LEE VALLEY Outlook

To Advertise call Des: 087 659 3427 E: des@outlookmags.com News: leevalleyoutlook@macroom.ie



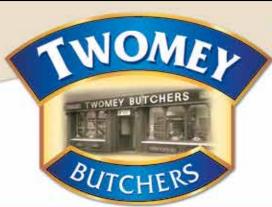
Panel Speakers at the Macroom Business Breakfast; Rory Kelleher Cork Chamber, Henry Murphy, Local Business Owner, Alan Mulcahy Local Resident, Alison Walsh Cork LEO, Cllr Kay Dawson of Mitchelstown Business Association, and CEO Maura Walsh IRD, with Alan Short on the extreme left © Peter Scanlan







Ireland's First Guaranteed Irish Butcher Since 1998



Supporting Local Agriculture Supporting The Local Economy











€25 SPECIAL

- 400g Steak Mince
- 3 Loin Pork Chops
- I Large Chicken Crown
- 4 x 4oz Angus Beef Burger
- 400g Diced Steak
- 12 Homemade Sausages
- 300g Michael Twomeys Pudding
- +I STAMP ON YOUR LOYALTY CARD



THE BEST LOYALTY CARD IN TOWN!

FULL CARD IS WORTH €12 MINIMUM. ASK IN-STORE FOR DETAILS

5 x 110g Hand Boned Irish Chicken Fillet Portions

Only €6.00

/€10.90 per kg

OUR LOCAL MEAT SUPPLIERS THIS WEEK ARE

WEST CORK WAGYU BEEF

Jim O'Donovan, Dromahane, Mallow, Co Cork William Hourihan, Kealkil, Bantry, Co Cork

LOCAL FARMERS BEEF

William Lynch, Dripsey, Co Cork Frank O'Brien, Kerry Pike, Co Cork

SHANDANGAN LAMB

Roy Rumley, Ballymacoda, Co Cork.

FREE RANGE PIGS

Senan & Cathal Noonan, Togher, Dunmanway, Co. Cork.

FREE RANGE CHICKENS

East Ferry Farm, East Ferry, Midleton, Co. Cork.

Railway View, Macroom, Co. Cork | Wolfe Tone Sq, Bantry, Co. Cork Tel. 026 42436

Tel. 027 55519

Macroom Environmental Park, **Bowl Road** Tel. 026 - 42280

Email. mtwomeybutchers@hotmail.com | Web. mtwomeybutchers.ie





Deasys Pharmacy Group

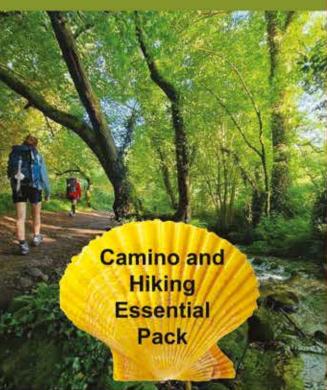
Ballymakeera 026 45421

Macroom 026 41048 Coachford 021 7434710

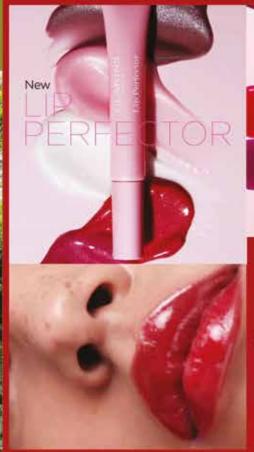
www.facebook.com/deasyspharmacy



We sell Hiking Packs suitable for all levels of walking.



CLARINS



NEW Lips & Cheek Collection Out Now



We offer an Ear Piercing Service. Call in to Siobhan or Julie to get your piercing done.

Call in to us for our walk in vaccination Clinic

Deasy's Pharmacy Group - providing the best of healthcare to our local communities

Get in Touch...

Don't be a stranger If you have an article, photo or story you wish to share, email: leevalleyoutlook@macroom.ie

If you cannot access physical copies, the LVO can be viewed online at: https://www.outlookmags.com/archives/lee-valley-outlook/

We are a bi-weekly magazine; therefore, submissions must be on the Sunday before publication at the latest, if you want a piece included in the following week's edition. Due to print processes, late submissions will be published in the following edition.

As always submissions as Gaeilge are always welcome too!

For Advertising email Des. E: des@outlookmags.com Mobile: 087 6593 427

BUSINESS IN A POST BYPASS MACROOM

REPORT FROM THE MACROOM BUSINESS **BREAKFAST MEETING ON THE 19TH APRIL**

On the Wednesday morning over 60 business people from the Lee Valley area attended a very entertaining Business Breakfast networking event with the theme "Business in a Post Bypass Macroom", sponsored by IRD Duhallow Skillnet and the Lee Valley Enterprise Board.

Alan Shortt of Media Skills Ireland was the Facilitator and Key Note Speaker, his communication methods were excellent and his energy kept the audience fully engaged throughout the morning with lots of interactions, good humour and many laughs along the way. For Alan who was born in Macroom this event gave him an opportunity to revisit the area and identify the key assets that make our town unique, and clearly his interest in the town was very evident as he identified a number of very positive actions that we all can take to change people's existing perception of a clogged up town, to the reality of a safer traffic free area, cleaner air quality, and a very friendly place to do business.

The panel of speakers included Kay Dawson of Mitchelstown Business Association who spoke of the experiences they encountered and how they responded when their town was bypassed a number of years ago. Rory Kelleher of Cork Chamber outlined the challenges businesses face and how to identify what makes them different, and using this as their unique selling point. Henry Murphy of Matt Murphy's Pharmacy said the positive difference on the main street is already being recognised with more people visiting the town and more frequently to do business. Alison Walsh of the Cork LEO outlined the supports and grant available for businesses, along with the LEO mentoring programmes to help them grow and develop. Alan Mulcahy a resident of Macroom for 22 years having moved here from the city, he has a son Jerry with special needs and Alan spoke on the benefits of living in a very friendly and welcoming town. Maura Walsh CEO of IRD Duhallow outlined what entices different generations and demographics to decide to live in a town like Macroom, this is definitely a topic to revisit. IRD have a number of supports to help the area attract people to stay and live in Macroom.

Also in attendance was Nicola Radley of Cork County Council, Senior Executive responsible for Macroom Municipal District who are working on the Briery Gap Development and

Notes from the Editor

The Lee Valley team wish to express sincere condolences to our colleague and friend Con Kelleher and his family on the sad passing of their sister Mary. Our thoughts and prayers are with you all at this difficult time. Ar dheis Dé go raibh a hanam.

Church of Ireland Restoration and who fund a number of projects to promote Macroom town, these are due for completion in late 2023.

Finally there was a Question & Answers session, with some great suggestions on what needs to be done, however the message was clear the power of the local community is key to our development, every resident, visitor, business and community group has a role to play in the rebranding of Macroom and district as a great place to live and do business. By working both individually and together we can overcome the challenges and create new opportunities for growth and prosperity. As Alan Shortt said, "don't be afraid to post a nice picture of a quiet street" this could just be the prompt someone needed to visit Macroom, so let's ask what can I do today to support business in Macroom! Watch this space for more events supported by the Lee Valley Enterprise Board.



Panel Speakers - Rory Kelleher Cork Chamber, Henry Murphy, Local Business Owner, Alan Mulcahy Local Resident, Alison Walsh Cork LEO. Cllr Kay Dawson of Mitchelstown Business Association, and CEO Maura Walsh IRD. © Peter



Geraldine O'Leary IRD, with Gobnait Moynihan winner of the hamper sponsored by Alberto Martin AlB. © Peter Scanlan



A. Macroom Updates - pages 4, 6, 8, 10, 12, 14, 16, 18, 20 B. Lee Valley Updates - pages 22, 24, 26, 28, 30, 32

Snippets - page 12

Sports - pages 44, 46 - 52

E: Trades & Services pages 54, 55 F: History - pages 40, 42 G: Advertorial - page 34

Sustainable Warmth Ltd



We specialise in

SPRAY FOAM INSULATION

ATTIC - CAVITY WALL - EXTERNAL WALL

SEAI GRANTS AVAILABLE covering up to 80% of the cost Typical 4 bedroom bungalow -

COST ONLY €300

TO BOOK
YOUR FREE
QUOTATION



T: 066 970 2113 | M: 085 849 4107 Email: sustainablewarmth@gmail.com

Macroom Library

Open Hours 9.30 am - 5.30 pm from Tuesday - Saturday, Closed on Monday and Sunday, Also closed on the Saturday of Bank Holiday weekends.

Phone: 026 42483

Email: macroom.library@corkcoco.ie

UPCOMING EVENTS AT **MACROOM** LIBRARY - ALL ARE FREE TO ATTEND.

THE FIRST FRIDAY WRITING GROUP will meet on Friday May 5th at 11am.

BRIDGE CLUB will take place on Wednesday May 10th at 10am.

AN INTRODUCTION TO MINDFULNESS -

Dr. Rosarie Crowley, Clinical Psychologist with the HSE, will be joining us on Thursday May 11th at 11.30am to speak about the practice of mindfulness and its impact on your mental health. This talk is part of our celebration of Bealtaine, so it should be of special interest to people in their older age. This talk is free, and it will be very beneficial to all who attend.

MUSIC MORNING will take place on Friday May 12th at 11am. This will be our final meet up before the summer break so be sure to come along as there may be a surprise guest(s) for our regular attendees. It will be a special morning.

CHILDREN'S FELT-MAKING WORKSHOPS

- in the run up to Cruinniú na nÓg on June 10th, there will be a series of three felt-making workshops in Macroom Library on Saturday May 13th, 20th, and 27th at 11am. The workshops will involve the use of natural wool



Full house at Ballinascarthy

fibres in bright colours to create a colourful and original piece of art, and they will culminate in an exhibition in Macroom Library on Saturday June 10th as part of Cruinniú na nÓg, where you can share your work with family and friends. These workshops are for children aged 9-12 years old. Booking is essential so please contact Macroom Library at 026-42483, by emailing macroom.library@corkcoco.ie or at the staff desk.

BOOK SWAP EVENT – on Saturday May 13th from 12pm-2pm, there will be a special Book Swap event in Macroom Library. People of all ages are welcome to bring along five of their own personal books that they no longer wish to keep and swap them for different books - when you hand in a book, you will receive a token which can then be exchanged for another book. There is a maximum of five books per person and only books in good condition will be accepted.

PURLIES KNITTING GROUP will meet on Thursday 18th May at 11.30am.

CYCLE SENSE – there will be a special event in Macroom Library on Friday 19th at 11am with Cycle Sense to celebrate Bike Week. This is a talk with practical elements on bike care and good cycling sense. Of interest to novice, or more experienced cyclists. Please enquire for more details closer to the date. All are welcome.

MACROOM PIONEER TOTAL ABSTINENCE ASSOCIATION

PRESENTATION OF PINS

On Saturday 22nd of April Macroom Pioneer Total Abstinence Association held a special Mass and presentation of medals and pins. 60years, 50 years and 25 years of abstinence were acknowledged and celebrated as individuals received the Fr. Cullen medal, received the gold pin and 1 member received the silver pin. Monsignor O'Donnell celebrated a lovely Mass with many local pioneers present. Many thanks to all involved. Our next event is to be participating in the Corpus Christi procession behind the Pioneer banner. All local pioneers welcome. Macroom Pioneers can be contacted by email at macroomptaa@gmail. com



Front: Kathleen Lynch (Fr Cullen Medal), Sheila Sheahan (Fr Cullen Medal), Ann Counihan (Fr Cullen Medal), Emer O'Leary (Secretary PTAA), Sheila Looney (Treasurer PTAA), Second Row: Agnes Linane (Fr Cullen Medal), John Dineen (Gold Pin), Siobhan Looney (Gold Pin), Mary Kelleher Carey (Gold Pin), Maura Coakley (Fr Cullen Medal), John Coakley (Fr Cullen Medal), Third Row: Mons James O'Donnell, Sean O'Leary (Fr Cullen Medal), Michael Lynch (Fr Cullen Medal), Dan Cronin (Silver Pin), Joan Halllissey (President PTAA), Martin Neville (Gold Pin), Teddy Sheehan (Gold Pin). © Peter Scanlan

HAVE YOU A NEWS STORY?

Contact the Editor by Email: leevalleyoutlook@macroom.ie

matt murphy's PHARMACY

Main St., Macroom Tel: (026) 41000





NEW SO SU STAND IN STORE!



















L.A. Girl



FREE GIFT WITH 2 PURCHASES

OF A NUXE AND VICHY PRODUCT!



OPENING HOURS: 8.30AM-6.15PM MONDAY TO FRIDAY SATURDAY 9AM-6PM

MCEGAN COLLEGE



Principal Trish Lynam with Aindrias Moynihan TD & Billy Kelleher MEP at their recent visit to talk politics with Junior Cycle



Principal Trish Lynam with Aindrias Moynihan TD & Billy Kelleher MEP at their recent visit to talk politics with Junior Cycle



Room 22 students admiring the Friendship Tulips at the Castle Gates that were planted by TY students in August as part of their Gaisce award.

MCEGAN STUDENTS GET A TASTE OF **COLLEGE LIFE**

TY students from McEgan College attended UCC for two days as part of the UCC Plus Programme. Students experienced tasters in their courses of choice which included Arts, Business and Law, Science, Engineering, Food Sciences, Medicine and Health. Presentation skills is a huge part of 3rd level education, and the students got some valuable pointers on how to improve in this area. Students also got a tour of Cork School of Music, got to try a variety of sporting activities in the Mardyke arena.

McEgan College: winners at Cork County GAA U14 1/2 Boys Blitz

Boys u14 ½ Football Final Blitz held at Páirc Uí Chaoimh 4g pitch on April 20th. McEgan College played four group games against Scoil Mhuire Ballingeary, North Monastery Secondary School, Mayfield Community School & Carraignafoy Community College. The final was a rematch with North Monastry. where McEgan College came out the victors. Team Captain Conor Lynch accepted the cup on behalf of the team from Cork GAA.

FRIENDSHIP TULIPS! & A METRE OF MEADOW MCEGAN STUDENTS GAISCE **AWARD PROJECTS**

If you have been admiring the colourful display at the Castle Gates recently then you have McEgan TY students to thank for this. As part of their Gaisce Community Award. The TYs

planted a mix of vibrant red and yellow tulips called Friendship to celebrate the inclusiveness and diversity in our local community. The students also took on the challenge to allow a metre of meadow to grow unhindered & 'wild'. They recently identified a multitude of species in this space. With the help of Mr. Healy and Ms.Bourke they identified and recorded the wild plants : Ivy Leaf Toadflax, Penny worth, Chickweed, Dandelion, Plantain, Lesser Celandine, Creeping Buttercup, Goose grass, Stitchwort, Stonecrop, Ivy, Pellitory-of-the-wall, Valerian, Briars and Crane's-bill.

It's quite amazing how many different plants grow in a small area.

MEP Billy Kelleher & TD Aindrias Moynihan. Local MEP Billy Kelleher & Local TD Aindrias Moynihan recently visited McEgan to talk with the Junior Cycle Students about their respective jobs as Member of the European Parliament & as Teachta Dála. They engaged the students with the structures and purpose of both the European Parliament & the Dáil.

Students in turn questioned them on improving the facilities in Macroom including cycle paths, improved recycling bins for bottles cans & plastic bottle recycling points for the town. It was a lively hour of chat . Thank to both Mr. Kelleher & Mr. Moynihan for such a lively and interesting visit.

Climate Detectives in Macroom. Some 12 TY students have been busy since September

collecting air quality readings for the town of Macroom to compare the air quality before the bypass opened and since the bypass opened. It will come as no surprise to Macroom residents to hear that the opening of the bypass has resulted in cleaner air, including reduced levels of Carbon Monoxide & Carbon Dioxide (both are damaging Greenhouse Gases) and also of the particulate matter closely associated with diesel engine pollution. Ton Thursday 27th April they presented their findings in Athlone TUS to scientists from ESERO (the European Space Education Research Organisation). The project will now be submitted to ESERO. Well done to The students & their Science Teachers Ms. Shannon & Ms. Riordan.



Pollution Prosecutors with their project on the changes to the air pollution in the town centre before and after the opening of the Bypass of Macroom Town. From the back: Manuel Fernandez, Aaron Forde, Oisin O'Connor, Gavin Creedon, Mattes Volkmer, Noah Wulf, Abbie Kavanagh. Front: Graham Lynch, Bobby Murphy, James King.



Recent Winners of Cork GAA Blitz held in Pairc Ui Caoimh . Team is pictured with the cup & trainer Mr. John Browne.



Students who got to be UCC students for 2 days in April Back LR: Gregory Salami, Morgan McGrellis Noemi Grigorescu Artur Cichosz, Front James King, Andrea Steefan, Nikoloz Chilachava

Kingdom Installation Ltd.

NEW GRANTS AVAILABLE OVER €1,000 TOWARDS UPGRADING INSULATION **IN YOUR HOME**

Grant applied for on behalf of the Homeowner

Grant amount automatically deducted from overall costs

Call us for further information and your

*subject to site survey and measurement



CAVITY WALL INSULATION | ATTIC INSULATION EXTERNAL WALL INSULATION

066 7135991 LIMERICK 061 320953

TIPPERARY 062 72761

See us on Facebool

www.kingdominstallation.com email: enquiries@kingdominstallation.com

Ballyvourney. Tel: 087 7614866

eaky Flat Roof???
We have the solution that works!

Fibreglass - Call us Today!



Other Services:

CARPENTRY

- Roofing First Fix Second Fix Stairs
 - Flooring Dry Lining/Slabbing
 - Attic Conversions & Renovations

The Auld Triangle

Bar & Restaurant

Dan's Bar

Book your

Birthday Party, Anniversaries, retirements or any special family gathering in our spacious Dan' Bar serving delicious food.



iGHTS

The perfect party venue



f 😉 🧿

Killarney Road, Macroom, Cork (026) 41940

www.auldtriangle.ie

Leabharlann Bhaile Bhúirne

LIBRARY DATES FOR YOUR DIARY

- ° Knit, Craft & Chat Group Every Tuesday 11aml
- ° Library Book Club Friday 12th May 11am tol
- ° Healthy Age Friendly Homes Grants Information Talk Friday 19th May 2.00pm
- ° Creative Writing Group Friday 19th May at
- ° Internet Safety Information Talk Tuesday 23rd May 11.30am

Please confirm meetings/events with the library on 026 45767 during opening hours

Gardening, you either love it or you hate it, I think. I love having a pretty garden with nice plants and a bit of colour, a place that welcomes the birds and the insects and the bees and I enjoy watching the birds and the insects and the bees in my garden. But I am not a great gardener, I leave most of the work to my husband. Sometimes he needs to get help doing some of the heavier jobs and I'm very good at giving instruction at this stage. We recently decided to reclaim and replant a large bank to the front of our house. It had been planted up years ago with some lovely shrubs and flowers but over the years it had become overgrown, and the countryside had encroached bringing with it brambles and other less desirable growth. Initially when I planted it my main guidelines in buying shrubs were, what colour they were, did they produce flowers, and could I afford them. Needless to say, with my lack of gardening and plant knowledge and my obscure way of choosing plants many of what was planted was not suitable. They either became very big and difficult to manage or were not suited to the soil and prevailing wind, or in the case of the smaller plants they became overgrown and overshadowed by the bigger plants and eventually died. The garden's demise would have happened much sooner except for one lady who used to visit and spend her time pulling weeds and trying to encourage me into being more proactive in the garden. Alas her visits stopped but my procrastination continued, unchecked.

This time around I have been able to check the gardening books that are available in Leabharlann Bhaile Bhúirne to see what would be most suitable for the soil and position in the garden. Another good piece of advice in the books was to ask for guidance in the garden center or nursery where you go to buy plants. Bring a photograph of where you are developing and know which direction it faces and whether it is a sheltered, shady area, a sunny area or windy. So that will be the next step to redoing the bank. In the meantime, my husband is planting late potatoes, onions, peas etc. I get great



pleasure out of using the potatoes and vegetables that are grown in our own garden. My rhubarb is being savaged by drunken slugs because the beer traps don't seem to be doing the job, but I drew the line when my husband suggested we get chickens to eat the slugs. I just couldn't handle going out one day to discover my feathered friends had been visited by mink, fox or some other marauding animal. I have indoor tomato plants and my sister has given me indoor lettuce plants. I will do my best not to over or under water them - my track record isn't great!

There are two really good events lined up for May in Leabharlann Bhaile Bhúirne. The first of these events is on Friday the 19th of May at 2:00 PM. Maria Nolan the Healthy Age Friendly Homes coordinator for County Cork will visit the library to give a short information talk about the Healthy Age Friendly Homes Program. People over the age of 66 may be eligible for this program. The aim of the program is to enable older people to continue living in their homes in their communities while staying independent. To enable this, grants are available to modify, repair or upgrade your home to make it comfortable to live in into the future. This is just a very brief outline of what the Program offers so please come along to the talk to hear more about the program. Marie will be happy to answer questions on the day.

The second event, Internet Safety For Older Users, will take place in Leabharlann Bhaile Bhúirne on Tuesday the 23rd of May at 11:30am. Community Garda Orla Doyle will visit the library to give a short talk and be available to answer questions about Internet safety. With so many services such as car tax, car insurance, banking, renewing driving licenses, shopping and many other services now being primarily online, it is important for us to take Internet safety into account. Garda Doyle will give hints and tips on how to stay safe while browsing the Internet and how to spot and avoid online threats.

Both events are free of charge and open to members and non-members of the library. I look forward to welcoming you to these events.

Tá dhá imeachtaí an-mhaith ar bun do mhí na Bealtaine i Leabharlann Bhaile Bhúirne. Beidh an chéad cheann de na himeachtaí seo ar siúl Dé hAoine an 19ú Bealtaine ag 2:00 i.n. Tabharfaidh Maria Nolan, comhordaitheoir na dTithe Sláintiúla do Dhaoine Aosta do Chontae Chorcaí cuairt ar an leabharlann chun caint ghairid faisnéise a thabhairt faoin gClár Tithe Sláintiúla do Dhaoine Aosta. D'fhéadfadh daoine atá os cionn 66 bliana d'aois a bheith incháilithe don chlár seo. Is é aidhm an chláir cur ar chumas daoine scothaosta leanúint ar aghaidh ag cónaí ina dtithe ina bpobail agus iad ag fanacht neamhspleách. Chun é seo a chumasú, tá deontais ar fáil chun do theach a athrú, a dheisiú nó a uasghrádú le go mbeidh sé compordach cónaí ann amach anseo. Níl anseo ach cur síos anghairid ar cad a bhfuil ar fáil sa Chlár agus mar sin tar chuig an gcaint le tuilleadh a chloisteáil faoin gclár. Beidh áthas ar Marie ceisteanna a fhreagairt

Beidh an dara himeacht, Sábháilteacht Idirlín d'Úsáideoirí Scothaosta, ar siúl i Leabharlann Bhaile Bhúirne Dé Máirt an 23 Bealtaine ag 11:30 r.n. Tabharfaidh an Garda Pobail Orla Doyle cuairt ar an leabharlann chun caint ghearr a thabhairt agus beidh sí ar fáil le ceisteanna a fhreagairt faoi shábháilteacht Idirlín. Agus an iomarca sin seirbhísí mar cháin ghluaisteáin, árachas gluaisteáin, baincéireacht, athnuachan cheadúnais tiomána, siopadóireacht agus go leor seirbhísí eile ar líne go príomha anois, tá sé tábhachtach dúinn sábháilteacht Idirlín a chur san áireamh. Tabharfaidh Garda Doyle leideanna agus nod maidir le conas fanacht sábháilte agus tú ag brabhsáil ar an Idirlíon agus conas bagairtí ar líne a aithint agus a sheachaint.

Tá an dá imeachtaí seo saor in aisce agus oscailte do bhaill agus do dhaoine nach baill den leabharlann iad. Táim ag tnúth le fáilte a chur romhat chuig na himeachtaí seo.

> "Life isn't about finding yourself. Life is about creating yourself." —George Bernard Shaw

AM OSCAILTE / OPENING HOURS

Dé Máirt, Dé Céadaoin, Dé hAoine Tuesday, Wednesday, Friday 10am to 5.30pm

(Dúnta/Closed 1.00 - 2.00pm gach lá/daily) Dé Sathairn /Saturday 10.00am - 1.00pm

* Dúnta gach Luan agus Déardaoin Closed every Monday & Thursday

*Dúnta ar Shatharn Deireadh Seachtaine na Saoire

*Closed on Saturday of Public Holiday Weekend Eolas: 026 45767

MSC/ACTIVE RETIRED GALA CONCERT

Thank you to the great crowd for joining and supporting our 'Reconnect and Meet Again' Gala Concert on Friday 21st April in St Coleman's Church.

We had such a jam packed evening with a mixture of song, choir, traditional music, humour and a monster raffle thrown for good measure!

We would like to extend a very special Thank You

Seán ÓSé, The City of Cork Male Voice Choir, Aghinagh Comhaltas, Peggy Lynch, Cork ETB School of Music

Ballinagree Folk Group

The atmosphere and the crowd prove to us the

desire and necessity of community, socialising and neighbour reconnecting with neighbour.

Watch this space for more upcoming events to socialise in our community and keep an eye out for Bealtaine Festival for more interesting events.

Shop Now Avail of these Amazing Prices before it's too late



Pocket Sprung Mattresses from: 3ft From €199 4ft / 4'6ft From €259 5ft From €299

Many More Great Reductions Across the Store







Fixed Table + 4 Chairs - Delivered & Assembled





Lissarda, Co. Cork OPEN 7 DAYS

Simon Kelly flies the flag proudly for Muskerry Macra at the

Mr Personality Festival 2023

The annual Mr. Personality Festival 2023 took place in the Talbot Hotel on the 14th and 15th of April in Clonmel, Tipperary. The festival was hosted by Kilkenny Macra na Feirme and was sponsored by Kilkenny/Carlow and District Farm Relief Services. The Festival, previously held in the Springhill Court Hotel Kilkenny for the past 15 years, was very well received by all who attended at this year's venue.

