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Students from Schull Community College winners of the Schools Cook off Competition at Macroom Food Festival, Also included are Students from St Mary's Secondary School Macroom, Colaiste Fionnghua Mitchlestown, Skibbereen Community College and St. Colman's Community College Middleton. Pic. Peter Scanlan

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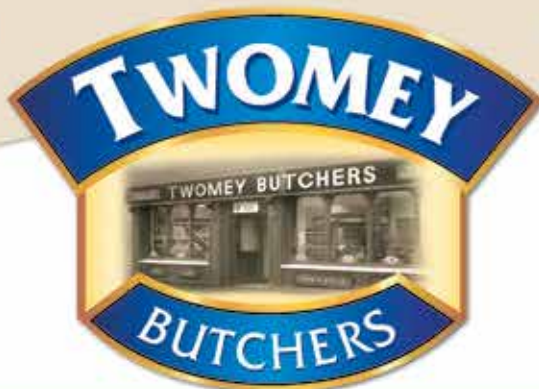
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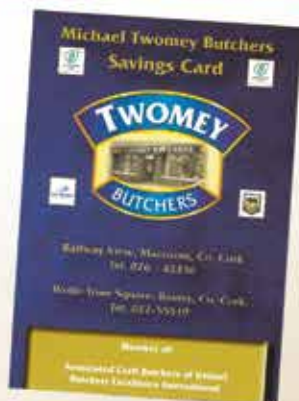


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Don't be a stranger If you have an article, photo or story you wish to share, email:

**leevalleyoutlook@macroom.ie**

If you cannot access physical copies, the LVO can be viewed online at: <https://www.outlookmags.com/archives/lee-valley-outlook/>

We are a bi-weekly magazine; therefore, submissions must be on the Sunday before publication at the latest, if you want a piece included in the following week's edition. Due to print processes, late submissions

will be published in the following edition. As always submissions as Gaeilge are always welcome too!

We love hearing local stories, opinions and events - current or historical, if you would like to submit an article as bearla nó as gaeilge, please feel free to email us here on leevalleyoutlook@macroom.ie, we would love to hear from you.

*Go raibh maith agaibh, Peter & Gráinne*

**For Advertising email Des. E: des@outlookmags.com**  
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**This year the Macroom Food Festival returned to a three-day event, with a very varied programme over the weekend of the 22nd-24th September.**

Friday night's Fun Food & Frolic a wonderful night's entertainment, Niamh McGrath from the Hawks Theatre Co Sligo presented GomBean an energetic comedy that had the audience giving the performance rapturous standing ovation. This was followed by a very tasty local food platter, and music by Comhaltas and Der Hurley.

Culture night in the Capel Hill School of Art was a treat, wonderful music by Pizzazz Violin Group a fitting compliment to local author Madeline D'Arcy's book reading from her award-winning Liberty Terrace. Madeline gave some insights to some of the book's characters and how she was inspired by family and neighbours such as the late Beatrice O'Neill, this led to a very special night of culture.

Saturday Secad's Multiculturism Though Food saw 16 different nationalities proudly cook the dish of their native soil, tastings were delicious and plentiful. The rain meant that all activities had to be held in the marquee in the square, but that didn't dampen the spirits. Entertainment by the Shamrock Bhangra Irelands Ethnic Indian Dance Group, and Umjo the African Drummers with their music and dance added to Saturday's



international theme. Earlier a coffee workshop was held with Fzin Coffee, promoting sustainable alternative to your daily routine. The Credit Union Kids Zone as always entertained the children with facepainting and producing balloon characters. If you ever wondered about the skills in cocktail making then Granvilles cocktail workshop was a big hit, with the opportunity to learn, and to make your own cocktail.

The forecast for Sunday was not good, however the Food Festival committee decided to go ahead with Market and the Schools Cook Off. Over 40 traders arrived from 7am on Sunday morning ready for the day's trading, clearly a hardy bunch. A social media callout to the people of Macroom to "put on your coat and get your hat" and go out and support the traders definitely paid off. People came and bought, some ate in the cars, some took the food home, and some waiting until the rain eased in the afternoon to come and enjoy the varied offerings. Traders overall were happy with the turnout, and the support they received

again this year.

The very successful Danone Schools Cook Off was Judged this year by the award-winning Chef Mark Doe, the winners were Schull Community School who had some tough competition from 5 other schools in the final. Mark said the standard was exceptional, and he was extremely impressed with the skills, and knowledge of all the students who prepared, cooked and presented on the day. Macroom Food Festival would like to acknowledge our sponsors who's support is key to the success of the event, Macroom Municipal District of Cork County Council, Danone, Secad, Macroom Credit Union, Follián, Michael Twomey Butchers, Macroom E Business Park, The Mulligan Room, Ted Kelleher First Aid & Hygiene, Deasy's Pharmacy, Pickled, Gougane Barra Hotel, Clonakilty Back Pudding Food Co., Fitzgerald's Bookshop, M & J Kelleher Oils, Fzin Coffee, Art on Main Street, Retail Financial Services, Cork Marts, Macroom Haulage, Connections, Matt Murphy Pharmacy, Kool Café, Granvilles, Killian Lynch Auctioneers, Nature's Corner, Vaughans Cafe and the Castle Hotel. To all the volunteers, and Macroom Tidy Towns, who year after year give so generously of their time, we are very grateful for your contribution and support for the Macroom Food Festival 2023.



Macroom Food Festival - Pic's. Peter Scanlan



"All Things Nice" at Macroom Food Festival. Pic. Peter Scanlan

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**NEW TO MARKET**

**AGHAVRIN, COACHFORD, CO. CORK P12NA78**

Killian Lynch Auctioneers are pleased to offer this pristine 4-bedroom detached house and garage on C.0.5 acres of landscaped gardens. The property has been kept in fantastic condition, comprising of C.1,867 sq ft living accommodation throughout. Ideal for a first-time buyer looking for a family home looking for a family home. Located only C. 5 minutes' drive to Coachford village and C.15 minutes' drive to Macroom town and C.30 minutes' drive to Cork city.

BER: F (116278300)  
AMV: €315,000



**NEW TO THE MARKET**

**MONEYCUSKER, TOAMES, MACROOM, CO. CORK P12EY28**

Killian Lynch Auctioneers are pleased to offer this stunning 4 bedroom detached property which boasts a large C.0.6 acres garden overlooking a lush green countryside view. The house which comprises of C.1,580 sq ft living accommodation throughout is in fantastic condition and has a cosy, homely feel to it. Located only C.5 minutes drive to Terelton village and C.10 minutes drive to Macroom town and C.30 minutes drive to Cork city. Viewings highly advised. BER C1 (116832676)

AMV: €315,000



**NEW TO THE MARKET**

**72 NEW STREET, MACROOM, CO. CORK P12 HF66**

Killian Lynch Auctioneers are pleased to offer this stunning 2 bedroom townhouse comprising of C.700 sq ft living accommodation throughout. The property is in pristine condition and must be seen to be appreciated. It also has the benefit of a south facing rear garden, located only walking distance to Macroom town centre, C.30 minutes drive to Cork, and C.30 minutes drive to Killarney.

BER: C3  
AMV: €175,000



**NEW TO MARKET**

**NORTH SQUARE, MACROOM, CO. CORK P12H048**

Killian Lynch Auctioneers are pleased to offer this 4 bedroom over ground floor commercial premises. The property which is situated within the heart of Macroom town centre comprises of C.1,150 sq ft living accommodation with C.465 sq ft on the ground floor. The property is in need of renovation throughout, but is in a property suitable for many uses. The property has also the benefit of a rear access.

BER: G  
GUIDE PRICE: €95,000



**UNDER OFFER**

**RAHALISK, MACROOM, CO. CORK P12K500**

Killian Lynch Auctioneers are pleased to offer this well maintained beautiful 2 bedroom bungalow on C.1.08 acres. The property which comprises of c.660 sq.ft. living accommodation is in excellent condition, as there has been much upgrading to include, external insulation of entire house, new boiler, new PVC windows and much more which needs to be seen to be appreciated. Situated in a cul de sac, roadway, the property is very private with beautiful views and is located c.10 minutes drive from Macroom town, c.30 minutes from Cork City.

BER: D2 (107591166)  
GUIDE PRICE: €190,000



**NEW TO THE MARKET**

**KILBARRY, LISSARDA, MACROOM, CO. CORK, P14RX97**

Killian Lynch Auctioneers are pleased to offer this traditional 3 bedroom farmhouse on c.1 acre. The property is very unique with the amount of outbuildings that come with the property. The farmhouse is in need of modernization throughout and comprises of c.1,060 sq.ft. living accommodation. The property is located in a beautiful scenic area and is very private, yet being only c.2km from the Cork/Macroom N22 main road. Cork is a c.25 minute drive and Macroom is only c.10 minutes drive from this property.

This is a rare opportunity and must not be missed.  
BER: D1  
GUIDE PRICE: €250,000



**VIEWING ADVISED**

**GURTEENROE, MACROOM, CO. CORK, P12NP51**

Killian Lynch Auctioneers are pleased to offer this spacious 4 bedroom detached house situated in a very private large site only minutes' walk from Macroom town centre. The property comprises of C.1,700 sq.ft. living accommodation is in need of modernization but has much to offer as a beautiful family home. This is a rare opportunity to acquire such a family home on such a large individual site in Macroom town centre.

BER D1 (114303118)  
AMV: €340,000



**UNDER OFFER**

**NO. 46 OAKWOOD, MACROOM, CO. CORK, P12 HR80**

Killian Lynch Auctioneers are pleased to offer this 3 bedroom semi-detached house which comes with extra-large front and rear gardens. The property which comprises of c.1,000 sq.ft. living accommodation is in good condition throughout and is an ideal investment property or starter home. The house is situated centrally to all local services and amenities, only c.10 minutes' walk from Macroom Town Centre.

BER: C2  
GUIDE PRICE: €250,000

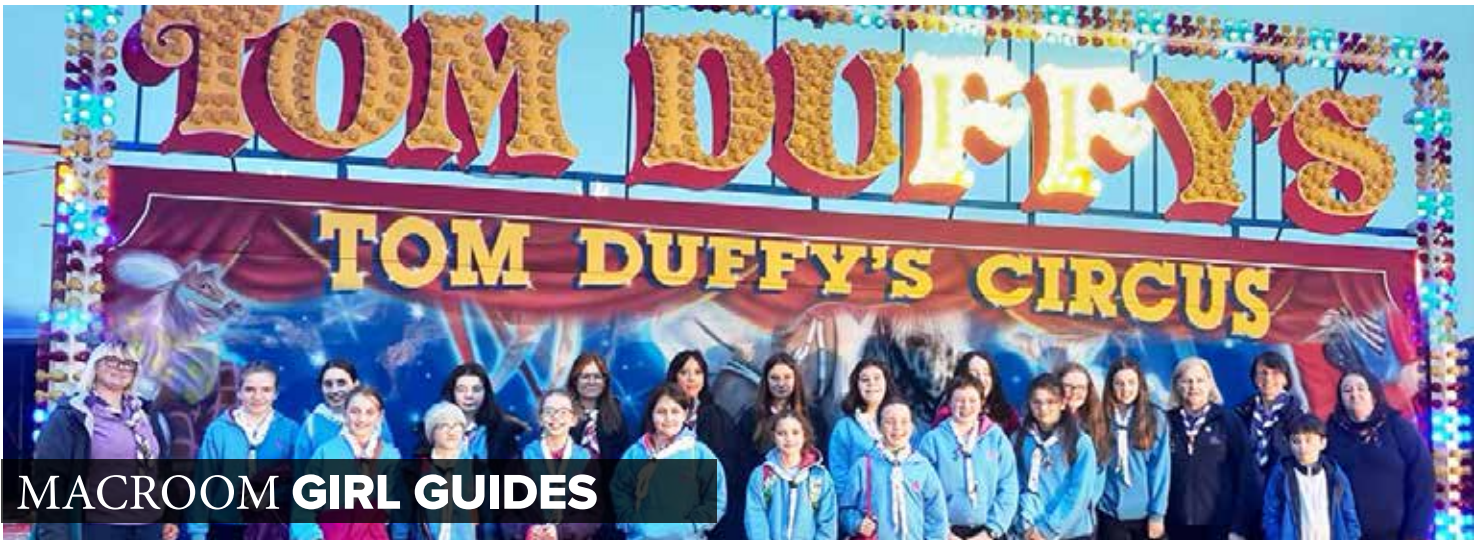


**NEW TO THE MARKET**

**GLANCARNEY, DUNMANWAY, CO. CORK**

Killian Lynch Auctioneers are pleased to offer this breathtaking 4 bedroom, 5 bathroom detached house on C.0.9 acres. The property which is in great condition throughout but is in need of some finishing touches is surrounded by a rugged mountainscape and even boasts its own water pond in the front garden. It also has a fantastic BER rating of B2 which qualifies for a green mortgage. The property comprises of C.2,940 sq ft living accommodation and is located just a C.10 minute drive from Dunmanway town, C.20 minute drive to Bantry and C.55 minutes drive to Cork city. Viewings are highly advised.

BER B2 (115339012)  
AMV: €370,000



**MACROOM GIRL GUIDES**

**On Friday 2 September, Ardilaun Guides held a Promise ceremony and five Guides made their promise in front of their families and the Guide Unit.** The initial stage of the programme when a girl joins Guides is that she prepares to make her Promise. She learns about being a Guide including learning the Guide Promise and Law; taking part in a good turn every day; learning about the flag of Irish Girl Guides and wearing the Guide uniform. Once she has

completed these tasks and a number of others and has been attending meetings for a minimum of eight weeks, she is enrolled as a Guide and will receive her first badge – her Promise Pin. Ardilaun Guides and MacEgan Senior Branch attend Duffy's Circus. A very enjoyable evening was had by the Ardilaun Guide and members of the MacEgan Senior Branch Unit at Duffy's Circus. The daredevil acrobatics kept them enthralled and the clown

got plenty of laughs with his funny antics. The lights show was spectacular and enjoyed by all. The Guides are looking forward to writing their reviews on the various aspects of the show for their interest badges. **For further information on Guiding in the Muskerry area please contact [macroomguides@gmail.com](mailto:macroomguides@gmail.com)**  
**Picture above: Ardilaun Guides and MacEgan Senior Branch at Duffy's Circus**



**This year's Tidy Towns Competition winners will be announced on the 6th of October at a ceremony in Croke Park.**

Here is hoping it will be good news. The booklet will be printed out and posted to one member of the committee. Where will we meet up after and discuss and see where we can improve for next year. On the 12th of September in County Hall the Anti-litter awards were announced. We didn't receive enough points to get into the top three of our category, but we were mentioned as a valuable participant in the Competition. The Pride in our Community Awards take place on the 24th of October at the Kingsley Hotel. Two members from the Tiny Feet Fairy Garden have been invited to the ceremony.

Nocturnal Invertebrates carry out essential functions in our ecosystem and are just as important as their daytime counterparts. Nighttime pollinators provide essential services to crop pollination and some fruit plants such as strawberries and blackberries can have a higher rate of pollination at night than during the day. Nocturnal invertebrates, such as moths, transport pollen across wide agricultural networks, providing pollen to wildflowers and enhancing species diversity in our landscape. There are around 1500 species of moths in Ireland. The five most common nocturnal moth species include: Burnished Brass, Herald, Elephant Hawkmoth, Large Yellow Underwing and Bordered Beauty. Nocturnal pollinators are in trouble due to Light Pollution. Streetlights containing Blue red light impairs them from finding mates, evading predators and pollinating plants. There are approximately 500,000 streetlights in Ireland and operate for approximately 4,100 hours per year. Some actions that we can take to help Nocturnal Pollinators include: 1) Close blinds or curtains at

night, 2) Minimise outdoor light use, 3) choose lights that are less harmful to biodiversity, 4) Try to avoid ornamental lighting, 5) Avoid pointing lights into the sky at night, 6) Increase native plants that provide nectar for nocturnal pollinators – Honeysuckle, Ivy and Willow to name just a few. 7) Increase Native plants that provide food for moth caterpillars – Oak, Holly and Nettle. 8) Don't tidy up dead plant matter – they use this to hide from predators. 9) Create a moon garden through ornamental gardening – Evening Primrose, Sweet Rocket and Common Jasmine. Would like to say a big well done to the Lee Valley Enterprise Board on running a very successful Food Festival over three days. We were well represented as we had volunteers from Both the riverside and Penns hotel who prepared food for the around the world for Multiculturalism Through Food Event in the Square on the Saturday. Tidy Towns Volunteers have been busy the last few weeks with litter picking, planning for next year and general maintenance around town.




Asad and Richard Busy Cleaning up at the entrance to St Coleman's Park.



Tidy Towns members busy Discussing Plans for Next Year

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# WILL MACROMPIAN MORGAN MCSWEENEY BECOME THE MOST POWERFUL IRISH PERSON IN POLITICS?

By Con Kelleher

**Most western European countries live in democracies where the people elect governments to run the affairs of state.**

So it is with Ireland and the UK. Compared to Ireland, the UK has recently had a volatile time politically – three prime ministers in the last thirteen months. Scotland wrestles with the independence issue and Northern Ireland’s parliament is suspended. Brexit and Covid have contributed much to the chaos. The Conservatives have been in government since 2010 - alone since 2015. Their period in power has included colourful if sad premierships of Boris Johnson and Liz Truss (very briefly) in office now the party’s popularity has plummeted. Opinion polls strongly indicate Labour’s Keir Starmer will replace Rishi Sunak as Prime Minister.

At the heart of Labour’s resurgence is a Macrompian. Morgan McSweeney, originally from Codrum is Starmer’s administrative right-hand man. In a recent article in the English newspaper, The Guardian, Morgan featured prominently. The Guardian is left-leaning, is sympathetic to Labour’s cause and is likely to have greater access to the ‘inside track’ of internal Labour party politics.

Pippa Crerar wrote an article entitled ‘Starmer’s reshuffle Smooth move to right seen by some as sure step on path to power’ in which she outlines this September’s changes in Labour’s front bench (The Guardian, 9 September, 2023, p. 23.) Basically it is a return towards Blairism, or less radical socialist policies. Extreme left-wing policies as espoused by Jeremy Corbyn make Labour unelectable. According to Crerar, ‘the reshuffle underlines the influence of Morgan McSweeney, Labour’s campaign director’. He along with other advisors Matt Pound and Matthew Doyle were responsible for the changes. The article cites, tongue-in-cheek, a senior advisor at Labour headquarters thus: ‘I think Morgan has increased his authority as leader of the Labour Party, they add with a dose of sarcasm.’ No doubt exaggerated, it nonetheless demonstrates the importance of Morgan in Labour’s hierarchy. If Labour wins the next election, Morgan’s contribution will be acknowledged and possibly earn him a position at the heart of government – after all, he will have been one of the architects of victory. However, politics is nothing if not fickle. There are at maximum sixteen months before the next British General Election which must be held before 28 January, 2025. While it is difficult to see the Conservatives recovering in time, Brexitism,

conservatism and English nationalism are very ingrained in the English/British psyche. Labour’s move to a more central position is geared towards reassuring the swaying middle ground and making a Labour victory.

Morgan is the son of Timmy and Carmel McSweeney, Codrum, brother of Alexandria and grandson of Mick and Nellie McSweeney, Middle Square. Timmy has been a colourful Macroom character for the past forty years – he was involved in Macroom GAA Club and was the junior team’s manager for many years. He was a selector on Macroom’s County-winning Intermediate team in 1982. Carmel hails from Bandon and is an accomplished bridge player. Morgan’s aunt, Evelyn McSweeney/Mungovan still lives in Middle Square with Pat, her husband. Evelyn was a Macroom Town Fine Gael councillor for many years; she and Timmy are stalwart members of the Fine Gael Party in Macroom and the constituency.

So keep an eye on British politics – the next General Election could see Morgan in an even more powerful position. Well done Morgan and Best of Luck.



Morgan McSweeney featuring in Guardian article. 9 Sept., 2023.

## MACROOM FLOWER & GARDEN CLUB

Macroom Flower & Garden Club will host an Illustrated Gardening Talk with guest speaker Hester Forde of “Coosheen Garden” entitled “Treasures of Spring” bulb planting, Thursday 12th of October 8pm at Coolcower House. Club Competitions and Sales table. Visitors very welcome. Gala Charity Demonstration Thursday November 9th Further details 087-9821708.

## Congratulations

Comhghairdeas Alana Murphy who received the Elaine Drummond perpetual award from UCC. Alana received this award for her achievements in both academia and clinical practice. She is passionate about the role of the RNID (Registered Nurse Intellectual Disability) and has

demonstrated great commitment to supporting persons with an intellectual disability to achieve their goals.

Dr Anne-Marie Martin, Ms Alana Murphy, Professor Patricia Leahy Warren and Dr Maria Caples.







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AGRI BUSINESS

# MCEGAN COLLEGE



Brian Healy & Molly Kelleher 5th Yr students at McEgan College at the Macroom Food Festivals Cook off for 2nd level Students.



Head Boy Ben Horgan & Head Girl Nora Kate O'Leary, pictured with Principal Ms. Trish Lynam & Deputy Principal Mr. Hugh Coughlan.

**STEM in McEgan:** 4th yr girls attended the RDI [Research Development & innovation] Hub, Killorglin on Tuesday 26th September for their first of three lab days as part of the STEM Passport for Inclusion programme initiated by Katriona O'Sullivan PhD at Maynooth University in conjunction with MTU. [Katriona is the author of "Poor" a book of her life from an underprivileged background to lecturer in Maynooth University]. Upon completion of this course the students will gain a Level 6 QQI award that will enable them to achieve an extra 50 CAO points each for STEM courses at third level. An excellent opportunity for the students at McEgan College.

**Macroom Food Festival School's Cook Off:** Congratulations to Brian Healy & Molly Kelleher who represented McEgan College at the School's Cook Off on Sunday 24th September. In very poor weather conditions, the two students impressed judge Mark Doe with their dish of West Cork Shellfish Risotto with Stuffed Courgette. Their dish featured quality local ingredients & low food miles, this competition promotes the rich food heritage of the locality and support for local

producers.

**Chess Club:** Chess Club takes place on Tuesday lunchtime. Already there's a huge interest with the more advanced players teaching the rules to newcomers. It is great to see some great conversations and healthy competition! It will run all year and is open to all levels!

**Book Club:** Book club also started on Fridays and participants can have tea & biscuits as they read. Library is open every day at lunchtime & on Thursdays Mr. O'Connor JCSP librarian will issue books from the school library which can be brought home to read.

**Science Club:** Science Club has begun on Thursdays at lunch. Students can drop in for a fun filled 30 minutes of outside the curriculum activities.

