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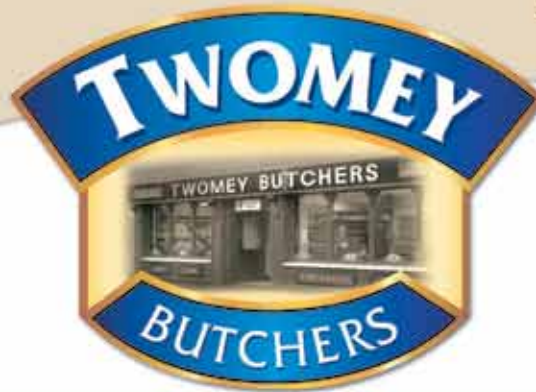
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MACROOM SENIOR CITIZENS COMMUNITY MEALS ON WHEELS IN FULL SWING

Its full steam ahead for Macroom Senior Citizens Community Meals on Wheels Service which is now operating 7 days per week and covering area's from Coachford, Carrigadrohid, Crookstown, Macroom, Clondrohid and Ballinagree. We would like to say a big thank you to all of our volunteers from Macroom GAA Club and our own Volunteers for their commitment and dedication in insuring that all of those in needs of meals are being looked after on a daily basis in these difficult times. We would also like to thank Wright Medical based at Coolcower, Macroom, who supplied us with 100 Easter Eggs to be given out with our Meals on Wheels service and also to Aidan Andrews Manager of

Allied Irish Bank, Macroom for their generous donation of €500 towards our Meals on Wheels service. If anyone is in need of this service, please call us on 026/41698.



Aidan Andrews Manager Allied Irish Bank, Macroom making a presentation of a cheque for €500 to Pat O'Connell, Chairman of Macroom Senior Citizens towards their Meals on Wheels.

SIOBHAN DUGGAN, ARTIST A DAILY PAINTING PRACTICE THAT BROUGHT LIGHT TO LIFE IN LOCKDOWN

A personal challenge for Macroom based artist Siobhan Duggan to create a piece of art every day for the month of March has left her followers looking for more to cheer up their inboxes during lockdown.

Throughout the month of March, Siobhan created an original piece of artwork as a personal challenge but little did she know the effect it would have for her email subscribers which grew from 150 to more than 1/2/3,000 across four continents. Each morning at 7am, Duggan sent an email with an image of her piece of art accompanied by a positive quotation capturing her mood from the previous day, which to her surprise struck a chord with many. The subject of her works included the countryside around Macroom including The Gearagh as well as west Cork scenery and wildlife paintings. Through a simple silent bid system people bid what they were happy to pay with the artwork sold to the highest bidder of the day.

Speaking of the project Siobhan said "I was amazed at how well the project was received and little did I know at the beginning how much the world would change in those four short weeks. I think the email each morning was a little brightness in what was

otherwise a strange time. It was a break from the news of Covid-19 when the world was at the cusp of change. The best part of the project was the emails I received from people to say how they looked forward to the email each day with many asking me to keep it going for as long as lockdown continued!

She continued, "Landscapes and wildlife are my favourite subjects, I love to capture the colour and light of the landscape, and the essence of an animal, and the project has given me the impetus to continue to create many more such pieces in the future."

For now, Siobhan is continuing to build her collection after packaging off 31 of the sold artworks to Canada, USA, England, Netherlands, Australia, Scotland, Northern Ireland and Ireland. Her current work is focusing on another project that began in January and will continue until December; the same scene from the Gearagh which shows its ever-changing landscape throughout the year, a beauty spot that she believes is undiscovered by so many.

You can view Siobhan's work on; www.facebook.com/siobhandugganartist



Siobhan Duggan Artist

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- There is no evidence that using masks is of any benefit to people who are not sick



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How to Remove Gloves

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Thank you for being so patient in these unprecedented times, please stay safe and keep on isolating and cocooning.

McEgan Musings

Mission of Love to the Homeless 2019

Due to unavailability of Fr John Keane these past few months, the Transition Year pupils were not able to present a cheque of €800 which was collected before Christmas for the homeless in Cork. Thankfully, Fr John is fully recovered but due

to the present situation, the students are unable to meet him in person to present the €800. This week, Fr John thanked all the TY students in McEgan College for the wonderful work they have done for the homeless, and the money will be put to use immediately. Thank you to Mr Pdraig O Driscoll for organising the fundraising event.



Transition Year Pupils of McEgan College who fundraised 800 euro for Fr John Keane for the homeless



Housebound Delivery Service which provides library books directly to the front doors of those self isolating or cocooning. The service has recently been expanded to include loaning musical instruments to library members looking to add to their repertoire

corkcountylibrary@corkcoco.ie and we will try to resolve any issues. If you are not currently a member of the library, you can now become a member at this time by going to the Libraries Ireland website; <https://www.librariesireland.ie/join-your-library> and follow the instructions. Once you are a member, your card will enable you to have access to our Online Services. **There is a wide variety of online services which include** access to e-books, e-audio books, e-magazines, e-newspapers, e-learning courses. You can also access Cork County Library Local Studies Digital Collections, Britannica online, Oxford Art and Music online. You can access company, business & director information through Vision-net and scholarly articles from academic journals through JSTOR. So you can relax & read your favourite **Magazines** online without having to leave your house. There is something for everyone, whether you are looking to keep up with the latest world news, celebrity news, bridal trends, home decorating ideas & even some for children just to mention a few. Download the RBDigital app & have 100's of e-magazines at your fingertips to choose from.

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If you have free time, you may like to upskill or learn a new hobby. You can access over 500 online e-learning courses for free. These include courses on Advertising, Bookkeeping, Cooking, Decorating, Homeschooling, Stress Management, Web Design and lots more.

The HSE psychology staff have created a recommended reading list of book titles as part of 'Your Good Self' initiative that can be downloaded

MACROOM LIBRARY

Thank you all for your patience at this time. All our Libraries are still closed to the public, but we are still working at providing you with the best service.

If you had items that were due to be returned during the closure dates, do not worry we have extended the due date on all items. If your membership is just out of date and you are unable to access any of our online resources, please contact Macrooom Library at 026-42483, 930 am-530 pm Tuesday to Saturday or email

from the BorrowBox for adults, young people and parents to help with your emotional wellbeing.

Check out the list for your next read at;

<https://www.corkcoco.ie/en/library-services/healthy-ireland-your-library> If you know someone who is Staying At Home and would like these online resources, please share this information with them while keeping your Social Distance.

For all our **Creative Writers** out there, Cork County Council Library & Arts Service are proud to announce three online writing workshops, beginning April 29th. Declan Burke will explore the crime writing genre with "Criminal Intent". "A time to Write" sees Denyse Woods examining fiction-writing & finally Poet Matthew Geden will offer an insight in to poetry in "A Light to Transform the World". The free evening workshops will run until June and applications are available at <https://www.corkcoco.ie/en/arts/opportunities>. Thanks to the support of Cork County Council and the Arts Council of Ireland, Cork can stay creative and connected.

As part of our Community Support Programme, Cork County Council Library & Arts Service has begun **Housebound Deliveries** delivering **books** directly to the doorsteps of some of its more vulnerable members who are isolating during Covid-19. If any of our senior patrons would like to avail of this service please feel free to contact us at 026-42483 & we will be delighted to deliver to you.

In addition to books we are also delivering **musical instruments** to those cocooning. There are a variety of instruments to choose from, violins, keyboards, banjos, guitars, accordions, mandolins and ukuleles. For health & safety reasons we are unable to provide any wind instruments.

We know not everyone is online so please help spread the word around County Cork if you know someone cocooning at home who misses having a book to read or who would like to try out an instrument.

It's time to **"Spring into Storytime"**. Join us in celebrating the enjoyment of reading together. As you can't visit your local library at the moment, we thought we would bring storytime to you from Irish authors and Irish published Books. Just log onto our Facebook page "Cork County Council Library & Arts Service" and listen to our wonderful stories read in English and Irish by our own Librarians for both the young and old.

All of us here in Macrooom Library miss meeting all our patrons but we look forward to being able to open the doors as soon as it is safe for us to do so. At the moment it is important to Stay at Home and Stay safe everybody. We look forward to seeing you all again soon.

Please follow us on Facebook - Cork County Library & Arts Service and Twitter -@Corkcolibrary for all our up to date news and information.

"Sometimes we need fantasy to survive the reality"

The Minds Journal

Cork County Council has opened up a dedicated **COVID 19 Community Response Freephone Helpline**. This is to help the public to access non-emergency and non-medical services and to provide support and advice. It will operate from 8 am to 8 pm seven days a week on **1800 805 819** Also you can email; covidsupport@corkcoco.ie or Text; 085 870 9010



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Ted Cronin, R.I.P., Middle Square, Macroom, (1928-2020)

By Dr. Con Kelleher



Ted Cronin in his shop in 2015. (C Kelleher).

May 2020 - Unfortunately, Ted Cronin passed away, after a short illness, on April 30th 2020. He is bereaved by his wife, Joan, and his children, Michael, Clare and Catherine (Cathy), his grandchildren and a huge circle of friends and acquaintances, all of whom had such fond memories of him. His funeral mass was watched by many and Clare, in her lovely eulogy, captured his essence. As a tribute, Macroom streets and golf course were lined with friends to say 'Goodbye' to a true gentleman.

While we were blessed to have had Ted so well for so long, we will never see his like again.

I interviewed Ted in 2015 and what follows is a record of those

conversations. Because of modesty, Ted did not allow publication at the time. This was another one of Ted's many virtues which made him so well liked and respected. The family has now agreed to have the article published.

Ar dheis Dé ar a anam dilis.

From an interview in March 2015 - Ted Cronin's, Middle Square and 'Coosey' Hall, Macroom.

Ted and Joan Cronin's drapery shop in Mid Square, Macroom, has traded since 1922. Ted Cronin's father, Michael, a Rusheen man, had served his time as a draper's clerk, and he bought the premises. Michael died in 1942, and his wife, Margaret (néé O'Leary, Ballinagree), took over the business. In 1945, Ted, aged 16, stayed at home and he has served his customers since, a span of 70 years. Joan and Ted are very fit and well, and they have had a long, happy and active life together.

Born at home in 1928, Ted was one of three children, with John the eldest and Rita the youngest. Ted attended the convent and the Boys' National School, where Dick Farrell and Danny Kelleher were classmates. Times were frugal but happy. He spent first year in De La Salle, Macroom and he then went to St. Colman's, Fermoy. Contemporaries were Monsignor O'Donnell, now a golf partner, and the deceased Mick Goold, Canon Bertie Troy, Fr. Abernethy, and Fr. Colman O'Donovan. Although the regime was tough, he was young, and he endured and enjoyed his time there. Hurling was the school's principal game and Ted excelled to the point that, in 1946, he played with Munster Schools in Croke Park and Cork minor hurlers – one of the very few if not the only Macrompian to do so.

Ted's father died in 1942 and having spent 3 and half years away, it was decided that Ted would stay home and run the family shop; he was now almost 17. He is very certain that this was the correct decision and he is very happy that he lived all his life in Macroom.

In 1946, Macroom had a very good minor football team, and under the captaincy of the outstanding Tommy Daly, it won the county championship. Later Ted played junior football and junior B hurling for Macroom and played for Cloughduv when they lost a junior county final to Castlemartyr in 1952.

Davey Hennessey, his cousin, joined Ted in the shop in the '40s and they became a great team, enjoying much fun in their witty repartee. Darrin Ring has been Ted's assistant for many years and Martin McSweeney, Carriganime, has lately worked in the shop. Ted feels he has been very fortunate to have had them both.

As well as being a general drapery shop, Cronin's had a women's section, and this was run by Ted's mother. Unfortunately, Margaret his mother too became ill and she died in 1947; thus, at 19 years, Ted had inherited the family business and had the onerous task of running a very busy shop. He attributes the survival and success of the business to hard work, service, excellent staff and enjoying meeting people. His excellent memory for names and faces, his calm disposure and his enjoyment of people's company have stood him in good stead.

Country people had a great affinity for Cronin's shop and felt very comfortable there. The shop was well renowned for great value, and without divulging trade secrets, he felt that early payment for merchandise held him in good grace with the wholesalers.

Ted married Joan O'Leary, a local lady, in 1955 and they have three children – Michael, an engineer, Clare, a journalist and Catherine who is co-owner of Riverside Park Hotel. Joan had qualified as a pharmacist/chemist and provided 'cover' for Brennans's pharmacy (now a bookie's) in South Square. Joan took over the women's section of the shop and the writer, often much embarrassed, has memories of being sent by my mother to collect various female items. Ted remarked that some Macroom men who married Cork city ladies soon found themselves living in the Western Road! This year Ted and Joan celebrate their 60th anniversary. A shared locality and interests, affection, respect and patience are the ingredients of their happiness.



Main Street, Middle Square in 1961 (Dennis Dinneen).



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Thank You





Macroom Golf Club presentation. Joan Cronin is first on the left and Ted fourth from the left, in the front row.

The shop/house had to be rebuilt in 1965 – renovations were due, and it was easier to knock and build again. This is the only period that the shop was closed for business in 93 years.