The 23 contestants travelled from across the country to Clonmel for a fun-filled weekend! On Friday evening, contestants were interviewed on stage, entertaining the audience with stories of their guilty pleasures and embarrassing moments (with an optional party piece if they were brave enough!) followed by music from 'The Waxies' and a DJ. On Saturday morning Simon completed his private interview with the judges. Afterwards he proudly displayed his county colours while completing a Bootcamp run by Kilkenny Macra members including wheelbarrow races, an obstacle course, and team building exercises to show the judges what he was made of. Judges for the weekend were Siobhán Woods, Liam Comerford and Barry Murphy.

The result was announced at midnight on



Mr. Steve Tracey, Carlow Macra's Mr Personality representative pictured with Dan Kiely, Michael Parsons and George Hatton of Kilkenny and Carlow District Farm Relief Services, long-time sponsors of the festival.

Saturday night after a Banquet Dinner Dance with entertainment from 'Hot Fuss'. Andrew Dunne, Mountmellick Macra (Laois) was named as the 16th Mr. Personality. He is the 4th Laois man to win the Title in 16 years, a feat not yet matched by any but the 'Lovely Laois' men. In second place was James Cassidy from Ballincollig Macra (Seandún) and third place was Paul Gill from Longwood/Killyon (Meath).

Andrew Dunne was presented with €500 cheque, a perpetual cup and glass trophy. James Cassidy received a glass trophy and a cheque for €300 and Paul Gill received a glass trophy and cheque for €200. All 3 winners received Vouchers for 'Lunch for Two' at the Talbot Hotel Clonmel.

LOCAL VOCALS FUNDRAISING CONCERT

Local Vocals began in September 2022 following in the footsteps of Kilmurrys successful singing group which was created by Kathleen Barrett and is run with Martina Ring, musical director. When Martina agreed to Jaki Healy's request to set up a similar group in Macroom, Local Vocals

The group which has 30 members meets every Thursday at 7.30pm in the idyllic setting of •••••• Chapel Hill School of Art, with each person bringing their unique voice and talent. Local Vocals made their debut in November 2022 when they were invited to sing at a fundraiser for Macroom District and Lions Club and were warmly received.

The group offers a welcoming space to sing, socialise and share in a love of music whilst also working towards a goal. With that in mind, Local Vocals are happy to announce they are hosting a 'Concious Concert' in Aid of Kerry to Cork Link Bus on 12th of May at 8pm in Chapel Hill School of Art.

Join Local Vocals for an evening of music & relaxation featuring Well Being Guest Speakers and spot prizes on the night.

Tickets - €10 and available via text or call Martina 0872331255, Jaki 0831182175

SNIPPETS | DIARY

Snippets may include details of upcoming Lee Valley functions, fundraisers, sports events etc. We may include commercial events that are also being advertised simultaneously in the magazine.

DATES FOR YOUR DIARY

11TH-13TH MAY - War Of Independence Musical in mBéal Átha'n Ghaorthaidh nightly @ 8pm

18TH - 20TH MAY - War Of Independence Musical in mBéal Átha'n Ghaorthaidh nightly @

12TH MAY - Local Vocals Fundraising Concert @ 8pm Chapel Hill School Of Art

21ST MAY - 10th anniversary celebration dance in Ballinagree Village on Sunday 21st of May 2.30 to 6pm Music by Lee Sound. And C&M sound. No cover charge

(RYLANE COMMUNITY **ASSOCIATION) LOTTO RESULTS:**

24th April, 2023:

Jackpot: €5,800

Numbers Drawn: 8, 31, 37 No Winner

Lucky Dips: Barry McSweeney (Annagannihy); Sophie, Meabh & Billy Scannell (Rylane); Dan Kelleher (Rylane - yearly); Maria Abad (Knocknagoun - Online). Seller's prize: Crowleys (Rylane).

CLONDROHID LOTTO RESULTS

26th April, 2023 Jackpot € Numbers Drawn: Winner: €70 Connie and Mikey O'Shea Carriganima €20 Ned Hubbard Bealnamorrive, Teresa Buckley c/o Evelyn, Suzanne O'Brien Clondrohid, James Lyons Rylane.

MACROOM GAA LOTTO RESULTS

Deadline: Monday before publication. Email: leevalleyoutlook@gmail.com

25th April 2023

PARK

Jackpot: € 8800

Numbers Drawn: 4 9 10 14 No Winner Lucky Dips: €70 to David Kelleher, Killinich, Co. Waterford.

€20 each to Adrigole GAA. David Murnane, Raleigh South, Macroom.Patricia Crowley, Fair Field Drive, Masseytown. Marian & Shane O'Leary, The Orchard, Macroom.

CANOVEE GAA LOTTO DRAW

30th April, 2023 Jackpot: €4,200

Numbers Drawn: 8,10,19,28

No Winner:

Lucky Dips: €30 to James Lucey/Tom Lehane, Martina Moynihan

Online Winners: €30 Paddy Delaney, Liam Lynch



CLINICS THROUGHOUT MUNSTER



Quality Bespoke Furniture

- ·Kitchens ·Utility Rooms
- · Wardrobes & Sliderobes
- ·Offices ·Living Room Units





Clinic Hours: Monday to Friday: 9.00 - 10.15 & 14.00 - 18.00 Saturday: 09.30 - 13.00

MACROOM GIRL GUIDES



Ardilaun Guides and MacEgan SBs spent a very enjoyable weekend at Leigh-Dale Centre recently.

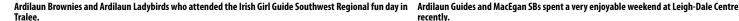
Ardilaun Guides and MacEgan SBs spent a very enjoyable weekend at Leigh-Dale Centre last weekend. The theme for the weekend was based on Harry Potter. Patrols were divided into the four houses of Hogwarts for the initial quiz and escape room activities. A hike, wide games with puzzles and aerobic challenges on the weekend's theme, making monster bubbles and a Hogwarts' based craft were some of the activities over the weekend and, of course, a Harry Potter film before campfire on Saturday night. The Guides, in their turns, learned to cook the many different dishes for each meal. Thanks to Elizabeth, who gained her Indoor Licence qualification this weekend, and to Orna, Deirdre and Danielle for running the weekend.

For more information on Guiding, contact macroomquides@gmail.com

Ardilaun Brownies and Ardilaun Ladybirds On Saturday 29 Apr 2023, Ardilaun Brownies and Ardilaun Ladybirds attended the Irish Girl Guide Southwest Regional fun day in Tralee. The regional fun day is organised in various parts of the Southwest region every year and sees over three hundred Brownies and Ladybirds gather together for a day of activities. This year the activities included outdoor games in which the girls had to use teamwork and problemsolving skills and a wide range of arts and crafts were on offer. There was also an interesting and interactive section devoted to STEM with MTU providing excellent activities for the girls to try out. A trip to Kerry County Museum

meant the Brownies and Ladybirds had a lovely walk through the park and got to see some of Tralee town. In the museum the girls were guided through the Medieval Experience which reveals what the streets of Tralee were like in 1450 AD with all the sights, sounds and robust smells of a bustling community. As part of the experience the girls wore medieval costumes. Another activity in the museum saw the girls taking part in the "Bone Investigators" workshop, which aims to gets children excited about archaeology. They were all given brushes and had to go digging for skeleton bones! The day finished off by a highly energetic Zumba session.







recently.

MACROOM SENIOR CITIZENS ACTI

BEALTAINE FESTIVAL EVENT - RECONNECT : **AND MEET AGAIN**

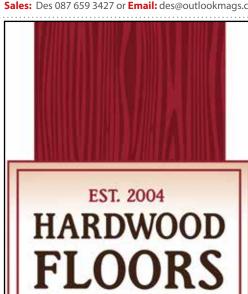
Will host a Gardening Talk from Mc D's Garden Centre at Griffins, Dripsey on Wednesday May 10th at 8.00pm in Fr. Ryan Hall, Lucey's Lane, Macroom. Plant Sale and Raffle. Enjoy Tea/ Coffee and Cakes. Admission €5. Everyone Welcome

INVER LEADING LIGHT'S PRESENTATION

Inver Macroom Junction were delighted to donate €1000 to Macroom Senior Citizens through Inver's Leading Lights programme. Leading Lights initiative was created to give back and recognize those who put the time and effort into making their local community a better place.

Inver Macroom Junction was delighted to donate €1,000 to Macroom Senior Citizens through Inver's Leading Lights pro gramme. Leading Lights initiative was created to give back and recognise those who put the time and effort into making their local community a better place. L/R Pat O'Connell MSC, Lonela Sanduleac Asst Manager, Debbie O'Donoghue, Store Manager.





Dedicated to Perfection

& TILES

MACROOM

Tiles, Timber Floors & Bathroom Ware



www.hardwoodfloors.ie 026 61007 | Millstreet Rd, Macroom





General Cattle Sale Every Saturday

- · Dry Cows 10am
- Calves 11am
- Bullocks 11.30am (followed by heifers)

Multi-Breed Bull Sale

Dairy Sale

Factory Sheep assembly **Every Tuesday**

Online Sale available on MartEye App

Entitlement Trading

Leasing - Selling - Purchasing

Land To Let

■ Agricultural & Silage Ground Required



Residential & Commercial **Properties Required**

■ Macroom and surrounding area

To discuss your property needs in confidence, contact CCM Property

Macroom Mart Office 026 41121 Jerh O'Sullivan M.I.P.A.V. 086 8329321



DE LA SALLE College Macroom



TY students Cian Desmond, Darragh Twomey and Joshua Hogarth of De La Salle College, alongside their teachers John Ryan and Laura Collins presented a cheque to representatives Phil Barry of St. Vincent de Paul and Pat O' Connell of Macroom Senior Citizens following their successful Macroom Charities Appeal which took place in December 2022.



TY students in De La Salle College Macroom pictured in the San Siro Stadium outside Milan on their recent school tour.

TALK BY LOCAL POLITICIANS

On Friday the 21st of April, second year students attended a talk by MEP Billy Kelleher and TD Aindrias Moynihan. Billy spoke about the benefits of EU membership for Ireland and his work as an MEP. Aindrias spoke about future plans for Macroom and the importance of being proud of your homeplace. Second year students really enjoyed this opportunity to hear from Billy and Aindrias. Thank you to both of them for making the effort to come in.

TRANSITION YEAR CHARITY COLLECTION

Transition Year students Cian Desmond, Darragh Twomey and Joshua Hogarth, alongside their teachers John Ryan and Laura Collins presented a cheque to representatives Phil Barry of St. Vincent de Paul and Pat O' Connell of Macroom Senior Citizens following their successful Macroom Charities Appeal which took place in December 2022. This collection is an annual event that has been running for 23 years. However, as a result of the pandemic, the collection has not taken place since 2019. Thanks to all for their generous donations.

TRANSITION YEAR GUEST SPEAKER

Dan Quirke, the father of Tipperary Senior Hurler Dillon Quirke, recently gave a talk to a group of 4th year students, and his message was nothing short of excellent.

Dillon collapsed during a hurling match and died of Sudden Arrhythmia Death Syndrome (SADS), on the 5th of August 2022 in Semple Stadium Thurles.

SADS is a heart condition that causes unexpected and often fatal cardiac arrest in young people, making Dan's story both tragic and inspirational.

During his talk, Dan shared his family's experience and how they dealt with the loss of Dillon. He spoke about the importance of seeking help and support during difficult times, and how his family has found strength in coming together and honouring Dillon's memory.

Dan's talk was incredibly inspiring for the students, who were moved by his courage and resilience in the face of tragedy. Many of the boys were touched by his message and left the talk feeling motivated to make a positive impact in their own lives and communities.

Overall, Dan's talk was an excellent reminder of the importance of cherishing life and supporting one another during challenging times. The boys were grateful for the opportunity to hear his story and were inspired to live their lives to the fullest, in honour of Dillon and all those affected by SADS.

TRANSITION YEAR SCHOOL TOUR TO ITALY

It was an early start for our Transition Year students on their first day, having flown out of Cork Airport at 6am but they thoroughly enjoyed their first day in Italy. After landing in Milan, the boys were given a tour of the San Siro. Later, they travelled to Verona where they enjoyed some free time exploring the city. A great day was had by all.

Our students spent their second day in Italy exploring the beautiful city of Venice. They enjoyed a walking tour around the city, water taxi and a visit to Piazza San Marco along with some free time. Leaving the city however, proved difficult due to a local traffic incident on the city's main bridge. Even though it took longer than expected, the boys co-operated brilliantly with teachers and eventually made it back to their hotel. One thing for sure is that they will never forget their day in Venice!

They spent their final day in Italy in Gardaland theme park. Later in the evening, they enjoyed a round of mini-golf. Overall, they had a brilliant few days. Thanks again to Mr. Colm Walsh for the months of work he put in organising an amazing trip and to their teachers who attended, Laura Collins, Jack Cott, Michelle Healy, Stephen Quinn and Meig Collins.



TY students in De La Salle College Macroom pictured in 'Piazzo San Marco' in Venice on their recent school tour.



MEP Billy Kelleher and TD Aindrias Movnihan pictured with second and third year students in De La Salle College on their visit to the school. From Left: Billy Kelleher, Donagh Moss, Gearóid Quinn, Jude Murphy and Aindrias Moynihan.



Dinner - Bar - Cocktails

Wednesday- Saturday 5.00pm till late Sunday all day menu 12.30 -8:00pm



For Bookings Call: 026-20191 www.granvilles.ie | Walk ins Welcome | Follow us on:





JULIE'S BARBERHSOP 👑 **SBARBER** COURSES STARTING SOON IN KILLARNEY! CONTACT JULIE FOR FURTHER DETAILS: T: 085 8121498



Intuitive **Energy Healer**



Both Reiki and Integrated Energy Therapy (I.E.T) are powerful healing therapies that are used to get the "issues out of tissues", it optimizes the flow of energy through and around the body to support you on your healing journey.

Energy Treatments are beneficial to those wanting to::

- Recover from illness
- Accelerate their Self Healing
 - Boost their energy



AN IET SESSION IS A POWERFUL HEALING EXPERIENCE

To Book your Treatment in MACROOM - Contact Adrian on

087 1869504

or email Nuahealing@gmail.com

ST MARY'S NEWS

COLOUR RUN

The countdown is on to our Colour Run which will take place tomorrow.

This Colour Run has been organised by Mrs O' Donovan and our student council to fundraise for Cloyne Diocesan Pilgrimage to Lourdes, The Motor Neurone Disease Association and The Alzheimer's Society of Ireland. Thanks so much to all of you who sponsored our students for this event. We hope to raise much needed funds for these really worthy causes and we also hope to have a great fun filled day for all involved.

CONGRATULATIONS

Congratulations to one of our past pupils Ciara Bradley who received a UCD Entrance Scholarship recently. Ciara got a fantastic 613 points in her Leaving Certificate last year achieving 100% marks in higher lever Maths, Chemistry and Biology. 'UCD recognises the calibre of its incoming high-achieving students with the award of UCD Entrance Scholar. Entrance Scholar awards are presented to first year students who achieve 560 points or more in their Leaving Certificate (or equivalent second level examination) in recognition of their academic accomplishment to date. Recipients are presented with a recognition certificate at a ceremony and their achievements are recorded on their academic transcript. Well done Ciara on this amazing achievement, we wish you all the best in your future studies.

THE 1ST YEAR WELLBEING CLASS

who are taking a module in the St. Mary's 'Grow Your Own' project was busy this week planting potatoes, carrots, spinach, kale, onions, broccoli, beetroot and lettuce. The class prepared the vegetable beds during the winter in terms of weeding and applying organic fertiliser. They were shown how to plant different types of seeds in ridges and it was all hands-on deck to get the beds planted on Tuesday afternoon. These tasks would have been completed earlier in the year only for the inclement weather, but that's the way the natural world works and is a challenge that the wellbeing class meet and overcome as part of their 'Grow Your Own' module each week. This week, the resident robin joined the class to ensure the vegetable patch's worms and insects were also quality assured, and, based on our observations, we think it was pleased. No doubt it'll be back again next week to join in the fun. A special thanks to Chapel Hill School of Art who have kindly given us the use of the raised beds and have been involved with us in the successful sourcing of funds for the garden from the Creative Schools Programme. This allowed us to purchase miniature polytunnels, hand tools, as well as provide a willow weaving and ceramic tile making course for the class.

CONGRATULATIONS TO OUR SUPER TALENTED TY STUDENTS

who put on a fantastic TY Show in Kilmurray Parish Hall on the 19th and 20th of April. Well done girls you were absolutely amazing. A fantastic team effort from all of the year group both on stage and back stage. We are so proud of you all. Thanks to your parents and teachers who helped you to prepare for this show. Huge thanks due to Ms Collins for all her help and support, this show would not have happened without her. Thanks also to the very talented show director Angela Doherty. Well done again girls, you were absolutely brilliant.

WELL DONE

to two of our really talented students Niamh O Riordan and Kealan O Shea who represented Scoil Rince Uí Thuama at the Irish Dancing World Championships recently. The girls danced individual dances and they competed in the 4-hand competition where they came 4th. Well done on this amazing achievement we are so happy for you both. Maith sibh

CONGRATULATIONS

also to the following students who recently won Munster Medals with their teams:

Lily Desmond - Cork U16b Football Team, Lily O Shea and Ciara Kelleher - Cork U16a Football Team

Lisa O Donovan - Cork U16b Camogie Team SIX STUDENT COUNCIL MEMBERS

Lizzie Crowley, Orlagh McBride, Erin Kelleher, Amy White, Eabha Ni Chonoala, Katie Purcell travelled to Dublin recently for a Ceist Leadership Conference. The conference was held in St. Patrick's Campus, Drumcondra. The event was designed to bring together student leaders and teachers from across CEIST schools. The theme of this year's conference was Making a Difference - CEIST Values in Action. Students heard and discussed the great work of student leadership happening across all Ceist schools. Discussions were held about how students are engaging in communities and focussed on how students can engage with issues of concern in society. Thanks so much to Student Council Mentor Mrs O Donovan for organising this fantastic learning opportunity for the girls and for attending the conference with them on the day.

ON MONDAY APRIL 24TH

we attended the National Write-a-Poem awards ceremony in Killeshin Hotel, Portlaoise. The day began with light refreshments followed by brief introductions from the adjudicators of the competition. Colm Keegan, who is a Dublin-born poet, then recited some of his works - these included "My Voice" which is to be featured as one of the poems in next year's Leaving Cert. He also shared some inspiring words and congratulated the winning poets



Ceist Conference. L-r Lizzie Crowley, Orlaith Mcbride, Erin Kelleher, Katie Purcell, Amy White And Eabha Ní Chaonala

from each category. We then were called up to the stage to receive our awards. The day then ended with a closing address and there were some more refreshments afterwards. We thoroughly enjoyed our day in Portlaoise and we are so thankful

to be given this opportunity. We especially want to give our thanks to Ms. Murnane, our English teacher, who informed us of the competition and supported us in our writing. Written by Chloe Lehane and Eugenie Kelleher

WATER FLAG REPORT WRITTEN BY THE GREEN **SCHOOLS COMMITTEE**

Recently, we were notified that we have received our second Green Schools Flag as a school. This flag is the Water Flag! We were sent an email regarding this over the Easter holidays and this was cemented when we were visited by a member of the Green Schools, David, regarding the Flag. As a school body, we have worked very hard towards this and are overjoyed to have received it. Four members of our Green Schools Committee will be attending the awards ceremony later this month. As a committee we want to thank all those who have supported us throughout this journey, from our principal and vice-principal who have been so accommodative and encouraging of all of our ideas, to our caretaker, Timmy, and all the other staff and students in the school who have been so supportive. We are really looking forward to continuing in the Green Schools Programme and will be working on the Travel Flag in the upcoming school year.



Chloe Lehane and Eugenie Kelleher with their National Write a Poem Awards at St Marvs.



Any questions!

026 43657



CHECK OUT OUR NEW APP Are you Interested in **PILATES** DOWNLOAD MINDBODY APP Mindbody App can be & YOGA? downloaded on iTunes App Store or Google Playstore. FIND US ON THE APP Search "Kerry/Muskerry Physiotherapy Centre" and click the heart button to add to your favourites. This will make it easier to find our class information. BOOK ONLINE! Check out our schedule, book classes and keep up to date with the latest news

info@muskerryphysiotherapy.ie

NUACHT Ó CHOLÁISTE GHOBNATAN





Daltaí ar turas Staire i gCorcaigh

Foireann Peile Bliain a hAon a bhuaigh Craobh an Chontae

COMHGHAIRDEAS

Tréaslamíd le foireann na gcailíní fé 21 Naomh Abán a bhuaigh Craobh an Chontae le déanaí - tá roinnt daltaí agus iardhaltaí mar chuid den fhoireann. Ba mhaith linn tréaslú le Emma Ní Chróinín, Doireann Ni Thuama, Róisín Ni Thuama agus Naomi Ní Scanaill a bhuaigh roinnt duaiseanna ag Craobh Domhanda Rince Gaelach. Tréaslaímíd le hiardhalta Orlaith Ní Chróinín a bhuaigh seaimpín an domhain ina catagóir aoise ag Craobh Domhanda Rince Gaelach. Beidh Thia Ní Inseáin agus Eimear Ní Shuibhne ag cabhrú le turas Oilithreacht Dheoise Chluain go Lourdes - maith sibh!

CLÁR NA GCOMHLACHTAÍ

Le Colin Ó Tuama

Ar an 14ú lá de Mhí an Mhárta chuaigh an mionchuideachta "Cártaí mo Chroí" agus roinnt mionchuideachtaí eile ón scoil chuig babhta Ghaeltacht na Mumhan i gcomórtas Clár na gComhlachtaí sa Daingean. Bhí ar gach grúpa tuairisc a scríobh agus cur i láthair a dhéanamh faoina dtáirge. Bhí ceithre gradam le buachan. Ar deireadh bhuaigh Cártaí mo Chroí an gradam Margaíochta agus Airgeadais. Míle buíochas le hIníon Ní Chéilleachair agus gach duine a thug tacaíocht dúinn go dtí seo.

CRAOBH AN CHONTAE - CAILÍNÍ BLIAIN A **HAON**

Le Béibhinn Ní Loingsigh

D'imir cailíní na chéad bhliana ó Choláiste Ghobnatan i gCluiche Ceannais an Chontae i gcoinne Coláiste Phobail Mhuire gan Smál, Dún Mánmhaí ar an Máirt 18ú Aibreán. Bhí an cluiche ar siúl i gCíll Mhichíl. Sa chéad leath, bhí an cluiche cóngarach, ach sa dara leath tháinig na cailíní ó Choláiste Ghobnatan amach ar barr. D'imríodar go léir go hiontach. Míle buíochas leis na múinteoirí a chabhraigh leo.

BYSTANDER INTERVENTION

Faoi láthair tá daltaí ón Idirbhliain agus ón gCúigiú Bliain ag déanamh ceachtanna faoi Bystander Intervention.D'fhorbair Coláiste na hOllscoile Corcaigh an chlár seo mar fhreagairt ar cheisteanna a bhaineann le mí-iompar gnéasach agus foréigean i measc daonraí mac léinn. Tá clár leasaithe do dhaltaí meánscoile

anois agus tá sé mhúinteoir oilte leis. Tá súil againn go mbeidh deis ag na daltaí ciapadh gnéas a phlé.

TURAS IDIRBHLIANA

An Domhnach seo beidh Muintir na hIdirbhliana ag taisteal chuig Londain do thuras deireadh na bliana-bainigí taitneamh as an turas!

CLUICHE LEATHCEANNAIS FÉ 16.5

le Clara Ní Chonaill

Ar an 24ú lá de mhí Aibreáin d'imir cailíní fé 16.5 Cluiche Leath Cheannais an Chontae in aghaidh Coláiste Pobail Bheanntraí i mBeanntraí. Bhí bua den scoth againn le cúil agus pointí áille á scóráil ag na tosaithe. B'fhoireann mhaith iad na cailíní ó Bheanntraí agus ní raibh ach ceithre phointe idir na foirne ag an sos leath-ama. Ar deireadh bhí an lámh in uachtar againn. Táimid i mbun ullmhúcháin anois do Chluiche Ceannais an Chontae agus táimid ag súil go mór leis. Míle buíochas lenár dtraenálaithe Iníon Ní Shúilleabhán agus Iníon Ní Bhuachalla.

TURAS STAIRE GO CORCAIGH

Le Neasa Ní Aodha

Ar an Luan 24ú lá de mhíAibreáin, chuaigh bliain a ceathair agus cúig ar turas staire go dtí cathair Chorcaí leis na múinteoirí Staire – Iníon Ní Chonchúir agus Bean Uí Thuama. D'fhágamar chun dul chun na cathrach céad rud ar maidin agus b'é Priosún Chathair Chorcaí an chéad áit gur thugamar cuairt air. Shiúlamar suas go dtí an príomhfhoirgneamh agus fuaireamar camchuairt den áit. Thug an treoraí go leor eolais dúinn maidir le stair na háite. Shiúlamar timpeall na bhfoirgneamh ag foghlaim faoin gcaighdeán saoil a bhíodh ag na coirpigh agus ag áitritheoir - an Chuntaois Markievicz ina measc! Chlúdaigh sé gach topaic faoin spéir agus ag deireadh na camchuairte ba bheag ceisteanna a bhí fágtha againn. An chéad ceann scríbe eile a shroiceamar ná Músaem Ime Chorcaí. Sular chuamar isteach, thug an treoraí réamhrá dúinn faoi stair na háite agus thaispeán sé an seanfhoirgneamh tréigthe dúinn agus thug sé eolas dúinn faoin Firkin Crane. Sa mhúsaem d'fhéachamar ar chlár faisnéise beag faoi stair ime na hÉireann agus an tionchar a bhí ag an tír ar an margadh ime. Fuaireamar camchuairt timpeall an fhoirgnimh ina raibh sean-clhúdach ime le feiceáil i bhfrámaí ar na ballaí chomh maith le sean maistrigh íme chomh maith le bairille íme chomh sean le dhá mhíle bliain! Ag deireadh an lae d'fhilleamar abhaile le heolas nua faoin gcathair nach bhfuil ach uair an chloig uainn.

