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"Just out of Lockdown" at Cahirvagliair Ringfort near Coopeen © Peter Scanlan







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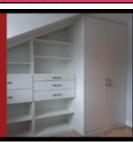
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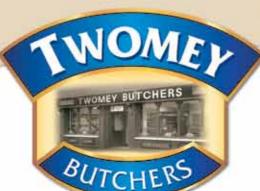
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EDITORIAL

As we enter mid-July, we can see the first glimmers of hope that things are going back to normal, or for the very least the "new normal". It is so lovely to see Macroom town and local villages bustling again with life, mindful of the virus that lurks amongst us, with sanitising stations and face masks being utilised by most. It's been a lovely reminder, to see people shopping and supporting local businesses and jobs within our community. According to ISME "Every €10 spent locally on Irish products generates more than €40 of benefit to the local community in terms of employment." You get to connect with real humans, who run personable businesses, who are also

more likely to go the extra mile to keep your custom then the international brands which are currently leaving Ireland in their droves. Another plus is that shopping locally has the added bonus of reducing waste. Macroom Market is back in business every Tuesday with beautiful fresh fruit, veg, flowers, plants, clothes, carpets and coffee and it's well worth a visit. Grab your lunch to go and enjoy a walk down the castle grounds.

Editor – Sarah Kate Murphy

Macroom FC join Munster Senior League

The beginning of the 2020/21 football season will see Macroom FC embark on an exciting new departure, as we become a member of the Munster Senior League (MSL). This move will bring to an end a long association between the club and the Cork Athletic Union league (AUL).

When Macroom FC was formed by a group of ambitious young people back in 1977, the club were accepted into the AUL and we are hugely proud of 43 years of unbroken membership. There are many great stories and memories from the thousands of matches played by Macroom adult teams throughout Cork city and county. We would like to thank the AUL for giving us the platform to bring junior soccer to Macroom. The game has massive engagement and interest in the town and this is something to be very proud of. Over the years the club have always received full support from the various Cork AUL league officials and committees and this is very much appreciated. We wish the AUL every success for the future and thank them sincerely for the positive impact on football in Cork since their formation in 1947.

The MSL roots go back as far as 1922. A former Irish international named Harry Buckle had settled in Cork, working for Ford Motor Company. He was involved in the formation of the South Munster league. At the same time, the North Munster league featuring clubs from Tipperary and Limerick was in operation. It wasn't long before both leagues amalgamated

to form the Munster Senior League. The league is affiliated to the Munster FA, FAI, UEFA and FIFA and operates under their rules. At many times over the decades, teams from throughout Munster were members but today the league is made up solely of clubs from Cork. The big draw for Macroom FC is the possibility of reaching senior football as the top two divisions of the MSL provide this.

With the club in a very strong position with playing numbers, we hope this move will safeguard and improve the standards of our adult teams. The opportunity to play senior football will generate much appeal and interest for current and future players. We also hope the move to a league with senior football will further enhance the already positive view Macroom FC in the area. Another factor in the decision is that facilities and pitches throughout the MSL are fantastic and this is something we are all looking forward to witnessing up close.

The MSL is made up of 7 divisions. The top 3 cater for senior and intermediate football, while there are 3 divisions exclusively for junior football. Outside of this the MSL also operates the Floodlit league. This is an over 35s league played on all weather surfaces, with shortened games times and is a great way of keeping older players engaged with their clubs as well as encouraging new ones to get involved. Regarding the placement of our teams, Macroom A team will enter the senior 2nd

division while the B side will enter the junior division 2. **Our joining** of the MSL will have



no impact on our schoolgirls, schoolboys and youths teams as these will remain within their current leagues.

When applying for membership of the MSL, certain strict criteria must be met. These include having club dressing rooms and showering facilities of a high standard. Another important factor is a requirement to have a strong schoolboys club to guarentee long term viability. Thanks to the hard work of hundreds of people over the years and currently, the club had no difficulty meeting any of these criteria. Macroom FC are indebted to those people who volunteered in the past and do so presently-the result is now a tremendous, strong club with great facilities and ambition to match. The MSL season 2020/21 will kick off on the weekend of Aug 14th-16th. We look forward to welcoming our many new opponents to Murrayfield and Macroom FC as always encourage our supporters to come out and support—provided it is deemed safe to do so.

Index for LVO Vol.17 Ed 14 - 16th July, 2020.

- Editorial page 4
- В. Macroom Updates - pages 4, 6
- Lee Valley Updates pages 10, 12, 14, 16 History pages 20, 22, 24, 26, 28, 30

- Advertorial pages 29, 41
- F. Cork Co Council/Heritage/ARC etc. - page 31
- Sports Mad pages 36, 37, 38, 39, 40
- Lee Valley Diary page 41

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For Sale by Public Auction — 23rd July 2020 (unless previously sold) at the Castle Hotel, Macroom, Co Cork

Killian Lynch Auctioneers are pleased to present this C.87 acre farm holding, situated in a quite rural setting C.2.5 miles west of Coolea Village. The property which is divided into 3 sections comprises of a mixture of arable grazing lands and mountain land which may be suitable to a afforestation. The residence is an old traditional farmhouse which is in need of renovation throughout and comprises of C.1,300 sq ft.

GUIDE PRICE: €275,000



CLONSHEARBEG, KILBARRY, MACROOM, CORK, P12D372

Killian Lynch Auctioneers are pleased to offer this newly constructed 4 bedroom residence situated on c.0.5 acres of landscaped gardens. The property which comprises of c.1,590 sq.ft. living accommodation is an ideal family home and has the benefit of qualifying for the help to buy scheme for 1st time buyers, £16,250. Located in a private setting, the house is only c.3km from Inchigeelagh village, c.10 minutes south west of Macroom town and c.40 minutes west of Cork City.

GUIDE PRICE: €325,000



TOONSBRIDGE, MACROOM, CO. CORK

Killian Lynch Auctioneers are pleased to offer this fantastic development site with F.P.P. for 5 detached houses situated on separate C. 0.5 acres sites. This is a fantastic opportunity for any builder to acquire a small & very manageable development site in a much sought after area. Located adjacent to the village of Toon's bridge, C. 5 miles southwest of Macroom & C. 35 minutes west of cork city.

GUIDE PRICE: €225,000

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DROMATIMORE, AGHABULLOGUE, COACHFORD, CO. CORK, P12EE38

Killian Lynch auctioneers are pleased to offer this 2 bedroom cottage on c.0.5 acres. The property which is in need of renovation throughout comprises of c.700 sq.ft. living accommodation. This property which has so much potential is centrally located c.2km from Aghabullogue village, c.4km from Coachford and c.15 minutes drive from Macroom town. Aghabullogue village has local services to include shop, school, church and pub, with Coachford having all facilities also

GUIDE PRICE: €70,000



CLONFADDA, MACROOM, CO. CORK

Killian Lynch Auctioneers are pleased to offer this opportunity to acquire a c.1,700 sq.ft. detached bungalow on c.1.25 acres of landscaped gardens and newly constructed detached garage with c.710 sq.ft of 1st floor office accommodation. This family home which has much to offer including the opportunity to work from home with the new offices separate from the main elling house. The property is located C. 3km west of Macroom town centre, c. 30 minutes from Cork city.

GUIDE PRICE: €325,000



NO. 1 ST. GOBNAITS TERRACE, BALLYMAKEERA, CO. CORK, P12 D295

Killian Lynch Auctioneers are pleased to present this 4 bedroom end terrace property. The property consists of C.1,300 sq.ft living accommodation and is in good condition throughout but may require some decoration. Located in the center of Ballymakeera village, within a development of C.20 houses and close to all amenities. The St. Gobnait's development was constructed in C.1973. This property would make an great family home and would be a good investment property also.

GUIDE PRICE: €160,000

MACROOM LIBRARY

Macroom Library is delighted to be opened and to welcome you all back. Our new Opening Hours are as follows;

Tuesday to Saturday 10 00 am to 5 30 pm

Closed between 1 00 – 2 00 pm, to facilitate cleaning and restocking.

Access; You may need to queue to enter the library. Six people only allowed in the Library at any one time. Internal layouts in many of our libraries have changed, with less or no seating available. Please follow signage. Children under 12 years of age must be accompanied by an adult.

Check in; There will be return bins inside the door so please drop your returns into these bins. All returns will be guarantined for 72 hours.

Limited Browsing; There will be 20 minutes allocated to each person to choose their book. It may be a good idea to think what you want in advance by visiting the online catalogue or browsing "Who writes like?" and "Who else?" on our website; corkcoco.ie/en/library-services

Services: Study spaces, newspaper/magazine reading and events are not currently available.

However you can read the newspaper from the comfort of your own home online. Just download the PressReader app or go to www.pressreader. com and ensure you select 'Library or Group' before you type in your library card number. PressReader has over 7000 newspapers and magazines from 120 countries to read from. You can also choose to translate some articles or full publications into 18 other languages.

I.T Services: 20 minutes Internet/WiFi sessions will be available only. It is advisable to book in advance. Printing and Photocopying services will be available but please make sure that you have exact change.

Also you will be expected to wipe down any equipment that you touch during your visit such as computers, photocopier etc before and after use with the hygiene items provided.

Check out: Please follow instructions from Staff.

Please remember to sanitize your hands as you enter the library and perform good respiratory hygiene.

Remember to social distance at the entrance, the public counter and throughout the library at all times. Do not visit the library if you or someone in your household has symptoms of COVID -19 or you are a confirmed case.

If you have borrowed items and then you, a household member or a close contact of a confirmed case develops symptoms, you should not return borrowed items until you have completed a 14-day isolation period and are fever free for the last 5 days.

The Summer Stars 2020 is the public library national reading programme for children, that runs during the summer months. All children are invited to join the adventure, and to enjoy the fun and pleasure of reading and writing over the summer. It is a great incentive to get your child reading. Summer Stars is non-competitive, and every child who reads even one book is regarded as having completed the program and it is all completely free. Your reading card can be collected at the library and this allows children to track their reading progress during the summer. There will be a raffle for some special reading rewards at the end of August for all who participate. Books are available in print from your library and also online through the Borrowbox app.

Keep an eye out for our Summer Arts Competitions organized by the Arts Office on our social media pages and our notice board in the Library. There are several competitions such as "Design your own Book Cover", "Covidary" Photo entries and many others.

The Housebound Service has now come to an end as we have now opened our library doors to the public once again.

We look forward to seeing you soon and remember to sanitize your hands and keep your social distance.

Keep up to date with all happenings in the library, Keep an eye on the Library window, follow us on Facebook/Twitter: Cork County Library and **Arts Service**

"Libraries are our friends". Neil Gaiman



Kilmurry Parish, presentation of Silver and Gold Pins to members of Kilmurry Parish Pioneers in Mass for dead at Kilbonane Graveyard in 2004 © Peter Scanlan 2004 © Peter Scanlan





HAVE YOU A NEWS STORY?

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Enjoying the sunshine at Crookstown Vintage August 2006 © Peter Scanlan



Fr. Teddy O'Sullivan, Fiona Barry making a presentation to Rita O'Brien on the occasion of her retirement and Ted Burton in 2006 © Peter Scanlan



Ballinagree School Christmas play 2006 © Peter Scanlan



2007; Unveiling a Plaque at Carrigthomas near Coppleen Cross, commemorating the shooting of 7 years old Patrick Goggin by the Black and Tans in April 1921 \odot Peter Scanlan



First Holy Communion in Cloughduv 2008 © Peter Scanlan



Simon Connolly with Friends and neighbours 2008 $\ensuremath{\texttt{©}}$ Peter Scanlan



Pupils who graduated from Rusheen N.S. 2020 (Picture before Lockdown) $\ensuremath{\texttt{©}}$ An Scoil



Aghinagh Cyclists arrive at Leades House for Rusheen School Garden Fete 2004 © Peter Scanlan









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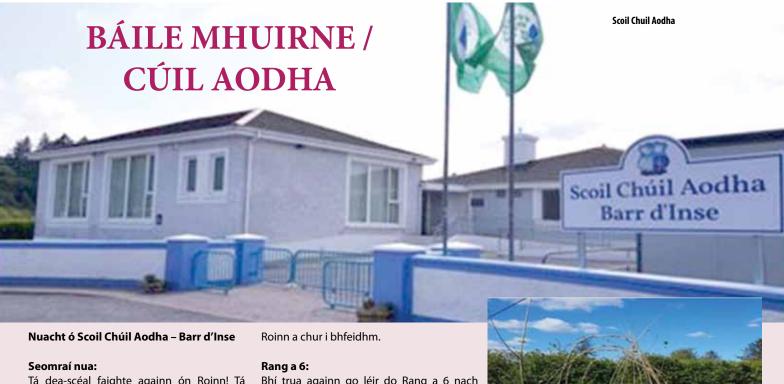
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Tá dea-scéal faighte againn ón Roinn! Tá dhá sheomra nua le bheith tógtha - seomra ranga nua agus seomra tacaíocht foghlama. Chomh maith leis sin beidh cuid den chlós fé dhíon ionas go mbeidh na páistí ábalta bheith ag súgradh lasmuigh nuair a bhíonn an aimsir fliuch. Beimid ag lorg cead pleanála i rith an tsamhraidh agus tá súil againn go mbeidh na seomraí réidh i gcomhair Meán Fómhair 2021.

Cianfhoghlaim:

Tá an – iarracht déanta ag gach éinne ón lá a dhún na scoileanna i mí Márta. Bhí múinteoirí i dteagmháil le tuismitheoirí le hobair scoile agus bhí na páistí ag obair go dian sa bhaile. Sheol páistí tionscnaimh agus obair eile ar ais chuig na múinteoirí agus bhíodar ar shuíomh Facebook na scoile. Bhí cúpla cruinniú ar Zoom ag Rang 5 & 6 agus bhí sé go deas gach éinne a fheiscint. Táimíd fíor-bhuíoch as an tacaíocht agus comhoibriú ó thuismitheoirí – go h-áirithe ó mhí Márta ar aghaidh.

