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Carrigaphooca Castle, in the evening Sunshine. © Peter Scanlan







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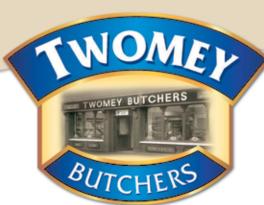
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EDITORIAL

It is with deep sadness that we hear of the passing of Máire MacSuibhne. Máire with her husband Seán were the driving force behind the success of the Lee Valley Outlook and the entire community owe a deep sense of gratitude to Máire. We would like to extend our sincere sympathy to Seán and family on her passing.

Ní bheidh a leithéid arís ann!

From everyone at the Lee Valley Outlook, our thoughts are with you.

Editor - Sarah Kate Murphy



Mícheál O Muirthile in his Studio.

"I seek out the beauty and torture of nature, especially in the solitary old roads less travelled now. Around every bend, there are endless treasures waiting to be captured by me."

For as long as he can remember, Mícheál Ó Muirthile has always been an artist. His parents, having seen his natural talent, were hugely

Macroom Artist Feature

Mícheál Ó Muirthile

supportive and gave him Christmas & Birthday gifts of painting-sets and drawing pencils & paper since he was of no age. His art teachers were also a great support to him during his days as an emerging artist; these early experiences, of drawing and sketching in particular, paved the way for him in extending his knowledge of art through reading and meeting other people interested and involved in art over his lifetime. He also spent many years involved in Community Arts.

The majority of his most recent work is based on his 'local' landscape and the fact that little has changed in rural settings over centuries. Mícheál says that devoid of people, modes of transport and technology, the landscape is a continuum and cannot be dated to any one specific period

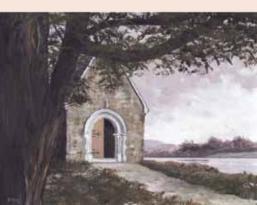
Although having started out primarily with a realist style, over the years this has become more impressionistic with an ever-increasing use of sgraffito, scratching with his palette knife to reveal some of the underlying layer and by applying the oils onto canvas and board by brush in an impasto fashion. He has also confined his work to smaller scale canvasses and boards within the last decade or so.

The national prize-winning artist has recently been invited to join the Singulart Gallery, based in Paris. He now lives near the four-mile bridge just outside Macroom, so a lot of his works are based on local landscapes in and around the hinterland of Macroom. You can see his work on www.michealomuirthile.com or www.singulart.com

However, since the outbreak of Covid 19, the easiest way to contact Mícheál directly is by email: momuir@gmail.com where you can purchase framed limited-edition prints at €45 each; some of these are on display in Deasy's Pharmacy window, down the alleyway near SuperValu in Macroom.



Some of Micheál's Work





Evening Time at the Gearagh

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CLONSHEARBEG, KILBARRY, MACROOM, CORK, P12D372

Killian Lynch Auctioneers are pleased to offer this newly constructed 4 bedroom residence situated on c.0.5 acres of landscaped gardens. The property which comprises of c.1,980 sq.ft. living accommodation is an ideal family home and has the benefit of qualifying for the help to buy scheme for 1st time buyers, £16,250, Located in a private setting, the house is only c.3km from Inchigeelagh village, c.10 minutes south west of Macroom town and c.40 minutes west of Cork City.

GUIDE PRICE: €325,000



SCRAHAN, COOLEA, MACROOM, CO. CORK P12XE12

For Sale by Public Auction — 23rd July 2020 (unless previously sold)at the Castle Hotel, Macroom, Co Cork
Killian Lynch Auctioneers are pleased to present this C. 87 acre farm holding, situated in a quite rural setting C. 2.5 miles west of Coolea Village, C. 5 miles west of Ballymakeera, 20 minutes west of Macroom and C. 50 minutes from Cork City. The property which is divided into 3 sections comprises of a mixture of arable grazing lands and mountain land which may be suitable to a afforestation.

The residence is an old traditional farmhouse which is in need of renovation throughout and comprises of C. 1,300 sq.ft. The farmhouse is surrounded by a range of outbuildings which could be used for many purposes.

GUIDE PRICE: €275,000

Due to a very pro-active property market since our reopening, WE NOW REQUIRE PROPERTIES FOR SALE IN ALL AREAS due to high demand and high sales



TEACH MILLEENS, BALLYVOURNEY, CORK,

Killian Lynch Auctioneers are pleased to offer this 4 bedroom bungalow situated in a much sought after area within the village of Ballyvourney, c.10 minutes west of Macroom town. Comprising of c.1,170 sq.ft. living accommodation, the property is an ideal opportunity for a 1st time buyer or retired person. The property is in good condition throughout but may require some modernization.

GUIDE PRICE: €165,000



CAPPAGH WEST, BALLYVOURNEY, MACROOM, CORK, P12DH97

Killian Lynch Auctioneers are pleased to present to the market this 2 bedroom bungalow on c.1.08 acres. The property which was renovated to an exceptional high standard throughout comprises of c.750 sq.ft. living accommodation throughout and is ideal for a starter home. Located c.2km from Ballyvourney village, c.15 minutes west of Macroom town, c.40 minutes from Cork City and c.20 minutes from Killarney town.

GUIDE PRICE: €140,000



ANNAHALA WEST, TOAMES, MACROOM, CO. CORK, P12HC83

Killian Lynch auctioneers are pleased to present this newly renovated traditional farmhouse situated on c.1 acre of landscaped gardens. This property which is cozing with character both inside and outside, comprises of c.1,350 sq.ft. living accommodation. Located in a most scenic and private setting, only a stone throw from the renovated and historic Gearagh with its fabulous walks and fishing. Macroom c.10 minutes drive and Cork City on c.30 minutes drive.

GUIDE PRICE: €290,000



Tidy Towns, in association with Macroom Gun Club, have just released 50 young Mallard duck into the river Sullane close to the bridge in Macroom.

Biodiversity, Article 3, Lee Valley Outlook - Birds

Tidy Towns, in association with Macroom Gun Club, have just released 50 young Mallard duck into the river Sullane close to the bridge in Macroom. Other towns have such attractions, and these are very popular. The ducks will be fed with grain and hopefully will remain in this general area. This is just another initiative to promote wildlife and biodiversity in the locality.

The swift project has'nt been completed due to Covid 19, but the Tidy Towns committee are ready and will have further Swift boxes erected before next year's nesting season. Swifts are to be seen regularly around town at the moment, in the Fair Green and Cork Street area, over the town square, and also from the courthouse up as far as the Millstreet Cross. The best times to see these seems to be at sunset on bright

Macroom Tidy Towns

sunny evenings. It is difficult to know exactly what buildings they use and any information on this would be appreciated.

Feeding birds is something anybody can do and bird feeders can bring much interest to a garden. Hanging feeders that can be viewed through a window allows you to observe and enjoy the variety of birds that frequent the feeder. Peanuts, seed mixes and the likes of sunflower seeds will attract small birds like finches, tits and sparrows. However, blackbirds, thrushes and robins prefer to feed on the ground or from a lower bird table. As mentioned in previous article, there are many types of trees and shrubs, native and non-native that provide feed for birds, whether berries, seeds or fruit.

Bird boxes are made by Macroom Men's Shed and are very popular. They do work birds have made their nests in these in peoples gardens annoying to some people since they build their mud nests under the eaves of houses and deposit their droppings on the path. However, these have flown 10,000 Km from Africa to nest here so one should be considerate in this regard.

A small pond in a home garden or a bird bath is something that householders should consider, and the small birds are most likely to use this. This provides both drinking water and a bathing area for the birds and watching the antics of birds in such bird baths is very interesting. There are less natural ponds and wet areas now for wildlife than there was many years ago.

Finally, leave an 'untidy' corner in your garden to help your wildlife. For example, old deadwood or a pile of leaf litter left for months in Winter will harbour various types of larvae, which in turn provide feed for birds. These untidy corners, when located alongside a hedge, or trees, or a bird bath etc help to provide a wildlife corridor in your garden, and this results in increased biodiversity and interest.

McEGAN MUSINGS

Fun and Games in Ballyhass Coachford Lee Valley Harbour

Thankfully, with the easing of some of the restrictions imposed due to Covid -19, students from McEgan College enjoyed a wonderful reconnect in the beautiful setting of Ballyhass Coachford Lee Valley on Thursday 25th June accompanied by SCP project worker Geraldine and tutors Ms. Morris and Mr. Butler. Outdoor activities such as kayaking followed

by obstacles courses and finally archery was made all the more enjoyable due the fabulous sunshine. The very patient and friendly instructors put all at easeeven those who may have been a little cautious of the water. It was wonderful to see some many of our student again, who all have grown so much in the past few months. The staff commented on how respectful, caring and bonded the students were. Well done to all on a great day out.





Second year Pupils Matt Murphy and Ben Horgan at Ballyhass Coachford



Ms Elaine Morris and Jack Curtin enjoying the sunshine at Ballyhass Aqua Park Coachford







ACROOM LIBRAR

We are delighted to have reopened our library on Tuesday June 29th and would like to welcome you all back. We would like to thank everyone for their patience and understanding during this time. It will be a new experience for us all so please be patient at this time as we will do our best to make your visit as pleasant as possible.

Our new Opening Hours are as follows;

Tuesday to Saturday 10 00 am to 5 30 pm

Closed between 1 00 – 2 00 pm, to facilitate cleaning and restocking.

Access; You may need to queue to enter the library. Internal layouts in many of our libraries have changed, with less or no seating available. Please follow signage. Children under 12 years of age must be accompanied by an adult.

Check in; There will be return bins inside the door so please drop your returns into these bins. All returns will be guarantined for 72 hours.

Limited Browsing; There will be 20 minutes allocated to each person to choose their book. It may be a good idea to think what you want in advance by visiting the online catalogue or browsing "Who writes like?" and "Who else?" on our website; corkcoco.ie/en/library-services

Services: Study spaces, newspaper/magazine reading and events are not

However you can read the newspaper from the comfort of your own home online. Just download the PressReader app or go to www.pressreader. com and ensure you select 'Library or Group' before you type in your library card number. PressReader has over 7000 newspapers and magazines from 120 countries to read from. You can also choose to translate some articles or full publications into 18 other languages.

I.T Services: 20 minutes Internet/WiFi sessions will be available only. It is advisable to book in advance. Printing and Photocopying services will be available but please make sure that you have exact change.

Also you will be expected to wipe down any equipment that you touch during your visit such as computers, photocopier etc before and after use with the hygiene items provided.

Check out: Please follow instructions from Staff.

Please remember to sanitize your hands as you enter the library and perform good respiratory hygiene.

Remember to social distance at the entrance, the public counter and throughout the library at all times.

Do not visit the library if you or someone in your household has symptoms of COVID -19 or you are a confirmed case.

If you have borrowed items and then you, a household member or a close contact of a confirmed case develops symptoms, you should not return borrowed items until you have completed a 14-day isolation period and are fever free for the last 5 days.

The Summer Stars 2020 is the public library national reading programme for children, that runs during the summer months. All children are invited to join the adventure, and to enjoy the fun and pleasure of reading and writing over the summer. It is a great incentive to get your child reading. Summer Stars is non-competitive, and every child who reads even one book is regarded as having completed the program and it is all completely free. Your reading card can be collected at the library and this allows children to track their reading progress during the summer. There will be a raffle for some special reading rewards at the end of August for all who participate. Books are available in print from your library and also online through the Borrowbox app.

The Housebound Service will now come to an end as we open our library doors to the public once again.

We are delighted to welcome you all back, we have missed your visits, just remember to sanitize your hands and keep your social distance.

Keep up to date with all happenings in the library, keep an eye on the Library window, follow us on Facebook/Twitter: Cork County Library and **Arts Service**

"A Library outranks any other one thing a community can do to benefit its people. It is a never failing spring in the desert." Andrew Carnegie



In an effort to keep the hurlers and footballers of Eire Og GAA together and focussed during the Covid 19 Lockdown the team managers decided to organise a Dawn to Dusk Relay Run with Pieta House being the charity chosen. The Camogie players, Ladies Gaelic footballers and Kilcrea. © M. English

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Aulo Triangle



The Auld Triangle, Killarney Road, Macroom is delighted to announce that we have swung open our doors to all our customers since Wednesday 1st July 2020.

