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The Gearagh very early on a frosty morning. © Peter Scanlan







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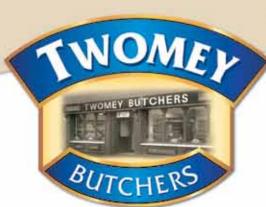
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EDITORIAL

Thanks to Maire Mc Sweeney for sharing this beautiful poem by Catherine O' Meara with me. It's too good not to share.

IN THE TIME OF PANDEMIC

And the people stayed home.

And they read books, and listened, and rested, and exercised, and made art, and played games, and learned new ways of being, and were still.

And they listened more deeply. Some meditated, some prayed, some danced. Some met their shadows. And the people began to think differently.

And the people healed.

And, in the absence of people living in ignorant, dangerous, mindless, and heartless ways, the earth began to heal.

And when the danger passed, and the people joined together again, they grieved their losses, and made new choices, and dreamed new images, and created new ways to live and heal the earth fully, as they had been healed. By: Catherine (Kitty) O'Meara

Editor - Sarah Kate Murphy

Macroom Lions Club

In these challenging times it is difficult to stay motivated and focus on the positives. However, Macroom & District Lions Club have been busy since they saw the urgent need for protective visors to be manufactured and distributed to our frontline staff around the country. So began the Hero Shield Project.

The project led by James O'Sullivan of Macroom & District Lions Club and Orla Flavin, Zone Chairperson has the full backing of the Lions Ireland team.

After several telephone calls Macroom Lions discovered they could get some desperately needed PPE equipment to our valiant front-line staff. The Lions Club have now some twenty companies to date giving their time, talents and tools free of charge to make this project happen. It has already been commended by a number of government departments.[The Hero Shield is a fullface visor designed to be used by front line workers in the battle against the COVID-19 virus. It is a vital piece of Personal Protective Equipment helping to protect those who put themselves at risk to selflessly help others. Current statistics show front line staff account for almost a quarter of the Covid-19 cases in Ireland.

The picture, left, shows the visor in use by Dr Rachael Wright at





Newtownbutler GP surgery. Dr stated Wright that the shield is very well made and feels much to than her usual supplied visors. Picture on right shows Lion/ Garda Lisa Hyde

from Macroom Garda Station wearing her Hero Shield.

The visors are manufactured in Ireland by Hero Shield, a new not-forprofit collective of companies, and

are certified as meeting all relevant EU standards. The HSE has already noted that the visor has no moving parts and is easier to sterilise and reuse than many existing solutions, which have to be discarded after use as decontamination is too time consuming.

The Hero Shields will be available free to HSE staff and An Garda Síochána personnel in the Republic of Ireland and to NHS and PSNI personnel in Northern Ireland.

To date 37 Lions clubs have contributed and a further eight clubs have pledged. Combined with the donation from Lions Ireland and a few other non-club donations they are currently at €50,475 with £2,000 in sterling after just one week!

For further information please contact: James@delforno.ie or orlaflavin@gmail.com

Donations are greatly appreciated and can be made to the following account:

Please reference Your Name & Macroom AIB Bank, Patrick Street, Cork. Account name: Lions Clubs International District 133 Sort Code & Account Number: 934143 28864039 IBAN: IE72AIBK93414328864039 Manual lodgements can be made at any AIB branch.

Donations for the Hero Shield project are very welcome as every cent and every penny counts!

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:: This action is to reduce the Coronavirus (Covid-19 risk to everyone particularly those at hightrisk



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Thank you for being so patient in these unprecedented times, please stay safe and keep on isolating and cocooning.



MACROOM LIBRARY

All our Libraries are closed to the public, but we are still working at providing you with the best service.

If you had items that were due to be returned during the closure dates, do not worry we have extended the due date on all items.

If your membership is just out of date and you are unable to access any of our online please resources, contact

Macroom Library at 026 -42483, 9 30 am – 530 pm Tuesday to Saturday or email corkcountylibrary@corkcoco.ie and we will try to resolve any

If you are not currently a member of the library, you can now become a member at this time by going to the Libraries Ireland website; https:// www.librariesireland.ie/join-your-library and follow the instructions there. This will enable you to have access to our Online Services. There is a wide variety of online services which include access to e-books, e-audio books, e-magazines, e-newspapers, e-learning courses. You can also access Cork County Library Local Studies Digital Collections, Brittannica online, Oxford Art and Music online. You can access company, business & director information through Vision-net and scholarly articles from academic journals through JSTOR.

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If you have free time, you may like to upskill or learn a new hobby. You can access over 500 online e-learning courses for free. These include courses on Advertising, Bookkeeping, Cooking, Decorating, Homeschooling, Stress Management, Web Design and lots more.

You will be delighted to hear you can read the National and International Newspapers online at home with your library membership also. Keep updated with world news from the Irish Examiner, Irish Independent, Irish Daily mirror and much more including International Newspapers.

For all our Creative Writers out there, Cork County Council Library & Arts Service are proud to announce three online writing workshops, beginning April 29th.

Declan Burke will explore the crime writing genre with "Criminal Intent". "A time to Write" sees Denyse Woods examining fiction-writing & finally Poet Matthew Geden will offer an insight in to poetry in "A Light to Transform the World".

The free evening workshops will run until June and applications are available at https://www.corkcoco.ie/en/arts/opportunities

Thanks to the support of Cork County Council and the Arts Council of Ireland, Cork can stay creative and connected.

For any Students studying History for the Junior Cert Cycle & are still completing their CBA 1 'The Past in my Place' assignment, our local studies Library maybe able to provide assistance. They can help you find information on your project topic, check references or locate sources. Contact them at 021- 4285640 or by email; localstudieslibrary@ corkcoco.ie Monday - Friday 9 00am -5 00pm.

As part of our Community Support Programme, Cork County Council Library & Arts Service has begun Housebound Deliveries delivering books directly to the doorsteps of some of its more vulnerable members who are isolating during Covid-19. If any of our senior patrons would like to avail of this service please feel free to contact us at 026-42483 & we will be delighted to deliver to you.

Many of us may be finding these times stressful while staying at home so the HSE, Health & Wellbeing are offering a Stress Control programme online, commencing 13th April 2020, via https://stresscontrol.org. This three-week programme is FREE of charge and delivered by Dr Jim White, Consultant Clinical Psychologist. This course will teach you lifelong skills to cope positively with stress. Cork County Council Library and the HSE Psychology Services work closely as part of Cork's Positive Self Help on the Self Programme with numerous talks taking place in our branches throughout the year. For further details about Your Good Self go to our website https://www.corkcoco.ie/en/library-services.

If you are looking for ways to get your children creative, then they will love the free 24-page ImagineNation playbook launched by Children's Books Ireland. It is overflowing with fun activities in drawing, writing and mindfulness exercises from Irish children's authors and illustrators including Niall Breslin, Don Conroy, Oliver Jeffers, Dave Rudden, Sarah Webb and many more.

An Post will be delivering 90,000 copies to 6-10 year olds throughout the country but in case you need more copies you can download at; https:// childrensbooksireland.ie/resources/imaginenation/

It's time to "Spring into Storytime". Join us in celebrating the enjoyment of reading together. As you can't visit your local library at the moment, we thought we would bring storytime to you from Irish authors and Irish published Books. Just log onto our Facebook page "Cork County Council Library & Arts Service" and listen to our wonderful stories read in English and Irish by our own Librarians.

All of us here in Macroom Library miss meeting all our patrons but we look forward to being able to open the doors as soon as it is safe for us to do so. At the moment it is important to Stay at Home and Stay safe everybody. We look forward to seeing you all again soon.

Please follow us on Facebook - Cork County Library & Arts Service and Twitter -@Corkcolibrary for all our up to date news and information.

"Reading gives us someplace to go when we have to stay where we are." **Mason Cooley**

Cork County Council has opened up a dedicated COVID 19 Community Response Freephone Helpline.

This is to help the public to access non-emergency and non-medical services and to provide support and advice.

It will operate from 8 am to 8 pm seven days a week on 1800 805 819

Also you can email; covidsupport@corkcoco.ie or Text; 085 870 9010

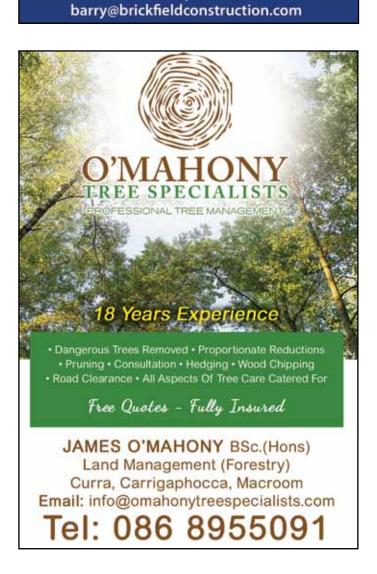
Macroom Local Television

Dan Joe Kelleher is hoping to get Local TV broadcasting again soon. No updates on times or dates yet but watch this space.

HAVE YOU A NEWS STORY?

Contact the Editor - Tel: 026 - 42023 or Email: leevalleyoutlook@gmail.com





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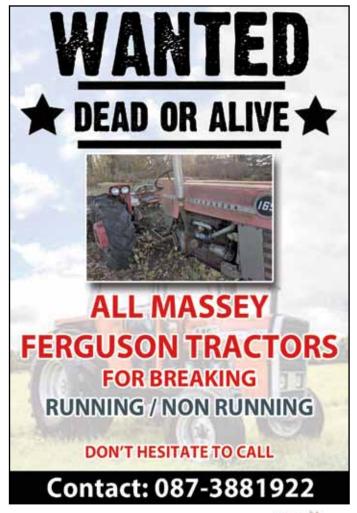
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COVID - SOME DEVELOPMENTS

BY DR. DR CON KELLEHER



Anne, Myra and Helen, some of Dunne's Macroom check-out heroes



Reflected view of Main Street, Macroom, via Ted and Joan Cronin's shop window.

Covid continues to affect every section of Irish society and almost every part of our lives. From creches to schools, work to hospitals, entertainment to sport - nearly everything and every person has suffered. However compared to the 1918-1919 influenza epidemic, aka as the Spanish 'Flu, we have some advantages, People are stronger, healthier and live longer life expectancy at birth in 1901 was (M/F) 49.3/49.6 years and 75.1/80.3 in 2001. Houses and diets are infinitely better. Allied to these improvements are the great advances in communication, transport, technology and science.

Medical science has developed beyond all recognition. For example, the 1918-19 virus was not identified until the 1930s and all sorts of exotic theories of causation were put forward. Now we are all too well aware of the Corona virus and its sinister spikey image. There is a tremendous amount of medical research going on and even what I write might be outdated by time of publication. Today I will discuss a few items that are relevant and promising.

Vaccine: Vaccines have been around since Jenner in 1798 used the cowpox vaccine to protect against smallpox. Many bouts of illness have been avoided and lives saved through vaccination. Along with access to clean water and decent housing, vaccinations are among the greatest medical advances. Some diseases such as malaria have evaded amenability to the development of an effective vaccine. The real answer to Covid is to develop an effective and safe vaccine and much work is proceeding. However, despite the urgency, this will not appear overnight. Andrew Marr in a recent BBC interview spoke to Prof. Sarah Gilbert, Professor of Vaccinology, Oxford, who leads one of the leading research centres in the world. She disclosed the process and at what stage her team is at. When a vaccine is ready for testing in humans, it is first tested in healthy young volunteers and she is almost at that stage. It is assessed for both effectiveness and possible side- effects. Next the vaccine is subjected to a double-blind trial when the rate of infection

is compared between those vaccinated and those not vaccinated, and the recipients do not know if they got the 'real' or the 'fake'. Provided the vaccine is safe and effective, the vaccine is trialed in older patients and again checked for safety and efficacy. In Covid's case, the elderly are the group most at risk. After that dose, frequency and whether it needs to be repeated have to be settled. Although happy with progress, Prof, Gilbert acknowledges that there are several steps to negotiate. September 2020 is probably too optimistic a date, but she hopes a vaccine may be available not much later. She stressed that there are no guarantees of success. This is but one of many centres that is working frantically at the project.

Testing: Thankfully the backlog of Covid testing has been cleared and results are being issued as quickly as possible. However, one should keep in mind the limitations of testing. In a perfect world, the sample would be taken perfectly, promptly dispatched to a reputable laboratory and the result reported almost without delay. The test would be entirely reliable for both positive and negative results. Like much of medicine, such perfection is rarely achieved. Because of the threat of Covid, much work is

being done speedily. The FDA, the US drugs regulatory authority, has issued a caution. It advised clinicians 'not to use antibody tests alone as the sole basis to diagnose COVID-19 but instead as information about whether a person have been exposed'. It also made the point that some tests currently on the market have a low reliability.

