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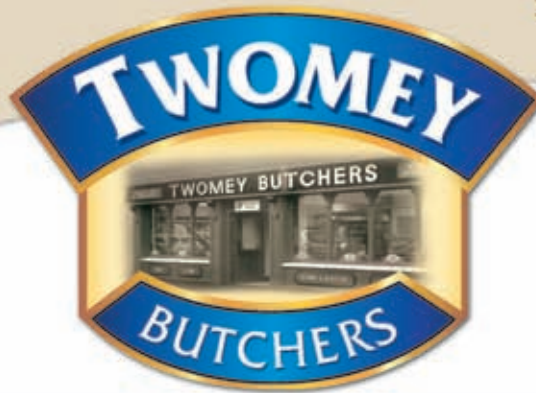
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## *The LVO wishes a Happy and Healthy New Year to all our readers*

'Health' is the easier to define and means an absence of sickness, a sense of well-being and an ability to both function day-to-day and within the wider community. 'Happiness' is a more difficult state to categorize. For people at different stages it means different things; the baby, child needs security, approval and love; the teenager wants that and more – peer approval looms large. Later successful college/training and relationships dominate and for young adults the hurdle of home-ownerships is formidable. Healthy and happy children who will become good people is the next phase in parents' quest for contentment; an ability to meet adversity along the way is often needed. Death and disability sometimes rear their heads and one marvels at the ability, and resilience, to cope of those so afflicted. One thinks of the bereaved, especially families who have suffered premature loss. Most families and communities support superbly.

'Happiness' for Macroom and the Lee Valley will mean seeing progress in the Bypass, the restoration of the Briery Gap, the renovation of Macroom

Community Hospital and the provision of decent homes, social and affordable, for those who need them. Renovation and use of existing buildings should be considered. On a voluntary level the paradox of generosity is that the givers often benefit more than the receivers. Macroom's decency to our new residents in Riverside Park is an example of that. Local voluntary work is another. Most if not all clubs and organisations could do with more help.

Finally while much good is happening there is more to do. We need a Day-Care Centre for the Elderly, a new building for De La Salle College, a Heritage Centre/Museum in the town and the development of The Gearagh for ecological and tourism reasons. Socially we need to address issues like alcohol and drug-abuse, and anti-social behaviour. Modern life is no doubt difficult and complex but with good community spirit many issues can be tackled and improved.

It will be interesting to review progress at the start of 2021.

## *Macroom Tidy Towns Update*

Many people associate Tidy Towns activities with litter picking and planting flowers during the spring

and summer but Tidy Towns work has now broadened and is a year-round commitment. To gain marks in the national competition it is necessary to score highly under all eight judging categories. Last year's detailed report was copied and hand-delivered to 1,450 houses and businesses around town in November to inform people of the judges' comments, both positive and negative, and to raise awareness. The Macroom Tidy Towns Facebook page has been the main means of communication throughout the year.

In the last four months of 2018 we were joined by extra volunteers from the ranks of the asylum-seekers who came to the Riverside Park hotel. These helped out in litter picking, planting flower bulbs, in erecting the Christmas lights and in distributing the newsletters.

The Fairy Garden has been one of the highlights again in 2018 with various new additions all over the park. A new shed was officially opened by Patrick Bergin. In the autumn, an updated brochure was produced and distributed all over town by the new volunteers from Riverside Park. Copies are available in the Town Hall, Macroom.

Community involvement continues to grow with schools' activities relating to Green Flags etc. being taken into account. Other groups like Foróige have also become involved. The Men's Shed has been a great support for Tidy Towns in many different ways.

The biodiversity area continues to take on added significance. In 2018 a swift Tower, 5 metres tall with 28 nesting sites was erected in the Mart property close to Lidl. This project was undertaken in conjunction with IRD, Duhallow. This has a bird caller installed which is solar powered and will be used to attract the swifts to use these nesting sites. There are swifts already frequenting this general area every summer, while they return like the swallows to the warmer climates for the winter.

Another developing area is the focus on maintaining the natural habitats; each of the green areas in estates etc. are being encouraged to retain an area for biodiversity. This could be an area where heretofore grass was being cut, but there was no real need for this time and expense, when a natural environment could offer more in the line of biodiversity. The biodiversity garden in the Fairy garden will be enhanced with the

upgrading of signage and the addition of some semi-mature fruit trees being sponsored by McEgan College. Almost 200 trees and shrubs were planted along the riverside at the rear entrance to the Fairy Garden. In this area also work has commenced on a sensory garden with support from a significant sponsor and works will be ongoing here in 2020.

The painting of houses and business premises was very noticeable last year on the main thorough-fare, and the Council is commended for their support. This makes a noticeable difference and the new murals add significantly.

One of the difficulties that the Tidy Towns faces is that so much of the desired works are outside of their control and places that need upgrading are owned by business people and private individuals.

Another difficulty is the continued reduction of council staff. This is gone below acceptable levels and there is a growing dependence on Tidy Towns volunteers to carry out essential work on the streets, thus limiting the potential for further enhancement of the town in other ways.

Sustainability is another category that is judged is.... 'doing more with less'. This focuses on reduction first, (energy, water etc.), then reuse - there are quite a number of 2nd-hand shops now in Macroom, then maybe recycle as the 3rd option.

The Tidy Towns major project for 2020 is the completion of a storage shed and to have a base in town from where to operate. The site, at the corner of Coolehane Road and Masseytown Road has been cleared and levelled. Planning permission has been obtained and work has commenced on putting in the base. This will be the central meeting point and will store the tools and equipment and help free up some of the organisers on Saturday mornings. It will help on wet days when work can be carried out indoors on painting equipment, repairs etc. It is adjacent to the Men's Shed and to the Fairy Garden and really is something to look forward to. Over the years Tidy Towns has had more access to council facilities and yards for storage etc. But with Irish Water now and changing council practices this facility is very limited.

The future looks bright for Macroom Tidy Towns Committee and the volunteer numbers were never as big; so it is a very positive start to 2020.

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# Dr Clióna Murphy, Macroom: GP and Businesswoman



**DR CLIÓNA MURPHY FROM MACROOM, GP AND BUSINESSWOMAN**

While recently reading The Sunday Business Post I noticed an article about a Macroom person and the person in question was Dr Clióna Murphy, The Square. The piece was about her new health product. RSVP magazine had previously carried a feature on her new venture. Her company is called "ivitamins LTD' Supplements with a Purpose". Last October (2019) Clióna launched 'Cholesto-Low' onto the market. It contains three ingredients – oat beta-glucan, inulin and coenzyme q10 - that act singly and in combination to reduce our Total and 'bad' cholesterol (LDL – low density

lipoprotein) and thereby reduce the risk of heart and blood vessel disease and pre-mature death. Heart attacks, strokes and limb-loss are the most dramatic expressions of these. Cardio-vascular (heart and blood vessel) deaths remain top of the causes of deaths in Ireland.

The Murphy family has had a pharmacy in Macroom since 1925, for more than ninety years. Like her siblings Henry, Sinéad and Eimear, Clióna served in the shop. Her sister Sinéad is also a doctor and Henry and Eimear are pharmacists. Clióna qualified in medicine in NUIG (National University Ireland Galway) and did her General Practice Training in UCC. Dr John Sheehan, the current Lord Mayor of Cork, was one of her trainers. Always anxious to expand her knowledge, she has added Masters in Bio Innovation and Public Health from NUIG as well as Diplomas in Geriatric Medicine and Forensic Medicine to her academic portfolio.

To survive and prosper in small-town business the art of listening and talking to people is essential. Perhaps this is the most valuable lesson Clióna learned when serving in her parents' shop and she absorbed as she watched Matt and Christine engage with customers. This art stood her in good stead for her career in medicine where 'attentive listening' is perhaps the quintessential virtue. While attending her patients, Clióna noticed an increasing interest in the concept of living healthily and well. This involves exercise, a healthy diet and mindfulness. Recently added to this formula is the idea of 'food as medicine' and food supplements. Doctors are justifiably sceptical about many of the touted virtues of supplements and are aware of their potential pitfalls. During her time studying Public Health Clióna researched the topic of supplements in great depth and discovered that many sold are ineffective and can even sometimes cause harm. However there are some scientifically validated and medically proven agents that are effective and beneficial in cholesterol-lowering. It is items from this range that feature in her product. Public Health knowledge demands an expertise in statistics and rigorous assessment of scientific papers, and she has put this skill to good use in her research.

Clióna grew up on the Main Street/The Square and the street was the local children playground. Together with her sibling, the Grahams (Castle Bar), Maureen Burke (AIB), the O'Learys (Tom and Phil's and Jerry and Sheila's) and others they played 'hop scotch', 'tip the can', chasing etc. It was in The Square that she and Caitríona Graham learned to cycle.

At St. Joseph's Primary and St Mary's Secondary contemporaries included Lynda Hurley, Clare Kinston, Chrissie Dervin, Helena Vaughan, Michelle Sweeney, Marie O'Mahony and Cathy Vaughan. Outside of class Clióna enjoyed basketball, badminton and waterskiing in Carrig Water-ski Club. Lynda captained a St. Mary's basketball side that ran up an All-Ireland final and that was very exciting. An outstanding memory was going to Lourdes with Cathy as helpers and this created a strong bond as a result. Having skipped Transition Year, Aisling Buckley (Raleigh), Eliz Cronin (Glen Park) and Emer Horgan (Gurteenroe) became friends and shared the on-going

innocent 'shenanigans' of the time. Now yoga, paddle boarding and water sports are her interests. She also follows the Munster Rugby team and is concerned at their current form. She has many friends in town; however many more are well dispersed and she now lives away.

When developing her idea Clióna brought all her experiences together; her family background in the 'chemist' business, her training as a doctor and GP, and her further education in Business and Public Health. However that was only the background. As well as conceiving the idea she had to satisfy herself on the efficacy and safety of her agents, source reputable manufactures to formulate pleasant products and all the while she was working. Further aspects involve financing, distribution and marketing. To date Clióna is self-financing and unfortunately fell between stools in looking for start-up state aid. For marketing she uses a very young Galway company – a group of smart young lads who decided to skip college and set up in business. Their photographer is just eighteen years old.

Advertising is done mostly by short online videos on Facebook (@cholesterolow); sales are also done online. All in all it makes the company very modern indeed. A further feature of the marketing is that Clióna is the 'face' of the products. She modestly says this is to save money but her image adds authenticity and authority to the product. As time passes Clióna feels less uncomfortable in front of the camera and recently she had great fun preparing her products in the kitchen. The resultant videos will appear soon.

So far business is going well and Cholesto-Low is sold in 48 pharmacies and is available in Macroom.

Some customers have returned and related how effective her product is, with one man saying his Total

Cholesterol dropped from 7.8 to 5.8 (m. mols) in two months and another going from 6.7 to 5.7 in one month, a great improvement {Under 5 is the target for Total Cholesterol}. Clióna plans to gather evidence as she proceeds.

Short term her business goal is to further establish and expand the sales of Cholesto-Low. After that she hopes to develop and bring to market further health products, all the while ensuring that they are safe, effective and reasonably priced. Medium term her plan is to wait and see how her first venture goes and take it from there. In the Chinese tradition long term is a long way away and so it is 'parked' for the moment.

As per medical ethics and the Hippocratic Oath, summed up in the Latin phrase – 'primum non nocere' – that can be roughly translated as 'first do no harm', Clióna is very conscious of her responsibility, and her reputation and good-standing as a doctor. She deserves great credit for developing a reputable, effective and safe product and making it available. Hopefully her reward will be business success and personal satisfaction that she will have helped further in the fight against disease, disability and death.

She has been courageous in taking on this project, and thoughtful, diligent and thorough in developing it.

She is another Macrompian doing well and making a difference. We 'Wish her Well' in her endeavours.

The website is Cholesterolow.com.



**Clióna and Henry, Launch Oct. 2019**



**Clióna Murphy Oct. 2019**

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Orla Lynch, Emma Cahill, Claire Manning and Shauna Buckley who took part in a Geography Quiz recently



Maeve Murphy and Carol Ann Casey, members of our School Equestrian Team who placed 3rd in an Inter-schools Showjumping Competition recently

## ST. MARY'S SOUNDINGS

**Geography Quiz:** Well done to our 3rd Year students, Órla Lynch, Emma Cahill, Claire Manning, Shauna Buckley, Aisling Rea, Donna McCarthy, Fiona Purcell and Lisa Neville who competed in a Geography Quiz last week in Coláiste Choilm. We thank Mrs Casey and Mrs Elaine Lynch for accompanying them.

**Annual Food Drive for St Vincent de Paul:** Míle buíochas to our 5th Year students who organised our annual food drive for St Vincent de Paul. We are grateful to everybody who contributed food to this very worthy cause.

**Equestrian Team:** Congratulations to our team which was placed 3rd overall in St. Brogan's Inter-schools Show Jumping Competition at the West Cork Equestrian Centre. Our team consisted of Laura O'Sullivan, Donna Regan Murphy, Carol-Ann Casey & Maeve Murphy. Laura O'Sullivan was 3rd in the 90cm individual competitions. Maeve Murphy was 2nd and Carol-Ann Casey 3rd in the 1 metre individual class. Well done girls, Plenty rosettes!

**CareChoice Nursing Home Visit:** Thanks is due to Órla Lynch and Shauna Buckley who helped the staff to wrap Christmas gifts for the residents before Christmas.

**Young Scientist of the Year Exhibition:** Another great year for St. Mary's at the BT Young Scientist and Technology Exhibition! A special congratulations is due to Lorraine Casey and Jane Kyprianou who received a highly commended award in the Social and Behavioural Category for their project "The Google Generation: Are Young People Today Too Reliant on Internet Search Engines?" We want to acknowledge and congratulate all eleven TY students who took part in this year's competition. It is a great honour for them, their families and our school that their projects were chosen for the exhibition out of thousands of applicants. They had an amazing week in Dublin, an experience they will never forget.

We thank Ms. Butler and Ms. Foley for helping the students with their projects over the past number of months and accompanying them to Dublin. Thank you also to the Science Department for organising the school visit to the exhibition for 3rd and 4th year students.

### Role Models:

Students this week engaged very enthusiastically with a new initiative in the Fourth Year Programme. They were asked to select a strong female role model for themselves and use their creativity to exhibit that chosen person, and their reasons for choosing them on an assigned desk in the school. Mrs Geraldine Cotter and Mrs Carmel Sheehan from our Parents Association judged the exhibits and awarded the following prizes -

- 1st Prize - Saorlaith O' Leary who chose Maureen Forest as her Role Model
- 2nd Prize - Laoise O' Sullivan who chose Amelia Earhart as her Role Model
- 3rd Prize - Alannah Cunningham and Marian Creedon - both chose Marie Curie as their Role Model.

We hope that the girls in TY will seek to develop the attributes of their Role Models and work towards a more equal society in the future. 'Well Done' to all of our TY students for working so enthusiastically on the project.



5th Year students who received their HACCP Certificates



Our TY Students performing during their very successful TY Show



Another great year for St. Mary's at the BT Young Scientist and Technology Exhibition!



Senior Irish Debating Team I-r. Alannah Cunningham, Saorlaith O Leary, Marian Creedon



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# St. Joseph's Jottings (Primary School, Macroom):



St. Josephs Primary School Junior Infants at their Christmas concert.



St. Josephs Primary School Junior Infants at their Christmas concert.

The school had a great December. 5th and 6th classes visited the hospitals and nursing homes to sing for the patients. Both the girls and the patients really enjoyed their visit. They also participated in the Parish Carol Service. Junior Infants, 1st classes, 2nd class, 5th class and 6th class performed excellent Christmas plays. The junior infants in particular were super on their first appearance on stage: 'Well Done!' Santa visited also and was accompanied around the school by our Student Council dressed as elves. Wellness Wednesday, where the children receive no written homework is continuing throughout the year on the first Wednesday of the month. The children are enjoying this as I'm sure are the parents! The girls are getting great enjoyment and love of reading visiting the library and going swimming. The Green Schools Committee is working hard on achieving our 4th green flag for travel.

