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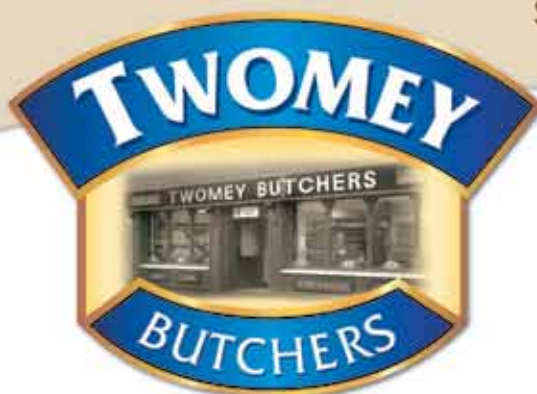
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Has the Lee valley caught the creative bug?

Our history would tell us, we have always been an area of strong-willed creatives but a recent upturn in artistic endeavours has not gone unnoticed. This month has already seen a stunning new mural in Killmurry Independence Museum, alongside a wonderful art display by local artists in Macroom townhall, Gluckman artists can be viewed in Ballyvourney Library, coupled with a massive open day in Chapel Hill School of Art on the 21st of August. We have two new murals in town, one behind the castle gates depicting the destruction of the castle and another on Betsy's flower shop! Art hasn't been limited to canvas, Ballingeary has its own literally painted the village every colour under the sun!

As Picasso said, "Art washes away from the soul the dust of everyday life."

How we as a community can tackle climate change?

The drastic impact of climate change was announced by the IPPC report last week and it sent shockwaves through the world. It's easy to brush off this news sometimes and point the finger and the big culprits such as China. But how does it affect us, here in Ireland, in Macroom?

Hotter summers increase the risks of wildfires and water restrictions while wetter winters increase the chance of flooding and crop failures to name but a few. How can we as a community tackle such a global issue?

We can open conversations with local councillors and TDs to develop a green strategy. We can start by aiming to become a single-use plastic-free town.

We can switch to smoke less fuel. We can open conversations with local councillors and TDs on the development of a green strategy. By increasing local public transport infrastructure (which is minimal at best, I can never understand why we don't have a town school bus to deliver local children to school every morning). The establishment of safe walking and cycling routes around town would greatly reduce our need as a community to rely on cars. Other towns are changing their mindset about the power of cars such as Mallow.

"Thomas Davis Street in Mallow is set to be pedestrianised every Saturday afternoon for six weeks as part of a new pilot project. Under the scheme, vehicular access will be restricted at set times and the street will be made available to pedestrians and for on-street dining during that time. Cork County Council is introducing the temporary measure following consultation and active engagement with local businesses. Feedback to Cork County Council showed that 84% of businesses on Thomas Davis Street and William O'Brien street were in favour of the pilot pedestrianisation." Cork County Council

We could encourage the use of our public green spaces such as the Castle Grounds and the Town Park to be no-mow zones used to plant with native wildflowers and trees initiative thus reducing the reliance on petrol-fuelled mowing and harmful chemical weed killers. Increase our Leave no Trace signage in local dumping hotspots. Local housing & commercial developments could have a mandatory green scaping (The concrete landscape of the Mart and two lidls devoid of green spaces,

springs to mind)

It is said to achieve a sustainable lifestyle, either at home, or at work, we must adopt these five principles, Rethink, reduce, reuse, repair, recycle.

As locals we can opt to shop locally where possible, purchase our fruit and veg from local growers, we can reduce our red meat intake, we can buy second hand and our international travel. We already have a great collection of second-hand stores.

We could push for greater protection of our native woodlands which surround our town such as the Gearagh, Toon Valley woods and Codrum woods. It's all well and good to enjoy a week of hot weather but let's face it, do you want to live in a wetter Ireland, with increased flood risk? Because this is the future we are currently sowing for our children. I would love to see what you have to say about how we as a community can tackle climate change.

Native Irish Speakers?

I would like to encourage more of the written Irish word here at the LVO. If you have a story or news piece you'd like to share in Irish, please do! Like always if you have a picture or story you wish to share email us here at leevalleyoutlook@gmail.com

*Sarah Kate
Murphy*
EDITOR



Barivule Akinde, who has spent the past two years in Macroom, is now reluctantly leaving with her family for Donegal and wrote this poetic tribute reflecting on her journey thus far and thanking the people of Macroom and district:

Thanks to :

- Friends of Asylum Seekers, Macroom
- Tidy Towns team
- GAA, Macroom
- Macroom FC
- St Mary's Secondary School

- St Colman's National School
- Macroom Parish
- Cork Migrant Centre
- SVP Macroom
- McCarthy/Flahive family
and many more

Here at the Lee Valley Outlook we would like to wish Barivule Akinde and her family all the best in the future and hope you keeps Macroom close to your heart.

An Odyssey

by Barivule Akinde

*Proudly born from the creeks of Black Gold
in the South of the West, the Giant of Africa.
An ugly situation threatened to snuff out my life
and take my daughter's pride so I fled
with the two whom I bore from my womb:
I fled all the way to the beautiful green island
called Ireland.*

*Running away from death to preserve life,
I lost so much and the worst I lost
is the one through whom I gained life: oh Mama!
A voyage more turbulent than the waves
of the ocean we still sail through.*

*Once again, I found myself in the South,
the beautiful South of Ireland,
which embraced me with the best of its people
and as my journey takes me up North
I believe in my heart after every storm will surely
come calm.
The love from you all will never be forgotten.*

In this Edition
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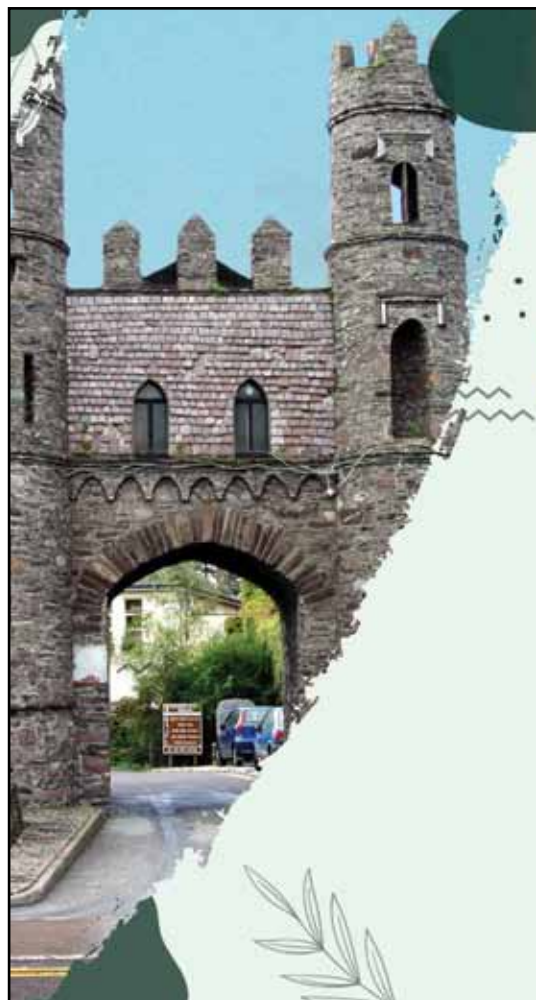
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TRACE MACROOM'S HISTORIC MILL RACE *By Kevin Corcoran***"The weirs" Macrooom**

Please use recognised footpaths and do not enter private property or into the mill race at any point.

1. START; Mill Lane entrance to Fairy Park.

Straight out of a Constable painting, the great edifice of Walton's oatmeal mill at Mill Lane, Massytown, Macrooom, stands three stories high above an expansive cellar. Timber framed and shuttered windows without glass, peer down from its massive stone walls that are painted in brilliant white, lime-wash. A timbered ladder leads up to the principal first-floor door, until recently, a large stone step allowed access to the roadside entrance, while several steps lead down to the adjacent cellars. High up on its northern side, directly above the road, a great beam-and-pulley once projected out over the top-floor door, this to facilitate the import of grain for storage. All about were supportive mill structures, including my birth home, which was built as a granary store in 1915, while another stood further up the lane near Mary Anne's public house.

Built about 1822, the mill was initially used as a 'carding mill', whereby wool was washed and prepared before being sent to the weavers of cloth. Using water that exited from the older, family corn-mill in Walton's Lane, (which has its origins back in the early seventeen hundreds), this passed under Mill Lane and then went straight through the carding mill, the water exiting on the Cooleyhane road side, and where the dried up channel is still visible. Near this latter point a stone stile, on the roadside's right, leads down to the very last original stone footbridge that passes over the mill race, just before it flows into the river Sullane. Now very overgrown, the stile and footbridge once gave access to the river side walk and the present fairy park.

2. North boundary of Fairy Park:

Walk up to the back entrance of the tidy towns yard and note the mill race. Here, a two hundred year old stone-footbridge recently lead across to the yard but this was removed in 2020 by the Tidy Towns people and replaced with a concrete one! It was one of many footbridges that originally allowed rear access to all the adjoining houses in Mill Lane and Massytown Further to the left, the mill race disappears under the grounds of Massytown House to reappear out on the street.

3. Return to the river bank and walk up to the bridge, pass through the car park by O Riada's old nightclub, using the pedestrian crossing to reach the open mill race at Lower Massytown.

This is the section that CCC proposes to fill-in and replace with a foot path. Here the water of the mill race crossed under the road at the start of New Street, via a stone-arched conduit, it exiting here on the Massytown side. A beautiful old stone wall runs up Massytown road that separates the open mill race from the footpath and the road on one side, and the grounds of Sunnyside House on the other. This runs all the ways up to Massytown House, where it passes under the road and exits, as seen earlier, in the Fairy Park.

Originally, the gate-lodge entrance to Sunnyside House (the present home of Inland Fisheries Ireland) stood near here. Much later the Constabulary Barracks was established on the avenue (the present police station), as was the limestone decorated Court House. Both are worth visiting to see their architectural details. When



passing the present entrance gate to Sunnyside House (IFI), note the design of the gates. The tops of the bars are crafted as shepherd's crook. This is because the man who built the House was none other than a Mr Crooke, the head doctor in the old 'work house' during famine times (Macrooom's present hospital). He also had links with the village of Crookstown village, thus its name!

4. Cross the bottom of New Street using the zebra crossing and enter the Town Park, there to walk beside the overgrown mill race on the right-hand-side. Originally laid out as part of Macrooom's Castle Demesne, no dwellings were ever allowed to be constructed on the parkland side of the river if they could be seen from the Castle. Then the river was banked and landscaped like a decorative canal, which must have created a beautiful landscaped scene from the Castle apartments. Post WWII, it was the towns favourite swimming spot for adults and had a diving board and access steps to the river to facilitate swimmers, the remains of which are still visible near the so-called 'exercise machines' that are, strangely, never used!

5. Shortly, the first over-flow channel and water sluice are reached in front of Sandy-Hill House, which still retains its own private, footbridge entrance from the park. Interestingly, note how the mill race still flows up to this point. From here the flowing mill race continues for 50m beneath the shade of ancient trees, that were planted to decorate the park, until it reaches a wider footbridge that leads up Sandy Hill avenue onto New Street. Beyond this are the old chestnut trees that every child in Macrooom descended on in autumn to collect horse chestnuts for the game of conkers. The nails we used to drill the holes being those used for horseshoes and obtained from the Blacksmith that once operated out of the forge that stood where O Riada's former nightclub now stands. Down from Sandy Hill House, the section of the river was known as 'The Three Rocks', formerly the most popular bathing area



for Macrooom's youth in the sunnier times of the 1970's.

6. Continue along the sides of the football pitches and at the next footbridge that leads into the 'Tom Creedon' section of the present grounds, you will see the second exit stream from the mill race.

Now inaccessible due to the undergrowth, this also has a working water-sluice, structures that were used to drain sections of the mill race and so allow its annual cleaning. As kids we always delighted in having to jump across what to us was a miniature Niagara Falls, the water gushing out in a frothing, hissing torrent and within which we would surely drown if we failed to make the leap.

7. Follow the mill race along the right-hand-side of the Tom Creedon Park until you arrive at the changing rooms (avoid if a match in progress). Here, another wide footbridge leads up to Gurteenroe, this exiting by Mc Carthy's garage. Although presently occupied by GAA football pitches that state it is PRIVATE PROPERTY, following the burning of Macrooom Castle the entire park was bequeathed to the people of New Street and every former tenant there and in lower Massytown were allowed to graze their cows here. Theoretically, you still hold that right but someone, we shall not say where, deemed otherwise.

8. Follow the footpath up to the weir. On reaching the weir you will discover the main entrance to the mill race on its right-hand-side. A footbridge now links the park to the gated, rear entrance

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of the Sullane Weirs housing estate. Built using gigantic slabs of stone, the weirs construction is quite impressive. It has withstood the worst of floods over the last two hundred years and hopefully, it will survive many more. No present Macrompian has ever, not swam here. It is part of all our souls. The backed up water above the weir forms the large pool known affectionally as 'The Gazebo'. This is because, when the Walton Family were given the rights in 1822, by the head landlord Hedges of Macroom Castle, to construct

the weir in order to take the water from the river Sullane to their mill in Mill Lane, it created a delightfully, deep swimming pool area. Back then it was used exclusively by the Castle residents and their visiting guests, the charming stone 'gazebo' or decorative folly, acting as a changing room. This can be viewed from the housing estate side of the river. Sadly, little is known about this impressive little building but it also should be sensitively restored and preserved, just like our historic Macroom Mill Race.

9. END. Return to the Park and cross the river using the GAA metal bridge that leads into the Castle Demesne. Follow the trails back into the Town Square and if agreeable to you, give the CCC office a visit and share your thoughts with them about the destruction of the Mill Race. To all of you Macrompians, new comers and old, that will actively engage in demanding the protection and restoration of our unique mill race and weir, rather than their destruction, I applaud you and am proud to stand beside you.

