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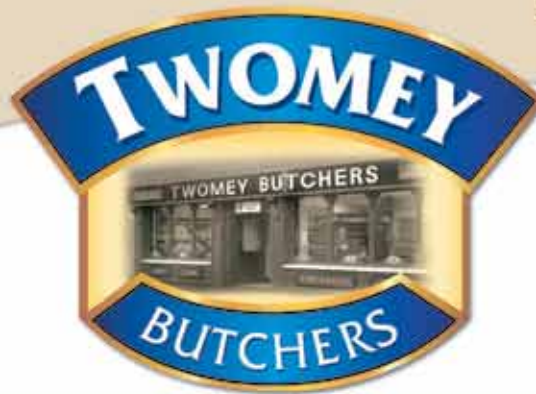
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EDITORIAL

This week has seen Ireland enter phase 1 of reopening and what a welcome step that has been. Preparative actions were taken by local businesses to ensure they're adhering to HSE guidelines on social distancing and hand hygiene. Phase 1 has meant many companies have had to rethink how they do business and at considerable expense. It's a great time to show support, and it's also a time for quiet reflection.

Especially now that the vibrant, scenic, economic hubs of Cork and Killarney are outside our reach for the near future, to ask how we as a community

can facilitate the needs and wants of locals on our doorstep. As more people are now working from home, Macroom and surrounding villages have seen commuters who usually leave home at 7 am and return by 7 pm, embrace the rural life, are now shopping locally and staying local. A small but welcome change brought to us as a result of the pandemic.

Sarah Kate Murphy
Editor

Fiona Foley



PEAR SHAPED STUDIO BY FIONA FOLEY

- WHEN LIFE GOES A LITTLE PEAR SHAPED!

Unfortunately, Ireland was hit by the recession extremely badly when I finished college and it was extremely difficult to find a job in the area I studied. I have always had a passion for illustrating and designing so in the end I decided to go back to college to study Graphic Design & Illustration in St. John's Central College. I haven't looked back since. Sometimes, things do go pear shaped or not how we plan, but it does work out in the end.

I work from my cottage near the Gearagh, on the outskirts of Macroom. My work is inspired by my local area, travel, food I love to eat, recipes and all things Irish. I also have a passion for children's books and I am currently working on a series of short stories featuring my local area.

You will find my quirky greeting cards, prints and illustrated brooches and much more in my little Etsy shop, Pear Shaped Studio.



Pear Shaped Studio by Fiona Foley



Postcards by Fiona Foley of Pear Shaped Studio

McEgan Musings

Let's Cook - Ms Hazel Burke

This week's recipes are delicious everyday recipes for homemade bread.

Soda bread is a soft textured cake like bread that rises due to the reaction of the acid of a liquid like buttermilk, and a base (alkaline) such as bread soda.

The Irish climate produces "soft wheat" which when mixed like a traditional yeast dough hasn't enough gluten to rise to make good quality yeast bread, but it does work well with a soda bread recipe. Try using Macroom Flour in the recipe. It is a delicious nutty stone ground flour made locally by Donal Creedon at Waltons Mill, Masseytown, which has been

used for milling since 1832.

MCEGAN BROWN SODA BREAD (No knead method)

(Pre-heat oven 200c)

Ingredients

- 250g brown flour
- 150g plain white flour
- 1 teaspoon bread soda
- 1 teaspoon cream of tartar (optional)
- 1 teaspoon salt
- 1 tablespoon vegetable oil
- 1 tablespoon caster sugar/honey
- 1 egg
- Buttermilk to mix (approx. 300ml)



Method

- Grease 2x 1lb loaf tins (or use 1x 2lb tin)
- Sieve the white flour, bread soda, cream of tartar and salt into a mixing bowl.
- Add brown flour. Mix the flours together well.
- Make a well in centre and add honey and egg.
- Add buttermilk and mix to a loose dough.
- Divide into two tins and bake approx. 40 mins.

Index for LVO Vol.17 Ed 10 - 21st May, 2020.

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Coronavirus

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touching eyes, nose, or mouth with unwashed hands



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and disinfect frequently touched objects and surfaces

IF YOU HAVE MEDICAL CONCERNS PLEASE COVID19 RELATED OR NOT PLEASE CONTACT YOUR GP

- Washing hands with soap and water is just as effective as an alcohol-based hand rub
- There is no evidence that using masks is of any benefit to people who are not sick

Thank you for being so patient in these unprecedented times, please stay safe and keep on isolating and cocooning.

Lissardagh Cleaning Services were up early every morning with the last week deep-cleaning retail & pedestrian areas as part of Cork County Councils newly launched Project
© James O'Driscoll



Macroom Tidy Towns

The Lissardagh cleaning job in the town centre came as a surprise to the Tidy Towns, being a totally Cork County Council initiative, but very welcome one indeed. Tidy Towns volunteers continue to work away alone, avoiding any group work and working to guidelines on social distancing. Catherine Murphy, Tidy Town's star volunteer picked 22 bags of roadside litter on her own between Macroom and the Mons, in one day while others have carried out litter pics elsewhere around. Trimming of grass verges alongside paths has been done in places and one very pleasing initiative took place in the Glenties where local resident John Deasy, using the Tidy Towns edging machine did great work. Behind the scenes work continues with Project applications and submissions for funding. One area that is being focused on for enhancement is the riverside area, downstream from the council car park at the bridge near O'Riadas, so watch this space! While sprays are used minimally, some spraying was carried out

on town paths and lanes and the cobblestones at the castle gates to contain grass and weed growth. The flower beds around the town centre have been cleared, in preparation for this year's bedding plants in a couple of weeks' time. Likewise, work is ongoing on the 66 large hanging baskets in getting them established for erection throughout the town on the first week of June. The swift tower which was put up in the mart area has certainly been found attractive to the sparrows with numerous nesting sites in the tower being occupied by sparrows. Tidy Towns volunteers work in emptying the doggie poo bins has increased in recent weeks due to an increase in dog walking activity. It is great to see all those who have done their bit in their own area. More of this has been seen this year than any other year past which is very encouraging, and long may this continue. It was noticeable that at time of the last recession, this led to an increase in the number of tidy towns volunteers and hopefully this is happening again.

Lissardagh Cleaning Services
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MACROOM LIBRARY

Thank you all for your patience at this time. All our Libraries are still closed to the public, but we are still working at providing you with the best service. If you had items that were due to be returned during the closure dates, do not worry we have extended the due date on all items.

If your membership is just out of date and you are unable to access any of our online resources, please contact Macroom Library at 026-42483, 930 am-530 pm Tuesday to Saturday or email corkcountylibrary@corkcoco.ie and we will try to resolve any issues.

If you are not currently a member of the library, you can now become a member at this time by going to the Libraries Ireland website; <https://www.librariesireland.ie/join-your-library> and follow the instructions. Once you are a member, your card will enable you to have access to our **Online Services**. There is a wide variety of online services which include access to e-books, e-audio books, e-magazines, e-newspapers, e-learning courses. You can also access Cork County Library Local Studies Digital Collections, Britannica online, Oxford Art and Music online. You can access company, business & director information through Vision-net and scholarly articles from academic journals through JSTOR.

A great selection of travel eBooks and eAudiobooks can be found online. While having to stay close to home our imagination can still travel to places described in the books.

<https://www.corkcoco.ie/en/library-services/library-online>

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If you are looking for some new recipes to satisfy the whole family, then look through the Food & Cooking magazines online and see what you can make with the ingredients in your cupboard. Alternatively, check out all the cookbooks that are on the BorrowBox app.

With your library card number, register with PressReader and you can read **National and International Newspapers** online at your fingertips such as The Irish Examiner, Irish Independent, Irish Daily Mirror, The Corkman and much more. Just download <https://www.pressreader.com/catalog>.

This is a FREE resource so select 'Library and Group' when registering. If you have free time, you may like to upskill or learn a new hobby. You can access over 500 online e-learning courses for free. These include courses on Advertising, Bookkeeping, Cooking, Decorating, Homeschooling, Stress Management, Web Design and lots more.

If you know someone who is Staying At Home and would like these online resources, please share this information with them while keeping your Social Distance.

Home Schooling can be very challenging. Here we have **two fun options** to let your **children** explore their creative side while at home.

Let them **build their own library from recycled materials** that can be found around the house. It is open to all ages so everyone in the family can get involved. Then email a picture of your creation to corkcountylibrary@corkcoco.ie and we will display it on our social media pages over the next few weeks.

For children in 4th to 6th class in primary schools across Cork County can now enter a Creative Writing Competition. They can get busy writing about "The Superhero from Cork". There will be one winner each from 4th, 5th and 6th. All winners will be featured on Red FM and in the Evening Echo at the start of June.

E-mail your entries to; Schools.library@corkcoco.ie by 5 30 pm on May 25th.

As part of our Community Support Programme, Cork County Council Library & Arts Service has begun **Housebound Deliveries** delivering **books** directly to the doorsteps of some of its more vulnerable members who are isolating during Covid-19. If any of our senior patrons would like to avail of this service please feel free to contact us at 026-42483 & we will be delighted to deliver to you.

In addition to books we are also delivering **musical instruments** to those cocooning. There are a variety of instruments to choose from, violins,



Cork County Council Expands Successful Library Delivery Service

keyboards, banjos, guitars, accordions, mandolins and ukuleles. For health & safety reasons we are unable to provide any wind instruments.

We know not everyone is online so please help spread the word around County Cork if you know someone

cocooning at home who misses having a book to read or who would like to try out an instrument.

All of us here in Macroom Library miss meeting all our patrons but we look forward to being able to open the doors as soon as it is safe for us to do so.

At the moment it is important to Stay at Home and Stay safe. We look forward to seeing you all again soon.

Please follow us on Facebook - Cork County Library & Arts Service and Twitter -@Corkcolibrary for all our up to date news and information.

Cork County Library & Arts Service are running a **Lego STEAMathon** as part of our online **Cruinniú na nÓg programme**.

Cruinniú na nÓg is a celebration of creativity in children young and old. Simply log on to our Facebook page every Saturday to find out what each week's theme is and then get building. Send in a photo of your creation to localstudieslibrary@corkcoco.ie to be in with a chance to win one of our fabulous Lego prizes for the most imaginative interpretation of STEAM. Submitted material may be used for promotional and public relations purposes in print and digital media form.

This week's theme for Lego STEAMathon - We are starting with the letter 'S'. This stands for Science. Science helps us to understand the world around us. You can build anything from the world of Science.

Winners will be revealed on Cruinniú na nÓg, Saturday June 13th.

"We must go on, because we can't turn back."

Robert Louis Stevenson – Treasure Island

Cork County Council has opened up a dedicated **COVID 19 Community Response Freephone Helpline**.

This is to help the public to access non-emergency and non-medical services and to provide support and advice.

It will operate from 8 am to 8 pm seven days a week on **1800 805 819**

Also you can email; covidsupport@corkcoco.ie or Text; 085 870 9010



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MAY 18TH COVID UPDATE

BY DR CON KELLEHER

Today is day one of Phase 1, Roadmap for Reopening Society and Business. It entails an easing of restrictions, and if all goes well a first small step on the way back to normality. While people are expected to continue working at home if possible, practice social distancing, continue hand hygiene and coughing and sneezing etiquette, self-isolate and cocoon where appropriate, and exercise within five kilometres, we will be able to do more. Among other things, we will be able to meet in small groups, go to garden centres and farmers' and country markets, go to the beach, hill-walk and go to pitches, golf courses and tennis courts if within 5 kilometres. Sporting activities in group of four or less people is permitted.