Táimid ag súil le bheith ag filleadh arís ar an 28ú lá de mhí Lúnasa agus beimid réidh chun pé comhairle agus riachtainaisí a thagann ón

Bhí trua againn go léir do Rang a 6 nach rabhadar ábalta an t-am a bhí acu sa bhunscoil a chríochnú agus gur chailleadar amach ar na buaicphointí agus gníomhaíochtaí deasa a ghabhann leis an am sin. Ach táimid chun teacht le chéile arís uair amháin eile i mí Lúnasa agus beidh bronnadh céime agus beárbaiciú againn.

Gáirdín agus timpeallacht na scoile:

Tá an scoil ag féachaint go h-álainn agus táimid fíor- bhuíoch do choiste na dtuismitheoirí agus na tuismitheoirí go léir a thug cabhair timpeall na scoile. Tá go leor plandaí agus glasraí ag fás sa ghairdín agus beidh siad réidh le n-ithe sar i bhfad.

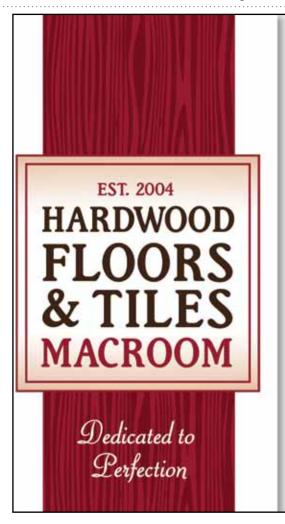
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In the interest of health and safety I will be limiting my clinics to my home office at Terelton, Macroom.

One to one therapy sessions will be available for those who wish to avail of it. Online therapy, using Zoom, Skype and phone will also be available where clients request it.

To arrange an appointment or to get more information, Phone 085-7246044 or 021-2428739 or visit www.corkpsychotherapist.com or email michaeloleary6054@hotmail.com

Leabharlann Bhaile Bhúirne

Without any great fanfare the doors of Leabharlann Bhaile Bhúirne reopened to the public on 7th July. There might not have been a big reopening ceremony, fireworks, ribbon cutting or such but I was so happy to be getting back to some sort of normality. People tentatively popped their heads in the door over the first few days just to say hello, while others returned with gusto, delighted to be able to come in and chose some fresh reading material having reread all they had to hand at home. There were some humorous comments about my new plexi-glass 'cage', no one batted an eye at the various posters entreating them to 'use hand sanitiser please' – it just came naturally to them! The now familiar Covid-19 yellow and black posters reminding people to ensure social distancing along with yellow lines and arrows spotted about the place were viewed with acceptance and adhered to with great co-operation.

In particular I must compliment my youngest customers. Once I had explained to them that if they handled a book, just to look at it without wanting to check it out, they had to give it to me as once it was handled it had to be put in quarantine for 72 hours before someone else could look at it. I explained that if they handled a lot of books it would mean that the next young customer would not have the same choice of books. We always say you shouldn't judge a book by its cover - well this week these children became connoisseurs of judging books by their spine alone and even then they would wait for me to don gloves and take the book off the shelf for them. Such patience and co-operation makes my job so much easier – I really do appreciate how good they are.

But maybe you haven't had a chance to visit the library yet – well here is some information that might be helpful for your next visit to Leabharlann Bhaile Bhúirne:

RE-OPENING RULES

Ask the Librarian from the door if it's okay to enter.

Maximum of 3 people in the adult section and one family unit in the children's section at one time.

RIALACHA ATH-OSCAILTE

Lorg cead isteach ón Leabharlannaí ag an ndoras.

Uasmhéid 3 duine ag roinn na ndaoine fásta agus 1 clann amháin ag roinn na leanaí am ar bith.

Please keep your visit short (maximum 20 minutes).

Please observe social distancing when

queuing at entrance or desk.

Public PCs and Photocopying are not available.

Coinnigh do chuairt gearr (20 nóiméad ar a mhéid)

Lean na rialacha scaradh sóisialta agus tú ag bailiú agus ag an gcúntar. Níl Ríomhairí Poiblí nó Fótócópáil ar fáil.

PUBLIC NOTICE

Members of the public should not attend the library if they meet any of the HSE criteria for self-isolating.

Members of the public will be expected to hand sanitise on entry to the

Members of the public will be expected to social distance at the entrance, at the public counter and throughout the library at all times.

If members of the public have borrowed items, and then they, or a member of their household, developers symptoms they should not return the borrowed items until they have completed a 14 day isolation period and are fever free for the last 5 days.

FÓGRA POIBLÍ

Níor chóir do baill an phobail freastal ar an Leabharlann má tá orthu claí le aon treóraithe ón F.S.S. i gcóir féin-aonrú.

Beifear ag súil go nífidh baill an phobail a lámha ar theacht isteach sa Leabharlann.

Beifear ag súil go ndéanfaidh baill an phobail scaradh sóisialta ag an ndoras, ag an gcúntar poiblí agus ar fuad na Leabharlainne an t-am ar fad.

Má tá nithe ar iasacht ag baill an phobail agus má fhorbraíon siad, nó ball dá líon tí, cómharthaí de'n bhfiabhras, níor chóir dóibh na nithe atá ar iasacht acu a thabhairt arais go dtí go mbeidh tréimhse 14 lá féin- aonrú curta i gcrích agus go bhfuilid slán ón bfhiabhras le 5 lá.

When returning books there is a box adjacent to the desk that you can drop your books into and when checking out please follow the instructions the librarian will give as this process has changed - but please be patient-it's new to us too.

The layout of the library has changed a little too. Unfortunately there is no newspaper reading area. Books for teens and young adults are located in the upper section. All children's books are in the lower section and under 12's must be accompanied by an adult. Please feel free to ask if you cannot locate what you are looking for. The public PC and photocopying service is not available at present. All events and library groups are suspended. One familiar thing this Summer is the ongoing Summer Stars National Reading Adventure. As in previous years all children throughout the country are invited to join the adventure and to enjoy the fun and pleasure of reading and writing over the summer. Summer Stars is noncompetitive and every child who reads even one book is regarded as having completed the programme - and it's all completely free! On your next visit to the library be sure to register and receive your reading card. The Summer Stars Reading Adventure is running until the end of August. For more information on what activities are available log on to https:// www.librariesireland.ie/services/right-to-read/summer-stars/moreabout-summer-stars.

Finally I'd like to say welcome back and thank you to all my customers. I'm looking forward to even more of you paying a visit to Leabharlann Bhaile Bhúirne as time goes on and if you are not already a member why not join up now to access all the library services both in branch and online.

Am Oscailte /Opening Hours

Dé Máirt (Tuesday): 10.00am - 1.00pm & 2.00 - 6.00pm (Dúnta / Closed

1.00 - 2.00pm)

Dé Céadaoin (Wednesday): 2.00 - 7.00pm Deardaoin (Thursday): DÚNTA - CLOSED

Dé hAoine (Friday): 10.00am - 1.00pm & 2.00 - 6.00pm (Dúnta / Closed

1.00 - 2.00pm)

Dé Sathairn (Saturday): 10.00am - 1.00pm

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One of the many historical headstones in Kilbonane cemetery

KILMURRY HAA

June 20th a bright sunny day Kilmurry historical and archeology association with a group of volunteers took on the task of surveying mapping recording and photographing Kilbonane cemetery in

Tucked away on a corner overlooking cloughduv hills lies a beautiful old church with 153 headstones (33 standing inside the church) With the help of Jim Holland who takes care of the grounds a wealth of knowledge was learnt about the people the lives and the community of the time. Jim Holland's father and grandfather were also keepers of the grounds. Some headstones date back to 1738.

All details will be uploaded onto historic graves where people can access this information. Kilbonane cemetery is not near Kilbonane school as Kilbonane school is not in Kilbonane townland.









UIBH LAOIRE NOTES

Carrignacurra Castle

There is much interest in the future of the old O Leary castle, since it was bought recently. Word has it that it will be repaired and refurbished and transformed into a comfortable home again. The castle, which has stood empty and forlorn for 400 years, is in surprisingly good condition after all this time and has a very interesting history. The O Leary clan came into the upper Lee Valley in the Eleven Hundreds, having come under pressure from the Norman conquerors in South and South West Cork. They can be devided into over 20 different family names or sliocht, like Laoire Glas, Laoire Cipe, Laoire Dána, Laoire Moch Eirí etc.and today many O Learys can tell you which O Leary they are descended from. But we know that the O Laoire who built the castle was Laoire Meirgeach. There were 3 castles in all, one at Carrignacurra (The Rock of the Eel Weir), one near Kilbarry of which there is no remains today and a third at Droumcarra which had to be knocked for safety reasons about 45 years ago. The building is what's known as a Tower House and has a spiral stairs right to the top where the chieftain and his family would have mostly lived. It has many defensive features like massively thick walls, narrow windows or arrow slits to shoot through, overhanging machicolation and a "murder hole" where hot water or oil could be poured down on invaders.

We know that some O Learys joined with the anti English forces in the late 15 hundreds and were also involved in later rebellions later rebellions. This was their downfall for, because of it, their lands were confiscated as punishment and given and sold to English investors and speculators. The Hollow Sword Blade company of Newcastle got ownership of the castle and lands, followed by a Jasper Masters in 1720s. Masters, its said, never lived in the castle, presumably because of its poor condition due to neglect, but he built the biggest house in the biggest house in the parish, which became known as "Castle Masters." Ironically, Master's fine new mansion is no more but the old castle still lives on. Griffiths Valuation of around 1852 has a Jasper Pine as the occupant in fee. Later owners were Bill Murphy (Rahy), John O Leary (The Yank) Timsie O Riordan and Dermot (Derry) Kelleher, whose family farm the land today. In 1998 Derry sold the castle to Maxim Gormanov, who placed a roof on the castle and did major repair works. Unfortunately, Maxim encountered bureaucratic difficulties that stopped the work and in 2001 he died, without seeing the completion of his dream. Today it is owned by Tom Carlston,a retired American pilot who says that he plans to convert it into a home with the option of letting it out for rent.

Frontline Star

news came Inchigeela a week ago that Sinead Moloney, a daughter of Josephine Lordan, formerly of Cappanclare, Inchigeela, had been selected by The Independent Newspaper as Frontline Star of the Week. Sinead was nominated by her aunt, Patricia, who now lives in Co Roscommon but who visits Inchigeela regularly. Sinead is an endocrine nurse in Temple Street Hospital in Dublin, where she looks after some of Ireland's sickest children. At the same time she looks after a family and has not forgotten her aunt, to whom she has posted treats and other little gifts regularly while Patricia was in lockdown. Patricia says that there is a great bond between aunt and niece and has praised Sinead's tireless work rate. Congratulations go out to her from Inchigeela and we are very proud of her. And we owe a great debt of gratitude to all front line workers.

Tidy Towns

Although there will be no Tidy Towns competition this year, the Tidy Towns group are out in strength in Inchigeela every Thursday evening. The last evening's work saw the river wall and the bridge painted a brilliant white. In everyone's memory, this was the first year that it had not been done for the Corpus Christi procession. Volunteers always welcome to join in anytime.

Modern Dogs Life

It's good to see businesses back again and during the week, Brandy, my four legged friend had

occasion to experience one such business back in action. Ballingeary Kennels run by the Kelleher family has a wonderful facility to be proud of, with clean housing and spacious grassy runs outside. Siobhán is a kind hostess with an obvious understanding of animals. The dog cubicles are big and even have arm chairs to suit the discerning canine! They have a separate cattery and can cater for small animals and birds as well. Phone (086)3697828



Carrignacurra Castle



Castle Masters about 100 years ago

Bóláil

Tá an bóláil ag dul go maith i mBéalátha. Congrats do Sadhbh Ní Bréanain, Aodán O Breanáin, Barra O Laoire agus Coileann Ní Laoire agus do gach éinne a ghlac páirt. Tá súil agam go raibh an-spórt agaibh.

Coiste na mBailte Slachtmhara

Bionn an slua amach ag obair gach Déardoain ar a 7 a'chlog ag búaladh le chéile ag Casadh na Spride. Tá job deas deanta acu go dtí seo.







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Ballyvourney Youth get together after a Pilgrimage to Medjugorje 2008 © Peter Scanlan



The hole-in-the-wall of The Hole-in-the- Wall, opening onto Coosey Hall.

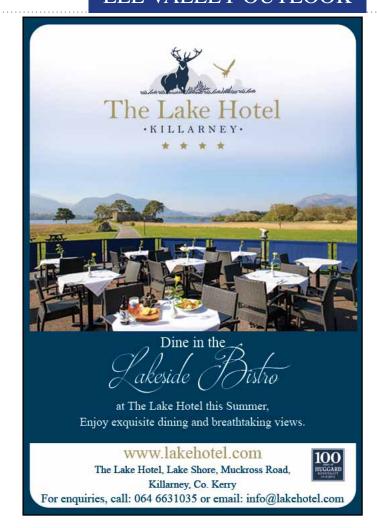
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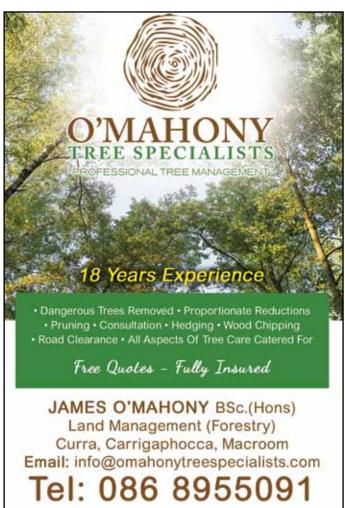


 $Members \ of \ Macroom \ MNF \ providing \ Firewood \ for \ Macroom \ Senior \ Citizens \ Christmas \ 2003 \ © \ Peter \ Scanlan$











Máire MacSuibhne's death on Saturday, June 27, has left a massive void in so many lives. She was a devoted wife to Seán for over 52 years, a proud mother of Micheál, Neans, Ella and Séamus and a very hands-on grandmother to Cathal, Laoise, Ava and Aodh.