Masks: The British

Medical Journal of Medicine addressed the issue of wearing masks and reviewed the evidence. In an editorial it made the following points:

- 1. Initially citizens were advised that masks were not for general use.
- 2. A number of agencies such as the US Centers (sic) for Diseases Control and Prevention are advising the opposite, that the population wears
- 3. Maximum viral shedding and transmission occurs early in the disease.
- 4. Many affected people do not know they are infected.
- 5. If infected, wearing of masks reduces transmission
- 6. Some studies have shown masks to be effective, while others did not.
- 7. During pandemics, people follow advice and this is certainly true in Ireland. Even a 20% reduction would benefit greatly. Proper full scales trials are urgently needed but may not be possible. Greenlagh, an author of a review on the subject, wrote that 'the absence of evidence is not evidence of the absence of benefit' with regard to the benefit of wearing masks.
- 8. Wearing masks might instill a false sense of security. However as with all measures, maskwearing must be done in conjunction with other



Customer and brave check-out Assistant at Dunne's, Macroom, during Covid time.(C Kelleher).



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COVID - SOME DEVELOPMENTS (CONTINUED)

measures.

9. Cloth masks may be only slightly (15%) less effective than surgical masks.

10. Much remains unknown about the effectiveness of wearing mask.

The editorial finishes with the following: 'Given the gravity of the pandemic, indirect evidence of benefit combined with the low risk of harm should outweigh the absence of direct evidence

supporting mask-wearing by the general public'. Please consider the above and make up your own mind.

It all leads back to 'prevention is better than cure' and increasingly hard as it is, to heed the advice of social distancing, coughing/sneezing etiquette, handwashing, obeying the rules and being community minded.

Finally there are many acts of kindness enacted all around us. Two such came to my notice. A neighbour brought a container of bottles of sanitizer fluid, specifically for use in care centres. Another gentleman found Personal Protective Suits in his attic, from his previous employment, and they were gratefully accepted by an appropriate institution.

MCEGAN MUSINGS

Let's Cook by Ms Hazel Burke (Home Economics Teacher)

Social distancing and self-isolating are forcing lots of us to come up with activities and ways to keep busy at home, spending some time in the kitchen is one of the most rewarding ways to do this.

This week I was going to give a variety of bread recipes, including the much requested McEgan Brown Bread Recipe, until I realised how scarce flour and yeast have become. Many families are busy baking and learning skills together. This is far greater than any learning that can take place in school!

Instead of bread, I am going to share some delicious creamy ice cream recipes with you. We rarely make ice cream in school for all kinds of reasons including time restraints, lack of patience waiting for it to freeze, restricted freezer space and the need for specialist equipment to make traditional ice cream using a homemade custard base (crème anglaise).

These recipes require no churning during the freezing process, nor do they require any specialized equipment. However, patience waiting for the mixture to freeze is still required!

No Churn Cookies & Cream Ice Cream

1 (397g) tin sweetened condensed milk (Not evaporated)

½ teaspoon vanilla extract

500ml cream

20 Oreo cookies, crushed



Method

- 1. Mix together the sweetened condensed milk and the vanilla extract in a large bowl.
- 2. Whip the cream on medium-high speed until soft peaks begin to form, about 2 minutes.
- 3. Gently fold the whipped cream into the condensed milk, being sure not to over mix.
- 4. Gently fold the crushed cookies into the mixture.
- 5. Cover and freezer for at least 6 hours.

Easy Irish Coffee Ice Cream

This is an Adult only version! If serving to children omit the alcohol. 600 ml cream

- 1 (397g) tin condensed milk (not evaporated!)
- 3 tablespoons instant coffee powder
- 2 tablespoons Baileys

Method

Whisk all the ingredients together until soft peaks form, and you have a lovely, coffee-coloured airy mixture. Fill into covered airtight container and freeze for 6 hours or overnight. Serve straight from the freezer.

Strawberry Ice Cream

Locally produced West Cork Strawberries are just on the market and their flavour can really be enjoyed in this rich ice cream.

500ml cream

1 (397g) tin sweetened condensed milk (not evaporated milk) ½ tsp vanilla extract

1 punnet strawberries (pureed with a hand blender and sieved to remove seeds)

Method

Whip the cream until soft peaks form.

Carefully fold in all the other ingredients. Place in a freezer-safe dish and freeze for 6 hours or until the ice cream is completely frozen through.

Chicken Goujons with a twist

Ingredients (Serves 4):

4 chicken breasts (Swap for halloumi for a vegetarian option)

3 tbsp flour

2 eggs

For the coating:

Choose 125g of Breadcrumbs

Rice Krispies

Cornflakes

Doritos (pick your favourite flavour)

For Extra Flavour:

1 tbsp. parmesan cheese.

1 tsp. Paprika

Method:

Preheat the oven to 200°C, fan 180°C, gas 6. Line a large baking tray with non-stick baking paper.

If using Cornflakes or Doritos, put into a food processor and whizz until finely ground. Alternatively, tip into a plastic food bag, wrap the bag in a tea towel and crush finely with a rolling pin. For Rice Krispies, lightly crush with the palm of your hand.

Put the crushed coating in a shallow bowl, the flour in a second and the beaten eggs in a third. Season the flour and eggs generously with salt and pepper and additional flavourings.

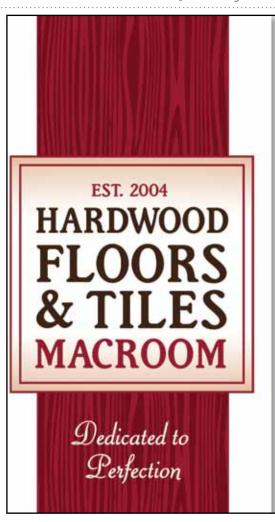
Firstly, coat the chicken in the flour, next dip into the egg and lastly dip into the crushed coating of your choice. Space out on the baking tray. Repeat until all pieces are done.

Cook for 20 minutes, turning halfway through, until golden, crisp and cooked through.

Serve with salad and oven chips or sweet potato wedges.

Stay safe, stay home and keep cooking!





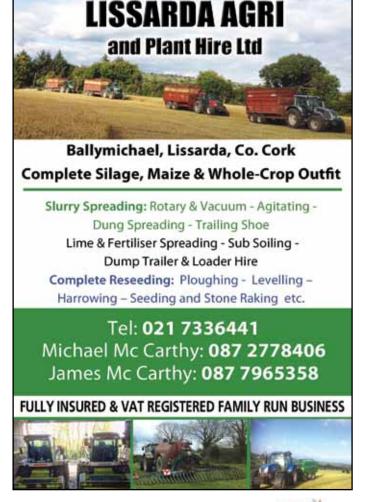
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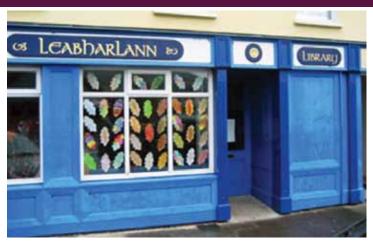
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Leabharlann Bhaile Bhúirne



The libraries are still closed but you can access our online services on https:// www.corkcoco.ie/en/library-services/library-online. Don't worry about items you had borrowed before the libraries closed, we have extended the return dates on all of these. If you cannot access the online services because your membership has recently gone out of date, please contact your local branch or Library HQ on 021 4546499 or corkcountylibrary@ corkcoco.ie and we will try to help you in any way possible. If you would like to become a library member in order to access the online services. please visit the Libraries Ireland website at https://www.librariesireland. ie/join-your-library and follow the instructions there.

You may have heard that Cork County Council's Library Service has begun delivering books directly to the doorsteps of some of its vulnerable members who are isolating during Covid-19. The Housebound Delivery Service was in the news over the past week. The service is now available across the County to serve those who are cocooning and isolating throughout the duration of this pandemic.

If you are interested in finding out more about the service, please contact your local library or Cork County Library Headquarters on 021-4546499. This is part of Cork County Council's Community Support Programme. This programme has also developed a helpline so if you, or anyone you know, needs help accessing collection or delivery of food, essential household items, fuel, medication or simply needs some non-emergency/ non-medical advice or support, please contact Cork County Council's Covid 19 Community Call Helpline on the dedicated and confidential FREE Number 1800 805 819 every day from 8.00am to 8.00pm or call +353 21 4285517 from outside of Ireland to seek assistance for a relative or friend. You can also text 085 8709010, email covidsupport@corkcoco.ie or visit www.corkcoco.ie for more information.

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LEABHARLANN BHÚIRNE BHAILE CREATIVE WRITING GROUP:

The Clock by Gerard Lynch

The stark title of this piece is surely enticing my readers into a realm where they are imagining an impressive grandfather clock, perhaps with walnut inlay and eye catching brass pendulums standing in an imposing entrance hall or in pride of place in a top class antique emporium.

This could not be further from the truth as the clock in question is but a humble little timepiece which came into my life almost thirty five years ago among a plethora of other wedding gifts we received back then. However this was no ordinary clock, indeed no for this was an all singing all dancing clock radio which was somewhat of a novelty back in 1984. I little realised back then that this piece of electronic timekeeping encased in plastic pretending to be timber, would continue to adorn my bedside locker for so many years and would herald the beginning and signal the end of the best, the worst, the extraordinary and the ordinary days of my life for over three decades.

By today's standards it is a simple little device, but having watched my wife who is one of the calmest human beings I have ever encountered become verbally violent with at least three clock radios on her side of the bed over the intervening years. I do appreciate my little veteran's simplicity more and more with each passing day.

I should point out however that the product description, clock-radio could not be applied to my little time-piece for the past several years as the radio side of this partnership left the building long ago; this was never a loss as I always preferred the buzzing option anyway. Who in their right mind would wish to inflict news of wars and disasters or really bad music on their psyche before they have even set foot on the bedroom floor on any given morning?

Now when I look at its simple digital display I see again its minutes ticking down in the dead of night as I paced the floor with a baby son who was wracked with the agony of colic, the same baby son who a few short months later assumed that every day should begin at five am long before my clock had its chance to declare the dawn. I can also still hear the murmur of neighbours' voices at the end of the corridor as they sat in my parents' bedroom keeping vigil with my mother through the last nights of her life, my clock counting down those final hours and minutes until the inevitable moment of farewell would descend upon our house. The same neighbours returning again to recite decades of the rosary downstairs during the nights of my father's wake. What an enemy this clock became during those days and nights as it stole away the very thing we needed most, a little more time.

Yet how loved this same clock has been on mornings when it has called me gently back from sleep lest I miss a single second of days filled with family and friends celebrating milestones reached or goals achieved, or to leap from my bed and head to foreign places for never to be forgotten holidays and above all those lazy days filled with the joy of doing absolutely nothing. How many times have I made its call to arms redundant when my excitement at the prospect of the coming day had me awake long before its noble call was ever required?

On the whole ours has been a gentle partnership. For my part I could never imagine trading in or pensioning off my faithful friend for a sleek and perhaps more aesthetically pleasing model, and should that fateful day ever arrive when perhaps its dated display should dim and fade away or its cheery buzz becomes silent, it shall be wrapped up and put away carefully for my heir to find when I am gone.

Let him wonder why this broken insignificant little clock was kept by a Dad who never hoarded a thing in his life. Let him wonder.



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CARRIGANIMA COMMUNITY DEVELOPMENT ASSOCIATION

Carriganima **Community Development** Association is pleased to announce that the special commemorative publication 'Ár Scéal Féin / Our Own Story' is now on sale. This book was compiled to mark the centenary of Carriganima native, An tAthair Peadar Ó Laoghaire, who died on the 21st March 1920. Centenary celebrations had been scheduled for this March, but, due to the current Covid-19 restrictions, these had to be postponed.

Readers of The Lee Valley Outlook will be aware that the community had planned a wonderful weekend of celebrations. The weekend was to have included a concelebrated bilingual Mass and a tour of sites associated with the life of An tAthair Peadar and the Ó Laoghaire family. The Development Association has also installed a commemorative plaque in the Church of St John the Baptist, Carriganima. This was to have been unveiled at the anniversary Mass. All agree that Jim McCarthy stonemason, from Terelton, did a wonderful job in etching the plaque, which includes a silhouette of An tAthair Peadar. The commemoration organising committee, under the chairmanship of Joe O'Leary, had done Trojan work in arranging everything to ensure an informative and enjoyable weekend. The committee members want to thank everybody for their support, patience and understanding. All look forward to the people of the locality, our diaspora and friends of An tAthair Peadar from elsewhere being able to come together, when times are different. Then, we will suitably mark

the life, achievements and legacy of An tAthair Peadar Ó Laoghaire - son of Carriganima, a local and Irish hero, freeman of Cork, pastor and shepherd of his people, social campaigner, writer and scholar - a champion of the people. As it says on the plaque: An tAthair Peadar laoch áitúil (Father Peter, Local Hero).

Ár Scéal Féin is an interesting, lively and insightful compendium of stories, recitations, folklore, wit, memories and photographs of life in Carriganima and the surrounding areas over the past one-hundred years. Articles are in both English and Irish.The book was edited by James O'Leary, who also penned some of the beautiful articles. James and the members of Carriganima Community Development Association are most grateful to all those who contributed, in any way, to the book. Kanturk Printers did an excellent job in editing and typesetting. Carriganima Community Development Association also acknowledges the funding received through the good offices of Conor Nelligan, Heritage Officer, Cork County Council.