Meanwhile there is a plethora of information coming about many aspects of Covid. One of the most alarming is the 'disappearance of the presentation of many diseases'. In an Irish College of General Practitioners presentation, the attendance of patients at Early Access Clinics for lung cancer, skin cancers and bowel cancers had plummeted. One figure quoted was that the number of cancer-related deaths in the UK will increase by 20% next year, principally due to late presentations. Ireland last year had about 9,000 cancer-related deaths and if the UK's expected experience occurs in Ireland it will mean an extra 1,800 deaths – a sobering thought. The message is that people need to attend and present early; there is almost always a better outcome when cancer is diagnosed early. I

Some people with heart attacks and strokes equally are not going to hospital because they think that hospitals are for Covid patients only and fear of contracting there. People in the Famine 1845-51 had a similar attitude to entering workhouses, and often used them only as a last desperate resort. This too is unwise as treatments for heart attacks and strokes are very effective but must be administered as early as possible.

While Covid is a medical crisis, it is also a social and economic crisis. The old and the young have been the groups most discommoded by the pandemic. The cocooners, with much justification and for the best of reasons, had to stay at home but it was very hard. Time as you age becomes more precious and Charlie Bird, ex RTE broadcaster, voiced the frustrations of many. However, as well as looking after oneself, there is a duty not to spread the bug. Success in reducing the Infectivity Rate to about 0.6 is testament to the effectiveness of Irish precautionary measures to date. A German study quoted in the New England Journal of Medicine (in May 2020) confirms the effectiveness of social distancing'. In the same journal, an Infectious Disease specialist is cited as saying "Yes avoid crowds (. A) and indoor spaces with poor ventilation. But do get some exercise and get some get some fresh air. Don't yell at the jogger across the street without a mask, or the person in the park having a picnic with their family – they are not going to infect you".

Social isolation results in increased anxiety,

depression, social phobia and worse. New presentations of major psychiatric illnesses like psychoses have reduced, and again there are effective treatments for these conditions. Two other manifestations of psychological difficulties were also reported. In the Irish Medical Times the psychological impact of Covid was recorded as 47% in medical workers. II The BMJ reported an alarming increase in intimate partner violence. III In a Lancet review, ' (T) the [researchers'] warned ... that we should prepare to treat large numbers of patients with COVID-19 who go on to develop delirium, post-traumatic stress disorder, anxiety, and depression is an important message for the psychiatric community'. One economic commentator speaking on RTE made the point that poverty, individually and collectively, is very bad for health. Poor health and poverty are flip sides of the same coin. He further added that it will be at least 2024 before the UK gets back to previous levels of economic activity. The possibility of life expectancy reducing has raised its head.

Testing, Tracing and Isolation (or Quarantining):

Testing, Tracing and Isolation (or Quarantining) is a new buzz phrase. Regular testing with swabbing has been very effective and accurate, and the country has adequate capacity. However, there is still a problem with forwarding results, with waiting times of weeks in some cases, and this has obvious problems for tracing. Blood tests for antibodies have been developed but their claims of accuracy rates of over 90% have been received with scepticism and disbelief. A false negative result, that is the result is negative, but you are positive, is very dangerous, and is one of the major problems with the antibody tests so far.

In a perfect world tests would be easily available, 100% accurate, the results relayed in a short space of time and appropriate action taken. Delay in forwarding results can take many days and sometimes week. In Phase 1 timely results and prompt tracing are essential if we wish to hurry our return to normality. Much thought and work is going into this but with modern technology and an unemployment rate of more than 20% this problem should be solved quickly.

Vaccine Progress:

The following is an extract from the *New England Journal of Medicine (NEJM) in Physicians' First Watch*. "Phase I (testing on healthy young volunteers) vaccine results: A messenger RNA (mRNA) vaccine has shown promise against SARS-CoV-2 in humans in a phase I study. All 45 participants in the trial (were) sero-converted by day 15 after the first dose. Two weeks after the second dose of the 25-µg vaccine, levels of binding antibodies were similar to those observed in convalescent sera from recovered patients. The first eight participants given the vaccine all developed neutralizing

antibodies (data were available for only these 8). Adverse events were rare. In a separate study, the vaccine blocked viral replication in the lungs of mice infected with SARS-CoV-2. Phase II of the study in humans is expected to begin shortly, and Phase III could begin in July". Phases II and III are more advanced stages in the vaccine testing process.

How common is Covid in the Community?

In a study done in Los Angeles, California, the following was reported. 'SARS-CoV-2 prevalence in L.A. County, (U.S.): The community prevalence of antibodies to SARS-CoV-2 was 4.65% in Los Angeles County in early April, reports a JAMA research letter. Researchers tested over 850 randomly sampled adults in Los Angeles County for SARS-CoV-2 antibodies on April 10–14. Based on this prevalence, the authors estimate that roughly 367,000 residents of the county had SARS-CoV-2 antibodies. The official number of confirmed infections was only 8430. The authors do caution, however, that selection bias is likely'. IV If the same rate applied to Ireland, that would mean about 200,000 people affected – 4% of 5 million people. The official number of confirmed cases in Ireland (Rep.) is 24,112 on Mon. 20 May 2020.

Possible Treatment:

SARS antibody: Researchers have identified an antibody in a patient who was infected with SARS-CoV in 2003 that effectively neutralizes SARS-CoV-2. The study results of the S309 antibody are reported in Nature. The authors write: "These results pave the way for using S309- and S309-containing antibody cocktails for prophylaxis in individuals at high risk of exposure or as a post-exposure therapy to limit or treat severe disease." v

Trends: The figures for May 2020 are going very much in the right direction, and this is thanks to the good advice given and recommendations accepted and obeyed by the public. The numbers prove the correctness of the approach adopted.

May 2020 (Mondays)	Confirmed Cases	New Cases	Deaths - new	No. of Covid-related Deaths
4 th	21,506	330	19	1,303
11 th	22,996	236	12	1,458
18 th	24,112	64	10	1,543

Summary: Going into Phase 1 is great news for everyone but there is a danger. Increased contact with others may lead to a rise in numbers affected and possibly dying. Our best strategy is to do what has worked so far and that is stay at home as much as possible, social-distance, continue hand-washing, observe good sneezing and coughing etiquette and obey local regulations. It is interesting that wearing face-coverings (or masks by any other name) is now advised in public places such as shops. The danger with wearing masks is that it might induce complacency, and it is emphasised that mask-wearing is an extra measure.

There is good progress on vaccine research and possible treatments and that is good news for

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MAY 18TH COVID UPDATE CONTD.

everyone.

Useful Numbers:

Women's Aid: You can contact them 24 hours-a-day on 1800 341 900

Elder Abuse: Older people who are experiencing abuse in the home can call the HSE information line on 1850 24 1850. The call line is open from Monday to Saturday, from 8am to 8pm.

Childline: is a confidential support service for children and young people. They take calls about

a wide range of difficulties, including abuse. You can contact them 24 hours-a-day on 1800 66 66 66. You can also text 'Talk' to 50101.

National Counselling Service: The HSE National Counselling Service is a free and confidential service. It offers counselling and psychotherapy. This service gives priority to adults who have experienced trauma and abuse in childhood. Adult survivors of institutional abuse get priority. You can call the HSE National Counselling Service on 1800 235 235.

ICGP Webinar, May 2020. (A webinar is an online presentation or meeting, and was done through Zoom).

ii *Irish Medical Times*, 14 May 2020.

iii *British Medical Journal/BMJ*, 7 May 2020.

iv *New England Journal of Medicine, Physicians' First Watch*, downloaded 11 May 2020.

v Ibid. (Same as above).

MACROOM GAA

The Club was beyond angry and upset on Saturday 09th May to find part of our playing pitches destroyed and damaged as can be seen in the attached photo.

Club equipment was stolen and set fire to and they then burned a large plot of the pitch last night as you will see from the photos - the damage of the pitch may be irreparable. The same happened again on Sunday 10th May.

The club's volunteers make every effort to put these pitches in the best condition possible so that the children and youth of Macroom have a safe enjoyable place to train and play and that all ages are well catered for.

Whoever did this has caused a lot of criminal damage and we have reported it to the Gardaí, if anybody has any idea of who caused this please report it in confidentially to the Gardaí (026) 20590 or contact the club as a second option and we will pass on the information.

Tom Creedon Park

Macroom G.A.A Club would like to bring the following to the attention of all. Due to current Covid 19 issue we have seen an increase in football in people exercising in Tom Creedon Park which we are delighted to see and why we put so much time and resources to keep our walkways in the

condition they are in.

Tom Creedon Park is private property with a right of access to the walkways. Recently there has been an increase in people who are walking dogs leaving them loose on to the playing pitches and has resulted in dog fouling and throwing sticks on to the pitches. This has caused two separate problems - it's unsafe for the groundsmen who cut the pitches and secondly the dog excrement is being left where the young and old of Macroom are exercising.

So, the club would ask that you respect our Grounds by keeping the dogs on a leash and off the playing pitches and always bring a bag to clean up after your dog. This will ensure the continued enjoyment for all who use Tom Creedon Park.



Criminal damage to the Macroom GAA Pitch

PICTURE PARADE

Contact the Editorial Team: 026 - 42023 or Email: leevalleyoutlook@gmail.com



Caroline Barry presenting €200 to Bernie at Macroom hospital



Brian Harte delivering 2 tablets to Marymount on behalf of Quarry Blues ladies football team Kilmurry.





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MACROOM MOTORS NO 1 TOYOTA DEALERS IN CORK REOPEN



Macroom Motors, No 1 Toyota Dealers in Cork is pleased to announce that its dealerships will be reopened from May 18th. While the initial focus will be on meeting the needs of customers from a service and repair point of view, in-dealership sales will follow in line with Government guidelines. In the meantime a lot of work has gone into preparing a new online sales process around new and used cars. With dealerships being closed for the

past six weeks, Toyota has had ample time to develop and implement a series of new measures to ensure the safety of all customers and staff, and is now ready to reopen its services facilities in line with government guidance. **These measures include:**

- Sanitisation stations at all entrances
- 2 metre social distancing markers
- Protective screens for all staff / customer interactions
- Hand sanitisers on all desks

- PPE for staff with masks and gloves available for customers as required
 - Full sanitisation for all touch points in cars
 - Disposable covers used on seats, steering wheel and gear stick
 - Contactless drop-off and pick-up
 - Local collection and delivery from home or office can be arranged as required
 - Contactless payment
- Virtual Sales**

For 2021, customers who are in the market for a new or used car can avail of Toyota's new virtual showroom tools which include a range of virtual sales and browsing resources, video interaction with Toyota product experts and unaccompanied test drives. From the safety of their own homes, customers

- can log on to Toyota.ie to:
- Watch immersive and educational product videos covering the full Toyota range
 - Engage in personalised video calls and live chat with Toyota sales executives
 - Complete trade in valuations and financing online
 - Configure their new car to their own personal preferences using Toyota's online tool
 - Receive personalised proposals and quotes via email, along with finance approval. In terms of the all-important test drives, dealers will be providing new levels of flexibility and will offer unaccompanied test drives, which may be undertaken at the customer's home.

Leabharlann Bhaile Bhúirne

The doors may be closed but the library staff are busy trying to ensure that our customers are receiving the best possible service within the parameters of the restrictions. In conjunction with our Community Support Programme, Cork County Council Library & Arts Service initiated Housebound Deliveries. While our more vulnerable customers are cocooning we will deliver directly to their doorsteps – primarily books (fiction and non-fiction) are available but you can request DVD's and audio books dependant on stock availability in your branch. If you would like to avail of this service, please contact your local branch – Ballyvourney Library 026 45767 or leabharlannbhailebhuirne@corkcoco.ie - or you can contact Library HQ on 021 4546499. Cork County Library's free musical instrument loan scheme 'A sound Initiative' is also available under the housebound delivery system for people cocooning and more information can be obtained by phoning Library HQ on 021 4546499.

