

# LEE VALLEY Outlook

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Diarmuid Cohalan speaking at the Cohalan burial plot in Kilmurry graveyard at an Independence Museum Field trip. © Peter Scanlan

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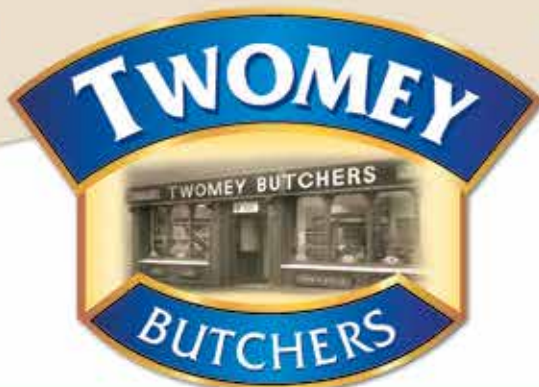
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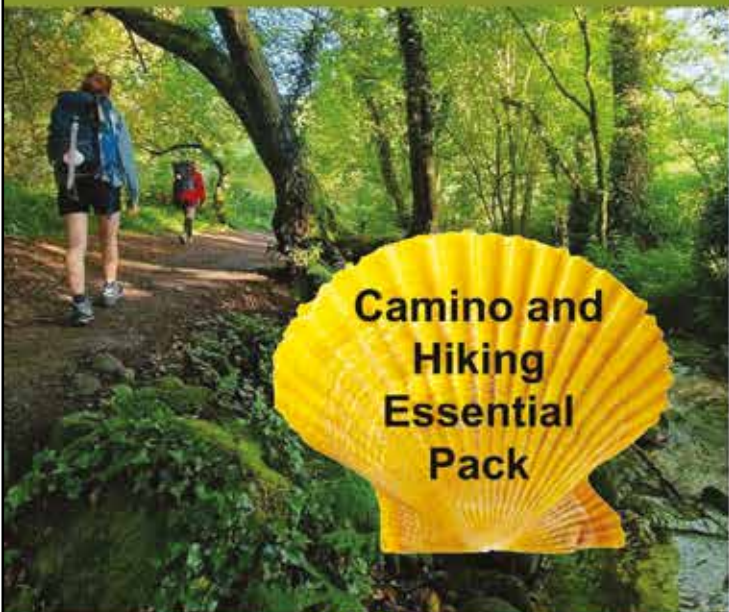


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# Get in Touch...

Don't be a stranger If you have an article, photo or story you wish to share, email: [leevalleyoutlook@macroom.ie](mailto:leevalleyoutlook@macroom.ie)

If you cannot access physical copies, the LVO can be viewed online at: <https://www.outlookmags.com/archives/lee-valley-outlook/>

We are a bi-weekly magazine; therefore, submissions must be on the Sunday before publication at the latest, if you want a piece included in the following week's edition. Due to print processes, late submissions will be published in the following edition.

As always submissions as Gaeilge are always welcome too!

**For Advertising email Des. E: [des@outlookmags.com](mailto:des@outlookmags.com)  
Mobile: 087 6593 427**

## MACROOM FLOWER & GARDEN CLUB



Macroom Flower Club Garden visit May 2023

Macroom Flower & Garden Club May Social Evening & Garden visit took place recently to glorious weather. The guided tour of private garden with its burst of colour was invigorating, prompting us to get out planting and tending our own gardens. We look forward to many more Summer days outdoors and would like to thank the owner for imparting such wonderful knowledge on trees, plants while remaining very much in touch with nature. Next event Annual outing for Members Saturday July 1st. Please confirm as soon as possible to ensure your place, further details contact 087-9821708.

## Note from the editorial team...

If your parish is holding a Eucharist Procession this year, reports and photos are always welcome for publication in the Lee Valley Outlook.

We love hearing local stories, opinions and events - current or historical, if you would like to submit an article as bearla nó as gaeilge, please feel free to email us here on [leevalleyoutlook@macroom.ie](mailto:leevalleyoutlook@macroom.ie), we would love to hear from you.

*Go raibh maith agaibh, Peter & Gráinne*

## A SPECIAL CELEBRATION

### ORDINATION ANNIVERSARIES

A very special and unique celebration will take place in Ballyvourney Church on Sunday 11th June when three priests will celebrate jubilee celebrations of their ordination to the priesthood.

An t Ath Sean McCarthy, Sagart Paróiste, Baile Bhuirne will celebrate 30 years of priestly ministry, his brother Rev Eamonn McCarthy will celebrate 25 years of priestly ministry. Both brothers will be joined by Rev Jimmy Green

Clondrohid who will also celebrate his 25th anniversary of priesthood.

The celebrations will begin with adoration of the Blessed Sacrament from 5.00pm until 6.00 pm and will be followed by a Concelebrated Mass of thanksgiving at 6.30 pm.

There will then be a celebration at the Abbey Hotel Ballyvourney where refreshments, music, singing and dancing will round off what promises to be a memorable event.

While Fr Sean and Fr Jimmy are well known

to the parish communities of Cill na Martra, Clondrohid and Ballyvourney Fr Eamonn would also be remembered with great fondness by Muintir Maigh Chromtha where he served for some years as curate and is also a well-known voice on Radio Maria over the past six years.

There is an open invitation to parishioners from all three parishes as well as family and friends to attend all of the celebrations on the night .



Pupils from Kilbarry NS on their First Holy Communion Day outside Inchigeela Church.



Children from Tirelton NS who received their First Holy Communion in Toames church

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Ed 11 - 1st June  
2023

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**WWW.MACROOMMUSICFEST.IE**    

LEE VALLEY ENTERPRISE BOARD



# Macroom Library

**Open Hours** 9.30 am – 5.30 pm from Tuesday – Saturday. Closed on Monday and Sunday. Also closed on the Saturday of Bank Holiday weekends.

**Phone:** 026 42483

**Email:** macroom.library@corkcoco.ie

## UPCOMING EVENTS AT MACROOM LIBRARY – ALL ARE FREE TO ATTEND.

### THE FIRST FRIDAY WRITING GROUP

The First Friday Writing Group will meet on Friday June 2nd at 11am.

### ADULT BOOK CLUB

Adult Book Club will meet on Wednesday June 7th at 11.30am to discuss the novel *The Book of Two Ways* by Jodi Picoult.

### MUSIC MORNING

Due to popular demand, Music Morning will continue through the summer and will next take place on Friday June 9th at 11am. If you



Ramon Muntjewerff presents the Rory Gallagher Exhibition, which is a fantastic collection of official signed photos of Rory and other music stars by famous Dutch photographer Govert de Roos.

have a favourite song that you would like to hear played, please bring along a CD with the song on it and arrive in plenty of time before Music Morning begins so your song can be added to the playlist.

### BRIDGE CLUB

Bridge Club will meet on Wednesday June 14th

at 10am.

### PURLIES KNITTING GROUP

Purlies Knitting Group will meet on Thursday June 15th at 11.30am.

### STORYTIME

Storytime on Saturdays at the new time of 11.30am.

### BANK HOLIDAY CLOSURE

Macroom Library will be closed on Saturday June 3rd due to the Bank Holiday weekend and will re-open again on Tuesday June 6th.

### ART EXHIBITION

Ramon Muntjewerff presents the Rory Gallagher Exhibition, which is a fantastic collection of official signed photos of Rory and other music stars by famous Dutch photographer Govert de Roos. The exhibition will be on display in the library from Saturday May 27th until Saturday July 1st so please call in to have a look whenever you're passing by.



May has been a very busy month for the tidy towns. The Submission for this year's tidy towns competition had to be in for the 10th of May, with judging taking place June, July and August. On the 19th to the 28th of May it was biodiversity week, we put on a scavenger hunt and a photography competition on Facebook so the public could be involved in the week. The Macroom town Anti-Litter competition which includes a specified estate in each judging period, started on the 15th of May including Oakwood estate, the 29th of May including St Colmans Park and finishes, including Meadowlands on Wednesday the 21st of June. Some estates in town were chosen to take part in NoMowMay, it's a national campaign to tell people not to mow their lawn in May so they can help our native wildlife.

The tidy towns can also be followed on Instagram at macroomtidytowns and twitter at @macroomtt.

The Tiny Feet Fairy Garden Is always looking for donations of books for the reading corner, pick up and queries can be organised at 087-1434770. Starting on the 10th of June there will be a reading hour taking place in the fairy garden during the summer months, with a few surprises along the way. It will be from 2-3 and will be a weather permitting event, parents will have to stay for the duration of it. For further queries contact 087-1434770. Keep an eye on social media as well.



Children from St Enda's NS, Kilnadur and Dromleigh NS who received their First Holy Communion from Fr. Anthony in Toames church recently.



Children from Inchigeela NS who recently received their First Holy Communion recently.



Pupils from 5th and 6th class in Carriganimma N.S who received their Confirmation from Bishop William Crean. © Peter Scanlan



Staff, Catherine, Nesta and Aisling await the Minister. Pic Con Kelleher

Pictured below: The Nora Twomey Memorial Vintage Car/Tractor/Motorbike Run and Walk held at Kilnamartyra GAA Grounds to support Marymount Hospice, Cork.





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# MCEGAN COLLEGE



Padraig O'Driscoll leading the Leaving Cert Students into their Graduation Ceremony recently.



Leaving Certificate Class of 2023 at their graduation ceremony in McEgan College where they celebrated with Family and school staff.



Miss Elaine Morris with 5th Year Students during their recent trip to Dingle Gaeltacht.

As we come to the end of the academic year there were several reasons to celebrate and reflect on what has been an excellent year for McEgan College.

### RETIREMENT

This year sees the retirement of Mr. Michael Healy who became a full-time teacher in McEgan College back 34 years ago in 1989. The school principal of the time was D.C O Mathúna and there were 13 full time and 2 part time teachers on staff. On Friday 19th May 2023 the school community gathered in the Assembly area to give a rousing send-off which included the staff and students singing loudly "The boys from Kilmichael". After the school day finished, present and past staff gathered in Mai Fitz's, Lissarda, for a meal and evening of reminiscences on Michael and his time in McEgan. We wish Michael well in his retirement no doubt his garden will flourish, and he will continue with his love of local and national History.

### LEAVING CERT GRADUATION

The class of 2023 are now busy with revision as they approach the Leaving Cert exams starting on June 7th. We wish them all the very best of luck in their exams. To celebrate their time in McEgan there was a very special and deeply personal ceremony in the school assembly on May 17th. The students co-designed this very special event with Ms. Warren during RE studies class. Symbols which held special significance

to the group were brought forward. Poems, prayers and special reminiscences were spoken by the students. Ms. Lynam and other guests including former Deputy Principals Mrs Margaret Corkery & Mr. Iggy Dineen gave some words of wisdom to the students as they embark on the next chapter of their life. Mr. Padraig O'Driscoll gave the students a big surprise as he escorted them into the assembly with some bagpipe music. The ceremony was followed by a reception for students their families and staff hosted by TY students and Ms. Burke.

### ACTIVITIES OVER THE PAST TWO WEEKS

It's been a very active few weeks for students in McEgan. 2nd Years had a day out in Farran Wood at ZIPIT . Great fun was had by all.

Junior girls soccer team made the journey to Cobh recently to compete in a blitz. The girls drew their opening match and competed very well in the remaining two matches. Well done to all and to Ms Fitzgerald for training the girls throughout the year.

Room 22 students went to Ballycotton which included a boat trip. The sun shone and the students and staff have a lovely picnic on the beach afterwards.

5th Year students went to Dingle Gaeltacht for a day which included a visit to the aquarium and a trip on a boat. Our European students were delighted to see the beautiful Dingle peninsula

and experience a day in the Gaeltacht.

On Tuesday 23rd May McEgan College Cycling Ambassador Niamh O Callaghan with the help of fellow TY students & Mx Murphy organised an activity morning for 1st 2nd & 3rd Yr students. This included a cycle, scoot or rollerblade through the Castle Demesne followed by Mr Cool's fabulous ice cream cones. Well done to all the students who took part.

On Wednesday 24th The whole school took part in a 5Km run/walk in aid of Pieta House which was organised by 5th Yr LCVP class under the guidance of Mrs Dineen. The funds raised will be used by Pieta house charity to supply counselling for those families who have been affected by suicide.

### END OF YEAR

To all McEgan Students who are about to start the Leaving Certificate and Junior Certificate exams we wish you all the very best for the exams. We are extremely proud of the great work that you each have done in preparation for these exams.

To those European students who joined our school for the academic year 22/23. You have added very much to our school by your presence and engagement in school life. Good luck to you all as you return to your families and friends.

We hope all our students and their families have a safe and enjoyable summer break.



European Students Alessandro Serra, Alice Pedrotti & Martina Taccolini on their recent trip to Dingle Gaeltacht. The three girls enjoyed their year in McEgan College & Macroom learning English and enjoying the Irish Lifestyle.



Students Jack Fitzgerald, TUI Shubart Adam O'Keeffe Ronan O'Neil & Fiachna McCarthy in background during Bike Day on May 23rd.



Student Council members who presented Mr. Healy with a plant and Card from the student body . L to R Noe Kollar, Oliwia Raba Mr. Michael Healy, Matt Murphy & Nour Mestou.



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# Leabharlann Bhaile Bhúirne

## LIBRARY DATES FOR YOUR DIARY

- ° Knit, Craft & Chat Group Every Tuesday 11am to 12.30pm
  - ° Closed Saturday 3rd June – Public Holiday Weekend
  - ° Library Book Club Friday 9th June 11am to 12pm
  - ° Cruinniú na nÓg UKULE-LE-CHÉILE 10th June – see details below.
  - ° Creative Writing Group Friday 16th June at 4.00pm
  - ° Book Swap - Saturday 17th June 2pm
- Please confirm meetings/events with the library on 026 45767 during opening hours

I've often thought that the nicest smell in the world is that of freshly cut grass. I cannot understand why none of the wonderful European perfume houses have produced Eau de Herbe fraîchement Coupée – or here of course it would be Uisce ó Féar Úr Gearrtha. Whatever you decide to call it I would call it The Scent of Summer. I do remember in the 1970's on a visit to London, where my older brother and sister were allowed explore Carnaby Street, but as I was only 9 I had to stay with Mum and Dad, I found a lovely perfume called Meadow Sweet which I bought as a gift for my sister, it was the nearest thing to fresh cut grass I ever got, in a bottle. So needless to say, I like the grass cutting season for its smell alone. Now maybe if I was the one pushing the mower around the garden, studiously avoiding anything the bees and pollinators lay claim to, I wouldn't be so enthused about the smell but as I explained to you in the past, I am an armchair gardener. I watch while himself does the grass cutting. Or today I'm sharing my thoughts with you while he takes advantage of the good weather to cut the grass and water our new shrubs, the spuds, peas and onions. I've given up on the slug infested rhubarb and have just given the slugs more beer to slake their thirst. I have the most intelligent slugs, they can swim!

Another lovely thing that starts in June is the annual Summer Stars Reading Programme for children. Over the next few days I will be busy making up registration packs ready for all of the children who want to register. The packs will include your registration card, where you can keep track of what you read, a bookmark to keep track of where you are in your book and some other bits and pieces to help you get started on your Summer Stars adventure. This is not a competition, it doesn't matter if you read one book or 101 books, the whole idea is to never be bored during the Summer because you can always pick up a book

and read, or you can write a book review or draw a picture illustrating a book you've read. Whatever you do show it to me in Leabharlann Bhaile Bhúirne and you never know, I might have a few spot prizes tucked away that I'll award for effort. Leabharlann Bhaile Bhúirne has recently received a big delivery of books to add to the junior section so you will have lots of books to choose from including Dog Man, Tom Gates, Bunny VS Monkey, Dialann Duradain, Wimpy Kid, Dónall Dána and many others. So make sure to register for Summer Stars at Leabharlann Bhaile Bhúirne soon.

Ireland is the first, and only, country in the world to have a national day of free creativity for children and young people under 18. Cruinniú na nÓg is a flagship initiative of the Creative Ireland Programme's Creative Youth Plan to enable the creative potential of children and young people. The inaugural Cruinniú na nÓg took place on 23rd June 2018 and for the past number of years, including under exceptional circumstances in 2020, young people and families have come together to enjoy, a wide range of creative activities including workshops and tutorials to recitals and readings in every city, town and village across the country. Delivered in partnership with the 31 Local Authorities and supported by RTÉ, you are invited to participate in a programme of fun, free, creative activities; from graffiti art workshops to stop-motion animation, to coding and architecture workshops!

Is í Éire an chéad tír, agus an t-aon tír ar domhan, ag a bhfuil lá náisiúnta cruthaitheachta saor in aisce do leanaí agus do dhaoine óga faoi bhun 18 mbliana d'aois. Tionscnamh suaithianta den Phlean um Óige Chruthaitheach agus den Chlár 'Éire Chruthaitheach' is ea Cruinniú na nÓg chun cumas cruthaitheach leanaí agus daoine óga a chumasú. Reáchtáladh an chéad Chruinniú na nÓg an 23 Meitheamh 2018 agus le roinnt blianta anuas, lena n-áirítear i gcúinsí eisceachtúla in 2020, tháinig daoine óga agus teaghlaigh le chéile chun taitneamh a bhaint as réimse leathan gníomhaíochtaí cruthaitheacha, ina measc sin bhí ceardlanna agus ranganna teagaisc agus aithrisí agus léamha i ngach cathair, baile agus sráidbhaile ar fud na tíre. I gcomhpháirtíocht leis an 31 Údarás Áitiúil agus le tacaíocht ó RTÉ, tugtar cuireadh duit páirt a ghlacadh i gclár gníomhaíochtaí spráilúla cruthaitheacha saor in aisce; ó cheardlanna ealaíne graifítí go beochan íomhá ar íomhá, go ceardlanna códaithe agus ailtireachta!

**Leabharlann Bhaile Bhúirne is celebrating Cruinniú na nÓg on 10th June with an exciting and fun UKULE-LE-CHÉILE Workshop.** Kevin McNally of the West Cork Ukulele Orchestra will lead two workshops in Leabharlann Bhaile

Bhúirne. One will be for complete beginners and the second is for those of you with a little experience who would like to build on that. If you have your own ukulele, bring it along but we will have some ukuleles available for those of you who do not have one. To register for these workshops please log on to [creativeireland.gov.ie](http://creativeireland.gov.ie) chose Cork as the location and scroll to UKULE-LE-CHÉILE and choose which workshop you are interested in. I'm really looking forward to a lovely musical event. The ukuleles we have are on loan to Leabharlann Bhaile Bhúirne from the Cork County Library A Sound Initiative scheme, so if you want to borrow a ukelele at any stage to see if you like the instrument before you purchase your own you can borrow through this service and there are lots of other instruments available in this way – violins, guitars, accordions, banjos, concertinas etc just enquire at the library.

I'd like to take this opportunity to thank all the people who supported the Leabharlann Bhaile Bhúirne events that were held during May. All the members of the library groups who come to the library weekly or monthly to knit, craft, read, write and chat, thank you for supporting Leabharlann Bhaile Bhúirne. I'd also like to thank Garda Orla Doyle, Marie Nolan and Steve Walker who recently gave very interesting information talks in Leabharlann Bhaile Bhúirne. Please continue to support your local library as it is a wonderful asset to the community.

N.B. Leabharlann Bhaile Bhúirne will be closed on Saturday 3rd June as it's a Public Holiday Weekend. Have a lovely weekend and best of luck to all the students starting exams in June. Ádh mór le do chuid oibre.

