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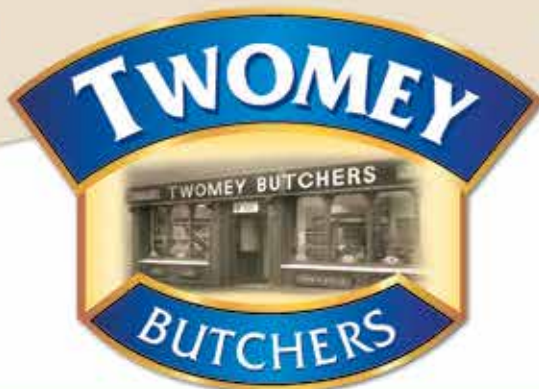
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Don't be a stranger If you have an article, photo or story you wish to share, email: leevalleyoutlook@macroom.ie

If you cannot access physical copies, the LVO can be viewed online at: <https://www.outlookmags.com/archives/lee-valley-outlook/>

We are a bi-weekly magazine; therefore, submissions must be on the Sunday before publication at the latest, if you want a piece included in the following week's edition. Due to print processes, late submissions will be published in the following edition.

As always submissions as Gaeilge are always welcome too!

**For Advertising email Des. E: des@outlookmags.com
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DETAILS OF MACROOM ST. PATRICK'S WEEK FESTIVAL 11TH – 17TH MARCH 2023 ANNOUNCED

The St. Patrick's Week Festival Committee which is a sub committee of the Lee Valley Enterprise Board announced details of this year's festival which starts on Saturday March 11th with the Flower of Macroom contest taking place in the Castle Hotel Ardilaun Suite at 8.00pm. The contest was last held in 2020 and was deferred in 2021 and 2022 due to Covid restrictions. The last winner of the Flower of Macroom was Lilly Healy and she will hand over her crown to the new winner on the night. All the contestants will be presented and interviewed by Alf Mc Carthy formally of RTE and the winner will receive a cheque for €500 and will have the honour of being the Grand Marshall of the 2023 St Patrick's Day Parade. While the judging is taking place music will be provided

by a combo from the Woodland String Band – Thickets costing €10 for this event will be on sale shortly. Macroom will be buzzing for the whole week with the arrival of 125 Americans from Philadelphia who will be accompanying a strong 30 member Woodland String Band for this year's parade.

On Monday March 13th a 70's theme party will take place in the Castle Hotel at 8.00pm – Dress up in your finest 70's style clothing and join the gang for music, laughter and fun. Free admission event. On Wednesday March 15th in Castle Hotel Ardilaun Suite at 8.00pm Karaoke contest followed by traditional music with The Pile Drivers. Free admission event. Thursday March 16th The Woodland String Band will entertain the students of St. Colman's National

School and St Joseph's National School. Friday March 17th St. Patrick's Day – International Mass in St. Colman's Church, Macroom at 11.30am. St. Patrick's Day Parade starts at 3.30pm from St. Colman's Park consisting of Steam Engine – Vintage Cars – Marching Groups – Floats – Dancing Groups – Marching Bands and our visitors from Philadelphia USA. The viewing platform will be situated at North Square Macroom. - Music in local Bars after parade – Please cooperate with Stewards and Gardai. Diversions will be in place while the Parade is taking place. Further information from Lee Valley Enterprise Board 026/25044 – email lventerpriseboard@gmail.com

Macroom Library

Open Hours 9.30am – 5.30pm from Tuesday – Saturday. Closed on Monday and Sunday. Also closed on the Saturday of Bank Holiday weekends.

Phone 026 42483

Email macroom.library@corkcoco.ie

UPCOMING EVENTS AT MACROOM LIBRARY – ALL ARE FREE TO ATTEND.

ADULT BOOK CLUB will meet on Wednesday March 1st at 11.30am.

CREATIVE WRITING GROUP will meet on Friday March 3rd at 11am.

BRIDGE CLUB will meet on Wednesday March 8th at 10am.

PURLIES KNITTING GROUP will meet on Thursday March 9th at 11.30am.

MUSIC MORNING will take place on Friday March 10th at 11am.

STORY TIME for toddlers is on Saturdays at midday.

CLOSURE – the library will be closed on Thursday March 2nd, just for this one particular day.

PARENT & TODDLER GROUP – are you interested in the development of a Parent & Toddler Group in Macroom? If you are then you're welcome to come along to Macroom Library on Tuesday March 7th for an information

session hosted by The Child and Family Support Network & Cork County Childcare Committee.

IRELAND READS DAY – on Saturday February 25th, libraries throughout the country will be taking part in Ireland Reads Day, which is a national campaign that asks everyone to 'squeeze in a read' on February 25th to celebrate reading and all the benefits it can have for wellbeing and enjoyment.

Be sure to visit us in the library to browse through our book displays and pick up a book. It's a great day if you're an avid reader, just starting out, or looking to dive back in.

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Ed 04 - 23rd February
2023

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MACROOM AND DISTRICT LIONS CLUB 'MEET THE CLUBS DAY'

See what you can do in your community



Do you really know what is available in your community? There is an abundance of community groups,

clubs, organisations and societies doing great things right across the Macroom area. 'Meet The Clubs Day', organised by Macroom Lions Club, is a FREE family-friendly event taking place at the Leisure Complex, Macroom on Saturday 4th February from 12noon – 4pm.

'Meet The Clubs Day' is an opportunity for local clubs and organisations to be in the same place at the same time, giving the people of Macroom a rare chance to meet the clubs that they might like to be a part of. The event will feature a wide variety of clubs and other organisations that people might like to join, participate in or even volunteer with - whether it is for fun, fitness, recreation, or simply to be involved! Any clubs or groups interested in having a presence there can contact Macroom Lions Club to book their place.



'Meet The Clubs Day', organised by Macroom Lions Club, will take place at the Leisure Complex, Macroom on Saturday 4th February from 12noon – 4pm. Declan Sheehan, Tony Kelleher and Martin Lucey from Macroom and District Lions Club

Tony Kelleher, President of Macroom and District Lions Club says, "Everyone is invited to come and discover the many wonderful activities happening in the Macroom area. On the day, there will be a great mix of clubs and organisations appealing to people of all ages, backgrounds and interests. So whether you're interested in learning a new skill, joining a group of like-minded people, volunteering your time, or simply becoming more active in the community, then 'Meet The Clubs Day' is

a must!" Macroom and District Lions Club has organised this event in an effort to promote community engagement and involvement as well as reduce isolation and loneliness for people in the community.

Over 40 clubs and groups have already confirmed their attendance at the event, covering a broad range of activities, interests and skills, from the GAA, IRD Duhallow, Comhaltas, Tidy Towns, Tiny Feet Fairy Garden, Soccer Club, Macra na Feirme, Macroom Library, Handball Club and many, many more.

Macroom and District Lions Club, through its members, assists various groups and individuals in and around the community. Lions do this through voluntary activities, fundraising and by holding various types of events in support of a great many local causes. For more information about 'Meet The Clubs Day', or to book a stand for your club, please contact Macroom Lions Club on Facebook, Instagram or email macroomlionsclub@gmail.com.

MACROOM FLOWER & GARDEN CLUB



Macroom Flower Club presentation: left to right, Winifred Lynch, Nuala O'Connell, Pat O'Connell, Nora Gallagher and Mary Murray. (C. Kelleher, 9 Feb., 2023)

Macroom Flower & Garden Club held it's AGM on Thursday 9th of February at Coolcower House. Chairperson welcomed all in attendance. A minute's silence was observed as a mark of respect to the late Eileen Kelly RIP Club President who sadly passed away in January.



Macroom Flower Club AGM attendees; a presentation of €800 was made to Macroom Senior Citizens. (C. Kelleher, 9 Feb., 2023).

Ar Dheis De go raibh an hAnam Dilis. At the conclusion of the meeting a presentation was made to Macroom Senior Citizens proceeds of November Charity Gala. This was followed by a Mini Floral Demonstration by Club officers. Members availed of Annual Membership as

the Club year begins in February. We look forward to seeing you all for next Club Meeting Thursday 9th March at 8.00p.m. Gardening Talk Sonya McGee (Horticulturist) Further information regarding Membership, Floral Art classes, please contact 087-9821708

MACROOM GIRL GUIDES MacEgan Senior Branch



MacEgan Senior Branch Guides, adventure for the Bronze Gaisce Award.

Five intrepid Senior Branch members set off during their mid-term break to complete their Adventure for the Bronze Gaisce Award. During their previous two meetings they planned their routes, worked out the distances to be travelled each day and decided on their

meals. The Guide hall in Caum was to be the venue for their overnight stay. Different jobs were distributed between all five from map reading, route checking, shopping, cooking, tidying up the hall, etc.

The route took them from the village of

Inchigeelagh towards Macroom including a visit to the Gearagh. Day two saw the Senior Branch members heading north of Macroom towards Munifluigh and finishing their day at Carrigadrohid completing over 26 kms in total.

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MCEGAN COLLEGE



McEgan College one of the 6 Cork Schools attending the ALL Ireland Schools for Climate Action in Belfast recently.

ART WORKSHOP IN MACROOM LIBRARY

Recently the students from Room 22 took part in an Art Workshop in Macroom library, which was jointly facilitated by the Cope Foundation, and several local artists.

There was an amazing array of artistic talent in the room which included rap, poetry recitation, acting, dance, film and song. Patrick in 5th year proudly performed a dance from Grease. All participants collaborated to make a 3 D model of a Heron to represent that everyone has the right to be an artist. A sincere thanks to Macroom Library Staff for making this lovely creative public space available and to Cope for the warm welcome and wonderful opportunity.

TY PAINTBALLING FUNMANWAY 7TH FEB

40 TY students along with Ms Dineen, Ms Murphy and Ms Cronin enjoyed a fun filled bonding day paintballing in Funmanway adventure centre based in Dunmanway. Students and staff were split up into teams. These teams had to work together to capture a flag and take over the rival base. A great active and fun day was had by all. Many thanks to James Duggan and his team in Funmanway.

AIS4CA: All-island Schools 4 Climate Action is the voice of the young generation advocating behavioural action and accelerating change: now. Climate change does not wait, and this initiative is about more than just an ambition – it is all about accelerating action as quickly as possible. Education, knowledge and responsibility are our personal starting points and – with cross-border collaboration – school students are building an all-island approach around saving their common future.

McEgan College was one of six Cork schools that were involved in the recent All Island Schools 4 Climate Action conference that was held in the SSE Arena in Belfast on the 1st February. McEgan was well represented by Morgan McGrellis, Artur Cichosz, Michael Buckley, who gave their presentations in an effective and very professional way.

Internet Safety week

In preparation for our upcoming Internet Safety week, Ms. Morris's 2nd Year Irish class designed a project based on the short story 'Katfish' by

Óige Ó Ceallachair. Pictured is student Dean Martin who won the prize for the most creative poster. Students really enjoyed studying the story which is laid out in the form of an online conversation between two teenagers. It outlines the danger of people portraying a false representative of themselves online. Well done to all the 2nd years who took part and a special well done to Dean for his creative poster.

GREEN SCHOOLS PROJECT, NEW CYCLE PARKING

McEgan College has started work on their two-year cycle to achieve the Travel Flag as part of the Green Schools Programme. In September, Ms. Murphy and the school committee applied for a cycle rack shelter. We recently received the news that McEgan College will receive a 20-space toast rack and shelter from Green-Schools. The total cost is €9,545 and An Taisce - (National Trust for Ireland) will fully cover the costs. McEgan College aims to increase the percentage of students and staff who use cycling as a sustainable means of travelling to school. The bike rack will provide a safe dry space to park bikes and scooters. The bike rack will also be open to use for all bike users who wish to park their bikes while they are in the town. Works on the project will start with a site visit in February 2023 and ground works will hopefully commence toward the end of spring 2023.

SCHOOL VISIT TO STRYKER

On Wednesday 8/02/23 second year geographers had a lovely informative trip to Stryker in Macroom. The students got a talk from Catherine Dineen about Stryker, the different job opportunities onsite and the processes involved in making the products. They got to see the products being made and how they work within the body. The production manager then took us on a guided tour of the working facility and spoke about the inputs and the processes involved to make the final product. This links into the second-year curriculum looking at industries. The students benefitted from the visit as they were able to link the theory from the classroom into real life application. Thanks to Stryker and staff for



Seanie, Leyna, Donal, Breda Horgan (SNA), Patrick, Ms. Hazel Bourke & John at the recent art Work Shop in Macroom Library.



Artur Chichosz present his project on 'FAST FASHION' at the AIS4CA in Belfast recently.



Leah Kelly with her Poster which was exhibited recently at UCC's Equality, Diversity and Inclusion Art Exhibition 2022.



2nd Year student Dean Martin with his winning Poster on KATFISH a novel highlighting Internet safety issues for Young Adults.

welcoming our students onsite.

FOOTBALL NEWS

McEgan College Boys u14 ½ Boys Gaelic Football team recently attended a blitz hosted by Cork PPS GAA at Bishopstown 4g Pitch.

An enjoyable day was had by all in lovely Spring weather conditions. The boys gave it their all and although not overall winners there were many positive improvements to report. Results of the games were as follows (2 wins, 1 draw, 1 loss)

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What Alternative is there to using pesticides?

Hi, Chris Barrett back again. Readers may remember I recently spoke with James Walsh who helped clarify the laws concerning pesticides for us. I believe he left readers in no doubt as to the many results of illegal spraying, and showed how there will be an even stricter pan-European approach very soon. So we growers, need to be ready to move on for the sake of our country and the planet.

It is with this information in mind, that I am fortunate to be speaking with Caroline Robinson who is showing us a successful alternative to pesticide spraying, both on the farm and in the garden.

She reminds me that one of the issues which has encouraged the use of spraying, has been our overfocusing on tidiness and a desire to control rather than work in tandem with nature. The dangers of spraying to try and control have been mentioned in the article with James Walsh.

Caroline believes that it is our mindset that we need to change. We would do well to relax and appreciate all of the variety in nature. What were once regarded as "weeds" could be best regarded as wild plants, or simply plants in the wrong place.

I am reminded by her, that the timing of weeding is critical. The secret is to weed like mad when the crops are small; and once they are big enough to fight their corner let them be.

What are the Advantages of not using Pesticides?

*The wild plants cover the ground and prevent soil erosion.



*The wild plants will provide nutrition for wild animals and birds.

*The parallel growth occurring between the wild plants and crops, enhances the growth of the crop. This is because wild plants attract different bacteria. These release nutrients which the crop takes up and by doing so, gains improved growth.

*Wild plants will invariably send their roots down deeper which allows them to draw up different nutrients, which in turn will become available to the crop.

*Wild plants will aerate the soil to a deeper level and useful creatures such as earthworms will benefit from this aeration.

*The wild flowers and their seeds will attract beneficial insects such as beetles, hoverflies and ladybirds which will help the grower by eating such pests as greenfly.

*There will be an increase in birds who also consume a large number of pests and are particularly attracted by wild plant seeds.

Growers of crops e.g grain without the use of pesticides, (as we all should be doing now), need to be aware that they will need to use taller

varieties which will grow up above the weeds. Another way of reducing pests is to plant a mixture of varieties rather than a monoculture... It is not so long since the 1800s when a single variety of potato, the Lumber, was planted all over Ireland and easily succumbed to blight. There are of course many advantages to wild plants and the article concerning the stinging nettle with Majella O'Riordan showed us the many benefits of nettles. There are, of course, many other plants such as dandelion and chickweed which have proven cleansing and healing properties. By stopping spraying we can enjoy cooperating with nature rather than battling against it. It is as Caroline has shown us, a win-win situation for all! I would like to thank Caroline for sharing her time and knowledge with us and look forward to speaking with her in the future.

Remember you can contact the Environmental group by email macroomenv@gmail.com If you or anyone you know would like to follow up with this article or contribute one on a different environmental topic, please contact me chriseevalley@gmail.com

MACROOM PLOUGHING CELEBRATING 50 YEARS IN EXISTENCE

Macroom Ploughing Association are delighted to reach this great milestone in the existence of their club. To coincide with this celebration, it is also their turn to host the West Cork County Final, a sixth for the club. This major event will be held on this Sunday Feb 26 (weather permitting) on the lands of Angela Leonard, Teergay, Kilbarry, Macroom P12 KV00, commencing at 11am. A great day out to meet up with old friends and observe West Cork's best plough men and plough women, as they "Plough the Sod" Macroom Ploughing always attracts great local interest, first of all it is the only agricultural event now in the Macroom area, and secondly, there is a great interest in watching the local competitors testing their skills in the Standard 3 Furrow, the Reversible, the Beginners, and of course the Horse Class, to mention just a few.

Results will be announced in Coolcower House



Dan O'Riordan, Kilnamartyra, winner of the Local 3 Furrow Standard ploughing class 2022 with trophies he has built up over the years.(C. Kelleher).

that night, where there will be music, song and dance, and finger food. So, come along and celebrate with the committee their 50 years in existence

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- * Teaghligh Mhúscraí le Tuismitheoirí na Gaeltachta Dé Sathairn 4ú Marta 1.30in go 2.30in.
- * Creative Writing Group Saturday 25th February 11am to 12.30pm.
- * Sensory Talk by Senior Occupational Therapist (OT) Jess Kennedy Friday March 31st.
- * Please confirm monthly meetings with the library on 026 45767 during opening hours.
- * Please confirm monthly meetings with the library on 026 45767 during opening hours.

recently visited the house I grew up in from the age of 9 to the time of my marriage at 22 years old – so young!! I imagine it will be my last time in the house, so I was a little nostalgic and of course I have a lot of memories from that time. There were around 10 or 12 children around my own age living in the immediate area – around the green. Our childhood games were punctuated with what was happening around us at any point in time. There was a large green area in front of our houses with a big tree to one side. So, when there was formula one racing on T.V. we had our own formula one track around the green on our bicycles where we would peddle furiously in the hopes of passing the flag first (who ever was youngest usually was the flagman). During the show jumping season we built our own jumps, fences and water obstacles out of whatever we could find in gardens and garages and the green became the RDS arena and we launched ourselves over those jumps to shouts of encouragement although there were a lot of stewards enquiries as to whether the jump was badly constructed or knocked. In July, clutching our tennis rackets, we became Billie Jean King and Jimmy Connors as we rewrote Wimbledon. And then there were the battles, each time the grass in the green was cut, the green became a battle zone. We built grass forts from which we launched battles on the forts of the others. Our fort building became quite good with some resembling grass igloos with tunnels and escape hatches. If you needed to discuss something of importance or interest with just one or two of the gang we would meet, under the tree, in the tree, around the tree



– and by the time one or two gather as planned, the whole gang would descend in support. The Summer Holidays from school were long and the craic was mighty, and you didn't have to go home until the streetlights came on which was latish during the Summer. We survived without, phones, tablets, computers etc. We went home with splinters, green stains on our clothes and lots of cuts and bruises and big smiles on our faces. Well at least that what it seems like thinking back and I like that version of my memories.

