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Carrigadrohid/Killinardrish Tidy Towns Crib in Carrigadrohid © Peter Scanlan

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Message from Lee Valley Enterprise Board Chairman Pat O'Connell

In February the Lee Valley Enterprise Board invited all its members to a meeting in the Castle Hotel to outline details of events which were planned for 2019 and elect 6 new members on to the Board.

In March the St. Patrick's Festival was a big success with over thirty floats and marching groups taking part in the St. Patrick's Day Parade. In 2020 one hundred and seventy Americans will take part in the St. Patrick's Week Festival. In May the Board made fundraising available towards two murals in New Street and the entrance to the Town Park. In June the Board erected forty flower baskets on premises belonging to our members around the town and maintained these in conjunction with Macroom Tidy Towns. In September the Food Festival which is now in its eighth year was again an outstanding success with all events attracting large crowds over the weekend. In November it was decided to bring forward the Christmas Market and the switching-on of the Christmas Lights to Friday November 29th to coincide with Black Friday and it was great to see so many children and parents in the Town Square taking in the Festival atmosphere for the switching-on of the Christmas Lights by Cllr Michael Looney, Chairperson of Macroom Municipal Council. I would like to thank all the volunteers who

helped setting up the Christmas Market and Martin Coughlan and his team for erecting the Christmas Lights and Crib.

As Chairman of the Board I must say that there are exciting times ahead for Macroom with the announcing of funding for the Briery Gap Theatre and Library and the N22 including the Macroom Bypass with both projects to start in 2020. When these two projects are completed Macroom will be a better place to live and work in.

I would like to thank all those involved with the Lee Valley Outlook: Máire McSweeney, Seán McSweeney, Con Kelleher, Brendan Kenneally, Peter Scanlon and all those who submit news items and photographs, for the amount of time and dedication they put into the production of the magazine every two weeks.

I thank all our sponsors, especially Macroom Municipal District Council who are the main funders of the Christmas Light Project, St. Patrick's Week Festival and Macroom Food Festival. I also thank all of our members for their Financial Support during 2019.

I wish everyone a Happy Christmas and a Prosperous New Year and remember to do your business in Macroom and the Lee Valley this Christmas.

Christmas Christian Greeting: *Fr. Joe Rohan, P.P. Clondrohid.*

"Christmas" or "Christ's Mass" is the name we give to the great Christian feast we celebrate on the 25th of December. The name is handed down to us over the centuries and is a form of "Cristemaesse" and "Cristesmesse" both of which were names used in the 11th and 12th centuries. On the 25th of December we gather in church to offer the Holy Eucharist (Mass) to God the Father in thanksgiving for the gift of his son the God-Man, Jesus, whose human birthday we celebrate on that day.

But can we celebrate it? "I hate Christmas"; "Christmas has lost its meaning for me"; "It's just one big occasion for the shops to make money" and "it's a very expensive time". It is a time of financial stress for many, it's trying to buy the right presents to keep everyone happy, it's having enough food and drink at home for the day; for many it's getting into debt, a debt they spend the rest of the year clearing. "It's a very lonely time for me", "Christmas makes me very depressed" and "how I wish Christmas was over". I'm sure that some or all of the above phrases and issues which are said and arise concerning the Christmas season are familiar to you; and from my experience as a priest one reason for thinking like this, though not necessarily the only one, is that the meaning of Christmas has been forgotten. People believe that they are on their own, that they have nobody to turn to and that there is no help available. One of the reasons for this is that the modern world has gotten rid of the true meaning of Christmas and replaced it with lights and tinsel, food and drink, money and presents, all of some importance in themselves, but which will never give meaning to people's lives, and certainly will never bring people real true and lasting happiness.

So what is Christmas about then? It is about JESUS. The God and Creator of the whole universe thinks that you are so so special as a person, he loves you 100%, he is crazy about you and he wants to show you this. There is no greater way for God to do this than to become a human being and join us on our journey of life. He was born as a baby like us. He lived on earth for 33 years in a human body, he suffered pain and cried tears as

we all do, he experienced loneliness and abandonment. At the end of his 33 years he died as you and I will, but that is not the end of the story. On Easter Day he rose from the dead and told us that for all who daily pray to him, believe in him and trust in him he will bring them to his heavenly home at the end of their journey. As they go from day to day, He will be with them in an invisible but very real way and He will, in a powerful way, come to them every time they receive Him in Holy Communion at Mass – Holy Communion is Jesus under the form and appearance of bread and wine. Surely this person Jesus, the God -Man, who does all these things for us is worth celebrating. It is His human birthday we are remembering.