HERITAGE WEEK WALKS WITH TED COOK

Avenues in the late 18th century Irish designed landscapes Sunday, August 22nd

Meeting at the castle arch at 2- 4.30pm, this event will introduce the 'Double Rank' to newcomers and it's ecological significance to the longer time supporters of Heritage week in Macroom (since 1999) We will address the burning issue currently being debated concerning Irelands remaining several

thousand 18th century demesne scapes – "Managed decline or reconstitution"

Book by text on 086 8789891

Further details can be found on <https://www.heritageweek.ie/projects/ancient-avenues-in-designed-landscapes-managed-decline-or-reconstruction>



Enjoying themselves at the 2021 Irish National Sheep Dog Trials, at Killalee, Fossa, Killarney Co Kerry, from left, Paudie Cronin and his Wife Anna Maria, Committee members with their Daughters, Ellie May and Annie Cronin, Ballingearry, Co Cork. Photo: Valerie O'Sullivan



Calendar Girl...Ellie May Cronin, Ballingearry, Winner of the Under 18's, 2020 International Sheep Dog Society Calendar Photographic Competition. Her photograph taken of her Sheep dog taken at Gougane Barra, will feature in the August 2022 month, she was presented with her prize by Carol Heard, International Sheep Dog Society. Photo: Valerie O'Sullivan



That'll do...Seamus Gallaghers Dog 'Jock' competing in the 2021 Irish National Sheep Dog Trials, at Killalee, Fossa, Killarney Co Kerry. Photo: Valerie O'Sullivan



St Finbarr's Oratory Gougane Barra. Pic John Kelleher

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Our Opening Hours:

Tuesday – Saturday 10:00 am – 5:30 pm (Closed for Lunch (Cleaning) 1:00 -2:00 pm)

Telephone: (026) 42483

Email: macroom.library@corkcoco.ie

Please think ahead & plan your visit as there are limited browsing times. Remember to **wear face coverings** in the library at all times & sanitize your hands as you enter the library. You should social distance at the entrance, the public counter & throughout the library at all times. Study spaces, newspaper/magazine reading/Public Computers & events are currently not available.

Do NOT borrow from the library if you or someone in your household has symptoms of COVID-19 or you are a close contact of a confirmed case. If this occurs, & you have borrowed items, you should not return these until you have completed a 14-day isolation period & are fever free for the last 5 days.

Library membership is completely free of charge for everyone. In order to join the library, you need to complete an application form, either online or in person at the library. If you choose to submit the form online, you need to visit any library & produce photographic identification & proof of address to activate your membership. You can join at any age.

Children & Young People under the age of 18 years must get permission of a parent or guardian to join the library. Parents/Guardians are responsible for their children in the library, their children's selections & use of library materials & services, including access to the internet.

Once you become a member you will get a library card & a PIN will be issued with your membership card at the time you join the library. The number will be required to use the online services.

We have a fantastic **Service Online**.

Our **Book Request system** is now operating again. You can request your book online or at the library.

As a member you have access to BorrowBox for eBooks & eAudiobooks, Libby for magazines, PressReader for newspapers, Transparent Language for language learning and Universal Class for online courses. These can be accessed on your phone, tablet or computer.

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We also have books available in different languages. Please enquire in the library. Find out more at: <https://www.corkcoco.ie/en/library-services/library-online>

The Library also offers a **"Sound Initiative"** Instrument Scheme which offers a wide selection of instruments to borrow for free with your library card – violins, guitars, keyboards, mandolins, bodhráns, banjos, bongo drums & ukuleles. For further information, drop into the library to enquire or email: asoundinitiative@corkcoco.ie Cork County Library & Arts Service have some



wonderful **Podcasts** available to listen to at any time covering a wide range of topics from Book Recommendations for children, history of Irish Festivals & how to trace your family tree. All you have to do is download the App SoundCloud & search for 'Cork County Council' where you can enjoy listening to these.

Any problems please do not hesitate to contact us.

Exhibition Space: Local Artists – Anyone wishing to display their painting/drawing/Photography collections in the library, please enquire at 026 42483

Keep an eye out for our **Online Weekly Quizzes for Children and Adults**. They are a great source of entertainment and fun for all the family or maybe you can have a zoom quiz meeting with your friends some evening. Our Facebook page is Cork County Council Library & Arts Service & have all the details.

Walking Book Club – Read, Walk & Talk – If you would like to do something different this summer, why not try out a **Walking Book Club with Cork County Council Library & Arts Service?** Choose a small group of friends, pick a book & go for a walk. It is that easy. For more information or to request books, just contact Macroom library or email: bookclubs@corkcoco.ie

To launch Walking Book Clubs, we are offering a prize to the first few Walking Book Clubs to submit a photo to the email above.

We are delighted to announce that our **Cork County Council Library & Arts Service Summer Stars Reading Programme** is on again and there is a wonderful response – over 200 children have signed up to date. There is still time to Sign Up, Read & Take part in our wonderful series of events during the summer holidays. Each child who registers for the Summer Stars Programme will receive a Bookmark, Pencil, Colouring Book & a Reading Card that they can fill out as they read

during the summer & they will be also entered into a draw.

Children's Short Story Competition; to celebrate Summer Stars, we are looking for fantastically creative and amazing stories from children 6 – 18 from County Cork. There are three age categories: 6-9 years, 10 – 14 years & 15 – 18 years with some great prizes up for grabs including a tablet.

To enter, write a story using the following opening line:

"Of all the Places in the world, I never thought I would be here..."

For more information:

<https://www.librariesireland.ie/services/right-to-read/summer-stars/more-about-summer-stars>

If you are looking for ways to support your child's literacy, numeracy & writing skills while the schools are closed, the library offers a free "NEWSTART" Program which offers users a literacy information booklet full of valuable advice including book recommendations & practical videos suitable for children in primary school.

You can also download the booklet at:

<https://www.corkcoco.ie/en/library-services/Young-members>

There you can also find informational videos from an Occupational Therapist and a Dyslexia Tutor, which provide practical tips & hints for children with a dyslexia or dyspraxia diagnosis.

For further information about this NEWSTART Program, contact the library or email: Schools.library@corkcoco.ie

"One County, One Book" 2021 Read for Young Adults & Teens:

We are delighted to be able to officially announce the inaugural **"One County, One Book 2021"** read for Teens & Young Adults.

The chosen book is **"All our Hidden Gifts"** by Cork born author, Caroline O'Donoghue. The One County One Book initiative is designed to promote homegrown literature, with prominent placement in our library branches, and to promote literacy as part of our community outreach programmes to young people.

The programme will encourage young people aged 15+ to read the book & participate in programmed events, from September to November 2021. This programme will include virtual author visits to five County Cork secondary schools, where the book will be read by transition year students, as well as art & music competitions. In November, students will also have the opportunity to discuss the literature with the author, while exploring related issues such as acceptance and inclusion.

Copies of the book will be available to borrow in your local Cork County Council Library & Arts Service branch & mobile libraries.

Please follow us on **Social Media, Facebook - Cork County Council Library & Arts Service and Twitter - @Corkcolibrary** for all our up to date news and information.

We look forward to seeing you. Just remember to sanitize your hands & keep social distance.

"The perfect hideout is inside a book."

FIBROMYALGIA - THE INVISIBLE ILLNESS

Fibromyalgia creates a devastating condition characterised by widespread pain accompanied by sleep, mood, and memory issues. Women suffer the majority of these cases.

Most people affected by fibromyalgia jump from doctor to doctor looking for solutions to the pain and suffering.

The majority of these patients receive drugs designed to only treat the symptoms.

Research from a 2014 medical journal* found a direct link between the severity of fibromyalgia and the health and function of the spine.

The study proposed to evaluate the effects of one session of a spinal adjustment on autonomic nervous system function and pain in a group of fibromyalgia sufferers.

The chiropractic adjustment effectively improved pain, sleep quality, depression, mood, and other fibromyalgia-related symptoms.

One treatment per week for twenty-three

consecutive weeks decreased pain and positively influenced components relating to chronic illness and functional health capacity.

This particular study shows the positive influence of a spinal adjustment on patients suffering from a condition that has no cure.

The human spine, brain, and autonomic nervous system intimately connect in a powerful union able to produce optimal health better than any drugs or surgery.

Chiropractors do not treat or cure specific conditions, but remove interference to the brain and nervous system by improving the integrity and movement of the spine.

Research continues to help the public understand the benefits when a healthy spine is maintained through regular Chiropractic care.

"While Fibromyalgia patients suffer physical pain, perhaps the greatest pain is not being heard."



says Dr Benjamin Martin of Optimal Chiropractic

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OPEN DAY

to Celebrate
the Relaunch
of Chapel Hill
School of Art



Co Founder of the Chapel Hill School of Art: Killarney Sculptor Joe Neeson.

The Restoration, Renovation and Relaunch of the Arts in Macroom is set to take place with the relaunch of the Art School and the re-opening for classes in September as Chapel Hill School of Art is hosting an Open Day August 21st from 12 to 5pm.

Chapel Hill School of Art was founded in 2020 by Killarney Sculpture Joe Neeson and John Mc Cormack. The school is based in the historic Mercy Convent on Chapel Hill in Macroom, Co. Cork, designed by Architect John Pyne Hurley in 1860. Joe Neeson is the sculptor who created the Sea Eagle which is situated on Main Street in Killarney. In partnership with Cork Craft Month and Heritage Week, and kindly supported by Cork County Council Heritage Office, a series of Heritage based workshops and demonstrations will be held on the spacious grounds and buildings on Chapel Hill.

"The Open Day will promote an awareness & appreciation of the benefits of creativity to the



community. There will be events for the whole family to enjoy along with live music and food stalls. There will be opportunities to meet the Artists Educators & sign up for classes, tour Chapel Hill grounds and enjoy family fun all while celebrating the arts & traditional customs and heritage crafts that link the community to one another and the locality", Bernadette Tuite the Programme Coordinator at the School of Art told Lee Valley Outlook.

The Art School endeavours to engage with the community by offering social improvement through Art education while successively contributing to meaningful culture, heritage and celebration of the visual Arts in the area.

They offer a range of Art programmes for all ages from fun have-a-go creative opportunities to the Master class experience.

For full details on the open day visit www.chapelhillschoolofart.ie/events/

The Founders of the Chapel Hill School of Arts are John McCormack and Joe Neeson who met and started working together in The National Sculpture Factory in 1997. Since then they have collaborated on many large and small scale sculptures for national and international artists. This work is exhibited in both public and private collections.

In 2016 they acquired The Convent of Mercy in Macroom. The property has been a center for education and community engagement since 1865. Commenting on Chapel Hill, founder Joe Neeson and John Mc Cormack say:

"We both felt that it would be important to



Joe Neeson is the sculptor who created the Sea Eagle which is situated on Main Street in Killarney

continue with the educational history of the building. The logical path for us, considering our backgrounds, was to create the Chapel Hill School of Art".

This history of education continues with fresh endeavours to contribute to meaningful culture, heritage and celebration of the visual Arts in the area with the exciting reopening of CHSA and its offering of Art classes in September of 2021.

The programme for Classes and workshops is available at

ie <https://www.chapelhillschoolofart.ie/>



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LEABHARLANN BHAILE BHÚIRNE

It may be the wrong season but there is a bit of Spring cleaning going on at Leabharlann Bhaile Bhúirne at present. We recently got a lovely new coat of paint to the front with a slight change of colour and new signage is expected 'any day now!'. Inside we're in the process of changing the layout to allow for better browsing space in the children's section. It's an ongoing process as heating, and lighting and all the associated wiring must be tackled so please bear with us as books might be moved around a bit until the changes are complete. If whatever you are looking for isn't where you think it should be, please don't hesitate to ask for assistance. We are hoping that most of the work can be done without having to close the branch at any stage but do keep an eye on library social media pages (Facebook & Twitter) where you will be notified if there are to be any closures. Be sure to pay us a visit to see how you like the new layout and browse the great range of books available with new stock arriving regularly. Don't worry if you haven't been to the library for a while, it's easy to renew your membership and new members are always welcome too. Take advantage of the great free service your local library has available.

The Glucksman Gallery in UCC has a beautiful mural exhibition running at present entitled Viewpoints:



Children's Rights in Imaginary Spaces. Seven Irish picture book artists were commissioned to produce murals that would explore different themes within the UN Convention on The Rights of the Child. The Murals are big, colourful and stunning, whimsical and visually captivating and if you have the opportunity, it would be a lovely outing to embark on with children or even just to see it yourself. The Glucksman Gallery has very kindly loaned a print of one of the murals to Ballyvourney Library. This print, by well known illustrator Mary Murphy, considers Family & Identity, and shows a group of young bears

learning to make their mark in the world with the assistance of the older bears in their family. It will be in the library for another few weeks so please do call in to see it.

It's not too late to enrol in the Summer Stars Reading Adventure either which is a lovely incentive for children to read. To join the Leabharlann Bhaile Bhúirne Summer Stars Team just register in branch and receive a reading card, bookmark, pencil and colouring book. Every child who returns a reading card, even partially completed, by the end of the event will receive a certificate and there are other prizes too.

Níl sé ródhéanach clárú san Eachtra Léitheoireachta Réaltaí Samhraidh agus is spreagadh álainn é do leanaí léamh. Le bheith ar Fhoireann Réaltaí Samhraidh Leabharlann Bhaile Bhúirne, cláraigh sa bhrainte agus faigh cárta léitheoireachta, marc leabhair, peann luaidhe agus leabhar dathúcháin. Gheobhaidh gach leanbh a fhilleann cárta léitheoireachta, fiú amháin comhlánaithe go páirteach, faoi dheireadh an eachtra teastas agus tá duaiseanna eile ann freisin.

"Bears sleep by day.

At night they stay awake to chase away bad dreams." - Jesse O'Neil.

CLONDROHID

ROSARY AT GROTTTO ON CURRAGH ROAD: On Sunday last, August 15, feast of the Assumption, Fr. Joe recited the rosary and the Chaplet of Divine Mercy to mark this feast at the lovely Grotto on the Curragh Road. Great to see so many attending on a lovely evening. Paddy O'Riordan spoke a few words on the history of the Curragh Road Grotto and Bishop Phelim O'Shea. He thanked Fr. Wickham for his contribution over the years. Thanks to all who helped to clean up and prepare the area for the occasion, and thanks for the

donations of flowers. Thanks to the Development Group for gifting the new coloured seat. Last year due to Covid, the rosary which was always said in June at the Grotto had to be cancelled for the first time ever, so it was extra special to be able to hold it again this year.

In the days before Covid the annual Cloyne pilgrimage to Knock would take place on this feast day hopefully all will be in place again next year.

PARISH SUCCESS: Congratulations to former club underage players Grace Murphy & Lydia

MacDonagh

on being on the Cork ladies minor football team who defeated Kerry in the Munster Championship last week. Both now play with Naomh Aban Ladies Football teams.

A big Congrats to Brian Corcoran, who was on the Eire Og team who won the IAHC Final last week V Aghabullogue, Brian plays his football with Clondrohid

Curra Grotto in Clondrohid



Four happy selectors, Don Murphy, Dan Kelleher, John McNulty and John F. O'Callaghan,



Coachford AFC lotto winners: Ann Carey and Tracy Martin being presented with their lotto cheques for €1,000 each by Club Chairperson, Liam Casey. Included in the photo are Ann's children, Lisa, Joey and Olivia.

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KILMURRY HAA

The Independence Museum Kilmurry is proud to announce the official unveiling of a new mural for our courtyard space. The museum, located in Kilmurry village in Co. Cork, enjoys a sweeping view across the Lee Valley to the Derrynasaggart and Boggeragh mountains. The mural more than complements the natural beauty of its surroundings and successfully meets the creative brief for a site specific, public artwork contributing towards a transformative appreciation of place and story.