***I love the ukulele. It's got a beautiful, melodic tone to it. There's something innocent and romantic, and it's just a grand instrument to play.***

**- Pierce Brosnan**

## AM OSCAILTE /OPENING HOURS

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\* Dúnta gach Luan agus Déardaoin  
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De La Salle Transition Year Students receiving their certificates





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*The Auld Triangle would like to sincerely thank all our valued customers for an amazing year so far!*

*As we move into Summer, we want to give our dedicated staff the opportunity to take some well-deserved annual leave.*

*This means we will be closing the restaurant for food from Wednesday 7th to Sunday 11th of June inclusive.*

*Our cosy bar will continue to be available for drinks.*

*We look forward to seeing you all over the coming season!*



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# MACROOM GIRL GUIDES



**Pictured above: Ardilaun Ladybirds and Ardilaun Brownies having fun with Cycle Sense**



**Pictured Right: Emily Mehigan of Macroom Girl Guides addressing the EU conference in Dublin on the "European Child Guarantee: Experiences from across Europe".**

On Tuesday 23rd May 2023, Emily Mehigan a member of Ardilaun guides and McEgan Senior Branch travelled to Dublin to attend a conference on the "European Child Guarantee: Experiences from across Europe". Emily represented the National Youth Assembly at the conference and addressed the delegates on the topic of Social Exclusion.

The European Child Guarantee aims to ensure that every child in Europe at risk of poverty or social exclusion has access to the most basic of rights like healthcare and education. Most Member States have developed National Action Plans, with Ireland's approved by Government last summer.

Senior official and policy experts from 23 EU Member States attended the conference for a series of discussions on their country's experiences of combating child poverty and fostering equal opportunities.

Speakers included Kevin McCarthy (Secretary

General, Department of Children, Equality, Disability, Integration and Youth), Jiri Svarc (Head of Unit, DG Employment, Social Affairs and Inclusion, European Commission), Lara Hynes (Assistant Secretary General (Child Policy), Department of Children, Equality, Disability, Integration and Youth), and Anna Visser (Head of Unit, Child Poverty and Well-being Programme Office, Department of Taoiseach).

Emily and another member of the National Youth Assembly addressed the delegates and sat on a panel for their respective topics. Emily spoke on Social Exclusion and of the fact that not all children, individually or whole groups, have the same opportunities as others. For complex reasons they may not have the chance to have their voice heard or to access the same opportunities as their peers. She spoke of how she sees the impact of social exclusion and what could make the biggest difference in

tackling this problem. Emily also highlighted in her speech that she is a member of Irish Girl Guides, an organisation that promotes inclusion and allows all girls and young women to avail of fantastic opportunities.

Ardilaun Ladybirds. Ardilaun Brownies and Ardilaun Guides

On Monday 22nd May 2023, as part of Cork Bike Week, Cycle Sense visited us to provide cycle training to Ladybirds, Brownies, and Guides. As in previous years they ran three one-hour sessions so that everyone got maximum benefit from their expertise. The sessions started with correct helmet wearing, saddle height, looking after your bike and continued with cycling technique, cycle safety, safe braking etc. The girls were able to bring their own bikes and helmets and Cycle Sense also had bikes and helmets available to use.



**Children from Phyll's Preschool, Bealnamorrive, enjoying a visit from Garda Carmel and Garda Noelle from Macroom Garda Station.**



**Céad Chomaoine Bhéal Átha'n Ghaorthaidh**



**On Tuesday 16th May pupils from 1st - 6th class cycled from Muinefliuch N.S to Bawnmór crossroads with the garda escort and the infant pupils walked this route. Many thanks to Garda Callanan for assisting us on the day**



**Pupils from 5th and 6th class in Muinefliuch N.S who received their Confirmation from Bishop William Crean. © Peter Scanlan**



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# DE LA SALLE College Macroom



De La Salle Leaving Certificate Class 2023



Transition Year Students receiving their certificates

## LEAVING CERTIFICATE GRADUATION

Our Leaving Cert Class of 2023 graduated on Tuesday, May 23rd. Over the past six years, these young men have displayed outstanding character. They were diligent, focused, attentive, and engaged in every class, leaving with a smile and saying thank you each day. We are certain that they have forged strong friendships and discovered lifelong companions among themselves. This year's class was notably kind and funny, filled with unique personalities, and as a staff, we will truly miss them. We wish them the best of luck in their exams in June and in all their future endeavours. They concluded their last day of school with a soccer tournament and food kindly provided by Vals Takeaway. Special thanks to Mr. Shane Ryan and Ms. Eva Dunne for organising it.

## TRANSITION YEAR

The Transition Year classes received their certificates on Friday, May 19th, following an eventful school year. The boys actively participated in a wide range of activities throughout the year. We would like to thank the students for their willingness to engage and congratulate them on their excellent participation throughout the school year.

## GAISCE AWARDS

Congratulations to our two transition year pupils, Paul Kelleher and Filip Swiatko, who received their Gaisce Bronze President Awards this week. The award involved 10 weeks of community involvement, 10 weeks of learning a new skill, and 10 weeks of physical activity.

Paul volunteered with the Macroom Tidy Towns, took up art as a new skill, and chose cycling as his physical activity.

Filip also volunteered with the Macroom Tidy Towns. He then took up video editing as his skill and started attending a local gym for his physical activity.

## DE LA SALLE DIGEST

This year our Fourth Years came together to create a magazine called "The De La Salle Digest". With their pens and cameras in hand, they ventured into the bustling streets of Macroom town, interviewing local businesses and delving into the stories behind them. The boys not only honed their journalistic skills,

but also developed an appreciation for the importance of community ties. Through the pages of their magazine, they showcase the rich tapestry of local enterprises, shedding light on the hard work that keeps our community thriving. This fantastic initiative was co-ordinated by Ms Laura Collins, Ms Michelle Healy, and Ms Ciara Creedon.

The articles will be posted to the De La Salle Facebook page over the coming weeks.

## SPORT

### ATHLETICS

The De La Salle Junior Cross Country Athletics team had a highly successful year. They achieved victory in both the South Munster and Munster championships, and their remarkable performance led them to an impressive fourth place in the All-Ireland championships.

Mark Duggan Memorial Cup:

Our first-year students took part in the annual soccer tournament held in memory of Mark Duggan, a former pupil of De La Salle. Organising this tournament in his honour has been a tradition for several years. The tournament spanned two weeks, where all teams exhibited fantastic commitment and skills. It culminated in a thrilling final that went all the way to penalties. Congratulations to Team E on their victory.

### JIM QUINN MEMORIAL 5K

Our annual Jim Quinn Memorial 5k run took place on Tuesday afternoon. Jim was a tremendous supporter of our school's Athletics' team and would coach our aspiring athletes during their P.E. class. This year, some of our Transition Year students were responsible for co-ordinating the 5K fun run with the support of the 2nd Year P.E. teachers. Rory McElroy was the first to cross the finish line, and Jim's grandson, Gearóid Quinn, kindly presented the trophy to Rory on the day.

U14 Hurling Team:

On May 18th, our U14 Hurlers competed in the Semi-Final of the Cork Colleges County Championship against a strong team from Scoil Mhuire Gan Smal, Blarney. The game was evenly contested in the first 15 minutes, but Blarney gained control with a series of fortunate goals, building a commanding lead

by halftime. Despite this setback, the Macroom boys demonstrated the De La Salle team's fighting spirit and narrowed the gap to 4 points with 5 minutes remaining. However, Blarney managed to hold their lead and won by 6 points, with a final score of 6-2 to 5-11. Well done to Ms Michelle Healy and Mr. Kevin Kelleher for coaching the hurling teams throughout the year. The future looks promising.

## SENIOR FOOTBALL

For the past eight weeks, our senior footballers have actively participated in a comprehensive strength and conditioning program. Remarkably, half of the sessions were scheduled before school at 7:00 in the morning, demonstrating the unwavering commitment of these young men. The program was delivered by Paudie Kissane, a former Cork senior footballer and an accomplished All-Ireland medal winner. Paudie skilfully guided the lads through each exercise, emphasising the importance of controlled execution and ensuring they grasped the concepts easily. He also imparted valuable knowledge on the best practices for enhancing their performance. We hope that the lads will apply the lessons learned from Paudie to their respective clubs throughout the summer. We extend a heartfelt appreciation to Paudie for providing such a valuable service.

Macroom History Society

On Monday, the 22nd of May, some of our history students took part in the first-ever Macroom History Society Showcase at the Castle Hotel. We had eight projects on display from De La Salle, alongside many others from schools in the Macroom area. We had the opportunity to talk to many politicians, historians, and the local public about our project. It was a great experience for the lads who participated. We would like to thank our teachers, Ms. Collins and Mr. Walsh, as well as the Castle Hotel for providing food on the night and hosting the event, along with the Macroom History Society. It was a very enjoyable evening. We look forward to adding projects to this local history showcase again next year.



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ST MARY'S NEWS



Chloe Lehane National Winner of the Green Schools Secondary School poster competition



Green Schools Committee with Ms Gray and Mr McLaughlin at the raising of the Water Flag



Leaving Cert Graduation I-r Emma Cahill, Orla Lynch, Nicole McCarthy, Aoibheann Lynch, Sadhbh Bourke

**EUROPEAN CHILD GUARANTEE CONFERENCE**  
 Second year student, Emily Mehigan, recently attended the European Child Guarantee Conference in the Department of Children, Equality, Disability, Integration and Youth. Emily was there representing the National Youth Assembly of Ireland. The purpose of the day was for European countries to come together and discuss the issue of child poverty and social exclusion. Emily was asked to speak on social exclusion, and she was on a panel with an Irish representative and a Slovenian representative. Well done Emily.

**MULTICULTURAL AFTERNOON**  
 Transition Year students organised a MultiCultural Afternoon for first year students recently. Countries represented included France, Germany, Spain, India, China, Poland, Slovakia, Lebanon and Vietnam. Students from countries outside of Ireland were supported by TY students to present their country to Junior Students. Slideshows with essential facts were prepared, food dishes were bought and cooked, music was full blast as well as games from their respective countries. Some encouraged the first years to get a face painting of their flag, while others supported them when they attempted their native dances. They all enjoyed the evening.

**TRACK AND FIELD MUNSTER FINALS**  
 St Mary's athletes were very successful at the Munster championships recently where two

of our athletes qualified for the All-Irelands which will be held on June 2nd in Tullamore. Three new personal bests were achieved by our athletes on the day, outstanding performances all round. All - Ireland qualifiers are Saoirse Twomey in the 3000m & Eabha Ni Chonaola in the 3000m Steeplechase. Other athletes who competed were Aoife Lucey, Saorlaith Murphy, Emily Cronin, Katelyn Cronin. Well done to all who competed in the Munster championships and thanks to Mrs Kelleher.

**WATER AWARDS REPORT**  
 On Tuesday the 16th of May three of our Green Schools Committee members, Hannah Griffin, Emily Mehigan and Chloe Lehane, as well as Ms, Gray attended the Green Schools Flag Ceremony in Cork. The following day the green schools travelled to Castleknock Hotel in Dublin to receive awards for their work in the water ambassadors programme with An Taisce. Chloe Lehane in 2nd year is the Southern Region winner and National winner of the green schools secondary school poster competition. The theme of the competition was 'Local Actions,for global change'. The committee also entered the video competition with the same theme and came runner-up. The video was made by Nora Twomey in 5th year. Chloe won a €250 Arts and Hobbies voucher and €500 euro for the school. Nora and the committee won €350 for the school also. Our Water Ambassadors, Chloe Lehane, Emily

Mehigan, Rachel Twomey, Damh n Mckenna and Ellen Murray also were Southern Regional winners for the programme. The girls each got a trophy with their names on them and €200 euro one-for-all vouchers each. A huge thank you to Ms.Gray for all her support with the Green Schools committee all year and thanks to Ms.Casey for travelling to Dublin with the girls for the ceremony.

**GAISCE PRESIDENTS PRIZE**  
 TY students recently completed a 25km hike as part of the Gaisce Presidents Prize. Thanks to Mr Cooke for working with the girls in preparation for this award. Gaisce -The President's Award is a self-development programme for young people aged 14 -25 which has been proven to enhance confidence and wellbeing through participation in personal, physical and community challenges. Well done girls. We would like to wish all of our Junior Cycle and Leaving Cert students the very best of luck in the upcoming state exams. You are well prepared for these exams as a result of your dedication and the guidance of your teachers. Approach your exams with confidence, may your hard work, determination and perseverance be rewarded.



I-r Emily Mehigan, Rachel Twomey, Chloe Lehane, Daimhin McKenna and Ellen Murray at the Water Awards 2023



Leaving Cert Students enjoying their last day with some of their teachers Ms O Donoghue, Ms Donovan (their Year Head, Ms Foley, Ms Hickey, Ms O Keeffe



Head Girl Sadhbh Bourke addressing the crowd at recent Leaving Cert Graduation





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Bronnadh na mBonn ar fhoireann a bhuaigh Craobh an Chontae 2022 le Gráinne Ní Luasa agus traenálaí Iníon Ní Shúilleabháin



Comhghairdeas le foireann 19.5 a bhuaigh Craobh an Chontae arís i mbliain

## COMHGHAIRDEAS

Ba mhaith linn tréaslú le hAdam Ó Duinnín atá mar chuid den phainéal na mionúir Chorcaí. Beidh siad ag imirt in aghaidh Ciarraí sa Chraobh na Mumhan ar an 2ú Meitheamh. Comhghairdeas le Saoirse agus Cathal Ó Fógartaigh-Lithgow atá ainmnithe ar fhoireann Éireann i gcidhórnálaíocht – éacht don scoth! Comhghairdeas le Lydia Ní Dhonnacha agus iardhaltaí Amy Ní Dhonnacha & Roise Ní Chorcaí a bhuaigh Craobh na Mumhan le Corcaigh le déanaí Treaslaimid freisin le muintir na hArdeist – bhí a n-oíche céime ar siúl ar an 25ú Meitheamh.

## BRONNADH NA MBONN

le Lucy Ní Aodha Cúpla seachtain ó shin d'éagraigh ár dtraenálaí Iníon Ní Shúilleabháin geansaithe nua dúinn de bharr gur bhumar Craobh an Chontae Sinsearach an bhliain seo chaite. Fuair eamar boinn chomh maith. Tháinig imreoir ón bhfoireann Naomh Abán Gráinne Ní Luasa chun na boinn agus na geansaithe a bhronnadh orainn and ina dhiaidh bhí tae agus cistí ar fáil dúinn bhaineamar an-taitneamh as an ócáid.

## TURAS FISICE

le Máire Ní Luasa Bhí turas fisice againn suas go dtí an nGalaimh. Bhí turas 3 uair againn suas agus bhí an óstáin go hálainn. Chuamar amach le haghaidh béile leis na múinteoirí fisice and na daltaí fisice eile ón nGalaimh, Maigh Eo agus mBaile Mhúirne. An maidin dar gcionn siúlamar chuig Ollscoile

na Gaillimhe don lá dturgnamh. Caithmar an lá ag déanamh na turgnamh éagsúla ag teastáil ón cúrsa. Támar an buíoch as Mháistir Ó hÁireachtáin agus Siobhán Uí Luasa a thaistil linn.

## SEAIMPÍNÍ ARÍS

le Joanne Ní Cheallaigh Tá an-áthas orainn go léir tar éis Craobh an Chontae Sinsear a bhuchaint dhá bhliain as a chéile. D'imríomar mar fhoireann iontach ar an lá agus de bharr sin bhí an bua againn. Bhí an lámh in uachtar againn ón tús. Bhí sceitimíní orainn go léir mar bhí sé ár dara uair ag imirt in aghaidh Meánscoil na Toirbhirthe Baile Mhístéala i mbliaina agus chailleamar an uair deireanach. Buíochas le Dia bhíomar níos fearr ar na lá agus tháingamar amach leis an mbua. Ba mhaith linn ár mbuíochas a ghabháil le hIníon Ní Shúilleabháin agus Iníon Ní Bhuchalla. Anuas ar sin bhí sé an cluiche deireanach do na cailíní i mbliana a sé agus táimid an-bhrónach slán a rá leo. Tá súil againn go mbeimid i

gCraobh an Chontae an bhliain seo chugainn arís. Coláiste Ghobnatan abú!

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Faoi tá bliain a haon, dó agus cúig ag diriú ar bhur scrúduithe an tsamhraidh. Tar éis iad beidh siad réidh don saoire an tsamhraidh. Ar an 7ú Meitheamh beidh bliain a trí agus a sé ag tosú na scrúduithe stáit. Guímid gach rath oraibh!

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## SNIPPETS | DIARY

Deadline: Monday before publication. Email: leevalleyoutlook@gmail.com

Snippets may include details of upcoming Lee Valley functions, fundraisers, sports events etc. We may include commercial events that are also being advertised simultaneously in the magazine.

### DATES FOR YOUR DIARY

**2ND JUNE** - Music Among the Trees - An evening of local musical talent @ 8pm in St Senan's Canon's Cross. All Welcome. Donations to Trocaire's Horn of Africa Appeal/Street Pastors.  
**11TH JUNE** - Muinliuch Nat. School Parents Assoc, are planning a Fun Day, with a 5k Fun Run

with fun activities, and refreshments later in the school grounds.  
**UIBH LAOIRE - 11TH JUNE** - Dancing continues Sunday afternoons, with the lovely music of Finbarr Dennehy  
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- Cards continue in Ballingearry on Tuesday nights.  
**16TH JUNE** - Carrigadrohid/Killinardrish Tidy Towns Annual Street Feast, in the new location Canovee GAA riverside pitch from 7pm to 9pm.

Pictured Right: Children from Trelton NS completed swimming lessons at Dunmanway Swimming Pool







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## ADVICE CLINIC MONDAY 5TH JUNE

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NECESSARY  
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**FINE GAEL**

### CLLR. EILEEN LYNCH

MACROOM / MILSTREET MUNICIPAL AREA

**CREMINS BAR, AGHABULLOGUE**  
5.30PM - 6.45PM


**POMEROYS, CLARA INN MILLSTREET**  
7.30PM - 8.30PM

**KNOCKROUR, AGHABULLOGUE, CO. CORK.**  
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## PUBLIC MEETING

# HOUSING SUPPORTS


INFORMATION MEETING.



Thursday  
8th June  
at 6:45pm




Coachford  
GAA Hall



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## CARRIGADROHID/KILLINARDRISH TIDY TOWNS

The hard working committee of the tidy towns have been really busy recently. With the help and support of locals Derry, Kevin along with Paudie (CleanLyons), the grotto and its surrounds were trimmed and cleaned in preparation of the painting. Go raibh mile agaibh gentlemen for your super help and continued support of our tidy towns efforts. On Tuesday May 9th, our fabulous volunteers set to work painting the grotto and making it beautiful again. On May 23rd the volunteers, swept and cleaned the village area, along with weeding our new flower bed by the senic platform area, in preparation for our Sunflowers.

As part of our community involvement the children in 3rd & 4th class in Canovee NS are going to plant sunflower again for us. Last year, with the cooperation of Ms Dunne & Mr Cullinane the children planted sunflower seeds which we transplanted to the platform where they bloomed in all their glory during the summer. A huge thank you to Gerard Lyons, who continued to water the sunflowers when the school closed, until they were ready to be transplanted.

The tidy towns volunteers meet in Carrig village every Tuesday evening for just 1 hour, 6:30pm to 7:30pm and everyone is welcome to join.



The hard working volunteers of Carrigadrohid Tidy town recently revamped the local grotto.

## CANOVEE NATIONAL SCHOOL

### ACTIVE FLAG

Our journey continues to renew our Active School Flag. Our committee members co-ordinated a very successful 'Active Week' in our school. Staff and pupils got involved in activities such as dance with Aideen Johson, taekwondo with Dalton and zumba with Frank. We also participated in a whole school come together of 'Rock The Boat' and 'The Macarena'. Our busy week ended with a walk around our beautiful valley in Canovee.

Table Tennis Takeover took place at the end of April. All classes got to experience a game of table tennis for one of our 'Feel Good Fridays'. Kids continue to enjoy Table Tennis during am lóin everyday.

### CRÓ NA GCEARC

The boys and girls in the infant classes welcomed Bluebell and Blackrock, aka our school chickens to the garden last week. They will keep residency for the next couple of weeks

and the boys and girls are learning to look after them while also getting an ubh or two along the way!