**Cooking Club:** On Mondays an after-school Cooking Club will allow students to learn new cooking skills. The Club is open to all students. Student Council News: Head Boy & Head Girl were chosen this week. Congratulations to Nora Kate O'Leary & Ben Horgan who are now the student leaders of the Student Council. The teacher

liaison for student voice this year are Ms.Hurley & Mr.Twohig. Each Class group has now elected their representative for Student Council. We look forward to some great new ideas from the student body.

**Higher Maths:** Extra classes have presently been given to Leaving Certificate Higher Level Students on Tuesdays Afternoons. The funding for these classes is being provided by UCC+. The tutor is Ms. Aisling O'Driscoll, past student of McEgan.

**Open Night & Application for next academic year 24/25:** Already there has been plenty of interest from 6th class students and their parents for application for the 24/25 academic year. Open night was held on 3rd October. Students and parents got a tour of the school and got to meet teachers & present students. The Engineering & Woodworkrooms are looking great after receiving a huge revamp in the past 12 months. Contact the office @ 026 41076 or email: mceganoffice@corkebt.ie for details & application forms.

## NUAcht Ó Choláiste Ghobnatan

### PEIL NA GCAILÍNÍ le Caoimhe Ní Thuama

D'imir cailíní faoi 16.5 ó Choláiste Ghobnatan inár gcéad bhabhta de chontae i gcoinne MICC i nDún Mánmhaí ar an Déardaoin 21ú Meán Fómhair ag 12rn. Bhí bua den scoth againn le cúil agus cúilíní álainn scóráilte ag na tosaithe. Rinne na cúilaithe a ndícheall gan an liathróid a chailliúint agus níor chuir siad aon am amú ag seoladh é amach arís go dtí na tosnaíthe agus lár na páirce. Táimid an-bhuíoch de hIníon Ní Iarlaithe agus Iníon Ní Bhuachalla as a gcabhair. Coláiste Ghobnatan abú!

### BYSTANDER

Faoi láthair tá daltaí ó bhliain a cúig ag díriú ar chúrsa Bystander. Tá 6 cheardlann éagsúla á dhéanamh ar thopaicí difriúla. I measc na topaicí tá; cead, caidrimh sláintiúla, noirm sóisialta, ciapadh gnéasach, ciapadh ar líne agus mí-úsáid grianghraif. Ba mhaith linn ár mbuíochas a ghabháil leis na múinteoirí go léir a bhí bainteach leis an gcúrsa; Iníon de Staic, Iníon Ní Ríordáin, Máistir Ó Céilleachair, Bean Uí Bhuachalla, Iníon Ní Bhuachalla agus Bean Uí Thuama.



Foireann Peile a d'imir in aghaidh MICC

### EOLAÍ ÓG

Tá Dylan Ó Tuama ón idirbhliain tar éis iarrachtas curtha isteach do chomórtas Eolaí Óg – guímid gach rath air.

### TRÁTHNÓNA NA NGAIRMEACHA

Anocht beidh Tráthnóna na nGairmeacha ar siúl sa scoil. Tabharfar deis do dhaltaí sinsearacha na scoile foghlaim faoin raon iontach gairmeacha amuigh ansin sa saol. Táimid ag súil le gach duine a fheiceáil anocht! Ba mhaith linn ár mbuíochas a ghabháil le Bean Uí Thuama a d'oibrigh go dian chun an ócáid seo a eagrú.

### OÍCHE OSCAILTE

Beidh an oíche oscailte ar siúl ar an 12ú Deireadh Fómhair - Bigí linn!

Our open night will be on 12th October – looking forward to see you!

### ÁR MEÁIN SHÓISIALTA

Leanaigí ár gcuntais le haghaidh an nuacht is déanaí!

X nó Twitter: @ColGhobnatan

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Saturday: 09.30 - 13.00



# Autumn Classes 2023

### Art Classes

- Advanced Painting Monday Mornings
- Monday Evenings Adult Painting for Beginners
- Monday Teens Art Class
- Tuesday Teen Art Class
- Beginner Crochet Wednesday Mornings
- Beginners Knitting Thursday Mornings
- Saturday Junior Art Class 5-8 Years
- Saturday Senior Art Class 8-12 Years

### Drama Classes

- Saturday Stage School (Juniors) 5-8 Years
- Saturday Stage School (Seniors) 8-12 Years



Places still available on our website:  
<https://www.macroomschoolofart.ie>  
or call Aoife 083 198 6226 / Norah 086 255 3216





# DE LA SALLE College Macroom

## First Year bonding day

A fun filled day at Ballyhass Coachford for our first year students. The day's activities were full to the brim and the students had a brilliant day. They braved the obstacle course on the cold water of the Lee, worked on their archery skills and at team bonding games throughout the day

## Author Visit

Last week 4th and 5th years had a visit from published author E.R. Murray.

During her visit she spoke frankly to the students about her childhood, how she became a writer and what inspires her when writing. DLS macroom is thankful to Children's books Ireland who have organised this workshop and donation of brand new books for the Library.

This visit is a part of a series of creative reading and writing workshops for our 4th and 5th years which will be hosted by E.R Murray between now and Christmas



De La Salle students enjoying Ballyhass



De La Salle students enjoying their lunch at Ballyhass Coachford.



De La Salle students taking a break at Ballyhass Coachford

## More from the De La Salle Digest

### Step into Style at Lavender Hair Design

By **Jamie Hourihan, Fionn O Reilly, Jakub Ciaston Gdaniec & Euan Molyneux**

The name "Lavender Hair Design" evokes a sense of relaxation and tranquillity, making it the perfect place for customers to unwind and indulge in a pampering hair treatment. Located in the middle of our bustling town, Lavender Hair Design has garnered many loyal customers due to its calming and soothing ambiance. With its inviting décor and friendly staff, the hairdresser has become a popular choice among locals.

Since its conception three years ago, Lavender Hair Design has become a fantastic new addition to the local area. It provides brilliant customer service and is in a very convenient location which has gone down well with town residents.

Owned by Patricia McCarthy, the business offers a variety of hair services for women, from cuts and colour to extensions and styling. The salon also uses high-quality, vegan-friendly, and cruelty-free hair products. What truly sets Lavender Hair Design apart is their commitment to the care of their staff. It is impressive to see that Patricia puts her six staff members first. They are valued and

well taken care of, ensuring that they are mentally and physically happy when they come to work.

Community is a big part of Lavender's business. The staff love meeting new people and getting to know them over time. Owning a salon in a tight knit community such as Macroom means having to know your customers as they keep the business alive. "We love our customers and our community, and we want to do everything we can to ensure they have an excellent customer experience in the salon. Each customer is treated with the utmost attention as our goal is to make our customers feel confident and beautiful, both inside and out".

After the business was hit hard by the COVID-19 pandemic, the support of the tight-knit community in Macroom kept it going. "We were shut like every other business at the time, which might have shaken us, but the community in Macroom kept us alive when we reopened. They were so supportive and understanding, and we can't thank them enough for that. It just goes to show how important it is to have a strong connection with the community you serve".



Lavender hair design owner, Patricia McCarthy with De La Salle Students Jamie Hourihan and Euan Molyneux

In recent years, her hard work and dedication have earned Lavender Hair Design multiple awards including the Phorest Client Experience Award and The Tia Maria Hair and Beauty Award 2022.

For anyone in search of a hair salon that not only provides exceptional services but also deeply cares about the community, Lavender Hair Design is the perfect choice. Do yourself a favour, step into Lavender Hair Design and let your hair down



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# Coláiste Íde

All Irish Boarding School for Girls



## OPEN DAY

### 21st October 2023

**10.00am - 4.00pm**

- Excellent Academic achievement and small class sizes: 80% of 2023 LC cohort achieved 500 points or higher.
- Majority of students enrolled attended English Medium primary schools!
- Remote Area Grant available from Department of Education subject to geographical location.
- 5th Year Transition Experience: Immerse in the Irish language for a year! (*Limited Places*).

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Link to  
90 second  
video.



# ST MARY'S NEWS



Transition Year students after arriving at the Ploughing Match

## ST MARY'S TY'S ADVENTURES

Although the school year has barely started, I think it's fair to say that the St Mary's transition year students have already got a feel for the year ahead and are liking what we see.

Many committees have already been established, including a fundraising committee, breast cancer awareness committee, suicide awareness committee and a wellbeing committee. We also had our first aid practical and theory days as well. Our T.Y show is off to a great start as auditions have already taken place and casting is in progress! There are so many wonderful opportunities here in St. Marys for T.Y.

We have already gone on trips, which we have all deemed a great success. These expeditions include the ploughing match and our bonding hike up Musherá mountain. At the ploughing, we were able to experience all the aspects of food science, from the producers to the processors and of course the agricultural aspects of the event too. The students were able to find a sense of independence from the day by navigating around such a vast site as well. Our hike up Musherá was a lovely experience that involved getting out in the fresh air on a fine day. In St Marys, we really believe in exercise, and all its benefits, which is why we like to demonstrate it in a fun way, as much as we possibly can.

*Written by Maeve Twohig and Saoirse Twomey  
St Mary's Promo Team*

## MACROOM FOOD FESTIVAL

Congratulations to Amy McCullagh and Laura

McCarthy who qualified for the Macroom Food Festival Schools Cook Off. The girls were selected from a number of applications from schools throughout Cork and Kerry to reach the final six. The girls had to prepare, cook and present their chosen dish for the cook-off judges on Sunday the 24th of September. Thanks to Ms Martin for helping the girls to prepare for this competition.

## ORIENTEERING

Our 3rd year students recently took part in an orienteering event in the Castle Grounds. This competition was run by Cork Orienteering Club. Thanks to Mr O'Connell and Ms Martin for attending this event with the girls. Congratulations to Group 1 winners: Chloe Lehane & Amy White and Group 2 winners: Kayleigh Power & Ellen O'Shea. Well done all.

## COUNTY A CUP CAMOGIE SEMI FINAL

Congratulations to our u16.5 Camogie team who have qualified for the County A Cup semi-final after a very impressive win recently. Well done girls!! Thanks to Ms Linehan and Liam Slattery for their coaching the girls.

**ATHLETICS** Congratulations to Saoiré Murphy, Saoirse Twomey, Emily Cronin and Éabha Ní Chaonaile who have been selected as part of the Munster Performance Squad 2023/2024. Your hard work and dedication has paid off, and you are truly deserving of this great opportunity. Well done girls we are very happy for you.

## POETRY ALOUD

Best wishes to first year students Lucy Coughlan and Niamh Lehane in the first round of the Poetry

Aloud competition 2023.

## OPEN NIGHT 2023

We were delighted to welcome Sixth Class Students and their parents from our local primary schools to our Open Night which was held in School on Thursday the 28th of September. The night began with a beautiful performance from our school choir, then Mr McLaughlin introduced two of our First Year girls, Niamh Lehane and Farrah Deasy, who spoke about their time in St Marys so far. The visitors then watched a video of a day in the life of a student in First Year which was produced by our TY Promo team. Then our Couriers (from 4th and 5th year) took the students on a fun filled tour of our school while Mr McLaughlin, Aoibhe Kelleher and Mary O'Donovan (Head Girl and Deputy Head Girl) spoke to their parents. Thanks so much to all of our students who were so happy to show off our school on the night.



Lucy Coughlan and Niamh Lehane who have entered the Poetry Aloud Competition



Business Teachers Ms O'Donoghue, Mr Ronan and Mr Galvin with Business Students on Open Evening in St Marys



Our Couriers ready to take students on a tour of our school during Open Night

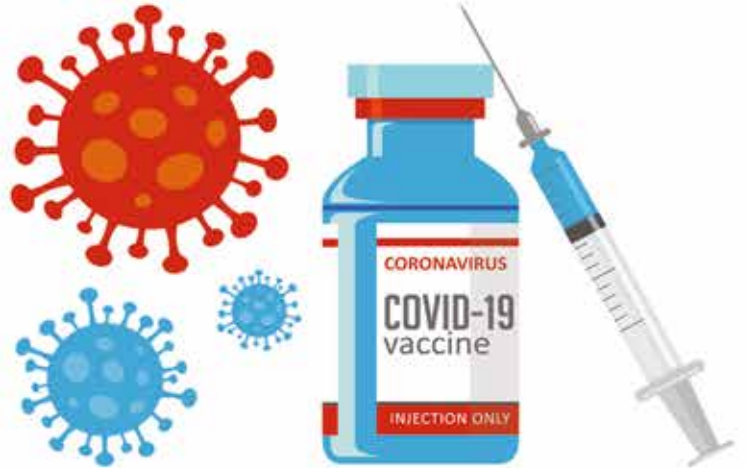
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# HARVEY DESMOND BURNS MEMORIAL

**I am writing this email to share the most wonderful Cork story about a recent charity night that raised €30,385.00 for two wonderful charities- all details below.**

My sister in law Deborah Burns and her husband Eddie Burns (from Meadowlands, Macroom) hosted a Gala Dinner in the Castle Hotel, Macroom, on Saturday September 16th 2023 in memory of their son Harvey Desmond Burns. Harvey died at 10 months old following a road traffic accident in Lissarda in 2006 and subsequently saved the lives of 2 people by donating his organs. The event was organised in aid of two wonderful charity organisations on the eve of Harveys 18th birthday:

1. The Irish Kidney Association (IKA) in association with the HSE's Organ Donation Transplant Ireland (ODTI). (ODTI) was first started to help and provide resources for Organ Donation and Transplantation in Ireland. They are dedicated to saving and improving lives by improving organ donation rates across the country.

2. Strange Boat Donor Foundation (The Circle

of Life National Organ Donor Commemorative Garden). This very special garden promotes the importance of organ donation and is dedicated to organ donors and their families. It is located in Quincentennial Park, Salthill, Galway and is a special place for all to remember and reflect on loved ones.

Eimear Shields, Donor Coordinator with Organ Donation Transplant Ireland also shared her story and passion for the charity on the night.

This year's Organ Donor Awareness campaign is built around the theme 'Don't Leave Your Loved Ones in Doubt! The key message is to encourage people to speak to their loved ones about organ donation and to let them know what your wishes are should you pass away. Sharing your wishes when you are in good health makes it a less stressful decision for your family in the event of them being approached about you being a potential organ donor.

Community sponsors were the primary source of funding for this event and helped ensure its success. *Ciara*



Deborah Burns and her husband Eddie Burns (from Meadowlands, Macroom) who hosted the Gala Dinner in the Castle Hotel, Macroom, in memory of their son Harvey Desmond Burns. Harvey died at 10 months old following a road traffic accident in Lissarda in 2006 and subsequently saved the lives of 2 people by donating his organs.

# DUNDAREIRKE GRAVE YARD

**Dundareirke Graveyard Committee was recently formed with the intention of restoring and upgrading the old historic graveyard at Dundareirke, Kilnamartyra, Macroom.**

Presently the graveyard is in a poor and deteriorating condition with the exterior walls especially in need of urgent repair.

Dundareirke Graveyard is of considerable historical significance with Art O'Laoghaire of Raleigh House being briefly buried there following his death in 1773.

A bullaun stone on site may be thousands of years old - these being used in early christian sites as holy wells or christening fonts.

An unusual stone archway over the entrance gate leads to some historic gravestones with the ruins of a rectors' glebe house and walled garden



nearby.

There is now an awareness of the necessity to preserve old graveyards for future generations with the increasing interest in genealogy.

Dundareirke Graveyard Committee must seek out funding to ensure that this historic old graveyard can be preserved for future generations.

Any donations would be greatly appreciated by the committee with a special appeal to people who have relatives buried in Dundareirke.

For anyone wishing to make an donation, an account has been set up with Macroom Credit Union.

**For further information please email: [dundareirkegraveyard@gmail.com](mailto:dundareirkegraveyard@gmail.com)**



"Wooden Spoons" with all things wooden at Macroom Food Festival. Pic. Peter Scanlan



Macroom Food Festival . Pic's. Peter Scanlan



In spite of the rain the Kids still enjoyed themselves. Pic. Peter Scanlan



Macroom Food Festival . Pic's. Peter Scanlan



Macroom Food Festival . Pic's. Peter Scanlan





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## Carrigadrohid Castle and Bishop McEgan's Martyrdom

Hello, my name is Gavan Browne. I am 15 years old, and I am a current 3rd year student in De La Salle College, Macroom. Last year I researched and then created a history CBA (classroom-based assessment). This is part of the new Junior Cycle course which is a project designed to let students engage in the histories of their localities. The topic of our history CBA was 'Past in My Place'. With such a topic, the possibilities are endless, but it did not take long before I jumped at the opportunity to

further research a landmark that nestles deep in the hearts of many local people in Carrigadrohid as well as myself. I am talking about the deep history of Carrigadrohid Castle. On first inspection it might be easy for Carrigadrohid Castle to get lost amongst the abundance of medieval castles in Ireland but its unusual location and heritage, its place in the Irish Confederate Wars and its design set it apart from the rest.



Gavan Browne, Carrigadrohid and DLS, Macroom displaying his CBA-project on Carrigadrohid Castle and Bishop McEgan's martyrdom.

Carrigadrohid Castle is a 15th century tower-house located on the south bank of the river Lee in the small village of Carrigadrohid. The Castle has been connected by a bridge at road level since its construction in 1456. Originally the bridge was constructed from wood. I also served as a toll for both sides of the castle. To this day the bridge connects Canovee/Kilmurry parish to the rest of Carrigadrohid. The Castle is on a rocky island in the middle of the river Lee, a similarity it shares with only one other castle in Europe. This is why Carrigadrohid, translated to English, means 'Rock of the Bridge'. This is another example of an anglicization of an Irish place-name. Throughout the Castle's long 567-year history it has undergone many changes both structurally as well as in ownership, passed down amongst several Irish clans until Cromwellian forces eventually captured the castle during the Irish Confederate Wars (1641-52). The Confederate Wars, as well as most English conflicts at the time, sparked from the need for property and the spread of religion. Cromwell also ordered the invasion of Ireland to crush all resistance to the new English Commonwealth. This then gained the involvement of Spain and France as well as the Pope.

The Castle was first built in 1456 by the king of Munster Cormac McCarthy and his wife Sabiha O'Carroll who insisted it would be primarily built from limestone. When the Castle was first built, it was an imposing 3-story rectangular tower-house connected to road level via a wooden bridge connected to the east wall. A large spiral staircase spanned three floors of the Castle. The McCarthys also built many other castles around Macroom including Carrigaphooa Castle. The Castle was valuable due to its high military advantage and fortification, which is why Cromwellian forces seized it. The Castle was also important due to the surrounding fertile ground east of Macroom. Later the building was extended to the northeast and southeast walls. About 100 years later, the McCarthys lost possession of the Castle to the Macteach family. During this change of hands, the Castle's east wall was destroyed and promptly built again. The Castle was now owned by Cormac Macteach and Joan Butler. The Macteachs extended the castle to include an annex to its north wall.

The Castle changed hands again in 1650 when Oliver Cromwell rose to power in England after the British Civil War. The civil war was a dispute between Crown and Parliament and about how England and Wales, Scotland and Ireland should be governed. Cromwell instigated a reign of terror on the Irish people. Following the Reformation, Penal Laws were introduced in Ireland. Cromwell



forcefully applied the penalties and viciously fought the Royalists and Catholics in Ireland. These laws were specifically designed to target and punish Roman Catholics. The Macteachs stood no chance against the Cromwellian forces especially because Irish leaders such as Cormac had died; he died in 1583. The Castle was besieged by Cromwellian forces during the Battle of Macroom as part of the Irish Confederate Wars that took place between 1641 and 1652. The Confederate Wars, also known as the Cromwellian War, were fought over governance, religious freedom, religious discrimination and land ownership. The Cromwellian forces were led by General Brogill, of Roger Boyle and the first Earl of Orrey. The Cromwellian forces attempted to seize the Castle, but the Castle had become garrisoned by Irish troops. To add fuel to the fire Brogill had captured Bishop Boetius McEgan who was the bishop of Ross and had held him hostage at Macroom. He forced the bishop to try to convince the garrison to leave the castle in return for his freedom but McEgan was determined not to betray his people. He famously urged the soldiers to fight to the end. In response, McEgan was hanged by the reins of his horse on a tree near the Castle. Such atrocities were common during this time. He was later buried in Caum Church, near the castle.

To give context to the heroic actions of Bishop McEgan, the following is relevant. He played an instrumental role in the battle of Macroom and the history of Carrigadrohid Castle. He lived a remarkably interesting life until his untimely death in 1650. McEgan was born in the barony of Duhallow Co. Cork in 1600 according to the book 'the Processus Datariae' written by fellow Franciscan Thady Daly in 1647. McEgan was born in a family of religious scholars. His father and family were Brehons (legal experts) for the

McCarthy family which is why he was so loyal to the McCarthy's during the battle of Macroom. He then became a Franciscan monk after studying at the Irish College at Bordeaux in 1627. He studied Theology (religion) at the University of Alcala de Henares in Spain. After returning to Ireland, he built a great reputation and became one of the greatest preachers in Ireland. McEgan believed the Catholic Bishop of Cork and Cloyne had antagonised the Franciscans and the Dominicans, He tried to correct some issues with the order. He was in Kilkenny in May 1642 representing the Catholic clergy. Having immense success in Kilkenny, McEgan was chosen to act as chaplain-general to the Ulster army of the Catholic Confederation in 1646. He was victorious at the battle of Benburb in Co. Tyrone. After many other significant victories under his command, he was appointed Bishop of Ross on the 11 March 1647. When Cromwell landed in Ireland McEgan became active rallying against the invading forces and organised defensive measures until his capture in 1650 and his eventual hanging in 1650. Today McEgan is commemorated in many ways; Macroom's McEgan secondary school is named in his honour.

After the Battle of Macroom, Carrigadrohid Castle was made the property of the Bowen family. The Bowens originally came from Wales. Unfortunately, in the early 19th century the Bowens abandoned the Castle having built a new residence in Oakgrove near Carrigadrohid. The Castle soon fell into disrepair with the upper two stories collapsing and the roof caving in. Thankfully in recent times, a local conservation group founded in 1999 has been busy at work in ensuring the Castle remains the impressive historic monument it is for generations to come. To conclude, it is safe to say that Carrigadrohid Castle played a significant role in Irish history and the Irish people's fight for independence. The tragic events that took place at Carrigadrohid were intended to put fear into the eyes of Irish rebels but in actuality the hanging of Bishop McEgan and his heroic actions helped ignite a flame for Irish Nationalism. The events that occurred at the Battle of Macroom and Carrigadrohid, although a failure for the Irish, influenced different rebellions and encouraged rebels to keep fighting for Irish Independence and gained the trust of the Irish citizens more than ever before.

For that reason, I am proud to say that this hugely impressive landmark is a part of my locality and heritage.

Macroom Young Historians 2023-24

By Gavan Browne.