Of course on the days that the rain came I kept company, with Julian, Dick, Anne, George and Timmy the dog – a.k.a The Famous Five, Nancy Drew and The Hardy Boys and I mean the books not the TV series which were never as good as the books! We had comics too – now known as graphic novels – and we used to pass them around to all our friends. There was a library within walking distance and in the mid-70's it was quite safe to leave us 10 to 12-year olds wander down to the library in Douglas village all by ourselves either walking on in our formula one cars (remember? the bicycles!). But that's a story for another day! Whether it's a wet day or a sunny day you are always welcome to visit Leabharlann Bhaile Bhúirne where you will find a great selection of books, DVD's, newspapers and events to keep you busy. The 2023 books have just started to arrive so there's even more to choose from for all age groups from tiny tots to the more mature reader, like myself!

On Saturday February 25th we are inviting people of all ages to get reading. On minute, ten minutes, an hour, or more – it doesn't matter how long you read for or what you read! Why? Because taking some time for yourself to relax and do the things you enjoy (like reading) is important to help look

after you mental wellbeing. Take the pledge now on Irelandreads.ie and see how many minutes people all over Ireland will be reading for on February 25th. Ireland reads is an initiative of the government of Ireland, funded by Healthy Ireland and supported by all the public libraries and many organisations that promote literacy and the arts. Cork County Library will also be celebrating Ireland Reads so be sure to visit your nearest branch or keep an eye on our social media pages to see what's happening at a library near you. Happy reading.

Ar an 25ú Feabhra tá cuireadh á thabhairt againn do dhaoine de gach aois chun bheith ag léamh. Nóiméad, deich nóiméad, uair a chloig nó níos mó – is Cuma cé chomh fada agus a léifidh tú nó cad a léifidh tú! Cén fáth. Mar go bhfuil sé tábhachtach roinnt ama a ghlacach duit féin le do scíth a ligean agus na rudaí a thaithíonn leat a dhéanamh (cosúil le bheith ag léamh) chun aire a thabhairt do d'fholláine mheabhach. Tabhair an gealltanais ar Irelandreads.ie/ga/ agus féach ar cá mhéad nóiméad a bheidh daoine, ar fud na hÉireann, ag léamh ar an 25ú Feabhra. Is tionscnamh de chuid rialtais na hÉireann é Ireland Reads, atá maoinithe ag hÉire Shláintiúil agus atá ag fáil tacaíochta ó leabharlanna poiblí, agus go leor eagraíochtaí eile a chuireann litearthacht agus na healaíona chun cinn. Beidh Leabharlann Chontae Chorcaí ag ceiliúradh Ireland Reads chomh maith mar sin bí cinnte cuairt a thabhairt ar an mbrainse is gaire duit nó coinnigh súil ar ár leathanaigh meáin shóisialta le feiceáil cad a bheidh ag tarlú i leabharlann in aice leat.

Léamh sona

**If you carry your childhood with you,
you never become older.**
- Tom Stoppard, *Playwright*

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Dé Sathairn 10.00am - 1.00pm*

Dúnta gach Luan agus Déardaoin
Closed every Monday & Thursday

*Dúnta ar Shatharn Deireadh Seachtaine na Saoire
Poiblí

*Closed on Saturday of Public Holiday Weekend
Eolas : 026 45767

SNIPPETS | DIARY

Snippets may include details of upcoming Lee Valley functions, fundraisers, sports events etc. We may include commercial events that are also being advertised simultaneously in the magazine.

DATES FOR YOUR DIARY

- February 24th - Clondrohid Active Retirement AGM 7:30pm in the Community Hall
- February 26th - Annual Dripsey Ambush Parade @ 3:00pm

February 26th - KHAA Lecture - 'Old Cork seen through the lens', a lecture by Michael Lenihan in Kilmurry Museum @ 7pm

February 26th - Macroom Ploughing Assoc host the West Cork County final on the lands on Angela Leonard (P12 KVpp) commencing at 11am

March 2nd - Carrigadrohid/Killinardish Tidy towns EGM @ 8pm Canovee NS

March 4th - Scór Na bPaistí, Aghabullogue GAA Complex Coachford, @ 12:30pm

March 4th - Quiz Night in aid of Scoil Lachtain

Naofa in Ionad Pobail Cill na Martra on Saturday 4th March at 6pm

March 5th - Scór Na Nóg, Aghabullogue GAA Complex Coachford, @ 2:00pm

March 6th - Carrigadrohid Playground public meeting @ 8pm in Canovee NS

March 9th - Kilmurry Museum AGM @ 8:30pm

March 9th - Macroom Flower & Garden Club Meeting @

March 11th - Coachford Induction Day for 1st years – 9:00am

Deadline: Monday before publication. **Email:** leevalleyoutlook@gmail.com



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CLINICS THROUGHOUT MUNSTER

NUAHT Ó CHOLÁISTE GHOBNATAN

CISPHEIL NA GCAILÍNÍ

Le Naoise Ní Bhriain

Le déanaí thosaigh cailíní na dara bliana ag imirt cispheile leis an scoil. Bhí ár gcéad bhabhta de chluichí ar siúl i Maigh Chromtha ar an 26ú lá de mhí Eanáir. D'imríomar in aghaidh Scoil Mhuire ó Bhéal Átha'n Ghaorthaidh agus Coláiste Mac Aogáin ó Mhaigh Chromtha. Bhí sé go deas a bheith ag imirt le mo chairde go léir. Bhaineamar ar fad an-taitneamh as an lá ar an gcúirt cispheile agus táimid ag tnúth go mór leis an gcéad chluiche eile. Míle buíochas le hIníon Ní Bhriain agus hIníon Ní Chonchúir.

COMÓRTAS MHATA – TEAM MATHS

Le Sorcha Ní Éalaithe

Ghlac ceathrar dalta Ardteiste ó Choláiste Ghobnatan páirt i gcomórtas Mhata ar an 27ú Eanáir. Bhí Déaglán Ó Murchú, Mary Ellen Ní Chéilleachair, Ava Ní Chonaill agus Sorcha Ní Éalaithe mar bhaill den fhoireann. Fuair eadar an t-ochtú háit sa bhabhta Chorcaí den chomórtas "Team Maths" atá á rith ag IMTA. Bhaineadar an-sult as an tráthnóna agus fuair eadar tacaíocht ó Bhean Uí Liatháin. Cheapas gur cleachtadh maith a bhí ann seachtain roimh ár réamhscrúduithe le haghaidh tuilleadh staidéir mata a chur i bhfeidhm.

PEILE NA GCAILÍNÍ - SÓISEAR

Le hIseult Ní Ríordáin

Tá ag éirí go han-mhaith leis an bhfoireann peile Sóisearach na cailíní i láthair na huair. Bhí cluiche Ceathrú Ceannais na Mumhan againn inniu i gcoinne Pobail Scoil Bhéara. Ba chluiche andian ar fad é agus ní raibh morán idir na fóirne. D'oibrigh gach uile dhuine ar an bhfoireann go dian dícheallach agus leis sin d'éirigh linn an bua a fháil ar deireadh. Ba mhaith linn buíochas a ghabháil lenár dtraenálaí Iníon Ní Shúilleabhán a thug go leor cabhrach agus tacaíocht dúinn i rith na bliana. Leanfaimid ar aghaidh anois go dtí cluiche Leath Ceannais na Mumhan a bheidh ar siúl i gceann cúpla seachtaine agus tá súil againn go mbeidh an bua againn ansin chomh maith!

CISPHEIL NA MBUACHAILLÍ

Le hOisín MacAnnaidh

Tá an chispheil leis an scoil go hiontach. Tá sé an-spraoiúil agus tá sé go maith le haghaidh ár gcuid aclaíochta. Tugann cispheil seans go gach duine imirt. Is traenálaí an-mhaith é Máistir Ó Liatháin-tá na rialacha ar eolas aige agus tá suim mhór aige ann. Tá súil agam go mbeifimid rud éigin sa chispheil.

MRB EOLAÍOCHTA

Le Saoirse Ní Uidhir

Le roinnt seachtainí anuas tá mo rang agus mé féin ag obair ar ár MRB 1 san eolaíocht. Dheineamar ár dtrial thart ar 4 uaire agus tar éis

é sin scríobhamar suas faoi na trialacha ar ár iPad ag úsáid Class Notebook. Bhí cúpla triail bunaithe ar imoibriú aigéid agus bun, cinn eile ar dlús agus cinn eile ar bhia. Sa deireadh bhain gach duine taitneamh as an obair phraiticiúil a bhí mar chuid den MRB a 1 san eolaíocht.

CEARDLANN LE BERNARD Ó CATHASAIGH

Le hElla Ní Loingsigh

Ar an 31ú Eanáir bhí cúpla uair a chloig iontach ag an Idirbhliain le Bernard Ó Cathasaigh. Bhí roinnt scéalta an-ghreannmhar aige. Chomh maith bhí sé ag taispeáint dúinn conas eachtraí a dhéanamh ar an spota gan aon litríocht. Tá súil againn go bfillfidh sé ar ais arís chugainn.

IDIRBHLIAIN - TAITHÍ OIBRE

Faoi láthair tá muintir na hidirbhliana ar thaithe oibre. Is deis iontach é dóibh foghlaim faoi shaol na hoibre. Ba mhaith linn buíochas a ghabháil leis na fostóirí go léir a thugann na deiseanna dóibh. Míle buíochas le hIníon Ní Chéilleachair as an obair ar fad a dhéanann sí chun na taithe oibre a eagrú.

ÁR MEÁIN SHÓISIALTA

Leanaigí ár gcuntais seo don nuacht is déanaí!

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Local Link Cork Lotto Winner



Winner, Paudie Barry and his wife Statia Barry, Nora Buckley, Gerry Twomey, our driver Tim Cronin and Ted Cook our lotto coordinator for Uibh Laoire n Clondrohid parishes. Congratulations to Local Link Lotto Winner.



The lotto draw was held on 8/02/2023. One of our winners was Paudie Barry from Inchegeelagh who won €3000.



St Marys Second Year Basketball Team



The staff and pupils of Coachford NS celebrating Rathmore's Club All Ireland win with their teacher Mr. Reen.



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ST MARY'S NEWS



First Years enjoying Science Class



Danielle O Neill, Aoife Lucey and Liadh McMahon at South Munster Cross Country



St Marys Athletics Minor Girls Team



St Marys Athletics Junior Girls Team

ATHLETICS

On Thursday the 9th of February the following athletes, Eabha Ni Chonaola, Rebecca O Neill, Fern Mullane, Saoirse Twomey, Emily Cronin, Orla O Brien, Róisín Ní Liathain, Pippa Murphy, Emma Purcell, Evie McMahon, Ruby Prendeville, Hayleigh O Shea, Emilia Twomey, Aoife Ní Luasa, Danielle O Neill, Liadh McMahon, Sarah Neville, Cara O Brien, Clodagh Murray and Katie Purcell competed in The South Munster Cross Country held in Tramore Valley Park, Cork. Every single one of the girls did outstanding and did themselves and the school very proud! Three out of four teams qualified. The Intermediate Team came second and qualified with 32 points. The Junior girls came second and qualified with a total of 28 points and lastly the Seniors came 4th with a total of 76 points to bring their team to the next round. Overall this is a great achievement for the girls themselves and the school and we are all extremely proud of them.

Junior Team : Cara O Brien, Clodagh Murray, Katie Purcell, Sarah Neville.

Intermediate Team: Saoirse Twomey, Eabha Ni Chonaola, Rebecca O Neill, Emily Cronin, Fern Mullane.

Senior Team: Liadh McMahon, Danielle O Neill, Aoife Lucey.

We also had individual medal winners.... Cara O Brien came 6th in Junior Girls and Saoirse Twomey, 3rd in the Intermediate Girls.

Well done to ALL athletes and best of luck in

the next round in Waterford! Thank you so much Ms Kelleher for supporting the girls and thanks to Transition Year students Lucia Duarte and Katie Ní Liathain for helping Ms Kelleher on the day.

BASKETBALL

Another fantastic win for our second-year basketball team recently. The girls played against Scoil Mhuire who put up a tough fight in the Parochial Hall, but thankfully with their continued efforts our girls came away with a 23-10 win. A fantastic effort by all, well done girls and thank you to Ms Hickey for traveling with the girls on the day.

EARTHQUAKE RELIEF APPEAL

Our 1A2 CSPE Class organised an Earthquake Relief Appeal before Mid Term. The earthquake in Serbia and Turkey has destroyed many lives. As a class group the girls decided to organise an earthquake relief appeal. They asked for donations of at least 1 item from the following list: Blankets, Towels, Baby clothes, Baby nappies, Hats, Thermal items, Gloves and Jumpers. Go raibh míle maith agaibh cailíní, maith sibh.

FIRST YEAR FOOTBALL CHAMPIONSHIP QUARTER FINAL

Our First-Year football team played a great game against Kinsale Community School in Macroom on Friday the 10th of February. The game finished: St Mary's Macroom 6-4 Kinsale Community School 1-10. A great team performance by the girls. Well done girls and



St Marys Athletics

thanks to your trainers.

PRES

Well done to all of our 3rd year and 6th year students who completed their Pre-Exams before Mid Term. You have all worked so hard in preparation for these exams, we hope enjoyed your well-deserved Mid Term break.

FIRST YEAR SUBJECT CHOICE

As the time is approaching for our First Years to make their Junior Cycle subject choices our career guidance teacher Mrs Mc Sweeney arranged an information event for the girls to help them to make informed decisions. Teachers of each subject asked 3rd year students to talk to the 1st years about the subject, it was invaluable for the 1st years to hear about each subject from the student's perspective. Each teacher also spoke to the girls about each subject and they answered any questions that they had. Thanks to all involved and thanks to Mrs McSweeney for organising this very informative event for the girls.



South Munster Cross Country



St Marys First Year Football Team



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A LOCALS PERSPECTIVE “Macroom Needs a Bypass” – We got one, so what’s next?

As a kid, I remember being warned of “the road”. I was born in the early 80’s and grew up in the heart of Macroom, close to the bus station on Railway View. My 4 siblings were always told not to let me out of their sight in case I wandered anywhere near it, which was quite possible since we could see it from every window in our house. The road was made out to be this deadly monster that would swallow kids alive if you turned your back on it. It struck the fear of God in me. You were not left outside the front door unless you were holding someone’s hand. As I grew older, the traffic got worse, and I began to understand just how deadly it was. As my nieces and nephews grew from babies to toddlers to kids I became nervous of them every time they left the house in case one stepped out. My mother petitioned the council for years for bollards to be put outside our front door to stop cars, lorries and busses mounting the footpath and taking one of us out.

The road was a constant in our lives, our homes were only separated from the main Cork to Kerry national route by a 3-foot-wide footpath (less in places). It completely divided the street in 2, you could be ages trying to cross so why even bother. I can remember when the first set of traffic lights and pedestrian crossing came at the bottom of chapel hill – what a godsend! The crossing at the bridge and the square soon followed and gave people some chance to cross the deadly monster.

Every day, hundreds of students would get off busses and walk to one of the 3 secondary schools in Macroom. Some had a short stroll to St Marys, others a bit longer to Bishop McEgan College and the rest, the longer jaunt to De La Salle. No matter what school you went to if you got to town by bus or from my side of the street you had to cross the road at least once. In the case of De La Salle you’d have to cross it twice (in the times before the new pedestrian bridge)! I can remember those years of walking to school and crossing the main bridge in Macroom - 300 teenagers on what seemed like the narrowest footpath ever. You’d try to walk 2 abreast but, every now and again, the wing mirror of a car or truck would hit you a slap. Lads being lads, one would pretend to push the other onto the road to give them a fright but hold them back. I honestly don’t know how there wasn’t more serious accidents on that bridge.

Living on the road was a nightmare – constant traffic during the day and when the road surface wore down we had to live with the resurfacing works by Cork City Council which would generally start at 10pm and go right through the night until 5am. It was like clockwork, every 4 years or so and would last a week. Try getting up to go to school when you’ve been listening to a tarmac roller all night.

When I moved to the city in 2001 to study Engineering in UCC, there were 2 things that struck me the most: 1. the amount of Kerry people in my class and 2. how every single one of them reacted when I told them I was from Macroom. “That bloody place, I’m stuck in it every weekend” and “I never stop there, I just want to get through it as fast as I can which is usually an hour”. It was then I began to realise that Macroom didn’t just need a bypass so the people of the town could breathe again, it was needed for the entire Cork and Kerry region. It was also around that time I started noticing the signs on the side of the road either side of the town – “Macroom needs a bypass”.

Fast forward 10 years to 2011 and when I started my current job in the city and the narrative didn’t change much – “Macroom? When is that place ever getting a bypass”. It was sad how my hometown had just become synonymous with traffic and negative connotations – I might as well have told people I’m from the Jack Lynch tunnel at 4pm on Friday or the M50 on a rainy morning. I used to sweeten everybody up by saying “Ya I know it’s shocking, but you know the short cuts don’t you”? I would then draw them a map of the unofficial bypasses of Coolyhane or Raleigh and I would be their new best friend (sorry to everyone who lives there but I wasn’t the only one at it).

I’ve lived in the city since I left for college in 2001 but moved back to Railway View in September last year while our house in Cork is getting some work done. I had completely forgotten how bad the traffic was. When we moved back 6 months ago before the bypass opened we rented a van to move our stuff. I left it until late on a Friday evening so the traffic wouldn’t be too bad and parked on the only parking spaces across the street. I’m not exaggerating when I say we had to walk out in front of cars to make them stop to let us cross – it’s amazing how people won’t stop when you’re trying to cross with a couch in your hands!

Having lived on the side of the N22 for the first 20 years of my life I now found myself back there again 3 months before the bypass was due to open. It was like I had never left – the house still shook through the night as the trucks barrelled through town. Even going for a walk in the dark evenings was not giving the desired stress relief after a long day’s work – the constant traffic at your shoulder, fumes, noise and splashes along the route to the Auld Triangle and back was not pleasant. Then 9th December came – the day the whole town had been waiting for, the bypass finally opened. The difference was night and day. So, what’s next? Since December there are no longer traffic queues either end of the town, no constant streams of cars passing through from Kerry on a Sunday which would

start at hotel check out time and go right till late evening as people made their way back to college, work, or home after the weekend. No more of the estimate 700-1,000 artic lorries a day.

Macroom no longer feels like a road but like an actual town. We can breathe, hear each other, and plan our days without having to worry about traffic. Someone complained to me recently that there’s still traffic in Macroom, but cars were never going to disappear altogether. What we are left with is good traffic, its local people who live in and around the town coming to Macroom which keeps a market town ticking. Local businesses have said they are busier since the opening and for some unknown reason there is always loads of available parking all of a sudden.

