

LEE VALLEY Outlook

To Advertise call Des: 087 659 3427 E: des@outlookmags.com News: leevalleyoutlook@macroom.ie



The Corpus Christi Procession leaving the Church in Macroom on Sunday last. © Peter Scanlan

CONNECTIONS



Avita Pura 14
128GB Storage
2 year Warranty
FREE
Canon Printer
worth €79.95
FREE
Laptop Bag
worth €34.95


Only €399.95

Offer ends 30th June

CONNECTIONS

 FOLLOW US ON FACEBOOK

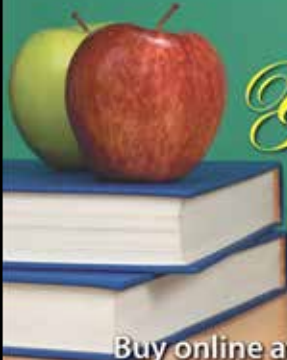
Fitz-Gerald Street, Macroom 026 23986
 The Square, Bantry 027 50104

 Castle Hotel & LEISURE CENTRE *****


A Teacher...
...Takes a hand
...Opens a mind
...Touches a heart


Thank Your Teacher This Year

With a Castle Hotel Gold Card Gift Voucher!



Buy online at www.castlehotel.ie
 or in Dan Buckley's Bar

 Main St, Macroom, Co. Cork t:026 41074
www.castlehotel.ie | reservations@castlehotel.ie

 Guaranteed Irish

MACROOM SLIDING WARDROBES LTD

• SLIDING • HINGED DOOR • WALK-IN WARDROBES

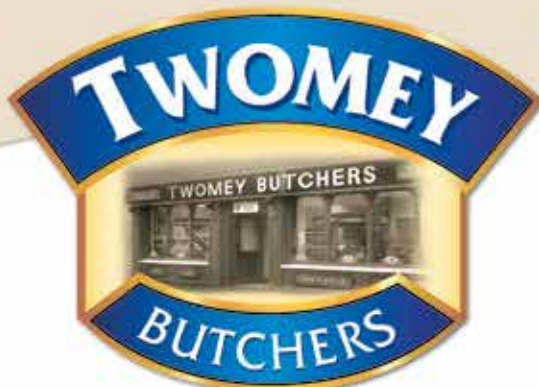
Call Martin Lynch: 087 7932841
 Kevin Healy: 087 6180159

 Find us on Facebook




Ireland's First Guaranteed
Irish Butcher
Since 1998

Supporting Local Agriculture
Supporting The Local
Economy



BBQ Specials

Mini BBQ Pack

4 x 1/4lb Angus Beef Burgers
6 Gourmet Sausages
4 Chicken Spears
For €12.00

The Family BBQ Pack

5 Angus Beef Burgers
5 Chicken Spears
5 Sausage Grill Sticks
12 BBQ Chicken Wings
12 Gourmet Sausages
For €25.00

Invite The Neighbours BBQ Pack

12 x 1/4lb Angus Beef Burgers
12 Chicken Spears
12 Sausage Grill Sticks
15 BBQ Chicken Wings
15 Gourmet Sausages
12 Cajun Grill Sticks
For €65.00

The Gathering BBQ Pack

15 x 1/4lb Angus Beef Burgers
15 Chicken Spears
15 Sausage Grill Sticks
15 Cajun Grill Sticks
40 BBQ Chicken Wings
40 Gourmet Sausages
15 Turkey Grillsticks
For €110.00

- Many other combinations & products available.
- Make up your own packs.

PRIME LOCAL ANGUS RIB ROAST BEEF

beautiful & tender,
full of flavour.

€14.95/Kg



5 x 110gms Hand Boned Irish Chicken Fillet Portions

For Only €6.00 €10.90/kg



OUR LOCAL WAGYU BEEF

in partnership with our Local Wagyu Beef Producers

The Healthiest Tastiest Burger you can eat.

6oz Wagyu Beef Burger €2.50 each



And delicious on the BBQ

OUR LOCAL MEAT SUPPLIERS THIS WEEK ARE

WEST CORK WAGYU BEEF

Daryl Good, Aherla, Co. Cork.

Tim Mulcahy, Whitechurch, Co. Cork.

LOCAL FARMERS BEEF

William Lynch, Droumgowna, Dripsey, Co. Cork.

Graham Roycroft, Lyre, Clonakilty, Co. Cork.

SHANDANGAN LAMB

Criostoir O'Crualaoi, Ballyburden, Ballincollig, Co. Cork.

FREE RANGE PIGS

Senan & Cathal Noonan, Togher, Dunmanway, Co. Cork.

FREE RANGE CHICKENS

East Ferry Farm, East Ferry, Midleton, Co. Cork.

Railway View, Macroom, Co. Cork
Tel. 026 42436

Wolfe Tone Sq, Bantry, Co. Cork
Tel. 027 55519

Macroom Environmental Park,
Bowl Road
Tel. 026 - 42280

Email. mtwomeybutchers@hotmail.com

Web. mtwomeybutchers.ie





Deasys Pharmacy Group

Ballymakeera
026 45421

Macroom
026 41048

Coachford
021 7434710

www.facebook.com/deasyspharmacy

CLARINS

The perfect gift for Father's Day

We have the perfect Father's Day Gifts New Clarins Men's Skin & Shave Collection



CLARINS MEN

L'OCCITANE EN PROVENCE



BIODERMA LABORATOIRE DERMATOLOGIQUE



inverness®

Safe & Gentle Ear Piercing

We offer an Ear Piercing Service. Call in to Siobhan or Julie to get your piercing done.



Call in to us for our walk in vaccination Clinic

Deasy's Pharmacy Group - providing the best of healthcare to our local communities

Get in Touch...

Don't be a stranger If you have an article, photo or story you wish to share, email: leevalleyoutlook@macroom.ie

If you cannot access physical copies, the LVO can be viewed online at: <https://www.outlookmags.com/archives/lee-valley-outlook/>

We are a bi-weekly magazine; therefore, submissions must be on the Sunday before publication at the latest, if you want a piece included in the following week's edition. Due to print processes, late submissions will be published in the following edition.

As always submissions as Gaelge are always welcome too!

**For Advertising email Des. E: des@outlookmags.com
Mobile: 087 6593 427**

Special Merit Award



Tony Pierce (Powerlifting World Champion), Dean Morgan (Rockmount AFC) and Serena Pierce (Powerlifting World Champion). Photo by James Towmney.

Dean Morgan is a talented goalkeeper from Donoughmore in Co.Cork and is 15 years old . He produced numerous outstanding goalkeeping displays for Rockmount AFC at both U15 and U16 level.

From an abundance of man of the match performances in the league, to heroic performances in the cup competitions, Morgan continued to shine throughout an outstanding season for Rockmount.

In the final of the Mickey Hourihan Memorial Cup against Leeds AFC, which went to a penalty shootout, he saved 4 penalties out of 4 and ensured a Rockmount victory.

Dean was also recognized with a Man of the Match award.

In one game in January 2023 due to injury, goalkeeper Morgan was asked to play outfield for Rockmount. It was a shrewd move by the coaching staff that paid off, as Morgan scored the first Rockmount goal as the side claimed a deserved three points.

MACROOM LOCAL VOCALS



Local Vocals group which has 30 members meets every Thursday at 7.30pm in the idyllic setting of Chapel Hill School of Art, with each person bringing their unique voice and talent

Following our very successful and enjoyable show on May 12th for Kerry Cork Health Link Bus, Local Vocals are delighted to announce that altogether we raised a grand total of €1,859.00 for this very worthy charity. A special thanks to our guest speakers who gave their time Sarah

Meaney, Majella O' Riordan & Andrew Hegarty, and to Chapel Hill School of Art for providing us with the room for the event. Thank you to everyone for attending and supporting on the night and the many donations.

MACROOM SENIOR CITIZENS ACTIVE RETIRED

A group from Macroom Active Retirement went on an outing to Tara Gardens in Fortnaught, Donoughmore on Saturday last and had a most enjoyable evening walking around this beautiful two acre garden in a peaceful rural setting. The Garden which was set out by Margaret Naughton and has many gardens within including a round garden, a pond garden, a walled garden, mum's garden, Japanese garden, grass garden, 60ft rose pergola and a tunnel area garden. It has a large collection of trees, shrubs and herbaceous plants and a collection of over 600 dahlia varieties.

After viewing the garden the group were treated to tea/coffee, scones and cakes and a special thank you to Margaret Naughton, Nora Casey, Terry Kelleher for looking after our group and Sgt Micheal Kelleher of Macroom Garda



Macroom Senior Citizens were most delighted to receive a cheque from Elmarie Desmond for €250 from a recent fundraising event which took place at The Spreading Chestnut in Cloughduv. All proceeds go directly to the daily running of Macroom Senior Citizens and Macroom Meals on Wheels Service. L-R Kay McSweeney and Elmarie Desmond

Station for providing and driving the Garda Community Bus for the outing.

MACROOM COMMUNITY ALERT

"Macroom Community Alert group will hold an information meeting on Thursday the 15th June at 8pm in the Castle hotel Macroom to discuss senior alarm pendants for the elderly, Garda Text alert and crime prevention advice. Gardai and Muintir na Tire representatives

will be present on the night to answer any questions or concerns you may have. If you or someone you know would benefit from a senior alarm pendant or by getting involved in the Garda text alert group, please come and join us on the 15th."



Stewards all at the ready for the Eucharist Procession in Macroom. © Peter Scanlan

In this Edition
Ed 12- 15th June
2023

A. Macroom Updates - pgs 4, 6, 8, 10, 12, 14, 16, 18, 22
B. Lee Valley Updates - pgs 24, 26, 28, 30, 32, 36, 38
C. Snippets - page 8
D. Sports - pages 46, 48 - 54

E: Trades & Services pages 56, 57
F: Advertorial - page 44
G: Classifieds - page 59

KILLIAN LYNCH AUCTIONEERS

VALUERS & ESTATE AGENTS



Middle Square, Macroom t: 026 41421 | m: 086 3837543 | Hours: 9.30 to 5.30 Mon - Fri

The Square, Millstreet t: 029 21706 | Web: www.klauctioneers.ie | Email: info@klauctioneers.ie



NEW TO MARKET

17 THE LAWN, MOUNTMASSEY, MACROOM, CO. CORK, P12 RP80

Killian Lynch Auctioneers are pleased to offer this pristine 4 bedroom detached property which comprises of c.1450 sq ft living accommodation. This modern house which includes a stylish interior and amazing views would make for a fantastic family home. Located within walking distance of all local amenities, c.30 minutes drive to Cork city, c.30 minutes drive to Killarney and 8 minutes walk to Macroom town centre.

BER: B3

GUIDE PRICE: €310,000



NEW TO THE MARKET

BELLMOUNT UPPER, CROOKSTOWN, CO. CORK

Killian Lynch Auctioneers are pleased to offer this c.14.5 acre residential farm holding, situated c.2 minutes from Crookstown village, c.15 minutes from Macroom & c.25 minutes from Cork city. The land which is gentle sloping comprises of c.4.5 acres quality pasture and c.10 acres of land in need of reclamation. The house is an old 2 bedroom stone cottage in need of full renovation comprising of c.500 sq ft. This is an ideal opportunity for a person looking to extend & renovate a property on a small holding in such a sought after convenient location.

GPS: 51.818600, - 8.835726

AMV: €225,000



NEW TO THE MARKET

GURTEENROE, MACROOM, CO. CORK, P12WV45

Killian Lynch Auctioneers are pleased to offer this 4 bedroom detached home and garage which is situated on a large site, only minutes walking distance from Macroom town centre and all amenities. The property which is in need of modernization throughout comprises of c.1500 sq ft living accommodation and will make a beautiful family home. This property has also been vacant for over 3 years making it eligible for the renovation grant of up to €50,000.

BER: C2 (116386608)

AMV: €210,000



NEW TO MARKET

NO. 19 SLEAVEEN ROAD, MACROOM, CO. CORK, P12AE95

Killian Lynch Auctioneers are pleased to offer this 3 bedroom townhouse situated only c.2 minutes walking distance to Macroom town centre. The house which comprises of c.925 sq ft living accommodation is in very good condition throughout but may require some modernization. The property is ideal for a first time buyer or fantastic investment opportunity. Located only 2 minutes walking distance from all local amenities, c.30 minutes from Killarney & c.30 minutes drive to Cork city. Viewings are highly advised.

BER: E2 (116353053)

GUIDE PRICE: €145,000



NEW TO MARKET

32 ROSEWOOD, BALLINCOLLIG, CO. CORK, P31 P898

Killian Lynch Auctioneers are pleased to offer this 4-bedroom semi-detached house which is oozing with character and charm with manicured rear gardens. The house which is situated in a most sought-after convenient location comprises of 1,500 sq ft living accommodation, is well maintained and has recently been upgraded with external insulation all around the exterior to make this a nice warm family home.

Viewing is a must for this property. BER: D2

GUIDE PRICE: €360,000



NEW TO MARKET

DROMLEIGH, KILMICHAEL, MACROOM, CO. CORK, P12CDB3

Killian Lynch Auctioneers are pleased to offer this traditional 2 bed cottage on c.1.25 acres. The property which is full of character & charm comprises of c.620 sq ft living accommodation throughout with large gardens and room for extension. The property is in very good structural condition, however, is in need of modernization throughout. The property is located within walking distance from the local national school and shop, c.15 minutes' drive from both Macroom and Dunmanway, c.40 minutes from Cork city.

BER F

GUIDE PRICE: €175,000



NEW TO MARKET

NO. 32 OAKRIDGE, MEADOWLANDS, MACROOM, CO. CORK, P12 T654

Killian Lynch Auctioneers are pleased to offer this spacious 4 bedroom townhouse situated within a courtyard setting. The property which comprises of c.1130 sq ft living accommodation is in very good condition throughout & comes with its own garden pergola. The property also has a BER rating of B3 which qualifies for a green mortgage. The house would make for an ideal home for a first time buyer or fantastic investment opportunity. Located only c.10 minutes walk from Macroom town centre, c.30 minutes drive to Killarney & c.30 minutes drive to Cork city. BER: B3 (116483363)

GUIDE PRICE: €225,000



TO LET

RAILWAY VIEW, MACROOM, CO. CORK

Killian Lynch Auctioneers are pleased to offer this c.786 sq ft retail premises situated in a much sought after area within Macroom town centre. The premises is divided into three rooms and is suitable to a wide variety of businesses.

€250 PER WEEK



Gleann an Fhia

GURTEENROE, MACROOM CO. CORK



OPEN VIEWING ON SATURDAY, 17TH OF JUNE FROM 1-2PM.



Sole Agent:

Killian Lynch Tel 026 41421

Macroom Library

Open Hours 9.30 am – 5.30 pm from Tuesday – Saturday. Closed on Monday and Sunday. Also closed on the Saturday of Bank Holiday weekends.

Phone: 026 42483

Email: macroom.library@corkcoco.ie

UPCOMING EVENTS AT MACROOM LIBRARY – ALL ARE FREE TO ATTEND. CIORCAL CAINTE

Ciorcal Cainte will take place on Thursday June 29th at 11.30am.

BOOK SWAP EVENT

Don't worry if you missed out on our first Book Swap event, we're holding another one on Saturday July 1st from 12pm - 2pm. If you have any books of your own at home that you've finished reading, bring them along and swap them for other books that you'd like to read. There is a limit of 5 books per person and they must be in good condition.

STORYTIME

Storytime on Saturdays at the new time of 11.30am.

LIBRARY NEWS

CRUINNIÚ NA NÓG DISPLAY

We ran a series of art workshops for children aged 8-12 years old with Claire Hurley last month in the run up to Cruinniú na nÓg on Saturday June 10th. With Claire's guidance, they created some fantastic headpieces, and some other nature-themed pieces with the use of felt, fabric, and stitching. We're delighted to be able to give the children a chance to express their creativity, and their wonderful art creations for the next little while. Call in to see them if you get a chance.

FREE COMPOST BINS

To celebrate National Food Waste Recycling Week 2023, we are giving away free small compost bins in Macroom Library. We still have a few left so please visit us to collect yours before they're all gone.

SUMMER STARS 2023

Everyone's favourite summer reading programme is up and running once more! Running from June 12th to August 31st, Summer Stars is a national initiative that invites and encourages children to keep reading over the summer. School-age children can call into



Laura O'Mahony collecting her prizes in Macroom Library

the library to collect their reading card which they can use to keep track of the books they read. Everyone who takes part will also be in with a chance to win some prizes!

WRITING COMPETITION WINNER

Congratulations to Laura O'Mahony whose fantastic entry won the International Women's Day Flash-Fiction Competition which took place during March. The competition was run by Cork County Council Library & Arts Service, and Laura's short story was judged to be the best in all of Cork.

MINISTRIAL VISIT TO YOUTHREACH MACROOM CENTRE FOR EDUCATION

Monday May 22nd was a beautiful the sunny day, and the day when students and staff hosted Minister for Further & Higher Education, Research, Innovation and Science & Justice, Simon Harris. One long-time official commented that it was the first ministerial visit to a Youthreach centre.

Students Chloe O' Driscoll and Cory Murphy greeted Minister Harris and they escorted him to a classroom where students shared their experiences of education in Youthreach Macroom. They spoke of the support from which they benefitted and spoke proudly of college places, apprenticeships and training

positions they had secured. After a brief address, the Minister outlined his pride in being responsible for Youthreach nationally and its importance in education. Pointing out that there are many paths to success and there are now more apprenticeships and training courses than before. He then engaged in a question and answer session with the students and that was at time funny, interesting and most of all hopeful. Students felt recognised and that there was a path for them.

Student Melissa O' Driscoll conducted the Minister on a tour of the building; despite its limitations great work educationally has been

done, as one Student Claire O'Mahoney started, "when it comes to Youthreach Macroom, it's a case of the Pen being mightier than the building".

He ended the visit with 'tea' and photos – the star of whom was ten-day-old Lexi Rose whose mother, Merryn, is a student.

Youthreach Macroom has done great work over many years. It was heart-warming to see the students' and staff's great efforts acknowledged and affirmed, and it gives Centre great encouragement and resolve to continue their fine work.



Macroom Youthreach members presenting their film at the Macroom Schools Exhibition.



Those involved in creating 'HERSTORY - Women of the Gearagh'



Railway View

PHARMACY

OPEN
364 DAYS
A YEAR!

RAILWAY VIEW, MACROOM, CO. CORK. TEL/ FAX: 026 - 41080



REVLON



NOW
STOCKING
REVLON
PRODUCTS



ISADORA



VODUZ

CREATE YOUR OWN CROWN



OPENING HOURS: 9AM-6PM MONDAY TO SATURDAY SUNDAY/BANK HOLIDAYS 11AM-4PM



MACROOM GIRL GUIDES

ARDILAUN LADYBIRDS

Ardilaun Ladybirds have been busy out an about in Macroom town. They have been working on badges which saw them doing scavenger hunts in the "Tiny Feet" fairy garden in Macroom and going for a walk by the river to talk about water safety. The Ladybirds also visited the Castle grounds where they visited the bench donated by the local unit while learning about "Leave No Trace" as they went along. The Ladybirds meet from September to June on a Monday evening from 6-7pm and cater for girls aged 5 - 7 years. The girls follow a three-year programme designed to be progressive so that each girl learns about herself and the world around her. Games, activities, and badges aim to develop positive self-image, introduce Guiding values, and teach girls how to play and work well with others. Each Ladybird will have the opportunity to earn a number of Interest Badges during her time in Ladybirds. These badges show that a girl has developed a skill, knowledge and/or interest in a particular area. Our ladybirds come from all parts of the Lee Valley, and they make great friendships that last as they move onto Brownies, Guides, Senior Branch and beyond



Ardilaun Ladybirds having fun in the "Tiny Feet" Fairy Garden

into secondary school.

ARDILAUN BROWNIE AND ARDILAUN GUIDES

Ardilaun Brownie and Ardilaun Guides held a joint ceremony on Friday 09 June 2023 where four Brownies stepped up to Guides. The Brownies joined their new patrols where they will get to know new friends and have new adventures. Activities on the night included

the stepping up ceremony where the Brownies officially joined the Guide unit, the girls were presented with their Brownie badges and their new Guide neckerchief before participating in a number of "Getting to know you" activities.

For further information on Guiding in Macroom please contact macroomguides@gmail.com



Macroom and District Lions Club

FAMILY FUN DAY

Macroom and District Lions Club announce details of its first ever Family Fun Day. A day of fun, games, food, and entertainment for all is promised at Macroom and District Lions Club's Family Fun Day on Sunday, 25th June in the Castle Grounds, Macroom. With kind permission from Macroom GAA, the GAA pitch and facilities will also host the fun activities planned for the day. Macroom and District Lions Club members are busy planning a great day for the people of Macroom and the region - something that the Club has wanted to do for a long time. With

some great local partners (Macroom Foroige and Macroom GAA), the Lions Club has set out a fantastic day of entertainment for all ages. Some activities include; races (and a few novelty races for the adults); bouncy castles; fairground rides; face painting; music from Aghinagh Comhaltas; dance performance; DJ; Teddy Bears' Picnic; "Beat the Goalie" with Macroom GAA; welly throwing; vintage car display from Lee Valley Vintage Club; hook-a-duck; horse shoe throwing and so much more. There will be a selection of food trucks and some yummy treats for kids also. The Family Fun Day is a first for the local Lions

Club and hopefully it will become an annual event for families of the area. Admission is €10 per family. The event will run from 12noon until 5pm. The Club is seeking volunteers to help out on the day. If you can spare a few hours on Sunday, 25th June and want to be a part of this lovely community event, then please get in touch with Macroom and District Lions Club on 087 4370466, or reach out on the Club's social media pages (Facebook and Instagram). For further information on the event or the Macroom and District Lions Club, contact macroomlionsclub@gmail.com.

SNIPPETS | DIARY

Deadline: Monday before publication. **Email:** leevalleyoutlook@gmail.com

Snippets may include details of upcoming Lee Valley functions, fundraisers, sports events etc. We may include commercial events that are also being advertised simultaneously in the magazine.

DATES FOR YOUR DIARY

15TH JUNE Macroom Community Alert, Castle Hotel @8pm
23RD JUNE - Mass at St. Johns Well on Friday 23rd

of June at 8pm
23RD JUNE - Musher platform dance (St Johns eve) 8.45 to 10.45pm. Music by The Singing Jarvey, NO cover charge. Enquiries to 086 0647381
30TH JUNE - Opening of the 'Of Light' exhibition of photography, film & performance. Chapel Hill School Of Art @ 6:30pm (runs from 30/03 to 23/07, Wed to Sunday)

RCPA (RYLANE COMMUNITY PARK ASSOCIATION) LOTTO RESULTS

6th June, 2023:
 Jackpot: €6,400
 Numbers Drawn: 13, 18 & 37
 No Winner
 Lucky Dips: D.R.C.C.A Kelleher (Rylane); Paul Long (Rylane); Sheila Scannell (Rylane - yearly); Steven Bond (Rylane - Online). Seller's prize: Helen Kelleher (Aghabullogue).

O'Mahony Walsh



Thinking of Selling... Think O'Mahony Walsh



FOR SALE



1 Beverley Court,
Grange, Ovens,
Co. Cork
P31 T862
4 Bed Detached



FOR SALE



60 Clonlara,
Kerry Pike,
Carrigrohane,
Co. Cork
T23 YP2D
**4 Bed
Semi-Detached**



FOR SALE



The Road, Codrum
Hall, Ovens,
Co. Cork
P31 RY94
4 Bed Detached



FOR SALE



133 Leecourt,
Ballincollig
Co. Cork
P31 AP64
**3 Bed
Semi-Detached**

**IF YOU ARE CONSIDERING SELLING,
CONTACT US FOR A FREE VALUATION**



Frank Walsh



Theresa Nugent



Orla Roycroft



Jason O'Regan



Michaela Buckley

O'Mahony Walsh & Associates Ltd., 3 Main Street, Ballincollig, Cork - Tel: 021- 4873466

Email: info@omw.ie Web: www.omw.ie

PSRA Number 001092

MCEGAN COLLEGE



Ms. Murphy with the TY students who won awards at the recent Graduation and Awards ceremony.



Winners of the Munster Entrepreneurship with their company Ringed. L to R: Ms.Susan Dineen, KadenTate McKeown, Noah Wulf, Noemi Gregorescu, Laura O'Connor (Faroige) Andreea Stefan, Sana Burhan, Bohdan Zhebchuk & Ms. Haze Burke.

St. Joseph's 5th Class come to McEgan for a morning experience of secondary school. On Monday 22nd of May 5th class students from St. Joseph's primary school attended McEgan College for a STEAM workshop delivered by the Science, Engineering and Home-Economics departments. This visit marks the beginning of a collaboration between the Maths department and St. Joseph's Primary school led by Áine Noonan. During their visit, the 5th class students engaged in 3 workshops. The first workshop, led by Ms. Riordan allowed students to learn about the scientific and mathematical processes involved in ice-cream making. Each student made and tasted their own ice-cream. This workshop was a huge hit with the students and will be no doubt will be made over and over again by the students in their own homes. The second workshop was facilitated by Mr. Dennehy. The students were given a tour of our new Engineering room and experienced first-hand the amazing projects our three new 3D printers and laser cutters can produce. The students made their own ladybirds and keyrings engraved with their name using the pieces produced by the new machines. The third and final workshop was delivered by Ms. Dineen and the McEgan TY mini company 'Healthy bites'. The students got an insight into the work that goes into developing a business idea and they sampled produce from 'Healthy bites' also.

MCEGAN COLLEGE PROJECT ON MACROOM GOES LIVE ON EUROPEAN SPACE AGENCY SITE

Following a very successful project McEgan's Climate Detectives the Pollution Prosecutors



TY students who attended their graduation and Awards Ceremony recently.

project on the change in the air quality of the town centre because of the bypass is now online for all to view. You can view it by putting the following into a search engine. Projects gallery 2022-2023 – Climate detectives (esa.int)

BOYS FOOTBALL

The local Iveleary club man, Chris Óg Jones, recently came to McEgan College to present medals to the u14 ½ Boys Football panel who won a Cork GAA blitz held at Pairc Uí Chaoimh 4g. We are very grateful to Chris for his words of encouragement and positivity to the boys. Wishing Chris Óg all the best for the rest of the campaign with the Cork Footballers.