We had excellent attendance in term 1. 'Well Done' to everyone and all the children who had missed no day got a cert. We start again for Term 2 with a clean slate for everybody! Term 2 is looking very busy: we have started dancing and we are trying folk and Irish dancing. Soccer will begin soon for 2nd to 6th classes. 5th and 6th class will play basketball. The Open Day for the new Junior Infants is on Thursday February 27th. Our future scientist and engineers will be looking forward to Science and Engineering



Student Council from St. Joseph's with a special visitor at Christmas.

Week and the associated workshops. Senior infants, 3rd and 4th classes will perform their concert at Easter.

## LEE VALLEY TOASTMASTERS

It met on Tuesday January 7th in The Castle Hotel for their first meeting of 2020. Toastmaster for the evening was Brendan O'Brien, his first time in this role. Brendan conducted the meeting with grace and humour, introducing and encouraging all the participants. He began by welcoming four guests and explained the outline of the meeting and the general aims of Toastmasters. Prepared speeches were delivered by Ted Mellamphy and Moira O'Brien. Coincidentally both speeches were on business related themes - the benefit of networking and leadership styles respectively. These two advanced speakers entertained and informed by reference to stories from their own experiences. Next followed The Topics session-impromptu speaking which

involves everyone - except guests! Topics on the evening were introduced by Tom O'Connor. The tone was light hearted, cheerful and still seasonal: Christmas past, Christmas Presents, New Year Resolutions and many more. General Evaluator at the meeting was Margaret Lucey who along with speech evaluators, highlighted the outstanding aspects of contributions and suggested areas for improvement. All evaluations are in the spirit of Toastmasters which aims to develop Public Speaking skills in a comfortable and encouraging environment. Do come to the next meeting on Tuesday 21 January and see what it's all about in The Castle Hotel 8.00 p.m. Meetings take place on the 1st and 3rd Tuesdays of the month.

## ACR Heritage Trail - Plaque Unveiling

A plaque will be unveiled at Aghabullogue on Sunday 26th January next, at 2pm. This is the latest in a series of Heritage Trail plaques by ACR Heritage (the Heritage Committee of ACR Community Council). The plaque will commemorate Most Rev. Timothy Murphy D.D., Bishop of Cloyne 1849-56. Bishop Murphy was a native of Dromatimore, near Aghabullogue village, and the plaque will be unveiled by relatives at his former home place.

Car parking will be available ... please follow directions on the day. All are welcome, but ensure to dress appropriately for the weather, this being an outdoor event. Email [acrheritage@gmail.com](mailto:acrheritage@gmail.com) or contact 086-0456554 for details or directions.



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# MCEGAN COLLEGE UPDATES



Pupils who participated in "McEgans Got Talent"



Oisín Mc Sweeney, Shauna Cronin, Katelyn Harrington and Aidan McCarthy being awarded their Junior Cycle Profile of Achievements with Ms Morris, Junior Cycle Co-ordinator at McEgan College

## Junior Cycle Profile of Achievements

**Awards:** On Wednesday January 8th the Transition Year students and some Leaving Cert Applied students received their Junior Cycle Profile of Achievements and we are very proud of them. The JCPA acknowledges the three years of hard work the students did in their Junior Cycle subjects, including their Classroom Based Assessments and Areas of Other Learning. Many students achieved exceptional results in their CBAs and today's awards ceremony was an opportunity to congratulate them on all of their hard work to date. 'Well done' to all!

'McEgan's Got Talent' was held in the assembly hall just before the Christmas holidays for the whole school. The students were treated to over 15 acts from the Music Department to mark our end of year celebrations. Students and staff had the pleasure of seeing the wide variety of talent. We heard music from all different genres, from Irish Traditional singing and instrumental to Country, Rock bands, POP, Rap, some brand-new compositions, contemporary dancing,



McEgan Transition Year and LCA Pupils being awarded their Junior Cycle Profile of Achievements with Ms Morris, Junior Cycle Co-Ordinator

poetry and jokes. It was fantastic to have Denisa Kearney and Lily Murphy Ownsworth, past pupils currently studying music at Third Level, perform for us. We are very grateful to Ms Joanne O Regan, our dedicated Music Teacher, for her hard work in organising such a wonderful event.

**Feast day of the Epiphany:** Staff and students were kindly invited to celebrate the Feast of the Epiphany in St. Colman's church on Monday 6th by Fr. Joe O'Mahony, school chaplain. Pupils from De La Salle and St Colman's BNS also attended the 12 o'clock celebration. We thank Ms Warren RE teacher for organising

students for the readings, prayers of the faithful and bringing up gifts at the offertory. It was a very special occasion for the McEgan as past pupil Jackie Lucey, currently in his preparatory priesthood year in Spain, gave a special reflection at the end of the mass. We wish Jackie every success in his chosen career.

# YOUTHREACH MACROOM UPDATES

**Learning beyond the Classroom:** This continues for students engaging in the Work Wise Skills programme in Youthreach Macroom. Emilius Valiusis, a student of Youthreach Macroom, has secured a place on the Work Wise Skills programme in Toyota Garage, Macroom.

The work wise skills programme is a collaboration between Youthreach and Local Employers where students are afforded structured year-round practical work experience in a Career area suited to the student's competencies, skills and career interests. The programme offers students an opportunity to engage in practical learning beyond the classroom and prepares them for further education, apprenticeships or employment.



Emilius Vasiusis, Paschal Buckley, Management Toyota Macroom and Work Mentor of Emilius, and Aislinn Griffin, Assistant Co-ordinator, Youthreach Macroom © C. Kelleher

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# Foróige Macroom



Macroom Foróige with Hampers for Riverside Park residents © C Kelleher



Macroom Foróige members presenting a Hamper. © C Kelleher



Macroom Foróige members presenting a Hamper

**Hamper Presentation:** During the month of November the Macroom Foróige youth club members spent many hours making Christmas decorations including Christmas logs, wreaths and cards. They sold these decorations in Macroom at the Christmas Market on Friday 29th of November; all money raised was used to buy items to make a Christmas Hamper for each family in the Riverside Park, a former hotel now run as an Emergency Accommodation Centre for 29 families. The hampers included a small Christmas gift for each child. The Foróige group presented their Christmas hamper to each of the happy families on Monday 23rd of December.

# MACROOM LIBRARY

Happy New Year to all of our customers, and best wishes for 2020! There is never a bad time to join the library, but the beginning of the New Year might be the perfect time, especially if you made a resolution to read more. Membership is completely free, and all you require to join is Photo I.D and Proof of Address. On becoming a member, you can borrow 12 items for 3 weeks, and your library card can be used in any public library in the country. Members can also gain access to our free online services such as being able to borrow eBooks, eAudioBooks, and eMagazines. We also have books which are specially selected and categorised under national initiatives such as Healthy Ireland, Your Good Self (for mental health), and Work Matters (an initiative created to provide support for people starting their own business or getting back into work). Other online services include the Irish Newspaper Archive, online courses, Mango languages, Britannica online, and more! We also hold numerous events in the library throughout the year so keep an eye out for something that might interest you here in the Lee Valley Outlook, on social media or on posters around the town.

**Music Morning** will take place on Friday Jan. 10th at 11 a.m. All are

welcome.

**Juvenile Book Club** will be meeting on Saturday Jan. 11th at 3 p.m. to discuss 'Grace' by Morris Gleitzman.

**The Creative Writing Group** will be meeting on Tuesday Jan. 14th at 5.30p.m.

**Bridge Club** will be gathering on Wednesday Jan. 15th at 10 a.m.

**Purlies Knitting Group** will meet on Thursday Jan 16th at 11.30 a.m.: we would like to once again thank the Purlies for their wonderful Christmas display that decorated our windows over the festive period.

**Tots Time** will be taking place on Friday Jan. 17th at 11 a.m, a half an hour of sing-song and fun, a perfect way for parents and their toddlers to pass away a Friday morning.

**Ciorcal Cainte** will take place on Thursday Jan 23rd at 11.30 a.m.

**Story Time** is on every Saturday at midday.

**Register To Vote:** With the General Election on the way, registrations forms are available in the library. The Register of Electors is also available to view at the desk.

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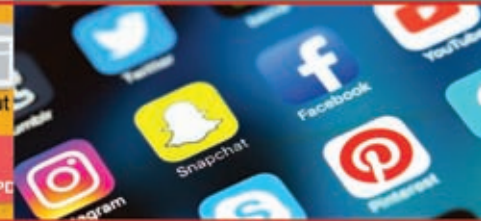
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\*This project is co-funded by the Government of Ireland and the European Social Fund as part of the ESF Programme for Employability, Inclusion and Learning 2014-2020\*

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# We are all in this together...

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**The Ring of Kerry Charity Cycle - raising awareness and funds for charities**

# Cork County Council Construction Contracts Signed for N22 Baile Bhuirne to Macroom

Cork County Council has signed contracts with two Irish firms, Jon Civil Engineering Ltd and John Cradock Ltd, for the construction of the long-awaited Baile Bhuirne to Macroom Road Development, signalling the expected commencement of works before the end of the year. Contracts were signed today in the presence of An Tánaiste Simon Coveney TD and Minister Michael Creed TD.

With funding approved by Government last month and a total budget of €280m, the development is expected to take between three to four years to complete.

The 22 km of new road commencing at the Cork side of Macroom at Coolcower, will bypass the town of Macroom, the villages of Baile Mhic Íre and Baile Bhuirne, the infamous 'Ballyvourney Bends', and will finish west of Baile Bhuirne before the County Bounds with Kerry.

The development is expected to bring a significant economic boost to the area during the construction phase and in the longer term reduce journey time in the region, improve access to rural areas and greatly enhance quality of life for people living in and around Macroom.

Mayor of the County of Cork Cllr. Christopher O'Sullivan welcomed the signing, saying, "This development has been in the pipeline for a number of years and we are delighted to see it progress to this stage. It will be a significant improvement in road safety and journey times on the N22 and

will enhance connectivity between Cork and Kerry. The N22 By-Pass will free towns and villages of congestion allowing them to grow and rejuvenate promising significant benefits for the people of Macroom, Baile Mhic Íre, Baile Bhuirne and surrounding areas."

Chief Executive of Cork County Council Tim Lucey commented, "Signing the N22 Macroom By Pass contract marks a significant step for the Cork Kerry region. Advancing such a major piece of strategic infrastructure to this point is a complex process and this is an extremely important development for the entire region. The construction phase will mean an economic boost locally and substantial social and economic benefits for the future. Preparatory works by engineers including ground investigations and archaeological excavations have been carried out and the route is primed for construction. Now that the construction contracts are signed, the commencement of this long awaited and critically important infrastructural scheme and the largest single investment by government in this region to date will soon begin."

Chief Executive Officer of Transport Infrastructure Ireland Michael Nolan went on to say "Today's contract signing highlights the importance of delivering on needed national road infrastructure improvements for both the Cork and Kerry regions.

## Aghinagh Activities



The High Hopes Choir at the recent fundraising concert for Ballyvongane NS in Bealnamorvive Church.

**Aghinagh Macra:** It is a Murder Mystery Night is holding a Event on January 17th in the Laine Bar, Ballinagree at 8:30pm. The entry fee is €20 per teams of 3 or 4. Can your team crack the case, solve the mystery and figure out who did the crime? Everyone is a suspect! An exciting night is guaranteed.



Pupils from Ballyvongane NS saying thank you to Nora Casey for all the work she did for their recent concert.

**A Dinner Dance** will take place on Friday the 21st February in the Castle Hotel Macroom starting at 7:30 p.m. YOU are invited! Music is by 'The Fógues'. Tickets are €35 for what will be a great night. Contact Eibhlís on 0871691470 or look at the Aghinagh Macra Facebook and Instagram pages!

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## Clondrohid Updates

**New Mass Times:** From January there will be 3 Masses celebrated in Clondrohid parish at the weekends. The 6 o'clock Saturday evening Mass in Carriganima and the 7.30p.m. Saturday night Mass in Clondrohid will continue as before, and there will be a 10.30 Mass in Clondrohid on the 1st, 3rd and 5th Sundays of the month, and a 10.30 Mass in Carriganima on the 2nd and 4th Sundays.

**Set Dancing:** Alan is back on track after the Christmas break. Set dancing and dancing in general resumes on Tuesday night Jan 21 at 8pm in Community Hall Everyone welcome.

**Line Dancing:** Line Dancing has resumed on Thursday nights 7.30 to 8.30pm in the Community Hall – great fun and great exercise.

**Operation Transformation:** New year, new beginnings, Operation Transformation is back. Come along to Clondrohid Running Track on Tuesday nights at 7.30 to 8.30pm. Weigh in at 7 p.m. is optional. People with all levels of fitness welcome; set your own goals and targets. 8 Week Boot Camp: Keeping fit is top of agenda at the moment in Clondrohid. Get toned, lose weight, feel great. Come along to Clondrohid running track on Monday nights from 7 to 8 p.m. and on Saturdays from 10 to 11am. New members are always welcome. Irish Heart Foundation: Free local CPR training in your community. This will take place in the Castle Hotel on Sat. Jan. 25th. Times are as follows: 2 to 3 p.m., 3.30 to 4.30 p.m. and 5 to 6 p.m.

**G.A.A. News:** The annual match on St. Stephen's Morning Married v Singles was once again a great success. Well done to all who turned out to play and to cheer them on. This year all proceeds went to the Irish Motor Neurone; €1,280 was raised.

**'Last Man Standing':** Congrats to Shane Creed for winning this competition, sponsored by Town Medical Practice, Mallow. Shane donated his winnings to the Charity match beneficiary. We also thank Bank of Ireland, Macroom, Shane Creed, and Clondrohid GAA for their generous donations.

**CCM Active Retired:** The monthly coffee morning resumes on Wed. Jan 8th at 10 a.m. The following will take place: Wed. Jan 15th - Exercise class with Pat at 10 a.m., Monday Jan. 20th Scoraíocht in Community Hall at 7 p.m. with 'Fear an Tí', Teddy Kelleher. All members are welcome. Membership of €15 is now due.

**Clondrohid Development Group:** It will hold its annual Christmas/New Year Adult Party on Sun. Jan. 26th at 2 p.m. A great day is assured.

**Clondrohid Community Hall:** The AGM for Community Hall will take place on Monday Jan 20 at 9pm. All welcome and your support will be appreciated.

Also please take note the Blood Transfusion Board have expressed an interest in taking the Community Hall on Monday April 26 from 3pm onwards and all day Tuesday April 27 to 11pm.

The co operation of those who may have the hall booked for those periods would be greatly appreciated.

This is only in the initial stages, another inspection



**AN T-Athair COMMEMORATION COMMITTEE; Back L-R; James O' Leary, Martin MacSweeney, Joe O' Leary, Dedan Sheehan, Christy Ring, Breandan Ó Caoimh. Front L-R; John Paul Ring, Seán Ó Caoimh, Mary MacCarthy, Norma Caulfield, Shane MacCarthy**

by nursing staff of the Board will take place. But if found to be suitable it would be a great boost to the area and to the Hall finances..

An application is with IRD Leader /Cork County Council for grant aid with a view to replacing all doors and windows that are in poor condition. This would lead to a much more comfortable facility.

### **An tAthair Peadar Ó Laoghaire Commemoration:**

The people of Carriganima extend a céad míle fáilte to everybody to join with them in commemorating the centenary of An tAthair Peadar Ó Laoghaire. The commemoration will take place over two days: Friday-Saturday March 20th and 21st. The renowned priest, scholar and author was born in the townland of Liscarrigane, in the parish of Clondrohid & Carriganima, and he spent his formative years there. The locality had a profound impact on his work. An tAthair Peadar, was a strong advocate of vernacular Irish – the language of the people. His most beloved works include Séadna and Mo Scéal Féin. These stories, among other works, are much loved by students and scholars of Irish to this day. Following his clerical formation in St Patrick's College, Maynooth, An tAthair Peadar, served as a priest in the Diocese of Cloyne, and was accurate in Macroom. He died in Castlelyons in 1922, and he is buried there. An tAthair Peadar is widely regarded as one of the founders of modern Irish literature.