### GREEN-SCHOOLS

Canovee NS had a fantastic display of bikes for Bike Week 2023. There were circuits, safety videos, sensory maps and prizes for all. Thank you to all the parents and the wider community who helped to keep everyone safe on the roads. We will also be raising our latest Green-Schools Flag for Travel on Thurs 8th June with a very special guest- The County Mayor Danny Collins. The day will be jam packed with a bike safety work shop for 5th and 6th class in the morning and the flag raising in the afternoon. It will be a great day of celebration for all!

### RANG A TRÍ

Rang a trí were very excited to see 30 caterpillars in their classroom after Easter. These came in their own tubs with food and the class got to see the transformation from caterpillar to butterfly

over the last 6 weeks. They grew 10 times their size before they went into their cocoons and we now have lovely Painted Lady butterflies! It has been a great learning experience and the children cannot wait to release their beautiful butterflies soon!

### SUNFLOWERS

3rd and 4th class are very excited to be planting and looking after an array of sunflowers for Carrigadrohid Tidy Towns Committee. The Tidy Towns have donated seeds, compost and pots to the school and the children are so excited to plant and grow these beautiful flowers!

Applications for enrolment for the 23/24 school year are now open. Forms can be downloaded from [www.canoveens.com](http://www.canoveens.com) or contact the school on 026-48142 or [office@canoveens.com](mailto:office@canoveens.com) Keep up to date with all of our activities by following us on Facebook 'Canovee National School'.



Sophie & Luke receive the Green flag for travel from County Mayor Danny Collins at the An Taisce Green School Awards May 16th, 2023



Comhghairdeas to Canovee Boys Tom, Ryan and Ted who competed and won the GAA Skills competition recently and won!! The boys now go on to represent Cork in the Munster competition



Comhghairdeas Tadgh, Tom, Joe, Ted, Ryan, and Adam who won the U13 League Champions Cup, with Coachford AFC. Congratulations also to the parents in the management team, Liam White, Garrett Young and Eddie McCullagh. Super local achievement



Tae Kwon Do with Julian as part of Active week in Canovee NS





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## SCOIL NAOIMH MHUIRE, FARRAN

Monday May 29th was a red letter day for Scoil Naomh Muire, Farran. Both our boys and girls lined out in not one but two Sciath na Scol Finals in Páirc Uí Chaoimh cheered on and supported by a large and enthusiastic school community, decked out in the school colours in the stand. The teams played with great heart and commitment and were incredible representatives for their school. Unfortunately, it was not to be for our girls but in true sporting tradition they never gave up in their own game and they also cheered loudly for their classmates on the boys team who did go on to win their final after a tough and nail-biting encounter with Blarney. We are so proud of both of our teams and of their incredible performances on and off the field. Maith sibh go léir.



Second class children of Scoil Naomh Muire, Farran, who received their first Holy Communion recently



Girls from Scoil Naomh Muire, Farran who made the Sciath na Scol hurling final on May 29th.



Boys from Scoil Naomh Muire, Farran who made the Sciath na Scol hurling final on May 29th

## DROMLEIGH NATIONAL SCHOOL

Dromleigh N.S. students were delighted to accept their fifth Green Flag for environmental awareness recently. Pupils travelled to the Radisson Blu hotel on May 16th to accept the award from An Taisce.

Senior students had a great day of football at the Sciath na Scol competition in Kilmichael GAA club on May 23rd.

Bookings are now being taken for September 2023 for Bright Beginnings Afterschool Club in Dromleigh N.S. Early booking recommended as spaces are limited. Contact 087-9425876.

Save the dates! Join us at Dromleigh NS for an End of Year celebration on June 8th from

9:45am. Music by Mr Ger Wolfe and Green Flag raising ceremony followed by refreshments.

An open day for new entrants will take place on Friday June 16th. Contact office@dromleighns.ie or 026-46212 for further information.

Sixth class students are hosting their annual Bring and Buy Sale on June 19th at 12 noon. All funds raised go to MS Ireland and the school. A raffle will take place on the day with an amazing range of prizes on offer. Tickets can be purchased in advance of the event from Kilmichael Post Office, Dromey's Bar Dromcarra, Co-op Superstores Terelton and the school. Please support



Sciath na Scol participants from Dromleigh NS enjoying the competition in Annahala recently.

## MUINEFLUCH NATIONAL SCHOOL

Muinefluch N.S. parents association will hold a 'Fun Day' on Sunday 11th June. Registration for the 5k fun run commences at 12:30 p.m. and the run kicks off at 1p.m. Other events on the day include a raffle with the first prize of a Fleckvieh calf, a clothes swap shop, face painting, nail painting and a penalty shoot out. Any prospective families are free to take a look at our classrooms and school grounds on the day. A great day is guaranteed and all support is much appreciated. Bike week was a great success. On Tuesday 16th May pupils from 1st - 6th class cycled from the school to Bawnmór crossroads with the garda escort and the infant pupils walked this route. Many thanks to Garda

Callanan for assisting us on the day. Pupils from all classes have been working hard on the school garden for the past few weeks. Crops sown include lettuce, radishes, potatoes, onions and pumpkins. Flowers planted include sunflowers, marigolds and poppies. We are looking forward to making chips with our harvested potatoes soon. Pupils from 5th and 6th class were blessed with the gifts of the holy spirit on their confirmation from Bishop William Crean on Wednesday 24th May in St. John the Baptist's church in Carriganima. Three days later second class pupils received their First Holy Communion from Fr. Greene on Saturday 27th May in the same church. The



2nd class pupils in Muinefluch N.S who received their First Holy Communion from Fr. Greene

parents association treated the pupils and their families to a beautiful reception in the school afterwards.



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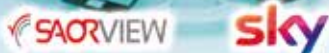
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# CLONDROHID NEWS



Pupils from 5th and 6th class in Clondrohid N.S who received their Confirmation from Bishop William Crean. © Peter Scanlan

### FIRST HOLY COMMUNION AND CONFIRMATION

Just over 90 children from Clondrohid, Carriganima and Muinliuch received either their first Holy Communion, or the Sacrament of Confirmation in the parish over the past few weeks. Congrats and every good wish to ye all. The best of luck to all those from the parish who will be sitting their Junior Cert or Leaving Cert next week. We wish you well.

### MOVEMENT OF CONTINUOUS PRAYER FOR MARRIAGE AND FAMILY LIFE

This will be on the 28th day of each month beginning at 12pm on the 27th and finishing at 12pm on the 28th.

Please give your name to Fr. Jim on 02661933 0858471249, Con & Bridie O'Leary on 02641254 0872170246 Dave and Ann O'Mahony on 026 42579 and 0851820278. if you are available for an hour during this 24 hour span. The commencement date will be announced when enough names are received. Names are needed for the following hours 1 to 2am, 10 to 11am, 11am to 12pm, 12 to 1pm, 1 to 2 pm, 3 to 4pm, 5 to 6pm, 7 to 8pm,

### CLONDROHID PARISH ACTIVE RETIRED

This group held a very enjoyable Scoraiocht on Fri night May 19. This great night was open to all to attend, and they came from far and near. To those who supported this performance a big Thank You. All proceeds on the night will be divided between the Cart Bus, a great facility to all on our doorstep and the Community Hall,

without whose premises the Active Retired would not have 'a second home'. On the night almost €800 was raised, no mean achievement. Mile Buiochas to all.

The Active retired would also like to thank all those who performed on the night, (without pay!!) the talent was outstanding. Singing, storytelling, musicians, recitations, individual performers, and the Active retired group singing. A big Thank You to all the ARRAs, who supported them, a special word of thanks to Jackie and Con for rounding up their performers, to Tim Joe for all his help in co hosting, to Fr Jim for attending and rendering a song. To Martina for all her help, to Peter Lane for the use of his sound system, excellent as always, to the Hall Committee for use of hall. To IRD Newmarket for preparing and subsidising the refreshments, and to Healy's Spar for their great service to the Active Retired. Last but not least to all the Active Retired members who worked so hard preparing the hall, especially all the memorabilia that was put on display on the night, and to all those who worked tirelessly in the kitchen.

### CONGRATS

To Darcy O'Brien on being selected to play on the Cork U15 Camogie panel this coming season. To Tara Twomey, who won the U16 Bowling competition recently. Well done girls. Congrats to Amy and Lydia McDonagh on being part of the Cork Ladies Senior squad who defeated Kerry in the Munster final last Sunday

in Mallow.

### CLONDROHID DEV GROUP

With Tidy Towns judging fast approaching, this group continue to be busy at moment, planting new shrubs and flowers throughout the village. They are asking everyone to keep an eye on litter, especially around their own dwelling area. These beautiful evenings, if out for a walk or a stroll, and you see some weeds or rubbish, please consider picking them up. Many hands make light work, our village should be important to everyone, so please help to keep it clean, tidy, and vibrant

### JOHNNY COOL 'S DVD

The DVD's are available locally at Healy's Spar, M&J Kelleher, Bell Inn, The Tavern, and the Pub in Carriganima. The cost is €10, and all proceeds will be divided between Irish Heart Foundation, Clondrohid Community Hall, Carriganima Development Group, and Clondrohid Development Group. Thank you Johnny and family for putting all these treasured memories together again, and for donating all the monies to the said groups. Please support and show your appreciation.

### JUST A DIARY DATE

Muinliuch Nat. School Parents Assoc, are planning a Fun Day on Sunday June 11, with a Fun Run of 5km, with fun activities, and refreshments later in the school grounds. Mark it in your busy diary!



We were thrilled to learn that Tom came 3rd in the final!! Huge congratulations to Tom, another proud day for Clondrohid National School.



Clondrohid u 7s taking part in a blitz in Carrigadrohid, hosted by Canovee GAA



Some of the memorabilia, Clondrohid Active Retired put together for their Scoraiocht held in Community Hall recently



Clondrohid s u13 and u 14 panels wearing their new training tops. A big thank you to Joe and Yvonne Lynch for contributing towards these.



On Saturday May 6th, Ciarán, Tom, Anna, Ellen and Saoirse participated in the Bebras Computational Thinking National Final in Maynooth University. Only 280 children, out of nearly 8,000 entrants, qualified for the final. To reach the final was a fantastic achievement and experience for the children. We are extremely proud of them.



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## Snottfest

### FREE MUSIC WEEKEND

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*Saturday: Tremolo 9.30pm - late*

*Sunday: Little Creatures 5.30pm*

*Sunday: DJ Mike 7.30pm - late*

**FULL MENU FROM 9AM - 7PM**

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### SUNDAY SUMMER SESSIONS

**ARE BACK FOR  
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*The Rogues*

**SUN 18TH JUNE**

*Danny O'Leary*

**SUN 25TH JUNE**

*Tim O'Riordan*

*of Natural Gas*

**FROM 5PM-7PM  
EACH SUNDAY!**





## COACHFORD CYCLING CLUB

### LOCAL CYCLISTS RAISE €6,000 FOR GOOD CAUSES

Sunday 2nd April saw over 200 cyclists take part in the Coachford Cycling Club Charity Cycle in aid of Down Syndrome Cork and the Irish Cancer Society. Beautiful weather added to the enjoyment as they took on a challenging and beautiful route from Coachford through Nadd and Banteer to Millstreet and back via Musher and Macroom.

Wonderful support was shown by riders from all over, including clubs like West Cork, Valley Wheelers, Bandon, De Ronde, Ballincollig, Carrigdhoun, Cork Tri, Tour de Munster, Blarney, Middleton, Kanturk and Clonakilty. We hope to return the favour over the coming months and beyond!

Generosity knew no bounds from our kind sponsors including Coleman's Garage (Millstreet), James Lynch Ltd, Cooney's Garage, O'Donovan Engineering, Christian Brothers College and Roadstone.

Sterling work was done by our 3 motorbike outriders (Trevor, Noel and Flor), St. John's Ambulance, An Garda Siochana and an army of club volunteers, ensuring the safety of all the participants. All of this has resulted in a fantastic €3,000 being raised for each of our chosen charities!

A sincere thank you to all involved from Coachford Cycling Club!

Check us out on Facebook and join us for a spin!



Coachford cycling club presenting a cheque of €3,000 to the Irish Cancer Society

## RYLANE NATIONAL SCHOOL

Rylane National School celebrated Cork Bike Week. The children brought their bikes to school for the week. On Thursday, all classes did a loop of the village with their bikes.

Mayor of Cork, Cllr. Danny Collins visited our school to talk to the children about his role as Mayor. Cllr. Gobnait Moynihan also visited on the day. Children were given the opportunity to ask some questions

and all the children performed a lovely rendition of 'Bold Thady Quill'!

All children have taken part in a 6 week programme from School Fitness Ireland where each strand of the PE curriculum is taught each week.

Scholastic Book Fair took place in the school recently. All children were given the opportunity to purchase a new book to read.

As part of The Amber Flag Initiative this year, Rylane National School celebrated Wellness Week in the school. Many activities took place over the week. Yoga and Mindfulness Teacher, Irene Stephens taught classes to all the children during this week. Congratulations to the boys and girls in 2nd Class who received their First Holy Communion on Saturday 20, May.



Scholastic Book Fair took place in Rylane school recently. All children were given the opportunity to purchase a new book to read.



Boys and girls from Rylane who received their First Holy Communion. Included are (Fr. Peadar Murphy (Parish Priest), Mr. O'Sullivan (Class Teacher), Denise Crowley (Classroom Assistant) and Brian Reidy (Principal). Pic Justin Black, Justborn Photography.



Brian Reidy (Principal) Rylane NS, Cllr. Danny Collins (Mayor of Cork) and Cllr. Gobnait Moynihan on a recent visit to the school



All children in Rylane NS took part in a 6 week programme from School Fitness Ireland where each strand of the PE curriculum was taught each week.



Rylane National School celebrated Cork Bike Week. The children brought their bikes to school for the week. On Thursday, all classes did a loop of the village with their bikes.





3<sup>rd</sup> - 5<sup>th</sup>  
JUNE

# LISTOWEL RACES

JUNE BANK HOLIDAY WEEKEND SUMMER MEETING

## 3 DAYS OF SERIOUS RACING AND FUN

### RACING HIGHLIGHTS

SATURDAY - The Irish EBF Median Sires Series Maiden of €25,000

SUNDAY - The Irish Stallion Farms EBF Fillies Maiden of €15,000

MONDAY - The Join Racing TV Now Handicap Hurdle of €22,000

WATCH ALL MAJOR SPORTING FIXTURES ON OUR BIG SCREEN ON THE RACECOURSE

### STYLE STAKES SUNDAY

€500 cash prize for the BEST DRESSED MAN & BEST DRESSED WOMAN  
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# UIBH LAOIRE

Croí na Laoi, the local development society in Inchigeela have had some good news recently. It has been announced that the proposed works on the River Island old tennis/basketball court, along with repairs to pathways, has been awarded funding of €25,000. Great news and well deserved, as the group have spent a lot of effort in making the river park a delightful, attractive and enjoyable experience for locals and visitors alike. Further good news came in the announcement that Inchigeela was one of two top villages to be awarded full marks in the first part of the "Litter challenge" sponsored by Cork Co Council. This is a challenge where villages and towns compete against one another for litter free status of 100%. The volunteer litter pickers are out every day and the residents have entered the spirit of the challenge. Thus the 100% marks. Well done to all. The Tidy Towns volunteers are also busy, seeing to it that the village is spick and span for the annual Corpus Christi procession. Generations of locals have taken pride in preparing the houses and streets for this event. The boat slip in Graigue has been "adopted" by the Tidy towns group also and is looking good at present. All this doesn't happen by itself and the group are looking for volunteers; help, even for the shortest time is always welcome and it's a way of getting out in the fresh air and making a few new friends. The Cork Co council scheme for assistance in painting business and domestic premises is ending shortly for this year. See the web site of the Council for info or contact Croí na Laoi members. On the sad side of it, the group have had to appeal once again to the dog owner or owners who let their dogs use the beautiful island park as a toilet and then swan off

without attending to the canine deposit. This is so anti-social and more importantly so dangerous for others, especially for the health of children and of course it carries a huge court penalty. It would be a shame if the locals had to close the park to all dogs because of the attitude of a few owners.

### HOLY COMMUNION

Congratulations to all the boys and girls who received their First Holy Communion recently.

### ACTIVE RETIRED

The parish Active Retired group are organizing a trip to Killarney and Muckross Gardens soon. It's open to all ARA members. We hope you have a lovely day and that the sun will shine warmly for you.

### PIPE BAND

The Ballingearry Pipe Band have won a number of prizes in the big South of Ireland competition day in Mallow. Congrats to you all. We believe that beating Newcastlewest and District Pipe Band Co Limerick was especially sweet. It was also nice to see that we in Cork had at least one win over Co Limerick this weekend! Congratulations go to Dan Lucey of Cahir, Béal Atha who celebrated his 50th year of drumming with an banna cheoil. This is an amazing achievement and amazing service to the pipe band. Well done to Dan and to Donal O Cróinín, who between them have given over 100 years to the band. And the band itself will be celebrating a hundred years in existence in a few years time.

### GOLF

The Ard na Laoi based golf group had a very pleasant outing recently in Kenmare. Well done all, Ard na Laoi for sponsorship, Gar Hurley, organiser and Donnagh Shorten the winner.



Attending the Charity event (L-R); Aindrias Moynihan TD, Patrick, Mags, Megan and Sarah O'Sullivan

### OLYMPICS I MÚSGRAÍ

Cloisimid go mbeidh na hOlympics ag tosnú sar i bhfad. Sé sin na hOlympics áitiúla. Tá fóirne o Bhaile Mhúirne, Béal Atha, Cill na Martra, Cúil Aodha, Ré na nDoirí agus Céim an Fhia chul dul i gcomórtas sa rothaíochr, snámh, tarraingt na téide, golf, etc.i ndeire mí Meithimh. Look out for further bulletins. Beidh an sport ann!

### TÚIRÍN DUBH

Comhghairdeas do gach éinne a bhí páirteach ann in aon tsí. Bhí gach páirt den ceól drama ar fheabhas ar fad. Sár job deanta ag gach duine. Agus gach oraibh dibh má eiríonn libh an dráma a thabhairt níos faide ó bhaile.

### INCHIGEELA HALL

Dancing continues Sunday afternoons, June 11th, with the lovely music of Finbarr Dennehy. Bingo on every Friday and cards on Sunday nights. Cards continue in Ballingearry on Tuesday nights.



Second class pupils in Carriganima National School who received their First Holy Communion on Saturday 27th May 2023.



Comhghairdeas Canovee NS awarded their 4th Green Flag for Travel! Picture from left to right. Gillian Dunne Canovee NS teacher & Green Schools coordinator, Luke Drummond, Sophie O'Grady and Jennifer representing An Taisce Green Schools



If your Parish is holding Eucharist Procession this year, reports and Photos are always welcome for publication in the Lee Valley Outlook





## MACROOM SENIOR CITIZENS ACTIVE RETIRED

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*Tara Garden is a two-acre garden in a peaceful rural setting. It includes a round garden, a pond garden, a walled garden, an exotic walk, Mum's garden, Japanese garden, winder garden, grass garden, 60ft rose pergola, zenith formal garden and a tunnel area garden. A large collection of trees, shrubs, and herbaceous plants and a collection of over 600 dahlia varieties*



## BALLINAGREE NATIONAL SCHOOL

is celebrating its

# 125th Anniversary

on

## Sunday, June 18th @ 3pm

- Celebration Mass in Ballinagree church @ 3pm
- Reception in the school @ 4pm
- Please join us on this happy occasion full of memories, stories, music and fun for young & old.

*Mol an Óige agus Tíofaídh sí* 1898 - 2023

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## The Macroom and District Environmental Group Think Globally, Act Locally

### COMPOSTING IN SCHOOLS

Hi! Chris Barrett back with you again. Today I have the pleasure of speaking again with Donal O’Leary from Waste Down. Donal is an Environmental Trainer and member of the Composting Ireland team, and today he will share information with us regarding Composting in Schools. Composting can be a beneficial and educational activity for schools. Some schools require their pupils to take home all waste including fruit peels and cores and uneaten food, but all schools generate at least some amount of organic waste through the staff canteen, and perhaps the school’s grounds or garden. Being able to compost this waste successfully within the school grounds can create both a valuable resource (compost) and a unique learning opportunity. Most schools that attempt composting, just like most households, use a standard plastic “cone” or “Dalek” style of compost bin. This type of bin works by opening the lid and placing the waste inside, and eventually harvesting finished compost by removing it via the hatch near the bottom of the bin. These bins need careful management to work well, and they are not very suited to a lot of wet, heavy waste such as tea bags and fruit waste – precisely the kind of materials generated in schools! Even with the best of intentions, it is hard for busy school staff to keep a compost bin from becoming a source of smells, flies, and disenchantment.