She welcomed into the family with open arms her sons in law, Micheál Nolan and Aidan Andrews, and she is deeply missed by her own siblings, Máiread, Séamus, Nora and Mike, her in-laws, her nephews and nieces, family, neighbours, friends and the many pupils she taught briefly at Barachauring as well as throughout the rest of her teaching career at Dromleigh National School.

Máire touched so many people's lives in her professional career as a primary school teacher, through her writing and her tireless, voluntary community efforts and contributions. The hundreds of messages of condolence which have flooded into her family on RIP.ie, and hundreds more Mass cards, letters, phone calls, emails and texts that came in from all over the world are a huge source of comfort to Seán and family at this difficult time.

Máire had boundless energy. She was infinitely talented but also extremely humble. She never sought the limelight. In fact she hated it, preferring to keep her head down and work away quietly in the background.

Máire had an ability to talk to absolutely everyone and to put everyone at ease.

Máire MacSuibhne

She was very well read and loved to write. Her deep interest in history and culture, news and current affairs, education, politics and more meant she could chat to anyone about anything. She loved to write and was a frequent contributor to the Irish Examiner's County section and she featured frequently on Raidio na Gaeltachta, Tg4, Nuacht and more.

Máire and Seán did everything they possibly could throughout their lives to make Macroom and the wider Lee Valley a better place to live, to work and to raise a family. The former primary school teacher who originally hailed from Donoughmore took early retirement shortly after her 60th birthday. Seán followed suit. It wasn't a time to take life easy or hang up their boots and Máire took up Italian classes, PC Skills, Desktop Publishing and more. She even studied at CIT at night.

As well as travelling the world and venturing to Australia, New Zealand, America and all over Europe, Máire and Seán volunteered as editor and photographic editor of the Lee Valley Outlook. They held those voluntary positions for 17 years, working tirelessly together for days and nights on end to catalogue life in the region in the fortnightly publication.

They took immense pride in each and every issue, ensuring each one was balanced, reflected happenings right across the region and captured as many events as possible in words and images for all to enjoy.

Máire and Seán only stood back in October of last year when Máire got the devastating news that she had cancer and had a major battle ahead. In true Máire fashion, she never once wallowed. She never cursed her illness. She did not complain. Instead she set her focus on arranging little outings, enjoying simple

things with family and her close circle of areat friends.

A new project – a new book cataloguing Seán's work as a photographer from 1983 to 1989 - became a family focus that would get the entire family through the tough times that lay ahead.

Máire's first book, Famine in Muskerry, sold out and raised significant funds for a Famine memorial at Bealick Mill. Seán's subsequent book, the Denis Dinneen photographic collection, was very much a joint effort for the inseparable couple. It also sold out and all proceeds from its sale went to Macroom Senior Citizens.

The imminent publication, Muscrai through the MacSuibhne Lens, features over 500 carefully selected photographs from the era and was a labour of love for both Seán and Máire for several months. It was finished and was ready to go to the printers at the end of May. Unfortunately, Máire's health deteriorated shortly thereafter. It is heart-breaking for all that she will not be present for its launch in the coming months but Seán and family will find the strength to get it published.

It is Máire's wish that funds raised from the new publication will be donated to Macroom Tidy Towns. Máire's wishes are that the pathway from the banks of the River Sullane just below Macroom Bridge to the magical Fairy Garden in Masseytown would be widened to make it more accessible and familyfriendly. She wants permanent seating introduced in the area and a memorial erected within view of Macroom Bridge to the men, women and children who died there when turned away from the Famine Workhouse. Seán and her wider family have vowed to ensure her wishes are granted and they will launch the publication in the months ahead.

Ar Dheis De go raibh a anam dilis.









P O Corcora and Fr John Buckley at the Wailing Wall , Jerusalem.

The journey began with a 3am morning call in Cricklewood London on a cold and frosty November morning in 2019. I had flown from Cork Airport to Stansted London on the previous day to my lifelong friend Fr John Buckley who is a native of Carriganima. We were schoolmates at De La Salle Macroom, where John had excelled at football and study and he is now Parish Priest in Cricklewood parish in the diocese of Westminister. We were both on our way to our pilgrimage in the Holy Land with Fr John fulfilling his role as Spiritual Director to the forty odd group excellently organised by All Saints Travel Group, London.

DAY 1: At Luton Airport we board our Easy Jet flight and after five hours we arrived safely at Tel Aviv Airport after which a one hour coach trip took us to our destination at Bethlehem.

This is a city of 35,000 people, hilly in nature with many new buildings, while the outlying areas are barren and rocky. Much of its income is derived from limestone products, tourism and the sale of religious objects with lots of "haggling" and "bargaining" on the streets.

DAY 2: We have early mass at the Church of the Nativity, the sacred place of the birth of Jesus and also visit the famous Milk Grotto and the Shepherd's Fields, where the angels first sang "Gloria in Excelcis Deo" on the night of the first Christmas.

DAY 3: We rise early for departure from our hotel in Bethlehem and we cross the great Dividing Wall on our way to the Old City of Jerusalem. We visit St Anne's church (the Birth Place of Our Lady) and follow the Stations of the Cross along the Via Dolorosa. Mass is celebrated at the Holy Sepulchre Basilica - the holiest place on earth for all Christians. There are very long queues to nearby Mount Calvery and the Holy Tomb of the Resurrection, both of whom are controlled by the Greek Orthodox church. From there we walk to Mount Zion and visit the Upper Room (place of the Last Supper) and the church of St Peter History
In the Footsteps of the Master

By PO'C

in Gallicantu and visit the dungeon where Jesus was imprisoned after his mock trial on Maundy Thursday.

The cities of Jerusalem and Bethlehem are separated by a great wall some forty feet in height for the length of over 400 miles. This was built by the Israelis beginning in 2002 and is manned at various checkpoints by the Israeli guards and soldiers. There is no International support for this wall. All roads lead to Jerusalem and the Bible is a biography of Jerusalem. It is a divided city with Pallestine to the East while the Old City contains many of the ancient sites. The West is occupied mostly by the Jews whose main attraction is the Wailing Wall, last remains of the Temple destroyed in 70AD. Jerusalem has a population of over 9 million inhabitants, with the Israelis still building settlements in very questionable lands. Overall Israel is a country of many religious groups including Jews, Christians and Muslims, and its capital is Jerusalem. The unit of currency is the Shekel but most places will accept American dollars. It is noticeable that many of its people enjoy their cigarettes, obviously a "smoking ban" has yet to take effect.

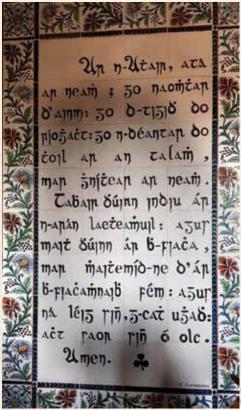
DAY 4: Is another early start and we make our way



Fr John Buckley celebrates Mass at the Dominus Flevit, Jerusalem

over the "checkpoint" to the summit of the Mount of Olives and the Pater Noster Grotto where Jesus thought his prayer the "Our Father". This prayer is printed and displayed in many languages on the walls of the grotto and we were delighted to find the Irish copy. Fr John again celebrates mass at the nearby Dominus Flevit, where Jesus wept over Jerusalem and foretold its destruction. We later proceed to the Garden of Gethsemane and view the Rock of the Agony. This is the exact place where Jesus underwent his agony. The coach later takes us to visit the Wailing Wall, the Visitation Shrine of Our Lady to Elizabeth and finally to the birthplace of St John the Baptist. It's been a long day as we return to our hotel in high spirits.

DAY 5: It's an early morning drive as we leave Bethlehem and travel along "The West Bank" territory to the ancient town of Bethany. The countryside and roadside leave a lot to be desired with rubbish and broken down vehicles very much in evidence. Bethany was where Jesus frequently visited Martha and Mary and where he raised their brother Lazarus from the dead. From there we journey from the river Jordan to renew our baptismal vows and then proceed to the Dead Sea and experience some floating on the water. Finally, we travel to Jericho, the oldest city



The "Our Father" as Gaeilge, at the Mount of Olives.



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in the world and view the Mount of Temptation and Zacchaeus's Sycamore Tree. Our travels today take us through extensive desert territory but we also see some Nomad groups of Bedwins, who live in isolated encampments and caves and take care of their stock of cattle, sheep and goats.

DAY 6: It's up with the lark again as we leave Bethlehem for the long trip of 120 miles that will eventually take us to Nazareth. Since 1948 this country of Israel has gone through massive change. Road networks are improving with few "toll" roads and new high rise buildings spring up everywhere. The quality of land is also improving and quiet fertile as we move towards Nazareth with every patch of ground being utilized. Our trip takes us first to Mount Tabor and a visit to the Church of the Transfiguration. We later visit Cana where Jesus performed the miracle of water to wine and finally call to the Grotto of the Annunciation and also St Joseph's Grotto. We are glad to reach our accommodation at Nazareth for a well earned rest.

DAY 7: We leave our hotel and drive towards the Sea of Galilee. At the start the land is hilly with lots of steep inclines but roads are excellent, and the countryside improves as we travel. There is lots of excellent crop land with many acres of freshly sown wheat and barley. We see a variety of plantations including banana, mango and olive, very different to home. Many of the roadways are new and once again we see that this is certainly a country on the upward trend. We travel to the Mount of Beatitudes where the Sermon on the

Mount took place and where Jesus fed 5,000 people with five barley loaves and two fishes. We sail on the Sea of Galilee to Capernaum and visit St Peter's church and view the remains of an ancient synagogue where Jesus used to teach. We returned Nazareth for our final night in the Holy Land.

DAY 8: The group are quieter than usual at breakfast but Cathy, our wonderful trip organizer, has a winning smile of kindness for everyone and we all check out in good spirits and head towards the Mediterranean. We stop off at Mount Carmel and Fr John celebrates our final mass in the

Basilica of Our Lady. We journey on to the cave of the prophet Ellijah and view the stunning Bahai Gardens. We observe that the land has greatly improved, and the wide-open plains are freshly cultivated. Indeed, apart from the very warm Summer months, with proper irrigation and the help of underground springs, it is possible to grow and harvest three grain crops in the one year in this fertile country. Our final stop is at Jaffa with its church of St Peter and its beautiful sandy beach after which we reached the Airport of Tel Aviv to board our five-hour flight return journey to Luton Airport.

CONCLUSION: Having previously visited Israel and in particular the Holy Land in 2016, it is



P O Corcora, Jim Fagan (a native of Co. Carlow), Cathy our Tour Organiser and Fr John Buckley, relax in our hotel lounge at Nazareth, after a very busy day.

obvious that the number of pilgrims has greatly increased. It is also interesting that despite the Christian population being in the minority, through the intersession of the good Lord himself those historic and holy sites continue to attract vast enlarging numbers to walk along the pathway of Jesus himself. Overall, it was a marvellous experience of wide diversity. Our travelling group included people from Ireland, England, USA, Poland, the Philippines, Pakistan, Portugal, Nigeria, Ethopia and other parts of Africa. Each day concluded with night prayers with Fr John, followed by friendly chat, a few drinks and the odd verse of song. Our daily pilgrimage took to so many ancient and holy places and it can be truly stated that we travelled in the "Footsteps of the Master".



Duffy's Circus going down the Main Street on the 16th May 1931. © Jim Cooney from the Grainger collection.



Macroom (golf) Club House, May 1933













History Tommy O'Connell (1938-2019).

Family man, Electrician, Publican, Politician, Community Activist

By Con Kelleher



Tommy as a schoolboy in the 1940s, (O'Connell family).



Macroom FG with Liam Cosgrave , later Taoiseach, in 1968, (D. Dinneen)



Tom with Macroom Tidy Towns group, (D. Dinneen).

Tommy O'Connell was born in 1938 in Clounavrick and was educated at Rusheen National School, De La Salle and McEgan Colleges, Macroom, before training and working as an electrician with Jerry Twohig, Middle Square. He then set up his own business, married Eileen Kelleher, and with her ran the 'Hole-in-the Wall' pub in Middle Square. He became involved in community activity and politics. Macroom had been his home since 1956. He served on and chaired Macroom Urban District Council, and witnessed many changes, both across the country and locally.

Clounavrick is about four miles from Macroom and Tom was the 8th of nine children. His parents, Jerry and Julia (neé Lehane), had a small farm, and his Dad was also a builder. Times were tough but happy. His siblings did well. Chris trained in England as a nurse and Bina married John Ambrose and lives in Lismore. Kitty emigrated to Australia and John was a mason in England and was a founding member of Aghinagh G.A.A. Club. Dan was a carpenter and lived in Grange. Another brother Miah lived in Cork and has a son a priest, serving in Mississippi. Con had a successful career in television production in England with LWT, a regional station. Fr Pat is a retired P.P. and lives in Newcastle, U.K. and Chris is still in good health but unfortunately the others have passed away. When Tom was about fifteen his father died, and his family decided that Tom would leave De La Salle and attend McEgan. Shortly after he left school altogether to become an apprentice to Jerry Twohig, and his starting wage was £1 a week.

Following his siblings' footsteps, Tom attended Rusheen National School and life was difficult there for all the pupils. It was a two-teacher school and Mrs Dunlea, North Square, was exceptionally kind. Clever, Tom was sent to De La Salle and he did well, and academically was one of the better students. Hugo Casey, Pat Williams and Jim Pyper were contemporaries. Most of the teachers were fine but one brother was prone to administer physical punishment, and often the poor student didn't know why. John Boland (FG), Minister for Education, later outlawed corporal punishment. Donough O'Malley (FF) introduced free secondary education in the 1967, but it was too late for Tom's cohort. Before that parents had to pay a fee. Basically, if you could pay, you got a secondary and a university education. In 1962, 49% of 14-16 year-olds were not in school, with 4.16% of the age-group attending primary schools meaning that more than half of that age-group did not get any secondary education. i Paying was and forced many bright children to leave education prematurely. In a short space of time, Tom was employed by Jerry Twohig.