TY END OF YEAR AWARDS

Families of Transition Year Students attended an end of Year awards ceremony in the assembly area recently to mark the end of the school year. The students entertained their guests with music. Susan Delayney of Foroige presented certificates to those students who participated in the Big Brother Big Sister programme. This peer support programme links TY students with first year students in

a supportive role throughout their 1st year in secondary school. The programme is supported by the Guidance department and the school completion programme. Aisling O Connor from Gasice presented Gaisce Medals to the students who completed their Bronze Award during TY. Jennifer Cooney of Green Schools presented the sustainability award to Niamh o Callaghan for her work on promoting cycling and being active. Earlier in the Year the students as part of their Entrepreneur skills programme entered their 'mini Companies' in a number of competitions. One of those companies "Ringed" won the Munster Final for their product rings made from old spoons. The award was formally presented to them by Laura O'Connor of Faroige.

The Student of the Year was awarded to Kate Buckley, International Student of the year to Noah Wulf. Finally, McEgan Staff and Management would like to wish all our students and their families a happy and recuperative summer break. We look forward to an even better year in 23/24.



Chris Óg Jones Cork County football player presented medals to the U141/2 team following their recent success in Cork Gaa Blitz in Pairc Uí Chaoimh. Conor Lynch Captain holds the cup.



Pictured Right: TY Student of the Year Kate Buckley, Ms. Murphy TY Co-ordinator & International Student of the Year Noah Wulf.



AIDEEN
JOHNSON
SCHOOL
OF DANCE

SUMMER camp



JULY 17TH – 21ST 2023

AUGUST 8TH – 11TH 2023
(Tue – Fri)

TIME: 10am – 1pm

VENUE: Macroom Leisure Centre

AGES: 4yr+

COST: €100 (July) €80 (August)
Deposit €30

The Summer Camp is extremely popular every year.

The camp's timetable is full with fun activities ranging in Jazz Dance, Hip Hop, Gymnastics, Stretch & Flex, Group Activities, Talent Shows, Bouncing Castles and much more!!!



BOOKING

ajdancebookings@gmail.com



FIND
YOUR
FIRE

Leabharlann Bhaile Bhúirne

LIBRARY DATES FOR YOUR DIARY

- Knit, Craft & Chat Group Every Tuesday
11am to 12.30pm
- Creative Writing Group Friday 16th June
at 4.00pm
- Book Swap - Saturday 17th June 2pm

Please confirm meetings/events with the library on 026 45767 during opening hours

hope you all enjoyed the lovely fine weather we had over the June public holiday weekend. It was great to get a stretch of a few days of really nice weather. Of course, the fine warm weather dictated our diet to some degree. Salads and barbecues were top of the list. My windowsill grown lettuce was the star of the show. Unfortunately, the tomato plants and cucumber plants have not produced any fruit yet. But I'm lucky to have a variety of shops to choose from and they have a great variety of salad foods in stock. I'm also very lucky to be able to consult the many cookery books available in Leabharlann Bhaile Bhúirne and several of them specialize in salads and barbecues. It's amazing to see the variety of salads that can be prepared. I oversaw the salads and himself got the BBQ out, positioned it in a sheltered spot and fired it up. This is a small charcoal BBQ not a fancy gas one, so it takes a little time to heat up and it has become a family tradition that sausages are the first thing to be cooked just to make sure it's hot enough for cooking on. Judging by the blackened condition of some of the sausages it was definitely hot enough. Next came the burgers and the chicken, he fancied a couple of burgers while my daughter and I were being very virtuous and just having chicken and salad. Food always tastes a little different, even better in the outdoors and I enjoy BBQ season because it gives me a break from cooking. We only got one opportunity to barbecue that weekend but at least I can tick that activity off my summer to do list. I think we're now in for a spell of warm humid weather with a chance of showers and some thunder and lightning. My mother never liked thunder and lightning, but my dad didn't want us to be afraid of it so he used to stand me at the window and say what a wonderful display of nature we were being treated to. Consequently, I love a good thunder and lightning storm. Do you know that the library catalogue includes some wonderful books on Irish weather including Looks Like Rain: 9,000 years of Irish weather by Damian Corless; Climate, Weather and Irish Agriculture by T. Keane and Irish Weather Wisdom: signs of rain by Gabriel Rosenstock. There are books that cover every aspect of climate including climate history, climate folklore, climate extremes and climate statistics. Once you have become a weather expert and can confidently forecast weather you can turn your sights to the BBQ section in the library. There are books on how to build your own barbecues, what best methods to clean your barbecues and of course all the cookery books that are devoted to barbecuing recipes. You will also find a wide selection of books available in the library covering salads, how to grow various ingredients suitable for salads either in your

garden, or in containers indoors or outdoors, and a myriad of recipes for salads of every kind including a vast selection of diverse ingredients.

I'd like to remind the younger readers to call in to Leabharlann Bhaile Bhúirne to register for the Summer Stars Reading Adventure. When you register, you'll receive your registration pack including a registration card where you can record the books that you have read. At the end of the summer everyone who returns a reading card will be entered into a raffle for some prizes and there will be a completion certificate for everyone also. Following on from last years very popular My Little Library Book Bags we will again have My Little Library Book bags to distribute to any child who will be starting school in 2023. I expect these bags to be available in Leabharlann Bhaile Bhúirne from Tuesday 13th of June, so please do come in to collect one. These bags are for all children beginning 'big' school, they do not have to be a member of the library but it would be great if they became members so you might consider enrolling them during your visit. The 'My Little Library Book Bag' initiative is a collaboration between libraries, the Department of Rural and Community Development, and the Department of Children, Equality, Disability, Integration and Youth as part of the First 5 Strategy.

I know from speaking to customers that many of you have books of your own at home that you are finished with, and many people have asked if they could donate them to the library but unfortunately, I don't have the facilities to accept donated books. However, if you are finished with your books and are looking for some new reading material why not come along to the Book Swap Event taking place at Leabharlann Bhaile Bhúirne on Saturday 17th June between 2 and 3pm. You can bring up to five books and swap them for books you might like to read that other customers have brought in. Please only bring books that are in good condition.

Some of the library groups, with the exception of our Knit, Craft and Chat Group, will take a break over the Summer but they will be back again in the Autumn. I'd also like to restart a Ciorcal Comhrá in Leabharlann Bhaile Bhúirne in the Autumn for people who would like to practice some spoken Irish. It would be lovely to get a group of beginners together with some more fluent speakers to keep the chat going so I'm looking for someone who would be interested in helping to co-ordinate a Ciorcal Comhrá e.g suggesting topics to chat about and sending out a reminder text or WhatsApp message to alert members of the next meeting etc. Someone to co-ordinate a group like this is vital so I really would appreciate it if you contact me in Leabharlann Bhaile Bhúirne if you are interested.

I will also be exploring the feasibility of starting a small LEGO Club for 8 to 12 year olds. If you have an interest in starting a group activity, please talk to me about using the library as a venue. I'd also really love to hear your suggestions on events, information sessions, workshops etc for adults, and children that I may be able to facilitate.

Tógfaidh cuid de na grúpaí leabharlainne, seachas ár nGrúpa Cniotála, Ceardaíochta agus Comhrá, sos le linn an tSamhraidh ach beidh siad ar ais arís san Fhómhar. Ba mhaith liom freisin Ciorcal Comhrá a



Kevin McNally of the West Cork Ukulele Orchestra, with some of the participants of Ukule-le-Chéile which was held at Leabharlann Bhaile Bhúirne recently to celebrate Cruinniú na nÓg.

atosú i Leabharlann Bhaile Bhúirne san Fhómhar do dhaoine a mhaith leo roinnt Gaeilge labhartha a chleachtadh. Bheadh sé go hálainn grúpa tosaitheoirí a fháil le chéile agus roinnt cainteoirí níos líofa, chun an comhrá a choinneáil, agus mar sin táim ag lorg duine éigin a mbeadh spéis aige cabhrú le Ciorcal Comhrá a chomhordú m.sh. téacs meabhúcháin nó teachtaireacht WhatsApp chun baill a chur ar an eolas faoin gcéad chruinniú eile srl. Tá sé tábhachtach go ndéanfaí grúpa mar seo a chomhordú agus mar sin beidh mé buíoch díot dá ndéanfaí teagmháil liom i Leabharlann Bhaile Bhúirne má tá suim agat.

Beidh mé ag fiosrú freisin an bhféadfaí Club LEGO beag a thosú do pháistí idir 8 agus 12 bliana d'aois. Má tá spéis agat gníomhaíocht ghrúpa a thosú, labhair liom faoin leabharlann a úsáid mar seo. Ba bhreá liom do mholtaí a chloisteáil chomh maith ar imeachtaí, seisiúin eolais, ceardlanna srl do dhaoine fásta, agus do pháistí a d'fhéadfaí a eagrú.

*Life is really simple,
but we insist on making it complicated.
- Confucius*

AM OSCAILTE /OPENING HOURS

Dé Máirt, Dé Céadaoin, Dé hAoine
Tuesday, Wednesday, Friday
10am to 5.30pm
(Dúnta/Closed 1.00 - 2.00pm gach lá/daily)
Dé Sathairn /Saturday
10.00am - 1.00pm

* Dúnta gach Luan agus Déardaoin
Closed every Monday & Thursday
*Dúnta ar Shatharn Deireadh Seachtaine na Saoire
Poiblí

*Closed on Saturday of Public Holiday Weekend
Eolas : 026 45767

**KILMURRY GAA
WOODLANDS RUN**

5K

VIA WARRENSCOURT WOODS
JUNE 21ST 2023

REGISTRATION FROM 7PM AT KILMURRY MUSEUM
TIMED RACE. PRIZE 1ST MALE 1ST FEMALE
1ST KILMURRY & 1ST ST VALS PLAYER

REFRESHMENTS AFTWARDS.
CHILDREN €5 ADULTS €10 FAMILY €20

Starting 8PM

AULD TRIANGLE
Bar & Restaurant

OPEN Wednesday to Sunday
from 12 noon

Delicious Food Available to
Takeaway

Happy Father's Day
*Treat your Father by dining
with us on Father's Day*

The perfect gift for Father's Day
*The perfect treat for
your Teacher*

www.auldtriangle.ie

ISA Arborists - Tree Surgeons You Can Trust

EXPERT TREE CARE
QUALIFIED. INSURED. AFFORDABLE.

★★★★★

+353 (0) 83 2060088
CALL US TODAY

- Skilled Pruning
- Site Clearance
- Tree Planting
- Firewood For Sale
- Woodchip Mulch
- Large & Dangerous Tree Specialists
- Precision Hedging
- Tree Risk & Safety Surveys
- Planning & Development Surveys
- Tree & Stump Removal

www.heritagetreesireland.com
Check out our website

heritagetreesireland@gmail.com
Drop us an email

Corpus Christi Procession in Macroom

Even though the sun did not shine and the sky was overcast, a large crowd attended the Corpus Christi procession in Macroom on Sunday last. The Corpus Christi procession is a centuries-old tradition of the Catholic faith to process the Real Presence of Jesus in the Eucharist and in public.

The feast of Corpus Christi was established in Liege, Belgium, in 1247. Pope Urban IV extended it to the universal Church almost two decades later, and the Corpus Christi procession followed soon after. And now centuries later, the tradition still continues at many parishes throughout the world. Pope Emeritus Benedict XVI called the Corpus Christi feast and procession important opportunities for Catholics to reaffirm their faith in the Real Presence of Jesus in the Eucharist.

Photos by Peter Scanlan



e|egans

HEARING CLINIC
at

SULLANE FAMILY PRACTICE MACROOM

TICKS ALL THE BOXES



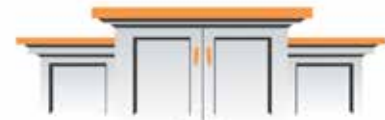
- ✓ Full range of Digital Hearing Aids
- ✓ Hearing Tests
- ✓ Full range of TV/phone accessories
- ✓ Ear protection: swim plugs / shooting / musician / snoring defenders

GRANTS
up to
€1000
AVAILABLE

For appointment phone
021 427 6414

email: reception@eganshearing.ie
www.eganshearing.ie

CLINICS THROUGHOUT MUNSTER



JEREMY O'SULLIVAN FITTED FURNITURE

Quality Bespoke Furniture

- Kitchens • Utility Rooms
- Wardrobes & Sliderobes
- Offices • Living Room Units



Mushera, Millstreet, Co. Cork.

t: 085 2301345

e: jeremiosullivan2011@hotmail.com



Tel: 026 41091

SHOP NOW OPEN
with beds, leads, toys, treats, flea and worm products



SERVICES

- ✓ Operations
- ✓ Microchipping
- ✓ Pet Passports
- ✓ Hospitalisation Facilities
- ✓ 24 hour emergency service
- ✓ Pregnancy scanning
- ✓ Vaccinations

FACILITIES

- ✓ Digital X-ray
- ✓ In-House Blood Machine
- ✓ Easy Car Access
- ✓ Dietary Advice

Stockists of
Royal Canin
& Calibra



*Small animals are seen by appointment only.
Large animal contact: 026 20088*

Coolcower Veterinary Clinic, Macroom, Co. Cork
Tel: 026 41091 | Email: coolcowervet@gmail.com
Web: coolcowervet.ie

Clinic Hours: Monday to Friday: 9.00 - 10.15 & 14.00 - 18.00
Saturday: 09.30 - 13.00





Photos by Peter Scanlan



Tiles, Timber Floors & Bathroom Ware



Extensive Ranges
FREE Measuring Service
Ample Parking

www.hardwoodfloors.ie
026 61007 | Millstreet Rd, Macroom

EST. 2004

HARDWOOD FLOORS & TILES MACROOM

*Dedicated to
Perfection*



Sales & Letting
Valuations
Commercial
Residential
Agricultural
Public Auction
Private Treaty



www.ccmproperty.com

CORK MARTS Macroom

**General Cattle Sale
Every Saturday**

• Dry Cows 10.30 am
Followed by Bullocks,
Weanlings & Heifers

Next Sheep Sale

Wed 21st June 12 Noon

**Factory Sheep assembly
Every Tuesday**

Online Sale available on MartEye App

Land To Let

■ Agricultural & Silage Ground Required

Residential & Commercial Properties Required

■ Macroom and surrounding area

*To discuss your property needs in confidence,
contact CCM Property*

Macroom Mart Office 026 41121

Jerh O'Sullivan M.I.P.A.V. 086 8329321



DE LA SALLE College Macroom



Mr. Fergus Ryan makes a presentation to Mr. Pat Walsh on behalf of the staff at De La Salle



Mr. John Murphy making a presentation to Mr. Pat Walsh at his retirement function.



Mr. John Murphy with Mr. Pat Walsh on Pat's last day of teaching.

MR. PAT WALSH

The past few weeks have been filled with mixed emotions for the staff and students alike at De La Salle. While the teachers and students looked forward to the summer break and the promise of fine weather ahead, there was also a reflective mood in the air. This was borne out of the fact that one of our colleagues, after forty years of service, would not be returning next September.

Mr. Pat Walsh started teaching in De La Salle in September 1983. While Pat was primarily a Science and Chemistry teacher, his appointment was partially dependent on a separate set of skills. Interviewed by the Principal at the time, Br. Jerome Cooper, Pat was asked a couple of unexpected questions: "Can you draw a straight line?" and "Do you know what an angle is?"

As any young enthusiastic applicant would do, Pat said, "Yes." After the interview concluded, he was offered the position of Science, Chemistry, and Mechanical Drawing teacher at De La Salle College.

Pat has seen some huge changes during his career. He started out in the newly extended, state-of-the-art building in 1983 with a total of thirteen staff. The staff numbers now are in excess of forty, and while the main building still remains pretty much as it was, three new buildings are on the campus now, and Pat's experience of teaching has been a constant evolution.

Despite the constant changes in the classroom from the blackboard and chalk to the overhead projector, to the computer, to the whiteboard and marker, to the visualizer, and most recently to the interactive screens, tablets, and remote teaching, he has never failed to adapt and has managed to meet each new development with the utmost professionalism.

From the outset, Pat's professionalism shone through, and his drive to perfect his teaching skills remained up to the present day. He dealt with huge changes to the curriculum throughout his career. Intermediate Certification became the Junior Certificate, which was recently reformed to the New Junior Cycle. Despite the ever-changing landscape,

Pat strove to ensure that his exam classes were well prepared. Year after year, he would make sure to be in school on the day of his subject exams to meet his students and offer a calming word of advice. Pat was always only interested in making sure that his students were happy in the classroom and well prepared for exams. It must be acknowledged that when compared to the national average, Pat's students always surpassed those figures.

Pat is such a knowledgeable person with a keen interest in music, languages, rugby, and basketball, to name but a few. Outside of the classroom, Pat always engaged with students and staff in a meaningful way. He would always lend his support and give advice to his colleagues and was always patient and helpful with newly qualified staff. Pat's generosity with his time led him to train school basketball teams, organize Junior Cert. Science quiz teams and Chemistry quiz teams for national competitions. He was always willing to offer his services when it came to cultural and language exchanges to both Italy and Bordeaux. Taking a large group of students abroad can be a daunting task for any teacher. Being the lead teacher on these trips did not weigh heavily on his shoulders. As is his way, he conducted his duties with professionalism and attention to detail that ensured the trip ran smoothly.

As has been mentioned, Pat always endeavoured to do the best he could by his students during his career, always aimed to perfect his teaching practice. He published his own Junior Certificate Science textbook and has been involved in the corrections for the State Examinations Commission. Pat's diligence and commitment to his subject have led to his appointment as an Advising Examiner for the Leaving Certificate Chemistry examination.

If you meet past students or staff of De La Salle, it won't be long before the conversation turns to fond and often humorous memories of times in Mr. Walsh's presence. The past couple of weeks in the school reflect how he was able to build such a lovely rapport with everyone at De La Salle. As the summer exams came closer and the students learned of Pat's retirement, the farewell cards and gifts started to appear in the

staffroom. It was clear to see from Pat's reaction to each gift or card that they really meant a lot to him. On Thursday, 1st June, Pat's retirement function was held in Randel's Hotel in Killarney. A presentation was made on behalf of the staff by Mr. Fergus Ryan, School Principal, Mr. John Murphy, spoke so well about Pat, but the forty-plus staff that were in attendance were all looking forward in anticipation to Pat's speech. Pat is known for his quick-witted humour, and while it was woven into his speech on the night, it was lovely to hear Pat speak so positively about his time. There was a particular message in Pat's words that rang true for all in attendance. He described a sense of community in the school where all the students are known to all the staff and how the staff work together to ensure that each student is well looked after outside of the classroom as well as inside. Pat described De La Salle as a "fabulous school with fabulous students." It is clear on reflection that this heartfelt description of the school was actively nourished and lived out by Pat every day. Mr. John Murphy concluded by describing Pat as a gentleman and an exceptional teacher. This description is defined by a recent discussion Mr. Murphy had with a 2nd. The students explained how Pat's sense of humour made each class fun and enjoyable. For a teacher to be able to make a strong connection with such a young class, 40 years on from his first class, is truly exceptional. On behalf of all at De La Salle College, we would like to wish Mr. Pat Walsh the very best in his retirement.



Mr. Walsh had some fun in his final week at school and presented this lovely cake to the staff.

Sales: Des 087 659 3427 or Email: des@outlookmags.com

Jennings McGregor
CARPETS • VINYL • RUGS • LAMINATE

FANTASTIC RANGE OF RUGS
ALL SIZES 60CM X 120CM UP TO 2M X 3M

Lissarda opposite Mai Fitz's Co Cork
 T: 021- 7335777 | E:jenningsmcgregor@gmail.com
 Eircode P14HE97

GRANVILLES Bar & Restaurant
 Castle Street

Dinner - Bar - Cocktails

Friday Evening
 Cocktail Specials
 2 for €20

Wednesday- Saturday 5.00pm till late
 Sunday all day menu 12.30 -8:00pm

For Bookings Call: 026-20191 www.granvilles.ie
 | Walk ins Welcome | Follow us on:

Bespoke | Intelligent Design | Timeless Quality | Affordability

DRUMM CARPENTRY
 KITCHENS & WARDROBES

Design, Manufacture & Project Manage the installation of your dream kitchen
 with a team of **qualified professionals** that you can TRUST.

Newmarket, Cork, P51 PW72 | 085 886 4792 | sales@drummcarpentrycork.ie | www.drummcarpentrycork.ie



The H Factor
House & Home Ltd

Ends this Saturday 17th June

SUMMER

SALE

20 % OFF
EVERYTHING

T&C APPLY

Tel: 066 712 2229 **Email:** info@thefactor.ie

www.thefactor.ie



@hfactor.tralee



the_h_factor_tralee

John Joe Sheehy Road, Tralee, Co. Kerry



THE Abbey HOTEL
★★★ ÓSTÁN GHOBNATAN, BALLYVOURNEY.

Serving Food Daily from 12.30 to 9pm
Restaurant bookings taken daily

- *Homemade Desserts & Scones available to pre order*
- *Try our popular Takeaway Menu*
- *Check out our specials on Facebook & Instagram*

Tel: 026 - 45324
Email: reception@abbeyhotelballyvourney.com
www.theabbeyhotel.ie



THE ALZHEIMER SOCIETY of IRELAND

COME AND JOIN THE ALZHEIMER SOCIETY OF IRELAND'S DEMENTIA DAY CLUB AT COOLCOWER HOUSE MACROOM EVERY WEDNESDAY 10AM -3PM

Our service users must have a referral form completed before attending.

• **A wide range of enjoyable activities will take place including Bingo, Music, Art Therapy , Arts and Crafts and Light Exercises.**



For more information please contact:
Jerry Foley, Nurse Manager, Bessboro Day Centre, Co. Cork
085 -8565795 or 021 4972504
E-mail: jeremiah.foley@alzheimer.ie



IRISH REMOVALS & STORAGE
Local, National & International

- **DIRECT & WEEKLY PART LOADS NATIONWIDE**
- **WEEKLY SERVICE TO U.K. / SPAIN / EUROPE / WORLDWIDE**
- **STORAGE KERRY/CORK/LONDON**
- **MAN & VAN**
- **PACKAGING MATERIALS SOLD / DELIVERED**
- **FULLY INSURED**

Looking for a safe and secure storage facility. Look no further than Irish Removals and Storage, Ballyvourney, Co Cork! Our facility is monitored 24/7 by CCTV, giving you peace of mind that your belongings are in good hands. We cater to both residential and commercial customers, offering affordable storage solutions for all.

In addition to storage, we also offer a reliable removal service to meet all your moving needs. No job is too big or too small for our experienced team of specialists. Let us take the stress out of moving your goods by contacting us today for a free quote.

We also provide a packing service, with a team of experts available to wrap your valuables, glassware, paintings, TVs, and more. We also have a range of packaging supplies available, including boxes of all sizes, packing tape, packing paper, bubble wrap, and more.

Choose Irish Removals and Storage for a safe, secure, and affordable storage solution.

"Slainte chugat"



CONTACT:
Kerry **064 6694199**
Cork **021 4543976**
Dublin **01 6722022**
London **0207 1128554**

NUAHT Ó CHOLÁISTE GHOBNATAN



Muintir na hArdteiste ag an Oíche Céime © Ian Cronin Photography

COMHGHAIRDEAS

Ba mhaith linn tréaslú le Caitríona Ni Chatháin agus Thia Lou Ni Inseáin a raibh ag cabhrú ar an Turas Oilithreacht chuig Lourdes. Comhghairdeas le hiardhalta Éamonn Ó Meachair a fuair Scolaire Iontrála 2022 ó Choláiste Ollscoile, Baile Átha Cliath.

TRÁTH NA GCEIST CEIMICE

Cúpla seachtain ó shin ghlac Mary Ellen Ní Chéilleachair, Ava Ní Chonaill, Ailbhe Ní Ríordáin agus Kate Ní Urdail páirt i dTráth na gCeist Pfizer. Bhí sé urraithe ag Pfizer agus eagraithe ag an Eolaíocht Oidí na hÉireann. Míle buíochas le hIníon Ní Ríordáin as cabhrú leis na daltaí

TRÁTH NA GCEIST EOLAÍOCHTA

D'eagraigh an roinn eolaíochta Tráth na gCeist Eolaíochta do bhliain a trí chun cabhrú leis an dul siar do na scrúduithe. Fuaireamar duaiseanna iontach ó Eibhlín Ní Lionáird an t-Oifigeach Pleanála Teanga. Comhghairdeas leis an bhfoireann a bhuaigh; Sara de Grant, Darcy Ní Bhriain, Róisín Ní Thuama agus Donnchadh Ó Loingsigh.