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**6th October**

KHAA West Cork Railway lecture by Chris Larkin, 8pm Kilmurry Museum

**8th October**

Laochara Og Truck Run in aid of pitch development and the Cancer Daffodil Nurses

**9th October**

Macroom History Group – Talk by Jim Cooney on TC Murray – Macroom’s Abbey Theatre Playwright

**19th-22nd October**

Kilmurry Museum Clothing collection

**CLONDROHID NEWS**

**BLOOD TRANSFUSION SERVICE:** This very important event takes place in Clondrohid Community Hall on Wed Oct 11 and Thurs Oct 12, from 1.30pm to 10.30pm. The usual booking required. Freephone 1800 731 137 to book your slot. Your support is needed and appreciated.

**AUTUMN STATIONS MASS:** Please note there will only be one Mass covering all station areas in Clondrohid both village and country this Autumn. This will be held this Saturday Oct 7 at 11am. It will be held in Carriganima the following Sat at same time.

**TAVERN SINGERS;** Continue their sessions on Monday nights, the next one is Monday Oct 9. Everyone welcome

**MILLSTREET VINTAGE TRACTOR RUN:** This annual event takes place on Sunday Oct 15, and as before proceeds go to the Cart Bus Carriganima. Registering at the Pub Carriganima from 11am, leaving at 12noon. Entry €20 per tractor. Refreshments in pub after run.

The Cart Bus is a great service locally, and deserves your support.

**CLONDROHID PARISH ACTIVE RETIRED:** This group have a full programme from now till Christmas, Monday nights, Wednesday mornings and nights. Events include Yoga, card playing, exercises, singing, cooking, crafts, etc and of course the ever popular coffee mornings, which gives everyone a chance to have a chat, and a bit of banter, keeping you up to date on all that is happening.

They will be calling to the Tavern on Monday Oct 9 for the singing sessions.

Members all welcome to every event, membership will be opening up again shortly. Christmas night out will be early in December.

**CLONDROHID DEV GROUP:** This group replaced a lot of shrubs and flowers through the village this year. The tidying of church yard and setting of shrubs was finalised last week. Thanks to all on committee and to all those who helped them. Your continued help, and financial support is much appreciated.

**CARRIGANIMA PUMPKIN CARVING CHALLENGE:** All entries to be displayed throughout the village

over Halloween. Inviting all schools, pre schools, after schools, families to enter.

A prize for best carved pumpkin. A coffee evening and raffle will take place in Pub on Sunday Oct 22 at 5pm. Tickets for raffle will be on sale during Oct. For more info contact Sheila 0877838753 or Martin 0879843830. Funds in aid of Development Group. Thank you for your support.

**ENTERTAINMENT IN PUB IN CARRIGANIMA:** On Friday night Oct 27, back by popular demand, the one and only T. R Dallas This is the last bank holiday weekend of 2023.

On Saturday Nov 4 Jack Keogh, a new young entertainer, all the way from Wicklow, the Glen of Imaal.

An exciting new talent in the Irish Folk and Country Music scene.

LOTTO: Results for Sept 27. Jackpot €3,400

€70 Anne Casey Rusheen

€20 Nora O’Donoghue Clondrohid N.S., Mary A Healy Gortnalicka, Billy and Bina O’Connell c/o Laine, Michael Buckley Inchlinlane

**ST. JOSEPHS PRIMARY SCHOOL**

**An Active Start to the Year in St. Joseph’s!**

Here in St. Joseph’s, the children have enjoyed a busy and active September. The 6th Class girls have been learning to swim and improve their skills at the Castle Hotel since returning to school. 5th and 6th Classes have enjoyed participating in Sciath na Scol. Our Senior Classes had a great day out at the West Muskerry Athletic races. In addition, 3rd to 6th Classes are currently improving their camogie skills with Liam Slattery from Laochara Óg. 1st and 2nd Classes have also been enjoying cycling workshops over the last number of weeks.

**An Active Start to the Year in St. Joseph’s!** The 6th Class girls learning to swim, 5th and 6th Classes have enjoyed participating in Sciath na Scol. Senior Classes went to the West Muskerry Athletic races. 3rd to 6th Classes improving their camogie skills, 1st and 2nd Classes had cycling workshops over the last number of weeks.



**DROMLEIGH NS**

Students from Dromleigh N.S. gave a great performance at the West Muskerry Cross Country competition on the 12th of September.

Dromleigh N.S. Green Schools Committee are organising a Clothes Recycling Drive. Bagged donations will be accepted between 9am and 10am and 2pm to 3:30pm on Monday 16th to Thursday 19th of October. We can accept clothing, paired shoes, handbags, belts and jewellery. We can not accept single shoes, pillows, duvets, school uniforms or clothing in poor condition (wet, ripped, completely worn).

Save the date! Join us for a spooktacular night of fun for all the family at our annual Halloween party, Friday 27th of October 7-9pm. The night includes a raffle, dancing, fancy dress, tuck shop and much more.

office@dromleighns.ie 026-46212, P12DY26 or follow us on Facebook ‘Dromleigh N.S Kilmichael’

20 Outlook 05.10.23



Dromleigh N.S. athletes enjoying the West Muskerry Cross Country Competition.



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## UIBH LAOIRE NOTES

### Inchigeela Hall

The Sunday Social Dancing continues on Sunday afternoons 3pm to 5.30pm But NOTE that there is another dancing date on Monday 9th of October at 8pm when Eddie Lee and the Paudie Coffee Band will be providing the music. Bingo as usual Fridays at 8pm and Cards on Sunday at 8pm also. Inchigeela Hall is on face book. Check it out.

### Tidy Towns

The results of the Tidy Towns competition should be out very shortly and Inchigeela are hoping for an increase in marks as a lot of work has been done and funding acquired for projects. As always, a lot still to do and volunteers are always welcome. Their newsletter is available in shops and in the church. The group has received a biodiversity plan created by Cathy Eastman, of Biodiversity Partners of Tralee, with input from Croi na Laoi and the Primary School. This will direct much of their work in the future. If you wish to be involved or to find out more contact any member of the group. The recent hedge cutting has made a much-needed improvement to the western road, exiting the village and has made it safer to drive on. Now, next could the road surface and the potholes be fixed?

### Event Cancelled

It is regrettable that the Éalú Lúth competition had to be abandoned because of the atrocious weather and the dangerous high-water level in the lakes. A lot of work and planning had been invested in it. But, it's better to be safe now, than be sorry later. So certainly, the right decision was made. Beidh lá eile ag a bpaorach

### Active Retirement News

The Uibh Laoire Parish group had a meeting recently at which plans for winter activities were discussed. They immediately went into action



Section of the large crowd on Gougane holy island, for Gougane Sunday

with classes in card playing for beginners which will be given by master card player Gussie O Riordan. And 50 members have registered for a trip to a show in Killarney shortly, called Celtic Roots, a lovely show, we hear of music, song and dance with a traditional Irish flavour. Tá súil agam go mbainfidh sibh taitneamh as. The Active Retirement society is a wonderful means of socialising for anybody who is retired or just planning to do so in the near future.

### Gougane Sunday

It has always been a very special day in Uibh Laoire: the celebration of the feast day of St Finbarr, but this year's event was even more significant, as it was the 1400 anniversary of the death of our own patron saint. It couldn't have been anticipated, the crowds that gathered for the mass at 3pm. People flocked in by car, by bus load and some hardy pilgrims traced the arduous tracks of their

ancestors over the mountain from Kerry and from other directions. Very Rev Fintan Gavin, Bishop of Cork and Ross, officiated again this year. Priests from all the neighbouring parishes attended and Fr Bernard Cotter, former PP of Uibh Laoire, gave the homily. The weather could not have been kinder with warm sunshine and a calm peaceful day. The bishop told the gathering of how much he enjoys his visit to Gougane. Fr Bernard's homily was on the theme of spreading the good news of the Gospel and the phrase from The Bible, "The harvest is plenty but the labourers are few". He surprised the crowd by quickly listing dozens of churches from all over the world dedicated to our Saint, who left Gougane Barra and followed the course of the Lee to Cork, from where again his message and name, spread countrywide and worldwide. Something to reflect upon?

## MUINEFLUICH NS

**Since returning in September all pupils have been very busy with many learning activities.**

Pupils from 2nd - 6th class had a great day at the West Muskerry Cross Country races on Tuesday 12th September.

All pupils are participating in gymnastics classes on Tuesdays with Sinead from School Fitness Ireland.

As part of the Blast Artist residency programme provided by West Cork Education centre all

classes have started drama classes and are looking forward to showcasing a performance in a few weeks.

Seamús and Carmel from Macroom Credit Union visited our school on Thursday 7th September to present a cheque of 300 euro to the school. This money was put to great use in our playground for colourful game markings. A sincere thank you to Macroom CU for their kind donation.

Wellbeing week took place last week with

many events organised by the Student council including laughing yoga, engaging in random acts of kindness, making thank you cards and mindfulness colouring. Pupils hope to continue these practices.

After-school club with Rosie has commenced in Muinefliuch N.S. and many families are taking advantage of this.



Pupils at Muinefliuch N.S. celebrating their birthday during assembly



Junior pupils from Muinefliuch N.S. playing on the new markings kindly sponsored by Macroom CU



# NEW CLASS SCHEDULE

**BEGINNING 9TH OCT**

## TUESDAY

**10AM**  
ALIGN & REVIVE  
PILATES

**6.15 PM**  
YOGA  
FOUNDATIONS

**7.30 PM**  
YOGA  
FLEX & FLOW

## WEDNESDAY

**10AM**  
ALIGN & REVIVE  
PILATES

*NEW!* **1.15 PM**  
RENEW CIRCUITS

**5:45 PM**  
ALIGN & REVIVE  
PILATES

**6:45 PM**  
ALIGN & REVIVE  
PILATES

## THURSDAY

**10AM**  
GENTLE FLOW  
PILATES

**11AM**  
ALIGN & REVIVE  
PILATES

*NEW!* **5:45 PM**  
RENEW CIRCUITS

**6:45 PM**  
BEGINNER  
PILATES

**DROP IN CLASS & CLASS PASSES AVAILABLE**

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Mindbody App can be downloaded on iTunes App Store or Google Playstore.

**2. FIND US ON THE APP**

Search "Kerry/Muskerry Physiotherapy Centre" and click the heart button to add to your favourites. This will make it easier to find our class information.

**3. BOOK CLASSES ON THE APP**

Check out our schedule, book classes and keep up to date with the latest news



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## CILL NA MARTRA &amp; RÉIDH NA nDOIRÍ



Children from 'Seomra Beag' Scoil Réidh na nDoir and their two new Junior Infant students.



Children from Scoil Réidh na nDoir making blackberry jam

Each year the month of October is dedicated to the Most Holy Rosary. This year, in Séipéal Lachtaín Naofa, a weekly meet up is being organised to come together as a community, to pray the Holy Rosary. This incentive will run on Wednesdays at 8pm beginning on Wednesday the 4th of October. All are warmly welcome, from seasoned worshippers to those that wish to rekindle a bond with their spirituality. Bíg linn.

Tá an Maidin Caife i gCois Cille ag filleadh! Buailfidh grúpa ag Cois Cille gach Céadaoin óna 10rn – 12.30in chun caife nó tae, craic agus caint a bheith acu. Tá fáilte is fiche roimh cách.

This Wednesday, October 4th, sees the return of the social Coffee Morning at Cois Cille, Cill na Martra from 10am-12.30pm. Join in on the chats and the craic, complimented with home baking and tea or coffee.

Tá S.N. Réidh na nDoirí ag lorg do chabhair chun éadaí a bhailiú roimh an 12ú Deireadh Fómhair. Beidh Cash4Clobber ag teacht chun réimse leathan rudaí a bhailiú – bráillíní, croiseanna, péire bróga, éadaí, málaí, srl. Má tá rud ar bith le tabhairt, tar chun na scoile agus fág na héadaí i mála dubh laistigh den geata.

S.N. Réidh na nDoirí are currently running a school fundraiser in conjunction with Cash4Clobber. If you have any unwanted garments at home please bag them and drop them off at the school before October 12th. Most items are accepted – sheets,

clean clothes, pairs of shoes, bags, belts, etc. If you are unsure as to whether an item applies please check out their website. This is a great opportunity to declutter your clobber and support a local school.

Bhí Maidin Caife álainn i dTigh Uí Mhurchú le déanaí agus ar chúis iontach. Bhí fundúrach ag dul chuig Marymount Hospice agus bailíodh méid iontach ar an lá - €1716. Táimid fíor bhuíoch as an bhfláitiúlacht a chonaiceamar, ón méid bÁCáil a tháinig isteach go dtí an méid tacaíochta agus cabhair a fuairamar. Ba chúis iontach shóisialta é agus táimid ag súil leis an bhliain seo chugainn cheana féin.

The Bewley's Big Coffee Morning was held in Ó'Murchú's recently, and as always it was a huge success, raising a grand total of €1716. People flocked out to support the worthy cause, Marymount Hospice, and we were blown away by the goodwill of the community through generous baking and donations as well as helping out in anyway they could. A wonderful social morning was had and we're already looking forward to next year.

Comhghairdeas mhór le foireann idirmheánach mná Naomh Abán a bhí bua iontach acu i gCill na Martra an Domhnach seo chaite. Bhí an t-ádh dearg leo go raibh an ghrian ag spalpadh anuas orthu ag imirt in aghaidh Valley Rovers. An scór

deiridh a bhí ann ná Naomh Abán 5-19 agus Valley Rovers 3-02. Bhí ceiliúradh taitneamhach acu i gCill na Martra ina dhiaidh agus is fada an lá ó chonaiceamar tine cnámh á lasadh ag an gcrosaire. Le cúnadh Dé beidh deis againn arís go luath, leis an gluiche ceannais ag teacht. Maith sibh a chailíní!

Beidh dhá cheardlann rince seite trí mheán na Gaeilge á eagrú againn do dhaoine óga (faoi 18). Beidh an ceardlann oiriúnach do pháistí ó Rang 5 go dtí 18 mbiana d'aois ó Ghaeltacht Mhúscraí. Seán Ó Loinsigh a bheidh á mhúineadh mar chuid de thionscnaimh speisilta de chuid Oireachtas na Samhna, á mhaoiniú ag Ealaíon na Gaeltachta. Beidh an dhá céardlann ar siúl i mí Dheireadh Fómhair. Beidh béim mhór ar chomhluadar agus craic! Fáilte roimh cách. Eolas: seiteanna@antioireachtas.ie

Two Gaeltacht set dancing workshops are set to take place in the month of October for young people from 5th class up to 18 years of age. John Lynch will run these light hearted and fun workshops in an attempt at focusing on the styles of set dancing in the Gaeltacht region. Contact the email above for more information.

## Leabharlann Bhaile Bhúirne

*I hope you enjoy the following poem written by one of the members of the Leabharlann Bhaile Bhúirne Creative Writing Group*

## Autumn

*By Carmel Crowdy*

*Now all the flowers have gone.  
The lingering leaves  
Clutch in vain  
As autumn breezes blow.*

*Down, down, they fall  
Yellow, gold and brown.  
They have a last hurrah  
Dancing on the ground*

*The hillside too has changed its coat  
With rusty ferns and heathers purple hue.  
The hawthorn berries in the hedge  
Mix with dark eyed sloes*

*Far off the cows are lowing  
As homeward bound they come  
Through dewy grass*

*And cobwebbed gorse  
From fog filled hills they run*

*There is a sadness about autumn  
Short days - long nights  
Swallows gone with summer South  
But*

*Soon mid winter comes  
With all its joys  
As church bells chime  
And candles warmly glow  
Then hope renews.*



**Ciaran**  
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## Kilmurry Active Retirement

### Kilmurry Active Retirement Annual Report 2022

These days I find that less and less is dropped into our post box. Last week though an envelope arrived with a letter from the CEO of Active Retirement Ireland. Included with the letter was the Annual Report 2022, and I (as secretary) was asked to share with our members. We have currently sixty-nine members. After considering my dilemma and having concluded that I would not be adept enough with the scissors to cut it into that number of equal parts, I had the brain wave that I would share some extracts of it with you here.

So firstly, what is it that is the objective?

'The Active Retirement Network Ireland strategy is set within a context of active and positive ageing. The concept of active ageing aims at enhancing the physical and mental well-being of people ultimately contributing to their ability to be less dependent on and contribute more to society. This vision is bigger than one organisation; a political and legal framework in which older people could take responsibility for their own quality of life and well-being must be created. However, policies on active ageing should not discount a need to also provide for vulnerable older persons as part of this ongoing development'. Well said, I say. I don't think many of us would disagree with that.

The report also highlighted many of its activities in 2022 aimed at advancing its cause. One that caught my eye was work on a report on combatting ageism that was funded in partnership with other non-government agencies working in the age sector.

'The Alliance report reveals how older people felt negatively stereotyped throughout the pandemic, and many reported that they experienced additional ageism in the formation of government policy and society's attitudes. Such a policy response targeted towards 'the elderly' and 'the vulnerable' pre-assumed that there was a universal connection between the two and went a long way towards undermining the confidence and self-esteem of all older people'. In fairness, it was an unintended, but nonetheless real

consequence of pandemic measures, and one we should learn from. Ageism, like ableism and many other isms, is a stereotype. Stereotypes typically diminish all members of a group by distorting and attributing common characteristics and negating individuality and distinctiveness. As such, it is a lazy shortcut in thinking. It reveals nothing much about the target group but reveals much about ignorance.

#### Coffee Crawl

On Wednesday 27th September we started our coffee crawl. The weather wasn't kind on the day, but nine of us (ten if we include Agnes) headed to Wunderkaffee in Farran. The ambiance was nice, the service was good and the food, and of course the coffee was good too. From what I heard, and from what I saw, a good time was had by all.

Why, you may be wondering, are we doing a mystery coffee crawl? Do we have to analyse everything? It's for the fun experience mainly. Ok then, here's the science bit.

Coffee is more than just coffee. It's a potential ally in the fight against neurodegenerative diseases like Alzheimer's and Parkinson's. Numerous scientific studies have shown that regular coffee consumption has protective effects on the brain. While the exact components responsible for these benefits remain unclear, coffee boasts a rich array of bioactive compounds, including caffeine, chlorogenic acid, and polyphenols, all known to reduce neuroinflammation. Additionally, the compound "Pyrocatechol," derived from roasted coffee, has displayed remarkable anti-inflammatory properties, potentially further guarding against neurodegenerative diseases.

Not all coffees are equal. We are in search of the special. Sleep is important too and coffee after mid-afternoon is not recommended for that. So, we are heading off again on our coffee crawl on the 11th of October from Kilmurry at 2pm to.....

#### GP Wood, Lissarda

On Wednesday, 11th October we are been given a tour and more of the GP wood plant in Lissarda, one of the biggest employers in the area, and a sponsor. We have a lot of interest in this short

trip for us and we are looking forward to it. I am looking forward too, to reporting on what we will learn.

#### Zumba Gold

On Wednesday 27th of Sept at 6.15pm, sixteen started the course of ten Zumba sessions with our teacher, Yvonne Murphy. I heard they really enjoyed the first session and are looking to the remainder. By the time you are reading this there will be eight remaining, and you can still join if you are a member at a cost of just €40, or €52 if a non-member (to include membership fee to the end of the year, an insurance requirement). All are most welcome.

#### Ceramic Art

We hope to start a beginner's Ceramic art class with Helen Quill, on Monday nights at 7.30pm in Crookstown hall if there is sufficient interest to do so. The cost for the six sessions is €30 for members and €42 euro for non-members (to include membership fee). All are welcome. If interested please contact me before 10am, October 11th (contact details below).

#### Other Upcoming Activities

Mary Mullins will lead an activity session at 2pm on 18th of October in the Heritage room, Independence Museum. This will be followed at 3pm by a flower arrangement demonstration by Martina French. On the 25th of October we are planning our bingo and cards session, this time in Kilmurry. I expect high interest since the massive increase in the prizes on offer! Plans are in train for our November activities.

If you would like to join us, our association is open to all, and now is a great time to join. Try it out for the rest of this year for just twelve euro. Our philosophy is that age makes no difference, but health does. We try to do what we can to keep healthy and challenged in body and in mind, and together that is easier. You will be kept as busy as you choose to be and positively engaged in the community, and we think you will enjoy it. For more information contact Aidan at 0894057676 or aidanpbarry@outlook.com



Dylan Patrick Mcsweeney Renanirree who was christened recently at St Lachtains Church, Cill na Martra with his parents Patricia, Declan and sister Chloe.



De La Salle First Year boys at Ballyhass



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## Students competing in the Schools Cook off Competition at Macroom Food Festival



Students from Schull Community College winners of the Schools Cook off Competition at Macroom Food Festival, Also included are Students from St Mary's School Macroom, Colaiste Fionnchua Mitchlestown, Skibbereen Community College and St. Colman's Community College Middleton. Pictures by Peter Scanlan



Students from Colaiste Fionnchua Mitchlestown competing in the Schools Cook off Competition at Macroom Food Festival recently.



Students from Schull Community College competing in the Schools Cook off Competition at Macroom Food Festival recently.



Students from St Mary's School Macroom competing in the Schools Cook off Competition at Macroom Food Festival recently.



Students from Schull Community College winners of the Schools Cook off Competition at Macroom Food Festival, with Mark Doe adjudicator and Cllr Ted Lucey Chairperson of Macroom Municipal District Council.



Students from St Mary's School Macroom



Students from Schull Community College winners of the Schools Cook off Competition at Macroom Food Festival, with Mark Doe adjudicator and Cllr Ted Lucey Chairperson of Macroom Municipal District Council.

## ADVERTORIAL

*I'll take you down memory lane just for a moment remembering all the wonderful pets we all loved over the years.*

*There's an empty space, where you used to lay,  
And a pain in my heart that won't go away.  
I couldn't have asked for a better friend.  
You were my faithful companion until the end.  
Now you're roaming endless fields,  
forever free to run.  
Listening to the song of the wind,  
beneath the golden sun.  
Meet me at the rainbow when the time is right,  
Run into my arms again;  
walk with me into the light.*

Photo right: The late Paul O Grady for whom we all remember for his television programme. "For the love of dogs".  
Photo 2: My beautiful Lucky in happier times.

Mary O Callaghan – Hallissey  
Raleigh North, Macroom.



# Finding Relief from Vertigo through Chiropractic Care

**Vertigo, a debilitating condition, frequently emerges following head or neck trauma, such as concussions, whiplash, falls, or sports injuries.**

These symptoms may surface immediately or linger for years after the initial injury.

Conventional treatments often rely on medication, which provides temporary relief but fails to address the root cause. Chiropractic care offers a natural approach, aiming to uncover and treat the underlying issue.

Chiropractors specialise in identifying and rectifying the source of vertigo. It can stem from inner ear problems or disruptions in the nervous system pathways, resulting in symptoms like nausea, vomiting, and dizziness.

The inner ear's proper functioning depends on the alignment of the cervical vertebrae. Misalignments or blockages in these vertebrae can impede fluid flow in the inner ear, leading to vertigo symptoms.