Jerry Twohig was a very interesting character and very brilliant in many ways. Together with Joe Gallagher, he was in the vanguard of introducing, supplying and servicing those magical new devices televisions. Jerry had his own newspaper and his own independent political party! However he also had a routine electrical business to run. One of the big issues in the 1950s was Rural Electrification. The ESB brought electricity to the front door and private providers connected within the house. There was some initial

resistance to the installation of electricity but this quickly evaporated. There was still much poverty in Ireland then, with very few houses having running water, and most had outside toilets. Bathrooms were for the privileged few and internal showers were things of the future. Initially - about 1955/1956 - Tom worked in Ballingeary and later in Coppeen/Terelton (1957), Kilmurry, Clodagh and Clondrohid. By 1959 75% of the country had access to electricity but it was as late as 1975 before the Black Valley, Kerry, was connected. ii Electric blankets were a novelty



Michael Collins Memorial Committee. (D. Dinneen).



Tom at opening at Macroom Sales Yard in 1962, (D. Dinneen).

at that time also and Mrs Kelleher, Castleville House, widow of Dr Jeremiah, was one of the first in Macroom to have one. Tom said they were quite basic and effectively consisted of two metal plates that were heated by a light bulb. When Tom restored the malfunctioning blanket, she was very grateful and reckoned Tom was very smart. Jerry and Tom were responsible for erecting public address systems for events like The Procession, openings of pitches, carnivals etc. In 1970 Tommy went 'out on his own'.

Some years previously Tom and Eileen had

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acquired 'The Hole-in-the Wall' pub in Middle Square. It got its name from serving drink to travellers more than two miles from their home on Sundays. Cotter's pub Bawnmore, was conveniently just beyond the limit for Macroom residents. Then adult GAA matches and sports events nearly always took place on Sundays rugby was mostly played on Saturdays. Supporters and followers took full advantage and it was part of the enjoyment. Customers could not enter the premises and

were served through an opening. The Hole-inthe Wall's hole-in-the wall faced onto Coosev Hall and was very discreet. The pub had been owned by aunts of Eileen and an outside party had an interest. Tom got a loan from Mr Ned Cahill, Manager, Munster and Leinster (now AIB), bought out the outside party and completely renovated the premises. Incidentally, Ned Cahill's grandson, Eamon Ryan is leader of the Green Party, a former Minister and currently very much in the news. Eileen ran the pub and Tom helped at nights and

Tom married Eileen Kelleher in October 1966 and they had three children - Mary, Jerry and Julie and six grandchildren. Tom lived with Eileen in West Square and found it both convenient and congenial. Jerry graduated from the University of Limerick and worked in IT, and he is married to Cornelia O'Halloran, formerly of Millstreet Road. Rachel and Mark are their children. Julie attended the School of Commerce and is employed locally in business. Her husband is Roy Desmond and their daughter is Lily. Mary has degrees from UCC and UCG and works in the Medical Devices sector. Married to David Buckley, Rylane, her children are Ella, Eoghan and Cathal.

Politics was Tom's pastime and passion all his life. His parents followed Michael Collins and his Uncle Dan served in the Free State Army from 1922. Tom was a long-time member of Fine Gael and served on and chaired Macroom Urban District Council. Among his council colleagues were Seán Twomey, John Browne, Michael Healy, Seamas Burke, Martin McCarthy, Anne and Con Kelleher, Con O'Leary, William O'Leary and Jerry 'Darby' O'Donovan. One of his proudest achievements came in 1974 when Tom was Director of Elections of the Bandon area (Cork County Council) when four of five Fine Gael candidates were elected. Among the Urban Council's accomplishments were the creation of the industrial site at Hartnett's Cross and the extension of public lighting. Knocking Macroom Castle was a mistake as was refusing a by-pass in the 1980s when money was allocated; Tom voted against both those decisions..

Tom's party affiliation and involvement facilitated the use of the 'Hole-in-the-Wall' as a night-time Fine Gael headquarters during elections. Liam Cosgrave and Garrett Fitzgerald, two Taoisigh, called as did ministers Peter Barry, Richie Ryan, John Kelly, and Paddy Donegan whose 'thundering disgrace' remark led to President



Tom with work colleagues during building of Macroom Sales Yard later to become Macroom Mart. (D. Dinneen).

Cearbhaill Ó Dalaigh's resignation. Austin Deasy and Henry Kenny, father of Enda, were other guests.

Dónal Creed, Tom and others founded Béal-na-mBláth Committee and he was delighted to see Brian Linehan, the distinguished Fianna Fáil Finance Minister, delivering a recent annual oration. All the Creeds, Mick, Dónal and Michael were men and candidates of the highest calibre, and Tom was delighted and honoured to have canvassed for them. He was particularly thrilled with Michael's appointment and performance as Minister of Agriculture and the Marine.

Among other groups, Tom was a member of the Macroom Development Association and Macroom Tidy Towns and his work there tied in nicely with his political contribution. From the 1960s the Association worked to attract industries and employment to the town and were heartened when Macroom Carpets and others set up factories and businesses in the town.

In more recent times Tom devoted much time to St. Colman's Parish where, with his friends Martin Neville and Pat O'Halloran, he spent many hours helping in financial matters. The Church and his faith meant much to him. Since retirement he was a frequent viewer of RTE's Oireachtas Report and kept a critical and proud eye on those with Macroom connections. Overall he is very pleased to see the great improvements of the present compared to the Ireland of his youth, the poverty and emigration of the 1950s in pre Rural Electrification days. Tom stressed the importance of access to education, and the opportunities thereby created, no doubt reflecting his own sense of a lost opportunity. He certainly maximised his own opportunities in life.

Tom and Eileen had a fulfilling and happy life together, and he, his family and friends can be justly proud of a life well lived and of the valuable contribution he made to Macroom and the area. May he Rest in Peace.

By Con Kelleher

i Séamas Ó Buachalla, Education Policy in Twentieth Century Ireland (Dublin 1988), p. 78. ii Seamas O'Donoghue, The Flooding of the Lee Valley: The Lee Hydro-Electric Scheme (Ballincollig, 1996), p. 26.



Tom at Macroom UDC meeting. (O'Connell family).



Tommy and Eileen touring with friends in Glengarriff 1960, (O'Connell family).



Tom with Mayoral chain, (O'Connell family).



Tom with Kevin Costner who was originally to play Michael Collins in the film of that name. (O'Connell family).

This article was compiled from conversations with Tom and the help and assistance of his family. Jerry, his son, provided corrections and many of the photos, and I thank him for that.

Feeling Stiff? Here Are Some Tips For a Movement-Friendly Workday





As the world moves toward more sedentary lifestyles and working from home has become the new normal with the Covid 19 Pandemic, it is important to be mindful of the risks of sitting behind a desk for 6-8 hours every day. Movement is essential to physical and mental health, and it's important to integrate as much of it into our workdays as possible. Movement-friendly work environments are crucial for the well-being of individuals, especially during these times when a large portion of the population is working from home. More movement contributes to increased productivity, motivation, positive attitude and less pain!

'Sitting is the new smoking'

Our bodies are designed to move and movement plays a vital role in allowing them to function properly. The phrase "sitting is the new smoking" has a lot of truth to it. Some studies suggest that for every hour you sit still, you knock an average of 21.8 minutes off your life, which is comparable to smoking two to three cigarettes. Without adequate movement, you put your body at higher risk for numerous serious health problems including depression, diabetes, cancer, and digestive and cardiovascular issues.

There are many products that can help create a more movement-friendly environment but no matter how ergonomically friendly your office space is, you won't benefit unless you take full advantage of them. For example, adjustable chairs and desks that can be used while sitting or standing can be great assets, but the key is to use them to their maximum variability. Dr. Sean-Michael Browne from the Advanced Chiropractic Clinic in Macroom is in favour of standing desks or desks that can move up and down so one can stand and work for 20-30 minutes and sit for 20-30 minutes.

'It's important to adjust your body position as often as you can. No matter how comfortable you are, staying in one place for too long puts unnecessary stress on different parts of the body. Variety and movement keep your mind and your body happy, helping you remain focused and engaged at work.'

Give me a break

Taking 30 second micro breaks roughly two times per hour (every half hour) is a great way to stay mindful of your need to adjust your posture and stretch your muscles, keeping your body position as neutral as possible.

Setting a timer to pop up on your computer screen or mobile phone every 30 minutes is a great start. When the timer pops up, stand up and march on the spot, take your eyes off the screen, spread your fingers and take a deep breath. Try resting the muscles you were using and using the ones you were resting. Straighten anything that was bent, and open what was closed.

Take every opportunity you can to go for a short walk, including during your lunch break or a company phone call. Walking for 30 minutes a day is necessary for people that sit all day in front of a computer screen. Some studies have shown that walking 30 minutes a day regularly can add up to 4-5 years to your life! Use what you already have to your advantage. Try taking the stairs to a restroom on a different floor or rearranging your office to force yourself to stand up more. Train yourself to be mindful of all opportunities for movement.

Treating aches and pains

In the event of musculoskeletal pain, don't just cover up symptoms. Try to determine if changes in your routine or environment can alleviate the pain, also consider using conservative therapies such as non-drug chiropractic services before moving on to other treatments such as medication, injections or surgery.

Dr. Sean Michael Browne

Advanced Chiropractic, Railway View, Macroom 026 42116



History

The Macroom Bypass V The Butter Road

By Peter Scanlan

So, the Macroom By-Pass is progressing after many years of waiting, campaigning, traffic jams and congestion. We look on in amazement as mighty machines move mountains of soil and clay, but do we ever think about how roads were made in times past.

It is easy to take roads for granted. They rarely get any of the praise that other structures get despite the fact that their building and their usefulness is as worthy of admiration as many other human constructions. The Straight Road, better known as the Butter Road, has had an enormous impact on the development of the area all along its route but it has been there for so long and is so much part of the scenery that it is very easily taken for granted. But when one considers the route and the time that it was built it is remarkable in many ways. It was one of the first planned and properly built roads in the country as opposed to roads that simply developed from paths, tracks, etc.

It was built as a Turnpike Road which was a new method adopted by the Irish Parliament after 1729. These roads were usually organised and constructed by the local gentry who collected tolls to meet the cost. This road was unusual in that all the construction and all the financing was carried out by an 'ordinary' but extraordinary individual named John Murphy from Castleisland. The gentry reckoned they could not do it themselves, that it was too big a project. They acted as Trustees and entrusted Murphy with the work. He raised all the money to build it and was to get it back from the tolls he organised on it.

It is fortunate that as this was one of the first ventures of its kind, as a very detailed Act of Parliament was passed that spelt out the contract with John Murphy in great detail which gives

us a good description of what he undertook and achieved. Murphy practically built 56 miles of road which included the building of 9 large bridges, and 15 small ones. He estimated that it would take him 8 years to build - and all without any mechanical help. We could also judge his achievement by considering that it took nearly another 250 years before a comparable road was built from Cork to Mallow.

Where the Butter Road reaches its highest point over Mushera mountain, in the townland of Aubane, there is a large flat stone embedded in the fence, this stone is known as "The Kerryman's Table" It was probably something of a trading centre being conveniently placed near a crossroads. It was also a perfect place to rest and have a good view of the countryside which was useful for the highwaymen as well as everybody else. It may also have been a meeting point for

the travellers to form convoys for protection against the highwaymen and any others up to no good.

The idea of a straight road was verv revolutionary and in many ways was not sensible or economical, certainly from construction point of view. It would have made more sense in many ways to take more circuitous routes. This type of road only made real sense with the mechanised travel of the

20th century. So, Murphy was very much ahead of his time.

The road was built as the route from Cork city, the second city in the country, to facilitate travel and communication with the developing Kerry area and particularly with Killarney which became famous for its Lakes at this time. It was the straightest route between the two points and the Trustees listed in the Act is a who's who of the Cork and Kerry gentry of the day who sanctioned its construction to service them.

The Act itself describes every aspect of the project in amazing detail and this is unusual. It does not leave a stone unturned, so to speak. It reads like a contract or the completion of a tender. It was completed 1748.

The road is intimately associated with Kerry and Kerrymen. It was built to service Kerry, was built by a Kerryman and by far the largest number of people who have travelled it were from there.



"The Kerrymans Table" Halfway between Cork and Kerry © Peter Scanlan

Cork County Council's Covid-19 Community Emergency Fund Scheme Open for Applications

Cork County Council, as part of its COVID-19 Community Support Programme, established an emergency fund for groups across County Cork assisting in the response efforts to COVID-19. Following the previous allocation of €70,757 to groups across the County in June, a second round of funding is now open for applications.

Throughout the COVID-19 pandemic, Cork County Council has been working with a range of community support and advocacy agencies to administer tangible and financial support to communities, facilitating collection and delivery of vital supplies, meals on wheels, friendly call services and transport, among other vital services. As our communities being to reopen and many emerge from cocooning, it has become apparent that the supports required by these communities are changing. Groups and organisations are invited to apply through an online application process for

the fund at www.yourcouncil.ie. Priority will be given to groups incurring expenditure in the course of addressing social isolation, community support and engagement, for example re-opening of community facilities.

Mayor of the County of Cork Cllr. Mary Linehan Foley acknowledges the invaluable role that community and voluntary groups have played in the Covid-19 response, saying,

"Community and voluntary groups across the county have worked tirelessly throughout the Covid-19 crisis to adapt their services and ensure that the vulnerable in our communities have been looked after. I'm glad to see the announcement of this second round of funding to help with reopening of facilities and resumption of services, as we emerge from a period of physical and social isolation for so many."