Golf has played a big part in Ted's life. Joan's father was a founding member in 1924 and she has been a member its entire existence. It was there she met Ted and they continue to play golf together to this day. Joan was Lady Captain twice; in 1952 as Joan O'Leary, and in 1971 as Joan Cronin. Ted was honoured with the men's captaincy in 1956. Apart from that, he was very active in the committee and oversaw the bar for many years. Together with Seán McSweeney, Richard Goggin, Sam Swanton and others he was very involved in having a new clubhouse built in 1973. Later he was thrilled to see the course extended to 18 holes in 1994 and the fine current clubhouse added in 1997. Ted played his first Captain's prize in 1946 and this year he hopes to play his 70th. The President's prize was initiated in 1964 and he has played in every one since then. Unluckily he has won neither, but he continues to hope. Ted was a very good golfer, his lowest handicap was 6, and he was 'steady' on 8-9 for many years. As well as being champion of the course four times, he and Joan were twice runners-up in the Cork Examiner Munster Open mixed foursomes. With Maura Forde, the 2015 lady captain, he won the club mixed foursome competition in 2013.

Always very fond of dogs, Ted has kept springer spaniels for many years. His brother-in-law, Harry O'Leary (vet/hotelier), deceased, was interested in shooting and used to borrow Ted's dog. As very little golf was played over the winter, Ted had free time and so he took up shooting. This too has become an abiding interest and passion and he can be seen heading off with his gun and his dog for a day's shooting. He has done some fishing and he swims on a regular basis.

There have been many changes in Ireland and Macroom since his youth. He remembers the 'Emergency' 1939-1946, the mass emigration of the '50s, the improvements of the 1960 and 1970s, the '80s recession, the boom of the '90-'00s and again the current downturn. Overall, Ted thinks that life is much better but feels that the viability of small shops is under serious threat. The shopkeeper thrived because he/she gave good service and having a very good rapport with customers; Ted epitomised those virtues. He remarks that nowadays he sees very few people chatting on the street – a reflection of our times. From a local historian's point of view, he was an invaluable source and very generous with his time and knowledge.

The Castle Grounds, for his golf and his walks, was his Mecca, and he was always very content and happy in its environs, and indeed just to be in Macroom.

When Ted was asked about Macroom's past he not only knew the answer almost instantly but was able to put the person or incident in context. A great raconteur, he told his stories with aplomb, insight and fun. He was always able to see the human and humorous sides of situations but always through the lens of kindness and compassion. He had a rare knack of making people feel important and liked.

The good news is that he intends to continue his business and his pastimes for many more years.



Original Macroom Golf Club Clubhouse, (Dennis Dinneen).



Ted Cronin and Dick O'Farrell with a prized catch. (Dennis Dinneen).



Ted Cronin outside his shop in 2015. (C Kelleher).

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St. Mary's Musings

LEARNING DURING LOCKDOWN

Firstly – we would like to say well done to all of our students, parents and staff on another fantastic week of remote learning. We are all so busy with Google Classroom assignments, Loom Videos of Topics and Live Zoom classes. Thanks to all of our girls who are working so well. We are working ahead and keeping on track! Keep up the good work girls!!

We will always remember Thursday the 12th of March when An Taoiseach, Leo Varadkar announced that schools were to close.

These are very strange times indeed for us all. Since the schools closed, we have all had to get used to a very adjusted way of continuing with education. Students and teachers in St Mary's have been using digital technology platforms such as Google Classroom, Google Meet, Zoom and Loom to stay connected and continue with education to great effect. There has been very positive engagement across the whole school community which has helped in no small way by parents and families who are managing to work simultaneously and cohesively from homes which have now become offices and classrooms during the day. Our teachers are running a full schedule of live classes for senior students in all subjects and for our junior students where necessary.

We are very conscious of the effects that this isolation can have on our mental and physical health and so we have been checking in with students on a regular basis to help them in any way that we can. We contact them individually and as groups, with help and suggestions on how to maintain a positive attitude during this challenging time. This crisis has made us all adjust and adapt in ways we may not have imagined beforehand and is a testament to the strength of the spirit and character of our young people. Some of the initiatives we have put in place to support the students in St Marys are as follows.

Our Student Council are holding a Photo Competition called 'My View from a Distance'. They are asking students to submit a picture of a view that they appreciate. The deadline for this competition was Friday 1st May. It is a lovely way to share the views that the girls are appreciating at this time of isolation and social distancing. The Student Council will judge the winning Photo which will be posted on our school Facebook page.

Our Student Council have also recorded a video of positive messages to post on our Facebook page to encourage us all to keep smiling and stay positive.

With all the physical activity challenges that social media is presenting us with at the moment, Miss de la Cour, one of our PE teachers, went about bringing one to St. Mary's. It's called 'The 1 Hour, 1 Class, 1 Teacher Challenge'. Ms de la Cour completed one hour of physical activity and nominated her 2a2 class to do the same during their usual PE class time on last Friday morning. When finished, they nominated Ms.



SAORLAITH O LEARY AND HER SISTER



ESTELLE HICKEY AND HER SISTER SAVANNAH



MARIAN CREEDON



MS DE LA COUR

O' Donoghue to be the next teacher to take on the challenge and to nominate another class in the school. Ms. O' Donoghue completed her Challenge and she nominated The Buddy Group. The Buddy Group completed the Challenge and they have nominated Mrs. Kerrigan. We will all have to wait and see who Mrs. Kerrigan nominates, so dust off the exercise gear because it could be you!! This is a fantastic fun way to encourage us all to stay active and stay connected. Well done to all.

Our lovely Buddies had a zoom meeting with Mentor Ms. O Donoghue recently and they have come up with a number of activities that they would like to try in order to support and help our 1st years while schools are closed. Thanks, so much to our Buddies for being so kind and caring. Hopefully all of our First Years will get involved and enjoy this opportunity to stay connected with their classmates, the activities include:

- Weekly zoom meeting for the individual buddy groups every Monday.
- Snapchat Partnerships - where the Buddies have partnered each first year up with someone in their year group who they are to contact via SnapChat (or using any form of media) during that week.
- Positive List – together the Buddies and first years are going to compile a list of things that keep them happy during isolation.
- Buddy to do list "5 a day" – every morning the Buddies will give the First Years 5 things to do that day, for example, Drink 2 litres of Water,

Walk 2km, Eat 5 pieces of Fruit, Make the dinner with your parents, Ring or Text a family member etc.

- Weekly challenge.
- Kahoot quiz on Zoom every Thursday evening.
- Links to Meditation every Friday.

The school building may be closed but our very talented Trad Group and Ms Queally are finding innovative ways to continue to play together. They will be posting videos of their performances on our Facebook page for us all to enjoy.

Congratulations to Theresa Galvin who was chosen as a finalist in this year's PressPass PhotoJournalism Competition. Well done Theresa.

Congratulations to Aoife O Connell on her charity Head Shave. Aoife's fundraiser took place in school on Wednesday the 11th of March. At that stage she had raised over €2200. Aoife was donating all money raised to Macroom Community Hospital and she donated her beautiful hair to the Rapunzel Foundation. Well done Aoife, you are an inspiration, we are so proud of you.

Finally, just to say that we really miss our lovely students and we cannot wait to be back in the Classroom. In the meantime, remember to Stay at Home and most importantly Stay Safe! We are very proud of you all and we are delighted with how well you have adjusted to remote learning, keep up the good work girls!

"Ní neart go cur le chéile"

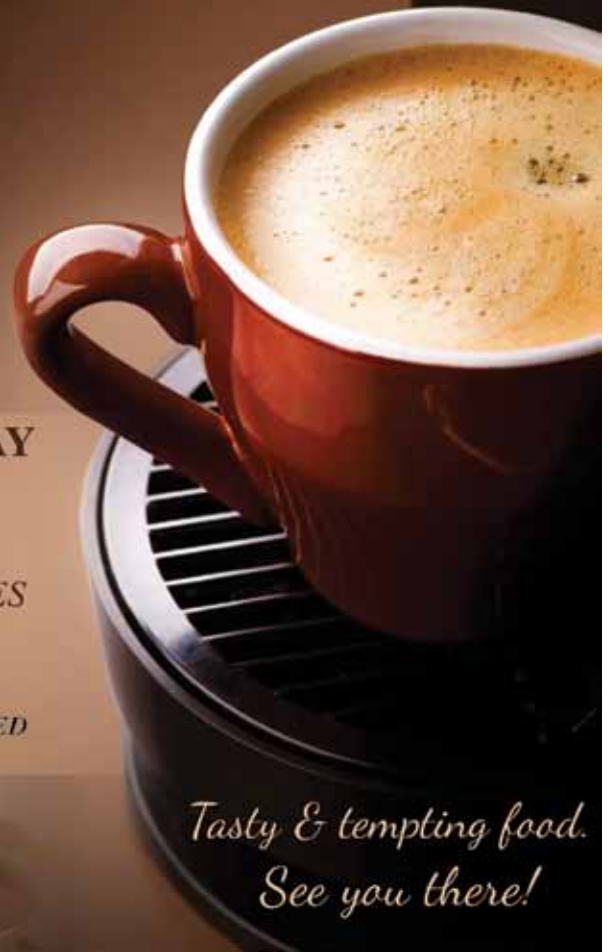
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COVID 19 UPDATE

BY DR. DR CON KELLEHER

Covid News on May 5th 2020.

Unfortunately, Covid is still active in Ireland, and by May 3rd it had caused 1,303 deaths and we had 21,506 confirmed cases.

On May 1st Taoiseach Leo Varadkar announced plans on the easing of restrictions concerning Covid. It was a badly awaited piece of good news about the illness. Included in the plan is that from May 6th cocooners could leave their houses for short period and the radius of travel from home was raised from two to five kilometres. Later, and provided that there will be no setbacks, businesses will gradually re-open, some social activities including sports will re-commence. While certainly not a GAA man, Varadkar's comment about the possibility of playing the All-Ireland senior finals this year drew widespread attention and comment. At least people could see the possibilities, and turned to discussing its merits, for and against. People were talking about pitch activity rather than its absence.

However, before raising our expectations too much about unwinding the lockdown, we should reflect on the facts.

Numbers in Republic of Ireland: (These figures are taken from the Irish Times and refer to the day previous to the day of publication).

	Confirmed Cases	New Cases	New Deaths	No. of Deaths	Deaths as % of No. of confirmed cases.	Deaths in Residential settings
April 3	4,273	424	22	120	2.80	
April 15	12,547	1,068	38	444	3.79	245
April 30	20,833	221		1,265	6.01	
May 3	21,506	330	19	1,303	6.06	

A brief look at the numbers will show that the numbers of confirmed cases has increased by a factor of (nearly) five. This may be due to more testing. As against that not everybody is tested and there probably is a large number of people positive for Covid but nobody knows because they are not. Some experts say that there may be up to 10 times as many asymptomatic carriers compared to confirmed cases. The number of deaths due to Covid has increased by ten from April 3rd to 30th. The % of deaths in relation to the number of confirmed cases has increased from 2.8% to 6.0%. Certainly there are no grounds for complacency. By April 15th more than half of Covid deaths had taken place in residential settings. Other figures are that the median (average) and the median (half way on the scale) ages of victims are in their 80s.

DEVELOPMENTS: Politics.

1. A detailed road map has been published detailing a five staged return to near normality by August 10th. Details are widely available on the media. Intervals are three weeks and progression depend on no adverse outcomes. No doubt many groups and sectors will cry 'foul' at their treatment.
2. Further, the Greens are entering/have entered talks with FF and FG about forming a government but they (the Greens) need a 2/3 majority of members to vote for the agreed terms to allow participation.
3. Tensions were reported between the government and Dr Tony Holohan's committee (NPHT).

Medical.

Medically there are three approaches to tackling the Covid epidemic: Medicines, a Vaccine and Prevention/Public Health measures.

1. Remdesivir, an anti-viral drug, is doing well. According to Prof. Luke O'Neill (Sunday Independent, 3 May 2020) reported that Remdesivir is working on Covid. Dr Fauci, the world renowned immunologist (immunology is the science of the body's defence system) and with the difficult and unenviable task of advising President Trump on medical and scientific matters, made the announcement on Wednesday 29th April, 2020; he said "The data shows that Remdesivir has a clear-cut and significant positive effect". The trial was properly run and had adequate numbers. Fauci was involved in research that changed Aids/HIV from a fatal to a treatable condition. Again one commentator said that Remdesivir is not a wonder drug.

2. Plaquenil/Chloroquin or Hydroxychloroquin, the anti-malarial drug, has received bad press in treating Covid Trials have shown that it may interfere with the heart's rhythm (Prolonged QT) and cause cardiac arrest. Its clinical benefit has not been established. (Journal of Medical Virology, 16 April 2020).

3. Vaccine – see below.

o The status of SARS-CoV-2 vaccine development (Univadis Medical News). The World Health Organization (WHO) has announced that 83 potential COVID-19 vaccine candidates are being assessed, including seven approved for human clinical trials. A report in BMJ highlights what we know so far about possible COVID-19 vaccines.

CanSino Biological and the Beijing Institute of Biotechnology currently has the only vaccine candidate in a phase II trial, which uses an adenovirus vector. However, its phase I trial results are pending. Sinovac's 'PiCoVacc' inactivated-virus vaccine is undergoing a phase I trial and pre-clinical studies report that it confers "complete protection". The Beijing Institute of Biological Products and the Wuhan Institute of Biological Products is also evaluating a candidate, although information is scarce. The University of Oxford, UK, has begun a healthy volunteer study for their ChAdOx1 nCoV-19 adenovirus vector and the SARS-CoV-2 spike protein. Inovio Pharmaceuticals is testing a DNA platform, while Moderna and the US National Institute of Allergy and Infectious Diseases have developed an mRNA-1273 vaccine. The first patients were injected in March. BioNtech and Pfizer have approval for a trial to evaluate BNT162, which involves four vaccine candidates using different mRNA formats and target antigens. Despite these advances, the WHO says, countries should not rely on a vaccine to control this pandemic but also on public health measures.