Readers of Ár Scéal Féin will attest to the wide variety of very interesting articles. One of the greatest insights into the history, heritage and values of the local community came from the work of children in the local primary schools. During the 1930s, the children of the parish collected and wrote-up stories about life in the locality. The articles are held in the archives of the Irish Folklore Commission. Some of these are replicated in Ár Scéal Féin. The meticulous

handwriting is a symbol of a different era. The content reveals stories about local characters, heroes / heroines, the cycle of nature, customs and practices. Ár Scéal Fein also reflects on local placenames - of townlands and fields, and it enhances our understanding of local historical sites.

As well as celebrating life in Carriganima and the surrounding communities over the course of the century since the passing of An tAthair Peadar, this special book is dedicated to the memory of Fr Battie Desmond (RIP). Fr Battie, who served as curate in Carriganima, was much loved by the people of the parish. People appreciated his modest lifestyle, straight talking, clarity of thought and his ability to relate the life of Jesus to contemporary Ireland. Ní bheidh a leithéid

Ár Scéal Féin retails at €20 / copy, and can be purchased from the following: Healy's Shop / Clondrohid Post Office; Macroom Post Office, Ó Luaghasa's Centra and Post Office, Baile Mhic Íre; M. & J. Kelleher Oils Clondrohid; and Ring's Garage Carriganima. Copies can also be had from Joe O'Leary, Carriganima and Brendan O'Keeffe (Cloghoulabeg, Millstreet Eircode: P51 KF68).

Anybody wishing to have a book delivered, is welcome to contact Joe O'Leary (Carriganima) Tel: 086 8090349 or Brendan O'Keeffe (Cloghoulabeg), Tel: 087 6591788.

CANOVEE BABY AND TODDLER GROUP

Meetups to resume once lockdown has finished and in accordance with Government & HSE advice.

Cork County Council COVID-19 Community Support

Cork County Council COVID-19 Community Support Programme has been established to enable the coordination of a multi-agency response in the delivery of much needed services to vulnerable citizens across County Cork.

Leading Ireland's largest county, Cork County Council, through its programme, will ensure that the wide variety of groups working across the county to assist those in need, will do so in an organized, collaborative and targeted way. The Council's COVID-19 Community Support Programme will ensure the very best use of the many resources assisting vulnerable persons with their daily needs at this unprecedented time, whether that is by collecting medication, food shopping, social support or making contact at what might be a lonely time for many.

On Sunday 29th March 2020, the Chief Executive of Cork County Council convened (by teleconference) the first meeting of the Cork County Council COVID-19 Community Support

Response Forum which committed fully to supporting the Council in delivering itsCOVID-19 on Support Community Programme. This Forum represents a multi-agency approach comprising senior representatives of both Statutory and Voluntary agencies operating across Cork County, and its Cork Co Councils response to Covid-19. important work will ensure commitment

and consistency in terms of delivery of the Programme.

The reach of the range of organisations involved is county-wide, among them An Garda Siochana, HSE South, local development companies,

An Post, the Civil Defence plus many more voluntary groups, whose rich local knowledge and wealth of experience will feed into a single contact point and system, established by Cork County Council.

LEE VALLEY OUTLOOK











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2020 INFORMATION NIGHTS WEDNESDAY, 18th OF MARCH 2020 WEDNESDAY, 15TH OF APRIL 2020

WEDNESDAY, 13TH OF MAY 2020 WEDNESDAY, 15TH OF JULY 2020

For more information or enquiries please contact the Child and Family Agency at www.fostering.ie Cork Area | Tel: 0214521138

Clondrohid Commozions

EASTER CEREMONIES: A big THANK YOU to Fr. Joe for putting Clondrohid Church on Internet Webcam. There was also a link to Facebook and Instagram. It was great for all those who were able to receive it and all those who weren't able to connect, Fr. Joe remembered and prayed for everybody in the Parish at all the Easter Cermonies

Weekday Mass continues at 9.30am with Sunday Mass at 10.30am and evening rosary and benediction at 6pm on Clondrohid Church Live

Fr. Joe's message: 'We will conquer because Jesus has conquered. God be with you all.'

On Easter Saturday night it was great to see all Cork Churches, dwellings, and many buildings unite in light against Covid 19. It was done as a sign of support and hope for all afflicted by Covid 19 and for all those on the Front Line be they health care workers, cleaners, truck drivers, shopkeepers or anyone giving help in any way to ease this pandemic.

Clondrohid played their part with the Church lights lighting all night, candles and lights lit up many houses, even trees and shrubbery were lit up. Well done. G.A.A: Clondrohid G. A.A. club is fully aware that the Covid 19 situation is causing hardship to vulnerable and elderly people in our Parish. Club Volunteers are available to give assistance, be it collecting groceries, prescriptions, fuel or other necessities.

Please feel free to contact the following co coordinators if you need help.

MUINFLIUCH: Denis Desmond 087 2143468 **CARRIGANIMA:** Noel McDonagh 087 7744686 Michael O'Leary 086 8248375 Tim O'Connor 086 8819292 **CLONDROHID:**

Brian Kerins 087 1531571 Social distancing will be adhered to at all times.

The G.A.A.'s policy has always been Covid 19 will only be beaten if we all take it seriously and all do the right thing.

HOME DELIVERIES: Healy's Spar are available to do home deliveries. Contact them on 026 41233. They wish to remind people that they will only be allowing 6 people at any one time in shop and social distancing will be observed at all times. Please work with them as its all for your own safety.

You can also contact Macroom Garda on 026 20590 if you need assistance. Cork Co Council are also available to help you with any issues you have, please feel free to contact them on 1800805819 from 8am to 8pm. Please do not be afraid to ask for help or assistance

You can ring the HSE on Call save 1850 24 1850 or 041 6850300 Monday to Friday 8am to 8pm and Saturday and Sunday 9am to 5pm for more info. Older people can contact ALONE on 0818222024 on Monday to Friday from 8am to 8pm

AN SCEAL FEIN: You may remember there was to be great celebrations in Carriganima to commemorate An tAthair Peadar in April but unfortunately the Virus arrived and all events were cancelled. But the book was published and is



On Sept. 8th. 2007, at 3.00 p.m., Feast of the Birthday of Our Lady, Mass was celebrated on top of Cnoc a'Tobair. by Fr Tim O'Sullivan P.P. Kilmurry Parish, and Fr Teddy O'Sullivan C.C., also in the picture is Ann O'Callaghan. © Peter Scanlan

now available from Cait Ring on 0868736614 and at Healy's Spar .The cost is €20 Some good reading in these unusual times.

CLONDROHID DEV GROUP: They hope all are keeping well in these strange times. They would like to thank Con their CE worker as he continues his work through the village, when most people are grounded for one reason or another. Keep up the good work Con.

They would also like to thank Cork Co. Council for the work they carried out on the lovely Curragh Road.

The Development Group had cut the hedges with Adrian and approached the Council in Macroom to see if they could find time to clean the road surface. This road is used by many walkers and joggers from the village and surrounds. Little did the Group know back in January how important that road would become when the Corona Virus struck. That 2km stretch is a life saver to many now. Thank you Macroom Co. Council.

PARISH ACTIVE RETIRED: This group continue to keep in touch with all their members through Secretary Mary, sending out bits of news, funny stories, poems, prayers etc. keeping up the spirits. A laugh or a joke goes a long way.!!!! They would like to suggest to members to make phone calls or texts to each other . Also to make a phone call to someone that is not on the Active Retired messaging service and might just appreciate a friendly chat. One for all and all for one

UIBL Laoire Potes

Croi na Laoi: The development group in Inchigeela have been obeying the regulations of social distancing and nearly all the plans and projects have been put on hold for the present. But still the area looks well in the lovely sunshine that we are experiencing and the hard work of last year is showing its fruits now. The Tidy Towns section are grateful for a gift of a beehive from local beekeeper, Paddy Noonan and they are looking forward to introducing its first occupants as soon as possible and learning all about beekeeping. The hive is painted and looks good. The big Good Friday clean-up was postponed as was the 1916 commemorations, but the flags still fly bravely to raise our spirits. Everyone is ready and eager to start again and hopefully it will not be long now until life gets back to normal. In his Easter message, our Parish priest wrote of this time as a time of sadness but yet of great hope. He wrote of dormant things coming to life again and with the lengthening days and the surge of growth, lush colour and melodic bird song it certainly is a time to relish our lives fully. He thanked the people for their kindness to him and said that it was an honour to be our Parish Priest but I can safely say that the honour is all ours, Father Anthony.

Garda Clinic: Garda O Donoghue and Gárda Griffin will not attend at the Parish office in Inchigeela, right now but they can be contacted at (026)20590. Family Quiz: In Ballingeary, the second family quiz took place on Saturday night last and like the first one, it was a great success. It was done online with everyone safely at home .The questions were done by Muintir Laoire and Joan Uí hEalaithe of Gougane Barra. First past the post for quiz number 1

was Clann Uí Dhuinnín An tSráid but the first place was shared by 3 families for guiz number2: Muintir Loinsigh, An tSráid, Muinter Cheilleachair, Goirtín na Coille and Muinter Seartain Inse Beag. And well done to all who entered. Lovely Cooking: If you are looking for something interesting to do right now you couldn't do better than to tune in to Katie Lucey of Gougane Barra Hotel on Facebook where she treats you on how to bake the most sumptuous of baking in an easy to follow demonstration. There are brown breads and apple crumble and other lovely yum yums. I have tasted some of

Mála na Cásca: The Easter bunny had a busy time in Béal Atha when he was given the task by An Coiste Forbartha of delivering a bag of Easter goodies to all those good people over a certain age, who were cocooning at present. I believe that he delivered nearly 80 bags in total, while of course observing the safe distance code. I hope you all enjoyed the contents and well done to those who organised. And thank you, Easter Bunny!

these delights and I can vouch for them. Well done Katie.

Home Delivery: Since the new regulations on physical distancing have emerged, Siopa Uí Dhuinnín, have offered a delivery service to your home of your order which you can phone or text in. Frank and Eileen say that it is working very well and that they are glad to be of service to anybody who cannot come out right now or would rather stay at home. So don't be shy of taking up their offer and shop local.

Citizens **Information**

WE ARE OPEN FOR PHONE & E-MAIL QUERIES

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Email: macroom@citinfo.ie

10am-5pm Monday to Friday

National Phone Service:

0761 07 4000

9am-5pm Monday to Friday

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- Income Supports Housing Social Welfare
 - Education Employment Family Matters
 - Many other topics

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Ní mór don té sin ardchaighdeán Gaeilge, idir labhairt agus scríobh, ardscileanna cumarsáide, áisitheoireachta, comhorduithe agus idirphearsanta, cleachtadh ar thionscadail a chur i gcrích, tuiscint ar chúrsaí pleanála teanga, eolas agus cleachtadh ar bhainistiú airgeadais agus ceadúnas glan tiomána a bheith aige/aici.

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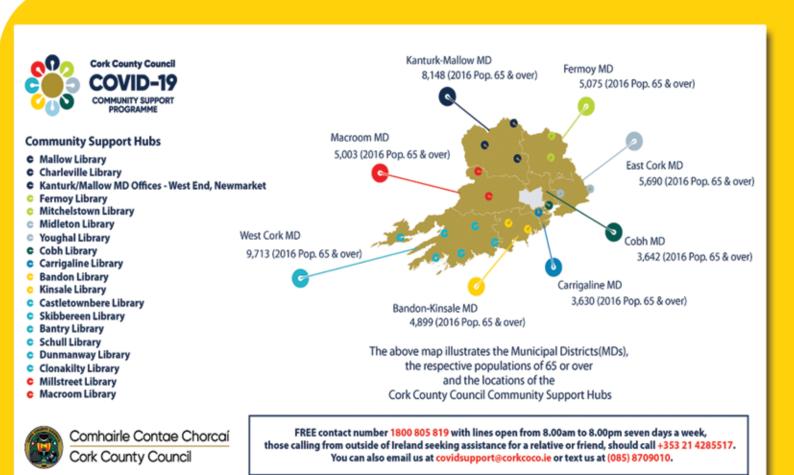
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0 805 819

8.00pm, 7 days a week)

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Set to come into effect from Monday March 30th, 2020, Cork County Council has provided a dedicated Community Call Helpline which is a FREE contact number 1800 805 819 with lines open from 8.00am to 8.00PM seven days a week. Those calling from outside of Ireland seeking assistance for a relative of friend, should call +353 21 4285517.

You can also email us at covidsupport@corkcoco.ie or text us at (085) 8709010.

A snapshot of Lissarda

As many of us pass though the busy village of Lissarda today, we should take a moment to reflect on the fascinating history of some of the well-known landmarks on this part of the N22 Cork to Macroom road.

Prior to the current traders, McGregor's furniture store and The New Golden House, Lissarda creamery operated from these premises in Lissarda. It was originally built by the Fitzgerald family as a stop for horse drawn coaches (the same Fitzgerald family that owned Mai Fitz's hostelry). The building was designed for the Fitzgerald family by JW Barnard who also designed their residence, Carrigdarrery House. J W Barnard was Clerk of Works during the building of St. Patrick's Bridge in Cork city and his name is inscribed on the bridge.