Chief Executive of Cork County Council, Tim Lucey, says,

"The success of Cork County Council's Community Support Programme has been achieved with the help of a number of groups, each of whom have gone above and beyond since the beginning of this crisis. We recognise the evolving challenges faced by many, as we move through the phased reopening of our economy and society. This funding is tailored to help these groups adapt their services to the future requirements of re-opening and to help them continue their work in the interests of the community."

Cork County Council's online application is now open at www.yourcouncil.ie and groups can apply until 5pm on Friday August 14th 2020. For more information, please contact Cork County Council's Community Support Programme at 1800 805 819 or email covidsupport@corkcoco.

County towns set to benefit with almost €1 million of various active travel and public realm works

As a result of Covid 19 and its impact on all aspects of living and working, Cork County Council, under Project ACT and with support from the National Transport Authority (NTA), will be introducing a wide variety of on-street measures designed to assist citizens and businesses in managing the new circumstances arising from social distancing requirements and altered travel patterns.

Almost €1 million in funding has been approved from the NTA to carry out a number of enhancements across Cork County such as additional footpath widening, one-way systems to create space for footpath widening, potential streetpedestrianisation this supports business activities, additional temporary facilities for cyclists and the altering of traffic signal times to reduce pedestrian waiting/crowding plus the automatic activation of some pedestrian phases in order to aid pedestrian movement. Cork County Council's Area Engineers are currently preparing the associated design options for various measures across towns and villages.

Commenting on the funding approval, Mayor of Cork County, Cllr Mary Linehan Foley, said,

"The crisis brought about by the arrival of COVID-19 has affected all our lives and the way in which we work, socialise and communicate. Cork County Council's Project ACT aims to create the right environment in our towns

and villages that makes people feel safe and allows businesses to trade. We all now realise the 'value of local' and should do everything we can to support what is on our doorsteps."

Chief Executive of Cork County Council Tim Lucey went on to say,

"Under the Council's Project ACT, Town Teams have undertaken a number of measures to date such as additional planting, cleaning and general improvements to promote regeneration and business growth across Cork County in the aftermath of Covid 19. With NTA

funding now available to county towns and villages, further infrastructure arrangements will be carried outin order to provide the greatest possible support to our local economy." As businesses continue to re-open, Cork County Council is encouraging owners to continue to avail of the suite of supports that have been made available to help them. These include the Restart Grant, trading on-line vouchers and expert advice available through the Council's Local Enterprise Offices.



County towns set to benefit with almost €1 million of various active travel and public realm works



Welcome back dear reader. Fear of Corona virus is tormenting people. When calamity came to his door Job said. . . . 'The thing I feared most came upon me' (Job 3:25). Fear and dread are magnets for the devil. We face a battle every day as to what we will serve - fear or faith? Below is Psalm 34 from The New Living Translation. Pray it aloud and ask the Lord to reveal His Love to you dear friend. Choose faith over fear! Jesus died so you could live; He rose from the dead to bring Resurrection Life to you. Trust God — you won't regret it. Psalm 34.....

I will praise the Lord at all times. I will constantly speak His praises. I will boast only in the Lord; let all who are helpless take heart. Come, let us tell of the Lord's greatness; let us exalt His name together.

I prayed to the Lord, and He answered me. He freed me from all my fears.

Those who look to Him for help will be radiant with joy; no shadow of shame will darken their faces. In my desperation I prayed, and the Lord listened;

He saved me from all my troubles. For the angel of the Lord is a guard; He surrounds and defends all who fear Him.

Taste and see that the Lord is good. Oh, the joys of those who take refuge in

Fear the Lord, you His godly people; for those who fear Him will have all they need...

...Does anyone want to live a life that is long and prosperous?

Then keep your tongue from speaking evil and your lips from telling lies! Turn away from evil and do good. Search for peace, and work to maintain it. The eyes of the Lord watch over those who do right; His ears are open to their cries for help.

But the Lord turns His face against those who do evil, erasing their memory from the earth.

The Lord hears His people when they call to Him for help; He rescues them from all their troubles. The Lord is close to the brokenhearted; He rescues those whose spirits are crushed.

The righteous person faces many troubles, but the Lord comes to the rescue each time.

For the Lord protects the bones of the righteous; not one of them is broken! Calamity will surely destroy the wicked, and those who hate the righteous will be punished.

The Lord will redeem those who serve Him. No one who takes refuge in Him will be condemned.

See more at wordofvictory.net





E: wovkillarney@gmail.com - T: 064-6622950 - wordofvictory.net



KNOW YOUR RIGHTS: RETURNING TO WORK SAFELY

My employer has asked me to return to work. What do I need to do before I go back to the office?

You need to know how your employer will operate before and after they reopen and what you should do to keep yourself and your fellow workers safe. The Government has set out detailed information in the protocol for returning to work safely. Following these measures will help reduce the spread of COVID-19 in your workplace.

Your employer must put systems in place before reopening. They must send you a pre-return to work form at least 3 days before your planned return. This will ask if you have COVID-19 or any symptoms, if you have been asked to self-isolate or if you are a close contact of anyone who has or is suspected of having the virus.

Your employer should update business and safety plans including how to deal with a suspected case of COVID-19. They must appoint a designated manager who will take care of suspected cases of COVID-19. Your employer must communicate with and consult with workers on any changes needed in the workplace, including appointing a lead worker representative. They must give you COVID-19 induction training.

When you are back at work, your employer must:

- · Provide temperature testing in line with public health advice and hygiene facilities including tissues, disposal bins or bags and hand sanitiser.
- Arrange for physical distancing across all work activities of at least 2 metres where possible. This may mean staggering breaks, meetings and canteen facilities.
- Implement a no handshaking policy, adapt any sign in and sign out systems and ensure safe practices.
- Keep a log of any group meetings.
- · Regularly clean your workplace.
- Provide Personal Protective Equipment (PPE) and protective clothing
- Designate an isolation area where an employee suspected of having COVID-19 can go. The designated manager will arrange for the person to be taken there by a safe route. The manager must also arrange for the employee to get home or get medical help and avoid public transport.

You must:

- · Travel to work alone. If travelling by car you should travel alone or share with only one person while maintaining physical distancing.
- Follow any social distancing measures your employer puts in place.
- Wash your hands properly and follow advice on sneezing and coughing.
- If you are unwell, get medical advice and you should not go to work.
- Tell your employer if you think it is unsafe for you to be at work and why or if you are concerned you could be putting a member of your household at

If you feel your workplace is not following social distancing or other measures, you can raise your concerns with the Health Service Authority (HSA). The Health Service Authority has the power to inspect and shut down workplaces that don't follow safety guidance. You can contact the HSA by emailing wcu@hsa.ie or phoning 1890 289 389.

Your employer can get return to work COVID-19 templates and checklists

During the COVID-19 pandemic, Citizens Information Centres are offering a phone and email service. You can access information and advice from:

ce, 0761 07 4000. Macroom Helpline: 0761078430 email: macroom.cic@citinfo

Citizens Information

WE ARE OPEN FOR PHONE & E-MAIL QUERIES

PHONE (Macroom):

0761 07 8430

Email: macroom@citinfo.ie

10am-5pm Monday to Friday

National Phone Service:

0761 07 4000

9am-5pm Monday to Friday

APOLOGIES FOR ANY INCONVENIENCE THIS MAY CAUSE

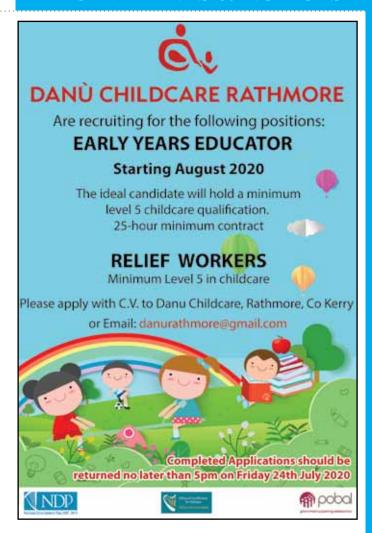
Information & advice is available on:

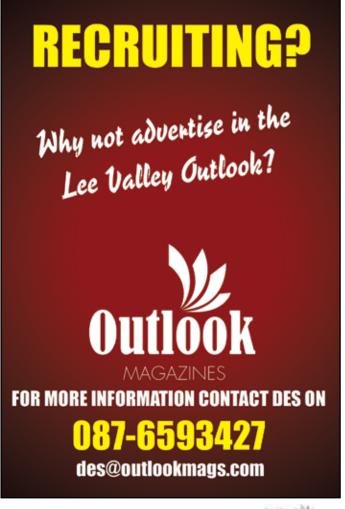
- COVID-19 Measures Health
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 - Education Employment Family Matters
 - Many other topics

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SPORTS MAD



Macroom FC

Jack Charlton 1935-2020.

The news last week of the death of Jack Charlton, aged 85 was met with much sadness by the football community in Ireland. A World Cup winner with England in 1966, Charlton played over 700 club games with Leeds Utd. He became manager of the Republic of Ireland in 1986 and the following 10 years changed the face of Irish football fortunes. He had huge success in reaching the European Championship finals in Germany 88-some feat when unlike nowadays only 8 teams qualified. Great days followed with a remarkable win over England, a draw with the fancied Russia and narrow defeat to the Netherlands (who went on to defeat Russia in the final).

More great times were ahead as thousands of Irish headed for Italy 90. What a run we had with draws against England, Egypt and the Dutch, the famous shoot out win v Romania, a visit to meet the Pope and an agonising defeat to the host nation in Rome. At one point in the early 1990s, the Republic of Ireland were ranked 6th in the FIFA world rankings which was another incredible achievement.

USA 94 brought more memories with the Paul McGrath inspired win over the Italians at Giants Stadium the highlight. A defeat to Mexico in over 40 degree heat saw Charlton receive a touch line ban, following a heated exchange with an official. We drew with Norway to qualify but were defeated again by the Dutch in the last

Holland once again beat us in a playoff for Euro 96 at Anfield. An emotional night as the Irish sang You'll Never Walk Alone on the famous Kop end. Charlton's time was done at this stage but Irish football had now gained a respect throughout Europe and beyond. Throughout those 10 years, Ireland beating the likes of England, Italy and Spain had become commonplace. In fact, Ireland played England in 4 competitive games during that time and remained unbeaten, winning 1 and drawing 3 games.

There were difficult times too, none more so

than the rioting of English hooligans in Lansdowne Road in 1995. It must be said also that many felt the style of play under Jack was too rigid, too many long balls etc. But the results during that period were tremendous and Charlton had a real ability to carry people with him, both players and fans and they were brilliant times. The many moving tributes that have been written and spoken since the passing of Jack Charlton are a testimony to his success and impact as Republic of Ireland manager. May he rest in peace.

Macroom FC weekly club lotto

The Macroom FC weekly club lotto is expected to return on July 27th, following suspension due to Covid 19. As local outlets continue to re-open, we feel this is an appropriate and safe time to get back another important club activity. The lotto is a vital source of income

for Macroom FC and we always appreciate the constant support from the local community. As a club we feel that in return we make a positive contribution through football. We have 23 teams from U7 to adults, catering for boys and girls with large numbers of volunteers doing great work. Playing membership numbers alone have risen to over 500. This is a huge undertaking from a volunteer club and Macroom FC take great pride and satisfaction that so many people trust us to deliver.

During the Covid 19 shutdown Macroom FC introduced the 'Like and Share' lotto through our Facebook page. This free lotto has seen huge interest and the club is delighted with this. We would like to congratulate all of the €50 weekly



Denis O'Leary and Jack Charlton, (1999, and supplied by Nora O'Leary).

consolation winners and would encourage everyone who 'Liked and Shared' to continue your engagement with the club by supporting our weekly lotto draw.

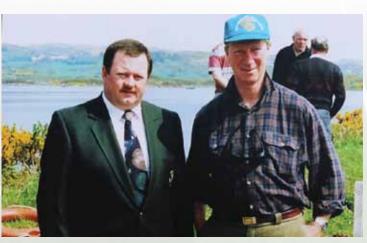
This can be simply done with any of the below options:

- 1. Lotto link on the Macroom FC Facebook page. 2. Club website: www.macroomfc.ie
- 3. Log on to the clubforce app.
- 4. Buy a paper ticket in participating outlets all over Macroom.

Thanks in advance for all the support as we continue to promote and deliver football for the entire community.



R. Mrs. Charlton, Jack Charlton, Nora Murray-O'Leary and Denis O'Leary. (c. 2002 and supplied by Nora).



Denis Cronin, Droumree, and Jack Charlton (Denis Cronin collection).



Cork County Championship 2020

2020 County Championship Grades and **Groupings**

Premier Senior Football:

Group 1: St Finbarrs, Ballincollig, Clonakilty and Carrigaline

Group 2: Carbery Rangers, Castlehaven, Newcestown and Ilen Rovers

Group 3: Nemo Rangers, Valley Rovers, Douglas and Bishopstown

Senior A Football:

Group 1: O Donovan Rossa, St Nicks, St Michaels and Béal Átha'n Ghaorthaidh

Group 2: Kiskeam, Mallow, Éire Óg and Bantry

Group 3: Dohenys, Fermoy, Clyda Rovers, Bandon

Premier Intermediate Football:

Group 1: Newmarket, Na Piarsaigh, Castletownbere, Aghada

Group 2: Naomh Abán, Cill na Martra, St Vincents, Knocknagree

Group 3: Macroom, Kanturk, Nemo Rangers, **Gabriel Rangers**

Intermediate A Football:

Group 1: Ballinora, Millstreet, Glenville, St **Finbarrs**

Dromtarriffe, Group Rockchapel,

Ballydesmond, Kinsale

Group 3: Mitchelstown, Glanworth, Mayfield, Adrigole

Group 4: Aghabullogue, Kildorrery, Glanmire, Kilshannig

The dates for the playing of the group stages of the championships are as follows:

July 24-26 Football Round 1

July 31-Aug 3 Hurling Round 1

Aug 7-9 Hurling Rd 2 Aug 14-16 Football Rd 2

Aug 21-23 Div SF/SH Finals

Aug 28-30 Hurling Rd 3;

Sept 4-6 Football Rd 3

Sept 11-13 Quarter Finals and Relegation play

Format

The championships will be played initially in groups of four, three games per team. Two teams will progress from the groups of four to the play-off stages, resulting in six teams qualifying for the play-off stages in most competitions, with the two top group winners qualifying for the semi-finals and the remaining group winner and the three second -placed teams qualifying for the quarterfinals.