Designed by the Cork artist, Peter Martin, the piece is inspired both by the River Lee and the abstract qualities of the embroidered pattern used on the early 20th century Dun Emer Guild dress in the Museum's collection. The pattern is skillfully integrated with the unfolding landscape of the Lee Valley, woven organically through field boundaries and hedgerows and into the distance. In effect, landscape and pattern become one; creating a fluid rhythm that is not only true to the nature of the River Lee itself but also speaks to an

idea of greater unity.

A textual element, 'The Beauty of The World is the Heritage of All', is taken from a line in the writings of Terence MacSwiney. In full, the quote reflects the principles of unity, universality and solidarity underpinning his vision of independence:

Reflect on the common origin of the human race, on the beauty of the world that is the heritage of all, our common hopes and fears, and, in the greatest sense, the mutual interests of the peoples of the earth.

n Rilke Floyd, one of museum's curators, "so the words of the mural's message gain new meaning in the context of the interlinked concerns of global citizenship and environmental stewardship."

The Independence Museum Kilmurry is open to visitors Thurs-Sunday from 2- 5pm and others day by arrangement. The courtyard area is fully accessible and free to the public. The mural project was supported by the Cork County Council Arts Grant 2021.



Kilmurry KHAA Mural



Cllr Gillian Coughlan, Mayor of Cork Co. Council, Aiden O'Sullivan (Chairperson) Peter Martin (Artist) at the unveiling of the Mural, at Independence Museum Kilmurry



Independence Museum Kilmurry Courtyard mural



Cllr Gillian Coughlan, Mayor of Cork Co. Council speaking at the unveiling of the Mural, at Independence Museum Kilmurry

LISSARDA AMBUSH

22nd of August

The annual Lissarda Ambush commemoration will take place this year on Sunday, 22nd August at 7 p.m. at the ambush site. Public Health guidelines in respect of social distancing will be followed.

Lissarda Ambush was one of the first ambushes in mid-Cork where Kilmurry Volunteers attacked a RIC convoy returning from Inchigeelagh which included the RIC County Inspector. This ambush resulted in the death of Michael Galvin, Quartermaster of Kilmurry Volunteers who was the first IRA fatality in the 7th Battalion.

Lissarda Ambush Exhibition which was launched to coincide with the centenary of the ambush in 2020 remains on display at the Heritage Room, Independence Museum Kilmurry.



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successes. We congratulate and salute you all - players, subs, supporters, committees and all who work quietly in the background.

Heritage Week

The country celebrates its heritage this week and Inchigeela has selected some events to honour our past. On Monday there was a comhrá as Gaeilge in the River Island. The participants agreed that it was good fun and wondered might it be repeated. Go raibh maith agaibh go léir agus buíochas mór do Neasa agus Tim a thug an caife agus na briosaí deasa. There is a Treasure Trail all week and the list of clues can be picked up in the Post Office. A stone-painting session for kids will be held in the Island on Thursday between 3 and 4pm. On Thursday Joe Creedon will conduct a historical village walk at 7.30pm. So, all interested in the local history come along. Please support.

Daniel Corkery Festival

The Summer school is called after the patriot, politician writer and lecturer, Daniel Corkery, who was born in Macroom and had a great love for our parish. This year's event was again very successful. There were poetry readings, book readings, a cello concert and the weather obliged everyone, especially the artists who captured the beauty of our village on canvas. Thanks to all who supported.

Centenarian Visitor

Among all the visitors to Iveleary last week was one very special visitor, Eileen Lennon, who just celebrated her 100th birthday. Eileen was born Eileen Lynch in Lyrenageeha, Ballingearry on August



1st 1921 and went to work in Kildare where she met and wed a Kildare farmer, Myles Lennon RIP. They were blessed with a family of 3 girls and 9 boys. She now has 30 grandchildren and a similar number of great grandchildren. Each summer she has made her "pilgrimage" to see her relatives in Ballingearry and to visit Gougane Barra which she loves. We wish her good health and happiness

Tour de Munster

The big four day cycling event started in City Hall Cork, and took the cyclists on a 4 day trip through Cork, Waterford, Tipperary, Limerick and Kerry. On day 4 they returned to Cork through Iveleary, at an incredible speed, considering that they had already done 600Km over all sorts of terrain. This cycle is the 21st annual one which is a fundraiser for Down Syndrome Ireland. Information is on their website and donations can be given on the site also.

Plastic Recycling

On August 23/24 farm plastic will be accepted for recycling at Murray Brothers Quarry in Ardcahan, Dunmanway, 9am to 5pm. A good opportunity to dispose of farm plastics safely.

Clothes collection

Scoil Fionnbarra National School are holding a clothes collection on 28/29th of August. Clothes drop takes place from 11am to 1pm at Coláiste na Mumhan and contributions are used to help funding for the school activities.

Tidy Towns

The volunteers meet in Ballingearry each Saturday morning at 10.45am. Everyone welcome to continue the good work.



Cause for Celebration

August 7th 2021 will be highlighted forever in the sporting history of Inchigeela, following the wonderful win in the County Final. The sweet win was all the sweeter when we remember how heartbreakingly close we came to victory in the past few years. This team deserved that elusive trophy and they demonstrated how much they were entitled to it by the convincing destruction of all opposition in games leading up to the final and in the final itself. They are a team with a bright future. The present club has come a long way from the days of no field, no changing rooms and often no funds and it is a credit to the club committee and officers and supporters, past and present, that Iveleary are a strong proud club today. Let's not forget also that the foundations of today's club sit on the shoulders of many in the past who believed in Iveleary and who strode forward in the good days and the bad. Some of these are lucky to have witnessed the win, some have passed on, but wouldn't they have been so proud of today's

M.A.V.A.(MACROOM AREA VISUAL ARTS)

Cultivating an empty field 3rd to 31st of August, Macroom town hall.

The annual summer exhibitions organised by Cork County Council Arts Office and Macroom Municipal District Office return to Macroom Town Hall this August, marking another step in the re-opening of cultural activity in county Cork "Cultivating the Empty Field" is an exhibition of work by a group of artists living in the Macroom Municipal area that has been assembled by the exhibition's curator Dermot Browne. The exhibition's title "Cultivating the Empty Field" comes from a book on Chinese Zen Master Hongzhi. Dermot Browne says his choice of this title aims to draw attention to common interests

and differences in the making of the works that can be seen in this exhibition.

"One pathway is artists' vast and never-ending occupation with the land and landscape. The second route or interest in framing this show, is the view that any artist facing an empty canvas, page or block of stone is in fact facing a sort of "empty field" of possibility.

The midpoint of these two positions could be somewhere between, for example, Bernadette Cotter's large ritualistic ink studies and Debbie Godsell's Contemporary printed/reworked images of the land.

Many of these works happily seem relatable to both this idea of "the land" and also our own

creative potential. But some works reflect a more contemporary engagement with these themes, like Sarah O'Flaherty's captured moments taken from the exterior of a disused polytunnel.

The artists taking part are Victoria Breathnach, Bernice Corcoran, Bernadette Cotter, Jill Denis, Sarah O'Flaherty, Debbie Godsell, Muireann Kelleher, John Philip Murray, Joe Neeson, Michael Quane, Robert Rasmussen, Denis O'Reardon, Pleun Volker and Maura Whelan.

The exhibition is open at Macroom Town Hall until August 31st

Funding support by the Arts Council of Ireland is gratefully acknowledged

Source - <https://www.mavamacroom.com/about>



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Alexander Charles O'Sullivan

By Kathy O'Sullivan



St. Colman's Church, Castle Street, Macroom. Source: National Inventory of Architectural Heritage



Tipperary Grammar School – The Abbey School (1760-1922), was burnt down in 1939. Source: National Library of Ireland

Dr. Alex O'Sullivan was born in May 1858, the oldest child of the Rev. Denis Mitchell O'Sullivan, rector of Macroom, and Lucia Maria née Swete. His father, from Clahane, Co. Kerry, was also rural dean of Muskerry, from 1885-1889. He had a brother, Arthur Warren, who died in the Indian Civil Service in 1903, and a sister, Elizabeth. His uncle, Rt. Rev. James O'Sullivan, was bishop of Tuam, Killala and Achonry. Very little is known about him, yet his contribution to medicine (and in particular, the field of pathology) in Ireland was immense.

Alex was educated at Tipperary Grammar School and then went to study at Trinity College, Dublin. Originally studying classics (1876), he tired of this and took up mathematics, obtaining a mathematical scholarship in 1879, and developed a love for pure mathematics that never left him. He graduated in arts in 1881, taking gold medals as first senior moderator in mathematics, as well as in ethics and logic. The British Medical Journal notes that the first mathematical scholar in 1879 was Dr. Bernard, later a Provost of Trinity College, who obtained his Fellowship in 1884, with Dr. O'Sullivan obtaining his in 1886.

In earlier days of university study at institutions such as Trinity College Dublin, University of Cambridge and University of Oxford, the study of mathematics (or classics) was often seen as a precursor to a career in other fields, especially medicine, law, or divinity.

Having obtained his Fellowship, Alex, taking the advice of Professor Samuel Haughton, turned to the study of medicine, and took his M.B., B.Ch., B.A.O. degrees in 1894. Prof. Haughton, who gained honorary degrees from Oxford, Cambridge and Edinburgh, was a most intriguing character to have as a mentor, having, for example, in 1866, developed the original equations for hanging as a humane method of execution. Additionally, in Trinity College Dublin, he moved the first-ever motion at the Academic Council to admit women to the university in 1880. Although unsuccessful, he continued to campaign for the admission of women to TCD, with his motion being finally passed in 1902, five years after his death.



Trinity College, Dublin

Alex also took a special course of bacteriology in Vienna, Austria. Returning to Dublin in 1895, he was appointed lecturer in pathology in Trinity College. This appointment was welcomed in an address delivered at the Meath hospital in 1895-96 as one possible example of an antidote to what some physicians perceived as "the growing tendency to unprofessional conduct in our ranks". The Meath hospital, located in Dublin, was world-renowned in the 19th century because of its innovative teaching methods and research – physicians who worked there included Francis Rynd (inventor of the hollow needle used in hypodermic syringes), Robert James Graves (uncredited inventor of the second-hand on watches) & William Stokes (who, with Graves, introduced bedside teaching to the western world, as well as creating one of the first treatises on the use of the stethoscope, and emphasising the importance of clinical examination in forming diagnoses).

Not only a brilliant scholar, Alex was also an accomplished athlete, rowing in the College eights and fours. He was a keen yachtsman and golfer and loved a game of billiards. He also enjoyed mountaineering. The British Medical Journal's obituary described Dr. O'Sullivan as "a man of the most lovable character: with simplicity he combined manly courage, as had frequently been displayed in his mountaineering adventures."

Dr. O'Sullivan, being a classical scholar, always kept in close touch with the progress of

mathematical research, as well as research in philosophy and the classics, and was widely considered to be an expert in the field of cellular pathology. He was recognized as an inspiring teacher, with his laboratory considered an essential meeting place for medical students and newly qualified physicians, given that he was always ready to provide advice and guidance. In 1903 he was Vice-President of the Pathology Section at the meeting of the British Medical Association at Swansea. He was also an external examiner at the Universities of Belfast, Edinburgh, Glasgow and Manchester, and was a member of the Royal Irish Academy, for which he wrote many papers.

Distinguished honorary members of the Royal Irish Academy have included Edmund Burke, Irish statesman, economist, and philosopher ("No power so effectually robs the mind of all its powers of acting and reasoning as fear"), Charles Darwin, geologist and biologist ("A fair result can be obtained only by fully stating and balancing the facts and arguments on both sides of each question"), Albert Einstein, Nobel-prize winning physicist ("The only real valuable thing is intuition"), & Erwin Schrödinger, Nobel-prize winning Austrian-Irish physicist ("Never rely on an authority in science. Even the greatest genius can be wrong - whether he has one or two Nobel prizes, or none").

Acknowledged as an outstanding figure in academia, medicine, mathematics, and pathology, it must have surprised everyone when in the autumn of 1915 Dr. O'Sullivan volunteered for service in World War I and went as a major in the Royal Army Medical Corps (RAMC) to Malta, where his work in malaria and dysentery obtained widespread recognition and universal acclaim. He was soon promoted to the rank of lieutenant colonel and became Director of Laboratories, Malta.

Malta was known as 'the nurse of the Mediterranean'. The development of the hospital accommodation of Malta was considered to be one of the most remarkable achievements of World War I. At the beginning of 1915 only a few hundred beds were available. Hospital

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Lt. Col. Alexander Charles O'Sullivan

after hospital was opened, until, by the end of November 1915 the island accommodated 20,000 patients. In all, 27 hospitals and camps were established. The development of the hospitals and the fact that they were adequately staffed was due to the energy and skill of a small number of determined people. Everything had to be imported into the rocky island(s), which, even in peacetime, did not supply enough food for its inhabitants, providing only vegetables, grain, poultry and goats. In the summer of 1915, the hospitals were staffed by 300 medical officers and almost 1,000 nurses. The sick and wounded did not lack any comfort (including a steady stream of visitors, to lift their spirits) which would aid their recovery.

The casualties from operations in Gallipoli (25 Apr 1915–9 Jan 1916), and Salonica (Oct 1915–30 Sept 1918), were initially treated in Malta and Egypt. During the summer and autumn of 1916, many cases of dysentery were admitted from Macedonia. Weekly convoys arrived with a number of sick varying from 718 to 2,587 per week. Hospital beds and convalescent depôts were gradually increased to 25,570 by adding tentage to the hospitals formed in 1915.

Lt Col Alexander Charles O'Sullivan RAMC, Director of Laboratories at Malta was one of five officers assigned to investigate and treat dysentery cases in Malta. They understood their primary function was to prevent unnecessary suffering and death where possible and to attempt to consider the effects of their treatments not just on the patient, but on the patient's family and wider community. By all accounts, they did magnificent work, infusing their patient-centred practice, often under the most difficult of war conditions, with integrity, as well as outstanding clinical, professional and ethical standards. Patients were treated with dignity. Though not all could be saved, a great many were, with treatment being afforded to all who needed it.

At the close of the war Alex was placed in charge of the Central Military Laboratory for Ireland. In 1922 he was appointed first Professor of Pathology at Trinity College. Later he was confirmed in that position as professor. Holding the position of registrar of the medical school (dean of the medical faculty), he came into contact with two generations of medical students and helped to shape the policy of the College. He was hailed as one of the outstanding figures in the life of the College.



One of the wards at Cottonera hospital, Malta, World War I.
Source: timesofmalta.com

Dr. O'Sullivan died on 18th February 1924 at his residence, on Ailesbury Road, Dublin, after an illness of only a few days. On Monday 11th February 1924, Alex demonstrated some post-mortem specimens to his pathology class, by Wednesday he had a spreading sepsis in one hand, and on the following Monday he died. Alex was 65 years old. He left a widow, Constance, and four children. As his obituary in the British Medical Journal observed: "So ended the visible life of one who combined in himself a number of intellectual gifts which are rarely found together in one individual".