SCRÚDUITHE

Faoi láthair tá roinnt daltaí ón tríú agus ón séú bliain ag obair go dian chun ullmhú do na scrúduithe. Le déanaí chríochnaigh daltaí ón séú bhliain a dtionscail in Eolaíocht Talmhaíochta, Tíreolaíocht agus Stair. Ar 25ú Aibreán dhein daltaí Ardteiste an scrúdú phraiticiúil in Ealaín. Ar 27ú Aibreán bhí daltaí Ardteiste gafa leis an scrúdú phraiticiúil Innealtóireachta. An Chéadaoin seo caite dhein daltaí Ardteiste an scrúdú do Ghairmchlár na hArdteistiméireachta, An tseachtain seo bhí daltaí Ardteiste ag déanamh an scrúdú phraiticiúil Foirgníochta. Gabhaimid mbuíochas leis na múinteoirí atá ag cabhrú leo ach go háirithe Máistir Ó Laoire, Iníon de Brun, Iníon Ní Chonnchúir, Iníon Spogler, Máistir Ó Síocháin, Bean Uí Bhuachalla, Bean Uí Dhonnchú agus Máistir Ó Duinneacha.

ÁR MEÁIN SHÓISIALTA

Leanaigí ár gcuntais le haghaidh an nuacht is déanaíl

Twitter: @ColGhobnatan

Facebook: Coláiste Ghobnatan @colghobnatan

Instagram: @colaiste_ghobnatan TikTok: @colaiste_ghobnatan



Daltaí ó "Cártaí Mo Chroí" a bhuaigh an gradam Margaíochta agus Airgeadais ag Clár na gComhlachtaí



MACROOM SENIOR CITIZENS

ACTIVE RETIRED

Bealtaine Festival Event

Reconnect & Meet Again

Will host a

Gardening Talk

from McD's Garden Centre at Griffins, Dripsey on Wednesday May 10th at 8.00pm in Fr. Ryan Hall, Lucey's Lane, Macroom.

Plant Sale and Raffle!

Enjoy Tea/Coffee and Cakes. Admission €5.

Everyone Welcome.





CARRIGADROHID/KILLINARDRISH TIDY TOWNS

And we're back, Carrigadrohid/Killiardrish tidy : towns are back to weekly clean ups, Tuesday evenings 6:30pm to 7:30pm, and everyone is welcome. We have completed some wonderful projects in the last few weeks, and we are delighted to share some photos with you. We applied for EIRGRID funding early in 2022 and were delighted to received €35,000. With this money we invested in the some of the newest addittions to the village.

Kieran Lehane, stonemason has built a magnificent stone wall on the eastern side of the village right out to the fishermans layby. With the continued support of Cork County Council's Community grant we also commissioned a stone wall for the newest flower bed at the entrance the riverside pitch and planted some beautiful plants and shrubs.

Pictured right: Carrigadrohid Platform with newly planted flowerbed



CANOVEE NATIONAL SCHOOL



The Organising Committee of the Golden Jubilee of the Cloughduv Intermediate Hurling Champions, Cloughduv Intermediate Camogie Champions and the Canovee Intermediate Football Champions of 1973 which was held recently in the Lee Valley Golf Club. (More in next Edition) © Peter Scanlan



Discussing the 1973 Co. Finals at the Golden Jubilee of the Cloughduv Intermediate Hurling Champions, Cloughduv Intermediate Camogie Champions and the Canovee Intermediate Football Champions of 1973. © Peter Scanlan

The boys and girls in rang a ceathair have been: very busy during the past term in school.

As part of the Incredible Edibles, Agri Aware project they have been enjoying growing a variety of vegetables including spinach, turnips, chives, carrots and strawberries.

Rang a ceathair have also just completed a six-week swimming course in the Castle Hotel, Macroom that they have really enjoyed. A Primary Aquatics Water Safety course on the essential life-saving skills was part of this programme.

This group of dedicated children are presently

working very hard at their hurling skills during break-time with their teachers, Mr. Condron and Mr. Cullinane. Wishing them all the very best of luck with the up-coming matches in the Sciath Na Scol Competition. Go n-éirí libh.

Indeed, our Student Council members in 4th class have put a wonderful effort into fundraising for the Irish Cancer Society. This has resulted in raising the incredible sum of €714 for a very worthy cause. Obair iontach gan dabht!! As well as being a hard-working group of boys and girls, they are also very creative and artistic. They have created some beautiful thematic displays of artwork!! This continues to amaze everyone who walks around the school. What a multi-talented group of boys and girls we have in rang a ceathair! Lean ar aghaidh leis an obair iontach!!! Maith sibh go léir.

Applications for enrolment for the 23/24 school year are now open. Forms can be downloaded from www.canoveens.com or contact the school on 026-48142 or office@canoveens.com

Keep up to date with all of our activities by following us on Facebook 'Canovee National School'.

UIBH LAOIRE NEWS

GARDEN VISIT

The Uibh Laoire Parish Active Retirement group had a very pleasant outing to The Ballyvourney Nursery and Garden centre last week. First they were treated to tea and delicious, freshly made homemade scones and cakes by the owners, Martin O Mahoney and his wife Mary. They then got a demonstration on planting and potting various types of flowers and shrubs. Martin explained about when and how one should plant and the correct compost and fertiliser to use and what moisture plants needed. The morning passed quickly, soaking in the huge amount of knowledge which Martin and Mary

have gathered over the years. The group were blessed with sunshine all morning, so time passed quickly. Huge thanks to Martin and Mary (and of course not forgetting Robin)

SOCIAL DANCING

The next dance date in Inchigeela is May 14 th with the lovely Aishling Rafferty and Noel Ryan. Aishling was winner of 2022 Glor tire on TG4. Jot it in your diary. Bingo and cards continue in the hall as usual Friday and Saturday.

TIDY TOWNS

Lots of good work done and more to do. Help always welcome.

DARKNESS INTO LIGHT

Coming up on Sat 6th May Inchigeela GAA pitch. Always strongly supported. Dont forget to register and it starts at 4/15am .Support the great cause

TÚIRIN DUBH AN CEOL DRÁMA

The Musical everyone is talking about. Sa halla Beal athan Ghaorthaidh. Some nights sold out we hear, so get you tickets pronto.

GLANADH SUAS MÓR

Satharn 6ú lá Bealtaine alan daoine ag teastail chun snas a chur ar an áit don samhradh. Help greatly appreciated.

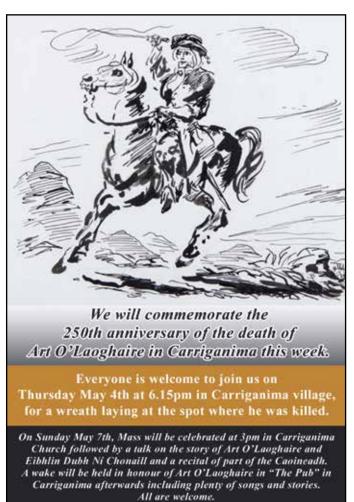
Art O'Laoghaire's 250th Anniversary

We will commemorate the 250th anniversary of the death of Art O'Laoghaire in Carriganima this week. Everyone is welcome to join us on Thursday May 4th at 6.15pm in Carriganima village, for a wreath laying at the spot where he was killed.On Sunday May 7th, Mass will be celebrated at 3pm:

in Carriganima Church followed by a talk on the story of Art O'Laoghaire and Eibhlin Dubh Ní Chonaill and a recital of part of the Caoineadh. A wake will be held in honour of Art O'Laoghaire in "The Pub" in Carriganima afterwards including plenty of songs and stories. All are welcome.









CLONDROHID NEWS



Clondrohid u 12 footballers who defeated Macroom last week in the u 12 league in Tom Creedon Park.



Clann Aire celebrating 20 years in existence with past employees

DARKNESS INTO LIGHT

Clondrohid GAA has nominated Clondrohid Community Hall as the local beneficiary of this year's Darkness into Light 50/50 Fundraiser on this weekend, May 6th. It's a 50/50 event, the proceeds being divided evenly between Pieta House and Clondrohid Community Hall, the latter paying the running costs. Meeting at 4.15 am at the Community Field/Clondrohid GAA facility,

The route will begin at 4.30 am, heading down to the public road, turning right, passing the church, and turning left down the Curra Road. Keep walking to the Grotto, turn around, and return to the field, once around the walking track and finish at Clann Aire Childcare Facility for hot or cold refreshments, snacks, and fruit will be available.

The Community Hall would like to thank Clann Aire ,and Clondrohid GAA for the use of their facilities. They are the regular supporters of Pieta house for many years.

The emphasis is on fun, participating, enjoying, and meeting up with people.

Payment is by donation if you can afford it, buckets in local business premises. You can also donate online at iDonate https://www.idonate. ie/crowd.../Clondrohidcommunityhall18276

Clondrohid Community Hall is replacing the main roof and heating system during 2023 if all goes well. There is a shortfall of approx €6,000 to make up and the Committee are confident that they can achieve this goal.

All are welcome on the night/dawn/morning. We are looking forward to your support.

This event supports Pieta House 50/50 and is a registered fundraiser.

BEALTINE FESTIVAL DISCOVER DUHALLOW

Clondrohid Parish Active Retired will be hosting a Scoraiocht in the Community Hall on Friday night May 19 at 8pm. This is part of the Bealtaine 2023, under the Saoi Network IRD Duhallow. It is open to not only the Active Retired Groups, but to anyone who enjoys singing, story telling , music playing, etc., whether taking part or just there to enjoy. Its all about getting out and enjoying yourself. So all are welcome. Refreshments will be served.

There is no entry charge but there will be donation buckets in the Hall. All proceeds will be divided between the Cart Bus and the Community Hall. Great night assured.

CLANN AIRE

Great celebrations were had in the Community Creche last weekend, when they celebrated 20 years in existence. Present staff, past staff, present children, past children, all mingled on the day, and 'had a ball'

Gobnait, staff, family and friends were blown away with the support they received. Well done, and well deserved.

JOHNNY COOLS DVD

As mentioned way back in January ,a new DVD (Action Through The Years) has become available. This DVD is bringing Johnny's stunts into the modern world of technology. Johnny's son Gerard has been the go to man for this achievement, with the help of his sisters. Well done to all.

The DVD's will be available locally in shops and pubs. The cost is €10, and all proceeds will be divided between Irish Heart Foundation, Clondrohid Community Hall, Carriganima Clondrohid Development Group, and

Development Group. Thank you Johnny and family for putting all these treasured memories together again, and for donating all the monies to the said groups. Please support and show your appreciation.

CLOYNE DIOCESEAN PILGRIMAGE TO KNOCK

On Sunday May 14, bus leaving Ballyvourney passing through Clondrohid. Enquiries to Noel Lynch 086 2202452 or Michael Dineen 087 6434910

NEWSLETTER

Any notice for the newsletter must be sent in before 12pm on Thursdays.

Parish email carrigclon@gmail.com. Emergency sick call no 085 8471249

HOLY FACE DEVOTIONS

These devotions will be held in Carriganima church every Tues at 8pm

TWO HEARTS PRAYER GROUP

This Thursday night May 4 at 7.30pm in Clondrohid Church and will continue on the first Thursday of every month.

MOVEMENT OF CONTINUOUS PRAYER FOR **MARRIAGE AND FAMILY LIFE**

This will be on the 28th day of each month beginning at 12pm on the 27th and finishing at 12pm on the 28th.

Please give your name to Fr. Jim or Dave Mahony, if you are available for an hour during this 24 hour span. The commencement date will be announced when enough names are received.

CONGRATS

To local girl Ciara Bradley who received a UCD Entrance Scholarship recently. These awards are presented to 1st year students who achieve 560 points or more in the Leaving cert. Ciara received 613 points. Well done Ciara, and your family.



Margaret Mullane, Terry Kelleher, and Patricia Pyper from the Shopeen with their 2nd **Prize in the Best Shop Window Competition**



St. Patrick's Festival Winners; Eileen from T M Cronins receiving 3rd Prize for their shop window display from Pat O'Connell of the Lee Valley Enterprise Board



Michéal Ó Muirthile & Catherine Hurley of Art on Main Street, winners of the best window display with Pat O'Connell of the Lee Valley Enterprise Board



Specialists in the safe removal of oversized Trees

NO MESS - NO FUSS - LEAVE IT TO THE EXPERTS

COMPLETE TREE STUMP

REMOVAL SERVICE NOW AVAILABLE





With our new Forestry Tiller and Mulcher - ideal for the removal of all types of stumps including Oak , Ash and Beech stumps in tree nurseries and other locations - Ground will be returned to grass land, ready for seeding and no other work will be needed. We can also take care of Ash die back, Willow, Miscanthus, Furze and other types of plantations including Christmas Trees.





KILNAMARTYRA, Tel: 026 49945 Noel K: 087 2364898 | E: noelkelleher@outlook.com

FULLY INSURED FREE OUOTATIONS



Follow us on Facebook - Noel Kelleher Plant Hire

ROSS OIL



"Your Local Oil Company"



For keenest prices on kerosene and heating oil in your local area

Farnanes, Co. Cork Contact Lisa or Conor in the Office: 021 7335010 • Tim Holland: 086 2356735 www.yourlocaloilcompany.ie

SURVEY BY STUDENT REVEALS EAST MUSKERRY ATTITUDES TO 2028

DEVELOPMENT PLAN

A recent online survey, conducted by 21 year old student, Tadqh Quill-Manley, revealed the views of inhabitants within the East Muskerry region in relation to the Cork County Development Plan for 2028. Tadgh, who is honorary secretary of Inniscarra Community Centre, and honorary treasurer of Inniscarra Agricultural Show & Vintage Rally, posed a series of questions to participants in direct reference to the plan.

First of all, Tadgh brought it to the attention of participants that the Cork County Development Plan 2022-2028 declares that "the vision for Inniscarra is to acknowledge its importance as a centre of renewable energy production in the County." When asked how important do they believe such an industry would be to the district, exactly 90% of respondents believed that the location of a renewable energy production industry to the area would be important, albeit to varying degrees. The other 10% believed that it was "not at all important." Furthermore, the plan instructs that, in relation to Inniscarra: "new development should be sensitively designed and planned to provide for the protection of green infrastructure assets of the village and will only be permitted where it is shown that it is compatible with the requirements of nature conservation directives and with environmental, biodiversity and landscape protection policies." The attitudes to this section were broadly in line with that to the initial vision, with a minority of 15% disagreeing with the county council's directions for new developments.

Moving onto future residential units, in relation:

to the village of Courtbrack, the plan states that "within the development boundary, encourage the development of up to 10 additional dwelling units during the plan period." Likewise, it suggests 20 dwelling units in Aghabullogue, 5 in Stuake, 21 in Rylane, 424 in Ovens, 5 in Upper Dripsey, and 30 in Model Village (Dripsey). In response to this, 85% of individuals were satisfied (however, only 20% of people regarded themselves as "very satisfied"), and 15% were dissatisfied. Of that percentage of people who were dissatisfied, 62.5% of respondents believed that there was "too little" of an amount of new dwelling units proposed for development.

On the matter of transportation, the Plan states that "In 2021, the National Transport Agency (NTA) approved 3 traffic and transportation interventions in the Macroom MD, in Killumney / Ovens, Crookstown and Coachford," When asked if they were satisfied with the rate of traffic and transportation intervention that is currently being approved by the NTA in Mid Cork, exactly 65% of individuals responded by pointing out that they were not satisfied. Finally, when asked if the practicalities of their commute would be improved by potential further transportation interventions made in the district, 85% of respondents believed that it would be of benefit to them.

Summarising the results of the survey, Tadgh believed that "such surveys play a key role in the study of economic geography. As a BA student, this undertaking was very insightful and revealed a great deal to me about the expectations of



Tadgh Quill-Manley

residents within my local area. It is clear from these results that the county council and the National Transport Authority should perhaps endeavour to add bus stops around the broader Inniscarra and Lee Valley area, and ensure that the location of energy production technologies here is done in such a way that it does not crowd out other potential opportunities for economic development and the geographical beauty of what is a very large parish. Furthermore, the development targets in the plan should ensure that people can stay in their home area in which they grew up, that is, naturally, if they are employed within a reasonable distance. Overall, this survey was certainly a worthwhile activity." Tadgh Quill-Manley

Mobile: 0868894751

RTÉ RnaG CONCERT LIVE FROM ABBEY HOTEL



On Friday 28 April, RTÉ Raidió na Gaeltachta will be hosting a celebratory concert in the Abbey Hotel, Baile Mhuirne in Cork, as part of the station's fifty year celebrations. Three choirs, as well as some of the best musicians and singers from the Munster Gaeltacht areas in Cork, Kerry and Waterford, will grace the stage for Oíche san Abbey, presented by Sláine Ní Chathalláin and broadcast live on radio and also streamed online on the station's Facebook.

Dara Ó Cinnéide, Munster Regional Manager for RTÉ RnaG, said:

"This concert is an opportunity to thank the loyal community of Raidió na Gaeltachta listeners who have supported us over the last fifty years. The evening's entertainment will showcase the wealth of talent in the Gaeltacht communities across Munster, and we hope that this event will



be a source of pride in our culture and heritage." The lineup for the concert will include three award-winning choirs, Cór Fear na nDéise, Cór Chúil Aodha and Cór Ban Chúil Aodha. Singers Máire Ní Chéileachair, Anne Mulgueen, Seán Ó Sé, Páidí Mhárthain Mac Gearailt and Mossie Ó Scanláin will also grace the stage. and there'll be no shortage of brilliant musical groups, including Waterford brothers Cárthach & Macdara Ó Faoláin, and their Waterford brethren Donncha Gough with Paddy Tutty, Brendan, Noel and Dónal Clancy. Cork legends Matt Cranitch & Jackie Daly with Caoimhe and Eimhear Flannery, Muintir Mheachair from Cúil Aodha, and Cill na Martra Comhaltas will feature and of course, there'll be no shortage of Kerry musical brilliance, including Breanndán Ó Beaglaoich & friends, Máire Breathnach and her



son Ruairí, Aoife & Deirdre Granville, and Méabh Ní Bheaglaoich, Eoin Ó Beaglaoich, Nicole Ní Dhubhshláine & Kyle McAuley.

The concert will also feature a scene from the upcoming new musical Tuairín Dubh by the community of Béal Átha an Ghaorthaidh, which tells the story of the War of Independence. The children of Cúil Aodha National School will be taking part, and we'll have poetry from Dámhscoil Mhúscraí.

Tickets to the concert can be won on RnaG all this week, so stay tuned!

Oíche san Abbey will be broadcast on RTÉ Raidió na Gaeltachta at 7 pm on Friday 28 April live from the Abbey Hotel in Baile Mhuirne. You can watch the concert online on RnaG's Facebook page.







NUACHT Ó SCOIL MHUIRE BÉAL ÁTHA 'n GHAORTHAIDH

SEACHTAIN NA SCOILE GNÍOMHAÍ

Bhí pobal na scoile ana ghníomhach le déanaí agus páirt á ghlacadh againn i Seachtain na Scoile Gníomhaí. Bhí Tionól Gníomhach againn ar an Luan áit ar ghlac daltaí agus múinteoirí páirt i 6 neomat aclaíochta le chéile. Ghlac mórchuid daltaí páirt sa dúshlán 'Droim le Falla' ar an Máirt agus d'éirigh le Seán Ó Duinnín (Bl.1), Cillian Ó Duinnín (Bl.2) agus Keelin Ní Laoire (Bl.5) 15 neomat le droim le falla a bhaint amach! D'fhreastail daltaí na hidirbhliana ar sheimineár gréasáin le beirt Oilimpeach Rhys McClenaghan agus Michael Walsh chun taithí a fháil ar saol an oilimpigh. Bhí teannas san aer Déardaoin nuair a thug na daltaí : aghaidh ar na múinteoirí i gcluiche cispheile agus chríochnaigh an cluiche ar comhscór! Cuireadh tús le Sraith Leadóg Bhoird ar an Aoine mar chuid d'imeacht náisiúnta - Table Tennis Takeover.

CRÓISE & CNIOTÁIL

Bhí an t-ádh le lucht na chéad bliana le roinnt seachtaine anuas go raibh ranganna cróise agus cniotála curtha ar fáil dóibh ag mná uaisle sa cheantar. Tháinig na cuairteoirí ar scoil gach Déardaoin agus roinneadar a scileanna leis an daltaí. Bhain na daltaí ana thaitneamh as agus táimid ana bhuíoch leis na mná a roinn a gcuid eolas agus taithí go flaithiúil.

CUAIRT Ó AUTISM ASSISTANCE DOGS IRELAND **MAIDIR LE HUATHACHAS**

Bhain daltaí agus foireann ana thaitneamh as cuairt a thug an madra cabhrach Ernie, in éineacht le Nóirín agus Sarah chun insint dúinn faoin uathachas agus an obair iontach a dhéanann an eagraíocht Autism Assistance Dogs Ireland. Is é Aibreán mí feasachta ar Uathachas agus ba léir óna gcuairt go bhfuil scoth na hoibre ar bun acu ar mhaithe le daoine le huathachas. Bailíodh breis is €200 don charthanacht ar an lá agus molaimid do gach éinne tacú leo amach anseo.

MUINEFLIUCH NATIONAL SCHOOL

Pupils in the Senior room have taken part in the 'Junior Entrepreneurs' programme. Under their teacher Ms Murphy's guidance, and with the inspiration of local entrepreneurs, pupils discovered their strengths as individuals and as part of a team. Together, they chose, invested in and produced their own product namely squishie balls from scratch, all the way to making it available for sale at a school-hosted showcase day. They will reap the rewards of enjoying the profits at the end. Pupils in the Senior room are also busy preparing for their Confirmation on Wednesday 24th May. Many thanks to Catherine Sheehan who

kindly brought a wasp nest to the school to show to all the pupils.

All pupils in the school have been very busy planting pumpkins and potatoes in the polytunnel and garden beds. They are looking forward to harvesting the potatoes and making homemade

The Parents' Association are organising a fun day on Sunday 11th June in the school grounds. The day will commence with a 5K fun run at 2 p.m. taking in the beautiful local scenery and will finish with some fun activities and refreshments in the



Pupils planting in Muinefliuch N.S.



Liam Slattery, Laochrá Óg, with all the pupils in Muinefliuch N.S. on his last day of training



Pupils from Muinefliuch N.S. who recently won a trophy in the Munster kickboxing championship

DROMLEIGH NATIONAL SCHOOL



Buddy Readers from Dromleigh N.S. celebrating completion of the programme for this year



Dromleigh N.S. students enjoying their weekly tennis lessons with Coach Alan.

Senior students from Dromleigh N.S. enjoyed a delightful return to school following the Easter break. Our past pupils from St. Mary's Macroom invited our pupils to their performance of 'Macroom High Musical' in Crookstown. Well done to all involved as the production was thoroughly

enjoyed by one and all!

Students from each class have been keeping busy participating in our weekly tennis lessons with

Congratulations to our Green School committee who have been notified that An Taisce will award

our Green Flag for Biodiversity awareness this month. Well done also to our most recent graduates of the Buddy Reading literacy programme.

Contact the school on 026-46212, office@ dromleighns.ie or follow us on Facebook 'Dromleigh N.S Kilmichael'

SIOPA UI LUASA

An Post, Baile Mhic Ire | 026 45234



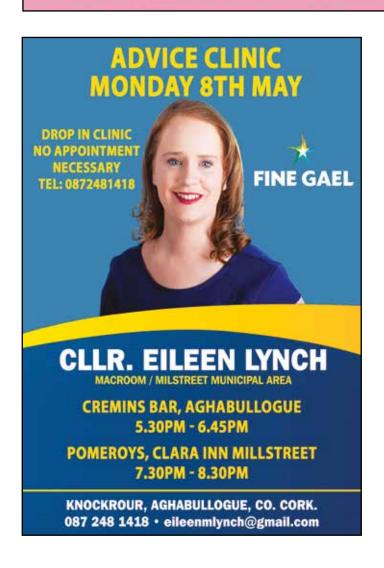
ONE STOP SHOP FOR

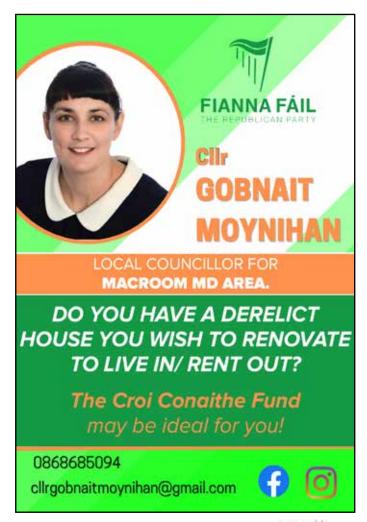
- Butcher Meat
- Fresh Fruit & Veg
- Segafredo Coffee / Tea
 - Full Deli Hot & Cold
 - All Cold Deli made fresh in house.
 - Post office

Fuel - coal, kindling, briquettes

- Home Baking
- Payzone top-ups

WE CATER FOR ALL OCCASIONS INCLUDING: Communions, Confirmation, Christenings etc





KILMICHAEL NEWS

ANNUAL KILMICHAEL CEMETERY MASS

The annual Kilmichael Cemetery Mass will be celebrated in the historic Kilmichael Old Cemetery, Moneycusker at 8pm on Monday 29th May. This annual event is organised by Kilmichael Historical Society and is rotated between the three burial grounds in the parish. During the ceremony, all the dead of Kilmichael, whether they rest in Kilmichael or some far off land are remembered. All are welcome.

