie, Shauna, Caoimhe, Eadaoin,
Darragh and Jack

8TH ANNIVERSARY



In loving memory of

**MOLLIE
COTTER**

**Gortnalour, Inchigeela, Co. Cork
Died 19th of November 2015**

*We hold you close within our hearts,
And there you shall remain.
To walk with us throughout our lives
Until we meet again.*



Sadly missed and always remembered
with love by your daughter Margaret,
son William, grandchildren and great-
grandchildren.

6TH ANNIVERSARY



In loving memory of

KILIAN LYNCH

**Ballyverane House, Macroom,
Co. Cork
Died 22nd of November 2017**

*Lonely is the home without you,
Life to us is not the same;
All the world would be like Heaven,
If we could have you back again.
It broke our hearts to lose you
But you didn't go alone,
For part of us went with you
The day God called you home*



Missed every day and forever loved by
your wife Margaret, sons, daughters and
grandchildren.

THE MIRACLE PRAYER



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer. **CC**

THE MIRACLE PRAYER



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer. **MORC**

3RD ANNIVERSARY



Treasured & Remembered with Love

DAMIAN DINEEN
Durrincullin, Coolea

*You are those whispers we hear,
When we are in doubt,
You safely guide us, when we need
to figure things out.*



Forever and always loved by
Lucy, Liadh, Eoghan and Liam

Damian's 3rd Anniversary mass will be on
Sunday the 10th of December in Séipéal
Chúil Aodha at 10a.m.

3RD ANNIVERSARY



Always in our Hearts

DAMIAN DINEEN
Durrincullin, Coolea

*Silent thoughts sincere and true
from a family,
who thought the world of you.
You are missed each and every day
for you were someone special,
who meant more than words can say.*



Forever loved and remembered by your
Mom Bridie, Nuala, Gearoid & Pdraig,
brother and sisters in law, Dave, Margaret,
Tracy & their families.

6th & 4th ANNIVERSARY



In loving memory of

DENIS JNR CULLINANE

Died on the 28th September 2017

DENIS SNR CULLINANE

Died on the 15th of November 2019

Roovesbeg, Coachford, Co. Cork

*You are more than a memory
silently kept.
You are part of our lives
we will never forget.*



Always remembered by your loving
family.

4th ANNIVERSARY



In loving memory of

JOHN JOE O'RIORDAN

Dripsey Cross, Dripsey
Who died on 24th November 2019

*Time and years slip quietly by,
But love and memories never die,
In our hearts you will always stay,
Loved and remembered every day.*



Always remembered by your loving wife
Kathleen & Families.

2ND ANNIVERSARY



In loving memory of

TONY O'SULLIVAN

Curraghawaddra, Coachford
Who died on 25th November 2021

*No matter how life changes
No matter what we do
A special place within our hearts
Is always kept for you.*



Lovingly remembered and sadly missed
by Sheena, Susan, Teddy and Families

2ND ANNIVERSARY



In loving memory of

TONY O'SULLIVAN

Curraghawaddra, Coachford
Who died on 25th November 2021

*We think of you in silence
We often speak your name
But all we have are memories
And your picture in a frame
Your resting place we visit
And put flowers there with care
But no one knows the heartache
As we turn and leave you there.*



Loved and missed everyday by your wife
Mairead, Mark, Lisa and Dean
Jacquie, Ciaran and Sarah and your
grandchild AJ

8TH ANNIVERSARY



In loving memory of

MICHAEL (MICKEY) BUCKLEY

Inchinahoury, Kilnamartyra,
who died on November 27th 2015

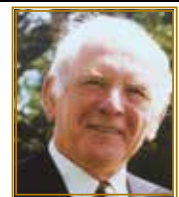
*We hold you close within our hearts
And there you shall remain
To walk with us throughout our lives
Until we meet again.*



Always remembered by Mom & Dad and
all the Buckley Family

Ar dheis Dé go raibh a anam dilis.

6th ANNIVERSARY



In loving memory of

DONAL CREED
late of Codrum, Macroom, Co Cork
Died 23rd November 2017

*In loving memory of Donal a dear husband,
father, grandfather, great grandfather,
brother, uncle and friend.*



Remembered every day with so much
love by his wife Madeleine and by his
extended family

Ar Dheis Dé go raibh a anam uasal

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24th ANNIVERSARY



Always in our Hearts

SHEILA FREE TWOMEY (NEE LYNCH)

The Mills, Ballyvourney, Co. Cork
26-04-1932 to 21-11-1999, RIP

*Remembering you is easy
We do it everyday
The happy times together
And the things you used to say.
We hold you tightly within our hearts
And there you will remain,
And though many years
have now passed by
Our love is still the same.*

She lived for those she loved
And those she loved remember.

Sheila is greatly missed by her daughters Margaret, Joan & Mary, sons Michael & Martin & their partners & her 16 grandchildren & great grandchild Ellie.

6th ANNIVERSARY



In loving memory of

ANNE (NEE KELLEHER) CUNNINGHAM

13 Oakwood Court, Macroom.
Died on November 20th 2017

*You lived your life with meaning
And with a smile upon your face.
A world that was full of happiness
Is now an empty place.*



Always remembered by her loving Sons, Grandchildren, extended Family & her dear Friends.

May she rest in peace.

4th ANNIVERSARY



In loving memory of

TOMMY GLEESON

Lisnashandrum, Berrings.