4. Public Health Measures. This is by far our most effective and proven weapon so far. Hopefully the easing of restrictions will not increase the rate of Covid infection. We still need to practice social distancing, hand hygiene, coughing and sneezing protocols etc. I note on the road that mask-wearing when shopping will be on the agenda. It begs the question that if it will be good then, why is it not good now? Czechia/The Czech Republic, with compulsory mask-wearing, has had, compared to its neighbour Austria, very good outcomes. Taiwan also saw great benefits from wearing masks in public.

Message:

1. There are no 'magic bullets' on the immediate horizon.
2. Proved, effective and safe vaccines are some way off.
3. We need to continue to do what works, that is to observe the current public health advice while minimizing the personal and economic damage as much as possible.

Take Care and Stay Safe.
Dr Con Kelleher.

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Is it time to reimagine Home?

By **Niall Healy MCIAT MCABE** Director of Killarney-based award winning architectural practice, **healycornelius design Ltd.**

Have you noticed, in the past number of weeks, how your home completely transformed to become the school, the office, the gym or even, via a Zoom chat with friends on a Friday night over drinks, the pub?

We are all currently experiencing an enforced change of lifestyle. It has been necessary to reimagine the domestic interior to accommodate the ever-expanding set of facilities needed for our lives at the moment. 'Homework' has become 'home schooling' and 'working from home' simply 'working' with each requiring a reimagined space within our home. Had the pandemic we are now experiencing occurred 30 years ago the possibilities that our homes now offer would have been constrained by the limits of connectivity at the time.

Over 10 years ago we had an office in the city. At that time, we were being challenged by the impact of the financial crisis. To find a way forward, I was reading various pieces on business development, and one line resonated, it was, 'work is what you do not where you go'. With this in mind, I remember looking at an unused and unloved space at the end of our garden and decided we would build an office at home. For over 10 years this is largely my place of work when not in our office in Killarney which we since established in 2015. What we have discovered over the years is the office at

the end of the garden has, from time to time, become the spare guest room, the gym and the occasional karaoke club with friends on a Sunday afternoon.

With the current lockdown many companies are placing the resilience and flexibility that technology offers into sharp focus. The benefits of a flexible approach to work will, without doubt, allow a different lifestyle to emerge. As we move back to a 'normal' life it will be interesting to observe how attitudes towards home and work will shift. The benefits of removing the commute to the office will allow more time with family and domestic life. Think of the reduction in our carbon footprint alone, if we collectively reduced commuting miles by 20% or 40% by working from home one or two days per week.

As the lockdown experience has required us to reimagine Home, perhaps we can learn some lessons, and appreciate that 'less is more'. Equally, finding the balance between Work and Recreation is also especially important to maintain a balanced life. Carving out a space as a sanctuary, a space for mindful quiet reflection and exercise is also an important aspect to create a quality of life that enhances physical and mental wellbeing. Perhaps, in reflection of our current experience of this very unusual time, we can reimagine how our Home can serve us in a more holistic way.



Creating a garden workspace can add a new dimension to your home.



Creating a courtyard garden as a sheltered space to enjoy outdoor living



Designing in architectural details, like a beautiful window seat, can create a small sanctuary space within your home.

<https://www.facebook.com/165599806880103/videos/218167706080340/>



#KeepYourDistance

#StaySafe #StayPositive



HAVE YOU A NEWS STORY?

Contact the Editor - Tel: 026 - 42023 or Email: leevalleyoutlook@gmail.com

COVID-19 and how it affects Planning Permission

Q&A with Michael O'Keeffe BSc(Hons) MCIAT MCIQB C.Build E MCABE Chartered Architectural Technologist and Director of Kerry-based award-winning architectural practice, healycornelius design ltd. Councillor for the Republic of Ireland Centre CIAT Executive Board Trustee CIAT

In response to the current COVID-19 pandemic, the Minister for Housing, Planning and Local Government issued an order on March 25 which has affected applications for Planning Permission. The order introduced restrictive measures which allows planning departments to pause the progress of planning applications.

This order took effect from 29 March and was due to end on 20 April but has been extended by an additional 19 days, up to and including 9 May 2020.

What does this mean?

A planning authority will now have the normal period of eight weeks, together with an additional period of up to six weeks i.e. up to fourteen weeks in total, to determine a planning application.

Can I submit a Planning Application during this period?

Yes, Local Authorities will continue to register, validate, and upload new applications as

resources allow but, for now, will generally not be processed beyond that.

But my Planning Application has already been lodged - what happens now?

Applications already in the system and where the 5-week period for public submissions has passed – these applications can be processed to a decision. However, the period for deciding these applications may be extended by a further 6 weeks (i.e. if a decision is due 27 April, it now becomes due on 8 June).

As for applications in the system that are still within the 5-week consultation period – these applications cannot currently be processed to a decision as the consultation period has been extended (i.e. if the application was submitted after 29 March 2020, the 5 week consultation period now commences on 10 May 2020, meaning the earliest a decision could be made would be 15 June 2020).

Does the emergency legislation affect other planning processes?

Yes, the extended time periods also apply to Development Plans, Planning Enforcement and Planning Appeals (An Bord Pleanála).

What if I decide to wait until the restrictive



Michael O'Keeffe



A typical example of a single-storey rear extension in ROI, 40 m² or less, that can be added to a detached home without requiring Planning Permission. There are several ways your home can be altered or extended without requiring Planning Permission.

measures are lifted?

The statutory planning timeframes will apply as normal, however the planning authorities will have to manage the backlog resulting from the measures introduced in the emergency legislation. It's best to get in the queue as early as possible as a 'first come, first served' policy applies.

Can I extend and alter my home without requiring planning permission?

There are a number of extensions and alterations you can undertake to your home and within your boundary that can be built without needing Planning Permission. When considering extending or altering your home, it is a good strategy to get professional advice

to understand what can be achieved before planning permission is required. With the clever use of space, permitted development may be sufficient to meet the needs of your brief.

Why not contact us to discuss any plans you may be considering to extend or alter your home and we will guide you through the process. Go to our website (healycornelius.com) or our Facebook page to request a FREE 30-minute online consultation via Zoom or Skype. We are happy to discuss your plans with you and assist in pointing you in the right direction to take your project forward.

Irish Govt should champion EP Agri vote to extend CAP by two years at EU Council - Kelleher

Ireland South MEP, Billy Kelleher has said that yesterday's vote by the European Parliament's AGRI Committee to extend the current CAP rules by two years, and to demand a stronger budget should be taken up by the Minister for Agriculture and championed at EU Council level.

The Fianna Fáil MEP was commenting after the Agriculture and Rural Development Committee voted on a report put forward by his Renew Europe colleague, Elsi Katainen from Finland that extends the current Common Agricultural Plan by an additional two years to give stability and certainty to farmers.

"Importantly, the report passed by the Committee also calls for a strengthened budget. This is something that is desperately needed by rural communities - not only because of depressed prices but also because of the economic hardship that the Covid-19 pandemic will bring.

"Farmers want and need regulatory stability and financial certainty if they

are to invest in their futures, and also protect their livelihoods. Now more than ever, food security is on the agenda - without farmers, there is no food let alone security.

"This decision will only matter if it gets approved swiftly by the Council, and I am calling on Minister Michael Creed, the current Irish Agriculture Minister, to take up this opportunity and seek support from across the other 26 member states.

"Right across Europe, farmers and rural communities are suffering. Not only do they need to know what rules will apply to them from the 1st Jan 2021, they also need additional funding. If we want farmers to help deliver a climate-neutral Europe, they need to be in a financially strong position – this proposal gives that ambition hope.

"The European Parliament has done its job. It's now up to national governments, Ireland included, to do theirs," concluded Kelleher.

FUNDRAISING: Millstreet Ambulance "Brave the Shave" on the 6th of May

Four front line Paramedics in the National Ambulance Service Base in Millstreet Co. Cork have decided in the interest of safety, hygiene, desperation and a little touch of madness to shave their heads for charity. Pat Larkin, Pdraig Healy, Peter Madarasz and Domhnall Mac Aodha created the fundraiser to generate goodwill, positivity and fun in the ongoing Covid-19 Pandemic crisis. These Lee Valley natives realised that as a frontline service, they have a lot to be thankful for and there is always someone worse off than they are. Each paramedic has nominated one charity each that is special to them and will divide the proceeds to each charity equally. "Braving the Shave" will take place on the evening of Wednesday the 6th of May, live at Millstreet Ambulance Base. The group would appreciate any sponsorship and donations with gratitude to help them in their goal to raise as much funds as possible for these very worthwhile charities.

The four charities we have chosen to donate to are,

- The Irish Guide Dogs for the Blind
- Marymount Hospice
- Cork Penny Dinners
- Crumlin Children's Hospital

Donations can be made via:

https://www.gofundme.com/f/millstreet-ambulance-base-brave-the-shave?utm_source=customer&utm_medium=copy_link-tip&utm_campaign=p_cp+share-sheet

Even though targets and expectations have been massively surpassed, any help would be greatly appreciated in the run up to the event itself for the last big push. Thank you so much in advance for any help you may be able to offer. Any more information you require, please don't hesitate to contact Pdraig on 0879422615.

Aghinagh Macra; Báile Mhuirne/Cúil Aodha

€25,565 raised in aid of Kevin Bell Trust Fund

Proceeds from the Charity Auction which was held in aid of the Kevin Bell Trust Fund in the Abbey Hotel, Ballyvourney on the 15th February, 2020 and organised by the Cork Limousin Club raised €25,565.

The Kevin Bell Repatriation Trust has helped over 800 families since 2010 after Kevin Bell was killed in a hit and run accident in New York. It was set up by Kevin's father, Colin Bell.

The trust helped us with the repatriation of our son Timothy in 2019.

Due to Covid-19 no official presentation of the cheque was able to take place. The €25,565 was lodged to the Kevin Bell Trust account on the 23rd March, 2020

Timothy's family, Tony, Bernie and Anthony Kelleher from Ballyvourney wish to thank the Cork Limousin Club for their help and support for organising this Auction, to Jerh O'Sullivan Auctioneer for doing an excellent job on the night and thanks to everybody who kindly contributed items and cash, to those who attended the auction and who supported the event in any way in helping to raise this enormous amount of money.

Leabharlann Bhaile Bhúirne

We are still closed but we are working at providing you with an alternative library service to that which you might be more familiar with. We introduced our book delivery service for those who are cocooning or isolating and now musical instruments have been added to this service. You might have played an instrument in the past and would like to rekindle that interest or you might just like to try something completely new while you're cocooning at home and find yourself with time on your hands.

Cork County Council's free musical instrument loan scheme 'A Sound Initiative' has a selection of musical instruments available to borrow and which can be delivered safely to your home via the Council's housebound library service. The variety of instruments to choose from are violins, keyboards, banjos, guitars, accordions, mandolins and ukuleles. For health and safety reasons we're unable to provide any wind instruments.

Contact your local branch or Library HQ on 021-4546499 to enquire about a delivery of either books or an instrument to keep those of you who are cocooning entertained while staying at home. If you are not a library member you can join online at www.corkcoco.ie/en/library-services/library-online or over the phone.

Are you looking for something to do to keep the whole family entertained? While you may not be able to visit the library at the moment, why not build your own! We are inviting people of all ages – to build your own miniature library out of recycled materials that you can find around your home and then to email a photo of your library to us and include your name and location to corkcountylibrary@corkcoco.ie. These will then appear on our social media pages! We are looking forward to all your entries!

To keep up to date with all that's going on in Cork County Library at present please visit our Facebook page @corkcocolibrary. To explore all the online services that are available including eBooks, eAudiobooks, eMagazines, eNewspapers, online learning, research and languages visit our web site www.corkcoco.ie/en/library-services. To join the library please follow the instructions on www.corkcoco.ie/en/library-services/library-online You can also catch up with us on twitter @corkcocolibrary

In addition to the Cork County Council Covid-19 Community Support Programme available on 1800 805 819 and in response to the increased need for online services Cork County Council has added a new feature to their online customer service portal YourCouncil.ie available at www.YourCouncil.ie. This latest facility, 'Your Local Services', gives Cork County citizens a comprehensive list of locally available Council services and contact details, including information on the nearest civic amenity site, fire station, local engineering office and library, with contact details and more.

The 'Your Local Services' is the most recent feature to be added to over 120 services available on the YourCouncil.ie portal and was developed by Cork County Council's in house Service Design Team in response to the increased demand for online service offerings since the emergence of Covid-19. Since the beginning of March, the [YourCouncil.ie](http://www.YourCouncil.ie) service has seen over 800 new registrations and almost 170,000 page views, at a time where accessibility and online services have become an increasingly vital part of everyday life.

Tá gné nua curtha ag Comhairle Contae Chorcaí lena dtairseach seirbhíse do chustaiméirí ar líne YourCouncil.ie. Tugann an tsaoráid is déanaí seo, 'Do Sheirbhísí Áitiúla', liosta cuimsitheach ar fáil do shaoránaigh Chontae Chorcaí, de sheirbhísí agus sonraí teagmhála na Comhairle atá ar fáil go háitiúil, lena n-áirítear faisnéis ar an láithreán conláiste cathartha, stáisiún dóiteáin, oifig

innealtóireachta áitiúil agus leabharlann is gaire, le sonraí teagmhála agus go leor eile.

Is é seo an ghné is déanaí atá le cur le níos mó ná 120 seirbhís atá ar fáil ar thairseach YourCouncil.ie agus d'fhorbair Foireann Dearaidh Seirbhíse Intí Chomhairle Contae Chorcaí í mar fhreagairt ar an éileamh méadaithe ar thairiscintí seirbhíse ar líne ó thosnaigh Covid 19. Ó thús mhí an Mhárta, tá os cionn 800 clárúchán nua agus beagnach 170,000 amharc ar leathanaigh ar an tseirbhís YourCouncil.ie. Sna laethanta seo tá sé rithábachtach den saol laethúil go bhfuil inrochtaineacht agus seirbhís ar líne.