SEARMANAS BRONNTA CÉIMEANNA

Ar an 25ú Bealtaine bhí tráthnóna againn sa scoil chun muintir na hArdteiste a cheiliúradh. Mar chuid den oíche céime bhí Aifreann álainn againn leis an t-Athair Mac Cárthaigh. Thosaigh an oíche le ceol draíochtúil ó Ellen

de Búrca, Róisín Ní Mhurchú, Aodhagán Ó Ríordáin agus Máistir Ó hAireachtáin. Léigh Jamie Tinsley agus Fia Ní Mhainnín na sleachta. Dhéin Mary Ellen Ní Chéilleachair, Ciara Ní Chríodáin, Katie Ní Dhaigneáin, Caoimhe Ní Mhurchú, Emma Ní Cheallaigh agus Amy Ní Chonaill guí an phobail. Thóg Kate Ní Urdail agus Lydia Ní Dhonnacha na bronntanais suas. Tar éis Aifreann sheinn Ava Ní Chonaill píosa gleoite ar an bpianá. Bhí óráidí óna n-oidí ranga Iníon Ní Ríordáin agus Máistir Ó Duinneacha. Cuireadh fiseán de ghrianghraif thar na blianta ar siúl. Labhair Kiera Ní Ealaithe-Bhriain agus Deaglán Ó Murchú ar son na daltaí. Bhí cúpla focail freisin ón bPríomhoide Máistir Ó Creimín. Bronnadh teastais, peann agus fáinne óir ar gach dalta. Tá an Fáinne mar shiombail ar an nasc atá acu leis an nGaeilge. Caitear an Fáinne mar chomhartha go bhfuil Gaeilge acu agus go bhfuil siad toilteanach as í a labhairt. D'oibrigh MacDara Ó Conaola mar Fhear an Tí agus bhí Donncha Ó Donnchú ag an doras chun fáilte a chur roimh gach duine. Ba mhaith linn ár mbuíochas a ghabháil le hIníon Ní Bhuachalla, Iníon Ní Ríordáin Máistir Ó Duinneacha, Máistir Ó Creimín, Maistir Ó hAireachtáin, Séan, Cáit agus Mary a chabhraigh go mór leis an ócáid.

TRÁTHNÓNA NA NGAIRMEACHA

Ar mhaith leat d'aistear gairme a roinnt le daltaí i gColáiste Ghobnatan? Táimid ag

súil le Tráthnóna na nGairmeacha a eagrú ag deireadh mí Méan Fómhair ina mbeidh deis ag daltaí sinsearach na scoile foghlaim faoin raon iontach gairmeacha amuigh ansan sa saol. Más iarscoláire/ tuismitheoir/ duine i do chónaí nó ag obair sa cheantar thú, agus ba mhiain leat bheith páirteach, cuir teachtaireacht go n.uithuama@colaisteghobnatan.ie Go raibh maith agaibh!

SCRÚDUITHE

Inniu tá muintir bliain a trí ag críochnú suas an Sraith Shóisearach – molaimid iad as an de-obair atá déanta acu. Na laethanta seo tá daltaí na hArdteiste ag tabhairt faoi na scrúduithe freisin – roinnt acu atá tar éis críochnú agus roinnt eile ag críochnú an tseachtain seo chugainn. Guímid gach rath oraibh! Mar chuid de na scrúduithe tá scrúdaitheoirí ag teacht chuig an scoile chun an obair phraiticiúla a mharcáil. Tá sé dochreidte an caighdeán oibre atá déanta ag daltaí mar chuid den ealaín, staidéar foirgníochta, innealtóireacht agus teicneolaíocht adhmaid.

ÁR MEÁIN SHÓISIALTA

Leanaigí ár gcuntais le haghaidh an nuacht is déanaí!
 Twitter: @ColGhobnatan
 Facebook: Coláiste Ghobnatan @colghobnatan
 Instagram: @colaiste_ghobnatan
 TikTok: @colaiste_ghobnatan



Na buaiteoirí do Thráth na gCeist Eolaíochta le hEibhlín Ní Lionáird



Ava Ní Chonaill, Kate Ní Urdail, Ailbhe Ní Ríordáin agus Mary Ellen Ní Chéilleachair ag Tráth na gCeist Ceimice



**TICKETS
SELLING OUT
FAST
BOOK
NOW**

**23RD • 24TH • 25TH
JUNE 2023
MACROOM TOWN SQUARE**

FRIDAY 23RD BAND TRAIL MUSIC IN ALL BARS

SATURDAY 24TH

**THE FRANK & WALTERS
THE RIPTIDE MOVEMENT**

MUNDY

GATES OPEN 5:30PM

SUNDAY 25TH FAMILY DAY IN MACROOM CASTLE GROUNDS

MACROOM & DISTRICT LIONS CLUB

WWW.MACROOMMUSICFEST.IE

LEE VALLEY ENTERPRISE BOARD

PLANTING TREES WITH TED COOK

On a sunny Wednesday morning the residents and staff joined Ted to talk about nature and to plant a few trees on the river bank.

As we wandered over, laden with spades, sandwiches and sun cream, Ted spoke of how the long grass on the riverside protects fledglings.

Crossing the bridge Ted showed and explained why trees are so important to the health of the river. The trees provide cover from the sun whilst also maintaining the soil next to it. The construction of the bridge many years ago had led to a number of trees being felled. We were here to help Ted replace some of these.

Once we had identified our site for planting, the residents got to digging. Disregarding any stones we dug up larger than a fist, holes big enough to fit the pots were dug. Ted implored us, and a couple of unexpected guests, Helen and Sheila, to sample his homemade seaweed potash, before the new trees received their turn. Ted demonstrated how best to place the root collar as we filled the holes. Replacing the



turf around the tree, upturned to stop the grass taking over, our new trees received a spiral guard to protect it from rabbits and hares.

Finally Ted discussed the importance of watering our new trees correctly, especially on a slope, to ensure the water actually reaches the roots.

We planted an oak, a beech and a wild apple tree.

Reflecting, whilst eating lunch, it's surprising how sedate the river bank can be despite us

being a mere five minute walk away from the centre of Macroom.

Lovely to not only experience the beauty of the local environment but also to assist it in some small way.

Go raibh míle maith agat, Ted. We had a lovely day, we enjoyed it and keep up the good work. We'll keep an eye on our trees and will endeavour to meet Ted and Douglas again soon.

CANOVEE NATIONAL SCHOOL

GREEN SCHOOLS

This week in Canovee we were thrilled to raise our 4th Green Flag. County Lord Mayor Cllr Danny Collins came to visit and raise the flag for a very enthusiastic crowd of children, teachers and visitors. Former principal Mrs O'Brien, Canon Donovan PP, Mr Liam Nash Chairperson of our Board Of Management, and Jennifer of Green Schools were all in attendance. We would like to thank our schools Green Schools coordinator Ms Gillian Dunne and her committee's (of which there were 2, over the last two years), for all their hard work and dedication in achieving this award. Thanks to our dignitaries for their attendance, to Cllr Danny Collins for raising the flag and to Mary Browne of Browney Bakes for the delicious caca milis, and Mr Ices for the delicious treats afterwards.

The boys and girls in rang a ceathair have been

very busy during the past term in school.

RANG A CEATHAIR

As part of the Incredible Edibles, Agri Aware project they have been enjoying growing a variety of vegetables including spinach, turnips, chives, carrots and strawberries.

Rang a ceathair have also just completed a six-week swimming course in the Castle Hotel, Macroom that they have really enjoyed. A Primary Aquatics Water Safety course on the essential life-saving skills was part of this programme.

This group of dedicated children are presently working very hard at their hurling skills during break-time with their teachers, Mr. Condrón and Mr. Cullinane. Wishing them all the very best of luck with the up-coming matches in the Sciath Na Scol Competition. Go n-éirí libh.

Indeed, our Student Council members in

4th class have put a wonderful effort into fundraising for the Irish Cancer Society. This has resulted in raising the incredible sum of €714 for a very worthy cause. Obair iontach gan dabht!!

As well as being a hard-working group of boys and girls, they are also very creative and artistic. They have created some beautiful thematic displays of artwork!! This continues to amaze everyone who walks around the school. What a multi-talented group of boys and girls we have in rang a ceathair! Lean ar aghaidh leis an obair iontach!!! Maith sibh go léir

Applications for enrolments are now open. Forms can be downloaded from www.canoveens.com or contact the school on 026-48142 or office@canoveens.com Keep up to date with all of our activities by following us on Facebook 'Canovee National School'.



Boys & girls in 2nd class enjoying their ice creams after raising their 4th Green Flag for Travel on Thursday June 8th.



Former principal Mrs. Rita O'Brien, Green Schools Representative Jennifer, Canon Bernard Donovan P.P. and County Lord Mayor Cllr Danny Collins in Canovee NS, Thursday June 8th. Cllr Collins raised the Green flag in front of an enthusiastic crowd of children, teachers and dignitaries.



Cork College of FET

Cork's Further Education & Training Service

MACROOM CENTRE

A Pathway for Every Learner



eBusiness Park, Bowl Road, Macroom, P12 FV30. Tel: 086-0140217



NOW ENROLLING

FOR

September 2023

***Plan your future
... maybe it is
time to make it
happen ...***

Courses We Offer 2023 - 2024

QQI Level 5

- **Office Administration (Business Administrator)**
- **Business with Retail (Business Studies) NEW**
- **Healthcare Assistant (Health Services Skills)**
- **Nursing Studies**
- **Special Needs Support (Intellectual Disability Practice) NEW**



eBusiness Park,
Bowl Road,
Macroom, P12 FV30

Contact us on 086 - 0140217

<http://morrisonislandcampus.ie/macroom>

Or email: BAngland@morrisonislandcampus.ie



cetb
Bord Oideachais agus
Oiliúna Chroícaí
Cork Education and
Training Board



Rialtas na hÉireann
Government of Ireland

SOLAS
learning works



Có-mhaoinithe ag an
Aontas Eorpach
Co-funded by the
European Union

KILMURRY ACTIVE RETIREMENT NEWS

'OUR EPIDEMIC OF LONELINESS AND ISOLATION'

Sheep would prefer to eat sweet grass than be warned of a prowling wolf. And so too it is with us. There is a strong tendency to ignore much of what is unpalatable so we can continue just as we are.

There is a role in America called the Surgeon General. On the 2nd of May, Dr Vivek Murty, who occupies that role, published an advisory. The advisory was titled 'Our epidemic of Loneliness and Isolation'.

This advisory was carried in newspapers all around the world and indeed our own Ryan Tubridy picked up on it and gave it extensive coverage over the following days. You may have heard or read something about it, but chances are you did not. Even if you did you may have considered it not of great relevance to you, as you have already a much too busy life. I am afraid though it impacts all of us.

Advisories are reserved for issues deemed to be significant public health challenges that 'need the American people's immediate attention'. The wolf caller and his extensive team of experts have seen the wolf a prowling.

The report finds that about half of adults in the United States reported experiencing measurable levels of loneliness. Perhaps so, but we may think that it is no big deal. Not so, he says. The practical physical consequences of poor connection can be devastating, including a 29% increase in the risk of heart disease, a 32% increase in the risk of stroke, and a 50% increase in the risk of developing dementia in older adults. We then add to this the extensive human suffering that it entails, and to that the loss of productivity, opportunity, community engagement and resilience. Worse still, while the older groups are heavily affected, they are not in fact the worst affected by the decline in social connection that has been ongoing now for decades. Our children, and our grandchildren are becoming less socially connected at the fastest pace. Social networks are getting smaller, and the levels of social participation are declining, and dramatically so since the turn of the century.

We may think that this affects our society but not us directly. We may never feel lonely, we may only wish that things would slow down so that we could. But the surprising finding from the meta-analysis of all the relevant research carried out in the English-speaking world, regardless of whether people report that they are feeling lonely or not, as we become more isolated the risk to our wellbeing increases just the same. Indeed, we may be at greater risk if we do not feel lonely. Those that are lonely may be motivated to act. It is hard to understand why this is the case. I would like to see more

research on this. Perhaps an element may be that we are not as good at looking after our own interests as we think we are. We may need a friend to tell us to go and get that lump checked, or to recognise that our lifestyle has become unhealthy. Perhaps a friend persists in pointing out to us that health and wellbeing is of greater priority than that report with the looming deadline. Perhaps we need a friend to pull us out of ourselves and to broaden our perspective. Research suggests that 90% of those that do not report loneliness or are objectively not isolated have at least three close friends.

Our own longitudinal study being carried out in Trinity College shows similar effects occurring in Irish society. What then is going on in western societies?

Dr Murty refers to the huge impact of the emergence of social media. He is not dismissive of its benefits. He insists though that it is not an adequate substitute for in person socialisation. Other factors include ageing populations, smaller families, less marriages/partnerships, and more choosing to live alone. Consequently, many have less informal supports in times of need.

It is significant too that Dr Murty points to less community involvement. Membership in organisations 'that have been important pillars of community connection have declined significantly in this time'. He indicates that following decades of research, the cumulative evidence shows that higher levels of social connectedness suggest better community outcomes, 'ranging from population health to community safety, resilience, prosperity, and representative government, while lower levels of social connectedness suggest worse outcomes in each of these areas. These studies establish that social connection is vital not only to our individual physical, mental, and emotional health, but also to the health and well-being of our communities'.

Dr Murty goes on to make suggestions for a new national strategy to tackle the problem.

1. Strengthening social infrastructure, which includes things like parks and libraries as well as public programs.
2. Enacting pro-connection public policies at every level of government, including things like accessible public transportation or paid family leave.
3. Mobilizing the health sector to address the medical needs that stem from loneliness.
4. Reforming digital environments to "critically evaluate our relationship with technology."
5. Deepening our knowledge through more robust research into the issue.
6. Cultivating a culture of connection.

While these are suggestions for national

government intervention, in my opinion, it is the more local level that will matter most. It will be whether we ourselves decide to prioritise engagement with others, and crucially whether we decide to support, engage with, and build up our community organisations. We will need to do so to have any realistic prospect of reversing this worrying trend and its effects, that I think, are also already apparent in our country.

TRIP TO MOUNT CONGREVE GARDENS

Forty-eight of us headed off from Kilmurry to Mount Congreve gardens near Kilmeaden, Waterford on Saturday 20th May. We pulled up on the way at Kersey's in Kilmacthomas. We were well looked after and the service was great, and that was a good thing as there were many that needed caffeine to continue the chatting. It was my first time in that lovely village. Congreve itself certainly didn't disappoint, with every turn revealing another beautiful scene, and yet so natural. We had our expert guide with us, thank you Pat Sheehan. On the way home we pulled up at the Old Thatch in Killeagh, again great food and service. Thanks too to Donal McCarty who supplied the bus, and our most obliging driver Shane O'Brien. It was certainly a memorable outing and one we recommend to other associations.

THE LEE SOUND

A great afternoon's dancing was enjoyed in Crookstown hall by close to fifty of us on Wednesday 24th May. Thank you to Jerome Coakley and Charlie Crowley for supplying the fun. Thanks too, to our Ukrainian neighbours who brought their tasty home cooking delights for us to discover.

UPCOMING EVENTS

Rose McCarthy will be doing her session with us on Tai Chi, Yoga, Meditation etc. on 14th June at 7pm in the Museum, Kilmurry. This will be followed by a short membership meeting, so that instructions are given to the committee on the preferred autumn activities. Our last session before our break will be on 21st June, and that will be an interesting surprise. I can't wait to find out what it could be.

If you would like to join us, our association is open to all, and now is a great time to join. Try it out for the rest of this year for just twelve euro. Our philosophy is that age makes no difference, but health does. We try to do what we can to keep healthy and challenged in body and in mind, and together that is easier. You will be kept as busy as you choose to be and positively engaged in the community, and we think you will enjoy it. For more information contact Aidan at 0894057676 or aidanpbarry@outlook.com



KENMARE BAY HOTEL
& RESORT

*Your Perfect
Wedding Venue
in the heart
of Kerry*

AMAZING
OFFERS
AVAILABLE FOR
REMAINING
2024 DATES

Exceptional
Reputation for
Food & Service

Stunning Views & the beautiful
town of Kenmare on
your doorstep

New Menus, Décor
& Styling options
to choose from



Talk to our dedicated wedding team today
☎ 064-6679300 ✉ alan@kenmarebayhotel.com
www.kenmarebayhotel.com



CARRIGADROHID/KILLINARDRISH TIDY TOWNS

WEEKLY CLEAN UPS

Tuesday, June 6th our tidy volunteers swept the village and watered the very thirsty plants after the beautiful sunshine. They also used leaf blowers, brushes, shovels and wheelbarrows to de-leaf, remove pine needles and generally clean from the grotto and down Barrack Hill. It was warm and dusty work but we were thrilled with the results. We would like to remind people that the tidy towns volunteers work for 1 hour in the vicinity of the village on a Tuesday evening (6:30 to 7:30) and we have volunteers of all ages, young and old.

If you are passing through the village at this time, PLEASE slow down and protect our wonderful volunteers.

STREET FEAST

Our Annual summer event, the Carrigadrohid/

Killinardrish Tidy Towns 'Street Feast' is on this Friday evening, June 16th from 7pm to 9pm and all are welcome. Bring your favourite food to share or purchase some delicious food from Knockout Pizza or Mo with her crepes on the night! There will be face painting and a surprise visitor for younger children! Complimentary tea and coffee will be on hand and the fun is free too!! Come meet your neighbours and hopefully we will see some new faces too! Our new venue is outside the changing rooms in Canovee's riverside pitch.

CANOVEE GAA RESULTS

Jackpot €3600 – No Winner Lucky Dips of €30 Sean O'Mahony, Aherla, Liam & Nora Lyons, Canovee. Online winners: Gobnait Deasy & Wm O'Callaghan



Before and after the clean up in Barrack Hill. Carrigadrohid/Killinardrish Tidy Towns

Pictured left: The Fé 7 players were thrilled to receive their new training jerseys after training this morning. All registered under 7s will get one of these unique jerseys



SCOIL NAOIMH MUIRE, FARRAN

It's school tour season at the moment and the pupils of Scoil Naomh Muire Farran have been heading in many directions. Junior and Senior Infants had a fun filled day in Leahy's Farm where they saw everything from water buffalo to snakes!! Third and Fourth headed for Cobh and Spike Island and finished up in Cuskinny. Sixth class headed to Dublin on the train to see Glasnevin Cemetery, Dublin Castle and Kilmainham Gaol while next week sees the remaining classes heading off on their school tours.



Senior Infants from Farran School had a fun filled day in Leahy's Farm where they saw everything from water buffalo to snakes!!



Sixth class children from Farran School who headed to Dublin on the train to see Glasnevin Cemetery, Dublin Castle and Kilmainham Gaol while next week sees the remaining classes heading off on their school tours



Third and Fourth class children from Farran School who headed for Cobh and Spike Island and finished up in Cuskinny

HAVE YOU A NEWS STORY?

Contact the Editor by Email: leevalleyoutlook@macroom.ie



MCL QUARRIES

QUARRY STONE FOR SALE

ALL TYPES OF STONE DELIVERED

Suitable for: • Farm Roadways • Filling • Drainage Stone

Also in earth landfill site - Soil & Stone removed



Coolnagearah, Coachford, Co. Cork

Contact Patrick: **085 1533884**

Contact Paudie: **086 3030915**



CLONDROHID NEWS



Clondrohid parish active retired and friends visited beautiful Achill Island on their recent trip to Westport

CLONDROHID PARISH ACTIVE RETIRED

This group along with Millstreet Active Retired and friends headed west for a mini break last week in glorious weather.

When over 80 members arrived in Westport Wood Hotel, all looked good for an entertaining few days.

Thanks to Mary and all in Millstreet for helping us to organise this venture. Thanks to our 2 bus Drivers, Paudie and Dan, who helped in every way to make our trip so enjoyable.

Thanks to Mary and all in Clondrohid who helped in the organisation of the trip. There were trips everyday to scenic spots, places of interest, museums, shopping etc. Back to the excellent hotel for dinner, card games, music, singing and dancing. A visit to Knock for Mass and visitation on the way home on Friday. A memorable, enjoyable trip.

CARRAIG A STAIGHRE

Famine Graveyard. This annual Mass will be celebrated on Tues June 27 at 7.30pm. All are welcome.

CLONDROHID DEV GROUP

With Tidy Towns judging fast approaching, this group continue to be busy at moment, planting new shrubs and flowers throughout

the village. They are asking everyone to keep an eye on litter, especially around their own dwelling area. These beautiful evenings, if out for a walk or a stroll, and you see some weeds or rubbish, please consider picking them up. Many hands make light work, our village should be important to everyone, so please help to keep it clean, tidy, and vibrant

JOHNNY COOL'S DVD

The DVD's are available locally at Healy's Spar, M&J Kelleher, Bell Inn, The Tavern, and the Pub in Carriganima. The cost is €10, and all proceeds will be divided between Irish Heart Foundation, Clondrohid Community Hall, Carriganima Development Group, and Clondrohid Development Group. Thank you Johnny and family for putting all these treasured memories together again, and for donating all the monies to the said groups. Please support and show your appreciation.

ANOTHER DIARY DATE FOR CARRIGANIMA

Saturday July 8, Gina Dale Hale and the Champions will be performing outside the pub in Carriganima, this has been a long term dream of Seanie's. Back again by popular demand is Declan Nerney on Sunday July 23 Carriganima will be rocking during July, don't

book your hols.

G.A.A. NEWS

It was with great sadness that former Clondrohid players and club members learned of the passing of former club player Dan Murphy of Clondrohid village.

Dan played junior football with Clondrohid teams throughout the 1980's - winning 2 Muskerry Cups and a Mid Cork League title. He was a prominent member of the 1984 Clondrohid team which lost out in Mid Cork junior A championship final after a replay.

Sincere sympathy is extended to all the Murphy and Buckley Families.

May He Rest In Peace.

MOVEMENT OF CONTINUOUS PRAYER

20 of the 24 hours are now covered. Names are just needed for 11 to 12pm, 12 to 1pm, 1 to 2pm, and 3 to 4pm.

LOTTO RESULTS

Jackpot €2,200

€70 Mary Ann Healy Gortnalicka, Patricia Crowley On Line, Tommy O'Sullivan C.N.S.

Mary McSweeney Coolnadane, Ann McSweeney On Line



Clondrohid parish active retired on tour up west last week



Clondrohid u 12 footballers with their new set of jerseys kindly sponsored by Gerard and Brid Kelleher of MJK Oils



SATURDAY 1ST JULY 2023

BACK ON THE ROAD

The 41st
**RING OF KERRY
CHARITY CYCLE**

WILL TAKE PLACE ON
**SATURDAY
1ST JULY 2023!**



ENTRIES ARE CLOSING VERY SOON.

Register now on www.ringofkerrycycle.ie to avoid disappointment!

Charity No: CH 18641

DROMLEIGH NATIONAL SCHOOL

Students from Dromleigh N.S. had a busy start to June. Pupils had a fantastic day out in MTU on June 1st representing the school at the annual Cork Primary School Sports day. Our athletes gave some great performances on the day and returned to the school with lots of silverware.

All classes were delighted to participate in our weekly hurling training sessions with our coach Paddy Corkery.

Senior pupils had great adventures both on land and sea for their school tour to Oysterhaven Activity Centre on June 2nd. Our Junior pupils thoroughly enjoyed their tour also when they travelled to Cuskinny Court Group Activity Centre in Cobh on June 9th.

Bright Beginnings Childcare in Dromleigh N.S. is expanding their service from September. They will be offering an after school club for Primary School children from 2-6pm. Contact the school for further details.

Save the dates! Sixth class pupils will host their



Junior Pupils from Dromleigh N.S. enjoying their weekly hurling training sessions.

annual 'Bring and Buy' sale in the school on June 19th from 12 noon. All proceeds go directly to MS Ireland and the school. An amazing raffle will be held on the day. Please support.

Our 'Summer Party' will take place on June 22nd

from 7-9pm. Beach-themed, dancing, music, fun and games for all those from 6th class and under. office@dromleighns.ie 026-46212 P12DY26



Senior students from Dromleigh N.S. enjoyed their school tour in Oysterhaven recently.



Students from Dromleigh N.S. enjoying all the action at Cork Primary School Sports on June 1st.

UIBH LAOIRE

FESTIVAL

The famous Inchigeela Festival will be held again this year. Bands and dates are set and from the line up it looks like the standard is as good, if not even better than ever. Big names are coming and some even have sought to return to Inchigeela due to the success of last year's weekends. There will be 2 weekends, 18th to 20th of August and 25th to 27th Aug with such favourites as Nathan Carter, Derek Ryan, the Tumbling Paddies, Rebel Hearts, The Gerry Cinnamon Experience, Abbaesque and of course no festival would be without the amazing, indomitable Bog the Donkey!

INCHIGEELA HALL

Social dancing continues on Sunday 25th 3.30 to 5.00 with C & M Sound. Bingo as usual on Fridays. Cards on Sunday nights.

LITTER CHALLENGE

The litter challenge continues for another 2 weeks. Inspection 1 was 100% successful but alas the village dropped a point where a tissue was found on the street. Still we are in there strongly yet. It's up to all to take part and help out by picking up and disposing properly of any litter you come across. So let's all chip in for the final hurl.

PARENTS AND TODDLERS

Moms (or Dads) and toddlers meet at the GAA clubhouse each Friday during school term from 10am to 11,30 am. Great fun with bubbles and big chalk and a stroll outside, weather permitting, A great way to socialise baby and make new friends.



Some Inchigeela Tidy Town Volunteers and friends after an enjoyable sunny evening of painting

CORPUS CHRISTI PROCESSION

The village looked splendid for the procession and it must be said that it is a credit to all for making it a pleasant and memorable event as in years gone by. Thank you stewards for organising and thanks to Ballingearry Pipe Band and all for taking part. And thanks to people of all ages who planted nasturtiums and other plants lately. We look forward to enjoying the fruits of your labour.

COLÁISTE REOPENING

Coláiste na Mumhan in Ballingearry has re opened for students. The oldest Coláiste Gaeilge in Ireland, like many establishments, was hit by the covid pandemic and has been closed for a few years. But

it received nearly 150 enthusiastic young people from all over the country for the month of June. Tá sé go deas slua óg a fheiscint aris timpeall na sráide sa samhradh agus iad ag labhairt Gaeilge, ag canadh agus ag imirt cluichí sa Chuart imeartha agus sa pháirc peile. Tá sé tabhachtach don cheannntar comh maith mar tugann sé fostaíocht do cheannairí, do mhúinteoirí, oibritheoirí sa chistin etc. Go neirí libh as seo amach.