Who died on 18th November 2017

*God saw you getting tired
And a cure was not to be
So he put his arms around you
And whispered "Come to me".
With tearful eyes we watched you
And saw you pass away
And although we love you dearly
We could not make you stay
A Golden heart stopped beating
Hard working hands at rest
God broke our hearts to prove to us
He only takes the best*



Always remembered by your cousin Joan, Finbarr and family

3rd ANNIVERSARY



In loving memory of

JOHN HUBBARD

Ballyvongane, Coachford
Who died on 27th November 2020

*God saw you getting tired
And a cure was not to be
So he put his arms around you
And whispered come to me.
A golden heart stopped beating
Hard working hands at rest
God broke our hearts to prove to us
He only takes the best.*



Always remembered by your loving wife Eileen, sons Anthony and Eugene. Daughters Norma and Evelyn, grandchildren extended family and friends.

6th ANNIVERSARY



In loving memory of

MARY CRONIN

Candromey, Kilnamartyra
who died on 27th November 2017

*We think of you in silence,
We often speak your name,
But all we have are memories
And your picture in a frame.
Your resting place we visit
And put flowers there with care.
But no one knows the heartache,
As we turn and leave you there.*



Forever in our hearts,
Colman, Bernie and family

2ND ANNIVERSARY



In loving memory of

MARY O'CONNELL

Knocksaharn West, Kilnamartyra
whose second anniversary occurs on
2nd December 2023.

*A loved one never leaves you
They're never far away.
They watch you from a distance
And guide you every day.
They do become your angel
And look down from above.
A loved one never leaves you
Because you always have their love.*



Lovingly remembered & sadly missed
by Breda, Michéal, Christopher, Nancy & Caoimhe.

22ND ANNIVERSARY



In loving memory of

MARY MURPHY

Roovesmore, Coachford
Who died on the 18th Nov, 2001

*Those we love don't go away,
They walk beside us everyday.
Unseen, unheard, but always near,
Still loved, still missed and very dear.*



Always remembered by her loving husband Dan & family.

6th ANNIVERSARY



In loving memory of

SHEILA LEHANE

Lisbeemore, Kilnamartyra
who died on the 23rd November
2017

*Just a prayer from the family
who loved you,
Just a memory fond and true.
In our hearts you will live forever,
Because we thought the world of you.*



Lovingly remembered by Paddy, Johnny, Vincent, Nora, Delia and their families

THE MIRACLE PRAYER



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer. **MUS**

THE MIRACLE PRAYER



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer. **MM**

2ND ANNIVERSARY



In loving memory of

ANNE CRONIN

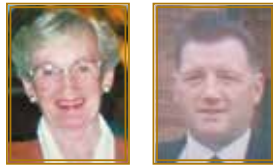
Masseytown, Macroom
25th November 2021

*They say there is a reason
They say time will heal;
Neither time or reason
Will change the way I feel.
Gone are the days we used to share,
But in my heart you are always there.
The gates of memories will never close;
I miss you more than Anybody knows.
Love and miss you every day.
Until we meet again.*



Forever loved and missed by Sarah, David,
Olivia and Rowan.

4th & 54th ANNIVERSARY



I gcuimhne ar

**MAIRÍN AGUS
BILL WISEMAN**

Cúil Aodha
a cailleadh an am seo den bhliain

*Ó fhás go haois, is ó aois go bás
Do dhá láimh, a Chríost, anall tharainn,
Ó bhás go críoch, ní críoch ach áth-fhás
I bParrthas na ngrást go rabhaimid*



I ndílchuimhne ón clann ar fad

7th ANNIVERSARY



In loving memory of

**THERESA
(TESSIE) DWYER**

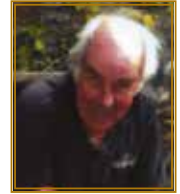
Crookstown, Co. Cork
Died on 17th November 2016

*You are more than a memory
silently kept.
You are part of our lives
we will never forget.*



Always remembered by
her loving family

13th ANNIVERSARY



In loving memory of

**SEÁN
O'SULLIVAN**

Murray's Lane, Monallig,
Carrigadrohid, Co. Cork
Whose 13th anniversary occurred
on the 3rd November.

*You are more than a memory
silently kept.
You are part of our lives
we will never forget.*



Always remembered
by his family

4th ANNIVERSARY



In loving memory of

**PEGGY
LYNCH**

Cúil Aodha
whose anniversary occurs on the
17th of November.

*A quiet thought
A silent prayer
For someone special in God's care.*



Fondly remembered always by your
loving family.

6th ANNIVERSARY



In loving memory of

**CONNIE
O'RIORDAN**

Carrignadoura, Ballingearry, Co. Cork
Died November 22nd, 2017

*Silent thoughts, sincere and true
From a family who thought the
world of you.
No longer in our lives to share,
But in our hearts you're always there.*

Go raibh leaba i measc na Naomh aige.



Lovingly remembered by Maura, Norma,
Eileen, Michael, Marie & Families

2nd & 11th ANNIVERSARY



In loving memory of

**ANNE
CRONIN**

Masseytown, Macroom
Who died on 25th November 2021



In loving memory of

**TERESA
CRONIN**

Upper Masseytown, Macroom
Who died on 21st November 2012

*We hold you close within our hearts,
And there you shall remain.
To walk with us throughout our lives
Until we meet again.*



Lovingly remembered always by Niall, Ruth, Vincent, Zoe, Nicola,
Sarah, Luke, Robert & loving families

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NOVENA TO ST. CLAIRE



Ask St. Claire for 3 favours, one business, two impossible and say nine Hail Mary's for nine days with lighted candle. Pray whether you believe or not. Publish on ninth day. Powerful Novena. May the sacred heart of Jesus be praised, adored, glorified and loved today and every day throughout the whole world forever Amen. Say six times daily for nine days. Your request will be granted no matter how difficult it may seem. Favour publication must be promised. **JD**

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