Ethical to his core, Alex lived a life in service to others. His personal and professional philosophy can be summed up as: First, do no harm ("Primum non nocere", attributed to the ancient Greek physician Hippocrates, from one of his works called *Of the Epidemics*). Facts over fear. Freedom over tyranny. Humanity above all.



The FAI/Coachford AFC Summer Soccer Camp was a huge success. Boys and girls of all ages had a fantastic time learning the skills of soccer, making new friends and just having fun. There were 120 children at the camp from all over the Coachford, Dripsey, Carrigrohoid, Farran, Rylane, Aghabullogue and Donoughmore areas.



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Macroom U12s



Macroom U13s



Macroom U14s who defeated Mallow



Macroom U11s



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The staff of Dromleigh N.S. would like to wish the class of 2021 all the best in their move to post-primary school. Wishing you all every health and happiness as you embark on the next exciting chapter in your lives.



Photo of the second of this summer's FAI soccer camps, which took place at Macroom FC club grounds, Murrayfield

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LAOCHRA ÓG

Monday 9th August

Our U10 girls headed off down to St Columns in Kealkill this evening in lovely sunshine, St Columns got scores straight away with some great shots at goals, our girls made some great saves and had a few scores too and they showed great determination and never gave up hurleys were even broken thanks so much to parents for travelling, to St. COLUMNS for having us and @mattmurphyspharmacy for your continued sponsorship and support.

Sunday 15th August

Good Start to our U16 Championship this Morning with a good win over St. Finbarrs at Colaiste Ghobnatan. St Finbarrs started well with a good goal and point at the start of the game. Both teams didn't hold back in a very physical game with Laochra Og five points up going into the half time break. In the second half the game remained close going into the last quarter with St. Finbarrs pushing us all the way. It ended Laochra Og 2_11 St Finbarrs 2_04 a great performance from our players and our U14s who played their part too. Thanks to team Sponsors Healys Spar Clondrohid. Thanks to parents and supporters for coming to the game.



Laochra Óg U10 team v St. Columns 9th August 2021 01



Laochra Óg U16 Camogie Championship v St. Finbarrs 15th August 2021



Laochra Óg U15 Hurlers who are taking part in Féile on Saturday next August 21st in Kilbrittan.

CLONDROHID G.A.A

Clondrohid U15 Footballers were at home to Kilnamartyra in the Championship last Sat evg. Weather conditions made it very greasy and slippery. Kilnamartyra started very well and adapted to conditions better than our lads and put good scores on the board. Chances came the way, but the ball hit the post and crossbar several times. As the first half wore on Kilnamartyra extended their lead on the scoreboard with good scores and lead by 3 5 to 2 3 at half time. The 2nd half resumed which saw Clondrohid lads taking the game to Kilnamartyra. Few positional switches seemed to reap rewards on the scoreboard. Even though Kilnamartyra battled on, Clondrohid got the goals that mattered to put some distance from them on the scoreboard and ran out winners in the end after a great game. Well done to whole Panel of lads.

Clondrohid 5 - 08 Kilnamartyra 3 - 10

The Under 13's played Aghinagh last week on a magnificent looking Clondrohid pitch and what a game both sides put on for the crowd. This game had everything in it from the start. Hard tackling,

lots of saves, lots of goals and loads of points. As you can see from the score line, both teams were very evenly matched with the lead changing several times over the hour, with time running out Clondrohid camped themselves in the Aghinagh half looking for the equalising score but for some reason the ball just didn't want to go over the bar for them. With the final whistle sounding, unfortunately the team had just come up short by the narrowest of margins 5 15 to 5 16. Well done all.

Clondrohid U12 Footballers were at home in the league last week to Carberry Rangers.

With a share of our lads on holidays we just about fielded a team having no subs. Carberry started the game with some good attacking play which resulted in scores. The team found it hard to get some moves together as Carberry being the stronger more physical side didn't let up on keeping the scoreboard ticking over. Second half resumed with Clondrohid getting some great moves together which resulted in a few good scores. Carberry used their bench well and

therefore had fresh legs on our team who at this stage were tiring. Carberry ran out winners in the end. Thanks to all the squad of players for giving it their all.

COACHFORD AFC

Coachford AFC lotto winners. Ann Carey and Tracy Martin being presented with their lotto cheques for €1,000 each by Club Chairperson, Liam Casey. Included in the photo are Ann's children, Lisa, Joey and olivia.

The FAI/Coachford AFC Summer Soccer Camp was a huge success. Boys and girls of all ages had a fantastic time learning the skills of soccer, making new friends, and just having fun. There were 120 children at the camp from all over the Coachford, Dripsey, Carrigadrohid, Farran, Rylane, Aghabullogue and Donoughmore areas.



ST VALS



St. Vals u16A team who defeated Naomh Abán recently in the league.



St. Vals u12 team who defeated Fire Og recently.

Juvenile

Our Juvenile teams have been enjoying a great season so far with many enjoyable games.

Our under 8 girls played Nemo Rangers recently it was a thoroughly enjoyable morning. There has been a great turnout to trainings and the girls are improving their skills each week.

Both our under 9 and under 10 teams have played Douglas, Nemo Rangers and Ballincollig recently and they were all very competitive which brought out the best in everyone. The girls are growing in confidence with each game and most importantly, great fun was had by all!

There have been loads of games underway in the under 11 and under 12 age groups as the numbers attending are very big. It is fantastic to see so many young girls involved, and the future of club looks very bright. The under 11s played Donoughmore and Ballincollig recently while the 12 team are enjoying a winning streak with great performances against Éire Óg, Nemo Rangers and Donoughmore.

The under 13s have been training very hard and

have had some great outings recently. The under 14A team recorded a great win over Bishopstown last week on a scoreline of 8-12 to 0-10. Well Done girls.

Our under 16 girls have displayed some great performances in recent weeks in the League with wins over Naomh Abán and Bishopstown. These games are great preparation for the upcoming championship.

Sponsorships

A big thank you to GG's Bar and Restaurant who have sponsored our Under 13's a lovely set of new jerseys. As well as this, a big thanks also to AMS Group Kerry who have sponsored our Adult teams a lovely set of jerseys. These are greatly appreciated.

St.Val's Minor team have played Carrigaline and Douglas in the League which saw them beating Douglas 5.16 to 2.02 and ended up all square against Carrigaline on score line of 5.06 a piece. Our Junior Team have had a very successful league campaign and have reached the league

final which is scheduled for 23rd August against Glanmire. They have carried this success into their championship defeating Kinsale in their first round 1-20 to 3-04 and will play Fermoy in their next game. The seniors will play one more game in their league campaign and are training hard to prepare for their championship which will take place once the intercountry season has finished. We are very proud to have players representing Val's at every level with Cork. Lily O' Shea is a member of the Cork u14 team who recently played Tipperary and are through to the Munster final Vs Kerry. Liadh McMahon, Niamh McNabola and Amy Sheppard are with the Cork u16 team who recently beat Kerry to qualify for the Munster final on the 22nd of August. Laura Buttimer, Eireann O'Shea and Meadhbh Ring are on the Cork Minor team who beat Kerry and Tipperary to qualify for the Munster final. Marie Ambrose, Aisling Kelleher and Ciara McCarthy are with the Cork Seniors who will play Meath in the All Ireland Semi Final on the 15th of August. Well done to all our girls and management.

MACROOM SOCCER:

Munster Senior League

Our two adult teams are underway with league competition, and both played last weekend with contrasting fortunes. The Senior team had a big 6-3 win over visitors Kilworth, while the juniors were defeated in an away fixture against Ballincollig, also on a 6-3 scoreline.

The Seniors side, sponsored by Murray's Bar, were looking to bounce back from defeat in their previous game against Passage. They flew out of traps and were 4-0 ahead after only 15 minutes. Amazingly all four goals were scored by winger Michael Fitton in an unbelievable contribution. Mateusz Juszczak, Patrick Barry and Szymon Sanetra all provided assists. Kilworth regained their composure somewhat and replied with 2 goals of their own and the half time scoreline read 4-2.

Into the second period and Macroom increased the lead when Dylan Twomey profited following good work from Sanetra. Twomey then turned provider as his through ball saw Sanetra hit the upright. The visitors pulled another goal back but Macroom finished strongly and good work from the home attackers forced a goalkeeping blunder which led to a sixth Macroom goal. A fine squad performance with the plaudits



Maks Hadjuk, 4th left, of Macroom FC U14s attending his final training session with the club. Maks and his family are returning to Poland and his team makes presented Maks with a signed Macroom FC jersey. Best wishes to the Hadjuk family from all at the club.

deservedly going to Michael Fitton. To score 4 goals in 15 minutes is simply fantastic. The Junior team, sponsored by GP Wood, travelled to the Landing Field in Ballincollig for

their second league game. Macroom started well and were 1-0 ahead inside 10 minutes when Ryan Creed scored following good work from Kieran Doody. The home side equalized

shortly after and it was then all Ballincollig up until the hour mark. During this time they netted 3 more times to lead 4-1. Macroom upped their workrate and were rewarded with two quick goals from Dylan Dineen and Doody and all of a sudden it was 'game on'. However, the home team finished the stronger and two further goals condemned Macroom to their second successive league defeat. Best for Macroom were Tom O' Donovan, Darrin Cullinane and Darren Creed.

FAI Summer Camp

Due to exceptionally high demand this summer, a second FAI camp was required, and it took place at Murrayfield last week. Another

brilliant week unfolded and feedback from parents has been really positive. Following the camp, there is plenty of interest regarding new membership of Macroom FC. This is another important aspect of the FAI camp as some children may be trying out soccer for the first time. Spending a week with the excellent coaches is an ideal way to introduce the sport so youngsters can then decide if they wish to join. Head coach Richard Ivory was again delighted with Murrayfield and all his coaches were outstanding. Local lads Peter Murphy and Cormac Buckley were also coaching, and the club is delighted to see this. Both have bright futures in the game and we were thrilled to see them at Murrayfield for the week.

Cork City Bound

All at Macroom FC wish to congratulate Ava Ronan who has recently signed for Cork City Women's U19 side. Ava began her schoolgirl football with Macroom and subsequently moved on to Wilton Utd, where she has enjoyed tremendous success over the last few years. She is currently involved as a coach with Macroom FC U11 schoolgirls as well as the U12 and U13 boys teams and has been a brilliant addition to those groups. The club have no doubt that Ava's time with Cork City will be a huge success and best wishes from all at the club.

Photos of the second of this summer's FAI soccer camps, which took place at Macroom FC club grounds, Murrayfield



MACROOM GAA:

U5

The under 5s are continuing to train on a Saturday morning from 10am in Tom Creedon Park. The kids are improving every week. These sessions are very enjoyable for both the kids and the trainers whom include Sinead Minihane, Lynda Hurley, Tim Guider and Brendan O Connell.

U8 & U9

The u8s and u9s played matches against Canovee in TCP on Sunday morning. We fielded 3 teams of 8 and had 3 short matches. There was a great level of skill and no shortage of determination on display by all players. It's great to see the boys who are new to football this year getting to grips with the skills. A big thank you to all the parents and coaches for their support and to Canovee for organising the matches.

U11

This year, U11 training commenced in April with

a group of 30 players. We train twice a week on a Tuesday evening and Saturday morning. The team is ably assisted by coaches each lending sporting expertise and encourage to this great bunch.

Currently, the players are focusing on further skill development, particularly kicking and passing using weaker foot or hand. The boys have been working hard on this skill and progress has been noted at recent games with great effort and execution!

There is fantastic team spirit and work rate among the team.

This season, Macroom GAA entered two teams in the U11 competitions. To date, we have played five games to Clondrohid, Dohenys, Kilmurry, Canovee and Ballyvourney. During all games, the boys were allowed to select their own positions and all players got the chance to try different positions. The team displayed good skill and strength for the competitive games with increased competence and confidence in kicking and passing. The players are looking

forward to their next Go Game mini-blitz which is scheduled for August 28th in Kilmichael.

U12

Macroom U12 team began the 2nd phase of their league campaign on Sunday 25/7/21 with an away trip to Kealkil to take on St. Colums. In a keenly contested game Macroom fought back with two late points to secure a draw. Once again all players got plenty of game time and the group continue to improve with each outing.

Team: Cian Lee, Ben Ronan, Ultan Ó Tuama, Tamer Alloush, Dan Lyons, David Akinde, Donagh Moss, Daniel Lucey, Eoin Holland, Alex Waugh, Michael Cregan, Ronan Duggan, Ronan O'Sullivan, Michael Dunne, Robbie Magee, Conor Coughlan, Teteh Feyisoye, Tadgh O'Driscoll and Michael Deasy.

Our next outing will be away to Bandon on the 9th of August.

**U13**

The under 13s team B played Mallow last Tuesday evening in the Tom Creedon Park. This was a very tight game with both teams playing some good football. Mallow got some late scores to win on a scoreline of Macroom 3-12 Mallow 3-13.

Team Gearoid Quinn Thomas Hopkins Alex Brophy Ronan Duggan Eoin Holland Ultan Twomey Olan Buckley Jack O'Shea Billy Murphy Michael Dunne Michael Cregan Coran Burns Ryan Fernando Ben Mc Carthy.

Team A played St Finbarrs on Friday night in the league in the Castle Grounds

This was a very entertaining game with the Barrs scoring first then Macroom got in front and were good value for their 8 point lead at half time. In the 3rd quarter Macroom started brightly with a goal and a point. But the Barrs never gave up and came back strongly getting some scores and 2 goals one from a penalty to

leave 4 points between them at the 2nd water break. In the 4th quarter Macroom upped their efforts again and ran out deserved winners on a scoreline of 3-13 to 2-8.

Great effort from both teams. Team A: Olan Buckley Thomas Hopkins Eoghan Healy Alex Brophy Robert Fitzgerald Sam Leavy Conor Nash Jack O'Shea Darragh Donovan Oisín Phelan Billy Murphy Brian Bradley Coran Burns Jack Leavy Jayden O'Sullivan. Subs Michael Dunne, Troy Murphy, Eoin Holland

Tom Creedon Cup

This year saw a very successful Tom Creedon Cup competition run from June to August with 15 teams participating. The final took place on Friday 6th August in the Castle Grounds between Beal Atha an Ghaorthaigh and Adrigole with Beal Atha an Ghaorthaigh coming out on top on a scoreline of 0-20 to 0-07.

Rebels Bounty Internal Draw

Macroom GAA saw a very successful Rebels Bounty uptake in 2021 with a large number of members purchasing a ticket. As a gesture of gratitude, Macroom GAA commenced an internal draw of all Rebels Bounty ticket owners from July to December with a draw taking place at each monthly committee meeting and one lucky winner winning €100. So far, the July lucky winner was Adrian Kelly and August's winner was John Ryan.