Tá tairseach seirbhíse do chustaiméirí ar líne Chomhairle Contae Chorcaí ar fáil ag www.YourCouncil.ie

From the File of Leabharlann Bhaile Bhúirne Creative Writing Group.

MISCHIEF

We were great friends and couldn't wait to meet up after school as usual. Ideas for fun might come from something we heard in school, or something we read, or something seen on television that could develop into an adventure of some sort. Television itself was limited and news of the troubles up North was common, but the odd image would catch our mind's eye. Having an equal level of imagination and merging interests we made our own fun, as two twelve-year-old boys.

Our usual activity was playing with our bikes. They were refurbished machines we assembled from old frames, old wheels picked up somewhere, homemade handlebars, and bits of brakes that never seemed to work, to make up what we thought were better than anything new in the shop. They made for fantastic fun, especially when something failed at a critical maneuver. Walking home before dark dragging the bikes behind us was a great time for a chat. We would make plans for the next day to continue a particular trick that wasn't entirely mastered, or more likely one that flopped due to mechanical failure. We would go our separate ways to go home to our dinner and some homework, happy with our few hours play.

Almost all the houses in the estate had televisions with one channel, so we all watched the same thing. I recall being allowed up to watch the news before bedtime. The petrol strike was to continue and my Dad's store of petrol in the corner of the garage next to the house was more important than ever. Politics was over my head at that young impressionable age, but I was very taken by the troubles in the North. We all got to see the black and white images and grainy video footage of the street battles.

The images of the petrol bombs kept playing in my mind as I cuddled up for sleep and I wondered what my buddy would think, he no doubt would have seen the same on the television.

As expected, when we met up the next day, we were on the same wavelength. We had to make a petrol bomb.

We figured the principles were simple. Fill a glass bottle with petrol and attach a cloth rag as a fuse. You would light the fuse and throw the bomb at the enemy where the glass would smash into pieces and the petrol would explode just like on the television.

We worked as a well-trained team. The glass bottle and rag were no trouble to source, and we reckoned the few drops of petrol wouldn't be missed from my Dad's store. We even had a funnel to fill the glass bottle. I opened the five-gallon plastic drum of petrol and, while my best friend held the funnel, we filled the bottle to the brim with petrol. The rag was rolled up and stuffed into the top of the bomb and to make sure the rag would act as a proper fuse we doused it in petrol. We were ready to test our petrol bomb. My fellow soldier had the matches.

I can't remember which one of us lit the match, but I remember the sheer panic that struck us both. The fuse lit up and in an instant we realised we had nowhere to throw the bomb. In the heat of the moment the bottle was dropped to the concrete floor and petrol spilled across the garage floor. The flames flooded our thinking for an instant and we both froze, only to see that the flames travelled rapidly across the floor towards the stored drums. Mother of God, the top was left off the drum we used to fill our bomb and the flames had reached the side of the vessel, licking their way up to the open mouth of the looming explosion that would burn my house to the ground.

In the moment of fight or flight we acted together, to save my house, and pulled the nearby blanket from which the fuse was torn to quench the flames around the petrol drum and after what seemed an eternity we smothered the fire for good. It was going to be hard to explain the black flame shaped marks on the garage wall and, worse than that, the loss of some precious petrol. Mischief indeed.

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Clondrohid Commotions

CLONDROHID LIVE: Weekday Mass continues at 9.30am with Sunday Mass at 10.30am and evening rosary and benediction at 7.30pm on U Tube Clondrohid Church Live. Please note change of time of evening prayer.

FAMINE GRAVEYARD: Unfortunately the annual Carraig a Staighre Mass will not be held this May, but Fr. Joe will be offering the Mass on Monday May 11 in remembrance of all those buried in the Famine graveyard, it's the usual weekday Mass that you can get on U Tube at 9.30am. On Tuesday May 12, the Mass will be in memory of all those buried in the main Parish Graveyard old and new.

AN SCEAL FEIN: You may remember there was to be great celebrations in Carriganima to commemorate An tAthair Peadar in April but unfortunately the Virus arrived and all events were cancelled. But the book was published and is now available from Cait Ring on 0868736614 and at Healy's Spar, M & J Kelleher Oils, Macroom Post Office, and Joe O'Leary Carriganima. Anyone wishing to have a book delivered is welcome to contact Joe on 086 8090349. Some good reading in these unusual times.

EXERCISE ON RTE 1: For all those cocooning, and those who are not able to exercise as they would like, tune in to Ray & O'Shea Fitness 15 on RTE1 at 2.20pm Monday to Friday for 15 minutes. Exercises that can be repeated as often as you feel comfortable with in your own home.

IRELAND REMEMBERS: Families can pay tribute to loved ones who died due to Covid 19. RTE is working with funeral directors around the country to create a website that will allow families to pay tribute to and remember loved ones who have died during the Covid 19 pandemic.

Family and friends will be able to submit a picture of their loved one and a caption with their name and address, which can then be accessed online. It will give society a chance to remember at a time when as a community we haven't been able to come together. For more info log on to www.rte.ie/ireland/remembers

DARKNESS INTO LIGHT BALLYVOURNEY: To mark the postponed Darkness into Light event you are asked to join Ballyvourney for 'Cupan tae ag breacadh an lae' on Saturday May 9 at 4.30am.. All funds raised are for Pieta House, a

service that urgently needs funds at the moment.

To participate all you have to do is 1 Wake and watch the sunrise over a cup of tea at 4.30am!!!! 2 wear a yellow t shirt if you have one. 3 Take a picture and tag the Ballyvourney Darkness into Light page on Facebook and Instagram. 4 Donate by following this link.

MACROOM MASSES AND HEALING CERMONY: To access this service log on to www.churchservices.tv/macroom

TOGETHER 4 CANCER CONCERN: Organisations providing cancer support have joined forces to create a new service aimed at patients trying to navigate life through their illness during the Covid 19 crises.

Cancer patients are used to living with uncertainty from the time they are diagnosed. The emergence of Covid 19 has added another layer of stress as cancer patients know that they may be in a higher risk group if they develop the virus. Added to this are the effects of isolation and cocooning. Together 4 Cancer can be reached through the Irish Cancer Society's Nurseline on 1800 200 700.

CLONDROHID DEV GROUP: They wish everyone in the parish good health. Keep safe, hopefully life will be more normal from August.

It has come to our attention that dumping rubbish on the side of road is increasing. Please refrain from this dirty habit.

Also a lot of take away boxes have been found. Remember you are one of the lucky ones who can travel to get a take away, the person picking up your leftovers on our country roads is not able, so please refrain and take your rubbish home with you and dispose properly.

CORONNA VIRUS:

The history books will talk of now,
That time the world stood still,
When every family stayed at home,
Waved out from window sills
At those they loved but could not hold,
Because they loved them so.

Carriganima News

A trip down memory lane - Commemorative Famine Walk in 1992 - PoC

A commemorative publication, Ar Sceal Fein, compiled to mark the centenary of An tAthair Peadar O Laoghaire, who died on the 21st March 1920, is now on sale.

Copies of the books can be obtained from Cait. Ring on 0868736614, Healy's Spar, M & J Kelleher Oil's, Macroom Post Office, and Joe O' Leary Carriganima.

A Road to Remember - Macroom Walk Brochure 1992



Uibh Laoire Notes

Retirement: After 38 years of unbroken service, Dermot Kelleher has retired as a postman for the Inchigeela area. Better known as Derry, he comes from a family where in the past, four generations of Kellehers have been postmen in our area - his grandfather Neilus, his uncle Donal, Derry himself and his son Timothy. After secondary school in Scoil Mhuire, Ballingearry, Derry, studied animal husbandry and later took over from his uncle on the farm in Carrignacurra where he resides today. Derry combined farming with being local postman and over the years he has worked hard and become a respected cattle breeder, winning many accolades during that time. He has taken a very active part in the support of farmers and farming and among the posts he has held are ICSA West Cork Chairman, Munster vice President of the ICSA and he last year contested the job of ICSA National President. We will miss his daily visit and the cheerful chat at the door with our affable postman. Thank you, Derry, for many years of sound service. We wish you a happy, enjoyable retirement and best wishes to wife Mary and family.

Quiz: The 3rd Family Quiz was held in Béal Átha on Saturday night and again was a great success. Over €470 was created by the fundraiser and more importantly everyone enjoyed a community activity while keeping safe. Sa chead áit bhí Muintir Duinnín an tSraid, san tarna h-áit bhí Muintir Chreimín an tSráid agus roinneadh an triú áit idir Muintir Seartan, Inse Beag, Colmán agus Eibhlín sa tSráid agus Muintir Concannon Inse Mhór. Is slí álainn chun muintir na háite a thabhairt le chéile. Moladh mór tuille ag aibh go léir.

Recipes for Good Cause: In the last issue I wrote of my happy encounter with the baking products from Katy Lucey's Gougane recipes. Since then Katy and her family have turned her recipes into a fundraiser for the charity ISPC Childline by giving you 15 family recipes to download for a small donation to the children's charity on the internet. All donations are channelled directly to the charity through the idonate site. It is a most commendable idea. The target was €5,000 but as I write it has more than captured the imagination of the public and has soared beyond that figure already. Well done all.

Archive: While browsing the internet recently I saw a lovely old TV programme on Ballingearry of about 50 years ago. Uibh Laoire people and anyone who knew the village in the past, I think will enjoy it. Search for it with "Fód an Chultúir Beal áthan Ghaorthaidh You tube"

Thank you: Times like these help us to appreciate all the local services and workers on whom we depend so much and who often we have taken for granted every day. In Uibh Laoire I'm thinking of the Gardaí, the postmen and postwomen, the trades, the farmers now busy with the tillage, lambing etc. Let's not forget all those locally who have volunteered to help us, like Joan in Inchigeela, who is making face masks. Let's show our appreciation to Denis in Toonsbridge, Catherine and Tom on Inchigeela and Frank and Eileen in Ballingearry and their staff who have kept their shops open during the pandemic. Thanks to Creedon's Hotel and Gougane Barra Hotel who have provided take-away meals. Thanks to the young people who have followed the advice and stayed locally.

"Ní neart go cur le chéile"



Eugene is greeted by Joan O'Rahilly from Shanbally, Knocknagree. Pic: Brian Lougheed



Eugene is seen here delivering a box of books to husband and wife, Mary Anne and Pat O'Brien from Knockardbane, Lils Carroll.



Tales from County Cork in the time of Coronavirus



Gentlemen line out at the "Ladies Go Bare" at the Castle Hotel in 2012. © Peter Scanlan

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Citizens Information

KNOW YOUR RIGHTS: COVID-19 AND FUNERALS

This news item was posted on April 3, 2020

If someone close to you has just died, or you know someone who has recently been bereaved, you may have concerns about planning the funeral during the COVID-19 pandemic. We have put together some information about wakes and funerals.

After a bereavement, you should contact your preferred funeral director as soon as you can. During the COVID-19 pandemic, funeral services will remain open as they are an essential service. Funeral directors and undertakers deal with the burial or cremation arrangements. Your funeral director will have the most up-to-date information and know the details of procedures during the pandemic.

Wakes, in homes or in funeral homes, are not advised during the pandemic.

Close family members can still attend funeral services burials and cremation provided the social distancing rules are respected. This relates to all funerals, including those of people who have died of COVID-19. There should not be more than 10 people in a church or at the graveside. This number may need to be smaller in small closed spaces and local churches may have other restrictions.

The Health Protection Surveillance Centre advises close contacts and relatives of the deceased to use their own transport to attend the funeral, where possible.

The Irish Hospice Foundation have suggestions about how to support family members through grief and remembering people we have lost during the pandemic. Following the funeral, you can arrange a memorial service for a later date when restrictions have been lifted. Visit hospicefoundation.ie or call (01) 679 3188.

Information for those affected by bereavement (pdf) is a publication for people who have been recently bereaved. It provides information and advice on practical and material matters that arise following a death. It includes information on what to do immediately after a death, possible social welfare entitlements, tax, financial and legal issues that may arise and where to go for further information and support. You can visit citizensinformation.ie to download a copy.

During the COVID-19 pandemic, Macroom Citizens Information Centre is offering a phone and email service.

Know Your Rights has been compiled by Macroom Citizens Information Centre which provides a free and confidential service to the public. Address: South Square, Macroom, Co.Cork
Information is also available online at citizensinformation.ie and from the Citizens Information Phone Service, 0761 07 4000.

Macroom Helpline: 0761078430 email: macroom.dc@citinfo.ie

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Macroom GAA

Macroom GAA Club Supports Macroom Nursing Homes.

Covid 19 virus has dominated Ireland in almost every way for the past few months. Our hospitals and our nursing homes have been at the frontline in the battle with the dreaded virus. In Macroom, quietly, professionally and determinedly Macroom Community Hospital, Care Choice Care and Cahereen Care Centre have been operating in the teeth of the crisis. Residences like these care for the most fragile and vulnerable in our society.

By April 15th more than half of all Covid-related deaths had occurred in residential care and this gives an idea of the scale of their task. Further the extent of the effect on Residential Centres was initially underestimated and some centres were left short of Personal Protective materials, other medical resources and support which increased the risk to patients and staff. All this raised the stress on patients, their families, and staff members who already had very difficult work.