The centenary commemoration will begin with a music session, in Carriganima, on Friday evening. All are welcome, especially impromptu musicians, singers, dancers and storytellers. On Saturday, there will be a guided tour to sites associated with An tAthair Peadar and his family. These include Carrignacurra Castle (Inchigelagh), Carraig na Madraí and other significant heritage sites. Booking for the tour will be essential. Details of the itinerary and of the entire weekend will be continuously posted to our Facebook <https://www.facebook.com/carriganima.comm> Our e-mail address is: [carriganima2020@gmail.com](mailto:carriganima2020@gmail.com)

Saturday evening will be the high point of the

commemoration. The Bishop of Cloyne, Rev. Dr William Crean will concelebrate Mass in the Church of St John the Baptist, Carriganima. Before Mass, Bishop Crean will unveil a commemorative plaque. The Mass will be bilingual, and will feature local musicians and members of choirs from Baile Bhuirne, Carriganima and Clondrohid. Children from the three schools in the parish will participate. After Mass, we will have a well-known, and much loved, national figure who will officially launch a book to mark the occasion. The book, is entitled *Ár Scéal Féin* (Our Own Story), and it includes several fascinating articles, in both English and Irish, about Carriganima, the surrounding area and the people of this locality over the past one-hundred years. The book will go to print in February. Therefore, there is time for would-be contributors to pen a few paragraphs. Anybody interested in submitting an article (approximately 1 – 2 pages) can make a submission at any of the following locations: Christy Ring's Garage, Clondrohid Post Office or The Pub, Carriganima. Local man, James O'Leary is coordinating the compilation of the book, and James would be delighted to hear from anybody who may have an article, story, photograph or other memorabilia that could be included. The deadline for the submission of material is the end of January – the sooner the better.

To give you a flavour of *Ár Scéal Féin*: we already have articles about the winter of 1947/48; the monument on Macroom Bridge; the branches of the O'Learys; local proverbs / seanfhocail áitúil; Stricín – the story of the Buckley family; and the O'Riordan brothers from Carrig na Gortán. Other articles, currently in the pipeline tell stories associated with George Curtin; the Whiteboys; dance halls in West Muskerry; how Muskerry got its name; old roads and the decline of the plantation. As you can see, there is plenty of variety, and the book is sure to be very popular, as well as being a fitting tribute to An tAthair Peadar. If you can add to this offering, we would be delighted to hear from you. Spread the word, scaip an scéal and bí linn i gCarrig an Ime in March. Everybody is welcome. Fáilte roimh chách.



**Anna O Mahony presents to Breda Kelleher at the Clondrohid/Carriganima/Muinfluich active retirement at Christmas party in Mills**



**Clondrohid/Carriganima/Muinfluich active retirement at Christmas party in Mills**



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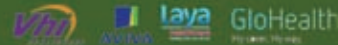
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## BÁILE MHÚIRE/CÚL AODHA CUNTAIS



Naíonra Chúil Aodha ag deanamh dráma na nollaig le Múinteoiri Katie agus Nóra.



Friday 10 January, broadcaster, composer and musician Peadar Ó Riada broadcasted the one thousandth episode of his traditional music programme Cuireadh chun Ceoil on RTÉ Raidió na Gaeltachta

### Peadar Ó Riada programme - 1000th broadcast

On the 10 January, broadcaster, composer and musician Peadar Ó Riada broadcasted the one thousandth episode of his traditional music programme Cuireadh chun Ceoil on RTÉ Raidió na Gaeltachta at 7 p.m. He was joined by his good friend and legendary singer Seán Ó Sé, for this very special edition of the programme. Seán was a member of Ceoltóirí Chualann, the groundbreaking musical group founded by Peadar's father Seán Ó Riada. The celebratory edition of Cuireadh chun Ceoil will feature a wide-ranging discussion on the essence of music, its importance for our spiritual wellbeing, its place within Irish culture, and how traditional Irish music has spread across the world, as well as Peadar's own choice of music for the night that's in it. Cuireadh chun Ceoil started at the end of the seventies, and at that time Peadar used to travel from his home in Cúil

Aodha in the Cork Gaeltacht to the R. Na G. studios in Baile na nGall, Kerry to record it. It started as just half an hour, and grew eventually to its current format of two hours, recorded weekly in Peadar's home studio. In those pre-internet days, the programme served a vital function in letting people know about new music releases, and promoting the work of traditional musicians, and despite technical limitations, people in Australia managed to get copies of the programme, and would regularly contact Peadar about it.

The annual Seán Ó Riada Gold Medal competition was established by Peadar Ó Riada in 2010 and has now become an integral part of the programme. The instrument changes each year, and this year flute and whistle players will be competing in the final in February for the coveted medal and €2500 prize money.



Aaron and Evan Ó Laighin, Eoin Kelleher, Seán Ó Súilleabháin © Don MacMonagle



Peadar Ó Riada



## COMHALTAS

### Craobh Niall Ó Cathasaigh, Baile an Chollaigh Set & Céilí Dancing Classes.

Set dancing classes started back last Monday 13th January after the Christmas break. This is a great way of getting back into shape after the Christmas. At Dancing last Monday Diarmuid devoted the first half of the class to teaching the Moycullen set from Co. Galway. This set is now completed and will be revised again in the coming weeks. We also danced the Cashel and Merchant sets, a good attendance for such a bad night, We will be back in GAA Pavillion next Monday. Eolas Diarmuid at 087 202 8638

20 Outlook 16.01.20

### Set Dancing for People with Parkinsons

Set Dancing for people with Parkinsons resumed last Tuesday 14th January at 11:30 to 12:30 in Annex behind the Community Center.

### Oíche Amhránaíochta

Next Thursday January 23rd our latest Traditional Singing Session takes place in the comfortable Henry Suite at the Oriel House Hotel. As it happens each year at this time, we are happy to offer our singing session as part of the Ballincollig Winter Music Festival. Our theme for this evening will be HUMEROUS SONGS but no doubt, as always, our regulars will choose from their own

favourites and party pieces. We meet and chat from 8:30pm and have the first performance before 9pm, and we finish at 11:30. Beidh fáilte roimh cách, idir scéalaithe, amhránaithe agus éisteoirí, agus seans maith go mbeidh cupán tae nó caife ar fail. Eolas ó Dick 087 7732387

### Keeping in Touch:

Latest news available at [www.ballincolligcomhaltas.ie](http://www.ballincolligcomhaltas.ie)  
Ballincollig Comhaltas can also be found on Facebook. Contact number is 086 448 1253  
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Santa makes a visit to the Annual Christmas dinner at Cois Gille day centre in Cill na Marta



Ellen de Búrca, Joe McSweeney, Hannah Ní Mhócháin © Don MacMonagle



Production team Siobhán Ní Dhuinnín, Seosamh Ó Críodáin, Seán Ó Muimhneacháin © Don MacMonagle

## Cill na Martra Cuntais

**Croí Mhúscraí:** presents 'Aisling an tSeanduine', performed by members of Lachtaín Naofa Comhaltas, at Ionad Cultúrtha an Dochtúir Ó Loingsigh, Baile Mhúirne, on Friday, January 17th, 8pm. Free of charge. Tickets must be booked in advance at 026 45733 at [eolas@ionadculturtha.ie](mailto:eolas@ionadculturtha.ie)



The cast of ANNIE at Berrings National School. ©Mike English

## DONOUGHMORE DOINGS

The Donoughmore Historical Society presents a talk on Thursday January 23rd as part of its winter series of events. John Sheehan of the UCC Archeology Department will present 'Skellig Michael: Stairway to Heaven' at 8 p.m. Please join us at Firmount School.



Having fun at Berrings NS during the staging of musical ANNIE. © Mike English



Saoirse Barrett, Donoughmore, whose dogs, Zoomey Duke and Zoomey Robin qualified for the final of the Curraheen Park ON2/ON3 525 being congratulated by Carl Humphreys. © Mike English



Scene from "ANNIE" staged by pupils at Berrings National School. © Mike English




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## IVELEARY/UIBH LAOIRE INKLINGS



Penny Dinners Headshave/Beardshave/Waxing Fundraiser 30th Dec 2019

**Nativity Pageant:** Before Christmas becomes a distant memory, we must pay tribute to the staff and pupils of Inchigeela National School for their lovely production staged in the church before Christmas.

**Cards:** The card games have ended in the Hall for the winter and will continue in Clondrohid as usual until start of summer when it will return to Inchigeela once more.

**"Dare to go Bare" for Cork Penny Dinners, in Creedons Hotel.** The night was a great success with Connie and Eddie losing their hair, Mark and Darren losing their beards and a good few more got parts of their legs, chest and other parts waxed and all in aid of a very worthy cause Cork Penny Dinners.

So far we have raised approx €2,250 and money is still coming in. On New Year's Day we collected €1635 into Cork Penny dinners plus Dustin the Turkey, the raffle prize, which was kindly re-donated to Penny Dinners. A 'Huge Thank You' to Deborah Burns, hairdresser, Aoife Murray beautician, Fergus and co. who did the MC and music, Michael Cotter from Cotter Printer's who sponsored the posters, to everyone who helped out on the night and to all who donated prizes for the raffle. Lastly a great big 'Thank You' to Eamonn who helped organise the event, his parents Joe and Anne, and all in Creedon's for their great hospitality as always; a great night was had by all. Catriona from Penny Dinners was delighted to receive the funds which will go directly to helping out those who need it most; she sends a 'Huge Thank' to all. The Go Fund Me page is still active and there is still a bucket in Creedon's. Link [gf.me/u/w9gp4g](https://www.gofundme.com/u/w9gp4g)

**The Wren Walk** The walk went very well and Croi na Laoi would like to



Penny Dinners Headshave/Beardshave/Waxing

thank all who supported. As it is their one and only fund raiser, it's a very important contributor to their development work and Tidy towns efforts. You can still contribute through any member of course, if you missed out on the day.

**Walking to fitness:** Ivelary GAA pitch is the venue for some refreshing walking, running or jogging as Inchigeela joins the Ireland Lights Up activity along with Operation Transformation. The pace at which you go or how long you walk is entirely up to you. Every Wednesday at 7. So have a go and theres a cup of tea afterwards in the clubhouse.

**Defibrillator Training:** Recently, Croi na Laoi Inchigeela, with the help of the community, acquired a defibrillator. They are at present organising training for this vital electronic device. Training will be provided free, by a qualified instructor on Sat February 1st between 9.am and mid-day. There is a limit to the number that can be catered for so please contact any member with your name before Jan 20th.



Penny Dinners Headshave/Beardshave/Waxing Fundraiser 30th Dec 2019

## Leabharlann Bhaile Mhúirne

**Bookings & Enquiries Ph: 026 45767 during the above hours only.**

**Knitting & Craft Group:** Every Tuesday 11a.m. Book Club: 1st Tuesday every month at 10.30 a.m.

**Ciorcal Comhrá:** 1st & 3rd Friday of the month @ 10.30 a.m.

**Creative Writing Group:** Check with library.

**Am Oscalte / Opening Hours:**

Dé Máirt (Tue) : 10.00 a.m. - 6.00 pm (Dúnta/Closed 1.00 - 2.00 p.m.)

Deardaoin (Thur) : 2.00 p.m. - 7.00 p.m.

Dé hAoine (Fri) : 10.00 a.m. - 6.00 p.m. (Dúnta / Closed 1.00-2.00 p.m.)

Dé Sathairn (Sat): 10.00 a.m. - 1.00 p.m.

Enquiries & Event Bookings Ph: 026 45767 during the year at Leabharlann Bhaile Bhúirne

now we must look to the future but just before that I'd like to thank all the library members and users for their support over the past year. I hope to see you all again throughout 2020 and please spread the word about the facilities and services available at your local library. We had some lovely events in the library during 2019 and our regular groups were active through the year also. A creative writing group was started last spring and proved to be very enjoyable to all involved. All the groups will continue in 2020 and if you would like any information on them please contact the library; new members to all the groups are very welcome.

Just to finish out 2019 we had a children's story-time & craft workshop on Saturday 21st December. There were also colouring sheets and board games available for the rest of the family to enjoy some Family Time at Your Library. It was a great morning and I'd like to thank all who attended. Ballyvourney Library reopened on Saturday 28th December and I was delighted to welcome many people over the few days before the new year and I was very happy to register new members on the first day of business in 2020.

Our Knitting & Craft group continues at

11am every Tuesday morning. New faces would be welcome, so please come along. Ballyvourney Library Book Club meets at 10.30 am on the first Tues. each month and there is always room for another opinion. The Creative Writing Group will be meeting again in February; information on the group is available from the library. Labhair Linn sa Leabharlann is an Irish language conversation group suitable for anyone who wants to use their spoken Irish - no matter how good or bad you think you are, beidh fáilte romhat. This group meets on the first and third Friday every month at 10.30 a.m.

Remember library membership is free and you can avail of all the resources at your local branch, any branch throughout the nationwide service and all the online services. For more information, contact your local branch or log on to [www.corkcoco.ie/en/library-services](http://www.corkcoco.ie/en/library-services).

e-mail: [leabharlannbhailebhuirne@corkcoco.ie](mailto:leabharlannbhailebhuirne@corkcoco.ie)

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And next year's words await another voice."  
T.S. Eliot.**



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## Kilmurry – ‘Cuntais’/Accounts IRA Attack on Kilmurry RIC Barracks Jan. 1920

Dr Borgonovo's Lecture on IRA Attack on Kilmurry RIC Barracks in January 1920. Kilmurry Historical and Archaeological Association (KHAA) continued with its series of winter lectures on Thursday 10th of January. Dr John Borgonovo, senior lecturer in UCC's History Department and an acknowledged expert on the War of Independence, delivered a superb presentation. He has several books published on the period.

Dr Borgonovo outlined the context of the period and the immediate circumstances. He made the points that 1919 had been relatively quiet and that the IRA had few arms and little ammunition. Dublin, Cork and Belfast were the major centres of republican activity and influence spread from these foci. Cork was especially active in this regard and Macroom was an important rural centre. After Sinn Féin's spectacular 1918 election victory and the anti-conscription campaign the numbers of IRA activists soared, from about 1,000 to 12,000 in county Cork. Exercise and drilling continued but IRA leaders like Florrie O'Donoghue thought it would be difficult to maintain interest and cohesion in the force without action. Cork had three brigades, and Kilmurry and Macroom were in the Mid-Cork one. Initially their requests for action were refused by GHQ but towards the end of 1919 the brigades were eventually and reluctantly given permission to go ahead with attacks. Thereafter many of the actions were decided, planned and executed locally. Three attacks on Royal Irish Constabulary barracks in county Cork were scheduled for 3rd January 1920 and the premises selected were Carrigtwohill, Ballygarvan and Kilmurry. The Carrigtwohill action was a great success and yielded many much-needed guns and ammunition. The Ballygarvan assault was called off and later those responsible were stood down from officer positions. The attack on Kilmurry barracks was executed

by the Macroom battalion under Daniel Corkery. Many were involved in the attack - perhaps as many as twenty on the actual assault with many more in the back-up. However the raiding party was unable to breach the target and had to retire after an hour of engagement. The proximity of British troops in Ballincollig a short distance away confirmed the wisdom of that decision. The event made national and international headlines and the organisation and co-ordination of the attacks were especially acknowledged.

Although the Kilmurry attack failed in its objective it had a number of incalculable benefits. It raised the morale and confidence of the volunteers and the people. It demoralised the RIC. Shortly after the RIC abandoned their smaller country barracks in the area for bigger centres and left large swathes of the country without the eyes or ears of the RIC on the IRA and its activities. Many RIC members resented this change and felt let down by the London government. Overall it accelerated the rate, already high, of resignations from the force. The British government saw the need for reinforcements and led to the introduction of first the Black and Tans and later the Auxiliaries. Dr Borgonovo brilliantly explained the nuances and details of the attack, its context and consequences and its importance in the broader scheme of things. He and Niall Murray, the Master of Ceremonies, answered many questions from a full and enthusiastic audience. KHAA Independence museum is a wonderful venue and together with the superb quality of the lecture provided a very informative and enjoyable night.