Chiropractic adjustments play a pivotal role in maintaining cervical vertebrae alignment, potentially alleviating vertigo.

Furthermore, chiropractic care encourages patients to examine their lifestyles for potential vertigo triggers, ensuring a comprehensive approach to symptom management and prevention.

Research published in the Journal of Upper Cervical Chiropractic Research in 2016 revealed a strong link between vertigo, particularly Meniere's

disease, and neck trauma. The study emphasised that vertigo sufferers, especially those with a history of whiplash, should consider chiropractic evaluation.

Don't dismiss the potential link between neck trauma and vertigo; consult with a chiropractor for a path toward relief and lasting wellness.

*"Chiropractic care can be a valuable tool in addressing the underlying cause of vertigo. Allow your body to heal naturally, & maintain a vertigo-free life."*



Dr Benjamin Martin of Optimal Chiropractic

\*Burcon, M (2016), "Health Outcomes Following Cervical Specific Protocol in 300 Patients with Meniere's Followed Over Six Years," J Upper Cervical Chiropractic Research, June 2, 2016



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## MOUNTMASSEY THE FLOWER OF MACROOM

*How I long to remember those bright days of yore  
Which sweetly with joy I beguiled  
The friends that frequented my old cabin floor  
And the comrades I loved as a child  
How I longed for to roam, by Mount Massey's green  
groves  
Or poach by the light of the moon  
That spot of my birth, there's no place on earth  
Like Mount Massey, the flower of Macroom  
In the sweet summer time, when the season was fine*

*What fun would be there at the gate  
The colleens would smile as they sat on the stile  
While the sweethearts their love tales relate  
When dancing was over, we'd stroll thru the park  
Each lad with his lassie in bloom  
That spot of my birth, there's no place on earth  
Like Mount Massey, the flower of Macroom  
For now I must roam, from my own native home  
And cross o'er the wild raging sea  
To leave friends behind both loving and kind*

*And the colleens who dearly loved me  
Though fortune may smile far away from our isle  
I'll pray that the day will come soon  
When I'll stray once again, by the lovely domain  
Mount Massey, the flower of Macroom  
So friends come with me and 'tis there you will see  
The apples and cherries in bloom  
And 'tis you I'll invite, where I first saw the light  
In Mount Massey, the flower of Macroom*

**'Mount Massey, The Flower of Macroom' is Macroom's anthem and is sung wherever Macroom people gather in celebration and sometimes even in sadness. The song is a ballad and a 'come-all-ye'. It is nostalgic, simple, 'catchy' and tellingly, records both happy and sad aspects of Macroom's past.**

Surprisingly, it was written not that long ago - about 1900-1910 perhaps, and by a Masseytown man. Its themes are the beauty of Macroom, the fun, excitement, enjoyment and romance of his youth; and emigration, the historic usurpation of land originally owned by native Irish - and very often of the best quality, restrictions to fishing and gaming, the sadness of being forced to leave loved ones and happy times, and far away from their beautiful, if even idealized, 'world'.

The author is John Creedon, (1877-1953) Masseytown, and he was a baker. He was married to Julia Lucey, Macroom. Their daughter Peggy married Sean O'Shea, Cork Street. John lived with Peggy and Seán and their three young daughters, Breda (McCarthy), Sheila (O'Leary) and Margaret (Burns) in Masseytown. John originally lived in a house below June and Denis Murphy's shop and later in 16 Masseytown, opposite the entrance to Kilnagurteen and The Fairfield.

On the 20 September 2023, John's granddaughter,

Mrs Sheila O'Leary, Oakwood, spoke of her knowledge of her grandfather, his life and how he came to write 'Mount Massey'. Sheila is related to, among others, Mrs Kitty Browne Dooniskey, Mrs Sheila Buttimer, Coolcower and Mrs Ann Hurley, Shanacrane and the late Mrs Bina Vaughan, New Street.

John was clever in school but did not receive a secondary education. He was a baker at Lynch's, South Square, and lived most of his life in Masseytown. At some point he emigrated to England before returning to Macroom. He was not a musician and did not read or write music. Sheila said that he composed it as he went along - that is, in his 'head' before he and others sang it. The third verse was added when John was forced to emigrate.

Sheila barely remembers her grandfather as she was young when he died. There is no account, written or otherwise of the song's provenance available as far as we know. There is no evidence that John wrote any other song.

Most if not all Macroomians have sung 'Mount Massey' at some stage. Notable exponents over the years included John Browne and Pat 'The Barber' O'Riordan, Hugo Casey, Jimmy Deasy, Professor John A. Murphy and Tom Creedon - all deceased. Pat O'Connell memorably sang it in 1999

when Geraldine O'Grady returned to Macroom as Macroom's 'Rose of Tralee'. Barry and Brendan O'Brien have lovely renditions. Gus Kelleher sings it with gusto at Macroom gatherings, GAA and otherwise. Showband star Seán Dunphy - he was second in a Eurovision Song Contest in 1967 to Sandie Shaw's 'Puppet on a String' - has a great version; it and others' versions are available on YouTube.

A Macroom flower-shop once had that name and the name; 'The Flower of Macroom' is used for the young lady who presides over Macroom's St Patrick's Day parade.

So, I give a belated but very well deserved 'Thank you to John Creedon, Masseytown, the composer of 'Mount Massey The Flower of Macroom'.

May 'Mount Massey' be heard often and long into the future.

If anyone has further information, please share it. I am greatly indebted to Mrs Sheila O'Leary, 4 Oakwood, Macroom and to Kitty and Richard Browne for first referring to the matter.

Sources: Mrs Sheila O'Leary, the 1901 Census, The Corkman, The Southern Star, The Cork Examiner and YouTube.



where John Creedon, composer of 'Mountmassey, The Flower of Macroom' was born and reared



## INDEPENDENCE MUSEUM KILMURRY

**Kilmurry Historical & Archaeological Association (K.H.A.A) hosted a successful cultural night at the Heritage Room, Independence Museum Kilmurry on Friday, 29th September.** The sold-out evening was a celebration of our local heritage through storytelling and songs and comprised of talented local artists.

John Fitzgerald, President of K.H.A.A was Master of Ceremonies for the evening and as a published poet, commenced the evening's proceedings by reciting a selection of his poetry. Ted Lordan, a local seanachai then entertained the audience with stories and yarns. Ted was followed by Terry Datson, who sang a medley of original songs. This was followed by Noel Howard Snr & Noel Howard

Jnr who sang traditional songs such as The Boys of Kilmichael, Carolan Song and Kilmurry's own Cnocainin Aerach Chill Mhuire. The finale of the evening was by Newcestown Comhaltas who performed an assortment of traditional Irish songs and music.

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 Every Tuesday  
**Next Sheep Breeding Sale**  
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# Special evening for new Cork College of FET, Macroom with their Further Education graduates

**Cork College of FET, Macroom Centre held their first graduation ceremony on Thursday September 21st.**

The first ever graduates of 2022/23 received awards to mark their achievements in QQI Level 5. The awards on the evening covered a wide variety of areas ranging from Business, Nursing, Healthcare Support, and an exciting new course in Special Needs Assistant course with Intellectual Disability.

Further Education is now operating under the new name of Cork College of FET, Macroom Centre, Bowl Road. We are excited to be running courses in conjunction with Morrison's Island Campus so that students can now avail of the same courses in their own community. There is no need to travel for their studies as we have the same quality assured courses on their doorstep. The Macroom Centre is now under Ms. Helen Ryan, Principal of Morrison's Island Campus the largest Further Education College in Ireland, with Ms. Bernie Angland as the local Centre Co-Ordinator in Macroom. Along with a fabulous team of experienced and dedicated staff.

A highlight of the graduation ceremony was an inspirational keynote address by Counsellor Michael Looney, who gave an inspiring speech

about how he himself had to leave school early and go work at a young age to support his family. He emphasised how this motivated him to instil a high value of education in his own family and how it contributes to achieving life and career goals.

John Fitzgibbons, director of FET with the Cork Education and Training Board who was also in attendance noted how the graduation ceremony was a testament to their hard work and dedication. After receiving their QQI certification many of the graduates are now progressing to Higher Education or full-time employment.

Helen Ryan, Principal of Cork College of FET Morrison's Island Campus congratulated the graduates on their accomplishments and acknowledged all their families for supporting them on their return to education. As these graduates embark on the next phase of their journey, Cork College of FET remains committed to providing QQI Level 5 courses in Macroom. For the coming year they are concentrating on the following QQI Day courses: • Office Administration/ Business Administration, • Business with Retail NEW, • Healthcare Assistant (Health Services Skills), • Nursing Studies & • Special Needs Support (Intellectual Disability Practice) –NEW all at QQI Level 5.



**Shauna Spillane has just commenced Midwifery in UCC after completing her QQI L. 5 Nursing Studies with us, and Mrs. Margaret Corkery former Deputy Principal in Macroom**

Photos by Dr. Con Kelleher



**QQI L. 5 Business Studies - front row from left to right is: Mr. John Fitzgibbons, Director of FET with the Cork Education and Training Board, Ms. Bernie Angland, Cork College of FET Macroom Centre Co-Ordinator, Ms. Helen Ryan, Principal of Cork College of FET Morrison's Island Campus and Councillor Michael Looney.**



**QQI L. 5 Nursing Studies - front row L to R: Mr. John Fitzgibbons, Ms. Bernie Angland, Ms. Helen Ryan and Councillor Michael Looney.**



**QQI L. 5 Special Needs Support Group - front row L to R: Mr. John Fitzgibbons, Ms. Bernie Angland, Ms. Helen Ryan and Councillor Michael Looney.**



**QQI L. 5 Health Care Skills group - front row L to R: Mr. John Fitzgibbons, Ms. Bernie Angland, Ms. Helen Ryan and Councillor Michael Looney.**

Find us at <https://morrisonislandcampus.ie/macroom> Or call us on 086-0140217





# Coláiste Ghobnatan

Baile Mhic Íre, Co. Chorcaí

Scéim Aitheantais mar Scoil Ghaeltachta



**Clárú do Scoilbhliain 2024/2025 Enrolment for School Year 2024/2025**

## **Oíche Oscailte Coláiste Ghobnatan** **Coláiste Ghobnatan Open Night**

**Am/Time: 6:00pm - 8:00pm**

**Date: Déardaoin 12ú Deireadh Fómhair 2023 / Thursday 12th October 2023**

**Focal ón bPríomhoide: 7.00pm / Principal's Address: 7.00pm**

**Eolas clárúcháin ar fáil ón**

**Dé Deardaoin 12ú Deireadh Fómhair 2023**

**Spríoclá d'iarraitais: Dé hAoine 3/11/2023**

**Enrolment Information available from**

**Thursday 12th October 2023**

**Application Deadline: Friday 3/11/2023**



Príomhoide/Principal: Gearóid Ó Creimín • Leas-Phríomhoide/Deputy Principal: Máiréad Uí Liatháin  
Guth./Tel.: 026 45058 • R-phost./Email: oifg@colaisteghobnatan.ie • www.colaisteghobnatan.ie



## Coláiste Ghobnatan

B'é mar thoradh ar an gcónascadh idir Scoil Ghobnatan agus Coláiste Íosagáin sa bhliain 1989 a bunaíodh Coláiste Ghobnatan. Coláiste Pobail fé phátrúnacht Bord Oideachais agus Oiliúna Chorcaí agus Deoise Chluana atá ann agus tugann mana an Choláiste an leide is fearr ar fhealsúnacht an Choláiste: *Go Buaiú do Chumais*

Táthar ag súil go ndéanfaidh gach dalta tréan iarracht ina gcuid oibre spioradálta, acadúil agus praiticiúil chun buaic a gcumais a bhaint amach.

Oideachas Gaelach Chríostaí tré mheán na Gaeilge a chuirtear ar fáil dár ndaltaí go léir anseo i gColáiste Ghobnatan. Deirimid cúram de gach dalta mar bhall den iomlán agus mar dhuine aonair chun féinmheas, féinmhúinín, freagracht agus macántacht a chothú ann, i dtimpeallacht chairdiúil, shábhailte, chothrom.

Coláiste Ghobnatan was established when Scoil Ghobnatan and Coláiste Íosagáin amalgamated in 1989. As a Community College under the joint patronage of the Diocese of Cloyne and Cork Education and Training Board, Coláiste Ghobnatan is deeply rooted in the traditions, culture and history of this Gaeltacht community but our outlook is modern and our view is to the future.

Instruction is through the medium of Irish and incorporates the care of all students as individuals and as part of the collective whole, promoting self-esteem, self-confidence, responsibility and the pursuit of excellence in a safe, friendly and fair environment. This care is built around the school motto: *Go Buaiú do Chumais*

which translates as "to the best of your ability". Each student is expected to make the best effort they can in developing themselves through their spiritual, academic and practical work.

## Áiseanna/Facilities

Tá áiseanna d'ardchaighdeán sna seomraí ranga sa choláiste. Tá teilgeoir agus ríomhaire glúine i ngach seomra ranga. All classrooms have modern projectors and wireless internet access.

### Áiseanna Scoile:

Saotharlann Eolaíochta

Áiseanna Teicneolaíochta Nua-Aimsire

Dhá Sheomra Ríomhaireachta

Seomra Eacnamaíocht Bhaile

Seomra Adhmadóireachta/Foirgneolaíochta

Seomra Miotalóireachta/Innealtóireachta

Seomra Ealaíona

Seomra Grafaic Theicniúil

Cúirt Cispheile

Páirc Peile

Páirc Sacair

Clós sacair uile-aimsire

Pinniúr Liathróid Láimhe

Amharclann (Ionad Cultúrtha an Dhochtúir Uí Loingsigh)

Bealach isteach do chathaoireacha rothaí

Tá síneadh ceadaithe ina mbeidh 10 seomra sa bhreis, chomh maith le halla spóirt.

### School Facilities

Science Laboratory

Modern Technology Facilities

Computer Room

Home Economics Room

Wood Technology/Construction Studies Room

Engineering Room

Art Room

Technical Drawing Room with computers

Basketball Court

Football Pitch

Soccer Pitch

All-Weather Soccer Area

Indoor Handball Alley

Theatre (Ionad Cultúrtha an Dochtúir Ó Loingsigh)

Wheelchair Accessibility

An 8 million extension is in development with a further 10 rooms and a sports hall to be developed.

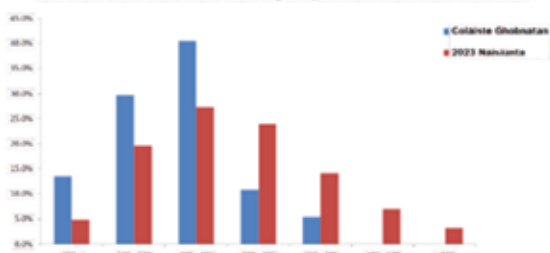
## Torthaí iontach na h'Árd Teist 2023 / Superb Leaving Certificate Results 2023

Coláiste Ghobnatan - Torthaí na hÁrdteistiméireachta 2023

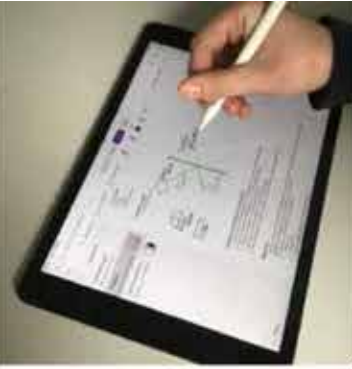
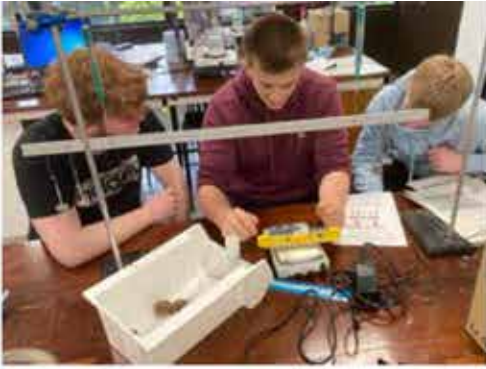
Poinne	Coim	CS	2023 Meá	2022 Meá	2021 Meá	2020 Meá	2019 Meá
500+	5	11.5%	4.2%	10.5%	8.7%	8.2%	11.4%
400-499	11	25.7%	19.1%	28.4%	29.8%	18.7%	19.8%
300-399	31	60.5%	27.7%	36.5%	27.9%	27.7%	24.2%
200-299	4	10.6%	24.0%	24.8%	22.4%	24.7%	28.8%
100-199	7	1.8%	14.7%	14.4%	14.0%	14.4%	14.2%
0-99	0	0.0%	0.8%	7.0%	8.2%	8.2%	11.4%
-100	0	0.0%	1.1%	0.6%	0.9%	0.9%	0.4%

Meán Scór Poinne	
2023 Meá	328.8
2022 Meá	328.8
2021 Meá	328.8
2020 Meá	328.8
2019 Meá	328.8
2023 Meá	328.8
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2023 Meá	328.8
2022 Meá	328.8
2021 Meá	328.8
2020 Meá	328.8
2019 Meá	328.8

Árdteist 2023 Poinne a Scórladh i gcomparáid le 2023 Meán Náisiúnta



Go Buaiú do Chumais



### Réimse Ábhair do chlár an tSraith Shóisearaigh Junior Cycle Subjects

#### Príomhábhair/Core Subjects

Gaeilge, Béarla, Matamaitic, Francís, Stair, Reiligiún, Fólláine (OSSP, Corpoideachas, OSPS, Treoir) Irish, English, Maths, French, History, Religion, Wellbeing (SPHE, PE, CSPE, Guidance)

#### Ábhair Roghnacha/Optional subjects:

Eolaíocht, Tíreolaíocht, Eacnamaíocht Bhaile, Staidéar Gnó, Amharc-Ealaín, Grafaic Theicniúil, Adhmadóireacht, Innealtóireacht, Ceol. Science, Geography, Home Economics, Business Studies, Visual Art, Technical Graphics, Materials Technology Wood, Engineering, Music.

### Réimse Ábhair do chlár na hArdteistiméireachta Leaving Certificate Subjects

#### Core Subjects / Príomhábhair:

Gaeilge, Béarla, Matamaitic, Francís, Reiligiún, Gairmthreoir, Corpoideachas, OSPS, Modúl CGAT English, Irish, Mathematics, Religion, Career Guidance, PE, SPHE, Link Modules

#### Optional subjects / Ábhair Roghnacha:

Stair, Tíreolaíocht, Eacnamaíocht Bhaile, Gnó, Ealaín, Grafaic Dhearthra agus Chumarsáide, Foirgneolaíocht, Innealtóireacht, Cuntasáíocht, Ceimic, Fisic (ar líne), Bitheolaíocht, Eolaíocht Talamhaíochta.

History, Geography, French, Accounting, Business Studies, Art Craftwork, Chemistry, Physics, Biology, Agricultural Science, Home Economics, Construction Studies, Design Communication Graphics, Engineering.

### Gníomhaíochtaí Sheach-churaclaim / Extra Curricular Activities

Tá traidisiún fada ag Coláiste Ghobnatan sna gníomhaíochtaí cultúrtha, sóisialta agus spórtúil, san áireamh / Coláiste Ghobnatan has a long tradition of cultural, social and sporting events in the school:

- Peil /Football
- Cispheil / Basketball
- Sacar / Soccer
- Iománaíocht & Camógaíocht / Hurling & Camogie
- Club Am Ióin / Lunchtime Club
- Banc na Scoile /Build-a-Bank
- Clár na gComhlachtaí JAI / Junior Achievement Ireland
- Díospóireacht / Debating
- Obair Charthanachta agus sa phobal / Charity and community work
- Drámaíocht (lúibíní agus agallaimh beirte)/ Drama (paired singing and performing)
- Scéim Aisling Gheal (Amhránaíocht traidisiúnta) / Traditional Singing
- Turasanna ábhair / Subject Field Trips
- Tráth na gCeist / Quizzes
- Seachtain na Gaeilge / Mhata / Teangacha
- Seachtain na Matamaitice / Maths Week
- Gníomhaíochtaí Cothailthe Teanga / Language Promotion Activities
- Seachtain na Cairdis / Friendship Week
- Comhairle na nDaltaí / Students' Council
- Comórtas Leadóg Boird / Table Tennis Tournament
- Comórtais (scríbhneoireacht, filíocht, aistriúcháin)/ Competitions (writing, poetry, translation)



## Éachtaí / Achievements

Táimid ana mhóralach as ár ndaltaí agus tá foradh a ndíograis (i mbun gach gné dá saoil) le feiscint sna torthaí a ghnóthaíonn siad ina gcuid scrúduithe. Cuireann sé seo ar a gcumas dul ar thóir gairme dá rogha féin, bíodh sé in Institiúidí 3ú leibhéal nó ar scéimeanna traenála agus printiseachtaí le gnólachtaí áitiúla le tacaíocht faoi leith ar fáil ó Udarás na Gaeltachta, ar mhaithe le hóige an cheantair.

We are very proud of our students who show real dedication in their study, in sport or in their wider personal lives. They achieve highly in their examinations, which allows them to follow their desired career path to 3rd level (Primary and Second Level Teacher Training, Science, Engineering and Languages are just some of the courses taken up in the past few years). Others seek entry to training programmes – such as those sponsored by Udarás na Gaeltachta – fulfilling careers in one of the many local enterprises that make this Gaeltacht area the prosperous place it is.

### Éachtaí

Gnóthaíonn daltaí an choláiste torthaí arda sa tSraith Shóisearach agus san Ardeistiméireacht. Leanann an chuid is mó lena n-oidéachas ag an tréimh leibhéal Luimneach, Corcaigh, Baile Átha Cliath, Gaillimh (Bunhúinteoireacht, Eolaíocht, Tréidliacht, Teangacha, Múinteoireacht Iarbhunscóile, nó ag déanamh printiseachtaí (gruigeadóireacht, leictreoireacht, pluiméireacht, meicneoireacht, oirthreoireacht).

### An Idirbhliain/Transition Year

Éiríonn le grúpa na hIdirbhliana foghlaim, forbairt agus fás. Déantar neart cúrsaí agus ceardlanna dírithe ar scileanna éagsúla ar nós garcabhair, cisteoireacht, scannánaíocht, sláinte intinne, obair foirne, bodhrán, sábháilteacht bóithre, scileanna réiteoireachta. Oibríonn siad le liosta mór carthanachtaí agus eagraítear roinnt mhaith gníomhaíochtaí chun tacú leo féin. Cuireann na himeachtaí éagsúla go mór leis an atmaisféar sa choláiste.

The Transition group flourish year-on-year as they participate in various courses and workshops throughout the year which focusing on First Aid, acting, film making, mental health, team work, bodhrán-making, road safety and referee training, to name but a few. They work with a long list of charities and organise various events in order to provide them with much needed financial support. These activities are of immense benefit to the overall atmosphere in the school.