- New online reservation system will shortly go live via www.auldtriangle.ie. We encourage reservations to be made online or via phone at 026-41940. Subject to availability we will also endeavour to cater to walk-in customers. Due to high demand at weekends, booking is advisable before 2.30pm for take-out on Saturday and Sunday. Orders for take-away's can be placed over the phone.
- Outdoor dining area
- 3 indoor dining areas
- Exciting new dishes
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- Open Wednesday to Friday from 12Noon and Saturday and Sunday from 10.30am

@Auld Triangle We Have The Space To Keep You Safe.....

Eileen and all the staff at the Auld Triangle look forward to welcoming you back, it will be great to see you and your family again.

We can be contacted on 026 41940 for reservations.



Killarney Rd., Macroom. Tel: 026 41940

www.auldtriangle.ie

Macroom Church

Return to the Public Celebration of Mass and the Sacraments

Macroom Parish Pastoral Council met on Tuesday 16 June 2020 to discuss the procedures that need to be put in place to maintain the safety and health of people, priests and ministers on the return of public celebration of Mass and the Sacraments. At the end of the month we hope to slowly and cautiously resume public worship in our parish, knowing that it can only happen in a limited way. Public Health authorities advise that people should maintain physical distance from each other (currently at least 2 metres). In our churches this will mean that St. Colman's Church will accommodate a maximum number of 112 people at each Mass. The social distance rule of 2 metres means that currently it is not practical to have public celebration of Mass in St John the Baptist Church at Caum.

All Masses and other liturgical celebrations will still be available online at Churchservices.tv/ Macroom or locally via TV by picking up the direct transmission.

It should be noted that the Irish Catholic Bishops have confirmed the dispensation from the Sunday and Holy Day obligation for the time being.

The following was decided at the Pastoral Council Meeting in compliance with the guidelines issued on 9 June by the Irish Catholic Bishops - Framework Document for a return to the public celebration of Mass and the Sacraments (ref: irishbishops.ie) and an update from our Parish Priest, Fr Donal from the meeting of the Cloyne Diocesan Council of Priests with Bishop Crean on Monday 15 June

It was decided that weekday Masses will resume on Monday 29 June and weekend Masses from 4 July.

Weekday Masses will be at 10:00 am Monday to Saturday

Vigil Mass Sat. 7:30pm, Sunday 8:30am, 10:30am and 12 noon.

In addition to the above, there will be a Vigil Mass at 3pm on Saturdays, starting from 4 July for the foreseeable future. This Mass is prioritised for older parishioners and those who have any health issue that may cause them to be more vulnerable.

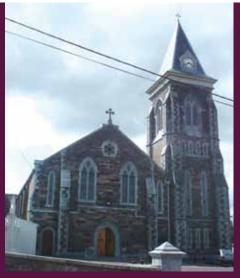
i) Entry and Exit from the church will be facilitated by ushers/stewards in the interest of public safety and the maximum number of people at each Mass in St Colman's church under current guidelines will be 112. Parishioners must keep to the seating arrangements.

ii) Members of the same household may sit together

iii) It was decided that the option, particularly for members of vulnerable groups, of attending the less crowded weekday Masses instead of attending weekend Masses should be carefully considered. (The religious obligation to attend Sunday Mass continues to be suspended for the present by the bishops of Ireland).

iv) Disinfection of hands must be carried out on entry and exit from church. This action and respect for social distancing are the most important aspects of countering infection.

v) The Church will open 20 minutes before each Mass and will not be open between Masses for



health and safety reasons.

vi) The church entrance must always be kept completely clear to facilitate the safe entry and exit of parishioners from the church while maintaining social distancing.

vii) Holy Communion should at the present time be received only on the hand.

viii) Basket collections will not be possible for the foreseeable future due to hygiene concerns. This means that door collections overseen by volunteers will be the only point of collection.

We look forward in joy and hope to the reopening of our churches for the celebration of Mass and the Sacraments. We will still need to be patient and to persevere in these new and strange arrangements. This has been a very difficult time for many families, and we know that the return to the public celebration of Mass will bring great joy to us all and abundant blessings to our Parish.

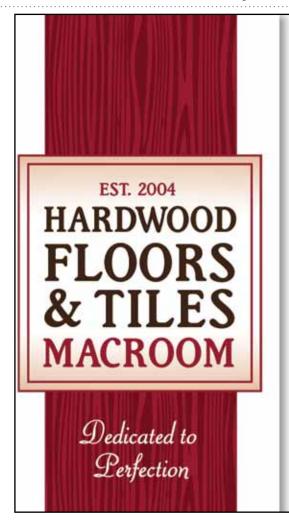


2003; Special Olympic Champions, Timothy O'Connor and Teddy O'Connor getting a hero's welcome at a special welcome home celebration in Crookstown Hall by Kilmurry Parish. © Peter Scanlan



2015; Dan Holland celebrating his 90th birthday at Creadons Hotel Inchgeela, with members of Kilmurry Historical Society, © Peter Scanlan

Contact the Editor - Tel: 026 - 42023 or Email: leevalleyoutlook@gmail.com



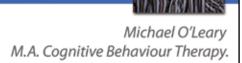
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To arrange an appointment or to get more information, Phone 085-7246044 or 021-2428739 or visit www.corkpsychotherapist.com or email michaeloleary6054@hotmail.com

Clondrohid Commozions

CHURCHES OPENING Great news this week that masses will be resumed in our churches, unfortunately at the moment the numbers will be limited to 50 or less

This weekend 4th/5th July, Mass on Saturday night will be at 6pm in Carriganima and in Clondrohid at 7.30pm. Sunday Mass will be in Clondrohid at 9.30am (please take note of new time going forward). The following Sunday Mass will be in Carriganima at 9.30am.and back in Clondrohid again the following Sunday..

Weekday Masses will be in Clondrohid at 9.30 except morning Thursday when it will be in Carriganima at 9.30am. There will be no Saturday morning Mass. In Clondrohid on weekdays, there will be prayers at 9.15 before Mass at 9.30 and rosary will be recited after Mass.

Rosary and **Renediction** continues in Clondrohid church at 7.30pm on Sunday evenings. You are asked to sanitize on

entering the church and to follow the new layout in the church.

There will be no Holy Water fonts in porch as before, but there will be bottles of Holy Water available at the top of church, which you take and use and bring back for a refill when needed.

Masks can be worn, and Fr. Joe will sanitize his hands before and after distributing communion, he will also wear a mask during distribution. There will be no Eucharistic Ministers for the moment.

It is planned to have loud speakers outside the church shortly.

A big 'Thank You' to Fr Joe for celebrating Mass and Devotions on U tube etc during the lockdown. We were informed and kept in touch since March. Thanks to Bridget



15th Century Carrigadrohid castles the perfect place to stop for a picnic and enjoy the beautiful views. © Sarah Kate Murphy.

for all her hard work as always, the church looked extremely well on camera for all the ceremonies.

CLONDROHID COMMUNITY HALL: Clondrohid Community Hall has been dependant on those that use it, those that support it and those that fund it .In recent months it seemed strange to hear no sound, see no light, no car or bus parked by, no laughter or talk as patrons arrived or were leaving. Strange times. For the committee it is also difficult, no income, plans in place ready to go, like, new windows and doors, grant aided by IRD & Cork County Council €10,000.00 but total cost is €16,300.00. Expenditure like insurance etc still had to be paid, over €2,000.00. Certification of safety

and fire equipment also had to be paid for. Strange times but we are still better off and can't complain, those sick or worse from this pandemic puts everything else into perspective. However if there is anyone who would like to give support financially or otherwise, then it's always greatly appreciated. Clondrohid Community belongs to the community, sometimes this gets forgotten, please support those that run activities or begin your own. Email clondrohidcommunityhall@gmail. com for details

CLANN AIRE: Great to see our excellent Creche and pre-school facility back in business. A lot of activity going on in the last few weeks, preparing for the reopening. Local tradesmen willing to help .All staff put their shoulders to the wheel and as Gobnait said 'Let's Rock and Roll'. Best wishes and good luck to all.

G.A.A.: Now that the GAA is getting ready to start some training sessions etc. hopefully we

will have lots of news and stories before long. You are reminded to ensure that your membership is up to date. If you need to register contact James Kelleher on 0870576720

CLONDROHID DEV GROUP: They would like to extend their deepest sympathies to Sean McSweeney and family on the sad passing of Maire. For the past 17 years Maire edited the Lee Valley, the free magazine we all love. Sean took all the photos, a joint effort, and they

Maire loved the simple pleasures of life but her local knowledge and love of history knew no bounds.

She will be greatly missed. Ar dheis De go raibh a hanam dilis.



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RYLANE COMMUNITY PARK ASSOCIATION ANNOUNCES THE CONSTRUCTION OF A PLAYING PITCH IN RYLANE VILLAGE

Rylane has never had a Community Park. Children have always travelled out of the village to take part in various sports. Rylane National School children didn't have a pitch to use for their Sciath Na Scoil or other games. They always travelled to Coachford for their home games. Children didn't have anywhere to gather to play or just meet. There was no footpath and the road through Rylane village is used by a high volume of traffic every day, making it dangerous for anyone walking.

People were always talking about how to fix these issues and eventually a meeting was called in Rylane National School in May 2016 and Rylane Community Park Association was formed. The aim of this new group was to source a piece of ground close to the village and turn it into a Community Park.

How was funding to buy the field secured?

The newly formed committee undertook a fundraising challenge. A raffle was organised and €20,000 was raised. With this money, we secured a loan of €70,000. Many fundraising events were held to repay this loan. We have had Darts Tournaments, Family Fun Runs, Soccer Matches, a Choral Evening, Fun Days etc. to source funds. In July 2017 we started a weekly lotto draw. This is now our main source of income. Once we had funds, we purchased a 4.5 acre field in Rylane village from a local family.

What are the plans going forward for the field/ what facilities will be included?

Every house in Rylane was surveyed to see what they would like included in the Community Park. Following analysis of the surveys returned it was established that the community wanted a playground, walkways & seating / picnic benches, a playing pitch, an outdoor ball court and a multipurpose building with preschool/ after school facilities, changing rooms, and space for community gatherings.

From this list plans were drawn and submitted for to Cork County Council for approval. Planning was granted in February 2020. This was a huge achievement for all involved.

Where is the money for the development of the space coming from? We have raised over €143,000 since our first raffle, with our weekly lotto draw being our main source of income. Unfortunately, due to Covid-19



Work in progress for a new pitch in Rylane.

all our fundraising for this year has been cancelled. We will pursue grants from various organisations and hopefully we will successful. We are very grateful to the community of Rylane and the surrounding areas who have supported all our events.

Who is involved in the project?

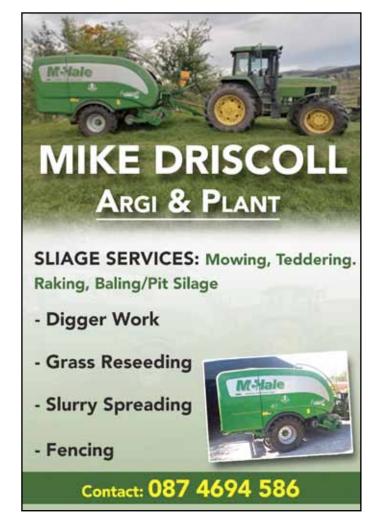
We have a committee of 18 from all backgrounds and ages, some local and some who chose Rylane as their address. The committee is supported regularly by members of the community whenever they need extra help. Community spirit is very much alive in our village and we are encouraged by this. It has been challenging to get to this point, but we now have progress. Rylane Community Park is currently under construction and that is as a result of everybody's involvement.

How to contact us:

Rylane Community Park Association can be contacted by email: rylanecommunitypark@gmail.com, through our website www. rylanecommunitypark.ie or Facebook/Rylanecommunitypark.