Our younger customers are not being forgotten either. Cork County Council Library & Arts Service is running "The Superhero from Cork" creative writing competition for 4th to 6th class students in primary schools across Cork County! So, find your favourite pen or pencil or take control of the computer and get your imagination working overtime but the closing date is coming up fast. There are a few rules, your story must be inspired by "The Superhero from Cork"; maximum length 500 words; E-mail your entries, including your name, class, school and teachers name to schools.library@corkcoco.ie by **5.30pm on May 25th**. There will be one winner each from 4th, 5th and 6th. All winners will be featured on Red FM and in the Evening Echo at the start of June.

Or how about a project to keep the whole family entertained? While you may not be able to visit the library at the moment, why not build your own! We are inviting people of **all ages** to build your own miniature library out of recycled materials that you can find around your home. We are really excited about this challenge and are looking forward to seeing all of your constructions. Once you are finished, take a picture and email it to us at corkcountylibrary@corkcoco.ie. Don't forget to include your name and location. All entries will be posted on our social media pages.

Another interesting project for individuals, community groups, schools and library users and covering writing, photography etc is the compilation of material for future use - '**Tales from County Cork in the time of the Coronavirus**'. Our future generations need you! The unique nature of the Covid-19 pandemic and its impact nationally and internationally is something that future generations will be keenly interested in. Of particular interest will be the impact at a county and community level. The Local Studies Library has therefore decided to compile a Covid-19 archive of material titled '**Tales from County Cork in the time of the Coronavirus**' relating to all aspects of the pandemic, including personal stories, photos and posters from the perspective of children, teenagers and adults. Forward your material to localstudieslibrary@corkcoco.ie or drop it in to your local library when it is open and they will ensure that the Local Studies Library receives it and stores it to help record history for your children, grandchildren and great grandchildren.

Tá Seirbhís Leabharlainne na Comhairle ag bailiú scéalta, grianghraif, póstaer, fógraí sláinte agus ábhair eile a bhaineann leis an bpaindéim d'fhonn cartlann staire sóisialta a chur le chéile. Tá an leabharlann staire áitiúil ag bailiú machnaimh fhoireann Chomhairle Contae Chorcaí agus ag lorg aighneachtaí ó dhaoine aonair, ó ghrúpaí pobail, ó scoileanna agus ó úsáideoirí leabharlainne.

If you are looking for more to do, then have a look at all the free resources available from your library online services and if you are not a member you can join online. Once a member you can read and listen to books on BorrowBox, read newspapers on PressReader and scroll through magazines on RBDigital available on <https://www.corkcoco.ie/en/library-services>.

The free **Community Call Helpline** remains available at **1800 805 819** with lines open from 8.00am to 5:00pm seven days a week. You can also email covidsupport@corkcoco.ie or text **(085) 8790910**.

From the File of Leabharlann Bhaile Bhúirne Creative Writing Group.

The Cattlemen by Gerard Lynch

The three brothers were known collectively as the Cattlemen; the three shared the house 2 miles outside the town where they had all been born and reared. The farm was small and the land poor but its quality gave them little cause for concern as they only used it as holding ground for the cattle they traded in from February until October. Two of the brothers were confirmed bachelors, Denis and John had never been known to walk a mile of the road with any girl in the area when they were younger and certainly displayed no outward intention of changing their ways as they approached their late fifties.

Finian on the other hand was something of a ladies' man or at least he liked to think so, Finian had spent almost nine months in Huddersfield when he was a young man and still drew on his experiences there almost forty years later and was known to open almost any conversation with "I remember when I was in Huddersfield"

There was also a rumour that he had been hoodwinked by a brazen English wan who had trapped him into marrying her and then ran off with a bow tie salesman from Glasgow. The cattlemen travelled throughout three counties buying and selling cattle and also acting as cattle jobbers at fairs where they facilitated transactions of cattle for a modest commission.

Denis was the good cop of the partnership while John came across as the hard headed businessman who would give no quarter until Finian joined in the performance as the level headed go between who would ensure peace would break out between all parties.

The three had a name for not being short of a bob but God knows they hid their wealth well as the cut of the dwelling house was bordering somewhere between being uninhabitable and dangerously derelict. On the few occasions Finian had managed to entice an unfortunate lady or two from well outside the area to join him for a bite of supper it had not ended well, it may have been the selection of unwashed gentlemen's draperies which adorned the stairs, chairs and table or possibly the overwhelming aroma emanating from what was once the parlour but in later years had become an indoor fowl house which assaulted the sensibilities of the visiting females causing them to decline accepting any further invitations or perhaps the oppressive silence of Denis and John may also have played a part in quenching any desires of the heart which might possibly have been kindled.

Denis was the first of the brothers to go into decline. It was the bad disease that took him in four months from start to finish. He might have had it longer for all anyone knew but the cattlemen would not dream of going to a doctor while a vet would be called without any hesitation if a cow didn't look right.

John and Finian left the graveyard the day of their brother's funeral and headed straight to the fair even though they knew they were late for the best of the day's trading would have been done in the morning.

Finian was gone four years later after a bitch of an Aberdeen angus crushed him up against the stone wall of a stall breaking three ribs and puncturing his lung, he lived on for two or three months after the event but he never recovered and as everyone said afterwards "He was never the same anymore.

John lived on in the house and got very friendly with a returned yank called Hannah (the ball bearings) Mc Carthy, Hannah had money coming home and John had no problem overlooking her shortcomings in the looks department as her post office book more than made up for any deficit in that department.

They married quietly in Knock on May Day and when they returned home Hannah lost no time in evicting the fowl and the draperies from the house and when her programme of modernisation was completed the house would stand the scrutiny of any home economics teacher.

The couple lived nice and happy for almost 12 years until John died as he had lived, silently and calmly one first Friday morning while putting on his shoes.

A few weeks later Hannah was heard to remark in the Post Office "I never realised there was so much money to be made out of cattle"

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Clondrohid Commotions

CLONDROHID LIVE: Weekday Mass continues at 9.30am with Sunday Mass at 10.30am and evening rosary and benediction at 7.30pm on UTube Clondrohid Church Live.

PARISH CHURCHES OPENING: The first step in opening our churches is happening this week. On Monday May 18, Clondrohid Church will open from 2pm to 3pm each day and Carriganima Church will open from 11am to 12pm.

This facility is for private prayer. Times can be changed or lengthened if necessary.. Please follow the procedures and protocol inside the church including hand sanitising , signing in and out for contact tracing if ever needed. Use only the designated seats, the least amount of hand contact with seats etc the better in these unusual times. Small careful steps will lead us to better times in the not too distant future. A box will be available in church for any

donations towards the upkeep of the church.
EXERCISE ON RTE 1: For all those cocooning , and those who are not able to exercise as they would like, tune in to Ray & O'Shea Fitness 15 on RTE1 at 2.20pm Monday to Friday for 15 minutes. .Exercises that can be repeated as often as you feel comfortable with in your own home

TOGETHER 4 CANCER CONCERN: Organisations providing cancer support have joined forces to create a new service aimed at patients trying to navigate life through their illness during the Covid 19 crises.

Cancer patients are used to living with uncertainty from the time they are diagnosed. The emergence of Covid 19 has added another layer of stress as cancer patients know that they may be in a higher risk group if they develop the virus. Added to this are the effects of isolation and cocooning. Together 4 Cancer

can be reached through the Irish Cancer Society's Nurseline on 1800 200 700.

MACROOM MASSES AND HEALING CERMONY: To access this service log on to www.churchservices.tv/macroom With Fr. John Keane and music and singing with Mary Crowley

CLONDROHID DEV GROUP: This group is getting to grips with some gardening in the village and trying to obey the Covid regulations. Thanks to all who are helping, and they would ask everyone to keep an eye on their own area, every little bit helps. Thanks to Con for his work. Hopefully the hanging baskets will be up soon.

A THOUGHT FOR THE FUTURE: Until further notice the days of the week will be called: Thursday, That day, Other day, Someday, Yesterday, Today and next day. Sound familiar in this topsy, turvey world!!!!

RYLANE COMMUNITY PARK ASSOCIATION/RCPA

RCPA (Rylane Community Park Association) Lotto results:5/5/2020

Jackpot €1,400. Numbers drawn: 23 - 30 - 39. No winner. Lucky Dip winners €20: John O'Sullivan (c% Soccer Club); Jackie Ring (Rylane); Finbarr O'Sullivan (Rylane).

RCPA (Rylane Community Park Association) Lotto results:11/5/2020

Jackpot €1,500. Numbers drawn: 15 - 29 - 36. No winner. Lucky Dip winners €20: Mary & Connie Buckley (Rylane); Helen Spillane (Rylane); Siobhan Cleare (Kilcullen).

PICTURE PARADE



Charleville Schools join the community effort against Covid 19

Contact the Editorial Team: 026 - 42023 or Email: leevalleyoutlook@gmail.com



Geraldine Lucey, Macroom P.O., serving Richie Creedon, Macroom © Con Kelleher



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Uibh Laoire Notes

It's Congrats Time

Frank and Eileen Dineen, their family and the people of Ballingear celebrated a milestone in their history recently. It has been 40 years since the Dineens opened their shop in the village. Their shop is built on the site of the Boys' National School across the street from the church and from small beginnings it has developed into a shop that can compete with the best. Tháinig Frank ó Bhaile Mhúirne chugainn agus rugadh Eibhlín go háitiúil sa Ghoirtín Fliuch. Ní rabhadar i bhfad ag socrú síos sa tsráid bhaile agus ba é an siopa croílár an bhaile in alán slite go dtí an lá atá inniu ann. Bailíonn daoine ann i ndiaidh Aifreann, i rith na seachtaine agus ar lá an pinsin ag ceannach is ag caint agus chun nuacht an lae a fháil agus tá an-mheas agus grá mór ag gach éinne don mbeirt agus a gclann. They have contributed to many community activities. Eileen been integral in the Youth Club and Frank and family are very much involved in all GAA activities. When the village was in danger of losing its Post Office, Muintir Uí Dhuinnín incorporated it into their shop and rescued the post office.

Radio na Ghaeltachta ran a special programme on the historic day and Eileen and Caoimhe were interviewed by presenter, Pádraig O Shea. They related the many changes they had experienced through the years. Texts and emails flooded in to the show with congratulations and good wishes. Eileen thanked all their loyal customers and all the staff who helped them, down through

the years. Ar son an Coiste Forbartha áitiúil, do labhair Tadhg O Duinnín agus luaigh sé an pháirt tabhachtach atá ag an siopa áitiúil sa phobal agus labhair Donal Ó Laoire, bainisteóir Choláiste na Mhumhan agus Noirín Uí Thuama ag moladh an tsiopa agus an chlann. All in all a very happy event and we wish Muintir Uí Dhuinnín continued success agus fad saol chugaibh.

Quiz

The fourth and final household quiz took place last weekend and over all, the venture was a great success. It raised funds for projects by An Coiste Forbartha like the legal fees for land purchase and for advancing the work of the Tidy Towns Group. This last quiz was designed by Aodán agus Máirín (sean oifig a'phoist) agus muintir Argáin, na Curraithe. The quiz proved to be an outstanding success for fundraising and bringing all households together in a time of distancing, through the wonder of ZOOM! The hard work that went into the organization of it must be acknowledged. Maith sibh go léir

Winners were Eóin Ó Laoire, María, Bríd agus an Chlann sa Ghúagán. Close second was shared between Muintir Concannon (Micheál), Muintir Uí Luasa,(sa Ghúagán) agus Máire Ní Laoi/Uí Mhurchú,an tsráid.Sa tríú háit bhí Muintir Loing an tsráid.