OLYMPICS NA GAELTACHTA

Bí ag faire amach dos na hOlympics áitiúil 23,24,25 Meitheamh (June). Rásaíocht, Rothaíocht, Badóireacht, Bahláil Darts..... Gach eolas ar www.Bealathe.ie

O'Riordan's Bar
Coachford

021 - 7334078
Eat In or Take Away

Monday to Friday 9am to 7.30pm
Saturday and Sunday 9.30am to 5.30pm

SERVING DELICIOUS HOME-COOKED FOOD SEVEN DAYS A WEEK

PIZZA'S AND LITE BITES
Served 7 days a week
from 5.30pm to 10pm

Eat in or take away
T: 021 7334078 to place your order.

DELICIOUS HOMEMADE FOOD SERVED 7 DAYS A WEEK FROM SAM.

SUNDAY SUMMER SESSIONS
ARE BACK FOR SUMMER 2023!

SUN 18TH JUNE
Danny O'Leary

SUN 25TH JUNE
Tim O'Riordan
of Natural Gas

FROM 5PM-7PM EACH SUNDAY!



BALLINAGREE NATIONAL SCHOOL
is celebrating its
125th Anniversary
on
Sunday, June 18th @ 3pm

- Celebration Mass in Ballinagree church @ 3pm
- Reception in the school @ 4pm
- Please join us on this happy occasion full of memories, stories, music and fun for young & old.

Mol an Óige agus Tíofaigh sí 1898 - 2023




Coffee Morning

in aid of Cope Foundation

Please join us for tea, coffee, biscuits and cakes.

Friday 16th June
10.30am - 12.30pm
AIB Macroom



Cope Foundation

Funds raised in aid of Cope Foundation
(Macroom locations/centres).

MID CORK PALLETS & PACKAGING

Celebrates

45 YEARS IN BUSINESS



Situated on the outskirts of Clondrohid, Mid Cork Pallets & Packaging (MCP) was established in 1978 by local man, Johnny Lehane. Originally a teacher in Scoil Abán Naofa, Ballyvourney and a very keen man for Music and the Irish language, Johnny founded the company from a single warehouse having seen a gap in the market to repair used pallets. Having become specialists in the pallet repair industry, MCP quickly expanded into pallet manufacturing and were one of the first companies in Ireland to commission an automated pallet manufacturing machine. In 1992, MCP diversified their operations, expanding steadily into the supply of customised packaging solutions for the drinks, food, e-commerce and medical packaging industries. A sister company to MCP and built on the grounds of their Clondrohid site, Cork Green Energy was commissioned back in 2019 (which was 10 years in the making) as a Combined Heat and Power Plant (CHP) to generate green electricity. Powered by biomass, which is a carbon-neutral green energy source, Cork Green Energy produces 1.3 megawatts of green electricity per hour, which is supplied directly to the national grid to power the energy of over 1,200 houses. It also powers MCP's energy needs on site.

Today, MCP operate from over 700,000 square feet, spread over 60 acres of production and storage facilities and produce over 2.5 million pallets per annum and boast one of the largest pallet offerings in Ireland with their extensive range of timber, Euro, heat treated pallets and custom pallets and crates.

MCP are also one of Ireland's leading packaging companies and offer a complete service to its customers from hands-on design, prototyping, and expert advice through to producing engaging, unique packaging and currently supply over 10,000 different packaging products! As a complementary service, MCP also offer storage solutions to both new and existing customers from their two strategically located sites in Clondrohid and Dunboyne, Co. Meath.

MCP are one of the largest employers in the locality both directly (employing 100 staff) many of whom are local to the area (over 40% of staff live within a 5 mile radius) and indirectly through timber mills, transportation and other services etc. This year MCP celebrates 45 years in business which is a huge achievement for any company. "Key to MCP's operations has always been our staff, some of which have been with us 45 years and still have many years left!!!" smiles Johnny. Johnny continues, "MCP have seen huge changes over the years, but it is our commitment to providing a quality reliable product at competitive prices exactly when and where our customers need it, mixed with our longstanding and committed staff, has propelled MCP as the leader in our respective fields". Things haven't always been so positive as "Back in 2011, one event a lot of locals remember and one of the hardest days for our company, on a Sunday just before Christmas, was when the company suffered a devastating fire, which destroyed over half of our factory and stocks, both pallets & packaging. Fortunately, our main pallet manufacturing machine was saved, thanks in no small part to the fire-fighters and our staff trying to contain and break the fire," Johnny Lehane reveals and "As a result, we were back up and running and manufacturing on the Tuesday morning again and haven't looked back since." Furthermore Aidan Harty, Managing Director of MCP explains "Being in business for 45 years doesn't just take luck, it takes a lot of hard work, determination and surrounding yourself with the best staff and loyal customers," "Our experienced staff engage with our customers' evolving needs to provide them with expert advice, quality products, and reliable delivery, all combined with excellent customer service" remarks Aidan.

One thing is for sure, the future for MCP is bright as they are currently expanding their production and storage and distribution facilities even further with the commissioning of their third custom-built, leading-edge pallet manufacturing machine later this summer, and the addition of two new warehouses at their Clondrohid and Dunboyne facilities, with an additional capacity of 20,000 pallet spaces.



Here's to their next 45 years!

The Macroom and District Environmental Group

Think Globally, Act locally

MEDICINE PLANTS OF OUR HEDGEROWS

Hi Chris Barrett back with you. Today I have the pleasure of speaking once again on the subject of Plants from our Hedgerows with Ted Cook, our local Heritage specialist. Ted starts our conversation by sharing a translation from Abbott Kneipp c.1867. "In the good old days the Elder stood close to every dwelling. Nowadays this shrubby little tree is rooted out everywhere- yet it deserves to remain the closest neighbour and faithful family friend of every home because every part can be used:- leaves; flowers; bark and roots". Otherwise and better known as the 'Granny' of the Forest, the ancient Celts named our Elderberry, 'Crann Tromm' for the heavy weight of fruit it bore, (Tromm translates as weight). Ted tells me that in Ulster, it is known as 'Boortree'. He says that in Scots Gaelic and Ulster Irish 'Borb' signifies crooked, bandy-legged, and gnarled. Ted apologises to all Grannys. I think he forgets how young some of them are! He goes on to remind me that only a month after the flowering Maytree/Whitethorn, our 167,000kms of roadside and field boundaries dress in the eye-catching creamy white Elder flowers, like flat topped pancakes which are 20 cms across and can outgas their mesmerising fragrances for scores of metres, ambushing walkers, cyclists and our treasured pollinators. Ted likens them to a forest people without their natural forest. Deep pre-historic resonances still persist, from mid-Ulster to the deep south, rural people never burned Elderwood in bonfires, 'because the flames would scorch the souls of the spirits that inhabit this small untidy tree.' Lost wisdom has been reconstructed and interpreted in relation to the Elder, by modern biochemistry. Toxic hydro-cyanide fumes are released when Elder is torched, and this is equally true of Laurel and Rhododendron. Elder's scientific name 'sambucus nigra', attests to the complex resinous molecules named sambucin which are uniquely associated with our 'Granny'. Modern medicine uses it in the treatment or amelioration of blindness in mammals, specifically night blindness, and Homeopathic medicine prescribes elder extracts for spasms. Ted would like to acknowledge Margueritte McQuaid for the following 'Secret Family Elder Tonic Recipe' handed



down through generations from her forebear Mary Alice Connolly of Rossinver, Co. Leitrim, a herbalist and midwife. Despite the Elizabethan prohibition of 'Indigenous Medicine' and the forced expulsion of herbalists, (which was mentioned earlier by Ted in an earlier article in this Hedgerow series), the pre-Christian territory of Breffny still produces the most competent Organic Growers with Rossinver being the birthplace of modern Irish Organic Husbandry almost 50 years ago, in 1976 which spawned the I.O.G.A. (Irish Growers Association). Ted now includes a recipe;

WEST CORK ELDERBERRY TONIC

Ingredients

450 mgs elderberries (destemmed)
1 thinly sliced apple
1 thinly sliced lemon
A thumb of grated ginger
150g of raw (brown) sugar
3 star anise spice
50mls brandy (mead/honey or poitin was used in place of the brandy in medieval times)
200 mls of water (strictly non-flouridated/ chlorinated)
Method:
Simmer, (Never boil) the berries and apple, spice, ginger, lemon and sugar for 30 minutes.
Mash the mixture, allow it to cool and then strain it through a jelly bag.
Bottle it and top it up with brandy.

The tonic is loaded with vitamin C and powerful anti-viral anti-oxidants.
For alcohol averse readers, Ted says you could leave out the brandy.



I would like to offer my own recipe for Elder-flower cordial which is wonderfully tasty and does not contain alcohol. It has been made by me with local elderflowers from Muinefliuch and Clondrohid for over 25 years now and has been stored for use at Women's Christmas and other celebrations throughout the year! I record the recipe as it appears in Time to Cook with Muinefliuch Recipe Book 2014 Chris Barrett's Elderflower Cordial

Ingredients

30 Elderflower heads
2 pints of water
2 tbsps white wine vinegar
4lbs sugar
2 lemons zested and quartered

Method:

Add sugar and water to the biggest pan you have. Dissolve sugar by heating. 2. Add everything else. Cover. Wait 24 hours. 3. Sieve mixture through muslin. Dilute 1:8 with still or sparkling water. 4. Serve with ice and lemon. Leftovers can be stored in sterilised bottles. To do this place bottles in a low heat oven. I finish with a quote from Ted and thank him again for sharing the wonders of the Hedgerows with us. "How Blessed can we let ourselves be in the midst of the chaos of our darling world And the unfailing generosity of our Elder Trees"

Remember that you can contact the Environmental Group by emailing macroomenv@gmail.com If you or anyone you know would like to contribute an article to this publication, please contact me chrisleevalley@gmail.com

MUINEFLUICH NATIONAL SCHOOL

The Parents' Association organised a fun day on Sunday 11th June in the school grounds. The day commenced with a 5K family fun run at 1 p.m. Families were treated to a barbeque and lots of home baking in the school afterwards. The clothes sale was a great success. Children thoroughly enjoyed the nail and face painting, Poppy the troll, the tug of war, penalty shoot out and the beanbag toss. The raffle was a great success with John

winning 'Bó' the calf kindly sponsored by John and Anne Casey. A sincere thank you to all local businesses who sponsored the raffle prizes and to all organisers.

Pupils had a great day participating in the Cork City Sports on Thursday 1st June.

There has been lots of progress made in the school garden. Pupils are very busy watering in the recent warm weather. They also have been painting

barrels for planting in the fairy garden.

On Tuesday 6th June pupils from the senior room participated in the local Sciath na Scol football blitz in Rusheen. A great day was had by all!

Pupils have been enjoying cookery classes organised by Deirdre Roche, school parent and nutritionist. They made healthy beetroot brownies and green monster smoothies which they thoroughly enjoyed eating.

HAVE YOU A NEWS STORY?

Contact the Editor by Email: leevalleyoutlook@macroom.ie



Mai Fitz's
Bar & Restaurant

Lissarda, Co. Cork | Tel: 021 7335933

WE WOULD HERE BY LIKE TO GIVE NOTICE TO OUR MANY LOYAL CUSTOMERS THAT WE WILL BE CHANGING OUR OPENING HOURS IN MAI FITZ'S

SUNDAY THE 18TH OF JUNE WILL BE THE LAST SUNDAY FOR THE FORESEEABLE FUTURE THAT WE WILL BE OPEN FOR BUSINESS ON A SUNDAY.

OUR NEW OPENING TIMES FROM THE 26TH OF JUNE WILL BE MONDAY TO SATURDAY INCLUSIVE FROM 12 NOON TO CLOSING TIME.


WE WOULD LIKE TO APOLOGISE TO OUR MANY VALUABLE CUSTOMERS FOR ANY INCONVENIENCE THAT THIS MAY CAUSE.

THANK YOU FOR YOUR SUPPORT-

KIND REGARDS from all the Staff at Mai Fitz's



Join us on **Facebook** for all upcoming Events



Castletown Fundraising Group
Supporting Enable Ireland for over 40 years



enable ireland
Disability Services. Life with No Limits.

Castletown Fundraising Group

Coppeen Rally


In support of Enable Ireland

SPONSORED

20 MILE CYCLE, 4 MILE WALK OR 6 MILE WALK

1.30pm - Sunday 25th June 2023.

Sponsorship cards available locally or call **087-6503600**
Or donate online at:
www.gofundme.com/coppeenrally





Pupils from 2nd class in Muinefliuch N.S who received their First Holy Communion from Fr. Greene



Children from Canovee NS who received their 1st Holy Communion recently. © Peter Scanlan



Children from Cloughdub NS who received their 1st Holy Communion recently. © Peter Scanlan



Children from Kilmurry NS who received their 1st Holy Communion recently. © Peter Scanlan



Children from Kilbonane NS who received their 1st Holy Communion recently. © Peter Scanlan



Céad Chomaoine 2023 Scoil Abán Naofa Baile Mhúirne. (First Communion 2023 Scoil Abán Naofa Ballymurne.) pic by Nóra Uí Luasa



Confirmation photo for the parish of Ballybourne/Cuil-Aodha national schools. Contact Naomh Aban School, Ballymich Ire and Cuil-Aodha/Barr d'Inse School. pic by Nóra Uí Luasa.



OC SAFETYTraining



Driver CPC Training

For Professional Bus & Truck Drivers




4Park Business Park
Farranfore
Call or Book Online

www.ocsafetytraining.ie / 064 7765101

O'CONNELL CARPENTRY

Ballyvourney. Tel: 087 7614866

Leaky Flat Roof???

 We have the solution that works!
Fibreglass - Call us Today!



Other Services:

CARPENTRY

- Roofing • First Fix • Second Fix • Stairs
- Flooring • Dry Lining/Slabbing
- Attic Conversions & Renovations

M. & J. KELLEHER LTD.

CLONDROHID, MACROOM, CO. CORK
Tel: (026) 41236

MJK oils



24 HR Diesel:

- Road Diesel
- Tractor Diesel
- AdBlue

- Heating Oils
- Road Diesel
- Tractor Diesel
- Lubricants
- Storage Tanks



www.mjkoils.com



Shane Hennessy

Irish virtuoso guitarist Shane Hennessy has established himself as one of the leading guitarists on the world stage, known widely for his fingerstyle, flatpicking, and percussive guitar-playing approaches.

Aoine 30ú/06 - 8pm
Muileann - Mills Inns

Ticéid: €20/€15
eolas@ionadculturtha.ie / 026 45733
www.shanehennessy.ie



FOIREANN IONAD CULTÚRTHA An Dr. Ó Loinsigh, Baile Mhúirne P12X239 026 45733 eolas@ionadculturtha.ie www.ionadculturtha.ie



Kilmurry Active Retirement resting at Mount Congreve



Congratulations to the ten children from Aghabullogue National School who received their First Holy Communion on the 13th May in Aghabullogue church. Included in the photo are Mr. Mather (principal), Fr Peadar Murphy (PP), Mr Dineen (classroom teacher) & Louise O'Sullivan (SNA)



The Science department at De La Salle enjoying their last staff outing with Mr Pat Walsh.



Macroom GAA u7 blitz in Sam Maguire country

NK PLANT HIRE

Millstreet, Macroom, Co. Cork

*"Serving Customers
all across Cork &
Kerry regions."*

SELF DRIVE HIRE

We can also provide Driver Operators for our machinery if required.



- 5 TON MINI DIGGER *with Rockbreaker*
- 3 TON MINI DIGGER
- 1 TON MICRO DIGGER *with Rockbreaker*
- 3 TON SWIVEL DUMPER
- 800 WIDE VIBRATING ROLLER
- 1200 WIDE VIBRATING ROLLER
- TRACTOR & TIPPER TRAILER HIRE

CALL NOEL KELLEHER @ CARRIGANIMA ON: **087 - 6255822**
www.nkplanthire.com

AJM SECURITY LTD

PROTECT YOUR FAMILY HOME - BUSINESS - FARM

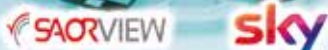
ACCESS YOUR CCTV FROM ANYWHERE



VIEW YOUR CCTV AND CALVING
CAMERAS ON YOUR SMART PHONE

CCTV & CALVING
CAMERA-INSTALLATION/
REPAIR

ARE YOU HAVING PROBLEMS WITH YOUR
SATELLITE OR SAOR VIEW SIGNAL?
IF SO, GIVE ME A CALL...



JOHN A MURPHY: 085 2330800
E: ajmsecur@gmail.com



f PROJECT

analogue photography

Please join us for an evening
'Of Light, an exhibition of photography,
film and performance'

At: Chapel Hill School of Art,
Macroom, Cork P12 E020

Opening Event: **Friday June 30th 2023 at 6:30pm**
with Guest Speaker **Brian Mac Domhnaill**
Director of the Lavit Gallery, Cork.

Exhibition runs: **30/06/2023 - 23/07/2023**,
Wednesday to Sunday 11am to 5pm.

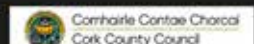
We look
forward to
seeing you.

*Following on from the success of last year's exhibition at Chapel Hill, this historic building
will once again play host to an array of work by the artists collectively known as The fProject.*



Scan for more info.

www.chapelhillschoolofart.ie



AGHINAGH MACRA

5K FUN RUN

KNOW YOUR NEIGHBOUR EVENING



SUNDAY 25TH JUNE 2023

THE LAINE BAR BALLINAGREE

REGISTRATION 1PM

FUN RUN 2 PM

BBQ 3 PM

MUSIC BY THE KELTS



PROCEEDS IN AID OF CRITICAL EMERGENCY MEDICAL
RESPONSE (COMMUNITY AIR AMBULANCE) AND PIETA
HOUSE

RUN | BBQ | MUSIC | RAFFLE

MORE INFORMATION
FOLLOW AGHINAGH MACRA ON
FACEBOOK AND INSTAGRAM



A fundraising initiative for Independence Museum Kilmurry



JUNE 2023

DONATE YOUR UNWANTED CLOTHING

Drop bags outside the museum from
12pm to 5pm on:
 Thursday 15th June
 Friday 16th June
 Saturday 17th June
 Sunday 18th June

CASH FOR CLOTHES COLLECTION 2023

Contact 086-0593260 with any queries

- All Types of clothing -adults & kids (even clothing with holes)
- Bags & shoes (please tie shoes together with laces)
- Hats & belts
- Towels & curtains
- Bed linen (sheets, pillow case, duvet covers)
- **NO QUILTS OR PILLOWS**
- All items must be **CLEAN**

All funds raised goes towards the running costs of the Museum & Community Room

B&R COMMERCIALS LTD

MILLSTREET RD., MACROOM, CO. CORK.
 T: 026 42488 F: 026 42489 E: bandrcommercialsLtd@gmail.com

We're Hiring!

HGV & LGV Mechanics

Full-time permanent positions available

B&R Commercials Ltd is currently looking for 2 fully qualified HGV/LGV mechanics to join our team. The role would include servicing maintaining and repair of HGV/LGV vehicles of various manufacturers.

Responsibilities include:

- Preparation for CVRT Tests
- Strong electrical and use of diagnostic equipment skills are a plus
- Successful candidate should work well within a team as well as an individual
- HGV licence preferred but not essential.
- Competitive salary rates based on experience and skill set

Applications to:

Mr. Daniel Buckley
 B&R Commercials Ltd., Millstreet Road, Macroom, Co. Cork
 bandrcommercialsLtd@gmail.com



Eirebloc is a leading European manufacturer of composite wooden pallet blocks for both the home and export markets. The plant is state of the art, highly automated and fully mechanised. Due to our continued success, we are happy to announce that we are currently inviting applicants for:

ADMINISTRATION RECEPTIONIST

Eirebloc currently wishes to recruit an administration receptionist for providing administrative and clerical support to the office staff and management team, while also serving as the first point of contact for visitors. This position would be ideal for someone looking to work reduced hours. Key responsibilities include:

- Handling incoming calls, emails, and mail and directing them to the appropriate person or department.
- Greeting visitors and providing assistance as needed.
- Maintaining office supplies and inventory.
- Processing and filing paperwork, including delivery documents and invoices.
- Performing general office duties.

This position has reduced hours. The hours are 9.30am to 2.30pm Monday to Friday. Remuneration will be competitive, and the role will be permanent.

Send CV's by e-mail to: roconnell@eirebloc.com or post to Eirebloc Ltd, Lissarda, Co. Cork.



JOB VACANCIES

Summer Worker / Part Time Worker

- Person required for part time work during summer school / college holidays etc...
- Ideal for somebody looking for experience in metal works, vehicle repairs etc...

Metal Fabrication Apprentice

- In conjunction with SOLAS you will acquire the skills to become a Qualified Metal Fabricator. There will be phased block releases to Education & Training Board Facilities as well as MTU. The 'on the job' experience will cover many areas such as sheet metal work, hydraulics, electrics, pneumatics etc.... a great broad range of experience will be had over the 4 year Apprenticeship.

Contact Donal Lynch on
donal@lynchtrailers.ie
 087-2775752

Lynch Trailers, Coolea, Ballyvourney, Co Cork. Tel: 026 - 45044

KELLEHER WELCOMES EP'S PROPOSED REDUCTION IN RESTORATION/ RE-WETTING TARGETS BUT CALLS FOR FURTHER IMPROVEMENTS

HOUSING MINISTER CONTACTED CONCERNING 'NO NET URBAN GREEN SPACE LOSS' RULE

Fianna Fáil MEP Billy Kelleher has said that changes made in the European Parliament's Nature Restoration Law text, in particular concerning the re-wetting of drained peatlands, are an improvement but still must go further if we are to avoid undermining Ireland's agricultural sector. Kelleher was commenting as the final version of the ENVI Committee compromises were made public. The committee vote on these proposals will take place on Thursday 15th June, and will, if adopted, be voted upon by all MEPs in July. "I welcome the progress made over the last week. The ENVI negotiators have now accepted that their original targets for restoration and re-wetting for drained agricultural peatland were too extreme. They are now reverting to the original Commission proposal of:

- 30% of such areas by 2030, of which at least [a quarter] shall be rewetted
 - 50% of such areas by 2040, of which at least [half] shall be rewetted
 - 70% of such areas by 2050, of which at least [half] shall be rewetted
- "This is, of course, better, but from Ireland's perspective, we still need to see more progress towards reaching the same targets as those that the Irish Government are supporting at the Council of Ministers. "The Commission's targets would require the re-wetting of farmland even with Ireland making full use of Bord na Móna and Coillte lands. From an Irish perspective, this cannot be on the table. "As a substitute member of the ENVI Committee, I retain the right to table alternative amendments,

reflecting the Council's targets, when it comes before the full Parliament in July. I expect and hope all Irish MEPs will support the tabling of these amendments in line with Irish Government policy. "Separately, I have written to Housing Minister, Darragh O'Brien TD concerning possible planning issues contained in the Nature Restoration Law, namely the 'No Net loss of Urban Green Areas' rule. We need to be certain that this will not affect the construction of homes in our towns and cities," concluded Kelleher.



Aideen is delighted to run another year of summer camps in Macroom Leisure Centre. The camps are specifically designed for children, boys and girls aged 4yrs right up to teenagers. Your little one does not have to be a dancer or attend dance classes to participate. The camp is based on fun, getting active and making friendships. There are classes in Lyrical, Jazz ,Commercial and Acro Dance. Not only is there dancing but fun games, activities, an ice cream day, bouncing castles and much more . There are two dates July 17th (5 day Camp €100) and August 8th (4 day camp€80) To book your place email: ajdancebookings@gmail.com



BBQ TIPS FROM SAFEFOOD

With the sun here to stay, Nico is demonstrating using a meat thermometer to ensure that BBQ meats like burgers, chicken and sausages are cooked to 75 degrees Celsius for the safest and tastiest food. Nico, together with Safefood, has put together his top tips for a safe and tasty BBQ this weekend:

1. Keep perishable foods like salads, coleslaw and quiche in your fridge until you are ready to serve them.
2. Burgers, sausages and kebabs, pork and poultry must be cooked all the way through – take your food off the heat, pop the thermometer in the thickest part of the meat and when it reaches 75 degrees Celsius, then it's cooked and ready to eat. Steaks can be served 'rare' as harmful bacteria are on the outside only (and not in the centre).

3. If you like to marinate your meat, make sure any marinade used on raw meat is not then used as a sauce to coat vegetables or cooked meat as it will contain raw meat bacteria.
4. If you choose to barbeque any frozen food, it must be firstly completely thawed on the bottom shelf of your fridge before you cook it.
5. When handling raw meat and poultry, wash your hands thoroughly and frequently, most importantly before going on to prepare salads and other ready to eat foods.
6. Once your meat is cooked thoroughly, make sure to keep cooked meat separate from raw meat and to use separate chopping boards, cooking utensils and plates. Harmful bacteria in raw meat, poultry and their juices can cross contaminate cooked food and lead to food poisoning, something your



family won't thank you for.

7. If there are leftovers from your barbeque, allow the food to cool before refrigerating, however make sure to refrigerate food within two hours of cooking. Always remember with leftovers - if in doubt, throw it out. For more information visit www.safefood.net/news or follow safefood on Facebook, Twitter & Instagram.

ROSS OIL COMPANY



“Your Local Oil Company”



***For keenest prices on kerosene and heating oil
in your local area***

**Farnanes, Co. Cork
Contact Lisa or Conor in the
Office: 021 7335010 • Tim Holland: 086 2356735
www.yourlocaloilcompany.ie**

OUR NEXT EDITION IS OUT 29TH JUNE

**OFFERING
A WHOLE
LOT MORE!!!**



**VALUE AND CHOICE
for all your advertising needs!**

**Lee Valley Outlook
CALL Des: 087 6593427
e:des@outlookmags.com**

T: 1800 71 40 40 | e: leevalley@outlookmags.com

Back to BLACK

Newmarket, Co Cork. Tel: 029 22765

Professional Cleaning company based in Newmarket, Co. Cork. We are a Specialist Contract Cleaning company that caters for the Commercial and Domestic market. We specialise in removing Moss, Stains from Tarmac, Brick Paving, Concrete, Power washing, Roof restoration. We restore the surface back to its original colour. No job too big or too small.