The advent of the Cork-Macroom Railway caused the decline of the horse drawn coach service and the building was subsequently leased and then purchased by the Lissarda Co-Op Creamery in 1892. It was one of the first co-ops in the country, later merging with Muskerry Co-Op, and then becoming part of the Ballyclough Co-Op.

George Lehane 1980s, after the purchase of the old Co-Op buildings

Cheese making and pig processing were also carried out the area before the pig processing

moved to Crossmahon and then Angelsea Street Cork, and finally to a factory on a new green field site in Ballincollig (now **Ballincollig** commercial park). This gave rise to the saying at the time "out on its own like the Cork Farmers Union" referring to all the green fields around it

The original premises where Sweet Magnolia Garden centre now

stands, was a chicken hatchery. The picture below is a cardboard box used to transport day old chicks to customers, usually by CIE bus.

The Co-Op closed in the 1980s, it was then purchased by George and Mary Lehane who converted into a family restaurant, known as Butterfingers. George and Mary sold the premises

FARNANES, CO. CORE. The Committee have decided to make a payment of 6d per 1b. of butter fat on milk supplied during June 1960. (s) we enclose chaque for

Kilmurry HAA

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Paramount, Cork. No 5130 SERIAL No. OF DOCKET AGRICULTURAL PRODUCE (EGGS) ACT, 1939 IDENTIFICATION DOCKET Collected by EAST MUSKERRY C.D.S., LTD., CROOKSTOWN. Identification Mark on Registered Proprietor's Premi Serial Number of case in which Eggs a Date Eggs collected _ Collected from .

> to the Jennings family, trading as McGregor's Furniture Store who initially leased the restaurant to the Crowley family trading as The High Fort (i.e. Lissarda) and currently trades as the new golden House Chinese restaurant and Take away. Credits: Michael Goulding, George Lehane, Louise Daly & Karen Lally







KNOW YOUR RIGHTS: ACCESS TO CHILDREN

My ex-partner has custody of our children and I have access to them at weekends. During the COVID-19 emergency, can they travel to my home?

The social distancing and travel restrictions in place during the COVID-19 pandemic mean that families are not sure about how access arrangements should operate. COVID-19 has also put additional stresses on families because access to the courts has been severely restricted. The President of the District Court, the Family Lawyers Association of Ireland and the Law Society of Ireland have published guidance on access issues during the COVID-19 emergency.

The key points are:

- Travel between parents' homes is allowed for the purpose of facilitating access. Parents are advised to have a copy of the court order with them when travelling for access.
- The best interests of the child or children involved is the most important consideration, particularly if the child has a compromised immune system.
- Parents are encouraged to come to their own arrangements for additional or alternative remote contact, such as telephone/Skype/Facetime/WhatsApp, to allow children to have extensive contact with the other parent while reducing the risk of the spread of COVID-19. Parents should make a note of any temporary agreement by text or email.
- Parents should consider the living arrangements of everyone involved, especially where a parent either is, or lives with someone, in a vulnerable group.
- Court orders in relation to access remain in place and should be complied with as much as possible, unless otherwise agreed by the parents.
- If there is no court order in place and an arrangement has been working between parents, this arrangement should continue, unless otherwise agreed by the parents.
- COVID-19 cannot be used as an excuse to ignore a court order.

Currently, the courts around the country are restricted to urgent business. Applications for breach of access or maintenance are not generally considered to be urgent. Family law cases that were given a hearing date in the Grouit Court after the Easter break have been adjourned. The relevant court office will be in contact with all sides when a new date has been set. You or your solicitor should contact the relevant court office if you believe the matter is urgent. You can get up-to-date information on the Courts Services' website courts.ie.

lf you need support and mediation, the Legal Aid Board has a Legal and Mediation Information Helpline on 1890 615 200 or 01 646 9600, Monday to Friday, 10.00am to 12.30pm and 2.00pm to 4.00pm. You can also contact the Family Mediation Service on 01 646 9637 for general queries on family mediation for existing clients of the mediation service or people who wish to register for family mediation.

APPOINTMENTS & NOTICES



Welcome back dear reader last week we saw how God wants to remove every burden from your life by His love and power and give you His Peace. Calvary was a place of exchange. There Jesus, the Son of God Who never sinned, gave His perfect life in exchange for your sin and my sins so that we could be reconnected and brought back to Father God as if we had never sinned (1st Peter 2:22-24). This is called the free gift of Righteousness and it is God's plan for those who repent and call upon the name of His Son Jesus for Salvation (Romans 10:8-17). Peter explained in Acts chapter ten that God has no favourites, and Salvation is available to all those who accept Jesus as Lord. Then he goes on... 'how God anointed Jesus of Nazareth with the Holy Spirit and with power...Who went about doing good, healing all who were oppressed by the devil for God was with Him' (Acts 10:38). Where did the anointing on Jesus and the power with which He healed all those who came to Him come from? It came from His time alone with God. "Jesus often withdrew to the wilderness for prayer" (Luke 5:16). If Jesus needed to be recharged in God's Presence we certainly cannot live without spending time alone with Him. This crisis is very lonely and frightening for many people. The future is unknown according to the 'opinions' of many (Proverbs 19:21). We are drowning in information, yet none of them knows anything for sure (1st Corinthians 2:5). One thing is unchanged though and that is God's Word! "People are like grass; their beauty is like a flower in the field. The grass withers and the flower fades. But the Word of the Lord remains forever" (1st Peter 1:24-25). Listen friend - whether you are in dire straits financially, sick, fearful or depressed now is the time to call upon the Lord Jesus and get serious. The world has no answers, and given a chance will eat you up for dinner, because it's a place of dog eat dog. One minute they are for you, the next they will tear you apart depending on what's trending. But God remains unchanged. "He prepares a table before me in the presence of my enemies." (Psalm 23:5) God has blessings laid out for you friend so come and eat! (Isaiah 55:1-13) It won't cost you anything but your time and let's face it - we have plenty of that right

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Digital and social media giants must help fund and sustain local media in Ireland - Kelleher

Fianna Fáil MEP Billy Kelleher has said that social media platforms and other digital publishers must either voluntarily dip into their pockets, or be required by the State, to support local media and journalism.

"The Covid 19 crisis has really hit our local newspapers and radio stations. Many across the country have stopped printing as their print advertising has simply dried up and they can't afford to print every week," added the Renew Europe MEP.

"Yet, the level of digital advertising taking place across the internet has never been greater. In addition, more and more of us are now turning to sites such as Facebook and Twitter to get our news.

"While there are great benefits to these instantaneous and global news updates, they do not go through the same rigorous, and expensive, fact checking that takes place in newsrooms across the country and cannot replace deep investigative journalism or the importance of truly local reporting.

"In recent days, the Australian government has introduced a new mandatory code for digital giants that will require them to share revenue with struggling newspapers and radio stations.

"The importance of quality journalism has never been more evident. Yet, unfortunately, it is getting harder and harder to sustain it based on traditional newspaper sales. Of course, digital subscriptions can help, but it is nowhere near what is needed to keep our local newspapers and radio

stations operating.

"Obviously, I would prefer to see the digital and social media companies voluntarily coming up with their own proposals to help their traditional media colleagues, but if they don't, the next Irish government must develop mandatory requirements.

"I have written to my party's Finance and Communications Spokespersons, Michael McGrath



Fianna Fáil MEP Billy Kelleher

and Jack Chambers to request that this issue is raised while negotiating the next Programme for Government. My colleague, former Communications Spokesperson Timmy Dooley has already laid down much of the groundwork on this policy in a policy paper published in early 2019.

"Independent journalism has never been needed as much as it is today. Independent journalism costs money, and here's a way of levelling the playing field and mitigating the distortion created by the rise of digital media," concluded Kelleher.

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NOVENA TO THE SACRED HEART



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your heart where your father sees it.

Then in his merciful eyes it will become your favour, not mine. Amen.

Say this prayer three times for three days and your favour will be granted.

Never known to fail.

Must promise publication of prayer.

JK

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Macroom FC: Trip down Memory Lane

Dillons Cross 1 Macroom 3. 24 Aug 2008 - Darragh Deasy P.R.O.

A new look Macroom got their Premier A league campaign off to a winning start with a fine win over Dillons Cross at Mayfield on Sunday morning last.

No less than five new signings were in Macroom's starting line-up and all played their part in what was a very solid performance.

Conditions were tough as a strong breeze blew right up the pitch to the backs of the visitors in the first half. The first sight of goal was a glorious one for Macroom. A good ball down the right flank found Paul Healy, but before he had any chance to do anything, he was hacked down just inside the box and a penalty was awarded. Keith Holden stepped up, sent the keeper the wrong way, but unfortunately sent the ball the wrong side of the post. The pressure continued for most of the half, however and just before half time the impressive David o Halloran raced clear off his wing and send a low drive to the bottom corner to give Macroom a deserved lead.

Ten minutes into the second half the lead was doubled when an Anthony O'Donoghue corner found its way to the foot of Holden and he made no mistake from close range. After this setback the home side improved somewhat

and pulled a goal back with a fine free kick which beat Macroom keeper James O' Connell low to his right.

Dillons Cross continued to pressurise the Macroom rear-guard but the back four, who were outstanding, were in no mood to concede anything further. And with only minutes remaining, the points were secured when a Macroom counterattack saw Holden with the freedom of the Dillons Cross half. He calmly slotted past the advancing keeper to give Macroom a precious away win.

Macroom: James o Connell, Brendan o Mahony, Martin Corcoran, Tommy Pittam, Arek Szok, John Breen, John Angland, Anthony o Donoghue, David o Halloran, Paul Healy, Keith Holden. Sub: Ger McCarthy for Breen (70).

Macroom 6 Dunbar Celtic 0. 26 Aug 2008.

Macroom followed up Sundays win over Dillons Cross with an emphatic victory over Dunbar Celtic at the Town Park on Tuesday evening.

The scoring began early on as new signing John Breen scored his first goal for the club with a fine solo effort. Macroom were dominant all over the field and it was only a matter of time before the goals followed. Two arrived before the half time whistle sounded with strikers Paul

Healy and Keith Holden both on target. The visitors, on the other hand, caused very few problems for a very solid Macroom defence.

The second half continued the same as the first with Macroom resuming in complete control. The fourth goal arrived on 70 minutes and this came courtesy of substitute Darryl Holden with a great left foot strike after good work from Anthony o Donoghue. Ten minutes later centre half | Tommy Pittman found himself in the opposition penalty box, managed to get the ball out of his feet and struck a low shot across goal and into the bottom corner.

There was still time for one more goal for the home side. A long clearance from Martin Corcoran was chased by David O'Halloran, and with the Dunbar keeper way off his line, O'Halloran duly lifted the ball into the empty net.

This was a great win for Macroom and represents the best league start for several seasons.

Macroom: Diarmuid McCarthy, Brendan o Mahony, Martin Corcoran, Tommy Pittam, Arek Szok, John Breen (Ger McCarthy 70), Anthony o Donoghue, John Angland, David o Halloran, Paul Healy (Darryl Holden 65), Keith Holden.

SPORT HISTORY Colman Corrigan, Macroom Footballer (1962-) by Con Kelleher

Colman Corrigan won two senior football All-Ireland medals with Cork in 1989 and 1990, and has two Gaelic Football All-Star awards. It is debatable as to who was Macroom's best ever player but Colman would merit very strong consideration His nephew, Fintan Goold, is the only other living Macroom footballer to hold a senior All-Ireland medal. Although Colman forebears came from different parts of the country, Colman is 'Macroom' through and through; he and his wife Dympna continue to live in the town. As well as his illustrious playing career, he has contributed to his club, his division of Muskerry and Cork over many years. Furthermore he has become a respected commentator on GAA matters locally, countywide and nationally.

Michael (Macroom) and Colette Corrigan (née Diggin) (Dublin) married and settled in Macroom. They met when he was studying pharmacy in Dublin and Colette was working for pharmaceutical company Cahill May Roberts. The chemistry was powerful as Colette forewent the bright lights of Dublin for the quieter world of 1950s Macroom. Children duly came along: Gerard first followed by Mary and Colman and, six years to the day, Fintan, his younger brother arrived. His parents, especially, and his siblings played huge parts in Colman's career. Michael played senior football with Macroom and junior inter-county

with Cork and was a selector when Macroom won a senior county football title in 1958. He was also heavily involved in the Macroom Golf Club most of his adult life. To become a pharmacist in the 1950 one became an apprentice and Michael was 'attached' to Michael (and Kitty) Brennan, South Square {currently the premises is occupied by a bookie shop}. Michael Brennan was a founder and lifelong member of Macroom (Castle) Golf Club, and thus Michael Corrigan joined the club.