C. Kelleher.



Section of the large crowd who attended Independent Museum Kilmurry recently to hear Dr. John Borgonovo speak on the Burning of Kilmurry RIC Barracks in January 1920



Niall Murray, Adian O'Sullivan Chairman, Kilmurry Historical Society and Dr John Borgonovo who spoke on the Burning of Kilmurry RIC Barracks in January 1920

## Muskerry Historical Society; in Ballincollig Rugby Club

Programme of lectures and activities 2019-20: Normally on 2nd Mondays of the month at 8.00 p.m.  
10 February: Macroom Union Workhouse 1843-1921, Dr Con Kelleher

9 March: Ballincollig & Carrigrohane Castles, Paul MacCotter  
6 April: The Collins Squad & the War of Independence, Dominic Price  
May: Field trip to Kilmichael Ambush, Seán Murphy.

## Kilmurry historical and archeology association present CERN and the large Hadron Collider

Ruadh Duggan talks about her experience at CERN home of the worlds largest and most powerful accelerator. Wednesday February 12th 2020 at

8pm heritage room independence museum Kilmurry. Members free non members €5



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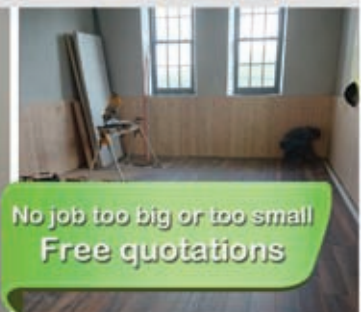


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Ellen Nyhan from Ballinspittle competing in the Ladies Class at Macroom Ploughing Match



Local all Ireland horse ploughing champions JJ and Jeremiah Delaney with Zweena McCullagh leading the horses.

# MACROOM PLOUGHING CHAMPIONSHIPS

Despite the nasty mucky misty weather on Sun. Jan. 5th, Macroom Ploughing pulled out all the 'stops' and once again had a very successful ploughing match. The excellent site and use of his yard permitted by landowner Nelius Cronin was a huge bonus in running successfully this match.

'Thanks' is due to Martin Keogh and all the judges for their excellent judging, and to John McCarthy for his stewarding. We also thank the fifty competitors and their helpers for ploughing the furrow. 'Well Done' to all the spectators who braved the elements and contributed so generously at the gate. We also express our gratitude to all the sponsors who, year after year, support Macroom Ploughing by giving them their hard-earned cash. We also greatly appreciate Bernie, John and staff at Coolcower House who see after Macroom Ploughing so well. Last, but not least, we say 'Well Done' to all members and helpers for putting their shoulder to the wheel to make the 2020 Ploughing Match a big success.

U-28: Ger Kirby, and 3 tied for second place - Niall O'Driscoll, Aidan O'Donovan, and Jamie Hayes.

U-21: James O'Sullivan, Ian O'Farrell and Noel Flynn

3 FURROW CONVENTIONAL: Matthew Coakley, John Keohane and Kevin O'Riordan.

LADIES: Ellen Nyhan and, Rachel O'Driscoll.

MACRA : David Walsh, Andrew O'Donovan and Denis Cooper.

SINGLE FURROW VINTAGE: Gordon Jennings.

TRAILER VINTAGE: David Grattan, John Wolfe and Michael Bennett.

OPEN HYDRAULIC: Phelim Cotter, John O'Neill, Leslie Wolfe and joint 4th Cian Ryan and Denis Cummins.

CONFINED HYDRAULIC: Vincent Bennett, Sean McCarthy and Ita Wisersena.

3 FURROW REVERSIBLE: Timmy Lawlor, Jerry Creedon and Patrick Buckley.

2 FURROW U 28 REVERSIBLE: Flor Wycherley, Conor O'Farrell and Daniel Tobin.

2 FURROW SENIOR REVERSIBLE: Liam O'Driscoll and Michael Wycherley.

LOCAL CLASSES

3 FURROW, STANDARD: Gerard Kelleher, Dan F. O'Riordan and Fintan Creedon.

3 FURROW, REVERSIBLE: Alan Lynch and Gerard Coakley.

HORSE CLASS: JJ. Delaney.

**Results as follows:**

SENIOR: Kieran Coakley, John Murphy, John A. O'Donovan  
 INTERMEDIATE: Stanley Deane



Jerry Creadon Macroom being presented with 2nd prize in the 3 furrow Reversible Class by Tim Creadon President, at the presentation of prizes at Coolcower House



Macroom Ploughing Association, officers and committee at the presentation of prizes at Coolcower House recently

## KILMICHAEL CALLING

Kilmichael Calling: Droumleigh N.S. has Bingo on Thur. Jan 30th in the School, and it begins at 7.00 p.m.

## DÚLRA BEO

### INFORMATION NIGHT - OÍCHE EOLAIS

#### PERMACULTURE - DESIGN & DEVELOPMENT BUANTALMHAÍOCHT - DEARADH & FORBAIRT



*with Paul Ó Loingsigh,  
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Paul will give an introduction to permaculture design principles with reference to practical examples in farm drone contour mapping, orchard design and maintenance, fruit grafting, mobile poultry foraging systems, hot composting, no dig vegetable growing, school design, garden design and renewable energy.

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## Macroom GAA

**Macroom GAA Juvenile AGM:** On Friday 10th of January in the GAA Pavilion, the Castle Grounds a good crowd was present for the Annual General Meeting. A successful year was reflected upon with numbers growing and all teams enjoying a year packed with games and fun. The club won silverware with the Under 12s winning a league and championship double and it made for a fantastic to the year. James Duggan (Chairman for 3 years) and Catherine Cahill (Treasurer for 4 years) were thanked for the trojan work t they did in their time in their respective roles. Mort Twomey and John Vaughan were elected as Chairman and Treasurer in their places. A few important dates were agreed upon: **Juvenile Registration** will take place in the Pavilion on both Friday 7th and Thursday 13th of February from 6.30-7.30 on nigh ts.

**Quiz Night:** Our very popular annual hosted by expert MC Concubhar Murray will be held on Friday 21st of February in the Castle Hotel. This is always a great night and should not be missed.



Macroom U12 – Div 1 League & Cup Winners 2019

The club has a great future with many great people involved with a super bunch of kids. We all look forward to an exciting 2020. Máchromtha Abu!!!!!!

## Macroom FC

**Macroom FC U13 team** are delighted to announce a recent dual sponsorship deal. A new set of jerseys has been provided and this has been backed up with weekly planned training sessions. Castle View Chinese Restaurant and Macroom Community Leisure Centre have both come on board to provide this excellent sponsorship. The U13 team are now well set up for their upcoming big games including the National Cup game v Corduff FC (Dublin) at home on Jan 25th. Many thanks and continued success to both of these sponsors from all at Macroom FC.

Following the break for Christmas, football has returned for 2020 with all teams eager to get back on to the field. **Macroom B** have got straight into action playing 2 games already in the New Year. First up they took on Churchvilla at the Town Park and recorded a resounding 5-1 victory. Macroom were in flying form in this game and were ahead early through Darren Dineen. Oisín Shovlin followed up soon after to double the lead. Further goals followed from Dec O' Riordan along with a double from substitute Michael Browne. The visitors registered a late consolation but Macroom ran out easy winners. Best were Craig Ronan, Owen McSwiney and Mike Hourihane. Last Sunday another

league game took place away to Ard Na Laoi. After a terrible start, the home side led 3-0 and things were not looking great. However a change of formation from manager Matt O' Leary turned the tie in Macroom's favour. Darren Kelly poked home the first and then Shane Keane popped up to make it 3-2. Macroom were completely on top now and Kelly scored his second to level matters. The visitors then almost won it but the woodwork came to the rescue for Ard Na Laoi. An excellent point having trailed by 3 goals however. This keeps Macroom in the hunt for league honours and represents a good start to 2020 with 4 points from 6.

**Macroom A** are yet to play in 2020 and remain in 2nd place in the Premier league. Their big Munster Junior Cup 4th round tie v Limerick's Regional Utd will take place in Limerick on Jan 26th. It looks likely it will be a 2pm kick off and will be confirmed this week.

**The Youths team** played their first game in 2 months, when they travelled to play Douglas Hall. A superb performance resulted in a 7-0 win for Macroom. A brilliant hat trick from Daniel Cotter along with goals from Kieran Doody, Patrick Barry, JK Long and Conor Murphy. Needless to say this was a brilliant result and the management were



Macroom FC U13 squad members seen at Castle View Chinese Restaurant, Macroom with proprietor Ken Wong. Also included are managers Gearoid Griffin and Peter Coleman.



James Broxton on left from Macroom Community Leisure centre and Ken Wong from Castle View Chinese launching the sponsorship.



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delighted with the application of all squad members.

**The U13 boys** warmed up for their upcoming big National Cup game with a 1-1 home draw at home to Park Utd of Mitchelstown. Macroom had the bast of this game but were unable to fashion the winning goal. A good performance though from all 16 who played on the day. The above mentioned National Cup game will take place at Murrayfield on Jan 25th (time tbc). The visitors will be Dublin side Corduff FC and this game is much anticipated by all at the club. Keep an eye on our Facebook page for further updates regarding this tie. The U13A team had a solid 2-0 away victory over Carrigaline Hibs. Charlie Magee opened the scoring with a great

shot from distance. That lead was improved further when Ronan Murphy coolly slotted home after rounding the keeper. Macroom stayed in control until the end and started the year with a really positive result.

**U13 National Cup 5th Round**, Macroom FC v Corduff FC (Dublin), Murrayfield, Sat Jan 25th 2020. Kick off, 2pm.

**The first lotto draw** (6/01/20) of 2020 had one jackpot winner. Huge congratulations to Eliz Golden c/o Golden's who scooped the 1,800 euro jackpot. The numbers drawn were 9, 16, 22. Consolation prizes of 80 euro: Imelda Healy c/o Murray's. 20 euro each: David O' Mahony c/o Lar's, Alan O' Connor c/o Murray's, Martina Foley c/o Hound, Lilly c/o Brian.

**Recent lotto results**

23/12/19. Jackpot: 1,600 euro. Numbers drawn: 18, 27, 29. No Winner. 80 euro: Tom Counihan c/o Noel. 20 euro each: Darrin Ring, Barney McCarthy c/o Swanky, Joan O' Riordan c/o Joan, Joe Cunningham c/o Po'R.

16/12/19. Jackpot: 1,400 euro. Numbers drawn: 3, 5, 19. No Winner. 80 euro: Denis Kelly c/o Evelyn. 20 euro each: Lydia c/o Janet, Annette O' Callaghan c/o June, Peggy Coleman c/o Po'R, Anna Twomey c/o Noel.

09/12/19. Jackpot: 1,200 euro. Numbers drawn: 10, 16, 33. No Winner. 80 euro: Annette O' Callaghan c/o June. 20 euro each: Eileen Manning c/o Evelyn, Bernie Cross c/o Darrin, DD Lucey c/o Dineen's, Breda McCarthy.



Macroom FC U13 squad pictured at Macroom Community leisure centre with Ken Wong and James Broxton.

## Macroom GC, Results

Jan.1 - 3 Person Inv. Team, 1st Liam Nash (18), Florrie McCarthy (12) and Michael Kelleher (18) - 55pts. 27-29 Dec. Inv. Singles 1st Vincent Twomey (11) 35pts, 2nd Gary Morris (5) 33pts: 26th Dec. 3- Man Inv. Team - 1st Vincent O'Mahony (20), Shane O'Dwyer (8) and Denis C. O'Driscoll (18)

- 48pts. Jan. 10-12 Club Fourball - 1st John Turner & Michael Brosnan with 38pts. Fixtures: Jan. 15-17 Club Singles and Winter League

## Macroom Handball Club

The club was reformed at the start of 2018 and operates in Macroom Leisure Centre as a Handball and Racquetball Club. This year four members entered the county competitions in the indoor 40 X 20 courts championships, and all four played very well. The highlight was victory in the senior B competition where John Lyons (Macroom) defeated the holder and former All-Ireland finalist Dave Stack (Ballydesmond) in a keenly contested final. The final was played in Boherbue and the first game went to Macroom 21/8 while the second went to Ballydesmond 7/21. In a tight third game John emerged the winner on a score of 21/ 17. John Lyons and Noel Carty (Macroom) club will contest the doubles competition in early 2020.



Macroom Handball club was reformed.....

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## Inniscarra Sailing and Kayaking Club Awarded Sports Capital Programme Grant

Inniscarra Sailing and Kayaking Club (ISKC) were delighted to be awarded over €9000 by the Department of Transport, Tourism and Sport - Sports Capital Programme. These funds will be used for equipment, and will continue the on-going fleet expansion at the club on Inniscarra Lake. In particular, there will be even more dinghies for use by complete beginners to intermediate level sailors, so there is no excuse not to give sailing a try! ISKC's existing fleet including Larks, Lasers, Optimists, Toppers and Kayaks are already very user-friendly, and 2019 saw a large number of new members enjoying the facilities. In particular, ISKC were proud to host very successful sessions with local Scouts groups, giving attendees a taste of sailing in a safe and fun environment.

ISKC are always keen to welcome new members, and would be delighted if anyone wanted to drop by and experience the atmosphere on any of the sailing or kayaking days (beginning around 1pm almost every Sunday from early April to October). We are based at the Inishleena Recreation Area on Inniscarra lake, 12 miles from Macroom. The only things required are a wetsuit, an old pair of runners, a towel and a sense of adventure! Membership benefits include supervised sailing sessions with safety boats crewed by qualified drivers, regular organised kayaking and sailing events, the use of club kayaks and dinghies, boat storage on the lakeside, kayak storage in the club containers. In particular, members will enjoy hands-on learning. Members are encouraged to get hands on involvement in all club activities, including being race officer for the day, safety boat crew, BBQ officer (very important!) or any other duties that arise in the running of the club and sailing sessions.

To find out more, please see the website [www.corksailing.com](http://www.corksailing.com), or contact 086 6083383.



As a result of 2019's successes, the end of season "Laying Up Supper", held in the Muskerry Golf Club, was the biggest one ever. It was fantastic to see so many new members there, and it is clear that the future of the club is in safe hands!



The most recent outing at ISKC was on December 30th, when a motley crew of sailors enjoyed a beautiful day at the lake. Mince pies, chocolates, hot beverages and an excuse to leave the house were appreciated by all!

## Muskerry GAA Awards Dinner

Muskerry GAA will honour the Mid Cork Championship Junior Hurling Team of the Year, Mid Cork Championship Junior Football Team of the Year, and the Mid Cork Intermediate Football Team of the Year at the annual Muskerry GAA/Auld Triangle Awards Gala Dinner at the Oriel Court Hotel in Ballincollig on Saturday January 25th next.

During 2019 the awards panel of judges had nominated eight monthly winners of the Auld Triangle Sports Star of the month and from this group of outstanding performers one will be named as overall Muskerry GAA/Auld Triangle Sport Star of the Year. The eight individual winners were: Jack Murphy (Éire Óg), Noel O'Leary (Cill na Martra), Eimear Scally (Éire Óg), Liam Twohig (Aghinagh), Paul Ring (Aghabullogue), Colm

Casey (Inniscarra), Brian Verling (Cloughduv), Daniel Goulding (Éire Óg). The Muskerry Junior Hurling Team of The Year is sponsored by O'Mahony Walsh Auctioneers and the Muskerry Junior Football Team of The Year by Quish's Super Valu Ballincollig. The Muskerry Intermediate Football Team of the Year will be sponsored by EuroPumps Ireland.

### 2020 season

The 2020 inter county season has commenced and after a bright start for Cork hurlers and footballers, with both qualifying for their respective Munster League final, unfortunately both lost to Limerick in their deciders and the performances will give grounds for apprehension for the season ahead in both codes.

## Allianz National Leagues 2020

### Hurling

Sunday Jan 26th Waterford v Cork in Waterford  
Sunday Feb 1st Cork v Tipperary in Cork

### Football

Sat Jan 25th Cork v Offaly in P Uí Chaoimh Cork 6pm  
Sun Feb 1st Leitrim v Cork in Leitrim 2pm



**Citizens Information**

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Cork County Council  
Comhairle Contae Chorcaí

**MUNICIPAL DISTRICT COMMUNITY FUND SCHEME 2020**


Cork County Council is committed to supporting local communities across County Cork. Financial assistance for community & voluntary groups and local organisations is available through the Community Fund Scheme 2020. This scheme is administered by the 8 Municipal District Offices around County Cork and there are three separate funding streams depending on the nature and cost of your proposal.