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UIBH LAOIRE NOTES

Uibh Laoire Churches

It is good to see our churches open again. Along with all the other things that the covid 19 has denied us, admission to the church and the social aspect of seeing friends and neighbours was missed by many. We still will have to adhere to sensible measures as advised by the HSE. The Uibh Laoire Parish office has given me the main changes which we are asked to accept and abide by in the interest of safety. There will be no Holy Water. People may attend week morning masses and this will fulfil their Sunday Mass obligation duties. Holy Communion will be by hand only and there will be no sign of peace. Social distancing will be maintained in the church and while entering and exiting. The parish office has asked people who would like Mass cards signed, to ring Marie (087)1446958 in Inchigeela or Nora (087)3138598 in Ballingeary. This is to prevent unsafe congestion in the respective sacristies. The toilets at the back of the churches will not be available. The church has stated its regret for all the changes but it is in everyone's best interest for the present. The Parish news letter will be continued throughout the summer and those with notices etc are asked to get them in, in a timely manner.

Island Plaque

Backinthe early nineteen sixties, four prominent Inchigeela men came together and executed a plan whereby a patch of useless bogland and a large island in the middle of the river Lee, would be turned into a place of beauty and a recreation facility for the public. I understand that Bord Fáilte and other agencies stepped in to help and the island got an amazing uplift .Pathways were laid down, where one could walk over two wooden bridges to a tennis/ basketball court and a nine- hole pitch and

putt course. There were changing rooms for swimmers, toilets and a bandstand where musicians could play for the dancing on the multi-purpose tennis court. Beautiful shrubs adorned the island. It was the beginning of a massive tourist boom whereby packed hotels overflowed their guests into local b and bs and even local private houses.

The four to whom we are indebted are, Eugene Corcoran, John J Creedon, Dermot Kelleher and Johnny T J O Sullivan. A plaque honouring their initiative was recently erected on the Island by Croi na Laoi/Tidy Towns. Three of the men already mentioned have gone to their rest. Eugene (or Genie) Corcoran, who used to own the island, is hail and hearty and is often seen walking on the island.

Scholarship

Well done to Jane Ní Lúasa of Gougane Barra who has won a scholarship in the Fulbright Programme to lecture in The University of Montana. Jane qualified as a Primary Teacher in 2018 and has taught in Gaelscoil Droichead na Bannndan. Go neirí lead Sinéad.

Clothes Collection

Coiste na dTuismitheoiri Scoil Fionnbarra Scoil Náisiúnta Béal Atha are collecting second hand clothes of reasonably good quality which can be used for fundraising. Bags can be handed in at Coláiste na Mumhan (old Naionra) on Saturday 4th July between 11am and 1pm

High Nellies Wanted

The Tidy Towns group in Ballingeary are at present looking for old bikes which can be painted up and made to look respectable again. They add an air of brightness and fun to a place. Examples of what can be done with such old

two wheelers can be seen in the village and credit goes to Una Ní Duinnin agus Ellen Ní Bhúachalla for the tasty paintwork. Maith sibh.

Let's go Bowling

Tá an suim ag na daoine óga sa Babhláil i mBéal Atha agus tá CONGRATS ag dul go Páidí O Argáin a bhuaigh comórtas na mbuachaillí faoi 14 agus do Saidhbh Ní Bhréannain a bhúaigh comartas na gCailiní faoi 14.

An Fliú Mór

For the past three months we have heard the word Pandemic a lot and we have seen how our lives have been disturbed so much. But with modern health care most of us are very lucky to have survived unscathed. Let us not forget those who went through similar times a hundred years ago, with what was known in Ireland as the Big Flu or erroneously as the Spanish Flu. With living conditions much harder than today many were struck down as the flu did not discriminate between old or young and from all accounts the young were the worst hit. And the preventive actions of today were unknown. From her research, Marian O Leary of Curraithe Béal Atha has discovered the names of twenty people from Iveleary parish who died because of the virus that hit our parish in three waves and it is possible that there were even more. Let us not forget them and all victims.

Máire RIP

It with great sadness that I have just heard of the death of Máire Ní Shuibhne formerly of Lee Valley Outlook. Máire was a real lady who often helped me with my humble news offerings from Uibh Laoire. My sympathies to Seán and family and to her colleagues in Lee V Outlook. Go raibh leaba i measc na naoimh agat a Mháire



2006; John Joe Buckley, Mary Nyhan Tessie Buckley, Kitty Kelly, presenting a cheque for €14,000, the proceeds from Crookstown Walk, to Breda Clancy and Padraig Mallon for the Irish guide dogs for the Blind. © Peter Scanlan



Just in Time. Sarah O'Connell and Richie Hartigan who got married in St. Patrick's Church, Coachford on February 22nd just before the lockdown. Mass was celebrated by Fr. Eamonn Barry assisted by Fr. Peadar Murphy.

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Macroom Family Resource Centre Senior Preschools Drive through Graduation. With their Teachers Amanda Twohig and Gina Campion which took place on Thursday 25th of June 2020



Macroom Family Resource Centre Senior Preschool



Macroom U-16 Basketball team 1967 (Dennis Dinneen).



Macroom Badminton team c. 1960.



Denis Cronin, Droumree, international angler with Jack Charlton 1993 (Denis Cronin collection).









History

Jean Kennedy-Smith (1928 2020) R.I.P. and Macroom

by Con Kelleher



American Ambassador Jean Kennedy Smith leaves Carraig a Staighre famine graveyard after the celebration of the 150th famine commemoration mass in May 1997.

American Ambassador Jean Kennedy Smith visits the remains of Macroom poor law famine workhouse at Macroom Hospital in May 1997.

Mrs Jean Kennedy-Smith, former United States Ambassador to Ireland, died on 17 June 2020 in Manhattan aged 92. She was a true friend of Ireland and played well her part in ending the armed conflict/sectarian violence in Northern Ireland 1969-1999, and which too affected adversely and profoundly The Republic. Her focus was not to judge but to solve.

Mrs Kennedy-Smiths family lived in Massachusetts, and Boston was a city that received many Irish emigrants during the famine, and these included her great-grand father who travelled from Dunganstown, County Wexford. The monument in down-town Boston is very moving. Woodham-Smith gives a harrowing account of what awaited the emigrants when they arrived in the New World. Although that was tough, it was better than the likely prospect of dying in Ireland. The Kennedys survived and did well but they never forgot their roots. Their success resulted in Jack Kennedy becoming the first Irish-American Catholic to become President of the US and to achieve greatness in that role.

In ways Mrs Kennedy-Smith's childhood was idyllic but it was also marked by many tragedies in her family. She was the eight child and youngest daughter of Joseph P. and Rose Fitzgerald Kennedy. Her father's public affair with actress Gloria Swanson caused bitter family tension during her formative years. Joseph Kennedy was appointed US ambassador to Britain in 1939 and made unauthorised approaches to the Germans. Jean's eldest brother, Joseph was killed in a plane crash during WW2; President Kennedy (1963) and Bobby Kennedy (1968) were assassinated and Kathleen, her sister, died in a plane crash. Another sister Rosemary was badly damaged following a lobectomy - a type of brain operation - and was institutionalized for much of her life. Jean sat through Ted Kennedy's humiliating trial resulting from Mary Jo Kopechne's death at Chappaquiddick (1969).

Jean qualified with an English degree and

introduced Jackie Bouvier, Ethel Skakel and Joan Bennett to their respective Kennedy husbands. Jean married company director Stephen Smith in 1956 and they had four children. Later he managed the Kennedys' financial affairs. While she enjoyed the celebrity and philanthropic circuit she also established, in 1974, the Very Special Arts (VSA) programme which encouraged 'special' children to participate in art and to use art as a therapy.

At Ted Kennedy's urgings, President Clinton appointed Kennedy-Smith as US ambassador to Ireland in 1993. Though outside her official brief, she maintained contact with Sinn Féin leaders and helped Jerry Adams to obtain a visa to enter the US and to meet President Clinton. Despite setbacks, the Good Friday Agreement was signed in 1998. Her role was to maintain contact and to coax and cajole, especially Sinn Féin leaders, to follow the peace path while rewarding their leaders with accessibility to top US politicians and officials, and with respectability.



Professor George Lee, UCC, launches the book "Famine in Muskerry" in the presence of American Ambassador Jean Kennedy Smith in May 1997.

Civic reception for American Ambassador Jean Kennedy Smith at Macroom UDC chambers in May



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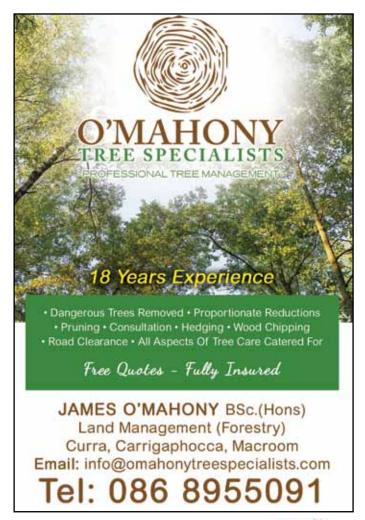
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While in Ireland she engaged with many cultural events. Her period of office coincided with the 150th anniversary of the Great Irish Famine. Macroom, like much of the country, suffered grievously from 1845-52 and in that period Ireland suffered about 1 million extra deaths and another 1-2 million emigrated. Macroom Union, an area comprising eighteen parishes, saw its population drop from 58,818 in 1841 to 31,090 in 1861, a fall of 40% in 20 years. Máire Mac Suibhne book Famine in Muskerry An Drochshaol (1997) is the definitive account of the course and affects of The Great Irish Famine in the greater Macroom area. Her research and scholarship were of the highest order. It was in connection with the commemorations of those sad events that Maire and her committee invited Ms Kennedy-Smith to unveil a plaque in Macroom Hospital on a wall of the only extant section of the original workhouse. According to those present she was knowledgeable, gracious and down-toearth.

Ms Kennedy-Smith visited Macroom on Friday May 2 1987, when she unveiled the plaque and afterwards attended concelebrated mass in Carrigastyra Famine Graveyard. This is the last resting place of the Buckley family, Derryleigh, and their story is recorded by an t-Athar Peadar O'Laoire and subsequently themes of a poem (Quarantine) by Eavan Boland and a song (Poor Boy's Shoes) by Declan O'Rourke. Awareness of the past informed her efforts to solve the problem of the 1990s. Ms Kennedy-Smith received a Macroom U.D.C. civic reception at which she spoke eloquently and charmed all those lucky enough to have been there.

The Lee Valley Outlook 11 May 2017 has a lovely article by Máire Mac Suibhne, R.I.P. recalling the visit and its purpose.

Ar Dheis Dé a anam dilís.



1957; Group of farmers from the Macroom area who met the Cork County Advisory area Committee. ©

Macroom Ploughing



1977; Macroom Ploughing presentation. © Peter Scanlan



1985; Carriganimme Community Alert. © Peter Scanlan



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Con and Maria Lynch and their grandson, Odhran, with Along the Right Path.

The Book: Con Lynch, Massytown, Macroom, a retired National School Principal, published a novel, Along The Right Path, in late 2019. It is Con's second book and it was written with conviction and authority. The story is set in Lonerton, an Irish city suburb, covers a long period and has a diverse range of characters from Fr Thomas Kendley, Fr Bouvier to 'Bowzer' Diggins and others. The book tells the story of Fr Thomas and his journey through life, before and after his ordination, and the issues, obstacles and personalities he met along the way. Fr Kendley and Fr Bouvier have contrasting approaches to religion and people. Themes covered include murder, love, death, despair, grief, recovery, drug abuse/drugdealing, but ultimately the story is one of love and compassion, and the power of enlightenment garnered through experience and reflection.

Much of the material is drawn from Con's own life, experiences and reflections. The story is told at a cracking pace and while the reader will enjoy the tale, she/he will almost certainly reflect on the drama unfolding and the actions and motives of the principal characters. In a way the book is akin to a parable but told in the gentlest of fashions. The book is deep and moving and at the same time a cracking good read. Along The Right Path is highly recommended.