Both Colman's grandfathers were avid sports supporters, particularly of Gaelic Football. Jimmy Corrigan came from Ballycolla, Co. Laois and was a postman and an ardent Collins republican. He married Eileen (Eily) O'Riordan whose mother, Eileen Lynch, came from Ballyvourney and she ran a sweet shop in The Bridge, Macroom. Eileen Lynch had emigrated to America with her two brothers. They spoke Irish only and, having walked to Macroom, took the train to Cobh and sailed to the US. She settled in New York and worked for the Dupont family who treated her exceptionally well. Her two brothers went west and their fate is not known but they may have been killed in some war. Eileen returned to Ireland, bought a house/shop at the Bridge, married Dan O'Riordan, and Jimmy Corrigan married their daughter Eileen. Jimmy served as



Back - Colette, Fintan and Michael Corrigan; Front - Dympna and Colman with All-Ireland 1987 replay man-of-the-match award. (Corrigan family).

secretary of the Macroom Handball Club in the 1920s. Colman's other grandfather, Matthew Diggin, was a Ballybunion man and a Garda Sergeant who served in Clonakilty, Buncrana and Dublin. He married Eileen Walshe, a Dublin lady. Colman's full name is Matthew Colman; on one occasion a wayward drive on Ballybunion's first hole came to rest in the adjacent graveyard, about ten feet from his grandfather's grave. As a Kerryman Matthew was hugely interested in football. He was also closely related to John B.

Cork County Council urges residents to maintain a clean environment

Cork County Council calls on residents across the County to keep Cork clean and beautiful. Recent weeks have brought a concerning increase in illegal dumping, littering and the misuse of street bins for household waste. The Council issued an appeal to everyone to dispose of domestic waste responsibly and to stop using public bins for the disposal of domestic rubbish. Chief Executive of Cork County Council, Tim Lucey, said, "During this critical period Cork County Council has adapted quickly in order to continue successfully delivering essential services. With the recent increase in public littering, streets that in normal circumstances are cleaned every 2/3 days now need to be cleaned on a daily basis. Our Civic Amenity Sites have re-opened to facilitate the responsible disposal of household waste for people who do not have a waste collection service. There is no excuse for using street bins to get rid of domestic waste. It is also a public health concern. Cork County Council continue to monitor the situation and I would remind people that littering and fly-tipping are offences that can be subject to fines."

Cork County Council's Civic Amenity Sites are open for essential waste disposal. This includes up to three black bags of domestic waste, along with glass bottles and cans for recycling. Mayor of the County of Cork, Councillor Ian Doyle commented, "Our County is renowned for its natural beauty and we should all take pride in keeping our towns, villages, roads and coasts litter free. When out walking your dog inside the 2km area please be mindful of others and clean up after your pet. Dog fouling is a nuisance. It's unsightly and a health risk. We live in a truly beautiful place let's keep it that way."

Mayor Doyle added "I'd also like to take this opportunity to ask all our citizens and Tidy Town members across County Cork NOT to go outdoors to clean up litter at this time. We appreciate all the great work you do and look forward to working together again soon, but for now we must ask everyone to stay home and stay safe while restrictions remain in place. The Council's crews are working hard to keep our streets clean. If you do see dumping or littering please report it online at www.yourcouncil.ie"









Cork County Council urges residents to maintain a clean environment

For details of your nearest Civic Amenity facility and items currently being accepted as essential waste see www.corkcoco.ie

Cork County Council's Digital Services

Along with the continuation of essential public services and the establishment of Cork County Council's Covid 19 Community Support Programme, to provide assistance to vulnerable members of the community with their daily needs, the Council has sought to maximise the use of digital means to deliver innovative initiatives during this time of social distancing. From library services to wellbeing talks, writing workshops to key Council services, much can be done from the comfort and safety of home.

Cork County Council's customer service portal at www.YourCouncil.ie offers access to many Council services online. From housing to planning, there is an array of services available at your fingertips.

Designed to support teenagers with their Health & Wellbeing, events scheduled for the award winning TeenTalks series had to be postponed, however a programme of video events are now being broadcast on Cork County Council's social media platforms. The series will

deal with a variety of topics, including Mental Health and will be expanded to focus on the Health & Wellbeing of adults too, especially in this challenging time.

For those looking to develop their writing skills, Cork County Council's Library and Arts Service, with support from the Arts Council of Ireland, is providing three online writing workshops for anyone with an interest in poetry, fiction or crime writing. Applications are now being accepted for the digital workshops, due to begin on April 29th.

The Council's Library Service has seen a huge increase in registration and use of their innovative online services. New registrations for the online book borrowing facility "Borrowbox" have increased by over 1,300 in March. While a new addition to the online service "Press Reader" is now enjoyed by over 2,400 members, who availed of 52,447 articles during the month of March. Acknowledging that not everyone can avail of these online offerings, the Council's Library Service have further utilised their community knowledge and expertise to develop a Book Delivery Service to cocooning and self isolating members throughout the county.

Also now available to enjoy from the comfort of home, Cork County Council's Heritage Unit has made its "Colourful Heritage of County Cork" colouring book available to download from www.corkcoco.ie. The book provides fun and interesting facts and challenges for artists and historians of all ages and levels of skill.

People with an interest in the history of Ireland and Cork are also invited to take a virtual tour of the Council owned Michael Collins House in Clonakilty. The tour is available online or on the Michael Collins House App and includes a short 16 min Michael Collins documentary and a new Podcast.

The Council will continue to make services available online and details of all initiatives are available on www.corkcoco.ie

> For help in accessing collection or delivery of food, essential household items, fuel, medication or other non-emergency and non-medical support, contact Cork County Council's Covid 19 Community Call Helpline on the dedicated and confidential FREE Number 1800 805 819 everyday from 8.00am to 8.00pm or call +353 21 4285517 from outside of Ireland to seek assistance for a relative or friend. Alternatively, text 085 8709010 or email covidsupport@corkcoco.ie



Noel O'Mahony, Executive Librarian at Cork County Council's Bantry Library assembles boxes of books for housebound members, as part of Cork



Sean Crowley, Driver Assistant, Cork County Council delivers boxes of books to housebound members in Bantry, as part of Cork County Council's new Library **Delivery Service**





Colman fielding in a Munster Final (Corrigan family).

Keane, the famous Listowel dramatist.

Other significant influencers on Colman were his uncle Denis 'Shocky' Corrigan and the legendary Macroom footballer, the great Mick Goold, Colman's godfather. Although small, Denis was a good club footballer, who played for Cork minors and Munster Colleges and he also played rugby for Macroom and Dolphin (Cork city). For a brief period in the mid-1950s Macroom rugby was revived and Denis played with, among others, Michael (Mika) Healy and Joe O'Brien. The 'ban' was then in force and Macroom GAA Club had a promising team. The GAA club was happy to see rugby's early cessation after just a few years. Denis then played scrum-half for Dolphin for two seasons. He consistently tracked Colman's games and progress. Michael Corrigan and Mick Goold were great friends and spotted at an early stage Colman's potential. Colman described Goold as more of an 'uncle' than a godfather. Cork and Goold lost the '56 and '57 All-Ireland finals, and he had played with Munster and the Combined Universities. He captained Macroom to the senior county and Kelleher Shield 1958 victories and was a vital member of the 1962 county-winning side. Goold told the story that when playing with Munster, he travelled with the Kerry players as with them he would be fed after the match. Perhaps that partly explains why Kerry has more than twenty senior football All-Irelands while Cork have seven. Mick O'Connell became a great friend of Mick Goold and this paved the way for Colman later getting on well with the Kerry maestro. Things were similar in Cork football several years later because, having played in the 1980 Munster minor final, Colman and Eamon Goold, Mick's son, had to make their way from Páirc Uí Chaoimh to Victoria Cross to



Cork All- Ireland winning minor team of 1972, an inspiration to Colman.(Macroom GAA Club History 1886-1987).

'thumb' home – their taxi man had other things to do. Michael Corrigan and Mick Goold were livid after the incident.

Colman attended St. Joseph's and St. Colman's Boys' National Schools. He was lucky that his classmates and many boys in the years above and below his were fine footballers. Brother Stanislaus was his first mentor and he left a lasting impression. Daily after school, Br. Stan brought the lads to the Castle Ground where he instilled skills, knowledge and a proper attitude. At that stage Colman was small and depended on anticipation, skill and speed. In 1972 the late Tom Creedon, Tim O'Sullivan and Leo Goold were members of Cork's All-Ireland winning minor team and brought the cup to St Colman's; the day still shines brightly in Colman's memory. Teams he played with were successful in Mid-Cork at U-12, U-14, U-16 and minor and fourteen grades. The Corrigans then lived in The Bridge and De La Salle secondary pupils passed on their way to school. Colman idolised the passing 'heroes' and longed for the day he would go to DLS. There he met great football people like PJ Horgan, John Buckley, Brendan Kenneally and Noel Dunne. He played for the senior team in second year (secondary was then a five-year cycle) and remembers in one game that year he did well in the first half, was praised at half-time by PJ and did badly in the second. Thereafter PJ tended to skip praising players who had done well before the game ended.

De La Salle had very good teams 1976-1981 and, with astute management, 'punched well above its weight'. While teams mostly consisted of Macroom players, 'country' players like Thady Delaney and the McSweeney brothers added steel. Coláiste Críost Rí then had a star-studded team and narrowly and perhaps fortunately beat Macroom in the Corn Uí Mhuirí final in



Colman and John Kerins at All-Star Awards; John is deceased. He was goalkeeper and a great friend. (Corrigan family).



Colman's two All-Star Awards (C Kelleher).

1978. When playing with the school Colman had to play with different players and novel management, and it was a great learning experience and a great bridge to playing at higher levels.

Colman played on the Cork U-21 team for three years and they beat Galway in the re-played All-Ireland final in Ennis in 1981 and he was well supported by a bus-load of Macroom fans. He captained Cork U-21s the following season but the concession of a 'soft' point led to a defeat by Kerry in the Munster final.

1982 was a brilliant year for Colman, perhaps his best. With a mixture of young and more mature players Macroom, captained by the great Tom Creedon, overcame Bandon in the Intermediate final. Tom was an inspirational leader and gave great example, advice and encouragement. His dedication and deeds commanded respect and loyalty. That win was followed by Macroom, led by Colman, winning the U-21 A crown. Within two years he had won an All-Ireland U-21 medal, an intermediate county medal and captained the Macroom county-winning U-21 side, the



Tom Creedon, Colman and others singing 'Mountmassey' after Intermediates' victory in 1982. (Corrigan family).



Macroom Juvenile before 1976 County Final; Colman is fifth from right, front row



latter two playing with his older idols and schoolmates. To add further lustre to 1982 he was called into the Cork senior football panel and in one game three of the six backs were from Macroom – Colman, Tom Creedon and Michael 'Shan' Moloney and formed the halfback line. The football future for Cork, Macroom and Colman looked rosy.

However if 1982 was a great year, 1983 brought major heartache. Macroom beat a fancied St Nick's team in Ovens in the first round in a very physical encounter. A tragic accident severely injured Tom Creedon, Macroom captain, leader and talisman, when heroically trying to save his infant son. Tom sadly died in August that year as a result of his injuries. Despite this loss, Macroom unluckily lost to Bishopstown in the second round and Clonakilty awaited the winners. Macroom had easily beaten Clon in the league earlier in the year, and there was a clear and feasible path to a senior final. Alas it was not to be. In retrospect it was Macroom's last realistic chance of a senior county. Cork U-21s lost the Munster final to Kerry and Castlehaven beat Macroom U-21s in the county semi-final. The only bright spot was that Colman was now established with Cork seniors.

Members of the successful Macroom intermediate team dispersed fairly quickly. Michael 'Shan' Moloney went to American in 1983, and others moved away due to study or work. Macroom were unlucky to lose to Nemo in 1985 and, having regarded to intermediate, lost in the following years to Glanmire, Mallow and Rockchapel. For Cork seniors the story was different.

Cork beat Kerry in the 1984 Munster final with a late Tadgh Murphy goal but lost to Dublin in the semi-final. Billy Morgan had taken over, and a succession of good U-21 players came onto the panel and many had never played in a Cork team beaten by Kerry. There was a nice blend of seasoned old players and gifted new recruits. Meath and Cork were the leading football counties at the time and a keen rivalry developed. Colman played with the All-Stars in New York and suffered an Achilles tendon tear in 1989. Fionán O'Carroll, Orthopaedic Surgeon, Tralee, did a wonderful job but Colman reckoned he would never be the same again. He also recalls that he was then recently married, was out of work and that the bank mortgage rate was 19%. Although still on the Cork senior panel, Colman did not attend the first two training sessions - he felt there was no point. A few nights later, sitting at home and feeling down, he heard a loud rap at the door. Billy Morgan was there and he declined to enter. In brief, direct and un-parliamentary language, he berated Colman for missing training and warned him never to repeat that. Colman returned to training and thinks, although in crutches for several months, he never missed a Cork match or session after that. Morgan left Colman feeling valued and wanted, and would do anything required and his return gave a great boost to the

Cork won two-All-Ireland in 1989 90 and entered the record books. Two Celtic Crosses



Connect/Cancer Help, Julie Harrison. © Con Kelleher

a senior figure at this stage and along with Tim 'Bonzo' O'Sullivan became a selector. Colman persuaded Eamonn Goold to return to play with Macroom and he was very influential in Macroom winning the Intermediate county in 1990. For some reason that team never progressed and Colman is still perplexed as to why it did not. Incidentally when Colman made his intermediate debut against Glanmire, Macroom forgot their jerseys and played in Blarney's red. Before the game, Tim O'Sullivan told him 'forget the colour of the jersey and remember who you are playing for'.