- Property Management
- Grounds Maintenance
- Cleaning of buildings (private & commercial)
- Rotary Cleaning / Powerwashing / Pedestrian Cleaning
- Roof Cleaning / Painting
- Brick Paving / Patios
- Tarmac Restoration / Repair / Sealing
- Covid 19 Disinfecting
- Algae Removal
- Traffic Management
- Hoist available for Work at Heights
- On-Site Contract Cleaning



• DRAIN JETTING



• C.C.T.V. PIPE INSPECTIONS



Before



After



Before



After

Contact GER on 087 2860837 or land line 029 22765
www.backtoblackmossremoval.com



GAA

MUNSTER SENIOR HURLING CHAMPIONSHIP FINAL ROUND ROBIN TABLE

Clare	P4	W3	D0	L1	Pts: 6
Limerick	P4	W2	D1	L1	Pts: 5
Tipperary	P4	W1	D2	L1	Pts: 4
Cork	P4	W1	D1	L2	Pts: 3
Waterford	P4	W1	D0	L3	Pts: 2

MUNSTER SHC FINAL:

LIMERICK 1-23 CLARE 1-22

ALL IRELAND U20 HURLING CHAMPIONSHIP FINAL: CORK 2-22 OFFALY 3-13

Muskerry Players: Shane Kingston (Ballinora), James Dwyer, Tadhg O'Connell and Brian Keating, all Ballincollig.

At Semple Stadium crushed Offaly's hopes of winning the oneills.com All-Ireland U20 Hurling title for the first time with a scorching second-half performance that gave the Rebels their third U20 championship in four years.

At half time Cork led by 1-11 to 1-9 in and an unanswered 1-6 on the resumption, with the goal from Micheál Mullins within seconds and points from Ben Cunningham, William Buckley and Jack Leahy, they were on the road to winning their 14th grade championship before a super attendance of 29,380 in Thurles.

Cork led by 2-20 to 2-11 with ten minutes left before a brilliant third goal, and Cork then defended stoutly to deny battling Offaly with Shane Kingston and James Dwyer prominent in defence.

Scorers for Cork: B Cunningham 0-10 (0-6 f), W Buckley, J Leahy 0-4 each, M Mullins, D Healy 1-1 each, Tadhg O'Connell, A O'Sullivan 0-1 each.

Cork: Brion Sanderson (Midleton); Darragh O'Sullivan (Ballinhassig), Shane Kingston (Ballinora), Mark Howell (Douglas); James Dwyer (Ballincollig), Ben O'Connor (St Finbarr's), Eoin Downey (Glen Rovers), Tadhg O'Connell (Ballincollig); Miceál Mullins (Whitechurch); William Buckley (St Finbarr's), Ben Cunningham (St Finbarr's), Diarmuid Healy (Lisgoold); Ross O'Sullivan (Na Piarsaigh), Jack Leahy (Dungourney), David Cremin (Midleton).

Subs: Eoin O'Leary (Glen Rovers) for R O'Sullivan (45), Adam O'Sullivan (Ballinhassig) for Cremin (48), Colin Walsh (Kanturk) for Leahy (56), Ciarán Doolin (St Finbarr's) for Dwyer, Brian Keating (Ballincollig) for Downey (58) and Paudie O'Sullivan (Fr O'Neills), Sean Daly (Randal Óg), Timmy Wilk (Cobh) and

Mikey Finn (Midleton).

ALL IRELAND SENIOR FOOTBALL CHAMPIONSHIP

Group Stage – 4 groups of four

Group 1: Mayo 4, Cork 2, Kerry 2, Louth 0

Group 2: Galway 4, Armagh 2, Tyrone 2, Westmeath 0

Group 3: Roscommon 3, Dublin 3, Sligo 1, Kildare 1

Group 4: Monahan 3, Derry 3, Donegal 2, Clare 0

The top team from each group will go straight to the quarter-finals while teams that finish second and third will face off in a preliminary quarter-final.

ALL IRELAND CHAMPIONSHIP ROUND 3

Sunday 18 June: Mayo v Cork at Limerick, Kerry v Louth at Portlaoise

CORK 0-15 KERRY 1-14

Cork lost out to Kerry in a thrilling Group 1 Rd 2 game at Páirc Uí Chaoimh. Cork played well, Kerry were not at their sparkling best, and the Kingdom were saved by a goal from a controversial penalty in the 46th minute which proved to be the crucial score. A tackle by Sean Powter on Paul Geaney was outside the square but a penalty was still awarded by David Gough as 'he was denying the Kerry player a goal-scoring chance inside the 20-metre line'. It was a harsh application of the little known/used rule, particularly after a superb second-half display when Cork came from four points behind at half-time to narrow the gap to a single point before the penalty altered everything.

However, Cork are still in the hunt and if they beat Mayo could head the group, and if Kerry beat Louth, Cork could lose to Mayo and still advance as the third team in the group to the preliminary quarter final. All to play for therefore!

Cork got off the mark six minutes in when Chris Óg Jones raised a white flag. O'Shea and Brian O'Driscoll exchanged scores as the Kingdom led 0-3 to 0-2 with eight minutes gone, 0-7 to 0-4 after 22 minutes. Both sides were finding it difficult to get the ball inside, thanks to some close marking by both defences. Kerry led 0-9 to 0-5 at half-time. Brian Hurley raised another white flag from a free in the first minute of the second half, with Killian O'Hanlon pointing from the restart to put only two between the sides. O'Shea replied from another free but Cork were now playing better football and causing Kerry more than a few problems. Powter, playing as an extra defender which was a loss to the Cork attack, got his second of the day. Another Hurley free had the Kerry lead down to one as Cork

were now dominating.

With 46 minutes gone a huge decision went in Kerry's favour when they were awarded a penalty after Powter fouled Geaney and Powter was sent to the sin bin for 10 minutes. David Clifford duly dispatched the penalty to make it 1-10 to 0-9. Hurley and Clifford exchanged frees as Cork kept driving forward, despite being a man down. Kerry were lucky not to be reduced to 14 after a high tackle on Kevin O'Donovan. Eoghan McSweeney scored a magnificent point for Cork, to make it 0-11 to 1-12 with eight minutes to go. Sherlock landed a point and Hurley converted a free but Cork needed a goal.

Scorers for Cork: B Hurley 0-6 (0-5 f, 0-1 m), E McSweeney, S Powter, S Sherlock 0-2 each, K O'Hanlon, B O'Driscoll, C Óg Jones 0-1 each.

Cork: M Aodh Martin; M Shanley, D O'Mahony, K O'Donovan; Luke Fahy (Ballincollig), R Maguire, M Taylor; Colm O'Callaghan (Éire Óg), I Maguire; B O'Driscoll, R Deane, K O'Hanlon; S Powter, B Hurley, Chris Óg Jones (Iveleary). Subs: S Sherlock for Jones (46), E McSweeney for O'Hanlon (59), J O'Rourke for Deane (65), T Clancy for Maguire, B Murphy for Hurley (both 60).

MUNSTER MINOR FOOTBALL FINAL

KERRY 2-10 CORK 0-11

Cork defeated Kerry in the quarter final in Cork but lost the Munster Final in Tralee to the Kingdom as Kerry struck for goals, just as the Rebels had done to them in Cork when Cork triumphed by 2-12 to 0-14. Kerry took their goal chances in the first half and although Cork drew level in the second half, they could never get ahead and the home side finished well.

This result meant that Cork would face Leinster champions Dublin in the All-Ireland quarter-final while Kerry meet Kildare.

Cork scorers: D Sheedy (0-1f), T Cullinane 0-3 each, B Curtin (0-1f), O Foley, D O'Leary, S Coakley, D Clifford 0-1 each.

Cork: B Curtin (Valley Rovers); N O'Shea (Urhan), F Hurley (O'Donovan Rossa), M Ahern (St Finbarr's); O Foley (Bishopstown), G Daly (Mallow), T Kiely (Doneraile); Mark O'Brien (Ballinora), Darragh Clifford (Éire Óg); T Cullinane (Ballinascarthy), D Sheedy (Bantry Blues), O O'Callaghan (Liscarroll/Churchtown Gaels); Denis O'Mullane (Kilmurry), S Coakley (Douglas), David O'Leary (Ballincollig). Subs: J O'Leary (Douglas) for O'Mullane (half-time), M Hetherington for Clifford



Thomas O'Críodáin Cup semi-final game. Mayo Cromtha beat Naomh Aban. pic by Nóra Uí Luasa.

Will Back Pain Resolve Itself?

There is an odd logic that says if you leave a back problem, eventually it should resolve on its own. Yet, once you've had a back problem, the chances of it recurring is much higher.

A recent study¹ showed that when back pain is not treated, it may go away temporarily but will most likely return.

Recurrence of low back pain is very common, with more than two-thirds of individuals having a recurrence within 12 months after recovery. Factors for a recurrence include exposure to awkward posture, longer time sitting, and more than two previous episodes.

Research shows that Chiropractic treatment relieves the underlying cause of back

pain helping to avoid the need for medication or surgery. While over the counter drugs may provide temporary relief from pain and inflammation, they do so at a cost.

Longterm use of over the counter or prescribed painkillers manifests in injury to the digestive tract.

If you don't like taking these meds and are looking for a drug free, surgery free avenue then chiropractic is the answer.

The spine is meant to be flexible and allow for the movement of over 20 small bones.

Trouble begins when any one of those bones move out of alignment for a sustained period of time.

These misalignments do not radiate immediate pain but slowly begin to deteriorate over time.

The goal of Chiropractic adjustments involves the optimal function of the body and the avoidance of needless pain, suffering or surgery.

"Longterm use of painkillers isn't the answer. It's vital to find the root cause of the pain you are experiencing."

says Dr Benjamin Martin of Optimal Chiropractic



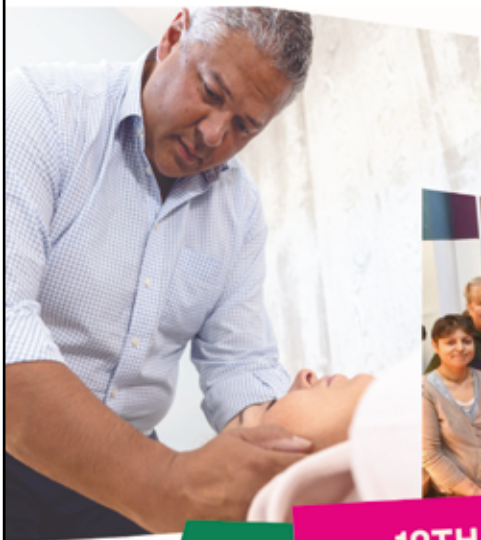
Recieve an initial consultation for only €25 (instead of €85) during our charity fundraiser between the 19th and 22nd June.

(See below for full details)

Initial Consultation includes documenting your history and taking scans to determine the exact cause of your symptoms.

Please call 021 487 8465 to book your appointment.

¹https://www.researchgate.net/publication/333793977_Recurrence_of_low_back_pain_is_common_a_prospective_inception_cohort_study



19TH TO 22ND JUNE 2023

RELIEF FROM PAIN WHILE HELPING A GREAT CAUSE

Between 19th and 22nd June all new consultations will cost only €25 (normally €85).

Suitable for those with back pain, neck pain, sciatica or headaches.

All funds go to Cork Penny Dinners.

Cork Penny Dinners is a long established charitable organisation whose core service is to offer a nourishing hot meal in a safe environment to all those in need.

To make an appointment Call 021 487 8465



Station Road, Ballincollig www.optimalchiro.ie



Naomh Abán under 14 who recently beat Bantry in the Young West Rebel Championship. pic by Nóra Uí Luasa

(43), C Mullins (Mallow) for Foley (52), G Holland (Bishopstown) for Cullinane (58), Sean O'Leary (Kilmurry) for Kiely (60).

ALL IRELAND MF QUARTER FINAL

DUBLIN 1-18 CORK 2-12

Cork minors looked to have victory in this All Ireland quarter final at Kilkenny secure when they deservedly led by six points heading into the last quarter but they lost their lead, point by point, until it was down to one at which stage Cork were denied a free for a blatant foul on Denis O'Mullane in front of the Dublin posts. Dublin came down field and got the equaliser from a free and worse was to follow as a short kick out, followed by an attempted pass back to the goalkeeper, resulted in Dublin burying the ball in the Cork net for what was a sensational victory and one hardly deserved on the run of play over the 67minutes. It was the first time Dublin had led since the 11th minute.

A goal from a penalty in the 42nd minute which gave the Rebels a 2-12 to 0-12 lead was their last score and there will be regrets that Cork could not see out the game to victory. The Cork performance was excellent for much of the game and deserved a better reward. Cork went from two points down early on to go seven in front, boosted by a well taken goal from Denis O'Mullane of Kilmurry, before conceding two late first half points to the Leinster champions.

Scorers for Cork: S Coakley (1-5, 1-0 pen, 0-3 frees); D O'Mullane (1-2); D Sheedy (0-2); G Daly, D Clifford, T Cullinane (0-1 each).

Cork: B Curtin (Valley Rovers); N O'Shea (Urhan), F Hurlley (O'Donovan Rossa), M Ahern (St Finbarr's); T Kiely (Doneraile), G Daly (Mallow), O Foley (Bishopstown); Mark O'Brien (Ballinora), Darragh Clifford (Éire Óg); T Cullinane (Ballinascarthy), D Sheedy (Bantry Blues), David O'Leary (Ballincollig); Denis O'Mullane (Kilmurry), S Coakley (Douglas), O O'Callaghan (Liscarroll Churchtown Gaels). Subs: J O'Leary (Douglas) 43; Adam Dineen (Cill na Martra) 52; C Mullins (Mallow) 57; L Shorten (Tadhg MacCartaigh) 67, D Fray (Mallow), Seán O'Leary (Kilmurry), L Hourihan (St Colum's), M Hetherington (St Finbarr's), G Holland (Bishopstown). The extended panel included Owen McCarthy (Clondrohid).

Cork were managed by Ray O'Mahony (Éire Óg) with Daire O'Sullivan (Naomh Abán) among the selectors.

LGFA- LADIES GAELIC

Munster senior champions Cork will kick off their TG4 All Ireland Group 4 series with an away game to Galway at Pearse Stadium on Saturday June 17th, 7.30pm start.

Cork U14s lost the All Ireland top grade final to Mayo on a score of 2-9 to 0-7 at Nenagh after a great campaign. The Connacht side were full value for their victory thanks to a commanding first-half display which enabled Mayo to build an unassailable 10-point interval advantage. This was a second consecutive All-Ireland U14 LGFA final defeat for Cork but the overall picture remains positive.

CAMOGIE

In the Glen Dimplex All Ireland championship group stage Cork must play Galway, Clare and Down. There are three groups of four teams. Two of the group winners (randomly chosen) advance to the semi-finals. The other group winner, and the three runners-up, play in the quarter-finals.

The bottom team in each group play-off to decide the team relegated to the 2024 Intermediate Championship.

GALWAY 1-12 CORK 0-12

The Galway Senior Camogie team made it three wins from three against Cork this year when they overcame Cork in the opening round of the Glen Dimplex All Ireland Senior Camogie Championship at Athenry. Galway had a battle on their hands with Cork hitting them hard early on, but their experience helped in getting them over the line after a strong second half showing. Cork led at half time by 0-10 to 0-7.

Cork: A Lee; M Murphy, L Coppinger, M Cahalane; A Healy, L Treacy, I O'Regan; S McCarthy, H Looney; C Sigerson (0-3), F Keating, C Healy; A O'Connor (0-3, 0-1 45M, 0-1F), O Cahalane, K Mackey (0-6, 0-2F). Subs: S McCartan for O'Connor (39), E Murphy for O'Regan (47), A Smith for Healy (59), C Finn for Cahalane (63), H Ryan for Healy (66).

Cork follow on with a home fixture against Down on June 17th and an away clash with Clare of July 1st.

MASTERS GAELIC FOOTBALL

Taking part in the over-40s competition for the third year, Cork got off to a winning start against Clare, triumphing by 1-12 to 0-7 in Shannon and then Cork defeated Waterford in the second round game 1-17 to 1-14 at Youghal.

Up against Kerry in their third game, Cork were defeated on a 2-9 to 0-10 scoreline at Fossa, having trailed at half time by 0-6 to 0-4. John Miskella and Andrew Murphy, both of Ballincollig and Iveleary's Ger McSweeney lined out with Cork. Barry Cafferkey, Donoughmore and Tadhg Sheehan, Macroom were on the Cork panel.

COMORTAS PEILE NA GAELTACHTA 2023

I gComórtas Sinsir na bhFear, bhí bua mór ag Naomh Conaill ar sheaipíní 2022, Béal Átha an



Mary Golden receiving first prize from the captain of Macroom golf club Tim Keating with his wife Margaret.

Ghaorthaidh, nuair a fuair siad an ceann is fearr ar a gcéilí comhraic ar scór 1-19 go dtí 1-9. D'aimsigh Diarmaid Mac Thomáis 0-05 d'fhoireann Mhúscraí. I gcluichí leathcheannais na sinsear, fuair Wolfe Tone na Mí an ceann is fearr ar Chill na Martra ar scór 3-10 go dtí 1-7 agus fuair Naomh Conaill an ceann is fearr ar Bhéal an Mhuirthead ar scór 1-14 go dtí 0-7. Sa craobh cluiche bhí an bua ag na Tónaigh tar eis am breise a beith riachtanacht.

Ba í Colleen Ní Fhaoilín ó Chill na Martra a bhuaigh Comórtas an Chailín Ghaelaigh.

CORK COUNTY SENIOR FOOTBALL CHAMPIONSHIP 2023

IMOKILLY 1-13 MUSKERRY 0-12

There was a minute's silence observed in memory of the late, great Teddy McCarthy at this opening game in the county championships. Teddy won two senior football championships with Imokilly in 1984 and 1986.

Imokilly had four points to spare at the final whistle but their goal came deep into stoppage time.

Muskerry, assisted by the wind in the first-half, started well with Ciarán Dineen's point and over the next 20 minutes they added five unanswered points - Dineen kicked two, two also from David Horgan while Liam Twohig converted a free following a foul on Aidan Murphy. Imokilly rallied coming up to half-time, to outscore Muskerry four points to one, to leave it 0-7 to 0-5 at the break in favour of Muskerry.

Turning to play with the wind, Imokilly scored the first six points of the second-half and they led 0-11 to 0-7 entering the fourth quarter. Muskerry's Declan Ambrose landed their first point of the second-half on 49 minutes and they proceeded to cut the gap to a solitary point. Imokilly hit back with a brace, matched by Dineen and Twohig, 0-13 to 0-12 in the 63rd minute. Then came the Imokilly goal to seal the win.

Muskerry play Duhallow in Round 2.

Scorers for Muskerry: L Twohig 0-5 (0-3 f), C Dineen 0-4, D Horgan 0-2, D Ambrose 0-1.

Muskerry: Dominick Kelleher (Inniscarra); Danny O'Connell (Cill na Martra), Mark Corrigan (Macroom), Conor Smith (Aghabullogue); Declan Ambrose (Aghinagh), William Ronan (Kilmurry) Capt, Kevin Manning (Iveleary); Kyle Kelleher (Kilmurry), Aidan Murphy (Canovee); Ciarán Dineen (Cill na Martra), Tadhg Walsh (Grenagh), Mathew McCarthy (Aghinagh); Donal Ó Ceallaigh (Naomh Abán), David Horgan (Macroom), Liam Twohig (Aghinagh). Subs: Blake O'Gorman (Macroom) (half-time), M McLoughlin (Inniscarra) 36, C O'Sullivan (Aghabullogue) and A O'Sullivan (Aghabullogue) (both 46).



The Mills Ladies Golf Society May outing in Blarney G.C
Picture: Brid Scannell, Marie Lillis and Mairin Shepherd



Kilbarry NS girls team who won the C final at the Sciath na Scol Mhuscraí Football Blitz in Aghinagh GAA pitch.



Kilbarry NS boys team who won the A final at the Sciath na Scol Mhuscraí Football Blitz in Aghinagh GAA pitch.

2023 CORK CREDIT UNIONS COUNTY LEAGUES

Football: In the Cork Credit Unions county football leagues there are seven divisions, 10 teams in each of divisions 1 to 6, 8 teams in 7 and in 8. Promotion and relegation applies in every division.

Division One: Éire Óg, Cill na Martra, Ballincollig, Nemo Rangers, Castlehaven, Carbery Rangers, Kiskeam, Douglas, St Finbarrs, Valley Rovers.

Division Two: Béal Átha'n Ghaorthaidh, Clyda, Carrigaline, Clonakilty, Kanturk, Aghada, O'Donovan Rossa, Fermoy, St Michaels, Newcestown

Division Three: Rockchapel, Macroom, Nemo, Castletownbere, Bishopstown, Ilen Rovers, Glanworth, Mallow, Knocknagree, Dohenys

Division Four: Aghabullogue, Naomh Abán, Kilshannig, Iveleary, Bantry Blues, Newmarket, Mitchelstown, Na Piaraisigh, St Vincents, Bandon

Division Five: Ballinora, Mayfield, Adrigole, Boherbue, Ballydesmond, Glenville, Dromtariffe, Glanmire, Kinsale, Millstreet

Division Six: Gabriel Rangers, Kilmurry, St Finbarrs, Cobh, St Nicks, Buttevant, Urhan, Kildorrery.

Division Seven: Aghinagh, Ballinhassig, Castlemagner, St Michaels, Cullen, Argideen, St James, Ballyclough.

ROUND 8 RESULTS

Div 1: Kiskeam 1-10 Ballincollig 2-14, Carbery Rangers 1-8 Éire Óg 2-13, Cill na Marta v Douglas

Div 2: Béal Átha'n Ghaorthaidh 0-16 O'Donovan Rossa 2-11

Div 3: Knocknagree 2-14 Macroom 1-7

Div 4: Aghabullogue 2-7 Iveleary 0-9, Newmarket 4-7 Naomh Abán 0-13

Div 5: Ballinora 0-10 Glanmire 2-11

Div 6: St Finbarrs 0-8 Kilmurry 2-12

Div 7: Aghinagh 0-16 St James 0-15

TABLE STANDINGS AFTER EIGHT ROUNDS

Div 1 Nemo P8 W7 L1 Points 14: St Finbarrs P8 W6 D1 L1 – 13pts: Douglas P7 W5 L2 – 10pts: Cill na Martra P7 W4 D1 L2 – 9pts: Éire Óg P8 W3 D1 L4-7pts: Ballincollig P8 W2 Pts4.

Div 2 Carrigaline 14, Newcestown 13, Clonakilty 12, Béal Átha'n Ghaorthaidh 5 points (W2 D1 L4).

Div 3 Dohenys 13, Knocknagree 12, Mallow, Bishopstown and Macroom 10 pts each.

Div 4 Kilshannig 18pts, Newmarket 14, Aghabullogue 11, Iveleary 10, N Abán 4pts

Div 5 Boherbue 15, Glanmire 12, Kinsale 12, Ballinora 5

Div 6: Kilmurry P6 W6 – 12pts: Buttevant 9, Gabriels

and Cobh 7 each

Div 7: 6 (of 7) rounds played: St Michaels 10pts: Aghinagh (W3 D2 L1) 8pts, Cullen 7, St James and Castlemagner 6 each.

TOM CREEDON CUP SEMI FINALS

Knocknagree 0-14 Boherbue 2-8 aet, Knocknagree win 3-0 on penalties

Macroom 2-11 Naomh Abán 1-7

MACROOM 2-11 NAOMH ABÁN 1-7

These two neighbours will meet in the opening round of the Premier Intermediate championship and the minds of both sides were clearly affected by the big day, July 28th, now looming on the horizon. Macroom will always want to do well in this competition which honours the memory Tom Creedon, of one of its finest footballers, and they were much more focussed than a Naomh Aban side which had a bad start and appeared to accept that this was not going to be their day much too early in the contest.

Macroom got the perfect start, a well taken goal from Dylan Twomey after a fine pass from David Horgan in the 3rd minute being a major boost. Twomey followed with a point and further points from Mark Hunt and Jack O'Riordan followed before Conchur Ó Criodáin had an opening point for the Baile Mhuirne men in the 17th minute. Macroom quickly hit back with points from David Cotter and Eolan O'Leary, Brendan O'Connell and his defenders did well to deny N Aban a goal before Niall Ó Ceallaigh had a second score for the Gaeltacht side in the 26th minute. Again Macroom responded, David Horgan sending over two points in a row before Niall Ó Ceallaigh closed the first half scoring with a point from close range which could easily have been a goal. Macroom, leading by 1-7 to 0-3, were in command at half time.

There was no major change in the fortunes of either side in the third quarter, two Naomh Aban points from Sean Ó Riordáin and Donal Ó Ceallaigh split by one from Ethan O'Gorman for Macroom, 1-10 to 0-5 at the three quarter stage. A second goal for Macroom, again well tucked away by Dylan Twomey after an Ethan O'Gorman assist, effectively finished the game as a contest and both sides emptied their subs bench in the closing ten minutes. Donal Ó Ceallaigh, who inflicted severe damage on Macroom in their championship meeting of two seasons ago, again demonstrated his threat with a fine goal and two points to

improve the scoreline for his side, Ethan O'Gorman had his second point for Macroom, Brendan O'Connell made another fine save as the game drifted towards its inevitable conclusion.

Scorers: Macroom: D Twomey 2-1, D Horgan 0-4, E O'Gorman 0-2, J O'Riordan, D Cotter, E O'Leary, M Hunt 0-1 each. Naomh Abán: D Ó Ceallaigh 1-3 (0-2 f), N Ó Ceallaigh 0-2, C Ó Croidáin, S Ó Riordáin 0-1 each.

Macroom: Brendan O'Connell; Cian Condon, Rory Buckley, Jack O'Riordan; Tony Dineen, Mark Corrigan, Blake O'Gorman; Caleb Dinneen, David Horgan; David Cotter, Eolan O'Leary, Seán Kiely; Shane Meaney, Mark Hunt, Dylan Twomey.