The relegation final will be a straight playoff between the two lowest ranked teams (in terms of points won and scoring difference) amongst the three bottom placed teams from the groups. There will be no round robin.

In the Premier Senior championships one top group winner only will qualify for the semifinals and the remaining two group winners, the three second-placed teams and the divisions / colleges winner qualifying for the quarterfinals. The divisions and colleges rounds of the Premier Senior competitions will be played in a knockout format with one team qualifying for the quarter-final stages. Muskerry will not be competing in either senior championship this season.

All knock-out games will be finished on the day, where necessary and as decided by the CCC. Group games will take place in the same sequence circulated previously as Rounds 1, 2 and 3 (included below). The sequencing of codes is to allow the fairest balance between providing an even spread of games and the challenges faced by dual clubs in changing

All games will take place at neutral venues and there will be no double-headers during the group stages and for as long as the limit on public gatherings of 500 people persists.

Football Championship Fixtures – Mid Cork and County

Friday July 24th:

Mid JAFC Aghinagh v Canovee in Macroom at

County - Friday July 24th at 7.30pm

PSFC Ballincollig v St Finbarrs @ P Uí Rinn PSFC Nemo Rangers v Valley Rovers @ Cloughduv

SAFC Clyda v Bandon @ Ballyanley IAFC Glanmire v Kilshannig at Blarney IAFC Aghabullogue v Kildorrery at Mallow

Saturday July 25th:

Mid JAFC Donoughmore v Kilmichael in Carrigadrohid 7pm

Mid JAFC Ballincollig v Blarney in Coachford 7pm

County

SAFC Éire Óg v Bantry Blues @ Ballingeary 3pm

SAFC Kiskeam v Mallow in Kanturk @ 3pm PSFC Clonakilty v Carrigaline in Bandon @ 3.30pm

SAFC O Donovan Rossa v St Nicks in Brinny @ 3.30pm

PIFC Castletownbere v Aghada in Kilmurry @ 5pm

PIFC Newmarket v Na Piarsaigh in Banteer @

IAFC Glenville v Ballinora in Grenagh @ 5pm PFSC Newcestown v Ilen in Dunmamway @ 7pm

PIFC Macroom v Kanturk in Cullen @ 7pm IAFC Mayfield vv Adrigole in Inchigeela @ 7pm SAFC Béal Átha'n Ghaorthaidh v St Michaels in Ovens @ 7.30pm

Sunday July 26th:

Mid JAFC Inniscarra v Iveleary in Kilmurry @

Mid JAFC Eire Og v Grenagh in Rusheen @ 4pm

Mid JAFC Ballingeary v Clondrohid in Inchigeela at 7pm

Mid JAFC Cill na Martra v Kilmurry in Kilmichael at 7.30pm

County

IAFC - all at 2pm: Millstreet v St Finbarrs in Carrigadrohid, Ballydesmond v Kinsale in Glantane, Rockchapel v Dromtariffe in Kiskeam, Mitchelstown v Glanworth in Mallow. PSFC Carbery Rangers v Castlehaven in Clonakilty @ 2.30pm

SAFC Dohenys v Fermoy in Coachford @ 3pm St Vincents v Knocknagree in Donoughmore @ 4 pm

PIFC Naomh Abán v Cill na Martra in Macroom @ 4 pm

PIFC Nemo Rangers v Gabriel Rangers in Kilmichael @ 4pm

Hurling Championship Fixtures – Mid Cork and County

Friday July 31st - PSHC and SAHC commences Saturday/Sunday August 1st and 2nd - All PIHC and IAHC and LIHC games commence including Sat August 1st LIHC Grenagh v Dripsey in Donoughmore @ 3.30pm PIHC Inniscarra v Blarney in Coachford @ 5pm Sun August 2nd PIHC Ballincollig Watergerasshill in Blarney @ 2pm

IAHC Éire Óg v Sarsfields in Ballygarvan @ 7pm IAHC Cloughduv v Aghabullogue Ballincollig @ 7pm

Mid Junior A Hurling Championship (2-3 August)

Sunday August 2nd: JAHC Blarney v Kilmichael in Ovens at 12pm

Monday August 3rd:

JAHC Ballinora v Eire Og in Ballincollig at 12pm JAHC Aghabullogue v Iveleary in Cloughduv

JAHC Ballincollig v Inniscarra in Blarney at 5pm JAHC Cloughduv v Donoughmore in Ballyanly at 7pm



County Football Championships 2020 and a look back to 2019

Premier Senior FC

Ballincollig v St Finbarrs P Uí Rinn Friday July 24th 7.30pm

Last season, Ballincollig, down to 14 men, were defeated by O'Donovan Rossa's 0-10 to 0-12 in their opening round but then hammered Clyda in the 2nd round 5-15 to 0-6. Next up was Kiskeam and Ballincollig had a good 0-17 to 1-9 win to qualify for the quarter finals. Ballincollig lost this to Douglas on a 1-12 to 0-9 scoreline having missed some glorious scoring chances in the first half and again in the second half, chances which had they been availed of would have killed off the Douglas challenge long before the decisive Douglas goal which came seven minutes from time.

Ballincollig: Jack Gibbons: Noel Galvin, Liam Jennings, Killian Coleman: Luke Fahy, Colm O'Connell, Cian Kiely: Seán Kiely, Peter O'Neill: John Paul Murphy, Paddy Kelly, Colin Moore: Gary Comerford, Cian Dorgan, Darren Murphy. Subs: Kevin Browne, Ciarán O'Sullivan, Dara Dorgan.

Senior A FC

Éire Óg v Bantry Blues at Ballingeary Saturday July 25th 3pm

Éire Óg make their senior football debut after being promoted as 2019 Premier Intermediate champions. 2019 was a great season for Éire Óg footballers as they recovered from a first round defeat by Cill na Martra to defeat Aghada, Newmarket, Bantry Blues in the semi final (by 2-16 to 3-11) and then St Michaels in the county final by 0-14 to 0-12.

Éire Óg: Eoin Kelleher; John Kelleher, John Mullins, Dermot O'Herlihy; Diarmuid Dineen, John Cooper, Daire McCarthy; Liam Sheehan, Ronan O'Toole; Eoin O'Shea, Jack Murphy, Kevin Hallissey; Daniel Goulding (Capt), Colm O'Callaghan, Brian Hurley. Subs: Ciarán Sheehan, Michael O'Shea, Joe Cooper, Denny Murphy, Alan O'Mahony.

Béal Átha'n Ghaorthaidh v St Michaels at Ovens, Sat July 25th 7.30pm

Béal Átha had a disjointed Premier Intermediate

season last year, playing two games, the first in April and the next in late September, five months later! Béal Átha defeated Naomh Abán 2-12 to 1-9 at Macroom in the first round, an Andy Ó Coinceannain goal from a penalty in the 55th minute giving Béal Átha the lead and in the final minutes they added 1-2 to their tally, all from the boot of Diarmuid MacTomáis. They lost to eventual champions Éire Óg by 2–16 to 1-11in the 4th round but were promoted to Senior A status on their fine championship record of recent years.

Béal Átha'n Ghaorthaidh: Gearóid Ó Muirthille: Ciarán Ó Nunáin, Leonard Ó Conchuir, Seán Ó Donnchú: Daire Ó Ceallacháin, Amhlaoibh Ó Loinsigh, Matt Ó Riordáin: Eoin Ó Coill, Crothuir Ó Loinsigh: Nollaig Ó Laoire, Cian Ó Duinnín, Eanna Ó Duinnín: Donnagh Seartan, Aindrias Ó Coinceannain, Diarmuid Mac Thomáis. Subs: Barra Ó Coinceannain, Ben Seartan, Liam Ó Críodáin, Seamas Ó Tuama, Liam Seartan.

Premier Intermediate FC

Macroom v Kanturk at Cullen Sat July 25th 7 pm

Macroom lost narrowly to St Michaels in their opening round and played well in stages when defeating St Vincents in their 2nd round tie. They lost heavily to Cill na Martra in the 3rd round at Ballingeary, 6-12 to 1-11, when the winners were by far the better side over the hour and never eased off. However, the final outcome did not look likely at half time when Cill na Martra led by only 1-7 to 1-4 and a Macroom point on the restart had their deficit down to two points before they conceded two goals in a minute.

Macroom: Brendan O'Connell: Paul O'Farrell, Rory Buckley, James O'Connor: Michael Cronin, Alan Quinn, Mark Corrigan: Fintan Goold, David Horgan: Don Creedon, Seán Kiely, Tony Dineen: Conor O'Sullivan, Patrick Lucey, Dylan Twomey. Subs: Gerard Angland, Eolan O'Leary, Blake O'Gorman, Johnny Murphy, Andrew Hegarty.

Naomh Abán v Cill na Martra at Macroom Sunday 26th at 4pm

Naomh Abán lost their 1st round PIFC game to Gaeltacht neighbours Béal Átha'n Ghaorthaidh, 2-12 to 1-9, at a wet and windy Macroom. Naomh Abán led by 1-7 to 0-7 at half time but Béal Átha were level by the three quarter stage. The Baile Mhuirne men immediately regained the lead, 1-8 to 0-10 but Béal Átha scored 2-2 in the final minutes to take the honours.

They faced Newmarket in the 2nd round at Millstreet and lost by by 1-13 to 1-10. Naomh Abán only added one single point to their tally of half time tally of1-9, a score which had them four points in front at the break. The Baile Mhuirne side had been playing well and their almost total inability to break out of their own half subsequently and add further scores was difficult to explain.

Naomh Abán: Micheál Ó Donnchú: Simon Ó Murchú, Criostóir Ó Deasúna, Tomás Ó hAilíosa: Éanna Ó Críodáin, Diarmuid Ó Scannaill, Micheál Ó Liatháin: Concubhair Ó Murchú, Colm de hÍde; Niall Ó Ceallaigh, Maidhc Ó Duinnín, Conor Ó Críodáin: Diarmuid Ó Ceallaigh, Deaglán Ó hAileamhain, Aodhán Ó Luasa. Subs: Darragh Ó Laoire 45, Tadhg Ó Riordáin 57.

Cill na Martra made their debut in the 2019 county premier intermediate football championship with an impressive display win over the ultimate champions Éire Óg, 1-9 to 0-8 at Macroom. They had a very comprehensive 6-12 to 1-11 win over Macroom in the 3rd round at Ballingeary and faced Kanturk in the quarter final at Millstreet. They lost 3-8 to 0-13 in simply dreadful weather conditions to a physically stronger Kanturk side, Cill na Martra's first championship defeat in two years.

Cill n a Martra: Antóin Ó Conaill: Daire MacLochlainn, Graham Ó Mocháin, Eoin Ó Loinsigh: Seán Ó Foirréidh, Nollaig Ó Laoire, Sean Ó Céilleachair: Gearóid Ó Goillidhe, Fionnbarra Ó hEaluithe: Daniel Ó Duinnín, Micheál Ó Deasúna, Danny Ó Conaill: Ciarán Ó Duinnín, Tadgh Ó Corcora, Shane Ó Duinnín. Subs: Damien Ó hUrdail, Colm Ó Laoire, Martin Ó Conchuir, Maidhchí Ó Duinnín.



Daragh, Jeremy and Martha Kelleher. © James O'Driscoll.



John Cronin and Alan O'Shea. © James O'Driscoll.



Intermediate FC

Aghabullogue v Kildorrery at Mallow, Friday July 24th 7.30pm

Aghabullogue, beaten finalists the previous year, got their 2019 campaign off to a fine start with a hard earned 2-8 to 1-8 win over a strong Mitchelstown side at a very wet Mallow. A goal separated the teams at the finish and Aghabullogue came from a point down with two minutes remaining to take the lead with a second goal from David Thompson to which Luke Casey added a point to seal the win.

In the 3rd round, Aghabullogue defeated St Finbarrs 3-9 to 1-8 at Blarney. Aghabullogue had a great start with Ian BarryMurphy finding the net in the third minute and they led by 1-7 to 1-6 at the break. The vital second goal came at the three guarter stage from the boot of team captain Sean O'Sulllivan, 2-7 to 1-8, and Aghabullogue goalkeeper David Moynihan subsequently denied the Barrs of an equaliser when saving a penalty with the score at 2-8 to 1-8. Ian BarryMurphy wrapped up the win and a meeting with Knocknagree with his second goal just before the final whistle. In the guarter final, Aghabullogue lost to Knocknagree by 2-13 to 1-6 at Banteer despite a strong finish. Aghabullogue: David Moynihan: Paul Dilworth, Conor Smith, Paudie Twomey: Shane Tarrant, Paul Ring, Billy Casey: Seán O'Sullivan, Seán O'Connell: Jack Murphy, Ian BarryMurphy, Niall BarryMurphy: Luke Casey, Evan O'Sullivan, David Thompson. Subs: Alan Hogan, Michael O'Regan, Aidan BarryMurphy, Denis Quinlan, Tadhg Bradley, Michael O'Sullivan

Ballinora v Glenville at Grenagh Saturday July 25th 5pm

Rockchapel led Ballinora 3-4 to 0-3 at half time at Millstreet having played with wind and rain. Rockchapel were content to play possession football as much as possible in the second half and were further insulated by a fourth goal in the 37th minute which effectively finished the contest. Ballinora outscored the Duhallow men by five points to two subsequently but they were never going to be allowed claw back the big deficit. Final score: 4-6 to 0-8. Ballinora had a 1-11 to 1-98 win over Adrigole in the 2nd round at Kilmichael. Ben Ahern was star of the show for the winners with seven points on a night when scores were hard earned.