Pictured Right: Kilmichael Club stroke play. Included in photo is from left Philip Dawson Chairman, Dermot Foley 1st Nett (85) Michael Vaughan 1st Gross (109) Dan Cronin Captain 2nd Gross (110) Barry Crowley 2nd Nett (89)



KILMURRY NEWS

CHARITY CD

Kilmurry native Móna O'Riordan recently travelled to LauraLynn Children's Hospice in Dublin to present a cheque to them from the proceeds of the sales of her charity cd 'A Country Girl at Heart' which she released last August.

This was Móna's third charity cd, her first which was a four track called 'Songs I Love to sing' was released in 2003 and benefited The Irish Heart Foundation. Her second cd which was a twelve track called 'Love and Friendship' was released in 2005 and all proceeds went to The Children's Leukaemia Association at the Mercy Hospital Cork. She also released a cd called 'Blue Moons and Roses' with her friend Anne Dillane from Kerry back in 2017 which benefitted two charities Pieta House and the Kerry Cork Health link bus.

LauraLynn are a charity close to Móna's heart

as she heard of their work from her friend Lynn McDonald in Dublin whose little girl Daisy has a life limiting illness and regularly stays at the Hospice for respite. The cd which includes a blend of old and more modern country and western songs was arranged recorded and produced at Jaycee Studios Ballincollig and all the music was provided by Max Rambles and friends.

The total funds raised from the sale of the cd and donations was €4000. Móna, accompanied by Jim Callanan presented the cheque to Liz Quinn of LauraLynn. She said on her social media that she was most grateful to everyone who supported it in any way.

Kilmurry native Móna O'Riordan recently travelled to LauraLynn Children's Hospice in Dublin to present a cheque to them from the proceeds of the sales of her charity CD 'A Country Girl at Heart' which she released last August.



Kilmurry Active Retirement

NEWS

A group of about 25 of us travelled to Ballinascarthy and it was well worth the trip. Many travelled by bus, thank you Jerry Kelleher for facilitating us. Other ARAs from the Lee Valley travelled too. There was lots of music and song and stories so good as to be inappropriate for print. We had food galore. What a great bunch in Ballinascarthy, a great welcome, and thanks too to Muintir Na Tire for their organisation. The place was full up with chatters and revellers. Nonetheless, when those late arrived, chairs were manifested from who knows where and added at the end of tables and higgledy piggledy around us. Then the Gardai came, and I thought I was in trouble, but no, they were there to chat to us, and sure anyway didn't I travel by bus.

The physiotherapist Martina O'Brien told us how not to have to pay her a visit. As you would expect exercise is particularly important and we should try to meet the World Health Organisation's target of 150 minutes walking or similar. It is great for our bone, cardiovascular and mental health. However, perhaps less well known, she thought, was their recommendation to include two muscle strengthening sessions per week. As we age, we lose muscle mass. This is very serious for us, and it impacts several conditions. It impacts our balance and increases falls, so we need to work to retain muscle. We lose muscle rapidly if we are too sedentary, and no, operating the remote does not count as exercise. Raising up one or two litres of milk in each hand, shoulder high, arms outstretched, and repeating this as often as

comfortable for you may be a good starting point for some. But chat to your doctor first, we are all different.

LAW CHANGE

New laws on Assisted Decision- Making came into effect on April 26th. These laws replace the 'Lunacy Regulation Act' of 1871 and the Wards of Court system. Sooner or later this substantial change will impact every family. The biggest change is that from now on there is to be a presumption of capacity to make decisions for ourselves. There are also new responsibilities placed on health and social welfare professionals, legal, financial, and public services to be proactive in assisting people making decisions. Advice for families on how to approach differing levels of assistance with decision making will be available.

More information available decisionsupportservice.ie,

assisteddecisionmaking.ie and sageadvocacy.ie.

MAY ACTIVITIES

We have a series of ceramic art classes on Mondays at 8.15pm, next one Monday 8th in the Heritage room, Kilmurry Museum.

We will be visiting ESB hydropower generation in Carrigadrohid on the 10th of May.

Aqua aerobics are on Wednesday mornings in Macroom at 10am, and the bowls are on Monday mornings in Coachford at 10.30am, (thanks to Coachford ARA). Staying Fit for the Future courses given by Cork Sports Partnership are running in Kilmurry at 7pm on Mondays, and in Crookstown on Thursdays at 5pm and again at 6pm.

The very popular line dancing sessions with Debbie

and Frank are back on Tuesdays nights 8.30pm in Crookstown hall, starting May 16th. There are six sessions, and everyone is welcome. The cost is 30 euro (5 euro per session) for ARA members, and 48 euro for non-members (8 euro per session). You can save by joining as a member for the rest of this year for €12 so just €42 and you will have the benefit of reduced rates for other activities. You may want to try out the Zumba starting in the autumn.

We are having bingo and a card drive on 17th May in Crookstown 2pm. We are off on our visit to Mount Congreve estate on the 20th of May. 'The Lee Sound' by popular demand are performing again Wednesday 24th, 2pm in Crookstown. Take to the floor and perhaps ask her would she like a cup of tea - we have no minerals. All welcome, admission €5 (no inflation there). We are having Container gardening on the 26th of May at 7pm in Crookstown hall with Selvi Lylikci. We are having Tai chi, yoga, gentle exercise, and meditation, followed by tea, and that followed by a health talk all given by Rose McCarthy on Wednesday 31st May at 2pm in Crookstown hall. If you would like to join us, our association is open to all, and now is a great time to join. Try it out for the rest of this year for just twelve euro. Our philosophy is that age makes no difference, but health does. We try to do what we can to keep healthy and challenged in body and in mind, and together that is easier. You will be kept as busy as you choose to be and positively engaged in the community, and we think you will enjoy it. For more information contact Aidan at 0894057676 or aidanpbarry@ outlook.com



The Macroom and District Environmental Group Think Globally, Act Locally

BEST PRACTICE SITE MANAGEMENT FOR : **WILDLIFE**

Hi! Chris Barrett here again.

Today, I have the pleasure of not only speaking with Ted Cook, but also with some adult learners from CDYS, Connor and Mags. I also have the pleasure of speaking with Damien who is their voluntary supervisor, who tells me that usually there are 5 or 6 learners present. This is the 6th year that this aspect of Fetac 4 has been running. This section is the work experience aspect of the ongoing Sports and Recreation course which is offered by CDYS. Ted has entitled this partiular module BEST PRACTICE SITE MANAGEMENT FOR WILDLIFE, so that Learners can gain a knowledge of each of our 27 native Irish trees each of which grow on a 2 acre site within the Macroom castle grounds, between the Golf Club car-park and the Sullane river.

Since the 1970s this site has been planted with sitka spruce by the trustees of the Castle grounds. The spruce was clear-felled in August 2013. In the October of that year, Ted was approached by the trustees and invited to submit a proposal for the now clear-felled 2 acre site. Conor O'Callaghan, who has a Masters in Arboraculture (M.Arb.Sc), worked with Ted to draft and submit a plan for the site which was subsequently accepted by the

Connor was to work with Ted, from National Tree Week in March 2014 and remain until October 2015. From that time onwards, Ted assumed sole responsability.

In keeping with MDEG's vision, dating from 1985, Ted's work has remained completely voluntary.

The plan for the site took the form of two main proposals.

SITE REMEDIATION

A generation of sitka spruce had acidified the soil over a period of 30 or 40 years and this impacted the adjacent river ecology.

SITE RE-VITALISATION

This consists of two strands.

1.Planting native trees, primarily using alder and birch of local provenance.

2. Welcoming, but managing the field layer, or field storey, of brier which is critical to the successful establishment of Ireland's native forest trees - Oak,



Elder, Willow, Yew, Scots Pine, Ash, Aspen, Arbutus, Hazel, Wild and Bird Cherry, Spindle, Whitebeam, Hawthorn, Crab-apple and Guelder Rose.

Birch and Alder are useful nursery trees. Birch contributes by neutralising soil ph. and Alder by raising soil nitrogen levels.

At this point Ted would like to acknowledge Seed Savers ongoing donation of Ireland's rarest Heritage Apple Trees.

I also got the opportunity to speak with the Learners individually, and I first asked Conor what he had learned from his work experience in this young grove, He tells me that he has learned how to clear briers naturally by cutting them with secateurs, which is, of course, a part of being involved in a natural organic project of this kind. He has learned how to create and manage an ecopile, which is achieved by cutting the briers, piling them together and leaving them to decompose into the soil. The photos I took show the Learners, using gloves and secateurs, to create such an eco-pile, which is one of scores which have been created over the past 9 years. Nothing leaves the site. Everything is composted In Situ. The older eco-piles can be seen decomposing all around us. Conor feels great when he is involved with this project, as he can get fresh air and exercise. In addition, he really enjoys these days out. In all he will complete 10 days and he will miss them when they come to an end.

Mags reminds me that Ghada from Syria, Emil from Ukraine and Zaiulhag from Afghanistan would usually be with them, but sadly are not present today.

She herself has learned to distinguish between the



different trees which she has learned about from Ted. She has learned that huge numbers of insects live on Native Irish trees, compared to the very few that live on non-native trees. She says it is good for the head to be outside and she loves the stillness. Finally I spoke with Damien, who is supervising the Learners, about his views on how the project is going. This is his 5th year working with Ted . He started as a student himself, getting a Level 5 course in Community Development at CDYS.

He enjoyed his time so much that he stayed on to become a volunteer. He finds the course is amazing as Ted has a huge amount of knowledge about the Castle Demesne and the native trees. He advises the Learners to bring note-books so that they can add their work with Ted into their daily diary.

Damien has been involved in hands-on planting with Ted, assisting with the Learners, whilst always learning himself. He finds that he learns something new from Ted every day.

He would encourage anyone to go on this or a similar free course run by the ETB and CDYS. He feels that the fresh air is brilliant. He can listen to birdsong and relax, and he finds it very good for the soul, saying that it is great for mental health, giving peace of mind to anyone.

I would very much like to thank Ted, Damien, Conor and Mags for sharing their experiences with me. You can appreciate their work for yourself when you go into the Castle Grounds.

Remember you can contact the Environmental Group by email macroomenv@gmail.com

If you or anyone you know would like to respond to this article or contribute one on a different environmental topic please contact me chrisleevalley@gmail.com

Remembering Nóra Twomey in aid of Marymount on May14th 2023

Nóra Twomey's family Renanirree, want to give back to Marymount University Hospital and Hospice, "for the excellent care that Mom received while in Marymount, the care Mom received was above and beyond," said her daughter Mairéad.

On May 14th 2023, The Nóra Twomey Memorial Vintage Car, Tractor and Motorbike run/walk, hope to bring a big crowd to Cill na Martra GAA grounds to remember Nóra.

As a long-time member of Muskerry Vintage Club, Nóra was very proud of her 1979 Toyota 30, where she loved going on many vintage runs, with her husband Donncadh, they made many great friends in the club. Nóra and Donncadh also own a 1956 Ford 10 pick up Jeep. "The Ballingeary St.Patrick's Day Parade was a highlight every year for Mom", Mairéad added.

"Mom was a very kind and generous person, who supported so many charities and fundraisers. She



Nóra Twomey with her 1979 Toyota 30. Picture by John Delea.

was full of energy and fun, she lit up the room with her presence and always had time for a chat. Her family and many friends meant so much to her, that showed when she was sick and at her funeral. She is missed by the whole community. We are proud to say she was our Mom" said Mairéad.

The route for the Vintage car/motorbikes run will depart Cill na Martra GAA grounds, pass the home of Nóra Twomey and back to Cronin's Ballylicky, returning to Cill na Martra again.

The route for the Tractors will also leave Cill na Martra GAA grounds, pass the home of Nóra, over the hills of Derrineanig into Inchigeela, Toonsbridge and returning to Cill na Martra.

The 10km and 5km walk will be guided, on a loop route from and returning to Cill na Martra.

Registration starts at 10.30-12.30 at Páirc Uí Chuana, Cill na Martra, on May 14th. Entry Fee is €20 per vehicle, and donations only for walkers. There will be refreshments and a raffle with great prizes, kindly sponsored after the run and music in Ó Murchú's bar that evening. You can also donate to Idonate.ie Nóra Twomey Memorial. Futher details contact 086 3372942.





Vintage Car/Tractor/ Motorbike Run/Walk

SUNDAY 14TH MAY 2023





Local, National & International

- LOCAL REMOVALS
- REMOVALS TO U.K. AND TO SPAIN
- SELF STORAGE CONTAINERS
- REMOVAL BOXES FOR SALE
- PACKING SERVICES
- CALL FOR FREE QUOTE
- FULLY INSURED

Looking for a safe and secure storage facility. Look no further than Irish Removals and Storage, Ballyvourney, Co Cork! Our facility is monitored 24/7 by CCTV, giving you peace of mind that your belongings are in good hands. We cater to both residential and commercial customers, offering affordable storage solutions for all.

In addition to storage, we also offer a reliable removal service to meet all your moving needs. No job is too big or too small for our experienced team of specialists. Let us take the stress out of moving your goods by contacting us today for a free quote.

We also provide a packing service, with a team of experts available to wrap your valuables, glassware, paintings, TVs, and more. We also have a range of packaging supplies available, including boxes of all sizes, packing tape, packing paper, bubble wrap, and more.

Choose Irish Removals and Storage for a safe, secure, and affordable storage solution.



We are delighted to announce that we have won

"The Best Solar PV Services Provider 2023 - South West Ireland"



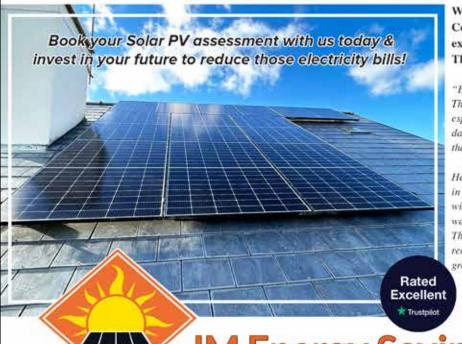
A very special thanks goes out to the incredible Electricians and Roofers that have gone & above beyond for JM Energy Savings, it really hasn't gone unnoticed. They have got tremendous reviews on Trustpilot & phone calls for the workmanship they've done for our customers.

To the office team, keeping on top of admin work, which takes up a vast amount of time, thanks for always keeping on top of it & being persistent with what's involved.

To our customers, we want to say a huge thank you for choosing us as your Solar PV Installers, we wouldn't have received this award without you choosing us.

IT'S FINALLY HERE!!

0% VAT FOR THE SUPPLY AND INSTALLATION OF SOLAR PV PANELS FROM THE 1ST MAY 2023!



We have done a number of installs in County Kerry, County Cork & Cork City. Have a look at our excellent reviews from our customers on Trustpilot! This is one of many reviews we've received recently.

"Efficient & Skilled Company - Easy to Work With" The initial consultation with John was clear and informative especially about the materials that would be used, how many days the technicians would be at the house, and what exactly they would be doing on each day.

He stayed true to his commitments and all work was completed in two days. The grant application was promptly applied for with the help of his office staff and once the BER assessment was finished we received the grant payment.

The whole experience was stress free and as promised, I highly recommend JM Energy Savings and their team for all your green energy needs.

JM Energy Savings Ltd.





John Moynihan, Ballingeary, Co. Cork. | T: 086 3742260 | www.jmenergy.ie

YOUR COUNTY YOUR VOICE

Cork County Council is inviting communities to help shape its newClimate Action Plan.

Our environment is changing in ways that will impact

Visit www.corkcoco.ie to view our Baseline Evidence Summary Report and find out how you can have your voice heard.

Submissions for this first stage will be accepted until Sunday 21st May

LOCAL **AUTHORITY** CLIMATE **ACTION PLAN**



Comhairle Contae Chorcaí Cork County Council

www.corkcoco.ie 💆 🙉 🖪 🖪 🖸









DO CHONTAE DO GHUTH

Tá Comhairle Contae Chorcaí ag tabhairt cuireadh do phobail chun cabhrú lena Plean Gníomhaíochta Aeráide nua a mhúnlú.

Tá ár dtimpeallacht ag athrú ar bhealaí a mbeidh tionchar acu ar ár saolta go léir.

Tabhair cuairt ar www.corkcoco.ie chun féachaint ar ár dTuarascáil Achoimre ar Fhianaise Bhunline agus chun fáil amach conas is féidir leat do ghuth a chur in iúl.

Glacfar le haighneachtaí don chéad chéim seo go dtí Dé Domhnaigh 21ú Bealtaine

PLEAN **GNÍOMHAÍOCHTA** AERAIDE AN ÚDARÁIS ÁITIÚIL



Comhairle Contae Chorcal Cork County Council

www.corkcoco.ie 💆 🗑 🖪 🗖











Farnanes, Co. Cork

Have a vacancy for the following position

OFFICE ADMINISTRATOR

The successful candidate must have: - Strong IT skills

- 2 years Office Administration experience in a customer centred role would be an advantage.
 - Excellent communication skills. - An ability to multi task.
- Prioritise & organize their work in a confident & efficient manner.

The ideal person must be customer focused, with a proven ability to work as a team player.

Please submit CVs for the above positions to: Imcelroy@ross-oil.com













What Role will you Play

We are looking for talented & creative people to join our team.

- 💃 Lifeguard
- F & B Personnel
- Accommodation Assistants

- ♣ Spa Therapist
- *Chef de Partie
- * Turndown Assistant

Full Time & Part Time Positions Available.

Send your CV and Cover Letter to careers@killarneyparkhotel.ie

For more information on each role scan the QR code.

















Come Work With Us!

We are looking to fill the following positions:

Reservations Agent Chef de Partie

Commis Chef **Morning Prep Chef**

Use the QR code for more information on each role







Send your CV to careers@theross.ie



#therossrocks



CUSTOMER SUPPORT ROLE



ICBF, through its breeding information service HerdPlus, provides a range of breeding information reports and tools for the Irish Dairy and Beef farmer.

We've made great progress over the last few years, with approximately 24,000 dairy and beef farmers joined up to our breeding information service. We endeavor to provide top class customer support to our current members and potential future members.

About ICBF

- · We at ICBF find ourselves in a unique position as we hold the national database for which all information is held on bovine animals in Ireland.
- Our vision in ICBF is to empower sustainable farming through collaboration and excellence in genetics and big data solutions.
- ICBF are a growing organisation of approx. 100 employees split across 8 teams that cover everything from genetic evaluations and farmer support to software development and finance.



To further support our HerdPlus service, we currently have a customer support role opening in our new state-of-the-art offices in Ballincollig, Co. Cork. We are open to full time or part time applications.

The main duties will include the following:

- · Provide telephone, email and web support to existing HerdPlus clients.
- Target and recruit new HerdPlus clients.
- · General administrative duties as assigned.

Our Candidate Requirements:

- · Excellent communication skills.
- Excellent telephone manner.
- · Good computer skills including Word & Excel.
- Dependable and flexible, able to work independently as well as part of a team.
- Ability to handle multiple requests and work in a fast paced environment.
- Self-motivated.
- · An interest in agriculture is an advantage but not essential. Full training will be provided to get the successful applicant up to speed.

How to apply:

If you are interested in the above position, please submit your CV and cover letter outlining why you think you are suitable for the role by emailing careers@icbf.com Closing date for applications - Friday 26th May, 2023.

ICBF is an equal opportunities employer.

ArtisticDirector

Briery Gap, Macroom, Co. Cork





JOB TITLE AND OVERVIEW:

ARTISTIC DIRECTOR

FOR BRIERY GAP CULTURAL CENTRE CLG

The Board of the Briery Gap Cultural Centre CLG, is seeking applications from exceptional candidates with a proven track record and the requisite knowledge, skills and experience to establish, lead and manage a signature Arts and Cultural Centre.

The Briery Gap Cultural Centre CLG was established by Cork County Council in 1998 to provide a significant cultural facility to the Macroom Community and wider hinterland. Situated in the centre of Macroom, following a 7-year closure and a complete rebuild, it is due to reopen in the second quarter of 2024. It includes a 217 seat Theatre and Cinema facility incorporated with the town's public library.

As a shared facility it is the agreed aim of the Board and Council that the managements of both the Cultural Centre and Library will work closely together to optimise cooperation, use of facilities, and opportunities for creative community engagement.

For the right candidate this is an exciting and exceptional opportunity to be at the forefront of shaping the future of the artistic and cultural activity in the Lee Valley area. It is expected that the artistic director will engage with voluntary and professional arts organisations in County Cork and further afield, to build the centre's artistic and cultural programme, networks and resources.

Application Process:

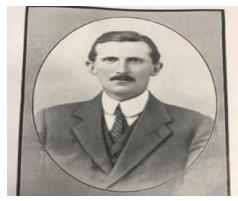
- To apply, please forward the below information to recruit@brierygap.ie
- An up to date CV.
- The names and addresses and contact details of two persons, who may be contacted to provide references to whom you are known but not related, at least one of which must be a former\current employer.
- A photocopy of your driving licence.

Short-listed applicants will be invited to interview, which will include preparing and presenting a presentation on "Your vision for the Briery Gap and how you would deliver that vision" The closing date for applications is 17.00 on the 31st May, 2023. The Briery Gap is an equal opportunities employer.

For further details please log on to: www.brierygap.ie and click on the information (i) icon.

History

MICHAEL O'LEHANE BY KATHY O' SULLIVAN



Michael O'Lehane Source: https://dgibney.medium.com/

Social unrest happens over time, as a result of : economic, cultural, political and other factors, and may give rise to a grassroots movement. In other words, there must be strain on structures in society, real social problems that alienate ordinary people, for people to be unhappy enough to want change. Change, said Martin Luther King, does not roll in on the wheels of inevitability, but comes through continuous struggle. Sometimes, it takes an 'ordinary' person to step forward and create the impetus for that change - someone like Michael O'Lehane.

Born in Killinardrish, near Carrigadrohid, in 1873, Michael was a gentle giant of the Irish labour and trade union movement, someone who stood alongside James Connolly (trade union leader, executed as one of the leaders of the Easter 1916 rising) and James Larkin (1874-1947, trade union leader). The son of a teacher, Cornelius, Michael went to North Mon. school in Cork. Afterwards, he began an apprenticeship in the drapery trade with Cash & Co. Ltd. of Cork (today known as Brown Thomas), later working with the London House (the Roches Stores building) and also with the Queen's Old Castle.

In 1898 he moved to Limerick. This was a time when drapers' assistants had to live in their employers' premises, usually in harsh conditions. Michael contracted typhoid fever and almost died, needing months to recover. This was most likely what sparked his passion for bringing about change in the conditions that drapers' assistants like him had to live and work in.

Moving to Dublin in 1899, to work for Arnott's department store, he met like-minded people, all committed to improving the lives of ordinary workers. Did Michael really understand what this would entail? After all, it was said of drapers' assistants at the time that they had to, according to An Cumann Staire Lucht Saothar na hÉireann (the Irish Labour History Society):

- be eternally young & infernally civic.
- dress like dukes on the wages of a dustman.
- maintain the polish of a cabinet minister on the salary of a footman.

Setting to work immediately, in that same year, 1899, Michael established the Shop Assistants' Irish Industrial League, in which every member pledged to sell Irish goods where possible. That is an idea that has just as much relevance today as it did over a century ago. In 1901, at the age of 28, he founded the Irish Drapers' Assistants' Benefit and Protective Association (IDAA) with seventeen others, recruiting members all over Ireland on the basis that the union was an Irish-based union. Branches



Irish Trade Union Congress Executive Committee of 1914 (standing, left, James Connolly; front row, centre, James Larkin; front row, seated, right, Michael O'Lehane) Source: https://www.theirishstory.com/

were quickly established in Galway (1902), Tuam (1903), Sligo (1904), Ballinasloe (1905), and many parts of Mayo. He also established branches in Derry and Belfast. The popularity of the union in the west of Ireland was largely due to Michael being a member of Conradh na Gaeilge (Gaelic League), and he used the Gaelic revival movement as an opportunity to expand the union.

An acclaimed public speaker, Michael had vision and strategy. He encouraged women to become members, on an equal footing with the men, recognising that, as the Chinese say, women hold up half the sky. This was ground-breaking, given that the Irish National Teachers' Association (INTO) was the only other union at the time which accepted women. By 1914, of the IDAA's 4,000 members, 1,400 were women. This led to the suffragette Cissie Cahalan, who worked at Arnott's in Dublin, becoming the union's first female president in 1921.

Continuing with his innovative approach, Michael was the first trade unionist in Ireland to edit and publish a journal, The Drapers' Assistant, in 1904. The first edition of the paper laid out the priorities for the IDAA: to secure a national minimum wage, sick benefits, fixed hours and payment for overtime, the eradication of arbitrary dismissals, as well as the abolition of the living-in system. Livingin meant surveillance 24 hours a day, 7 days a week. Wages were cut for the slightest transgression, ranging from keeping a photo of a loved one on display, to not being in their bedroom on time (curfew). Marriage was prohibited in many cases, and could even result in dismissal. The living-in system and its often-overcrowded conditions led to disease and even fire, including loss of life. Campaigning, as Michael knew, could only achieve so much. At some stage, he knew people would have to bite the proverbial bullet and become involved in politics, as all politics is local.