Over my 28 years as a priest I've had the privilege of journeying with many people and families as they go from day to day through life. All those who have coped with tragedy, illness, disaster, loneliness and hassle are those who have had a belief and a trust in Jesus Christ. I have seen the power of Jesus Christ working in people's lives in amazing ways in my priesthood. This is why Christmas is important to me. Not for the money, the presents, the drink, the food, decorations etc. but to celebrate the gift from the Father of his Son, the God- Man, Jesus.

And so my friends let us pray to Jesus. Let us trust in Jesus. Let Jesus be your number one no matter what the issue or how big the problem may be we have the best helper possible with us 24/7 Jesus Christ – "Come to me all you who labour and are overburdened and I will give you rest". No matter how I am feeling this Christmas let me always remember that "Jesus is the reason for the season".

I wish all readers the constant companionship of Jesus Christ everyday of the year. I also pray for the companionship of Jesus to be always with your loved ones who may be far away from home at this time. May He whose human birthday we celebrate give to you and your loved ones, all whatever it is you need each day to cope with day to day living and may our constant daily prayer be "Jesus I trust in you".



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CHRISTMAS GREETINGS

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Editorial

Dear Readers, on behalf of Lee Valley Outlook, we wish everyone a Very Happy and Peaceful Christmas. Without readers our efforts would be in vain. We thank all who contribute news from schools, clubs, associations, and those who submit personal contributions and photos. Contributions reflect the very broad range of community activities that range from line-dancing to drama, camogie to soccer, football to athletics and activities aimed at helping the less fortunate among us. Again without your efforts there would be nothing to publish. Not only does Lee Valley keep us up to date on local news and activities it also provides a record for those who will come after us. Evidence of the importance of recording memories is the popularity of old photos, stories and histories of our past.

Due to unforeseen circumstances, a 'temporary team' has been editing recent editions of LVO. Máire and Seán Mac Suibhne have done wonderful work at very high standards over the last sixteen years and have made the Lee Valley Outlook magazine the outstanding publication it now is. We thank them sincerely for their work and wish them well. Macroom town and area has recently received great news about the long delayed Macroom By-Pass, the Briery Gap renovation and the proposed update of Macroom Community Hospital. When these projects will be completed, the town and area will be greatly enhanced. With so many major developments happening, it is the view of LVO that a Macroom Town Council is needed and that this concept should be explored in the near future. Working with elected local representatives, it would give a sharp focus to effective action. Other issues and projects need to be addressed; the provision of a new school building at De La Salle; the conversion of the newly-built Health Centre in Macroom Hospital Grounds into a Day-Care Centre; the development of the Gearagh as a wildlife centre and as a tourist attraction; the provision of a museum/heritage centre in our historic town and ideas to counteract Ant-Social Behaviour and drug abuse to name but some. The area can also be proud of the way we have warmly accepted our new

neighbours currently residing in the Riverside. Already they have become friends to many and have added much to the richness of the fabric of the town. Their experiences put into perspectives our trials and tribulations. It is great to see new houses being built in decent quantities. Perhaps a more thought-out plan of development could have achieved the same aims but in a way more beneficial to the town and surrounds.

Tremendous work is done by our schools, our hospital, our nursing and residential homes, and all our public services. We acknowledge and salute your work. Their work is supplemented by the activities of charitable organizations which help to 'fill-in the cracks' of need. We admire and compliment your efforts.

Dr. John Burke has recently retired after more than thirty years of service as a GP in Macroom and serving much of Muskerry. A respected and valued colleague, he was dedicated to his patients and gave wonderful care to them and the people of the area. 'Well Done' and 'Best Wishes' to you and your family in your retirement.

The LVO offers its sympathy to hard-pressed farmers who have always been a bed-rock of our community. We hope that conditions and prices will improve for them, and thereby ensure long-term viability.

Finally I would like to thank Maura Brennan, LVO Killarney, and Padraig O'Driscoll and Pat O'Connell for guiding the recent LVO editions, and especially Peter Scanlan in working so very hard in editing the photos for the past four issues. We apologise for mistakes made but please keep the contributions coming.

Enjoy Christmas and Happy 2020.

Con Kelleher

Christmas Mass Times

Baile Mhuirne Mass Times: 10.00 a.m.
Christmas Eve: Ballyvourney 6.30p.m.
Cúil Aodha 9p.m.
Christmas Day: Ballyvourney 8.30 a.m. and 11.30a.m., Cúil Aodha 10 a.m.

Inchigeela/ Béal Atha an Ghaorthaidh Christmas Mass Times:
Christmas Eve, Ballingearry 7p.m. & Inchigeela 9pm.
Lá Nollag, Ballingearry 10a.m. & Inchigeela 11.30a.m.
Lá Le Stiofán, Ballingearry 10 p.m.