Subs: Ethan O'Gorman, Ben O'Connell, Liam McSweeney, Conor O'Sullivan, Darragh Hogan.

Naomh Abán: Gearóid Ó Luasa: Tomás Ó Catháin, Criostóir Ó Deasúnaigh, Colm de Róiste; Éanna Ó Criodáin, Dara Ó Loinsigh, Seamus Hendy; Seán Ó Riordáin, Caoimhín Ó Donnchú; Amhlaoibh Ó Loingsigh, Niall Ó Ceallaigh, Conchur Ó Criodáin; Donal Ó Ceallaigh, Darragh Ó Laoighaire, Daire Ó Loingsigh.

Referee: Peter O'Leary (Cloughduv).

RED FM COUNTY SENIOR HURLING LEAGUE

RESULTS RD 8:

Div 2: Ballincollig 2-24 Courceys 1-12

Div 3: Éire Óg 4-13 Bandon 1-16, Ballymartle 4-17 Inniscarra 1-14, Blarney 1-18 Kilworth 0-15

Div 4: Aghabullogue 0-8 Kildorrery 0-15

Div 5: Castlemartyr 0-21 Cloughduv 0-22

Div 7: Ballinora 0-14 Valley Rovers 3-19

TABLE STANDINGS AFTER ROUND 8:

Div 1: Sarsfields (P7) 14pts, Blackrock (P7) 11

Div 2: Glen Rvrs 13, Ballincollig 12, Midleton 10

Div 3: Carrigaline 14pts, Éire Óg 12, Newcestown 10, Blarney 10, Inniscarra 7.

Div 4: Ballinhassig 16, Valley Rovers 13, Aghabullogue 3

Div 5: Russell Rvrs 13, Argideen 11, Watergrasshill and Cloughduv 10 each

Div 6: Tracton 10 (P6 W5) Ballygarvan (P5 W5) 10 each, Kilbrittain (P6) 7

Div 7: Erins Own 10, Glen Rvrs 9. Ballinora (P6 W3 D1) 7pts

MUSKERRY GAA

MID CORK LEAGUES 2023

FOOTBALL

Division 1 – 8 teams: Canovee, Grenagh, Kilmichael, Éire Óg, Inniscarra, Clondrohid, Ballincollig,



Donoughmore.

Rd 7: Grenagh v Clondrohid, Kilmichael 1-10, Donoughmore 1-10, Inniscarra 0-5 Canovee 2-13, Éire Óg 3-19 Ballincollig 4-10.

League Table: Canovee 14, Inniscarra 8, Grenagh 8, Clondrohid 7, Éire Óg 6, Kilmichael 5, Donoughmore 3, Ballincollig 3.

Division 2 East – 8 teams: Aghabullogue, Ballincollig, Ballinora, Blarney, Donoughmore, Dripsey, Éire Óg, Inniscarra.

Rd 7: Dripsey 2-16 Aghabullogue 0-9, Ballincollig 0-5 Donoughmore 3-16

League Table: Blarney 11, Donoughmore 10, Dripsey 10, Éire Óg, Inniscarra 2 and Aghabullogue - 5pts, Ballincollig 2 and Ballinora – 2pt each.

Div 2 West

Rd 7: Cill na Martra 4-11 Canovee 2-7, Beál Átha'n Ghaorthaidh 2-14 Kilmurry 1-12

League Table: Beál Átha 14, Kilmurry 11, Cill na Martra 10, N Aban 6, Aghinagh 5, Iveleary 4, Macroom 2, Canovee 2 0.

Division 3 East -6 teams:

League Table: Gleann na Laoi 6, Grenagh 6, Inniscarra 4, Ballincollig 2, Blarney and Dripsey 0.

Division 3 West – 4 teams: Beál Átha'n Ghaorthaidh, Clondrohid, Kilmichael and Naomh Abán.

FOOTBALL CHAMPIONSHIP

The Ross Oil Mid Cork Junior A Football Championship commences on July 27th with all six first round games scheduled for the period

July 27th-30th. Group 1: Inniscarra v Grenagh, Blarney v Donoughmore. Group

2: Kilmichael v Dripsey, Canovee v Ballincollig. Group 3: Aghinagh v Éire Óg, Clondrohid v Beál Átha'n Ghaorthaidh are the intriguing pairings in round one of the competition which is being played on a group basis initially.

HURLING

CUMMOR CONSTRUCTION LEAGUE

Division 1 – 8 teams: Grenagh, Kilmichael, Éire Óg, Blarney, Inniscarra, Ballincollig, Donoughmore, Dripsey.

Rd 7 results: Blarney 4-16 Dripsey 2-9, Ballincollig 0-12 Inniscarra 3-15, Grenagh 1-24 Donoughmore 1-13, Éire Óg v Kilmichael

League Table: Grenagh 14, Inniscarra 8, Donoughmore, Éire Óg and Blarney 6 each, Dripsey 4, Kilmichael 2, Ballincollig 2.

Division 2 – 8 teams: Uibh Laoire, Inniscarra 2, Blarney 2, Grenagh 2, Éire Óg 2, Cloughdub, Ballincollig 2, Aghabullogue 2.

Rd 6: Blarney 0-12 Inniscarra 1-17, Grenagh 5-17 Ballincollig 5-12, Aghabullogue 3-15 Cloughdub 1-10

League Table: Aghabullogue 10, Cloughdub 8, Grenagh 7, Inniscarra 6, Iveleary 5, Éire Óg and Blarney 2 each, Ballincollig 0.

Division 3 – 4 team (home and away): Laochra Óg, Gleann na Laoi, Donoughmore 2, Ballinora 2. (Note: Ballinora 1 are in County League 7)



Macroom GAA u7 blitz in Sam Maguire country

Results: League Table: Gleann 6, Donoughmore 4, Laochra 4 and Ballinora 0

HURLING CHAMPIONSHIP

The MJK Oils Mid Cork Junior Hurling Championship is being played on a group basis in the early stages and the competition commences on August 5th/6th. Group

1: Ballinora v Inniscarra, Kilmichael v Ballincollig. Group 2: Dripsey v Blarney, and Cloughdub. Group

3: Grenagh v Éire Óg and Donoughmore a bye.

Cloughdub (v Blarney) and Donoughmore (v Éire Óg) in action on August 11th.

Looking Back to 2013 – Ten Years Ago

ROSS OIL MID CORK JUNIOR A FOOTBALL CHAMPIONSHIP

The 2013 Mid Cork Junior Football championship has had a great start.

The opening round of the Ross Oil Mid Cork Junior Football Championship has produced some major surprise results.

INNISCARRA 1 – 10 KILMURRY 0 – 7

This was the shock result of the opening round games of the 2013 Mid Cork championship and even the Kilmurry supporters declared that the result was a fair reflection of the trend of this particular game at Ovens. Inniscarra, with a team which contained five minors, were 'up for' the contest, hit the ground running and never let up. They tore Kilmurry asunder in the first half and the reigning champions were glad that their goalkeeper Jason McDonnell was in top form as he saved two certain Inniscarra goals before half time. Young Tomás O'Connor was in lethal form in the Inniscarra attack with strong support from Colm Casey, captain Timmy Murphy and Sean O'Donoghue: Stephen Olden was outstanding at midfield and in defence, Tommy Buckley, John O'Callaghan, rock at centre back, and indeed all six put in a massive effort. At half time, Inniscarra led by 0-6 to 0-4, Greg Barrett, Denis Sheehan and Dave McCarthy the Kilmurry scorers, and at the three quarter stage they enjoyed a 0-8 to 0-5 lead. Kilmurry then mounted a spirited revival and points from Dave McCarthy and William Buckley cut the deficit to the minimum but Kilmurry then had a serious reversal when they lost a player to a second yellow card. Inniscarra came back with two points in a row to lead by 0-10 to 0-7 with five

minutes remaining and any lingering doubt about the outcome was removed when Colm Casey found the Kilmurry net to embellish an excellent performance from the underdogs.

Inniscarra: Jack Hayes: Tommy Buckley, Kevin Burke, Paul Kavanagh; Jack O'Dwyer, John O'Callaghan, Donal O'Callaghan; Stephen Olden, Alan Sheehan: Timmy Murphy, Seán O'Donoghue (0-2), Paul Farmer (0-1): Tomás O'Connor (0-5), Colm Casey (1-2), David Barry. Sub: Daniel O'Connell.

Kilmurry: Jason McDonnell: William Barrett, Kevin Barrett, Eoin Barrett: Finbarr Crowley, Dave O'Leary, (Capt.), Adam Healy: James White, Pat O'Sullivan: David McCarthy, Dave O'Halloran, Jonathan Buckley: Denis Sheehan, Greg Barrett, Alan O'Sullivan. Subs: William Buckley, Liam Long and James Kelleher.

Referee: Mr. Liam Barry, Ballincollig.

CLONDROHID 2 – 8 DRIPSEY 0 – 12

The pre match forecast was for a close contest and this game at Cloughdub was all of that and the outcome was uncertain to the finish. Clondrohid won because of the ability of Paddy Lynch to find the Dripsey net on two occasions in the second half when a goal was really needed, both goals set up by the industry of Aidan Kelleher and finished off by Lynch in the lethal fashion a talented striker. Dripsey had a slight first half advantage and led by 0-6 to 0-5 at half time. Three minutes after the restart Clondrohid struck for a morale boosting goal – Aidan Kelleher releasing to the flying Paddy Lynch who billowed the Dripsey net and gave his side the lead. Back came Dripsey and the impressive Colm O'Grady, who had five points from play, reduced the deficit to the minimum and

then Mark O'Sullivan's equaliser was followed by a lead point for Dripsey from Diarmuid O'Riordan. Centre back Jeremy O'Sullivan then came up field to level matters for Clondrohid and in the 50th minute Paddy Lynch kicked over a point to put Clondrohid back in front. When the Kelleher-Lynch combination followed up with a second Clondrohid goal the men from the west were in a strong position with a five point lead, 2-8 to 0-9, but Dripsey refused to submit. Gary Murphy pointed a free and Colm O'Grady added two points from play but there was still a two-point gap between the teams at the final whistle.

Clondrohid: Sean O'Callaghan: Oliver Kelleher, Sean Lynch, James Kelleher: Trevor O'Brien, Jeremy O'Sullivan, Conor O'Leary: Brendan Kelleher, Fergal Kelleher: Danny O'Riordan, Paddy Lynch, Mark Creed; David O'Leary, Aidan Kelleher, Darren Dineen. Subs: Lorcan Lynch, Denis Desmond and Conor Desmond.

Dripsey: Ray Moynihan: Daniel buckley, Pat O'Riordan, Conor Hayes: David Buckley, Steve Murray, Aidan Murray: Diarmuid O'Riordan, Mark O'Sullivan: David O'Sullivan, Gary Murphy, Tom Ahern: Aidan Buckley, John Hogan, Colm O'Grady. Subs: Eoin O'Connell Shane Burke.

Referee: Mr Miah Moynihan, Grenagh.

DONOUGHMORE 2 – 11 KILMICHAEL 1 – 11

At the start of the final quarter in this game at Carrigadrohid, Mid Cork champions of 2011, Donoughmore, were leading by 2-10 to 0-8 and heading one felt for a comfortable victory. Great championship battlers Kilmichael however put in a strong final quarter rally and had Donoughmore hanging on in the closing minutes. In the dying



Aghinagh JFC 2013

seconds of time added on with one goal separating the teams, Kilmichael were awarded a penalty and Donoughmore goalkeeper Evan Forde emerged as the hero for his side when he blocked Danny Twomey's well struck spot kick and then spread himself sufficiently to force the kicker to drive the rebound wide.

Kilmichael started well and led by 0-4 to 0-3 after the opening quarter. Donoughmore's Darren Barrett and Daniel Forde got on top at midfield and constant pressure yielded a goal in the 23rd minute, Shane Sexton lashing the ball to the Kilmichael net after good approach work by Aidan Corkery. Shane Sexton added a point and at half time Donoughmore led by 1-7 to 0-5.

On the restart, a massive point for Kilmichael from Michael Twomey was matched by a point for Donoughmore from a fine Aidan O'Shea free. Daniel Twomey pointed a Kilmichael free, Aidan O'Shea pointed a Donoughmore free and then a lash from Daniel Forde was partly blocked by Shane Masters in the Kilmichael goal and the ball dropped back over his head into the empty net. Colm O'Callaghan added a point, Michael Twomey had one for Kilmichael, and it was 2-10 to 0-8 in the 44th minute.

In the 49th minute, Kilmichael were awarded a penalty, Evan Forde blocked the shot but Twomey netted the rebound, 2-10 to 1-8. Alan Dromey punished Donoughmore fouls with two fine points from frees and then Finbarr Buckley punched over a point in the 58th minute to reduce the gap to two points. Aidan O'Shea eased Donoughmore worries with a fisted point and then at the end, Evan Forde denied Kilmichael a second chance with a second penalty save.

Donoughmore: Evan Forde: Denis O'Connell, James Honohan, Barry Crowley: Kevin Horgan, Paul Crowley, Aidan Corkery; Darren Barrett, Daniel Forde: Stephen O'Connor, Shane Healy, Shane



Blarney JFC 2013



Ballincollig Juniors 2013

Sexton; Olly Murphy, Colm O'Callaghan, Aidan O'Shea. Sub: Alan Twomey.

Kilmichael: Shane Masters: Colin Murphy, John O'Riordan, Stephen Kelleher: Finbarr Buckley, Simon Foley, Adrian Kelly: Finbarr Dromey, Michael Twomey; Cian Dromey, Conor Cotter, Alan Murphy: Alan Dromey, Daniel Twomey, Colm Dromey.

Referee: Mr John Ryan, Macroom.

MACROOM 4-8 BLARNEY 2-9

Macroom had a shock in store for the 2009-10 champions Blarney at Carrigadrohid in the first round of the championship. After Michael Cronin opened the scoring with a point for Macroom, Blarney replied with a point and a goal from a Pa O'Sullivan penalty was a major boost. A second Blarney goal in the 26th minute, from Colm Sheehan, split four points for the tourist village side, Blarney led by 2-5 to 0-2 as half time approached and they looked to be heading for the expected easy victory. In injury time, Macroom's Pat Kelleher and Darren Creed combined to release Denis Quinlan for a great goal, Michael Cronin added his third point from a free and Macroom were back in with a chance, 2-5 to 1-3, but they did have to face the strong cold wind in the second half.

Blarney increased their lead with a point but then Darren Creed scored a fine goal in the 37th minute to narrow the gap to three points. Blarney had a man red carded and Macroom were really back in the hunt. Michael Cronin pointed a free, and in the 48th minute lashed the ball to the Blarney net from close range to put Macroom one point ahead. Two minutes later John Goold took a pass from Pat Kelleher and fired in a smashing goal and Macroom were buoyant and leading by 4-4 to 2-6. Blarney replied with a point and then shot a penalty over the bar and Macroom finished strongly with four points in a row without reply in the last five minutes from Darren Creed, Creed

again, John Goold (a fisted point) and to wrap up a great win John Goold kicked over a long range free into the wind and over the bar.

Macroom: Dylan Dinneen: John Angland, Darren Kelly, Colm Casey; Michael Cahill, Darren McKenna, David Cotter: Kieran O'Shea, Brian Tiernan: Denis Quinlan, Darren Creed, Michael Cronin: Pat Kelleher, Mark O'Sullivan, John Murphy. Subs: John Goold, Darragh Crowley.

Blarney: Shane Jordan: Craig Sykes, Eoghan Murphy, Pádraig Conway: Paul Hallissey, Paul O'Leary, Mark O'Leary: Conor Foley, Owen O'Connor: Keith Costelloe, Pa O'Sullivan, Damien Hyde: Ivan O'Leary, Sean O'Sullivan, Colm Sheehan. Subs: David Cremin.

Referee: Mr Timmy McCarthy, Clondrohid.

AGHINAGH 1-6 EIRE ÓG 1-6

Last year's 'B' championship winners Eire Óg showed that they are well up to the 'A' standard when they faced Aghinagh at Carrigadrohid. Aghinagh started in great style and took the game to Eire Óg, but despite their early dominance, they failed to capitalise and scored just one point from Declan Ambrose in the first 15 minutes. Aghinagh managed just two more points before half time from the boot of Donal Corkery. It was 0-3 to 0-3 at half time.

William Coakley put Aghinagh 4 to 3 in front, Eire Óg equalised. A Donal Corkery goal and a Jeremiah Kelleher point put Aghinagh in a good position, but Eire Óg responded with a goal from David Sheehan and a point to draw level again. Micheál Corkery restored Aghinagh's lead, but Eire Óg levelled with five minutes to go from a Ronan O'Toole free.

Aghinagh: William Ambrose: Dermot O'Callaghan, Seamus O'Leary, Alan Hourihan: Trevor Burns, Dave Barry, Sean Horgan: Con Lehane, Michael O'Brien: Declan Ambrose, Miceál Corkery, Jeremiah Kelleher: William Coakley, Donal Corkery, Seán



Eire Og Juniors 2013



Iveleary JFC 2013

Kelleher. Subs: Noel Lehane and Jeremiah Corkery. Eire Óg: Philip O'Sullivan: Sean O'Connor, Kieran O'Sullivan, Colm Murphy: Eanna Lowney, Barry Corkery, Denis O'Keefe: Daniel O'Shea, Andy O'Herlihy: Ronan O'Toole, Ryan Kennerick, David Sheehan (1-1): Paul Ryan (0-2), Barry O'Neill (0-2), John Malone. Subs: Tony Dineen, Denis Murphy (0-1), Jack O'Driscoll and Gerard McSweeney. Referee: Mr Ger Ahern, Canovee.

IVELEARY 2 - 10 BALLINCOLLIG 2 - 10

This game at Kilmurry was an exciting encounter and a draw was a fair outcome. Cathal Vaughan opened the scoring with an Iveleary point after ten seconds but Ballincollig hit back with a goal from Ian Coughlan. Barry O'Leary had an Iveleary point and in the tenth minute Cathal Vaughan was fouled in the Ballincollig goalmouth, and

Vaughan duly slammed the spot kick to the net. Denis O'Leary added a point to put Iveleary a goal clear. Ballincollig hit back with two points but then Barry O'Leary finished to the net to put Iveleary four points in front. Two Ballincollig points were followed by three points for Iveleary from Ger McSweeney, Denis O'Leary and Finbarr McSweeney and so at half time Iveleary led by 2-6 to 1-5 but they would have to face the wind in the second half.

A point from a Cathal Vaughan free increased the Iveleary lead on the restart, Ballincollig replied but Vaughan pointed another free. Ballincollig then scored three points in a row before Barry O'Leary pointed to leave Iveleary 2-9 to 1-9 ahead. A goal for Ballincollig from the experienced Fergal Keohane levelled matters with eight minutes to

go but Daniel O'Riordan kicked a point to inch Iveleary back in front. Five minutes from time Ballincollig equalised from a Brian Glavin free and this was the final score of a fine game.

Iveleary: Joseph Creedon: Gerard O'Riordan, Donal Cotter, Kevin Hourihan: Sean O'Leary, Cal McCarthy, Shane Galvin: Edward Buckley, Daniel O'Riordan: Barry O'Leary, Ger McSweeney, Denis O'Leary; Finbarr McSweeney, Cathal Vaughan, Brian Cronin. Subs: Seanie Lehane and David Hourihan. Ballincollig: John Noonan: Shane Murphy, Adrian Hanley, JP O'Leary: Cian McCarthy, Brendan Fitzgerald, James Cooper: Brian Kelly, John Lawlor: Brian Galvin, Stephen Coughlan, Diarmuid Nolan: Fergal Keohane, Ian Coughlan, Peter O'Neill. Sub: Con Breen. Referee: Mr David Murnane, Macroom.



Macroom Juniors 2013

LAOCHRA OG

We had a great time in Cloughdub Hurling Club this morning with our U7 & U8's. We played 3 games and the lads played a blinder showing great defensive and attacking hurling. Thanks to all for coming along and thanks to Cloughdub for hosting. Finally thanks to Niall Murphy Tarmacadam our team sponsor for all his support.



Pictured Right:
LAOCHRA ÓG U7 and U8 Hurling v Cloughdub 2023



MACROOM GAA

TOM CREEDON CUP SEMI FINAL

MACROOM 2-11 NAOMH ABÁN 1-7

Macroom had a good win over Naomh Abán in the Tom Creedon Cup semi final at the Castle Grounds. With the two teams to meet in the championship on Friday July 28th at Cill na Martra there was a determination evident in the Macroom side to do well here, and of course Macroom will always try hard to play well in the Tom Creedon Cup and honour the memory of Tom, one of our outstanding footballers and clubmen.

Macroom got the perfect start, a well taken goal from Dylan Twomey after a fine pass from David Horgan in the 3rd minute being a major boost. Dylan followed with a point and further points from Mark Hunt and Jack O'Riordan followed before Conchur Ó Criodáin had an opening point for the Baile Mhuirne men in the 17th minute. Macroom quickly hit back with points from David Cotter and Eolan O'Leary, Brendan O'Connell and his defenders did well to deny N Aban a goal before Niall Ó Ceallaigh had a second score for the Gaeltacht side in the 26th minute. Again Macroom responded, David Horgan sending over two points in a row before Niall Ó Ceallaigh closed the first half scoring with a point from close range which could easily have been a goal. Macroom, leading by 1-7 to 0-3, were in command at half time.

There was no major change in the fortunes of either side in the third quarter, two Naomh Aban points from Sean Ó Riordáin and Donal Ó Ceallaigh split by one from Ethan O'Gorman for Macroom, 1-10 to 0-5 at the three quarter stage. A second goal for Macroom, again well tucked away by Dylan Twomey after an Ethan O'Gorman assist, effectively finished the game as a contest as both sides emptied their subs bench in the closing ten minutes. Donal Ó Ceallaigh, who inflicted severe damage on Macroom in their championship meeting of two seasons ago, again demonstrated his threat with a fine goal and two points to improve the scoreline for the visitors, Ethan O'Gorman had his second point for Macroom, Brendan O'Connell made another fine save as the game drifted towards its inevitable conclusion. Macroom mentors were reasonably happy with the performance, N Aban did not appear to be unduly distressed and will hope to present a different type of challenge in five weeks time.

Scorers: Macroom: D Twomey 2-1, D Horgan 0-4, E O'Gorman 0-2, J O'Riordan, D Cotter, E O'Leary, M Hunt 0-1 each. Naomh Abán: D Ó Ceallaigh 1-3 (0-2 f), N Ó Ceallaigh 0-2, C Ó Croidáin, S Ó Riordáin 0-1 each.

Macroom: Brendan O'Connell; Ciarán Condon, Rory Buckley, Jack O'Riordan; Tony Dineen, Mark Corrigan, Blake O'Gorman; Caleb Dinneen, David Horgan; David Cotter, Eolan O'Leary, Seán Kiely; Shane Meaney, Mark Hunt, Dylan Twomey.

Subs: Ethan O'Gorman, Ben O'Connell, Liam McSweeney, Conor O'Sullivan, Darragh Hogan.

Naomh Abán: Gearóid Ó Luasa; Tomás Ó Catháin, Criostóir Ó Deasúnaigh, Colm de Róiste; Éanna Ó Criodáin, Dara Ó Loinsigh, Seamus Hendy; Seán Ó Riordáin, Caoimhín Ó Donnchú; Amhlaoibh Ó Loingsigh, Niall Ó Ceallaigh, Conchur Ó Criodáin; Donal Ó Ceallaigh, Darragh Ó Laoighaire, Daire Ó Loingsigh.

Referee: Peter O'Leary (Cloughduv).



Tom Creedon Cup Macroom Team

Knocknagree 0-14 Boherbue 2-8 aet, Knocknagree win 3-0 on penalties. Knocknagree, without their three Cork senior panellists, eventually got the better of their divisional rivals Boherbue in the other semi final, which needed a penalty shoot out to decide. It was their first defeat of the year for Boherbue.

Fixture: Final county league Div 3 game v Nemo Rangers at Castle Grounds, Saturday June 17th, 3pm start

U12 MID GROUP 3

COURCEYS 1-4 MACROOM 5-17

Macroom U12s travelled to Courceys for their final Mid Group 3 game and won well to remain unbeaten after five games in their league group, level on top with Kinsale who also have 9 points, the two teams having drawn their encounter. Macroom head the final league table on scoring difference.

U12 WEST GROUP 5

IVELEARY 5-12 MACROOM 2-1

Macroom 2 completed their grading league programme with a visit to Inchigeela where the unbeaten league leaders were too strong. Macroom finished the group in third place with three wins from five games and have had a good campaign.

Macroom: Odhran O'Regan, Dara Kelleher, Bobby O'Brien, Ciarán O'Sullivan, Luke Guilder, Alex O'Callaghan, Brian Lloyd, Ruairi Lucey, Luke Kelly, Jack Ryan, Eoghan Kelly, Tom Minehane, Blake Deasy, Eoghan O'Sullivan, Nazar Zhezherun, Oscar Grace, Cian Kelleher.

U14 WEST DIVISION 1

Macroom 8-11 (35) O'Donovan Rossa 7-12 (33) In a thrilling match played in a fantastically well turned out Castle Grounds, Macroom edged out the Skibbereen lads in a high scoring and memorable championship quarter final contest. After a fast start by the visitors, Macroom took control to lead by 14 points at the break, 7-8 to 3-6. However Skibb took control of the 3rd quarter and drew level entering the final 10 minutes. Macroom at this stage had lost a couple of players to injury but showed great courage in regaining the initiative and a couple of great late scores ensured victory on a scoreline of 8-11 to 7-12.

Scorers for Macroom: Scorers Eoin Holland 2-5, Dylan O Shea 2-2, Michael Cregan 2-1, Donagh Moss 2-0, Michael Dunne 0-2, Ronan Duggan 0-1.

Macroom: Ben Ronan, Ciarán Murray, Michael Kelleher (capt), Tristan Mullane, Aled Hopkins, Ultan Ó Tuama, Dan Lyons, Ryan Brophy Donagh Moss, Dylan O'Shea, Michael Dunne, Ronan Duggan, David Bradley, Michael Cregan, Eoin Holland, Alex Waugh, Ronan O Sullivan, Oliver Krzepina, Ryan

Mahunutsha, Daniel Lucey, David Condon.