Katy's Fund Raiser

Gougane Barra super-chef Katy has donated an

e-booklet of many of her sumptuous recipes on line as a fundraiser for ISPC/Childline. It has been amazingly successful and it has surpassed the target of €5000 and is heading towards €12,000. You can contribute by connecting with I donate Katy's Recipes Gougane Barra before 1st of June. Please contribute to the good cause.

Aifreann leis an tAthair Peadar

We watched a son of Uibh Laoire say Mass in far away California recently, through the wonder of the internet. An tAthair Peadar Ó Croinín is stationed in San Dimas/La Verne east of Los Angeles. Peadar is a past pupil of Scoil na mbuachaillí and Scoil Mhuire,Béal Átha and is a welcome visitor to his home as often as he can.

Fresh Start

Although the Tidy Towns competition will not be held this year, the tidying, cleaning and litter picking still goes on and our villages are in the good hands of the employment support scheme workers. Inchigeela, Ballingear and Toonsbridge looked very good in the recent good weather. The clean streets and nicely trimmed roadsides and recreation areas are a credit to you. It's sad to see the boats tied up for so long but hopefully the lakes will come to life again shortly. It was strange to see the church closed for weeks but now arrangements are made to open them with safe health practices in operation for anyone who wants to visit. Hope Springs Eternal!

PICTURE PARADE

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Cork County Council Expands Successful Library Delivery Service



2013; Canovee Infant class © Peter Scanlan

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History

An tAthair Donhnall Ó Súlliobáin

By Bridget Goulding

Kilmurry Historical & Archaeological Association

I am often asked about a monument in Coillte's Warrenscourt Wood, what it is for and who it is about. Inscribed 'as Gaeilge' it was erected by the Kilmurry Historical & Archaeological Association c.1980, under the Chairmanship of the late John Sheehan.

This monument is to the memory of Rev. Daniel O'Sullivan who was born in Kilmurry Parish, in the townland of Kilbarry, Lissarda in 1790. He came from a home where Irish was the only spoken language, although his mother could speak English. As a young lad, he attended the Hallahan Penal Day School, nearby in Ballymichael. He learned Latin in Macroom and it appears he may have finished his schooling in Mallow and then Cork City where he taught in St. Mary's College, earning £50 a year. But his vocation was for the priesthood. While still a student in Maynooth College, he translated into Irish 'The Imitation of Christ'. Written in Latin c. 1418 – 1427 by Thomas á Kempis, De Imitatione Christi is thought to be the most widely read devotional book, next to the Bible. Richard Coyne, Dublin, printed his work in 1822.

He was ordained in 1820 and was appointed as Chair of Irish in the College but soon after changed his mind, with his mother's agreement, and left to assist the Parish Priest of Celbridge. He then became a curate in Bandon.

In 1834, Bishop John Murphy, in a letter, was generous in his praise of the young priest: 'There is one gentleman who is a great Irish scholar and whom I should wish to mention to you particularly, namely, Rev Daniel O'Sullivan, R.C. Curate of Bandon. He is more deep and profound and classical in his knowledge of the Irish language than any other person with whom



Monument to the memory of Rev. Daniel O'Sullivan who was born, in the townland of Kilbarry, in 1790.

I am acquainted! Standish O'Grady described him as 'an accomplished Irish scholar and poet.' In 1845, a friend of Sir Bertram Windle, a T. Swanton from Ballydehob, strongly recommended that Fr. O'Sullivan should be appointed Professor of Irish in, the about to be opened, Queen's College in Cork the same year. The professorship, however, went to an admirer of Fr. O'Sullivan, Eoghan O'Conallain.

Other translations into Irish by An tAthair

Donhnall Ó Súlliobáin were Donnell's Reflections for Everyday of the Year and part of Reeves History of the Bible. I

His first appointment was as Curate in Bandon, where he was known as the 'Bandon Coadjutor' and was appointed Parish Priest of Enniskeane in 1845, where he died in 1858. He was initially buried in the adjoining burial ground of the old parish chapel in Enniskeane. On the 8th September 1872, the last Mass was celebrated in the old church, after which his remains were removed and reinterred before the high altar of the new Church of the Immaculate Conception. A plaque with his name marks his final resting place.

The following is from one of his letters which was often quoted by an eminent historian of Bandon Parish, the late Fr. J. C. Walsh. "To the study of the Irish language I have devoted much of my time from my boyhood, as well from a respect for that venerable and elegant language, as to make myself useful to the people." II

I am grateful to the late Dan Holland of Greenville and Inchigeela for information in this article

II The Diocese of Cork and Ross – www.corkandross.org – referencing: A history of the Diocese of Cork – from the Penal Era to the Famine by Evelyn Bolster; The MS Annals of the Diocese; A history of the Diocese of Cork, the episcopate of William Delany 1847 – 1886 by Evelyn Bolster; Scholar & Poet/Fr. Dan O'Sullivan Enniskeane by Thomas Jones – Cork Holly Bough 1947; Journal of the Cork Historical and Archaeological Society 1985 Vol 1 page 105



2012; Kilmichael says farewell to Fr Cremin © Peter Scanlan



2004; Macroom Macra na Feirme celebrate winning the All Ireland Novelty Act © Peter Scanlan



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Citizens Information

KNOW YOUR RIGHTS: OVERTAKING CYCLISTS

Question: What are the new rules about overtaking cyclists?

Answer: On 12 November, a new offence of dangerously overtaking a pedal cyclist was introduced.

The Road Traffic (Traffic and Parking) (Amendment) Regulations 2019 builds on existing laws by specifically penalising the dangerous overtaking of cyclists. Previously, the law made no distinction between cyclists and other road users.

Drivers who overtake a cyclist in a dangerous way can now be fined a fixed charge of €120 and will also get 3 penalty points on their licence.

There are recommended safe distances for overtaking cyclists. On roads where the speed limit is less than 50 km/h, drivers should leave 1 metre distance between the car and the bicycle and on roads where the speed limit is over 50 km/h, drivers should leave 1.5 metres.

The Road Safety Authority will put up road signs to indicate the recommended safe distances for overtaking cyclists. If you think you have been overtaken dangerously by a driver, you can contact the Garda Traffic Watch Lo-call number 1890 205 805.

Further information is available from the Citizens Information Centre below.

Know Your Rights has been compiled by Macroom Citizens Information Service which provides a free and confidential service to the public. Address: South Square, Macroom, Co.Cork. Information is also available online at citizensinformation.ie and from the Citizens Information Phone Service, 0761 07 4000. Macroom Helpline: 0761078430

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Cork County Council 5km Photo Challenge

Cork County Council has announced a new photography competition which seeks to inspire amateur photographers to capture their experiences of this unique time at home, embrace their surroundings and take another look at the beauty that exists within 5km of their doorstep.

Divided into three categories;

Lovely Landscapes and Town Views, Family Fun During Covid 19, and Animal Shots, weekly winners will be selected to feature across the Council's social media platforms. Each of the four winners will also receive a pair of tickets for admission to one of Cork County Council's tourism attractions, which will be available to enjoy as soon as government guidelines allow.

The competition aims to encourage people to exercise by walking within the current 5km restriction from their homes, to connect with their locale and natural heritage, and to have fun with family and pets at home.

The photo challenge is one of a number of Cork County Council initiatives designed to promote wellbeing, as part of the national 'In This Together' Campaign.

Mayor of the County of Cork Cllr Ian Doyle commented

"This wonderful initiative gives us the chance to come together as a community to celebrate one another and our beautiful county while social distancing is in place. There's a wealth of talent behind every smart phone and camera and I can't wait to see what it produces. I invite you all to share some of the beauty of your homes or your environment, and to have fun while doing it. Stay safe and start snapping!"

Photo entries can be submitted via YourCouncil.ie. Weekly updates will be



Cork County Council has announced a new photography competition

shared on Cork County Council's social media channels. Further details, along with a range of additional wellbeing resources and activities are available at www.corkcoco.ie

Cork County Council announces initiatives in 23 towns to help communities and businesses to deal with the impact of COVID-19

Cork County Council has unveiled a significant suite of measures to support communities, businesses and industry as they look to recover from the impact of COVID-19. Project "ACT", or Activating County Towns, will see newly formed Town Teams working on individual plans for 23 towns in County Cork designed to stimulate and support the economy.

At a time when its own income sources have been severely impacted, the Council has moved swiftly to give confidence to the business, retail and community sectors through prioritised and targeted funding. Project "ACT" is being run across Cork County Council's eight Municipal Districts with the support of Elected Members and will see the creation of multi-sectoral teams with a targeted focus on rebuilding the economy and community life in their areas.

As a first step, a fund worth €6 million has been committed to support community, festival, events and town enhancement works. This will be used to build upon the remarkable community resilience that has been sustained since restrictions were introduced in mid-March.

In preparation for the phased return of business and community life, the 23 new Town Teams have been working to introduce specific enhanced physical distancing and pedestrian friendly zones in each location. This will include the inclusion of additional footpath space, some changes to traffic flow and outdoor supports for businesses requiring socially distanced queuing.

Cork County Council has been engaging with Elected Members of Council, business and community leaders to collaborate on how best to implement these changes, and support businesses looking to re-open safely at the appropriate time. Some of the immediate actions being taken include;

A deep clean of the main retail and pedestrian areas

Decluttering and fixing street furniture

Replanting of trees and flowerbeds

Additional road/pavement markings

Installation of 1,400 temporary bollards

Supports for vulnerable people and the over 70s are being integrated into the heart of these plans through the Older Persons Council CARE Programme. Specific measures will be introduced to enable these valued citizens to safely return to their full and active role in daily life.

County Mayor Councillor Ian Doyle has welcomed the initiative, saying;

"Cork County Council will work closely with communities and businesses as we manage our way out of the current crisis. Our message is simple - Cork County Council will walk with you on every step of the road to recovery. Activating our County Towns will reward the civic pride that has resulted in stronger communities, and an optimism that this strength will see us through. I would like to commend all the council staff who are working tirelessly in each of the 23 towns, and to those who continue to provide the emergency support needed to deal with COVID-19."

The Council can also reaffirm its commitment to its County-wide investment programme in towns and villages to ensure they can maximise the potential for future growth. During the COVID-19 period, Cork County Council finalised a loan agreement with the Council of Europe Development Bank. This is in addition to the loan facility from the European Investment Bank, which had previously been secured to fund the County Social Sustainability Programme.

Project ACT will also see funding released through a mix of capital investment and business supports designed to help stimulate the Cork economy during the phased lifting of the COVID-19 lockdown. This will also prime the economy for future growth.

As well as providing emergency support since restrictions were introduced in March, Cork County Council officials have been very active in other areas to prepare for the return of economic activity. These include;

Continuing to progress projects through design, planning and tendering. Since restrictions were introduced, projects worth €22 million have gone to tender. These will support an immediate economic return for these communities, once work resumes

Many events that had been planned for 2020 have been cancelled. Cork County Council is committing to meeting with organisers of those events to agree a timetable for their rescheduling and establish what supports are required.

Chief executive of Cork County Council, Tim Lucey, says;

"People across County Cork have shown incredible solidarity in recent weeks. They have stayed apart from their neighbours and friends, while ensuring that everyone who needed support received it. Cork County Council was at the forefront of the Community Call initiative, but we also recognised that the road needed to be prepared for life after COVID-19. There are many challenges that lie ahead, but by taking this action now and investing in our communities and our businesses, we can plan with a degree of confidence. From making public spaces suitable for social distancing, to supporting businesses through various initiatives, Cork County Council will do everything it can to support the entire community. This is the first time in the Council's history that activity of this scale has been focused directly on towns and their communities. Our staff will work directly with businesses and communities, as we weather this storm. We started this together, and we will finish it together."

A full list of the top-line actions being undertaken by Cork County Council will be available for the public to view at <https://www.corkcoco.ie/en>. Each of the activities is subject to any change in public health guidelines as advised by the HSE and the Department of Health.