Foirne peile, camógaíochta, sacair agus cispheile do chách. Team sports are a central aspect of college life and include football, camogie, soccer and basketball.

Tá foireann díospóireachta againn agus glactar páirt i go leor comórtais eile. We have a debating team and also participate in a wide range of competitions.

## Cúram / Well Being

Tá Oide Ranga ainmnithe do gach rang (múinteoir le freagracht don rang sin), Múinteoir Treórach (treoir gairme agus tréadach) agus Séiplineach ar fáil d'ár ndaltaí chun tacú leo agus comhairle a chur orthu. Tá teagmháil le Tuismitheoirí ana thábhachtach san obair seo, chun a chinntiú go mbíonn Tuismitheoirí i gcónaí ar an eolas fén a leanaí agus ábalta deileáil níos fearr lena gcúramaí le tacaíocht an Choláiste.

Our Care/Well-Being Teams consists of each class being assigned a Class Tutor who takes responsibility for the welfare of that class through SPHE classes and class contact time. Our Guidance Counsellor serves the dual role of offering advice on matters of careers and curricular choices whilst also taking on a pastoral role as counsellor. Our Chaplain is always available to our pupils to listen to them, support them and advise them. Contact with parents is vital to all aspects of college life and we strive to ensure that parents are continually informed on all matters pertaining to the wellbeing of their children.

### Scéim Aitheantais mar Scoil Ghaeltachta (Gaeltacht School Recognition Scheme)

Tá an scoil ag obair chun stádas a lorg mar scoil Ghaeltachta. Chuige seo, tá plan feabhsúcháin á chur i bhfeidhm ina bhfuil gach ball de phobal na scoile páirteach ann.

Tuigimid go bhfuil réimse leathan chumais ag daltaí agus gur mar a chéile é maidir lenár dteanga dhúchais ach, ag an am gcéanna beidh sé de dhualgas ar gach scoláire a ndícheall a dhéanamh Gaolainn a úsáid agus, le himeacht aimsire, feabhas a chur uirthi.

You will be aware of the efforts to promote Irish in the locality and in tandem with this, the school has applied for recognition as a Gaeltacht school. To this end, a plan is in place since the beginning of the 2018 school year, involving all members of the school community. There are many levels of ability across the school and this applies equally to the Irish language. We are all on a learning journey. Let's work together with pride to maintain, preserve and promote our working and native language.

We look forward to the achievements of our future generation of students and would like to invite you to become part of our school community and experience life at Coláiste Ghobnatan as we help to prepare you for your future.

Mar sin, fáilte romhaibh teacht i leith chun bheith mar bhaill do phobal Choláiste Ghobnatan.

Foireann Choláiste Ghobnatan.



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# MEMORIES OF A CONVENT EDUCATION - 1974-1979

I attended the Convent of Mercy Secondary School, Macroom from 1974 to 1979. I was living in the country and I had to walk a mile every morning to get the big yellow school bus in to town. On that first day there was a mixture of excitement and trepidation at the thought of starting in a new school. The convent was a big imposing grey stone building with lots of arched windows and gigantic brown doors with big black iron knockers. To our thirteen year old eyes it looked very daunting as we walked in the gates. It had a large circular manicured lawn in front and the first thing we saw when we went in those big iron gates was a sign in capital letters almost shouting at us PLEASE KEEP OFF THE GRASS. We saw nuns dressed in black habits down to their ankles and they wore black veils with a white rim down to their ears, you could barely see their hair poking out in front.

There were two first year classes, 1A and 1B, one class made up of mostly town girls and the other mostly country girls. I was in the room up the iron steps over the library, a building which in later years became affectionately known as the shed. Underneath was a second year classroom/library, Sr. Columba's music room and the staff room. Before we went into class we had to stop in the cloakroom, hang up our coats and change into our bedroom slippers. Yes in those days we had to wear slippers in the classroom, such was the rules to keep the floors as clean as possible. Our uniform was a navy skirt, a navy v-necked jumper (no crest in those days), light blue shirt, navy tie and white or navy knee socks. Sr. Philomena was the Principal at the time, a small but very precise nun with glasses and she always wore a black cardigan over her habit buttoned up to the top. On the first day she came in to welcome us, she stood at the top of the classroom and turning the back of her hand on the table she tapped her silver ring several times to get our attention and then went on to outline the rules to us. She was very strict and would tolerate no nonsense.

The next nun that came into us and the one that I remember with great fondness was Mother Imelda and she WAS like a mother to us first years. She was a big round nun who almost waddled in as she was of generous proportions and in her senior years at the time but she was lovely. She taught us religion and would always start the class with a prayer. As soon as she came in we would all stand up, I can still remember that prayer to this day.

*"Our Lady, our Queen and our mother, in the name of Jesus and for the love of Jesus,*

*We implore thee to take our cause in hands.....*

*And grant it good success"*

We were almost singing it off in the finish. She also introduced us to a savings scheme, every Friday we would buy savings stamps from her, Cyril the squirrel or something like that and when our card was full we would take it to the post office and put it in our savings account. It was a very good habit to get us into, she was one of my favourites

Other nuns who were teaching during my time there were Mother Carmel, Sr Vincent, Sr. Paul, Sr Dolores, Sr Rosarii, Sr Joseph, Sr. Ann, Sr Patricia, Sr Eileen and Sr Columba. The big favourite at the time was Sr Patricia, a young energetic nun full of the joys of life, always smiling, big into music and singing and very involved in the school

musicals. She was very popular and could often be seen playing music surrounded by a group of enthusiastic girls singing happy uplifting faith songs.

We had Mrs. Walsh for Domestic Science, the sewing room was an old building up near St Josephs primary school. We would go under the arch near St Catherine's Hall and up the steps past the grotto of Our Lady. The first thing we made was an apron to be used for our cookery classes. We had to go down to Willie Kellehers in town for a bit of material and then Mrs Walsh guided us and with her help we managed to produce an apron. Wool for knitting was got in Denis Murphy's Spar sewing shop, there was an extensive supply of everything there that we needed for our sewing classes and Noreen who worked there was very knowledgeable and always ready with help and advice whenever we needed it.

The cookery kitchen was a fairly new building and well equipped. Cookery was once a week, we all liked this class as it was a change from all the bookwork. The first thing we made was something we baked in the oven, probably soda bread, I can't rightly remember but when I took it out of the oven I made sure to use my oven gloves as instructed but then I turned around and while still holding the hot cake tin I shoved the oven door closed with my foot. Mrs. Walsh frowned on such behaviour, I was pulled up straight away and you can be sure I didn't do that again.

In 2nd year I was downstairs in the library, in Inter Cert I was in one of the three prefabs, they were demolished in recent years to make room for the car park and in fifth year and Leaving Cert I was in the classrooms up over the cookery kitchen. For Inter Cert English we did Exploring English 1,2 and 3, short stories, prose and poetry. The play was The Merchant of Venice "The quality of mercy is not strained, It droppeth as the gentle rains from heaven upon the plains beneath" The novel was Little Women, who remembers the Marsh sisters? The Irish novel was Jimin Mháire Thaidhg. For Leaving Cert English the play was Macbeth " Out, damned spot! Out I say!" and the novel was George Orwell's Animal Farm. The Irish novel was Peig Sayers.

We did PE in St Catherine's Hall, it was once a week and we always enjoyed that. I always remember that timber vaulting horse and the job I had trying to learn the right technique to get over it, I wasn't a natural at PE but I eventually mastered it in some fashion. We also played volleyball and badminton and I remember we used to have great fun playing rounders in badminton, you would have to run really fast towards the end of the game when there were very few left. I think we had Miss Higgins for PE and Mr. Hegarty for sport and games. I have a recollection of being up in the sports field for our annual sports day one year when it was nearing the summer holidays and a group of us sitting on the grass (we used to have long hot summers in those days...) and Mr. Hegarty singing and playing the guitar, he was a very popular teacher.

In the school grounds there was one path to the classrooms for the students and another for the teachers, the path for the teachers was called the nuns walk and the students were forbidden from going this way to the classrooms. Only the teachers and nuns could ever be seen walking along this

path. Some of the teachers in those days opted to wear the black teachers robe to class which made them look like they really meant business, though I think the purpose of the robe was to protect their clothes from the chalk dust. However we were for five years wondering what it would be like to walk on this forbidden path so on our last day of school in the convent we said we'd chance it, what had we to lose, we were leaving anyway. We had a bit of fun taking off some of the walks of the teachers and nuns up and down the path and when we had enough we decided that there was nothing too special about it after all.

In those days there were a lot of nuns living in the convent, up to 50 maybe, occasionally during my five years there, the news would reach our ears that one of the elderly nuns had passed away . Sometimes we were marched down to the convent to pay our respects, I remember the vastness of the convent, the high ceilings, long corridors, impressive staircase, brassy knobs, polished floors, shiny surfaces and the big table in the parlour, then there was always a day off school for the funeral. The nuns were buried in the nun's graveyard at the top of St. Joseph's hill, I remember all those lines of white crosses.

When I was in fifth year and leaving cert I was becoming more and more influenced by the nuns. We went on a weekend retreat to somewhere in Cork city accompanied by Sr. Ann and another teacher who I can't recall. That weekend was full of prayer, workshops going to Mass and umpteen visits to the adoration chapel. Coming away from that retreat I was full sure that I wanted to be a nun, but having sat the Leaving Cert and being back in the real world somehow all that changed and the religious call didn't seem so appealing any more. I went on to get a job, worked for a few years, then met the love of my life and got married. We were blessed with two children, a son and a daughter and we are married 39 years this year so I must have made the right decision all those years ago.

I have great memories of my years in the Convent of Mercy secondary school, but then I was one of those students who did my work, kept to the rules, did not get into trouble and therefore did not attract the wrath of the principal. We were well educated by the nuns and the teachers and at the end of the five years we were well ready for the world of work, only the well off went to college in those days, our parents didn't encourage us as it was beyond our means. The Mercy nuns are no longer living in the convent but the secondary school has gone from strength to strength. The school evolved over the years, old buildings were knocked to make way for a new car park, a lot of renovations and changes took place and now decades later there is a brand new building fully equipped with modern technology for the 21st century, a testament to all who are involved. Generations of children have come up through the ranks of this convent school and now their children's children are being educated in the ultra modern St Mary's Secondary school that developed from the solid foundations laid by the Mercy nuns all those years ago and carries on the tradition of educating young girls to the highest standard, their motto being "the pursuit of excellence in a caring environment"

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## A Word of Victory

Welcome back dear student; "... but he's not wearing any clothes!". This line comes from 'The Emperor's New Clothes' by Hans Christian Anderson published in 1837. I read it as a child many years ago and it still sticks in my memory. It was a folktale of a foolish, prideful king who was deceived by two gangsters into believing that they would make him new clothes better than anyone ever had. They spent time priming the king and making everyone believe that these clothes were the most spectacular and extravagant, never-before-seen-creation. But it was all a lie! They persuaded the king to parade through the city wearing his 'new clothes'. All the people smirked but said nothing for fear of reprisal. Only one small little boy spoke the truth that he saw – the king was naked and wasn't wearing any clothes!

The book of Ephesians is a wonderful piece of writing where God gives His church clear instructions for right living. The church is not a building - it's God's people - the body of Christ on this earth (church means 'called out assembly'). He has given the Holy Spirit gifts to the church to build up and equip His people for navigating life successfully and righteously. "Now these are the gifts Christ gave to the church, apostles, prophets, evangelists, pastors and teachers. Their responsibility is to equip God's people to do His work and build up the church, the body of Christ. This will continue until we all come to such unity in our faith and knowledge of God's Son that we will be mature in the Lord, measuring up to the full and complete standard of Christ. Then we will no longer be immature like children..." (Ephesians 4:11-14).

Listen, the spectators in the folktale about the emperors' new clothes were adults silenced by fear. Only one little child, untouched yet by political correctness, un-contaminated by the herd mentality, spoke the truth like the adults should have done. It's one of the traits of someone who is blossoming in the knowledge of God to grow up and think for themselves. Unfortunately, we see before our very eyes a world of complete, crazy silliness, snowballing into a danger to society and the family unit, through wokeness and political correctness. People are afraid to say anything for fear of being labelled something they are not. Most people are not homophobes or transphobes, but our worldly culture will be quick to silence anyone who is not in agreement with the agenda to take our media, education system and all public services. What about freedom of conscience, the right to disagree and freedom of people's own faith and beliefs? It is now not permissible to have an opinion other than the mantra of the day. Remember, that is only held by a minority – small, loud, and very intimidating!

Let's go back to the Scripture. "... we won't be tossed and blown about by every wind of new teaching. We will not be influenced when people try to trick us with lies so clever, they sound like the Truth. Instead, we will speak the Truth in love, growing more like Christ" (Ephesians 4:14-18 NLT). God goes on to warn us "not to live like unbelievers do, for - they are hopelessly confused. Their minds are full of darkness, they wander far from the life God gives because they have closed their minds and hardened their hearts against Him." I don't know about you friend, but I refuse to 'toe the party line' if it causes me to disobey God and my principles (Acts 4:19; Joshua 24:15).

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Group play off: Douglas 0 – 12 St Michael's 1-8  
Quarter-finals: Castlehaven 0 – 14 Ballincollig 1 – 8; Nemo Rangers 0 – 5 Clonakilty 0-4, Duhallow 3-11 Douglas 0-10  
Semi-final: St Finbarr's v Castlehaven: Nemo Rangers v Duhallow Relegation playoff: Carrigaline v Mallow.

**Castlehaven 0-14 Ballincollig 1-8**

Weather conditions at Enniskeane were tough, a howling wind driving heavy rain.

Castlehaven played some great football, especially in the first half despite playing against the wind, and they led by six points at half time. The Haven then contained a strong second-half comeback from Ballincollig in the Bon Secours Hospital Premier SFC quarter-final to emerge winners by three points and so qualify to meet St Finbarrs in the semi final.

Ballincollig did not play well in the first half and the Haven led by 0-4 to nil after the first quarter. Ballincollig's first score finally arrived after 23 minutes when Cian Dorgan converted a close-range free. Castlehaven remained in control, 0-6 to 0-1 after 24 minutes and another Cian Dorgan point from a free was answered by two more from Brian Hurley for the winners, 0-8 to 0-2 at the break. The sun came out for the second half and the wind died down somewhat and Ballincollig did get the first score from a Cian Dorgan free five minutes after the restart, Haven replied, still six points between the teams in the 39th minute when the West Cork side lost a man temporarily to a black card.

The Village had two points in a row, from Seán Kiely and Cian Dorgan, 0-9 to 0-5 after 41 minutes and a point from Ballincollig's Darragh O'Mahony left just a goal between the sides with 12 minutes remaining.

The Haven's advantage was back up to five points, 0-11 to 0-6 after 53 minutes but Ballincollig hit the winners with 1-2 without reply, the goal from Dara Dorgan, and the sides were level 1-8 to 0-11 after 58 minutes. The West Cork men finished strongly with three points in a row without reply.

Scorers for Ballincollig: C Dorgan 0-4 (0-3 f), D Dorgan 1-0, C Kiely, T O'Connell, D O'Mahony, S Kiely 0-1 each.

Ballincollig: J Gibbons; C Moore, L Jennings, S

O'Donoghue; C Kiely, H Ahearne, M Oldham; P O'Neill, S Dore; S Kiely, L O'Connell, D O'Mahony; R Noonan, C Dorgan, D Murphy. Subs: T O'Connell for D Murphy, S O'Neill for R Noonan (both h-t), D Dorgan for S Dore (41), E Cooke for S Kiely (42), S Kiely for S O'Donoghue (50).

**Senior A Football**
**Quarter-finals:**

Béal Átha'n Ghaorthaidh 0-8 Knocknagree 0-10  
Newcestown 2-4 Kanturk 1-7 aet. Newcestown win 4-2 on penalties

Semi-finals: Dohenys v Knocknagree, Newmarket v Newcestown.

Relegation playoff: Fermoy 0-10 Ilen Rovers 0-4

Knocknagree 0-10 Béal Átha'n Ghaorthaidh 0-8  
In the Bon Secours County SAFC, Béal Átha had a terrific contest with Knocknagree before eventually going under and out of the competition, by a two point margin at a wind and rain lashed Clondrohid. Knocknagree adapted that bit better, particularly in the opening half to open up a 0-7 to 0-2 advantage at the interval. Though losing a player soon after the restart, Béal Átha managed to claw their way back and were ever so close to gaining a reprieve only for Knocknagree to hold out. Knocknagree had a four points to nil lead but lost a man to a black card.

That allowed Béal Átha respond after Aindrias Ó Coinceannáin pointed a 14th minute free followed by a Donagh Seartan point to make it 0-4 to 0-2.

Knocknagree reeled off three points to secure a commanding 0-7 to 0-2 advantage at the break, and added another on the restart. Béal Átha then lost a forward to a red card but the Gaeltacht side rallied in spirited fashion and with three points from Ó Coinceannain and Concubhair Ó Loinsigh narrowed the arrears to 0-8 to 0-5.

Points from Leonard Ó Conchúir and Ben Seartan kept the outcome very uncertain, and the Gaeltacht men went ever so close over so close but near the finish it was Knocknagree who put scores on the board to go three clear and a last minute Béal Átha effort for an equalising goal from Conchúir Ó Loingsigh's went just too high and over the crossbar to leave Knocknagree to face Dohenys and that will be some semi final contest. Béal Átha'n Ghaorthaidh: D Ó Coill; C Ó Nuanáin, J Ó Donnchú, É Ó Duinnín; B Ó hArgáin, A Ó Loingsigh, N Ó Laoire; C Ó Duinnín, A Ó Coinceannáin 0-2; S Ó Luasa, C Ó Tuama, D Ó Ceallacháin; C Ó Loingsigh 0-2, B Seartan 0-2, D Seartan 0-1 Subs: D Mac

Tomáis ht, L Ó Conchúir 0-1 ht, L Ó Críodáin 39, M Ó Riordáin 47, S Ó Muimhneacháin 50

**Premier Intermediate Football**

Quarter Finals: Cill na Martra 2-11 Iveleary 0-12;  
Bantry Blues 3-12 Nemo Rangers 2-6

Semi-finals: Castletownbere v Cill na Martra at Bantry on Sunday October 8th at 3pm: Kilshannig v Bantry Blues Relegation Play Off: Macroom 1-9 Na Piarasigh 1 - 6

**Cill na Martra 2-11 Iveleary 0-12**

A goal for Cill na Martra in the 45th minute of this intriguing Bons Secours county PIFC quarter final at Macroom turned the contest and led to a dramatic victory for the Gaeltacht men. Iveleary had been by far the better side in the opening half and led by 0-7 to 0-4 at the interval. When the Uibh Laoire men added three more points on the resumption to lead by six points in the 39th minute, the game was going their way, as Cill Na Martra were being well contained by a disciplined Iveleary side playing with confidence.

Then came the turning point as an Iveleary attack was turned over, the winners broke at pace against a defence caught going forward and Ciarán Ó Duinnín cut through and fired a bullet like drive to the Iveleary net. This score cut the gap between the teams to a mere two points, 1-5 tom 0-8, it ignited the Cill na Martra challenge and left Iveleary dismayed. Daniel Ó Duinnín added a point immediately to leave only the minimum between the sides, Seán Ó Foirréidh fisted over an equaliser in the 51st minute, Damian Ó hUrdail put Cill na Martra ahead a minute later but Chris Óg Jones levelled matters with an Iveleary point on 53, their first score in 14 minutes.

There was no stopping Cill na Martra now however and Ciarán Ó Duinnín delivered the killer blow when he again cut thro' and blasted to the Iveleary net to make it 2-8 to 0-11.

Conditions at Macroom were near perfect, clear skies, dry surface and a big crowd present in anticipation of a major local show down. Maidhchí Ó Duinnín opened the scoring for the Gaeltacht men, Ian Jones fisted an equaliser, Cathal Vaughan put Iveleary in front, Ciarán Ó Duinnín levelled matters at 0-2 each in the 6th minute. Iveleary then took over and outscored the opposition by five points to two in the next twenty minutes and unfortunately for them, kicked seven wides as well. Chris Óg Jones was causing problems for the Cill na Martra defence, Cathal Vaughan was



The Annual Cliona Enright Memorial prize giving, in Macroom Golf Club. L-R; Lady Captain Rose Beamish, Winner Aine Galvin and the Enright sisters.



Ann O'Connell, recent Macroom FC lotto jackpot winner received her cheque of €8,400 from Chairperson Denis Murray and lotto committee members.



also moving well and there was an assurance in the play of the Iveleary defence. Cill na Martra lost Dan Ó Duinnín to a black card on 20 but Iveleary only managed a fisted point from Ciarán O'Riordan with their temporary numerical superiority and a late free for the winners left Iveleary ahead at the break by 0-7 to 0-4.

On the resumption Iveleary continued to dominate and points from Ian and Chris Óg Jones and another from Cathal Vaughan had them deservedly in front by six points and oozing confidence but disaster lay ahead!

Scorers for Cill na Martra: C Ó Duinnín 2-2, M Ó Duinnín, D Ó Duinnín (0-1 f) 0-2 each, S Ó Fóirréidh, D Ó hUrdail, M Ó Deasúna (f), T Ó Corcora, F Ó hEalaithe 0-1 each.

Iuibh Laoire: C Óg Jones 0-5, C Vaughan 0-3 (0-2 f), I Jones 0-2, B Cronin, C O'Riordan 0-1 each.

Cill na Martra: Pádraig Ó Críodáin; Colm Mac Lochlainn, Graham Ó Mocháin, Finéin Ó Faoláin; Danny Ó Conaill, Seán Ó Fóirréidh, Ciannie Ó Fóirréidh; Fionnbarra Ó hEalaithe, Gearóid Ó Goillidhe: Ciarán Ó Duinnín, Damien Ó hUrdail, Daniel Ó Duinnín; Maidhchí Ó Duinnín, Micheál Ó Deasúna, Shane Ó Duinnín. Subs: Antóin Ó Cuana h/t, Tadhg Ó Corcora 38, Cristóir Ó Meachair 45, Eoin Ó Conaill 60.

Iveleary: Joe Creedon; Finbarr McSweeney, Daniel O'Riordan, Barry Murphy; Kevin Manning, Seán O'Leary, Daniel O'Donovan; Timmy Roberts, Conor O'Leary; Seán O'Riordan, Chris Óg Jones, Brian Cronin; Ciarán O'Riordan, Cathal Vaughan, Ian Jones. Subs: Seánie Lehane 49, Sam Pickering 57.