Next: Championship semi final in Macroom v Ibane Gaels (Timoleague/Barryroe) Friday June 16th

U14 PREMIER DIV 4

CARRIGALINE 3-12 MACROOM 6-11

Macroom U14 Div 4 team finished top of the league table after this win over Carrigaline at Carrigaline.

Macroom played seven games, winning six and head the table with 12 points, two better than Midleton and Glanmire, each of which finished with 10 points. Macroom defeated Midleton, Ballincollig, Bride Rivers, Mitchelstown, Carrigaline and Kilshannig.

UNDER 15 PREMIER FL GROUP 1

MACROOM 1-13 CARRIGALINE 2-12

Macroom finished their league campaign with a narrow defeat at home to Carrigaline.

These two teams will meet in the championship at Macroom on July 10th next. Macroom are in Premier 1 Section 2 along with Ballincollig, Douglas, and Carrigaline, a challenging group but Macroom are capable of beating all of them.

UNDER 16 PREMIER 2 LEAGUE SEMI FINALS

Macroom v Kilshannig at Macroom on Friday June 23rd next. Mallow v Youghal Sunday June 18th at Mallow.

U17 MID DIVISION

ST COLMCILLE 2-14 MACROOM 0-15

Macroom travelled to Carraig na bhFear for an U 17 league game against the hosts St Colmcille (Carraig na bhFear/Whitechurch). Macroom were sluggish in the first ten minutes and this ultimately cost them the game. From the off, St Colmcille ran at the heart of the Macroom defence with powerful running from an impressive midfield pairing. Macroom at this stage found themselves down, 1-3 to no score. Slowly but surely Macroom settled to their task and got to the pace of the game, Oisín O'Sullivan and Colin Kelleher combining well to get the score board up and running. David Burke added with a well taken point to bring Macroom back into contention. Ruadhán McKenna found space on the wing and cut in to kick a beautiful point before St Colmcille added another few point to leave the score line at half time at St Colmcille 1-7 to Macroom 0-8 .

Macroom changes at half time had the desired effect with James Slattery and Jamie Murphy adding to the attack. Billy Coleman kicked a good score before Macroom were dealt a killer blow with a goal from after strong running from mid field. Macroom responded well with the score of the game . A fast direct ball from the impressive Mark Condon found the hard working Colin Kelleher who passed on to Oisín O'Sullivan who rifled the ball just over the bar. St Colmcille, who were still



full of running, responded again with a brace of points, Colin Kelleher kicked a few late points but time ran out. Overall, a good display by Macroom. Scorers: Colin Kelleher 0-5, Oisín O'Sullivan 0-4, Billy Coleman and David Burke 0-2 each, Odhran Creed 0-1, Ruadhán McKenna 0-1.

Macroom: Noe Kollar, Bobby Murphy, Ray Griffin, Donagh Murray, Mark Condon, Denis McSweeney, Cian O'Sullivan, Cormac Burke, Regan Wong, Colin

Kelleher, David Burke, Oisín O'Sullivan, Jack White, Ben McCrory, Martin Fitzgerald, Danny McKirgin, Jamie Murphy, James Slattery, Euan Molyneaux, Ordhan Creed

Macroom u7s enjoyed a sunny morning in Dunmanway recently as they took part in the first blitz of the year. Goals and points were scored and laughs were had as they met teams from Castletownbere to Dunmanway. Thanks to

Dunmanway GAA for hosting such a wonderful morning of football. Well done to the boys and girls who took part in the blitz. The training is definitely paying dividends. Anyone interested in joining Macroom GAA can contact via the Facebook page or pop down to Tom Creedon Park on Saturday mornings at 10.30am to watch a training session. It's a great way to make friends.

MACROOM SOCCER CLUB

Further Schoolboys Success

Following on from our recent successes of the U16 and U17 boys, there was more good news this week as two more of our schoolboys teams won promotion from their respective divisions. The U13A division 5 team had a fantastic season and finished in a tie for third place with Riverstown. A playoff was needed to decide the third promotion spot and O' Shea Park in Blarney was the neutral venue chosen to host this fixture. It was a closely fought affair with both sides contributing to a fantastic game. After a scoreless first half Macroom

came strong in the second period and ran out 2-1 winners. Goals were scored by an excellent Fionn Fitton free kick and a fine effort from Dylan O'Connell following great work by Dan McCarthy. This is a fantastic outcome and secures back to back promotions for this team who will deservedly take their place in Div 4 next season. Well done to the entire squad and coaches Fabio Fabrizi and Michael Slattery. The U15A lads also finished the season with a brilliant away win, 3-0 over hosts Bweeng Celtic. This team won the league title last season and were not fazed by the step up as they

had another fine season under the management of Pat Buttimer, Aidan Brophy and Fiona Phelan. In a very competitive section, Macroom won 10, drew 4 and lost just four of their 18 league games. This is a fantastic return after being promoted into this section only last year. Well done to all involved. With the season coming to a close shortly, no less than 2 leagues, 2 cups and 2 promotions have been secured by the schoolboys and schoolgirls and it is hoped some more success can be achieved before the finish of the 2022/23 season.



Macroom School Girls under 10



Macroom FC U15A schoolboys who are promoted following a 3-0 win away to Bweeng Celtic



Macroom School Girls under 15 presentation



Macroom FC U13B schoolboys who had a fine 4-3 win over Douglas Hall. Included are coaches Tony Kelleher and David McSweeney.



Macroom School Girls under 13



Macroom School Girls u15 team champions with coaches



The U13A schoolboys from Macroom FC who beat Riverstown in a promotion playoff in Blarney with coaches Fabio Fabrizi and Michael Slattery.

Sustainable Warmth Ltd



RETRO FIT DESIGN LTD

We specialise in

SPRAY FOAM INSULATION

ATTIC - CAVITY WALL - EXTERNAL WALL

SEAI GRANTS AVAILABLE
covering up to 80% of the cost

Typical 4 bedroom
bungalow -

COST ONLY €300

CALL US
TODAY
TO BOOK
YOUR **FREE**
QUOTATION



T: 066 970 2113 | M: 085 849 4107
Email: sustainablewarmth@gmail.com

GERRY HALL OIL BOILER / BURNER SERVICES

All makes of **Boilers | Burners | Cookers | Stoves**
Commissioned & Serviced

Vat Registered • Fully Insured

Tel: **087 2318657**

 **tús geal Electrical**

Call Tomas for a **FREE QUOTATION**

087 4103364

026 44142

E: Tomas.healy@tgt.ie

ALL ELECTRICAL WORK
Domestic, Agri, Commercial & Industrial



Tús Geal Teo
registered since 2009

Dave Bland: Painting & Decorating

Interior & Exterior including Paper Hanging

Call Dave on **087 4119058**

Powerwashing Service Also Available



We Offer:

- Ceramic Coating
- Full Car Valet
- Paint Correct
- Buffering
- Waxing
- Plastic Welding
- Odour Removal
- **CAR COLLECT AVAILABLE**
- And much more ...*

CARS DESERVE BETTER

Neville Terrace, Maseytown, Macroom, P12FX31

Call us: **087 3876603**

FAST FINDER

trade and services

Delivered to over 120 locations
every fortnight

6,500
FREE COPIES

To advertise... Call Des on:
087 6593427 / 1800 71 40 40

e: leevalley@outlookmags.com

BALLYVOURNEY CONCRETE PRODUCTS

- DOUBLE SIDED WALL PANELS, ideal for any garden or boundary fence
- PATIO SLAB (Different Designs)
- KERB & LAWN EDGING
- GATE POSTS & FENCING POSTS
- TIMBER STYLE RANCH POSTS & RAIL FENCING
- WALL & PILLAR CAPPING
- CONCRETE TABLE & STOOLS
- H-POST & DECORATIVE PANEL WALL
- SILLS & LINTELS
- CONCRETE FLOWER POTS

FREE QUOTATIONS
for Site Fencing, Patio & Kerb Laying

Delivery Service Available

SEAN ROCHE

Slievareagh, Ballyvourney, Co. Cork t: 026 45649 m: 086 676 5694



- WINDOW CLEANING
- POWER WASHING
- GUTTER CLEANING
- OFFICE CLEANING
- BUILDERS CLEAN

IF YOU WOULD LIKE A FREE NO OBLIGATION QUOTATION
CONTACT DEREK OR TEXT YOUR NAME AND WE'LL CONTACT YOU.



DEREK MURPHY 087 4141595

Lissardagh Cleaning Services | Coolduff | Lissarda | Co. Cork
info@lissardaghcleaning.com | www.lissardaghcleaning.com

Doherty Decorating

All Aspects of Painting and Decorating

- Spray Painting • Wall Paper Hanging • Pressure Washing
- Rectifying Paint and Render Issues
- Fully Insured
- Fully Compliant with Health & Safety

Paddy Doherty M: 086 1939306
 info@dohertydecorating.ie | www.dohertydecorating.ie
 Kilbarry, Macroom.

PATRICK MOYNIHAN AS NEW CLEANING SERVICES

- CARPET AND UPHOLSTERY
- POWER WASHING - HOIST ASSISTED
- CHIMNEY CLEANING
- WINDOW CLEANING
- GUTTER CLEANING AND REPAIR

Fully Insured Quotation on request
Call: 087 9911017 E: info@chimneycleaningcork.ie



KILLARNEY GLASS Aluminium and PVC-u

WINDOWS | DOORS | PATIOS | CONSERVATORIES

WHY MOVE? IMPROVE!

ALL PRICES YOU CAN AFFORD

Unit 4, Woodlands, The Park, Killarney
 T: 064 6633232 087 2579794 | E: info@killarneyglass.com
 www.killarneyglass.com

PATRICK MOYNIHAN CHIMNEY CLEANING

Open Fires and Stoves | Power Sweep and Vacuum
NO SOOT - NO MESS
"Trust the Experts"

Call: 087 9911017 E: info@chimneycleaningcork.ie
 info@asnewcleaningcork.ie



Mulcahy Insurances Ltd.

... we've got you covered

For all your Insurance needs!

Main Street, Macroom, Co Cork | t: 026 41424 | f: 026 41425
 e: info@mulcahyins.ie | w: mulcahyins.ie

Like us on  @mulcahyinsurancesltd

J & P PLANT HIRE

3 TONNE MINI DIGGER
 FOR SELF DRIVE HIRE

Driver also available if required

Short or Long Term Hire

Call Patrick on **087 - 4168323**
 to discuss rates



SEAN LEHANE WATER SERVICES

Cooldaniel, Macroom, Co Cork

WELL DRILLING, micro drilling machine for tight spaces
 All types **WATER PUMPS** supplied, fitted and repaired
 Complete range of **WATER FILTERS**, iron, manganese, hardness, bacteria

Water Testing
 Avail of grants up to €5000.00 for well and pump,
 €1000.00 grant for filters
 Council grant forms and free quotations
 Full range of pipe fittings and 12bar piping

CONTACT SEAN AT **087 2579752** Email: midcorkpumpservices@gmail.com



Massage Therapy & Reflexology

ITEC Diploma, Registered & Insured, 22 Years Nursing Background

BABY REFLEXOLOGY- EAR CANDLING - REIKI

- Release Stress.
- Relieve muscle tension and joint pain.
- Improve circulation and digestion.
- Increase energy levels.
- Improve insomnia.
- Boost immune system.

Approved by: 

Gift Vouchers & Beauty Treatments also available

Please contact Maria
086 1011113
 The Glenties, Macroom, Co. Cork
 www.holisticmassage-beautytherapy.webs.com



Kingdom Installation Ltd.

**NEW GRANTS AVAILABLE
OVER €1,000 TOWARDS
UPGRADING INSULATION
IN YOUR HOME**

Grant applied for on behalf of the Homeowner

Grant amount automatically deducted from overall costs

**Call us for further information and your
FREE QUOTATION**

**subject to site survey and measurement*



CAVITY WALL INSULATION | ATTIC INSULATION
EXTERNAL WALL INSULATION

KERRY 066 7135991
LIMERICK 061 320953
TIPPERARY 062 72761



See us on Facebook

www.kingdominstallation.com

email: enquiries@kingdominstallation.com

TYRESTOP®

€100 SAVE
(Saving Per Set)

 235/55/18 VW Tiguan		ONLY €95.00 (MID RANGE) €145.00 (PREMIUM)
 225/60/17 Hyundai Tucson		ONLY €85.00 (MID RANGE) €120.00 (PREMIUM)
 205/60/16 Skoda Octavia		ONLY €75.00 (MID RANGE) €105.00 (PREMIUM)

MACROOM

Tel 026 41306 Eircode P12 RK38

**Want to take the hassle out of disposing
of your household waste and Recycling?**



**Collecting Waste and
Recycling at your door**



We're serious about recycling!

www.kwd.ie
0818 373737

*Where available

Proud facilitators of the
**KWD
County
Clean-Up**

CLASSIFIEDS

- BUSINESS ONLY -
COST: Up to 20 words €7

**** No More than 20 words ****

- STRICTLY PRIVATE -
COST: Up to 20 words €7

**** No More than 20 words ****

Drop off for Macroom: **Donal Mulcahy, Mulcahy Auctioneers Main St., Macroom.**

For classifieds please email to des@outlookmags.com or post to Outlook Magazines, Castleisland, Co. Kerry.

ADVERTS WILL NOT BE INCLUDED UNTIL PAID FOR IN FULL

ED 13 2023

TOP QUALITY CLEANER

Commercial & Domestic Premises. Irish, Professional, All jobs Considered.
5* reviews on Air B&B.

Contact: **085 - 2051008**

ED 12 2023

PAINTING Interior & Exterior

Contact Noel Hinchion on - **087- 4168337**

ED 12 2023

HOUSE WANTED MARRIED COUPLE: LOOKING FOR A 2 TO 3 BEDROOM HOUSE IN THE MACROOM AREA- Working in Security - References Available

Contact - **089 - 6145257**

ED 15 2023

PROFESSIONAL ONE TO ONE INTERVIEW COACHING /CV UPDATES/ STANDARD APPLICATION FORMS

Teachers, S.N.A.s , Nurses and all aspects of the Health Sector from Entry to Management levels

Tel- **087 7941932**

ED 12 2023

FOR SALE 21 ACRES OF GOOD AGRICULTURAL LAND - NEAR MACROOM

Contact - **085 - 8147955**

ED 12 2023

FOR SALE Two New Industrial Window- 7x 5 ft.

Contact - **085 - 1442322**

ED 14 2023

CORK HOME MAINTENANCE.IE Painting, Plaster Repairs and more.

Contact John Coughlan: **087 7767553**

ED 14 2023

SUMMER MATHS GRINDS for Higher Level Junior and Leaving Certificate available from Experienced Maths Teacher. Places are limited. Contact: - **087 6304742**

ED 13 2023

FOR SALE : 54 ACRES OF GOOD GRAZING LAND WITH OLD DWELLING HOUSE AND RUINS

5 miles from Sneem on the Valentia Road - just of the Ring of Kerry - set in beautiful countryside with magnificent sea views.

Contact - : **064- 6675961**

ED 12 2023

FOR SALE: MASSIVE QUANTITIES OF THE VERY BEST OF HARDWOOD DELIVERED AT THE BEST PRICE

Contact: **087 - 4350736**



PERMANENT CLEANER REQUIRED FOR KILBONANE NATIONAL SCHOOL

BEGINNING SEPTEMBER 2023.
3 AFTERNOONS/EVENINGS PER WEEK.

Please send your CV (with referees) to:

kilbonaneschoolapplications@gmail.com

Closing date for applications is Thursday 29th June.



LEE VALLEY Outlook

BOOST YOUR
BUSINESS

Advertise with us

CALL DES: **087 6593427**

St. Gobnait's Shrine Ballyvourney



Annual Mass 2023

Sunday 9th July at 3.30pm

Aifreann Bliantiúil
9ú Iúil - 3.30 iar nóin

LICH DO SCITH

PROMOTING IRISH LANGUAGE AND CULTURE

le **Eibhlín Ní Lionáird**
Oifigeach Pleanála Teanga Mhúscraí

Céiliúradh Speisialta 80 bliain don Sagarthóireacht;

A dhaoine uaisle cuireadh Fáilte Uí Cheallaigh roimhe cléir agus tuath in Óstan Ghobnatan i mBaile Mhúirne do ócáid speisialta ag céiliúradh 80 bliain don Sagartóireacht.



Sé a bhí i gceist ná go raibh triúr sagairt atá i mbun a cuid oibre chléirigh i Múscraí ag ceiliúradh Jubilee a gairme Sagartóireachta. An t'Athair Seán Mac Carthaigh Sagart Paróiste Baile Mhúirne, tá sé 30 bliain ina shagart.

An t'Athair Éamon Mac Carthaigh, dearthair leis an t'Athair Seán, tá sé 25 mbliana ina Shagart, agus, An t'Athair Jimmy Green an Riarathóir ar Paróiste Chluain Droichead, tá sé ag ceiliúradh a bheith 25 bliain ina Shagart. Cuireadh tús leis an gceiliúradh le Adhradh na Sacraiminte Beannaithe óna 5.00 i.n - 6.15 i.n i séipéal Ghobnatan Baile Mhúirne. Ansan duirt an triúr shagart aifreann buíochais le chéile.

Tháinig pobal trí paróiste le chéile don ócáid seo, ó Ré na nDoirí agus Cill na Martra, Cuil Aodha agus Baile Mhúirne chomh maith le pobal Chluain Droichead. Taréis na searmanaisí bhí mórshliú againn ón séipéal chun Óstán Ghobnatan le baill de Banna Piob Béal Átha an Ghaorthaidh ag seimint agus ag treorú na slí. Chomh maith leo san bhí triúr fear na dúthaigh ag siúl ós comhair na sluaite le picí móna ar lasadh acu. Bhí sé de proibhléad agamsa bheith im Bhean an Tí don ócáide speisialta agus uathúil seo.

Cuireadh tús leis an oíche nuair a chur Scoil Rince Lorraine Uí Thuama taispeántas agus léargas de rince cruithreach ealaíonta ós comhair an lucht feachanna. Léargas a bhí anseo a bhí bunaithe

ar shaol agus aistir Naomh Ghobnait, chomh maith leis na scéalta béaloidis atá ag gabhail léi. Bhíomar go léir faoi gheasa ag na leanaí a bhí ag rince chomh maith leis an príomh rincoir Orlaith Ní Chróinín a bhí ag léiriú Naomh Ghobnait féin is na scéalta a bhaineann léi tríd a chuid rince driochtúil, is i gleasta i gclocha álainn uaine. Rinne Mairéad Uí Thuama an chlócha seo is caithfidh mé a rá go raibh sé greanta de h-ardchaideáin. Dála an sceil thugh Orlaith an bhonn óir léi i gComórtas Domhanda Rince a tharla le deanaí.

B'iad Muintir Uí Luasa a bhí i mbun ceoil ar an oíche agus deirmse libh nách bhfuil a leithéid ceoltóirí le sarú. Chan Cór Chúil Aodha cúpla amhráin agus gan dabht chuireadar críoch leis an aithris leis an t-amhrán nóála sin 'Mo Ghile Mear'!

Bhí Alan Ó Riordáin i mbun an céilí ar an oíche agus bhí cúpla seana Waltz chomh maith agus rinneas féin is mo Mham ceann le chéile fiú. Dhein an t'Óstán soláistísí a sholáthar duinn go léir is bhíodar blasta go maith. Gearradh ciste comóradh agus tugadh amach blaise de dhuinn go léir.

Ag deireadh na h'ócáide chan an triúr sagart agus a ngaolta is cáirde mar aon linn go léir an 'Salve Regina'. Oíche den scoth a bhí againn go léir i gcuideachta a chéile agus ní déanfar dearmhad ar an ócáide seo i feadh a bh'fad.

Feedback/Suggestions please email communityedsouth@corketb.ie



SOLAS

FIRST ANNIVERSARY



In loving memory of

**ROSE
BARRETT**

**Cork Road, Dripsey who passed
away on the 15th of June 2022.**

One year since I lost you Nan

*I thought of you today,
But that is nothing new,
I thought about you yesterday,
And the days before that too.
I think of you in silence,
And I often speak your name,
All I have now are memories,
And your picture in a frame.
Your memory is a keepsake,
from which I'll never part.
God has you in His arms,
And I have you in my heart.*



Lots of love always
Kevin Rachel Sarah xx

FIRST ANNIVERSARY



In loving memory of

**ROSE
BARRETT**

**Cork Road, Dripsey who passed
away on the 15th of June 2022.**

If roses grow in Heaven

*If roses grow in Heaven Lord
Please pick a bunch for me,
Place them in my Mother's arms
And tell her they are from me.
Tell her I love her and miss her,
and when she turns to smile,
place a kiss upon her cheek,
and hold her for a while.
Because remembering her is easy,
I do it everyday,
But there is an ache within my heart,
that will never go away.*



Lots of love always from
your son Paul & Maeve xx

7TH ANNIVERSARY



Treasured memories
Today and Always

DARRAGH CROWLEY

Masseytown, Macroom,

15 /11/ 1991 - 22/06/2016

*Words cannot describe Darragh
the loss we felt saying goodbye to you,
But Heaven chose to give you wings
And seven years ago you flew.
We wish that we could have had more time,
That God had let you stay.
Forever would not be long enough
But we would take one day.
We wish we had just one more chance,
To see your beautiful smile.
To laugh with you again Dear Darragh,
Just for a little while.
Gone way too soon, but never forgotten,
Forever you will remain,
Our guiding light, our shining star,
Until we see your face again.*

*Remembering you is easy,
We do it everyday
Missing you is the heartache,
That never goes away.*

Love always from Steven, Rachel
and Jayden xxx



*You went away so suddenly
We did not say goodbye,
But brothers can never be parted
Precious memories never die.*

Love always David and Tara xx



Love you always and forever Dar
Dad and Mam

xxxxxx



*Dear Holy God in Heaven
Can you do me a favour?
Would you hug my Dad
And place a kiss upon his cheek
And tell him that its from me?*

Love from Mason
xxxxxx

*The day you left and gained your wings,
My heart just broke in two,
I wish you could have stayed with me,
But Heaven needed you too.
I know I cannot bring you back,
Although I wish it everyday,
But a piece of me went with you,
The day you went away.*

Love always
Brian and Charlie
xxxxxx

6TH ANNIVERSARY



In loving memory of

**MAUREEN
DESMOND
(BATT)**

**Ballymakeera
Died 24th June 2017**

*Go mbeannaighe Dia dhuit
a Ghobnait Naomhtha,
Go mbeannaighe Muire dhuit
is bheannaighim Féin dhuit.
Is chughat-sa a thánag ag
gearán mo scéil leat,
Is a d'iarraidh mo leighis ar son Dé ort.*



Always remembered by her
loving family

**PRAYER TO
THE HOLY SPIRIT**

O God, who by the light of the Holy Spirit, Did instruct the hearts of the faithful, Grant that by the same Holy Spirit we may be truly wise and ever enjoy his consolations. Through the same Christ Our Lord.

**NOVENA TO
ST. ANTHONY**



Blessed Anthony, in spite of many difficulties you were enabled by the Holy Spirit to discover your place in God's plan and to use your gifts and talents in making society a better and happier place for all. Implore the Lord Jesus to grant me suitable employment which may obtain for me an mine a decent livelihood and at the same time be able to live truly human and Christian lives and to be of real service to all people. Amen

**THE MIRACLE
PRAYER**



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer.

THANKSGIVING



ST. JUDE come to my assistance in my need that I may receive the consolation and help of heaven in all my necessities particularly (mention request) and that I may praise God with you and the elect throughout eternity. I promise you O Blessed Jude to be ever mindful of this great favour and I will never cease to honour you as my special and powerful patron and to do all in my power to encourage devotion to you. Amen. Say for 3 days and publish immediately. Favour granted after 3 days.



A Word of Victory

Welcome back dear student "see how very much our Father loves us, for He calls us His children, and that is what we are!" (1 John 3:1 NLT). Happy Father's Day to all the Dad's celebrating this weekend! May the Lord bless you and keep you and give you His favour always as you lead and cover your family (Numbers 6:24-27; Genesis 18:18-19). For those Dads who have found parenting difficult, it's never too late to start praying for your children and learning God's Word to bless your family. "If any man be in Christ, he is a new creation" (2 Corinthians 5:17-21). Call upon the Lord Jesus and He will help you. If you are a father who has abused or hurt your wife or children, you need to repent and get right with God before it's too late! God warns men to cherish and love their wives in the same way that Christ loves the church, and to tenderly love their children and not provoke them or wound them (1 Peter 3:7; Colossians 3:21). Men – this is serious. No-one knows the day or the hour we will meet God, and wronging your wife and children is an open door for generational curse and judgment.

Not every parent was able to love their children. Some died prematurely before they could. Others, for whatever reason were unable, or unwilling to show love to their children. For children who grow up without knowing a father's love it leaves a deep wound. It may be that a father wasn't able to tell his child how much he loved him or her, due to never having experienced it himself; or maybe he just plain treated his child badly by abandoning or abusing them. Whatever the circumstances, fatherlessness or abusive parenting can affect an individual to the point that sadly, it changes the way they view God the Father. People have no problem identifying with Jesus as Brother but God as Father? That can be a different story, and they never understand why, but it co-relates to the relationship with their earthly fathers. A father who wasn't there for his children may cause that child to see God as a far-off, cold entity who doesn't care either, or is someone to be feared as they feared their abusive earthly father. Nothing could be further from the truth!