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Daniel Goulding 2019 Muskerry Sports Star, receives the award from Eileen O Flynn, Auld Triangle, Sponsor



2005; Coachford celebrate 50th anniversary of the Grotto © Peter Scanlan



2013; The British Ambassador to Ireland, visiting the grave of Lieutenant General Sir Adrian Carton de Wiart at Aghinagh Graveyard © Peter Scanlan Peter Scanlan



Macroom Juvenile GAA Walk or Run 'Around the World in Eighty Days'

While Covid continues to affect all that we do there is light at the end of the proverbial tunnel. On Friday the government gave the green light to the second step to unpicking the restrictions and to move to Phase One. People are delighted with this break and it is great progress. Dr Tony Holohan, NPHE (National Public Health Emergency Team), quoting a survey last week, said that 43% thought we were over the worst, and that we can relax and get back to normal. As I understand it NPHE will use the first two weeks to collect information, analyze the collected data and advise from there. The choices will be to regress, stay doing the same thing or relax the restrictions more. The recommendation will depend on how most of us behave and the data. Many aspects of the Covid pandemic are the stuff of nightmares. However, in an interesting article in today's (Sat. 16th May) Irish Examiner Clodagh Finn reflected on what aspects of actions, reactions and behaviours were good. She lists the following ten: altruism, community, creativity, deliveries, health, home haircuts, reform, honesty, nature and zoom meetings. I would be doubtful about home haircuts, but you could easily add kindness and friendliness. The lockdown has been particularly difficult on both the old and the young. The former have been isolated, with justification and for the best of motives, but it is still very hard to do and bear. The young are fortunately the group least physically affected by Covid but are suffering severely, socially and probably psychologically. This week we heard the great news that children are poor carriers of the virus. For a group lightly affected children are asked or ordered to pay a big price; no Leaving or Junior Cert., no school, little or no contact with friends and no sport. Macroom GAA Club has been active in several community activities. Helping the Community is one where dinners are delivered to people's homes. Another is the support given to Cahereen and Care Choice Nursing homes, and in the latter, their lawns were cut. Shopping for the elderly is available through the club, and is availed of on a regular basis. Many volunteers get more from doing that the recipients do – a win-win situation.

Donning its thinking cap, Macroom Juvenile GAA Club came up with the following idea. What if club members could walk around the world – or the equivalent distance - and collect sponsorship for worthy children's charities? The idea is to get people walking and to collect money for charity by covering, collectively, the distance of the equator's circumference – about 24,901 miles or 40,000 kilometres. Walking or running will be sponsored and monies raised will be given to child-centred causes or charities. In Jules Verne's novel 'Around the World in Eighty Days' (Paris, 1872), originally published in French, a bet of £20,000 was laid that Phileas Fogg and his valet Passepartout would/would not circumnavigate the globe in eighty days. In Macroom the target

is €20,000 and the gamble is that members and sponsors will rise to the challenge, run the distance and raise the money in eighty days. Among charities which will benefit are the children's ward in the Cork University Hospital and Muskerry Special Olympics Club. The children's ward does brilliant work at all times and Covid has emphasised the value of nurses' and allied workers' contribution in particular. Heroic is the word often applied and is entirely apt.

The Special Olympics concept was born in the 1960s and recognised the importance of choice of sport for all, and especially in those with special needs. Eunice Kennedy Shriver was very influential and first set a day camp for people with learning disability which resulted in the first international Olympic Games in Chicago in 1968. The Special Olympic motto is "Let me win but if I cannot let me be brave in my attempt". Since then millions of special Olympians have participated in Special Olympic Games, and along the way much hidden talent was unearthed. Participation encourages physical fitness, socialization and opens all the thrills and heartbreaks of sport and competition to a special group of people. Special Olympic Ireland began in 1978 and its vision/theme is "A Place for Everyone". Muskerry Olympic Club, founded in 2004, does this important work around Macroom and caters for people of a wide age-range. The group trains in Macroom Sports Complex on Thursday nights, and the coaches and organizers are all volunteers. More volunteers and equipment are needed to cater for the various sports, and money is badly needed. A successful fundraiser will help greatly in the efforts of Muskerry Olympic Club.

The Run/Walk 'Around The World in Eighty Days' was launched on Saturday 16th May in the Castle Grounds by Ritchie Graham and his two granddaughters, Lilly and Maisie Murphy, Cork Street. Ritchie represented the cocooners and the girls the young and underlined the continuity of the GAA club. He won senior county medals with Macroom in 1958 and 1962 and is one of the few survivors from those winning teams; thankfully he is in great health and form. He also spent time in New York, as did Johnny Creedon who played in the 1956 All-Ireland against Galway, and Micky Dunphy who was Macroom goalkeeper in 1962. Emigration rates were very high in the 1950 – about 400,000 left Ireland (Republic) from 1951 to 1961 - and in the early 1960s, and most emigrants were forced to go because there was

Charity event in aid of

- Muskerry Special Olympics
- Children's ward in CUH

Starting from the 16 May, we're asking all members, neighbours and friends to walk, jog, run or cycle 40,000km over the following 80 days.

Participants will walk, jog, run or cycle within HSE Covid-19 guidelines. If possible please wear club colours.

The priority is to have fun, whilst getting exercise, with the added bonus of fundraising for two worthy charities.

Take an individual or family photo at some stage during activity.

Those on social media please use hashtag #roundtheworldin80days and tag @macroomgaa

All activities to be logged in STRAVA App* or send text to Shane at 0861907056 or Tony at 0879901651

Make donations via Macroom Juvenile GAA Community Fundraiser at...
<https://gf.me/u/x2m5mk>

* Setup in STRAVA App → explore → clubs → Macroom Juvenile GAA

little work available in Ireland. Ritchie returned, married Mary Leonard and successfully ran the Castle Bar, North Square (where Vaughan's cafe now is) for many years. Lilly and Maisie (called after her great-grand mother, Maisie Graham) are active in sport and are very good Macroom Ladies Gaelic footballers. The girls' paternal great grandfather, Paddy (Padox) Murphy, Main Street, won senior county medals in 1930 and 1931 with Macroom in teams captained in both years by Denis (Muttie) O'Brien, South Square.

As an aside, the surface of the Castle Grounds pitch was in absolutely pristine condition and great credit is due to the Grounds Committee. Shane Dunne, Tony O'Sullivan and Diarmuid Holland have organised advertising and an online Go Fund Me page and the details for joining and donating are: <http://gf.me/u/x2m5mk> and the Strava app <https://www.strava.com/clubs/660744> will record the distances travelled. If you have trouble you can double-check on the Macroom GAA website for further details or contact one of the Juvenile committee. Already many have signed on and by Sat. evening, 815 Kms, equivalent to the distance from Macroom to Londinières, Normandy, was Sun. The expedition was 1200 Km, in 'Assisi', Italy. It is hoped that many more people will join the fun, get fit and do good for others.

What the GAA is doing fulfils most of the many points referenced by Clodagh Finn (except the home haircuts, of course, home deliveries and Zoom meetings) in her article about the good that Covid times brought. In periods of crises, often the true measure of people and



organisations is revealed, and Macroom GAA Club's Adult and Juvenile sections have done well.

Please walk or run 'Around The World', and donate if you can - https://www.gofundme.com/f/macroom-juvenile-gaa-community-fundraiser?utm_medium=chat&utm_

source=whatsapp-visit&utm_campaign=p_lico+share-sheet

Article by Dr. Con Kelleher.

I would like to acknowledge the help of Shane Dunne, Macroom GAA Juvenile section secretary, and Deirdre Curtis, Muskerry Olympic Club, in preparing this article. Macroom GAA

Juvenile PRO.

1 *Irish Examiner*, Clodagh Finn 'Ten things about lockdown we should try to keep', 16 May 2020.

2 Jules Verne, *Around The World in Eighty Days* (Paris, 1872 and London, 1873).

Sport History

From junior to senior – the rise of Éire Óg as a football power!

Éire Óg footballers have achieved senior status this season, another step on the ladder leading to the top in Cork football. Traditionally a hurling club with a long and proud history, the progress of the club as a football power has not been instantaneous but nevertheless the record over the past decade or so has been very impressive and with the strength of its underage section looks likely to continue.

2008 Lee Valley Clothing Ltd Mid Cork Junior Football Championship Final

Éire Óg 2 – 13 Dripsey 1 - 13

Éire Óg won their second ever Mid Cork Junior A Football championship title by defeating Dripsey at Kilmurry in an entertaining final. Éire Óg have been knocking at the door for a few years now and were installed as one of the favoured teams at the start of this year's championship campaign. They were lucky enough to get the better of Macroom in the opening round, needed a replay to get over the challenge of Inniscarra in the next round, and then got another stiff test from Kilmichael before having five points to spare against Ballincollig in the semi final. These last two games were played in close proximity to the final and the fear was that Éire Óg would be suffering from fatigue playing their third game in twelve days (in addition, their minor players had a championship game to play as well). However on the day, Éire Óg played their best football of the year, at least for three quarters of the final, and thoroughly deserved their win over a Dripsey side that never gave up the battle. Dripsey had already been installed as Mid Cork hurling champions for the first time ever and they were in pursuit of their own piece of history but they were beaten by a better team on the day.

The final was a personal triumph for Cork forward Daniel Goulding who was in top form and stood head and shoulders above everybody else in ability and matched it with effort. County minor, Ciarán Sheehan was also very impressive and the Éire Óg attack generally was very effective. At midfield, Alan O'Mahony and Tim O'Leary won their share of the ball and the Éire Óg defence was hard working and marked tightly and until late in the game had the Dripsey attack under control. Ciarán Sheehan had the opening point seconds after the throw in but then Dripsey showed their potential in attack with points from a Gary Murphy '45', and from play from Aidan Buckley and Gary Murphy. Daniel Goulding had the first of his 2-6 total with a point from a free after



Éire Óg, Muskerry JA Football Champions and County Champions 2008

a foul on Liam Murphy, Ciarán Sheehan burst through the Dripsey defence only to shoot wide from a good position but Barry O'Neill levelled the scores from a free after Murphy was again fouled. In the 16th minute Goulding did what he does best when he took a pass from Tim O'Leary and ran at the Dripsey goal from the left side before unleashing a terrific shot to the far corner of the net. Diarmuid O'Riordan pointed a Dripsey free in reply but Éire Óg were now on top and Alan O'Mahony, Ciarán Sheehan and Daniel Goulding all shot points from play to put them five points clear. The half ended with an exchange of points between Gary Murphy and Dermot O'Herlihy to leave Éire Óg ahead by 1-7 to 0-5 at the break and looking the stronger in attack.

Éire Óg continued to dominate in the third quarter. Daniel Goulding had two points, one from a free, Gary Murphy replied and when Aidan O'Connor shot an Éire Óg point, Gary Murphy kicked another fine point for Dripsey. In the 42nd minute Goulding struck another decisive blow. Dermot O'Herlihy fed a ball through to the Cork star who turned his man before bearing down on goal and from fifteen metres let fly with another rocket to the Dripsey net. Diarmuid O'Riordan and Aidan Buckley replied with Dripsery points to show that the contest was not over yet but Daniel Goulding pointed a free after a foul on Sheehan and then took a point from play to keep nine points between the teams with 53 minutes gone. Éire Óg seemed to take their foot off the pedal and Dripsey availed of the concession and came tearing at them in the final stages. Diarmuid O'Riordan and Aidan Buckley had points and Gary Murphy scored a terrific goal to leave four points between the teams. From the kick out Ciarán Sheehan scored an important point for

Éire Óg as the game went into injury time but Dripsey kept up the effort and David Foley and Diarmuid O'Riordan had points to reduce the deficit to a single goal. Éire Óg were under pressure but held out to the final whistle for a deserved win, greeted with delight by team and supporters, many of the latter veterans of the last championship victory in 1976. Éire Óg will now meet West Cork Champions Bandon in the county quarter final and will be hoping to follow in the footsteps of the Muskerry champions of this decade, Grenagh, Beal Atha'n Ghaorthaidh, Cill na Martra, Aghabullogue and Canovee, all of whom are now making a mark in Intermediate ranks. Eire Og: Conor Hallissey: Cian Lowney, Shane McCarthy, Aidan Keane: Ryan Kinnerick, Barry Corkery, (capt.) Cian O'Mahony: Tim O'Leary, Alan O'Mahony: Aidan O'Connor, Liam Murphy, Dermot O'Herlihy: Barry O'Neill, Daniel Goulding, Ciarán Sheehan. Subs used: Donal Keane, Vincent Fahy and Tony Dineen. John Dineen missed the final through injury. Team Manager: Tom Scally. Selectors: T. Scally, John O'Shea, Noel Bennis and Vincent Fahy.