1. Capital Fund Scheme
2. Community Contract
3. Amenity Fund Scheme

Further information about this funding is available online and you can also apply online from 10.00 a.m. Monday 6th January 2020 at [www.corkcoco.ie](http://www.corkcoco.ie) or [www.yourcouncil.ie](http://www.yourcouncil.ie)

**The closing date for receipt of completed applications is 4pm Friday 14th February 2020.**

Personal information may be collected by Cork County Council to enable the processing of your submission/enquiry. Cork County Council can legally process this information as necessary to comply with its statutory/legal obligations. Such information will be processed in line with the Council's privacy statement which is available on [www.corkcoco.ie](http://www.corkcoco.ie)



**KNOW YOUR RIGHTS: OVERTAKING CYCLISTS**

**Question:** What are the new rules about overtaking cyclists?

**Answer:** On 12 November, a new offence of dangerously overtaking a pedal cyclist was introduced.

The Road Traffic (Traffic and Parking) (Amendment) Regulations 2019 builds on existing laws by specifically penalising the dangerous overtaking of cyclists. Previously, the law made no distinction between cyclists and other road users.

Drivers who overtake a cyclist in a dangerous way can now be fined a fixed charge of €120 and will also get 3 penalty points on their licence.

There are recommended safe distances for overtaking cyclists. On roads where the speed limit is less than 50 km/h, drivers should leave 1 metre distance between the car and the bicycle and on roads where the speed limit is over 50 km/h, drivers should leave 1.5 metres.

The Road Safety Authority will put up road signs to indicate the recommended safe distances for overtaking cyclists. If you think you have been overtaken dangerously by a driver, you can contact the Garda Traffic Watch Lo-call number 1890 205 805.

Further information is available from the Citizens Information Centre below.

Know Your Rights has been compiled by Macroom Citizens Information Service which provides a free and confidential service to the public. Address: South Square, Macroom, Co. Cork. Information is also available online at [citizensinformation.ie](http://citizensinformation.ie) and from the Citizens Information Phone Service, 0761 07 4000. Macroom Helpline: 0761078430

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## 2019/2020 Cork, Munster and All Ireland Club Football and Hurling Championships

### Senior Football Championship

County Champions: Nemo Rangers (Duhallow)  
Munster Club Final: Nemo Rangers 0-15 Clonmel  
Commercials 0-6  
All Ireland semi final: Corrofin 1-10 Nemo  
Rangers 0-7

### Premier Intermediate Football Championship

County Champions: Éire Óg (St Michaels)  
Munster Club Final: Templenoe 0-14 St  
Brechans, Clare 0-5  
All Ireland semi final: Oughterard, Galway 1-12  
Templenoe 0-12

### Intermediate Football Championship

County Champions: Knocknagree (Gabriel  
Rangers)

### Senior Hurling Championship

County Champions: Imokilly (Glen Rovers)  
Munster Club Final: Borris-Ileagh 1-12  
Ballygunner 1-11  
All Ireland s/f: Borris-Ileagh 1-21 St Thomas  
1-14

### Premier Intermediate Hurling Championship

County Champions: Fr O'Neill's (Kilworth)  
Munster Club I Final: Fr O'Neills, Cork 2-15  
Ballysaggart, Waterford 0-17  
All Ireland s/f: Fr O'Neills 0-19 Toureen 1-12

### Intermediate Hurling championship

County Champions: Blackrock (Cloughduv)

### Junior Championships

County Football Champions: Kilshannig (St  
James, Ardfield)

Munster Club Junior Final: Na Gael, Tralee 3-13  
Mullinahone 1-11  
All Ireland s/f: Na Gael 0-13 Kilmaine Mayo 1-9

County Hurling Champions: Russell Rovers  
(Carraig na bFear)  
Munster Club Junior Final: Russell Rovers 2-13  
St Marys W'ford 0-11  
All Ireland s/f: Russell Rovers 1-26 Micheál  
Breathnach 1-15

### Cork Premier 1 U21 Hurling Championship

#### Quarter Finals

1. Killeagh-St Itas 1-13 Blackrock 5-13
2. Douglas 0-7 Sarsfields 1-21
3. Blarney 2-16 Shandrum 2-20
4. Middleton 2-25 Ballincollig 1-10

#### Semi Final:

Blackrock 2-17 Sarsfields 2-18  
Middleton 3-14 Shandrum 0-12  
Final: Sarsfields 2-17 Middleton 0-22

### Premier 2 U21 Hurling Championship

#### Quarter Finals:

- Mallow 1-13 Ballinhassig 1-22  
Aghabullogue 0-9 Bride Rovers 1-11  
Carrigaline 0-24 St Finbarrs 3-18  
Valley Rovers 3-12 Charleville 0-16

#### Semi Finals:

Ballinhassig 3-14 Bride Rovers 2-26  
St Finbarrs 2-22 Valley Rovers 1-16  
Final: St Finbarrs 2-11 Bride Rovers 2-10

### U21 A Hurling Championship

#### Semi Finals

Éire Óg 0-16 Newcestown 1-15  
Fermoy 2-11 Nemo Rangers 2-8

#### Final:

Fermoy 1-17 Newcestown 1-15

### Newcestown 1-15 Éire Óg 0-16

Leading by 0-6 to 0-2 after the opening quarter, Éire Óg still enjoyed a lead of four points, 0-10 to 0-6 at the break in this U21 A hurling championship semi final at the 4G pitch at Páirc Uí Chaoimh. The Ovens men were in control and on the restart quickly stretched their lead to five points and then extended it further to lead by 0-15 to 0-8 in the 48th minute. They still led by six points in the 51st minute after a Newcestown point but then the winners added another four points to make it 0-15 to 0-13. A point for Éire Óg had eased their situation before Newcestown then struck for an equalising goal in injury time and quickly added two points before the final whistle to leave Éire Óg shocked at losing a game they looked to have in the bag just minutes earlier.

Éire Óg scorers: Dylan Foley 0-4, David Kirwan 0-4, Brian Hurley 0-3 (frees), John Cooper, Joe Cooper and M Kelleher 0-1 each.

Éire Óg: K McCarthy: C McGoldrick, C Mullins, S O'Flynn: M Kelleher, D Dineen, M Brady: John Cooper, E Kelleher: Joe Cooper, R O'Flynn, D Foley: D Kirwan, R O'Shea, B Hurley. Subs: T Desmond 45, J O'Shea 48.

### U 21 B Hurling Championship

#### Semi finals

Kilavullen 3-15 Whitechurch 1-10  
Ballinora 0-8 Castlemartyr 6-17  
Final: Castlemartyr 0-15 Kilavullen 1-7

## County U21 Football Championship 2019

### U21 A Football

#### Quarter Finals:

Carrigaline 1-14 Ballincollig 1-16  
Beara 0-8 Éire Óg 1-15  
Kilshannig 2-10 Douglas 2-9  
St Finbarrs 1-8 St Michaels 4-15

#### Semi Finals:

Ballincollig 0-12 Éire Óg 1-8  
Kilshannig 1-15 St Michaels 3-12

#### Final:

St Michaels 2-12 Ballincollig 1-11

### St. Michael's 2-12 Ballincollig 1-11

St Michael's U 21 footballers showed the benefits of being in regular action weekly on the run up to this County U21 A football final at the 4G pitch at P Uí Chaoimh. After impressive victories over St. Finbarr's and Kilshannig they faced Ballincollig and were the better side and deserving winners.

Ballincollig made the first attack but Michaels hit them on the break and found the net for a marvellous boost. Ballincollig's efforts at reducing the arrears were off target on a few occasions and St. Michael's were looking good when a point from the impressive Tadg Deasy (strong Coachford connections here) from play was followed by two points from frees. Ballincollig's only reply was a point from Darren Murphy, 1-3 to 0-1 to Michaels after 11 minutes. Ballincollig now got a chance of getting back into contention when a penalty was awarded but the spot kick was saved. Ballincollig did not wilt but went back on the offensive and three points in a row, two from Murphy and one from Luke Fahy, reduced the deficit to two points. Michaels replied with a brace of points and only a superb save by Shane Hogan, the Ballincollig goalkeeper, denied them of a goal. The score at half time was 1-5 to 0-4 in St Michael's favour

and they promptly increased their advantage when the action resumed with a point from Deasy followed by another from their wing back. Darren Murphy, from a free, got a point back for Ballincollig but they were rocked by a second St. Michael's goal in the thirty-seventh minute and Ballincollig now had it all to do trailing 2-7 to 0-5, but they dug deep and the contest entered its most exciting phase. Two more points from Murphy raised their hopes and they were followed by a goal from Steve Willis after a strong run by Luke Fahy. Evan Cooke added a point to reduce the arrears to two entering the final quarter.

St Michael's reply was telling, and two points from Deasy plus a converted free by Hurley put them in a good position as the time was running out. Willis, another substitute Darragh Dorgan, and Murphy from a free, all pointed for a battling Ballincollig to make it 2-10 to 1-11. A



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few minutes of play still remained, during which the winners added two further points to secure victory.

Scorers: Ballincollig: D. Murphy 0-7 (0-3 f), S. Wills 1-1, L. Fahy, E. Cooke, D. Dorgan 0-1 each. Ballincollig: Shane Hogan: Kevin Crowley, Shane O'Neill, Karl Spillane: Fentan Denny, Gearóid O'Donoghue, Robbie Bourke: Luke Fahy, James O'Leary: Dave McCullagh, Evan Cooke, Eoin O'Reilly: Karl Walsh, Fionán O'Donovan, Darren Murphy. Subs: Stephen Wills 35, Darragh Dorgan 40, Jordan O'Connor 48, Jordan Murray 53, Ciaran Twomey 59.

## U21 B Football

A. Courneys 0-2 Aghabullogue 3-18  
B. Castlemartyr 1-9 Buttevant 1-18  
C. Na Piarasigh 0-11 Newcestown 1-14  
D. Duarigle Gaels

### Semi Finals:

Aghabullogue 3-11 Buttevant 2-11  
Newcestown 2-11 Duarigle Gaels 0-13

### Final:

Newcestown 0-14 Aghabullogue 0-11

## Newcestown 0-14 Aghabullogue 0-11 (after extra time)

Aghabullogue staged a marvellous second half recovery to force extra time in this county

final at Páirc Uí Rinn but Newcestown who had dominated the first half, regained control on the scoreboard in the opening ten minutes of extra time and weathered a massive effort from Aghabullogue subsequently to emerge winners by three points.

It was all Newcestown in the opening half but their shooting left as lot to be desired. On top at midfield, the winners were camped in the Aghabullogue half and a Luke Casey point was the sole Aghabullogue reply to the South West side's 0-6 but Casey had another point from a free before half time to leave Aghabullogue four points adrift at that stage, still with some hope despite having been outplayed in the first half. Luke Casey had an Aghabullogue point from play early on the restart but Newcestown replied with a brace to open up a five point gap and maintain their seemingly inevitable march to victory. Aghabullogue were up for the battle however and point by point reined in the big deficit with Paul Dilworth, Paul Ring and Jack Murphy continuing to excel in defence, Adam Murphy prominent at midfield, and Luke Casey David Thompson and Niall BarryMurphy buzzing in attack. Newcestown regained the lead in the 51st minute, 0-9 to 0-8, but Paul Dilworth equalised for Aghabullogue and when Newcestown again went in front with a point

from a free, David Thompson drew the game with a point from a very difficult free to make it 0-10 apiece and send the game into extra time. In extra time, Aghabullogue were denied a goal early on by an excellent save by the Newcestown goalkeeper from David Thompson and they then fell three point in arrears and can thank their goalkeeper Daniel Lane that it was not worse. Aghabullogue got a point back in the last period but in the final minute Newcestown had a point and emerged winners after surviving a great Aghabullogue fight back.

Scorers: Aghabullogue: David Thompson 0-5 (frees), Luke Casey 0-4 (0-3f), Mathew Bradley and Paul Dilworth 0-1 each.

Aghabullogue: Donal Lane: Killian BarryMurphy, Conor Smith, Tom Long: Paul Dilworth, Paul Ring, Jack Murphy: Shane Tarrant, Seán O'Connell: Luke Casey, Neil BarryMurphy, Pádraig O'Sullivan: Aohdán Healy, David Thompson, Tadhg Bradley. Subs: Mathew Bradley 22, Adam Murphy 30, Keelan O'Sullivan 44, Jack Oldham 54, all used, and Conor Dineen, Josh Grimes, Paul Dineen, Shane Moynihan, Sean Lane, Darragh Reidy.

## U21 C Football

County Champions: Aghinagh (Robert Emmetts)

## McGrath Cup (Football) final at Limerick

### Limerick 0-20 Cork 0-16

A sensational display from Danny Neville helped Limerick to their first McGrath Cup in 15 years with a shock win over Cork. A big home crowd saw Neville kick seven points, including two attacking marks, while also mucking in as part of a superb defensive performance from Limerick during a sin-bin period which saw them down to 14 men.

Limerick were to score after 15 seconds but Cork had the better of those early stages with some quick kicks into their forwards. Damien Gore slotted two good points, while another U20 All-Ireland-winner, Cathail O'Mahony, made it 0-3 to 0-2 after five minutes. Once Limerick were able to slow Cork's supply of ball, those chances began to dwindle while Neville showed what he can bring to Limerick having taken a year out last year. Himself and Patrick Begley posed a dual-threat on the edge of the square, while Neville broke wide and outpaced his marker for three points. Limerick had nine scores in the first half, three defenders scoring, while both midfielders registered points too. Limerick's lead peaked at five before Cork kicked two of the final three scores, through Tadhg Corkery and an O'Mahony free, to make it 0-12 to 0-8 at the half.

Corner-back Paul Maher was sin-binned for that free before the break but Cork failed to make use of their man advantage in the first 10 minutes of the second half; Sheehan and Gore's points being cancelled out. Neville

took two attacking marks in the space of a minute to stretch the gap to six, 0-16 to 0-10. Over the subsequent ten minutes Cork made the changes and profited with four points, including three from subs Brian Hurley (0-2) and Killian O'Hanlon. Limerick then reasserted themselves and returned the lead to three.

Another Cork sub, Sean White, lofted one over for Cork but Neville clinched it with two fine closing points, one off either foot, to the delight of the home crowd.

Scorers for Cork: Cathail O'Mahony (0-2 f) and Damien Gore 0-3 each, Brian Hurley (0-1 f), Ciarán Sheehan, Thomas Clancy 0-2 each, Cian Kiely, Tadhg Corkery, Seán White, Killian O'Hanlon 0-1 each.

CORK: Anthony Casey (Kiskeam); Sam Ryan (St Finbarrs), Aidan Browne (Newmarket), Paul Ring (Aghabullogue); Kevin Crowley (Millstreet), Seán Meehan (Kiskeam), Cian Kiely (Ballincollig); Ian Maguire (St Finbarrs - capt), Thomas Clancy (Clonakilty); Tadhg Corkery (Cill na Martra), Ciaran Sheehan (Éire Óg), Mattie Taylor (Mallow); Damien Gore (Kilmacabea), Cathail O'Mahony (Mitchelstown), Michael Hurley (Castlehaven).

Subs: Sean White (Clonakilty) for Hurley (ht), Brian Hurley (Castlehaven) for Sheehan (49), Killian O'Hanlon (Kilshannig) for Clancy (51), Shane Forde (Na Piarasigh) for Corkery (55), John O'Rourke (Carbery Rangers) for Gore (55).