When the disciples observed the power of God at work in Jesus, they asked Him to teach them to pray to God. Jesus said, "when you pray, pray like this: ...our Father..." (Matthew 6:9). It wasn't a method of connecting with a tyrant that Jesus was showing them, or a babbling repetitive prayer to a worthless idol, but He was demonstrating the power of God is encountered through relationship, with the One Who created us – our Father. Jesus came to restore that relationship with Father God by paying the ransom that was due for our sins with His sinless Blood, so that all of us could be forgiven and brought back into God's family as His sons and daughters, as if we had never sinned - and not only be saved and redeemed, but then used by God to demonstrate His Love to others - our families and children; and also we can be 'spiritual fathers and mothers' to those whose lives we impact every day, by building them up and loving them. "The Lord is like a Father to His children, tender and compassionate to those who fear Him" (Psalm 103:13-18). Good News - Your Father loves you friend!

Bible Study & Prayer every Sunday @ 11am and Thursdays @ 7.30pm in person and on Zoom at Word of Victory Christian Fellowship Killarney - Eircode: V93V6X4.

You can listen to our podcasts on Spotify. Find the links on our Facebook page - Word of Victory Christian Fellowship Killarney, or on Twitter - @WovKillarney.



Check us out on Facebook.

E: wovkillarney@gmail.com | Phone/Text - 087 4471797

FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of

MICHAEL (MIKE) TWOMEY

Dooneens, Inchigeela, Co. Cork
Who died June 15th 2022

As we fondly remember Mike on his first Anniversary his wife Abina and family would like to express our gratitude and sincere thanks to our friends, neighbours and to everyone who sympathised, sent mass cards, online condolences, floral tributes, perpetual enrolments, letters, those who called to the house, dropped off food and attended his wake and his funeral mass. Thanks dearly to those who travelled long distances from Canada, New York and Boston.

Thanks to Doctors Jack and Brendan O'Connell, Dunmanway for taking care of Mike down through the years. Our heartfelt thanks to Fr. Anthony O'Mahony for a beautiful funeral mass and sacristan Marie Noonan for preparing the church.

Special thanks to Cyril and staff at Caseys Funeral home, Garda Deirdre O'Mahony and the gravediggers for their professionalism, advice and kindness. Thanks to Joe, Ann and staff at Creedons Hotel for providing refreshments after the funeral.

As it would be impossible to thank everyone individually, we hope that this acknowledgement will be accepted as a token of our sincere thanks and gratitude.

The Holy Sacrifice of the mass will be offered for your intentions.



Lovingly remembered always by his wife Abina, family Jeremiah, Mary, Michael, Patrick, Julia Anne, Nora, Daughter-in-law Margaret, Sons-in-law Kevin, William & DJ, grandchildren, great-grandchildren, neighbours and a large circle of friends

Mike's First Anniversary Mass is on Sunday 18th June 2023 at 11:30am in Inchigeela Church.

FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of

MARY MC CARTHY

Villa Atina, Gurteenroe, Macroom, Co. Cork
who died on the 15th June 2022.

As we lovingly remember Mary on her first anniversary, we her family wish to express our heartfelt gratitude and appreciation for the support and kindness shown to us during our very sad loss.

A sincere thank you to all our extended family, neighbours and friends who supported us during this time.

Your presence, mass cards, phone calls and online condolences meant so much to us all.

Sincere thanks to everyone who contributed to making Mary's funeral Mass so special.

A very special word of gratitude goes to those who took care of Mary during her time at Kanturk Community Hospital. We would also like to thank Fitzgerald's Funeral Directors for their kindness and professional guidance.

As it would not be impossible to thank everyone individually, please accept this acknowledgement as a heartfelt thank you from us all.

*A silent thought
A quiet prayer
For a special person
In God's Care*



Mary's Anniversary Mass will be held in Macroom Church on Sunday 18th June 2023 at 11:30am

THE MIRACLE PRAYER



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer.

14TH ANNIVERSARY & BIRTHDAY REMBRANCE



In loving memory of

HANNAH O'LEARY

Clodagh, Crookstown.

Who died on 15th June 2009

*Out of our lives you may have gone,
But in our hearts you still live on.*



Loved always by your daughters Sharon, Tina, Linda, Son Kevin, grandchildren and extended family.

2ND ANNIVERSARY



In loving memory of

PEGGY COLEMAN

61 Coleman's Park, Macroom,
whose anniversary occurs on

17th of June 2023

*No matter how life changes,
No matter what we do
A special place within our hearts
is always kept for you.*



Fondly remembered by Noin, Martina, John, Denis and Michael.

2ND ANNIVERSARY



In loving memory of

PEGGY COLEMAN

who died on 17th June 2021

*Your life was a blessing,
your memory a treasure.
You are loved beyond words
and missed beyond measure*

*We wish Heaven had visiting hours
so we could see and talk to you again.
We miss and love you so much.*



Mark, Sharon, Shauna, Gerry, Danny, Eva, Alesha, Alex, Callum & Cillian.

2ND ANNIVERSARY



In loving memory of

EILEEN LUCEY

Dirragh, Renanirree
whose anniversary occurs
on June 20th

*Oh Sacred Heart of Jesus,
I place all my trust in thee!*



Loved & Remembered always
by Con, Máire, Daniel, Denis, Jerry,
neighbours, family & friends.

2ND ANNIVERSARY



Remembered with love

MARGARET MURPHY

Oakwood, Macroom
Died 24th June 2021

*Always in our thoughts,
forever in our hearts*



Sadly missed by her loving family

6TH ANNIVERSARY



In loving memory of

SIMON M. FOLEY

Deshure, Terelton, Macroom
who died on 18th June 2017

*"Somewhere beyond the sunset
Where loved ones never die
You sleep in a beautiful garden
Beneath a golden sky*

*Though heaven and earth divide us
We are never far apart
For you are always in our thoughts
And forever in our hearts"*



Always remembered and loved by
Sheila, Simon, Lisa, Denis, Tina,
Vera, Olga and all your grandchildren.

8TH & 25TH ANNIVERSARIES



In loving memory of

EILEEN O'RIORDAN

Shanballyshane, Kilnamartyra,
Macroom, Co. Cork
Who died on 20th June 2015

*You can only have one mother
Patient kind and true,
No other friend in all the world,
Will be the same to you.
We think of you everyday.*



In loving memory of Eileen's Daughter

CATHERINE O'RIORDAN

Shanballyshane, Kilnamartyra,
Macroom, Co. Cork
Who died on 25th June 1998

*We cannot bring the old days back,
When we were all together,
The family chain is broken now,
But memories live forever.
25 years is a long time.*



Sadly missed by Dan, Florrie, John, Nora and daughter in law Juliet.

THE MIRACLE PRAYER



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer.

THE MIRACLE PRAYER



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer. S.H.

PRAYER TO ST. JOSEPH AND BROTHER ANDRE



O Glorious St. Joseph, you who have power to render possible even things that are considered impossible, come to our aid in our present trouble and distress. Take this important and difficult affair under your particular protection that it may end happily. (mention your request)

O Dear Joseph, all our confidence is in you. Let it not be said that we would invoke you in vain, and since you are so powerful with Jesus and Mary, show that your goodness equals your power.

Amen.
Saint Brother André, we celebrate your presence among us. Your loving friendship with Jesus, Mary and Joseph makes you a powerful intercessor with God, our Father. Compassion carries your words straight to God's heart, and your prayers are answered with comfort and healing.

Through you, from our lips to God's ear, our supplications are heard... We ask to be made a part of God's work, alongside you, in a spirit of prayer, compassion and humility. Saint Brother André, pray for us. Amen

M. H.

PRAYER TO ST. RITA OF CASCIA



O glorious St. Rita, your pleadings before the divine crucifix have been known to grant favors that many would call the impossible. Lovely St. Rita, so humble, so pure, so devoted in your love for thy crucified Jesus, speak on my behalf for my petition which seems so impossible from my humbled position. (Here mention your request). Be propitious, O glorious St. Rita, to my petition, showing thy power with God on behalf of thy supplicant. Be lavish to me, as thou has been in so many wonderful cases for the greater glory of God. I promise, dear St. Rita, if my petition is granted, to glorify thee, by making known thy favor, to bless and sing thy praises forever. Relying then upon thy merits and power before the Sacred Heart of Jesus I pray. Amen.

M.H.

3RD ANNIVERSARY



In loving memory of

MÁIRE MACSUIBHNE

**Killarney Road, Macroom.
Who passed away on 27 June, 2020**

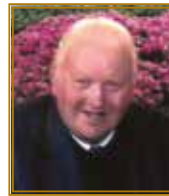
*Dia linn is Muire is Gobnait na cille.
A Ghobnait mhúinte ó Baile Mhúirne,
Tairse chughainn led' chabhair is led' chúnamh.*



Remembered today and always by her loving husband, Seán, children Micheál, Neans, Ella and Séamus, her sons-in-law, Micheál and Aidan, and her grandchildren, Cathal, Laoise, Ava and Aodh and her own siblings, Mairéad, Séamus, Nóra and Mike and their families.

Mass to remember Máire on her 3rd anniversary will be celebrated in Cill na Martra Church on Saturday, July 1st at 4pm.

Father's Day Remembrance & Happy Birthday in Heaven



In loving memory of

DANIEL O'REGAN

Remembering you Dad on Father's Day - 18th June 2023

*Every year on this day
I think of you and smile
I sit back on my own
And remember for a while
All the times we sat and laughed
And all the times we cried
All of the moments we shared together
All of the things we tried
Whenever I miss your laughter
Whenever I feel sad
I look up to the sky and give thanks
That I had such a special Dad
Though you are not here with me
I hope you can hear me say
That I am thinking of you with love
My special Dad on Father's Day.*



In loving memory of

CHRISTINE O'REGAN

Remembering Christine on her birthday which occurs on the 21st June 2023.

*Today would have been a special Day
But now it brings sadness and sorrow
If we could share just one more day
If there was one more tomorrow
But birthdays are a time for reflection
To look over a year that's past
And I can't believe another years gone by
The time, it goes so fast.
But memories of more happier times
In my heart will stay
I'll treasure each and every one
Till we meet again some day
So I'll say Goodbye for now
And blow a kiss to Heaven above
To wish you a Happy Birthday
And send you all my love.*



Always cherished, always loved Michael, Gobnait and Owen xxx

50TH BIRTHDAY REMEMBRANCE



Precious memories today and always

ALAN HEALY

**5 Belmont Pl. Crookstown
18 - 06 - 1973 - 07-11-2004**

*Wishing you were here today Alan
for even just a while
so we could say Happy 50th Birthday
and see your loving smile.
May the angels hold you closely
and sing you a birthday song
and we will be sending loving wishes
today and all year long.*

Happy 50th Birthday Alan.



Sadly missed by his loving mother Noreen, sisters Christine & Caroline & brother-in-law Derek.

14TH ANNIVERSARY



In loving memory of

LIZ LUCEY

**Cornera, Inchigeela.
Who died 23rd June 2009**

*You had a smile for everyone,
You had a heart of gold,
You left us so many memories
That we will always hold.
Down the path of memories
We gently tread today,
Our thoughts are always with you Liz,
Especially today.*



Always remembered and sadly missed by her loving family.

35TH ANNIVERSARY



In loving memory of

NORA SHORTEN

**Ballingeary, Co. Cork
who died on June 11th 1988**

*Time passes by but memories stay.
Loved and remembered every day.*



Always remembered by her loving family and many friends.

11TH ANNIVERSARY



In loving memory of

DON LUCEY

New York and Railway View
Macroom, Co. Cork.

1st April 1970 - 23rd June 2012

Our Lady of Knock
Fold Him in your arms



Always remembered by Mam and all his loving family at home and abroad.

FIRST ANNIVERSARY



In loving memory of

**MARY
MC CARTHY**

Villa Atina, Gurteenroe, Macroom
who passed away on the 15th of
June 2022.

*I think of things you used to say
And all that you would do.
At some point, every single day,
My thoughts will turn to you.
To lose you was a bitter wrench,
The pain cut to my core.
I cried until my tears ran out
And then I cried some more.
This wouldn't be your wish for me
That I'd be ever sad
So I try to remind myself
Of happy times we had.
I know I can't be with you now
And you can't be with me
But safe inside my heart you'll stay;
That's where you'll always be.*



Always missed and always remembered by her loving daughter Margaret and her adoring grandchildren Shane, Don and Noelle and her extended family and wide circle of friends .

May she rest in peace.

**FIRST ANNIVERSARY
AND ACKNOWLEDGEMENT**



In loving memory of

**RICHIE
MC CARTHY**

Ballineadig Farran Co.Cork,
Who died 28th June 2022.

As we lovingly remember Richie on his first anniversary, we his family would like to express our sincere gratitude and appreciation to all those who sympathised with us on our sad loss. To those who attended his removal, funeral mass, sent mass cards and all online condolences, family friends plus neighbours and former work colleagues it gave us great comfort and meant so much to us.

Thank you to Fr Liam Hicki for a beautiful mass and for the many times he called to see Richie in hospital and at home during his illness. (Go raibh mile maith agat) Our sacristan Mary O Callaghan and everyone who helped to make Richie's mass so meaningful.

To Michael Crotty and medical team and Leeview pharmacy Ballincollig, our heartfelt appreciation.

To Crowley's funeral directors and all their staff for the professionalism, compassion and kindness.

Last but not least the Ear, Nose and Throat team in South Infirmary hospital Cork who were so kind and caring to Richie and were always on the end of the phone when we needed them. Thank You.

As it would be impossible to thank everyone individually we hope this acknowledgement will be accepted as a token of our gratitude.

*Perhaps you sent a lovely card
Or sat quietly in a chair
Perhaps you sent beautiful flowers
If so we saw them there
Perhaps you sent or spoke kind words
As any friend could say
Perhaps you were not there at all
Just taught of us that day
Whatever you did to console the heart
We thank you so much whatever the part.*



Always remembered by his loving wife Marie, son Alan, daughters Mary and Aoife, 8 grandchildren, and extended family.

Richie's Anniversary Mass in St John the Baptist Church, Ovens 25th June 2023 at 11.30am.

**FIRST ANNIVERSARY
AND ACKNOWLEDGEMENT**



In loving memory of

**RAYMOND
QUINN**

Codrum, Macroom and late of
Killarney, Co. Kerry
who died on 15th June 2022

As we lovingly remember Raymond on his first anniversary, we his wife Kitty and Family wish to express our appreciation and sincere gratitude to all who sympathised with us on our sad loss. We offer our heartfelt thanks to our extended family, relatives' friends, and kind neighbours, to all who sent mass cards, online condolences, letters, phone calls, emails which were of great comfort to us during such a sad time, we are eternally grateful for your support. We thank all who travelled from far and near to attend Raymond's reposing, funeral mass, and burial. We wish to offer sincere thanks to the nurses and doctors of Sullane Family Practice, the paramedics, nurses and doctors of Cork University Hospital who took good care of Dad. Thanks too to Seamus and all the staff at Haven Pharmacy, Macroom for their kindness and consideration shown to Dad. A special note of thanks to Superintendent Joe Moore and his staff at Macroom Garda Station, many of Dad's Garda colleagues both serving and in retirement who performed a guard of honour and motor escort at his funeral, to the Garda Síochána Retired Members Association for their assistance and support. Thanks to Rory Buckley and the staff at the Castle Hotel who provided food, refreshments and accommodation for those that travelled to the funeral. Thanks to Fitzgerald's funeral directors for their professionalism, kindness and dignity throughout the funeral.

A special thank you to Fr. Joe, O Mahony, Fr. Donal Roberts, Msgr. James O' Donnell, Mr. Ted Sheehan (Sacristan). Thank you to the grave diggers. Finally a special thanks to the people of Macroom and surrounding areas that Dad served as a Garda from 1961 until his retirement in 1994 we acknowledge the kindness and civility shown to him up to the time of his passing. It is almost impossible to thank everyone individually we hope this acknowledgement is accepted as an expression of our sincere appreciation and deepest gratitude.



Lovingly remembered by his wife Kitty, sons: Gerard, Damian, Shane daughter: Helena daughters-in-law: Eilish, Roz, the late and much missed Lorraine and his cherished grandchildren Gearóid, Eoghan, Clodagh.

Raymond's First Anniversary Mass will be celebrated on Friday June 16th at 7.30pm, St. Colman's Church, Macroom.

**CROWLEY
7TH ANNIVERSARY
22nd June 2023**



Treasured memories today and always of our beloved

DARRAGH

*Wonderful memories woven in gold
This is the picture we tenderly hold
Deep in our hearts Darragh,
a memory is kept
To love, to cherish & to never forget*



Too dearly loved to be forgotten
Forever in our hearts

Sadly missed and dearly loved
Nana and Helen
xxx

PRECIOUS MOTHER OF JESUS



Mother of Divine Grace you can find a way, where there is no way. Please hear my prayer and grant me my request.

HEADSTONES Handcut inscriptions, Restoration, Marble Granite, Stone, Slate, Plaques, Books, Boulders cut in situ, Kerbing, Chippings etc. Highest Quality.

Contact - 087 -3528439



FIRST ANNIVERSARY



Loving memories of a dear Grandmother.

ROSE BARRETT

Cork Road, Dripsey who passed away on the 15th of June 2022.

*You were more than just our Nan,
You were our friend up on the hill.
Please know that we are thankful,
for the love that you instilled.
Although you are not with us,
We still keep you very close.
Looking back on all the memories,
and the cards that you had wrote.
We love you Nan forever and always,
you will never be forgotten.
We still see you everyday,
In the form of your favourite robins.*



Loved and remembered always, your grandchildren,
Laura, Caroline and James.

FIRST ANNIVERSARY



In loving memory of a dear Mother and Mother-in-Law.

ROSE BARRETT

Cork Road, Dripsey who passed away on the 15th of June 2022.

*There are angels God put on this earth,
Who care for us, and guide us.
You can feel their love and gentleness,
As they walk through life beside us.
They do great things for us everyday,
they whisper in our ears.
They even hold us in their hearts,
when we are filled with all our fears.
They are always there to give a hug,
and try to make us smile.
They treat us with respect and love,
they treat us like their child.
God bless me with an angel,
I'm proud to call my own.
She's been with me throughout my life,
being with me as I've grown.
She's guided me the best she can,
She's taught me like no other.
I am thankful I am the lucky one,
Who gets to call her... 'MOTHER'.*



Always remembered and loved by your loving son, Jim and Daughter-in-law, Catriona.

FIRST ANNIVERSARY



Loving memories of a dear Sister and Aunt.

ROSE BARRETT

Cork Road, Dripsey who passed away on the 15th of June 2022.

*No matter how life changes,
no matter what we do.
A special place within our hearts,
is always kept for you.*



Lovingly remembered Pat, Bob and Vicki.

FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of

ROSE BARRETT

Cork Road, Dripsey, Co.Cork, who peacefully passed on the 15th of June 2022.

As we lovingly remember Rose, we her family wish to express our sincere gratitude and appreciation for the support and kindness shown to us during our very sad loss of our beloved Mother, Grandmother, Sister and Aunt. We are deeply grateful to our extended family, wonderful friends and neighbours and all those who sympathised with us, attended the mass, burial and watched online.

A special thanks to all those who sent flowers, mass cards, enrolments, letters of sympathies and condolences online. Thanks to the doctors, nurses and staff of Tower Medical Centre, the team in Pharmacy, First Plus Tower and the Mercy Hospital for the wonderful care given to our mother.

Thanks also to the management and staff of the Auld Triangle for taking such good care of us on the day. A sincere thanks to Crowley's funeral directors for their kindness, advice and professionalism and finally a heartfelt thanks to Fr. Peadar Murphy for such a meaningful Mass and all his kindness and support to us as a family. Thanks to everyone who contributed to our mothers mass, it was very much appreciated.

As it would be impossible to thank everyone individually, we hope that this acknowledgement will be accepted as an expression of our deepest gratitude. The holy sacrifice of the mass will be offered for your intentions.



Our mothers First Anniversary Mass will commence on Saturday the 17th of June 2023 @ 6.00pm in St.Patrick's Church, Coachford.

2ND & 17TH ANNIVERSARY



In loving memory of

TIMMY & JOHN KELLEHER

**Gortanemill & Macroom
Whose Anniversaries occur at this time**

*There is no night without a dawning,
No Winter without Spring,
And beyond death's dark horizon
Our hearts once more will sing.
For those who leave us for a while,
Have only Gone away
Out of a restless careworn world
Into a 'Brighter Day'.*



Lovingly Remembered by Elsie, Willie and Families.

THANKSGIVING



ST. JUDE come to my assistance in my need that I may receive the consolation and help of heaven in all my necessities particularly (mention request) and that I may praise God with you and the elect throughout eternity. I promise you O Blessed Jude to be ever mindful of this great favour and I will never cease to honour you as my special and powerful patron and to do all in my power to encourage devotion to you. Amen. Say for 3 days and publish immediately. Favour granted after 3 days.

FIRST ANNIVERSARY



Loving memories of a dear mother, mother-in-law and grandmother.

ROSE BARRETT

Cork Road, Dripsey who passed away on the 15th of June 2022.

*You are in our thoughts and in our hearts,
yet it is very true.*

*There is never a day that passes,
that we don't think of you.
You left us all an emptiness,
because we were so blessed.
To have a wonderful mother and Gran,
You were the very best.
Though we can no longer see you,
Or feel your tender touch.
Please know that as a family,
We loved you so very much.
Thank you for the memories,
and for being you, and until we meet again,
May the lord take good care of you.*



Always in our hearts and prayers. Your loving daughter Anne, Son-In-Law Paul, Grandsons, Dara and Adam.

20TH ANNIVERSARY



In loving memory of

MOLLY LEHANE

**Bridelands, Crookstown
and late of Terelton
who passed away 19th June 2003**

*Those who think of Molly today
A little prayer to Jesus say.*



Fondly remembered
by the Leahy family

May she rest in peace.

19TH ANNIVERSARY



In loving memory of

**CON
O'DONOGHUE**

**Ballymakeera
Who passed away on the
21st of June, 2004**

*"Never more than
a thought away,
loved and remembered
everyday.*



Sadly missed by Patsy and family,
brother, sisters, in-laws and
Grandchildren, Kevin, Ronan, Marykate,
Ella, Joe, Lucie & Mikey

3RD ANNIVERSARY



In loving memory of

**JACK
COLEMAN**

**Ballincollig and Macroom
Whose 3rd Anniversary occurred on
the 9th of June**

*We never knew that morning
What sadness the day would bring,
When a heart of Gold stopped beating
And we couldn't do a thing.*



Always Remembered and Deeply Loved
by his wife Eileen, his sons Eric and Dean,
Eileen's girls and all the Coleman Families.
Sadly missed everyday.

Rest in Peace.

**FIRST ANNIVERSARY
AND ACKNOWLEDGEMENT**



In loving memory of

**JOHN
O'SULLIVAN**

**Ballinagree,
who died on 26th June 2022.**

As we fondly remember John on his
first anniversary, we his family wish to
acknowledge and express our sincere
gratitude and appreciation to all who
sympathised and supported us
during the past year.

A sincere thank you to all our family, very
kind neighbours and friends who called
to our house with refreshments, helped
with catering, managed traffic and
parking or helped out in any way.

To those who attended prayers, removal
and funeral, sent Mass cards, Mass
enrolments, letters of sympathy and
online condolences. Thanks also to the
Palliative Care Team, University Hospital
Kerry for their excellent care to John. A
sincere thank you to Monsignor James
O'Donnell and Canon Donal Roberts and
to Fr. Joe O Mahoney for the beautiful
funeral ceremony, to Jerry Doody for his
wonderful singing and to the sacristan
Nora. Sincere thanks to Tarrants Funeral
Directors for their professionalism,
guidance and support.

As it is impossible to thank everyone
individually, please accept this
acknowledgement as a token of our
gratitude and appreciation.



In grateful appreciation,
Dan and Kathleen O'Sullivan & family.
Lovingly remembered by all his cousins
and their families.

First Anniversary Mass will be held on
Friday June 30th at 8pm in St. John the
Baptists Church, Ballinagree.

REMEMBRANCE



In loving memory of

**EUGENE
MCCARTHY**

**Who passed away on
13th of December 2013**

Lower Bellmount, Crookstown

Remembering our parents Eugene and Nora.

Treasured memories of you both.



Remembered by your loving family.



**NORA
MCCARTHY**

**Who passed away on
13th of June 2021**

5TH ANNIVERSARY



In loving memory of

**DONAL
CREEDON**

**Droumreague, Kilnamartyra
Who died on the
17th June 2018**

*Those who we loved, don't go away
They walk beside us everyday
Unseen unheard but always near
Still loved still missed still very dear.*



Always remembered by
his loving family.

MEMORIALS

LEE VALLEY OUTLOOK

**IMPORTANT
NOTICE**

**Please email image and typed text to
leevalley@outlookmags.com with a contact number
or post to Outlook Magazines, Castleisland, Co. Kerry.**

Email is preferred to return a proof to avoid errors.

Call 087 1210959 or 087 6593427 | Freephone: 1800 71 40 40

**Full Column: €70
Regular Column: €35
Prayers: €15 each**

Disclaimer: Published by Outlook Publications Ltd., Tralee Road, Castleisland. Tel: 066 7142179. The Copyright of the graphics, designs and listings is held by Outlook Publications Ltd. While every effort has been made to ensure the information published is correct, Outlook Publications Ltd cannot be held responsible for any errors, omissions or incorrect listing.



DUNMANWAY, CO. CORK

SERVICES:

- Domestic & Commercial new build / replacement work undertaken
- Upgrade and maintenance work
- Trusted & experienced installers
- Palladio composite doors
- Apeer composite doors
- uPVC frames
- Thermally broken aluminium frames



Energy Efficient Windows, Doors, Sunrooms & Porches

Call us today on **023 8845868** For a Quotation

info@weathermaster.ie | www.weathermaster.ie

**FROM FLAT ROOF,
GROUDMOUNT, TILE ROOF,
SLATE ROOF**
We do it all!!

With the fabulous weather we're having at the moment, our current customers who have had Solar PV installed in the past year, are seeing a huge saving on their electricity bills.



JM Energy Savings Ltd.

John Moynihan, Ballingearry, Co. Cork. | T: 086 3742260 | www.jmenergy.ie