Unfortunately, since the bypass opened speeding has become an issue as cars can move freely. It’s obvious that the road needs to be re-surfaced – anyone who has walked the street on a rainy day will testify to that. But we will have got it all wrong if the road is just resurfaced and nothing else is done as what we need is a full public realm upgrade. Pedestrians, businesses, and residents need to be given their town back. We need to slow cars down and reverse the trend where priority was given to cars passing through over the years. We need wider footpaths, safer raised pedestrian crossings (and more of them), narrower junctions, flashing speed warning signs, outside dedicated spaces for cafés and restaurants. Full public realm upgrades like what we see in Ballincollig and other towns and villages reinvigorate core town centres. It will be controversial, but the speed limit needs to be reduced to 30km/h (it soon will be in most towns and cities in Ireland anyway and the trend in Europe is to reduce it further to 20km/h in town centres). People comment that the night-time economy is dying in Macroom. When you look back at how bustling the town used to be you can see that the potential is there to give it a kick start again. Years ago, over 20 pubs and restaurants were packed every Thursday to Sunday, 2 nightclubs rocked, and multiple taxis moved people back and forth to Rylane, Coachford, Clondrohid, Kilmurry and loads in between. Slowly a lot of the pubs have closed but the population of Macroom and surrounding villages have grown so opportunity exists. There is leakage from Macroom as people now travel elsewhere to enjoy themselves. There are plenty of other, smaller towns that market themselves as food or pub or live music destinations and it works. We just need to find our opportunity and help it grow.

CLOUGHDUV N.S

Welcomes all children!

We have 135 pupils in Cloughduv N.S. and a teaching staff of 7, including 5 class teachers, 2 special education teachers & 2 special needs assistants. It feels like a small, happy family in our school community!

2 large buildings on a spacious 2-acre site, incorporating 7 classrooms, 2 learning support rooms, a computer room & a soft-surface multi-purpose room. Also a large general purpose hall with a stage is currently used for dance classes, drama classes and motor skills groups, as well as PE lessons if raining.

There is a large outdoor play space available for the children including hard surfaces, a ball court and a grass area. Our active Parents' Association provides plenty of fun outdoor games & resources. The school vegetable garden provides lots of outdoor scientific opportunities and experiences for the children.

All pupils are encouraged to participate in some form of sporting or physical activity. At different times in the school year, we offer hurling, camogie, gaelic football, rugby, swimming, gymnastics and athletics. We also train teams for Sciath na Scol.

Cloughduv NS embraces the arts & we can offer drama classes, live performances, choir, music & dance workshops at school. At various times, children are entered in concerts or competitions for those areas. STEM is promoted here: we currently hold the judges award for VEX Robotics.



Enrolments now being taken for School year
2023/2024

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WELCOME!

CILL NA MARTRA & RÉIDH NA nDOIRÍ

DÍOLACHÁN BRÉAGÁIN AGUS LEABHAIR

D'fhreastail slua breá ar an Ionad Pobail an deireadh seachtaine seo chaite chun tacú leis an díolachán agus bhíodar thar a bheith fláithiúil! Bailíodh €403 le cur chuig tionscnaimh éagsúla Cill na Martra. Bhí fuíollach bréagáin agus leabhair den scoth fágtha agus bhí áthas orainn an deis iad a thabhairt go ionad tithaíochta na hÚcráine mórtimpeall an cheantair. Táimid fíor bhuíoch as bhur dtacaíocht. A great crowd attended the Toy and Book Sale in the Ionad Pobail last weekend and they donated generously making it a successful event. €403 was raised to put towards upcoming initiatives in Cill na Martra. There were many wonderful toys and books left over after the weekend and we were delighted to put a smile on many small faces when they were donated to the various Ukrainian housing hubs in the locality. We greatly appreciate all the support.

BAISTE

Comhghairdeas le Milla Mc Carthy a baisteadh sa pharóiste le déanaí. Congratulations to baby Milla Mc Carthy who was christened in Cill na Martra recently.

IONAD ÁISE RÉIDH NA NDOIRÍ

'Growing together'

Tá grúpa nua ag bailiú san Ionad Áise, Déardaoin 02.03.23 óna 9.30-11.00rn. Is é 'Growing together' ainm an ghrúpa agus an t-aidhm atá acu ná bheith mar ghrúpa tacaíochta do thuismitheoirí agus cairde de pháistí le Uathachas. Tá costas €2 ar an sheisiún chun tae/caife a chlúdach. Má tá suim agat ann nó a thuilleadh eolas ag teastáil dean teangmháil be Molly Breen – 086 2088399 Julie Hoare – 087 9942989 A new group is meeting in the Ionad Áise on Thursday 02.03.23 from 9.30-11am. The group is 'Growing together' and are a support group for parents and friends of children with Autism. There is a cost of €2 on the meeting to cover tea/refreshments. If you require any further information don't hesitate to contact the girls above.

RANGANNA CEARDAÍOCHTA

Tá ranganna ceardaíochta ar siúl san Ionad Áise gach Luan óna 10.30-12.30in. Bíonn fuáil, cniotáil agus cróise ar siúl ina measc alán ceard eile. Is cúis



CÉ Craobh Lachtaín Naofa Scoraíocht winners 2023 Picture by Ena Doocey

iontach caidrimh agus comhrá é, chomh maith le scileanna a fhorbairt nó a fhoghlaim. Tá costas €5 pay as you go air agus má tá a thuilleadh eolas uait is féidir teangmháil a dhéanamh le Helen ag 086 3091163 nó ionadaise@gmail.com

Craft classes are held in the Ionad Áise every Monday morning from 10.30-12.30pm. They cover such crafts as sewing, knitting and crochet among many other. It is a great social morning and you are sure to enhance or learn some skills. It is €5 pay as you go and please contact Helen at the Ionad for further details.

BIONGÓ

Bhí Ionad Áise Réidh na nDoirí plódaithe go doras an Chéadaoin seo chaite leis na sluaite bailithe chun cluiche BIONGÓ a imirt. Bhí sé go h-iontach an suim a fheiscint agus an comhlúadar a bhraithint sa phobal arís! Dá bharr sin rithfidh BIONGÓ san Ionad ar feadh tréimhse 6 seachtain, oíche Chéadaoin ag 7.30in, le costas €10 ar leabhar amháin, €15 ar leabhar dúbailte. Déan teangmháil le ionadaise@gmail.com nó Ionad Áise ar Facebook má tá a thuilleadh eolas uait. Bígí ann. BINGO was a huge hit last Wednesday night in the Ionad Áise, Réidh na nDoirí with the halla being packed to capacity. It was great to see the enthusiasm and the sense of companionship returning to the community. On account of it being such a success there will be a further 6 weeks of BINGO held at the Ionad Áise, Wednesday nights at 7.30pm, with a cost of €10 per single book and €15 per double book. For further information contact the above email.

COIS CILLE

Maidin caife gach Céadaoin óna 10-12.30in le caint

agus craic. Bíonn bácáil baile déanta blasta ann. Fáilte roimh chách!

A weekly coffee morning is held on Wednesdays from 10-12.30pm with home baking. Welcome to all! Scoraíocht ar Déardaoin an 23.02.23 óna 2.30in. Bígí ann don ceol, amhránaíocht agus scéalta go leor! A scoraíocht is being held in Cois Cille this Thursday 23.02.23 from 2.30pm. Come and join in the fun with music, singing and stories go leor!

TRÁTH NA GCEIST

Beidh Tráth na gCeist ar siúl in Ionad Pobail Cill na Martra ar an Satharn an 4ú Mártra ag a 6in. Is oíche clainne é agus tá sé á rith ag Coiste na dTuismitheoirí chun trealamh spóirt nua a cheannach do Scoil Lachtaín Naofa. Tá duaiseanna iontacha le buachaint tríd na hoíche le crannchur ar siúl chomh maith. Is féidir bord a chur in áirithe tríd ríomhphost chuig ctcillnamartra@gmail.com nó teangmháil le Helen ag 086 3628548. Tá costas €30 ar bhord de ceathrar agus beirt duine fásta ag gach bord. Ticéid crannchur ar fáil mórtimpeall an pharóiste má tá suim agat ann. A quiz night will be held in Ionad Pobail Cill na Martra on Saturday 4th March at 6pm. Doors open at 5.30pm. It is a family event and is being held by the Parents Association to raise funds for the purchase of sports equipment for Scoil Lachtaín Naofa. There are many great prizes to be won throughout the night with a raffle being held on the night. Tickets for the raffle are available locally throughout the parish or on the night. Tables may be reserved by emailing ctcillnamartra@gmail.com or contacting Helen at 086 3628548. Table of 4 with a max. of 2 adults is €30.

UIBH LAOIRE

CROI NA LAOI NEWS

Some members went on a walking trip in Gougane forest park with our Ukrainian friends and reported a very enjoyable time. Their next walk is by the sea in Bantry on March 1st (everybody welcome). The Tidy Town's section have begun clean-up work in Inchigeela village and approach roads with the kind help of some junior members. They are glad of new volunteers if you have an hour to spare.

Lights up/ Mercy Hospital Fund

The floodlit walks at the football pitch are going well. The walk on Wed 1st of March offers you an opportunity to contribute to the Mercy Hospital Foundation in the fight against cancer.

ROAD IMPROVEMENTS

Good news from Cork Co Council for all who travel the R584 Toonsbridge to Inchigeela road with the announcement of €20,000 to deal with surface water removal under the 2023 Climate Change Adaptation and Resilience Works programme

BAMBI IN THE HEADLIGHTS

The problem of deer on our roads continues. They

come out to graze in the twilight, making it difficult to see them with their camouflaged coats. Special care should be taken on all our roads in the parish but especially on the portion of road about 5Km east of Inchigeela village where the traffic seems to speed up.

ACTIVE RETIRED

The Uibh Laoire Parish Active Retirement group, set up recently, are planning for the year ahead. Their AGM is on Wed, first of March and they hope to see new members. All men and women who have retired or are planning to retire should benefit from joining. You are under no commitment if you join but to please yourself in taking part in whatever suits you. AGM is in Cuan Barra, Ballingearry, and there will be a cuppa and biscuits going!

ANNUAL DINNER

GAA Beal Átha are holding their annual dinner in the Eccles Hotel in Glengarriff on 4th of March. Bronnfar boinn ag an dinnéar.

INCHIGEELA HALL

The hall has never been so busy. The recent Ahakeera players' production of "Nobody's Talking to me" was a great hit with the audience. SECAD held a meeting there with local people who are interested in the welfare of our Ukrainian newcomers to try and improve their sad circumstances. Friday nights as usual are Bingo nights and Sunday nights mean cards with increasing numbers coming back to play both. On Sunday afternoon one of the biggest crowds to ever enter the hall came to the Social dancing to hear the great music man, Patrick O Sullivan. A huge crowd is expected on Sunday, 5th of April for the wonderful duo Martin Kearney and Derry Kennedy. And there are other big names on the way. Art classes are provided on Mondays, 10.30 am, free to the public. IRD Duhallow will meet the people in the hall on Monday 27 Feb. to discuss a local development strategy with the people and to hear everyone's views in relation to the future of our area.

St. Patrick's Day

GET YOUR ENTRIES IN NOW FOR THE MACROOM ST. PATRICK'S DAY PARADE 2023

St Patrick's Festival Committee are calling all groups, clubs and businesses in the area to join the celebration and enter the parade on Friday 17th March.

Please contact Lee Valley Enterprise Board for your Entry Form & include some information about your organisation, what inspired your float, or anything else that would be of interest to the Grand Marshall & for those attending.



St Patrick's Day Festival Committee
(A Subcommittee of Lee Valley Enterprise Board)
Tel: 026 20544 | Email: lventerpriseboard@gmail.com

CLONDROHID NOTES

IMPORTANT DATE FOR YOUR DIARY

IRD Duhallow will hold a series of community meetings during February and March to give people an opportunity to discuss their ideas and plans for their communities. This information will feed into IRD Duhallow's LEADER and Social Inclusion plans for the region. The people of Clondrohid and Carriganima are invited to a public meeting on Thursday March 9 @ 8.30pm in Clondrohid Community Hall with representatives of IRD Duhallow Board and Staff who will give feedback on previous meetings and consultation. The information collected will inform future planning for the area and it is important that the meetings are well attended to make sure that the needs of your communities are included in future funding. Please encourage everyone, both young and old as well as those not already involved in the community groups to attend. They want to hear your voice. PLEASE SUPPORT

FUNDRAISER FOR COMMUNITY HALL

Ahakeera Drama are making a return visit to Clondrohid Hall. How we all enjoyed their drama last year, as we were coming out of covid hibernation, they were like a breath of fresh air. So they are back again performing "Nobody's

Talking To Me "by Tommy Marren, in the Community Hall on Friday March 3. Tickets at DOOR costing €12, commencing at 7.45pm. This drama is celebrating the 40th wedding anniversary of Mattie and Maggie Conway, despite the fact that they haven't spoken to each other for 10 years, so all hell breaks loose. The rest you will have to come and see for yourself !!! Come along and enjoy a good laugh.

You will also be helping the Community Hall to fundraise for the last phase of their upgrade.

For those who may not know, Clondrohid Community Hall has been awarded a grant to replace the roof, and the heating system, and needs to fundraise to cover some of the costs, a stipulation of being awarded the grant. This is their first fundraiser, so please support, as when this work on the Hall is completed, we will have a top venue for any event. A great achievement for a village the size of Clondrohid

PARISH OFFICE

Please note the Parish Office at the Parochial House is open on Thursday mornings from 11am to 1 pm. The landline is 026 61933. Emergency sick calls number is 0858471249

CLOYNE DIOCESAN PILGRIMAGE TO KNOCK

On Sunday May 14, bus will leave Ballyvourney, stopping in Clondrohid and Macroom Enquiries to Noel Lynch 086 2202452 or Michael Dineen 087 6434910

CLOYNE ANNUAL PILGRIMAGE TO LOURDES

This will take place June 2 to June 7. Booking to be made through Joe Walsh Tours, 89 Harcourt St., Dublin 2 D02WY88

SET DANCING AND LINE DANCING

These continue in the hall on Tues and Thurs nights. All are welcome.

SINGING NIGHT IN TAVERN

A big night of singing and chatting in the Tavern Clondrohid on next Monday night Feb 27 at 9pm. Special Guest Singer is Vincent Crowley from Bantry, who is the current All Ireland Champion. Come along and sing a song or just listen to some lovely singing. All are welcome.

ST. PATRICK'S DAY PARADE IN CARRIGANIMA

Carriganima and surrounds are getting ready for their annual well organised Parade again this year. It will take place on Sunday Mar 19 at 3pm, led by the Milstreet Pipe Band. The Grand Marshall still a secret. Music later in the day with Anthony Dineen. A day not to be missed!

CARRIGADROHID/CEANN AN MHAÍ

CANOVEE NATIONAL SCHOOL

Our Green Schools Committee have been extremely busy over the first term working towards our 3rd flag - Our Travel flag. We conducted a noise pollution workshop and a Walk-ability survey around the school to see how safe it is to travel to Canovee NS. For the term ahead we have the Big Travel Challenge where we have encouraged carpooling where possible between the 15th and the 18th of February, to and from school to help with our omissions. We also have Scoot to School week in March which was a big success last year! The school is humming with Irish music and dance at the moment as the children are busy rehearsing for Scór, we have children of all ages competing in rince foirne, amhránaíocht aonair, ceol uirlise, rince seit, ceol uirlise aonair, agus trath na gceist. Go néirí go geal libh!

The children in 2nd class are also busy preparing for their First Confession which takes place in March as part to their First Communion preparations. Applications for enrolment for the 23/24 school year are now open. Forms can be downloaded from www.canoveens.com or contact the school on 026-48142 or office@canoveens.com Keep up to date with all of our activities by following us on Facebook 'Canovee National School'.

CARRIGADROHID COMMUNITY ASSOCIATION

In partnership with the Canovee National School Parents Association, Carrigadrohid Community

Association are thrilled to be launching a wonderful new project. Following our successful bid for EIRGRID funding late last year to support the building of Community Playground, we purchased the ideal site adjacent to the school. Next step was planning permission, we are excited to announce that we have been successful in our planning application!!

We have a small but amazing committee who have worked hard to kick off the project off, but to see this through to the end we need some help. To gauge the level of interest in the community to get the project off the ground, we will be holding a public meeting in Canovee National School on March 6th at 8pm to hear more about the exciting plans. During that meeting, we want to hear from you on how we can get everyone together to support what we believe will be a short term fund raising effort across the parish.

CANOVEE GAA

Canovee GAA underage club invite all U7 boys and girls (age 5+) to football training Sunday mornings in Cloughduv GAA hall, starting March 5th from 10:00 to 11.00am. ALL WELCOME. Training will return to the riverside pitches in Carrigadrohid from April 2nd.

CARRIGADROHID/KILLINARDRISH**TIDY TOWNS APPEAL**

Carrigadrohid Tidy Towns have a great history of success in maintaining and developing our beautiful historic village. They have promoted

and supported many community based activities including the village and community clean up, participating in and winning litter control competitions, promoting biodiversity, hosting heritage events to showcase local history, decorating the village with festive lighting at Christmas, helping the community to come together at the summer street feast and the Christmas market events. All of these events have been run for the good of the community, to make new families feel welcome and to showcase the rich tapestry in our neighbourly connections. We are appealing to the community to come out and help, our committee has been depleted and is in danger of not going on.

In one final effort, we are hosting an extraordinary general meeting on March 2nd in Canovee School. This will be our last meeting if we are unable to elect a committee of officers to help with our work. We have secured some new committee members and the current committee are willing to help in every way possible, but we need more, without a committee we will not be able to secure insurance for the myriad of events that have run for all our benefit.

Please don't let all of the efforts made so far be lost... you will be joining a fun, engaging and dedicated team.

WHAT HAVE YOU GOT TO LOSE?