Macroom's won the county intermediate title for the last time in 2010 and gained promotion to Premier intermediate. Chairman Paddy Murphy had asked Colman and Brendan Kenneally to become selectors, Noel Twomey was appointed manager, and Alan O'Shea and Noel Creedon were invited to join the selection committee. Noel Creedon had been involved with successful St Michael's teams. Macroom had contested and won some county U-16, minor and U-21 county finals in the prior years and had some exceptionally good young footballers such as Fintan, John and David Goold, Seán Kiely, Ciarán and Olan Murphy, James O'Connell, Rory Buckley, Eoin O'Mahony, Michael Cahill and Philip Corrigan to name but some. Colman had been a selector with some of those teams. James was both a brilliant goalkeeper and clubman and had won nothing in his career. Shane Dunne, Mark O'Sullivan and the O'Shea brothers had also given sterling service to the club. Colman thinks all those players would have graced any Macroom team of any age. Seán Kiely captained a UCC-winning senior county team and both he and Eoin had won Sigerson medals. It was also a pivotal year for the club. Failure and junior grade football beckoned. Noel Twomey trained the team exceptionally hard and, as the year progressed, confidence began to rise. Fintan's and Seán's involvement with Cork was an added boost. The backing of the club and the town were important factors. Although it was intermediate grade there were no easy games. Macroom beat Ballydesmond, Fermoy and Castletownbere to meet Kildorrery in the final. After a tough close game that hinged on Macroom scoring from a penalty (from a rebound) and Kildorrery missing their's; victory was secured and the players rightfully took their place in Macroom's pantheon of heroes. Macroom qualified for a Premier final in 2013 but Clyda's negative tactics proved unsurmountable. The club has since retained its Premier status. Colman warmly applauds the effort and success of that 2010 team.

Outside of football Colman got a job with Fás and has enjoyed working with it and its successor since, and gets great satisfaction in seeing men and women advancing their careers and lives.

Colman married Dympna Walsh, Berrings and they have four children. Before meeting Colman she had little or no interest in sport. However she enjoyed Colman's involvement and has made lifelong friends with the wives and partners of Colman's teammates. She was a founding partner in O'Mahony, Walsh and Corrigan and has since formed Corrigan Insurance where she is Managing Director. That business is tough but the company is doing well. The GAA, sports people, the town and area have been good for business but equally the firm gives a good service and has been a very generous sponsor of Macroom GAA Club and Macroom Golf Club. James and Colum were together in Vancouver, but James has returned to Dublin. Mark works in Macroom and Elizabeth is in Cork, Mark plays with Macroom Premier Intermediates and soccer with Macroom F.C.

Macroom has always been Colman's home and his experience of living there have been overwhelmingly positive but there is an element of what he terms a 'first cousin of jealousy'. Occasionally he has been verbally accosted in bars, mostly by people who knew little about football. In Kerry past football heroes are more acknowledged and revered. Perhaps that is another reason why the county had prolonged periods of success. Around Macroom, and it applies in all fields of life, people are given recognition after they die. Another aspect of this is the way his son Mark was affected. Mark did not allow Colman to attend his games until he was sixteen years. Colman often goes to Kerry and this is a great outlet where he meets his Cork colleagues and his old Kerry opponents who are now firm friends.

Reflecting over his life and career, Colman points out that he was able to identify sporting problems and rectify them. Macroom U-16s lost a county final to Mitchelstown because its players were bigger and stronger. Colman became stronger. Colleges' football demanded more and he adapted. Being selected for intercounty teams meant he had to improve to survive. When first picked for Cork seniors he was overawed by Declan Barron, Kevin Kehilly, John Coleman and others but soon threw off his inhibitions and blossomed. Initially he found the Cork city players socially clannish but once he 'broke in' they were the best in the world. In particular he became great friends with John Kerins, St. Finbarr's, who died at a very young age. Apart from his successes Colman appreciates most the great people he met and the friendships he formed along the way.

While admitting to being well able to enjoy



himself (and he is a fine singer), Colman strongly rejects the idea that he did not take his football seriously. His view is that you have to have a balance between hard work and fun. He makes the point that no matter how good a player is, he/she does not achieve success at the highest level without being fully committed. He recovered from a very serious injury to achieve his prior levels of performance. Further, he says that when he was fit he was always confident, and fitness was vital for all aspects of his game. Colman is dismayed at what has happened to Cork Football, especially since 2010 and he has been brave enough to comment publicly. He is delighted with progress in 2019 at senior, U-20 and minor levels. The GAA picture in Macroom is modest but Colman takes heart from the great work taking place at under-age level and he was especially pleased with the performances of the 2019 U-12 side. Colman is always ready and willing to assist in any way he can.

He is an example of a Macroom player who reached the pinnacle of All-Ireland and All-Star successes twice each but this is outshone by his long-term commitment to his family, Macroom, Muskerry and Cork football. He is Macroom and Cork 'through and through'.

Achievements – Football

- 1. All-Stars 1987 & 1988. Captained All-Stars in some games.
- 2. Inter-county with Cork.
- All-Irelands senior 1989 & 1990.

Munster Championships - 1983, 1987, 1988 and 1980.

U-21 All-Ireland – 1982, U-21 Munster Medal - 1982.

Cork Minors - Played in 1979 & 1980.

Macroom

County Intermediate Championships 1982 & 1990.

County U-21 1982 (As captain) Mid-Cork medals: U-21, 1982, 1983; Minor, 1978-



Colman speaking after the U21 County victory in 1982 (Corrigan Family)



Colman accepting the U21 County Cup in 1982, (Corrigan Family)



Colman and Noel Twomey bring Sam Maguire to De La Salle.

81; Juvenile, U-14 and U-12 medals from 1974-78.

Colleges Football

He played with De La Salle, Macroom, at U- 15, 151/2, 16, 161/5, 17, 171/5 and Senior (U19) levels.

Golf

Macroom Senior Scratch Cup winner. Best score in three captain's prizes (Did not win as he was a juvenile member at the time). He played Senior West Cork Shield for Macroom for many years. His lowest handicap was 2. Captain of Macroom Golf Club in 2000

Ross Oil Mid Cork Junior Football Championship 2012-2019

Kilmurry and Iveleary have been the dominant teams in Mid Cork junior football since 2012. Kilmurry have appeared in five finals in that eight year period and won four titles: Iveleary have had six final appearances in that same period and have taken three titles. Amazingly, Kilmurry had not won a championship from 1986 until 2012, Iveleary had been without a title win since 1985 until 2015 and Kilmichael had not won a Mid Cork since 1987 prior to their 2013 win.

2012

2012 Final

Kilmurry 1 - 15 | Iveleary 1 - 11

Kilmurry ended a long wait for a Mid Cork title in an outstanding final at Annahala. In what was essentially a great team display, 'Man Of

GAA by Brendan Kenneally

the Match' award winner, Kilmurry's William Buckley did make an immense contribution to the victory scoring 1-8 of the winner's tally, his first half contribution of 1-6 when Kilmurry were playing against the wind being a vital element in the ultimate victory.

Buckley opened the scoring with a Kilmurry point but Cathal Vaughan equalised for Iveleary, then Seán O'Leary put them in front and Buckley levelled for the winners. Iveleary went back in front with two superb frees from Cork minor Cathal Vaughan and they led by 0-4 to 0-2 after 10 minutes. Buckley had a Kilmurry point and Ger McSweeney and James White exchanged points as the second quarter opened and two further points from Buckley saw Kilmurry regain the lead by the 21st minute. A fine Buckley goal in the 23rd minute, created by the perseverance of Greg Barrett, opened up a four point advantage, 1-6 to 0-5 but within minutes Vaughan set up Brian

Cronin with a tremendous pass for an Iveleary goal which was soon followed by an equalising point from Edward Buckley. William Buckley's point for Kilmurry separated the teams at the break, 1-7 to 1-6.

On the restart, Cathal Vaughan edged his side in front with two well taken points, one from a free, but Greg Barrett equalised and Buckley quickly restored Kilmurry's advantage. Iveleary goalkeeper Jamie Cronin denied Buckley a second goal with a terrific save as the game swung from end to end. David O'Halloran had two points for Kilmurry but a Ger McSweeney score brought Iveleary back to within two points, 1-11 to 1-9, after 48 minutes before Kilmurry put in a storming finish. James White had a point, William Buckley kicked over his eight point and former Cork minor James White kicked a magnificent score from long range to ensure victory for Kilmurry after a brilliant, sporting, contest.



Scorers: Kilmurry: W Buckley 1-8 (0-5f), J White 0-3, D O'Halloran 0-2 (0-1'45), J Kelleher, G Barrett 0-1 each. Iveleary: C Vaughan 0-6 (0-5f), G McSweeney 0-3 (0-1f), B Cronin 1-0, E Buckley, S O'Leary 0-1 each.

Kilmurry: Pat O'Callaghan: William Barrett, Kevin Barrett, Eoin Barrett: Liam Long, David O'Leary, Ian Murphy: James White, Eoin Creedon: Dominick Creedon, David O'Halloran, Jonathan Buckley: James Kelleher, Greg Barrett, William Buckley.

Iveleary: Jamie Cronin: Gerard O'Riordan, Kevin Manning, Kevin Hourihan: Barry Murphy, Donal Cotter, Shane Galvin: Edward Buckley, Daniel O'Riordan; Finbarr McSweeney, Cathal Vaughan, Sean O'Leary: David Hourihan, Gerard McSweeney, Brain Cronin. Subs: Sean Lehane, Donal O'Sullivan.

Referee: Mr Miah Moynihan, Grenagh

2013

In a championship quarter final replay, Iveleary lost to Aghinagh on a 1-11 to 0-9 scoreline.

2013 Final Kilmichael 2-9 Kilmurry 0-9

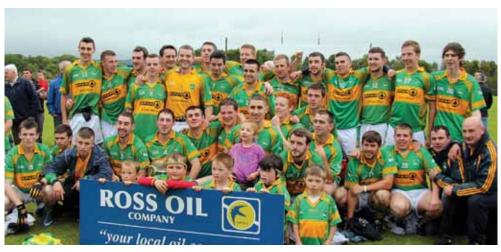
Kilmichael were Mid Cork Junior Football champions for the first time since 1987 after their defeat of Kilmurry at Macroom. Unfancied Kilmichael surprised Kilmurry with the intensity and quality of their challenge, stuck to a good game plan and deserved their win.

Kilmichael scored two goals and each of them was vital. The first came in the 17th minute when Daniel Twomey sent over a high cross from the right wind and Peter Kelleher was under it to out jump the defenders and fist to the net to put Kilmichael 1-2 to 0-3 in front. Later, Kilmurry were only two points in arrears with five minutes remaining when Kilmichael finally settled the issue with a goal from a James O'Leary penalty, after Finbarr Dromey had been brought down in the goalmouth.

The Man of the Match award went to Kilmichael's Simon Foley, playing as a sweeper in a seven man defence with plenty of support as Kilmichael had outstanding performers in every part of the field.

Kilmurry scored first with a point from a William Buckley free and Kilmichael in the 8th minute opened their account when goalkeeper Shane Masters came up to kick over a '45'. Immediately Kilmurry came up field and Buckley kicked his second point, but Kilmichael were level within minutes, another '45', again pointed by goalkeeper Masters. Greg Barrett restored the lead for Kilmurry but in the 17th minute Kilmichael got a major boost when Peter Kelleher rose highest in the goalmouth and the ball nestled in the Kilmurry net. William Buckley kicked a point from a free in reply but Conor Cotter and Daniel Twomey had superb points for Kilmichael to open up a three point lead by the interval. Kilmichael were now doing well around midfield where Finbarr Dromey and Michael Twomey were getting strong assistance from their half forward line of Conor Cotter, Peter Kelleher and James O'Leary. Kilmichael led by 1-4 to 0-4 at the break and were playing well.

William Buckley and Colm Dromey exchanged points, James Kelleher and James O'Leary



2012 Kilmurry Jun, A Champions



2013 Kilmichael Ju. A Champs

did likewise. Greg Barrett pointed from a free in the 42nd minute and when Jonathan Buckley added a point three minutes later the score was 1-6 to 0-8 at the three guarter stage and Kilmurry were coming into the game. Two points in a minute, one each from Daniel Twomey (a constant threat) and James O'Leary in the 48th minute, restored Kilmichael confidence and composure. James Kelleher managed to kick over a final Kilmurry point in the 53rd minute but the second Kilmichael goal followed and was decisive. Finbarr Dromey was taken down, a penalty was awarded and James O'Leary blasted to the net via the upright, Peter Kelleher added a point a minute later and the Kilmichael supporters were in full cry for the final minutes as they roared their favourites

Scorers: Kilmichael: Js.O'Leary 1-2 (1-0 pen.), P. Kelleher 1-1, S. Masters 0-2 ('45's), D. Twomey 0-2, C. Cotter and Colm Dromey 0-1 each. Kilmurry: Wm. Buckley 0-4 (0-2 frees), G. Barrett 0-2 (frees), Js Kelleher 0-2, J. Buckley 0-1.