Profits from book-sales will go to groups helping sufferers from Motor Neuron Disease, Parkinson's, Multiple Sclerosis and, Alzheimer's/Dementia ilnesses.

The Author: The life-story of the author is equally interesting. Con was born in 1948, the fourth of eight children of Connie and Sheila, Sliabh Riach, Ballyvourney, and he lived on a small farm until he was seven. Being in the middle of a large family taught him much, especially the art of diplomacy. His siblings are Liam, Denis (deceased), Peggy (Curtis), Mary (Buckley), John, Paddy and Sheila (Scully), and all reside within

History

Cornelius (Con) Lynch's new book, Along The Right Path (2019)

by Con Kelleher

thirty miles of Macroom. The Lynchs' home ethos was strongly Catholic and the rosary was recited nightly. Education was viewed as the key to success and avoidance of emigration. Four of the family became teachers, Sheila works for Cork VEC, Liam sells cars and John worked in the PO. Peggy has been associated with adult education in Macroom for many years.

In the mid 1950s the family moved to Ballymakeera village because of his father's illhealth and to be nearer schools. Money was scarce and secondary-schools were fee-paying. At national school Con met kindly teachers and remembers Master Hegarty's compassionate understanding and gentle method of teaching. Fresh in Con's memory is working, at age seven, for a local farmer and driving a pair of horses slinging cocks of hay. These experiences were enriching and you learned much. Paternal uncles were De La Salle brothers and that helped when attending Cólaiste Íosagáin from 1961-1966. Some of the staff were old style and enforced discipline their way. Throughout school - and college - times Con worked during the holidays and spent one summer applying top-soil to the Portach Rua, the Ballyvourney GAA pitch. Another year he worked at Whiddy where the work was dangerous and he earned £10 per night; in contrast a first year National Teacher's salary was £12-10-00 per week. Con did a good Leaving and obtained scholarships but declined them. Instead, he enrolled in the Divine World Missionaries seminary in Donamon, Co. Roscommon, to fulfil his ambition and dream to baptise people children so that they could gain entry to heaven (The concept of 'Limbo' was a Catholic doctrine at the time and taught that unbaptised people could not get into heaven but would reside in Limbo for eternity). His accordionplaying facilitated a friendship with a Waterford student who later served as a priest in Brazil. While there the Vatican Council was in progress

Donamon, and once his decision was confirmed, he was on his way home the following morning without saying goodbye to friends. Looking back he sees his Donamon sojourn as being critical in shaping his life. That summer he worked and gathered money to fund his attendance at St. Patrick's Training College, Drumcondra. The College President was a priest, the students had great freedom and a house-mate was a young Mayo-man by the name of Enda Kenny, later to be Taoiseach. Con was elected prefect and student representative and became involved in student affairs. His Catholic convictions and humanity impel him to act when and if he can. The Biafran War was occurring at the time and, with others, Con walked to Cork

and a changed Church teaching now advised

that non-baptised good moral people could be admitted to heaven. While this was welcome, it

swept away the reason for Con's vocation. After

reflecting on his dilemma, he decided to leave

with three others and raised £1,100, a very substantial sum at the time; it helped to relieve distress in the war-torn country. Having qualified in 1969, Con taught for a year in Kinsale and then applied for and was appointed principal in twoteacher Rylane National School at 21. Nan Healy, Aghabullogue, was his colleague and although older, they got on very well. Her experience, wit and counsel were much appreciated. Con spent the rest of his career in Rylane and enjoyed his professional life. At retirement the school's numbers had greatly increased and had four class-room teachers.

Con met and married Maria O'Callaghan, New Street, Macroom and they lived initially in Ballyvourney, in a house that he had built when he was twenty three. Following some heartbreaks, they moved to New Street, Macroom, before settling in Mountmassy. For Maria, Macroom is 'heaven' and she was thrilled



Con's parents Sheila and Connie Lynch, with siblings Peggy, Liam. Con and Marv.



Con and a fellow student playing the accordion at the













Con's brothers and sisters: L > R. Sheila, Paddy, John, Mary, Con, Peggy and Liam. (Denis, deceased is absent).

to be back in her home town. Con and Marie have four children - Fíona, Con, Bláthnaid and Peter. However there was more drama unfolding. Con had built another house in Toonsbridge but the economic troubles of the 1980s entangled them. He had to supplement his income by taking on an extra activity. Never afraid of hard work and getting his hands dirty, he began cooker repairs and installations. The work was difficult and challenging but Con was fit and able and got 'stuck in'. He travelled to many parts of the countryside and the work was done after school-time, at week-ends and during holidays. All came good in the end with the successful sale of a house. The economy improved at the end of the eighties/early nineties and life eased. Despite personal tribulations, other problems were unfolding at the time and the Ethiopian Famine was one. Again Con became involved in a group, Move The Mountain, which sought to have surplus EEC food stocks given to starving people. The initiative was strongly supported by

Macroom UDC, who in turn got other councils to lend their support. Local teaching colleagues and INTO branches all rallied to the cause.

Maria and Con have lived contently since and have seen their children grow to become decent

adults and citizens. While in their home, I had the pleasure of meeting Odhran, their six-old grandson and he helped with taking some photos. Con is very active in administering Macroom Parish activities and has been a constant supporter of the Adoration Chapel since its founding. He is a very committed Catholic and thinks helping others in a compassionate non-judgemental way is the best way to enact those beliefs. While the Covid crisis has caused hardship, Con sees it as an opportunity for the Church to reach out and bring its message back to the hearts of community.

His experiences of life are 'mined' for

the book and he can be very proud both of his life's work and of his worthy book Along The Right Path. It was a pleasure to speak to Con and Maria, and I appreciate their kindness and hospitality.



Con on his retirement day from Rylane National School.



1997; Michael Galvin speaking at the unveiling of a plague to commerate The Great Fammine at the "Soup House Cross" near Carrigadrohid. © Peter Scanlan



2002; Members of Macroom Macra. © Peter Scanlan



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History Denis Gus O Shea and Con 'Knockie' Cronin

The previous edition of the Lee Valley Outlook included two articles about Gus O' Shea and Con 'Knockie' Cronin, here are some more photos relating to those.



'Knockie' at a dance in the 1950? (Dennis Dinneen).



Gus O Shea has a few words of wisdom for his fellow Cyclists, on their trip from Mizen to Malin.



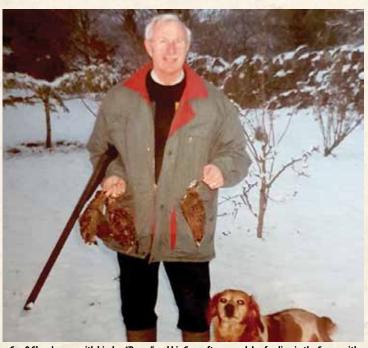
'Knockie' with Martin Fitz-Gerald.



'Knockie' with Macroom Anglers.



Macroom Senior football team 1958, Gus O Shea, 3rd from left, middle row.



Gus O Shea home , with his dog "Rover" and his Gun, after a good day fowling in the Snow, with his possession of "Grouse" and " Woodcock"

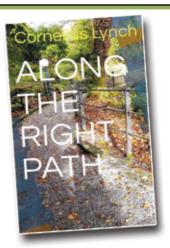


'Knockie' with the FCA in the 1960s (Dennis Dinneen).









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Mayor of County of Cork to Commission Art Work Celebrating 'Extraordinary' Community Spirit

The Mayor of the County of Cork, Cllr Ian Doyle, has experienced a truly unique term in office. Taking on the role when his predecessor, former Mayor Christopher O'Sullivan, was elected to Dáil Éireann, Mayor Doyle went on to represent the people of Cork County in exceptional circumstances unprecedented in recent history. In lieu of the traditional Mayor's Award Ceremony Mayor Doyle will, on behalf of the people of Cork, express our gratitude, by presenting community groups, volunteers and first line responders, who have so admirably served the people of Cork County during this crisis, with a ceremonial scroll.

As a further tribute to community spirit, Mayor Doyle announced a Call to Artists for a specially commissioned piece of artwork that will be a visual representation of the incredible efforts of the citizens of Cork during this time. The Mayor has a long-standing history of community activism and has met with a wide variety of community, voluntary and statutory agencies who have

The scrolls will be delivered to recipients, rather

than at public ceremony, in order to adhere to

public health guidelines.

been to the very fore in terms of the Covid-19 response. During his term, Mayor Doyle has witnessed at firsthand the tremendous effort that has been made by individuals and community organisations alike and he now wishes to acknowledge this work through this commission.

Mayor Doyle said, "This call for a specially commissioned piece of artwork goes out to all artists based in County Cork. I would like to positively support the Arts in County Cork at this difficult time and recognise how Covid 19 has demonstrated the strength which exists across our communities. This art work can visually represent

a particular moment in time when the people of Cork County, although physically apart, ultimately came together in the spirit of collaboration and cooperation. I am especially proud to have witnessed this first-hand in my term as Mayor and would like to acknowledge this as I come to the end of what has been an extraordinary tenure."



This call for a specially commissioned piece of artwork goes out to all artists based in County Cork. The Commission is open to artists living based in County Cork and is valued at € 10,000.

The Commission is open to artists living based in County Cork and is valued at € 10,000. The selected commission will be located at Charleville Library, County Cork.

Interested artists are invited to submit their proposals via www.YourCouncil.ie where full terms and conditions can also be found.

Cork County Council Calls on Businesses to Avail of Restart Grant

As towns and villages reopen, Cork County Council is calling on businesses to avail of a fund which can assist with their reopening costs following Covid-19 closures.

The Restart Grant, available as part of the Governments package of supports, is a €250m fund which gives direct grant aid to micro and small businesses to help them with the costs associated with reopening and re-employing workers. The grant can be used to defray ongoing fixed costs, for replenishing stock and for measures needed to ensure employee and customer safety. As Cork County Council continues its countywide reactivation programme Project ACT, it is encouraging small local businesses to avail this grant, one of a range of supports available to help them reopen, adapt and kick start the economy. The call comes as the initial first round of approved applications have been processed, with payments due to be made this week.

Following news that almost 2,000 businesses across the county have made online applications for the grant to date, Mayor of the County of Cork Cllr lan Doyle commented:

"Local businesses play a vital role in our communities and are crucial in our recovery from the effects of this pandemic. It's encouraging to see so many businesses applying for the Restart Grant to support their reopening and reconnection with their customers. The Council have carried out extensive works throughout our towns to support reopening under Project ACT and businesses are doing the same, as they prepare to operate under a 'new normal'. I encourage all eligible businesses to apply for the grant, which may help to alleviate some of the pressures that our small businesses are currently experiencing."

Chief Executive of Cork County Council Tim Lucey added

"It has been our experience that the talent, innovation and resilience of local businesses in Cork has had a positive effect on communities, providing economic stimulation, employment and a sense of pride. The Restart Grant and the wide range of services available from the Council's Local Enterprise Offices will aid in the economic recovery of the entire community of County Cork. Many businesses may find themselves struggling due to the impact of the Covid-19 epidemic, I strongly encourage them to apply to this fund and avail of the resources available from Cork County Council to support local businesses."

The Restart Grant makes between €2,000 and €10,000 of direct aid available to businesses based on the 2019 commercial rates bill. The grant will be available to businesses with a turnover of less than €5m and employing 50 people or less, which were closed or impacted by at least a 25% reduction in turnover out to June 30th 2020.

Applications for the Restart Grant can be submitted online at www.yourcouncil.ie Cork County Council has established a dedicated helpline on 021 4208000, queries may also be made by email to RestartFund@CorkCoCo.ie.

Cork County Council welcomes Cruinniú na nÓg Success

On Saturday, June 13th Cork County Council brought close to 1,000 children from throughout the county together in a celebration of creativity. While the traditional annual gathering for Cruinniú na nÓg was not possible this year, due to social distancing requirements, the Council facilitated participation for young artists countywide through a series of online events. Supported through the Creative Ireland Programme, the productions were commissioned through the Council's Library and Arts Service and involved a number of wonderful artists from throughout the County of Cork.