Ballinora were well beaten by 2018 All Ireland junior champions Knocknagree at Clondrohid in the round 3 game. The Duhallow men settled early and led by 1-11 to 1-4 at the break. Knocknagree continued to be on top and a second goal at the three quarter stage wrapped up the victory, 2-18 to 1-10.

Ballinora: Eoin Walsh: Kenneth Greally, John O'Regan, Kevin O'Regan: James Keohane, Mike Lordan, Ian Wycherly: Alan O'Neill, James Lordan: Darragh Holmes, Michael Murphy, Alan O'Shea: Ben Ahern, Darragh Corkery, Brian Murphy Subs: David O'Halloran h/t, Conor Brosnan 35, George Forde 47.

Ross Oil

Mid Cork Junior A Football Championship (24-26 July)

Divisional winners ONLY will qualify for the County Championship stages of the Junior A competitions.

Round One:
Ballincollig v Blarney
Éire Óg v Grenagh
Canovee v Aghinagh
Clondrohid v Béal Átha'n Ghaorthaidh
Cill na Martra v Kilmurry
Inniscarra v Iveleary
Kilmichael v Donoughmore

Round Two (round for 7 losers); to be drawn after first round completed.

Aghinagh v Canovee in Macroom on Friday July 24th at 7.30 pm

Aghinagh reached the final in 2019, losing to Iveleary on a 2-21 to 1-10 scoreline. Aghinagh had received a bye in the first round, defeated Cill na Martra in the 2nd round, Clondrohid in R3, had a notable win over Kilmurry in the quarter final and another over Ballincollig in the semi final. Their line out in the final was: Aghinagh: Aghinagh: Paul O'Sulllivan: John Lynch, Dermot O'Callaghan, Seán Kelleher: Adam O'Leary, Dave Barry, Aodh Twomey: Gearóid O'Sullivan, Michael O'Brien: Declan Ambrose, Donal Corkery, Richard O'Sullivan: William Coakley, Micheál Corkery, Liam Twohig. Subs: Con Buckley, Trevor Burns, Mathew McCarthy, Seán Horgan, Micheál Horgan.

Canovee, finalists in 2018, had a win over Naomh Abán in the first round and defeated Inniscarra in a competitive quarter final before losing to Iveleary in the semi final. Iveleary won here a 3-10 to 0-10 after the teams had been level at 0-6 each at half time.

Canovee: Darren Shine: Patrick Buckley, William Aherne, Eoghan Lehane: Brian Aherne, Michael Dunne, Liam Kelleher: Aidan Murphy, Brian O'Donoghue: Denis O'Sullivan, Paul Healy, Conor Hughes: Jack Kelleher, James Moynihan, Mark Healy. Subs: Mark Walsh, Seán O'Connor 43, Eamon Lyons, Blake Ring, Con Dunne.

Donoughmore v Kilmichael in Carrigadrohid, Sat July 25th at 7pm

Donoughmore had a disappointing season last year, losing to Inniscarra in the opening round and then to Clondrohid in the 2nd round on a scoreline of Clondrohid 2-14

Donoughmore 0-11. The sides were level at the break but two goals from Fergal Kelleher in the opening minutes of the second half ensured a Clondrohid victory. Donoughmore's Conor O'Rourke finished the game with eight points. Donoughmore: Kevin O'Riordan; David Looney, Keelan Forde, Cian Murphy; Jamie Twomey, Paul Crowley, Adrian Looney; Brendan O'Callaghan, Tommy Barrett; Conor Kennedy, St John Forde, Eoghan Buckley; Conor O'Rourke, Adam Looney, Tadgh Collins. Subs: Ben Honohan, Colm Looney, Robert O'Regan.

Kilmichael got the better of Clondrohid in the 2019 opening round but were well beaten by Iveleary in the 3rd round on a 2-10 to 0-7 scoreline in a disappointing tie at Macroom. After a reasonably even opening half, Iveleary looked to be gaining control and two goals at the three-quarter stage made the final outcome certain.

Kilmichael: Ronan O'Callaghan: Alan Murphy, Conor Cotter, Eoghan Murphy: Simon Foley, Finbarr Buckley, Seán Buttimer: Finbarr Dromey, Cathal Foley: Brendan Cotter, Ronan Murphy, Barry Kelleher: Chris O'Connell, Peter Kelleher, Shane Foley. Subs: Colin Murphy, Daniel Twomey, Josh deLacey, Stephen Kelleher.

Ballincollig v Blarney in Coachford, Sat 25th July at 7pm

Ballincollig had a fine win over Dripsey in the first round, got a third-round bye and defeated a good Éire Óg in the quarter final. They lost to Aghinagh in the semi-final, Aghinagh 1–14 to Ballincollig's 0-13. Ballincollig, lost had three players to their senior team which had played and defeated Clyda the previous evening but still managed to stay in contention up to the three quarter stage. They were level at 0-8 each at the break and the teams were still level after 48 minutes but as Ballincollig tired and Aghinagh introduced fresh young legs off the bench, the winners dominated the last ten minutes and they were in control at the finish. Ballincollig: John Kelly: Colin O'Donovan, Sean O'Neill, Sean Lucey: Fenton Denny, Kevin Crowley, David Collins: Ciaráin O'Sulllivan, James O'Leary: Eoin O'Reilly, Brian Cotter, Brian Kelly: Dara Dorgan, Stephen Coughlan, Alan O'Donovan. Subs: Brian Lucey, Conor Sexton, Evan Cooke.

Blarney lost to Béal Átha'n Ghaorthaidh in the



Catherine Cahill, Nora Cronin and Claire Creedon. © James O'Driscoll.



opening round but got the better of Dripsey in Round Two. This qualified them for the quarter final where they lost to Iveleary, final score being 1-18 to 0-5. Blarney defended heroically on occasions and only four points separated the teams at the break, 0-8 to 0-4. However, in the second half, the Inchigeela outfit completely dominated with Brian Cronin starring at centre forward and they emerged easy winners at the finish. Blarney: Ben Ahern: Vince O'Mahony, John Barrett, Brendan Hallihan: Eoin Mullane, Mark Cremin, Stephen Mullane: Conor Foley, Mark O'Leary: Joe Jordan, Alan McEvoy, John Daniel Goode: Ray Murphy, Paul O'Leary, Keith Costello. Subs: Mark Coleman, Cormac O'Mahony, Eamon O'Mahony, James Walsh.

Inniscarra v Iveleary in Kilmurry, Sunday

Inniscarra were quite impressive last season. They had a good win over Donoughmore in the first round and gave Canovee a stern test in the quarter final, only losing by two points, 1-14 to 1-12 at Coachford. Inniscarra moved Seán O'Donoghue out of defence for the second half and the Cork hurler made a huge difference to their attack when transferred. Inniscarra were led by 1-8 to 1-3 lead at the break but only three points separated the sides with ten minutes to go and Seán O'Donoghue pointed another Inniscarra free to cut the gap to two points now in time added but Canovee survived.

Inniscarra: Dave Colman; John O'Keeffe, Jerry Roche, Jack O'Dwyer; Seán O'Donoghue, Cathal Griffin, Eric Baxter; John O'Callaghan, Conor Buckley; Shane O'Mahony, Stephen Dornan, Shane Buckley; Jack Hayes, Dave O'Keeffe, Liam Collins. Subs: Pádraig O'Callaghan, Dylan O'Sullivan, Donal O'Callaghan, Michael O'Connell.

Iveleary are the reigning Mid Cork champions, going for three in a row and strong fancies to achieve their aim. Last year they lost to Kilmurry in the first round, defeated Naomh Abán in the losers round and then went on to defeat Kilmichael, Blarney and Canovee before accounting for Aghinagh in the final, 2-21 to 1-10 to win their 8th title.

Iveleary: Joe Creedon: Barry Murphy, Ciarán O'Riordan, Ger O'Riordan: Kevin Manning, Seán O'Leary, Sean O'Riordan: Sean Lehane, Daniel O'Riordan: Conor O'Leary, Cathal Vaughan, Barry O'Leary: Chris Óg Jones, Brian Cronin, Aaron O'Donovan. Subs: Finbarr McSweeney, Ger McSweeney, Donal Cotter, Patrick O'Riordan and Mick Lucey.

Éire Óg v Grenagh in Rusheen, Sunday July 26th 2pm

Éire Óg were quite strong last season and defeated Cill na Martra in the first round, and just pipped Béal Átha in the 3rd round. They lost to Ballincollig in the guarter final, 0-12 to 1-7, a game they could have won as Éire Óg missed a penalty and only stern defending denied the Ovens men near the end. Éire Óg were without Colm O'Callaghan and the injured Kevin Hallissey, and the absence of this talented attacking duo proved fatal. The half time score was 0-7 to 1-3.

Éire Óg: Eoin Kelleher; David Sheehan, Daniel Cotter, Cillian Sheehan; Cian O'Mahony, Darragh McCarthy, Diarmuid Dineen; Fionn O'Rourke, Dermot Hurley; Fintan Brennan, Philip O'Sullivan, Jerome Kelleher; Tim O'Leary, Aidan O'Connor, Dylan Foley. Subs: John Cooper, David Twomey, James O'Sullivan, M Kelleher, Jason Twomey.

Grenagh are back in the Mid Cork championship after a 14 year period up in the Intermediate grade. They were defeated 2-11 to 0-12 by Glanmire in the first round of the intermediate championship after being led by 12 points at half time and then by St Finbarrs 1-14 to 0-11in the 2nd round at Blarney after the teams were level at 0-2 each after the first quarter and level at 0-5 each at half time. Grenagh were still level ten minutes into the second half but the city side then went in front by two points in the 54th minute and a Barr's goal in the last minute finished any hopes Grenagh had of saving the day. Grenagh: R Dorgan: A Kiely, L Walsh, M O'Riordan: S Cronin, P McCarthy, U Duggan: K O'Neill, S Bourke: D Dorgan, T Walsh, C O'Sullivan: P BarryMurphy, T Kenny, S Dorgan. Subs: A Duggan, K Cummins, J O'Neill.

Ballingeary v Clondrohid in Inchigeela Sunday 26th at 7pm

Béal Átha got the better of Blarney in the first round but lost to a strong Éire Óg side in the 3rd round on a 0-17 to 2-9 scoreline. Béal Átha scored two goals in the opening four minutes, Seán Ó Coill the scorer of both goals, the first from the penalty spot. It was 2-4 to 0-6 at half time but point by point, Éire Óg drew level and then went clear in injury time.

Béal Átha'n Ghaorthaidh: Muiruis Ó Conchuir: Shane Ó Duinnín, Micheál Ó Tuama, Enda Ó Luasa: Sean Ó Muineacháin, Gearóid Ó Cremín, Gavin Ó Laoire: Dara Seartan, Liam Ó Coinceannain: Gearóid MacCarthaigh, Liam Seartan, Darran Ó Duinnín; Seán Ó Coill, Ian Ó Coinceannain, Barra Ó Coinceannain. Subs: Pól Ó Buachalla, Kieran MacCoitir.

Clondrohid lost to Kilmichael in their opening round, but saw off the Donoughmore challenge in the 2nd round to qualify for a clash with neighbours Aghinagh in the 3rd round. Clondrohid were eight points behind in the second half but very late in the game got two goals to lead by a point. An Aghinagh goal in the 66th minute meant heartbreak for Clondrohid.

Clondrohid: Seán O'Callaghan: Jeremy O'Sullivan, Trevor O'Brien, Paddy Lynch: Shane Dineen, Brian Corcoran, John Corkery: Cian Creedon, Neilus Murphy: Mark Creed, Seán Desmond, Darren Dineen: Shane Creed, Fergal Kelleher, Danny O'Riordan. Subs: Callum O'Shea, Mathew McDonagh, Conor O'Leary, Cathal Creedon, Denis O'Riordan.

Cill na Martra v Kilmurry in Kilmichael Sunday July 26th at 7.30pm

Cill na Martra went down to Éire Óg in the opening round and lost to Aghinagh in the 2nd round at Clondrohid on a 0-9 to 0-7 scoreline, their second two point defeat.

Aghinagh were much indebted to their goalkeeper Paul O'Sullivan whose alertness twice denied Cill na Martra of goals in the opening half and enabled his side to lead by a single point at the break, 0-4 to 0-3. Cill

> na Martra stayed doggedly in contention and benefitting from the injection of fresh legs, staged a late rally but Aghinagh were not conceding the goal Cill na Martra needed.

Cill na Martra: Timmy Ó Conaill: Eoghan Ó Céilleachair, Fínén Ó Faoláin, Jeaic Ó hEaluithe: Pádraig Ó Críodáin, Alan Ó Mocháin, MacLochlainn: MacSuibhne, Colm MacLochlainn: Criostóir Ó Loinsigh, Martin Ó Conchuir, Ciarán Ó Fóirréidh: Liam Ó Loinsigh, Dean MacCarthaigh, Trevor Ó hEaluithe. Subs; Antóin Ó Cuana, Nollaig Ó Loinsigh, Dónal Ó Buachalla, Stiofán Ó Conaill, Éoin Ó Conail.