As a show of solidarity and support, and with prior arrangement and agreement, Macroom GAA Club members visited the forecourts of Care Choice and Cahereen on Sunday April 12th. There was a very good turn out and those present scrupulously observed social distancing. It was heart-warming to see former and current players, older and young, present as well as parents and supporters. Mark O'Sullivan was the main organizer and he received enthusiastic support for his efforts. Colman Corrigan spoke eloquently on behalf of the club and expressed the club's respect and appreciation for the work being done and to thank them for their dedication and valour. Pat O'Connell sang 'Mountmassey' - most often heard when in happier times celebrating victories and the setting made it both powerful and poignant. Flowers and chocolates were presented as tokens of regard. The patients and staff appreciated the support and Ms Catherine Buttimer, Director of Nursing in Care Choice, replied in reply. She outlined the difficulties they had had to endure, which included the especially hard ban on visits of relatives and friends, the dedication and excellence of her staff and the importance of public recognition and support for their efforts. This is a community problem and needs a community solution.



Macroom GAA members in Care Choice (Macroom) forecourt. © Con Kelleher



Ms Catherine Buttimer, Director of Nursing, Care Choice speaking. © Con Kelleher

Patients and staff appreciated the gesture of solidarity and support. Since, some club members have done work like grass-cutting for the Homes. The club's support was pledged and will continue as long as it is needed. Feedback suggests that morale was raised by the action. People working in our hospitals and care centres are real heroes and are justly getting the recognition and validation they so richly deserved. We thank you for your work and we will continue our support.



Residents of Care Choice. © Con Kelleher



Canovee U 21 Champions 2013 © Peter Scanlan



Kilmurry says farewell to Fr Teddy O'Sullivan in 2005 © Peter Scanlan

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The following conditions will continue to apply:

- Black bag waste for disposal should have the bag tied securely and then placed into a second bag and tied before arrival at the Civic Amenity Site.
- No commercial vehicles or trailers will be allowed access
- Only one person per vehicle can enter the site
- All customers must place the waste into the receptacles themselves. Civic Amenity operatives will not be able to assist
- Payment for black bag waste will be €4.00 per bag with maximum of 3 bags permitted. Weighing will not be possible as it increases the handling required
- Customers must bring the exact payment i.e. €4, €8 or €12 depending on the number of bags
- Physical distancing of a minimum 2m must be observed at all times
- Sites will not be accepting garden waste, timber, metal waste, bulky items, waste electronic equipment (WEE), oils or paints

Due to the reduced range of recyclables being accepted, the normal €3 entry fee shall be waived for the period of the current health protection measures being in

place.

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Cork County Council's Covid-19 Community Emergency Fund Scheme Announced

Cork County Council, as part of its COVID-19 Community Support Programme, has launched an emergency fund for groups across County Cork assisting in the response efforts to the COVID-19 emergency. The dedicated fund of €116,277 is part of a programme of measures developed by Cork County Council in collaboration with statutory, voluntary and community organisations who are leading the response at a local level. Groups and organisations are invited to apply via an easy online application for the fund which is part of a national Community Emergency Fund of €2.5million from the Department of Rural and Community Development. The fund aims to support exceptional one-off costs incurred by community and voluntary groups involved in the response to the Covid-19 crisis. In acknowledgement of the phenomenal contribution of the community and voluntary sector during the COVID-19 pandemic, priority is being given to groups involved in the front-line delivery of community response work. Cork County Council's online application is now open at www.yourcouncil.ie. Community groups can apply until 5pm on Friday May 8th 2020. For more information, please contact the Cork County Council Covid-19 Community Support Programme at 1800 805 819 or email covid19support@ckccoco.ie.



SPORT HISTORY

MJK OILS Mid Cork Junior Hurling Championship 2014-2019

The outstanding team of the Mid Cork hurling championship for the past six years has been Cloughdub, who won five divisional championships, took the county title as well in 2018, and then won the Mid Cork with the club's second team in 2019.

Kilmichael and Blarney have each appeared in two finals in the period and Ballinora won one title and provided stiff opposition to Cloughdub on occasions over the period.

2014**Cloughdub 1-16 Kilmichael 1-9**

Strong favourites Cloughdub duly won their 21st Mid Cork crown when they defeated Kilmichael, appearing in their first ever A final at Coachford. Kilmichael never gave up on a day when things did not go their way.

The Cloughdub goal came in the 28th minute when the sides were level at 0-5 each and was an opportunistic effort from Brian Ahern who was on hand to whip to the net when the sliotar came down off the upright. Kilmichael had been holding their own and the concession of that goal was a major set back.

Cloughdub led by 1-6 to 0-7 at the break but on the restart did surge ahead and looked the better hurlers at this stage. They could not break through for a goal however as Stephen O'Leary was outstanding for Kilmichael in goal and outside him James O'Leary gave a superb exhibition of full back play.

Dave McCarthy and Darragh Ring had early Cloughdub points, Conor Cotter replied for Kilmichael. Darragh Ring pointed for the winners in the 7th minute, Darragh Foley pointed a Kilmichael free, Ring and Foley swapped points from frees, 0-4 to 0-3 at the end of the first quarter. Ring and Conor Cotter now exchanged points from play and Darragh Foley pointed a 25th minute free to level the scores. The goal from Brian Ahern followed and an injury to Peter Kelleher after a very rash stroke caused a delay for treatment after which Darragh Foley pointed a free and Joe Ryan had a point from play to leave Cloughdub two points clear at the break.

On the restart, Peter Kelleher cut a sideline ball over the bar but points from Brian Ahern and Dave McCarthy raised a one goal gap between the teams and Joe Ryan's point in the 36th minute made it 1-9 to 0-8. Trevor Tobin had a point for Kilmichael but Cloughdub had points from Joe Ryan, Brian Ahern, Darragh Ring and Donal Corkery to put themselves in a very strong position, leading by 1-14 to 0-9 with less than ten minutes remaining. Finbarr Dromey revived Kilmichael hopes with a kicked goal in the 26th minute but Cloughdub were masters and had late points from Joe Ryan and Sean Curzon to end the scoring.

Cloughdub: Jonathan Buckley; William Ahern, Aidan Ahern, Paul O'Sullivan; Andrew Cronin, David O'Leary, Aidan Murphy; Ger Ahern, Darragh Ring; James McCarthy; Brian Ahern,



Kilmichael 2014

Sean O'Connor: Dave McCarthy, Joseph Ryan, Donal Corkery. Subs: Michael Deasy (42), Liam Long (55) and Sean Curzon (58).

Kilmichael: Stephen O'Leary; John O'Riordan, James O'Leary, Dermot O'Riordan; Donal O'Brien, Finbarr Buckley, Luke Hennigan; Simon Foley, Conor Cotter; Colm Dromey, Peter Kelleher, Miceál Masters; Darragh Foley, Kieran O'Leary, Brendan Cotter. Sub: Trevor Tobin (33), Finbarr Dromey (50), Cian Dromey (50), John O'Mahony (52).

Referee: Mr. Miah Moynihan, Grenagh.

Man of Match Award: Andrew Cronin, Cloughdub.

2015**Cloughdub 0-20 Blarney 0-9**

The 2015 Mid Cork Junior A Hurling final at Coachford was a very poor game watched by a very moderate attendance which got little enough value for money. After ten minutes it was 0-3 apiece but Cloughdub led by 0-9 to 0-4 at the break and on the restart, Cloughdub quickly added five more points to their tally, 0-14 to 0-5 the score after 45 minutes. The final whistle was greeted with relief by most people at the game.

Scorers: Cloughdub: J Lucey 0-6 (0-3f), J Moynihan, J Ryan, D O'Sullivan, B Ahern, S O'Connor 0-2 each, D Corkery, B Verling, M Walsh and T McCarthy 0-1 each. Blarney: MJ Shine 0-3 (0-2f), E McCarthy, A McEvoy 0-2 each, D Cremin and K Cremin 0-1 each.

Cloughdub: Cormac O'Driscoll: James McCarthy, Aidan Ahern, Liam Long: Aidan Murphy, Liam Kelleher, Andrew Cronin: Sean Curzon, Denis O'Sullivan: Donal Corkery, Brian Ahern, Colm Ryan: Joseph Ryan, Jerry Lucey, James Moynihan. Subs: Seán O'Connor, Mark Walsh, Brian Verling, Tadhg McCarthy, Ger Ahern.

Blarney: Richard O'Shea; Stephen O'Brien, Daniel Cronin, Vince O'Mahony: Donal O'Neill, Seán Twomey, Alan McEvoy: Seán Crowley, Stephen Sheedy: Eugene McCarthy, Craig Sykes, Owen O'Connor: Michael John Shine, David Cremin, Darragh Kelly. Subs: Ross McNamara,

Paul O'Connor, Kevin Cremin, Dan McSweeney, Eoin Mullane.

Referee: Mr Diarmuid Kirwin, Éire Óg.

In the County Junior A Hurling Championship Final Replay, Cloughdub lost to Dungourney after a replay, Dungourney 1-21 Cloughdub 0-11.

2016**Ballinora 1-15 Blarney 2-10**

Ballinora, who had defeated Cloughdub in a semifinal replay, won the Muskerry Junior A Hurling Championship for the first time since 1997 with a narrow and hard-earned win over Blarney in the final at Ovens. David Howard pointed an early '65' for Ballinora, Mark Cremin pointed a free for Blarney in reply. Howard again pointed for the winners but in the 10th minute, Mark Cremin scored a great goal to make it Blarney 1-1 Ballinora 0-2. Ballinora responded with a Darragh Corkery point, Vincent O'Mahony and Owen O'Connor pointed for Blarney but in the 20th minute, Ballinora's David Howard gave Richard O'Shea no chance in goal with a rasping ground shoit from close range, 1-4 to 1-3 for Ballinora. Mark Cremin and Howard exchanged points to leave the half time score Blarney 1-7 Ballinora 1-5.

Ballinora quickly levelled the game in the opening minutes of the second half through Howard and Darragh Holmes. Blarney's Sean Crowley and Cremin pointed to give Blarney a two-point lead again. Back came Ballinora with two points from Holmes and another from Howard in the 43rd minute to take the lead but Blarney then struck for their second goal, this one from Eugene McCarthy in the 45th minute to leave the score at Blarney 2-9 Ballinora 1-10. Points from Howard and Holmes levelled the scores, but Eugene McCarthy pointed to put Blarney back in front in the 53rd minute. Ballinora finished strongly with two points from Darragh Holmes and David Howard pointed a free to close the scoring.

Ballinora: Barry Crowley; James Lordan, Brendan



Hourihan, Tomas McGrath: Mike Lordan, Patrick Cronin, Conor Murphy: Alan O'Shea, Pat Fitton: Michael Murphy (capt.), Kevin Murphy, Darragh Corkery: Darragh Holmes, Conor Brosnan, David Howard. Sub: Brian Murphy ht., Alan O'Neill 49. Blarney: Richard O'Shea: Stephen O'Brien, Daniel Cronin, Wayne Shine: Vincent O'Mahony, Conor O'Reilly, Donal O'Neill: Sean Crowley, Anthony O'Shea: Eugene McCarthy, John Daniel Good, Owen O'Connor: Conor Forde, Mark Cremin, Michael John Shine. Subs: Stephen Sheedy 30, Kevin Cremin 52, Sean Twomey 58. Referee: Mr Diarmuid Kirwin, Éire Óg.



Balinora 2016

2017

Cloughduv 1-22 Kilmichael 1-13

The M.J.K. Oils Mid Cork Junior Hurling Championship final was decided under lights mid week at the Castle Grounds Macroom and proved to be an entertaining contest. Cloughduv had only qualified for the final four days earlier but they showed no signs of tiredness and secured victory their expected victory over a battling Kilmichael side who fought to the end. Kilmichael were rank outsiders but rose to the occasion and they gave their best performance of the season. They scored first when their marksman in chief Peter Kelleher sent the sliotar between the uprights in the first minute. Cloughduv equalized in the third minute through Kevin Walsh but the inform Peter Kelleher promptly regained the lead for Kilmichael when he raised a second white flag. Cloughduv now produced a period of dominance, outscored their opponents by eight points to three in the remaining period before the interval and so leading then by 0-9 to 0-5 they were looking good for their 23rd Muskerry title.

Cloughduv added points from Mark Walsh and Eoghan Clifford on the restart but there was to be no capitulation by Kilmichael and Shane Masters and Peter Kelleher had points in reply. The first goal of the match arrived in the 39th minute when Brian Ahern the Cloughduv captain found the net with a ground pull but Kilmichael still managed to come back and scored three points without reply when Adrian Kelly, Conor Cotter and Peter Kelleher were all on target. Cloughduv were in a confident mood in the final quarter and Sean O'Connor, Brian Verling and Kevin Barry Murphy all managed to send the sliotar between the uprights as Cloughduv's margin of victory got more comfortable. Kilmichael never gave up however and were rewarded when substitute Brendan Kelleher crashed the ball to the net after Peter Kelleher's free had been blocked.

Donal Corkery who was selected as man of the match was a huge figure in Cloughduv's victory and others who impressed were Liam Long, Kevin Walsh and Mark Verling.

For Kilmichael Peter Kelleher was a powerful figure at centre half forward with goalkeeper Stephen O'Leary, central defenders John O'Mahony and the long serving John O'Riordan also outstanding.

SCORERS: Cloughduv: M. Verling 0-7 (0-3 f), B. Ahern 1-1, M. Walsh and K. Walsh 0-3 each, S.

O'Connor, B. Verling and E. Clifford 0-2 each, L. Long and K. Barry Murphy (0-1 each) Kilmichael: P. Kelleher 0-10 (0-7 f), B. Kelleher (1-0), S. Masters, A. Kelly, C. Cotter (0-1 each).