Mayor of the County of Cork Cllr. Ian Doyle thanked everyone involved, saying

"I am incredibly proud of all the young people who joined us for this year's Cruinniú na nÓg to celebrate creative talent in Cork County and nationwide. I'd especially like to congratulate the Students of Cappabue National School and Youghal's Comhaltas, whose appearances on RTÉ 2 and TG4 respectively for Cruinniú na nÓg have made the County proud. The events continue to be available on YouTube and I welcome everyone to take part. I would like to thank all the artists who participated in this wonderful series of events for what has been a truly unique Cruinniú na nÓg."

There are 15 video events and workshops available to view online, which will continue to be available as part of Cork County Council's Summer Arts Programme 2020. The programme will see further video and online resources added over the coming months, providing a useful collection of creative children's activities to entertain all ages

Cruinniú na nÓg in Cork County was coordinated by Cork County Council's Culture Team and Library and Arts Service, along with the West Cork Arts Centre and Youghal Comhaltas. Cruinniú is nÓg is a national initiative the Council has committed to



There are 15 video events and workshops available to view online, which will continue to be available as part of Cork County Council's Summer Arts Programme 2020.

as part of the County Cork Culture and Creativity Strategy, which guides actions tailored to maximise culture and creativity in the County of

Recommencement of CBT therapy sessions at Terelton, Macroom.

Over the past six months, we have experienced an unprecetented upheaval to our way of life. This has affected every aspect of our daily lives. When an event of this magnitude occurs, it inevitably will cause uncertainty, worry and anxiety. This is true for every one of us; Covid-19 has affected all of us, simply because it has enforced a different way of living our lives. Change is the force that causes us stress and anxiety, as we struggle to adapt to a different way of living our lives.

Anxiety is one of the most common human emotions and at this time lots of people are experiencing it. To have anxiety right now is understandable and perfectly normal. What we do with and about it is what's more important. Cognitive Behaviour Therapy (CBT) is widely acknowledged as an excellent model for the treatment of anxiety and all anxiety based presentations.

In therapy the client and the therapist will identify unhelpful thoughts, distressing feelings and negative behaviours. A plan will then be agreed on how best these conditions can be treated. The course of therapy can be covered in four to five one hour sessions.

Michael O'Leary MA-CBT MOB 085-7246044



Lavender Hair Design Open A New Bigger Salon

Hello everyone. I am Patricia and I own Lavender Hair Design here in the heart of Macroom. I have been based in Macroom for

Patricia, owner of Lavender Hair Design, Macroom

the last year but have now moved to a more spacious and bigger salon, which I am very excited about.

I'm hairdressing with 10 years and it's my passion. I have worked in hairdressers in Cork, Kerry and also the UK for several years. I love all aspects of my trade, including up-skilling my techniques.

Here at Lavender Hair Design I am offering a bright, calm and welcoming environment, which is a safe place for myself, staff

and most of all, you as my client. I have taken all the HSE protocols on board and have installed a lot of sanitizing

equipment, from automatic hand sanitizers, perspex screens at the desk and sections, antibacterial soap to paper towels in the toilet.

We will be using disposable gowns, aprons, towels and masks.

Here at Lavender Hair we are very environmentally friendly and also use the best products for your hair and skin. I use the L'Oréal Professional Colouring range. I also retail L'Oréal, ColorWOW and Revlon.

Hair by Shannon is also located here in the salon. She has worked in Macroom for a couple of years now so I'm sure you all know her well. Shannon is like myself, and is experienced in all aspects of hairdressing. She is a happy and bubbly hair stylist and loves working with people.

Beauty by Jolanta is here too. Jolanta is fantastic at what she does and so passionate about her skill. She loves make-up, nails and lots more. Just think if you have an event coming up-you can get your hair and make-up done all under one roof.

Well that's us in a nut shell here at Lavender Hair Design. It's been a hard few months due to Covid-19 but we all need to support local as much as we can.

Any enquires call the salon on (026) 41875.

Thanks for all the support, Patricia, Shannon and Jolanta.





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I booked a package holiday in July. Can I get a refund or money back if I cancel?

Yes. There is specific advice about package holiday cancellations for holidays due to start before or after 20 July 2020. Package holidays are treated differently to bookings for accommodation or flights on their own. A package holiday is a pre-arranged or customised holiday. It must last more than 24 hours or include an overnight stay. It is sold as a whole deal and can be made up of at least 2 elements, such as transport, accommodation, car rental or tourist services like tours and excursions. If your package holiday is due to start:

- Before 20 July you are entitled to a full refund. You do not have to pay a cancellation fee. The travel organiser can offer you a State-guaranteed refund credit note if they cannot offer you a cash refund.
- · After 20 July you are still entitled to cancel and can get a refund or a State-guaranteed refund credit note, but you may have to pay a cancellation fee.
- · After 20 July and if the travel organiser has already cancelled the holiday you are entitled to a full refund or a State-guaranteed refund credit note. You don't have to pay a cancellation fee.

Your tour operator or travel agent can offer you a State-guaranteed refund credit note for your package holiday if they cannot give you a cash refund. The State guarantee means that if your travel agent or tour operator goes out of business and cannot pay you back, your refund is protected.

The refund credit note has a future date. You can exchange the note for a cash refund or book a replacement holiday by that date. However, you do not have to accept a refund credit note. You can get a full refund or you can get a part refund and part cash.

You also have the right to cancel your package holiday before the start of your holiday for free if there are 'unavoidable and extraordinary circumstances' such as disease or serious conditions at your

If you are planning to travel abroad, you should follow the travel advice of the Department of Foreign Affairs and Trade (DFA). You can use the DFA's Travelwise app or you can phone DFA's dedicated phone line on (01) 613 1733

During the COVID-19 pandemic, Macroom Citizens Information Centre is offering a phone and email service.

Macroom Helpline: 0761078430 email: macroom.cic@citinfo.ie

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SPORTS MAD



Macroom GAA

Macroom GAA Group about to visit Cahareen, CareChoice and Macroom Hospital. © Con Kelleher



Macroom GAA Visit Cahereen, CareChoice and Macroom Community Hospital

On 28 June 2020 Macroom GAA members visited Cahereen, CareChoice and Macroom Community Hospital. Work in residences for the elderly is difficult at the best of times and Covid brought special problems. In many cases care and hospitals were unprepared and had inadequate knowledge, training and, particularly supplies, of Personal Protective Equipment to deal with the crisis. Covid did its worst in residential homes, caused much illness and many deaths, and about half of all Covid-related deaths in Ireland took place there. Like in other medical facilities the staff coped heroically and at great risk to continue their care. Macroom's centres of care are of the highest standard.

Macroom GAA Club is community-based and caters for children and adults from U-6 to adult, and for girls and boys, young men and young women. As well as providing healthy activity and socializing, it is very aware of its commitment to the wider community. All residents were once young and many played or support sport in their earlier years. The club has also strong contacts with all three institutions and both CareChoice and Cahereen have been recent generous sponsors.

Mark O'Sullivan and others arranged the visits and music for the residents. About twenty members visited Cahereen, where Mort, Noreen and Colin Kelleher played a wonderful selection of tunes which the residents, staff and visitors enjoyed. Shane Dunne spoke on behalf of the club and Ciaran and Chloe O'Sullivan presented S/N Margaret O'Callaghan with flowers and chocolate. At CareChoice about twenty more members

were present to hear the lively music of Tony Dineen and Pat O'Connell played al fresco. Here again the residents, staff and visitors enjoyed enormously the entertainment. Joe Carroll, club chairman, complimented the staff for their wonderful work and reiterated the club's support. He commended Mark O'Sullivan for organizing the visit, and the two musicians received lovely pictures from Erica O'Shea

CareChoice staff on the occasion of the visit of Macroom GAA Club on 28 June 2020. $\ \odot$ Con Kelleher

and Caoimhe O'Brien for providing the music. Director of Nursing Catherine Buttimer thanked the club for coming, outlined the difficult time CareChoice had endured and reported that it was now 'in a much better place'. The final stop was in Macroom Hospital where about forty members gathered outside and more greetings, singing and presentations took place.

Macroom GAA Club was delighted to express its support for and solidarity with Macroom's



Tony Dineen and Pat O'Connell, singers accept photographs from Caoimhe O'Brien and Erica O'Shea when Macroom GAA Club, under chairman Joe Carroll, on 28 June 2020. Mrs Kitty Lunch looks on.

© Con Kelleher



Mort, Noreen and Colin Kelleher playing music at Cahareen when Macroom GAA Club visited on 28 June 2020. © Con Kelleher



centres of care-for-the-elderly and which equally can be described as centres of excellence. The town is lucky to have such fine facilities but they need nurturing and support. Yesterday Macroom GAA Club stepped up to the mark and everybody concerned benefitted.

Walk Around the World

Macroom Juvenile GAA Club completed its Walk Around the World with a walk around the Castle Grounds pitch on 21 June 2020 led by Ritchie Graham.

231athletes from, including several from some families and complete the 40,000 journey in 4 weeks. Many

interesting places were 'visited' along the way and €8345 has been collected to date, and hopefully some more money will come in.

The beneficiaries are the Children's Ward, Cork University Hospital and Muskerry Special Olympic Club.

The club thanks chief organiser Shane Dunne and his helpers, all who participated and all donors. All involved benefitted - the walkers/runners/cyclists, the organisers and especially the beneficiaries.



Staff Nurse Margaret O'Callaghan, Cahareen accepts flowers and chocolates from Ciaran and Chloe O'Sullivan. Macroom GAA Club. © Con Kelleher

Resumption of GAA action

The Government has given the green light for the resumption of playing activities and the GAA has announced the format for this year's Munster and All Ireland Senior Hurling and Senior Football championships. Inter county championships will commence in October and conclude just before Christmas!

Cork hurlers will play Waterford in the Munster semi final on Oct31/Nov 1 weekend with the Munster final two weeks later. There is a back door system in hurling, with a second chance qualifiers for first game losers.

In football, Cork play Kerry in the Munster semi final on November 7/8th probably in Cork. There is no back door in football, winners advance, losers are out for season!

"The main imperative was to get people back playing matches, first and foremost clubwise, then follow that up with the counties.' - Tom Ryan, Director General GAA

National Football and Hurling Leagues

Rounds 6 and 7 of Allianz Football Leagues to be completed – top team in each Division is League winner for that Division*. Football League finals will not be played*

Div 1 Hurling League: Limerick are declared Division 1a and Clare Division 1b Champions for 2020*

U20 Football and Hurling

U20 Hurling to be played concurrently with Senior Hurling Championships; no All Ireland semi-finals; Provincial Champions meet in All Ireland final

Minor Football & Hurling Championships

Straight knock out -No All Ireland Quarter Finals in Minor Football or Hurling *

One All-Ireland Semi Final in Hurling – Draw has been made in advance: Galway will play Munster Champions *

Club Championships: There will NOT be any Munster or All Ireland Club championships this season.

Important Dates

October 17-18: Cork football league game v Louth.

October 24-25: Cork NFL v Longford; Munster hurling qf Clare v Limerick. October 31/November 1: Munster HC SemiFs: Cork v Waterford: Tipp v Clare/Limerick

November 7-8: Munster FC Semi-f: Cork v Kerry; hurling qualifiers round 1.

November 14-15: Munster HC final; hurling qualifiers round 2.

November 21: All-Ireland hurling quarter-finals.

November 22: Munster FC final; All-Ireland U20 hurling final.

November 28-29: All-Ireland HC semi-finals.

December 6: All-Ireland FC semi-finals: Munster winners v Connacht winners. All-Ireland minor finals.

December 13: All-Ireland hurling final.

December 19: All-Ireland football final.