Dripsey: Ray Moynihan: Barry Kelleher, Conor Hayes, Pat O'Riordan: John Carey, John O'Riordan, Liam Buckley: Mark O'Sullivan, Aidan Murray: Diarmuid O'Riordan, David Buckley, David O'Sullivan: Ger Manley, Gary Murphy (capt.), Aidan Buckley. Subs used: Joe Murphy, Stephen Murray, David Foley and John Hogan. Team Manager: William Buckley. Selectors: Wm. Buckley, Con Corkery and Tom McAuliffe. Referee: Mr Pat O'Leary, Kilmurry. The Mick Dunne Cup was presented to winners' captain, Barry Corkery by Cathaoirleach of Muskerry Board Mr Frank McCarthy.



Muskerry Quarter Final:

Éire Óg 0-12 Kilmichael 0-9

The Junior championship quarter final was played midweek under lights at Cloughduv. It proved to be an exciting contest with the outsiders Kilmichael putting it up the favourites in a big way and Éire Óg only getting on top late in the game. At half time Éire Óg led by 0-4 to 0-3 and Kilmichael were matching their opponents in most areas of the field but had missed some early scoring chances which was to be a decisive factor before the finish. In the third quarter, Kilmichael raised their game again and managed to be level as the final quarter commenced at 0-7 each. The game was there for the taking now by either side but Daniel Goulding broke the stalemate in the 52nd minute with a point for Éire Óg and set up John Dineen for another score two minutes later. Barry O'Neill and Dineen added three further points but Kilmichael had points from James O'Leary to leave only one goal between the teams and Kilmichael fought to the finish to get the green flag. Éire Óg held out and advanced to meet Ballincollig after a smashing contest. John Crowley, John Dineen and Philip O'Connor were in the Éire Óg line out.

Kilmichael: Charlie Foley: Adrian Kelly, Niall O'Callaghan, James Collins: Kieran O'Leary, Simon Foley, Conor Cotter: Ronan Prendeville, Colm Collins: Colm Dromey, Shane Prendeville, Alan Murphy: James O'Leary, Kevin Cotter, Dermot P. O'Riordan. Subs: Richard O Riordan, Gerard Hallahan, Dermot O'Riordan.

Muskerry Semi Final:

Éire Óg 2-7 Ballincollig 0-8

The championship semi final was also played under lights at Cloughduv. Ballincollig stayed with Éire Óg until early in the second half but could not contain the dynamic duo of Ciarán Sheehan and Daniel Goulding. The promising minor had scored a goal for Éire Óg very early in the first half and now when the need was greatest Daniel Goulding struck for a magnificent goal which effectively put down the Ballincollig challenge. Éire Óg led by 1-5 to 0-6 at half time but Ballincollig were on top on the resumption and only bad shooting and bad decisions making denied them more than the solitary point they secured to reduce the deficit to the minimum. In the 40th minute Daniel Goulding got a run at goal with the inevitable consequence and Éire Óg were on top from there to the finish. Barry Corkery anchored the defence from centre back and the youngsters, John Dineen and Ciarán Sheehan, had a point apiece to copperfasten victory for Éire Óg. Philip O'Sullivan and Donal Keane played in this game for Éire Óg.

2008 Historic County Final Win

Éire Óg 1-8 Ballygarvan 1-5

Éire Óg have been on the brink of success for some years now, winning Mid Cork league titles and Muskerry Cups but failing in the championship. This year they were worthy winners of the Mid Cork title after a lapse of over 30 years and with that bogey buried they have blossomed in the county championship. Bandon, and then Cloyne, were defeated and now with the defeat of Ballygarvan, the



Éire Óg 2014

Mid Cork men are County Junior Football Champions for the first time ever and no one could deny that they are champions on merit. All year Éire Óg have built up big leads on their various opponents before coming under pressure in the closing stages of games and in the county final the same pattern evolved! Ballygarvan scored first but Éire Óg quickly settled and with Alan O'Mahony excelling at midfield and Daniel Goulding and Ciarán Sheehan superb in attack, the Mid Cork men got the scores on the board to go 0-4 to 0-1 in front by the end of the opening quarter. Ballygarvan reduced the deficit with a point after 20 minutes but Goulding and Sheehan had a further point apiece to put Éire Óg into an 0-6 to 0-2 interval lead.

An injury to Ciarán Sheehan before half time led to his move to full forward and Daniel Goulding went to wing forward, a change which did no harm at all to Éire Óg. Sheehan set up a point for Goulding on the resumption, then took a pass from Liam Murphy, held off a defender's challenge and buried the ball in the Ballygarvan net and followed on with a point to put the Ovens men 1-8 to 0-2 in front after 40 minutes. Éire Óg were not to score again and it was their defence which now came under scrutiny and was not found wanting. With team captain Barry Corkery at centre back and the outstanding Shane McCarthy behind him rock solid, the Éire Óg men withstood wave after wave of Ballygarvan attacks. Ballygarvan availed of a misdirected clearance to strike for a goal and suddenly Éire Óg were vulnerable and under increasing pressure in the final quarter. Two points for Ballygarvan were followed by three wides from Éire Óg and the pressure increased further. A Ballygarvan point left three points between the teams, strong Éire Óg defending and their own poor shooting denied Ballygarvan and at the final whistle the anguish was over for Éire Óg and intermediate football beckons for 2009.

Éire Óg: Conor Hallissey: Tim O'Leary, Shane McCarthy, Cian O'Mahony: Aidan Keane, Barry Corkery, Ryan Kennerick: Donal Keane, Alan O'Mahony: Ciarán Sheehan (1-2), Liam Murphy, Donal O'Herlihy: Aidan O'Connor (0-1), Daniel Goulding (0-5), Barry O'Neill. Subs: John Dineen, Joe Crowley, Vincent Fahy.

Footnote: 2008 County Finals

The Mid Cork Champions in Junior Hurling and

Junior Football made 2008 an historic year by going all the way in both codes. The amazing Dripsey continued on their upward trajectory by defeating Diarmuid O'Mathúna's at Pairc Ui Chaoimh in the hurling final while Éire Óg saw off the challenge of Ballygarvan in the football final at Pairc Ui Rinn. For each of the Mid Cork teams it was a case of first time ever winning their particular county title while the double victory was a matter of pride for all the Mid Cork division.

2008 County Junior A Hurling final

Dripsey 0-13 Diarmuid O'Mathúna's 1-7

Since their foundation four years ago Dripsey have been scaling the heights in hurling and football and have improved year on year in both codes. This year they won their first Mid Cork hurling title after a hard campaign but were not really rated as they faced into the challenge of city champions Glen Rovers in the county. A victory over the famed Blackpool side made everybody take notice, Carraig na bFear were next to fall and in the final it was the turn of West Cork champions D. O'Mathúna's to bow the knee to the newest team in the county in a final played in awful weather conditions.

Mathúna had the strong wind and heavy rain to their backs in the first half. Diarmuid O'Riordan had an early point from a free for Dripsey but Mathúna's had inevitably gotten on top and went 0-5 to 0-2 ahead after 20 minutes, only one point coming from play. Diarmuid O'Riordan, who finished the game with no less than 0-11 to his credit, 0-10 from placed balls, then sent over three points in a row to level matters but Mathúna finished the half well and led by 0-7 to 0-5 at the break.

It was Dripsey's turn to pile on the pressure in the second half and with their defence outstanding they limited O'Mathúna's to a single score in that period. Their half backs rained balls down on the Mathúna defence and the scores had to come despite the fine defending. Conor Hayes struck over a point and then Diarmuid Riordan pointed two frees to put Dripsey ahead after ten minutes. The flood gates did not open however for Dripsey and it was Mathúna's who struck for the only goal of the game in the 50th minute to go back in front by 1-7 to 0-8.

Dripsey showed their maturity and determination in the closing ten minutes. David Foley had a point and then Diarmuid Riordan



pointed a '65' to level matters. With Mark O'Sullivan outstanding, Dripsey drove on and forced Mathúnas into conceding frees which Diarmuid Riordan sent over the bar to open up a three point lead with the game going into injury time. Dripsey had to endure some heart stopping moments as Mathúnas sought an equalising goal but their defence stood firm and repulsed every attack until the final whistle brought them unbounded joy and an entry to Intermediate grade for next season.

Dripsey: Aidan Buckley: Barry Kelleher, John O'Mahony, Liam Buckley: John Carey, John O'Riordan, Pat O'Riordan: David Foley, Conor Hayes: Daniel Buckley, Diarmuid O'Riordan, Mark O'Sullivan: David O'Sullivan, Gary Murphy, David Buckley. Sub: John Hogan.

To complete a truly memorable weekend for Muskerry teams, Blarney won the County Premier Intermediate Hurling Championship, defeating Courceys Rovers by a single point, 0-13 to 1-9. Later in the week, all three Muskerry teams met up together for a unique celebratory social evening in Tower.

2014 County Intermediate Football final Éire Óg 0 - 14 Rockchapel 0 - 6

At last Éire Óg footballers have won the county intermediate championship and will be playing in the Premier grade next season. Éire Óg won the Mid Cork and county junior titles in 2008 and with the talented squad available to them the expectation was that they would quickly progress to the premier grade. They have disappointed on many occasions over the past six years but this time round there was to be no wobble at all and in this county final under lights at Páirc Uí Rinn they took the game to Rockchapel from start to finish, were clearly the better side and deservedly took the much sought after county title.

Aidan O'Connor opened the scoring for Éire Óg in the 3rd minute but in a tight opening quarter the only other score was a point for Rockchapel after ten minutes to tie the scores. The Éire Óg defence was in top form from the start, very tight but not fouling, and this was a major contributory factor in this victory. A point from a John Dineen free in the 16th minute gave Éire Óg the lead once again and they were never to lose the advantage subsequently. Liam Sheehan increased the lead with a point in the 21st minute and Ronan O'Toole added another immediately afterwards. Rockchapel, who had defeated Éire Óg in the quarter final last year scoring four goals in the process, rallied before half time and points in the 24th and 26th minutes reduced the gap between the teams to the minimum but in injury time Daniel Goulding had a point for Éire Óg who thus led by 0-5 to 0-3 at the break.

In truth, Éire Óg had the title wrapped up within six minutes of the restart. Daniel Goulding pointed within a minute, half time substitute Kevin Hallissey two minutes later and John Dineen's second point from a free in the 36th minute gave Éire Óg a five point advantage and



Éire Óg, County Premier Intermediate Football Champions 2019

left Rockchapel with a mountain to climb, a task which looked beyond them so well were Éire Óg playing now all over the field. Rockchapel did score a point in the 37th minute after a great save by Éire Óg goalkeeper young Chris Kelly, but back came Éire Óg with a point from Daniel Goulding followed immediately by another from Dan O'Connor to make it 0-10 to 0-4 in the 40th minute. A point for the Rock at the three quarter stage was answered immediately by a Liam Sheehan point for the winners, and Daniel Goulding's point from a free in the 51st minute gave Éire Óg a seven point lead heading into the last ten minutes. Éire Óg were in control and after all the disappointments of recent years were not going to falter now. A Daniel Goulding point in the 53rd minute and another in the final minute left Éire Óg in a comfortable place and they held an eight point lead at the final whistle.