Cloughduv: Jonathan Buckley: James Moynihan, James McCarthy, Aidan Murphy: Liam Long, Aidan Ahern, Andrew Cronin: Donal Corkery, Seán Curzon: Kevin Walsh, Mark Walsh, Brian Ahern (Capt.), Joe Ryan, Mark Verling, Eoghan Clifford. Subs: Seán O'Connor 42nd, Brian Verling and Kevin Barry Murphy, both 51, Liam Kelleher 53, Patrick Buckley 59.

Kilmichael: Stephen O'Leary: Luke Hennigan, John O'Mahony, Kieran O'Leary: Kevin Kelleher, John O'Riordan, Simon Foley: Brendan Cotter (capt), Conor Cotter: Trevor Tobin, Peter Kelleher, Adrian Kelly: Micheál Masters, Shane Prendeville, Shane Masters. Subs:

Jamie McCarthy 40, Brendan Kelleher 56, James O'Mahony 58.

Ref: Colm O'Mocháin Uas., Cill Na Martra.

2018

Cloughduv 2-23 Ballinora 0-9

Cloughduv were crowned MJK Oils Mid Cork Junior Hurling champions for the second year in a row, the seventh time in the past ten years and the 24th time in all after a comprehensive win over Ballinora at Ovens in a disappointing final before a big crowd. Cloughduv simply turned on the style from the start and Ballinora were never in the hunt and the game was over as a contest at half time when the champions led by 2-14 to 0-7 and had out hurled the challengers. James Moynihan, Brian Verling, Aidan Murphy, Joe Ryan and Donal Corkery had all contributed to Cloughduv's 0-7 to 0-2 first quarter lead, David Howard on the target for Ballinora. Ten minutes later it was 0-11 to 0-5 and with the game almost into half time break, James Moynihan took a pass from Brian Verling to make it 1-13 to 0-6. Before the short whistle, Darragh Holmes had a Ballinora point and then Cloughduv worked a smashing goal, Verling supplying the unattended Joe Ryan with a perfect centre and the later billowed the Ballinora net, Mark Walsh added a point to make it 2-14 to 0-7, the game was beyond redemption for Ballinora, and spectators marvelled at the focus and skill of the winners.

On the restart there was no change in the trend, Cloughduv pointed regularly, Ballinora had a single point in reply from an Alan O'Shea free.

Scorers: Cloughduv: J Ryan 1-5 (0-1f), B Verling 0-7 (0-5f), J Moynihan 1-3, D Corkery 0-3, M Walsh 0-2, K Barry-Murphy 0-2, A Murphy 0-1. Ballinora: D Howard 0-5 (fs), D Holmes 0-2, D Corkery 0-1, A O'Shea 0-1 (f).

Cloughduv: Cormac O'Driscoll; Andy Twomey, Brian Ahern, Patrick Buckley; Ger Ahern, David O'Leary, Eoghan Clifford; Aidan Murphy, Kevin Barry-Murphy; Mark Walsh, Andrew Cronin, Donal Corkery; Brian Verling, Joe Ryan, James Moynihan.

Subs: Denis O'Sullivan 46, Liam Long 51, Aidan Ahern 54, Sean Curzon 57.

Ballinora: Barry Crowley; Dylan Dineen, Brendan Hourihan, Kenneth Greally; Tomás McGrath, Conor Brosnan, Patrick Cronin; Mike Lordan, Alan O'Shea; Darragh Corkery, Raymond Connery, Pat Fitton: Kevin Murphy, David Howard, Darragh Holmes.

Subs: Alan O'Neill 43. Subs: Dylan Dineen (ht).

Referee: Mr Diarmuid Kirwan (Éire Óg).

County Champions at last!

Cloughduv 2-12 Russell Rovers 0-14

Cloughduv put recent county final disappointments behind them – 2009, 2010 and 2015 – to be crowned Cork JAH champions after a close battle with Russell Rovers at Páirc Uí Rinn. It was 48-year since claiming their last junior title.

Cloughduv got off to a dream start with Joe Ryan finding the net after just 25 seconds. They held that lead with Brian Verling getting the first of his six opening half points. However, they failed to score for the next 20 minutes as Russell Rovers reeled off seven answered 0-8 to 1-1. Cloughduv recovered brilliantly and in a devastating two-minute spell they hit 1-3, the goal finished by Andrew Cronin from close range. A point for the Imokilly side was followed by three points from frees by Brian Verling and Cloughduv led by 2-7 to 0-9 at half-time.

At the three-quarter stage, the gap remained at four points and the Muskerry men managed to keep their noses in front, they outscored the east Cork side two points to one.

Scorers for Cloughduv: B Verling (0-10, 0-7 frees,



0-1 65), J Ryan and A Cronin (1-0) each, B Ahern and J Moynihan (0-1 each).

Cloughduv: J Buckley; P Buckley, E Clifford, A Twomey; G Ahern, D O'Leary, B Ahern, M Verling (Capt), A Murphy; M Walsh, A Cronin, D Corkery; B Verling, J Ryan, J Moynihan.

Subs: K Barry Murphy 45, D O'Sullivan 46, S Curzon 59, L Long 63.

2019

Cloughduv 1 - 12 Éire Óg 0 - 12

Cloughduv won the MJK Mid Cork Junior A Hurling Championship for the third year in a row by defeating Éire Óg in a final played under lights at Macroom. This year though it was the Cloughduv second fifteen that won the title as the 2018 winning team had gone on to take the county junior title and gain promotion to the intermediate grade.

Éire Óg were considered to be slight favourites for this game as they had players available who would subsequently be promoted to the intermediate team while Cloughduv had already lost some of their earlier starting fifteen to their higher grade team. The game was competitive but a little bit flat, Éire Óg in particular putting in a disappointing performance and Cloughduv had that greater cutting edge and deserved their win.

Éire Óg got the opening point of the contest through Cork footballer Ronan O'Toole. Cloughduv responded through a free by Darragh Walsh. Scores were exchanged as the sides remained level early on, through Eoin Lyons for the men from Ovens, with Aodh Twomey and Walsh replying for Cloughduv. The vital score of the game came in the 16th minute, good work by Jack Kelleher setting up Con Dunne, who buried the ball home clinically from



Cloughduv 2018

close range after shrugging off the attention of the defenders. Cloughduv added to their tally through further points by Walsh and a fine long ranged score by Luke Elliott, Éire Óg got a point back from Sean Desmond, so Cloughduv led at the half time break on a 1-6 to 0-4 score line.

Éire Óg substitute, All Ireland U20 footballer with Cork, Colm O'Callaghan making an immediate impact. By the three quarter stage the Ovens side had cut the gap down to just a single point, courtesy of scores from Eoin Lyons, who was deadly from placed efforts throughout. However Cloughduv found a late second wind and ended the game well. Jack Kelleher capped off a fine individual man of the match display with a further contribution to the score board, while Aidan Ahern also score a close ranged free. Scorers: Cloughduv: J Kelleher 0-5 (0-4f), D Walsh 0-4 (0-2f), C Dunne 1-0, A Twomey, L Elliott, A Ahern 0-1 each. Éire Óg: E Lyons 0-8

(0-7f, 0-1 '65'), S Desmond 0-2, R O'Toole and C O'Callaghan 0-1 each.

Cloughduv: Conrad Crowley: Kevin McNamara, Liam Long, Luke McCarthy: Tony Dineen, Donal Cronin, Seán Curzon: Aodh Twomey, Michael Dunne: Darragh Walsh, Ciarán Canty, Jack Kelleher: Kevin Walsh, Con Dunne, Luke Elliott. Subs: Eoghan Curzon 33, Aidan Ahern 42, Cian Lehane 55.

Éire Óg: Conor Keane: Seán O'Flynn, John Kelleher, Donncha Kelly: Cian O'Mahony, Tim O'Leary, Aidan O'Mahony: Cathal Mullins, Seán Desmond: Michael O'Shea, Darragh McCarthy, Ronan O'Toole: Fintan Brennan, Eoin Lyons, Jerome Kelleher. Subs: Colm O'Callaghan h/t, Denny Murphy 36, John Dineen 52.

Referee: Mr Brendan BarryMurphy, Aghabullogue.

Ross Oil Mid Cork Junior Football Championship 2012-2019 (concluded)

2016

Kilmurry 1 - 10 Iveleary 0 - 11

In the 2016 final, a superb goal from Kilmurry substitute Pádraig Berhanu in the closing minutes was the vital score at a very wet and windy Macroom. It came in the 57th minute when Iveleary had opened up a two point lead, 0-10 to 0-8, and when Greg Barrett then tacked on two points to a sole point in reply the cup went to Kilmurry for the third time in five years. Iveleary started well, playing with the wind into the town goal as the rains bucketed down. Chris Óg Jones, Cathal Vaughan and Kevin Manning had them up by three points before William Buckley opened the Kilmurry account in the 13th minute. Joe Ryan made it 0-3 to 0-2 a minute later and the sides were level when Marco Healy had a Kilmurry point in the 18th minute. William Buckley put Kilmurry ahead for the first time, Kevin Manning levelled with his second point but a Dave O'Halloran point gave Kilmurry a narrow interval lead of 0-5 to 0-4.

On the restart, Dave McCarthy, who gave an outstanding second half performance, increased the Kilmurry lead, Brian Cronin replied for Iveleary. William Buckley restored the two point advantage for Kilmurry, Liam

Kearney and Cathal Vaughan levelled the scores at 0-7 each on the three quarter mark. Vaughan and Buckley now exchanged points, Cathal Vaughan then kicked over two further points to make it 0-10 to 0-8 in the 56th minute and Iveleary were now going well. In the 57th minute, Dave McCarthy, William Buckley and Liam Wall combined to release Pádraig Berhanu in full flight with a pinpoint pass and the latter's goal was one to savour and turned the game in Kilmurry's favour at the vital time. Greg Barrett added a point, Cathal Vaughan replied but Barrett capped a fine performance with another point to seal the victory.

Scorers: Kilmurry: W Buckley 0-4 (0-2f), P Berhanu 1-0, G Barrett 0-2, J Ryan, M Healy, D O'Halloran, D McCarthy 0-1 each. Iveleary: C Vaughan 0-5 (0-1f), K Manning, B Cronin 0-2 each, C Óg Jones, L Kearney 0-1 each.

Kilmurry: Jason McDonnell, Eoin Barrett, Kevin Barrett, John O'Mullane: Liam Wall, William Barrett, Liam Long; David O'Leary, Marco Healy; David McCarthy, David O'Halloran (C), Jonathan Buckley; Joe Ryan, Greg Barrett, William Buckley. Subs: Pádraig Berhanu 51, Seán Curzon 61.

Iveleary: Joe Creedon; Ger O'Riordan, Daniel O'

Riordan, Barry Murphy (C); Finbarr McSweeney Jnr, Kevin Manning, Patrick O'Riordan; Seán O'Leary, Barry O'Leary; Finbarr McSweeney Snr, Cathal Vaughan, Seáníe Lehane; Brian Cronin, Ger McSweeney, Chris Óg Jones. Subs: James M O'Leary 24, Liam Kearney 28, Donal Cotter 40, Shane Galvin 45.

Man of the Match: Marco Healy, Kilmurry
Referee: Mr David Murnane (Macroom).

2017

Kilmurry 2 - 19 Iveleary 2 - 14

The 2017 final saw Kilmurry retain their Mid Cork crown at Baile Mhuirne when they recovered from a poor start to be in contention at half time and then outscored Iveleary by 1-8 to 0-1 in the third quarter to lay the seeds of their victory.

Scorers: Kilmurry: J Ryan 0-7 (0-2f), W Buckley 0-6 (0-3f), E Clifford 1-3, D O'Leary 1-0, D O'Halloran, J Buckley and L Wall 0-1 each. Iveleary: C Óg Jones 0-5, B Cronin 0-4 (0-1f), F McSweeney Jnr 1-1, B O'Leary 1-0, C Vaughan 0-2 (f), S O'Leary, S Galvin 0-1 each.

Kilmurry: Jason McDonnell: Fionn Warren, Kevin Barrett, William Ronan: John O'Mullane, Dave O'Leary, Liam Wall: Daniel Cahalane, Greg



Barrett; David O'Halloran, William Buckley, Jonathan Buckley: Joe Ryan, Dave McCarthy, Eoghan Clifford. Subs: Seán Curzon 28, Liam Long 59.

Iveleary: Joe Creedon: Donal Cotter, Barry Murphy, Ger O'Riordan: Seán O'Leary, Daniel O'Riordan, Kevin Manning: Ciarán O'Riordan, Barry O'Leary: Finbarr McSweeney, Finbarr McSweeney Jnr., Sean Lehane: Chris Óg Jones, Ciarán Galvin, Brian Cronin. Subs: Cathal Vaughan 35, Shane Galvin 41, Ger McSweeney 58.

Referee: Mr Ted Hayes, Éire Óg.

**2018
Iveleary 1-9 Canovee 1-6**

Iveleary got the better of championships specialists Canovee (who had earlier defeated Kilmurry) in the 2018 Ross Oil Mid Cork junior football final at a wet Kilmurry, a win which gave Iveleary their eight divisional title in their fourth final appearance in a row.

Canovee scored first, Conor Hughes with a point in the first minute, but Brian Cronin equalised from a free in the 5th minute. Team captain Finbarr McSweeney put Iveleary in front in the 7th minute and they subsequently kept in front to the finish. A foul on Finbarr McSweeney Jnr in the 17th minute yielded a penalty for Iveleary which Cathal Vaughan belted to the back of the Canovee net and at the other end goalkeeper Joe Creedon made a sensational save from a Brian O'Donoghue close range blast. James Moynihan re-ignited Canovee hopes by slotting home a penalty, 1-3 to 1-1 now the score. Iveleary responded to this reverse with three unanswered points in the final minutes of the half, Finbarr McSweeney, Barry O'Leary and Ciarán Galvin the scorers, and their lead of 1-6 to 1-1 at the break was fully merited.