Open Day

Macroom GAA are planning on hosting an Open Day in the Castle Grounds on Sunday 5th September. This is currently being finalised but stay tuned to our social media for details over the coming weeks and keep an eye out for Mr Cool ice-cream, bouncing castles and much more!



Beal Atha'n Ghaorthaigh 2021 Tom Creedon Cup winners



2020 Cork County Intermediate Hurling Final

Éire Óg 2-16 Aghabullogue 1-17

Éire Óg are 2020 Co-op Superstores County Intermediate Hurling champions after a thrilling victory over neighbours Aghabullogue at Páirc Uí Chaoimh. This win completed a memorable double for Éire Óg as they had been crowned County Senior A Football Championship a number of weeks ago.

The outcome of this marvellous contest was in doubt until the final whistle blew. The teams were level 1-13 to 0-16 after 50 minutes. Kevin Hallissey then pointed a '65' to inch Éire Óg in front before Aghabullogue's Ian Barry-Murphy rattled the net with a superb individual goal. Back came Éire Óg instantly as Dylan Brian Desmond's puck-out found its way to Brian Corcoran who blasted to the net in a frantic finale. Colm O'Callaghan hit over a point, Kevin Hallissey landed his seventh point of the evening to give his side a three-point cushion but Aghabullogue kept on battling to the end and Shane Tarrant pointed another huge free which reduced the gap to two points as the game entered injury time. The men from Ovens held on to complete an extraordinary double and gain promotion to Premier Intermediate hurling for the upcoming 2021 campaign.

Aghabullogue's Ian Barry-Murphy got the opening score as his side played with a strong wind for the opening period. Joe Cooper equalised with an excellent score



Brian Corcoran with his proud parents. Brian was on the Éire Óg team who recently defeated Aghabullogue in the IAHC final

from out on the sideline. Shane Tarrant edged Aghabullogue in front from a free before Daniel Goulding levelled for the Ovens outfit. Aghabullogue seized the initiative with three points in a row from Daniel Dineen, Ian Barry-Murphy and Mathew Bradley.

John Cooper landed a massive effort from play, matched by one from Daniel Dineen for Aghabullogue. Cork All Ireland footballer Ciarán Sheehan reduced the margin to two, 0-6 to 0-4 after 10 minutes. Aghabullogue powered forward with points from Shane Tarrant (free), Dineen and the impressive Bradley to lead by

0-9 to 0-6 at the water break after a frenetic opening quarter.

On resuming, Daniel Goulding was hauled down for a penalty but Kevin Hallissey's well-struck effort was brilliantly stopped by the outstanding Aghabullogue goalkeeper Finbarr Foley and the Aghabullogue men tacked on points through Paudie Twomey and Mathew Bradley to ensure they led by 0-12 to 0-7 at the break.

In the third quarter, Éire Óg took control and points from Cork senior footballer Colm Callaghan and Hallissey (free) reduced the gap to three points, an inspirational score from Sheehan was followed by a Hallissey free which reduced the gap to a single point, 0-13 to 0-12 after 44 minutes. The Ovens side then went ahead with a brilliantly finished goal from Daniel Goulding after great work from Hallissey and then came the dramatic final ten minutes which left the spectators breathless and drained.

Scorers: Éire Óg: K Hallissey 0-7 (0-5 f, 65), D Goulding 1-1, C Sheehan 0-3, B Corcoran 1-0, C O'Callaghan, J Cooper 0-2 each, J Cooper 0-1. Aghabullogue: I Barry-Murphy 1-3, D Dineen (f), S Tarrant 0-4 each, M Bradley 0-3, L Casey, P Twomey, S Feury 0-1 each.

Éire Óg: Dylan Desmond; Conor McGoldrick, Dermot O'Herlihy, John Mullins; Fionn O'Rourke, John Cooper, Diarmuid Dineen; Ronan O'Toole,

Daire McCarthy, Colm O'Callaghan, Kevin Hallissey, Joe Cooper; Daniel Goulding, Ciarán Sheehan, Lar Considine. Subs: Brian Corcoran 27, Brian Hurley 32.
Aghabullogue: Finbarr Foley; Denis Quinlan,

Aidan Barry-Murphy, Jerome Corkery; Paul Ring, Niall Barry-Murphy, Seán O'Connell; Michael Dennehy, Seán Feury; Daniel Dineen, Darren Rooney, Shane Tarrant; Mathew Bradley, Paudie Twomey, Ian Barry Murphy.

Subs: Luke Casey 37, Seán O'Sullivan 45, John Buckley 51.

2020 County Junior Football Championship final

Iveleary 3-11 Boherbue 1-6

The memories of bitter disappointments of recent years can be finally banished as Iveleary took the Bon Secours County Junior Football Championship title in majestic style at Mallow. The Muskerry champions were by far the better team, and in Chris Óg Jones had an exceptional finisher, the full-forward leaving an indelible mark on this decider contributing no less than 3-8 of his side's tally.

Iveleary dominated this game from start to finish, continuing with the outstanding form they had displayed a week earlier in the semi final against Kilmacabaea. They led by 0-4 to 0-1 at the water break and by six points at half time on a 1-7 to 0-4 scoreline. Chris Óg Jones' contribution had been added to by two points from Cathal Vaughan frees.

The Muskerry champions held a grip, the

defence inspirational, midfield on top and the attack simply buzzing!

Iveleary began the second half in encouraging fashion, Chris Óg posted a smashing point, a free added to Boherbue's tally only for Iveleary to steadily raise their performance levels and Chris Óg Jones collected a long ball in from Sean O'Leary, advanced and drove a ground shot past the Boherbue 'keeper. With 43 minutes gone, the score at 2-9 to 0-5, Iveleary simply oozing confidence, the outcome was clearly decided already.

Boherbue attempted to stay with the daunting task but they found the Iveleary defence resolute to the end and in the 54th minute Chris Óg Jones struck again, taking a high ball in from Kevin Manning to again shake the Boherbue net. Boherbue had a very late consolation goal which made the scoreboard look slightly better

for them but this was Iveleary's day, memorable for ever for them and particularly for Chris Óg Jones.

Scorers for Iveleary: C Óg Jones 3-8 (0-2 f), C Vaughan 0-2 f, C Galvin 0-1.

Iveleary: Joe Creedon; Daniel O'Riordan, Finbarr McSweeney Jnr, Barry Murphy; Kevin Manning, Seán O'Leary, Ciarán Galvin; Declan Kelly, Ciarán O'Riordan; Brian Cronin, Cathal Vaughan, Barry O'Leary; Conor O'Leary, Chris Óg Jones, Ian Jones.

Subs: Seán Lehan 44, Shane Galvin 54, Seán O'Riordan 54, Liam Kearney 54, Donal Cotter 58.

Management: John McNulty, John F O'Callaghan, Dan Kelleher, Don Murphy. What a proud day for them and a reward for their years of dedication to the Iveleary cause.

Mid Cork 2021 Macroom Motor Services U21 A Football Championship

This is a Round Robin Competition

Round 1: Ballincollig 4-14 Inniscarra 0-2

Round 2: Inniscarra 0-10 Éire Óg 0-15

Final: Éire Óg v Ballincollig

Progress in this competition of three teams has been severely hampered by the involvement of players with Cork U20s, and Cork U17s and the recent county final clash of Éire Óg and Aghabullogue in the Intermediate County Hurling Final.

Éire Óg 0-15 Inniscarra 0-10

After suffering a heavy defeat in their earlier encounter with Ballincollig, pride was restored for Inniscarra when they made highly fancied Éire Óg work very hard for their victory in the

Macroom Motors U21 A football championship at Ballincollig. Inniscarra forced the pace, point by point, all the way to 0-5 each at the water break before Keelan McCarthy edged Éire Óg in front for the first time at 0-6 to 0-5 and Éire Óg had further points from Jerome Kelleher, Jack Sheehan and Rian O'Flynn to lead by 0-9 to 0-6 at the half time mark.

Scores were scarce in the third quarter, Joe Cooper adding a single point to the Éire Óg tally against two for Inniscarra so the gap between the teams was down to two points at the last water break. Éire Óg finished the game strongly with points from Dylan Foley, Joe Cooper, David Kirwan and Oisín O'Shea but they had to battle hard for their five point win.

Éire Óg: Ben McCarthy; Conor Walls, Mark

Kelleher, Seán O'Donovan; Jerome Kelleher, (0-1), Conor McGoldrick, David Twomey; Joseph Cooper, (0-2), Cian Rickard; Jack Sheehan (0-2), Rian O'Flynn (0-1), David Kirwan: (0-2); Graham Moynihan, Dylan Foley (0-5, 0-3f), Keelan McCarthy (0-1). Subs: Adam McCarthy ht, Sam O'Driscoll 35, Oisín O'Shea (0-1) and Diarmuid Dillon both on 45, Kevin Cooper 55.

Inniscarra: Ben Maher; Ethan Piggott, Darragh Hughes, Neil Vaughan; Robert Cahill, Colin O'Leary, Seán Quinlivan; Mark Mc Loughlin (0-1), Seán Leisk (0-1); John Cussen, Mark Linehan, Dara Murphy; Stephen Linehan (0-1), Liam O'Connor (0-5, 0-2 f), Seán Dineen (0-2). Subs: Josh Roberts (ht), Shay O'Donoghue 50, Frank Horgan 57 min.

2021 Macroom Motor Services U21 B Football Championship

Semi Finals:

Ballinora 4-11 Naomh Abán 2-9

Aghabullogue 2-10 Canovee 1-12

Final: Aghabullogue v Ballinora

Aghabullogue 2-10 Canovee 1-12

This semi final of the Macroom Motors Mid Cork U21 B Football championship at Ballyanley was very competitive, of high quality and produced a tremendous finish with Aghabullogue hanging on to deny Canovee at least the equaliser they probably deserved. Six points behind at the break, Canovee controlled the third quarter but a fine 45th minute goal from Pádraic O'Sullivan, assisted by a superb defence splitting pass from Luke Casey, was to prove the ultimate decisive score for Aghabullogue, now leading 2-6 to 0-5, as it gave them a

respite from the almost constant pressure Canovee were exerting. The final quarter was hugely exciting with Canovee twice making ground only to be twice repelled again before Jack Kelleher really threw the cat amongst the pigeons with a smashing goal two minutes from time which left his side two points adrift. Conor Higgins tacked on a point immediately to leave only the minimum between the sides but Aghabullogue held out to claim their place in the final against Ballinora.

Scorers: Aghabullogue: Pádraic O'Sullivan 2-1, Luke Casey 0-3, Cialan O'Sullivan and Reece O'Sullivan 0-2 each, Mark O'Connell and Paul Dilworth 0-1 each. Canovee: Jack Kelleher 1-3 (0-1f), Jason O'Riordan 0-5 (0-4f), Kieran Walsh, Daire McMahon, Conor Dodd, Conor Higgins 0-1 each.

Aghabullogue: David O'Sullivan; Killian BarryMurphy, Conor Smith, Seán Buckley; Jack Murphy, Adam Murphy, Conor Dineen; Mark O'Connell, Paul Dilworth; Brian Dineen, Cialan O'Sullivan, Pádraic O'Sullivan; Luke Casey, Jack Oldham, Reece O'Sullivan. Subs: Tom Griffin 40, Ardghail Ó Buachalla 50, Jason O'Sullivan 55. Canovee: Ben Cheasty; Seán Keating, Eoin McNabola, Shane Hughes; Cian Cronin, Eoghan Lehan, Patrick O'Neill; Eoin Moynihan, Evan Dodd; Dylan Delaney, Conor Dodd, Kieran Walsh; Jason O'Riordan, Shane O'Riordan, Daire McMahon. Subs: Jack Kelleher 40, Conor Higgins, Darren Moynihan, Referee: Denis Dineen, Ballinora.



Ballinora 4-11 Naomh Abán 2-9

Ballinora gave notice of bright days ahead for the club with the performance of their U21s at Carraigadrohid. Naomh Abán despite playing into a strong wind started well and led by 1-2 to 0-2 at the water break. Ballinora drew level with a goal on the restart but Naomh Abán were back in front at half time, 1-7 to 1-4.

Two goals within ten minutes of the resumption had Ballinora in front, and it was 3-6 to 2-7 at the water break. Naomh Abán drew level and went a point up, but a fourth goal for Ballinora on 52 restored the lead to them and they were never led subsequently.

Ballinora: Aaron Kavanagh: Liam Lyons, James Keohane, George Forde: Colin O'Flynn, Neil Lordon, Michael Quirke: Jack Twohig, David O'Halloran: Luke O'Donovan, Shane Kingston, Peter Mayor: Brian McCarthy, Conor Quirke, Ivan Quirke. Subs: Hugh O'Sullivan, Danny Dineen, David Lehane, Sean Brennan, Adam Laverty.