Kilmichael: Shane Masters: Colin Murphy, John O'Riordan, Adrian Kelly: Cian Dromey, Finbarr Buckley, Simon Foley: Finbarr Dromey, Miceál Twomey: James O'Leary, Peter Kelleher, Conor Cotter: Alan Murphy, Colm Dromey, Danny Twomey. Subs: Dermot O'Riordan (57 mins.) and Alan Dromey(58 mins.). Also: Brendan Crowley, Damien Crowley, Darragh Foley,

Stephen Kelleher, Donal O'Brien, Brendan Cotter, Niall O'Callaghan, Shane Foley, Donal Kelly and Denis O'Donoghue.

Selectors: Kieran O'Leary, Dermot O'Riordan and Shane Prendeville.

Kilmurry: Jason Mc Donald; Adam Healy, Kevin Barrett, William Barrett; Liam Long, David O'Leary, Pat O'Sullivan; James White, Eoin Creedon; David McCarthy, Dave O'Halloran, Jonathan Buckley; Alan O'Sullivan, Greg Barrett, William Buckley. Subs: James Kelleher (h/t) and Michael Linehan (37). Also: Pat O'Callaghan, Finbarr Crowley, Michael Kelleher, Denis Sheehan, Eoin Barrett, Daniel Cahalane, Liam White, Ian Murphy, Padraig Berhanu, Michael John O'Mahony, Liam Murray, Sean Murray, Sean Long, Patrick Grainger, Tim Irwin, Robert Cahalane. Selectors: Sean Murphy, Raymond O'Sullivan, Pat Clifford.

Referee: Mr John Ryan, Macroom.

2014

In the quarter final Dripsey scored the winning goal from a last minute Gary Murphy penalty to eject Iveleary from the competition on a 2-12 to 3-7 scoreline.

2014 Final

Kilmurry 3-7 Aghinagh 2-4

Kilmurry regained the Ross Oil JAFC Final with a strong late rally against Aghinagh before a huge crowd at the Castle Grounds, Macroom. The



first half was very even. The sides were locked together before Aghinagh struck in dramatic circumstances for two goals to gain a seven point advantage. However Kilmurry got in for a vital goal before half time and had cut the gap to two points when the half time whistle sounded. The second half saw Aghinagh largely outplayed but they hung in there until almost the very end before Kilmurry got in for two late goals to take their eighth title.

Kilmurry's David O'Halloran opened the scoring from a free but Aghinagh equalised from a Donal Corkery free and William Coakley then put them in front. Joseph Ryan converted a free for Kilmurry, 0-2 apiece at the end of the first quarter.

In the 20th minute, the game took a dramatic turn when Aghinagh's Seamus O' Leary was brought down by the Kilmurry goalkeeper Jason McDonald who was injured and had to be stretchered off the field, and he received a black card for the challenge! Joseph Ryan took over as the goalkeeper but Seamus O'Leary blasted an unstoppable shot to the roof of the net to put Aghinagh in front. Donal Corkery then pointed a free before putting William Coakley clear for a smashing goal for Aghinagh. Kilmurry were now trailing by seven points but hit back with a really fine goal. Aghinagh lost possession, Kilmurry broke down the right wing and Pádraig Berhanu put a perfect pass in the path of Daniel Cahalane who took the ball in full stride and placed a superb shot into the far corner of the Aghinagh net. Two points followed from Jonathon Buckley and Alan O'Sullivan and the score was now 2-3 to 1-4 and Kilmurry were certainly back in contention. Aghinagh converted a free from Corkery in the opening minutes of the second half which remarkably was their only score for the entire second half. Kilmurry dominated possession but were guilty of some poor shooting in the third quarter, their only reward a point from a Greg Barrett free. With the game entering the final stages Jonathon Buckley landed a terrific free on 53 minutes which reduced the gap to the minimum and the sides were level following another point from a David O'Halloran free in the 54th minute, 2-4 to 1-7 now. A minute later it was all over as Kevin Barrett broke up an Aghinagh attack and galloped out of his own defence, the clearance went to Jonathan Buckley who billowed the Aghinagh net from close range and immediately after Kilmurry attacked again and this time Daniel Cahalane squeezed the ball past Paul O'Sullivan at the near post to wrap up the title for Kilmurry.

Kevin Barrett, Liam Long, James White, David O'Halloran and team captain Greg Barrett were outstanding for Kilmurry.

Scorers: Kilmurry: D Cahalane 2-0, J Buckley 1-2 (2f), D O'Halloran 0-2 (2f), G Barrett (f), J Ryan (f), A O'Sullivan 0-1 each.

Kilmurry: Jason McDonald; Liam Long, Kevin Barrett, William Barrett: Dave O'Halloran, David O'Leary, Adam Healy; James White, Greg Barrett: Jonathan Buckley, Finbarr Crowley, David McCarthy; Jonathan Buckley, Joe Ryan, Pádraig Berhanu. Subs: Alan O'Sullivan (21), Eoin Barrett (h/t), Michael Kelleher (55), Liam Buckley.

Aghinagh: Paul O'Sullivan; Paudie O'Sullivan, Alan Hourihan, Jeremiah Kelleher; Dermot



Iveleary 2015 Muskerry Jun. A Champs

O'Callaghan, Dave Barry, Miceál Corkery; Mikey O'Brien, William Ambrose; Seán Kelleher, Seamus O'Leary, Trevor Burns; William Coakley, Donal Corkery, Declan Ambrose. Subs: Kieran Lehane (38), James Ambrose (48), Donagh McCarthy (52), Sean Horgan (57), Con Lehane (59).

Referee: Mr. Jerry Masters (Kilmichael). Man of the Match Award: Daniel Cahalane, Kilmurry

2015

In the 2015 quarter finals Iveleary had a 0-8 to 1-3 win over reigning champions Kilmurry in the quarter final.

2015 Championship Final Iveleary 0-14 Inniscarra 1-5

Thirty years of often bitter disappointment were consigned to the distant memory at Cill na Martra when a new young generation of Iveleary footballers finally took the Mid Cork Junior title, the seventh in all but the first for the club since 1985 and the only success in five finals appearances since then. Iveleary were full value for their win, took the lead at 0-5 to 1-1 with a Cathal Vaughan point in the 13th minute and were never subsequently led. Winner of the 'Man of the Match' award was Cathal Vaughan and the 20 year old Iveleary man was outstanding, scoring 0-9 in all, 0-6 from frees, 0-2 from sideline balls and a point from play.

Inniscarra scored first, Tomás O'Connor raising a white flag in less than thirty seconds. Brian Cronin, another Iveleary hero with 0-4 at the finish, quickly equalised for his side and Cathal Vaughan and Cronin pointed frees to put Iveleary in front. In the 8th minute, Inniscarra delivered a shock to the winners when Tomás O'Connor floated over a lob which Daniel O'Connell fisted to the net, 1-1 to 0-3 to Inniscarra! The Iveleary response was quickly forthcoming as Finbarr McSweeney levelled with a point from play, Cathal Vaughan pointed a free from 50 metres and then pointed a 14m free, 0-6 to 1-1 at the end of the opening quarter. Paul Farmer had a fine point for Inniscarra in the 16th minute but back came the western side with points from Vaughan, one from play from out near the sideline and another from a sideline ball in the 23rd minute. Brian Cronin pointed a free after a foul on Seán O'Leary and

to cap a fine half hour's display, Cathal Vaughan again pointed a sideline ball to leave his side in control at the break, enjoying a 0-10 to 1-2 lead but facing the strong breeze in the second half. Inniscarra made a brave effort to get back into contention on the restart, Tomás O'Connor pointing from play and Seán O'Donoghue doing likewise from a free within the opening five minutes but Cathal Vaughan eased Iveleary anxiety with another beautifully kicked point from a free. There followed a period when neither side scored, ended at last in the 50th minute by a point from play for Iveleary by Brian Cronin. Vaughan pointed another free, Tomás O'Connor did likewise for 'Scarra' and in the last minute of normal time, Cathal Vaughan tapped over a close range free. In injury time, Iveleary were awarded a penalty when Chris Óg Jones, a constant livewire in the Iveleary attack, was fouled in the Inniscarra goalmouth but even 'Homer nods' - Cathal Vaughan blasted the ball wide from the penalty spot with the last kick of the game.

Iveleary: Jamie Cronin: Donal Cotter, Daniel O'Riordan, Barry Murphy: Ger O'Riordan, Cal McCarthy, Kevin Manning: Seán O'Leary, Barry O'Leary: Shane Galvin, Seán Lehane, Finbarr McSweeney: Chris Óg Jones, Cathal Vaughan, Brian Cronin. Subs: Finbarr McSweeney jnr. (46), Liam Kearney (48), Ger McSweeney (55), Pádraig O'Riordan (59).

Inniscarra: Dominic Kelleher: Cathal Griffin, Kevin Burke, Jack O'Dwyer: Stephen Dornan, John O'Callaghan, Paul Farmer: Conor Buckley, Alan Sheehan: Liam Collins, Seán O'Donoghue, David O'Keeffe: Seán Lynch, Daniel O'Connell, Tomás Ó'Connor. Subs: Dave Barry, Gerry Roche (39), Adam O'Connell and Timmy Murphy (43), Liam O'Riain (55).

Referee: Mr. Pat O'Leary, Kilmurry

Jubilation!

Mid Cork board Cathaoirleach JJ Long, presented the cup to joint captains, Patrick O'Riordan and Brian Cronin. Patrick O'Riordan spoke of the refusal of the club to accept defeat as inevitable despite their many disappointments. He praised the mentors Tim O'Sullivan, Denis Cronin and Mick Creed, team trainer Jim O'Sullivan from Newcestown and club Physio, Cliona O'Riordan for their expertise and commitment.

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In West Cork, Barleycove, Garnish, Tragumna, Lough Hyne, The Warren, Inchydoney Iower car park, Owenahincha and Long Strand will all be closed.



St Marys Secondary School Parents Association (No Date) © Peter Scanlan



History

THE BIG 'FLU's 1918 // 2020 - Michael Galvin / Colum Cronin

THE BIG 'FLU, 1918 - 1919

The Greatest Killer of the 20th Century

GLOBALLY: GLUBALION killed. IRELAND: 23,000 killed

Greetings readers. I'm writing here in April 2020. Even just one month ago, who could have believed that today our nation would be almost completely shut down for an indefinite period of time. Only workers deemed to be essential to the running of the country are in employment. Workers in the health service are considered to be the elite of society. Whether we are millionaires or paupers, now there is relatively little difference between us! We will receive the same standard of medical treatment, should we require it. Money cannot buy us safe passage through or around this disease. All those aged over 70 years are confined to their homes. Every citizen is advised to stay at home except for essential business and all hotels, pubs & restaurants are closed. Only businesses and services considered to be essential are left open. All our churches are shut down and many of our clergy are confined to their homes. All sport fixtures are cancelled practically the world over. TV sports channels are running replays of all sorts and diehard football fans are suffering from serious withdrawal symptoms. Betting offices are closed. I understand that online betting continues, but what are they betting on? Almost in the wink of an eye, our 'normal' world has been utterly changed.

If one was dropped into today's Ireland without knowledge of recent happenings, you might ask, what catastrophe has occurred to cause such extreme change? Has there been an alien invasion or what? But no, the reason for this is invisible to the naked eye, but absolutely deadly. It is a virus, which originated in China and which

now threatens to kill hundreds of thousands of people & cripple the world's economy. Life has changed utterly for everybody in a whole lot of ways. Many would suggest that we had 'lost the run of ourselves' and this is God's / Mother Nature's way to slow us down and re-evaluate our values and priorities. Given this enforced, prolonged period of time to reflect, is perhaps an opportunity to take an in-depth look at ourselves, get to know one another at a deeper level, appreciate our families, our homes and our home area more. On the other hand, being cooped up together will not suit many who are accustomed to fast moving lifestyles and this may very well give rise to mental health issues for some.

The positives? Mother Nature is the clear winner here. All road, air and water traffic and much of industry has ceased, with consequent cessation of emissions from fossil fuels into the atmosphere and suddenly our air is becoming pure and clean, as it should be! Our ozone layer is regenerating and rebuilding itself as we speak. Our rivers, lakes and oceans are no longer being poisoned and even weeks ago fish returned into the usually polluted canals of Venice.

Communications technology has come into its own, enabling many to keep in contact with their friends and communities while isolated and confined to their homes. Social media applications such as Facebook, WhatsApp, Twitter and the likes are utilised by countless new users. The relatively new app 'Zoom' has proven to be invaluable in enabling groups of people, communities and congregations to participate



The Big Flu

in live virtual meetings/webinars/courses/ ceremonies etc. from their own homes. Through the use of IT technology, many are enabled to work from their homes. It is probable that many will continue this into the future, thereby saving on travel costs, wear and tear and pollution. Locally, our parish priests have embraced IT and they now live stream their Sunday masses to their congregations. As an aside, many others connect in from all over the world. Last Sunday's mass in Enniskeane was seen by over 2.5k. The Lord works in mysterious ways!