Man of the Match, Barry Murphy, averted a Canovee goal with a superb intervention immediately on the restart and Cathal Vaughan

sent a free high and curling over the bar a minute later to increase the Iveleary lead. Canovee, hit back with points from James Moynihan and Mark Healy and when Mark Healy pointed a 40th minute free, only three points separated the sides. Thirteen minutes passed without a score and it was Cathal Vaughan from a long range free who broke the stalemate eventually to give his side a 1-8 to 1-4 advantage. Paul Healy sent over a point for Canovee and as time ran out James Moynihan reduced the deficit for Canovee to two points before The final score of the game from a free for Iveleary's London based Donal O'Sullivan.

Scorers: Iveleary; C Vaughan 1-2 (1-0 pen, 0-2f), F McSweeney 0-2, B O'Leary 0-2, B Cronin 0-1 (f), C Galvin 0-1, D O'Sullivan 0-1 (f). Canovee: Js Moynihan 1-2 (1-0 pen), M Healy 0-2 (0-2f), C Hughes and P Healy 0-1 each.



JJ Long speaking at the opening of the new pitch Cloughduv in 2013 © Peter Scanlan



Bengour Harvest Festival in 2013 © Peter Scanlan



Michael Galvin speaking at the opening of the Michael Collins Café at Bealnabla in 2012. © Peter Scanlan



Ballinagree School Centenary celebrations committee in 1998 ©Lee Valley Outlook

History

Eavan Boland (1944-2020), Quarantine and Macroom



Eavan Boland died, aged 75, this week on April 27th, following a stroke. She was one of Ireland's leading poets and some

of her poems have featured on the Leaving Certificate syllabus. She has been described as a feminist but not a feminist

poet and credited with breaking the mould of Irish poetry by writing about the experiences of women - their strengths, frailties, their history and myths.

One of her most quoted poems is Quarantine which is set in 1847 during the Great Irish Famine, and its theme is the love between a man and a woman enacted in terrible circumstances. The background to the story is the fate of the Buckley Family, Derryleigh, Clondrohid. An t-Athair Peadar Ó Laoghaire, whose life and Cariganime is commemorated by the just published Our Own Story from Carriganime to Castlelyons, recorded the original story.

Patrick and Cáit had two children, Jeremiah and Sheila, and had a small holding in Derryleigh and lived in a cabin. When they Great Irish Famine (or the Hunger as Ó Laoghaire called it) came, the

family was starving and had to admit themselves to the Auxiliary Workhouse in Mountmassey House. Conditions there were awful; first Jeremiah died and shortly after Sheila too passed away. Both were buried in the Famine Graveyard in Carrigastyrá. After a period, Patrick and Cáit discovered what happened to their children and resolved to leave the Workhouse and make their way home. She at this stage had contracted 'the fever' and was weak. They walked to Carrigastyrá and did their grieving over the big hole that passed as a grave. Cáit, weak from sickness and grief, could not walk further, and Patrick put her on his back and carried her home. The following morning both were found dead and her feet were against his chest. His final act of kindness to her was to try to keep her feet warm with the heat of his body.

Boland's poem beautifully captures this story in language that, as one commentator said, with words that most twelve years-olds could easily understand.

Quarantine by Eavan Boland.

*In the worst hour of the worst season
of the worst year of a whole people
a man set out from the workhouse with his wife.*

*He was walking—they were both walking—north.
She was sick with famine fever and could not keep up.*

He lifted her and put her on his back.

He walked like that west and west and north.

Until at nightfall under freezing stars they arrived.

*In the morning they were both found dead.
Of cold. Of hunger. Of the toxins of a whole history.
But her feet were held against his breastbone.
The last heat of his flesh was his last gift to her.*

Let no

love poem ever come to this threshold.

There is no place here for

the inexact

praise of the easy graces and sensuality of the body.

There is only time for

this merciless inventory:

Their death together in the winter of 1847.

Also what they suffered. How they lived.

And what there is between a man and woman.

And in which darkness it can best be proved.

From New Collected Poems, 2008 by Eavan Boland.

The poem – both written and spoken – is available on Google.

Her skill and sensitivity leave a great poetic legacy, which includes chronicling what happened to the Buckley Family, local people in dark times. By capturing that humanity, she gives a pathway to us as to how we should behave in our dark times.

Decalan O'Rourke has a beautiful song, 'Poor Boys Shoes' based on the same story and can be heard through Google.

May Eavan Boland rest in peace.

PICTURE PARADE



Conor Murphy, 11 Months old from Masseytown, Macroom in Macroom Town Park enjoying the sunshine recently



Apple Blossom in Oakwood Court, April 2020.



Newly painted bench in Oakwood, April 2020.

FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of

GOBNAIT O'CALLAGHAN

Dromanallig, Ballingear, Macroom, Co Cork.

Who died on the 13th May 2019

As we lovingly remember Gobnait (nee Lynch) on the first anniversary of her sudden passing, her loving husband John, her beloved children Maria, Deirdre, Paul, Ciaran and Eimear, daughter-in-law Frances, sons-in-law Michael, Kevin and Joe, her adored grandchildren wish to express our heartfelt thanks and appreciation to all who sympathised with us on our sad loss.

A sincere thank you to all who called to our home and attended the rosary, removal, funeral mass and burial in such large numbers and those who travelled long journeys to be with us. To all who send Mass cards, sympathy cards, letters, enrolments and flowers thank you.

To our kind neighbours and friends who brought refreshments to our home over those days thank you. We will be forever grateful to our kind neighbour Mary O'Connor for her help that night, to the Ambulance service personnel, doctors, nurses and staff of Cork University Hospital A&E our sincere thanks for your care and compassion and kindness you showed to Gobnait and all of us.

We would like to thank Dr Tom O'Donnell and staff of Primary Care Centre Dunmanway for all the help down through the years. We are indebted to Fr Anthony O'Mahony for his kindness and support for making Gobnait's rosary, removal and funeral mass so personal. To the beautiful choir at the funeral mass thank you. Thanks to Nora the Sacristan for her help also.

To Cumann Peil Béal Athan Ghaorthaidh who formed a guard of honour go raibh míle maith agaibh. Thanks to the staff of shortens who provided refreshments afterwards. A very sincere word of thanks and gratitude to Cyril and Shane Casey and his team for there up most professionalism, respect and kindness at this difficult time. Thanks to the grave diggers.

It is impossible to name each person individually or to acknowledge each act of kindness such as the level of support at this very difficult time, but all are remembered and we acknowledge them with kindness and gratitude.



Gobnait will be fondly remembered by all her kind neighbours and large circle of friends. The anniversary mass will be offered at a later date for your intentions.

Ar dheis Dé go raibh ahanam dílis.

FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of

MAURA LUCEY

**Clohina, Cill Na Martra
Who passed away on the
16th May 2019**

As we lovingly remember our dear Mother on her first anniversary, we her sons; Jerry, John and Pat, along with our families wish to express our appreciation and gratitude to all who sympathized with us on our sad loss.

Sincere thanks to all who attended her wake in Pat's home, rosary removal to the Church, Funeral Mass and burial.

We also remember with thanks Moms card playing friends who brought much happiness to her life.

To our wonderful neighbours and friends, words cannot express how grateful we truly are for their kindness and support.

Also a special word of thanks to Con and Linda O'Riordan who kindly allowed us to use their yard for parking. Also we would like to thank Michael and Mary Creedon and their Staff of the Abbey Hotel who provided us with a beautiful meal.

Thank you to those who travelled long distances and to the many people who sent Mass Cards and Floral Tributes.

Many thanks to Fr Joe o Mahony for celebrating the Funeral Mass. Thanks to Gobnait o Connor for the beautiful music, also to Jackie Lyons and the Altar Servers.

A special word of thanks to Dr Shane Hurley.

We also would like to extend our gratitude to Casey's Funeral Directors for their professional service and guidance and also to the grave digger

As it would be impossible to thank everyone individually, please accept this acknowledgment as an expression of our deepest gratitude.

The Holy Sacrifice of the Mass has been offered for all your intentions.



"God saw you getting tired and a cure was not to be. So he put his arms around you and whispered " come with me".

St Gobnait- pray for her

Maura's First Anniversary Mass will be celebrated at a later date.

5TH ANNIVERSARY



In loving memory of

SEAN COUGHLAN

**Kilnagurteen Macroom.
Who died on the 8th of May 2015**

*We miss you from your fire side chair
Your loving smile and gentle air
Your vacant place no one can fill
We miss you Dad and always will.*



From your loving wife Janie and all your family

1ST ANNIVERSARY



In loving memory of

DEIRDRE BUCKLEY

**Coolnadane, Masseytown, Macroom
Co.Cork.**

Who died on May 18th 2020

*Your life was a blessing
Your memory a treasure
You are missed beyond words
And loved beyond measure.*



Fondly remembered always by Liam, Anne Marie and Ava Buckley.

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4TH ANNIVERSARY



In loving memory of

NOEL O'MAHONY

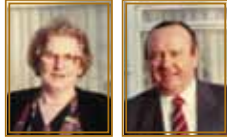
Cuckanode, Clondrohid, Macroom.
Who died on 2nd May, 2016

*As each day dawns, we think of you.
As each night falls, we pray for you.
And throughout our lives,
no matter where,
In our hearts you are always there.*



Always remembered by your loving family Sheila, Noreen, Joanne and Paula, grandchildren Ciara and Richie and great grandchild Calum.

22ND & 23RD ANNIVERSARY



Remembering our dear mother

KITTY O'RIORDAN

Whose 22nd Anniversary occurred May 1st.

Also our dear father

DENNY O'RIORDAN

Whose 23rd Anniversary occurs June 5th.

Cork Street, Macroom

*Deep are the memories
Precious they stay,
The passing of time
Won't take them away.*



Always in our thoughts
Your loving family

FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of

BATT LEAHY

Milleens, Coolea, Macroom, Co. Cork
Who passed away on 7th May 2019

Aged 82

As we fondly remember Batt on his First Anniversary; his wife Nóra, his children Siobhán, Michéal, Síle and Máire, his sons-in-law, daughter-in-law, brother, sister, brother in law and sisters in law, nephews and nieces and extended family would like to express our sincere gratitude to all those who sympathised and supported us on our sad loss.

Sincere thanks to all those who called to our house to pay their respects, who attended Batt's Wake, Rosary, Removal, Funeral Mass & Burial, those who sent mass cards, letters of sympathy and made phone calls. A word of thanks to all our relatives, neighbours and friends for their support and kindness.

We would like to express our thanks to Dr. Colette & Nora at the Health Centre, the doctors, nurses and staff of Bantry and Macroom Hospitals who provided outstanding care for Batt in his final days. Gabhaimid buíochas leis an tAthair Dónal O'Briain, Fr. Joe O'Mahony, Gerard Lynch, na freastalaithe altóra agus Cór Chuil Aodha.

Gabhaimid buíochas leis, le Cumann Peile Naomh Abán don garda onóra.

Our appreciation to Casey's undertakers for their professionalism and compassion throughout Batt's funeral, and also to those who helped prepare the grave, and to The Abbey Hotel for providing food and refreshments.

The Holy Sacrifice of the Mass will be offered for your intentions.

Ar dheis Dé go raibh a Anam dílis



Batt's first anniversary mass will be celebrated on Sunday, 10th of May at 11:00 am at Seipeal Naomh Ghobnait Chuil Aodha.

Due to Covid 19 restrictions it will be live on Facebook www.facebook.com/corcuilaodha

FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of

MARY HORGAN

15 Belmont Place, Crookstown
who died on the 15th May 2019

As we lovingly remember our dear Mother we her daughters Maureen, Rose and Kate, sons in law Dan and Sean, Sister Dina and brother Paddy, would like to thank most sincerely everyone who sympathised with us and supported us on mam's passing. Thanks to all who visited our home, attended mams wake, funeral service & burial, phoned, travelled long distances to offer sympathy & support. To neighbours & friends, we cannot thank you enough for your kindness & support. We would like to express deep gratitude to Canon Bernard O'Donovan who celebrated the funeral mass. To her niece Denise O'Donovan for her beautiful singing at the funeral mass.

Thanks to Ann O'Callaghan (Sacristan) and to the grave diggers.

Thanks to Dan & Ber Clifford for providing the refreshments after the Funeral.

A very special thanks to Billy Fitzgerald's and his team for their professionalism, patience and understanding during this difficult time

A special word of thanks to her doctors Dr. Ann Nicholson & Dr Eamonn O'Grady who cared for mam all down through the years.

To the doctors, nurses & staff of The Mercy Hospital who made mam's last few weeks so comfortable and who sat, prayed and chatted with us over the 5 weeks.

A special word of thanks to mam's wonderful nieces, nephews and cousins who spent many hours sitting by her bedside in hospital. We will be forever grateful.

As it would be impossible to thank everyone individually, please accept this acknowledgement as a token of our deeply felt gratitude and appreciation.

The holy sacrifice of the Mass will be offered for your intentions.



*Never more than a thought away.
Loved and remember ever day*

26TH ANNIVERSARY



In loving memory of

MAURA HOARE

A dear Mother, Grandmother,
Great-Grandmother and wife of the
late John Hoare who died on the 4th
May 1994

*There is a face before us
A voice we would love to hear
A smile we will always remember
Of a mother we loved so dear.*



Fondly remembered and sadly missed by family and friends.

Our Lady Saint Gobnait, pray for Maura, her husband John, and their son Seamus.