### PIFC Relegation Play-off

#### Macroom 1-9 Na Piarasaigh 1-6

Macroom ended their season on a positive note with a three point win over Na Piarasaigh in the PIFC relegation play-off at a very wet and windy Owens. Macroom had the benefit of the elements in the first half and Na Piarasaigh must have been pleased to be within a point of the Mid Cork men at half time, 1-5 to 1-4, and when they drew level within six minutes of the resumption it appeared likely that they could go on to victory. Macroom, did not concede and with their old brigade of Fintan Goold, Seán Kiely, Rory Buckley and Tony Dineen leading the way with assistance from Mark Corrigan, Don Creedon, Eolan O'Leary and Alan Quinn of a younger vintage, they succeeded in blunting the edge of the Na Piarasaigh challenge and after David Horgan put them in front in the 40th minute from a mark, they put in a massive effort in the final quarter to gain a very hard earned victory with Seán Kiely kicking over their final three points. Macroom were naturally delighted but there was sympathy for Na Piarasaigh, a fine club with a proud tradition which has had a pretty awful year but took their defeat here with dignity. Macroom playing into the northern goal had a great start, Eolan O'Leary with a first minute point, Fintan Goold with another a minute later and this duo adding a further point apiece to leave Macroom 0-4 to nil in front after seven minutes. Macroom were on top but followed on with three wides and Na Piarasaigh settled and began to make progress against the wind. Free taker Alan Hogan got three points in row 0-4 to 0-4 in the 19th minute as Macroom ran out of attacking ideas. Piarasaigh goalkeeper Alan O'Sullivan made a super save from Kiely at the expense of a '45' which Fintan Goold kicked over in the 22nd minute but

a minute later Macroom were rocked by a goal for the city side. Luckily for the winners, in their next attack, Eolan O'Leary booted to the Piarasaigh's net from close range after Johnny Murphy's shot had been blocked in a crowded goalmouth, but nother point from a free from Hogan just before the break left Macroom leading by a only single point 1-5 to 1-4, with the wind and rain to face.

Macroom conceded a free in the 36th minute which Hogan kicked over to level the score. Na Piarasaigh were out of luck two minutes later when a blistering shot from Shane Forde rattled the Macroom crossbar before rebounding to safety and Macroom regained the lead in the 40th minute when David Horgan called a mark just inside the 45 and sent over in style. Macroom were greatly heartened to be back in front and raised their game all over the field. Seán Kiely doubled their lead on 41, and then opened up a three point gap in the 48th minute. Na Piarasaigh hit back with a point in the 55th minute, but Seán Kiely had the final score of the game to put Macroom three points clear and they remained in disciplined control to the finish.

Scorers: Macroom: E O'Leary 1-2, F Gould 0-3 (0-1 45), S Kiely 0-3, D Horgan 0-1 (mark). Na Piarasaigh: A Hogan 0-5 f, K O'Meara 1-0, K Moynihan 0-1

Macroom: Brendan O'Connell; Kieran Condon, Rory Buckley, Don Creedon; Jack O'Riordan, Tony Dineen, Mark Corrigan; Caleb Dinneen, David Horgan; Seán Kiely, Fintan Goold, Eolan O'Leary; Blake O'Gorman, Alan Quinn, Johnny Murphy. Subs: Mark Hunt 41, Dylan Twomey 43, Ethan O'Gorman 51.

### Intermediate A Football

Quarter-finals: Dromtarriffe 1-10 Boherbue 0-9, Adrigole 0-6 St Vincent's 0-4

Semi-finals: Aghabullogue v Dromtarriffe, Friday Oct 6th at Mallow, 7.30pm: Mitchelstown v Adrigole, Sat Oct 7th at Kilmurry, 5pm

Relegation playoff: Ballinora v Glenville, Sunday Oct 8th 3pm at Riverstown

### Premier Junior Football

Quarter-finals: Cullen 0-6 Cobh 1-6, Millstreet 1-5 Urhan 0-10

Semi-finals: Kilmurry v Cobh, Friday October 6th at P Ui Rinn 7.30pm: St Finbarr's v Urhan Relegation playoff: Kinsale 1-11 St Michael's 0-9

### Muskerry Division

#### Ross Oil Junior Football Championship 2023

#### Quarter finals:

Aghinagh 1 - 10 Grenagh 0 - 12 - winners play Canovee in semi final

Éire Óg 1 - 9 Kilmichael 0 - 6 - winners play Inniscarra in semi final

#### Semi Finals:

Éire Óg v Inniscarra at Ballincollig, 3-30pm start Aghinagh v Canovee at Macroom Sunday October 8th at 6pm

### Aghinagh 1 - 10 Grenagh 0 - 12

Despite the heavy rain and strong wind, Aghinagh and Grenagh served up a very exciting quarter final in the Ross Oil Mid Cork Junior Football championship at Ballyanley. Aghinagh were a very relieved team at the finish to have made their way through to a very attractive local derby semi final

meeting with Canovee having survived a strong late Grenagh rally.

Aghinagh had wind advantage in the first half but it was Grenagh who had most of the possession and did most of the pressing and they deserved their half time lead of 0-4 to 0-3. Conditions were awful but the teams were honest and endeavoured to play thoughtful football. Grenagh had Aghinagh under pressure from the start and two early frees yielded two points for Ultan Duggan, the Grenagh place kicker finishing with 0-10 to his credit, 0-9 from frees. Dara McCarthy kicked a super point for Aghinagh in the 7th minute and Con Buckley kicked an equaliser in the 12th minute but Aghinagh then kicked a series of wides and Ultan Duggan put Grenagh back in front in the 17th minute. Paul BarryMurphy doubled the Grenagh advantage in the 25th minute, the chance set up by Duggan, but just before the break, Declan Ambrose had a point from play for Aghinagh to leave his side trailing by a point 0-4 to 0-3. Aghinagh had not been playing well, had amassed a tally of nines wides and would now face the wind in the second half.

Aghinagh mentors introduced two substitutes for the resumption and reorganised their line out. Gearóid O'Sullivan had them level in the 32nd minute and Con Buckley put them in front for the first time two minutes later with a point after a bout of combined play. Aghinagh were forcing the pace now and the decisive moment of the game came in the 36th minute, Luke O'Leary feeding the ball through to William Coakley coming in from the left corner and the latter's shot across the face of the goal dipped under the crossbar and nestled in the Grenagh net. The goal was to prove to be the saviour of Aghinagh's hopes of advancing to their third semi final in a row.

Grenagh now got down to the business of getting back into contention. Ultan Duggan and John Lehane had points to reduce the gap to two points, Liam Twohig kicked a fine point to make it 1-6 to 0-6 in the 42nd minute. The deadly boot of Ultan Duggan left two points in it at the three quarter stage but Aghinagh then hit a four minute purple patch with Con Buckley, Donal Corkery and Aodh Twomey all scoring. When lion hearted Aodh Twomey again had a point in the 50th minute, Aghinagh were leading by 1-10 to 0-7 and now looked secure.

Battling Grenagh never gave up and dominated the closing stages, causing increasing anxiety in the Aghinagh ranks as they saw their lead being whittled down score by score. Ultan Duggan pointed a 51st minute free, kicked over from play three minutes later, and when he converted another free on 57, Aghinagh were really under pressure. Another point from Duggan on 58 was followed by yet another on 59 and Grenagh were only one behind. Aghinagh held their heads however and when the final whistle sounded still held their one point lead.

Scorers: Aghinagh: W Coakley 1-0, C Buckley 0-3, A Twomey 0-2, D McCarthy, D Ambrose, G O'Sullivan, L Twohig, D Corkery 0-1 each. Grenagh: U Duggan 0-10 (0-9 frees), P BarryMurphy and J Lehane 0-1 each.

Aghinagh: Kevin Cotter: Donagh O'Riordan, Dave Barry, Luke O'Leary: T J Buckley, Declan Ambrose, David Kelleher: Gearóid O'Sullivan, Michael O'Brien: Thomas Morgan, Liam Twohig, Con Buckley: Dara McCarthy, Aodh Twomey, Micheál Horgan. Subs: William Coakley for D McCarthy and



Dermot O'Callaghan for D Barry, both ht, Donal Corkery for T Morgan 45, Vincent Moriarty 50, Seán Kelleher for L O'Leary inj 60.

Grenagh: Cathal Cronin: Niall Coleman, Alex Kiely, Kevin O'Neill: Tadgh Walsh, Seamus Cronin, Chris Buckley: John Lehane, Ted Twomey: David Coleman, Paul BarryMurphy, Seán Joyce: Dan Twomey, Kelvin Cummins, Ultan Duggan. Subs: Shane Dorgan for C Buckley 50

Referee: Colm Ó Mocháin, Cill na Martra

### Éire Óg 1 - 9 Kilmichael 0 - 6

Éire Óg completed the Ross Oil Mid Cork JFC semi final line up by defeating Kilmichael at a rain sodden Kilmurry. It was simply miserable for the players and spectators but the teams endeavoured to give of their best in a sporting contest.

The first half was very evenly contested. Kilmichael had wind advantage but eleven minutes had elapsed before Brendan Cotter opened their account and Éire Óg were back level within three minutes, Daniel Healy on target. Liam Sheehan then kicked Éire Óg into the lead from a free but it was all square once again in the 20th minute when Alan McCarthy had a Kilmichael point. Conditions made it very difficult for forwards in particular and scores were hard to come by but Kilmichael

finished the half well. Chris O'Connell pointed a free in the 27th minute, Liam Sheehan did likewise for the Ovens side in reply but Conor Cotter put Kilmichael into an interval lead with a point in added time, 0-4 to 0-3 at the break.

Éire Óg introduced All Ireland winner Ciarán Sheehan at full forward for the second half, and moved Liam Sheehan to midfield where he made a major contribution. The winners also brought in Colm Quigley at corner forward and he had the teams level within a minute of the restart. Another great Éire Óg stalwart Kevin Hallissey saw his shot for goal come back off the post and Brendan Cotter put Kilmichael back in front in the 36th minute with a superb point. Éire Óg were getting on top and after two wides, got back on level terms when Liam Sheehan pointed a free in the 42nd minute. Two minutes later came a decisive moment in the proceedings when Colm Quigley fired in a shot which Shane Masters in the Kilmichael goal blocked but the ball spilled backwards out of his hands before being recovered and the umpires had no hesitation in deciding that the ball had crossed the goal line. Éire Óg now led by 1-5 to 0-5 and were playing with increasing confidence. Points in quick succession from Michael Murphy, Colm Quigley and Liam Sheehan had them six

points clear by the 48th minute and the eventual outcome was now certain. Chris O'Connell had a point from a Kilmichael free but Éire Óg finished the scoring with another point from Dan Healy.

Scorers: Éire Óg: C Quigley 1-2, L Sheehan 0-4 (frees), D Healy 0-2, M Murphy 0-1. Kilmichael: B Cotter 0-2, C O'Connell 0-2 (f), A McCarthy and C Cotter 0-1 each.

Éire Óg: Éoin Kelleher: Chulainn Malone, Matt Brady, Adam McCarthy: Cathal Mullins, Denny Murphy, Kevin Cooper: Michael Murphy, Oisín O'Shea: Fintan O'Leary, Kevin Hallissey, David Kirwan: Fintan Brennan, Liam Sheehan, Daniel Healy. Subs: Colm Quigley and Ciarán Sheehan for F O'Leary and D Kirwan, both h/t, David Sheahan for F Brennan 56, Phil O'Sullivan for D Healy 59.

Kilmichael: Shane Masters: Ger Murphy, Eoghan Murphy, Finbarr Buckley: Ronan Murphy, Kevin Murphy, Brendan Cotter: Cathal Foley, Finbarr Dromey: Andrew Kelleher, Conor Cotter, Chris O'Connell: Alan McCarthy, Peter Kelleher, Shane Foley. Subs: Danny Horgan for A Kelleher 58 and Daniel Cotter for A McCarthy 59.

Referee: Pat O'Leary, Kilmurry

## MACROOM GAA NEWS

### Message from Mark O'Sullivan, Chairperson Macroom GAA

Everyone at Macroom GAA would like to thank all the Macroom players for their hard work and commitment throughout the year. It was tough going at times but every single player showed great heart, determination and passion especially in our final two championship games against Bantry and Na Piarasigh and the players and management can be very proud of their contribution and efforts in rescuing our season. We hope and believe that this latest victory will stand us in good stead and prepare us for the battles ahead next year. Macroom GAA would like to take this opportunity to thank Conor Hurley, Daniel O'Leary, Jock Neville & Kieran O'Shea for their time, effort, management and coaching skills. We would like to thank everyone involved in any capacity with our Premier Intermediate team throughout the year as we know everyone had a very positive impact on the team. We are extremely lucky to have so many dedicated and experienced people available to help out and lend valuable assistance. It was absolutely vital that we maintained our Premier Intermediate status and we are extremely confident that there are better times ahead for Macroom GAA and we thank each and every one of you for your efforts.

#### Premier Intermediate Football Relegation Playoff 24th September 2023:

##### Macroom 1 - 9 Na Piarasigh 1 - 6

Macroom's Premier Intermediate footballers concluded their season with an important victory over Na Piarasigh to seal their place in the Premier Intermediate Football Championship for 2024.

Macroom opened the scoring of the game with a fine score from Eolan O'Leary followed by fine points from the boot of Fintan Goold and Sean Kiely. Macroom controlled the opening twenty minutes and had multiple goal opportunities however the Na Piarasigh keeper pulled off fine saves in particular from Sean Kiely and Alan Quinn, the latter resulting in a point for Quinn. Na Piarasigh stuck to their task and to their great credit and due to a drop in concentration and application from Macroom dominated the last ten minutes of the half scoring 1-4. Luckily however, Eolan O'Leary showed good awareness to knock the ball home to the back of the net after a good run by Jonny Murphy leaving the half time score at 1-05 to 1-04 in favour of Macroom who had played with a strong wind and in Ovens leaving Macroom in a very difficult position.

To the Macroom players great credit - they came out with a renewed vigour led by Fintan Goold, Sean Kiely and Alan Quinn in the second half and began to gain control of the game. Brendan O'Connell, who as always was assured in goal, ensured that Macroom's backs remained organised throughout and the sturdy defence led by Mark Corrigan, Don Creedon, Tony Dineen and wily veteran Rory Buckley bolstered by young guns Ciarán Condon and Jack O'Riordan ensured Macroom only conceded two second half points.

At the other end Macroom knocked over four great scores, a couple of which resulted from some great turnovers from Alan Quinn, Caleb Dineen, Jonny

Murphy and Blake O'Gorman.

David Horgan set a great attacking tone by calling a very clever mark before calmly sending the ball over from 45 yards into the wind. Seán Kiely then followed up by kicking two huge scores on the run into the wind, hard to say which was the better strike.

When the final whistle went Macroom were very happy to have got over the line and great credit should go to all players for the character shown in the win.

Hopefully 2024 sees further progress for our young players and that our older players will continue to show their unending loyalty to the jersey.

#### End of Season

The Macroom GAA U15 Premier 1 squad headed to West Cork Secret as an appreciation of their efforts throughout the year. The boys had a fantastic experience doing various team bonding exercises and had lots of fun.

**MACROOM US** team were presented with their new Macroom GAA jerseys last Saturday morning in the Castle Grounds. The jerseys were presented by Macroom GAA U13 & U14 players who also brought the U14 Division 4 League Shield with them after being victorious in the competition a few weeks ago. End of the football season is drawing close. It was great to see everyone having some fun at the end of season party at the Leisure Centre for our younger club members!

Thanks to all involved for their hard work with all our underage teams this year.

**HAVE YOU A NEWS STORY?**

Contact the Editor by Email: [leevalleyoutlook@macroom.ie](mailto:leevalleyoutlook@macroom.ie)



## HURLING: Co-Op Superstores Cork County Hurling Championships

### Premier Senior Hurling

#### Quarter Finals:

Imokilly 1-29 Douglas 1-16: Sarsfields 1-15  
Blackrock 0-15

St Finbarrs 1-22 Charleville 0-15

Semi Finals: Sarsfields 1-23 Imokilly 0-25: Midleton  
1-17 St Finbarrs 0-18

Final: Sarsfields v Midleton Sunday October 15th at  
4pm

Relegation: Kanturk 1-16 Glen Rovers 1-13- Glen  
relegated

### Senior A Hurling

Quarter Final: Blarney 0-24 Cloyne 2-9, Newcestown  
1-19 Killeagh 2-10

#### Semi Finals:

Blarney 0-20 Bride Rovers 1-17 Bride win penalty  
shoot out, 3-0 to 2-0

Carrigtwohill 1-14 Newcestown 2-14

Final: Bride Rovers v Newcestown

Relegation: Inniscarra 3-16 Mallow 1-13 – Mallow  
relegated

**Blarney 0 – 26 Bride Rovers 1- 23 draw aet .  
Bride Rovers win 3-2 on penalties**

Blarney and Bride Rovers finished 1-17 to 0-20 in  
regulation, and 1-23 to 0-26 after extra-time and in  
a dramatic penalty shoot-out, three saves by Cian  
Hogan and three scored by Cillian Tobin, William  
Finnegan and Adam Walsh sent the Rathcormac  
side through. Blarney were short Denis McSweeney  
- their U20 All-Ireland medallist - and Alan McEvoy,  
who were replaced by Eoghan Kirby and county star  
Mark Coleman who scored 10 points.

Blarney with the wind Blarney scored first but it was  
0-4 each after ten minutes. Bride led by three  
points ten minutes from the break but Blarney came  
back and it was 0-10 to 0-9 to Bride after a half that  
saw the teams level on four occasions.

Bride had a goal on the restart and led by 1-12 to  
0-10 in the 40th minute but Blarney with points  
from Mark Coleman and Shane Barrett frees, and  
one each from play by Padraig Power and Shane  
Mulcahy had the gap down to one point at the three  
quarter mark.

The East Cork side went two points up, 1-14 to 0-16,  
but Blarney regained the lead, twice Bride went back  
in front but Blarney substitute Cian Dunlea equalised  
in the third minute of stoppage, 1-17 to 0-20.

In extra-time, Bride Rovers resumed with the wind  
and took the lead, Blarney outscored them three  
to one, 0-23 to 1-19 in front after the first period of



This is Ballinora who defeated Grenagh in the MJK Oils Mid Cork JHC semi final at Ballyanley and now are chasing their third title in a row.

extra-time. In the final period, Bride levelled, Blarney  
went ahead, Bride levelled again and won the  
penalty shoot out that followed.

Scorers for Blarney: M Coleman (0-10, 0-5 frees, 0-1  
65), S Barrett (0-7, 0-5 frees, 0-1 65), P Power (0-3), E  
Kirby, C Dunlea, C McCarthy, K Costello, C Hegarty  
and S Mulcahy (0-1 each).

Blarney: C Murphy; S Crowley, P O'Leary, D Murphy;  
C Power (Capt), P Crowley, P Philpott; O Hegarty, C  
Hegarty; S Mulcahy, P Power, S Barrett; E Kirby, M  
Coleman, C Barrett. Subs: C Dunlea 38, C McCarthy  
56, K Costello 60 inj, J O'Keefe 63, M O'Leary et, P  
Power et, W Crowley et

### Premier Intermediate Hurling

Quarter Finals: Valleys 3-12 Kilworth 1-22,  
Castlelyons bt Ballymartle

Semi Final: Ballincollig 2-16 Kilworth 1-20:  
Castlemartyr 0-10 Castlelyons 2-10

Final: Kilworth v Castlelyons

Relegation: Carrigaline 1-21 Bandon 2-9 – Bandon  
relegated

**Kilworth 1-20 (23) Ballincollig 2-16**

Heartbreak for Ballincollig at Riverstown as a point  
nearly five minutes into injury time booked a Cork  
Premier IHC final spot for the Avondu club.

In a teak tough game of hurling Kilworth had that  
extra bit of resolve and even when Ballincollig struck  
for both their goals from Brian Keating and Cian  
Dorgan, the north Cork side never panicked and  
continued to apply the pressure.

Ballincollig did open well, a free from Dave O'Sullivan  
giving them a quick lead but Kilworth took over with  
two fine points and the game was really competitive.

Ballincollig hit six wides in that opening quarter and  
it was no surprise that they changed their free taker,

Cian Dorgan taking over the duty in the second  
quarter, and he duly sent over a free and a 65.

Ballincollig were far more direct now with the long  
ball paying dividends and two fine points from  
Keating and Steve Wills had the sides level at 0-5  
apiece after 26 minutes.

Then a fine 27th minute goal from Brian Keating, set  
up by Tadgh O'Connell, gave Ballincollig the lead but  
Kilworth hit back with two points and an injury time  
goal to lead 1-7 to 1-6 at the break.

In the second half the play opened up big time and  
after Steve Wills levelled the scores at 1-9 apiece in  
the 38th minute Ballincollig struck for their second  
goal when Conor Sexton put Dorgan clear. But  
again Kilworth hit back with four fine points, and  
they led 1-14 to 2-10 entering the final quarter. Point  
for point in that final quarter, and it looked like extra  
time when Steve Wills levelled the game deep into  
injury time.

A last minute attack yielded the point that broke  
Ballincollig's hearts after a great contest.

Scorers for Ballincollig: C. Dorgan (0-2 frees, 0-1  
65) 1-3, B. Keating 1-2 each, S. Wills 0-5 (0-2 frees),  
D. O'Sullivan (frees) and T. O'Connell 0-2 each, B.  
Coleman and A. Wills 0-1 each.

Ballincollig: J Lenihan; R O' Donovan, C Moore, F  
Denny; D O'Sullivan, C O'Leary, B Coleman; J Dwyer,  
C Sexton; S O' Neill, B Keating, SWills; T O'Connell, C  
Dorgan, C O'Driscoll. Subs: C O'Sullivan 42, A Wills 53,  
P Cooney 55, B Dore 58.

### Intermediate A Hurling

Quarter Final: Mayfield 1-18 Lisgoold 0-18, Blackrock  
1-20 Ballygiblin 0-18

Semi Finals: Aghabullogue 0-17 Mayfield 0-11:  
Midleton 1-18 Blackrock 1-17



John Feeney, Chairman and Marie Casey, EPH Controls, presenting the Muskerry GAA/EPH Controls Award for August to joint winners, Cliona Healy, Aghabullogue and Meabh Murphy, Ballinora in recognition of their contribution to Cork's All Ireland winning camogie team. The awards function was held at the Auld Triangle, Macroom. Picture: Mike English



Cliona Healy, Aghabullogue and Cork Camogie player, joint winner of the Muskerry GAA/EPH Controls award for August photographed with club members and family at the awards presentation dinner at the Auld TRIangle, Macroom. Picture: Mike English



Final: Aghabullogue v Midleton  
 Relegation Play Off: Youghal 5-17 Douglas 4-12  
 – Douglas relegated

### Aghabullogue 0-17 Mayfield 0-11

Aghabullogue came from four points down at half-time to win by six as they saw off Mayfield in the Co-op SuperStores Cork IAHC semi-final at Páirc Uí Rinn and Midleton's second team now await them in the final.