## Mid Cork U21 Football Championship Draws 2020-01-13

### A Championship:

Round Robin – Round 1 (1) Eire Og V Inniscarra & (2) Ballincollig v Aghabullogue  
Round 2 – Winners of 1 v Losers 2 & Winners 2 v Losers 1

### B Championship:

Round 1:  
A) Blarney V Naomh Abhan B) Cill na Martyra v Canovee C) Aghinagh V Kilmurray & D) Ballinora v Grenagh  
Round 2:  
Losers A v Losers B & Losers C v Losers D  
Round 3:

6 Teams (4 First round winners + 2 second round winners)

### C Championship

Round 1:  
A) Iveleary v Kilmichael B) Eire Og 2 v Macroom C) Ballingearry v Clondrohid  
D) Blarney 2 a bye  
Round 2:  
Losers A v Losers B, Losers C v Blarney 2



# PICTURE PARADE

Contact the Editorial Team: 026 - 42023 or Email: leevalleyoutlook@gmail.com



Nellie White presents a bouquet of flowers to Mary Keane at the Clondrohid/Carriganima / Muinefliuch active retirement at Christmas party in Mills



Coachford Community Playgroup welcomed some representatives from Aghabullogues winning teams with the Mid Cork U21B Football, Mid Cork Junior B Hurling and County Junior B hurling cups



Mary Noonan presenting the Seamus Noonan Memorial Cup to the winning Poc Fada team of Sean O'Donoghue (Capt.), Tadhg Lyons and Jack O'Leary-Keating, which was hosted by Inniscarra GAA and Inniscarra Camogie Clubs on St. Stephen's Day



Pupils from the Junior Room in Muinefliuch NS getting ready for their Christmas show



Ballyvourney/Ballymakeera Tidy Towns Volunteers Samantha, Susan, Maura, Brid and Mary



Another great year for St. Mary's at the BT Young Scientist and Technology Exhibition!

Marguerite O'Donoghue and retired greyhound, Theo, making a presentation to Aoife and Eithne Lynch, Cloughdubh, who found the "Elf on the Shelf" at the Friends of Cork Greyhounds Christmas Party at Curraheen Park. Picture: Mike English



Retired greyhounds, Paddy, Kilmacdonagh and Theo with Brigid and Sheena Murphy, Marguerite O'Donoghue, Lydia and Jack Kelleher, Christopher McCarthy and Tony (Santa) Winters at the Friends of Cork Greyhounds Christmas Party at Curraheen Park. 16.01.20 Outlook 41 © Mike English



## Co-Op Stores Munster Senior Hurling

In the Co-Op Superstores Munster SHL final at Limerick, the 2018 All-Ireland champions had 15 points to spare at the end, having dominated Cork totally in that second half.

Cork's second-half decline was "difficult to judge", said Rebel boss Kieran Kingston: "They took the game away from us, our intensity fell away with ten or 15 minutes to go. We haven't watched it or discussed it yet but if that's because we felt the game was going from us, that's not really good enough."

The 5,295 in attendance saw Cork hit five points in the first five minutes, with Conor Lehane impressing, but it was 1-3 to 0-5 on 11 minutes.

Newcomer Sean Twomey's second and Aidan Walsh's first point nudged Cork one ahead by the end of the first quarter, 0-8 to 1-4, but accuracy from frees levelled the game before Barry Nash and Diarmaid Byrnes (free) put Limerick ahead, 1-8 to 0-9. From there to the break it was very even and Limerick led by 1-14 to 0-14.

Cork restarted with a Lehane free but then Limerick simply took over. Their half-backs shut Cork down and further up the field they dominated, spreading the ball at will. At one stage Limerick hit seven points in a row,

later they hit six on the spin, and the game was over as a contest long before the final whistle..

Kingston was taking the positives from the Munster League while pondering the impact of the Fitzgibbon Cup on his NHL plans: "We didn't have the ability to introduce more senior players but that's the purpose of this competition – to give game-time to the senior players, some of whom haven't hurled since July, and some of the younger lads, to give them hurling at this level and it has worked well from that point of view. "We've 21 players away with the Fitzgibbon so we'll have to do without them for a while."

Scorers for Cork: C. Lehane (0-6, 3 frees); S. Harnedy, S. Twomey, C. O'Leary (frees)(0-3 each); A. Walsh (0-2 ); B. Turnbull, J. O'Connor, P. Horgan (free) (0-1 each).

CORK: P Collins, C. Spillane, E. Cadogan, Seán O'Donoghue (Inniscarra), C. O'Leary, B. Cooper, D. Cahalane, R. Walsh, A. Walsh, C. Lehane, L. Meade, S. Twomey, J. O'Connor, S. Harnedy, B. Turnbull.

Subs: P. Horgan for O'Connor, S. O'Regan for R. Walsh (HT); R. Downey for Meade (52); T. Connell for Twomey (70); J. Keating for Spillane (72).

## John Kerins Cup - U20 Football Development League

### Kerry 3-12 Cork 1-19

Cork just about did enough to record a deserved victory over Kerry in this John Kerins Cup opener in Tralee as the hosts very nearly salvaged an unlikely draw from a deficit of five points entering injury time. 1-1 from substitute Darragh Hayes appeared to be enough to ensure Cork's win but a penalty from Paul Walsh followed by a Killian Falvey point nearly ensured the match ended on parity.

Kerry had to line out without star forward Donal O'Sullivan (Down) who shone last week against Cork in the McGrath Cup.

Cork were leading by 0-10 to 1-3 at the break despite Darragh Rahilly scoring Kerry's goal in the 21st minute and putting them ahead for the first and only time at 1-2 to 0-4. Conor Russell scored four of Cork's total in the first period, but it was a Daniel O'Connell point after 26 minutes that was the highlight in taking a four-point interval advantage.

Both sides traded scores up the three-quarter mark at 0-13 to 1-9 to the visitors. Killian Falvey's goal in the 53rd minute made it 0-16 to 2-10 as Cork needed a third point from Herlihy and that 1-1 from Hayes (Conor Corbett the goal provider) to go 1-19 to 2-11 ahead as the clock hit 60 minutes.

Then came a penalty with a goal and another point in the fourth additional minute. The final whistle rang to the resulting kick-out however as for the second week-in-a-row a Cork side defeated Kerry in Austin Stack Park.

Scorers for Cork: D Hayes (1-2, 1f), C Russell (0-5, 3f), F Herlihy (0-3), A Ó Luasa, B Murphy (f) and E O'Hanlon (2f) (0-2 each), J Mullane, D O'Connell and C O'Sullivan (0-1 each)

Cork: J O'Keeffe (Newmarket); B Curtin (Kilshannig), D O'Mahony (Knocknagree), Conor Smith (Aghabullogue); James O'Mullane (Kilmurry), D Phelan (Aghada), Sean Desmond (Clondrohid); J Lawton (Argideen Rangers), D O'Connell (Kanturk); Jack Murphy (Éire Óg), Aodhán Ó Luasa (Naomh Abán), B Murphy (St Vincent's); C Corbett (Clyda Rovers),

F Herlihy (Dohenys), C Russell (Douglas) Subs: C O'Sullivan (Urhan) for Phelan (23), E O'Hanlon (Kilshannig) for O'Connell (32), D Hayes (Carbery Rangers) for Russell (35), Eoghan Lehane (Canovee) for Smith (45) and D Cashman (Millstreet) for Desmond (54)

### Cork 1-15 Galway 1-9

Cork's U20 footballers progressed to the final of the John Kerins Cup as they defeated Galway. Clinical displays from Blake Murphy and Eanna O'Hanlon ensured the Rebels followed up their narrow victory against Kerry to ensure they meet the winners of Group A in the final. Cork led by 0-4 to 0-1 by the end of the first quarter and were in front at the break, 0-7 to 0-3.

The Tribesmen grabbed the first point of the second period inspired by Blake Murphy Cork hit back with four unanswered points.

Galway had an opportunity to get the first goal but Cian O'Leary saved the spot kick. The Douglas goalkeeper was beaten before the beginning of the final quarter but Cork quickly raised a green flag when O'Hanlon fired home from a penalty, 1-11 to 1-5.

Scorers for Cork: E O'Hanlon 1-4 (1-0 penalty, 0-3 frees), B Murphy 0-6 (1 free), B Hayes 0-2, D Hayes, E Connolly and G O'Sullivan 0-1 each.

CORK: C O'Leary; C O'Shea, D O'Mahony, Eoghan Lehane (Canovee); B Lynch, D Buckley, D Cashman; E O'Hanlon, C Nyhan; G O'Sullivan, Aodhán Ó Luasa (Naomh Abán), B Hayes; B Murphy, D Hayes, R O'Donovan.

Subs: E Connolly for R O'Donovan (ht), Seán Desmond (Clondrohid) (ht), Jack Murphy (Éire Óg) 43, M Lenihan 43, C O'Sullivan 54.

Cork Selectors: Keith Ricken, Maurice Moore, Michéal Ó Croinín (Naomh Abán), Barry Corkery (Éire Óg), Colm O'Neill.

## Cork County Leagues 2020

The county leagues will commence in February and conclude in mid July.

### February 2nd Football

Div One: Ballincollig v O'Donovan Rossa; Cill na Martra v Mallow  
Div Two: Béal Átha'n Ghaorthaidh v Carrigaline; Éire Óg v Newmarket  
Div Three: Aghabullogue v Dohenys, Naomh Abán v Knocknagree, Nemo Rangers v Macroom  
Div Four: No Mid Cork team  
Div Five: Kilshannig v Grenagh  
February 9th

Div One: Carbery Rangers v Cill na Martra, St Michaels v Ballincollig  
Div Two: Carrigaline v Éire Óg, Clyda Rvs v Béal Átha'n Ghaorthaidh  
Div Three: Macroom v N Abán, Rockchapel v Aghabullogue  
Div Five: Ballinora v Millstreet, Glanmire v Grenagh

### February 16th – Hurling

Div Three: Blackrock v Blarney, Inniscarra v Mayfield, Tracton v Ballincollig  
Div Four: Argideen v Cloughdub, Éire Óg v Aghabullogue  
Div Five: Ballinhassig v Grenagh, Dripsey v Glen Rovers  
February 23rd  
Div Three: Ballincollig v Kildorrery, Blarney v Youghal, Milford v Inniscarra  
Div Four: Aghabullogue v Argideen, Aghada v Éire Óg, Cloughdub v Middleton  
Div Five: Barryroe v Dripsey, Grenagh v Castlemartyr

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The Cattle Are Lowing  
 The Poor Baby Wakes  
 But Little Lord Jesus  
 No Crying He Makes  
 I Love Thee Lord Jesus  
 Look Down From The Sky  
 And Stay By My Side  
 Till Morning Is Night

Be Near Me Lord Jesus  
 I Ask Thee To Stay  
 Close By Me Forever  
 And Love Me I Pray  
 Bless All The Dear Children  
 In Thy Tender Care  
 And Take us To Heaven  
 To Live With Thee There



Mary O'Callaghan Hallissey  
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## Cork County Council News

### 2020 Cork County Library Calendar launched for Library Ireland Week:

The 2020 Cork County Council Library Calendar, featuring 12 original artworks from talented children across the County, was officially launched by the Mayor of the County of Cork, Cllr Christopher O'Sullivan, at the LHQ Gallery in County Library Headquarters on the Wednesday of Library Ireland Week.

In October the County Library and Arts service held an art competition on the theme of "I Love My Library". Children under 12 were invited to submit a picture and the libraries received with hundreds of entries. Twelve winners were chosen to feature their artwork on a month of the calendar.

The winners are Síofra Gormley (6), Mia Walsh (11), Kate Howie (12), Summer O'Donovan (6), Emily O'Leary (9), Fiona Geary (12), Ruby Ní Charthaigh (6), Cliona O'Connell (9), Lucy Murphy (9), Charlie Cahill (5), Daniel Whelton (9) and Caoimhe Flannery (12). Mayor O'Sullivan congratulated the winners and entrants on the high standard of work submitted to the competition. "The judges must have had an incredibly hard time choosing the winners. The talent and creativity amongst our young people in Cork is quite apparent. We are delighted to be able to help nurture this creativity through the County Libraries & Arts Service". Judging was carried out by the Arts Office of Cork County Council, and printing costs for the unique calendar was supported by the Creative Ireland Fund.

Library Ireland week runs from December 1st to 7th and is an annual initiative of the Library Association of Ireland. Cork County libraries are running a number of events and activities in our branch libraries all week.

**Community Fund:** Cork County Council is continuing its annual commitment to support local communities with the announcement that the Community Fund Scheme 2020 is now open for applications. Each year, Cork County Council's Community Fund Scheme contributes financial support to hundreds of community and voluntary organisations around the County.

The scheme is administered by the Council's eight Municipal Districts and

is now open to applicants who can apply for financial assistance under three distinctive fund types; Capital Fund, Community Contract and Amenity Fund. In recent years, the fund has supported a diverse range of projects and community initiatives, including infrastructure, sports and leisure facilities and tidy towns.

Commenting on the opening of the fund, Mayor of the County of the Cork, Cllr. Christopher O'Sullivan said "Cork communities are remarkably proactive and have great pride in the places in which they reside. I am consistently surprised and impressed at the sheer number of projects, festivals and events that are driven by community groups across the county. I would strongly encourage all community groups to avail of the support and funding available to them from Cork County Council through the Community Fund Scheme this year."

Tim Lucey, Chief Executive of Cork County Council commented "In 2020 we are making over €1.8million available to Communities through our General Municipal Allocation. The Community Fund Scheme is an opportunity for the many outstanding community and voluntary groups across the County to apply to their Municipal District for a portion of this. This is the 6th year that this particular scheme has been running and it has delivered and enhanced a host of beneficial projects across Cork County over this time. We are committed to supporting our communities in their efforts to continually enhance and improve the quality of life within our towns and villages."

Further information on the three funding types available under the 2020 Community Fund Scheme can be found on [www.corkcoco.ie](http://www.corkcoco.ie) and applications can now be submitted through an online application process accessed at [www.yourcouncil.ie](http://www.yourcouncil.ie)

The closing date for receipt of applications is Friday, February 14th 2020 at 4pm.



## Cork County Championship 2020 Championship Draws 2020

### Premier Senior Hurling

<b>Group 1</b> Midleton Sarsfields Douglas Ballyhea	<b>Group 2</b> Blackrock Erins Own Bishopstown Newtownshandrum
---	--

### Premier Senior Football

<b>Group 1</b> St. Finbarr's Ballincollig Clonakilty Carrigaline	<b>Group 2</b> Carbery Rangers Castlehaven Newcestown Ilen Rovers
--	---

### Senior A Hurling

<b>Group 1</b> Newcestown Killeagh Kanturk Cloyne	<b>Group 2</b> Bandon Charleville Mallow Fermoy
---	---

### Senior A Football

<b>Group 1</b> O'Donovan Rossa St. Nicholas St. Michael's Béal Átha'n Ghaorthaidh	<b>Group 2</b> Kiskeam Mallow Éire Óg Bantry Blues
---	--

### Premier IHC

<b>Group 1</b> Courcy Rovers Carrigaline Aghada Youghal	<b>Group 2</b> Valley Rovers Ballinhassig Watergrasshill Ballincollig
---	---

### Premier IFC

<b>Group 1</b> Newmarket Na Piarasigh Castletownbere Aghada	<b>Group 2</b> Naomh Abán Cill na Martra St. Vincent's Knocknagree
---	--

### Inter A HC

<b>Group 1</b> Kildorrery Mayfield Dungourney Argideen Rangers	<b>Group 2</b> Éire Óg Sarsfields Meelin Douglas
--	--

### Inter A FC

<b>Group 1</b> Millstreet St Finbarr's Glenville Ballinora	<b>Group 2</b> Rockchapel Dromtarriffe Ballydesmond Kinsale
--	---

### Lower IHC

<b>Group 1</b> Kilbrittain Barryroe Ballygarvan Russell Rovers	<b>Group 2</b> Castlemartyr St Finbarrs Ballymartle Milford	<b>Group 3</b> Tracton* St. Catherine's Grenagh Dripsey
--	---	---

<b>Group 3</b> Glen Rovers St. Finbarr's Na Piarasigh Carrigtwohill
---

<b>Group 3</b> Nemo Rangers Valley Rovers Douglas Bishopstown
---

<b>Group 3</b> Ballymartle Bride Rovers Fr. O' Neill's Kilworth
---

<b>Group 3</b> Dohenys Fermoy Clyda Rovers Bandon
---

<b>Group 3</b> Inniscarra Blarney Castlelyons Blackrock
---

<b>Group 3</b> Macroom Kanturk Nemo Rangers Gabriel Rangers
---

<b>Group 3</b> Cloughduv Aghabullogue Glen Rovers Midleton
--

<b>Group 3</b> Mitchelstown Glanworth Mayfield Adrigole
---

### MACROOM GOLF CLUB 2019



Denny Quinlan receives his prize for Player of the Year from Captain Dan O'Brien, also President Paschal McSwiney.