The Composting Ireland team <https://compostingireland.ie/> has designed a Composting in Schools programme to help schools to begin (or improve) their composting activities with expert guidance and ongoing support, as well as to bring greater elements of biodiversity, gardening and soil science into their daily lessons.

These are skills and values that will be vital for restoring and maintaining soil health and local ecological systems, and of course for growing



food locally and organically. Food security is a huge elephant in the room for an island nation in a time of climate change and global political and economic instability.

The Composting in Schools programme was launched in 2021 with almost 100 schools taking part in the Dublin area, and it now being rolled out in several other counties. In Cork, the programme will be run on a pilot basis with 10 schools with funding provided by Cork County Council’s Environmental Awareness office. The programme has compiled a large range of online resources which are made available to participating schools. Training consists of five training sessions for school staff which cover:

- Why composting is so important,
- Biology and essentials of composting,
- Managing and reducing garden and landscaping waste,
- Composting of fruit waste, tea bags etc.,
- Setting up a wormery,
- Creating an action plan for school composting, garden, and biodiversity,
- How to use compost to improve soil health and plant growth.

2 / 2

Further support includes site visits to each school by a composting expert, and assistance in acquiring the equipment needed by each school.

You may have noticed an unfamiliar word in



there – wormery. This is a system of composting that uses a large population of small earthworms to eat fruit and veg waste and convert it into high quality compost.

Using a wormery can be very rewarding for schools – it helps to manage their waste far better than a typical compost bin, makes great compost, and introduces teachers and pupils to a living ecosystem that can be enjoyed, studied, and learned from. Wormeries can be an excellent composting option for households and small businesses too. They are not suitable for processing garden waste or meat/fish waste, but they are very suited to most fruit and vegetable materials.

Hopefully the Composting in Schools scheme will be a great success in Cork. Making compost, improving soil health, growing some of our own food and supporting local biodiversity are all vital, yet enjoyable, components in sustaining our environment.

I would like to thank Donal O’Leary for sharing his knowledge about Composting in Schools with us and wish him success with all his future work in this vital area.

If anyone would like to share their experiences of composting in schools, or would like to contribute an environmental article to this publication, please contact me [chrisleevalley@gmail.com](mailto:chrisleevalley@gmail.com)

Remember you can always contact the Environmental Group by emailing [macroomenv@gmail.com](mailto:macroomenv@gmail.com)

## PLEASE THINK FARM SAFETY AS THE SILEAGE SEASON IS GETTING UNDERWAY

The month of June is a busy time for farm families as the first cut silage gets underway. A busy month on the farm means an increase in the risk of accidents happening. A busy month on farms means the risk of accidents is higher with more activity happening on the farm. The harvesting of silage crops means that machine work and typically the amount of machinery on the farm yard increases. Modern machinery are quite large, fast and heavy and could result in serious injuries if an accident was to happen. During these busy periods access to farmyards needs to be controlled. Young children may be interested to see the machines and they need to be supervised at all times. A change in weather conditions may only increase the likelihood of accidents for farmers and contractors who have to rush to get the job done to beat the weather. - Mary O’Callaghan Hallissey, Raleigh, North Macroom.



Pictured right: Mary at home in Raleigh with her young calves.



All the children of Tirelton NS enjoyed a Lego Workshop in the school facilitated by Rebel Tribez’



Organising committee, of the Macroom Business Breakfast Meeting, Monica Gilmore, Geraldine Galvin, Pat O’Connell, Maura Walsh and Alan Shortt. © Peter Scanlan





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The company was founded by Noel Kelleher from Carriganima, Macroom. Noel comes from a farming background, his father Tadhg Kelleher was a keen farmer, with an interest in machinery. This interest passed onto Noel, and from there led him to operating machinery in several construction environments.

*In 2018 he set up NK Plant Hire, starting from just one mini digger, and since then has been growing the hire fleet, which now includes multiple types of diggers, dumpers and rollers. Headquarters are based in Carriganima, but all plant machinery is delivered out to site, as requested by you the customer. Long term or short term hire rates are available. The company can also provide driver operators for our machinery if required.*

NK Plant Hire has a very good existing customer base, and are extremely grateful to all their customers to date. They will continue to strive for growth, and to fulfill the ever growing needs of people and organisations looking for that certain machine to hire at a certain time.

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CONTACT: **NOEL KELLEHER, CARRIGANIMA**

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## MACROOM SCHOOLS' HISTORY EXHIBITION, CASTLE HOTEL, 22ND MAY 2023

**MACROOM HISTORY GROUP** held its inaugural Annual Macroom Schools' History Exhibition on Monday, 22 May in the Castle Hotel, 7.00 – 10.00 p.m. Beforehand, students were busy preparing their stands and determined to show their work to best advantage. Teachers guided their charges and as people came, the excitement mounted. Some minor glitches added to the tension.

Youthreach Macroom showed a film, did an oral presentation and had a display. De La Salle and St Mary's students exhibited, a la 'The Young Scientist of The Year' format; each student or group had a stand, explained their projects and the reason(s) they picked that topic, and outlined what was involved in researching and producing their work. Family connections and proximity were strong strands running through many. Some students/group gave short oral summaries of their work and took questions from the floor.

The film was on the Gearagh and the projects were on Kilmichael Ambush, Codrum House, Carrigadrohid Castle, Carrigaphooka Castle, Michael Collins, Mollie Cunningham, Kilcorney Ambush and more. The depth of work was very impressive, and the quality of the presentations was excellent. One could but marvel at the very

high standard of the students' work.

Macroom Youthreach's Gearagh film featured relatives and descendants of people who had lived there before the 1950s flooding interviewed. (The Lee was dammed and the Gearagh flooded to provide water-power for the hydro-electric stations in Carrigadrohid and Inniscarra). Women recounted their forebears' stories, with a focus on what life was like for women, which without running water and electricity, was often drudgery. Counteracting this was an acceptance of life as it was, a vibrant community spirit and the great and simple social life enjoyed through scoraíochting, card-playing, etc. The Gearagh had a shop, owned by the Tobins, and it was the focal point of the area. The film was shot beautifully, and the interviewees and interviewees performed very well.

It was a very informative evening – the students displayed their interest in history in general and local history in particular, and Macroom History Group was happy to provide a forum for their fine work. We acknowledge the great co-operation we received from Youthreach, Macroom De La Salle, St. Mary's and through Ann O'Riordan, Colm Walsh and Shane Galvin. Without their help there would have been no exhibition.

The occasion was honoured by the presence of T.D.s. Aindriais Moynihan and Michael Creed and Councillors Ted Lucey, Michael Creed, Gobnait Moynihan and Eileen Lynch. DLS Principal John Murphy attended as did Dermot Lucey, retired history teacher and Muskerry History Society and secondary schools history author and Mary O'Mahony, Chair, Kilmurry Independence Museum. Both Aindriais and Eileen spoke and, as chair of Macroom and Millstreet Municipal Council, Eileen presented certificates to the students. Historian Alan O'Rourke donated copies of his book on local monuments to DLS, St. Mary's and Youthreach, Macroom.

The Castle Hotel set up the Exhibition Room excellently - it was ideal for the purpose, and showcased the exhibits very well. The Castle's Reena was patient and always very helpful. Thanks Reena.

Finally, after business was done, the participants enjoyed a tasty meal of chicken nuggets and chips, while others relished a 'cup of tea and a biscuit'.

Seosamh Ó Criodáin/Joe Creedon, Douglas Kidd, Mick Walsh, Con Kelleher, Macroom History Group.



Poster for The Exhibition.



Youthreach Macroom's team involved in making their film



Gavan Browne explains his poster to Mr John Murphy, Principal, DLS. (C. Kelleher).



Organiser Mick Walsh, St Mary presenters and a section of the crowd at The Exhibition.



Councillor Eileen Lynch presenting Zong O'Donovan with certificates for St Mary students. (Aisling Griffin).



Seosamh Ó Criodáin viewing Chloe's and Joy's project on Codrum House. (C. Kelleher).



St Mary students with their projects on Michael Collins and Mollie Cunningham.



Councillor Eileen Lynch presenting Paul Bradley with certificates for DLS participants. (Aisling Griffin).



A fundraising initiative for Independence Museum Kilmurry



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# MEP KELLEHER WELCOMES GOVERNMENT SUPPORT FOR REALISTIC NATURE RESTORATION LAW

EUROPEAN PARLIAMENT'S CURRENT POSITION IS UNTENABLE FROM AN IRISH POV

Fianna Fáil MEP Billy Kelleher has welcomed the confirmation from two Government Ministers that they are seeking to amend the Nature Restoration Law to lessen the impact on Irish agriculture.

The Ireland South MEP was speaking following interventions from Agriculture Minister Charlie McConalogue on RTÉ's This Week, and from Minister of State, Malcolm Noonan on Newstalk's Pat Kenny Show this morning.

"It's clear that the Government understands that the Commission's original proposal goes just too far for Ireland. As such, Parliament's current position is even more problematic for Ireland.

"In an analysis my office has carried out into the three current proposals: Council, Commission and Parliament, the Bord na Móna rewetting numbers would only cover Ireland's overall commitments under the 2030 and 2040 Council and Commission

versions. Under the Parliament's position, additional private agricultural land would need to be rewetted.

"By 2030, the European Parliament, compared to the original proposal, wants Ireland to double the amount of land rewetted from 24,998 ha to 49,890 h. By 2050, the gap is even wider with Ireland needing to re-wet 153,800 ha. under the Parliament's text compared to 83,225 ha under the European Council's position.

"What is abundantly clear is that the European Parliament's current text is too onerous on Ireland. As a MEP, I will do my best to bring it closer to the Council's position as that is what the Government thinks is achievable and management from an Irish perspective. However, this may not be possible.

"Additionally, while much of the debate in Ireland has centred about peatland rewetting, I am

concerned that more discussion has not taken place on how other elements of the NRL could impact on housing in Ireland.

"The proposals regarding no net-loss of green space in urban areas might seem harmless but the definition of green space as it stands could mean a limitation on our ability to build on certain types of land in our towns and cities.

"We can restore our habitats in a meaningful way but we need to do it in conjunction with farmers and communities. We are talking about their livelihoods and that needs to be understood by decision makers in Brussels," concluded Kelleher.



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Our team will be on hand to support you with any mortgage queries you might have and to discuss what mortgage options are available to you. If you cannot attend the event, Martin Lucey and Kieran O'Flaherty, our Mortgage Consultants who cover

the Macroom & Mallow branches, can meet you at a time and a place that suits you.

**To book an appointment with Kieran or Martin, simply call us on 087 2435657, or email [kieran.oflaherty@permanenttsb.ie](mailto:kieran.oflaherty@permanenttsb.ie) or [martin.lucey@permanenttsb.ie](mailto:martin.lucey@permanenttsb.ie).**

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Kieran O'Flaherty



Martin Lucey

## Aghinagh Macra

It has been a busy couple of weeks for Aghinagh Macra.

In April, Aghinagh Macra's very own Simon Kelly took part in the Mr. Personality festival in Clonmel. Simon did a great job representing Aghinagh and the Muskerry region in the final. A great weekend was had by all members in Aghinagh and Muskerry. In May, two teams from Aghinagh took part in the Muskerry round of tag rugby in the Muskerry Rugby Football Club in Ballyanly. Well done to the Aghinagh B team who won the regional round. They will now go on to the national final which is on in Fermoy on the 28th of May.

Aghinagh Macra is hosting their annual 5k Fun Run and Know Your Neighbour Evening on Sunday 25th June in Ballinagree. Registration is from 1 pm in the Laine Bar Ballinagree with the race beginning at 2pm. This will be followed by the Know Your Neighbour Evening with the BBQ starting at 3pm which will be followed by music by The Kelts. There will also be a raffle on the day along with other activities such as a colouring competition. This year we are fundraising for Critical Emergency Medical Response and Pieta. It will be a brilliant day for all the family with something for everyone on the day. Contact Aghinagh Macra on Facebook or Instagram or any club member with any questions. New members are always welcome.







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## GAA

### MUNSTER SENIOR HURLING CHAMPIONSHIP (ROUND ROBIN FORMAT)

Cork 0-27 Waterford 0-18  
Cork 4-19 (31) Tipperary 2-25 (31)  
Clare 2-22 Cork 3-18  
Limerick 3-25 Cork 1-30

#### FINAL ROUND ROBIN TABLE

Clare P4 W3 D0 L1 Pts: 6  
Limerick P4 W2 D1 L1 Pts: 5  
Tipperary P4 W1 D2 L1 Pts: 4  
Cork P4 W1 D1 L2 Pts: 3  
Waterford P4 W1 D0 L3 Pts: 2

#### CLARE 2-22(28) CORK 3-18(27)

Cork went under to the Banner in Ennis, a long range point in injury time the decider.

Cork were going well early on but allowed Clare to force the pace thereafter. Four points up at half time, Clare doubled their advantage within minutes of the restart, 2-13 to 1-8, but Cork staged a magnificent recovery to draw level. They allowed Clare to go back in front and this happened three times subsequently until in the end Cork ran out of time.

Cork will, inevitably after a one point defeat, have regrets as they had the chances to win this game but they did not lack for spirit and hurled well at times and their fate is in their own hands.

Cork: P Collins; N O'Leary, Seán O'Donoghue (Inniscarra), D Cahalane; T O'Connell, C Joyce, R Downey; B Roche, L Meade; D Dalton, D Fitzgibbon, C Cahalane; P Horgan, S Harnedy, C Lehane. Subs: S Kingston, G Millerick, Shane Barrett (Blarney), Timmy O'Mahony, Brian Hayes.

#### LIMERICK 3-25 (34) CORK 1-30 (33)

Muskerry players: Seán O'Donoghue (Inniscarra), Pádraig Power and Shane Barrett, both Blarney.

Cork lost by a point to Limerick at the Gaelic Grounds and so their interest in this year's Munster and All Ireland championship had come to a very disappointing end before the end of May. It is a very competitive championship and Cork just did not have the ability to eliminate the many little errors which ultimately cost them victory in three of their games. The unfortunate consequence is that the young players could have benefitted from another month of serious high level training and competition, instead of which they now face a long six month lay-off until club activities cease at the end of the year.

It has been a thrilling Munster campaign and the courage and commitment of the Cork players has not been in doubt and supporters have recognised this and followed the team in their thousands. They have provided wonderful entertainment and provided hope for the future.

Limerick hit a string of wides allowing Cork to go into an early lead but then four consecutive points put them into a 0-5 to 0-3 lead and they looked composed. Cork however rallied strongly and reeled off six straight points and went into a four point lead and had Limerick worried but then the Rebels conceded a goal which should have been averted and as half time approached Limerick were in command and a second goal had Cork in trouble. They rallied however and with the Limerick defence being punished for a series of bad tackles they drew level at 2-12 to 0-18 before the break.

Limerick were better on the resumption and had edged 2-15 to 0-20 in front when Cork conceded a penalty which yielded a third Limerick goal. Cork responded positively scoring four of the next five points and Pat Horgan's tenth point left only the minimum between the sides, 3-16 to 0-24. Back came Limerick to go into a 3-22 to 0-24 lead, a seven-point lead with 11 minutes of normal time left.

Cork now showed their fighting spirit once again and a goal from Patrick Horgan inspired them and they added points to cut into the lead. Back came Limerick with two points, at least one of which was avoidable, Cork responded and Horgan's 14th point of the day left a point in it as the four minutes of injury time expired and from the puck out the referee blew for time and left Cork hopes shattered for another year.

Scorers for Cork: P Horgan 1-14 (0-11 f), S Harnedy, D Fitzgibbon 0-4 each, D Dalton 0-3 (0-2f), S Kingston 0-2, R Downey, L Meade, T O'Mahony 0-1 each.

Cork: P Collins; N O'Leary, Seán O'Donoghue (Inniscarra), D Cahalane; G Millerick, C Joyce, R Downey; L Meade, D Fitzgibbon; B Roche, T O'Mahony, S Harnedy; D Dalton, P Horgan, S Kingston. Subs: B Hayes for Roche (39), C Lehane for O'Mahony (53), Pádraig Power (Blarney) for Kingston (57), E Twomey for Meade (59), Shane Barrett (Blarney) for Dalton (65, injured).

#### MUNSTER U20 HURLING CHAMPIONSHIP

Final: Cork 1-23 Clare 1-21

Muskerry Players: Shane Kingston (Ballinora), James Dwyer, Tadhg O'Connell and Brian Keating, all Ballincollig.

In a thrilling Munster final at Limerick, Cork U20 hurlers staged a superb comeback from four points down to deservedly take the title and advance to the All Ireland final against Offaly on June 4th.

Cork led at half time but a strong start to the second half by Clare had seen them turn a four-point deficit on its head. However, Cork remained composed and they scored eight of the game's final ten points to win by 1-23 to 1-21.

Cork: Brion Saunderson (Middleton); Sean Daly (Randal Óg), Shane Kingston (Ballinora), Darragh O'Sullivan (Ballinhassig); James Dwyer (Ballincollig), Ben O'Connor (St Finbarrs), Mark Howell (Douglas); Michael Mullins (Whitechurch) Captain, Tadhg O'Connell (Ballincollig); William Buckley (St Finbarr's), Ben Cunningham (St Finbarr's), Colin Walsh (Kanturk); David Cremin (Middleton), Diarmuid Healy (Lisgoold), Ross O'Sullivan (Na Piarasaigh). Subs: Timmy Wilk (Cobh) for Daly (HT), Adam O'Sullivan (Ballinhassig) for Cremin (32inj), Jack Leahy (Dungourney) for Walsh (37) and Paudie O'Sullivan (Fr O'Neills), Ciarmhac Smyth (Middleton), Kevin Lyons (Ballygarvan), Ciarán Doolan (St Finbarr's), Mikey Finn (Middleton), Brian Keating (Ballincollig).

#### ALL IRELAND MINOR HURLING CHAMPIONSHIP

Cork minors, beaten by Clare in the Munster final, lost to Galway in the All Ireland semi final at Thurles.

Galway 3-18 Cork 1-10

Strong scoring bursts in each half were central to the victory for the Tribesboys at FBD Semple

Stadium. Trailing by nine points at half-time, 2-8 to 0-5, Cork battled back well to trail by just three but that was as close they came before Galway pulled away to win by 14.

Cork had started brightly – with David O'Leary impressing in defence – and they led in the opening stages 0-4 to 0-3 but only added one more point to their first-half tally and were led by 2-8 to 0-5 at the break.

Despite the deficit, Cork showed endeavour on the resumption to leave just a goal in it with 18 minutes left, 2-9 to 1-9. Five consecutive Galway points made it 2-14 to 1-9, and a third goal sealed the win.

Scorers for Cork: Barry Walsh 0-5 (0-3 f), B O'Flynn 1-2, Ben Walsh, J Casey, F O'Brien 0-1 each.

Cork: F Murphy (Killeagh); C O'Callaghan (Dungourney), D McCarthy (Passage), C Cronin (Middleton); Johnny Galvin (Éire Óg), Ben Walsh (Killeagh), David O'Leary (Ballincollig); J O'Leary (Lisgoold), B O'Flynn (Sarsfields); J Murphy (Dromina), J Casey (Youghal), Z Biggane (Charleville); R Dooley (Douglas), Barry Walsh (Killeagh), F O'Brien (Erin's Own). Subs: S O'Callaghan (Aghada) for Galvin, Conor McCarthy (Glen Rovers) for Murphy (both half-time), O O'Callaghan (Liscarroll/Chruchtown Gaels) for J O'Leary (49), P Walsh (Carrigtwohill) for Dooley (52), B Lynch (Youghal) for O'Flynn (54).