Centenary anniversary parade of the Dripsey Ambush 1921 passing over Dripsey bridge /river on the 3rd of October 2021



This year's Annual Dripsey Ambush Parade (102nd) takes place on Sunday February 26th. 2023 starting at Dripsey Cross at 3.00 pm. (Pic's by Mick English)

Jennings McGregor

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And soon you surmise
An ignorance applies

You see I am confused
Both of us bemused
Blending truth and lies
Sharing your surprise

It's clearly I can tell
You know me very well
Indeed I know your face
Your name I cannot trace

Persisting with my aim
Searching for that name
Won't chance just in case
A misplace can't retrace

Oh no a seething rage
It cannot be my age
As hopelessly the brain
Searches on in pain

Something you convey
Now attention I pay
A fine conversation
Eases my frustration

Just then and so clear
Your name does appear
Indeed I wasn't wrong
I knew you all along

I wonder do I know all the officers and the committees that were elected at our AGM that was held on Monday 13th February. No problem there. There has been no change, probably because most of us are still a little wet behind the ears. So, you will have Breda O'Connell as Chair, Mickey O'Callaghan as Vice Chair, Frances Ryan as Treasurer, and myself as Secretary. The committee is completed by the addition of Siobhán Corcoran, Bernie O'Callaghan and Gobnait Lucy, and our Audit committee consists of Brendan Hayes and Theresa Dineen. In her address our Chair, Breda, spoke of our sadness at the loss of Eileen Kelly and we observed a minute's silence for her, and she referred to all the losses endured by our members throughout the year. Breda also spoke about the high level of activities engaged in throughout the past year and about the benefits of social participation. She pointed out that we provide much of what has been recognised through the TILDA scientific study as being necessary to make Ireland one of

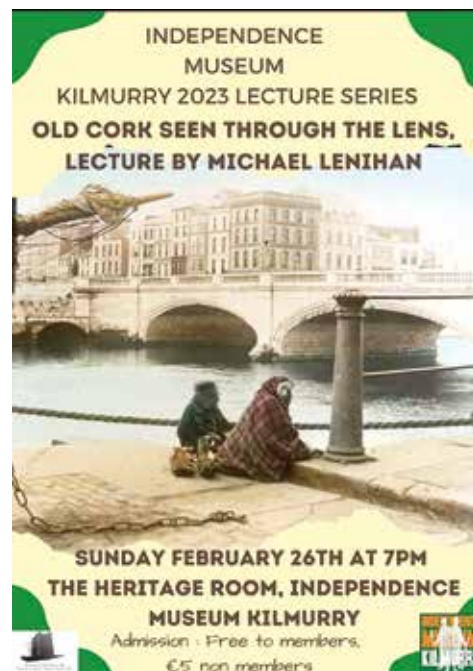
the best places in the world to grow old.

The AGM was preceded with a talk on 'skin care as we age' given by Mary Mullins. It was so well received that there is a call for episode 2. Then on Wednesday February 15th we had Rose McCarthy returning for a session on Yoga, Tai Chi, mindfulness, and meditation. This was followed by a talk on eyes. It mustn't have been too sad as there were questions afterwards on dry eyes. Rose will be back again on April 19th. In the meantime, there will be a talk on Wednesday 22 February on energy measures. This is part of a UCC / EU initiative. If you miss it, other ARAs in the locality will be having it too. Those present, may give their name and they will call to your house and carry out an assessment and suggest cost effective solutions, and free of charge.

We will have a talk on the developing scheme, Age Friendly homes, which aims to facilitate our loved ones staying in their own homes for as long as possible. This talk will be in the Heritage room, Kilmurry Museum at 2pm on the 8th of March. We will also have a talk some evening in March on herbal remedies. We will taste some of those remedies too. We will be doing ceramic art on either Monday or Tuesday evenings starting April, and we will have gardening and cookery demonstrations and beauty therapy and more besides, all this Spring term.

Aqua aerobics are back Wednesday mornings in Macroom 10am, and the bowls are back on Monday mornings in Coachford 10.30am.

Staying Fit for the Future courses given by Cork Sports Partnership have re-started in Kilmurry at 7pm and in Crookstown at 5pm and again at 6pm. However, you can still contact me about how you may join the remainder of these sessions. If you have not done this course before it is well worth trying out. The remaining sessions will cost you €6 a session but this facility to join late will end



2nd talk of 2023 series in Kilmurry Heritage room Sunday Feb 26th at 7pm on Old Cork through a lens by Author of Cork Burning Michael Lenihan

shortly.

If you would like to join us, our association is open to all, and now is a great time to join. You will get a full year for your membership fee of just twenty euro. Our philosophy is that age makes no difference, but health does. We try to do what we can to keep healthy and challenged in body and in mind, and together that is easier. You will be kept as busy as you choose to be and positively engaged in the community, and we think you will enjoy it. For more information contact Aidan at 0894057676 or aidanpbarry@outlook.com.

COACHFORD

30 YEARS IN BUSINESS

Congratulations to Kathleen's Shop in Coachford who is celebrating 30 years in business. Kathleen Crowley first took over the shop in February 1993 and has been trading successfully ever since. 'Kathleens' holds a special place in every child's heart who has grown up or visited the village over the years as her bags of penny sweets are the most important part of any trip to the village. Hundreds or even thousands of children have walked in the door of Kathleen's over the years and stood gazing at the magical selection of colourful delicious goodies laid out before them. Some of the children know exactly what they want while others could take ages deciding but Kathleen never minds and always has a friendly smile and loads of time for every child. In the era of Supermarkets and even online deliveries, Kathleen's is unique in that it is very much a traditional local shop embedded in the heart of the village and in the community with hundreds of loyal customers. There isn't much that can't be got in Kathleens and if she doesn't have it you probably didn't need it in the first place! Kathleen has seen many changes over the years and has weathered the storms of pandemics, recessions and changing buying habits of her customers and she is still here trading and playing a vital role in our community, long may Kathleen's



Kathleen's Shop in Coachford who is celebrating 30 years in business

Shop be a part of it.

COACHFORD GARDA STATION

As our village continues to expand, the retention of essential services are more important than ever. One of these essential services is a modern and fully functional Garda Station. It has been over 60 years since any significant improvements have taken place at Coachford Garda Station and although planning permission was granted for improvements and modernisation of the building last year and work was to begin in June 2022, nothing has happened. The Office of Public Works, who are responsible for carrying out the works, has continued to drag its feet and refuses to embark on these necessary works in Coachford. As the village grows and the community expands it is essential that we maintain a proper Garda presence and that

the Garda station is accessible to the public and that proper facilities are available to those who visit and work there

FUNDS TO HELP STOP FLOODING

Cork County Council announced last week that €60,000 has been allocated under the 2023 Climate Change Adaptation and Resilience Works to address some of the flooding issues that continue to affect Coachford village. €30,000 will go towards trying to sort the major flooding issues by the GAA pitch while another €30,000 will be spent on addressing the flooding issues in the village centre. Community Council chairperson, Maighread Ní Buachalla welcomed the funding saying "unfortunately flooding is an ongoing issue in Coachford and while improvements have been made over the years the village and its residents and businesses remain at risk of being flooded when there is prolonged heavy rainfall. The recent issues near the GAA pitch has meant people are unable to walk to the village along this stretch as the footpath has been submerged and the road and footpath remain in an appalling state with the last month as a result of the flooding. We welcome the funding for the council to carry out these essential works and would ask them to work as quickly as possible in making sure the works are implemented."



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EU POSITION IN NORWEGIAN FISHING TALKS HARDENING IN IRELAND'S FAVOUR - MEP KELLEHER

- NO NORWEGIAN ACCESS TO IRISH WATERS WITHOUT A DIVIDEND TO IRISH FISHERS -

Fianna Fáil MEP, Billy Kelleher has said that, over the past week, he has felt a hardening of the EU position, in favour of Ireland, in the negotiations with Norway over fishing access.

Kelleher, an MEP from Ireland South, was speaking after repeated engagements with Irish fishing organisations over the past number of months.

"In discussions with officials from various Commission Units and MEPs from other Member States such as Denmark, Netherlands, Belgium and Germany, it's clear that there is growing solidarity

with Ireland.

"Furthermore, Norwegian access to Irish waters cannot happen without a corresponding payment to Ireland.

"This is a good position for Ireland to be in, and a testament to the strong position the Irish Government, led by Fisheries Minister, Charlie McConalogue, and Irish fishing organisations have taken since before Christmas.

"The 5th round of negotiations are currently ongoing, and I am urging the Irish Government to

continue to hold firm in their position.

"Irish fishers need a reciprocal payment, including additional quota, if Norwegian boats are to get access to more Blue Whiting in Irish waters. It's that simple: No Norwegian access without a dividend for Irish fishers," concluded Kelleher.



KELLEHER CALLS FOR IMMEDIATE INTERVENTION FROM THE EU TO REDUCE FERTILISER COSTS TO AVOID FURTHER FOOD INFLATION

INVESTIGATION NEEDED INTO POSSIBLE PRICE MANIPULATION BY SOME FERTILISER MANUFACTURERS AND IN WHOLESALE SUPPLY CHAIN

Ireland South MEP, Billy Kelleher has said that while an EU long term fertiliser strategy is needed; immediate intervention is needed in 2023 to avert a food security crisis and further food inflation for families.

Speaking in the European Parliament, Kelleher, a Fianna Fáil MEP, urged the EU Commission to address the excessively high input costs farmers are facing as they begin the 2023 planting season.

"Ultimately, many farmers are unable to purchase fertiliser at these excessively high prices. Nitrogen,

phosphorus and potash prices are unsustainably expensive.

"Farmers who don't have the cash or the ability to secure credit to buy fertiliser will see reduced yields. At the end of the day, this ends up with higher food prices for consumers adding fuel to the fire to the inflation woes already facing the European Union.

"The EU has plenty of long-term plans - the Farm to Fork, Biodiversity, Sustainable Pesticides strategies, for example, but no short-term plan to support farmers reduce their input costs.

"Time is running out if we are to avoid food prices continuing to rise based on high input costs.

"Additionally, I have requested the Commission to investigate the possibility of price gouging and manipulation by some fertiliser manufacturers and in the wholesale supply chain. We need fair practices in the EU Single Market and if improper activities are unearthed, the Commission and Member States must act," concluded Kelleher.

Blackwater Motors

Cork, Fermoy & Skibbereen



Blackwater Motors Group

Provide 231 Volkswagen Crafter Van To Cork Penny Dinners

Dealership Continues Supports One Of Cork's Oldest Charity, Cork Penny Dinners

Blackwater Motors Group has provided the use of a Volkswagen Crafter to one of Cork's oldest charities, Cork Penny Dinners.

The donation of the van follows a successful food drive that Blackwater Motors Group ran in the run up to Christmas through their various locations throughout Cork.



The handover of the van took place in the Blackwater Motors Volkswagen Van Centre, the newest dealership from the Blackwater Motors Group, located on the Sarsfield Road, Wilton.

Attending the handover was Catriona Twomey and Tomas Kalinauskas from Cork Penny Dinners, representatives of the Blackwater Motors Team and Cork Hurlers and Blackwater Motors Brand Ambassadors, Patrick Horgan and Shane Kingston

Speaking about the relationship between Blackwater Motors & Audi Cork, their Group Fleet Manager, David McSweeney & a long-term volunteer with Cork Penny Dinners, said, "As a group, we can see the valued work carried out by Cork Penny Dinners, so we are happy that we are able to contribute to their efforts, by providing the Crafter, which will be used by the organisation in helping transport food items and other donations."

For anyone that requires more information about the Penny Dinners contact davidmcsweeney@blackwatermotors.ie

Catriona Twomey and Tomas Kalinauskas from Cork Penny Dinners collect the keys of a 231 Crafter from Blackwater Motors Van Centre. Pictured from left to right : Christopher Kelly, Blackwater Motor, Sales Executive, Our Brand Ambassadors & Cork Hurlers, Shane Kingston and Patrick Horgan, Bradford O'Donoghue, Sales Manager of Blackwater Motors Van Centre, Catriona Twomey, Cork Penny Dinners, David Mc Sweeney, Blackwater Motors & Audi Cork, Group Fleet Manager, Tomas Kalinauskas, Cork Penny Dinners, Cian O'Callaghan, Blackwater Motors, Sales Executive.

O'Mahony Walsh



Thinking of Selling... Think O'Mahony Walsh

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PRICE: €365,000



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This wonderful property must be seen to be appreciated. **PRICE: €340,000**



Bridget Goulding, Kilmurry Historical & Archaeological Association

Since my recent publication, *Fallen Leaves*, I am regularly asked what the book is about. However, when I say, it is based on my genealogy research, I am met with quizzical expressions. Perhaps it sounds too like geology and, therefore, I can hardly blame anyone for wondering why I have written a book about rocks and stones!

Yes, the term genealogy is relatively recent in Ireland, although Americans have been interested in it for a very long time. It is a subject about which many of our grandparents, their parents and all the generations before them were experts. In fact, when I was a child, genealogy was regularly discussed around the fire at night with relatives and friends. It wasn't called genealogy then but 'tracing' relatives. Our forebears didn't have the luxury of computers, smart phones, websites and databases but many had an incredible knowledge about the people that went before them and some knew as much about the ancestors of their neighbours as well.

Simply put, genealogy is one's family tree – 'the study and tracing of one's line of descent' – our ancestors. Indeed the Irish were well ahead of most of the world in having a hereditary surname and had devised a very simple method of explaining an individual's family line. For instance, the late John B. Keane wrote about the matchmaker, Dan Paddy Andy O'Sullivan, which most probably refers to three generations: Dan's father was Paddy and Paddy's father was Andy. The family belonged to the Gaelic clan of O Súilleabháin.

The tracing of ancestors has become a hugely popular pastime in recent years, with any amount of information online and specialist websites, usually subscription. It is now also a recognised university course. Recently, I availed of a free online UCC weekend course which was wonderful and I was just one of over 100 participants from across the world. Like many of you, I have never been inside the door of a university but have been able to access and explore countless records and historical information through a number of good websites and in order to understand much of what I wanted to write about, every topic was available in books or online. Be warned though, once you become interested in tracing your family line, it can become quite addictive. As each generation is revealed, you will automatically want to go back to the generation before and the generation before that, as far back as records will take you, generally in Ireland about 200 years.

Most of us remember at least one of our grandparents. When my sister and I were very young, our grandmother came to live with us when she became too feeble to live alone. Remember the expression 'you can't put an old head on young shoulders?' Perhaps most of us will admit to being guilty of this in our youth, I know I most certainly was and how much I now regret not having an interest in my grandmother's life when she was here to tell us about it. However, even having a vague knowledge that she was a member of Cumann na mBan in her youth was sufficient to make contact with the Department of Defence. I previously wrote an excerpt from my book in the Lee Valley Outlook about her connection to the Kilmichael Ambush. By submitting evidence that I was a descendant of Ellen Cahalane (birth

and marriage records linking her to me), I was astounded to receive a folder of documents relating to my grandmother's application(s) for a military pension which revealed various duties she carried out as a member of the Aultagh Branch of Cumann na mBan of the 3rd West Cork Brigade. Through this information, I subsequently discovered that her three youngest brothers joined the Volunteers. Seven older siblings were resident in Massachusetts while the younger were rebels back home in Dunmanway. If you are interested in finding out about the people from whom you are descended, my first piece of advice is, go ask your parents and grandparents - if you're lucky enough you may even still have a living great grandparent.

When I first became interested in genealogy, I never envisaged writing a book based on my findings. My grandmother was just one of a number of individuals whom I found myself dwelling on and the times they lived in, the many obstacles they encountered and the events which shaped their lives. Having a great love of history and an understanding of how history shapes our lives now, it seemed only natural to begin thinking of my ancestors in the specific circumstances and events in which they found themselves. However, what was totally unexpected as a result of revealing all these names and dates in my family tree was the overwhelming love and understanding I began to feel for these people I had never known, something which I still feel deeply. It is as if there is this invisible umbilical cord which links me to dead ancestors. Neither is it unusual for me to find myself consulting with and talking to them too! In delving deeper into my ancestry, stories began to emerge which just begged to be told. For instance, one of my grandfathers had a particularly tragic young life and found himself 'sentenced' to an industrial school for five years. Yet my late mother never once mentioned this astonishing fact about her father and to this day I wonder if she even knew. If she did, such was the stigma around his childhood history that it was never mentioned. A man misunderstood and traumatised by events of which he was entirely innocent, the uncovering of Danny Healy's story and other ancestors has been life changing. Writing about these pivotal people in my ancestry has greatly helped me to understand and love the people from whom I'm descended.

Finding a famous ancestor is something we would all love to discover and, no, I didn't find that movie star or inventor. However, I did discover a great-granddaughter, Kate, who was born in Dunmanway in 1850 but went on to own a hotel in Cork City in the late 1800s, which was very unusual for a woman at that time; a distinctive building I had always admired but never knew we had a connection to. The newspaper archives have been invaluable in discovering so much of this information. Kate's grandson, whom I met but once, served two terms as Lord Mayor of Cork and was a well liked and respected politician whose involvement in the arts and culture of the city is well attested. No, not famous, but far more importantly, someone whom I've become very proud of for his contributions to his native city. Sustaining a disability in childhood, yet, despite this, he worked tirelessly for the disadvantaged and handicapped of Cork. It is this family line which I am led to believe stretches

back to the 1500s and to a particularly impressive West Cork tower house (castle). 'High notions like the goats in Kerry'; I can hear my late mother mutter! Perhaps the most puzzling discovery was of two granduncles



Nora Cahalane White and children

that left the beautiful countryside of Kilmurry to work in the mines in Butte, Montana. Together with their first-cousin and a friend, I still cannot fathom how they departed 'The Flourishing States' to work in one of the most dangerous occupations in the world, thousands of feet underground in a maze of dark tunnels, inhaling toxic fumes and particles, falling rocks and horrendous working conditions. For one of these adventurous young men, it ended in calamity.

Strangely, we actually know more than we realise. Snippets of conversations or remarks from decades ago, come back to you and when you start piecing it together, armed with the actual names, addresses and significant dates you've uncovered, everything can just slot into place. Even if your parents are deceased, there may be a relative or elderly neighbour still alive who may know more than you realise. Just ask. Generally, you can expect to find Catholic Church records from the 1820s and, in some instances, even the late 1700s. Civil records began in 1864. Joining an ancestry DNA database has been instrumental in matching with several close relatives in the United States, the UK and Switzerland –some of whom we still have to figure out just how we're related. Now, too, I can name most of the people in my grandmother's folder of old photographs from over a century ago. I cannot recommend tracing your ancestors enough. More than a list of names and dates, it is the stories of their lives that will impart a deep understanding of your roots and the people who's DNA you share. From these people you inherited your looks, eye and hair colour, traits, skills and interests. Quite literally, they are of you and you of them. What's more, my experience on this journey is an unwavering belief that long dead ancestors want to be found. In order for their stories to be told, it was often uncanny how information came to hand and like a jigsaw, pieces just slotted together. For ten years, or more, I've kept company more with the dead than the living but it has been a privilege to do so.

There is another bonus in embarking on this quest and that is discovering living relatives for the first time and in some cases finding an instant bond and an ease of rapport as if we have known each other always. One of whom, Drew, a 2nd cousin, became crucial to getting *Fallen Leaves* over the line. Two others have written several history books between them. Bloodlines are extraordinary: an invisible thread reaching to earliest mankind and right up to the present because of our shared DNA. DNA is an entirely other story which I may tell you about soon!

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Mixing it with “The Lilywhites” - Newbridge or Nowhere By PO’C



Mural at entrance to St Conleth Park.



The large crowd entering the grounds.