3RD ANNIVERSARY



In loving memory of

SHEILA (DEEDEE) COUGHLAN

Coolmakee Farnanes Co. Cork
Who died 7th May 2017

*Your name is often spoken,
We think about you still,
You haven't been forgotten,
By us you never will.*



Always remembered by sons Martin, Con, Tim, Pat and Frank and daughter Gillian. Her sister Babe, daughters-in-law, son-in-law, nephews, nieces, grandchildren and great grandchildren.

May she rest in peace.

All Memorials, Prayers and Remembrances are to be submitted to the Lee Valley Outlook 1 WEEK PRIOR TO PUBLICATION

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1ST ANNIVERSARY



In loving memory of

DEIRDRE BUCKLEY (NEE MCCARTHY)

**Coolnadane, Macroom
whose first anniversary occurs
18th of May 2020.**

*Those special memories of you,
If only we could have you back,
just for a little while.*

*Then we could sit and talk again,
You always meant so much to us and
always will do too.*

*The fact that you're no longer here, will
always cause us pain,
But you're forever in our hearts,
Until we meet again.*



Sadly missed by her friends and
neighbours Annette, Helen and Rebecca.

**FIRST ANNIVERSARY
AND ACKNOWLEDGEMENT**



In loving memory of

DEIRDRE BUCKLEY (NEE MCCARTHY)

**Coolnadane, Macroom
who passed away on 18th May 2019**

The loving husband and family of Deirdre whose first anniversary occurs at this time would like to thank most sincerely all those who sympathised with us at the time of Deirdre's passing. To the countless people who travelled from near and far to attend Deirdre's wake, removal and funeral thank you to each and every one of you.

A special thank you to all those who sent get well cards, Mass cards and flowers to Deirdre during her illness. They meant so much to her.

To our exceptional and amazing neighbours and friends in Coolnadane and surrounding areas who visited Deirdre in hospital and at home and put their own lives on hold to be with Deirdre in her last weeks we can never thank you enough or repay you. Your exceptional kindness and generosity will never be forgotten.

To all those who brought and served food and drinks in the house for Deirdre's wake thank you so much.

A very special thank you to Dr Colette Faul and district nurse Catriona Kelleher for their regular home visits and care for Deirdre.

To Professor Seamus O'Reilly and his oncology team in the CUH. To the Marymount home care team, the staff of Ward GB in the CUH and to Deirdre's home help team who all went above and beyond with their levels of care for Deirdre thank you so much.

A very special thank you to Michael O'Reilly undertakers, Newmarket and his gravediggers for their professionalism and attention to detail.

A very special thank you to Deirdre's many special friends who provided her a guard of honour in Newmarket.

To Nora and Noel Naughton and the staff of Araglen House, Boherbue who provided Deirdre with a guard of honour in Macroom.

To those who sent Mass cards, flowers and wreaths thank you so much.

To Bishop Tim Carroll SMA, Rt. Rev. Msgr. James O'Donnell, Fr. Donal Roberts, Fr. Joe O'Mahony, Fr. John Keane and Fr. Francis Manning Newmarket who concelebrated Deirdre's funeral mass and Michael Bradley for his beautiful singing and Mary McSweeney the organist for the beautiful music, a heartfelt thank you to you all.

A special thank you to the management and staff of the Mills Inn, Ballyyoumery for the wonderful food provided afterwards.

As it would be impossible to thank everybody individually please accept this acknowledgment as a token of our heartfelt gratitude and appreciation. The holy sacrifice of the mass will be offered for your intentions.



Loved and sadly missed by Jeremiah, her
Dad Francie, brothers, sisters and extended
families.

**FIRST ANNIVERSARY
AND ACKNOWLEDGEMENT**



In loving memory of

JOEY O'NEILL

**Cappaclare, Inchigeela,
Macroom, Co. Cork
who die on May 9th 2019**

As we lovingly remember Joey on his 1st Anniversary we, his wife Joan, sons Martin and Noel, daughter Majella along with our extended families wish to express our appreciation and gratitude to all those who sympathised with us on our sad loss.

Sincere thanks to all who attended his wake and rosary at our home, removal to the church, funeral Mass and burial.

Thanks to those who travelled long distances and to the many people who sent Mass cards, enrolments and floral tributes.

Thanks to Bishop John, Fr. Anthony O'Mahony, Canon Martin O'Driscoll and Fr. Myles McSweeney for concelebrating the funeral Mass.

Thanks to the choir for their beautiful singing during the Mass and at the graveside.

Thanks to the Ministers of the Eucharist, the altar servers and our Sacristan Marie.

Thanks to the GAA for providing guards of honour after Mass in the Church yard and again in the cemetery.

Thanks to Bishop John who visited Joey on numerous occasions while he was in hospital, also to Fr. Declan Mansfield of Balinora who visited him every day during his final week.

A special word of thanks to his GP Dr. Jack O'Connell for all his kindness to Joey during his time of illness. Also a sincere thanks to Drs, Nurses and staff of C.U.H. especially Dr. Oonagh Gilligan and her wonderful team in Dunmanway Day Unit for all their kindness shown to him. To the Drs, Nurses and staff of Marymount Hospice for their exceptional care and compassion shown to him during the month he was there.

We also extend our sincere gratitude to Cyril Casey and Staff for their professional understanding, service and guidance shown to us and also to the gravediggers. Thanks to Joe and Ann Creedon and staff for providing us with refreshments after the funeral.

Finally thanks to Billy and Diarmuid for mending the road the day of the removal and to our wonderful neighbours and friends for all their kindness and support and for their many visits to him during his illness at home and in hospital.

As it would be impossible to thank each one individually please accept this acknowledgment as a token of our deepest gratitude. The Holy Sacrifice of the mass will be offered for your intentions.



*Will those who think of Joey today
A little prayer to Jesus say*

**FIRST ANNIVERSARY
AND ACKNOWLEDGEMENT**



In loving memory of

SHEILA CARROLL (NEE DINEEN)

**Shanakiel, Macroom, Co Cork
Who died 9th May 2019**

R.I.P.

As we lovingly remember Sheila on her First Anniversary her son Thomas, daughter in law Julie and Grandchildren David and Sophie May would like to thank most sincerely all those who sympathised and supported us on the sudden sad loss of Sheila.

We offer our sincere thanks to her dear close friends, very kind neighbours, relatives and large circle of friends.

To all those who attended the rosary, removal, funeral, sent Mass Cards, made phone calls, stayed with us at her home for the rosary and removal, or called to the house, your kind words and thoughts were greatly appreciated.

Our gratitude to Casey's Funeral Directors, Cork University Hospital, Ambulance Services, Fr. John Keane, Fr. Donal Roberts PP, Fr. Joe O Mahony and music provided by Michael Bradley.

As it would be impossible to thank everyone individually, please accept this acknowledgment as an expression of our deepest gratitude to you all.

The Holy Sacrifice of the Mass has been offered for your intentions. This will be arranged for a later date.



Sadly missed by your son Thomas,
Sister Mary and Brother Tony

*Never more than a thought away,
Loved and remembered every day.*

8TH ANNIVERSARY



In loving memory of

CHRISSE MURPHY (NEE HEALY)

**Late of Rathcormac and Farranes
Who died on 24th May 2012
Rest in Peace**

*No matter how life changes
No matter what we do
A special place within our hearts
Is always kept for you.*



Sadly missed by her nephews
Denis, Noel, Niece Margaret
and extended family

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NOVENA TO THE SACRED HEART



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your heart where your father sees it.

Then in his merciful eyes it will become your favour, not mine. Amen.

Say this prayer three times for three days and your favour will be granted.

Never known to fail.

Must promise publication of prayer.

MB

PRAYER TO BE PRESERVED FROM CONTAGIOUS DISEASE

O God, who through an angel promised St. Roch that those who invoke his name or seek his intercession will be preserved from all dangers and contagious diseases.

Grant that through his intercession we maybe preserved from this present danger.

We ask this through Christ our Lord.

St. Roch pray for us. (3times)

NOVENA TO THE SACRED HEART



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your heart where your father sees it.

Then in his merciful eyes it will become your favour, not mine. Amen.

Say this prayer three times for three days and your favour will be granted.

Never known to fail.

Must promise publication of prayer.

Mary D

NOVENA TO ST. CLAIRE



Ask St. Claire for 3 favours, one business, two impossible and say nine Hail Mary's for nine days with lighted candle. Pray whether you believe or not. Publish on ninth day. Powerful Novena. May the sacred heart of Jesus be praised, adored, glorified and loved today and every day throughout the whole world forever Amen. Say six times daily for nine days. Your request will be granted no matter how difficult it may seem. Favour publication must be promised.

Mary D

A Word of Victory

Welcome back dear reader ... 'sometimes things get worse before they get better' and often it's true. Many people suffer with anxiety and hopelessness. Here is a testimony of one of our congregation in Word of Victory of God's goodness and redemption. "I never knew what was wrong with me. From childhood I suffered with extreme anxiety and rejection. On the outside I had everything; loving parents and family, and great friends in school. I would pray earnestly to God and have encounters and dreams where I would tangibly feel His Presence but I never knew it was Him because I mistakenly believed that God was an angry old man looking for a way to strike me down. I had been abused for a long period in my childhood, but it wasn't until I was an older teen while reading an article in the newspaper that it suddenly dawned on me.... 'that is what had happened to me'. There was never anything discussed about those things back then, so I didn't even have the language to describe it. But, as I read the paper that day it hit me like a ton of bricks. What followed was years of grief, depression and anxiety that I had no way of expressing because I felt such shame. I was unable to talk to my family because I feared it would destroy them. So I struggled on alone. But I would still pray, even though I couldn't understand why did God let this happen to me? I felt I had never done anything to anyone and wondered why. In desperation I would occasionally read my little Gideon Bible from school and I noticed that it always made me feel better. Circumstances got worse though before they got better - at a very low point I was invited to a prayer group meeting at Word of Victory. To cut a long story short I found all my questions were answered - that my pain hadn't come from God but from the devil (John 10:10). I was healed of an autoimmune disease that had manifested in my body because of the psychological damage. I was delivered from the spirit of fear; and joy and peace replaced the depression and anxiety that had previously crippled me. God's Word tells us that He has good plans for us; good plans - not evil, to give us a future and a hope (Jeremiah 29:11). I can testify to the goodness of God in the name of Jesus His Son! "He restores my soul." (Psalm 23:3).

See more at wordofvictory.net



E: wovkillarney@gmail.com - T: 064-6622950 - wordofvictory.net

THE MIRACLE PRAYER



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen.

Say this prayer three times for three days and your favour will be granted.

Never known to fail.

Must promise publication of prayer.

JJM

THE MIRACLE PRAYER



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen.

Say this prayer three times for three days and your favour will be granted.

Never known to fail.

Must promise publication of prayer.

JJM

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24TH ANNIVERSARY



Cherished memories today and always of a dear son and brother

DEREK HEALY

Late of Crookstown
Who died May 12th 1996
Aged 19 years
RIP

*Memories are like leaves of gold
They never wither or grow old
Locked in our hearts
You will always be
Loved and remembered for eternity.*

*Will those who think of Derek today
A little prayer to Jesus say.*



Sadly missed by his loving mother Noreen, sisters Christine, Caroline and brother in law Derek.

2ND ANNIVERSARY



In loving memory of

FERGAL MURPHY

Farran View, Dripsey
who died on May 13th, 2018

*Fergal,
"It broke my heart to lose you,
but you didn't go alone
For part of me went with you,
the day God called you home"*



Love always your wife Dee X

2ND ANNIVERSARY



In loving memory of

FERGAL MURPHY

Farran View, Dripsey
who died on May 13th, 2018

*Deep in our hearts
you will always stay*



Remembered & loved from Maudie, Liam & all the Cotter families

4TH ANNIVERSARY



In loving memory of

KENNY RELIHAN

Who passed away 2nd May 2016

*What you leave behind
is not which is engraved in stone,
But is woven into the lives and hearts
Of those who knew and loved you Kenny.*



Sadly missed by his mother, father, brother, sisters, nieces and nephews

Fly high angel.

6TH ANNIVERSARY



In loving memory of

STEPHEN LYNCH

Coolavokig Lower, Macroom
Who passed away on the
14th May 2014

*This day is remembered
Deep are the memories
Precious they stay
With those
Who think of Stephen
A little prayer to Jesus say*



Always remembered by your loving wife Eileen and all your family and friends.

4TH ANNIVERSARY



In loving memory of

JUDY O'SULLIVAN

**No. 3 Cois Cille (formerly of
Ballyvoige), Kilnamartyra, Macroom.**
4th May 2016

*She was a mother so very rare,
Content in her home and always there,
On earth she toiled, in Heaven she rests,
God bless you mother,
you were one of the best.*



Lovingly remembered and sadly missed by her sons Pat and Billy and her daughters Joan, Nora, Eileen, Mary and Bridget, her grandchildren and great grandchildren.

4TH ANNIVERSARY



In loving memory of

JAMES CURLY LYONS

Lower Carrigadrohid, Co. Cork.
Who passed away on the 9th
May 2016.

*Your name is often spoken.
We talk about you still.
You have not been forgotten.
By us you never will.*



Always remembered by your loving family.

8TH ANNIVERSARY



In loving memory of

NORA MCCARTHY

Marian Terrace, Inchigeela, Co. Cork
Who died on 1st May 2012

*In the shelter of the Sacred Heart
Dear Jesus may she rest,
We love her so much
but still we know,
God's holy will is best.*



Holy Mary hear our prayer keep Mam in your loving care.

**Sadly missed and lovingly
remembered by Jerry, Nora, Denis
& families**

**All Memorials, Prayers and Remembrances
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