#### ALL IRELAND SENIOR FOOTBALL CHAMPIONSHIP

Group Stage – 4 groups of four

Group 1: Mayo 2, Cork 2, Louth 0, Kerry 0

Group 2: Galway 2, Armagh 2, Westmeath 0,

Tyrone 0

Group 3: Roscommon 1, Sligo 1, Kildare 1, Dublin 1

Group 4: Donegal 2, Monahan 1, Derry 1, Clare 0

The top team from each group will go straight to the quarter-finals while teams that finish second and third will face off in a preliminary quarter-final.

#### ALL IRELAND CHAMPIONSHIP

The schedule for the Cork group stages of the Sam Maguire will be:

Round 2 (first named team at home)

Saturday 3rd June: Cork v Kerry

Round 3 (neutral venues)

Weekend 17/18 June: Kerry v Louth; Mayo v Cork

#### CORK 1-19 LOUTH 1-17

Cork footballers defeated Louth in the opening round of the Group 1 All Ireland Qualifiers at Navan and so gave themselves every chance of making at least the preliminary quarter final stages of the championship. Louth had come from five points down to beat Cork in the league in March and wiped out a six-point advantage early in the second-half this time to lead by a point approaching the hour mark. Cork steadied the ship however in admirable form and finished the game strongly, outscoring Louth by 0-6 to 0-3 in the vital final 15 minutes or so.

Brian Hurley, just back from injury, was terrific overall for Cork and scored 0-8 including two points during that late vital series of scores. Substitutes Steven Sherlock (surprisingly not started), John O'Rourke and Conor Corbett also weighed in with crucial late scores as Cork moved joint top of the group alongside Mayo.

With three teams to qualify for the knock-out



# Why Do I Wake Up With Neck Pain?

Sometimes described as a "crick" or "kink" in the neck, pain on waking in the morning is a common complaint from patients that come into our office.

The result is not only pain but an overall decrease in the range of motion of the neck. **So, how does this happen?**

The main cause of neck pain upon waking is poor sleeping position. People who sleep on their stomachs typically have the most issues with their necks. While sleeping on the stomach for 6-8 hours each night the head is rotated to the left or right when laying on the pillow.

So, imagine standing or sitting with your head rotated in either direction for up to 8 hours. Another way to develop the "kink" or "crick" is by sleeping on more than one pillow or a pillow that is too large. This

will cause the neck to either be pushed forward or to the side too much where it is not aligned with the rest of the spine resulting in misalignment, muscle pulling and pain.

To have a "crick" or a "kink" is a term used when the bones, (vertebrae) in the neck are severely misaligned and putting pressure on the nerves leading to pain and decreased motion. Some people like to refer to this as a "pinched nerve". The misalignment of the neck will also cause muscle pulling over a period of time that can lead to spasm and inflammation resulting in pain.

**How does the "kink" get fixed?** As chiropractors we help to treat the problem in the neck with an adjustment. This will allow the bones to be restored to their normal position in the neck which results in reduced nerve pressure. After an adjustment, range of motion

and pain will be improved but inflammation is still taking place. The use of ice for periods of 15-20 minutes at a time will help with decreasing swelling and pain between adjustments.

Be sure to consult a chiropractor after feeling a "kink" or "crick" in the neck and do not allow the injury to try and heal over time.

Even if the pain subsides, the chances for re-exacerbation are high because the nerve pressure still exists.

It's important to remember, painkillers work to numb the pain but never resolve the underlying issue.

Chiropractic on the other hand will help relieve the pain and symptoms while also addressing the root cause.



**We invite you to have an initial consultation for €40 (instead of €85)**

This includes documenting your history and taking scans to determine the exact cause of your symptoms.

**Please call 021 487 8465 to book your appointment.**

Please Note; When you ring to book this special offer our team will request €40 to secure the appointment. Thank you.



By Dr. Ben Martin of Optimal Chiropractic

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stage, it could prove a vital win for Cork who will host Kerry at Pairc Ui Chaoimh and then play Mayo at a neutral venue.

Louth led by 0-3 to 0-1 early on with Cork largely on top but unable to make it count in scoring terms. Killian O'Hanlon curled over a left-footed score in the 15th minute and Cork finally started to find the range. Brian Hurley chipped over a free shortly after and then Hurley forced a turnover to begin a sweeping move that ended with Ruairí Deane playing in O'Driscoll who made no mistake from close range in the 18th minute to slam home from close range. Hurley added two more points himself and finished the half with 0-4.

Seán Meehan was forced off with an injury after 21 minutes to be replaced by Kevin O'Donovan. Cork weren't flattered by their 1-8 to 0-7 half-time lead. Louth had a goal in the 46th minute goal that gave them real hope, a Cork short kick-out to Daniel O'Mahony intercepted and fired to the net. Four further Louth points levelled matters and then danger man Mulroy then nudged Louth 1-14 to 1-13 ahead but they couldn't push on from there as Cork dug deep for a badly needed win.

Cork scorers: Brian Hurley 0-8 (0-6f), Brian O'Driscoll 1-1, Colm O'Callaghan 0-2, Ian Maguire 0-2, Killian O'Hanlon 0-1, Chris Óg Jones 0-1, Steven Sherlock 0-1, Sean Powter 0-1, John O'Rourke 0-1, Conor Corbett 0-1.

Cork: Micheál Aodh Martin (Nemo) ; Maurice Shanley (Clonakilty), Seán Meehan (Kiskeam), Tommy Walsh (Kanturk) ; Luke Fahy (Ballincollig), Daniel O'Mahony (Knocknagree), Mattie Taylor (Mallow); Colm O'Callaghan (Éire Óg), Ian Maguire (St Finbarrs); Killian O'Hanlon (Kilshannig), Ruairí Deane (Bantry Blues), Brian O'Driscoll (Tadhg MacCarthaigh, Caheragh); Seán Powter (Douglas), Brian Hurley (Castlehaven) capt., Chris Óg Jones (Iveleary). Subs: Kevin O'Donovan (Nemo) for Meehan 21, Steven Sherlock (St Finbarrs) for Powter 48, Cian Kiely (Ballincollig) for Walsh 49, Eoghan McSweeney (Knocknagree) for O'Hanlon 55, Conor Corbett (Clyda) for Jones 64, John O'Rourke (Carbery Rangers) for Hurley 73. P Doyle (Knocknagree), Thomas Clancy (Clonakilty), Paul Walsh (Kanturk), Blake Murphy (St Vincent's), Mark Cronin (Nemo Rangers) completed the match day panel.

#### MUNSTER MINOR FOOTBALL SEMI FINAL

Cork 5-9 Tipperary 1-11

It took a long while for Cork to impose their superiority but they did the damage in the final quarter to put a misleading appearance on the final scoreline. Cork now play Kerry in Tralee on Friday June 2nd at 7.30pm in a repeat of the quarter final pairing which Cork won at home.

Cork couldn't have asked for a better start, 1-1 to 0-0 ahead after three minutes. The goal came from Denis O'Mullane and the Kilmurry youth was to add another in the second half. Tipp did not wilt and were level on the quarter hour. Cork went three up, Tipp responded and it was 1-4 to 0-7 at half time. The third quarter was evenly contested and thanks to a 32nd minute goal from Sean Coakley, Cork led by 2-5 to 0-8 but Cork were playing only in patches and Tipp were still in contention. On 48 minutes, Denis O'Mullane finished goal number three after a lovely incisive ball by Gearóid Daly, Coakley followed with his second and Dara Sheedy

had a fourth goal late on.

Scorers for Cork: S Coakley 2-2, (0-2 f); D O'Mullane 2-0; D Sheedy 1-3, (0-1 f); G Holland 0-2; M O'Brien, D O'Leary 0-1 each.

Cork: Billy Curtin (Valley Rovers); N O'Shea (Urhan), Frank Hurley (O'Donovan Rossa), Mathew Ahern (St Finbarr's); Odhran Foley (Bishopstown), Gearóid Daly (Mallow), Trevor Kiely (Doneraile); M O'Brien (Ballinora), Mark Hetherington (St Finbarr's); Timothy Cullinane (Ballinascorthy), Dara Sheedy (Bantry Blues), David O'Leary (Ballincollig); Denis O'Mullane (Kilmurry), Sean Coakley (Douglas), Garry Holland (Bishopstown). Subs: Oier O'Callaghan (Liscarroll Churchtown Gaels) for O'Shea (HT); James O'Leary (Douglas) for Hetherington (37); Adam Dineen (Cill na Martra) for Holland (48); Liam Hourihan (St Colums) for Ahern (56); Cian O'Sullivan (St Finbarr's) for O'Leary (58). Darragh Clifford (Éire Óg), Mark O'Brien (Ballinora), Keith McCarthy (Dohenys), Devin Fray (Mallow), Sean O'Leary (Kilmurry), James O'Riordan (Croke Rovers, Castlemagner) completed the match day panel.

Cork are managed by Ray O'Mahony (Éire Óg) with selectors Daniel Cronin (St Mary's), Eamon O'Connor (Kildorrery), Daire O'Sullivan (Naomh Abán) and James Condon (Glanworth).

#### LGFA- LADIES GAELIC

##### TG4 MUNSTER LGFA SENIOR CHAMPIONSHIP

Cork 5-14 Kerry 2-17

Four goals in the first half helped Cork retain their TG4 Munster Senior Championship title at sunny Mallow. Kerry staged a super second half come back, missed two penalties, but were still in contention right to the end.

Doireann O'Sullivan opened the scoring for Cork in the first minute and she added a second from a free a minute later. Eimear Kiely increased Cork's lead before they got the first goal of the final from Lilly Coppinger. O'Sullivan raised another white flag, 1-4 to 0-1 after seven minutes. O'Sullivan added another from a free before Cork got their second goal, Coppinger again to make it 2-5 to 0-1. Kerry had two points, points were exchanged 2-6 to 0-4 after 20 minutes. Orlaith Cahalane had a Cork point, before Cork scored their third goal of the first half from Ciara O'Sullivan to lead 3-8 to 0-6. Just before half-time Quirke got their fourth goal to see the Rebels lead by 4-10 to 0-7 at the break.

Ní Mhuircheartaigh opened the scoring on the re-start for Kerry, then missed a penalty, but then kicked over the next two points. A Kerry goal in the 39th minute made it 1-11 to 4-10 but Cork got a much-needed score when Orlaith Cahalane found the net to increase the lead to 5-10 to 1-13. On 51 minutes, Kerry were awarded another penalty, but O'Sullivan denied Ní Mhuircheartaigh with a superb save. A late goal for Kerry was a mere consolation score at that stage.

Scorers for Cork: D O'Sullivan 0-11 (0-6f), L Coppinger 2-0, O Cahalane, C O'Sullivan 1-1 each, K Quirke 1-0, E Kiely 0-1.

Cork: M O'Sullivan; A Ryan, E Meaney, R Phelan; M Duggan, S Kelly, S Leahy; A Healy, H Looney; L Coppinger, D O'Sullivan, E Kiely; O Cahalane (Éire Óg), K Quirke, C O'Sullivan. Subs: L O'Mahony for S Leahy, Emma Cleary (Éire Óg) for A Ryan (both 48), L Fitzgerald for L Coppinger (54), D Kiely for O

Cahalane (56), D Kiniry for R Phelan (59).

It is understood that Macroom's Erika O'Shea, an All Star in 2021, is no longer a member of the Cork panel.

#### CAMOGIE

In the Glen Dimplex All Ireland championship group stage Cork must play Galway, Clare and Down. There are three groups of four teams. Two of the group winners (randomly chosen) advance to the semi-finals. The other group winner, and the three runners-up, play in the quarter-finals.

The bottom team in each group play-off to decide the team relegated to the 2024 Intermediate Championship.

Cork play Galway at Athenry on Saturday June 3rd at 5pm in their opening game and follow on with a home fixture against Down on June 17th and an away clash with Clare of July 1st.

#### MASTERS GAELIC FOOTBALL

Taking part in the over-40s competition for the third year, Cork got off to a winning start against Clare, triumphing by 1-12 to 0-7 in Shannon.

Cork defeated Waterford in the second round game 1-17 to 1-14 at Youghal. Ger McSweeney (Iveleary) with 0-6 and All Ireland medallists John Miskella (Ballincollig) with 0-5, made major contributions to the Cork win. Another All Ireland winner of 2010 Nicholas Murphy chipped in with a point. This trio formed a lethal full forward line for the Rebels.

Barry Cafferky (Donoughmore) was on the match day panel. Robert Oldham (Iveleary) is a selector.

#### 2023 CORK CREDIT UNIONS COUNTY LEAGUES

Football: In the Cork Credit Unions county football leagues there are seven divisions, 10 teams in each of divisions 1 to 6, 8 teams in 7 and in 8. Promotion and relegation applies in every division.

Division One: Éire Óg, Cill na Martra, Ballincollig, Nemo Rangers, Castlehaven, Carbery Rangers, Kiskeam, Douglas, St Finbarrs, Valley Rovers.

Division Two: Béal Átha'n Ghaorthaidh, Clyda, Carrigaline, Clonakilty, Kanturk, Aghada, O'Donovan Rossa, Fermoy, St Michaels, Newcestown

Division Three: Rockchapel, Macroom, Nemo, Castletownbere, Bishopstown, Ilan Rovers, Glanworth, Mallow, Knocknagree, Dohenys

Division Four: Aghabullogue, Naomh Abán, Kilshannig, Iveleary, Bantry Blues, Newmarket, Mitchelstown, Na Piarasigh, St Vincents, Bandon

Division Five: Ballinora, Mayfield, Adrigole, Boherbue, Ballydesmond, Glenville, Dromtariffe, Glanmire, Kinsale, Millstreet

Division Six: Gabriel Rangers, Kilmurry, St Finbarrs, Cobh, St Nicks, Buttevant, Urhan, Kildorrery.

Division Seven: Aghinagh, Ballinhassig, Castlemagner, St Michaels, Cullen, Argideen, St James, Ballyclough.

#### ROUND 7 RESULTS

Div 1: Ballincollig 3-10 Castlehaven 2-11, Valley Rovers 1-10 Cill na Marta 2-14, Éire Óg 0-12 St Finbarrs 1-15

Div 2: Béal Átha'n Ghaorthaidh 0-16 O'Donovan Rossa 2-11

Div 3: Macroom 2-11 Mallow 1-10, Knocknagree 2-14 Macroom 1-7 (Rd 8)

Div 4: Kilshannig 4-18 Aghabullogue 1-8, Iveleary 2-8 St Vincents 0-11, Naomh Abán 0-8 Bandon 1-9





**Macroom U16 C4 team**

Div 5: Dromtariffe 2-10 Ballinora 1-10

Div 6: Kilmurry 0-23 St Nicks 0-7

Div 7: Argideen Rngrs 0-7Aghinagh 3-15

**TABLE STANDINGS AFTER SEVEN ROUNDS**

Div 1 Nemo P7 W7 L0 Points 14: St Finbarrs P7 W5 D1 L1 - 11pts: Douglas P7 W5 L2 - 10pts: Cill na Martra P7 W4 D1 L2 - 9pts: Éire Óg P7 W2 D1 L4-5pts: Ballincollig P7 W1 Pts2.

Div 2 Clonakilty 12, Carrigaline 12, Béal Átha'n Ghaorthaidh 5 points (W2 D1 L4).

Div 3 Knocknagree 12, Dohenys 11, Mallow and Macroom (P8) 10 pts each.

Div 4 Kilshannig 14pts, Newmarket 12, Iveleary 10, Aghabullogue 9, N Abán 4pts

Div 5 Boherbue 14, Kinsale 11, Ballinora 5

Div 6: Kilmurry P5 W5 4 - 10pts: Cobh 7pts, Gabriels, Buttevant, Kildorrery 5 each

Div 7: 5 rounds played: St Michaels 8pts each: Aghinagh (W2 D2 L1) and St James 6pts

**TOM CREEDON CUP**

The semi final stage has been reached with Boherbue to meet Knocknagree 5pm and Naomh Abán to play Macroom at 6.45pm. Both semi finals will be played in Macroom on Saturday June 10th next.

**RED FM COUNTY SENIOR HURLING LEAGUE**

Results RD 7:

Div 2: Bishopstown 1-21 Ballincollig 4-19

Div 3: Castlelyons 0-19 Éire Óg 2-23, Inniscarra 1-12 Blarney 0-15

Div 4: Milford 1-16 Aghabullogue 0-17

Div 5: Cloughduv 3-18 Ballygiblin 0-14

Div 7: Kilshannig 0-16 Ballinora 1-18

**TABLE STANDINGS AFTER ROUND 7**

Div 1: Sarsfields 14pts, Blackrock 11

Div 2: Glen Rvrs 11, Ballincollig 10, St Finbarrs 9

Div 3: Carrigaline 12pts, Éire Óg 10, Newcestown 10, Blarney 8, Inniscarra 7.

Div 4: Ballinhassig 14, Valley Rovers 12, Aghabullogue 3

Div 5: Russell Rvrs 11, Watergrasshill 10, Cloughduv 8



**Macroom Premier 1 U15 team**

Div 6: Tracton 10 (P5 W5) Ballygarvan(P4 W4) 8, Kilbrittain 7

Div 7: Erins Own 8, Ballinora (P5 W3 D1) 7pts, Glen Rvrs 7.

**MUSKERRY GAA MID CORK LEAGUES 2023 FOOTBALL**

Division 1 - 8 teams: Canovee, Grenagh, Kilmichael, Éire Óg, Inniscarra, Clondrohid, Ballincollig, Donoughmore,

Rd6: Grenagh 1-11 Kilmichael 0-10, Dionoughmore 2-9 Clondrohid 1-13, Ballincollig 1-12 Inniscarra 1-11, Canovee 0-14 Éire Óg 0-6.

League Table: Canovee 12, Inniscarra 8, Grenagh 8, Clondrohid 7, Éire Óg 4, Kilmichael 4, Ballincollig 3, Donoughmore 2.

Division 2 East - 8 teams: Aghabullogue, Ballincollig, Ballinora, Blarney, Donoughmore, Dripsey, Éire Óg, Inniscarra.

Rd 5: Blarney 3-15 Ballincollig B 2-7, Aghabullogue 0-12 Ballinora 0-10, Inniscarra 0-9 Dripsey 1-13, Donoughmore 2-13 Éire Óg 3-9.

League Table: Blarney 9, Donoughmore 8, Dripsey 8, Éire Óg, Inniscarra 2 and Aghabullogue - 5pts, Ballincollig 2 and Ballinora - 2pt each.

Rd 6: Canovee 1-8 Beál Átha'n Ghaorthaidh 2-17, Kilmurry 2-13 Cill na Martra 3-10, Iveleary 2-13 Naomh Abán 3-13, Macroom v Aghinagh

League Table: Béal Átha 12, Kilmurry 11, Cill na Martra 8, Aghinagh 5, Iveleary 4, Naomh Abán 4, Macroom 2, Canovee 2 0.

Division 3 East - 6 teams:

League Table: Gleann na Laoi 6, Inniscarra 4, Grenagh 4, Blarney, Ballincollig and Dripsey 0.

Division 3 West - 4 teams: Béal Átha'n Ghaorthaidh, Clondrohid, Kilmichael and Naomh Abán.

**FOOTBALL CHAMPIONSHIP**

The Ross Oil Mid Cork Junior A Football Championship commences on July 27th with all six first round games scheduled for the period July 27th-30th. Group 1: Inniscarra v Grenagh, Blarney v Donoughmore. Group 2: Kilmichael v Dripsey,

Canovee v Ballincollig. Group 3: Aghinagh v Éire Óg, Clondrohid v Béal Átha'n Ghaorthaidh are the intriguing pairings in round one of the competition which is being played on a group basis initially.

**HURLING**

Cumnor Construction League

Division 1 - 8 teams: Grenagh, Kilmichael, Éire Óg, Blarney, Inniscarra, Ballincollig, Donoughmore, Dripsey.