The Cork team and Mentors get ready for the game

For me there was something special about football games between Cork and Kildare, perhaps it was their all white jerseys or their popular name “The Lilywhites”. Apparently one of their first contests was in 1928 when Kildare had a decisive victory 3-7 to 0-2 in the All Ireland Senior Football Semi Final played at the Cork Athletic Grounds. I can recall the first time I heard Miceál O’Hehir and his famous commentaries on the radio in the month of August 1956 of the Cork v Kildare game in the All Ireland Semi Final. With my brother Tom, we walked the two miles of roadway to the Lucey family Curraleigh to hear the story of that great encounter.

Jerry Lucey and some neighbours including Con Walsh had been out Road Bowling on the un-tarred road and I can recall them entering the kitchen and placing the Bowl in a special corner for safe keeping. Mick Gould, from nearby Macroom, played an outstanding game at wing back and in the second half he moved upfield with the ball. Miceál duly commented “Mick Gould has the ball, he takes a long kick but it goes over the line and wide”, Cork won the game on the scoreline of 0-9 to 0-5 but were unlucky to lose to Galway in the Final by 2-13 to 3-7.

The “terrible twins” Sean Purcell and Frank Stockwell starred for the Tribesmen while Toots Kelleher scored two goals and Johnny Creedon, who had strong Clondrohid connections, scored the third.

In 1965 Kildare had a 2-11 to 1-7 victory over a strong Cork side in the All Ireland U21 Football Final. Former Kildare natives Larry Tomkins and Shay Fahy played a leading role in helping the Rebels secure the Sam Maguire in 1989 and 1990.

Shay was coach to the Clondrohid football team that won the Muskerry Junior Football Title in 1995. At the height of his career with Cork Larry was a frequent visitor to Clondrohid attending Summer Camps and presenting medals to our underage teams.

The most recent contest with the Lilywhites was at Newbridge on Sunday February 5th. It was a clear fresh Spring morning as I set out from Ovens on the 224 Kms. trip to St Conleth Park. After five minutes I was on the South Ring motorway and got safely through the Jack Lynch Tunnel and the intricate Dunkettle Interchange. Travelling on the motorway I bypassed Fermoy, Watergrasshill, Rathcormack, Mitchelstown, Kilbehenny, Skeheenarinky, Cahir, Cashel, Horse and Jockey, Urlingford, Durrow, Portlaoise, the Curragh Racecourse before I finally turned off for Newbridge and safely parked up on Main Street in ample time for the game.

I had left The Rebel County and passed through Limerick, Tipperary, Kilkenny and Laois encountering two Toll Bridges, the Golden Vale, The Galtees, The Knockmealdowns and much more beautiful scenery. I also saw many Cork registered vehicles on the roadway as far as the Thurles area but on Main Street Newbridge the famous Red and White colours were conspicuous by their absence. As I entered St Conleth Park I was greeted with a large mural reading “Newbridge or Nowhere” (no doubt a reminder of the famous victory of the Lilywhites over Mayo to reach the All Ireland Semi Final in 2018). I quietly slipped into the unseated area of the Stand and positioned myself with the support of the crush barrier. (The seated area had been long since filled to capacity). I gently exchanged greetings to the surrounding hoards

of Kildare supporters - It was no day for making enemies!!

The Rebels were first on the pitch and after a short while the Lilywhites emerged to a rousing reception. Conditions were perfect as referee Jerome Henry from the Castlebar Mitchell’s club in Co Mayo threw in the ball. The Cork side played with great intensity and by half time led by 1-8 to 0-2. The second half had a similar pattern and we had a resounding victory 2-14 to 0-7.

The Cork lads and their few loyal supporters were delighted, none more so than the grandparents of mid-fielder Colm O’Callaghan namely John O’Sullivan and Donal O’Callaghan. Both travel to all his games, John from the Barony of Duhallow where he enjoyed his playing days and also gave many great displays in Gaelic Park New York. I well remember a strong sturdy good humoured Donal O’Callaghan coming to Clondrohid creamery in the 1970’s with his blue Hyno truck from Brown & Gilmer Merchants Cork delivering ingredients for the manufacture of the “White Deer” feedstuffs some fifty years ago.

The journey home was very pleasant as I tuned into the various match reports on the radio. I made a few phone calls to review the game with some long time Cork supporters including Donal Holland and Jerry Barrett. Donal is a near neighbour and played many great games for his beloved Castletownbere. Jerry is another Duhallow native and is still an avid Rebels fan although residing in Mullinahone Co Tipperary for many years.

It was a great day for Cork football and here’s wishing more bright days ahead. Rebels Abú.

FEBRUARY 20TH 2023

ALLIANZ NATIONAL FOOTBALL LEAGUE DIV 2

Jan 29 Sun Cork 0-19 Meath 3-14

Feb 5 Sun Kildare 0-7 Cork 2-14

Feb 19 Sun Cork 2-10 Dublin 0-18

Feb 26 Sun Cork v Limerick, 3.45pm

Mar 4 Sat Clare v Cork

Mar 19 Sun Louth v Cork

Mar 26 Sun Cork v Derry

CORK 2 – 10 DUBLIN 0 – 18

Cork and Dublin footballers served up a very entertaining game in the Allianz Div 2 at Páirc Uí Chaoimh, the result leaving Cork with only one win after three rounds, and having lost their two home games. Cork could have won this game, did not

really deserve to lose it, and the Cork supporters applauded the team off the field at the finish, an unusual tribute for Cork footballers and well deserved. Cork manager John Cleary appears to be assembling a settled panel and more displays like this one, which followed the victory over Kildare, will work wonders for confidence levels. Cork could win their next three games which would have them in a nice position for the last game against Derry.

Cork were a point in arrears at half time and should have been in front but had shot seven wides and had messed up some glorious goal chances which they had created. Brian Hurley and Chris Óg Jones were very prominent in attack and after an exciting

opening quarter, Cork went in front temporarily from a Sherlock free and their goal in the 21st minute from Eoghan McSweeney was well taken and well deserved, 1-4 to 0-4. Dublin kept tipping away however and led at half time by 0-10 to 1-6. In the second half Dublin appeared to be in control, Cork lost Ian Maguire to a second yellow card (a nonsensical decision by the referee) and were still four adrift when Dublin too lost a man to an equally unjustified 2nd yellow. Cork put in a great last quarter and scored a superb goal, Mattie Taylor belting the ball to the net after a perfect Rory Deane pass. The sides were level on 54 and the result could have gone either way but Cork did miss two 45s and a glorious opportunity of a



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point from play. Dublin got their noses back in front and stayed there until the referee called time in the 78th minute, seconds after Brian Hurley had unleashed a powerful shot which was kept out by the woodwork.

Scorers for Cork: B Hurley 0-8 (0-3 f, 0-1 m); E McSweeney 1-1, M Taylor 1-0, S Sherlock 0-1 f.

Cork: MA Martin (Nemo Rangers); M Shanley (Clonakilty), D O'Mahony (Knocknagree), T Walsh (Kanturk); Luke Fahy (Ballincollig), R Maguire (Castlehaven), M Taylor (Mallow); Colm O'Callaghan (Éire Óg), I Maguire (St Finbarr's); E McSweeney (Knocknagree), S Powter (Douglas), B O'Driscoll (Tadhg MacCarthaighs); B Hurley (Castlehaven), captain, Chris Óg Jones (Iveleary), S Sherlock (St Finbarr's).

Subs: R Deane (Bantry Blues) for Sherlock 43, C Corbett (Clyda Rovers) for Jones 55, J O'Rourke (Carbery Rangers) for McSweeney 61, K O'Hanlon (Kilshannig) for Powter 62, F Herlihy (Dohenys) for O'Driscoll 70.

ALLIANZ NATIONAL HURLING LEAGUE DIV 1 A

Feb 4 Sat Cork 2-17 Limerick 0-22

Feb 12 Sun Galway 3-22 Cork 4-24

Feb 26 Sun Cork v Westmeath, 1.45pm

Mar 12 Sun Cork v Wexford

Mar 19 Sun Clare v Cork

ALLIANZ HURLING LEAGUE - ROUND 2

GALWAY 3-22 CORK 4-24

Cork hurlers made it two wins from two in the Allianz League Division 1 Group A, defeating Galway at Salthill. Cork won more convincingly than the final scoreline indicates as Galway had two injury time goals, a worry this for the Cork management.

The teams were level at half time at 1-13 each, but on the restart Blarney's Shane Barrett set up Seán Twomey for a goal, Galway lost a defender to a second yellow card and within a minute acting Cork captain Conor Lehane, filling in for the injured Seán O'Donoghue of Inniscarra, had his second goal of the day with a well directed low drive to the Galway net, Shane Kingston, Barrett and Lehane added points, Cork led by 3-16 to 1-15 after eight minutes of the second half, 3-20 to 1-16 on 44, and were on the highroad to victory. The game drifted on after this and any lingering hope of a Galway revival seemingly ended with Seán Twomey's second goal in the 66th minute which left Cork 4-22 to 1-21 ahead, a ten point lead.

This is hurling however and the game is never over

until the final whistle sounds! In injury time Galway had a goal followed by a point, quickly followed by another goal to cut the deficit to four points. Big Declan Dalton, voted Man Of the Match, had a vital point for Cork to break the Galway momentum but then, consternation as Galway were awarded a penalty and Cork lost a defender. To the relief of the Rebel camp, Patrick Collins made a fine save from Kevin Cooney's penalty and that was the last chance for Galway to save the day.

The Cork management is giving all members of the panel game time, newcomers are essential for championship success later and hopefully some of the emerging talent will be able to step up and hold their own against the likes of Limerick and Tipperary when the going gets really tough.

Muskerry involvement: Shane Barrett and Pádraig Power, both Blarney.

Cork: C Lehane 2-3, D Dalton 0-8 (0-2 f), S Twomey 2-0, S Kingston 0-6 (0-4 f), S Barrett 0-4, C Beausang, C Cahalane, B Hayes 0-1 each.

Cork: Patrick Collins; Conor O'Callaghan, Eoin Downey, Eoin Roche; Tommy O'Connell, Ciarán Joyce, Cormac O'Brien; Brian Roche, Sam Quirke; Declan Dalton, Conor Lehane, Seán Twomey; Cormac Beausang, Shane Barrett (Blarney), Shane Kingston.

Subs: Luke Meade for Quirke (39), Brian Hayes for Beausang (47), Conor Cahalane for S Barrett (56), Pádraig Power (Blarney) for Kingston (59), Colin Walsh for B Roche (69).

LGFA LIDL NATIONAL LEAGUE - DIV ONE

Jan 22 Mayo 0-12 Cork 2-11

Jan 29 Waterford 2-9 Cork 2-9

Feb 5 Cork 3-15 Dublin 4-13

Feb 19 Galway 1-15 (18) Cork 4-4 (16)

Feb 26 Cork v Donegal

Mar 19 Cork v Kerry

Mar 26 Cork v Meath

GALWAY 1 - 15 (18) CORK 4 - 4 (16)

This defeat means that Cork will most likely not make the league play-off stage. A pulsating match was dominated by the swirling Salthill wind and rain and ended in a welter of excitement as Galway survived a late Cork rally to retain their unbeaten home run in the Lidl Ladies National Football League at Pearse Stadium in Salthill.

Galway led by 0-5 to 0-1 after 18 minutes but the game changed utterly between the 25th and 28th minutes when Abbie O'Mahony and Orlaith Cahalane (two) both netted in quick succession to

leave the visitors ahead by 3-2 to 0-5 at the interval. Galway made a flying start to the second half with three quick points but then Cork's Katie Quirke was fouled in the square on 38 minutes and Emma Cleary tucked away the resultant penalty.

From there on in it was all Galway who outscored Cork by 1-7 to 0-2 in the final 27 minutes. They went ahead in the 50th minute, led by four points in the closing stages, but Cork almost snatched a dramatic victory when Eimear Kiely hit the crossbar in the dying seconds.

Scorers for Cork: O Cahalane 2-0, A O'Mahony 1-1, E Cleary 1-0 (1-0 pen), K Quirke 0-3 (3f).

Cork: M O'Sullivan; S Kelly, S Leahy, D Kinry; L O'Mahony, R Phelan, M Duggan; C O'Sullivan, Erika O'Shea (Macroom); Emma Cleary (Éire Óg), Orlaith Cahalane (Éire Óg), A O'Mahony; K Quirke, E Kiely, R Leahy. Subs: A Ring for Cahalane (ht), M O'Callaghan for O'Mahony (39), K Redmond for C O'Sullivan (48), E Meaney for Kelly (43), A Ryan for O'Mahony (43).

CAMOGIE - VERY IRELAND NATIONAL LEAGUE DIVISION 1A

Feb 18 Sat Cork 3-17 Dublin 0-5

Feb 25 Sat Cork v Clare

Mar 4 Sat Tipperary v Cork

Mar 18 Sat Kilkenny v Cork

Mar 26 Sun Cork v Galway

CORK 3-17 DUBLIN 0-5

Cork had a comfortable win at home over Dublin in the opening round of the Very Ireland National League Division 1A tie in MTU.

Cork with ten of their championship team of last year in action weren't really tested throughout and were full value for their win, leading at half time 2-11 to 0-1. New comer Aoife Healy from Aghada made her debut at right half-back. Orla Cronin, Ashling Thompson and Olivia McAllen remain injured.

Cork's second round is a home venue to Clare.

Scorers for Cork: A O'Connor 1-7 (0-3f), A Smith 1-1, K Mackey 0-1, L Hayes, S McCartan 0-2 each, F Keating, O Cahalane, C Healy, H Looney, E Murphy 0-1 each.

Cork: A Lee; A Egan, L Coppinger, M Cahalane; Aoife Healy, P Mackey, L Hayes; S McCarthy, C Sigerson; C Healy, F Keating, S McCartan; K Mackey, A O'Connor, O Cahalane. Subs: I O'Regan for K Mackey (inj 22), E Murphy and H Looney (h-t, M Murphy for A Egan 40, K Wall 44, C Finn 48.

Sigerson Cup – Interschool Gaelic Football Championship

University College Cork 1-16 University of Limerick 0-16 (AET) The Sigerson Cup final at a wild and wet Waterford ended in a memorable victory for UCC, managed by legendary Billy Morgan of Cork and Nemo Rangers fame. It was a great occasion for the Éire Óg club which provided the UCC captain Jack Murphy and goalkeeper Dylan Foley as well as another panellist Hugh Murphy and for Kilmurry GAA whose Liam Wall made an excellent contribution to the victory in the torrid last half hour.

The final required extra time to get a winner after a game of ebb and flow in fortunes and which looked to have drifted away from the College at the three quarter stage. UCC who led by 1-5 to 0-6 had lost a later five point advantage as they played

against the gale and lashing rain and fell 0-13 to 1-8 behind by the 46th minute, Limerick kicking seven points without reply in as many minutes. It looked likely now that Limerick would go on to victory but the UCC side staged an incredible comeback in the trying conditions after steadying the ship. After a further scoreless six minutes UCC got a point from a free, Mark Cronin levelled matters and Cathail O'Mahony put UCC back in front on 57 only for UL to draw level and when UCC sub Michael O'Gara kicked a point in the 63rd minute, Millstreet's Darragh Cashman, had another point for UL to send the game into extra time.

UCC dominated the extra time period, outscoring UL by 0-3 to 0-1 in the first half and added another point in the second while keeping their opponents



Sigerson Cup 2023 - UCC captain Jack Murphy with Sigerson Cup (Interschool Gaelic Football) championship trophy, Dylan Foley and Hugh Murphy (brother), all Éire Óg stalwarts!



scoreless.

UCC had lost to UL in their opening round, then survived two penalty shootouts to reach the final and this was their third win in extra-time in the competition.

Scorers for UCC: D Geaney 1-4 (0-3 f); M Cronin 0-5 (0-3 f); C O'Mahony, F Herlihy 0-2 each; K Falvey, S O'Connor, M O'Gara 0-1 each.

FITZGIBBON CUP – INTERVARSITY HURLING UNIVERSITY OF GALWAY 1-24 UNIVERSITY COLLEGE, CORK 2-18 AET

UCC hurlers went down to the Galway students in the semi final after an epic encounter at Doora Barefield in Clare. Shane Barrett and Pádraig Power, both of Blarney, lined out with UCC as well as Conor McGoldrick of Éire Óg.

University College Cork (Cork unless stated): B Saunderson (Middleton); J Boylan (Na Piarasigh, Limerick), N O'Leary (Castlelyons), E Roche (Bride Rovers); L Elliot (Sarsfields), C O'Brien (Newtownshandrum), G Millerick (Fr O'Neills); D Flynn (Ballygiblin), S Daly (Randal Óg); D Hogan (Sarsfields), C Cahalane (St Finbarr's), E Carey (Kilworth); B Hayes (St Finbarr's), Shane Barrett (Blarney), R Cotter (Blackrock). Subs: Pádraig Power (Blarney) h-t, E Twomey (St. Finbarr's) 38, C McCarthy (Sarsfields) 54, Conor McGoldrick (Éire Óg) 58, Daire Connery (Na Piarasigh) in ET, R Fox (Ahane, Limerick) 75, C McCarthy (Sarsfields) 79.

2023 CORK COUNTY LEAGUES

Football: In the Cork Credit Unions county football leagues there are seven divisions, 10 teams in each of divisions 1 to 6, 8 teams in 7 and in 8. Promotion and relegation applies in every division.

The leagues commence on February 25th/26th next and continue until June.

Division One: Éire Óg v Cill na Martra, Ballincollig v Nemo Rangers, Castlehaven v Carbery Rangers, Kiskeam v Douglas, St Finbarrs v Valley Rovers.

Division Two: Béal Átha'n Ghaorthaidh v Clyda, Carrigaline v Clonakilty, Kanturk v Aghada, O'Donovan Rossa v Fermoy, St Michaels v Newcestown.

Division Three: Rockchapel v Macroom, Nemo v Castletownbere, Bishopstown v Ilen Rovers, Glanworth v Mallow, Knocknagree v Dohenys.

Division Four: Aghabullogue v Naomh Abán,

University College Cork (Cork unless stated): Dylan Foley (Éire Óg); B Murphy (Nemo Rangers), D O'Mahony (Knocknagree), D Burke (Na Gaeil, Kerry); M Shanley (Clonakilty), S Merritt (Mallow), B Curtin (Kilshannig); R Murphy (Listry, Kerry), B Hartnett (Douglas); Jack Murphy (Éire Óg), F Herlihy (Dohenys), K Falvey (Annascaul, Kerry); D Geaney (Dingle, Kerry), M Cronin (Nemo Rangers),

Kilshannig v Iveleary, Bantry Blues v Newmarket, Mitchelstown v Na Piarasigh, St Vincents v Bandon. Division Five: Ballinora v Mayfield, Adrigole v Boherbue, Ballydesmond v Glenville, Dromtariffe v Glanmire, Kinsale v Millstreet.

Division Six: Gabriel Rangers v Kilmurry, St Finbarrs v Cobh, St Nicks v Buttevant, Urhan v Kildorrery.