Éire Óg scorers: Daniel Goulding 0-6 (0-1 f, 0-1 '45'), John Dineen 0-2 (frees), L. Sheehan 0-2, Aidan O'Connor, Ronan O'Toole, Kevin Hallissey and Daniel O'Connor 0-1 each.

Éire Óg: Chris Kelly: John Mullins, Ronan Dennehy, Cian O'Mahony: Dermot O'Herlihy (captain), Alan O'Mahony, Michael O'Shea: Fionn O'Rourke, Liam Murphy: Ronan O'Toole, Liam Sheehan, Daniel O'Connor: Aidan O'Connor, Daniel Goulding, John Dineen. Subs: Kevin Hallissey (h/t), Paul McDonagh (58), Tim O'Leary (59), David Sheehan (60).
Selectors: Team Manager, Harry O'Reilly, Damien Lordan and John O'Shea.

2019 Premier Intermediate Football Championship County Final:

Éire Óg 0 - 14 St Michaels 0 - 12

Mid Cork and Cork County Junior football champions in 2008, county intermediate champions in 2014 and now county Premier intermediate champions in 2019, the footballers of Éire Óg are in senior ranks on merit for next season and with the talent at their disposal need have no fears of what lies ahead. Éire Óg have been there or thereabouts for the past five years and they have finally reached their long-sought destination and can now forget about the many frustrating near misses they have endured on their upward journey.

In this final the sides were level 0-11 apiece with eight minutes remaining but the men from Ovens upped the pace when it mattered, a feature of all their wins since the resumption

of the championship in August in which time they have seen off the challenges of Aghada, Newmarket, Beál Átha'n Ghaorthaidh and Bantry Blues after a first round loss to Cill na Martra in April. Team Strength and Conditioning coach Paudie Kissane, the Cork All Ireland winner, came on board this season along with the return of team manager Harry O'Reilly and their hands were all over this win. Long serving outstanding clubman in hurling as well as football, Daniel Goulding was team captain and the star of Cork's All Ireland win in 2010 kicked 0-8 for his side, a massive contribution and a reward for years of dedicated service.

Éire Óg showing dash and skill went 0-6 to 0-2 up inside the first quarter. Goulding kicking three of these from placed balls followed by one each from Jack Murphy, Diarmuid Dineen and Brian Hurley. St Michael's managed to cut the gap to two but two more by Goulding from frees (on 22 and 28) pushed Éire Óg three up before St Michael's closed with two points which left them just one behind at the interval, 0-8 to 0-7.

On the resumption, Colm O'Callaghan increased the advantage to two and Goulding made it a three-point match in the 34th minute. Back came Michaels with three in a row with 40 minutes gone, the scores were level, 0-10 apiece. Points were exchanged, Colm O'Callaghan for Éire Óg, 0-11 each on 52 and it was all to play for now. Returned Australian Rules exile Ciarán Sheehan, another Cork All Ireland hero of 2010 and a minor with Éire Óg in 2008, set up Goulding for a point in the 55th minute, and this was followed by one from centre back John Cooper four minutes later and in the next attack Goulding sent over his sixth free to leave three between the teams. St Michael's were awarded a close in free in the 63rd minute and took a point but that was that. Scorers for Éire Óg: D Goulding 0-8, (0-5 frees, 0-1 45), C O'Callaghan 0-2, D Dineen, J Murphy, B Hurley and John Cooper 0-1 each.

Éire Óg: Eoin Kelleher; John Kelleher, John Mullins, Dermot O'Herlihy; Diarmuid Dineen, John Cooper, Daire McCarthy; Liam Sheehan, Ronan O'Toole; Eoin O'Shea, Jack Murphy, Kevin Hallissey; Daniel Goulding (Capt), Colm O'Callaghan, Brian Hurley. Subs: Ciarán Sheehan 42, Michael O'Shea 46, Joe Cooper 54, Denny Murphy 58, Alan O'Mahony 61.



2007; Betty O'Regan's Garden open day



2015; Photo taken at the closing of Kilmurry Old Museum © Peter Scanlan



2015; Johnstown Harvest Festival © Peter Scanlan



2007; "Storytelling" at the Briary Gap Macroom © Peter Scanlan



Macroom 1958 County Champions; Ritchie Graham is second from left in the front row, (Barry O'Brien, 'Macroom G.A.A. Club History')



1976; Presentation to Ann Bradley and Nial Buckley on the occasion of their wedding (Peter Scanlan)



Macroom County Champions 1930; Paddy (Padox) Murphy is third from left in the middle row Barry O'Brien, 'Macroom G.A.A. Club History')



Richie Graham with grand-daughters Lilly and Maisie Murphy. Richie won senior county medals with Macroom in 1958 and 1962. He is one of a small number of survivors. His grand-daughters are very good footballers with Macroom. © Con Kelleher

Attempted French boycott of Irish-caught fish must be vigorously opposed by EU Commission - Kelleher

"There can be no toleration of any boycott of Irish-caught fish in France, or indeed in any other Member State, by the European Commission," said Ireland South MEP, Billy Kelleher.

Kelleher was commenting after reports emerged that the French fishing industry is attempting to organise a boycott of non-French fish in markets and processors.

"This is a blatant attack on the European Single Market, and one which the European Commission must strenuously oppose. It has no place in 2021," said the Fianna Fáil MEP.

"I've written to Commissioners Sinkevicius and Breton outlining my concerns, and I fully expect them to stand by and uphold the rules of the Single Market.

"The Irish fishing industry is already under great pressure due to the significant reduction of sales to the hospitality industry. Attempts to limit their non-Irish sales to protect French fishermen is totally uncalled for.

"All fishermen are experiencing the same challenges at this time. It would serve the French fishing organisations to put their efforts into promoting the consumption of fish rather than limiting options to consumers.

"It is also rank hypocrisy from the French who source a lot of their produce from Irish waters. They are happy to make use of EU rules when it suits them, it seems.

"The Irish Government should make known their displeasure to their French counterparts at EU level, and ensure that this negative campaign does not receive the support, implicit or otherwise, of the French authorities," concluded Kelleher.



Fianna Fáil MEP Billy Kelleher



AIB Macroom presenting a cheque to local charity, Cope Foundation. Pictured are (l-r) Helen Harrington, AIB Bank, Macroom and Jo-Anne Higgins, Communications and Fundraising Manager for Cope Foundation.

Kelleher warns banks not to use Covid 19 crisis to keep interest rates high

Irish MEP Billy Kelleher has warned Irish banks not to use the Covid19 crisis to keep mortgage interest rates artificially high in order to maintain their profit margins.

Kelleher, a member of the powerful Economic and Monetary Affairs Committee of the European Parliament issued the warning after a new report said that many mortgage holders might slide into mortgage difficulties over the next number of months.

"The Irish banks have been gouging on homeowners for years, and I am very worried that they will seek to maintain average interest rates at, or just below, 3% to protect their profit margins.

"There has been some progress in recent months in terms of mortgage rates with the latest average now standing at roughly 2.8% having been over 3% in early 2019," added the Fianna Fáil MEP.

"This is still nearly twice the EU average, and further reductions are desperately needed to bring us into line with homeowners across the European Union.

"I am very fearful of what the banks will do over the next period. Of course, we need to deal with those who go into arrears but maintaining excessive interest rates hurts the Irish economy and makes it more difficult for mortgage owners to repay their debts.

"In February, the President of the ECB, Christine Lagarde outlined very clearly that Irish interest rates should go down, and that more competition in the market is needed to achieve the lower rates that homeowners deserve.

"The Central Bank and the next Finance Minister must insist to the banks that they do not use this cover as a way to keep their rates excessively high. They must also look at competition in the market and break barriers stopping new banks entering into the Irish mortgage market.

"Two of our banks are owned by the citizens. Supposedly, we're all in this together. We can't have a return to the anti-consumer practices of the past," concluded Kelleher.





Carrigadrohid RIC Barracks' about 1910 © Peter Scanlan

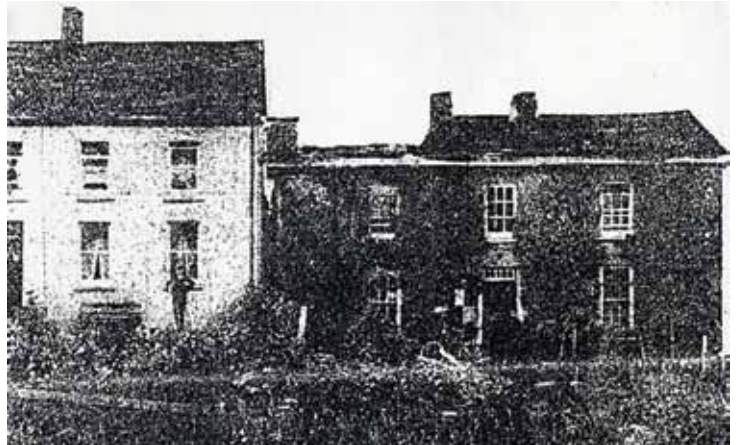


Ruins of the Barack being rebuilt some time later. Photo taken from the rear of the building. © Peter Scanlan

The RIC officers and constables recorded on 1 January 1921 for Carrigadrohid Barracks were:

Sergeants			
Thomas Moore	(No. 61129)	Jeremiah McCarthy	(No. 52826)
Regular Constables			
Thomas Bray	(No. 68640)	Michael J. Flatley	(No. 69837)
William H. Cooke	(No. 69901)		
Temporary Constables ²⁶⁴			
Herbert Dunbar	(No. 72277)	Frederick H. Lord	(No. 73305)
Albert E. Gillings	(No. 72046)	Daniel Loughlin	(No. 70613)
Stephen Greene	(No. 71130)	Walter Meadows	(No. 73302)
Arthur J. Harrison	(No. 73342)	William G. Mustard	(No. 73282)
Francis H. Hauxwell	(No. 74622)	John D. McEnery	(No. 71871)
F.W.H. Lawrence	(No. 71536)	George H. Pearman	(No. 71544)

List of RIC Officers stationed in Carrigadrohid, 1st of January 1921 © Peter Scanlan



Newspaper photo of the Barack after it was burned. The Post Office building can be seen to the left of the photo © Peter Scanlan

Macroom I.C.A. Minute Book 1966

1966 Receipts				1966 Expenditure			
Date	Description	Book	Pp	Date	Description	Book	Pp
March 24 th	To Total B/F	51	15	March 24 th	To Total B/F	21	20
" "	By Bank Lodgment	6	2	March 26 th	By Total (Secretarial expenses)	1	10
March 26 th	Officiation Fee (a)		2	" "	Royal Insurance Co. (Fees)	1	8
" 27 th	Officiation Fee (a)		0	" "	By Total (Secretarial expenses)	2	17
" 27 th	Proceeds of Whit Drive		1	" "	Secretary St. O. Local Office	13	14
				" "	Toke & Sullivan (Plate)	8	15
				" "	25. Keganey	8	6
March 31 st	To Balance			March 31 st	To Bank Lodgment		6
				March 31 st	To Balance	16	2
	Total	58	17		Total	38	10
April 1 st	To Balance B/F	16	2	April 1 st	To Bank Lodgment (Post)		42
" "	C/O Collection		4	" 15 th	To Total (Secretarial Expenses)	43	5
" 3 rd	Proceeds of Whit Drive		2	" 15 th	To Bank Lodgment		7
" 10 th	" " " "		1	" 26 th	C & B	2	10
" 10 th	C/O Collectors (Post)		8				
April 14 th	Bank Lodgment	12	10	April 30 th	To Balance	19	17
" 14 th	Officiation Fee (1)		7	April 30 th	Total	65	17
" 15 th	By Bank Lodgment	7	4				
" 15 th	Proceeds of Whit Drive		1	May 4 th	Stross & Sonny (Meal)	2	8
" 25 th	Proceed of Whit Drive		1	" 12 th	By Total (Secretarial Expenses)	2	4
" 25 th	Officiation Fee (a)		1				
" 25 th	Officiation Fee (a)		1	May 31 st	To Balance	15	4
" 25 th	Officiation Fee (a)		1	May 31 st	Total	19	17
" 25 th	Proceeds of Raffle		1				
	Total	65	17				
May 1 st	To Balance B/F	19	17				
" 4 th	Proceeds of Whit Drive		1				
" 5 th	Proceeds of Raffle		0				
" 6 th	Officiation Fee		7				
" 8 th	Proceeds of Whit Drive		1				
" 10 th	Proceeds of Whit Drive		1				
" 17 th	Proceeds of Whit Drive		0				
" 17 th	Proceeds of Raffle		2				
	Total	19	17				

Macroom ICA Minute Book, 1966 (Geraldine Galvin's collection).