Naomh Abán: Finlay Makem: Tomas Ó Catháin, Fionn Ó Loinsigh, Ciarán Ó Luasa: Seamus Ó Muineacháin, Colm de Roiste, Aodh Ó Catháin:



Naomh Abán U21 footballers

Conor Ó Críodáin, Dara M Ó Loinsigh: Ciarán Ó Colmán, Caoimhín Ó Donnchú, Seán Ó Riordáin: Martin Ó Súilleabháin, Dara F Ó

Loinsigh, Daniel Ó Ceallaigh. Referee: Mr Ger Ahern, Canovee

2021 Macroom Motors U21 C Football Championship

Winners: Béal Átha'n Ghaorthaidh Runners up: Donoughmore

2021 Mid Cork Championship Draws

Junior A Football Commencing after county championship start, not earlier than 2nd September (new starting date)

Ross Oil Junior A Football Championship

1st Round

Grenagh v Aghinagh

Ballingeary v Ballincollig

Kilmurry v Kilmichael

Éire Óg v Cill na Martra

Inniscarra v Canovee

Clondrohid v Donoughmore

Round Two: Losers round to be drawn

Ballincollig Credit

Union Junior B Football

Championship

1st Round (Knock out) – probable start: late September

Ballincollig V Kilmurry

Dripsey V Naomh Abán

Canovee V Blarney

Iveleary V Macroom

Gleann na Laoi V Inniscarra

Ballinora V Aghabullogue

Rochestown Park

Hotel Junior C Football

Championship

1st Round (Knock out)

Grenagh V Eire Og
Clondrohid V Ballincollig
Dripsey V Aghinagh
Naomh Abán V Macroom
Kilmichael V Ballingeary
Cill na Martra V Blarney

MJK Oils Junior A Hurling Championship

1st Round

Kilmichael v Ballinora

Iveleary v Inniscarra

Eire Og v Ballincollig

Cloughduv v Aghabullogue

Donoughmore v Blarney

Round Two: Losers round

Oriel House Hotel Junior B

Hurling Championship

Preliminary Round (winners advance)

Ballincollig V Ballinora

Next Round (knock out)

Winners of Preliminary Round V Inniscarra

Donoughmore V Gleann na Laoi

Eire Og V Laochra Og

Blarney V Grenagh

Semi finals will be drawn after this round

2021 Mid Cork Quish

SuperValu

Junior A Football League

Group 1	P	W	D	L	Points
Canovee	5	4	1	0	9
Donoughmore	5	3	1	0	7
Aghinagh	6	3	1	2	7
Iveleary	6	2	0	4	4
Éire Óg	4	1	2	1	4
Ballincollig	5	2	0	3	4
Kilmichael	4	0	1	4	1

Group 2	P	W	D	L	Points
Inniscarra	5	4	0	1	8
Cill na Martra	4	3	0	1	6
Kilmurry	5	3	0	2	6
Béal Átha'n G	4	2	0	2	4
Clondrohid	5	2	0	3	4
Grenagh	5	0	0	5	0

County Championship

Groupings

Senior Hurling: 3 groups of four teams, 2 to advance

A Glen Rovers, Douglas, Newtownshandrum, Bishopstown

B Sarsfields, Na Piersaigh, Midleton, Carraigtwohill

C Blackrock, Erin's Own, St Finbarrs, Charleville

Senior A Hurling:

A Kanturk, Bandon, Fermoy, BLARNEY

B Ballyhea, Bride Rovers, Ballymartle, Mallow

C Fr O'Neill's, Newcestown, Cloyne, Killeagh

Premier Intermediate Hurling:

A Carraigaline, Courceys, Youghal, ÉIRE ÓG

B Castlelyons, Watergrasshill, INNISCARRA, Valley Rovers

C Kilworth, BALLINCOLLIG, Ballinhassig, Aghada

Intermediate A Hurling

A AGHABULLOGUE, Sarsfields, Dungourney, Argideen/Mallow/Glen

B Blackrock, Mayfield, Douglas, Russell Rvrs/ Castlemartyr

C Kildorrery, CLOUGHUV, Midleton, Argid/ Mallow/Glen

Lower Intermediate Hurling

A Argideen/Mallow/Glen, Kilbrittain, DRIPSEY, GRENAGH

B Russell Rvrs/Castlemartyr, Tracton, St Finbarrs, Lisgoold

C St Catherines, Milford, Ballygarvan, Barryroe

Senior Football

Muskerry now join UCC and Duhallow in a trio that will battle for one quarter-final place in the county championship.

Muskerry: Donncadh Kelleher (Inniscarra); Paul Crowley (Donoughmore), William Ronan (Kilmurry), Adam Murphy (Aghabullogue); Declan Ambrose (Aghinagh), Aidan Murphy (Canovee), Kyle Kelleher (Kilmurry); Fintan Goold (Macroon), David Horgan (Macroon); James Moynihan (Canovee), David Thompson (Aghabullogue), Evan O'Sullivan (Aghabullogue, Capt); Mark Healy (Canovee), Luke Casey (Aghabullogue), Jack Kelleher (Canovee).

Subs: Ciarán Dineen (Cill na Martra), Darragh Holmes (Ballinora), Fionn Warren (Kilmurry), Darren Dineen (Clondrohid), Liam Twohig (Aghinagh).

A Nemo Rangers, Valley Rovers, Douglas, Carrigaline

B Castlehaven, Newcestown, Carbery Rangers,

ÉIRE ÓG

C St Finbarrs, BALLINCOLLIG, Clonakilty, Ilen Rovers

Senior A Football

A O'Donovan Rossa, Bandon, BÉAL ÁTHA'N GHAORTHAIÐH, Dohenys

B Bishopstown, St Michaels, Kiskeam, Knocknagree

C Fermoy, Mallow, Clyda, Bantry Blues

Premier Intermediate Football

A St Nicks, Kanturk, MACROOM, NAOMH ABÁN

B CILL na MARTRA, Nemo R, St Vincents, Mitchelstown/Rockchapel winners

C Newmarket, Aghada, Castletownbere, Na Piarasigh

Intermediate A Football

A Mitchelstown/Rockchapel losers, AGHABULLOGUE, Kildorrery, Glanmire

B Kilshannig, Glanworth, Adrigole, Glenville

C Millstreet, Kinsale, St Finbarrs, IVELEARY

D Gabriel Rangers, BALLINORA, Dromtariffe, Ballydesmond

Cork Credit Unions Football League

Seven Groups of 4 teams

1 Final: St Finbarrs 4-15 Clonakilty 3-10

2 Final: Castlehaven 4-15 Newmarket 1-14

3 Final: Carrigaline 0-11 Newcestown 0-13

4 Final: Naomh Abán 0-17 Bandon 1-13

5 Final: Mitchelstown v Knocknagree

6 Final: Kilshannig v Na Piarasigh

7 Final: Glanmire 4-14 Castletownbere 0-15 aet

Tom Creedon Cup, sponsors: Macroon Bookshop

Final: Béal Átha'n Ghaorthaidh 0-20 Adrigole 0-7

Béal Átha'n Ghaorthaidh 0 - 20 Adrigole 0 - 7

As a senior team, Béal Átha'n Ghaorthaidh would have been expected to win this Tom Creedon Cup final, played at Macroon on Friday evening last. Adrigole are ranked two grades lower, and the Gaeltacht side duly and deservedly did win out to take the cup for the third time. There was some consolation for the Beara side however as in qualifying for the decider they accounted for two senior teams in St Michaels and O'Donovan Rossa and were in live contention here until the half time break. In the second half however Béal Átha'n Ghaorthaidh got on top at midfield and their attackers showed their undoubted abilities with a string of excellent points that had victory secured before the second water break and they remained focussed to the finish.

The opening quarter was very keenly contested and finished level at 0-3 each, Conchur Ó Loinsigh, Ben Seartan and Len Ó Conchuir points for Béal Átha matched by scores from Seán O'Sullivan, Kevin Goggin and Cormac Carey for Adrigole. Béal Átha had a very good ten minutes after the break and outscored Adrigole by 0-7 to 0-1 in this period. Diarmuid Mac Tomás kicked over four of these, three in a two minute spell, Ben Seartan contributed 0-2, 0-1 from a free and his brother Donagh chipped in with another, a Kevin Goggin point from a free the sole reply from Adrigole. In the final minutes of the half Kevin Goggin converted two frees to bring his side to within four points of the winners, 0-10 to 0-4 and leave open the possibility of an Adrigole revival.

On the resumption Seán O'Sullivan pointed another Adrigole free to cut the gap back to three points but that was as good as it got for the peninsula men. They were not to score again as the rains came falling from the dark skies and the floodlights were utilised to illuminate the play. Another point from Diarmuid Mac Tomás in the 34th minute got the Béal Átha men back in the groove and Donagh Seartan quickly added another, this a fine score. Donagh Seartan added another



Tom Creedon Cup Final at Macroon. From left- Joe Blake PRO Cork Co Board, Liam Ó Críodáin, captain Béal Átha'n Ghaorthaidh, Tom Creedon Jr. and his mother Marion Creedon Hegarty.

point in the 41st minute, Ben Seartan was just wide with a ground shot and Adrigole, though in trouble, were still battling on bravely but coming up against a Béal Átha defence in top form with Noel and Enna Ó Duinnín excellent in the tackle and Noel Ó Laoire outside them marshalling the half back line impressively. Points from Conchur Ó Loinsigh and another from a Len Ó Conchuir mark left Béal Átha leading by 0-15 to 0-7 at the water break and in an unbeatable position. In the final quarter, Béal Átha did not lose focus and added further points from Mac Tomas, Ó Loinsigh and their outstanding midfielder Andrias Ó Coinceannain. The Adrigole defence did keep their goal intact and the team will have benefitted from playing top opposition in this year's Tom Creedon Cup competition, and they looked to be a well prepared and organised team as they face into the coming intermediate championship and clashes with Millstreet, Kinsale and newly crowned junior county champions Iveleary. Fermoy, Bandon and Knocknagree are the Béal Átha opposition in the Senior A championship which will not now commence until September, a consequence of the exhilarating displays of the Cork hurlers as

they qualify for an All Ireland final appearance. Scorers: Béal Átha'n Ghaorthaidh: D Mac Tomás 0-6, C O Loinsigh, D Seartan, B Seartan (0-1f), A Ó Coinceannain (0-1f), 0-3 each, L Ó Conchuir 0-2 (0-2mark). Adrigole: K Goggin 0-4 (0-2f), S O'Sullivan 0-2 (f), C Carey 0-1.

Béal Átha'n Ghaorthaidh: Darren Ó Coill: Nollaig Ó Duinnín, Eanna Ó Duinnín, Seán Ó Donnchú; Seamas Ó Tuama, Nollaig Ó Laoire, Cian Ó Duinnín: Colmán Ó Tuama, Aindrias Ó Coinceannain: Donagh Seartan, Ben Seartan, Liam Ó Críodáin: Diarmuid MacTomás, Leonard Ó Conchuir, Conchur Ó Loinsigh. Subs: Amhlaoibh Ó Loinsigh for C Ó Tuama, Enda Ó Luasa for C Ó Duinnín, Seán Ó Coill for B Seartan, Tadhg Ó Laoire for L Ó Conchuir.

Adrigole: William O'Sullivan: Cian O'Neill, Fergal Carey, Darragh O'Sullivan: Daniel Harrington, Connie O'Shea, Diarmuid O'Sullivan: Seán O'Shea, Neil O'Sullivan: Cian O'Shea, Kieran O'Sullivan, Charlie O'Sullivan: Seán O'Sullivan, Kevin Goggin, Cormac Carey. Subs: Ryan O'Sullivan for D O'Sullivan, Jack O'Sullivan for C O'Sullivan, Keith Crowley for S O'Shea, Jason O'Sullivan for C Carey Mikey O'Sullivan for K Goggin, Mikey Crowley for C O'Shea.

Referee: John Ryan, Macroon

All Ireland Senior Hurling semi final

Mid Cork involvement: Mark Coleman and Shane Barrett of Blarney; Seán O'Donoghue of Inniscarra. Well done to all three.

Cork 1-37 Kilkenny 1-32

Cork have exorcised their All-Ireland semi-final and extra-time demons to secure their first senior final appearance in eight years.

The win appeared to be theirs in normal time only for Kilkenny's Adrian Mullen to find the net in the final seconds of the game. Jack O'Connor's goal close to the end of the first half of extra-time separated the teams at half-time, 1-32 to 1-29. Kilkenny couldn't match Cork in the second half of extra-time, the Rebels going six points up with three quick scores after the turnaround, one of them being substitute Shane Kingston's seventh point from play.

Kilkenny had begun the game better and led 0-6 to 0-2 after 11 minutes. However, scores from frees and play from Niall O'Leary and Horgan in a fine six-minute spell for Cork saw them take a 0-7 to 0-6 lead as the Cats were looking second

to most balls. The water break came at the worst time for Cork and Kilkenny scored the first three of the second quarter. Cork fired back with three of their own, O'Flynn looking so sharp in creating opportunities.

The teams were on level terms for the sixth time when Reid sent over a 30th minute free before Patrick Collins had to make himself big to stop a goalbound shot by Cody. Reid scored the 65 that followed and Kilkenny maintained their advantage going into half-time when they led by 0-15 to 0-14. Kilkenny stretched their lead to four points by the 42nd minute but the introduction of Kingston and Alan Cadogan injected life into their forward line and Cork were on equal terms by the second water break.

Outscoring Kilkenny 0-6 to 0-1 in an eight-minute period in the final quarter, they led by five only for Reid to detract from it with a 65 and a free and the last second goal sent the game into extra time.

Looking Forward: A first Cork-Limerick All-

Ireland final on August 22, the Rebels' first since 2013.

Scorers for Cork: P. Horgan (0-15, 9 frees); S. Kingston (0-7); J. O'Connor (1-3); A. Cadogan (0-3); R. O'Flynn, S. Harnedy (0-2 each); N. O'Leary, D. Fitzgibbon, Shane Barrett, Mark Coleman, D. Dalton (0-1 each).

Cork: Patrick Collins; Seán O'Donoghue (Inniscarra), Robert Downey, Niall O'Leary; Mark Coleman (Blarney), Ger Millerick, Timmy O'Mahony; Darragh Fitzgibbon, Luke Meade; Conor Cahalane, Robbie O'Flynn, Seamus Harnedy; Jack O'Connor, Shane Barrett (Blarney), Patrick Horgan (c).

Subs: Eoin Cadogan for G. Millerick (inj 35+2); Shane Kingston for D. Fitzgibbon (42); Alan Cadogan for S. Barrett (47); Damian Cahalane for R. O'Flynn (inj 68); Alan Connolly for C. Cahalane (inj 70+1); Seán O'Leary Hayes for M. Coleman (inj 80); Darragh Fitzgibbon for L. Meade (84); Declan Dalton for J. O'Connor (85).

All Ireland Senior Camogie Championship

Cork are grouped with Waterford, Dublin and Down.

CORK topped Group 2 and are straight through to the All Ireland semi final stage after the subsequent draw was made.

LGFA All Ireland Ladies Senior Football semi final

Cork 2 - 10 Meath 2 - 12 aet

Meath are through to the All-Ireland Ladies Senior Final after an incredible late comeback in normal time earned them a second bite at the cherry in extra time. The result was a disaster for Cork who were six points clear with two minutes to go but conceded two goals in heart breaking fashion.

The game began at a slow pace with both sides producing some unsatisfactory shooting; Cork registered seven first half wides. Cork's Ciara O'Sullivan was desperately unfortunate as she went down under a challenge. After a long delay during which the centre-forward was treated, she was taken off on the mobile stretcher and replaced. Scores were not plentiful, however Eimear Scally had her eye in and sent Cork two points ahead from the free after O'Sullivan's injury.

Meath had yet to score at that stage but when they did they got two in quick succession, then went ahead by two but were pegged back as Cork scored two before the end of the half to leave it level at four points apiece at the break. The second half looked as though it would

belong to Cork as they registered the first four scores after the interval, the last of which was a goal by Doireann O'Sullivan which left them 1-07 to 0-04 in front.

Cork maintained a gap of four points until the 54th minute when the impressive Eimear Scally goaled to send the Rebels seven points up, 2-08 to 0-07.

When Meath substitute Niamh Gallogly scored her second point of the day to leave a six point gap between the teams, there were just two minutes left and it seemed like an insignificant consolation score.

However, chaos ensued as Meath broke through again moments later and earned a penalty, which Stacey Grimes dispatched with just over a minute left on the clock.

The impossible still seemed improbable at that juncture but after the Cork restart from the kickout, Meath won possession back and Emma Duggan blasted to the net to stun all in attendance and level the game.

The first period of extra time saw the two sides trade points on two occasions to leave the game at 2-10 apiece going into the final 10 minutes.