Division Seven: Aghinagh v Ballinhassig, Castlemagner v St Michaels, Cullen v Argideen, St James v Ballycough.

Fixtures:

Friday Feb 24th: Div 1: Nemo v Ballincollig at Nemo 7.45pm Sunday Feb 26th: Div 1: Éire Óg v Cill na Martra 11.30am: Div 2: Béal Átha'n Ghaorthaidh v Clyda, 11 am: Div 3: Rockchapel v Macroom 11.30am: Div 4: Aghabullogue v Naomh Aban 11.30am: Div 4: Kilshannig v Iveleary at Donoughmore 11.30am, also 2022 League Final: Div 5: Ballinora v Mayfield, 11.30am

HURLING

In the Red FM county hurling leagues there are seven divisions.

The opening round games are on March 4th/5th. Division One: Blackrock, Carrigtwohill, Douglas, Erins Own, Fr O'Neills, Charleville, Killeagh, Na Piarasigh, Sarsfields, Kanturk.

Division Two: Ballincollig v Glen Rovers, Fermoy v Bride Rovers, Mallow v Courceys, Middleton v Bishopstown, Newtownshandrum v St Finbarrs.

Division Three: Blackrock Int v Inniscarra, Éire Óg v Kilworth, Ballymartle v Carrigaline, Castlelyons v Bandon, Newcestown v Blarney Division Four:

Aghabullogue v Ballyhea, Ballinhassig v Milford, Cloyne v Valley Rovers, Lisgoold v Youghal, St Catherine's v Kildorrery.

Division Five: Cloughduv v Middleton 2, Argideen v Aghada, Ballygiblin v Watergrasshill, Castlemartyr v Dungourney, Russell Rovers v Mayfield.

Division Six: Douglas 2, Meelin, Kilbrittain,

C O'Mahony (Mitchelstown).

Subs: M O'Gara (Austin Stacks) 47; Liam Wall (Kilmurry) 50; S O'Connor (Clonmel Commercial, Tipperary) 60; M Cooper (Dr Crokes, Kerry) 63, S Quilter (Austin Stacks, Kerry) 77; D Peet (Clonakilty) 80.

Na Piarasigh 2, Tracton, Sarsfields 2, Barryroe, Ballygarvan.

Division Seven: Ballinora v St Finbarrs 2, Éirins Own 2 v Nemo, Glen Rovers 2 v Kilshannig, Valley Rovers v Ballinascorthy.

MUSKERRY GAA

2023 Muskerry Cup A Final

Naomh Abán 4-15 Ballincollig 1-8

Muskerry Cup B

Quarter Final: Kilmichael 2-16 Aghinagh 0-6

Semi Finals:

Macroom 2-17 Clondrohid 1-6

Kilmichael 1-13 Grenagh 2-9

MID CORK LEAGUES 2023

FOOTBALL – commencing on 9th March

Division 1 – 8 teams: Inniscarra, Canovee, Ballincollig, Grenagh, Éire Óg, Kilmichael, Clondrohid, Donoughmore Division 2 East – 8 teams: Dripsey, Blarney, Inniscarra 2, Ballincollig 2, Éire Óg 2, Ballinora, Aghabullogue, Donoughmore 2.

Division 2 West – 8 teams: Iveleary, Kilmurry, Cill na Martra, Macroom, Béal Átha'n Ghaorthaidh, Canovee 2, Naomh Abán, Aghinagh 2. (Note: Aghinagh 1 are in County League 7).

Division 3 East -5 teams: Gleann na Laoi, Grenagh 2, Dripsey 2, Ballincollig 3, Inniscarra 3.

Division 3 West – 4 teams: Béal Átha'n Ghaorthaidh 2, Clondrohid 2, Kilmichael 2, Naomh Abán 2.

HURLING – commencing St Patrick's Day weekend Division 1 – 8 teams: Grenagh, Inniscarra, Éire Óg, Blarney, Ballincollig, Kilmichael, Donoughmore, Dripsey.

Division 2 – 8 teams: Cloughduv, Aghabullogue, Uibh Laoire, Inniscarra 2, Blarney 2, Grenagh 2, Eire Óg 2, Ballincollig 2.

Division 3 – 4 team (home and away): Laochra Óg, Gleann na Laoi, Donoughmore 2, Ballinora 2. (Note: Ballinora 1 are in County League 7)

Looking Back to 2013 – Ten Years Ago

Cork senior footballers got their season off to a predictable start with a victory over CIT in the McGrath Cup competition at CIT Stadium in Bishopstown on a score of 1-15 to 0-11. Seán Kiely of Macroom and Liam Shorten of Béal Átha'n Ghaorthaidh were in the Cork lineup.

CORK 1-9 TIPPERARY 2-9

Cork senior footballers, having accounted for CIT suffered their first defeat by Tipperary in competitive football in over 60 years when they went under to the Premier county in the McGrath Cup quarter final at Páirc Uí Rinn. Nollaig O'Laoire of Cill na Martra, Ciarán Sheehan of Éire Óg and Liam Seartan of Béal Átha'n Ghaorthaidh started for Cork, Fintan Goold of Macroom came on as a substitute in the 64th minute and Seán Kiely of Macroom came on as a substitute in the 70th minute.

Tipp subsequently defeated Waterford in the semi

final and lost to Kerry 1-12 to 0-5 in the final Allianz National Football League 2013

Cork footballers opened their defence of their Division One league title against Dublin under lights at Croke Park and were well beaten by the home side. Cork did try out a group of young players – Damian Cahalane of Castlehaven, Tom Clancy of Fermoy and Tom Clancy of Clonakilty, Andrew O'Sullivan of Castletownbere and John O'Rourke Carbery Rangers. Fintan Goold of Macroom was the only Mid Cork player to start for Cork and Ciarán Sheehan of Éire Óg came on as a sub after 50 minutes. Eoin O'Mahony of Macroom and Noel O'Leary of Cill na Martra, David Lordan of Ballincollig were on the official Cork panel for the game.

2013 LADIES FOOTBALL LGFA -TESCO HOMEGROWN NATIONAL LEAGUE

Monaghan 1-12 Cork 0-11

Cork, the All Ireland champions, lost their opening game of the new league to the 2012 League champions Monaghan at Inniskeen. Cork started well and went four points clear in the first quarter with Breige Corkery and Rhona Ni Bhuchalla among the scorers. Monaghan recovered well however and were leading by 1-5 to 0-5 at half time. Five further points for Monaghan on the restart put the home side well clear but Cork rallied and had points from Orla Finn, Oragh Farmer and Valerie Mulcahy but Monaghan were on top and ended with a four point winning margin.

Lisa Crowley St. Vals made her senior inter county debut for Cork and Briega Corkery, Rena Buckley and Rhona Ni Bhuchalla were also in the Cork line out. Cork are at home to Meath in their second game in the league on 9th February.

President Michael D. and Mrs. Sabina Higgins held a reception for Cork Ladies Footballers at Áras



Naomh Abán seaimpíní Mhúscraí 2013.



Group at draw for Tom Creedon Cup 2013 at Macroom Bookshop

an Uachtaráin to honour the Rebelettes' feat in winning seven All Ireland titles in the past eight years.

2013 MUNSTER COLLEGES SENIOR 'A' FOOTBALL- CORN UÍ MHUIRÍ SEMI FINAL

P.S. Chorca Dhuibhne, An Daingean 0 – 13 De la Salle, Macroom 1 - 8

There was a near gale force biting cold wind blowing at Knocknagree for this Corn Uí Mhuiri semi final and when De LaSalle were only two points in arrears at half time (0-6 to 0-4) having faced the elements in the first half there was great hope in the Cork camp that the Mid Cork boys could prevail in the second half. This hope was strengthened when within five minutes of the restart De La Salle had scored three points to go into a 0-7 to 0-6 lead. Two points from frees allowed Dingle to go back in front however and even though DLS had a point to level matters by the 40th minute the momentum was gone from their play and the West Kerry side, the 2012 champions, were taking over around the middle of the field, winning all the breaking ball and running at the DLS defence and drawing the fouls. Dingle went ahead by 0-13 to 0-8 with five points in a row and De La Salle got a short injection of hope when Peter Kelleher punched a late goal but time was almost up and the champions were not going to be caught a second time.

Three points from frees had Dingle ahead after the opening quarter but team captain Sean O'Sullivan had a point for DLS in the 18th minute from play. Three further points for Dingle followed before DLS hit back late in the half with a point from a Patrick Lucey free, one from play from Sean O'Sullivan and another from a Lucey free to give DLS every hope at half time with only two points to make up. Early points on the restart from a Lucey free, James Moynihan and Lucey again, also from a free, had hopes of a second consecutive final appearance really rising but alas it was not to be!

De La Salle, Macroom: Dylan Dinneen (Macroom); Kevin O'Dwyer (Macroom), Dermot O'Callaghan (Aghinagh), Ciarán Noonan (Béal Átha'n Ghaorthaidh); Adam Healy (Kilmurry), Sean Kelleher (Aghinagh), Shane Creedon (Macroom); Peter Kelleher (Kilmichael), Patrick Lucey (Macroom); Shane Foley (Kilmichael), James Moynihan (Canovee), Sean O'Sullivan (Aghabullogue); Pádraig Berhanu (Kilmurry), Barry O'Leary (Iveleary), John Murphy (Macroom). Subs: Daniel Cahalane (Kilmurry), Michael Cronin (Macroom), Aboth used and William Coakley (Aghinagh), Cian Creedon (Clondrohid), Michael John Grainger (Kilmurry), Pádraig Hinchion (Kilmurry), James Berhanu (Kilmurry), Finbar

McSweeney (Iveleary), Chris Foscett (Macroom), Brian McMahon (Macroom), Shane O'Donoghue (Kilmichael), Ciarán O'Donoghue (Kilmichael), Don Creedon (Macroom), Michael Dunne (Canovee), Daniel McSweeney (Clondrohid).

TOM CREEDON CUP 2013 - INTERMEDIATE FOOTBALL FIRST ROUND RESULTS

St. Michaels 6-18 Canovee 0-5
Valley Rovers 3-4 Cill na Martra 2-8
SECOND ROUND
A Glanmire 0-3 CILL na MARTRA 0-8
E Kanturk 1-8 GRENAGH 1-4
F BALLINORA 0-7 Na Piarasigh 1-8
H Mallow scr. MACROOM w/o.

Cill na Martra 2-8 (14) Valley Rovers 3-4 (13)
Cill na Martra intermediate footballers have started their season on a winning note with a significant victory over Valleys Rovers at Brinny in a preliminary round game in the Tom Creedon Cup competition. Cill na Martra finished the 2012 season well as they recovered from a poor season poor spell to have a strong run in the county championship, only failing to Éire Óg at the semi final stage. They then went on to contest the final of the Division Four County League and took that title and promotion to the higher division in great style against Glanworth at Ballincollig in October last. Taking the scalp of a Premier Intermediate team on their home ground will certainly give Cill na Martra a major fillip as the new year commences.

Cill na Martra won this game in dramatic fashion. Valley Rovers led by 3-3 to 0-8 with the game entering the closing stages and a four point lead looked adequate to secure them victory. Maidhchí Dineen then struck for a goal to bring Cill na Martra within a point range of their opponents but Valleys came back with a point to open up a two point gap. In the final minute Cill na Martra struck again, this time Donal Óg Ó Laoire slamming the ball to the Valleys net to give his side, by now down to 14 men, a smashing victory. Cill na Martra: Antóin Ó Conaill: Marc Ó Góilí, Colm Óg Ó Laoire, Tadgh MacSuibhne: Tadgh Ó Duinnín, Alan Ó Mocháin, Seanachán Ó Loinsuigh: Peadar Ó Muineacháin, Cathal MacSuibhne: Martín Ó Concubhair; Caoimhín Ó Suilleabháin, Donal Óg Ó Laoire: Danní Ó Conaill, Shane Ó Duinnín, Maidhchí Ó Duinnín. Fir Ionaid: Graham Ó Mocháin, Daire MacLochlainn, Deaglán Ó Mocháin agus Pádraig de Brún.

ST. MICHAELS 6 - 18 CANOVEE 0 - 5

An understrenght Canovee were no match for last year's beaten Premier Intermediate championship finalists at Blackrock and Michaels easily advanced to the second round and a game with Nemo.

The Canovee line out was: Darren Shine: Donal Cronin, Damien Ahern, Gearóid Lucey: James McCarthy, Andrew Cronin, Donal Murphy: Denis O'Sullivan, Ger Ahern; Brian Ahern, Darragh Ring, John Buckley: Mark Verling, Liam Kelleher, Shane O'Riordan. Subs; Conor Buckley, John O'Brien.

CILL NA MARTRA 0 - 8 GLANMIRE 0 - 3

Cill na Martra followed up their first round victory over Valley Rovers with another away win in the Tom Creedon Cup, this time defeating Glanmire at Riverstown in the second round. Cill na Martra will now meet holders Mayfield in the quarter final. Martin O'Connor was the scoring star of this Cill na Martra victory

Quarter Finals: CILL na MARTRA 1 - 10 Mayfield (holders) 0 - 11: St Michaels 1 - 10 Clyda Rovers 0-7: Kanturk 1-8 Na Piarasigh 1 - 14: Kiskeam 1-9 MACROOM 1-10

MACROOM 1 - 10 KISKEAM 1 - 9

Macroom secured their first victory of the season with a hard fought win over Kiskeam in the quarter final of the Tom Creedon Cup at Macroom. This was a game of two half with Macroom taking full advantage of the strong wind in the first half and Kiskeam doing likewise in the second. Half time score Macroom 1-7. Kiskeam 0-3.

Macroom:- James O'Connell: Peter Lynch, Rory Buckley, Martin O'Donnell: Olan Murphy, John Angland, Ciarán Murphy: Seán Kiely, Eoin O'Mahony: Andrew Hegarty, Stephen Casey, Tony Dineen: Patrick Lucey, David Goold, David Horgan. Subs Used:- Conor O'Sullivan, Pat Kelleher, Denis Quinlan, Colm Casey.

SEMI FINAL

ST MICHAELS 0-14 CILL NA MARTRA 0-7

Cill na Martra were out twice in six days in the Tom Creedon Cup under lights, winning the quarter final against holders Mayfield but going under to a strong and in-form St. Michaels at Cloughduv in the semi final. Cill na Martra were without Nollaig O Laoire and Sean Kelleher and just did not have the overall balance to get the better of Premier Intermediate side St Michaels who will be strong championship contenders this year. Two pointed frees from Martin Connors and a point from Jonathan Lynch had Cill na Martra 0-4 to 0-3 behind at the break and second half points from Martin Connors, Danny O'Connell (2) and Maidhchí Dineen were not enough to give the Mid Cork side victory.

Cill na Martra: Antóin Ó Conaill: Tadgh MacSuibhne, Marc Ó Góilí, Pádraig de Brún: Graham Ó Mocháin, Alan Ó Mocháin, Tadgh Ó Duinnín: Deaglán Ó Mocháin, Peadar Ó Muineacháin: Seanachán Ó Loinsuigh, Cathal MacSuibhne, Martín Ó Concur: Maidhchí Ó Duinnín, Caoimhín Ó Suilleabháin,



Donoughmore U21 footballers 2013

Danní Ó Conaill. Fir Ionaid: Liam Ó Loinsuigh, Nollaig Ó Loinsuigh, Míceál Ó Deasúna.

NA PIARSAIGH 1-9 MACROOM 0-10

Macroom had the benefit of the strong cold wind at the fine Na Piarasaigh complex in Cork's north side but did well to be only a point in arrears at half time after a dismal opening quarter at the end of which the home side led by 0-5 to 0-1. Fintan Goold was the scorer of that sole Macroom point but a few positional changes worked well for Macroom and points from David Goold, Sean Kiely, Patrick Lucey and Tony Dineen had the visitors back in contention after a much improved second quarter display. It was 0-6 to 0-5 in favour of Na Piarasaigh at the break but a great point from Sean Kiely and another from David Horgan gave the Macroom men the lead for the first time within eight minutes of the restart. Points were exchanged, Tony Dineen for Macroom, Na Piarasaigh equalised again at 0-8 each but Patrick Lucey with a fine point put Macroom back in front in the 53rd minute and they were playing confidently enough now to suggest that they could win this game. Two minutes later Na Piarasaigh were back in front when a snap ground shot finished high in the Macroom net and when David Goold had a point to cut the gap to the minimum, Piarasaigh replied with a late point. Macroom: Dylan Dinneen: Martin O'Donnell, Eoin O'Mahony, Peter Lynch: Rory Buckley, Ciarán Murphy, Sean Kiely: Fintan Goold, Tony Dineen: Conor O'Sullivan, Olan Murphy, Andrew Hegarty: David Horgan, David Goold, Patrick Lucey. Subs: Stephen Casey and Michael Cahill.

DUHALLOW U 20 INVITATION TOURNAMENT FINAL

Muskerry 3 - 9 Clonakilty 1 - 13

Muskerry U 20 footballers won the Duhallow Invitation Tournament in their first year competing by defeating Clonakilty in an exciting final at Knocknagree. Muskerry had the ability to open up the Clon defence for goals and this ultimately won the game for the divisional side. Clonakilty started well and finished well, but in between Muskerry did the damage and had enough scores on the board to ensure victory at the finish, even if they had to defend strongly to prevail.

Clonakilty had four points on the board before Cathal Vaughan opened the Muskerry account with a point from a free in the 16th minute. Clon replied with another point but Muskerry were an improving side by now and after Danny O'Connell had a Muskerry point, the sides were level when Peter Kelleher struck for a goal in the 20th minute. Points from Daniel Twomey and Mike O'Shea had Muskerry ahead but Clon hit back before the interval with a string of scores and led at the break

by 0-10 to 1-4.

The strong wind favoured Muskerry in the second half and they quickly got down to reducing the deficit. Cathal Vaughan pointed two Muskerry frees and then in the 38th minute Darragh Ring set up his Canovee clubmate Sean O'Connor for a goal which put Muskerry back in front. Sean O'Connor added a point and Peter Kelleher, now a strong performer at midfield for Muskerry, had another point to leave Muskerry in front by 2-8 to 0-10 at the three quarter stage. Two Clonakilty points reduced the margin between the teams but with ten minutes to go Darragh Ring had a third Muskerry goal to open up a five point lead. Darragh Ring added a quick point and although Muskerry were not to score again and were under intense pressure in the closing stages, they had done enough to win and they held out for a deserved victory. Clonakilty did strike for a late goal and followed up with a point to make for some scary moments but the final whistle brought relief for Muskerry and their first Invitation Tournament victory.