Aghabullogue Junior B Hurling team after being crowned County Champions following their great victory over Ballyhea on a score line of 1-10 to 0-09. (2019)



Cork County Championship 2020

The revised Cork County Championships for 2020 were approved by the Cork County Executive last weekend. The Board states 'The 'Festival of Games' outlined, incorporating well over 400 adult teams and over 6,000 players, will hopefully see a vibrant return of our games to all local communities in due reward for the magnificent contribution made by club members throughout the Covid-19 pandemic. It will reach a climax with 16 County finals and over 30 Divisional finals at adult level.

While risk of a second wave persists, this programme has been compiled in line with GAA guidelines and we will continue to operate on that basis, notwithstanding the future challenges which may yet arise.

All efforts were made to maximise use of the available club window and to provide club players with a significant programme of games in both codes and across all levels.

The inter-county programme confirmed late last week and the championship start dates for both of our senior teams in early November were also borne in mind in order to allow the maximum preparation time possible for our teams.

Consideration was given to a range of formats such as knock-out, backdoor and groups of three, however all three were problematic in terms of fairness and scheduling, therefore it was decided to stay with groups of four as approved by the clubs in 2019'.

2020 County Championship Draws

Premier Senior Hurling

Group 1: Midleton Sarsfields Douglas Ballyhea

Group 2: Blackrock Erins Own Bishopstown Newtownshandrum

Group 3: Glen Rovers St. Finbarr's Na Piarsaigh Carrigtwohill

Premier Senior Football

Group 1: St. Finbarr's BALLINCOLLIG Clonakilty Carrigaline

Group 2: Carbery Rangers Castlehaven Newcestown

Ilen Rovers

Group 3: Nemo Rangers Valley Rovers Douglas Bishopstown

Senior A Hurling

Group 1: Newcestown Killeagh Kanturk Cloyne

Group 2: Bandon Charleville Mallow Fermoy

Group 3: Ballymartle Bride Rovers Fr. O' Neill's Kilworth

Senior A Football

Group 1: O'Donovan Rossa St. Nicholas St. Michael's BÉAL ÁTHA'n GHAORTHAIDH

Group 2: Kiskeam Mallow ÉIRE ÓG Bantry Blues

Group 3: Dohenys Fermoy Clyda Rovers Bandon

Premier IHC

Group 1: Courcey Rovers Carrigaline Aghada Youghal

Group 2: Valley Rovers Ballinhassig Watergrasshill BALLINCOLLIG

Group 3: INNISCARRA BLARNEY Castlelyons Blackrock

Premier IFC

Group 1: Newmarket Na Piarsaigh Castletownbere Aghada

Group 2: NAOMH ABÁN CILL NA MARTRA St. Vincent's Knocknagree

Group 3: MACROOM Kanturk Nemo Rangers Gabriel Rangers

Inter A HC

Group 1: Kildorrery Mayfield Dungourney Argideen Rangers

Group 2: ÉIRE ÓG Sarsfields Meelin Douglas

Group 3: CLOUGHDUV AGHABULLOGUE Glen Rovers Midleton

Inter A FC

Group1: Millstreet St Finbarr's Glenville BALLINORA

Group 2: Rockchapel Dromtarriffe Ballydesmond Kinsale

Group 3: Mitchelstown Glanworth Mayfield Adrigole

Group 4: AGHABULLOGUE Kildorrery Glanmire Kilshannig

Lower IHC Group1:



Kilbrittain Barryroe Ballygarvan Russell Rovers

Group 2: Castlemartyr St Finbarrs **Ballymartle** Milford

Group 3: Tracton* St. Catherine's **GRENAGH DRIPSEY**

The dates for the playing of the group stages of the championships are as follows:

July 24-26 Football Round 1 July 31-Aug 3 Hurling Round 1 Aug 7-9 Hurling Rd 2 Aug 14-16 Football Rd 2 Aug 21-23 Div SF/SH Finals Aug 28-30 Hurling Rd 3 Sept 4-6 Football Rd 3

Sept 11-13 Quarter Finals and Rel play offs

Format

Taking into account the decision of clubs in 2019 to significantly reform the club championships, it has been decided to maintain the groups of four for 2020 and to implement promotion / relegation as previously approved by County Committee.

Modifications to the format approved previously will be as follows:

Two teams (instead of three) will progress from the groups of four to the play-off stages, this removing the need for preliminary quarterfinals. This will result in six teams qualifying for the play-off stages in most competitions, with the two top group winners qualifying for the semi-finals and the remaining group winner and the three second -placed teams qualifying for the quarter-finals. In the Premier Senior championships with one top group winner only will qualify for the semi-finals and the remaining two group winners, the three second-placed teams and the divisions / colleges winner qualifying for the quarter-finals.

The relegation final will be a straight play-off between the two lowest ranked teams (in terms of points won and scoring difference) amongst the three bottom placed teams from the groups. There will be no round robin.

The divisions and colleges rounds of the Premier Senior competitions will now be played in a knockout format with one team qualifying for the quarter-final stages.

All knock-out games will be finish on the day, where necessary and as decided by the CCC.

Group games will take place in the same sequence circulated previously as Rounds 1, 2 and 3 (included below). The sequencing of codes is to allow the fairest balance between providing an even spread of games and the challenges faced by dual clubs in changing codes.

All games will take place at neutral venues and there will be no double-headers during the group stages and for as long as the limit on public gatherings of 500 people persists.

Round 1: Games to be played July 24-26:

PSFC Ballincollig v St Finbarrs

SAFC Béal Átha'n Ghaorthaidh v St Michaels

SAFC Éire Óg v Bantry Blues

PIFC Naomh Abán v Cill na Martra

PIFC Macroom v Kanturk

IAFC Ballinora v Glenville

IAFC Aghabulloque v Kildorrery

Mid Cork Championship Draws 2020

Divisional Junior A, B and C competitions will start on the earliest dates of July 24th-26th with County Junior A and B quarter-finals (involving divisional winners only) scheduled for October 2nd-4th / Oct 9th-11th. If no Cork Senior players are involved in the semi-final stages, these competitions will proceed to a conclusion in October. If Cork senior players are involved, then semi-finals / finals will take place after that particular county team has completed their championship.

Divisional winners ONLY, will qualify for the County Championship stages of the Junior A competitions.

The open Junior B and C competitions will begin in October

Junior A Football Championship Round One:

- A Ballincollig v Blarney
- B Éire Óg v Grenagh
- C Canovee v Aghinagh
- D Clondrohid v Béal Átha'n Ghaorthaidh
- E Cill na Martra v Kilmurry
- F Inniscarra v Iveleary
- G Kilmichael v Donoughmore

Round Two (Losers round); to be drawn after first round completed.

Junior B Football Championship

Round One:

- A Dripsey v Gleann na Laoi
- B Iveleary v Aghabullogue
- C Macroom v Inniscarra
- D Kilmurry v Aghinagh E Ballincollig v Naomh Abán
- F Ballinora v Canovee

Quarter Final:

- 1 Winner A v Winner F
- 2 Winner E v Winner D

Semi Final: Winner C v Winner 1: Winner B v Winner 2

Junior C Football Championship

Round One:

- A Kilmichael v Béal Átha'n Ghaorthaidh
- B Donoughmore v Grenagh Quarter Final:
- 1 Clondrohid v Dripsey
- 2 Winner A v Blarney
- 3 Winner B v Éire Óg
- 4 Ballincollig v Naomh Abán

Semi Finals: 1 v 2, 3 v 4



John Rvan and his team of officials before the County Final, Michael O'Brien, Pat O'Leary, Jason Murphy, John Ryan, David Murnane, Liam Barry, Jimmy McCarthy and Christy Murphy. (2019)



Presentation of Gear, JJ Long Chairman Mid Cork Board. L/R; William Murphy, Donal Cronin, David Murnane, John Feeney, Pat O'Leary, Willie Barrett, Colm Voughan, Dave Lee, John Creen and Miah Moynihan.



Junior A Hurling Championship

Round One:

A Kilmichael v Blarney B Éire Óg v Ballinora

C Donoughmore v Cloughduv

D Aghabullogue v Iveleary

E Inniscarra v Ballincollig

Round Two (Losers round): New draw after round one completed

Junior B Hurling Championship

Round One

A Donoughmore v Ballincollig

Round Two

1 Winner A v Inniscarra

2 Laochra Óg v Grenagh

3 Gleann na Laoi v Ballinora

4 Blarney v Éire Óg

Semi Finals: 1 v 2, 3 v 4

Macroom Motors Mid Cork U21 Football Championship 2020

A Championship

Winners: Éire Óg Runners up: Ballincollig

B Championship

Semi Finals:

Ballinora v Naomh Abán Kilmurry v Canovee

C Championship

Final: Iveleary v Béal Átha'n Ghaorthaidh or Clondrohid

There are no plans to conclude the County U21 football competition at present. Divisions are welcome to complete their own internal competitions at their own discretion.

No decision has been made with regard to the club U21 hurling competitions. These competitions will be considered at a later date.

No Referees - No Games!

With the huge number of games to be played in August and September, at county and divisional level, in hurling and in football, there will be a focus on referees and their central importance for the playing of the games programme. The GAA in Mid Cork has been well served by the referees in the division who have ensured that fixtures are played, rules are applied consistently and common sense used when appropriate. As a result, there is widespread respect for the referees in the division and an indication of their merit is surely that many of them are called to referee at county level, including county finals in both codes.

Referees in Muskerry have their own association, with its own officers who ensure that referees are fully up to date with the rules,

represent those referees and their problems, provide a social outlet and have also ensured that referees are provided with a team of officials for games when required.

The annual report of David Murnane, Runaí, Cumann Reiteoiri Mhuscrai to the Annual Meeting of Muskerry GAA for 2018 stated that 'our referees have officiated at a significant number of games not just in our own division but throughout the county. Our annual inservice course was held in Coachford in early February and was a very helpful refresher before the season began in earnest. We held regular meetings throughout the year to discuss the implementation of rules and other ongoing issues.

The Cumann Reiteoiri Mhuscrai Hall of Fame recipient was Jerome O'Donovan, a respected referee from Ballincollig. The award was presented at our annual Function and, once again, many thanks to the Muskerry Board for their financial support of this event and also for contributing to the purchase of new gear for the referees. The Board have always been hugely supportive of the Cumann and any request we make is always looked upon favourably.

As usual the appointments for the Muskerry Finals were evenly distributed and we compliment the Muskerry Board for their fairness in this regard. Our thanks to Aubert Twomey for carrying out his role as Muskerry Referees Administrator and to Paud Kelleher for carrying out his role as referee's assessor.

Finally, I would like to take this opportunity to remind the Muskerry Clubs that abuse of referees will not be tolerated. Referees are being strongly encouraged to report all instances of abuse. Mentors and players will not always agree with refereeing decisions, but referees play a vital role within the organisation.

On that point I would ask clubs to seek out any members from within their own ranks who are interested in becoming referees. Daithi O Muirnain-Runai

Referees who refereed Championship Finals for Coiste Chontae Chorcai in 2018

Diarmuid Kirwan – Senior Hurling Final David Murnane – Senior Football Final John Ryan - Premier Intermediate Football Final Joe Larkin – Premier Intermediate Hurling Final Replay

Pat O'Leary – Junior A Football Final John Horgan – U21 B Hurling Final & Junior B Football Final

Risteard Aynsley, Runaí Cumann Réiteoirí Mhúscraí in his first annual report stated that three long serving officers – Pádraig Ó Laoire, Daithi O Muirnain and Sean O'Riain, had stepped down from their positions and the annual meeting placed on record its thanks for the service given by the officers during their time in their positions. The meeting elected the following as the new Board Officers: Colm Ó Mocháin – Cathaoirleach, Risteard Aynsley – Runaí, Eoghan Ó Buachalla – Leas-Cathaoirleach, Diarmuid Ó Ciardhubháin – Leas-Runaí

The Cumann Reiteoiri Mhuscrai Hall of Fame recipient was Paud Ó Céilleachair of Beal Atha and Baile an Chollaig CLG.