Diplomacy and determination were called for, which Michael possessed in abundance. He also knew how to keep calm when it seemed that those around him were losing their cool. As the saying goes, people will hate you, rate you, shake you and break you, but how strong you stand is what makes you. In 1906, when Boyers in Dublin attempted to browbeat the union through an eight-month lockout (an attempt to enforce specific terms of employment, often lower wages, upon a group of employees during a dispute), Michael sprang into action.

arrest, he organised meetings, implemented a sympathetic strike at another location owned by the same employer, published & distributed flyers to inform the public about the dispute, and obtained support from other trade unions, who held rallies, and even provided bands to play music to bolster the spirits of strikers and their supporters. 20,000 people were said to have attended one rally. The workers won the dispute, and Michael helped people understand there is a responsibility to support ordinary people who engage in public demonstrations.

A nationalist, Michael became a Sinn Féin member of Dublin corporation (1907-9). He was also a member of the South Dublin board of guardians, overseeing the workhouses in that area, as well as hiring teachers and staff. He had a great interest in the GAA, recognising its potential as a true grassroots community movement. He was elected president of the Dublin Trades Council in 1910, and was also a member (1909-14, 1918-19) of the executive council of the Irish Trade Union Congress, becoming president in 1912. In 1912 the Shops Act was enacted, meaning Michael and the IDAA won their struggle for a weekly half day holiday, a lunch / dinner break of 45 minutes and a half hour for tea in the afternoon. Once again, we see how the perks and rights many of us take for granted today were fought for and hard won by those a century before us.

Then came 1913. Dublin in 1913 was a city that had some of the most terrible slums in the world, with the death rate at the time being higher than that of Calcutta, India, revealed in records to be 27.6 per 1000. The Dublin Lockout was a major industrial dispute between 300 employers and approximately 20,000 workers in Dublin between 26th August 1913 and 18th January 1914, over the right of trade union recognition of the Irish Transport & General Workers' Union (ITGWU). 'Blackleg' labour, or importing replacement workers, many from England, was a strategy used by some employers, hoping to undermine the strikers and also lower wages and working conditions. The employers who opposed the trade unions were led by William Martin Murphy, who owned the Irish Independent and the Evening Herald newspapers. Because he controlled much of the media, he also controlled the message they published (or didn't publish, as the case may be), which was one that smeared the workers. This was meant to invalidate the ordinary workers' opinions, by calling them derogatory names, to silence them. Insults are what those in the wrong use to try and silence people. The people understood this, and would not be silenced.

Although the ITGWU paid strike wages, it wasn't enough, meaning hunger inevitably set in.

IRELAND'S MOST SCENIC RACECOURSE





KILLARNEY SUMMER RACING FESTIVALS



MAY FESTIVAL

14TH SUN National Hunt

15TH MON Flat

16TH TUE Flat



PANORAMIC RESTAURANT PACKAGES

From €79

AUGUST FESTIVAL

THUR FRI SAT

24TH 25TH 26TH

EVENING EVENING LADIES DAY

PUNTERSPACKAGE

From €34

Admission Prices – General admission €20, Students & OAP's €15. Group discounts available.

ALL TICKETS ONLINE AT WWW.KILLARNEYRACES.IE

Large bookings available. T: +353 (0)64 6631125 E: sales@killarneyraces.ie



Soup kitchens were run from Liberty Hall, union headquarters. The British Trade Union Congress pledged financial assistance in September 1913, with more than £150,000 (worth, in today's money, more than €22 million - around €22,144,500) donated from unions in Britain, the US and Australia. On 28th September a ship arrived from Britain with 60,000 'family boxes' of food for the striking workers and their families, which provided a vital morale boost. With the Lockout, Ireland was to experience its first Bloody Sunday, on August 31st, 1913, when Dublin Metropolitan Police (DMP) and the Royal Irish Constabulary (RIC) batoncharged union workers on the streets. Sadly, there were other sectors of society that did not exactly cover themselves in glory, either. If there had been more unity amongst the different groups, perhaps the outcome could have been different. People are as strong as they are united, after all.

Many members of the IDAA gave up their half days in 1913 to help unload and distribute supplies to strikers and families off the ship from Britain, the SS Hare, on the South Quay in Dublin. Michael, ethical to his fingertips and a man of integrity, maintained his position that a strike was the concern of the whole trade union movement. He understood the wider societal implications.

While ultimately unsuccessful, the fight put up by these workers meant that at this tumultuous point in Irish history, the working class had a political voice. More importantly, they began to unite and speak with one voice. Membership of the ITGWU increased from 24,135 in January 1913 to 120,000 by 1920. In O'Connell St. today stands a monument to Larkin, engraved with his famous phrase from the Lockout period: 'The great appear great because we are on our knees. Let us rise.'

A proposal Michael made at the 1913 ITUC annual meeting, calling for a federation of Irish unions, was pioneering, as it implied the withdrawal of British-based unions from Ireland. These proposals became the basis on which the Congress of Irish Unions was later established in 1945. He wanted the Irish trade union movement to stand on its own two feet.

It seems Michael's health started to markedly deteriorate around 1916. However, driven as he was, he continued to work, as he still had a lot to accomplish. Accomplish it he did, changing the conditions under which drapers' assistants lived. One of the things Michael excelled at was organising the workers as a unified group, breaking down the artificial barriers constructed by employers as part of their divide and conquer tactics. He cared about the private lives of workers, wanting them to have a good quality of life outside work. This was also astute, as he understood the conditions that would provoke social unrest. As Larkin said in 1914, there must be freedom for all to live, to think, to worship. Michael built a union which began with only 18 workers in Dublin in 1901, into a national union with more than 7,000 members at the time of his death on March 1st, 1920. He was just 47 years old.

The successor to the IDAA, Mandate Trade Union, is headquartered in Dublin in O'Lehane House. It was the ever-loyal Cissy Cahalane, inspired by Michael's recognition of women in the trade union movement, who campaigned for the building to be named after him.



Crowds wait on Dublin's docks for ships bringing food, 1913 Source: https://www.europeanceo.com/lifestyle/the-dublinlockout-divided-no-more/

We can learn many history lessons from the gentle, persistent Michael. One of the biggest lessons from Irish history is that rights need to be defended vigorously - and constantly - by each of us. Michael understood the need for critical thinking and collaborative effort; that if people came together and organised, there were no limits to what they could achieve. An Ethiopian proverb says that when spiders unite, they can tie up a lion. As Michael himself said in 1918, words that ring as true today as they did then, regarding creating positive change in one's community: 'We should like to avail of the opportunity of issuing a special appeal to all the members, to, during the balance of the present year, endeavour to create a record insofar as strengthening the movement is concerned. There is still a wide scope for everyone's energies in this direction, and the work should not be left to a few.'



Crochet Class at St. Mary's School in Ballinagarty



Donal Mulcahy, Mulcahy Insurances & Ted Kelleher, Ted Kelleher First Aid & Hygiene. © Peter Scanlan



Michael Kelleher performing at the Donoughmore active retirement Concert. © Peter Scanlan



Henry Murphy Matt Murphy Pharmacy & Ian Keogahn of Mac Faye Automation. . © Peter Scanlan

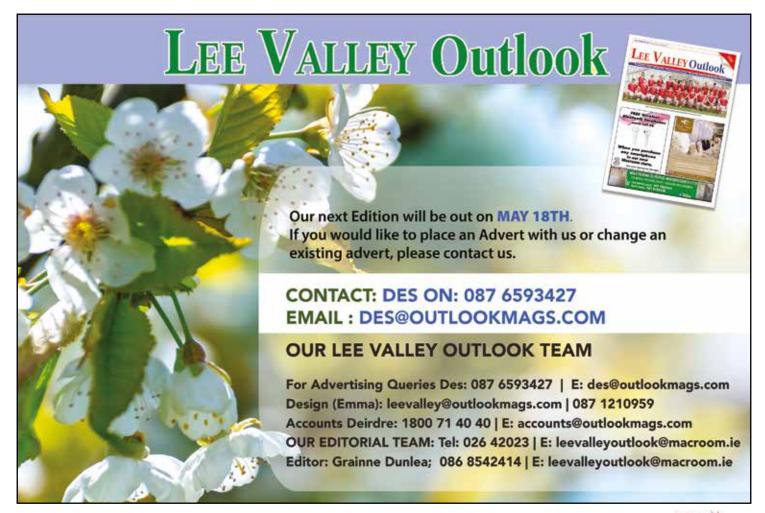


Con and Joan Sheehan, Donoughmore, attending the Aosta Conference Final Fling at Springfort Hall, Mallow. Picture: Mike English



Michael Herlihy performing at the Donoughmore active retirement Concert. © Peter Scanlan







GAA

MUNSTER SENIOR HURLING CHAMPIONSHIP Limerick 0-21. (ROUND ROBIN FORMAT)

Cork 0-27 Waterford 0-18

Cork v Tipperary on Sat May 6th, P Uí Chaoimh 7pm

Clare v Cork on Sunday May 21st at Ennis Limerick v Cork on Sunday May 28th in Limerick Cork 0-27 Waterford 0-18

Muskerry Players: Shane Barrett and Pádraig Power, both Blarney.

Cork, before a sun drenched attendance of 29,104, had the measure of Waterford from start to finish in the Leesider's opening game in the Munster Round Robin senior hurling championship at P Uí Chaoimh. It was a fine start to the campaign for Cork but they will hopefully be under no illusions about the significance of this win. Waterford did not perform well, their finish was poor and the match lacked the intensity of the Clare-Limerick game the previous evening. Tipperary, managed by Liam Cahill, who have already defeated Clare, are guaranteed to provide a stern test of an aggressively different nature in Round 2.

Cork, aided by the wind, led all through the first half and by 0-15 to 0-6 at half time. Waterford's play had been simply awful but they started the second half with three points in rapid succession. Cork hit back and it soon became obvious that they would win this one comfortably. The tackling was of moderate intensity, Cork were on song and Waterford just could not get going. They have lost their last five Munster championship games, a sad statistic after contesting the All Ireland final of two

Cork face Tipperary next at home and then travel to Ennis and Limerick, all stiff assignments at any time and need more wins to survive but at least they have this win under their belts.

Scorers for Cork: P Horgan 0-8 (0-6 f); D Fitzgibbon 0-4; D Dalton (0-2f) and S Harnedy 0-3 each; R Downey, C Lehane, R O'Flynn 0-2 each; B Roche, L Meade, S Barrett 0-1 each.

Cork: P Collins; N O'Leary, D Cahalane, G Mellerick; T O'Connell, C Joyce, R Downey; B Roche, L Meade; D Dalton, D Fitzgibbon, Shane Barrett (Blarney); C Lehane, P Horgan, S Harnedy. Subs: R O'Flynn for Dalton (50); Pádraig Power (Blarney) for Harnedy (56); S Kingston for Lehane (59); C Cahalane for Meade (64); C O'Brien for Mellerick.

Munster U20 Hurling Championship (Round Robin)

Group: Cork 1-17 Waterford 1-13, Cork 1-28 Tipperary 1-19, Cork 1-24 Clare 0-22, Cork 1-19

Cork, with four wins, win the group stage and advance to the final. Tipperary and Clare meet on May 8th with winners to play Cork ion May 15th. Cork 1-19 Limerick 0-21

Muskerry Players: Shane Kingston (Ballinora), James Dwyer, Tadhg O'Connell and Brian Keating all Ballincollig, Denis Mc Sweeney (Blarney).

Having trailed for all of the first half, Cork had managed to get in front midway through the second half but their lead was just a point, 1-16 to 0-18, when centre-back Ben O'Connor of St Finbarr's, was sent off for a second booking after a heavy challenge on Cian Scully.

With the next score going Limerick's way as Patrick O'Donovan got his 11th point of the night, the expectation might have been that the Treatymen would go on to get the win but Cork moved back in front through sub Timmy Wilk. Adam English replied and Limerick sub John Kirby did likewise after Ben Cunningham had made it 1-18 to 0-20 but a draw was no good for the home side as they had drawn with Clare and the Banner County had a better scoring difference. In the end, it didn't matter as Cunningham scored his eighth point to give Cork the win.

Cork: Brion Saunderson (Midleton): Mark Howell (Douglas), Shane Kingston (Ballinora), Darragh O'Sullivan (Ballinhassig): James Dwyer (Ballincollig), Ben O'Connor (St Finbarrs), Michael Mullins (Whitechurch) Captain: Tadhg O'Connell (Ballincollig), Cillian Tobin (Bride Rovers): William Buckley (St Finbarr's), Ben Cunningham (St Finbarr's), Diarmuid Healy (Lisgoold): Adam O'Sullivan (Ballinhassig), Colin Walsh (Kanturk), David Cremin (Midleton), Subs: Brian Keating (Ballincollig) 36, R O'Sullivan (Na Piarsaigh) 38, C Doolan (St Finbarr's), T Wilk (Cobh), both 42, B Nyhan (Clyda Rovers) 60 and Paudie O'Sullivan (Fr O'Neills), Ciarmhac Smyth (Midleton), Mikey Finn (Midleton), Denis Mc Sweeney (Blarney).

Munster Minor Hurling Championship

Round Robin: Cork 3-19 Waterford 0-15, Cork 2-12 Tipperary 1-8, Clare 0-17 Cork 0-12, Cork 0-20 Limerick 1-14.

Cork, with three wins, won the group on scoring difference, Clare are at home to Limerick in the semi final, the winners to play Cork in the final on May 9th, game live on TG4.

Limerick 1-14 Cork 0-20

Muskerry Players: David O'Leary (Ballincollig), Johnny Galvin (Éire Óg)

Cork moved directly to the Electric Ireland Munster

MHC final after a gutsy performance at TUS Gaelic Grounds.

The Rebels took time to get going in the first half but narrowed the deficit to a point, 0-10 to 0-9, by half-time. While they moved in front in the early stages of the second period, a 34th-minute goal from Dara Ferland put Limerick back in front at 1-10 to 0-11.

From there to the end, however, Cork outscored their hosts by nine points to four, with Barry Walsh outstanding from frees as he finished with nine points.

The result means that Cork, Clare and Limerick all finish on six points, with Cork's superior scoring difference enough for them to top the table.

Cork: Barry Walsh 0-9 (0-8 f), B Lynch, Z Biggane, F O'Brien 0-2 each, Conor McCarthy (Glen Rovers), J O'Leary, B O'Flynn, R Dooley, J Casey 0-1 each.

Cork: Oisín Walsh (Youghal); O O'Callaghan (Lisgoold), D McCarthy (Passage), C Cronin (Midleton); C O'Callaghan (Kilta Óg), Ben Walsh (Killeagh), David O'Leary (Ballincollig); J O'Leary (Lisgoold), Conor McCarthy (Glen Rovers); J Murphy (Dromina), Z Biggane (Charleville), Barry Walsh (Killeagh); B Lynch (Youghal), B O'Flynn (Sarsfields), F O'Brien (Erin's Own).

Subs: S O'Callaghan (Aghada) 11, J Casey 43, F Murphy (Killeagh) 46, R Dooley (Douglas) 53, Johnny Galvin (Éire Óg) 60.

MUNSTER AND ALL IRELAND **FOOTBALL CHAMPIONSHIP**

Despite the desperately disappointing defeat to Clare in the Munster Quarter final, Cork have qualified for the All Ireland Sam Maguire series based on their 4th place finish in the Allianz National League Div 2 table.

The line-ups have now been finalised for the Sam Maguire and Tailteann Cup group stages after the match-ups for the provincial finals were known.

Championship defeats for Offaly and Down mean they will now play Tailteann Cup football while Cork and Kildare will be fourth seeds in the Sam Maguire Cup.

The draw for the group stages took place on Tuesday with the order of the first and second seeds all that is left to be decided. Provincial winners will be seeded first, with the added bonus of their opening group game being at home, while the provincial runners-up will be seeded second. The third seeds will be the four highest placed

teams from the 2023 Allianz Football League who haven't qualified for a provincial final. The fourth seeds are the next three highest placed teams as



Is Sciatica Getting On Your Nerves?

Good old Sciatica - that unbearable guest that arrives uninvited, keeps you awake at night, interferes with your life and is the biggest pain in the ass you can imagine!

If sciatica has paid a visit before, chances are, it can return at any time to the annoyance and pain of its' host.

Pregnant women put up with sciatic pain, believing it's part and parcel of pregnancy.

Repeat sufferers throw in the towel and say they have tried everything and nothing works.

But did you know that research proves that Chiropractic has a 72% success rate in the treatment of Sciatica?

A study from the European Spine Journal* published in 2013 shows Chiropractic adjustments result in 72% success rate in treating sciatica compared to 20% success from physical therapy and 50% from corticosteroid injections.

While over the counter drugs may provide temporary relief from pain and inflammation, they do so at a cost.

Longterm use of over the counter or prescribed painkillers manifests in injury to the digestive tract.

If you don't like taking these meds and are looking for a drug free, surgery free avenue then chiropractic may be the answer.

Reference: Visser LH, Woudenberg NP, de Bont J, van Eijs F, Verwer K, Jenniskens H, Den Oudsten BL. Treatment of the sacroiliac joint in

In our office in Ballincollig we look for problem areas that interfere with the delicate nervous system.

Immobile and misalignment areas (called subluxations) receive specific and gentle adjustments to improve biomechanics and communication within the nervous system.

Pain relief is one of many positive side effects of the adjustment. Reduced interference in the nervous system allows the body to better heal itself, helping to combat herniations or pain in the back, legs, arms, or neck.



Dr Benjamin Martin of Optimal Chiropractic

We invite you to have an initial consultation for €40 (instead of €85)

This includes documenting your history and taking scans to determine the exact cause of your symptoms.

Please call **021 487 8465** to book your appointment.

Please Note; When you ring to book this special offer our team will request €40 to secure the appointment.

THE ALZHEIMER SOCIETY of IRELAND

patients with leg pain; a randomised-controlled trial. Eur Spine J. 2013 Oct;22(10):2310-7

COME AND JOIN THE ALZHEIMER SOCIETY OF IRELAND'S DEMENTIA DAY CLUB AT **COOLCOWER HOUSE MACROOM EVERY WEDNESDAY 10AM -3PM**

Our service users must have a referral form completed before attending.

· A wide range of enjoyable activities will take place including Bingo, Music, Art Therapy, Arts and Crafts and Light Exercises.



For more information please contact: Jerry Foley, Nurse Manager, Bessboro Day Centre, Co. Cork 085 -8565795 or 021 4972504 E-mail: jeremiah.foley@alzheimer.ie

DON'T PUT UP WITH PAIN.

SPECIAL OFFER

At Optimal Chiropractic we treat a wide variety of conditions including back pain, neck pain, leg pain, sciatica, migraine, headaches and fibromyalgia.



Mention this advert & receive a consultation, full examination including scans and follow-up visit for only €40 (normally €85)

CALL 021 487 8465 STATION RD., BALLINCOLLIG



well as 2022 Tailteann Cup champions Westmeath. The top team from each group will go straight to the quarter-finals while teams that finish second and third will face off in a preliminary quarter-final. Full fixture details will be confirmed by the GAA's CCCC on Friday May 5. Teams who are due to meet in a provincial final cannot be paired in the same group but teams who previously met in this year's championship can be.

SAM MAGUIRE CUP

1st Seeds

Galway/Sligo, Kerry/Clare, Dublin/Louth, Armagh/ Derry

2nd Seeds

Galway/Sligo, Kerry/Clare, Dublin/Louth, Armagh/ Derry

3rd Seeds

Mayo, Roscommon, Tyrone, Monaghan 4th Seeds

Donegal, Cork, Kildare, Westmeath

The schedule for the group stages of the Sam Maguire will be:

Round 1 (first named team at home)

Weekend 20/21 May: Seed 1 (Munster/Connacht champions) v Seed 3; Seed 2 (Munster/Connacht runners-up) v Seed 4

Weekend 27/28 May: Seed 1 (Leinster/Ulster champions) v Seed 3; Seed 2 (Leinster/Ulster runners-up) v Seed 4

Round 2 (first named team at home)

Weekend 3/4 June: Seed 3 v Seed 2; Seed 4 v Seed

Round 3 (neutral venues)

Weekend 17/18 June: Seed 1 v Seed 2; Seed 3 v Seed 4

MUNSTER U20 FOOTBALL CHAMPIONSHIP

Semi final: Cork 2-14 Limerick 0-6

Final: Kerry 2-12 Cork 1-6

Muskerry Players: Seán Dore and Liam O'Connell (Ballincollig), Mikey Quirke (Ballinora).

Cork's U20 football season is over after two Munster championship games in eight days, both in Páirc Uí Chaoimh. Cork had a big win over Limerick in the semi final but had a disastrous start against Kerry in the final, conceding two goals in the opening minutes and never recovered. The Cork forwards did have goal scoring chances but did not avail of them, and Kerry were looking like winners of their 30th title from a long way out.

Against Limerick, Cork were good in attack with Hugh O'Connor and Niall Kelly getting the goals and Olan Corcoran and Ross Corkery others to impress. Tommy Walsh, Dan Twomey and captain Jacob O'Driscoll excelled in a defence as they held the visitors without a score for 41 minutes of play. Scorers for Cork: H O'Connor (1-2, 0-1 free); N Kelly (1-1); O Corcoran (0-4, 1 free); R O'Sullivan, R Corkery (0-2 each); T Walsh, S Dore, L O'Connell (0-1 each).

Cork U20 v Limerick: Callum Dungan (Carrigaline): Dan Twomey (Ballinascarthy), Jacob O'Driscoll (Valley Rovers), Captain, Darragh Murray (Glanmire): Thomas O'Mahony (Castlehaven), Tommy Walsh (Kanturk), Sean Brady (Ballygarvan): Eoghan Nash (Douglas), Seán Dore (Ballincollig): Olan Corcoran (St Mary's), Liam O'Connell (Ballincollig), Richard O'Sullivan (Newcestown): Peadar O'Rourke (Carbery Rangers), Hugh O'Connor (Newmarket), Tom Cunningham (Kilshannig). Subs: Eoin de Búrca (St Michael's), Ross Corkery (Nemo Rangers), Paddy O'Driscoll (Gabriel Rangers), Mikey Quirke (Ballinora), Niall Kelly (Newcestown), and Mikey O'Connell (St Michael's), Fionn Crowley (St Finbarr's), Chris Kenneally (Clonakilty), Mike McSweeney (Knocknagree).

Kerry's emphatic 2-12 to 1-6 victory in the final ended Cork's short championship season as there is no second chance in U20 football in Munster. The decisive victory over Limerick had created a feel-good factor going into a game unlike Kerry who were under pressure after Clare forced them to extra time. Cork started without injured Eoghan Nash and had the Ballincollig pair of Liam O'Connell and Seán Dore at midfield with Paddy O'Driscoll in attack. Champions Kerry struck early here, the first goal after just 25 seconds and followed on with a point and then a second sickening goal after Cork had missed a good goal opportunity. Kerry's William Shine, son of Macroom man Liam, was outstanding in the Kerry attack and got the Man of the Match award later as a result. Kerry led by seven points at half time and continued to dominate in the second half, Cork's goal coming in injury time, too late to spark any possibility of a revival.

For Cork Manager, Macroom resident and Urhan native Bobby O'Dwyer, and his co selectors which included Ciarán Sheehan (Éire Óg) and Kieran Cronin (Aghabullogue) it was a very disappointing outcome as the management team and players had worked very hard over a long period of preparation, including John Kerins Cup matches, challenge games and collective training sessions, for such a short championship season.

Munster Minor Football Quarter Final

Kerry v Cork, P Ui Chaoimh May 11th 7pm, on TG4 YouTube sport

Winners and losers of this game advance to semi final stage on May 18th against Round Robin finalists Tipperary and Limerick.

LGFA- LADIES GAELIC

MUNSTER LGFA SENIOR CHAMPIONSHIP

Kerry, Cork, Waterford and Tipperary contest the Munster Championship on a round robin basis and finishing places will determine placing in each of the four groups of three teams for the TG4 All Ireland series.

Tipperary 1-14 Cork 1-17

In Cahir, Cork scored a 1-17 to 1-14 victory over hosts Tipperary, for whom Aishling Moloney

Cork will play Kerry in Round 2 on May 7th and manager Shane Ronayne reflected: "There were a number of players making their championship debuts today and we had three minors who started as well, so it was a big learning curve for all of them.

"With three games in such a short time, we're going to need all our squad."

Eimear Kiely scored 1-4 for the winners, as the O'Sullivan sisters, Ciara and Doireann, contributed 0-9 between them.

Cork just about got the better of Tipperary and it was the experience of Cork that saw them home thanks to the likes of Ciara and Doireann O'Sullivan, Emma Cleary and Roisín Phelan.

Aishling Moloney (1-12 for Tipp!) opened the scoring just 30 seconds in, with Eimear Kiely getting Cork off the mark from the restart.

It took Cork 12 minutes to get their second score, with Kiely pointing again from another free. She made it a one point game after 17 minutes with the Rebels' first point from play, to make it 0-3 to

Kiely had the sides level before Ciara O'Sullivan put Cork in front for the first time. Aoife Healy put them two up, before Moloney pulled a point back from a free, 0-6 to 0-5. Doireann O'Sullivan put Cork two in front again and she made it 0-8 to 0-5 from a free as half-time approached, 0-8 to 0-5 at the break. Points from, Ciara O'Sullivan, Emma Cleary, Ciara and Doireann O'Sullivan made it 0-13 to 0-9 with

In a dramatic finish, a goal from Kiely looked like she had secured the win for Cork, but straight from the restart Moloney raised a green flag at the other end to make it a two-point game. A late point from Laura O'Mahony sealed a three point win for the Rebels, 1-17 to 1-14 after a highly entertaining game.

Scorers for Cork: E Kiely 1-4 (2f), D O'Sullivan 0-5 (1f), C O'Sullivan 0-4, A Healy, E Cleary, M Duggan, L O'Mahony 0-1 each.0

Cork: S Murphy; M Duggan, E Meaney, R Phelan; D Kiniry, S Kelly, R Leahy; Erika O'Shea (Macroom), A Healy; A Ryan, D O'Sullivan, Emma Cleary (Éire Óg); Orlaith Cahalane (Éire Óg), E Kiely, C O'Sullivan. Subs: H Looney 28, K Quirke 44, D Kiely and L O'Mahony,both 48, A McDonagh(Naomh Abán) 55.