Muskerry: Shane Masters (Kilmichael): Ronan Dennehy (Éire Óg), John O'Donoghue (Béal Átha'n Ghaorthaidh), William Ahern (Canovee): Mike O'Shea (Éire Óg), Daniel O'Riordan (Iveleary), Cian Ó Duinnín (Béal Átha'n Ghaorthaidh): Peter Kelleher (Kilmichael), Sean O'Connor (Canovee): Daniel Twomey (Kilmichael), Cathal Vaughan (Iveleary), Danní Ó Conaill (Cill na Martra): John Corkery (Aghabullogue), Darragh Ring (Canovee), capt. Ben Seartan (Béal Átha'n Ghaorthaidh). Subs: David Horgan (Macroom), Diarmuid Ó Liatháin (Lyons) Naomh Abán.

MUSKERRY CUP JUNIOR 'A' FOOTBALL 2013

The first competition of the year in Muskerry GAA was the Muskerry Cup JF competition.

Quarter finals:

Aghinagh 2 - 9 (15) Ballincollig 1 - 11 (14)

Aghinagh got their season off to a good start with an away win over Ballincollig in the opening game of the Muskerry Cup competition. After a very even first half Aghinagh led at the break by 0-6 to 0-5 but two goals early in the second half, one each from Donal and Jeremiah Corkery, gave the visitors a massive boost and they had enough of a cushion to just withstand a fierce Ballincollig late rally. Míceál Corkery was in fine form from frees for the winners. Aghinagh: Aidan Kelleher: Noel Nunan, Seamus O'Leary, Kevin O'Sullivan: Alan Hourihan, Dave Barry, Darragh McCarthy: Shane Lehane, Michael O'Brien: Trevor Burns, Míceál Corkery, Sean Horgan: William Coakley, Donal Corkery, Jeremiah Corkery. Sub; Paul O'Sullivan.

Kilmurry 3 - 12 Donoughmore 1 - 6

In another Muskerry Cup tie, holders Kilmurry



Kilmurry U21 footballers 2013

were too strong for Donoughmore in the second half after the teams were evenly balanced in the opening period. Denis Sheehan had a first half goal for Kilmurry to help them to a 1-6 to 1-4 interval lead and a second goal from Sheehan in the second half established the winner's superiority. Dave O'Halloran was very accurate from frees for Kilmurry and they were in a winning position even before a late goal from Dave O'Leary, which was the icing on the cake. Kilmurry: Jason McDonnell: Liam Long, Kevin Barrett, William Barrett: Finbarr Crowley, Eoin Barrett, Adam Healy: James White, Pat O'Sullivan: Daniel Buckley, Dave O'Halloran, Jonathan Buckley: Denis Sheehan, Michael Linehan, Dave McCarthy. Subs: Dave O'Leary, James Kelleher, Michael Kelleher, Martin O'Sullivan.

CLONDROHID 1-10 KILMICHAEL 0-9

Helped by a first half goal from Fergal Kelleher Clondrohid had enough fire power to overcome the challenge of Kilmichael at Annahala.

Clondrohid: Sean O'Callaghan: Ray Fallon, Sean Lynch, James Kelleher: Conor O'Leary, Jeremy O'Sullivan, Daniel O'Mahony: Fergal Kelleher (1-0), Trevor O'Brien (0-1): Danny Riordan (0-1), Paddy Lynch (0-3), Mark Creed: James O'Callaghan, Mattie McDonagh (0-4), Aidan Kelleher (0-1). Subs used: David O'Leary, Conor Desmond, Chris Flanagan, Richard Balfe

Kilmichael: Shane Masters: Niall O'Callaghan, John O'Riordan, Denis Foley: Conor Cotter, Finbarr Buckley, Simon Foley: Daragh Foley, Finbarr Dromey; Damian Crowley, Daniel Twomey, Cian Dromey: Dermot O'Riordan, Colm Dromey, Alan Twomey. Subs; Donal Kelly, Shane Foley, Brendan Cotter, Stephen Kelleher, Denis O'Donoghue.

SEMI FINALS

IVELEARY 1 - 11 CLONDROHID 1 - 10

A strong second half revival under lights at Cloughduv helped get Iveleary through to another Muskerry Cup final against old rivals Kilmurry. Clondrohid held a 1-7 to 0-5 lead at half time, the goal from Mathew McDonagh coming midway through the half and Iveleary had it all to do at that stage. A goal from Edward Buckley got Iveleary back on track early in the second half and with David Hourihan and Ger McSweeney in point scoring form they just got enough to get over the line at the finish.

Iveleary: Jamie Cronin: Gerard O'Riordan, Donal Cotter, Alan O'Brien: Barry Murphy, Cal McCarthy, Seanie Lehane: Shane Galvin, Daniel O'Riordan: Patrick O'Riordan, Ger McSweeney, David Hourihan; Brian Cronin, Edward Buckley, David Dineen. Subs: Liam Kearney and Kevin Manning. Clondrohid: Sean O'Callaghan: James Kelleher,



Happy group of Macroom Match Officials in February 2013. l-r: Thade Oldham, Christy Murphy, John Ryan, Dave Murnane, Michael Cahill, Conor Buttimer and Pat O'Connell



Beál Átha'n Ghaorthaidh U21 footballers 2013

Sean Lynch, Ray Fallon: Conor O'Leary, Jeremy O'Sullivan, Daniel O'Mahony: Brendan Kelleher, Trevor O'Brien; Danny O'Riordan, Paddy Lynch, Fergal Kelleher: Conor Desmond, Mathew McDonagh, Aidan Kelleher. Subs: Oliver Kelleher, Chris Flanagan, James O'Callaghan, Darren Dineen. Aghinagh 1-8 Kilmurry 2-6

This semi final at Rusheen was a fine game all through and Aghinagh nearly stole it at the end. Playing against the wind in the first half Aghinagh were only a point in arrears at the break on a 1-3 to 0-5 scoreline. Michael Linehan scored the Kilmurry goal, Jonathan Buckley, Alan O'Sullivan and Eoin

Creedon had the points and Donal Corkery had three points for Aghinagh with William Ambrose and Miceál Corkery chipping in with a point apiece. On the restart Michael Linehan had another goal for Kilmurry but Aghinagh hit back with points from Miceál and Donal Corkery. Kilmurry replied with two points from Alan O'Sullivan and Denis Sheehan to keep four points between the teams but then coming towards the finish, Donal Corkery got through for a goal and when he followed on with a point the teams were level. Jonathan Buckley kicked the winning point for Kilmurry with the last kick of the game!

Kilmurry: Jason McDonnell; Eoin Barrett, Kevin Barrett, William Barrett: Liam Long, David O'Leary, Eoin Creedon: James White, Pat O'Sullivan: David McCarthy, William Buckley, Jonathan Buckley; Denis Sheehan, Michael Linehan, Alan O'Sullivan. Sub: Greg Barrett.

Aghinagh: Ian Twomey, Noel Nunan, Seamus O'Leary, Paudie O'Sullivan, Donagh McCarthy, Dave Barry, Alan Hourihan, Con Lehane, MI O'Brien, Sean Horgan, Michael Corkery, Trevor Burns, Jeremiah Corkery, William Ambrose, Donal Corkery. Subs used: Anthony Kelleher, Matt O'Leary, Paudie Twohig, Tom Carroll and Barry O'Leary.



Macroom U 14 1982



Iveleary - Cork County U21 B Football Champions 2012 celebrate a great year at their Victory Dinner.

Macroom GAA's Memorable 1982

In the previous edition of Lee Valley Outlook the outstanding achievement of Macroom GAA adult teams in completing an historic double in taking the Cork County (Premier) Intermediate Football title and the County A U 21 Football title in 1982 was recalled. The joy for the club that year was completed by the success of the Macroom U14

footballers who won the county title, defeating Inniscarra in the final at Coachford. Macroom had not won the county previously since 1967 and the trainer of that team, Bro Stanislaus Madigan, a De La Salle brother from St Colman's Boys NS, was present on this occasion to cheer on the new generation of Macroom footballers.

The 1982 Macroom U14 team was trained by Frank Twomey, assisted by Seán White with Bro Jerome and Con Hennigan also helping out. This group of players went on to have further success at under age level culminating in the winning of the Country Minor Football Championship in 1986.



Macroom - Cork Co. U 21 Football Champions 1982



Macroom - Cork Co. Intermediate Football Champions 1982

Will Back Pain Resolve Itself?

There is an odd logic that says if you leave a back problem, eventually it should resolve on its own. Yet, once you've had a back problem, the chances of it recurring is much higher.

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says Dr Benjamin Martin of Optimal Chiropractic



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¹https://www.researchgate.net/publication/333793977_Recurrence_of_low_back_pain_is_common_a_prospective_inception_cohort_study

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MACROOM SOCCER CLUB

MUNSTER SENIOR LEAGUE DIV 2, MACROOM 3 MALLOW 1

Mallow were the visitors to Murrayfield last week for the first home league fixture since November and the home side emerged victorious. Macroom took a while to settle into the game, tough pitch conditions made it hard to get into a good rhythm, but a good chance came on 20 minutes. Ben O Connell won a good tackle in midfield and picked out Darren Dineen with a lovely weighted pass. Dineen rounded the advancing keeper but was unlucky to see his effort go just over. The breakthrough then came on the stroke of half time. Dineen turned provider with a ball in from the left and Dylan Twomey dispatched from close range. Macroom led 1-0 at the break.

15 minutes into the second half Macroom doubled the lead. It was the same pair again, Dineen provided an inch perfect cross from the left and Twomey got a deft touch past the keeper, 2-0. Within minutes Mallow had pulled one back and continued to put on pressure but the Macroom rear guard remained resolute and well marshalled by experienced center back Danny Kelleher. There was a scare when a looping header hit the post but keeper Stiofan McSweeney was quick to react preventing a certain goal. The points were secured with 5 minutes on the clock, a poor clearance from a Mallow defender and Twomey was alert to volley his effort to the corner for an excellent hat-trick. Mallow kept the pressure on in the final minutes but again the defence held firm to pick up a valuable 3 points.

MSL DIV 2, MACROOM 0 PEARSE CELTIC 1

Macroom will be bitterly disappointed to come away empty-handed from this one, a contest with few clear chances, a share of the spoils felt like a fair result. Macroom started brightly when an outswinging free was exquisitely delivered by Mark Hunt but no one was alive to force the effort goalwards. It wouldn't be until the 17th minute when the home side would have a real effort, as Lloyd Asling's half-volley from distance fizzed narrowly wide. At the closing stages of the opening quarter, Pearse would have their first opportunity at goal. A powerful strike from an acute angle was well saved by Caleb Dineen who stood tall to palm the effort away. As the half dragged on, the physicality was upped with some huge tackles going in from both sides. This really set the tone for the remainder of what was a real dogged affair. Macroom had the best of the chances before half-time, on 33 minutes Asling found Darren Dineen's run with a sublime diagonal ball. The control was outstanding as his initial two touches kept the ball off the turf but, his volleyed effort cannoned into the side netting. On 40 minutes, Asling played a carbon copy of his earlier pass but this time Dylan Twomey was the recipient. Some great skill allowed him to get a shot away, forcing a good save from the Pearse shot stopper. As the game entered the second half, chances were at a premium for both sides. The game was largely confined to the middle third as the physicality of the game took centre stage. Macroom were defending well when called upon with Thomas Morgans and Danny



Macroom FC U15 schoolgirls' div 2 side who defeated Corkbeg at the Town Park.

Kelleher nullifying any danger from the Pearse front men. On 68 minutes, the visitors had the best chance of the game when an outswinging corner found their number 10 free on the edge of the box. His volleyed effort went just wide of the left post, to the relief of the Macroom contingent. On 70 minutes, the city side almost had the opener. An effort from distance almost found Dineen off his line but, a vital finger tip save forced the strike onto the crossbar. As the game entered its closing stages, it looked certain to conclude as a stalemate. However, in the 92nd minute Pearse found the winner. Some good play out from the back and a smart passage of play down the right wing, allowed the visitors to swing in a cross from right. A Pearse player found space on the edge of the box, turned well and finished even better as the strike came off the inside of the post and into the back of net. Macroom's despair was met with elation from the city side as they claimed all three points at the death.

U10 SCHOOLGIRLS

Both of the Macroom FC schoolgirls teams had games last Sunday, the first team under the tutelage of Caitriona Graham and Grace O' Riordan headed to Kanturk and played some excellent soccer. Plenty of goals were scored along with some excellent passing moves. The second group travelled to Midleton with Lily Murphy and Cora O' Sullivan coaching. These girls are all showing great skills and determination, they are improving every week and most importantly everyone is having fun.

U13 MACROOM 2 KINSALE 1

The U13 girls were delighted with their win against Kinsale in the Town Park, this team just keeps getting better every week. This was a really strong performance from all the girls in a very solid victory. Goal scorers of the day were Lauryn O'Sullivan and Evie McMahon. We also wish Aine O'Riordan who scored 4 goals in her last game a speedy recovery as she broke her arm practising her skills during the week!

U15, MACROOM 6 CORKBEG 3

Macroom got off to and went 2 goals ahead inside 10 minutes. The opener saw Maisie Murphy dance past several defenders and plant the ball into the bottom right-hand corner. The second saw Szonja Mora finish calmly to the net to bag her fourth goal in 2 games. Just as Macroom were in the ascendancy, Corkbeg came storming back with 2 goals all inside 25 minutes. Macroom retook the initiative when Realtin Walsh scored after lovely play from Mora. She whipped in a great cross and



Macroom FC U19 Women's premier team who lost narrowly to Springfield.

after a scramble in the box, Walsh pounced. The East Cork side came again and got an equaliser to make it 3-3 following a fantastic opening half of football. On the resumption the game flowed both ways, but Macroom's defence had tightened up considerably and midway through the half Chloe O'Sullivan got the all-important lead goal to make it 4-3. A late flourish saw Macroom get another two goals courtesy of Shauna O'Sullivan-the first a strike from outside the box after a poor clearance and the second an unstoppable volley. A lot tougher game than the scoreline would suggest with the girls coming through in the end. A great squad performance. A big thanks to Sarah Kelleher for deputising in goals, she showed great maturity when asked to step in and kept Macroom in the game on several occasions.

U19 PREMIER LEAGUE, SPRINGFIELD 3 MACROOM 1

A new starting line-up for Macroom with another debutant. Iseult O'Riordan made the step up from the U17s and stepped in seamlessly. Macroom had several more players playing up and all performed very well. The first half was very even with some good passages of play from Macroom but two quick goals in 3 minutes for the home side didn't reflect the play Macroom's endeavour. The girls responded with Lisa Donovan getting one back before half time with an excellent finish. The second half saw Springfield pile the pressure on and they got a third goal. Macroom fought hard but were unable to cut the deficit and the game finished 3-1. An enjoyable game and very sporting one which Springfield just edged.

U17 SCHOOLBOYS LEAGUE, BANDON 1 MACROOM 1

The U17 boys travelled away to Bandon in the league. They knew going into the match that it was going to be a tough battle and they were certainly proven right. Macroom started off the better team as they created the majority of the chances. The visitors finally got off the mark when a shot rebounded to Ciaran Fitzgerald and he managed to get his foot to the ball first and tap it into the net. Macroom finished the half on top with the scoreline being 1-0 at the break. The second half started and Bandon came out the stronger team. They got an early goal again from a rebounded shot. Bandon then took control of the game and Macroom were forced to defend for long periods. However, great defensive play from Alan Neville and Graham Lynch helped Macroom to hold out for a deserved point. Final score 1-1.

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Bhí feachtas ar leith agamsa an pleánálaí teangan agus mo chomhleacaí, Iarla ó Tuama Oifigeach Turasóireachta Mhúscraí chun ceiliúradh a dheanamh ar an lá fhéile. Bhí sé beartaithe Siúlóid Cultúrtha a reachtáil timpeall na scríne ag a 1.30. Sheól mé cuireadh ar líne agus ar na meáin éagsúla idir Facebook, Instagram, Radio na Gaeltachta agus Radio Chiarraí chomh maith le Radio Teilifís Éireann, do na Gobnaití ó chian is ó chongar bheith linn go pearsanta nó ar líne ar an lá. Fuair eamar imoibriú agus freagairt iontach ar an cuireadh! Bhí sé do-creidte ar fad. Cuireadh ríomhphoist chugam ón Ástráil, Ceanada, an Albain, Sasana chomh maith le go leór cinn ó fud faid na tíre agus gan amhras ár bpobal féin. Thosnaigh na sceitimíní an lá roimh ré le agallaimh tugtha faoi an togradh ar an 'Saol ó dheas' le Helen Ní Shé. Thug cailín ó Chill na Martra Gobnait Ní Chonchubhair sár cur síos ar leigheas a fuair a leanabhín óg ón breoiteacht a bhí á fholaingt aige.

Taréis do pobal na h'áite 'Turas Ghobnatan' a dheanamh ar a shon agus ag impí ar Naomh Ghobnait cabhair an leanbh a chneasú, tá sí lán cinnte gur miorúilt a bhí ann gur tháinig an naoinán as an breoiteacht. Buíochas le Naomh Ghobnait. Dheineas agallamh

eile le Radio Kerry an tráthnóna sin ag tabhairt cúntas ar cad a bhí le tarlú an lá dár gcionn. Gan dabht tá muintir Chiarraí ana cheanúil ar Ghobnait chomh maith. Tá tobar beannaithe agus seipéal Ghobnatan acu i nDún Chaoin freisin. Maidin Dé Sathairn bhí píosa ar an gclár 'Country wide' le Philip Boucher Hayes ar a thug Gobnait Ní Mhuimhneacháin agus Abby Ní Chonaill is mé féinigh cur síos ar ár d'taithí fhéin leis an ainm 'Gobnait'. Is léir gur thug an feachtas seo ana áird ar Ghobnait leis an méid suim a a bhí á léiriú ar na meáin. Ag scrín Ghobnatan tháinig na sluaite don siúlóid cultúrtha. Ní rabhamar ag súil leis an méid ollmhór a bhí i láthair. Bhí an t'atmosféar díograiseach dearfach. Bhí gliondar san aer. Bhí timpeall 30 Ghobnait ar leith a chruinnigh le chéile ag an dealbh le h'ghaidh pictiúirí.