Referees who refereed Championship Finals for Coiste Chontae Chorcai in 2019 were:

Nathan Wall – Senior Hurling Final John Ryan – Senior Football Final Brendan Barry Murphy – Junior B Hurling

2020 Muskerry Board Officers

Muskerry GAA held its 2019 Annual General Meeting at Inchigeela, hosted by Iveleary GAA and all the outgoing board officers were reelected unopposed and most will be serving their last year in their present positions at least, as they will be reaching the end of their terms in 2020.

Uachtarán:- Tadhg Ó Gealbháin, Béal Átha'n Ghaorthaidh,

Leas-Uachtaráin:- Pádraig Ó Mathúna, Innis Cartha, Aubert Ó Tuama, Baile an Chollaigh. Proinnsias MacCarthaigh, Baile an Chollaigh. Iar Uachtaráin:- Aibhistin O'Cruimin, Innis Cartha

Cathaoirleach:- Pádraig Ó Maoleóin, Éire Óg. Leas-Chathaoirleach:- Liam Ó Buachalla, An Druipseach.

Rúnaí:- Seán Ó Finneadha, An Druipseach. Cisteoir:- Daithí Ó Laoi, Béal Átha'n Ghaorthaidh.

Oifigeach Poiblíochta:- Caoimhin O'Murchu, Baile an Chollaigh

Oifigeach Forbartha:- Seán Ó Críon, Achadh Bolg.

Oifigeach na Gaeilge agus Cultúir:- Eamonn O'Murnain, Cill Mhuire

CCC Membe s:- Eamonn Ó Caoimh, Eire Og and Seán Ó Ceallacháin, Uibh Laoire

Secretary's Report

When Runaí, John Feeney presented his 2018 report on the year's activities, he stated that

The Muskerry Board ran 15 Competitions in 2018 and 2019, and 328 games were played in both Football and Hurling.

Cloughduv won a County Junior Hurling title in 2018. Many feels that a team from the division is well capable of winning the Country Junior Football title in 2020.



Looking Back

2019 U21 C Football County Final:

Aghinagh 4-8 Robert Emmets 2-7

Aghinagh are Cork County U21 C football champions after their great win over Robert Emmets from Newmarket in the county final at Páirc Uí Rinn. This was an excellent game of football and the Duhallow side had looked likely winners in the first quarter and again after the break when they turned a three point interval deficit into a two point lead but Aghinagh had the ability to get through for goals and after the outstanding Con Buckley and Alex Murphy combined to create goal No 4 in the 45th minute, Aghinagh went on dominate the final quarter and, outscoring their opponents by 0-6 to 0-1, put the game beyond the Newmarket

Aghinagh won their semi-final with Bride Rovers four months earlier, Robert Emmets had the benefit of a semi final win only a week before the final and so were slightly fancied.

Con Buckley opened the scoring with an Aghinagh point after two minutes, Emmets quickly replied and a 6th minute goal, beautifully taken, gave them the lead. Aghinagh were making little progress up front and can thank goalkeeper Kevin Cotter for his assured fielding under a high ball which denied the Duhallow men another goal and the fine play of centre back Luke O'Leary. Aghinagh lost midfielder Shane Corkery for five minutes to a facial injury and then Emmets went further in front with another point in the 14th minute,

1-2 to 0-1 the score now.

A minute later Aghinagh came up field and worked a great goal, Aodh Twomey, Liam Twohig, Con Buckley all combining to give Alex Murphy an opportunity which the centre forward clinically availed of. This score gave Aghinagh fresh impetus and their enterprising play was really rewarded in a golden 19th minute when the winners added two further goals to their tally. Alex Murphy was the finisher for the first, burying the ball in the net after collecting the rebound from a Micheál Horgan shot which hit the upright, and Con Buckley smashed home the second after receiving a pass from Liam Twohig in full flight. Aghinagh now lost Luke O'Leary to a recurring shoulder injury and they were not to score again as Newmarket added two further points to leave the score 3-1 to 1-4 at the break, Aghinagh leading by three points but having to defend well to keep in front.

Aghinagh suffered under severe pressure in the third quarter. Two early points for the Duhallow champions were followed by a goal from a goalmouth scramble in the 35th minute and suddenly it was Emmets who led, 2-6 to 3-1. Aghinagh were again not availing of scoring opportunities and it was Con Buckley who eventually came to the rescue with a point in the 44th minute, their first score in 24 minutes. Within a minute Buckley had the ball tucked away in the Emmets net after combining with Alex Murphy and back in front now they put in a powerful final quarter. Micheál Horgan, Con

Buckley and Shane Corkery kicked over points to open up a five point gap by the 50th minute and then Liam Twohig found the target to leave two goals between the teams. Emmets hit back with a point in the 54th minute, missed an easy free thereafter, the Aghinagh defending was terrific and Twohig fired over another point in the 61st minute before wrapping up the win with the final point of the game in the 64th minute.

Scorers for Aghinagh: Con Buckley 2-3, Alex Murphy 2-0, Liam Twohig 0-3, Micheál Horgan 0-1, Shane Corkery 0-1.

Aghinagh: Kevin Cotter: Olan Cummins, Eoghan McCarthy, Richard Cotter: Adam O'Leary, Luke O'Leary, Jordan Burns: Shane Corkery, Aodh Twomey: Con Buckley, Alex Murphy, Peter Murphy: Seán O'Riordan, Micheál Horgan, Liam Twohig. Subs: Euan Coughlan 22, (blood 12-17 also), Cathal O'Riordan 62 and Cathal Crowley, Tadgh Sheehan, Seán Barrett and Gearóid O'Brien.

Management team: Stephen O'Brien, Trainer, with Kieran Lehane, Michael Crowley, Don McCarthy, Mattie O'Leary, Alan Cummins. Denis Corkery was a busy team Physio.

2019 County Junior B Hurling Championship Final

Aghabullogue 1-10 Ballyhea 0-9

Aghabullogue won the county Junior B Hurling (inter divisional) title at Páirc Uí Rinn, their winning margin of 1-1 coming in the final



Members of the Mid Cork Board. 2019/20 Seated; John Feeney Secretary, Pat Malone Chairperson, William Buckley Vice Chairman. Standing: Kevin Murphy P.R.O., Eddy Warren Cultural Officer and John Crean Development Officer



minute as the sides had been level at 0-9 each two minutes from time. The decisive goal came from a long range effort from Billy Casey which the goalkeeper did not deal with properly but despite this bit of luck, Aghabullogue were the better team and deserved their victory.

Aghabullogue led at half time by 0-6 to 0-3 and still held a three point advantage at the three quarter stage. Three points in a row in a five minute spell late in the game brought Ballyhea level at 0-9 each but then came Casey's goal to decide the issue.

After the game, Tracey Kennedy, Cathaoirleach Cork Co Board, presented the championship cup to Aghabullogue captain, David Moynihan. Scorers for Aghabullogue: Billy Casey 1-1, Pa Finnegan 0-5 (0-3f), Daniel Ó Duinnín 0-3, Eamonn Murphy 0-1.

Aghabullogue: Donal Twomey: Alan Hogan, Dan Twomey, Killian BarryMurphy: Jerome Corkery, David Moynihan, Brian Buckley: Daniel Ó Duinnín, Denis Desmond: Patrick Finnegan, Micheál Twomey, Greg Murphy: Jack Murphy, Eamonn Murphy, Billy Casey. Subs used: Tom Long, Tim O'Leary, Paul O'Rourke, David Dineen Conor Dineen.

Remember this JFC game in 2019 and its sensational finish?

Aghinagh 2-10 Clondrohid 2-9

It's never over till the final whistle blows and that was borne out at Kilmurry where Aghinagh pipped Clondrohid by a single point in the Ross Oil Mid Cork junior football championship 3rd round tie. After a dull first half which finished level at 0-3 each, Aghinagh had a glorious period on the restart and opened up a 1-9 to 0-4 gap. They did not drive on however, content that the job was done, and very nearly paid a

heavy price. Aghinagh lost three players in the 55th minute of regular time for three different reasons when they still held a comfortable six point lead and were then hit by Clondrohid thunderbolts, goals in the 57 and 58th minutes which put the western side ahead by a point. When Clondrohid went two clear in the 62nd minute it seemed that victory would be theirs but there was one more twist in the story of this local derby, a goal from Aghinagh full back and captain Dermot O'Callaghan in the 66th minute in a crowded Clondrohid goalmouth, which was to be the second last kick of the game and the winning score.

The sides were level at 0-3 each at the break. Aghinagh led by 0-3 to nil after only three minutes, Clondrohid had drawn level by the 21st minute as the rains fell and there was not much to get excited about.

On the restart, Aghinagh went into overdrive, outscoring their neighbours by six points to one and when Con Buckley booted home a goal in the 39th minute they led by 1-9 to 0-4 and were looking comfortable. Points from Darren Dineen gave Clondrohid some encouragement, but the score was 1-10 to 0-7 when a series of events completely changed the tempo of the game. Aghinagh marksman Liam Twohig went off injured, another forward was black carded and Aghinagh were reduced to 14 men when midfielder Michael O'Brien got a second yellow card. A Darren Dineen point for Clondrohid was followed by his 57th minute goal, another from Mathew McDonagh a minute later and amazingly after all that had preceded this, it was Clondrohid who were now in front. Clondrohid players and supporters were on fire now, Aghinagh trying desperately for an equalising point. The game went into time added on and in the 62nd minute Fergal Kelleher kicked a smashing point for Clondrohid to put them two clear. Still the game went on and in the 6th minute of added time. Aghinagh were awarded a 40 metre free which Donal Corkery booted into the packed Clondrohid goalmouth and somehow or other in a mad scramble, Donal O'Callaghan got possession and booted the ball to the net to give his side the narrowest of winning margins. Scorers: Aghinagh: C Buckley and D O'Callaghan 1-0 each, L Twohig 0-4 (f), D Corkery 0-3, M O'Brien, G O'Sullivan and D Ambrose 0-1 each. Clondrohid: D Dineen 1-6 (1-3f), M McDonagh 1-0, S Desmond, P Lynch, F Kelleher 0-1 each. Aghinagh: Paul O'Sullivan: John Lynch, Dermot O'Callaghan, Seán Kelleher: Aodh Twomey, Dave Barry, Adam O'Leary: Gearóid O'Sullivan, Michael O'Brien: Richard OSullivan, Micheál Corkery, Declan Ambrose: William Coakley, Donal Corkery, Liam Twohig. Subs: Micheál Horgan for L Twohig inj 54, Con Buckley and Seán Horgan for M Corkery and D Barry, both h/t, Shane Corkery for W Coakley bc 55, Mathew McCarthy for G O'Sullivan.

Clondrohid: Seán O'Callaghan: Jeremy O'Sullivan, Trevor O'Brien, Paddy Lynch: Shane Dineen, Brian Corcoran, John Corkery: Cian Creedon, Neilus Murphy: Mark Creed, Seán Desmond, Darren Dineen: Shane Creed, Fergal Kelleher, Danny O'Riordan. Subs: Callum O'Shea for S Dineen inj 25, Mathew McDonagh, Conor O'Leary and Cathal Creedon for M Creed, J Corkery and S Creed, all 46, Denis O'Riordan for D O'Riordan.

Referee: Mr Pat O'Leary, Kilmurry.



Aghinagh Junior A Team winners of the The Muskerry Cup final in Annahala, defeating Kilmichael. (2019)

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A Word of Victory

Welcome back dear reader "pleasant words are like honeycomb, sweetness to the soul and health to the bones" (Proverbs 16:24). Everyone needs to be encouraged in life. Some people never hear words of praise or compliments from those they love. Instead, many go through life only hearing words of condemnation and constant criticism cursing them and their future. This Scripture is interesting. The Hebrew language in which it was originally written has much broader meaning than English does. The word 'pleasant' here not only means delightful, but comes from a root which translates as 'stave'. Stave relates to the structure of a building - that is the timbers that hold it up, and, it also means the lines upon which musical pieces are written. A 'honeycomb' is the internal framework holding up the beehive in which the bees live and store their nectar. It's where they make their honey to sustain them through long hard winters, and it's where they lay and store their larvae - the next generation. Finally 'health to the bones' translates as one's inner most being. Now let's tie all these words together. Basically the Lord is telling us here that our words have the power in them to build up and sweeten a person's life in such a way as will strengthen and sustain them, and reproduce fruit for generations bringing health to the very innermost parts of them. It's easy to see the effects of praise and people respond to encouragement. No one likes to be spoken down to, but many people are callous with their words and they don't even hear themselves. It's important to note: we are not talking about flattery here. Flattery is a dangerous trap and often comes forth from people's mouths that are smiling at your face, but driving daggers into your back. Be careful of those who flatter because there is another agenda going on there (Psalm 5; Proverbs 26:24-28). But it is important to compliment and praise others from a sincere heart with no ungodly motive other than to support, encourage and love them. When we go through difficulties, it is people who cheer us on that form the buttress and framework for success in our lives. But those who criticise and find fault and point the finger of judgement only tear down. "Death and life are in the power of the tongue and those who love it will eat the fruit of it" (Proverbs 18:21). Friend, live as a life giving builder!