Rd 6 results: Dripsey 2-21 Inniscarra 1-16, Éire Óg 0-20 Grenagh 1-19, Donoughmore 1-22 Kilmichael 1-10, Ballincollig 2-15 Blarney 2-12

League Table: Grenagh 12, Inniscarra 6, Donoughmore 6, Éire Óg 6, Dripsey 4, Kilmichael 2, Blarney 2, Ballincollig 2.

Division 2 - 8 teams: Uibh Laoire, Inniscarra 2, Blarney 2, Grenagh 2, Éire Óg 2, Cloughduv, Ballincollig 2, Aghabullogue 2.

Rd 5: Cloughduv 0-17 Blarney 3-14, Éire Óg 1-16 Grenagh 2-15, Aghabullogue 1-20 Inniscarra 1-5, Ballincollig v Iveleary.

League Table: Cloughduv 8, Aghabullogue 8, Iveleary 5, Grenagh 5, Inniscarra 4, Éire Óg and Blarney 2 each, Ballincollig 0.

Division 3 - 4 team (home and away): Laochra Óg, Gleann na Laoi, Donoughmore 2, Ballinora 2. (Note: Ballinora 1 are in County League 7)

Results: Ballinora 3-9 Donoughmore 2-21, Laochra Óg 0-4 Gleann na Laoi 3-19

League Table: Gleann 6, Donoughmore 4, Laochra 4 and Ballinora 0

**HURLING CHAMPIONSHIP**

The MJK Oils Mid Cork Junior Hurling Championship is being played on a group basis in the early stages and the competition commences on August 5th/6th. Group 1: Ballinora v Inniscarra, Kilmichael v Ballincollig. Group 2: Dripsey v Blarney, and Cloughduv. Group 3: Grenagh v Éire Óg and Donoughmore a bye.

Cloughduv (v Blarney) and Donoughmore (v Éire Óg) in action on August 11th.



**Gearóid Quinn Grandson of Jim Quinn presents the Jim Quinn Memorial Trophy to Rory McElroy**



**De La Salle Junior Athletics Team with their coach Mr. Fiachra Landers**





## LAOCHRA OG NEWS



Laochra Og U8 Camogie Muskerry Blitz 20th May 2023



Laochra Og U12 Camogie v Millstreet 19th May 2023

**20TH MAY 2023**

Laochra Og U12s away to Millstreet last night at a challenge match. Millstreet were very strong and won well. Our girls played well and with each training session and match are improving all the time. Next Monday 7.30pm next match this time County league recommences at home to Grenagh. Well done to our fabulous, hard working U8's who had a wonderful Muskerry Camogie Blitz

this morning. Our girls showed great skills and determination throughout their matches with friends from Blarney and Iniscarra. Thanks to Grenagh for hosting a great morning of camogie. Thanks to the parents for travelling with the girls and a huge thank you to our sponsors Mulcahy Insurance.  
23rd May 2023  
U12s played Grenagh yesterday evening at

Colaiste Ghobnatan. Missing most of our older girls they gave a very good account of themselves. Skills improving all the time. All girls got a good run out and gained valuable experience. Thanks to parents and coaches organising girls for the game. Best of luck to Grenagh during the rest of the County leagues.

## MACROOM GAA

**TOM CREEDON CUP**

Macroom 0 – 15 Kiskeam 1 – 9

Macroom, intermediates had a good win over Kiskeam in their final group game in the Tom Creedon Cup and so advance to the semi final stage along with unbeaten Boherbue. Knocknagree and Naomh Abán qualify from the other group so Macroom meet N Aban with Knocknagree facing Boherbue in the TC Cup semi finals.

Macroom had a bad start to this game played in glorious sunshine at Tom Creedon Park falling 1-1 behind after five minutes. A fine point from Jack O'Riordan got Macroom on the scoreboard in the 7th minute and Mark Hunt, Rory Buckley and David Horgan each kicked points to have Macroom level by the end of the first quarter, 0-4 to 1-1. Kiskeam went back in front, Don Creedon confidently equalised on 17, and when Kiskeam again hit the front, Rory Buckley had his second point to level matters again on 21. Two points from David Horgan frees had Macroom in front and beginning to play well but then in the four minutes before the break the home side conceded three points in a row to be in arrears at half time, 1-6 to 0-8.

Eolan O'Leary had Macroom level within a minute of the restart, Mark Hunt kicked them into the lead on 34. Kiskeam drew level on 41, David Horgan kicked Macroom back into the lead a minute later after a defence splitting run by Mark Corrigan. Brendan O'Connell denied Kiskeam a goal in the 45th minute with a super save, Eolan O'Leary pushed Macroom two clear in the 50th minute and increased the lead to three points two minutes later. Macroom were playing well now against battling opponents and when Kiskeam had a point in the 54th minute, Mark Corrigan placed Kieran Doody for a point in reply to keep Macroom three points clear. In the 59th minute,

Macroom were awarded a free and David Horgan kicked over to open up a four point gap and even though Kiskeam did manage a point in injury time, the Macroom defenders were composed and kept their goal intact.

Tom Creedon Cup semi final v Naomh Aban on Sat June 10th , 6.45 pm in Castle Grounds

**CORK CREDIT UNIONS COUNTY FL DIV 3**

Dohenys 1 – 11 Macroom 0 – 7: The outcome of this game was in the balance until two minutes from the finish. Macroom were trailing by 0-10 to 0-7 in the 50th minute and were pressing hard for an equalising goal in the next ten minutes. A Doheny's point in the 60th minute settled the outcome and seconds from the finish the home side got a goal to put a misleading gloss on the scoreline.

Macroom 2-11 Mallow 1-10: Macroom move to third place in the County Div 3 league after defeating Mallow at the upgraded Castle Grounds, Macroom's fifth win in seven games.

Early points from Olan O'Leary were followed by a 9th minute goal from David Horgan from a powerful free kick. Further points from Mark, Olan, David 2, had Macroom leading by 1-6 to 0-7 at half time. Three minutes into the second half Johnny Murphy got in for a goal and with points from Olan, Blake, David, Dylan Twomey and Don Creedon, Macroom managed to stay in front to the end of a tough battle despite massive pressure from Mallow.

Knocknagree 2-14 Macroom 1-7: Macroom travelled to Knocknagree and were well beaten in the end by a very fit and focussed home side.

Knocknagree were 1-4 to nil ahead after the opening four minutes but Macroom fought back well and cut into the deficit point by point and then drew level in the 18th minute at 1-4 each with

a goal from Mark Hunt. Twice Knocknagree went a point in front, twice Macroom equalised but then the home side had a second goal on 26, added two points and led by 2-8 to 1-6 at half time.

As the final scoreline shows, Macroom added only one point to their tally in the second half and the result was inevitable long before the finish.

Macroom panel: Brendan O'Connell: Kieran Condon, Mark Corrigan, Alan Quinn, Sam Kelleher, Jack O'Riordan, Seán Kiely, Tony Dineen, Fintan Goold, David Horgan, Michael Cronin, Mark Hunt, Ethan O'Gorman, Don Creedon, Caleb Dinneen, Eolan O'Leary, Tom Creedon, Kieran Doody, Darragh Kiernan, Ben O'Connell, Robert Lucey, Blake O'Gorman, Shane Meaney, Johnny Murphy, Rory Buckley, Blake O'Gorman, Dylan Twomey, David Cotter, Darragh Hogan.

**REBEL ÓG MID U12 GROUP 3**

Macroom 5-14 Sliabh Ruidh 2-5

Macroom U12s made it 2 wins and a draw- 5pts- from 3 games played in this six team group and they are joint leaders with Kinsale. Macroom played well and were clearly the better side against the boys from Belgooly/Ballymartle. Macroom; Gena Lisovyi, Sean Bourke, Con Moss, Ruairi Lucey, David Twomey, Noah Moss, Kennan Deasy, Danny Creed, Luke Kelly, Conor Angland, Cian Kelleher, Brian Lloyd, Lochlainn Phelan, David Siju, Maciek Krzepina, Alex O'Callaghan, Luke Kelly, Oscar Grace.

Macroom 5-13 Crosshaven 0-2: Macroom were too strong for visitors Crosshaven at Tom Creedon Park. Macroom, remain joint top of the league table along with Kinsale. .

Macroom: Gena Lisovyi, Sean Burke, Loughlin Phelan, Ruairi Lucey, Con Moss, Ohdran Kelleher, David Twomey, Noah Moss, Kennan Deasy, Conor Angland, Danny Creed, Luke Kelly, Oscar Grace.





**Macroom Minors (Boys) who defeated Courcey Rovers in P2 on 19/4/23, Tom Creedon Park. (C. Kelleher).**

**Macroom U10 (Girls) at training on 19/4/23. (C. Kelleher).**

Eoin O'Sullivan, Cian Kelleher, David Siju, Maciek Krzepina, Alex O'Callaghan. The other teams in the group are: Kinsale, Crosshaven, Courceys, Sliabh Ruadh, Inniscarra.

### U12 DIVISION 5 WEST

**Kilmichael 5-3 Macroom 2-5-7:** In the U12 Division 5 West, Macroom 2 were away to Kilmichael. Macroom got off to a great start playing some good football and registering impressive scores on the board. They led at half-time on a score of 4-3 to 2-1. In the second half Kilmichael started well and fought back into the game with some good scores and led by a single point with ten minutes to go. However, Macroom battled hard and scored a few fine points of their own to win on a score of 5-7 to 5-3.

**Macroom Panel: Ruairi Angland, Luke Guider, Cian Kelleher, Luke Kelly, Brian Llyod, Ruairi Lucey, Tom Minihane, Nathan Meyler, Odhran O'Regan, Eoghan O'Sullivan, Alex O'Callaghan, Bobby O'Brien, Jack Ryan, Sam Sabas, Nazar Zhezherun.**

**Macroom 2 5-9 Cill na Martra 3-6:** Macroom 2 made it three wins from four matches with a convincing win over Cill na Martra at Tom Creedon Park in glorious weather conditions.

**Macroom U14s will play O'Donovan Rossa in the U14 West quarter final on this Friday night in the Castle Grounds 7.15 pm and would welcome your support- do come to support if you can.**

### U14 P DIV 4

**Macroom 4-8 Kilshannig 1-5:** The Macroom U14 2nd team continued their good form (P4 W3 L1) in the Div 4 league with a win over Kilshannig at Tom Creedon Park. The visitors were 0-5 to 0-3 in front at the interval but Macroom upped their game considerably in the second half, got some fine scores including four smashing goals, denied the opposition a goal until the last seconds and thoroughly deserved their win, their third in a row. **Macroom 4-11 Midleton 3-8:** Macroom U14s P 4 team (Whites) welcomed unbeaten Midleton to Tom Creedon Park, started well and had a 1-2 to nil lead after ten minutes. The home side increased their advantage with some very good scores, the outcome of some excellent passing movements. Midleton were up for the fight however and at half time the score was 3-7 to 2-5 in favour of Macroom. The second half was a big test for the physically lighter and smaller Macroom but superior skill and massive courage enabled Macroom to overcome the opposition and emerge deserving winners. This was the team's fourth win from five games played to date.

**Macroom: Cian Lee, Tristan Mullane, Daniel Lucey, Brian McCrory, David Condon, Dan Lyons, Ronan**

**O'Neill. Ronan O'Sullivan, Dylan O'Shea, Cayden Dunton, Ciarán Murray, Conor Coughlan, David Bradley, Ben Ronan, Ryan Brophy, Evan O'Keeffe, Calum O'Driscoll, Leo Slattery, Aled Hopkins, Tadgh O'Driscoll, Michael Deasy, Dylan O'Connell, William Buckley, Oliwier Krzepina, Seán Quirke, Teteh Chuwaleyisayoni, Ryan Mahumutala, Conor Angland, Darragh Creed, Sean Burke, Lochlainn Phelan, Con Moss.**

### U15 PREMIER GROUP 1

**Macroom 4-9 St Nicholas 0-1**

The weather was poor but Macroom U15s made light of the conditions at Tom Creedon Park and played some great football to defeat St Nicks. The city side had just got the better of Macroom in the Feile and Macroom were determined to reverse that result and succeeded in their mission.

**Macroom: Geróid Quinn, Thomas Hopkins, Ruairi O'Shea, Robert Fitzgerald, Cathal Neville, Sam Leavy, Eoghan Healy, Jack O'Shea, Billy Murphy, Conor Nash, Jack Leavy, Alex Brophy, Dara Donovan, Coran Burns, Dylan Lucey. Subs, all used: Troy Murphy, Jayden O'Sullivan, Simon Condon, Brian Bradley, Ryan Fernando, Tadg Dunne, Caleb O'Connor, Oisín Phelan.**

### BALLINCOLLIG 2-4 MACROOM 2-11

The U15s travelled to Ballincollig in the Premier 1 league. Ballincollig started brightly and got the first score. Macroom started to settle and began to take the game to Ballincollig and got the next three scores, all from frees scored by Billy Murphy. Ballincollig responded with a well taken goal but Macroom replied with three more points to leave the half time score at Ballincollig 1-1 Macroom 0-6. Macroom exploded out of the blocks in the second half with a point from Billy Murphy and a goal from Conor Nash. Macroom kept up the pressure and a goal from Jack Leavy put them 8 points up. Ballincollig responded with a couple of points, Macroom replied with two points but a goal by Ballincollig with 15 minutes left made it a 5 point game.

A great run from Eoghan Healy ended with a point with 6 minutes left. From the kickout which Macroom won possession, the ball was played into the hard working Coran Burns who battled through to score the last point of the game and put them 7 points clear.

Macroom held for a fantastic win, their 3rd win in five games played.

**Macroom: Gearóid Quinn, Thomas Hopkins, Ruairi O'Shea, Robert Fitzgerald, Cathal Neville, Sam Leavy, Eoghan Healy, Jack O'Shea, Billy Murphy, Darragh Donovan, Jack Leavy, Conor Nash, Alex Brophy, Coran Burns, Dylan Lucey. and Caleb**

**O'Connor, Troy Murphy, Jayden O'Sullivan, Simon Condon, Tadg Dunne, Oisín Phelan, Ryan Fernando.**

### REBEL ÓG U16 PREMIER 2 FL

**Bandon 2-05 Macroom 2-06:** Macroom travelled to Bandon knowing that their destiny was in their own hands with four teams in contention for a place in the final. .

The impressive Billy Murphy opened Macroom's account with a point, followed by a further point from Cian O'Sullivan. Macroom, playing with the aid of the breeze had plenty of possession but poor shot decisions and inaccurate passing cost them scores. Bandon went on to score a goal against the run of play to get into a lead for the first time. Macroom rallied towards the 20 min mark to pick off some further scores from the boot of Cian O'Sullivan and Billy Murphy. Bandon finished the half stronger with a goal and a point, to lead at half time 2-1 to 0-6.

With the wind at their backs, Bandon kicked over a few scores. Macroom, to their credit, showed massive courage in taking the game to Bandon. Some great defending from Eoghan Healy and Denis McSweeney kept Bandon at bay. Then, against the run of play, Jack Leavy found space to bury the ball in the back of the Bandon net. Bandon threw everything at Macroom at this stage, as defeat effectively ended their chances of making final. Macroom soaked up the pressure well, with Ray Griffin to the fore. A mis-hit free found Billy Murphy, whose quick thinking scored what turned out to be the winning point.

**Scorers : Billy Murphy 1-03, Cian O'Sullivan 0-3, Jack Leavy 1-0**

**Macroom: Noe Kollar, Donagh Murray, Ray Griffin, Shane McCarthy, Regan Wong, Denis McSweeney, Eoghan Healy, Sam Leavy, Ruadhán McKenna, Jack O'Shea, Cian O'Sullivan, Billy Murphy, Charlie Magee, Odhran Creed, David Neville. Subs: Ben McCrory, Ryan Siju, Euan Molyneaux, Jack Leavy, Darragh O'Donovan**

**Macroom 1-15 Ibane Gaels 1-7:** Macroom U16s went top of the Premier 2 Section1 league table after this well merited win over Ibane Gaels at Tom Creedon Park. Macroom have played and defeated Youghal, Bandon, Ibane and Valley Rovers and drawn with Kinsale to finish with nine points from a possible ten. Their reward for topping the group is a final versus Mallow

Macroom started very brightly with Cian O'Sullivan with a flurry of early points for Macroom to race into an early lead. Strong play from Ibane yielded a couple of scores before Billy Murphy cut in from the wing and fisted the ball over the bar. Jack Leavy then added to the score board but a lapse





in concentration let Ibane Gaels in to grab a well taken goal. At this stage Macroom were playing some decent football and were rewarded with a goal which was credited to an Ibane player, who was put under pressure under the high ball from Jack Leavy. That left the scoreline at half time at 1-8 for Macroom to Ibane Gaels'1-4.

On the restart Sam Leavy went on the attack and popped over a great score. Ibane Gaels found an extra gear and scored 0-3, leaving it a two point game. However Macroom upped their work rate and some strong running from Billy Coleman and Cian O'Sullivan laid the platform for scores by Billy Murphy and Billy Coleman. Macroom were now in control and with some great turnovers in possession by Donagh Murray and Ruadhán McKenna made Ibane Gaels' task even harder. Macroom scorers: Cian O'Sullivan 0-5, Billy Murphy 0-2, Odhran Creed 0-1, Ruari O'Shea 0-1, Jack Leavy 0-3, Billy Coleman 0-2, Sam Leavy 0-1.

Macroom: Noe Kollar, Donagh Murray, Ray Griffin, Shane McCarthy, Regan Wong, Denis McSweeney, Eoghan Healy, Sam Leavy, Ruadhán McKenna, Billy Coleman, Cilan O'Sullivan, Billy Murphy, Jack Leavy, Ruairi O'Shea, Odhran Creed, Gearóid Griffin, Ben McCrory, Ryan Siju, David Neville, Euan Molyneaux, Jack O'Shea, Darragh O'Donovan, Charlie Magee (inj).

#### U16 PREM DIV 4

Bride Rvrs2 0-7 Macroom2 3-15: Macroom U16 2nd team played Bride Rovers in Rathcormack in their 2nd last league game.

Macroom started slowly but once they settled into the game they took control and a Tadg Dunne point got the ball rolling. Macroom kept the scoreboard ticking over with some fine points and just before half time a Macroom attack was finished to the net from Jack Leavy. On the stroke of half time Jack Leavy received a return passto

finish to the back of the net.

It was all Macroom now in the second half as well with a goal from Jayden O'Sullivan the highlight of the second half.

Macroom finished the game with their 3rd win in the competition and play their final league game against Glanmire 2.

Macroom: Caleb O'Connor, Thomas Hopkins, Sam Leavy, Robert Fitzgerald, Simon Condon, Ruairi O'Shea, Dylan Lucey, Jack O'Shea, Jack Leavy, Brian Bradley, Darragh Donovan, Alex Brophy, Jayden O'Sullivan, Coran Burns, Tadg Dunne. And Gearóid Quinn, Billy Murphy and Eoghan Healy.

Macroom 4-5 Glanmire 6-14

Macroom finish second in the group with three wins from four games as Glanmire finish on top with an unbeaten record. Glanmire had a physical advantage but Macroom were very skilful and got some smashing scores.

#### U17 MID MACROOM 3-7 KILSHANNIG 2-19

This was a game of two halves, Macroom on top in the first, and with early goals from Jamie and Oisín they were on top. Kilshannig came back strongly but a third goal, Odhran Creed the scorer, left Macroom leading by 3-5 to 0-8 at the break.

On the restart, Kilshannig attacked strongly from the off and got 1-4 without response to take the lead and they dominated to the finish, outscoring Macroom by 2-11 to 0-2 in that second half as Macroom tired against physically stronger opponents.

Macroom; Gerard Quinn, Martin Fitzgerald, Ray Griffin, Donagh Murray, Bobby Murphy, Ryan Sabas, Denis McSweeney, Cormac Burke, James Slattery, Jamie Murphy, Oisín O'Sullivan, Ruadhán McKenna, Charlie Magee, Odhran Creed, Colin Kelleher. Subs used Cian O'Sullivan and Shane McCarthy.