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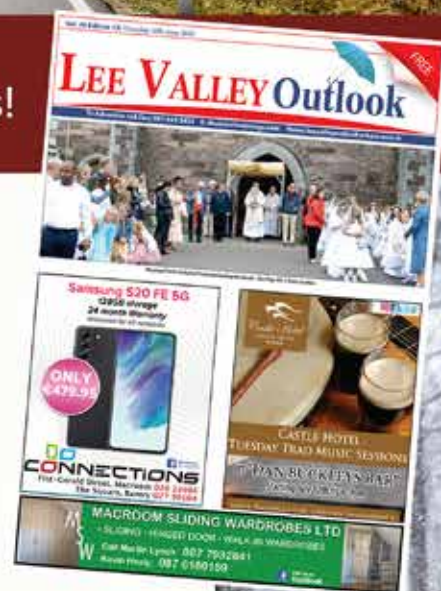
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OUR LEE VALLEY OUTLOOK TEAM: Des: 087 6593427 | E: des@outlookmags.com

Design (Martha): leevalley@outlookmags.com | 087 1210959

Accounts Deirdre: 1800 71 40 40 | E: accounts@outlookmags.com

OUR EDITORIAL TEAM: Tel: 026 42023 | E: leevalleyoutlook@macroom.ie

Editor: Grainne Dunlea; 086 8542414 | E: leevalleyoutlook@macroom.ie





A Word of Victory

Welcome back dear student, the power of prayer is misunderstood and faith is mocked in our 'woke' society. Yet amazingly, if something bad happens people will turn and blame God asking 'why, if God is good does He allow these awful things to happen?' Let's go back to the beginning. God created Adam and Eve and gave them dominion over this earth (Genesis 1:26-31; Genesis 2:7-25). So, we did not evolve from apes! Mankind is descended from Adam (which means 'man of earth') and Eve (which means 'to give life'/mother) - the couple God created and then joined in marriage. They were our original great-grandparents from whom we have all come. Now God told Adam and Eve to be fruitful and multiply by bringing more children forth for Him, but also to look after and rule over this earth. However Satan seduced them into doubting God, deceiving them into believing that they were missing out, and lured them to trust his lies. By disobeying God's command not to touch the tree of the knowledge of good and evil, they lost their relationship and alignment with God, thus handing over the authority that God had given them to Satan (Genesis 3:1-24). This gave the devil access to take over as 'the god of this world', and he is still blinding people with lies and causing destruction today (2 Corinthians 4:4). But praise God when people repent and their faith is stirred up by hearing the Truth of God's Word there is a chain reaction where believers can proclaim God's Power in prayer which changes any situation, no matter how dark (Romans 10:17).

Many people think 'God is in control' as if He was orchestrating everything - both good and evil. No, God is good - and He never changes (James 1:17; Malachi 3:6). The Lord does not tell lies or deceive people, and He is bound by His Word (Hebrews 6:17-20). He gave His Word to Adam and Eve that they had dominion over this earth, and that remains so until Jesus comes back.

God is on the Throne in Heaven, but we are supposed to be in control here as His ambassadors. Unfortunately, many are living far from God - influenced by the devil and that is why the world is so messed up. But God's Word will never fail (Isaiah 40:7-8). He promised to deliver us from sin, redeem us from the powers of darkness, and restore our place in Him, so God sent His Son the Lord Jesus to die upon the Cross to pay for our sins (John 3:16; 1 Peter 2:24). All of us have been forgiven, but few receive the forgiveness and the new life that Jesus offers. Why? Because the lure and deception of sin is seductive, making people not want to change their lifestyles. Jesus said if you follow Me take up your cross (Matthew 16:24-27). He was not talking about a cross of sickness or disaster - that's curse, the very thing Yeshua came to destroy (Galatians 3:13). The cross Jesus speaks of is 'dying to self'. Laying down 'my agenda' and instead turning to, and living for God - obeying His Word, and being led by His Spirit (Romans 8:5-14; John 14:15). Because we are made in God's image we have the same creative power as God to declare His Word of Truth in prayer and see it come to pass. But make sure you deal with sin and unforgiveness because that hinders prayer. (Mark 11:22-26).

Bible Study & Prayer every Sunday @ 11am and Thursdays @ 7.30pm in person and on Zoom at Word of Victory Christian Fellowship Killarney - Eircode: V93V6X4.

You can listen to our podcasts on Spotify. Find the links on our Facebook page - Word of Victory Christian Fellowship Killarney, or on Twitter - @WOVKillarney.



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8TH ANNIVERSARY



In loving memory of

**JOAN
KELLY**

Gneeves, Kilmichael, Macroom. Who died on the 24th February 2015.

*Will those who think of Joan today,
a little prayer to Jesus say,
Sacred Heart of Jesus pray for her.*



Always remembered by her loving family.

3RD ANNIVERSARY



In loving memory of

**MATTHEW
TWOMEY**

*Three years have passed
since that sad day u passed away,
you left so quickly
and broke all of our hearts
But in our hearts
you will always live on*



Sadly missed and
always remembered by
Catherine Katie Jack David and Der.

4TH ANNIVERSARY



In loving memory of

**CATHERINE
WHITE**

**Ballyverane, Macroom
Died 26th February 2019**

*You are missed each and every day
For you were someone special
who meant more than words can say.
Those we love can never be more
than a thought away
For as long as there's a memory
They live in our hearts to stay.*



Always Remembered by her sisters
Mary, Elizabeth & Sheila

8TH ANNIVERSARY



In loving Memory of

**ELIZABETH
(LIZA)
KELLEHER**

**Aharas, Ballygeary, Co. Cork
who died on 26th February 2015**

*No longer in our lives to share,
But in our hearts you're always there,
Will those who think of Elizabeth today,
A little prayer to Jesus say.*

Sacred Heart of Jesus pray for her.



Sadly missed by your loving
husband Diarmuid and her family.

THE MIRACLE PRAYER



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer.

20TH ANNIVERSARY



In loving memory of

JIM PYPER

who died on February 22nd 2003.

*20 years how can that be
and still we long for you to be
among us here healthy and free
That was not the plan unfortunately
you were needed and called so suddenly,
so memories are all we have
in our hearts,
until the day we will cross paths.*



Always in our hearts, missed dearly
Marion, Jess, Katie and Josh
until we meet again.

15TH ANNIVERSARY



In loving memory of

**CHRISTIE
(SCOTCH)
HEALY**

Dear husband, father, grandfather
5 Belmont Pl, Crookstown
who died on February 21st 2008
(aged 60)

*Lonely is the home without you
Life to us is not the same
All the world would be like Heaven
If we could have you back again.*



Forever in our thoughts and prayers
his wife Noreen, daughters Christine
and Caroline, son-in-law Derek and
grandchildren.

**FIRST ANNIVERSARY &
ACKNOWLEDGEMENT**



In loving memory of

**MICHAEL
KELLEHER**

Kilmore, Ballygeary, Co. Cork
who died on 27th February 2022

The family of the late Michael Kelleher
his wife Joan, sons Ciaran and Gerard,
daughter Mary along with their families
would like to thank most sincerely all
those who sympathised with them on his
sudden passing.

Thank you to all who came to the house,
attended the funeral at this difficult
time. To those who telephoned, travelled
long distances, sent flowers, cards and
messages of condolence we are truly
grateful. We especially thank everyone
who attended to him on the night he
died, to the wonderful Neighbour's and
community who continue to support us
we are truly grateful.

A special thank you to Fr. Anthony and
everyone who helped to make
his Mass so meaningful.

To Collins undertakers a sincere thank
you for sensitivity, support and assistance
with arrangements it is truly appreciated.
As it is impossible to mention and thank
everyone please know we are truly
grateful to all of you for what you have
done and continue to do for us.
A Mass will be offered for your intentions.



**FIRST ANNIVERSARY &
ACKNOWLEDGEMENT**



In loving memory of

**TADHG Ó
HÉALAITHE**

Clondrohid and Clontarf

As we lovingly remember Tadhg on his
first anniversary we, his wife and family,
would like to express our heartfelt
gratitude to our wonderful relatives,
friends, neighbours and work colleagues
for the kindness and support shown
to us in our recent bereavement. Your
continuing support and friendship are
greatly appreciated by us. We especially
thank Dr Sean Lynch and also thank
Dermot and the staff of Kirwan's Funeral
Home for their care and professionalism
at that time.



Í Lionta Dé go gcastar sinn

2ND ANNIVERSARY



In loving memory of

**SADIE
O'CALLAGHAN**

who died on 2nd March 2021.

*You gave us years of happiness
then sorrow came with tears.
You left us lovely memories
we will treasure through the years.*



Forever in our hearts
Eileen & Family

Anniversary Mass in Berrings Church
on Sunday 5th March at 10.15am.

3RD ANNIVERSARY



In loving memory of

**HANNAH
O'LEARY**

The Rectory, Macroom, Co Cork who
died 27th February 2020.

*Bring flowers of the rarest
Bring blossoms the fairest,
From garden and woodland
and hillside and dale;
Our full hearts are swelling,
Our glad voices telling
The praise of the loveliest flower
of the vale!*

*O Mary we crown thee
with blossoms today!
Queen of the Angels
and Queen of the May.*



Always remembered and dearly missed
by family and friends.

Rest in peace

**PRECIOUS MOTHER OF
JESUS**



Mother of Divine Grace you can find a way,
where there is no way.
Please hear my prayer and grant me my
request.

24TH ANNIVERSARY



In loving memory of

**MARY WALSH
O'SULLIVAN**

Late of Newport, Rhode Island &
Toames, Macroom
who died on March 1st 1999

*We thought of you with love today,
but that is nothing new.
We thought about you yesterday,
and days before that too.
We think of you in silence,
we often speak your name.
All we have are memories,
and your picture in a frame.
Your memory is our keepsake,
with which we will never part.
God has you in His keeping,
we have you in our hearts.*

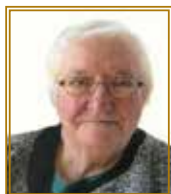


Always loved, never forgotten,
Your loving sister Noreen, brothers Jimmy,
Pat and Stephen and their families.

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FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of

MARY TWOMEY

Who died on the 7th March 2022

CON TWOMEY

Who died on the 15th May 2022

The Terrace, Clondrohid

Con and Mary's family would like to express our sincere and heartfelt gratitude and appreciation for your care and help, your thoughtfulness and kindness and your sympathy, prayers and support.

As it would be impossible to thank everyone individually please accept this as a token of our gratitude and appreciation.

The Holy Sacrifice of the Mass has been offered for your intentions.

*And if before dawn I should draw my last breath,
And the sleep that I take be the long sleep of death,
Be near me dear Mother for dear Jesus sake,
When my soul on eternity's shore shall awake. Amen.*

Will those who think of them today a little prayer to Jesus say.

*Those we love don't go away, they walk beside us every day,
Unseen, unheard but always near, still loved, still missed and very dear.*



THE MIRACLE PRAYER



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer.

THE MIRACLE PRAYER



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer. **S.M**

THE MIRACLE PRAYER



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer. **G.M**

3RD ANNIVERSARY



In loving memory of

CHRISSIE SPILLANE

**Carraigadrohid, Macroom
who died 20th February 2020**

*We can't have the old days back
When we were all together
But secret tears and loving thoughts
Will be with us forever.*



*No longer in our lives to share
But in our hearts you are always there.*

Your Daughters Margaret & Joan,
Son in law John &
Grandsons David & Mark.

2ND ANNIVERSARY



In loving memory of

KITTY O'LEARY

**Knock, Bealnamorrive
who died on the 7th of March 2021**

*The next time that I meet you
will be at heaven's door
You'll be there to meet me
and I will cry no more.
I'll put my arms around you
and kiss your lovely face
and then this broken heart of mine
will fall back into place.*



*Kitty we love and miss you every day
Love always and forever
Dada, Mammy, Ben, Cils and Páidí.*

FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of

TED HEALY

Clondrohid Post Office

On Ted's First Anniversary we, his family, would like to express our sincere thanks to all those who extended their condolences to us on our sad loss. We would like to sincerely thank those who helped us out in any way, Sincere thanks to Fr Joe Rohan, Nurses and Home Helps, Bridget and Tarrant Undertakers.

As it would be impossible to thank everyone individually, please accept this as a token of our appreciation. The Holy Sacrifice of the mass will be offered for all your intentions.

*You were always there
when we needed you,
No task too great or small,
With a loving heart and willing hands
for us you did it all,
As time goes by the memories of you
will always be our greatest treasure,
Yesterday, today, tomorrow and forever.*

*Those we love don't go away
They walk beside us everyday
Unseen, unheard but always near
still loved, still missed, still very dear.*



Lovingly remembered and sadly missed by his family, relatives and friends.

Ted's First Anniversary Mass will be held in Clondrohid Church on Thursday 2nd March at 7.30 pm and can be viewed online at <https://churchmedia.ie/st-abinasclondrohid-macroom/>

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25TH ANNIVERSARY



In loving memory of

**COLMAN
CASEY**

**Scrahanard, Clondrohid
Who died on 2nd March 1998.**

*No matter how life changes,
No matter what we do,
A special place within our
hearts is always kept for you.*

Always remembered by
Maura, Matty & O'Sullivan Family.

*No farewell words were spoken
No time to say goodbye
You were gone before we knew it
And only God knows why.*

Sadly missed by your father Pat,
your eight siblings & extended families.

May you forever rest in peace.



11TH ANNIVERSARY



In loving memory of

**KATE KELLEHER
(NEE MCCARTHY)**

**Clondrohid, Macroom
Who died on February 28th 2012**

*They say there is a reason,
they say that time will heal.
But neither time or reason,
will change the way we feel.
For no one knows the heartache
that lies behind our smiles.
No one knows how many times
we have broken down and cried.
We want to tell you something
so there won't be any doubt.
You're so wonderful to think of
but so hard to be without.*



Always remembered by your son Gene,
daughters Marie & Breda, Brother,
sister, grandchildren, relatives,
neighbours & friends.

12TH ANNIVERSARY



In loving memory of

**LAURA
MOYNIHAN**

Who died on 19th Feb 2011

*No heart so soft and gentle,
No heart so tender, true
No sorrow life could bring us,
Could equal losing you.*



Thinking about you and
miss you every day
Love John, Michelle, Sean, Kevin,
David and Maria
XXX

11TH ANNIVERSARY



In loving memory of

**TIMOTHY
GALVIN**

**Gortaneadin, Inchigeela, Co. Cork
Who died 18th February 2012**

*Deep are the memories
Precious they stay,
No passing of time,
Can take them away.*



Fondly remembered by family, friends
and neighbours.

6TH ANNIVERSARY



In loving memory of

**EILEEN
DESMOND**

**Liscarrigane
Ballymakeera**

*Those who think of her today,
A little prayer to Jesus say.*



Always remembered
by your loving family

10TH ANNIVERSARY



In loving memory of

**MICHAEL
ROBBIE
KELLEHER**

**New York & Macroom
Who died on 7th March 2013**

*A silent thought
A quiet prayer
For a special person
in God's care*



Remembered with love by your loving
family at home & abroad.
Miss you Michael so much
Mam

30TH ANNIVERSARY



In loving memory of

**TIM
LEHANE**

**Gortacrohig, Aghabullogue
Who died on 26th Feb 1993**

*Each time we look at your picture,
You seem to smile and say,
Don't be sad but courage take,
And love each other for my sake.*



Always remembered by his
loving wife, family, brother
and sisters.

4TH ANNIVERSARY



In loving memory of

**EILEEN
O' RIORDAN**

**Frankfield, Cork
and Cooldorrihy, Kilmichael
Who died on February 23rd 2019.**

*God saw you getting tired
And a cure was not to be
So he put his arms around you
And whispered 'come with me'*



Sadly missed and always
remembered with love,
Your sisters Margaret, Mary, Anna
and their families.

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PRAYER TO THE ST. MARTHA



Oh Saint Martha, the miraculous, I take refuge in your protection, giving myself completely to you, so that you may help me in my tribulation. In proof of my affection and as an act of thanks I offer to propagate your devotion to which I am already given. Console me in my anxiety and affliction. I supplicate thee by the great joy that gladdened your heart, when you harboured in your home in Bethania the Saviour of the world. Intercede for me and all my family, so that we may conserve our God in our hearts and thus remedy our necessities especially that which I now ask. I implore you to vanquish the difficulties as you did the dragon that lay at your feet Amen. Feast Day 29th July. To be said while a blessed candle is lighting. This devotion is so powerful that before the end of the 9 Tuesdays, that which you desire will be granted, no matter how difficult it may be.

PRAYER TO ST. JOSEPH



St. Joseph and Brother Andre, I turn to you now for my well-being. You never abandoned those who turned to you in prayer. Whatever the pain and suffering I am going through right now can be alleviated by your intercession for me with Jesus. Please ask Him for me. I know a request from you St. Joseph is treated by Jesus as a command, just like on earth. Brother Andre, who has the ear of St. Joseph, ask him to ask Our Lord for me. I promise that I will publish my testimony so others may have faith in you also. Please hear my prayers. (Mention your petitions.) St. Joseph and Brother Andre, pray for me! In Thanksgiving For a Special Trip To Lourdes

FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of
MICHAEL O'LEARY
Late of Blarney and Gurrane
Clondrohid Co. Cork
Who passed away peacefully on
27th February 2022.

As we lovingly remember Michael on his first anniversary, we, his family, would like to extend our heartfelt thanks to all our friends, neighbours and to all those who sympathised with us. We are most grateful for your prayers and support, which brought us much comfort. A sincere thank you for the countless condolence messages on RIP.ie and mass cards received which showed us how many people Michael touched.

We are forever indebted to the care Michael received in the time proceeding his passing. The professionalism and personal care by the staff at the Bons Secours Hospital, Dr Paul O'Halloran, Catherine of Walsh's Allcare Pharmacy Blarney and Janet and Kathleen (Home Help) will never be forgotten.

Many thanks to Fr Michael Fitzgerald (Blarney) for celebrating the funeral mass and to Fr Joe Rohan for offering prayers at the graveside.

We would also like to thank Casey's Funeral Directors, Inchigeela for their support and professionalism during the funeral. As it is impossible to thank everyone individually, please accept this as an expression of our sincere appreciation.

*A loved one never leaves
They're never far away
They watch you from a distance.
They guide you everyday*



Sadly missed and always loved by his wife Mary, sons Peter and Donal, daughters in law Audrey and Claire and grandchildren.

Michael's first anniversary Mass will be held on Sunday 26th February at 10.00am in the Church of the Immaculate Conception Blarney.

3RD ANNIVERSARY



In loving memory of
JOHN MURPHY **KATRINA O'NEILL**
Who died on the 10th January 2020. Who died on the 29th February 2020.
Caum, Macroom/ Kanturk Dromkeen, Innishannon/
Caum, Macroom

*We hold you both within our hearts
And there you shall remain,
To walk with us throughout our lives,
Until we meet again.*



Love you both always and forever,
Breda, Victor, Fiona, Niamh, Orla, Daniel, Tara, and everyone who loves you.

9TH & 4TH ANNIVERSARY



In loving memory of

MARY O'REGAN

Who died on 18th February, 2014.



In loving memory of

DANIEL O'REGAN

Who died on 1st March 2019

Codrum, Macroom

In loving memory of our dear Mam and Dad whose Anniversaries occur around this time

*We hold you close within our hearts,
And there you shall remain.
To walk with us throughout our lives
Until we meet again.
So rest in peace dear loved one,
And thanks for all you've done.
We pray that God has given you
The crown you've truly won.*



Sadly missed and always remembered
by Brendan, Máirin, Liadan, Ódhran and Fionn xxx

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