Some new buzzwords/phrases relating to the Coronavirus/ COVID-19 include: 'Wash your hands' 'Stay at home' 'Cocooning' 'Self-isolating' 'Social distancing' 'Physical distancing' 'Flattening the curve"Herd immunity approach (not for us!)

St Patrick's Day 2018, saw our heritage society Coppeen Archaeological, Historical & Cultural Society (CAHCS) commemorate the 1918 'Big 'Flu' in our float at the Coppeen parade. Little did we think that a similar pandemic lay ahead of us. This is the poster we created for the occasion:

Lissarda Ambush – 22nd August 1920 By Mary O'Mahony, KHAA

Lissarda Ambush took place 1.5 miles from Kilmurry Village and was one of the first ambushes in Mid-Cork. During August 1920 military patrols were active in the area travelling between Bandon and Macroom. The Kilmurry volunteers reported this activity to the 7th Battalion officers in Macroom. The proposed ambush site was inspected by Daniel Corkery, Battalion

O/C and Charlie Browne, Battalion Adjutant. The attacking party would be drawn primarily from Kilmurry "H" company with 3 volunteers from Macroom "B" Company and one man from Clondrohid "C" company. The volunteers, under the command of Patrick O'Leary, Captain of Kilmurry Company, would lay an ambush for the military at Lissarda. The date was

set for Saturday, 21st August 1920. At daybreak the volunteers got into their positions at the ambush site with the party of thirty five volunteers split between the southern and northern side of the road, with the main Cork -Macroom railway line running parallel to the road on the southern side of the road. In addition, about twenty other members of "H" company were



Michael Galvin

engaged on scouting and outpost duty.

The volunteers remained in position all day, but no military patrol arrived. That evening it was decided that the volunteers would reconvene to the ambush site the following week and attempt another ambush.

However, IRA activities in Inchigeela on the night of the 21st August 1920 would impact on the plans of the Kilmurry volunteers. That evening, RIC Sergeant Daniel Maunsell was killed by local volunteers at Inchigeela village as he returned from his home to Macroom RIC barracks.

The following morning, RIC County Inspector Trevor Rigg accompanied by 8 RIC policemen drove from RIC West Riding Headquarters in Bandon to Inchigeela to investigate the incident. As they passed through Lissarda, they were observed by local Volunteer William Powell. The volunteers set about staging an ambush for the expected return of the RIC via Lissarda.

As it was a Sunday, several volunteers were at Mass and some were on their way to a sports meeting in Newcestown. Local Cumann na mBan women cycled to Newcestown to alert these volunteers of the revised plan. As the volunteers arrived at the ambush site, they were assigned their positions but not all volunteers were in place when the scouts to the west signalled the return of the RIC patrol. As the police drove into the ambush zone, they were forced to stop by a cart which had been pushed across the road. The volunteers gave the order to surrender, which was policy at the time. The police took cover in a dyke and returned fire. Intense battle ensued with the volunteers having the advantage of higher ground. The volunteers lost Michael Galvin, Quartermaster Kilmurry Volunteers who was fatally shot during the ambush. Volunteer Daniel O'Leary was injured when a home-made bomb exploded as he was throwing it at the RIC. Five RIC policemen were injured during the ambush, the most serious being Sergeant Peter Runane, who had 20 years' service with the RIC. Contemporary newspaper reports of the ambush detailed that the County Inspector had a lucky escape as a bullet passed through his hat.

Michael Galvin was aged 29, married and a father of two young children. He was secretly buried (any overt ceremony would have incurred reprisals for his family) before later being laid to rest in the family burial plot at St. Mary's Cemetery, Kilmurry. KHAA plan to launch a commemorative book on Lissarda Ambush this year. An exhibition is also planned as part of the centenary commemorations. If you have photographs of any of the Kilmurry volunteers and/or photographs of



Lissarda Ambush Site

Lissarda Village in the 1920s, we would appreciate if you could contact Mary at 087 2251184.



As a member of Cork County Councils Covid 19 Community Support team, Jerry is now assisting in the delivery of food and medication to those who need it across County Cork



Caum School celebrating 100 years in 2012. $\,$ $\,$ Peter Scanlan $\,$

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3RD ANNIVERSARY



In loving memory of

TERESA BUCKLEY (NEE CURTIN)

Clonfadda, Macroom Who died on 18th April 2017

Your life was one of kindly deeds, A helping hand for others needs, Sincere and true in heart and mind, Beautiful memories left behind



Always remembered by her loving husband Paddy and family

2ND ANNIVERSARY



In loving memory of

MARTIN **BURKE**

Stamford, Connecticut formerly Rahoona, Ballymakeera. 30th March 2018

A Smile for all, a heart of gold. The very best this world could hold. Never selfish, always kind, These are the memories You've left behind.



Sadly missed by his loving family, Liam, Siobhán Jack and Joanne.

PRAYER TO THE BLESSED VIRGIN



O Most Beautiful Flower of Mount Carmel, Fruitful Vine, Splendour of Heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in this my necessity. O Star of the Sea, help me and show me herein you are my Mother (Make request). O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succour me in this necessity. There are none, that can withstand your power. O show me herein you are my mother. Oh Mary conceived without sin, pray for us who have recourse to thee (3 times). Say this prayer for 3 consecutive days and then publish it and request will be granted to you. This prayer must be published in thanksgiving for favours received.

11TH ANNIVERSARY



An Eternal Memory Until We Meet Again

JOHN (JACK)

Upper Codrum, Macroom Who passed away on 2nd May 2009

Those Special memories of you will always bring a smile, If only I could have you back for just a little while. Then we could sit, talk and dance John iust like we used to do. You always meant so very much and always will do too. The fact you're no longer here darling will always cause me deep pain but you're forever and always in my heart until we meet again. Our Lady of Lourdes pray for him



Sadly missed and loved by your wife Helen, sisters in law Theresa and husband Tony, Lauren & godchild Kian.

Anniversary Mass at a later date.

FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of

CORNELIUS (CURLEY) LEHANE

Railway View, Macroom, Co. Cork Died 30th April 2019

On Curley's first anniversary, his son Pat, daughter-in-law Carol and grandchildren Conor, Jennifer, Lucy and Richard would like to express their heartfelt gratitude and appreciation to all of those who expressed sympathy and offered support on our sad loss. Thanks to all who attended the funeral ceremonies and sent Mass cards, condolence cards and messages of sympathy. Thanks to Fr. Donal Roberts PP, Fr. Joe O'Mahony, Fr. Keane and Msgr. James O'Donnell who co-celebrated the funeral Mass. The Mass was made special by Mary McSweeney who played the organ and Michael Bradley who sung beautifully. Thanks to Teddy Sheehan (Sacristan) and the grave diggers and to Billy, Dan and Martin Fitzgerald for their professional undertaking services throughout. Thanks to Denis Murray for refreshments after the removal and to the Castle Hotel on the day of the funeral. Thanks to the medical teams in the CUH, Mater Private and especially to Macroom Hospital who took such good care of him in his final days and all the times he went there for respite. We sincerely thank the Home Help who called to him and my mother down through the years especially to Caroline, Teresa, Gobinet and Ann-Marie. To the wonderful volunteers from Meals on Wheels especially to Pat O'Connell and all those who help out in the Fr. Ryan Hall. Thanks to Dr. Shane Hurley and prior to him to Dr. Con Kelliher and their staff at Muskerry Family Practice. Also, thanks to his very good neighbour Kitty Lynch, and those who called to him including John Neville, Barretts Place, Mary, Denis and Breda Herlihy. Also, thanks to Nurse Bernie Buckley and the staff at Macroom Primary Care. The anniversary Mass will be offered at a later date for your intentions.



FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of

Tony O'Shea (HUGH ANTHONY)

Derryleigh, Clondrohid, **Barrett Place, Macroom** who died on 23 April 2019.

On this the First Anniversary of Tony's Death, his mother Eileen and family wish to express our appreciation and gratitude to all who sympathised with us on our sad loss.

Thanks to all our relatives, neighbours and friends. We would like to thank most sincerely his friend Willie for the care given to Tony.

Thank you to all who attended the Rosary, Removal, Funeral Mass and Burial, to those who travelled near and far to be with us, those who sent letters of condolence, mass cards, enrolments and floral tributes

We would like to express deep gratitude to Fr. Joe O' Mahony and Fr. John Keane who visited Tony. Dr. Peter Cronin for all his help and support.

Sincere thanks to everyone who participated in the mass, Fr. Anthony Wickham, Fr. Richard Scriven, Readers, the Local Choir, Organist and Sacristan. A special thanks to Fitzgerald's Funeral Directors for their kindness and professionalism. Thanks also to the gravedigger.

We thank The Abbey Hotel for providing the refreshments.

As it would be impossible to thank everyone individually, please accept this acknowledgment as a token of our sincere appreciation.

The Holy Sacrifice of the Mass has been offered for your intentions.



Never more than a thought away Loved and remembered every day.



All Memorials, Prayers and Remembrances are to be submitted to the Lee Valley Outlook 1 WEEK PRIOR TO PUBLICATION

Contact Des: 087 6593427 | Email: leevalley@outlookmags.com

MEMORIALS & REMEMBRANCE

BIRTHDAY REMEMBRANCE



Remembered with love on her birthday

MARY O'REGAN

late of Codrum, Macroom, Co. Cork Whose birthday occurs on the 17th April 2020

A smile for all, a heart of gold, One of the best this world could hold, Never selfish, always kind, These are the memories you left behind. As you were Mom you will always be Someone special in our memory.



Lovingly missed and always remembered Gobnait and Owen XXX

4TH ANNIVERSARY



Remembered with Love

PAUL. WALSH

Clounty Carthy, Renanirree, Macroom Who died on the 21st of April 2016

May the wind blow gently, And whisper for you to hear, How much we love and miss you, And wish that you were still here.



Sadly missed by Kitty, Fiona and Aoife. May he rest in peace.

2ND ANNIVERSARY



In loving memory of

MAURA LYNCH

Clondrohid, Macroom Who died 3rd May 2018 A beloved mother and friend

A light went out on earth for us The day we said goodbye, And on that day a star was born The brightest in the sky. With beams of love to heal The broken hearts you left behind, Where always in our memories Your twinkling star will shine.

Ar dheis Dé go raibh a anam Naomh Gobnait guidh uirthi.



Your loving daughters Pauline, Louise, Deirdre, Denise, Carol, and Linda

Mam's mass will be at 10.30am, Sunday 3rd May, 2020, in St Abina's Church, Clondrohid (YouTube 'Clondrohid Church LIVE')

5TH ANNIVERSARY



In loving memory of

DENIS (DENNY) HALLAHAN

Commons, Crookstown, Co Cork Who died 23rd April 2015

It does not take a special day, For us to think of you. Each Mass we hear, Each prayer we say, Is offered up for you.



Sadly missed by your loving wife Margaret, sons, daughters and families.

7TH ANNIVERSARY



In loving memory of

REDMOND KIRBY

St. Colman's Park, Macroom Who Died on 25th April 2013

April is here with sad regret The day the month we will never forget.

May Red's soul and the soul of all our departed family and friends Rest In Peace



Sadly missed and always remembered by your mother Carmel, your brothers and sisters, nieces and nephews, brothers in law and all your family and friends.

2ND ANNIVERSARY



In loving memory of

EILEEN O'CONNOR

Carrigleigh, Inchigeela and late of Ballygroman Ovens who passed away on the . 21st April 2018

We think about you always We talk about you still You have never been forgotten And you never will

We hold you close within our hearts And there you will remain To walk and quide us through our lives Until we meet again



Sadly missed and fondly remembered by her loving husband Sean, brothers: Bertie, John and Anthony- sisters in law nephews, nieces and friends.

4TH ANNIVERSARY



In loving memory of

IOHNNY O' SULLIVAN

Radharc Na Laoi - Ballingeary

As each day dawns we think of you, As each night falls, we pray for you. And throughout our lives no matter where, In our hearts you are always there.



Always remembered by Your Loving Family

6TH ANNIVERSARY



In loving memory of

PADDY McCARTHY

late of Macroom and Kilkenny, who died on 26th April 2014. RIP

Our hearts still ache with sadness And silent tears still flow For what it meant to lose you Paddy, no one will ever know.



Lovingly remembered by your wife Eileen, sons Noel and Brendan, daughters-in-law Adrienne and Stephanie, grandchildren Jennifer, Shane, Matthew, Lauren, relatives and friends.

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OPENING HOURS

PLEASE NOTE THAT WE WILL BE OPERATING THE FOLLOWING OPENING HOURS FROM NOW UNTIL FURTHER NOTICE

MONDAY - FRIDAY: 9AM - 6PM

SATURDAY: 9AM - 6PM

SUNDAY: 11AM - 4PM

BANK HOLIDAY: 11AM - 4PM

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