Macroom U17's played Castlehaven and Inniscarra in entertaining practice games.

In the Rebel Óg Mid Division 1 Macroom are in a Group of four teams along with Kilshannig, Na Piarsaigh, and St Colmcille's.

#### MID REGION U18 DIV 2 FL FINAL

Kilmurry 1-13 Macroom 0-9

The U18 Group final was played at Annahala and Kilmurry repeated their earlier win over Macroom. This is a young Macroom with only two players over age for next year and had won three of their four group games. They were under pressure for all first half and Kilmurry led by 0-10 to 0-4 at the break. Macroom had the better of second half. The team has shown vast improvement over the past few months, trained well and their play reflected this. Scorers for Macroom; Colin Kelleher 0-3, Oisín O'Sullivan 0-2, Cian O'Sullivan 0-2, Cian Noonan 0-1, Davy Burke 0-1.

Macroom: Jonah Dervin, Liam McSweeney, Ray Griffin, Rowan Mullane, Mark Condon, Cormac Burke, Bobby Murphy, Cian O'Sullivan, Ryan Sabas, Jamie Murphy, Cian Noonan, Billy Coleman, Davy Burke, Oisín O'Sullivan, Regan Wong. Subs used: Dara Hogan, Owen Creed, Colin Kelleher and James Slattery, Ruan McKenna, Donagh Murray, Martin Fitzgerald.

#### MUSKERRY JUNIOR FL DIV2

Macroom 1-6 Beal Átha'n Ghaorthaidh 2-17: Macroom juniors are short on players at present but are still fulfilling their fixtures and will get a competitive side together for championship. Ballygeary had a very strong team on duty and were the better side.

Cill na Martra 5-11 Macroom 3-7; Macroom juniors went down to defeat at Cill na Martra in the Mid Cork league. Macroom had a poor first half but improved in the second half. Macroom have Aghinagh (May 22nd) and Naomh Abán (June 5th) to play to complete their league programme.



Macroom U-12 (Girls) at training on 19/4/23. (C. Kelleher)



Macroom u16 Ladies who beat Passage West in the Mid-Cork C League Semi-Final on a scoreline of Macroom 3-04 Passage West 2-05a



Macroom U12 Div 4 team



Macroom U17's - Competing in Mid Div 1 FL





## MACROOM SOCCER CLUB



Macroom School Girls Soccer under 10 girls



Macroom School Girls Soccer under 13 girls

A massive well done to all of us under 10 girls who had their last training session during the week , a big thanks to Mr. Cool for providing us with some ice creams. Thank you , thank you to all our trainers that have trained the girls all season in wind, rain, and snow and especially our underage trainers Grace O’Riordan and Lilly Murphy from our Under 19 and under 17 teams who so generously gave up their time. If all these people did not give us their time, we could not possibly have an u10 teams. Thank you all.

### MACROOM UNDER 13 DIVISION 1

Riverstown 3 Macroom 2

Wednesday evening, we saw our last game for these bunch of amazing girls away to Riverstown. Having met this team already, in what was a very close battle, we knew we had a tough battle on our hands, especially seeing as a win would see us finish joint second in this competitive competition. Riverstown were quick to secure the first goal and kept the pressure up to make it 2/1 at half time. Macroom put in a tremendous team effort to battle it out throughout the second half but unfortunately it wasn’t to be on the night. Goal scorers for Macroom: Aine O’Riordan and Lauren O’Sullivan

### MACROOM UNDER 15 DIV 2 LEAGUE WINNERS

Macroom were presented their league title Sunday morning in Murray field by the C.W.S.L.

A league is won over a full season, and we are delighted for this group of girls who have shown us all year what a team is all about. Never giving up, friendship and determination, desire and each player giving that tiny little bit extra in every game. It was that little bit extra in every game that made these girls champions.

Of course, none of this could be achieved without

the parents driving the to matches as far as Youghal, training in the wind and rain and always making sure the girls were ready to battle for the mighty Macroom and were they proud to wear the green and white each week. At the start of this season, we had just five girls on the age and the rest of the panel are from our under 14 team to them Thank you all for giving the commitment to travel every Saturday and you were rewarded. To everyone that helped behind the scenes , first aid , jerseys collection money and finally our secretary Fiona . Thank you.

It’s very hard to win a medal in any sport and these memories will last long into the future. Forever more you will be known as Champions of the u15 Div 2 2022/2023 season.

**Team:** *Maisie Murphy (Capt.) Shauna O’Sullivan, Lucy Hinchion, Aisling Twomey, Szonja Mora, Chloe O’Sullivan, Joy Griffin, Ruth Cotter ,Sarah Hinchion, Sarah Kelleher, Aideen Kelleher, Daimhin McKenna, Realtin Walsh, Rachel O’Shea, Orlaith O’Brien and Saoirse Phelan. Coaches: Brian Murphy and Mick Goid*

### DOUBLE TROPHY SUCCESS

Following the recent brilliant U15 and U17 wins for the girls, it was the turn of the boys with the U16s and U17s both delivering silverware last week.

U17 Cork Youth League Champions  
Macroom took on Douglas Hall in their final league game at the Town Park and secured the win needed to take the title. This was a hugely competitive division, Douglas would also secure the title with a win. Bandon were also in the mix-if Macroom and Douglas finished level it would be the Bandon boys who would be league champions so there was massive interest in this game. Macroom began nervously and the visitors

had the better of the opening exchange. Home keeper Aaron Forde kept Macroom level with a string of fine saves. The management were glad to get to half time at 0-0. The HT teamtalk from Darrin Ring and his management had the desired effect as Macroom emerged completely re-energised. A host of chances were created as the flow of the game had completely changed. The opening goal then arrived for the home side-a fantastic effort from Noe Kollar nestled in the top right hand corner of the net. The visiting side were now on the back foot and the Macroom lads went for the jugular. The lead was doubled soonafter through a wonderful Luke Ring effort from outside the penalty box. Macroom now had both hands on the cup but credit to Douglas Hall they piled plenty pressure on the Macroom goal. The hosts held firm though and huge jubilation greeted the final whistle. Sean O’ Sullivan from the Cork Youths League was on hand to present the cup to Macroom captain Evan Cunningham amid great scenes. Well done to all players, management team of Darrin Ring, John Kelleher and Danny Lynch and parents for all the support throughout the season. Thanks also to kit sponsor Mattie O’Leary Electrical Services. The U17 management would also like to acknowledge support received from Concubhar Murray and the Macroom GAA U17 group. This team had a fixture at the same time as the soccer match. The importance of the league decider was acknowledged and a number of players were made available to play the soccer league decider. This significantly strengthened the soccer squad on the night and the positive outcome was that a league trophy was in Macroom that night. This approach is very much welcome and is appreciated by Macroom FC.



Macroom School Girls Soccer u15 team champions with coaches



Macroom FC U17 players and management who captured the league title at the Town Park last week





Macroom FC U16 schoolboys following their John Cooke cup final win over St Mary's at Castletreasure.

## U16 JOHN COOKE FOUNDERS CUP 2022/23

Macroom F.C. 2 St. Mary's A.F.C. 1

Macroom FC U16s and St. Mary's AFC clashed in a thrilling Founders Cup Final held at Corinthian's AFC last Friday, 26th. With their previous encounters resulting in big wins for both sides as well as a draw, it was for either team to take on the night. Corinthian's AFC provided the neutral venue and with a great pitch and the first of the summer weather, the crowd were in for a great game of football. It didn't disappoint with both sides trying to force each other deep. Macroom were caught about 15mins in when a long ball from St. Mary's dropped behind the Macroom back line and a second touch put it over the head of the advancing keeper. The response from Macroom was as swift as it was merciless - a scorching kick from Shane McCarthy to put it into the top left corner from just a shade inside St. Mary's half. A minute later Macroom had a great run from back, cutting through Mary's before a lovely placed ball close to the left corner flag timed for no.9 Felipe Gonzalez's run. Felipe's conversion was spectacular, a high ball over the keeper before dropping under the crossbar and into the side netting. Despite three goals within the first 20 minutes, the scoreline remained unchanged due to the woodwork, remarkable saves, and determined defending from both teams. In the end, Macroom emerged victorious, delighting their supporters and earning the most coveted prize of all - the victory lap drive through Macroom and on to Murrayfield. Macroom's U16 squad featured three

talented Spanish transition year students (Manel Ferro, Manuel Alonso, and Felipe Gonzalez), as well as German player Mattes Volkmer. They received valuable support from U15 players Eoghan Healy and Billy Murphy. The team is proudly sponsored by Castlevieview Chinese Restaurant, the Complex Leisure Centre, and sports jerseys provided by Matt O'Leary Electrical. Thanks to Macroom F.C., their coaches, players, parents and supporters throughout the season.

### LOCAL LOTTO RESULTS

#### RCPA (RYLANE COMMUNITY PARK ASSOCIATION) LOTTO RESULTS

22nd May, 2023:

Jackpot: €6,200

Numbers Drawn: 14, 35, 36 No Winner

Lucky Dips: Sheila O'Sullivan (Rylane ); Paddy Finnegan (Aghabullogue); Rose & Ava Buckley (Rylane - yearly); Rob Twomey (Rylane - Online). Seller's prize: Sheila O'Sullivan (Rylane).

#### MACROOM GAA LOTTO RESULTS

23rd May, 2023

Jackpot: €9,600

Numbers drawn: 2,6,7,26

No Winner

Lucky Dips: €80 Gobnaith McSweeney

€20 each to James O Connell, Elaine Lynch, Shane Dunne, Roxanne O'Leary, Bobby Dwyer

Tickets online at [www.macroomgaa.ie](http://www.macroomgaa.ie) and the usual local outlets throughout Macroom town.

#### CANOVEE GAA LOTTO DRAW

28th May, 2023

Jackpot: €3,300

Numbers Drawn: 3,11,17,23

No Winner

Lucky Dips: €30 to Danielle Madden, Tara Leahy

Online Winners: €30 Eimear Blavin, Pat Dunlea

#### COACHFORD AFC LOTTO DRAW

April, 2023

Jackpot: €

Numbers Drawn:

No Winner

Lucky Dips: €40 (o/l), €20 (Y/t),

#### MACROOM FC LOTTO RESULTS

April, 2023

Next Jackpot: €

No Winner

Lucky Dips: €70 Madiso Lucey

€20 each to

#### CANOVEE GAA LOTTO DRAW

April, 2023

Jackpot: €

Numbers Drawn:

No Winner:

Lucky Dips: €30 to

Online Winners: €30

#### AGHINAGH G.A.A. LOTTO

April, 2023

Jackpot: €.

Numbers drawn:

No Winner

Consolation prizes: €50.00

€20 each to



Ballinagree N.S. pupils from 4th, 5th & 6th class, along with their teachers Shane Lehane and Padraig O'Loingsigh, were visitors at the Stryker facility in Carrigtwohill recently where they learned about how 3D implants are made. The trip was part of their prize for coming 2nd place in a national 3D Design challenge.



The girls won two out of three games in their group beating Banteer and Ibane Gaels, losing to Rockbán. The girls progressed to the semi-final beating Douglas to get into the Final. Unfortunately it was not the girls day losing out to Mourneabbey in the final.



# MUSKERRY YOGA & PILATES

## TUESDAY

**10:00AM  
ALIGN & REVIVE  
PILATES**

CLASS PASSES AVAILABLE

**6:15PM  
YOGA  
FOUNDATIONS**

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**7:30PM  
FLEX & FLOW  
YOGA**

CLASS PASSES AVAILABLE

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## WEDNESDAY

**10:00AM  
ALIGN & REVIVE  
PILATES**

CLASS PASSES AVAILABLE

**5:45PM  
ALIGN & REVIVE  
PILATES**

CLASS PASSES AVAILABLE

**6:45PM  
ALIGN & REVIVE  
PILATES**

CLASS PASSES AVAILABLE

new

## THURSDAY

**10:00AM  
GENTLE FLOW  
PILATES**

CLASS PASSES AVAILABLE

**11:00AM  
ALIGN & REVIVE  
PILATES**

CLASS PASSES AVAILABLE

**6:00PM  
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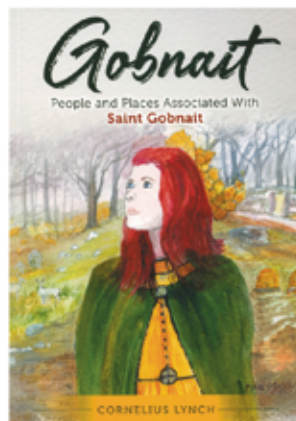
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## A Ghobnait an dúchais, A bhíodh i mBaile Mhúirne, Go dtaga tú chugamsa, Le d'chabhair is le d'chúnamh

Seo paidir a deirtear chuig Naomh Ghobnait chomh maith leis an gnáth cheann atá níos mó aitheanta;

Go m'beannuighe Dia duit a Ghobnait Naofa  
Go m'beannuighe Muire duit is beannuighim féin duit,  
Is chughat-sa a thánagh ag gearán mo scéal leat,  
Is ag lorg mo leighis ar son Dé ort.

Inné a bea Domhnach Cincise agus is lá patrún do Naomh Ghobnait é an lá seo chomh maith le lá fhéile Ghobnait a thiteann ar an 11ú de Feabhra. Agus chaitheas an tráthnóna i n'Óstán Ghobnatan i measc pobal Mhúscraí, An Comhairleóir Ghobnait Ní Mhuimhneacháin, An t'Uasal Derry Ó Duinnín chomh maith le maithe is mór uaisle na deoise, ár sagart paróiste an t'Athair Seán Mc Cárthaigh agus an t-Easpag Liam Ó Croidheáin a sheol leabhar álainn úr nua ar a tugtar Gobnait (*People and places associated with Saint Gobnait*), a scríobh fear Uasal Concubhar Ó Loinsigh nó Con Lynch mar a bhfuil aithne ag daoine air. Ní hé seo an chéad leabhar a scríobh Con, tá go leór eile foilsithe aige. Ach sa leabhar seo is léir gur thóg sé chamchúirt spriodálta agus é i mbun a chuid taighde ar son an leabhair. Thóg an camchuid seo é ar aistear Ghobnait féin is í ina cailín óg is í ag lorg a ceann scribe taréis do aingeal teacht chuchi i dtaibhreamh, is dúirt sí léi go mbeadh uirthi a baile is a muintir a fhágaint agus dul ag lorg áit ina bhfeicfeadh sí 9 gcinn d'fhiannaibh bána agus gur san áit seo a thógfadh sí mainistir. Agus gur anseo a bheadh (Port a h'Aiséiri).



Mar aon le Gobnait do thaisteal Con thar farraige, na bóithre is cosáin ar a shiúl Ghobnait féin. Bheartaigh sé oiche a chaitheamh a ngach áit ar a raibh sí agus ar fhág sí a rian. Ó Insi Oirr go Dún Chaoin, Cathair Saidhbhín, Cill Ghobnait i gCiarraí, Baile a Ghráin i Luimneach, Cill Ghobnait in aice le Dún Gharbháin i bPort Láirge, Tobar Ghobnait (*Abbeyswell*) i nGlountán i gceantar Malla i gCorcaigh, Cluain Droichead ar a bhfuil áit ar a tugtar Cill Ghobnait chomh maith. Is ar deireadh thiar Baile Mhúirne áit ar chríochnaigh an aistear fada. Bhuail agus chaith Con am mhaith le pobail sna h'áiteanna le linn a gcuid taighde chun tuiscint níos fearr agus níos doimhne a fháil ar Ghobnait.

Thosnaigh sé an togra seo 7 mbliana ó shin. Tugann sé léiriú beacht dúinn sa leabhar ar shaol is spiorad Naomh Ghobnait. Is léir gur chuaig sí i bhfaidhim go mór ar Con agus gur thug sí ionsporáid dó is é i mbun a scríobnóireachta. Shuig Con go minic in aice Ghobnait ag an scrín chun dearcadh agus taithí a fháil ar an suaimhneas agus an tsíochán a léirigh áilleacht an radharc a chonaic sí nuair a tháinig sé go Gort na Tiobraid i mBaile Mhúirne áit ar mhair sí go bhfuair sí bás 1500 bliain ó shin.



Tá cur síos iontach déanta ag Con sa leabhar ar gach gné de shaol Ghobnait. Fiú amháin an dearradh a bhí ar Tigh nó Cistin Ghobnait ag an am. Tá léiriúcháin 3D déanta fiú. Tá go leór leór scéalta agus píosaí Béaloideas curtha aige sa leabhar chomh maith. Bhailig sé cuid acu san ós na leanaí scoile sa dúthaigh seo. Tá ceann amháin gleoite a scríobh cailín óg ón Doirin Álainn. Déanann sí cur síos a a shean Uncail An t'Athair Diarmuid Ó Riordáin, a chaith mór chuid dá shaol san Aifric Theas agus san Indinéis leis na misúin. Scríobh sí "An rud deirneach agus is tábhachtaí a dhein sé sular chuaigh sé thar lear ná turas a thabhairt ar Reilig Ghobnatan. Theastaigh uaidh spioraid Ghobnatan a thógaint leis ina chroí. Thuig sé gur turas anama ab ea turas Gobnatan. Thuig sé nach scéal dar n-intinn a bhí ann ach scéal níos doimhne a bhain leis an Aiséiri". Nách iontach an smaoineamh tuisceanach é seo ó chailín óg atá beagán níos óige ná mar a bhí Ghobnait nuair a chuaig sí ar a turas féin.

Tugann Con Camino Ghobnait ar an turas seo agus ní nach ionadh. Tá an dearradh ar clúdaigh na leabhra déanta ag ealíontóir áitiúil Máire Ní Shuilleabháin. Beidh na leabhair ar díol acu go h'áitiúil sna siopaí agus bronnfar an brabús go léir ar Cumann na Scríne a dheineann an t'úfás oibre go deonach ag coimeád na h'áite ar árd chaighdeán agus a bhíonn i mbun oibre go ciúin dícheallach. Is féidir na leabhair a cheannach chomh maith má cuirtear ríomhphost chuig an t'údar féinigh ag; [www.corneliuslynchauthor.ie](http://www.corneliuslynchauthor.ie) Molaim go h'árd an leabhar seo atáim ag léamh fós agus ag foghlaim is ag baint ana thaitheamh as.



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## A Word of Victory

Welcome back dear student we love the 'hazy days of summer', they evoke thoughts of a more relaxed pace of life enjoying barbeques, ice-cream and the beach. Hazy is a word that can also mean vague or unclear. While many organise holidays months and years ahead, most people have no plans at all for what happens after they die. Insurance is a big part of life nowadays, giving a sense of security in case anything happens. We organise holiday insurance, health and life insurance, accidental loss insurance, even funeral insurance but 'after-death insurance' doesn't get a look in. Folks like to prepare for every eventuality in life - it's a huge business. Holiday itineraries are planned out in advance based on reviews advising on what to do when you get there, homes and gardens are decorated to a tee - nothing is left to chance, but it's all about this life. Yet we are only travellers here - this place is not our home no matter how nice we make it (Hebrews 13:14). Our physical bodies will all die one day and then what? Most people don't want to think about it, leaving it up to 'que-sera-sera' - what will be will be. But when something happens that's a horrific place to be without God and His Salvation (Romans 10:9-17; Ephesians 2:12). Some trust in their birth religion 'hoping' that because they fulfilled all the regulations, that rituals or beseeching saints will carry them safely on. Others proclaim that they don't believe in anything - that when you're gone - that's it; there's no more. How wrong they are, and how tragic when they find out the truth.