Denny Quinlan receives his prize from (sponsor) Philip Cooper, Champion of the course. Also in picture on left is Dan O'Brien Captain and Paschal Swiney.

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## PICTURE PARADE

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McEgan Junior Boys Soccer Blitz with their coach Mr Devane



Music students listening to a performance by "The Busy Trio"



Mary Elmes, Cork-born woman, who rescued Jewish children during the Second World War.

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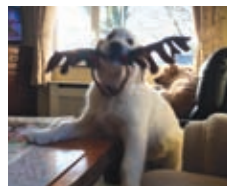
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# PICTURE PARADE

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McEgan Junior Boys Soccer Blitz with their coach Mr Devane



Jerome O'Callaghan presenting the second prize to Ardal O'Connell, Owen McCarthy and Eimear Hurley



Rylane Community Park Association hosts an annual New Year's Day match event - where local junior, senior and more seasoned players entertain the community. Here is the Rylane NS Team



Liam Murray, Cian Kelleher, Eoin Buckley and Tara Lane represented Kilmurry NS at the Sciath na Scol Sports Quiz at Rochestown Park Hotel. © Mike English



Rylane Community Park Association hosts an annual New Year's Day match event - where local junior, senior and more seasoned players entertain the community. Here are two of the Senior Teams.



5th Year Students Fundraising for the Simon Community at Macroom Christmas Market with their teacher Ms Clare Shannon



Clr Eileen Lynch presenting the trophy to victorious senior team



McEgan Transition Year Pupils who enjoyed Ice Skating in Killarney



Junior Girls 5 A Side Soccer Team with their Coach Mr Colm O Carroll

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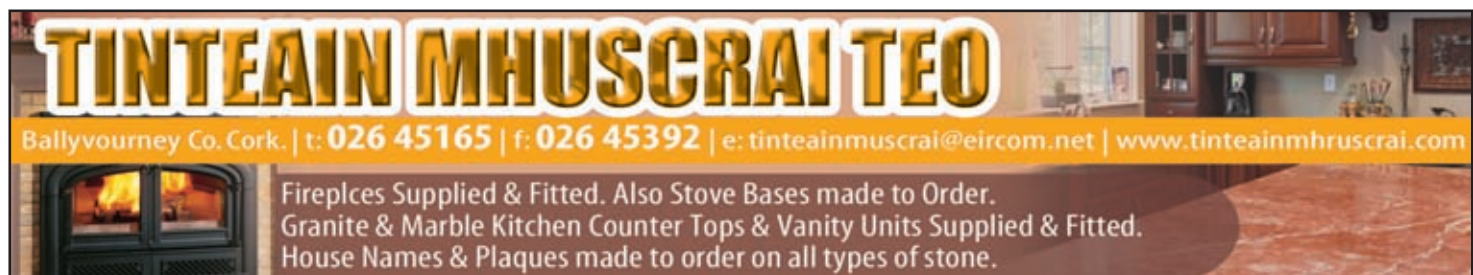
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**Snippets may include details of upcoming Lee Valley functions, fundraisers, sports events etc. We may include commercial events that are also being advertised simultaneously in the magazine.**

**“As Mayor of the County of Cork, I have declined an invitation to attend an event to commemorate the Royal Irish Constabulary and the Dublin Metropolitan Police in Dublin Castle on Friday January 17th 2020.** While I welcome the Decade of Centenaries programme to acknowledge the events of 1912 to 1923, I do not consider it appropriate to attend this particular function in light of the events that occurred throughout Cork City and County during this time.”

“Mar Mhéara Chontae Chorcaí tá cinneadh déanta agam gan freastal ar ócáid chun comóradh a dhéanamh ar Chonstáblacht Ríoga na hÉireann agus ar Phóilíneacht Chathrach Bhaile Átha Cliath i gCaisleán Bhaile Átha Cliath Dé hAoine 17ú Eanáir 2020. Cé go bhfáiltím roimh chlár Deich mBliana na gCuimhneachán chun imeachtaí idir 1912 agus 1923 a aithint, ní dóigh liom go bhfuil sé iomchuí freastal ar an ócáid áirithe seo i bhfianaise na n-imeachtaí a tharla ar fud Chathair agus Chontae Chorcaí le linn na tréimhse seo.”

**The Donoughmore Historical Society** presents a talk on Thurs. Jan. 23rd as part of its winter series of events. John Sheehan, UCC Archeology Department will present ‘Skellig Michael: Stairway to Heaven’ at 8 p.m. Please join us at Firmount School.

**Mary Elmes, Holocaust Hero:** The Muskerry Local History Society will be hold a lecture in Ballincollig Rugby Club on Monday, 13th January at 8.00 p.m. Ann Twomey will present the lecture on Mary Elmes, a Cork-born woman, who rescued Jewish children from a camp in Vichy France during the Second World War. This saved them from being transported to extermination camps in Poland. Her dangerous work resulted in her imprisonment by the Nazi authorities but it didn’t prevent her from renewing her work after her release. The lecture, organised by Muskerry Local History Society, will be held in Ballincollig Rugby Club on Monday, 13th Jan. at 8.00 p.m.

**Croí Mhúscraí:** presents ‘Aisling an tSeanduine’, performed by members of Lachtain Naofa Comhaltas, at Ionad Cultúrtha an Dochtúir Ó Loingsigh, Baile Mhúirne, on Friday, January 17th, 8pm. Free of charge. Tickets must be booked in advance at 026 45733 at eolas@ionadculturtha.ie

**Clondrohid Development Group:** It will hold its annual Christmas/New Year Adult Party on Sun. Jan. 26th at 2 p.m. A great day is assured.

**Dromleigh N.S.:** Bingo Night on Thursday Jan.

30th at 7 p.m. in school - P12DY26. Phone No. 026-46212.

**Ballinagree:** Mr Pat Murphy hosts the Mayor’s Ball at the Laine Bar on Fri. 31st of Jan. at 9 p.m. Music is by Seamus Healy. This year’s theme is ‘Country & Western’. It promises to be a great night. All are welcome.

**Lee Valley Toastmasters:** Castle Hotel, Macroom is the venue & the 1st and 3rd Tuesdays, at 8 p.m., are the days and times of each month’s meetings. All welcome as guests

**Aghinagh Macra:** Aghinagh Macra is holding a MURDER MYSTERY Event on January 17th in the Laine Bar, Ballinagree at 8:30pm. The entry fee is €20 per teams of 3 or 4. Can your team crack the case, solve the mystery and figure out who did the crime? Everyone is a suspect! An exciting night is guaranteed. Dinner Dance on Friday the 21st Feb. in the Castle Hotel, Macroom, 7:30pm. YOU are invited! Music is by ‘The Fógues’ on the night. Tickets are €35. Contact Eibhlis @ 0871691470 or the Aghinagh Macra Facebook/Instagram page!

**Inchigeela Calendar 2020:** It is now on sale for €8 in local shops. **The KHAA** is currently looking for volunteers in the museum. Please contact a committee member if you would like to help.

## LOTTO RESULTS

**Aghinagh GAA:** 5th January, 2020: The jackpot was €6,250.00. Numbers drawn were 4, 10 and 39. There was no jackpot winner. Consolation prizes: €50 was won by Sadie Coakley, Ballinagree. €20 each went to Noreen Spillane, Ballinagree, Norma O Donnell, C/O Láine, John & Maura Twohig, Ballinagree P.O. and Brian Buckley, Clondrohid. 29th December, 2019: The jackpot was €6,250.00 and the numbers drawn were 1, 7 and 33. There was no jackpot winner. Consolation prizes went to: €50 to Maureen Long, Rylane and €20 each to Pat & Nora Casey, Leade’s Cross, Michael Twomey, Ballinagree, Caroline Lynch, C/O Ballinagree Shop and Mick Fitz and Seamus, C/O Láine Bar.

**Canovee GAA:** Dec. 29th; the numbers drawn were 6, 7, 21 and 23 and there was no winner of the €13,850 Jackpot. €50 was won by John O’Sullivan, Ballincollig and €25 each by Una Cremins, Noel, Jim and Mags C/O Noel Crowley and online by Gobnait Deasy. On Dec. 5th the numbers drawn were 2, 16, 18 and 26; there was no no winner of the €14,150 Jackpot. €50 was won by Ann Marie Lyons, Canovee and €25 each by Edwina Lyons, Canovee, Ivor O’Sullivan and online Denise Ahern.

**Cloughduv Hurling and Camogie Club:** Dec. 2019 Spin and Win results - Eve Mc Donald €150, Der Hartnett €100, Kathleen McGillyCuddy €100 and Kay O’Mahony €150.

**Coachford AFC:** 6/1/2020. Jackpot: €4,800. The numbers drawn were: 5 – 13 – 21 and there was no winner. €40 was won by Frances Daly and €20 each by Olivia Moynihan, Jenny & Pedro, Aoife Crowley and Ted Kelleher. 30/12/2019. Jackpot: €4,600. Numbers Drawn: 7 – 26 – 36. No Winner. €40 was won by Ted Kelleher and €20 each by Mairéad Delaney, Nell Martin, Maud Cotter Jnr. & Dee Murphy and Ann

Murphy. 23/12/2019. Jackpot: €4,400. Numbers Drawn: 27 – 28 – 36. No Winner. €40 was won by Courtney O’Connell. €20 was won by each of the following: Noreen Walsh, Terri, Marie & Aoife, Pdraig O’Riordan and Louise, Jack & Ruby..

**Clondrohid G.A.A.:** Jan. 1 2020: €70 was won by Paddy Lynch Lissacreasig and €20 by Kay McSullivan, Ballinagree, Alan and Eoghan McCarthy Bealnamorrive, Ann Lehane Dunmanway and the The Secret 7 c/o Cath Murphy. Jan 8. Jackpot €5,200, €70 was won by Mary Ann Healy Clondrohid and €20 each by Ann Casey Rusheen, Karen O’Leary The Glebe, Paul Long c/o J. Murphy and Dan Kelleher Moulnahorna. The Bingo Jackpot of €250 was divided between Evelyn McSweeney, Macroom, Joan Kelleher Coolmountain, and Marian Healy, Carrigathou.

**Macroom GAA:** 7/1/2020 – Jackpot €2600 – there was No Winner. €70 was won by Helen O’Brien, Clondrohid and €20 each by Eileen O’Connor, Kilmichael, Sinéad Twomey, c/o Pat Crowley, Ber Kearney, The Town Hall, Marie O’Leary, Kilnamartyra and Molly O’Sullivan, Carriganima. 30/12/2019 – Jackpot €2,400 – The numbers drawn were 9-26-33 and there was no winner. €70 was won by Michelle & Brooke Murphy, Cork Street, Macroom. €20 each was won by Eileen O’Connor Kilmichael, Con O’Riordan, Sleaveen East, Michael Vaughan, New Street, Macroom, Margaret Horgan, Raleigh South, and Breda McCarthy, The Square. Next week’s Jackpot will be €2,600. Please note that you can now play Macroom GAA Lotto on line. Log on to www.macroomgaa.ie

**Rylane Community Park Association/RCPA:** Monday Jan 6th 2020. The Jackpot was €2,500. Numbers drawn: 6 - 8 - 16. No Winner. €20: Órla McSweeney (Rylane), Aaron, Cathal & Emily Scannell (Rylane), Joan Brown (Rylane). Seller’s Prize €20: Geraldine (Fred’s Bar). 30/12 /2019: The Jackpot was €2,400. Numbers drawn: 6 - 21 - 23. No Winner. €20 was won by The Rylane Chipper, Tim Buckley (Clonmoyle), Mag’s Chipper (Coachford). The Seller’s Prize of €20 was won by Crowley’s.

**Kilmichael GAA Lotto:** Lotto 6th January: Jackpot €7,750; Numbers: 7-15-23-25; No Jackpot winner. €50 Con O’Connell, c/o Premier Hi-Spec Cars; €25 each to John O’Sullivan, Coppeen; Seamus Harrington, Terelton; Marian Lehane, c/o Dromeys

Lotto 13th January: Jackpot €7,900: Numbers: 7-9-27-28; No Jackpot winner. €50 Con O’Keeffe, Lissarda; €25 each to Eileen Creedon, c/o Dromeys; Sean Healy, c/o Dromeys Bar; John Joe & Edel Coakley, Inchigeela.

**Coachford AFC Lotto Results** 13/1/2020. Jackpot: €5,000. Numbers Drawn: 1 – 10 – 12. No Winner. €40 Siobhán Hogan. €20 Molly O’Connell. Margaret Long. Denis Finnegan (Yearly Ticket). Aghabullogue GAA (Yearly Ticket).

11TH ANNIVERSARY



In loving memory of

**MOLLY  
CREEDON**

Who died on 6th January 2009

*Deep in our hearts  
your memory is kept  
To Love  
To Cherish  
And Never Forget.*



Always remembered by Joe,  
Sharon & Sam x

12TH ANNIVERSARY



Remembering with love

**JERRY  
TWOHIG**

32 St. Colmans Pk, Macroom  
Who died on 10th January 2008

*A smile for all, a heart of gold,  
One of the best the world could hold.  
Never selfish, always kind,  
These are the memories you left behind.  
As you were Jerry you will always be  
Someone special in our memory.*



Always remembered by his wife  
Margaret, his daughters Caroline & Emer  
& his son Mark, Grandchildren Adam,  
Cliona, Aoife, Darragh & Alex.

1ST ANNIVERSARY



In loving memory of

**TADGH  
MOYNIHAN**

Gruaige, Inchigeela  
Who died on 12th January 2019

*"I have found life an enjoyable, enchanting,  
and sometimes terrifying experience, and  
I've enjoyed it completely.  
A lament in one ear, maybe,  
always a song in the other."  
Sean O'Casey*



Remembered by his  
loving family

FIRST ANNIVERSARY  
AND ACKNOWLEDGEMENT



In loving memory of

**EILEEN STACK**

Currahaly, Farran, Co. Cork  
who died on 20th January 2019

As we lovingly remember Eileen (née O'Sullivan) on the first anniversary of her sudden passing, her loving husband John, her beloved children Michael and Louise, daughter-in-law Caitriona, brothers Roger, John and Aiden, aunt Margaret, mother-in-law Frances, sisters-in-law, brothers-in-law, niece and extended family wish to express our heartfelt thanks and appreciation to all who sympathised with us on our sad loss. We will be forever grateful to family, neighbours, friends and work colleagues who offered their support to us during this sad time. A sincere thank you to all who called to our home and attended the Rosary, Removal, Funeral Mass and Burial in such large numbers and those who travelled long journeys to be with us. To all who sent Mass cards, sympathy cards, flowers, letters, enrolments, brought refreshments and phoned we are truly grateful. We especially thank Eileen's close friends for their continued support. To the Ambulance Service personnel, Doctors, Nurses and Staff of Cork University Hospital A&E, our sincere thanks and appreciation to all for your care, compassion and kindness that you showed to Eileen and all of us. We are indebted to Fr Liam O hIci and Fr Aidan Vaughan for their kindness and support to us and for making Eileen's Rosary, Removal and Funeral Mass so personal. To the scarastin Anne, ministers of the Eucharist, Breda and her musicians and Nina for her song at the graveside, please accept our grateful thanks. A very sincere word of thanks to Crowley's Funeral Home Ballincollig for their professionalism, respect and kindness at this difficult time. Thanks to the Gardaí for their assistance in traffic management, the grave diggers and The Castle Hotel Macroom. It is impossible to name each person individually or to acknowledge each act of kindness such was the level of support at this very difficult time but all are remembered and we acknowledge them with kindness and gratitude. The Holy Sacrifice of the Mass will be offered for all of your intentions.



Eileen's First Anniversary Mass takes place at the Church of The Immaculate Conception Farran on Sunday the 19th January at 9.30am.  
Ar dheis Dé go raibh a banam dilis.