CAMOGIE

44 minutes played.

Camogie – Div 2 Very National League Final Replay Cork 2-15 Kilkenny 0-13

A much-improved performance by Cork saw them take the replayed Division 2B Very national league title against Kilkenny in The Ragg.

It was a different game this time around compared to the dour draw in Clonmel a week earlier, played at a much faster pace with some lovely hurling played. From the throw-in Cork looked different; hungry and confident.

After trailing 0-6 to 0-7 at half time Kilkenny pounced on Cork after the restart but outstanding play by Niamh O'Leary, Leanne O'Sullivan and Laura Doyle instigated Cork's push back and they hit 1-3 inside eight minutes to lead by 1-11 to 0-8 from which they never looked back.

Scorers for Cork: L Homan 1-5 (0-3 f), C O'Callaghan 1-2, L Allen, R Murphy, C O'Leary (f) 0-2 each, R Harty, F Nelligan 0-1 each.

Cork: S Beausang; A Moloney, NO'Leary, E Flanagan; L O'Sullivan, M Ring, L Doyle; A Cashman, R Harty; L Homan, L Allen, C O'Leary; C Dooley, R Murphy, C O'Callaghan.

Subs: I Sheehan for A Cashman (41), F Nelligan for C Dooley (53), C Keane for R Murphy and A O'Callaghan for Leanne O'Sullivan (58), E O'Donovan for A Moloney (60),

MUNSTER CAMOGIE CHAMPIONSHIP

Cork 1-15 Waterford 1-18

Cork camogie seniors were in Páirc Uí Chaoimh for their Munster quarter-final game against Waterford as part a double-header with the Cork senior hurlers and were shocked by the Decies as they suffered an unexpected 1-18 to 1-15 defeat. It was Waterford's first competitive victory over the Rebels since they were promoted to the top grade eight years ago. Both sides were affected by dual commitments and injuries. Cork's Hannah Looney and Libby Coppinger remained on the camogie panel, while Aoife Healy and Orlaith Cahalane travelled with the footballers to Tipperary.

Waterford started well to go four points to two

up inside the opening 10 minutes before Cork : 1-9 (rd 4): Bantry Blues 0-9 Aghabullogue 3-11 came more into the game, and Cork captain Amy O'Connor levelled matters on the quarter hour mark, 0-6 to 1-3. Orla Cronin put Cork ahead but the visitors went back in front with a fine goal. At half time it was 1-8 apiece.

Waterford moved in front after the interval, and were 1-14 to 1-10 up with 10 minutes to ao. Waterford held a five-point lead, 1-16 to 1-11 but Cork had two points to cut the gap. Waterford though were not to be denied in an exciting finish. Scorers for Cork: A O'Connor 1-3 (0-3 f), C Sigerson 0-4 (0-3 f), O Cronin, A Smith and E Murphy 0-2 each, S McCarthy and L Hayes 0-1 each.

Cork: Amy Lee; Meabh Murphy (Ballinora), Libby Coppinger, Meabh Cahalane; Laura Hayes, Laura Treacy, Izzy O'Regan; Saoirse McCarthy, Cliona Healy (Aghabullogue); Chloe Sigerson, Fiona Keating, Hayley Ryan; Amy O'Connor (Capt), Orla Cronin, Clodagh Finn. Subs: Pamela Mackey for C Healy (half-time), Emma Murphy for H Ryan, Ali Smith for C Finn (both 43), Kate Wall for O Cronin (54). Cork Management were very disappointed with the team's performance and need to quickly get a full fit focussed panel together for the Glen Dimplex All Ireland championship group stage in which they meet Galway, Clare and Down, starting on June 3rd.

There are three groups of four teams. Two of the group winners (randomly chosen) advance to the semi-finals. The other group winner, and the three runners-up, play in the quarter-finals.

The bottom team in each group play-off to decide the team relegated to the 2024 Intermediate Championship.

2023 CORK COUNTY LEAGUES

Football: In the Cork Credit Unions county football leagues there are seven divisions, 10 teams in each of divisions 1to 6, 8 teams in 7 and in 8. Promotion and relegation applies in every division.

Division One Rd 1: Éire Óg, Cill na Martra, Ballincollig, Nemo Rangers, Castlehaven, Carbery Rangers, Kiskeam, Douglas, St Finbarrs, Valley Rovers.

Division Two: Béal Átha'n Ghaorthaidh, Clyda, Carrigaline, Clonakilty, Kanturk, Aghada, Rossa, Fermoy, O'Donovan St Michaels, Newcestown

Division Three: Rockchapel, Macroom, Nemo, Castletownbere, Bishopstown, Ilen Rovers, Glanworth, Mallow, Knocknagree, Dohenys

Division Four: Aghabullogue, Naomh Abán, Kilshannig, Iveleary, Bantry Blues, Newmarket, Mitchelstown, Na Piarsaigh, St Vincents, Bandon

Division Five: Ballinora, Mayfield, Adrigole, Boherbue, Ballydesmond, Glenville, Dromtariffe, Glanmire, Kinsale, Millstreet

Division Six: Gabriel Rangers, Kilmurry, St Finbarrs, Cobh, St Nicks, Buttevant, Urhan, Kildorrery.

Division Seven: Aghinagh, Ballinhassig, Castlemagner, St Michaels, Cullen, Argideen, St James, Ballyclough.

Round 5 Results:

Div 1:Ballincollig 1-8 Carbery Rangers 2-7: Éire Óg 0-11 Kiskeam 1-9: Nemo Rngrs 2-10 Cill na Martra 1-06: St Finbarrs 1-10 Castlehaven 1-4

Div 2: Béal Átha'n Ghaorthaidh 0-11 St Michaels 1-18

Div 3: Macroom 2-8 Castletownbere 1-8

Div 4: Iveleary 1-8 Bandon 1-4: Na Piarsaigh 0-6 Naomh Abán 1-11: Newmarket 3-9 Aghabullogue

Div 5: Kinsale 0-9 Ballinora 0-9

Div 6: Kilmurry 0-16 Kildorrery 1-4

Div 7: Aghinagh 1-13 St Michaels 1-15

Table standings after Five Rounds:

Div 1 Nemo P5 W5 L0 Points 10: Castlehaven P5 W4 L1 - 8pts: St Finbarrs P5 W3 D1 L1 - 7pts: Douglas P5 W3 L2 – 6pts: Éire Óg and Cill na Martra P5 W2 D1 L2 – 5pts each: Ballincollig 0pts from 5 games.

Div 2 Clonakilty 9, Newcestown and Carrigaline 8 each, Béal Átha'n Ghaorthaidh 5 points.

Div 3 Mallow and Macroom 8 pts each, Knocknagree and Dohenys 7 pts each.

Div 4 Kilshannig 10pts, Iveleary 8, Aghabullogue 7, N Abán 4pts

Div 5 Boherbue 10, Ballinora 3

Div 6: Kilmurry P3 W3-6pts, Buttevant 5 pts

Div 7: 3 rounds played: St James, Argideen and St Michaels 6pts each: Aghinagh 3pts (W1 D1 L1) Results RD 5:

Div 2: Mallow 2-15 Ballincollig 2-17

Div 3: Castlelvons 1-18 Blarnev 2-8: Newcestown 1-15 Éire Óg 1-23: Bandon 0-15 Inniscarra 0-15 Div 4: St Catherine's 2-12 Aghabullogue 1-12

Div 5: Cloughduv 1-21 Aghada 2-14

Div 7: Ballinora 3-22 Nemo Rangers 0-14, Érins Own 1-20 Ballinora 1-15

Table standings after Round 5:

Div 1: Sarsfields 10pts, Douglas 7

Div 2: Glen Rvrs 9, St Finbarrs and Courceys 7pts, Ballincollig 6.

Div 3: Carrigaline 8pts, Éire Óg 7 (W3 D1), Blarney 5 Inniscarra (P4)4.

Div 4: Ballinhassig 10, Valley Rovers 8, Aghabullogue 3

Div 5: Argideen 9, Cloughduv 6

Div 6: Ballygarvan(P3 W3) 6, Kilbrittain 4

Div 7: Glen Rvrs (P3 W3) 6, Ballinora (P3 W2) 4pts

MUSKERRY GAA MID CORK LEAGUES 2023

FOOTBALL

Division 1 – 8 teams: Canovee, Grenagh, Kilmichael, Éire Óg, Inniscarra, Clondrohid, Ballincollig, Donoughmore,

Rd 4: Canovee 4-12 Ballincollig 0-5: Kilmichael 3-9 Clondrohid 2-9, Donoughmore 0-12 Inniscarra 1-15, Grenagh 2-15 Éire Óg 1-8

League Table: Canovee 8, Grenagh 6, Clondrohid 5, Inniscarra 5, Éire Óg 2, Donoughmore 2, Kilmichael 2, Ballincollig 0

Division 2 East – 8 teams: Aghabullogue, Ballincollig, Ballinora, Blarney, Donoughmore, Dripsey, Éire Óg, Inniscarra.

Rd 4: Éire Óg 3-9 Ballincollig B 0-7, Donoughmore 2-14 Ballinora 2-12, Aghabullogue 0-6 Inniscarra 0-8, Dripsey v Blarney

League Table: Dripsey 6, Blarney and Inniscarra2-5pts, Donoughmore 4, Éire Óg 3, Ballincollig 2 and Ballinora - 2pt each, Aghabullogue 1.

Division 2 West - 8 teams: Kilmurry, N. Abán, Macroom, Iveleary, Cill na Martra, Béal Átha'n Ghaorthaidh, Canovee2, Aghinagh2. (Aghinagh 1 are in Co League 7).

Rd 4: Kilmurry 3-19 Canovee 0-6, Iveleary 1-12 Cill na Martra 2-15, N Abán 0-6 Aghinagh 1-11, Macroom v Béal Átha'n Ghaorthaidh.

League Table: Kilmurry 8, Béal Átha 6, Aghinagh and Cill na Martra 5 each, Iveleary 4, Macroom 2, Canovee and N Aban 0 pts.

Division 3 East -6 teams:

League Table: Gleann na Laoi 6, Inniscarra 2,



Chloe Hubbard in 6th Class has been selected on the Primary Game Football Team. Chloe will represent Rylane National School in the Cork Jersey at half time in the Clare V Cork Munster Football Championship Quarter Final in Ennis

Grenagh 2, Blarney, Ballincollig and Dripsey 0. Division 3 West – 4 teams: Béal Átha'n Ghaorthaidh, Clondrohid, Kilmichael and Naomh Abán.

FOOTBALL CHAMPIONSHIP

The Ross Oil Mid Cork Junior A Football Championship commences on July 27th with all six first round games scheduled for the period July 27th-30th. Group 1: Inniscarra v Grenagh, Blarney v Donoughmore. Group 2: Kilmichael v Dripsey, Canovee v Ballincollig. Group 3: Aghinagh v Éire Óg, Clondrohid v Béal Átha'n Ghaorthaidh are the intriguing pairings in round one of the competition which is being played on a group basis initially.

HURLING

CUMNOR CONSTRUCTION LEAGUE

Division 1 – 8 teams: Grenagh, Kilmichael, Éire Óg, Blarney, Inniscarra, Ballincollig, Donoughmore,

Rd 4 results: Ballincollig 0-15 Grenagh 1-20, Éire Óg 3-10 Donoughmore 1-19,

Inniscarra 1-14 Blarney 1-13, Dripsey 6-18 Kilmichael 4-20,

League Table: Grenagh 8, Éire Óg 6, Inniscarra and Donoughmore 4 pts each, Dripsey and Blarney 2 each, Kilmichael and Ballincollig 0 pts yet

Division 2 - 8 teams: Uibh Laoire, Inniscarra 2, Blarney 2, Grenagh 2, Eire Óg 2, Cloughduv, Ballincollig2, Aghabullogue2.

Rd 2: Cloughduv 0-19 Ballincollig 0-10, Éire Óg 1-15 Inniscarra 2-15, Aghabullogue 2-22 Grenagh 2-5, Iveleary 1-11 Blarney 0-12

League Table: Cloughduv 6, Iveleary 5, Aghabullogue 4, Grenagh 3, Éire Óg 2, Inniscarra 2, Ballincollig 0, Blarney 0.

Division 3 - 4 team (home and away): Laochra Óg, Gleann na Laoi, Donoughmore 2, Ballinora 2. (Note: Ballinora 1 are in County League 7)

Results: Ballinora 3-9 Donoughmore 2-21, Laochra Óg 0-4 Gleann na Laoi 3-19

Table: Gleann 4, Donoughmore 2, Laochra and Ballinora 0 pts to date.

HURLING CHAMPIONSHIP

The MJK Oils Mid Cork Junior Hurling Championship is being played on a group basis in the early stages and the competition commences on August 5th/6th. Group 1: Ballinora v Inniscarra, Kilmichael v Ballincollig. Group 2: Dripsey v Blarney, and Cloughduv. Group 3: Grenagh v Éire Óg and Donoughmore a bye.

Cloughduv (v Blarney) and Donoughmore (v Éire Óg) in action on August 11th.

CORK CREDIT UNIONS COUNTRY FOOTBALL **LEAGUE DIV 3**

MACROOM 2-8 CASTLETOWNBERE 1-8

Macroom Premier Intermediates made it four wins from five league outings with a hardearned win over Castletownbere at Tom Creedon Park on Sunday morning. Aided by the fair wind blowing, Macroom did not play well but a 5th minute goal from play from David Horgan who bravely contested a 50/50 clash with the goalkeeper to get the vital touch, was a great boost. CTB were the better team in the first half and drew level at 1- to 0-4 but a 26th minute goal from Ethan O'Gorman who reacted best when David Horgan's free rebounded off the crossbar, gave them a 2-2 to 0-4 interval lead.

In the second half, the Macroom play was more enterprising and with Mark Corrigan, Rory Buckley and Seán Kiely prominent in defence Macroom forced the pace and led by 2-7 to 0-5 with ten minutes remaining. Injuries now affected the Macroom play and CTB staged a mini revival but their injury-time goal was the last kick of the game. Macroom: Brendan O'Connell, Jack Kelleher, Ciaran Condon, Jack O'Riordan, Mark Corrigan, Sean Kiely, Rory Buckley, Patrick Lucey, Caleb Dinneen, Don Creedon, Michael Cronin, Mark Hunt, David Horgan, Eolan O'Leary, Ethan O'Gorman. Daragh Kirwan, Ben O'Connell, Sam Kelleher.

15 Premier Group 1

Macroom 0-9 Douglas 1-10

The u15s played their 3rd league game against Douglas at the Tom Creedon Park. Macroom started brightly and took the game to the Féile runners up and a good score from Jack O'Shea got them on the scoresheet. Douglas replied but points from Billy Murphy and Sam Leavy had Macroom two points up. Douglas responded with 2 points to level the game then what looked a free to Macroom in a scoring position was given as a

MACROOM GAA



free out and Douglas attacked and a good save : from Gearóid Quinn in goal rebounded and the Douglas forward got to the ball to punch to the net. Macroom responded with 2 points from Billy Murphy to go in at half time a point down.

Macroom again started the 2nd half scoring to equalise and it was a tough second half with Macroom taking the game to Douglas but they just didn't convert their chances into scores. With 10 minutes to go they still led by 2. Douglas responded strongly and took the lead by 2 points but Macroom replied with a point just before the referee blew the final whistle.

Overall, a fantastic effort from the boys who are competing well in the top grade.

Macroom: Gearóid Quinn, Thomas Hopkins, Ruairí O'Shea, Robert Fitzgerald, Conor Nash, Eoghan Healy, Cathal Neville, Jack O'Shea, Sam Leavy, Darragh Donovan, Billy Murphy, Dylan Lucey, Jack Leavy, Coran Burns, Alex Brophy. Subs: Caleb O'Connor, Brian Bradley, Simon Condon, Oisín Phelan, Troy Murphy, Jayden O'Sullivan, Ryan Fernando, Tadq Dunne.



Macroom GAA Intermediate

U12 REBEL ÓG MID FOOTBALL LEAGUE **MACROOM 2-7 KINSALE 2-7**

Macroom U12 travelled away to play Kinsale in the second round of the Mid Cork Spring league on Monday 17TH of April. On a glorious evening for football, Macroom got off to a great start and were up 1-2 to no score after 10 minutes. Kinsale battled back and with two quick fire goals took the lead by one point. Commencing the second half, Macroom scored a spectacular goal and took the lead again. With five minutes to go Kinsale went ahead again. Macroom equalised with a great score. From the kick out, Kinsale went down the pitch and scored from a free to go one point up with only a few minutes left Macroom equalised again. The game finished 2-7 each after a great challenging game. Looking forward to our next home game v Sliabh Rua on Monday, May 1st.

Macroom: Conor Angland, David Twomey, Con Moss, Seán Burke, Darragh Creed, Cian Kelleher, Lochlainn Phelan, Kennnan Deasy, Luke Kelly, Oscar Grace, David

Sigu, Maciek Krzepina, Gena Lisovyi

U12 WEST GROUP 5

MACROOM 2NDS 2-5 CLONDROHID 5-9

In the U12 Division 5 West, Macroom's second team played near neighbours Clondrohid in the league. Macroom found the going tough in the

first half playing against a slight breeze which : Clondrohid capitalised on to lead by 3-4 to 0-1 by half time. In the second half Macroom put up a much more spirited display and were competitive top the finish.

Macroom panel: Ciarán O'Sullivan, Odhran O'Regan, Jack Ryan, Bobby O'Brien, Dara Kelleher, Ruairí Lucey, Brian Lloyd, Cian Ó Céilleachair, Noah Moss, Eoghan O'Sullivan, Tom Minihane, Alex O'Callaghan, Sam Sabas, Blake Deasy, Luke Guider, Luke Kelly, Nazar Zhezherun, Oscar Grace.

U14 DIVISION ONE WEST LEAGUE MACROOM 4-09 DUNMAY 4-07

Macroom U14s exited the league at the guarter final stage to a strong Sam Maguires (Dunmanway) outfit in Tom Creedon Park on Wednesday night. In a keenly contested game Sam Maguires ran out twopoint winners on a scoreline of 4-09 to 4-07. Macroom were not helped by the injury to a couple of players but all in all have performed well in the league, defeating Valley Rovers and Clonakilty, losing to Bandon to whom they finished second in their group.

Next up for this group is championship which will begin in June.

Macroom: Ben Ronan, Ciarán Murray, Michael Kelleher (Capt.), Tristan Mullane, Dan Lyons, Ultan Ó Tuama, Ryan Matunushu, Donagh Moss, Daniel Lucey, Michael Dunne, Dylan O'Shea, Ronan Duggan, Alex Waugh, Ronan O'Sullivan, Eoin Holland ,Alex Hopkins, Micheal Deasy, Oliwier Krzepina, David Bradley, Ryan Brophy, Tamer Alloush, Michael Cregan.

Scorers: Eoin Holland 1-03, Dylan O Shea 1-01, Ronan O'Sullivan 1-00, Alex Waugh 1-0, Michael Dunne 0-01, Ronan Duggan 0-01, Donagh Moss0-01.

U18 MID DIV 2 FL

MACROOM 3-15 COURCEY ROVERS 0-9

This win, their third in four group games, qualifies Macroom for the Div 2 group final. This final game will be played at Kilmurry on Tuesday May 2nd against Kilmurry who have beaten Macroom previously.

Macroom played well against Courceys at Tom Creedon Park and deservedly won a game of a good standard. They led at half time by 1-10 to 0-5, Colin the goalscorer. A second goal from Colin gave Macroom a 2-12 to 0-7 lead before Jamie Murphy score a third to clinch victory and give Macroom passage to the group final. Oisín O'Sullivan had 0-7, David Burke had two smashing first half points and Ray Griffin and Cormac Burke were rock solid in defence.

Macroom: Jonah Dervan, Rowan Mullane, Ray



Griffin, Liam McSweeney, Mark Condon, Cormac : Burke, Bobby Murphy, Cian Noonan, Ryan Sabas, Colin Kelleher, Cian O'Sullivan, Evan O'Sullivan,

Regan Wong, Oisín O'Sullivan, David Burke. Billy : McKirgan, Ruaidhí McKenna, Jack White, James Coleman Jamie Murphy, Darragh Hogan, Martin Fitzgerald, Rory Kiernan, Sam McCarthy, Danny

MACROOM SOCCER CLUB

MACROOM U10 GIRLS

A massive well done to our Macroom United u10's who played Watergrasshill in Murrayfield on the 22nd of April scoring loads of goals and showing off some excellent skills!

MACROOM U12 GIRLS

Our under 12 girls played Douglas Hall in Murray field on the 29th of April, and what a spirited performance it was with great runs from Lauren O'Sullivan and Alexsandra Stepien in attack. The Macroom defence was very strong with Aoife O'Regan and Saoirse Dunne putting in some great tackles. Chloe Hubbard our goalie was absolutely outstanding. Keep it up girls.

MACROOM U13 GIRLS

Macroom 5 Riverside 3

Our under 13 girls knew this would be a good battle with a strong Riverside team in Murrayfield and that is exactly how it was. Under wet conditions Macroom found themselves a goal down after 2 minutes but Shauna Keane was having none of it and found the net 5 minutes later , she was in form now and with some good passing the ball landed in front of her and off she went again to the back of the net Macroom now 2/1. Riverside were then awarded a penalty and scored 2/2 now the Macroom girls were under pressure when Riverside got another goal.

Going in at the break Macroom found themselves a goal down but were now more determined to go back out and battle hard and they were soon rewarded when Evie McMahon got the goal to level the teams yet again. A combination of superb defending and tremendous team spirit saw Macroom keep the pressure up and Evie soon scored again, Shauna Keane then hit the target for her hattrick in the final few minutes, A fantastic team performance.

GOAL SCORERS: Shauna Keane 3 Evie Mc Mahon

TEAM: Lorna Hodman, Chloe Guider, Keelin Lynch, Shannon Cotter, Katelyn O'Sullivan, Mai Fitzgerald, Ellie Barry, Hannah Sweeney, Evie Mc Mahon, Aine O'Riordan, Shauna Keane, Lauryn O'Sullivan, and Keelin Kelleher.

MACROOM UNDER 15 GIRLS MACROOM 4 COLLEGE CORINTHIANS 2 SHIELD SEMI FINAL

Macroom knew heading out to the pitch in Murrayfield on Saturday morning this was going to be a tough battle with premier side and league toppers Corinthians, however as they always do, they trusted each other and went to battle and what a performance from the backs Aisling Twomey, Lucy Hinchion and Ruth Cotter and Joy Griffin holding strong. Midfielders Maisie Murphy, Chloe O'Sullivan and Shauna O'Sullivan worked tirelessly and put in some shift on the pitch, placing the ball into the feet of our amazing strikers Orlaith O'Brien, Rachel O'Shea and Szonja Mora and Sarah Hinchion.

GOAL SCORERS Maisie Murphy 2 Orlaith O'Brien 2 This group will now face our neighbours Lakewood in the final on Sunday the 7th of May in MTU at 5pm. All support very Welcome, we wish them the very best of luck...Bring it home girls!!

TEAM: Maisie Murphy, Shauna O'Sullivan, Chloe O'Sullivan, Lucy Hinchion, Aisling Twomey, Ruth Cotter, Joy Griffin, Orlaith O'Brien, Szonja Mora, Rachel O'Shea, Realtín Walsh, Sarah Kelleher, Grace Kelleher, Saoirse Phelan

PIETA DARKNESS INTO LIGHT WALK

Macroom has been recognised officially as a host town for the Darkness into Light walk and in the process much needed funds and awareness will be raised for suicide prevention. We would encourage everyone to support this cause by registering. It is the first official Darkness into Light walk in Macroom and it would be great to have a huge community effort for this absolutely worthwhile

Pieta Darkness Into Light kicks off at Macroom Town Square, P12 YX48 at 4:15am on Saturday the 6th of May 2023. Tea/Coffee and refreshments will be served in the Macroom GAA Club Pavilion in the Castle Grounds after the walk. All are welcome. Macroom FC are delighted to support this hugely important event and would encourage as many

people as possible to take part. Register at https:// www.darknessintolight.ie/sign-up.

SENIORS BIG WIN

Munster Senior League Division 2, Carrigtwohill Utd 1 Macroom 3.

The Murray's Bar sponsored Seniors came away with a massive three points in what was a season defining game at Ballyadam, against top eight challengers Carrigtwohill United last week. Only two points separated both teams going into this game, and the early exchanges showed exactly why, with very little between the sides. Both sides struggled to get a foothold throughout the opening quarter, with chances at a premium at either end. On 14 minutes, Cathal O' Riordan did well to find the run of Keith Holden but the veteran just couldn't get his shot away. Only minutes later, a great interception from Thomas Morgans did enough to keep out a dangerous Carrigtwohill attack at the other end. As the half ticked away, the visitors really began to up the ante. Darren Dineen, Shane Meaney & Matty Juszczak were all posing a threat up top. However, on 28 minutes Macroom were caught napping and it was only a brilliant last ditch tackle from O' Riordan that kept the home side out. Just minutes later, John James Healy was fouled 30 yards from goal at a time when Macroom were looking dominant. Up stepped Meaney who found the top corner in off the crossbar, leaving the Carrigtwohill shot stopper with no chance. An absolute worldie and definite goal of the season contender.(A clip of this free kick is available to view on Macroom FC Facebook page). However, Macroom's lead was short lived and within the minute it was all square. This time it was Carrigtwohill's turn from the dead ball, as the effort breached the wall and evaded Caleb Dineen in goal, 1-1 at the break.