4TH ANNIVERSARY



In loving memory of

CATHERINE DOYLE

7 Belmont Place, Crookstown,
Co. Cork
whose third anniversary
occurs at this time

*Memories of you
are lovingly kept,
Someone too special
to ever forget.*



Sadly missed by your loving
sister Joan and Sean.

4TH ANNIVERSARY



In loving memory of

CATHERINE DOYLE

7 Belmont Place, Crookstown,
Co. Cork
who died on 18th May 2016

*May the wind blow gently,
And whisper for you to hear,
How much we love and miss you,
And wish that you were still here.*



Lovingly remembered by your husband
John, children Michelle and Clement,
son in law Michael, daughter in law Kim
and your grandchildren Katelyn, Shauna,
Clodagh, Conor, James and Ian

10TH ANNIVERSARY



In loving memory of

**MARY BUCKLEY
(NEE BRADLEY)**

Kilbarry, Macroom
Who passed away on the 1st June
2010

*Gone from us that smiling face.
The cheerful, pleasant ways.
The heart that won so many friends.
Your presences we mourn,
your memories we treasure.*



Always remembered by your loving
husband Tim and family

15TH ANNIVERSARY



In loving memory of

**JOANIE
MCDONNELL**

17 Belmont Place, Crookstown.
Who died on the 19th May 2005.

*Those who love, Don't go away,
They walk beside us everyday.
Unseen, Unheard, But always near,
Still loved, still missed, still very dear.*



Loved & remembered
by your husband Paddy & family
Patricia, Mary, Anthony, Denise
Deirdre & Sinead,
grandchildren & great grandchildren.

1ST ANNIVERSARY



In loving memory of

**JOHN
TWOMEY**

Ullanes, Ballymakeera
who died on the 7th January 2019

As it would be impossible to thank
everyone individually, we hope that this
acknowledgement would be accepted as
a token of our deepest gratitude.

*Your life was a blessing,
Your memory a treasure,
You are loved beyond words,
Missed beyond measure.*



Always remembered by your family

8TH ANNIVERSARY



In loving memory of

**KATHY
TWOMEY
(NEE O'LEARY)**

Ullanes, Ballymakeera.
Who died 29th January 2012

*We thought of you with love today,
But that is nothing new,
We thought about you yesterday
And days before that too.
We hold you close within our hearts,
And there you shall always stay.
And if wishes could be granted,
We would wish for more than anything,
Is to have more time with you.
No longer in our lives to share,
But in our hearts you're always there.
Gentle Jesus up above,
Please give Kathy all our love.*

J. HICKEY AHERLA

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NOVENA TO THE SACRED HEART



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your heart where your father sees it.

Then in his merciful eyes it will become your favour, not mine. Amen.

Say this prayer three times for three days and your favour will be granted.

Never known to fail.

Must promise publication of prayer.

MC

37TH ANNIVERSARY



In loving memory of our Dear Son

IAN FLEMING

Late of Crookstown, Co. Cork
Who went to heaven on the
28th May 1983

*As each day dawns
We think of you
As each night falls
We pray for you
And throughout our lives
No matter where
In our hearts
You are always there*



Always in our thoughts and forever in our hearts.
Love from Mom, Brothers Paul, Brian and James, Sister Tina, nieces and nephews.



A Word of Victory

Welcome back dear reader "... whoever believes on Him shall never be put to shame" (Romans 10:11). Proverbs says 'the fear of man is a snare, but whoever trusts in the Lord shall be kept safe and secure' (Proverbs 29:25). The translation here means 'shall be set on high'. This evokes a picture of one being placed far out of reach from the pain of wanting to please others in order to feel accepted, valuable and loved. When a person puts God first in their life by making Jesus Lord, they come in under His covering of protection and security where He places His hedge around that one to keep them safe and in peace (Psalm 139:5). The apostle John wrote... "God is Love, and he who abides in love abides in God...there is no fear in love; but perfect love casts out fear because fear involves torment" (1 John 4:15-18). There is only one place where we can find true acceptance and 'perfect love', and that is in the love that God the Father has for each and every one of us. Many people who have suffered rejection, abuse or loss in the past carry painful memories deep inside which almost 'lock them in' and stunt them emotionally. If the rejection or wounds were caused during childhood, then, every time something happens later in life they react to those circumstances as a child would - never having been able to grow up emotionally due to that un-resolved pain. This brings them to a place of instability in their emotions, or complete denial of those emotions. It can also force them to become 'people pleasers' in order to gain the approval and affirmation of others. Here is a deadly trap because not everyone will like or agree with us, and some 'friends' motives can be ungodly. This is a painful and frightening thing to accept when a person has struggled emotionally because we all like to be affirmed, loved and appreciated. But there is a 'Friend who sticks closer than a brother' (Proverbs 18:24) - His name is Jesus - God's Son, who gave His sinless life to pay our ransom note, so that we could be redeemed from every work of darkness. He endured betrayal, condemnation, mocking, rejection, shame and humiliation; He was grieved by those He loved and then crucified without mercy so that whoever would believe and trust in Him could be set free and be made whole (Isaiah 53:3-5). Ask Jesus to be your Lord today and receive God's Perfect Love!

[See more at wordofvictory.net](http://wordofvictory.net)
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E: wovkillarney@gmail.com - T: 064-6622950 - wordofvictory.net

NOVENA TO THE SACRED HEART



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your heart where your father sees it.

Then in his merciful eyes it will become your favour, not mine. Amen.

Say this prayer three times for three days and your favour will be granted.

Never known to fail.

Must promise publication of prayer.

EK

NOVENA TO ST. CLAIRE



Ask St. Claire for 3 favours, one business, two impossible and say nine Hail Mary's for nine days with lighted candle. Pray whether you believe or not. Publish on ninth day. Powerful Novena. May the sacred heart of Jesus be praised, adored, glorified and loved today and every day throughout the whole world forever Amen. Say six times daily for nine days. Your request will be granted no matter how difficult it may seem. Favour publication must be promised.

MK

NOVENA TO THE SACRED HEART

Thanks for favour of the birth of our granddaughter having made

Novena to Sacred Heart.

SF

NOVENA TO OUR BLESSED LADY

Made Novena to Our Blessed Lady for safe arrival of our daughter.

MQ

THE MIRACLE PRAYER



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour).


Take it dear heart of Jesus and place it within your heart where your father sees it.

Then in his merciful eyes it will become your favour, not mine. Amen.

Say this prayer three times for three days and your favour will be granted. Never known to fail.

Must promise publication of prayer.

SOC


All Memorials, Prayers and Remembrances are to be submitted to the Lee Valley Outlook 1 WEEK PRIOR TO PUBLICATION

Contact Des: 087 6593427 | Email: leevalley@outlookmags.com

2ND ANNIVERSARY



In loving memory of

CONNIE O'LEARY

Gougane Barra, Macroom, Co. Cork who died on May 28th 2018

In loving memory of a Special Dad

Dad, we miss you everyday
You were so special and unique
A guiding light throughout our life
You were our strength when we were weak.

Happy memories flood our minds
whenever we think of you
But you can never be replaced
that much is sadly true.

The fact that you're no longer here
Still fills our hearts with pain
We wish we had just one last chance
to talk with you again.

We shall always remember
the closeness that we had
We love you and miss you so much
...Our kind and thoughtful Dad.



Sadly missed and loved by his daughters
Pauline and Helen and their families.

PRAYER TO ST. ANTHONY



Oh gentle and loving St. Anthony in whose arms the infant Jesus love to linger, one word from you and my prayer will be answered oh speak that word and the gratitude of my heart will be yours.

4TH ANNIVERSARY



In loving memory of

JOHN FLYNN

Castle Street, Macroom whose anniversary occurs at this time

Always remembered never forgotten.



Sadly missed and much loved.
Nora & Family.

20TH ANNIVERSARY



In loving memory of

MARIA DINNEEN

Coolavokig, Macroom. Who died on the 19th May 2000

*Memories are like leaves of gold,
They never wither or grow old,
Locked in our hearts you will always be,
Loved and remembered for eternity.*



Loved always by Dad (Diarmuid),
Mam (Joan), Maidhcí,
Katie and Emer,
the Dinneen and Lucey families.

4TH ANNIVERSARY



In loving memory of

CONNIE BREEN

Belmount Place, Crookstown, Co. Cork who died on the 14th May

*I thought of you with love today,
but that is nothing new.
I thought of you yesterday
and days before that too.
I think of you in silence,
I often speak your name,
All I have are memories
and your picture in a frame.*

*Your memory is my keepsake
with which I never part,
God has you in his keeping,
I have you in my heart.*

*In your life you touched so many,
In your death many lives were changed,
for I hope some day soon
we will meet again
and to stop these silent tears,
for to get a chance and one more dance
to sit here and have a chat for a while.*

*We miss you so and was sad to let you go,
so we all come together to
remember you so,
for he was one of a kind,
a Husband like no other,
he was my best friend, my soul mate
and lover.
Rest in peace my Angel and to let
you know how much 'I love you'
God bless you and keep you safe!*



Always remembered by your loving wife
Geraldine, extended family and friends

*Due to Covid 19, all Masses have been
cancelled on the 23rd of May*

FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of

MARY GALVIN

Carrignacurra, Inchigeela, who died on 15th May 2019

As we lovingly remember our mother Mary on her First Anniversary, we, her family wish to thank most sincerely everyone who sympathised with us on our sad loss.

Thanks to those who attended the Rosary, Funeral Mass and Burial and to those who sent Mass cards and letters of sympathy.

Our thanks to Dr O'Donovan and Dr O'Donnell and staff of the Primary Health Care Centre Dunmanway for their care and attention to Mam.

Our heartfelt thanks to Nurse Sandra Deane for her care and support.

We sincerely thank Fr Anthony O'Mahony P.P. for his monthly visits to her home and his kindness at the time of her death and for a lovely Funeral Mass.

Thanks to singer Michael Bradley and organist Norma Galvin for the beautiful singing and music. Thanks to the Sacristan Marie Noonan and altar servers.

A special thanks to Cyril Casey and Staff for his guidance and help.

To Joe and Ann Creedon for providing refreshments on the day.
Thank you.

Please accept this acknowledgement as a token of our appreciation and gratitude.

The Holy Sacrifice of the Mass will be offered for your intentions.



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Mary's Toymaster

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