There were no scores for six minutes of the second half of extra time, and it was then that Emma Duggan stepped up to send a brilliant point over on the turn to edge Meath ahead.

Cork had a chance of levelling the game through a free, but the ball went wide- it was that kind of day for Cork!

Meath will now head to the All-Ireland final, where they will face Dublin, the Cork ladies will turn to club championships and try to forget this disappointment.

Cork: M O'Brien (capt.); Marie Ambrose (St Vals), R Phelan, E Meaney; Erika O'Shea (Macroom), Meabh Cahalane (Éire Óg), M Duggan; A Hutchings, H Looney; L O'Mahony, C O'Sullivan, A O'Sullivan; S O'Leary, K Quirke, Eimear Scally (Éire Óg).

Subs: D O'Sullivan for C O'Sullivan (9), B O'Sullivan for A O'Sullivan (41), L O'Mahony for Kiely (45), K Quirke for O'Leary (52), D Kiely for O'Mahony (61), L Coppinger for Meaney (61), Emma Cleary (Éire Óg) for B O'Sullivan (67), E Kiely for O'Callaghan (79).



Uíbh Laoire 2020 County Junior Football Champions

2021 U20 All Ireland Hurling Championship

Final: Cork v Galway

Electric Ireland Munster Minor Hurling Championship final

Cork 1-26 Waterford 1-15

Cork will compete in three All-Ireland hurling finals in the space of six days later this month following victory over Waterford in Electric Ireland Munster minor decider in Thurles.

After victories over Clare and Limerick, Noel Furlong's side maintained their momentum and were in control for much of proceedings, set on their way by a goal from Eoin O'Leary after 13 seconds. The young Rebels led by eight points at the first-half water-break and, though a goal from Jack Twomey helped Waterford to come back to within six, Cork retired at half-time with an 11-point advantage. While the levels dropped in the third quarter and Waterford cut the lead, Cork had restored the 11-point gap by the end.

Cork are straight through to the final against Galway on Saturday, August 21 – the day before the senior decider against Limerick.

Scorers for Cork: J Leahy 0-11 (0-7f, 0-1 65), E O'Leary 1-2, W Buckley 0-4, D Healy, M Finn (0-1 sideline), T Wilk 0-2 each, C Tobin, B Nyhan, A Walsh 0-1 each.

Cork: Paudie O'Sullivan (Fr O'Neills); Darragh O'Sullivan (Ballinhassig), Kevin Lyons (Ballygarvan), James Byrne (Ballinora); James Dwyer (Ballincollig), Ben O'Connor (St Finbarr's), Timmy Wilk (Cobh); Mike Finn (Midleton), Cillian Tobin (Bride Rovers); Diarmuid Healy (Lisgoold), Ben Nyhan (Clyda Rovers), Tadhg O'Connell (Ballincollig); Eoin O'Leary (Glen

Rovers), Jack Leahy (Dungourney), William Buckley (St Finbarr's).

Subs: Adam Walsh (Bride Rovers) 6-7, temporary, David Cremin (Midleton), Walsh for Nyhan (half-time), Rory Sheahan (Kanturk) 50, Ross O'Sullivan (Na Piarasigh) 56, Oran O'Regan (Erin's Own) 58 and Dylan Costine (Cloyne), Shane Kennedy (St. Finbarr's), Kyle Wallace (St. Catherine's), James O'Brien (Fermoy).

Electric Ireland

Munster Minor Football

Championship Final

Cork 1-17 Limerick 0-13

Victory for Cork in the Munster minor football final, their first minor title in 11 years, completed a clean sweep of provincial underage titles for the county. Cork kicked eight points without reply between the 52nd minute and full-time to go from one behind to seven in front at the finish.

Cork made to work hard, Limerick moving 0-12 to 1-8 in front at the second water break after a third-quarter where they outscored their opponents by 0-7 to 0-2.

Hugh O'Connor brought Cork back level on 48 minutes and while Darragh Murray's seventh free of the final did momentarily shove Limerick back in front, Cork powered down the home stretch to run out seven-point winners.

Cork will now play the winners of the Tyrone-

Donegal Ulster final in the All-Ireland semi-final the weekend after next.

Cork: H O'Connor (1-7, 0-2 frees); J O'Driscoll (0-2); D Twomey, M McSweeney, J O'Neill, C Gillespie, D Crowley, S Copps, R O'Shaughnessy, L O'Herlihy (0-1 each).

Cork: Mikey O'Connell (St Michael's); Dan Twomey (Ballinascarthy), Shane O'Connell (Kilshannig), Patrick O'Grady (Killavullen); Sam Copps (Mallow), Conor Twomey (Carbery Rangers), Darragh O'Brien (Glanworth); Michael McSweeney (Knocknagree), Rory O'Shaughnessy (St Michael's); Jack O'Neill (Castlehaven), Niall Kelly (Newcestown), Colm Gillespie (Aghabullogue); Olan Corcoran (St Mary's), Jamie O'Driscoll (Castlehaven), Hugh O'Connor (Newmarket), Daniel Walsh (Douglas)..

Subs: Bryan Hayes (Nemo Rangers) for Corcoran (38); Alan Kelleher (St Colum's) for Twomey (44); Dylan Crowley (Urhan) for Gillespie (47); Fionn Crowley (St Finbarr's) for McSweeney, Luke O'Herlihy (St Michael's) for Kelly (both (50) and Conor Cusack, Nemo Rangers, Jack Cunningham, Douglas, Niall Daly, Ilen Rovers.

Extended panel: Dan Andrews (St. Colum's), Mark Hunt (Macroom), Deccie Copps (injured) (Mallow), Oisín O'Sullivan (Kilmeen), Ross Corkery (injured) (Nemo Rangers), Daire McMahon (Canovee), Nathan Davis (Ballinora), Ronan O'Sullivan (Mallow), Kian O'Callaghan (Kinsale), Aaron O'Sullivan (Aghabullogue).

CLONDROHID G.A.A NOTES

Dan Kelleher

It was with great sadness Clondrohid GAA Club members learnt of the passing of club president Dan Kelleher late of Moulnahorna, Carriganima. Dan had a lifelong interest in the GAA with a direct family link through his grand uncles to the famous Clondrohid football teams of the 1890's. With no football team in Clondrohid in the late 50's & early 60's Dan along with some of his neighbours played with Aghinagh. In 1984 Dan got involved in organising the Clondrohid under 12 football team when his 3 sons Gerard, Donie & Declan R.I.P. began playing. He continued his involvement with underage teams throughout the years and greatly appreciated titles won - especially with Donie as u/16 winning captain in 1989. Dan was a most enthusiastic supporter of Clondrohid junior football teams and with Gerard & Declan involved enjoyed Muskerry Cup & League title wins, Duhallow/Muskerry Cup wins and finally culminating in a Mid Cork title victory in 1995. Dan took great pride in all his family's sporting achievements with latterly a special interest in the sporting exploits of his grandchildren. In 1996 Clondrohid GAA club weekly lotto was started to raise badly needed club development funds. Dan immediately got heavily involved in organising/running the club lotto along with his late wife Mary RIP and the rest of the Kelleher Family. This involvement continued up to date with sufficient club finances being generated

to develop the present day club facilities. Clondrohid GAA Club greatly appreciate Dan Kelleher's involvement in the provision of such marvellous facilities.

Sincere Sympathy is extended to all the Kelleher Family. Ar dheis De go raibh a anam.

U13

Clondrohid 5 - 09 Cill Na Martra 0 - 15
Clondrohid Under 13's played Cill Na Martra away last week, they say goals win games and that's how it played out that evening. Both teams served up a cracking game of football which had everything you would want in a game. Great saves, great defending, and great scoring. But more importantly than all was the way this young team showed a fantastic team spirit and a willingness to play for one another which was brilliant to see. Thanks to Cill Na Martra for a cracking game of football.

U15

Clondrohid U15s Footballers were out last week also in Rusheen against Aghinagh in the Championship. Weather conditions were poor, which didn't allow for free-flowing football. Clondrohid started well putting points on the board from the start. Aghinagh found it hard to get in the scoring zone and struggled on the scoreboard. As the first half went on the lads kept the

scoreboard ticking over while Aghinagh were limited to a couple of scores. Half time Clondrohid lead by double scores. Second half resumed with the lads keeping the pressure on and again putting scores on the board. Aghinagh got very few chances of scores because of some great defensive displays by the Clondrohid lads. In the end Clondrohid were comfortable winners on the night. Well done to all the players

U12

Clondrohid U12 Footballers were out last week against Bantry Blues in their opening game of the Cup and Shield Competition. Bantry Blues started the game with some good football putting the first 2 scores on the board. Our lads took some time to adjust to playing a stronger more physical side but when settled started putting on some scores of their own. The game was evenly matched from there on to half time. Bantry lead by a pint at half time break. Second half resumed with Clondrohid putting in some great hard working performances which resulted in taking the lead up to the last minute of the game in which Bantry after a few pressurising attacks got the levelling point. Clondrohid 4 - 8 Bantry Blues 5 - 5
Great credit due to all the players in such an exciting game

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Snippets may include details of upcoming Lee Valley functions, fundraisers, sports events etc. We may include commercial events that are also being advertised simultaneously in the magazine.

AGHINAGH GAA:

Lotto Results 2nd August, 2021

The jackpot was €1,600.00. The numbers drawn were 3, 24 and 35. There was no jackpot winner. Consolation prizes: €50.00 to Christine Kelleher, Shanakiel. €20 each to Tim Burns, Carrig; Jim & Siobhan Twomey; Mikey O'Brien, Coolnadane; Mairead Corkery, Drombeg.

Lotto Results 9th August, 2021

The jackpot was €1,750.00. The numbers drawn were 2, 35 and 38. There was no jackpot winner. Consolation prizes: €50.00 to Martin Hubbard, Incheale. €20 each to Con & Noreen O'Connor, Rusheen; Pat Casey, Shanakiel; Valerie Neville, Dromree (Online Winner); Cora O'Flynn, Horsemount (Online Winner).

COACHFORD AFC:

Lotto Results 9/8/2021. Jackpot: €1,800. Numbers Drawn: 2 - 17 - 27. No Winner. €40 Susan Lane (Online Ticket). €20 John Manley (Yearly Ticket). Olive O'Sullivan. David & Katie. Ger O'Connell.

Lotto Results 3/8/2021. Jackpot: €1,600. Numbers Drawn: 2 - 12 - 17. No Winner. €40 Danni Madden. €20 Ann Martin. John Long (Yearly Ticket). Danni Madden. David C. Murphy (Online Ticket).

Lotto Results 16/8/2021. Jackpot: €2,000. Numbers Drawn: 14 - 26 - 28. No Winner. €40 Geraldine Hunt (Online Ticket). €20 Julie McCarthy. Richard Collins (Yearly Ticket). Jennifer Delaney. Barry O'Connell

RCPA (RYLANE COMMUNITY PARK ASSOCIATION) LOTTO RESULTS:

August 3rd 2021 Lotto results:

Winning numbers: 4, 29 & 36 Jackpot - €5,000 No Winner. Lucky Dip winners who received €20 each: Sheila Noonan (Aghabullogue); Eimear, Jo & Mary (Rylane); Mary Leyshon (London) & Alison Carroll (Dublin- Online)

Next week's Jackpot will be €5,100.

August 9th 2021 Lotto results:

Winning numbers: 24, 25 & 39 Jackpot - €5,100 No Winner.

Lucky Dip winners who received €20 each: Elma Barrett (Aghabullogue); Eimear, Olan Buckley (Clonmoyle); Mary & Connie Buckley (Rylane) & Kelly Healy (Rylane- Online)

Next week's Jackpot will be €5,200.

CLONDROHID LOTTO G.A.A.:

Lotto results for Aug 4

€70 Cian Creedon Bawnmore

€20 Noel McCarthy Carriganima, Olan Buckley Kilnagurteen, Yvonne O'Mahony The Glenties, Calum

Results for Aug 11 Jackpot of €2,000.

€70 Catherine Cotter Kilvoultra

€20 Danny Leahy Ballinagree, Brian Kerins Sally Gardens, Teresa Lucey Bealnamorrive, Seamus, O'Leary Dromdub.

CANOVEE LOTTO GAA:

Lotto numbers drawn on August 1st 5,6,8,9 no winner of €5,850. €30 Dan Shine Aherla. €30 Ellie o Sullivan. Crossmahan €30 online Nellie o Sullivan. €30 Online Tim Lyons

Lotto numbers drawn on July 25 th 5,11,15 21 no winner of €5,700. €30 Dave Moss Kilmurry. €30 John o Mahony C/O Ger Deasy. €30 online Edwina Lyons. €30 online John O'Brien

Lotto numbers drawn on August 8 th 9,12,13,14 no lotto winner. €30 Joseph Scanlan killinardish. €30. Peter Scanlan killinardish. €30 online Mary Harrington. €30 online Declan o Callaghan

Lotto numbers drawn on August 15 th 3,9,13,26

no winner of 6,150 Euro. €30 Cillian Dennehy. €30 Murphys, Gurranleigh. €30 online Martin Moloney. €30 online Denis o Sullivan. Next lotto draw on August 22 nd in the carrig inn for a lotto jackpot of 6,300 Euro

LAOCHRA LOTTO

There was no jackpot winner this week. The numbers drawn were 15,25,32,34. The match 3 winner was John Healy, Dromree, Macroom who won €100. The winner of the two All-Ireland Senior Hurling Tickets was Colm O Meachair, Cuil Aodha. The jackpot in the next draw will be worth €4,400. The next draw takes place on Saturday 21st August. Tickets can be bought online at laochraog.com or from ticket outlets. Thanks to everyone who supported the draw.

MACROOM FC:

27/07/21 Jackpot: €1,600. Numbers drawn: 13, 23, 27. No Winner. €80 Frank Cronin c/o Noel. €20 each: Liam Goulding c/o Murray's, Mags and Bella, Kate Murray c/o Murray's, Paul Renninger c/o Murray's. 03/08/21 Jackpot: €1,800. Numbers drawn: 17, 22, 25. No Winner. €80 Colm Oldham c/o Murray's. €20 each: Rhys Hopkins c/o Online, Lelia c/o Brian, Emer Murphy, Australia c/o Online, Paul Long c/o Murray's.

09/08/21 Jackpot: €2,000. Numbers drawn: 7, 17, 26. No Winner. €80: Conor Lucey c/o Lars. €20 each: Ann O'Driscoll c/o Connie, Liam Goulding c/o Murray's, Jane O'Brien, New Street, Sarah Kelleher c/o Murray's.