Such an outcome looked remote at half-time as Mayfield retired with an 0-8 to 0-4 lead. Four points were shared in the opening nine minutes, a pair of frees each for Aghabullogue's Shane Tarrant and Mayfield's Nicky Kelly, before the city side went ahead. While Tarrant did respond with an effort from halfway, it was the last time the sides were tied in the opening period. As yellow cards became the norm, Mayfield moved 0-5 to 0-3 in front with two more frees. Aghabullogue's Matthew Bradley registered the game's first score from play on 23 minutes, Mayfield replied in kind and Mayfield's, Kelly converted a 65 for a four-point advantage.

Trailing by 0-8 to 0-4 at the interval, Aghabullogue's Shane Tarrant's fourth point had them back to within three before two Matthew Bradley frees left the minimum in it. The equaliser came from Paul Ring in the 44th minute but the city side replied immediately to go back in front, 0-9 to 0-8. Mayfield were not to score again for 11 minutes, by which time Aghabullogue had moved four ahead, points from Bradley, Paul Ring, Brian Dineen and John Corkery had them 0-13 to 0-9 ahead. Points were exchanged, Bradley sent with a superb free and Tarrant extended the margin further. Mayfield lost two men to red cards and Bradley made sure with his ninth in the 64th minute before points were exchanged to finish the scoring.

Scorers for Aghabullogue: M Bradley (0-4f), S Tarrant (0-3f) 0-6 each, J Corkery, P Ring 0-2 each, B Dineen 0-1.

Aghabullogue: Finbarr Foley; Tom Long, Cillian Timmons, Jerome Corkery; TJ Buckley, Pdraig O'Sullivan, Michael Dennehy; Niall Barry-Murphy, Seanie Furey; John Corkery, Paul Ring, James Foley; Colm Gillespie, Shane Tarrant, Mathew Bradley. Subs: Billy Casey and Brian Dineen, both h-t.

### Premier Junior Hurling

QF: Glen beat Kilbrittain: Erins Own beat Meelin

Semi Finals: St Catherine's 2-11 Glen Rovers 0-13:  
 Barryroe 2-8 Erin's Own 2-13

Final: St Catherine's v Erin's Own  
 Relegation Play Off: St Finbarrs 0-17 Tracton 0-14 –  
 Tracton relegated

### MJK OILS Mid Cork Junior Hurling Championship

Semi Finals:

Ballinora 1-21 Grenagh 2-15 aet:  
 Dripsey 2-19 Kilmichael 1-16  
 Ballinora will be seeking to make it three Mid Cork Junior hurling titles in a row when they face the challenge of Dripsey, in their first season back in junior grade, in the Mid Cork Final on October 14/15th next.

### Dripsey 2 – 19 Kilmichael 1 – 16

The semi final of the MJK OILS Mid Cork JHC at Ovens produced an exciting contest with the teams level at half time and still locked together at the three quarter stage at 1-12 each. A second goal from Diarmuid O'Riordan at this stage gave Dripsey a huge boost and they quickly added a string of points to consolidate their position and they maintained their advantage to the finish, matching Kilmichael score for score in the closing ten minutes. Kilmichael settled and three points in a row from Peter Kelleher frees had them leading by 0-3 to 0-1 after six minutes. Points were exchanged, Dripsey's Shane Burke cut the gap to a single point but Kilmichael got in for the first goal of the game, a long range shot from Alan McCarthy going all the way to the Dripsey net to open up a four point gap. Dripsey got a badly needed boost in the 30th minute when Diarmuid O'Riordan got his stick to the sliotar to propel to the net and his brother Michael then pointed a free to leave the sides level at 1-8 each at half time.

On the resumption Kilmichael went back in front but Dripsey responded well with four points in a row to open up a three point gap. Kilmichael rose to the challenge, points from Kelleher's two frees and one from Ronan Murphy levelling the scores at 1-12 each at the three quarter stage.

Diarmuid O'Riordan struck the vital blow for Dripsey with his second goal in the 46th minute and Dripsey went five points up, played an extra defender to hold their advantage and saw out the last ten minutes. Dripsey, with a very experienced panel, could cause Ballinora serious problems in the latter's

search for three-in-a-row.

Scorers: Dripsey: D O'Riordan 2-4, M O'Riordan 0-6 (0-5f), J Manley, E Maher, S Burke and M O'Sullivan 0-2 each, M O'Connell 0-1. Kilmichael: A McCarthy 1-0, P Kelleher 0-8 (frees), C Cotter 0-3 (f), A Kelleher 0-2, B Cotter, R Murphy and F Buckley 0-1 each.

Dripsey: Aidan Buckley: Dean O'Sullivan, David O'Sullivan, Eoin O'Connell: Shane O'Riordan, John Carey, Jamie Manley: Mark O'Connell, Eoghan Maher: Killian Kelleher, Diarmuid O'Riordan, Mark O'Sullivan: Shane Burke, Michael O'Riordan, John Buckley. Subs: Colm O'Connell for J Manley 35, James Cotter for K Kelleher 48, John O'Riordan for J Buckley 52

Kilmichael: Stephen O'Leary: Gerard Murphy, Shane Foley, Luke Harrington: Eoghan Murphy, Cathal Foley, Finbarr Dromey: Conor cotter, Ronan Murphy: Alan McCarthy, Chris O'Connell, Andrew Kelleher: Brendan Cotter, Peter Kelleher, Finbarr Buckley .Referee: Diarmuid Kirwan, Éire Óg.

### Ballinora 1-21 Grenagh 2-15 aet.

Champions Ballinora are back in the final of the MJK OILS Mid Cork Junior hurling championship after their very hard earned and exciting semi final victory over Grenagh at Ballyanley on Sunday afternoon last , extra time being necessary to separate the teams in what was a repeat of last year's decider. Ballinora appeared to be the better side in the first half but Grenagh were on top in the second and it took a point from a long range free by Shane Kingston, the last puck of normal time, to deny Grenagh victory and send the game into extra time. Grenagh were two points in front at half time here but failed to score in the final ten minute period when Ballinora fired over five points to gain their passage to the final.

Scorers: Ballinora: Js Keohane 1-3, L Lyons 0-8 (0-6f, 0-2 '65'), A O'Shea, S Kingston (0-2f), Js Byrne, D Corkery 0-2 each, D Holmes and T Burns 0-1 each. Grenagh: D Twomey 1-3, B Walsh 1-0, D Coleman 0-9 (0-6f, 0-1 '65'), S Cronin 0-2, C Cronin 0-1

Ballinora: Barry Crowley: Pat Fitton, James Lordan, Ken Greally: Mike Lordan, Shane Kingston, Neil Lordan: James Byrne, Tommy Burns: Liam Lyons, James Keohane, Darragh Holmes: Alan O'Shea, Dara Corkery, Kevin Murphy. Subs: Conor Quirke, Danny Dineen, Tim Forde.



Meabh Murphy, Ballinora and Cliona Healy, Aghabullogue, members of the Cork All Ireland winning Camogie team, joint winners of the Muskerry GAA/EPH Controls award for August with Marie Casey, EPH Controls and members of the awards selection committee at the presentation dinner at the Auld Triangle, Macroom. Picture: Mike English



Tom Mullins, Kevin McSweeney, Vincent McGrath and Leo O'Sullivan, founding committee members of the Muskerry Hot Rod Club in 1968, attending the plaque unveiling function at Ovens Bar to mark that first meeting held there. Picture: Mike English



## LAOCHRA OG NEWS

**LAOCHRA OG TRUCK RUN:** This annual event in aid of the Pitch Development, and the Cancer Daffodil Nurses takes place on Sunday Oct 8, so please come out and support.

Meeting at the CVRT Centre Ardnacrusha Clondrohid, Register on the day. €30 a truck, which includes a ticket for drivers raffle. Commencing at 10.30am. Convoy sets off at 12.30pm.

### 18th September 2023

Hard luck to our u16 girls losing out yesterday away to Milford. Milford started strong with plenty of scores, we worked hard to bring it back level at half time, our girls worked hard in the second half but it just wasn't our day. Well done to all the girls on a great effort and congratulations to Milford. Thanks to Milford also for a good competitive game and for the refreshments after, thanks to our team sponsors Healy's Spar Clondrohid and for all our parents and supporters who travelled with us yesterday it's very much appreciated.

### 20th September 2023

An U16 Camogie medals presentation took place at the Mills Inn. Connie Healy representing Healy's Spar, Clondrohid and sponsors of the U16 Camogie team presented the medals on the night. Thanks to Connie and Paula Healy for attending the event. Thanks to the trainers for all their work in training the girls throughout the season. Thanks to all the parents and guardians for getting the players to training and fixtures throughout the season. Thanks to the Mills Inn for hosting the event and for the excellent food served. Lastly we would like to acknowledge the hard work put in by all the players and congratulations on their achievements this season. Well done to you all.

### 23rd September 2023

Very well done to our u11 girls who attended the gala blitz in Coachford this morning.....they did very well and kept going till the end against tough opposition...Thanks to the parents who brought the girls, to our sponsors Macroom Tidy Towns and to Aghabullogue Aghabullogue Hurling Football & Camogie Club for hosting.

Our U10s had a great morning in Cloghduv, three great games played against Cloghduv, Aghabullogue & Uibh Laoire. Our lads put on a great display, this young team has a bright future and we're so proud of them. Thanks to Cloghduv for hosting, all the teams who played, our sponsors Follain, the parents for supporting us but most of all our U10 boys for never giving up!

### 24th September 2023

The Laochra Og U12 Hurling team played Kilshannig this morning at Colaiste Ghobnatan. This was a great game of hurling from both teams



Laochra Óg U16 Camogie v Milford 18th September 2023



Laochra Óg Medals Presentation at the Mills Inn 20th September 2023

with well taken scores, saves, hooks and blocks. The game itself ebbed and flowed over and back with only a few points in it all the time. The game was a draw leading into the final stages. Laochra Og got a 65 and upstepped Danny Lynch. The young man taking the pressure of this puc all in his stride before slotting the ball over the bar for Laochra Og to win by a point. A fine performance from our U12 hurlers this year playing in the North Cork Rebel Og leagues. Well done to all the players, coaches and parents for working hard throughout the year and encouraging these lads to hurl.

26th September 2023

U12 and U10 girls played the Inter Club Camogie Parish leagues Finals this evening with Limerick and Tipp in the Cup Final and Cork and Wexford in the shield Final. The Tipp team came out on top with a one point win and Cork winning by 2 goals. Well done to all the teams and players playing great games throughout tournament. Well done girls.

### 27th September 2023

The u7/u8 camogie teams had an end of season

medal ceremony this evening in Clondrohid Community Hall. The girls have worked so hard all year and have gained new skills and new friendships throughout. They are great girls who have brought us so much fun throughout the year. Thanks to Mulcahy Insurance for their sponsorship. A huge thank you to the parents for bringing their girls each week and continuing to support them at home. Thanks to all the coaches, without them it would not be possible.

### 28th September 2023

Thanks to all our U6 boys and girls that joined our club and played in Teerbeg throughout the year learning the skills of hurling/Camogie. A big thank you to trainers Stacey, Fiona, Pat, Anthony, Eddie, Paudie, Enda, Colette and Ronan given up their time to the U6s throughout the year to this next generation of players. Special thanks to Michael and Nora McCarthy for the use of Teerbeg where all our players have started off over the years.



Laochra Óg U11 Camogie Blitz in Coachford 23rd September 2023





## MACROOM SOCCER CLUB

### Under 11 Girls:

Our under 11 girls travelled to Millstreet to play Los Zarcos to show off their soccer skills and scored some great goals.

### Under 13 Div 1:

#### Macroom 2 Fermoy 2.

Macroom had a very early start to Fermoy on Saturday 23rd September, Macroom went down 2 nil in the first half but came out all guns blazing in the second half with Lauren O'Sullivan scoring a great goal 10 minutes in making it 2-1 now game on...Macroom were now on top for most of the 2nd half with Chloe Hubbard outstanding in goal, finally the pressure paid off with 5 minutes to go, with a wonder strike from Una Cummins from well outside the box finding the bottom right corner. This was a fantastic game, and we are delighted the girl's performance.

#### Under 14 Div 1 girls: Macroom v Mallow

On the second of September Macroom welcomed Mallow to Murrayfield, having conceded 2 early goals this fantastic team came back to win 6-3.

All girls played extremely well and battled until the very end to keep a strong Mallow side at bay, however this scoreline could have been a whole lot different had it not been for our very talented goalkeeper Lorna Hodman. Chloe Guider was also amazing in defence as was Mai Fitzgerald in Midfield.

Goal scorers: Áine O'Riordan Hatrick, Shauna Keane 2, Hannah Sweeney 1.

#### Under 14 div 1. Macroom 4 Riverstown 1

Another solid performance from these girls, having conceded a goal early in the game, they came back to make it 1 all, by half time. Captained by Shannon Cotter the girls began the second half

determinedly, knowing they had to up their game especially as the wind was now against them Three goals later and nearing the final whistle the girls relaxed and this allowed Riverstown a few chances which they were unlucky not to convert however Lorna Hodman was fantastic between the posts and kept them at bay. Player of the match goes to Hannah Sweeney who worked mid field tirelessly defending and attacking as required. Goal Scorers: Hannah Sweeney, Mai Fitzgerald, Áine O'Riordan and Shauna Keane.

### Under 17 Premier:

#### Macroom 6 Lakewood 3

This was another fantastic match to watch and more so because Macroom girls have travelled to Lakewood many times and not come home with the points, however the table have turned on this occasion. A first half brace from Szonja Mora and a goal from Cora Delaney so Macroom go in at half time 3/2 up. Macroom then conceded to make it 3 all. The game was now frantic with the next goal proving vital and Shaun O'Sullivan finished well to give us the lead and the momentum. Mya O'Sullivan and Lisa O'Donovan adding another goal each to confirm we had the 3 points. We are lucky to have a good squad which will ensure real competition for places all over the pitch.

### Under 17 Premier:

#### Macroom 5 College Corinthians 1

Macroom welcomed College Corinthians to Murray field on Sunday the 24th of September this was now their second game of the season and wanted to make home advantage and make Murrayfield a fortress. This did not go to plan with College Corinthians scoring the first goal in the first minute. Macroom were playing some good

football but couldn't find the net until Saorlaith Murphy calmly found it and slotted the ball to the back of the net to make it 1 all. Chances went to both teams, but Macroom took the lead just before half time with Cora Delaney duly obliging. The next goal was always going to be the important one and some great team defending by Macroom aided by their keeper Emar Healy kept Corinthians at bay. Macroom struck next by Lisa O'Donovan and the game was wrapped up by Cora Delaney who got a second half brace to give her the match ball and hat trick.

### Under 19 premier:

Macroom Under 19s started back on the 3rd of September in beautiful sunshine in Murrayfield, they welcomed Springfield (Cobh) it was great to be starting off the season with a strong team of 16 players. It was Laoise Burns who opened the scoring on the 35mins mark with Maisie Murphy adding another just before half time.

The second half saw Springfield bounce back and adding to the score sheet themselves just after 2 mins, however Macroom got back scoring again with 3 goals going between the post in the next 3 minutes, Saorlaith Murphy x1, Maisie Murphy penalty, and laoise Burns x1.

### Macroom under 19 v Innishvilla:

Another great performance on the 17th of September for this team in very damp conditions in Jake O'Donoghue pitch, a flurry of goals saw us taking all 3 points thanks to all girls giving it their all on the pitch. Lisa O'Donovan, Mya O'Sullivan, Szonja Mora, Maisie Murphy and Avril Manning getting on the score sheet.



These Macroom boys had a fantastic experience doing various team bonding exercises and had lots of fun.



The Macroom U15 premier 1 squad headed to West Cork Secret as an appreciation of their efforts throughout the year.



Macroom School Girls under 13 Soccer



Macroom School Girls under 11 Soccer





## Schoolboys Round Up

The U13A boys travelled to Cork to take on Avondale Utd in the league at Beaumont Park and came away with the points, 3-2 in wet conditions. Once again it was a great squad effort from all players. Goals were scored by Gena Lisovy, Iken Van Stralen and James O'Brien. In the U15 division 3 league, Macroom produced an excellent display to register another 3-2 away win over Lakewood Athletic. Macroom took the lead early on after they produced some superb combination play-Michael Dunne was at the end of the move to finish well. Lakewood responded and levelled against the run of play. Macroom retook the lead when the excellent Ryan Mahumutsha pressed the home defence, won possession and produced a cool finish.

Both teams came out and played with great intensity just after half time and an error in the Macroom defence resulted in a second equaliser for Lakewood. Macroom made a number of changes and again began to dominate matters with the Lakewood keeper pulling off a string of top class saves. Not to be denied, the visitors pressure led to a corner. Trevor O'Sullivan delivered a superb ball and it was met powerfully by Brendan O'Leary to head Macroom into a winning position. Another all round fantastic performance by all 15 players in a top quality game. The U14B side continued their perfect start to the league season with a fantastic 4-2 away win over Kanturk. Will Neville had Macroom ahead inside 5 minutes but the home side equalised from the penalty spot. Oliwier Krzepina was again busy in this game and he scored to put the visitors back in the driving seat. Kanturk again replied to leave the scoreline at 2-2. However Macroom kept battling away and deservedly took the spoils when Krzepina added another and Nathan Nott sealed the victory with Macroom's fourth goal. Another tremendous day for this improving team who had great performances all over the field. Rory O'Shea in goal and Ciarán McSweeney in defence had particularly strong outings for Macroom. The U10A lads played away to Avondale Utd in non competitive small sided games, with all players doing well. There has been a good number of cancellations over recent weeks due to weather. We hope the winter will be fair on us and as many games as possible will take place. As always keep up to date with club matters on the Macroom FC Facebook page, Instagram @

macroomfc and on X (Twitter) @macroomfc1977.

### Condolences.

Sincere sympathy from Macroom FC to the family of Tom Murray who passed away last week. Tom was a former player for the club where he operated as a striker and had a fine goalscoring record. Our condolences to his wife Claire, son Hugh, sisters Nora and Kate and brother Denis (Chairperson of Macroom FC) and the extended Murray family. May he rest in peace.

The National Cup competitions kicked off with Macroom U16, sponsored by Matthew O'Leary Electrical Services, hosting Innishilla and recording a big 7-0 win at Murrayfield. The goals for Macroom included a hat-trick from Sam Kelleher Leavy and an excellent header from Brian Bradley. Further goals were scored by Diamond Salami, Kieran O'Dwyer and Tristyn McBride. Well done to all players and coaches on a fine performance as Macroom take their place in round 2. The U14 division 2 side received a bye to round 2 of the National Cup and therefore had a 'free weekend'.



Macroom FC U13A schoolboys who defeated Avondale Utd 3-2 at Beaumont Park, Cork.



Macroom School Girls under u17 premier Soccer



Cliona Healy, Aghabullogue Camogie Club and Cork Senior Camogie player, joint winner of the Muskerry GAA/EPH Controls award for August photographed with her parents, Eileen and Joe and the O'Duffy Cup at the presentation dinner held at the Auld Triangle, Macroom. Picture: Mike English



Cliona Healy, Aghabullogue and Cork Camogie All Ireland winning player, joint winner of the Muskerry GAA/EPH Controls award for August is congratulated by her grannies, Margaret Buckley and May Healy at the presentation dinner held at the Auld Triangle, Macroom. Picture: Mike English



Ardilaun Guides 22.09.23



Misvka McCarthy, with her daughter Laura McCarthy, Amie McCullagh, with her daughter Carmel McCullagh and teacher Elaine Marin at the Schools Cook off Competition at Macroom Food Festival recently. Pic. Peter Scanlan

# The Macroom and District Environmental Group

## Think Globally, Act locally

### Can You Smell Burning?

Hi!

Chris Barrett back with you following a very wet summer indeed. Since this is an environmental column it seems as if we should mention the environmental issue that is the elephant in the room.

So I asked my friend Joe if he could share something and here it is.

If you've seen the film Titanic you might recall the scenes just after the collision. The crew were doing their job handing out life vests, organising and launching lifeboats, but some of the first lifeboats set off half-empty because people couldn't believe that the fine comfortable unsinkable ship was in danger.

Is that where we are now with the climate crisis?

We do now expect that every year there will be heatwaves, forest fires, droughts, floods ... somewhere.

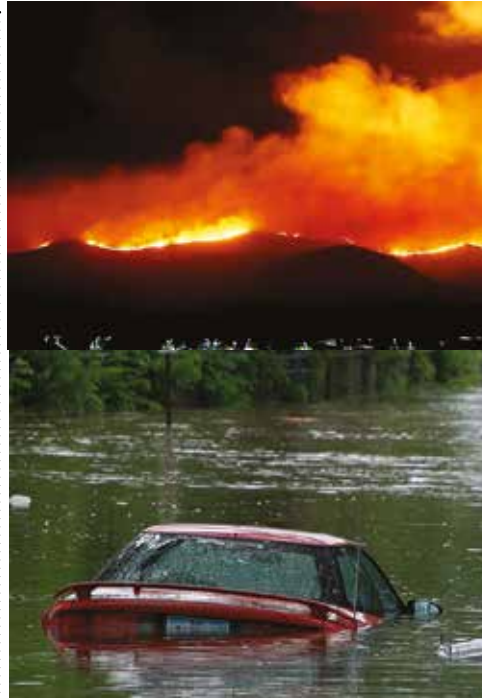
This year it seems worse than ever but that is not a surprise either.

You don't have to accept every prediction you hear to see that something is happening.

And after all our governments accept that the climate is changing, that we are causing it and that we know what we need to do to stop it.

They have had conferences, signed agreements and have made plans to do something about it, although maybe not quickly enough.

Yet it is hard to believe isn't it? Especially when our own weather seems on the poor side of normal and we think a bit of 'hot and dry' might be welcome. Partly this is because Ireland is not suffering much in the way of direct impacts, due to having a very mild climate. Nevertheless, those who have access to the word-wide data in every country report that temperature records are being broken repeatedly everywhere, that the hottest years globally since records began are all in the past 25 years, that ice is melting in the Arctic and Antarctic and from every mountain glacier and that sea level is rising and will rise further as a result of that ice melt. We can also see for ourselves that our weather is hotter than it used to be. Just this month we are seeing heat waves with temperatures above 40 and sometimes 50 degrees Celsius across the world, China, Middle East, southern Europe and southern USA. At the same time the ocean temperature is breaking records, being 4 degrees C above normal off the coast of Ireland (among other places) and in Antarctica, where it is currently midwinter there is a record low level of sea ice. Meanwhile wildfires in Canada have destroyed forests covering an area that is bigger than Ireland, while the smoke from these fires have, at times, made breathing dangerous in New York City. Also we know that a warmer atmosphere means it can hold more water and stronger storms, so flooding is another unwelcome surprise.