17TH & 7TH  
ANNIVERSARY



In loving memory of

**JOHNNY &  
EILY CASEY**

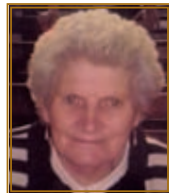
Carrigaphooka,  
Macroom

*Those we hold closest to our hearts  
never truly leave us,  
they live on in the kindness  
they have shared and the  
love they brought into our lives.*



Always remembered  
by your loving family

7TH ANNIVERSARY



Cherished memories of

**PEIG UÍ  
MHURCHÚ**

Cahirdaha, Kilnamartyra  
Who died on January 15th 2013

*They say there is a reason  
They say that time will heal  
But neither time or reason,  
Will change the way we feel  
For no one knows the heartache  
That lies beyond our smiles.  
No one knows how many times  
We have broken down and cried  
We want to tell you something  
So there won't be any doubt  
You're so wonderful to think of.  
But so hard to be without.  
We cannot bring the old days back  
When we were all together  
The family chain is broken now  
But memories live forever.*



You loving family

4TH ANNIVERSARY



In loving memory of

**JOHN LYNCH**

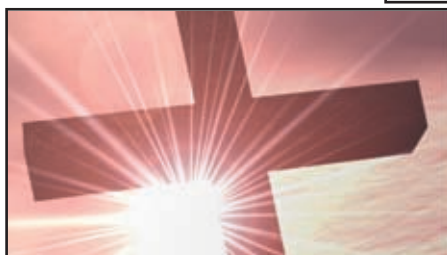
Kilmore Ballingearry  
Who died on 24th January 2016

*Those we love don't go away  
They walk beside us everyday  
Unseen, unheard but always near,  
Still loved, still missed  
So very dear.*



Deeply missed by his family and friends.

Anniversary mass in Ballingearry Church  
on Sunday 26th January at 10.00a.m



All Memorials, Prayers and Remembrances  
are to be submitted to the Lee Valley Outlook  
1 WEEK PRIOR TO PUBLICATION

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## FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of

### MAUREEN RING (NEE O'DRISCOLL)

Coolehane, Macroom.

Who died on the 15th January 2019.

As we lovingly remember Maureen on her 1st Anniversary, we, her sisters Hannah, Margaret and Kathleen and her brothers Florrie and John, brothers in law, sisters in law, nieces and nephews would like to express our heartfelt thanks and appreciation to all those who sympathised with us on our sad loss, those who attended the rosary, removal, funeral mass and burial. We would like to thank those who travelled long distances and to the many people who sent mass cards and floral tributes.

A sincere thanks to Fr. John Keane who celebrated the funeral mass and for his kind words and support. To Maureen's neighbours, words cannot express how grateful we truly are for their kindness and support.

A special word of thanks to Kieran Kelleher and Veronica Vaughan who came to Maureen's assistance, to the ambulance service and to the doctors, nurses and staff of Cork University Hospital for their professionalism, kindness and wonderful care. Thanks to Martin and staff of Fitzgerald Funeral Directors, for the professionalism in the handling of the funeral arrangements

While it is impossible to thank everybody individually, we would ask that you accept this acknowledgement as a token of our heartfelt gratitude and appreciation for everyone's kindness and support. The Holy Sacrifice of the Mass will be offered for all your intentions.

Maureen's 1st Anniversary Mass will be celebrated on Sunday 19th January at 10.30am, St. Colemans Church Macroom.

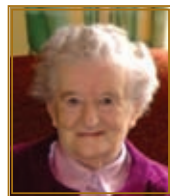


January comes with sad regret,  
The day, the month, we'll never forget,  
You live in our hearts and walk  
by our sides,  
From Heaven above you are always  
our guide

A silent thought, a quiet prayer,  
For someone special in God's care.

Sadly missed by her loving Family

## 3RD ANNIVERSARY



Cherished memories of

### EILEEN J. QUILL

Barr d'Inse, Cúil- Aodha,  
Who died on January 23rd 2017

*It doesn't need a special day,  
To bring you to our minds.  
For days without a thought of you,  
Are very hard to find.*



Fondly Remembered by Your  
Family, Relatives & Friends.  
Naomh Gobnait guidh orainn.

## 20TH ANNIVERSARY



In loving memory of

### OWEN O'RIORDAN

Crookstown  
who died 8th January 2000

*No matter how life changes,  
No matter what we do,  
A special place within our hearts,  
Is always kept for you.*



Always remembered by  
Maura, Deirdre and Martina,  
Sons-in-Law Donie and Francesco,  
Grandchildren Kevin, Darragh, Brian,  
Sean and Luca.

## 19TH ANNIVERSARY



In loving memory of

### CONNIE MURPHY

Dan Corkery Place, Macroom

*Not a day goes by  
that we don't think of you.*



Love from your family (Abbey)  
Chris, Charles, Catherine, Marion, Daniel,  
Niamh, John and grandkids Mia, Charlie,  
Darragh, Kaylum, Corey, Clodagh Cathal.

*Gone but not forgotten  
RIP*

## 25TH ANNIVERSARY



In loving memory of

### JAMES (JIM) HEALY

Newcastle West, Co. Limerick  
late of Crookstown  
Who died on 25th January 1995  
Aged 49 years  
Rest In Peace

*There is a place in our heart  
That is yours alone  
A part of our life no one can own  
For deep in our heart  
Your memory is kept  
To love and to cherish and never forget.  
Forever in our thoughts and prayers*



Lovingly remembered by your Brothers  
Noel and Denis, Sister Margaret, Brother-  
in-law Michael, Sisters-in-law Bina and  
Noreen, Nieces, Nephews, Grandnieces,  
Grandnephews, Great Grandnieces, Great  
Grandnephew, Extended Family

## 30TH ANNIVERSARY



In loving memory of

### DENIS O'MAHONY

The Village, Clondrohid  
Who died on the 11th January 1990

*Deep are the memories,  
Precious they stay,  
No passing of time,  
Can take them away.  
Out of our lives you may be gone,  
But in our hearts you will always live on,  
And we who love you dearly,  
Are thinking of you today.*



Always remembered and sadly missed by your loving family

## MEMORIALS LEE VALLEY OUTLOOK IMPORTANT NOTICE

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**FIRST ANNIVERSARY AND ACKNOWLEDGEMENT**



In loving memory of

**CONNIE O SULLIVAN**

**Carriganima Village, Macroom  
Who died on 13th January 2019**

As we lovingly remember our Dad Connie on his first Anniversary his sons Gene, Donal, Martin & daughters Mary and Anne along with their families wish to express our appreciation and gratitude to all who sympathised with us on our sad loss.

Thanks to our extended family, neighbours and wonderful friends, we will be forever grateful for all their support and generosity. We will never forget your kindness.

Sincere thanks to all who attended his wake at the house, rosary and funeral. To those who travelled long distances to pay their respects, those who sent mass cards and those who rang us and sent letters of sympathy.

Thank you to Diarmuid and Breda Mc Carthy undertakers, Ballyvourney for their kindness and professionalism. We would also like to thank Fr. Wickham, Fr. Keane and Fr. Roberts. A special thanks to all our wonderful neighbours who assisted with the traffic.

Our gratitude to Bernie Buckley Matron, the nurses and staff of Macroom Community Hospital for the wonderful care shown to Dad.

Please accept this acknowledgement as an expression of our deepest gratitude. The holy sacrifice of the mass has been offered for your intentions.



We miss your smile, your joking ways,  
We miss the things you used to say,  
And when old times we do recall,  
It's then we miss you most of all.

**FIRST ANNIVERSARY AND ACKNOWLEDGEMENT**



In loving memory of

**MARY CRONIN (NEE DELANEY)**

**Parknalane, Kilnamartyra  
who died on  
16th January 2019**

As we lovingly remember Mary on her first anniversary, we her family wish to thank most sincerely everyone who sympathised with us on our sad loss. To all who attended Mary's funeral, sent Mass cards and enrolments we are extremely grateful.

We wish to thank Fr. Donal Roberts for his kindness and for making her funeral mass so special. To Gobnait and the Kilnamartyra church choir for providing such beautiful music and to Donnacha O'Connell for this grave side song. Special thanks to Cyril Casey and staff for their professional guidance and kindness and also The Auld Triangle for providing refreshments on the day.

A sincere thank you to the amazing staff of Macroom Community Hospital who provided wonderful care to Mary during her final years and also Doctor John Burke and all her amazing home helps who were always so kind and caring.

As it is impossible to thank everyone individually please accept this acknowledgement as a token of our appreciation.



First Anniversary Mass in Kilnamartyra Church on Saturday 18th January 2020 at 7pm

**10TH ANNIVERSARY**



In loving memory of

**JOHN (JACK) BURKE**

**Late Rahoona, Ballymakeera  
whose Anniversary occurs at this time**

*We miss your smile, your joking ways,  
We miss the things you used to say,  
And when goof times we do recall,  
Its then we miss you most of all,  
Your voice keeps whispering gently,  
Loved ones be brave and true,  
At the end of life there is sunshine  
I'll be waiting and watching you.*



From his loving family Liam, Siobhan, Jack and Joanne

**4TH ANNIVERSARY**



In fond remembrance of

**DANJOE HALLISSEY**

**Munavadra, Inchigeela  
Who died on 13th January 2016.**

*Today is the anniversary  
Of the day that we lost you  
And for a time it felt as though  
Our lives had ended too.  
But loss has taught us many things  
And now we face each day  
With hope and happy memories  
To help us on our way.  
And though we're full of sadness  
That you're no longer here  
Your influence still guides us  
And we still feel you near.  
What we shared will never die  
It lives within our hearts  
Bringing strength and comfort  
While we are apart.*



Forever in our thoughts and prayers,  
Your loving family and friends.

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## A Word of Victory

Welcome back dear reader last week we spoke on fear and I hope it blessed you. As we study God's Word and allow Him to minister His love and promises to us, we develop a stability and security that is firm and true so it's vital for you to look up the Scriptures referenced here. Many people struggle in life with instability in their minds and hearts. This is fuelled by negative feelings based on overwhelming thoughts of fear and dread, stemming from a faulty foundation of who they are 'in Christ'. 'You will keep in perfect peace those whose minds are stayed on you because they trust in You. Trust in the Lord - Yahweh - forever, for He is the everlasting Rock' (Isaiah 26:3). God, the Rock of Ages, sent His Son to be the Rock of our Salvation. Do you believe that Jesus is the Son of God and that He died on the Cross to pay the price for your sins friend? God raised Jesus from the dead thereby overcoming the devil who had held the power of sin and death over us, and He made a public spectacle of Satan and his demon hordes through His resurrection (Colossians 2:15; Hebrews 2:14). The power of God IS 'resurrection power' (John 11:25-26; Romans 4:17). The devil would never have enticed the people to crucify and kill Jesus had he known what God's plan of redemption and resurrection would achieve (1 Corinthians 2:8). God gave His Only Begotten Son Jesus to the world as His free Gift of Salvation because of His love for mankind (John 3:16). There is no other way to be saved but through the atoning work of the Cross. Because you believe in Jesus and acknowledge Him as your personal Lord and Saviour - knowing that you can never pay the penalty due for your sins by yourself - Jesus has brought you back into right relationship with God as His child (John 1:12; Galatians 3:26). When God looks at you He doesn't see your sin or your mistakes, He sees the blood that Jesus shed for you. Through Salvation in Jesus God has removed all our sins as far as the east is from the west and that is an immeasurable distance friend! (Psalm 103:12; Jeremiah 31:34; Hebrews 10:17). When you receive God's perfect love into your heart in the Person of His Son Jesus all fear has to leave. Fear cannot dwell in the Presence of His love (1 John 4:18).

See more at [wordofvictory.net](http://wordofvictory.net)  @WOVKillarney 


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### PRAYER TO ST. ANTHONY



Oh gentle and loving St. Anthony in whose arms the infant Jesus love to linger, one word from you and my prayer will be answered oh speak that word and the gratitude of my heart will be yours.

### NOVENA TO ST. CLARE




**IN THANKSGIVING**

Novena to St. Clare. Ask for three favours, one business, two impossible. Say nine Hail Mary's for nine nights with lighted candles. Pray whether you believe or not. Publish on ninth day. Powerful Novena.

Say may the Sacred Heart of Jesus be praised, adored, glorified and loved today and every day throughout the whole world now and forever. Amen. Your request will be granted no matter how impossible it may seem.

**M.B.**

### 11TH ANNIVERSARY




In loving memory of

## FINBARR O'MAHONY


Roovesbeg, Coachford, Co. Cork  
Whose 10th Anniversary occurs on  
24th January

*As time unfolds another year,  
Memories keep you very near,  
No need for words except to say,  
You are loved and thought of  
everyday.*



Remembered always by  
his wife and family

### 4TH ANNIVERSARY




Treasured memories now and always  
of our dear Dad

## TIMMIE KELLEHER


Belmont Place, Crookstown  
Whose 4th Anniversary occurred on  
the 9th of January

*As we look upon your picture,  
Sweet memories we recall,  
Of a face so full of sunshine,  
And a smile for one and all.  
Sweet Jesus take this message,  
To our dear Dad up above,  
Tell him how we miss him,  
And give him all our love.*



Always in our thoughts,  
Forever in our hearts,  
Your loving family.

### 2ND ANNIVERSARY




In loving memory of

## CAROLINE SWEENEY O'DONOGHUE


30/12/2017

*Mum  
Me and Zara, we love you so much. We wish you were here but you are in our hearts. Mum we are only happy of what a great Mum we had. I hope you are looking down on us. You were the best Mum, beautiful sister and Auntie. It's not the same without you. We never stop talking about you. You were the best and had beautiful style. Remember about our pinky promise. You were the best person ever. Mum you are still in our hearts and we would love to say more.*



Love Jamie & Zara

### 8TH ANNIVERSARY




In loving memory of

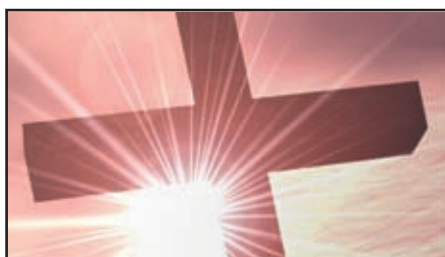
## DERMOT J. KELLEHER

Inchigeela, who passed away on  
26th January 2012

*We miss your kind smile  
And your gentle caring ways.  
The memories, the goodness  
and the love you left behind  
will live on forever.  
You are loved and thought of  
each and every day.*



Sadly missed by your loving wife Eilish  
and by your family Martin, Mary, Derry,  
Bernie, Loretta, Kieran, and the late  
Bernadette Josephine, and John Finbar.



**All Memorials, Prayers and Remembrances are to be submitted to the Lee Valley Outlook 1 WEEK PRIOR TO PUBLICATION**

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## LEE VALLEY DIARY

**The Muskerry Local History Society:** Ann Twomey will lecture on Mary Elmes, Cork-born Holocaust Hero in Ballincollig Rugby Club on Monday, 13th January at 8.00 p.m.

**Lee Valley Speakers:** Meet in Castle Hotel, Macroom, on 1st and 3rd Tuesday of each month at 8p.m.

**Ionad Culthúra Dr Ó Loinsigh:** Croí Mhúscraí presents 'Aisling an tSeanduine', by Lachtaín Naofa Comhaltas, on Fri. Jan. 17th at 8p.m. It is Free of charge. Book tickets in advance at 026 45733 at eolas@ionadculturtha.ie

**Dromleigh N.S.:** Bingo Night Thursday Jan 30th at 7pm in P12DY26. 026-46212.

**Ballinagree:** Pat Murphy hosts the Mayor's Ball @ Laine Bar, Fri. 31st of Jan. at 9 p.m. Music - Seamus Healy. This year's theme is 'Country & Western'. It promises to be a great night. All are welcome.

### Macroom Library Events

**Tots Time:** Takes place on the first and third Friday of every month.

**Story Time:** Takes place every Saturday at 12.00pm.

**Purlies Knitting Group:** Thurs at 11 a.m.

**Ciorcal Cainte** will meet Thurs. at 11.30 a.m. Tá fáilte roimh gach éinne.

**Juvenile Book Club:** Sat. at 3.00 p.m.

**We are pleased to publicise Lee Valley functions, fundraisers, sports events etc. in this fortnightly Diary. We may include commercial events that are also being advertised simultaneously in the magazine. Back issues of the Lee Valley Outlook at [www.macroom.ie](http://www.macroom.ie)**



Representatives of the Aghabullogue Junior B Hurling County Champions and the Aghabullogue Under 21 Mid Cork Champions 2019 visit to Coachford National School



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**1**

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