16/08/21 Jackpot: €2,200. Numbers drawn: 31, 33, 35. No Winner. €80: Con O' Keeffe c/o Evelyn. €20 each: Liam Goulding c/o Mary Annes, Timmy McSweeney c/o Noel, Cara Keane c/o Greyhound Bar, lidiko Dosa c/o Online

LAOCHRA ÓG NOTES

Thursday July 1st

Laochra Og Adult team took the trip to Carrigtwohill last night in their recent league match. Carrigtwohill got the vital scores to win on a scoreline of 4_05 to 2_05. Laochra Og worked extremely hard throughout the game finishing strong. Matches like last night are a good learning experience for us. Thanks to team Sponsors The Clondrohid Tavern.

Saturday 3rd July

A lovely day was had by our U8 team when St. Colums paid us a visit today. It was great to welcome them to Ballyvourney. Each girl on both sides played great and it was a lovely and challenging 1st match of the season for them. Thanks to Eilish and all at St. Colums for travelling and a big thank you to everyone who helped today. Thanks also to Aisling and Breanna for being our referees today and who did a great job.

Wednesday 7th July

U13 Boys who had their first home league match this evening against Bantry and they came away with a good win taking the lead from the start and getting some great team scores with the younger players stepping up to the mark with some regular team members missing to keep the momentum going.

Colaiste Ghobnatan pitch was in great condition thanks to them for the continued use of the facilities.

Mid Cork Pallets and Packaging are the team sponsors thanks to them as always.

Best of luck to the other six club teams going into action this coming week.

Friday 9th July

GAA gives its ups and downs as does life. Some days can be tough and you feel down but other can be joyous and smiles all round on Wed 30th

U17 Hurlers played Sam Maguires in Castle Grounds Macroom GAA a game that didn't go our way and the attitude on the pitch was mixed from the throw in and didn't help our game plan. Some heads dropped and Sam Maguires ran out winners on a score line of 3g 10 to 1g 11. Must thank Macroom GAA for moving around their schedule to accommodate us for this game. Much appreciated. Back to the training pitch both Friday evening and Monday evening and recovery session put in place Thanks to Linn Snámha Chúil Aodha. Coming into Game 2 on Wed 7th v Western Gales with an upbeat attitude and a spring in their step from the throw-in it was obvious that this game was not going to be lost. We ran out winners on a score line of 3g 12 to 2g 6. Lesson learnt: Face every day with a positive attitude and get the most from it. Laochra Óg abú.

The FAI/Coachford AFC Summer Soccer Camp was a huge success. Boys and girls of all ages had a fantastic time learning the skills of soccer, making new friends and just having fun. There were 120 children at the camp from all over the Coachford, Dripsey, Carrigadrohid, Farran, Rylane, Aghabullogue and Donoughmore areas.



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Cloughduv Intermediate team won the Intermediate league on Saturday August 7th, defeating Castlemartyr 2-20 to 2-14 in Ballincollig.



Eoin Clifford, captain of Cloughduv Intermediate Hurlers, league winners



A Word of Victory

Welcome back dear reader the people of Afghanistan are in our prayers especially the innocent victims of oppression. "The night is nearly over, the day is almost here" (Romans 13:12). Blood thirsty people will answer to God on the Day of Judgement, as will all those who have not repented of sin or accepted God's way to Salvation which is faith in His Son the Lord Jesus Christ (John 14:6). Jesus – the Lamb of God paid the price for all our sins by taking them upon Himself so that we could be released from the power of sin, and death, and hell.

Jesus did not come into the world to condemn, but to seek and save the lost (John 3:17). God desires that all people be saved. He is the most compassionate and loving Father who knows the worst, but believes the best, in every one of us. He has given every man, woman and child a free will to choose our own destiny. How He longs for us to choose Him! (Deuteronomy 30:15-20)

But the day will come when it will be too late. When a person closes their eyes upon this earth, there is no 'change of mind' option. It is so easy to mock God and to revile His commands while life is good. It is also so easy to blame God for all the bad things when we don't know that our enemy the devil's desire is mankind's total destruction, one human being at a time (1st Peter 5:8).

In order to receive God's salvation we need to 1) Repent of all our sins, and acknowledge to God that we could never save ourselves by doing good works alone.

2) Call upon the Name of the Lord Jesus which is the only Name by which we can be saved (Acts 4:12).

3) Seek God and obey Him. God says you will find Him when you seek Him with all your heart (Jeremiah 29:13). When you study the Bible don't just read it like a fairy tale, but believe God's Word - and obey it.

For instance if you read in the Word that you are to love your neighbour as you love yourself, you need to repent of the times you have not loved others, and repent for not loving yourself. We need to change how we look at ourselves, and how we view others. So instead of self hatred I must learn what God says about me, believe it, and proclaim it. God loves those whom we have hated in the same way that He loves you and me, so we need to get with the program, quit condemning them and forgive them, and ask God to change our attitude towards them. It's not rocket science. God will give us the grace to do it. It is by His Holy Spirit that He transforms us into His sons and daughters and He desires to fellowship with us. We please God as we love like He loves (Ephesians 5; Romans 13:8-14). He will avenge the wrongs, so trust Him (Psalm 46).

You can listen to our podcasts on Spotify. Find the links on our Facebook page - Word of Victory Christian Fellowship Killarney, or on Twitter - @WOVKillarney.



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I'm unemployed and I want to return to work. Are there free courses I can take to develop my skills so that I am more employable?

Springboard+ provides free higher education courses for people who are unemployed (or were self-employed) and those looking to return to the workforce. Courses are offered in different areas including information and communications technology (ICT), medical technologies, cybersecurity, sustainable energy and financial services. The courses range from certificate to master's degree level – levels 6 to 9 on the National Framework of Qualifications (NFQ). Most of the courses are part-time and last for one year or less, but there are some full-time courses.

You can access a free Springboard+ course, if you are getting a qualifying social welfare payment such as Jobseeker's Allowance, Jobseeker's Benefit or the COVID-19 Pandemic Unemployment Payment (PUP). You can get a full list of qualifying payments for Springboard+ on citizensinformation.ie. If you are not getting a qualifying social welfare payment, you will have to meet the residency criteria for Springboard+.

You can also apply for a Springboard+ course if:

- You are a qualified adult of working age (under 66) on someone else's social welfare payment
- You are signing for social insurance credits
- You are on an Employment support scheme such as Community Employment or TUS

To apply for a Springboard+ course, you choose the course(s) you are interested in on springboardcourses.ie and apply online, following the instructions on the website. You can apply to up to 10 courses, but you can only take one course.

If you are getting a social welfare payment, you should notify your Intreo Centre or local Social Welfare Branch Office and check what further steps (if any) you need to take.

If Springboard+ doesn't meet your needs, there are several other ways to go back to education.

Know Your Rights has been compiled by Macroom Citizens Information Centre which provides a free and confidential service to the public. Address: South Square, Macroom, Co. Cork. Information is also available online at citizensinformation.ie and from the Citizens Information Phone Service, 0761 07 4000.

Their helpline number is 0761 07 8430 or email: macroom@citinfo.ie

FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of

**NORA
O'CALLAGHAN**

**Dripsey, Cork and late of
Annaghmore, Headford, Co. Kerry
Died August 18, 2020**

The family of the late NORA O'CALLAGHAN would like to offer our sincere thanks to those who sympathise with us on our sad loss. We would like to thank Dr. Pat Lee Ballincollig and his wonderful staff who were so good to mam down through the years. We would also like to thank The Mercy Hospital who did the best they could for us through this pandemic. We would also like to thank Fr. Peadar for his outstanding help and support through these times and Caseys Funeral Home who couldn't do enough for us, we would also like to thank Mandy Collins who was brilliant to mam and her neighbours John and Peg Shea and family who were brilliant down through the years. We would also like to thank all our friends and all our aunts and uncles and their families who offered us fantastic support during such a sad time. Mass will be offered. May she rest in peace.

*Although you're gone,
I'm not alone,
and never shall I be
for the precious memories
of the bond we shared
will never depart from me*

*Our love surpassed the ups and downs
and helped us along the way,
and that same love will give me
the strength to manage this loss each day.*



On my mind and in my heart Mom, you shall forever be, for just as much as I am part of you, you are part of me.

10TH ANNIVERSARY



In loving memory of

**DENIS
MURPHY**

**Upper Bellmount, Crookstown
Who passed away on the
20th August 2011**

*You were always there
when we needed you,
No task too great or small,
With a loving heart and willing hands
for us you did it all,
As the years go by the memories of you
Will always be our greatest treasure,
Yesterday, today, tomorrow and forever.*



Remembered by Mary, Julie, Josephine, Denise, James, Patrick, Thomas, Aidan, Evie, Gráinne and Ryan

THE MIRACLE PRAYER



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer.

THE MIRACLE PRAYER



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer.

MM

NOVENA TO THE SACRED HEART



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer.

TM

ANNIVERSARIES



In loving memory of

**PATSY
BURNS**

**Clonavrick, Macroom
Who died on the
13th August 1993**

*Memories of you are lovingly kept,
Someone too special to ever forget,
Your wish today would be no fuss,
Just to be remembered by all of us.*



Always loved and sadly missed by their loving family



**PADRAIG
BURNS**

**Clonavrick, Macroom, Co.Cork
Who died on the 26th August 1996**

*Memories are like leaves of gold
they never wither or grow old
locked in our hearts you will always be
loved and remembered for eternity.
Will those who think of Padraig today
a little prayer to Jesus say.*



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2ND ANNIVERSARY



In loving memory of

**MIRIAM
KELLEHER**

Rahalisk Ballinagree macroom

*We would like to thank
everyone who has supported us
in the past two years.*



Always remembered and always loved
~mother~

The woman I call sister is a blessing from
god above the woman I call sister is the
sister I'll always love
~Micheal~

Our mam was the strongest person I
knew. She overcame so much in her life.
She taught us a lot but the main thing
was to never lose sight.

She was my mam and my best friend.
I would do anything to give her one more
hug to say thank You for everything
and for fighting you're battle for as
long as you did.
She is always by our sides.
I Love you mam
~Jade~

Losing my mam broke me in two ways
I lost my mam and my Best friend.
~Keelan~

Mom had a hard shell on the outside
inside was a kind caring person I
could get no better mother even
if I went to the moon and all beyond.
~Tyler~

I love you mom miss you
~Jela~

3RD ANNIVERSARY



In loving memory of our sister

**PEGGY
CROWLEY**

Cloughduv

whose anniversary occurs at this
time.

*We think of you in silence, Peggy.
And talk about you too,
We have some lovely memories,
But we wish we still had you.*



Sadly missed by your sister Kitty and
brother Pat

3RD & 19TH ANNIVERSARY



In loving memory of

**PEGGY &
SONNY
CROWLEY**

Cloughduv

*Sadly missed along lifes way
Lovingly remembered everyday
No longer in our life to share
But in our hearts you're always there*



Always remembered by your sons
Martin, Finbarr and Noel.

3RD ANNIVERSARY



In loving memory of

**PEGGY
CROWLEY**

Cloughduv

who died on the 14th of August 2018

*Though your smile is gone forever
And your hand we cannot touch
We have so many memories of you
That we love so much
Your memory is our keepsake
Which we'll never part
God has you in his keeping
We have you in our hearts*



Always loved and remembered by
Lisa, Noel, Ryan
Jayden and Dylan.

30TH ANNIVERSARY



In loving memory of

**MARY
COTTER**

Deshure, Terelton, Macroom
Died 20th August 1991

*Sadly missed along life's way
Quietly remembered every day
No longer in our life to share
But in our hearts, she's always there*



Your husband Michael, Martin, Mark,
Michael, Marie & Matthew, brother
Jeremiah and grandchildren Tessa,
Aoibhin & Oisín

9TH ANNIVERSARY



In loving memory of

**DANNY
LYNCH**

Cúil Aodha

Whose anniversary occurs on
12th August

*Throughout our lives, no matter where,
In our hearts you are always there*



Fondly remembered always by Máire,
Marguerite, Amhlaoibh, Pádraig, Dónal,
and families

2ND ANNIVERSARY



In loving memory of

**CONNIE
LUCEY**

Gortnacarriga, Inchigeela, Co. Cork.
Who died on the 28th August 2019

*Gone are the days we used to share,
But in our hearts you are always there.
The gates of memory will never close,
We miss you more than anyone knows.
With tender love and deep regret,
We who love you never forget.*



Lovingly remembered and sadly missed
By family, relatives and friends.

Anniversary Mass Sunday 29th August
at 11.30 in Inchigeela Church.

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FIRST ANNIVERSARY



In loving memory of

**KATHLEEN
DINEEN**

Oakville, Cloughduv
Who died on 30th August 2020

*Memories of you
Are lovingly kept
Someone too special
To ever forget.*



Sadly missed by your loving sister Eileen
and brother in law Frank

*Those we love don't go away
They walk beside us everyday
Unseen, unheard but always near
Still loved, still missed, still very dear.*



Sadly missed by your nephews
Michael, Neal, Declan, and nieces
Frances and Marian

12TH ANNIVERSARY



In loving memory of

SEAN CRONIN

Knockanure, Ballymakeera
Who died on 17th August 2009

*"Somewhere beyond the sunset
Where loved ones never die
You sleep in a beautiful garden
Beneath a golden sky
Though Heaven and Earth divide us
We are never far apart
For you are always in my thoughts
And forever in my heart"*



Sadly missed by
your loving wife Elizabeth and
all your family.

BIRTHDAY REMEMBRANCE



In loving memory of

GRANDAD

4th Sept 1934



In loving memory of

NANA

26th Aug 1932

Shandangan, Carrigadrohid

*We little knew that morning that God was going to call your name.
In life we loved you dearly, in death we do the same.
It broke our hearts to lose you, you did not go alone,
for part of us went with you the day God called you home.
You left us peaceful memories, your love is still our guide,
and though we cannot see you, you are always at our side.
Our family chain is broken and nothing seems the same,
but as God calls us one by one the chain will link us again.*



Lovingly remembered by Jerry, John, Margaret, Mary and Joseph.

2ND ANNIVERSARY



In loving memory of

**CONNIE
LYNCH**

Derrynasaggart, Ballyvourney,
whose 2nd anniversary occurred on
August 11th

*It doesn't take a special day
To bring you to our mind.
For days without a thought of you
Are very hard to find.*



Fondly remembered by Mary and family.

ANNIVERSARIES



In loving memory of

**JOHN & PEGGY
MCLOUGHLIN**

Renaniree Macroom
In loving memory of our dear Dad,
Mam and Grandparents
whose 25th and 10th Anniversaries
occur at this time.

*Deep in our hearts your memory is kept
To love, to cherish and never forget*



Fondly remembered by Ann, David,
Robert, Val & Families.

2ND & 13TH ANNIVERSARY



In loving memory of

**NORA
O'LEARY**

Who died on 10th August 2019



In loving memory of

**TIMOTHY
(TED) O'LEARY**

Who died on 27th August 2008

Upper Codrum, Macroom

*Time may pass
Life goes on,
But in our hearts
You're never gone.*



Lovingly remembered by Finbarr, Mary, Gerard, Siobhan
and their immediate family.

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