What the world's culture emphasises is all focussed on a very shallow level. People are taught they need to achieve success in order to feel validated and enjoy life - whether this is organising the perfect home or holiday, the perfect career, the perfect wardrobe (sustainably sourced of course), having everything 'in order', in the visible realm at least. The mantra now is 'be kind'. There's nothing wrong with 'being kind' but that's where dead philosophy ends. However, being a kind person will not earn anyone Salvation. Death often occurs when it's not planned for. Then it's too late. Salvation can only be sorted out on this side of the grave by believing in Jesus, God's Son. "This is the way to have eternal life - to know You, the only True God and Jesus Christ the One You sent" (John 17:3). Anyone that says otherwise is ignorant of God's Word (Mark 16:15-16). "... God wants everyone to be saved, and to understand the Truth. There is One God, and One Mediator who can reconcile God and humanity - the Man Christ Jesus. He gave His life to purchase freedom for everyone" (1 Timothy 2:3-6). The knowledge and fear of God and His Word has been all but eliminated from society's political correctness today. The proposed crazy hate speech law in Ireland will attempt to further alienate anyone who believes and preaches God's Word, which is the Truth (John 17:17). Jesus said "you are truly My disciples if you remain faithful to My teachings. And you will know the Truth and the Truth will set you free" (John 8:31-32). Don't leave your salvation to chance friend. Get right with God! Repent of sin, ask the Lord Jesus to come into your heart and to baptise you with His Holy Spirit. Release forgiveness, live for God - leave darkness behind and move into the Light! (John 3:16-21; Colossians 1:13-14).

Bible Study & Prayer every Sunday @ 11am and Thursdays @ 7.30pm in person and on Zoom at Word of Victory Christian Fellowship Killarney - Eircode: V93V6X4.

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### FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of

**TOM BUTLER**

**4 Cúil na Carraige, Ballymakeera and late of Ballylarkin, Freshford, Co. Kilkenny  
Died 30th of May 2022**

As we lovingly remember Tom on his first anniversary, we, his wife Pauline, and Family wish to thank everyone who sympathised with us on our great loss.

We offer our heartfelt thanks to all those who sent Mass cards, letters of sympathy, floral tributes and messages of condolence. We are extremely grateful to our wonderful friends and neighbours, and all who called to our home. They offered us so much support and sympathies during this difficult time and continue to do so. We thank all who travelled from near and far to attend Tom's Rosary, funeral mass, and burial. A special note of gratitude to Dr. Colette Faul, Nora, and staff at Ballyvourney Health Centre for all the kindness and care during and since the sudden loss of Tom; Thank you to the staff of Care Plus Pharmacy especially Sinead; We wish to thank the paramedics, Gardaí and South Doc for their help and support.

Our sincere thanks to the business community for lining the route for Tom's final journey. We would like to thank Fr. Sean MacCarthaigh for a very meaningful funeral mass and a special thank you to Aileen, choir and sacristans Paddy and Nora; A sincere thank you to Tom's beloved club Naomh Abán, who he held very dear to his heart, for their guard of honour. A special thank you to the staff and management of the Abbey hotel for the lovely meal and refreshments following the funeral.

And, finally, we would like to offer our sincerest thank you to McCarthy Undertakers for their support, professionalism and advice and a special thank you to Partalán for all his hard work in the graveyard.

As it is impossible to thank everyone individually, we hope that this acknowledgement will be accepted as an expression of our deepest gratitude.



Sadly missed and always remembered with love, Pauline, Alan, Pamela, Thomas, David, their partners and Tom's beloved grandchildren.

Saint Gobnait, Pray for him.

### FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of

**PADDY O'SULLIVAN**

**Knockglass, Rusheen, Macroom who died on 31st May 2022.**

As we lovingly remember Paddy on his first anniversary, we his cousins wish to express our appreciation and gratitude to all who sympathised with us on our sad loss.

Thanks to our extended family, relatives, friends and neighbours, all those who sent mass cards, phone calls, enrollments letters, and online condolences, which was a great comfort to us during our sad time we are grateful for your support.

Thanks to all who attended Paddy's removal and funeral mass.

We wish to thank Fr Joe, Gillian (sacristan) and Kate and the choir for the lovely singing at the funeral mass.

We wish to thank Care Choice nursing home for their wonderful care of Paddy while in their care. Also a special thanks to Jimmy and to Moira. Thanks to Eileen and staff at The Auld Triangle.

We wish to thank Fitzgeralds Undertakers for the kindness, advice and professionalism and care shown to us all throughout the removal and funeral.

Also thanks to the grave diggers. As it would be impossible to thank everyone individually, please accept this acknowledgment as a token of our heartfelt gratitude and appreciation. The holy sacrifice of the mass has been offered for your intentions.

*Down the path of memories,  
We gently tread today,  
Our thoughts are always with you,  
Especially today.*

*Softly in the morning,  
You heard a gentle call,  
You took the hand God offered you,  
And quietly left us all.*



Loving remembered by the O'Sullivan's Ballyvoige.



**FIRST ANNIVERSARY AND ACKNOWLEDGEMENT**



In loving memory of

**MARY KELLEHER**

**Droumree, Macroom**

**Who passed away on 13th June 2022**

As we lovingly remember Mary on her first anniversary, David, Paul, Lisa, Sean and our extended family, would like to sincerely thank everyone who sympathised with us following our sad loss.

We are deeply grateful to our extended family, friends and neighbours, to those who attended the funeral mass and burial or watched on-line.

A special thanks to all those who came to the house, brought food and refreshments, sent flowers and messages of sympathy, to our wonderful neighbours who formed a guard of honour in Droumree.

Sincere thanks to all those who helped care for Mam during her illness, family, doctors and nurses of Sullane Family Practice, Dr Power and the staff of St Bernadettes and St Thereses Ward Mercy Hospital, Marymount Hospice, Matt Murphy Pharmacy, homehelp and Michael Bradley.

Thanks to Fitzgerald's funeral directors for their professionalism and kindness throughout the funeral.

A special thanks to Fr John for his visits to mam, for the support and kindness he showed to her and to Fr Philip and Fr Roberts for celebrating the funeral Mass.

As it would be impossible to thank everyone individually we trust this acknowledgment will be accepted as a token of our sincere appreciation. The Holy Sacrifice of the Mass will be offered for your intentions.



Mary's First Anniversary Mass will be celebrated on Sunday 11th June at 8.30am in St. Colman's Church Macroom.

**5TH ANNIVERSARY**



In loving memory of

**MAURA O'SHEA**

**Clondrohid and late of Mullinroe**

**Died on 3rd June 2018**

*A beautiful life that came to an end,  
You died as you lived, everyone's friend,  
In our hearts your memory  
will always be kept,  
Of one we loved and will never forget.*



Always in our hearts and prayers,

Your sisters Nell, Nora, cousin Clare, nieces and nephews.

**3RD ANNIVERSARY**



In loving memory of

**DÓNAL (DANIEL) TWOMEY**

**Coolierher, Ballymakeera**

**whose anniversary occurs on the 9th of June.**

*You gave us years of happiness  
then sorrow came with tears,  
you left us with lovely memories  
which we will treasure through the years.*



Fanfaidh tú linn in ár gcroíthe go deo.

Lovingly remembered by his wife Rita, sons: Michael, Conrad, Don, daughters: Norma, Marjorie, Majella and extended family.

**10TH ANNIVERSARY**



In loving memory of

**JOHN NOEL MURPHY**

**Sleevan East, Macroom Co. Cork**

**Died 01st June, 2013**

*Those who think of him today  
A little prayer to Jesus say.*



Sadly missed by his wife Ina and family.

**4TH ANNIVERSARY**



In loving memory of

**CONOR BUTTIMER**

**Coolcower, Macroom, Co. Cork who died on June 11th 2019.**

*His smiling way and pleasant face  
Are a pleasure to recall,  
He had a kindly word for each  
And died beloved by all.  
Some day we hope to meet him,  
Some day, we know not when,  
To clasp his hand in the better land,  
Never to part again.*



Always remembered by your wife Sheila, Elaine, Pat, Suzann, Colette and their families.

Anniversary Mass on Tuesday 13th At 7.30pm St. Colman's Church, Macroom

**2ND ANNIVERSARY**



In loving memory of

**DAN VAUGHAN**

**Candromey Kilnamartyra**

**Who died on the 8th June, 2021**

*Memories of you are lovingly kept  
Someone too special to ever forget.  
Your wish today would be no fuss  
Just to be remembered by all of us.*



Always loved and remembered by Ann and family.

**7TH ANNIVERSARY**



In loving memory of

**PHIL LUCEY**

**Lackneave, Inchigeela who died on 11th June 2016**

*We hold you close within our hearts,  
And there you shall remain,  
To walk with us throughout our lives,  
Until we meet again.  
So rest in peace dear loved one  
And thanks for all you've done,  
We pray that God has given you,  
The crown you've truly won.*



From her loving husband John, Family, and Grandchildren.

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**2ND ANNIVERSARY**



In loving memory of

**DONAGH O'BRIEN**

**36, Georgian Court, Wembley,  
London & Upper New Street,  
Macroom.**

As we lovingly remember Donagh on his second anniversary, we his family would like to extend our gratitude to all our relatives, friends, neighbours and the local clergy for the kindness and support shown to us on our sad loss.

*Léifear Aifreann ar bhur son*



**12TH ANNIVERSARY**



In loving memory of

**JERRY TWOHIG**

**Macroom, Co. Cork**

*Sadly missed along life's way  
Quietly remembered every day  
No longer in our lives to share,  
but in our hearts you are always there.*



Always remembered by his wife Ann ,  
daughters Edel, Amanda, Valerie  
and sons Paul and Eddie.

Never forgotten.  
R.I.P

**12TH ANNIVERSARY**



In loving memory of

**KATHY CASEY**

**Carrigaphooka, Macroom.  
Wo died on 29th May 2011**

*Loving and kind in all her ways,  
Upright and just to the end of her days,  
Sincere and true in her heart and mind,  
Beautiful memories she left behind.*



*Fondly remembered by all her family  
and friends.*

**FIRST ANNIVERSARY  
AND ACKNOWLEDGEMENT**



In loving memory of

**DONAL MCCARTHY**

**Aubane, Milstreet  
who died on the 29th May 2022**

On Donal's First Anniversary his brother, sisters, brother-in-law, nephews and nieces, wish to thank all who attended removal, funeral, sent Mass cards or wrote messages of condolences on RIP.ie. Thanks to doctors, nurses, staff of Bridehaven Nursing Home, neighbours and friends for their kindness to Donal. To Canon Fitzgerald for celebrating Mass and to Tarrent Undertakers. Mass has been offered for your intentions.

Will those who think of him today,  
A little prayer to Jesus say.



**14TH ANNIVERSARY**



In loving memory of

**MICHAEL T BRADLEY**

**Droumree,  
Macroom,  
Co Cork**

**Who passed away on the  
30th May 2009**



Always remembered by your wife  
Sheila and family

**6TH ANNIVERSARY**



In loving memory of

**DAN C O'CALLAGHAN**

**Fergus, Coachford, Co. Cork  
who died on June 10th 2017  
Rest in Peace.**

*We miss you from your fireside chair  
Your loving smile and gentle air  
Your vacant place no one can fill  
We miss you Dad and always will.*



Sadly missed and lovingly remembered  
by your loving wife Kathleen, son  
Donal & daughter-in-law Sinéad,  
daughter Joanne, son in law Stewart &  
grandchildren Isla, Callum, Ruairidh  
& Tadhg.

**2ND ANNIVERSARY**



In loving memory of

**TIMMY KELLEHER**

**Gortanemill, Renaniree  
Who passed away on 13th June 2021**

*Gone are the days we used to share  
but in our hearts you are always there.  
The gates of memory will never close,  
we miss you more than anyone knows.  
With tender love and deep regret,  
we who love you will never forget.*



All our love always,  
Elaine, Patrick and Seanie.

**5TH ANNIVERSARY**



In loving memory of

**MAURA O'SHEA**

**Clondrohid and late of Mullinroe  
Died on 3rd June 2018**

*A beautiful life that came to an end,  
You died as you lived, everyone's friend,  
In our hearts your memory  
will always be kept,  
Of one we loved and will never forget.*



Always in our hearts and prayers,  
Your sister Nora, cousin Clare,  
nieces and nephews.

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**FIRST ANNIVERSARY AND ACKNOWLEDGEMENT**



In loving memory of  
**JOSEPHINE COTTER**  
Glounaglough, Rylane, Co Cork  
Who died on the 7th June 2022

As we lovingly remember Josephine on her First Anniversary her daughters Mary, Katie, Brid and son Sylvester, wish to thank most sincerely all those who sympathised with us on our great loss. We wish to express our appreciation to all those who called to the house, attended the Rosary, Funeral Mass and Burial. Thank you to those who sent floral tributes, Mass cards, perpetual enrolments and letters of sympathy. We would like to thank especially our extended family, friends and neighbours who were there for us throughout this difficult time. Thank you to all the staff at Abbeylands Nursing Home who looked after Josephine so well. A sincere thank you to Fr Peadar Murphy P.P for such a beautiful Mass and comforting words, Aoife Donovan who sang so beautifully and Fitzgerald Funeral Directors. As it is impossible to thank everyone individually please accept this as a token of our deepest gratitude. The holy sacrifice of the Mass has been offered for your intentions



Always remembered by your loving family.

**9TH ANNIVERSARY**



In loving memory of  
**PÁDRAIG O'RIORDAN**  
Raleigh South, Macroom, Co. Cork  
Who passed away 10th June 2014

*Beautiful memories of a beautiful soul.  
A loving Son, Brother, Friend and much more.*

*Your voice, always so clear, in our search for meaning.  
Your presence, always nearby, when we long for healing.*

*And when we witness something so wonderful, that it takes our breath away, it is really you reminding us, that you're still with us every day.*



Lovingly remembered by his parents Martin & Ellen, sister Lisa & brothers Stephen & David.

Anniversary Mass on Saturday 10th June, 10 a.m. in St. Colman's Church, Macroom.

**2ND ANNIVERSARY**



In loving memory of  
**MARY ANNE KELLEHER**  
Mountcross, Macroom  
Who died 6th June 2021

*The Lord is my shepherd, I'll not want,  
He makes me down to lie  
In pastures green, he leadeth me,  
The quiet waters by.*



Always remembered by her loving relations, friends and neighbours.

May she rest in peace.

**30TH ANNIVERSARY AND 50TH ANNIVERSARY**



In loving memory of  
**TADG SCANNELL**  
Who passed away on  
8th January 1993



In loving memory of  
**ABBY SCANNELL**  
Who passed away on  
5th June 1973

**Inchamore Coolea**

*St Abby pray for them*

*As you were you will always be  
Treasured forever in our memory*



Always remembered by your loving family

**15TH ANNIVERSARY**



In loving memory of  
**BETTY LALLY**  
Kilcondy, Crookstown,  
who died on 03rd June 2008

*Memory is a lovely lane,  
Where hearts are ever true,  
A lane I so often travel down,  
Because it leads to you.*



Always remembered with love by Sean, Karen, Seanie, Gabriel, Kathleen, Conor, Eoin and Jack.

**2ND ANNIVERSARY**



In loving memory of  
**BERTIE CREEDON**  
Mullinroe, Clondrohid,  
Macroom, Co. Cork.  
Who passed away on 8th June 2021

*God saw the road was getting rough,  
The hill was hard to climb,  
He gently closed your weary eyes,  
And whispered "Peace be thine"*

*Will those who think of Bertie today,  
a little prayer to Jesus say.*



Always remembered by his loving wife Nora, son Patrick, daughters Anna, Sheila, Marie, Margaret, Norma, daughter in law, sons in law, grandchildren, relatives and friends.

Bertie's Anniversary Mass is on Sunday 4th June in St. Abina's Church, Clondrohid at 9.30am.

May He Rest In Peace.

**THE MIRACLE PRAYER**



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer.



**FIRST ANNIVERSARY AND ACKNOWLEDGEMENT**



Treasured memories of

**PAT HEALY**

**Harwood, Gurteenroe, Macroom  
Died 19th June 2022**

*Pat will forever shine brightly,  
constantly in our thoughts,  
a radiant star in God's heavenly sky.*



Loved by his wife Áine, son Ivor, daughter Michelle, daughter in law Pauline, son in law Joe, grandchildren, nieces, nephews, family & friends.

Thank you for the expressions of sympathy, letters and mass cards which are all a comfort to us.  
As a token of our appreciation a mass will be offered for your intentions.

Pat's First Anniversary Mass will be held in St. Colmans Church Macroom on Friday the 16th of June 2023 at 10.00am.

**8TH ANNIVERSARY**



In loving memory of

**MAM**

**Who died on the 3rd June, 2015.**

*Today's the anniversary  
Of the day that I lost you,  
And for a time it felt as though  
My life had ended too.*

*But loss has taught me many things  
And now I face each day  
With hope and happy memories  
To help me on my way.*

*And though I'm full of sadness  
That you're no longer here  
Your influence still guides me  
And I still feel you near.*

*What we shared will never die  
It lives within my heart,  
Bringing strength and comfort  
While we are apart*



Always remembered and loved by her daughter Laura.  
*Always on my mind, forever in my heart.*

**8TH ANNIVERSARY**



In loving memory of

**ANNETTE  
O'MAHONY**

**Clondrohid, Co.Cork  
Who died on the 3rd June, 2015.**

*Our lives go on without you  
but nothing is the same.  
We have to hide the heartache  
When someone speaks your name.  
Sad are the hearts that love you,  
Silent are the tears that fall.  
Living without you is  
the hardest part of all.  
You did so many things for us,  
Your heart was so kind and true,  
And when we needed someone  
We could always count on you.  
The special years will not return,  
When we are all together  
But with the love in our hearts  
You walk with us forever.*



Sadly missed by her loving family,  
Parents John & Eileen, Daughter Laura,  
Partner Paul (Long), Sisters Sheila and Mags,  
Brothers Denis and John, Brothers-in-law Seanie and Denis, Nephews Eric and Jaden and Nieces Chloe and Shauna.  
Anniversary Mass in St. Abina's Church Clondrohid Fri 9th June at 7.30pm.

**FIRST ANNIVERSARY AND ACKNOWLEDGEMENT**



In loving memory of

**CONNIE  
MOYNIHAN**

**Parkinalane, Kilnamartyra  
who died 7th June 2022.**

As we lovingly remember Connie on this his first anniversary we his family wish to express our heartfelt gratitude and appreciation for the support and kindness shown to us during our very sad loss of a much loved husband, father, grandfather, son, brother, brother in law and loyal friend.

We would like to extend a sincere thanks to our extended family, our wonderful friends, kind neighbours and all those who sympathised with us, supplied us with food and helped in many ways, too numerous to mention.

The family would like to extend our thanks to the Doctors & Staff in the CUH, Dr John O Riordan & Staff in Sullane Practice and Marymount.

A very special mention to Father Joe for his support & for celebrating the beautiful Mass that meant so much to us all. Thanks to the Sacristan, to all those who read at the Mass, to Micheal Bradley, Muireann and Gobnait O' Connor for the beautiful music and singing and to Connie's only sister Noreen for her heartfelt eulogy.

Our thanks to Cyril Casey Funeral Directors for the dignified and respectful way in which they handled everything, and for their support and kind words and to Martin Horgan who escorted Connie to the church in the JCB.

We will be forever grateful to Breda & family in Gougane Barra for facilitating us and for all their kindness and support.

As it would be impossible to thank everybody individually, please accept this as a token of our appreciation.

The Holy Sacrifice of the Mass will be offered for your intentions.



Loved every minute, missed every day by his wife Mary, Natalie, Shane, Dan, Leah, Kayla, Caiden, Dylan & extended families.

**THE MIRACLE PRAYER**



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer.

**THE MIRACLE PRAYER**



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer.

**THE MIRACLE PRAYER**



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer. **SH**

**THE MIRACLE PRAYER**



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer. **X**

**6TH ANNIVERSARY**



In loving memory of

**MATTIE  
MC DONAGH**

**Knockraheen, Carriganima,  
Macroom, Co. Cork  
who died on the 9th of June 2017.**

*Softly on a June morning,  
You heard a gentle call,  
You took the hand God offered you.  
And quietly left us all.*



Loved and sadly missed by your wife Monica, Sons Eddie, John, Noel and their families.

May he Rest in Peace.



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