Canovee Girls winners of Sciath na Scol Final 2005 © Peter Scanlan

PEUGEOT **DRIVETIME** EVENT AT REENS

een's Rathmore, Main Peugeot Dealer for County Kerry, has announced details of the PEUGEOT Drivetime event and sizzling hot 202-offers, available for a limited time only this summer. Customers who register their new 202-PEUGEOT passenger car or light commercial van before 31st July, can avail of finance from as low as 3.9%, plus either scrappage up to €4,000, A five-year extended warranty offered across the PEUGEOT car range also brings extra peace of mind motoring. Tim Reen, Dealer Principal, said: "We are delighted to see consumer demand grow for the multi awardwinning PEUGEOT range, with the all-new 2008, 3008 and 5008 SUVs, the fantastic new 208, voted European Car of the Year 2020 and

available in petrol, diesel and fully electric, new Rifter and 508 fastback models."

continued: "The PEUGEOT He van range performance remains consistently strong, thanks to firm interest in the award winning Partner (Irish Van of the year 2020), the Expert, a former Irish Van of the Year winner, and the load-lugging Boxer line-up. Indeed, the Partner is Kerry's and Ireland's best-selling van in 2020 to date."

He resumed, "And now, it's simply never been a better time to call into us at Reen's Rathmore, with thanks to our excellent value 202-offers, designed to drive down the cost of motoring with low-cost finance, or scrappage offers."



LEE VALLEY DIARY

Kilmurry HAA:

Kilmurry Historical and Archaeology Association presents a field trip on a Famine talk by historian Michael Galvin at Gurranreigh famine monument. Meeting in Kilmurry independence museum at 3pm July 26th weather permitting. Members free non-members €5. All CV19 guidelines adhered to.

Macroom Golf Club:

29-Jun to 01-Jul Weekly Singles 1st Barry Ronayne (13) 43pts 02-Jul McGuirks Open Singles Qualifier 1st Cathal Forbes (13) 43pts 2nd Robert O'Dwyer (19) 42pts 03-05 Jul Championship of the course 1st Mark Healy (18) 64 nett 2nd Niall Kelleher (9) 67 nett 3rd Charlie Foley (7) 69 nett

Gross Kevin Sheehan (3) 73 gross Senior Denis O'Flynn (23) 72 nett Fixtures:

06-08 July Weekly Singles 07-July Seniors

09-July McGuirks Open Singles Qualifier 10-12 July Open Singles

Macroom GC Results (Men)

09-Jul McGuirks Open Singles Qualifier 1st Gary Morris (5) 43pts 2nd Brendan O'Kelly (18) 43pts

css 38pts

10-12 Jul Open Singles

1st Tim O'Callaghan (13) 41pts 2nd Stephen Quinn (14) 41pts 3rd Michael Riordan (11) 41pts Gross Padraig O'Connor (1) 39pts Senior Dermot O'Shea (23) 40pts

css 38pts

Fixtures:

07-July Seniors

16-July McGuirks Open Singles Qualifier 17-19 July Monthly Medal and Open Singles

Rylane Community Park Association/RCPA Monday June 29th 2020.

Jackpot €2,200. Numbers drawn: 12 - 20 - 34. No winner. Lucky Dip winners €20: Mary, Ger & Padraic O'Sullivan (Rylane); Donnacha & John Leahy (Rylane); Theresa Dennehy (Rylane).

Rylane lotto results on Monday July 6th 2020. Jackpot €2,300. Numbers drawn: 5 - 20 - 22. No winner. Lucky Dip winners €20: Mary & Connie Buckley (Rylane); Tomás Gillespie (Rylane); Sheila

O'Sullivan (Rylane).





Kilbonane Confirmation 2008 © Peter Scanlan



Cloughduv Fashion Show 2008 © Peter Scanlan



Kilmurry First Holy Communion 2007 © Peter Scanlan



Berrings MNF, winners of the Drama Trophy (No Date) © Peter Scanlan



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16TH ANNIVERSARY



Treasured memories of

MARY **FINNEGAN**

Knockavullig, Carrigadrohid Co Cork, whose Anniversary occurs on 17th July

Two tired eyes are sleeping Two willing hands are still The one who worked for us so hard Is resting at Gods will



Always remembered by Thomas, Eleanor, Dylan, Rebecca and Clodagh



In loving memory of

PATRICK O'REGAN

Codrum, Macroom, Co. Cork Whose birthday occurs on the 15th July 2020

"As time unfolds another year Memories keep you very near No need for words except to say You are loved and thought of everyday"



Love always Gobnait & Owen

4TH ANNIVERSARY



In loving memory of

PADDY IOE MURPHY

Ballyvourney / Ardeen Clondrohid Who died on 26th July 2016

> Deep are the memories, Precious they stay; No passing of time, Can take them away.



Sadly missed and always remembered by your loving family Ar dheis De go raibh a anam

3RD ANNIVERSARY



In loving memory of

CÁIT SHEEHAN (NEE HALLISSEY)

Rusheen, Coachford Who died 29th July 2017

Our hearts still ache with sadness And silent tears still flow For what it meant to lose you Cáit, no one will ever know. To us you were someone special, Someone set apart, Your memory lives forever, Engraved within our hearts.



Sadly missed and always remembered by your loving husband Anthony, children Anna and Tadhg, mother Sheila, brother, sisters, extended family & friends.

Anniversary Mass in Rusheen Church on Saturday 25th July at 8pm.

NOVENA TO THE SACRED HEART



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your heart where your father sees it.

Then in his merciful eyes it will become your favour, not mine. Amen.

Say this prayer three times for three days and your favour will be granted. Never known to fail.

Must promise publication of prayer.

CTM

NOVENA TO THE SACRED HEART



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your heart where your father sees it.

Then in his merciful eyes it will become your favour, not mine. Amen.

Say this prayer three times for three days and your favour will be granted. Never known to fail.

Must promise publication of prayer.

NOR

NOVENA TO THE SACRED HEART



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your heart where your father sees it.

Then in his merciful eyes it will become your favour, not mine. Amen.

Say this prayer three times for three days and your favour will be granted. Never known to fail.

Must promise publication of prayer.

MK

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S O C



For Memorials, Prayers and Remembrances

Contact Des: 087 6593427 Email: leevalley@outlookmags.com

2ND ANNIVERSARY



In loving memory of

IOHNNY MURPHY

Mall, Inchigeela Who died on July 24th 2018

We think of you dad with love today, but that is nothing new, we thought of you yesterday and the days before that too. We think of you in silence, We often speak your name, All we have are memories And a picture in a frame.

Softly in the morning You heard a gentle call, You took the hand God offered you, And quietly left us all.

The day you left us father, Our hearts just broke in two. The smallest part is still us And the biggest part with you.

For the rest of our lives. We will miss you Dad. Our secret tears will flow, Oh, how we really loved you, No one will ever know.

We miss your smile, your joking ways, We miss the things you used to say, And when old times we do recall, It's then we miss you most of all.

You were always there when we needed vou. No task too great or small, With loving heart and willing hands, For us you did it all.

We think of you in silence And make no outward show But what it meant to lose you No one will ever know.



Lovingly remembered and sadly missed by his wife, daughters, son, his grandchildren, his extended family, his neighbours and many friends.

2ND ANNIVERSARY



In loving memory of a dear grandfather and great grandfather

PATRICK SPILLANE

whose anniversary occurs on 13th of July

Granda we cried when you passed away we still cry today though we loved you dearly we couldn't make you stay a golden heart stopped beating hard working hands at rest God broke my heart to prove to us he only takes the best.



Love and miss you every day Miriam, Donnacha, Scott, Liam and Shaun x x x

10TH ANNIVERSARY



In loving memory of

PEGGY BUCKLEY

Crookstown Who died July 19th 2010

We do not need a special day To bring you to our mind. The days we do not think of you Are very hard to find. Our hearts still ache with sadness, And secret tears still flow, What it meant to us to lose you, Your place no one can fill, In life we loved you dearly, In death we love you still.



Always loved by your daughters Maria, Caroline, Son Aidan, Son in laws and grand children, Lisa, Shauna, Caoimhe, Eadaoin, Darragh, Jack

5TH ANNIVERSARY



In loving memory of

CHRISTINE LEHANE

Slievereagh, Ballyvourney, Co. Cork. who died on 12th July 2015

Memories are Special They don't fade away We think of you often Especially today.... Though heaven and earth divide us We are never far apart, You are always in our thoughts and prayers and forever in our hearts.



Fondly remembered by her loving Family.

2ND ANNIVERSARY



In loving memory of

PATRICK SPILLANE

Rahalisk, Ballinagree Who died on 13th July 2018

Those we love don't go away, they walk beside us every day, unseen, unheard but always near, still loved, still missed and very dear.

For those who will think of Patrick today, a little prayer to Jesus say.



Always missed, your loving grandson Patrick Jnr and Noreen

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8TH ANNIVERSARY



In loving memory of

MAURICE MANNING

Carriganima Who died on 17th July 2012

Time and years slip quietly by But love and memories never die In our hearts you will always stay Loved and remembered everyday



Remembered by his loving family.

6TH ANNIVERSARY



In loving memory of

THOMAS **CORKERY**

Barathanaknuck, Clondrohid, Macroom, Co. Cork who died on 27th July 2014

We cannot bring the old days back when we were all together, but treasured memories we have of you will stay with us forever.



Always remembered by his loving Wife and Family

2ND ANNIVERSARY



In loving memory of a wonderful husband, a special dad, a precious grandad and great grandad

IOHN O'KEEFFE

Bride View, Kilcrea, Ovens, Co. Cork on his second anniversary away from home who passed away on 23rd July 2018

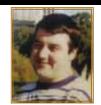
You always had a time to share, a laugh, a joke a time to care. A wonderful nature, warm and true, these are the memories we have for you.

His smile has gone forever and he's voice I hear no more. His life is a wonderful memory for me to keep and store



Loved dearly by his wife Diane, his children Helen, Johnny, Bendan and Mary, grandchildren and great grandchildren.

22ND ANNIVERSARY



In loving memory of

IERRY O'KEEFFE

(Son of both Dina and the late John O'Keeffe)

Bride View, Kilcrea, Ovens, Co. Cork who died on the 3rd August 1998

> Deep are the memories, Precious these days. The passing of time, Won't take them away, Jerry.



Sadly missed by his loving mother Diane, brothers, sisters, nieces and nephews

PRAYER TO THE BLESSED VIRGIN



O Most Beautiful Flower of Mount Carmel, Fruitful Vine, Splendour of Heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in this my necessity. O Star of the Sea, help me and show me herein you are my Mother (Make request). O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succour me in this necessity. There are none, that can withstand your power. O show me herein you are my mother. Oh Mary conceived without sin, pray for us who have recourse to thee (3 times). Say this prayer for 3 consecutive days and then publish it and request will be granted to you. This prayer must be published in thanksgiving for favours received

10TH ANNIVERSARY



In Loving Memory of a Special Son

TADGH O'CALLAGHAN

Inchisine, Toames Who died on the 21st July, 2010

When we look upon your picture happy memories we do recall. A face so full of sunshine and a smile for one and all. Our thoughts and love are with you although we are apart and you are ever close to us because you are in our hearts



Sadly missed and lovingly remembered by The O'Callaghan family

5TH AND 28TH ANNIVERSARY





In loving memory of

PATRICK & **CATHERINE** CRONIN

Moulnahorna, Carriganima, Macroom.

Patrick who died on 21 July 2015 Catherine who died on 2nd July 1992

No longer in our lives to share but in our hearts you are always there. Will those who think of them today, A little prayer to Jesus say.



Missed, and always remembered by their loving daughter, Rita, son in law, Johnny, and family.

10TH ANNIVERSARY



In loving memory of

MORT Kelleher

Dooneens, Rylane who died on the 14th July 2010

Gone are the days we used to share but in our hearts you are always there, the gates of memory will never close, we miss you more than anyone knows, with tender love and deep regret, we who love you will never forget.



Always remembered and missed by his loving family



All Memorials, Prayers and Remembrances are to be submitted to the Lee Valley Outlook 1 WEEK PRIOR TO PUBLICATION

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MEMORIALS & REMEMBRANCE

35TH & 10TH ANNIVERSARY



In loving memory of

BRENDAN & EILEEN LOUGHREY

Slievereagh, Ballyvourney
Whose anniversaries occur at this time.

Just a prayer from the family who loved you,
Just a memory fond and true,
In our hearts you will live forever,
Because we thought the world of you.
They say there is a reason,
They say that time will heal,
But neither time or reason,
Will change the way we feel.
Such wonderful parents,
So generous in their love,
We know we have been truely blessed
And give thanks to God above.



Remembered by their loving family

ANNIVERSARIES



MICHAEL O'Brien



MARGARET O'BRIEN

24th Anniversary 3rd Anniversary Saint Gobnait's Terrace, Ballymakeera

The best measure of a life well lived has less to do with the number of years we live or by our accomplishments, but more to do with how other's lives were lovingly touched by our presence.



Sadly, missed and always remembered by all of your loving family and friends

ANNIVERSARY



In loving memory of



In loving memory of

MICKEY BUCKLEY

20TH ANNIVERSARY Who passed away on the 12th July 2000

EILEEN BUCKLEY

18TH ANNIVERSARY Who passed away on the 25th July 2002

49 New Street, Macroom

Lonely is the home without you, life to us is not the same;
All the world would be like Heaven, if we could have you back again.
A light is from our household gone, a voice we loved is still,
A place is vacant in our home, that never can be filled.
The happy hours we once enjoyed, how sweet their memory still,
But death has left a vacant place, this world can never fill.



This day and every day, greatly missed by their loving family

13TH ANNIVERSARY



In loving memory of

CONNIE O'CONNELL

Bawnmore, Macroom Who died on 17th July 2007 RIP

We who loved you sadly miss you
As it dawns another year.
In our lonely hours of thinking
Thoughts of you are always near.
You're not forgotten, father dear
Nor ever shall you be.
As long as life and memory last
We shall remember thee.



Fondly remembered by his loving family

38TH ANNIVERSARY



In loving memory of

HELEN MOSS

Late of Crookstown Co. Cork Who died on 11th July 1982.

Helen, We think of you always, We do it everyday, But there is an ache within our hearts That will never go away.



Always missed and remembered by Mam, Noreen, David, John, Denis, Gerard and their families.

MEMORIALS
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