The second half started brightly for the home side but, the visitors soon regained control. On 50 minutes, Morgans was fouled on the edge of the box and it was a case of Deja Vu as Meaney converted his second free kick of the night. His effort eluding the Carrigtwohill goalkeeper and wall alike, to







Macroom u17 girls soccer team after their win against Riverstown which now sees them to progress to the Shield Final





restore Macroom's lead.. On 53 minutes, Meaney looked in for his hat-trick following great hold up play from Holden but, fired his effort over the bar from close range. Macroom were looking well in control as the home side went in search of an equaliser. On 66 minutes, Dineen released Holden who looked to increase Macroom's lead but the Carrigtwohill number one stood tall to keep the bare minimum between the sides. Macroom's search for a third wouldn't go on for much longer. when on 71 minutes Holden found Juszczak at the back post to double the away side's lead. Juszczak did well to hold it up before coolly slotting it home via the goalkeeper's legs, 3-1 Macroom. The visitors looked comfortable throughout the remainder of this game, thanks to some good defending from Danny Kelleher & Ben O' Connell at the back. Macroom were unlucky not to add a fourth when substitute Mark Corrigan went close on 82 minutes, following a dazzling run from deep inside his own half. This was a huge win for the Seniors and has seen them leapfrog Carrigtwohill United & Pearse Celtic into 7th place following tonight's results, confirming their place in the top eight for the final round of league fixtures. Macroom have now made it three wins on the bounce, finding the net eleven times in the process.

SCHOOLBOYS ROUND UP

The U15 boys (sponsor Barry O'Connor Transport)

played their first match in 6 weeks at the Town Park. They fell behind to an early penalty but equalised immediately from the restart with Michal Pilat scoring off both posts to level the tie. A very good Riverstown team started strongly in the second half but Macroom battled well. Michal Pilat scored again, before a long range effort from Tristyn McBride secured a deserved win. An excellent performance from all 14 players. Well done all. The U15 div 6 side hosted Everton and moved up to third in the league table, following a 2-1 win at the Town Park. After the visitors took the lead, Jakub Zulawnik struck back to equalise, it was 1-1 at half time. The second half was keenly contested as Macroom created a number of chances. It was looking like a point apiece until Alex Brophy lifted the ball over the keeper from the edge of the penalty area to secure three valuable points late on. The U13B lads were away to Riverstown, gave a great display and were unlucky to lose out 3-1. Ollie Thommen was the goalscorer and Macroom had top performances from Thommen, Dan McCarthy, Jesse O' Leary and player of the match Daragh McSweeney. Macroom were captained by Sean Quirke. Well done all players and coaches. The U13 side had two local cup wins recently. First they travelled to Whitegate in East Cork to play Corkbeg and came away with a fine 1-0 win. The winner was scored by Ryan Brophy and Macroom

Macroom u10 girls soccer team

had great outings from Ciaran Coleman, Micheal O' Connor, David Condon and David Bradley. Next up was a home tie against Bandon at the Town Park and Macroom again emerged victorious on a 1-0 scoreline. A fantastic Dylan O' Shea free kick was the difference between the sides with Mike McElroy, Brian McCrory, Micheal Deasy, Jamie McCarthy and keeper Calum O' Driscoll doing well for Macroom. The U14A side entertained Kinsale at Murrayfield, also in the local cup and emerged winners in a penalty shoot out. It was 2-2 following normal and extra time, Eoin Holland and Trevor O' Sullivan with the goals and Macroom won an exciting shootout 4-2. After two good wins in the Eddie Healy cup, the U11s travelled to Ovens to play Lakewood Athetic. Macroom lost out to a good home side but played brilliantly on the night. The other U11 side entertained Park Utd at the Town Park in a non compeitive fixture and performed very well once more. In Academy news the U7s took on Lakewood Athletic while the U10 sides played Mallow Town at Murrayfield and Lakewood Athletic away. The U9 teams had two away games and sent squads to play Strand Utd and Avondale Utd.



Recent St FINBARR'S Pilgrim Path walk from 'Top of the Rock' Drimoleague to GOUGANE BARRA, where over 60 people participated



Scoil Mhuire Pupil Basketball Team ready for the game against the teachers

Contact the Editor by Email: leevalleyoutlook@macroom.ie



LAOCHRA ÓG





U14 Camogie v Nemo Rangers 29th April 2023

U15 Hurling Féile winners 29th April 2023

FRIDAY 28TH APRIL 2023

U14 girls played this evening in the league against Nemo Rangers on a lovely evening at Colaiste

Nemo Rangers GAA took an early lead and despite the best efforts of our girls they couldn't close the gap against a very good team.

Well done to our players whom never gave up and best of luck to Nemo for the rest of the season.

Team sponsored by James Hickey and family a big thank to them.

Great support from our parents again as always.

SATURDAY 29TH APRIL 2023 U15 FÉILE WINNERS 2023

Superb effort by the lads today whom won their Féile division having contested three great games against Fr. O Neil's, Mayfield & Owen Gael's. With a mixture of lads on the age and younger players they took the lead on all games ,fought hard and came out victorious on each game ... superb team performance from this history making team . Thanks to Mayfield GAA for hosting Féile and for providing refreshments which was much appreciated. Our team was sponsored by M & J : details on Facebook.

Kelleher Ltd - MJK Oils whom have been with the club from the very start ... many thanks for your continued support. Thanks to the Abbey Hotel whom at short notice from the sideline obliged by providing a well deserved meal for the team afterwards... Míle Buíochas. To all our parents and siblings whom travelled this morning a special thanks to you.

DATE FOR THE DIARY

Summer Camp 2023 will be held on August 15th/16th and 17th 10:30a.m. - 14:30 p.m. More

Looking Back to 2013

ST MARY'S MACROOM COMPLETE : HISTORIC ALL IRELAND DOUBLE ALL IRELAND POST PRIMARY SCHOOLS JUNIOR B LADIES FOOTBALL FINAL

St Mary's Mercy, Macroom 4-9 St Josephs S.S Rochfortbridge 3-7

St Mary's Secondary School Macroom made history at Seán Treacy Park, Tipperary Town, when they completed the second part of an historic All Ireland double, the school's juniors defeating a gallant St Josephs Rochfortbridge in a thrilling Junior B final just a week after the seniors had taken their first ever All Ireland title. St Mary's thus become the first team to complete a Senior/Junior double in the same year an achievement that will be difficult to beat in coming years.

In the 54th minute thee were just three points between the sides. The game was now being played at a frenetic pace and Rachel Hurley eased the Macroom girls into a four point lead but they were rocked on their heels a minute later when a goal for Rochfortbridge left only a point between the sides. St Mary's did not panic however and a goal from hardworking Claire Murphy in the first minute of injury time was greeted with great joy by the large Macroom following and a minute later, effective substitute Rachel Horgan with a great kick from thirty yards sent over the 'insurance point'.

Ladies football President Pat Quill presented the cup to a delighted Macroom Captain Aileen Corkery and St Mary's full back Aisling Kelleher was presented with Player of the Match award.

St Mary's Macroom: (All St. Vals unless otherwise stated): Mairéad O'Sullivan: Ann Marie Ryan, Aisling Kelleher, Niamh McCarthy: Ali Jones (Naomh Fionnbarra), Aileen Corkery, Elaine O'Brien: Mairéad Corkery, Niamh Duggan (Naomh Aban): Sinéad Plunkett, Sarah Beth O'Mullane, Rachel Hurley (Macroom): Sarah Byrne, Claire Murphy, Siofra Burgoyne. Subs: Rachel Horgan (Macroom) used and Nicola Dennehy, Marion Coakley, Caoimhe Cotter, Sinéad O'Connell, Lily Healy (Macroom), Michelle O'Callaghan, Lauren Manning (Macroom).

Coaches: Seán Ó Coill, Uas. and Mr. Joe Carroll

2013 CORK COUNTY SENIOR HURLING **CHAMPIONSHIP**

Colleges/Divisions 1st Round:

Carbery 1 - 13 Muskerry 0 - 9: UCC 2 - 17 Avondhu 1 - 18

2nd Round (last chance): Muskerry 0-12 Avondhu 2-18

Carbery 1-13 Muskerry 0-9

Muskerry hurlers met Carbery under lights at a bitterly cold Cloughduv and after a bright opening half fell away in the second half and a goal for Carbery at the three quarter stage finished off the home challenge.

Carbery started well and led by 0-3 to 0-1 after the opening guarter but then Muskerry had a good second quarter and hit over five points without reply to enjoy a 0-6 to 0-3 interval lead. On the restart it was Carbery's turn to find the range and the Southwest men now struck over five points in ten minutes to lead once again by two points. In the 47th minute Kilbrittain's Alan Hayes found the Muskerry net for the only goal of the game and this score opened up a gap beweeen the teams which Muskerry were never going to bridge though they fought hard to the finish.

Muskerry: Colm Ryan (Cloughduv): Colin Harris (Ballincollig), Paul O'Leary (Blarney), Kelvin Cummins (Grenagh): Niall Buckley (Aghabullogue), Mark O'Sullivan (Dripsey), Rory O'Doherty (Ballincollig): Ciaran O'Sullivan (Ballincollig), Mark Cremin (Blarney) (0-3, frees): Conor Cotter (Kilmichael) (0-2), Colm Casey (Inniscarra) (0d1), Shane Sexton (Donoughmore) (0-2): Peter O'Driscoll (Blarney) (0-1), Brian Ahern (Cloughduv), Darragh Ring (Cloughduv). Subs Used: Mark O'Leary (Blarney), Darragh O'Brien (Blarney), Ger Aherne (Cloughduv).

2nd Round (last chance):

Muskerry 0 - 12 Avondhu 2 - 18

Muskerry hurlers exited the Cork county senior hurling championship for 2013 when defeated by Avondhu at a cold Mallow in a game played under lights. Muskerry stayed with the winners until half time when Avondhu led by 1-7 to 0-8, the goal coming in the 20th minute. On the restart however there was only one team in it and Muskerry had no answer to the North Cork men who gave an impressive second half performance. Avondhu got on top at midfield and their forwards put the scores on the board and they were well in control as the game went into the third quarter. The second Avondhu goal came late in the game and was merely the icing on the cake.

For Muskerry, Mark Cremin was deadly accurate from frees, notching 0-5 from placed balls (and scoring a point from play), Kevin Hallissey had three points from play and Stephen Olden, Daniel O'Connell and Conor Cotter had a point each but it was not nearly enough on the night.

With the Muskerry selectors able to draw from the Blarney, Ballincollig and Inniscarra clubs who are all strong performers in the Premier Intermediate championship, Aghabullogue, Dripsey and Eire Óg, all holding their own in the county Intermediate grade, as well as from the strong

hurling heartlands of Cloughduv and Grenagh, one might expect that Muskerry hurlers would be able to make a bigger impression on the senior hurling scene, particularly against their fellow divisions. Avondhu were drawing from Kilworth, Fermoy, Ballyhea, Kildorrery, Buttevant, Charleville, Milford, all clubs with hurling tradition but no better than that of the Muskerry clubs. Only two of the Avondhu players figured on the Cork hurlers' panel for the league play off with Clare and neither were on the starting fifteen.

Muskerry Team Manager John Feeney in his report to the Mid Cork Board did point out that clubs have their own problems getting themselves ready for their own championships and it seemed that involvement with Muskerry was not high on their priority lists. In addition, some players were injured, some have emigrated, others were not available on the night. The manager did thank the players on duty in both championship outings this year for their commitment and thanked the Blarney club in particular for its total co-operation with the Muskerry management.

Muskerry: Trevor Hegarty (Blarney): John O'Callaghan (Inniscarra), Paul O'Leary (Blarney), Kelvin Cummins (Grenagh): Niall Buckley (Aghabullogue), Joe Jordan (Blarney), Ciarán O'Sullivan (Ballincollig): Stephen (Inniscarra), Mark Cremin (Blarney): Kevin Hallissey (Eire Óg), Conor Cotter (Kilmichael), Shane Sexton (Donoughmore): Daniel O'Connell (Inniscarra), Brian Ahern (Cloughduv), Mark O'Sullivan (Dripsey). Subs Used: Ger Aherne (Cloughduv) and Mark O'Leary (Blarney).

2013 CORK COUNTY SENIOR FOOTBALL **CHAMPIONSHIP**

Colleges/Divisions Section - 1st Round Beara 2 – 9 Muskerry 0 – 9: Duhallow 1 – 11

Avondhu 1-7

UCC 0-12 Carbery 0-9 2nd Round: Muskerry 0-10 Avondhu 1-11

Beara 2-9 Muskerry 0-9

Beara footballers gave what some of their more knowledgeable supporters described as their best performance in 20 years when they tore into a fancied Muskerry side at Dunmanway and deservedly won their way through to round three of the divisional section of the county

championship.

The game was played under lights at Dunmanway on Holy Thursday night and Liam Shorten opened the scoring with a Muskerry point within two minutes of the start. Beara quickly hit back with three points in a row and added two more before the first guarter had ended. Daniel Goulding had a point for Muskerry but Beara struck for a goal in the 21st minute and they led by 1-5 top 0-4 (Goulding scoring for Muskerry) at the break. It was clear that Beara were up for this game in a way that Muskerry obviously were not, the tackling and harrying for the peninsula men completely upsetting the Muskerry side.

On the re-start Beara struck for a second goal within minutes and the game was over for Muskerry whose problems were added to when Fintan Goold was carried off in a dazed state after a hefty challenge. Beara were in no humour to let Muskerry back into contention and there was always a gap between the teams. Muskerry had further points from David Goold, Noel O'Leary, Martin Connors and Liam Shorten but Beara finished strongly and they deserved their win.

Muskerry: Shane Masters (Kilmichael): Rory Buckley (Macroom), Kevin Barrett (Kilmurry), Aidan Corkery (Donoughmore): Seamus Ó Mathúna (Naomh Abán), Nollaig Ó Laoire (Cill na Martra), Sean Kiely (Macroom): Seán Ó Céilleachair (Cill na Martra), Miceál Ó Laoire (Naomh Abán): Fintan Goold (Macroom), Liam Seartan (Béal Átha'n Ghaorthaidh), Martín Ó Conchuir (Cill na Martra): Liam Walsh (Grenagh), David Goold (Macroom), Daniel Goulding (Éire Óg). Sub: John Dineen (Éire

2nd Round: Muskerry 0 – 10 Avondhu 1 – 11 Having eliminated the Muskerry hurlers from the hurling championship, Avondhu footballers then took on the Muskerry footballers a week later at Mourneabbey and repeated the exercise, emerging from the knock out contest with a deserved four point victory margin. Avondhu thus qualified to meet UCC in the third round of the Divisions/Colleges section.

Avondhu took an early lead and forced the pace for much of the first half. Muskerry recovered well after the break to take a one point lead twice around the three quarter stage but Avondhu then had a point to draw level again at 0-9 each and a goal in the 50th minute was the decisive score of the game and set Avondhu on the road to victory and they finished in control, adding two further points to their tally to Muskerry's single late point in reply.

Avondhu exerted pressure from the start, led early on but Muskerry were level at 0-2 each after the opening quarter. Avondhu responded and again took the initiative and they led at half time by 0-7 to 0-4.

Muskerry lost Daniel Goulding to injury at half time, but they had a good third quarter and shot over four points in a row to go a point clear. Avondhu equalised in the 45th minute but Muskerry's Darragh Ring again put Muskerry into the lead with a fine point. Avondhu again equalised and the game's only goal followed and Avondhu went on from there to tie up the victory and they had opened up a five point gap before Liam Shorten's late point for Muskerry.

Sean Kiely was Muskerry's chief scorer with three points from play and Daniel Goulding, David Goold, Liam Walsh, Martin O'Connor, Andy Concannon, Darragh Ring and Liam Shorten scored 0-1 each.

It was a disappointing early end to the championship for Muskerry. Football is strong in the division at present. Béal Átha'n Ghaorthaidh, Naomh Abán, Macroom and Ballinora are all in Premier Intermediate grade and Cill na Martra, Aghabullogue, Canovee, Grenagh and Éire Óg are all strong Intermediate grade teams. Six of the Muskerry team are on the present Cork training panel.

Muskerry: Shane Masters (Kilmichael); Amhlaoibh Ó Loinsuigh (Béal Átha'n Ghaorthaidh), Kevin Barrett (Kilmurry), Rory Buckley (Macroom); Seamus Ó Mathúna (Naomh Abán), Fintan Goold (Macroom), Sean Kiely (Macroom); Nollaig Ó Laoire (Cill na Martra), Sean Ó Céilleachair (Cill na Martra); Liam Walsh (Grenagh), Martín Ó Conchuir (Cill na Martra), Liam Seartan (Béal Átha'n Ghaaorthaidh); David Goold (Macroom), Daniel Goulding (Eire Óg), John Dineen (Eire Óg). Subs: Aindrias Ó Coinceannain (Béal Átha'n Ghaorthaidh), Darragh Ring (Canovee), Seamas Ó Laoire (Naomh Abán).



Alana Murphy from Macroom received an award from Dr Brendan Noonan for the Promoting Equality and Diversity Award for 2023. Alana is a 4th Year Undergraduate student in UCC studying Intellectual Disability Nursing



Kealan O Shea and Niamh O Riordan at Irish Dancing World Championships from St Marvs.



Scenes from our TY Show at St Marvs.



Frances Kelleher after winning the spot prize at The Kilmurry Active Retirement



Geraldine McCarthy and Katelyn Mc Carthy staring in our TY Show at St Marvs.

Citizens Information C:

SUSI STUDENT GRANT SCHEME

The Student Grant Scheme is the main financial support scheme for students studying in Ireland and abroad. It is also known as the SUSI grant because the Student Universal Support Ireland (SUSI) is the awarding authority for the Student Grant Scheme.

Q. When does the application process for SUSI Grants open?

A. The student grant application process is open to all applicants from Thursday, 13th April 2023. If you are already getting a student grant, you have been able to submit a renewal application since 9th March 2023. The closing date for applications last year was November. The closing date for student grant applications in 2023 is to be confirmed.

Q. Does that mean that you have to reapply for the grant each year?

A. Yes, you are approved for one year at a time e.g. if you are starting a 3 year course, you will have to reapply each year. If there is any change in your circumstances, you will need to let SUSI know. Q. What do I need before starting my application?

A. You must make your grant application on-line. To register with SUSI and apply online for a student grant, you will need your Personal Public Service (PPS) number, an email address and a phone number. The applicant is the student not the parent.

Q. Do I need to know the course which I will be taking before applying?

A. No, you do not need to know what course you will be taking to apply online. If you ticked the SUSI box on your CAO application, the CAO will notify SUSI of the course that you have accepted

Q. Who qualifies for a student grant?

A. There are a number of conditions which applicants must satisfy and to qualify for a student grant, you must meet all the conditions of the scheme. These include:

- Nationality condition
- Residence condition
- Means test
- Approved course of study: you must be attending an approved course of study
- Progression: you must be progressing from your previous level of study
- · Maximum period of grant assistance

You should contact your local Citizens Information Service for more detail about these conditions and how they apply to you. SUSI also has a helpdesk for email and telephone queries.

Q. What does the student grant cover?

A. Student grants are divided into Maintenance grant and Fee grants

Maintenance grants help students with their living costs. Fee grants pay tuition fees for students who do not qualify for the Free Fees Scheme. Fee grants can also pay the Student Contribution and the cost of essential field trips. Students doing Post-Leaving Certificate (PLC) courses do not get fee grants, but if you qualify for a maintenance grant, you are exempt from the PLC participant contribution.

O. What is taken into account in the means test?

The means test for a student grant in 2023-2024 is based on you or your family's gross income for the previous full tax year (2022). However, if you or your family have had a change of circumstances (which is likely to be permanent) since 31 December 2022, your changed circumstances will be taken into account.

Q. Is that the parent's income only?

A. No, that is the parent's income and the student's income, however €4,500 of the student's income which they earn outside term time is excluded. However if a student has job during term time at weekends for example, that income will be counted in the means test and added to the parents

Q. What type of limits apply to the grant?

A. Well, it varies, but if the student was coming from a family with less than four dependent children, in order to qualify for the maximum rate of grant the total net income in the previous tax year would have to have been €40,875 or less. However, if there is more than one student attending college from the same household, the limit may be increased by €4,950 for each student.

If you need further information about SUSI grants or you have other questions, you can call a member of the local Citizens Information Service in Youghal on 0818 07 8040. They will be happy to assist you and if necessary arrange an appointment for you. Alternatively you can email on youghal@citinfo.ie or log on to www.citizensinformation.ie Just to let the listeners know that the Cobh branch is open for face to face appointments and drop ins on Tuesdays and Thursdays from 10am until 2pm. Open for phone calls Monday – Friday 9-5





GERRY HALL OIL BOILER / BURNER SERVICES

All makes of Boilers | Burners | Cookers | Stoves

Commissioned & Serviced

Vat Registered • Fully Insured

Tel: 087 2318657



ALL ELECTRICAL WORK Domestic, Agri, Commercial & Industrial Call Tomas for a FREE OUOTATION 087 4103364 026 44142

E: Tomas.healy@tgt.ie

Tus Geal Teo registered since 2009

Dave Bland: Painting & Decorating

Interior & Exterior including Paper Hanging Call Dave on 087 4119058

Powerwashing Service Also Available



CARS DESERVE BETTER

We Offer:

- Ceramic Coating
 Buffering
- Full Car Valet
- Paint Correct
- Waxing Plastic Welding
- Odour Removal
- CAR COLLECT AVAILABLE

And much more ...

Neville Terrace, Maseytown, Macroom, P12FX31 Call us: 087 3876603

00

FAST FINDER

Delivered to over 120 locations every fortnight 组制用印制彩

To advertise... Call Des on:

BALLYVOURNEY CONCRETE PRODU

DOUBLE SIDED WALL PANELS, ideal for any garden or boundary fence PATIO SLAB (Different Designs) KERB & LAWN EDGING GATE POSTS & FENCING POSTS TIMBER STYLE RANCH POSTS & RAIL FENCING WALL & PILLAR CAPPING CONCRETE TABLE & STOOLS H-POST & DECORATIVE PANEL WALL SILLS & LINTELS
CONCRETE FLOWER POTS

Delivery FREE OUOTATIONS for Site Fencing, Patio & Kerb Laying Available

SEAN ROCHE Slievereagh, Ballyvourney, Co. Cork t: 026 45649 m: 086 676 5694





















Bhuel a cháirde tá morán déanta le seachtain anuas! Chaitheas dhá lá iontach spreagúil is suimiúil i nGaoth Daobhair i d'teannta mo chomhleacaithe na h'OPT'eanna eile mar aon le muintir Pleanála Teanga Údarás na Gaeltachta agus Conradh na Gaeilge.

Caithfidh mé a rá gur chuir sé riméad orm leis na tograí iontacha atá idir láimh ag na limistéirí pleanáil teanga eile ó fuaid faid na tíre! CLUB UISCE i gceanntar Iorrais, Craic sa Choill i gCarn Tóchair, Cúrsa Fáilteachais Cois Fhairrige, Laochra am lóin i gCorca Dhuibhne agus gan chaint fiú ar na h'imeachtaí go léir atá ar siúl ag Glór na Móna i mBéal Feirste. Anois tá an tine lasta fúm!!

Thánag abhaile ar an Deardaoin agus díreach i n'am don cleachtadh drámaíochta i mBéal Átha don cheoldráma úr nua scríofa An Tuairín Dubh. Tá breis is 40 duine ó phobal Mhúscraí ag glacadh páirt sa togradh seo atá ag fáilt Tacú Maoinithe ó Phlean Teanga Mhúscraí. Ar an Aoine bhíomar ar stáitse in Óstán Ghobnatan le cúpla mír gearr ón gceóldráma a chur i láthair, le blaiseadh beag a thabhairt don lucht féachanna a bhí i láthair chomh maith don cheiliúradh iontach a cuireadh i láthair in Óstán Ghobnatan Baile Mhúirne do ceiliúradh 50 bliain de Radio na Gaeltachta.



Ár mbuíochas leis na daoine a chur an clár le chéile ach go háirithe Gearóid Mac Dhonnachda, Dara Ó Cinnéide, Sláine Ní Chathalláin, Edel Ní Loibhéid, agus foireann uiligh RnaG. Bhí oíche den scoth ann a chur oícheannta m'óige i gcuimhne dom. Le ceóltóirí ar nós Muintir Bheaglaoich, Breandán, Eoin agus Méabh. Jackie Daly agus Matt Cranitch, Diarmuid Ó Meachair, Cór na bhfear ós na Déise, Cór Chúil Aodha agus Cor ban Chúil Aodha ina rabhas féin ag canadh leo agus go leor leor eile. Bhí ar Cór na mBan dul go Macromtha taréis an léiriú a thugamar ar stáitse chun Caoineadh Airt uí Laoire a chanadh arís do phobal Mhachromtha a bhí ag freastal ar seoladh leabhar bunaithe ar an gCaoineadh céanna. Agus ar ais aris chun an spraoi is craic a bhí ag titim amach in Óstán Ghobnatan. Go dtí breacadh an lae. Bhí na h'éiníní ag tabhairt a gceolchoirm dhom is mé ag titim isteach i'm leaba go maith traochta ach ana shásta. Lá agus oíche dár saol.