See more at wordofvictory.net



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LEE VALLEY DIARY

Local TV: Sunday 21st June at 7p.m. An Choirm Cheoil san Aras Ballingeary (2011) Part 1 & 2. (Repeated Wednesday 24th at 7p.m.)

Sunday 28th June at 7p.m. Mass 24th June, 2013 at St. John's Well, Mushera Mountain. Celebrant: Canon Jackie Corkery. Donal O' Mathuna interviews Michael O' Connor from Kilvoultra (2005). Millstreet Eurovision (1993). Repeated Wednesday 1st July at 7p.m.)

Kilmichael G.A.A: Kilmichael GAA Lotto starting on Monday, 6th July -Jackpot €9,400. Draw will take place in Clubrooms, Annahala at 9 pm on Monday, 6th July. Tickets on sale at usual outlets.

Rylane: These are Rylane lotto results on Monday June 22nd 2020. RCPA (Rylane Community Park Association) Lotto results: 22/6/2020 Jackpot €2,100. Numbers drawn: 3 - 12 - 33. No winner. Lucky Dip winners €20: Connie Lynch (Macroom); Kieran Lehane (Ballinagree); Sheila O'Sullivan (Rylane).

Rylane Community Park Association/RCPA: RCPA (Rylane Community Park Association) Lotto results:5/5/2020 Jackpot €1,400. Numbers drawn: 23 - 30 - 39. No winner. Lucky Dip winners €20: John O'Sullivan (c% Soccer Club); Jackie Ring (Rylane); Finbarr O'Sullivan (Rylane).

RCPA (Rylane Community Park Association) Lotto results:11/5/2020 Jackpot €1,500. Numbers drawn: 15 - 29 - 36. No winner. Lucky Dip winners €20: Mary & Connie Buckley (Rylane); Helen Spillane (Rylane); Siobhan Cleare (Kilcullen).

We are pleased to publicise Lee Valley functions, fundraisers, sports events etc. in this fortnightly Diary. We may include commercial events that are also being advertised simultaneously in the magazine. Back issues of the Lee Valley Outlook at www.macroom.ie



2006; Enjoying the sunshine at Ballinagree Vintage day. $\ensuremath{\mathbb{Q}}$ Peter Scanlan



2006; Cloughduv Camogie U16 Co Final Winners. © Peter Scanlan



FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of

SHEILA O'RIORDAN (NEE HOURIHAN)

Summerstown, Wilton, Cork who died on 8th July 2019

R.I.P.

As we lovingly remember Sheila on her First Anniversary, her husband Dan, sons Owen and Sean, daughter-in-laws Deirdre and Claudia and grandchildren Yvonne, lan and Cillian would like to thank most sincerely all those who took the time to sympathise, attend the funeral and support us through the difficult times on the death of Sheila.

We also offer our sincere thanks to Sheila's niece Mary Keating for all her support and assistance, long term friend Mary Leahy, all her close friends, kind hearted and caring neighbours, relatives and the card playing community (45 Drive).

Our gratitude to Cyril Casey and staff of Casey's Funeral Directors, Cork University Hospital, Marymount Hospice, Bluebird Care, Fr John Horgan SMA Wilton, and The Choristers Choir for their singing at mass.

As it would be impossible to thank everyone individually, please accept this acknowledgement as an expression of our deepest gratitude to all and a Holy Sacrifice of the Mass will be offered for all your intentions.



Sadly missed by Dan and all her family.

Sheila was a precious gift to us, never more than a thought away and loved and remembered every day

6TH ANNIVERSARY



In loving memory of

MICHAEL

Late of Crookstown and Canovee, who's anniversary occurs on the 1st of July.

Softly in the evening you Heard a gentle call, You took the hand God offered you, And quietly left us all.



Remembered by his partner Anne, and the Sheehan family.

10TH ANNIVERSARY



In loving memory of

IOAN RING

Dooneens, Rylane Who died on July 10th 2010

Loving and kind in all her ways Upright and just to the end of her days Sincere and true, in her heart and mind Beautiful memories, she left behind.



Always remembered by her husband Tim, sons Peter & Con, daughter Noreen, son in law Kieran, daughter in law Blathnaid, grandchildren Zara, Stephen, Sienna, Lauren, Chloe and Pia.

3RD ANNIVERSARY



In loving memory of

NORA MOYNIHAN

Green Acres Farm, Coachford, Co. Cork, who died on 1st July 2017

Ar Dheis Dé go raibh a h-anam dílis.

Will those who think of Nora today, A little prayer to Jesus say.



Always remembered by her loving family, Seamus & Mairéad

2ND ANNIVERSARY



In loving memory of

IIM BURKE

Liosbuí Beag, Cill na Martra. Who died on the 2nd July 2018

"Never more than A thought away Loved and remembered everyday"



Sadly missed and lovingly remembered by Bridie, Paddy, Nora and Ellen

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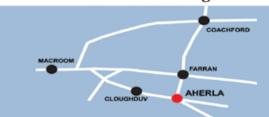
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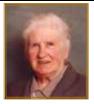
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8TH ANNIVERSARIES



In loving memory of

IOAN BUCKLEY

Died on 22nd June 2012



In loving memory of

MICHAEL BUCKLEY

Died on 18th March 2012

Sleaveen East, Macroom

So many things have happened we wanted to share. So many times we needed you and wished your were there. Your smile lit up brighter than the sun, You were strong and gentle both witty and fun. Although we smile and make no fuss,

no one misses you more than us.

Memories are special They don't fade away, We think of you often, Especially today.



Always remembered by their loving family

1ST ANNIVERSARY



PATRICIA Walsh

Donoughmore

In loving memory of our mother, grandmother, sister, and aunt who died on 6th July 2019.

"Always so good, unselfish and kind, Few on this earth her equal we find, Honourable and upright in all her ways, Loyal and true to the end of her days, You are always loved, dear mother".



Your loving family

27TH ANNIVERSARY



In loving memory of our Dad

TOM MURPHY

Knockroe, Kilnamartyra. Who died on the 29th June, 1993.

They say there is a reason, They say that time will heal, But neither time or reason Can change the way we feel. For no one knows the heart ache, That lies behind our smiles. No one knows how many times We have broken down and cried. We want to tell you something Dad, So there won't be no doubt, You are so wonderful to think of But so hard to live without.

Always missed & remembered by Teddy, Anna & Families.

12TH ANNIVERSARY



In loving memory of the late

IIMMY **MCCARTHY**

Carrighphooka, Upper Macroom Who died on the 4th July 2008.

We thought of you with love today, But that is nothing new, We thought about you yesterday, And days before that too, We think of you in silence, We often speak your name, All we have are memories, And your picture in a frame.



Always remembered by your loving wife Eileen, also remembered by Sons James & Donie, daughter in laws Caroline & Kay and grandchildren Tara, Martin, Tommy & Aidan

NOVENA TO



Ask St. Claire for 3 favours, one business, two impossible and say nine Hail Mary's for nine days with lighted candle. Pray whether you believe or not. Publish on ninth day. Powerful Novena. May the sacred heart of Jesus be praised, adored, glorified and loved today and every day throughout the whole world forever Amen. Say six times daily for nine days. Your request will be granted no matter how difficult it may seem. Favour publication must be promised.

M. D.

NOVENA TO THE SACRED HEART



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your heart where your father sees it.

Then in his merciful eyes it will become your favour, not mine. Amen.

Say this prayer three times for three days and your favour will be granted. Never known to fail.

Must promise publication of prayer.

SACRED HEART



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your heart where your father sees it.

Then in his merciful eyes it will become your favour, not mine. Amen.

Say this prayer three times for three days and your favour will be granted. Never known to fail.

Must promise publication of prayer.



All Memorials, Prayers and Remembrances are to be submitted to the Lee Valley Outlook 1 WEEK PRIOR TO PUBLICATION

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MEMORIALS & REMEMBRANCE

5TH ANNIVERSARY



Treasured memories of

RICHIE **TWOMEY**

Loughleigh, Carrigadrohid Who died 7th July 2015

Gone are the days we used to share, But in our hearts you are always there. The gates of memory will never close, We miss you more than anyone knows. With tender love and deep regret, We who love you never forget.



Always remembered and deeply missed by his loving wife Tina and Family.

1ST ANNIVERSARY



In loving memory of

IOAN O'CALLAGHAN

8 Model Village, Dripsey, Co.Cork who died on the 4th July 2019

We you hold you close within our hearts and there you shall remain, to walk with us throughout our lives until we meet again. So rest in peace dear loved one and thanks for all you've done, we pray that God has given you the crown you've truly won.



Sadly missed by Eileen and Pat

1ST ANNIVERSARY



In loving memory of

Ioan O'CALLAGHAN

8 Model Village, Dripsey, Co.Cork who died on the 4th July 2019

Gone from us that smiling face, the cheerful pleasant ways, the heart that won so many friends in bygone happy days. A life made beautiful by kind deeds, a helping hand for others needs, to a beautiful life comes a happy end, she died as she lived, everyone's friend.



Forever in our hearts Maria, Batty and Family

21ST ANNIVERSARIES



In loving memory of

MARY MOLLY DINEEN

Died on 19th June 1999



In loving memory of

IEREMIAH JERRY DINEEN

Died on 17th July 1999

Inchibrickane, Raleigh

When nights are cold, And stars are few, I close my eyes and think of you. A silent hope, A silent tear, A silent wish that you were here.



Always remembered and sadly missed by your loving family

"St Gobnait pray for them"

19TH ANNIVERSARY



In loving memory of

DENIS O'DONOVAN

Cappanclare, Inchigeela, Macroom, Co. Cork, Whose anniversary occurs on 7th July

Everyday in some small way Memories of you come our way Though absent you are very near, Stil missed, Still loved and always dear.



Loved always by Anne, Gerard, Eileen Marie, and extended family

FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



Remembering with love

IOAN O'CALLAGHAN

8 Model Village, Dripsey, Co.Cork who died on the 4th July 2019

As we lovingly remember our mother Joan, we, her daughters Eileen and Maria with to thank most sincerely all those who sympathised with us on our sad loss. We offer our heartfelt thanks to all who attended her rosary, removal and funeral, especially those who travelled long distances to be with us.

To all our sent mass cards, letters and floral tributes, your kindness is greatly appreciated.

Thanks to her home help Sheila who looked after Mam when she was at home. We offer our gratitude to Brian O'Connor and all the staff at Blarney Nursing Home and her GP Dr. Andy Lyne for their many years of care.

A special thanks to Ellmarie whose kindness and love to Mam will never be forgotten.

A special thanks to our wonderful

neighbours, friends and extended family for your support, kindness and generosity which was really appreciated. A sincere thanks to Fr. Damien Lynch for the beautiful funeral mass and to the Berrings Choir for the lovely music. Thanks to Cyril and the staff of Casey's Funeral Directors for their kindness and professional guidance which was very much appreciated.

Thanks also to the management and staff of The Auld Triangle for their hospitality. As it would be impossible to thank everyone individually, please accept this acknowledgement as a token of our sincere appreciation.

The Holy Sacrifice of the Mass will be offered for your intentions.



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