It's not even surprising any more. Wildfires, heatwaves, violent storms, droughts and floods happen again and again. The only mystery is where it will be this time. Climate experts said all this would happen and it has, but maybe even faster than expected.

What could come next? I don't think anyone can say but I think it will just bring more and more problems until we can't keep up with repairing them. When will that be? Who knows? It could quite possibly within our lifetime? Maybe before Dublin gets a Metro or Cork gets a LUAS or Donegal gets a rail link.

Some say that Ireland could do with being a bit warmer. Yes, you could say that but actually our mild climate is quite pleasant and it is true that it will take a very big rise in temperature before our country is too hot, and long before that happens we would be severely affected by what had happened further south. The instability that climate change could bring to our world would reach our shores, maybe as suddenly as the Ukraine war; famine; conflict; waves of refugees; economic collapse.

Most people are now convinced that climate change is a real urgent problem and one that can destroy our civilisation if we don't do something about it. All governments and most media agree. We have had some recent threats such as the hole in the ozone layer or the Millennium computer bug. They didn't affect us personally too much because there was a solution we could apply,

a solution that was not that difficult. Those solutions were expensive but spread over the whole world were so cheap as to have no impact on living standards.

This time though: although there is a solution it is not at all easy, which is why we're not making much progress. This time it requires a lot from us and for some people it seems the cure is almost worse than the disease.

What should we do? We can recycle, improve our home's energy use, maybe use the car less or go electric, maybe fly less. None of that is going to help much unless we all do it. And we all don't because we don't really think our fine comfortable unsinkable ship is in imminent danger.

So governments have to do something, and they know what they have to do but they're afraid to do it because they will lose votes because nobody wants to pay more tax or stop burning turf or keep less cattle or eat less meat or have less holidays and anyway what about China?

So really it is up to us to think it over. If we look at the heatwaves and fires and accept that there really is a crisis, then we have to think of the world we will pass to our own children and grandchildren. The science is very simple and has been known for over a century. If the level of certain gases increase in the air then the air will trap heat like a blanket. These gases are mainly carbon dioxide, nitrous oxide and methane and the main source of these is burning oil, gas and coal. Until we stop burning these fossil fuels our problems will increase.

But how on earth can we do that? We can't! Yet we must! It's a problem.

It's possible to change our lifestyle so as to do without fossil fuels but it will mean big changes and will be hard and expensive. Difficult; let's see how the rest of this year plays out.

I don't have any special knowledge here. I'm only quoting what is widely reported in the news media and what is apparent to our own eyes. The vast majority of people know there is a climate crisis (there are polls), but act like there isn't. That's the problem.

I am really grateful to Joe for his broad honest overview on the most pressing environmental issue of our time. Don't forget you can contact the Environmental Group by emailing [macroomenv@gmail.com](mailto:macroomenv@gmail.com) Also if you or anyone you know would like to respond to this article, or contribute another Environmental article to this publication, please contact me [chrisleevalley@gmail.com](mailto:chrisleevalley@gmail.com)



An Active Start to the Year in St. Joseph's! The 6th Class girls learning to swim, 5th and 6th Classes have enjoyed participating in Sciath na Scol. Senior Classes went to the West Muskerry Athletic races. 3rd to 6th Classes improving their camogie skills, 1st and 2nd Classes had cycling workshops over the last number of weeks.



Canovee NS students who took part in the West Muskerry Cross Country Meet. Thanks again to all in West Muskerry for a well organised and fun filled event!



Michael Keenan (left) pictured with Macrooom FC Life president Willie O' Riordan in 2015 having been inducted into the Macrooom FC Hall of Fame.



Children from Scoil Réidh na nDoir at Tobair Lachtain Naofa (St. Lachtain Well)



Geraldine Kelleher receiving her winning lotto cheque from the Aghinagh Lotto Committee



Brian Crotty and Aoife Claffey from Macrooom School of Art pictured with the mural designed and painted as part of the Creative Schools Programme.



Ballyvongane School gives a very warm welcome to the new Junior Infants.

## GERRY HALL OIL BOILER / BURNER SERVICES

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**THE MIRACLE PRAYER**




Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted.Never known to fail. Must promise publication of prayer. **GL**

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**THE MIRACLE PRAYER**




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**Novena to our lady of Lourdes**



Blessed be the Holy and Immaculate Conception of the Virgin Mary mother of God, our lady of Lourdes heal us for the love and honour of the Holy Trinity, our Lady of Lourdes heal us for the conversion of sinners. Health of the sick pray for us. Soccure of sufferers pray for us. O Mary conceived with out sin pray for us who have to thee. **GM**

**THE MIRACLE PRAYER**



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted.Never known to fail. Must promise publication of prayer. **MD**

**POWERFUL NOVENA**



This novena never fails. Say it on the hour for nine hours. Jesus who has said, ask and you shall receive, seek and you shall find, knock and the door will open to you. Through the intercession of Mary, the Most Holy Mother, I knock, I ask that my prayer will be granted. (Make your request).

Oh Jesus, has said all you ask the Father in my name, he will grant through the intercession of Mary, the Most Holy Mother. I humbly beg and urgently ask the Father in thy name that my prayer be granted (make request here). Oh Jesus who has said heaven and earth shall pass away through the intercession of Mary, the Most Holy Mother. I fell confident my prayer shall be answered. (Make request here).

This novena is to be said at the same time every hour for nine consecutive hours - one day. Promised publication, never fails.

LS

**NOVENA TO THE SACRED HEART**



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your heart where your father sees it.

Then in his merciful eyes it will become your favour, not mine. Amen.

Say this prayer three times for three days and your favour will be granted.

Never known to fail.

Must promise publication of prayer.

LS

**ST. JUDE NOVENA**



May the Sacred Heart of Jesus be Adored, Glorified, Loved and revered throughout the whole world, now and forever.

Sacred Heart of Jesus, please pray for us. Saint Jude, worker of miracles, please pray for us.

Saint Jude, helper of the hopeless, please pray for us.

Say this prayer nine times daily and by the end of the 8th day your prayers will be answered.

Say it for nine days, publication must be promised.

It has never been known to fail.

LS

**35TH ANNIVERSARY**



In loving memory of

**NORA O'SULLIVAN**

**Ballinagree West, Macroom, Co.Cork, who died on the 2nd October 1988**

*A loving nature, a heart of gold.  
The very best this world could hold.  
Never selfish always kind  
These are the memories you left behind.  
A silent thought, a quiet prayer  
For a special person in Gods care.*



Lovingly remembered by her daughter Philomena and family.

**2ND ANNIVERSARY**



In loving memory of

**CON LYNCH**

**Togher, Ballymakeera, Co Cork**

**04 October 2021**

*Deep are the memories  
precious they stay  
no passing of time  
can take them away.*



Remembered always by his brother Denis

**6th ANNIVERSARY**



In loving memory of

**TADGH MCSWEENEY**

**Cleanrath, San Francisco & Granada**

**Who passed away September 28th 2017**

*Death leaves a heartache no-one can heal,  
Love leaves a memory no-one can steal,  
Treasured memories keep you near,  
As time unfolds another year.*



Loved and missed by family and friends

**30th ANNIVERSARY**



In loving memory of

**BERTIE O'NEILL**

**Who's 30th Anniversary occurs around this time.**



Remembered by Peggy, John, Mick, Louise, Regina and Shane.

**10th ANNIVERSARY**



Treasured & loving memories of

**MARY GRAHAM (NEE LEONARD)**

**Main Street, Macroom, Co. Cork**

**Who died on the 7th October 2013**

*Those we love don't go away,  
they walk beside us every day.  
Unseen, unheard, but always near,  
still loved, still missed and very dear.*



Loved & missed everyday by her family & friends.

**MEMORIALS**  
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**FIRST ANNIVERSARY AND ACKNOWLEDGEMENT**



In loving memory of

**IRENE CROWLEY**

**Hornhill, Lissarda, Co Cork  
Who died on 5th October 2022.**

As we lovingly remember and sadly miss Irene on her first anniversary her family would like to take this opportunity to express our sincere gratitude to all those who supported and sympathised with us on our sad bereavement.

We, her son Trevor and her daughters June, Linda, Heather, Valerie and Norma together with our families would like to thank all those who attended the removal and the funeral service, sent floral tributes, sympathy cards, mass cards and letters of sympathy.

Thank you to the clergy, the Revd. Anne Skuse, Revd. Tony Murphy, Revd. Denis Mc Carthy for the very personal and meaningful words at both her reception into the church and the funeral service.

Thank you to Lineka for playing the beautiful hymns.

Thank you to all who prepared the church and grounds and assisted with traffic.

Thank you to the grave diggers.

Thank you to Fitzgerald's Funeral Home for their help and professionalism throughout.

Thank you to Dr Ken Harte for his years of care for Mum.

Special thanks to her very caring home helps Susan, Theresa and Marge.

Very sincere thanks to all the staff of Ward 5B in C.U.H. for the exceptional care given to Mum during her final weeks.

Finally thank you to all our kind neighbours, friends and relations and all who used to call to visit Mum at home.

As it is impossible to thank everybody individually please accept this acknowledgement as an expression of our deepest gratitude.



*With much love and cherished memories  
Her family.*

**FIRST ANNIVERSARY AND ACKNOWLEDGEMENT**



In loving memory of

**JOAN KELLEHER  
(NÉE BRADLEY)**

**Farranavarrigane, Macroom,  
Co. Cork, who died on the 12th  
October 2022**

As we lovingly remember Joan on her first anniversary, we would like to express our sincere gratitude and appreciation for the support, love and kindness shown to our family throughout Mam's whole life, during her illness and throughout our devastating time of loss.

A sincere thank you to all our extended family, our great neighbours and wonderful friends who supported and helped us at an incredibly difficult time. Your presence, mass cards, enrolments, stories, letters of sympathy, visits to our home, phone calls and online condolences meant so much and brought us great solace throughout our heartache. We are so grateful to you all.

Our heartfelt appreciation to all of those who participated in Mam's funeral mass, which was concelebrated by our cousin Fr. Donal Cotter and the priests of the parish, all of whom had spent special times with Mam, shared prayers and showed her so much kindness, bringing her great comfort and peace. Thanks to Fitzgerald funeral directors and their staff for their support, advice and professionalism.

Our sincere gratitude to all the health care workers, nurses and doctors who cared for Mam during her illness, in particular her home carers, with whom she shared many a story and much joy. The compassion, kindness, care and support shown to Mam and to us as a family will never be forgotten.

Mam loved all her wonderful friends dearly and we want to thank you sincerely for the steadfast support and love shown to Mam and to us all. A special thanks to Mam's good friends at An Garda Síochána for arranging a guard of honour at Mam's removal. It was a truly beautiful tribute to our beloved mother and a testament to her friendships there.

As it is impossible to thank everyone individually, please accept this acknowledgement as a token of our appreciation and gratitude. The Holy Sacrifice of the Mass has been offered for your intentions. Mam's spirit continues to live on in our hearts. She is with us every step of the way and we feel her loving presence guiding and protecting us all. We ask Mam to pray for us, to stay close to us always and to shine her light of love on us forever.



Always loved, remembered and  
dearly missed by all her family.

Joan's Anniversary Mass will take place  
on Sunday October 15th at 11.30am in  
St. Colman's Church, Macroom.

**FIRST ANNIVERSARY AND ACKNOWLEDGEMENT**



In loving memory of

**FIONN MICHAEL COLLINS**

**Clonmoyle, Aghabullogue  
10th - 11th October 2022**

As we lovingly remember our beautiful baby boy Fionn Michael, we would like to express our sincere thanks to our family, friends and neighbours for their support and kindness over the last year.

To the many people who attended his funeral service, sent mass cards and condolences and continue to light candles, thank you. We find great comfort in knowing Fionn is so dearly remembered in prayers.

Heartfelt thanks to Fr. Peadar Murphy for all his support and for organising such a beautiful mass for Fionn. Sincere thanks to Cyril Casey and staff for their professionalism, kindness and advice throughout the funeral.

A special thank you to the staff of CUMH and to Doctors Sadhbh and Sarah for the wonderful care they provided to baby Fionn in his short life.

*There is a special angel in heaven  
That is part of me.*

*It is not where I wanted him to be  
but where God wanted him to be.  
He was here but just for a moment  
like a night time shooting star.*

*And though he is in heaven  
he isn't very far.*

*He touched the heart of many  
like only an angel can do.  
So I send this special message  
to the heaven up above.*

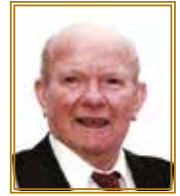
*Please take care of my angel  
and send him all my love!*



Love is a bond that death cannot part.  
Gone from our arms but forever in our hearts.

Sadly missed by his loving  
parents Stephen, Geraldine  
& his big brother Liam.

**8th ANNIVERSARY**



In loving memory of

**DENIS (DEN)  
O'REGAN**

**Rusheen and Macroom  
Whose anniversary occurs on 4th  
October**

*Always remembered,  
never forgotten.*



Sadly missed by your brother  
Michael and Family

**3RD ANNIVERSARY**



In loving memory of

**MARY T  
O'SULLIVAN**

**Anagannihy, Rylane and Killarney  
who died on 10th October, 2020.**

*Just a prayer from the family  
Who loved you,  
Just a memory, Fond and true,  
In our hearts you will live forever,  
Because we thought the world of you.*



Always remembered by her sisters,  
brother, nephews, nieces, grandnieces  
and grandnephews

**THE MIRACLE PRAYER**



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer. **GL**



2ND ANNIVERSARY



In loving memory of a wonderful brother

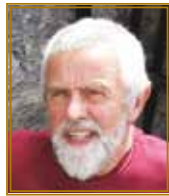
**DER  
HARTNETT**

Clonmacow and Kilbarry, Co. Cork  
Who passed away October 5th 2021



Always remembered  
Tim, Katherine and Jed

2ND ANNIVERSARY



In loving memory of

**DER  
HARTNETT**

Kilbarry, Lissarda  
Who passed away on October 5th  
2021

*Of all the gifts in life  
however great or small  
To have you as a brother  
was the greatest gift of all  
May the winds of love blow softly  
and whisper in your ear  
We love and miss you Der  
and wish that you were here  
In your life you touched so many  
In your death many lives were changed*



Your loving sister Mary, brother in law  
Goalie, Nephews Martin & Mark, niece  
Julie Anne and their families

33rd & 26th ANNIVERSARIES



In loving memory of

**DAN  
KELLEHER**

Who Died 10th October 1990



In loving memory of

**ABBEY  
KELLEHER**

Who Died 11th October 1997

Bealick, Macroom, Co. Cork

*On their Soul, Sweet Jesus have mercy.  
A loving nature, A heart of gold,  
These are the memories we will always hold.*



Always remembered by their loving sons and daughters, son in law  
and daughter in law, nephews, nieces & grandchildren.

2ND ANNIVERSARY



In loving memory of

**DER  
HARTNETT**

Kilbarry, Lissarda  
Who passed away on October 5th  
2021

*Your presense is ever near us  
Your love remains with us yet  
You were the kind brother Der  
We could never forget*



Loved and missed  
Noel, Catherine, Sean, Aine, Luke and  
their families.

5th ANNIVERSARY



In loving memory of

**SHEILA  
O DWYER**

Shanacashel Kilmichael,  
& Leecourt, Ballincollig  
Who passed away on the  
7th October 2018

*Just a prayer from the ones who loved you,  
Just a memory fond and true,  
In our hearts you will live forever,  
Because we thought the world of you.*



Lovingly remembered by all your family.

33rd & 26th ANNIVERSARIES



In loving memory of

**DAN  
KELLEHER**

Who Died 10th October 1990



In loving memory of

**ABBEY  
KELLEHER**

Who Died 11th October 1997

Bealick, Macroom, Co. Cork  
In loving memory of a dear Mother and Father

*As time unfolds another year,  
Memories keep you very near.  
No need for words, except to say  
You were loved and thought of every day.*



Fondly remembered by their loving family, daughter in law, son in law,  
grandchildren, great grandchildren at home and abroad.

MEMORIALS  
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**3rd ANNIVERSARY**



In loving memory of  
**LIZ TWOMEY-  
MC CARTHY**  
Deshure, Terelton, Kilmichael  
who died on October 3rd 2020

*"Although you cannot see me now  
and though we seem apart,  
I'm closer than I ever was,  
I'm there inside your heart.*

*I'm with you when you greet each day  
and when the sun shines bright,  
I'm there to share the sunsets too,  
I'm with you every night.*

*I'm with you when the times are good  
to share a laugh or two,  
and if a tear should start to fall,  
I'll still be there for you!*

*And when that day arrives,  
that we no longer are apart,  
I'll smile and hold you close to me,  
forever in my heart".*



Lovingly remembered and missed  
everyday by your husband  
and Anam-Chara Denis, brothers Hugh  
and John, sisters Mary and Aileen,  
and the extended Twomey &  
McCarthy Families.

**9th ANNIVERSARY**



In dnil chuimhne ar  
**MICHEÁL  
O'HERLIHY**  
(ÓH-IARLAITHE)

Gortnatiobrad, Baile Mhúirne.  
A fuair bás ar an 14ú Deireadh  
Fómhair 2014.



Lovingly remembered and  
sadly missed by  
his wife Elizabeth, his sons & daughters,  
grandchildren, extended family & friends.

Naomh Gobnait guidh orainn.

**7th ANNIVERSARY**



In loving memory of  
**NELLIE  
O'MAHONY**  
Lee View, Macroom

*Those we hold most dear  
never truly leave us,  
they live on in the kindness they showed,  
the comfort they shared,  
and the love they brought into our lives.*



Lovingly remembered by Tim,  
Gráinne, Clare, Ellen, Ann Marie  
and all her family and friends.

Anniversary Mass in St Coleman's Church  
Macroom at 11:30am on 5th November.

**11th ANNIVERSARY**



In loving memory of  
**MARIE  
BUCKLEY**

Laharn, Coachford.  
Who died on the 2nd of  
October 2012.

*Silent thoughts, sincere and true.  
From a family who thought the  
world of you.  
No longer in our lives to share,  
But in our hearts you're always there.*



Sadly missed by your children Trish, Tim,  
Martin, Sheila and Ger, and their families.

**7th ANNIVERSARY**



In loving memory of  
**BETTY  
O'MAHONY**

Cloncud, Killnamartyra, Macroom  
Who died 1st of October 2016

*You were always there  
When we needed you  
No task too great or small  
With loving heart  
And willing hands  
For us you did it all*



Always in our thoughts and prayers  
Your loving family.

**11th ANNIVERSARY**



In loving memory of  
**PADDY JOE  
O'SULLIVAN**

No. 3 Cois Cille (formerly of  
Ballyvoige), Kilnamartyra, Macroom.  
Who died on the 13th October 2012

*We sat beside your bedside,  
Our hearts were crushed and sore;  
We did our duty to the end,  
Til we could do no more.  
In tears we watched you sinking,  
We watched you fade away;  
And though our hearts were breaking,  
We knew you could not stay.  
You left behind some aching hearts,  
That loved you most sincere;  
We never shall and never will,  
Forget you, father dear.*



Lovingly remembered and sadly missed  
by his family

**11th ANNIVERSARY**



In loving memory of  
**EILEEN  
KELLEHER**  
who left us on 14th October 2012.  
Carriganorthane, Clondrohid,  
Macroom

*A light is from our household gone  
a voice we loved is stilled  
a place is vacant in our home  
which never can be filled.*



Always missed by her loving husband  
Connie, children, grandchildren, relatives  
and friends

**MEMORIALS**  
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**2ND ANNIVERSARY**



In loving memory of  
**MARGARET LYNCH**

6 Bellmount Place, Crookstown  
Who died on the 12th October 2021

*We think of things you used to say  
And all that you would do.  
At some point every single day  
Our thoughts will turn to you.  
No matter how life changes  
No matter what we do,  
A special place within our hearts  
Is always kept for you.  
Always in our thoughts  
Forever in our hearts.*



Sadly missed by husband Michael, children Shelley, Donny, Ross, grandchildren Abbey, Richard, Sean, Mckayla, Frances, Jay. Great grandchildren Aoife, Sean, Grace, Noah. Brothers Denis, Noel, daughter in law Gail, grandson in law Paul.

We miss you.  
Mass 15th Oct 10am Kilmurry.

**31ST ANNIVERSARY**



In loving memory of

**WILLIE SHORTEN**

Ballingearry, Co, Cork  
who died on October 5th 1992

*In ár gcroíthe go deo*



Always remembered by his loving family and many friends.

**3rd ANNIVERSARY**



In loving memory of

**MARY CUNNEY (NEE O'LEARY)**

whose 3rd Anniversary occurs at this time.

*If flowers grow in Heaven Lord  
Please pick a bunch from us  
Place them in our Mary's arms  
And tell them they're from us  
Tell her that we love and miss her  
And when she turns and smiles  
Place a kiss upon her cheek  
and hug her for a while.*



Deeply loved, sadly missed and always remembered by your loving husband Liam, daughters Maggie, Joanne and Tara, grandson William, granddaughter Elsie Mary, Mother Siobhan, siblings Helen, Tim and Joanne, sons in law, parents in law Rita and bill and extended family.

Also remembering Mary's father Teddy O'Leary whose anniversary occurs at this time.

**80th Birthday Remembrance & 12th Anniversary**



In loving memory of

**FINBARR (JER ARTHUR) O'LEARY**

Currahy, Ballingearry  
whose 12th Anniversary will occur on October 16th.

*Never more than a thought away,  
loved & remembered every day.*



Always remembered by wife Margaret, family & grandchildren.

**5th ANNIVERSARY**



In loving memory of

**TIMMY KELLEHER**

Coolcaum Kilnamartyra  
Who died on the 16th October 2018

*Gone but not forgotten,  
although we are far apart,  
your spirit lives within us  
forever in our hearts.*



Lovingly remembered by his wife Lizzie Kelleher and Family and their families

**2ND ANNIVERSARY**



In loving memory of

**NELLIE CAHILL**

Watergrasshill, formerly Cill na Martra, whose 2nd anniversary occurs at this time.

*Our special memories of you  
will always bring a smile,  
If only we could have you back  
for a little while,  
Then we could sit and talk again,  
just like we used to do.  
You always meant so very much  
and always will do too.*



Anniversary mass in Watergrasshill Church on Saturday, October 14th at 7:00pm

Codail go sámh i gcómhlúadar na Naomh sna Flaithis

**6th ANNIVERSARY**



In loving memory of

**MARGARET (PEG) BURKE**

Rahoona, Ballymakeera, Co.Cork  
Died 20th September 2017

*Though your smile is gone forever  
And your hand we cannot touch,  
Still we have so many memories  
Of the one we loved so much  
Your memory is our keepsake  
With which we will never part,  
God has you in his keeping  
And we have you in our hearts*



Sadly missed by your loving family Liam, Siobhan, Jack and Joanne

**MEMORIALS**

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