Bhí lá agus oíche thar chinn ag Gael Peil na Máithir & Cáirde, Naomh Abán - G4MO an Satharn seo caite! D'éagraigh Clionadh Uí Dhuinnín agus baill eile den gclub, lá finniúil is spórtiúil peile, inar tugadh cuireadh do chlubanna eile Gael Peile na Máthair teacht ar an lá agus páirt a ghlacadh i gComórtas Peile na Gaeltachta 2023. Thanadar ó Bhaile an Chollaigh, Cill Áirne, Gleann Beithe, Áth Treasna agus cúpla ceanntar eile chomh maith. D'imir na mná blitz peile ó 12 meán lae go dtí 4 a chlog. Taréis san bhí tráthnóna den scoth acu le BBQ agus Ceol is Craic sa Mhuileann le tacú maoinithe ó Plean Teanga Mhúscraí. Fuair na cuairteoirí go léir Leabharán 'Caid na Gaeltachta' leagan na Mumhan foilsithe ag Breacadh. Chomh maith le seo fuaireadar féirin de proca beag subh ó Folláin Teo. Lean an oiche go déanach is gach éinne ag gáirí, is ag rinnce is ag canadh le chéile. Comhghairdeas libh go léir a ghlac páirt. MNÁ NA hÉireann ABÚ!!



eedback/Suggestions please email... communityedsouth@corketb.ie









CLASSIFIEDS

 BUSINESS ONLY -COST: Up to 20 words €7 **** No More than 20 words ****

 STRICTLY PRIVATE -COST: Up to 20 words €7 **** No More than 20 words ****

Drop off for Macroom: Donal Mulcahy, Mulcahy Auctioneers Main St., Macroom. For classifieds please email to des@outlookmags.com or post to Outlook Magazines, Castleisland, Co. Kerry.

ADVERTS WILL NOT BE INCLUDED UNTIL PAID FOR IN FULL

ED 13 2023

TOP QUALITY CLEANER

Commercial & Domestic Premises. Irish, Professional, All jobs Considered. 5* reviews on Air B&B.

Contact: 085 - 2051008

ED 12 2023

PAINTING Interior & Exterior

Contact Noel Hinchion on - 087-4168337

ED 09 2023

FOR SALE A Single Top Qualify Mattress- never used in absolute perfect condition - only €120 - Macroom area.

Contact - 087 - 1323970

FD 09 2023

FOR SALE Old Farm machinery. A horse drawn plough. A Scuffler. A Seeder. A Weeder.

Contact:: 085 - 7403167







OUR NEXT EDITION IS OUT MAY 18TH



CALL Des: 087 6593427

e:des@outlookmags.com

T: 1800 71 40 40 | e: leevalley@outlookmags.com

ED 09 2023

FOR SALE

Adorable jack Russell pups beautifully coloured

6 weeks old

Contact:: 086-3062318



ED 09 2023

FOR SALE

BEAUTIFUL PUREBRED DOBERMAN PUPS

MICROCHIPPED & VACCINATED

Contact:: 086 - 3755786



ED 14 2023

CORK HOME MAINTENANCE.IE

Painting, Plaster Repairs and more. Contact John Coughlan: 087 7767553

ED 09 2023

EXPERIENCED CHILDMINDER REQUIRED-BALLINAGREE

To mind three children in their own home, all attending primary school. Own transport essential, starting end of June.

Contact 087 6653961 if interested.

WANTED Part time worker required for dairy farm, Macroom area.

Contact: - 086 2517976

WANTED Experienced relief milker required, Macroom area.

Contact: - 086 2517976



For all your Insurance needs!

Main Street, Macroom, Co Cork | t: 026 41424 | f: 026 41425 e: info@mulcahyins.ie | w: mulcahyins.ie





The City of Cork Male Voice Choir performing at 'Reconnect and Meet Again' Gala Concert in St Coleman's Church, Macroom.



Bishop Fintan Gavin with Fr. Liam O'hlcí, Fr. Patrick Hickey and Fr.Ronan Sheehan on the Bishop's first official visit to Ovens/Farran parish to confirm the children of 5th and 6th class of Scoil Naomh Muire Farran



The 5th and 6th class of Scoil Naomh Muire, Farran who were confirmed by Bishop Fintan Gavin in Farran recently



Clovne Diocesan Youth Services (C.D.Y.S).



Welcome back dear student, tomorrow across the water the new King will be crowned. I wish him well. Only a few chosen people have got invitations to this huge event in person. Throngs of well-wishers will watch hoping to catch a glimpse of him as he whizzes past. Every millisecond has been planned for months and even years. Charles will be crowned king according to the traditions of history and his birth, yet how will it play out in eternity? Because in God's Kingdom "there is neither Jew nor Greek, neither slave nor free, nor male or female for you are all one in Christ Jesus" (Galatians 3:28). God has no favourites and shows no partiality to any one of His children over another, because we are all made in His image (Acts 10:34; Genesis 1:26-27). So, in God's eyes all His children are the same. A lesson many people will learn one day when our time here is up, and we will stand before the King of kings — Jesus the Messiah, God's Son (Revelation 19:1-16). Regardless of what 'side of the tracks' we were born on; the colour of our skin; who our forefathers were or weren't - we will all bow in worship together before Jesus, the Lamb of God. Great kings and queens will kneel before God alongside those who were poorest and weakest — all privileged and rejoicing having been saved by the Blood of Jesus, sins forgiven and cleansed, because they received Jesus as Lord and Saviour while living on this earth. Have you ever wondered what Heaven is like or what goes on there? There's no sin there. There's no sadness or pain. And no rank or status other than 'those who are first will be last' meaning: not all those who gained high esteem from man will find the same in Heaven. "Many who are the greatest now will be least important then, and those who seem least important now will be the greatest then" (Matthew 19:30 NLT). The Word tells us that people from every tribe and every nation are right now worshipping the Lord because He is worthy. "After this I saw a vast crowd too great to count, from every nation and tribe and people and language standing in front of the Throne and before the Lamb. They were clothed in white . . . shouting with a great roar, 'Salvation comes from our God Who sits on the Throne and from the Lamb!" (Revelation 7:9-10). God's holiness is exalted in Heaven giving honour and glory to His Name (Revelation chapter 4).

It's interesting that when Jesus celebrated the Passover meal with His friends, a discussion began among the twelve disciples as to which of them was the greatest. This was the second time Luke noted it, so it was obviously an ongoing issue (Luke 9:46-48; Luke 22:24-27). It's still mankind's greatest battle – the battle of pride in the flesh; revering people's achievements, status and success. None of that goes on in Heaven! There, only God is rightfully worshipped, because He is Awesome, Powerful and Almighty. Jesus ministered to His disciples by washing their feet to teach them that humility is His calling card - and it is to be ours also (John 13:1-17). He prayed that people would come to Him to find rest, and to learn humility in our daily walk with God, because without His Love and Mercy, we are nothing (Matthew 11:25-30). "Who is the King of Glory? The Lord of hosts is the King of Glory!"

Bible Study & Prayer every Sunday @ 11am and Thursdays @ 7.30pm in person and on Zoom at Word of Victory Christian Fellowship Killarney - Eircode: V93V6X4.

You can listen to our podcasts on Spotify. Find the links on our Facebook page Word of Victory Christian Fellowship Killarney, or on Twitter @WOVKillarney.



Check us out on Facebook.

E: wovkillarney@gmail.com | Phone/Text - 087 4471797

FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of

MAUREEN LOONEY

Kilpatrick, Macroom, Co. Cork Who died on the 4th of May 2022

Maureen's family would like to express our sincere thank you to all who sympathised and supported us on our great loss. We thank all those who called to the house, sent Mass Cards, floral tributes, telephone calls, letters, online condolences and those who attended her funeral in person and online. Thank you to our relatives, neighbours and friends who brought refreshments to the house, those

who helped out with parking and traffic management, including Macroom Gardai on the day of the funeral. Thank you to Fr. Joe O'Mahony and Fr. Pat Kelleher who concelebrated the funeral Mass and to the Creedon family for the beautiful music and singing at the Mass. Thanks also to Ted the sacristan. A very special thank you to our neighbours, who came and stood outside on Maureen's final journey, it was very moving and deeply appreciated. We also want to thank Fitz-Gerald's funeral directors for their professionalism and guidance and also to the grave diggers. Thanks to the management and staff at the Auld Triangle for looking after us on the day of the funeral. A sincere thank you to Dr. John O'Riordan and all at Sullane Family Practice and to all the support services for providing gentle and professional care to Maureen and to us, the compassion and kindness shown by you made this difficult time easier for us.

As it would be impossible to thank everyone individually, please accept this acknowledgement as a token of our appreciation.

The Holy Sacrifice of the Mass will be offered for your intentions.



Lovingly remembered by Micheál, Nóirín, Héléne and Kathleen.

Maureen's first Anniversary Mass will take place on Sunday 07th May at 08.30hrs

1ST ANNIVERSARY



In loving memory of

ABBIE O'DONOVAN

Clashanaffrin, Ovens Who Died 29th April 2022.

Deep in our hearts your memory is kept to love to cherish and never forget.



Fondly remembered by your brother Donie

4TH ANNIVERSARY



In loving memory of

GOBNAIT O'CALLAGHAN

Dromanallig, Ballingeary Co Cork Who went to Heaven on 13th of May 2019

Just a prayer from the family who loved her. Just a memory fond and true. In our hearts you will live forever, because we thought the world of you. Naomh Gobnait quí orainn.



Sadly missed and fondly remembered by John, Maria, Deirdre, Paul, Ciaran and Eimear, her adored Grandchildren & extended family.

3RD ANNIVERSARY



In loving memory of

EILY O'SULLIVAN

Four Winds, Rylane East, Rylane, Co.Cork Who died on May 7th 2020

A loving nature, a heart of gold The very best this world could hold. Never selfish, always kind, These are the memories you left behind. A silent thought, a quiet prayer For a special person in Gods care.



Fond memories today & always. Lovingly remembered by your loving family.

Rest in Peace

14TH ANNIVERSARY



An Eternal Memory Until We Meet Again

JOHN (JACK) **MCCARTHY**

Upper Codrum, Macroom Who passed away on 2nd May 2009

Those Special memories of you will always bring a smile, If only I could have you back for just a little while. Then we could sit, talk and dance John just like we used to do. You always meant so very much and always will do too. The fact you're no longer here darling will always cause me deep pain but you're forever and always in my heart until we meet again. Our Lady of Lourdes pray for him



Sadly missed and loved by your wife Helen, sisters in law Theresa and husband Tony, Lauren & godchild Kian.

Special Anniversary Mass was celebrated for John on Thursday the 4th of May 2023 at 10am in St Colman's Church Macroom.

8TH ANNIVERSARY



In loving memory of

SEAN COUGHLAN

Kilnagurteen Macroom. Who died on the 8th of May 2015

We miss you more than ever your guidance and your love, but we know your still watching, silently from above. The love you gave, still warms us, the way it always will. But leaving left an empty space, that time can never fill. From Heaven you're still giving, the love you always had. I know you hear us talk to you, we will always love you Dad.



All our love Mary, Claire, Aiden & family.

2ND ANNIVERSARY



In loving memory of

KATRINA **HICKEY**

Ullanes West, Ballymakeera Who went to sleep on the 12th of May 2021.

A shinina liaht on earth has aone A Devoted mother loved so dear Turned to a star in the night sky so clear An amazing wife always near



Always Loved never forgotten James, Breanna and Thade.

Katrina's Anniversary Mass will be celebrated at St Gobnait's Church, Ballyvourney on Sunday 14th of May at 11.30am

A special thanks to the people who truly have been here to support, help and guide us since Katrina's untimely passing. Friends, Neighbors, Laochra Og, Danone, Pieta House and Hugg. Thank you.

20TH ANNIVERSARY



In loving memory of

MAIREAD **SHORTEN**

Ballingeary, Co Cork who died on May 2nd 2003

All of us in a special way have happy memories of Mairead today.



Always remembered by her family and many friends.

19TH ANNIVERSARY



In loving memory of

ANN O'MAHONY

Dan Corkery Place Macroom. Who died on 5th May 2004.

Memories of you are lovingly kept, Someone too special to ever forget, Your wish today would be no fuss, Just to be remembered by all of us.



Sadly missed by Willie and Maire.

5TH ANNIVERSARY



In loving memory of

FERGAL Murphy

Farran View, Dripsey Who died on May 13th, 2018

Fergal, "It broke my heart to lose you, but you didn't go alone For part of me went with you, the day God called you home"



Love always your wife Dee X

5TH ANNIVERSARY



In loving memory of

FERGAL MURPHY

Farran View, Dripsey Who died on May 13th, 2018

> Deep in our hearts you will always stay



Remembered & loved from Maudie, Liam & all the Cotter families

FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of

MARGARET (PEGGY) DINEEN

Kilnamartyra & Macroom 21st April 2022.

Peggy's family wish to thank Cahereen Nursing Home Macroom for their excellent care in her final years. A sincere thank you to Jerry O' Mahony and Noel Murray Undertakers Enniskeane, for their attention to detail during her funeral.

Fr. Joe O' Mahony cc Macroom thank you for a beautiful ceremony. To you who came to her funeral and helped in any way, please accept this acknowledgement as an expression of our gratitude.

A mass is offered for you all.



7TH ANNIVERSARY



In loving memory of

JUDY O'SULLIVAN

No. 3 Cois Cille (formerly of Ballyvoige), Kilnamartyra, Macroom. 4th May 2016

She was a mother so very rare, Content in her home and always there, On earth she toiled, in Heaven she rests, God bless you mother, you were one of the best.



Lovingly remembered and sadly missed by her sons Pat and Billy and her daughters Joan, Nora, Eileen, Mary and Bridget, all her grandchildren and her great grandchildren.

2ND ANNIVERSARY



In loving memory of

Katrina **HICKEY** (NEE TWOMEY)

Ullanes West, Ballymakeera, Who died on 12th May 2021

Think of her as living In the hearts of those she touched For nothing loved is ever lost And she was loved so much

If our love could have saved you You would have lived forever



Always loved and sadly missed by all your loving family.

7TH ANNIVERSARY



In loving memory of

CONNIE BREEN

No.1 Belmont Place, Crookstown, Co.Cork who died on the 14th of May 2016.

We think about you always, We talk about you still, You have never been forgotten, And you never will.

We hold you close within our hearts, And there you shall remain, To walk with us throughout our lives, Until we meet again.



Always remembered by your loving wife Geraldine & extended families & large circle of friends especially your work collegues.

3RD ANNIVERSARY



Always loved, forever missed

DECLAN FLYNN

Shandangan, Carrigadrohid, Co.Cork 5th May 2020.

> My heart in all its brokeness Will always look for you Every morning feeling the ache Of that now familiar wound. Of navigating a life and a story Whose chapters were too few. But what a legacy you left In the chapters you were here And what a story you left Of a love that perseveres. Cherishing those painful memories Holding them tight To keep vou near me. So my heart in all its brokenness Will always belong to you



"The measure of my dreams" Your wife and best friend, Patricia.

Dad,

Silent thoughts, secret tears Forever wishing you were still here We were so lucky to have had you in our lives, We just wish we could have had you

for so much longer.

Love you always Dad, lan, Colin and Laoise.

PRECIOUS MOTHER OF



Mother of Divine Grace you can find a way, where there is no way.

Please hear my prayer and grant me my request.

3RD ANNIVERSARY



In loving memory of

DECLAN FLYNN

Shandangan, Carrigadrohid, Co.Cork who died on 5th May 2020. R.I.P.

> Down the path of memories We gently tread today Our thoughts are always with you Each and everyday



Always remembered Your Mother in law Margaret Brother in law Gerard and Sisters in law Joanne and Marguerite

4TH & 11TH ANNIVERSARY



In loving memory of

JACKIE & NORA MC CARTHY

Marian Terrace, Inchigeela, Co. Cork. Whose anniversaries occur at this time

> We thought of you with love today but that is nothing new we thought about you yesterday and each day before that too.

We think of you in silence and often speak your names we have very precious memories that take us through each day



Always in our thoughts, forever in our hearts. Lovingly remembered by Jerry, Nora, Denis and Families.

May they Rest in Peace

4TH ANNIVERSARY



In loving memory of

JOEY O'NEILL

Cappanclare, Inchiqeela, Whose anniversary occurs on the 9th of May.

No matter how life changes, No matter what we do. A speical place within our hearts, Is always kept for you.



Always remembered by Joan, Martin, Majella, Noel and extended families.

9TH ANNIVERSARY



In loving memory of

STEPHEN LYNCH

Coolavokig Lower, Macroom Who passed away on the 14th May 2014

This day is remembered

Deep are the memories Precious they stay With those Who think of Stephen A little prayer to Jesus say



Always remembered by your loving wife Eileen and all your family and friends.

3RD ANNIVERSARY



In loving memory of

TED CRONIN

Middle Square, Macroom Who passed away on April 30th 2020.

A smile for all, a heart of gold. The very best this world could hold. Never selfish, always kind, These are the memories You've left behind.



Sadly missed his loving family Joan, Michael, Clare, Catherine, Norma, Tim, Susie Clare, Michelle. Also by Darrin and Martin at M. J Cronin.

THE MIRACLE PRAYER



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer. MOR

THE MIRACLE PRAYER



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer.

FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of

AGNES DINEEN

Clondrohid, Macroom who died on the 28th of April 2022.

As we lovingly remember Agnes of her

first anniversary, we, her husband, and family, would like to express our deepest appreciation and heartfelt thanks to all our relations, neighbours, and friends. We would like to thank those who attended the Rosary, Removal and Funeral Mass. They offered us much support and sympathies during this difficult time. We would like to thank everyone who sent Mass cards, flowers, and messages of condolences. We thank those who travelled long distances from Ireland and the UK to be with us and we also wish to thank those who watched online. Thank you to Dr. Shane Hurley and his practice and to the Irish Cancer Society for their support and their services. Thank you to Dr. Brian Bird and all the nurses and staff on St. Bernadette's Ward, Bons Secours, Cork who looked after Agnes so well throughout her illness. Thank you to Fr. Joe and Mrs. Bridget Connolly for the lovely ceremony and support during the funeral. Also, thanks to the singer and musician for the lovely music. A very special thank you to David Tarrant and his colleagues who helped us with their professionalism, guidance, and compassion throughout the funeral.

Always remembered, loved, and missed by her husband Jerry, son Anthony, daughters Marie, Norma, Margaret, adored grandchildren Clodagh, Evan, Micheal, Alex, Cathal, Emma, Caoimhe and Eimear. Son-in-Laws Ger, Donall, and Alvin, daughter-in-law Jenny, sisters Maura and Eileen, brothers-in-laws, and sisters-in-law.

The Holy Sacrifice of the Mass was offered for your intentions on Monday, 1st May in St. Abina's Church, Clondrohid at 09.30.



Her pain and sufferings are over. She is in heaven now.

May she rest in peace.

6TH ANNIVERSARY AND 22ND ANNIVERSARY





In loving memory of

SHEILA (DEEDEE) **COUGHLAN**

SEAN COUGHLAN

Who died on the 7th of May 2017

Who died on the 13th April 2001

Coolmakee, Farnanes, Co. Cork

Your life was a blessing, Your Memory a treasure, You were loved beyond words, And missed beyond measure. Deep are the memories, Precious they stay, The passing of time, Won't take them away.



Always remembered by sons Martin, Con, Tim, Pat and Frank and daughter Gillian. Her sister Babe, daughters-in-law, son-in-law, nephews, nieces, grandchildren and great grandchildren.

Sheila's and Sean's Anniversary Mass will be held in Saint Joseph's Church, Cloughduv on Sunday May 7th at 11-30am.

PRAYER TO THE BLESSED VIRGIN



O Most Beautiful Flower of Mount Carmel, Fruitful Vine, Splendour of Heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in this my necessity. O Star of the Sea, help me and show me herein you are my Mother (Make request). O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succour me in this necessity. There are none, that can withstand your power. O show me herein you are my mother. Oh Mary conceived without sin, pray for us who have recourse to thee (3 times). Say this prayer for 3 consecutive days and then publish it and request will be granted to you. This prayer must be published in thanksgiving for favours received.

11TH ANNIVERSARY



In loving memory of

IOHN O'SHEA

Gortnahoctee, Inchigeela, Macroom Who died on the 12th of May 2012.

No matter how life changes, No matter what we do, A special place within our hearts Is always kept for you.



Loved and missed everyday by Frances, Marie, Anne, Denis, Fran, Linda and grandchildren.

19TH ANNIVERSARY



In loving memory of

PAT O'GRADY

Mountmassey, Macroom Who passed away on 2nd May 2004.

> Always in our thoughts, forever in our hearts.



Sadly missed by his loving wife Maureen, daughters, Geraldine, Deirdre and Siobhan, grandchildren, brothers, sister and their families

PRAYER TO ST. THERESE



O glorious Saint Therese, whom Almighty God has raised up to aid and counsel mankind, I implore your Miraculous Intercession.

So powerful are you in obtaining every need of body and soul our Holy Mother Church proclaims you a "Prodigy of Miracles...the Greatest Saint of Modern Times." Now I fervently beseech you to answer my petition (mention here) and to carry out your promises of spending Heaven doing good upon the earth... of letting fall from Heaven a Shower

Henceforth, dear Little Flower, I will fulfill your plea "to be made known everywhere" and I will never cease to lead others to Jesus through you.

Amen.

Say the above for 9 days and you will receive a flower or a rose in some form during or after 9 days as an indication that your request will be granted.

Please email image and typed text to leevalley@outlookmags.com with a contact number or post to Outlook Magazines, Castleisland, Co. Kerry. Email is preferred to return a proof to avoid errors. Call 087 1210959 or 087 6593427 | Freephone: 1800 71 40 40

80TH BIRTHDAY REMEMBRANCE



In loving memory of

OWEN O'RIORDAN

Lower Bellmount, Crookstown whose birthday occurs on the 6th of May 2023.

Today is your birthday in Heaven above Our blessings we send on the winas of the dove. Not just for today, but everyday too, We think of you always with all of our love.



Lovingly remembered by Maura, Deirdre, Martina & families.

7TH ANNIVERSARY



In loving memory of **NOEL** O'MAHONY

Cuckanode, Clondrohid, Macroom. Who died on 2nd May, 2016

We think about you always, We talk about you still. You have never been foraotten and you never will. We hold you close within our hearts, And there you will remain To walk and quide us through our lives, Until we meet again..



Always remembered by your loving family Sheila, Noreen, Joanne and Paula, grandchildren Ciara and Richie and great grandchild Calum

3RD ANNIVERSARY



In loving memory of

MARIA O'MAHONY

Teergay, Kilbarry, Macroom, Co.Cork Whose anniversary occurs on the 7th of May.

> No matter how life changes. no matter what we do, a special place within our hearts is always kept for you.



Lovingly remembered by Patrick, Damien, Grace and extended family

St.Gobnait pray for her

11TH ANNIVERSARY



In loving memory of

CHRISSIE MURPHY (NEE HEALY)

Late of Rathcormac and Farranes Who died on 24th May 2012 **Rest in Peace**

Sacred Heart of Jesus hear our prayer look after Chrissie with love and care



Sadly missed by her nephews Denis, Noel, and extended family

27TH ANNIVERSARY



Cherished memories today and always of a dear son and brother

DEREK HEALY

Late of Crookstown Who died May 12th 1996 Aged 19 years RIP

No matter how life changes No matter what we do A special place Within our hearts Is always kept for you.

Will those who think of Derek today A little prayer to Jesus say.



Sadly missed by his loving mother Noreen, sisters Christine, Caroline and brother in law Derek.

7TH ANNIVERSARY



In loving memory of

JOHN FLYNN

Castle Street, Macroom whose anniversary occurs at this time

> Always remembered never forgotten.



Sadly missed and much loved. Nora & Family.

FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of

DONAL Vaughan

Renanirree, Macroom Who passed away on the 7th of May 2022.

As we lovingly remember Donal on his first anniversary, we the Vaughan and Murphy families would like to extend our heartfelt thanks to all our friends, neighbours and extended families who were a huge support to us in such a difficult time.

Sincere thanks to all who attended the funeral home and said their last goodbyes to Donal, and to those who sent mass cards and messages of condolences on RIP. We would also like to thank McCarthy Undertakers, Ballymakeera for their support and professionalism throughout. A very special thank you to the staff at CUH for the care they provided to Donal in the days leading up to his passing. Many thanks to Fr. Joe O'Mahony for celebrating Donal's months mind mass and to Sean and Conchubhar O'Luasa for singing at the Mass.

As it is impossible to thank everyone individually we hope that this acknowledgement will be accepted as a token of our gratitude.



Sadly missed and always remembered by his sister Peggy (Sr. Philomena), the Vaughan family, Conor and Irene Murphy.

Donal's Anniversary Mass will take place in Renanirree Church on the 6th of May at 8pm.

MEMORIALS LEE VALLEY OUTLOOK **IMPORTANT**

Please email image and typed text to kmags.com with a contact number or post to Outlook Magazines, Castleisland, Co. Kerry. Email is preferred to return a proof to avoid errors.

Call 087 1210959 or 087 6593427 | Freephone: 1800 71 40 40

Full Column: €70 Regular Column: €35 Prayers: €15 each

isclaimer: Published by Outlook Publications Ltd., Tralee Road, Castleisland. Tel: 066 7142179. The Copyright of the graphics, designs and listings is held by Outlook Publications Ltd.
While every effort has been made to ensure the information published is correct, Outlook Publications Ltd cannot be held responsible for any errors, omissions or incorrect listing.



MACROOM: 2 Main Street, Macroom, Co. Cork. Tel: 026 42491 | BALLINCOLLIG: 1 & 3 Heritage Walk, Ballincollig Town Centre. Tel: 021 4214 222 | info@marys.ie | www.marys.ie



VAT HAS OFFICIALLY BEEN EXEMPT

FOR PRIVATE DWELLINGS!!

A cheaper, more affordable option for you to consider in installing Solar PV.

BOOK YOUR FREE SOLAR PV ASSESSMENT TODAY!

Make use of those long evenings ahead and get paid from your supplier for your excess electricity! Grants

available of up to

€2,400

Rated Excellent Trustpilot

JM Energy Savings Ltd. ? @

John Moynihan, Ballingeary, Co. Cork. | T: 086 3742260 | www.jmenergy.ie