2019 Kilmichael Catholic Church Christmas Programme 2019
Tues., 24th Dec., Christmas Eve Vigil Mass - Toames 7.30p.m.; Cooldorrihy 10.00p.m.
Wed., 25th Dec., Christmas Day Mass - Johnstown 9.00 a.m., Johnstown 10.00 a.m. & Toames 11.30 a.m.
Thur. 26th Dec. St. Stephen's Day Mass - Cooldorrihy 10.00 a.m.
Sat. 28th Dec. - Vigil Mass Cooldorrihy 8.15p.m.
Sun., 29th Dec. Mass Johnstown 10.00 a.m. & Toames 11.30 a.m.
Wed. 1st Jan. - New Year's Day Mass - Cooldorrihy

Kilmurry Parish Christmas Mass Times:
Dec. 24th; Canovee 6.30 p.m., Kilmurry 8.00p.m. and Cloughdub 8.30p.m.
Dec. 25th; Kilmurry 10.00a.m., Canovee 10.30a.m. and Cloughdub 11.30a.m.
Dec. 26th; Annual Mass for deceased members of Cloughdub GAA Club in the Pavilion at 11.00 a.m. followed by the Puck Fada. Mass in Kilmurry at 12 noon.

Confessions on Sunday 22nd after Masses as time allows and Dec 24th, Canovee 11.00a.m., Kilmurry and Cloughdub at 12 noon in each Church.

Macroom Parish Christmas Arrangements 2019
Masses
Sun. 15th Dec., Carol Service in St. Colman's Church @ 7.00 p.m.
Tues., 24th Dec., Christmas Eve Vigil Mass - 7.00p.m. Midnight Mass at 12.00.
Wed., 25th Dec., Christmas Day, Masses at 8.30a.m. 10.30a.m. and 12 noon; Caum at 10.00a.m.
Thur., 26th Dec. St. Stephen's Day - Mass - 10a.m.

Sacrament of Reconciliation: Tues. 17th Dec. Penitential Service in St. Colman's, 7.30p.m.
Confessions: Tues. 24th Dec. St. Colman's 12 midday - 3.00 p.m. & Caum, 12 noon- 12.30 p.m.

Church of Ireland Services for Christmas 2019
Third Sunday of Advent 15th December: St. Martin's Church, Templemartin 9.45 a.m. Morning Prayer and St. Andrew's Church, Kilmurry 11.30 a.m. Morning Prayer.
Fourth Sunday of Advent 22nd December: St. Andrew's Church, Kilmurry 11.00 a.m. Lessons and Carols.

Christmas Eve 24th December: St. Mark's Church, Kilbonane (Aherla) 10.00 p.m. Holy Communion.
Christmas Day 25th December St. Martin's Church, Templemartin 9.45 a.m. Holy Communion and St. Andrew's Church, Kilmurry 11.30 a.m. Holy Communion.
First Sunday of Christmas 29th December: St. Mark's Church, Aherla, 11.00 a.m. Service of the Word (United Service).
Contact Priest-in-Charge: Rev'd David Bowles e-mail: dgdbowles@gmail.com Phone: 089 2364969. Address: Moviddy Rectory, Rathard, Aherla, Co. Cork P31 TR04.



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Monday 30th: 12pm - 9pm
Tuesday 31st New Years Eve: 12pm - 9pm
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January

Auditions were held in the Riverside Park Hotel for a new musical, The Blarney Stone. Macroom Ploughing Match was run successfully on Nollaig na mBan. The Library announced the abolition of fines on books nationwide. Jim Murray Furniture

closed down. Pat O'Connell retired as Secretary of the G.A..A. after 26 years' service. The future of the Briery Gap was discussed at the Council meeting. Valley Wheelers celebrated their 10th birthday.



Patrick Bergin and Cathal MacCabe at auditions for the Blarney Stone at the Riverside Park Hotel. ©Lee Valley Outlook



Kathleen McCarthy presenting the Jerry Cotter Memorial Cup to Con Buckley at Macroom Ploughing Match. ©Lee Valley Outlook

February

Snow scenes ushered in spring. Dan Joe Kelleher's contribution to the video recording of historic events in the Lee Valley was praised by Barry O'Brien. Aoife Murray, Cloughduv and Cork champion Camogie goalkeeper, received the

2018 Muskerry Sports Star of the Year Award. Cill na Martra celebrated their County Intermediate football win.



Snow in Spring ©Lee Valley Outlook



Aoife Murray, Cloughduv wins Muskerry and Auld Triangle Sports Star of the Year Award 2018. ©Mike English

March

The 2019 Briery Gap Transition Year Drama and Light Entertainment Finals were held in the Everyman Palace Theatre in Cork. Despite the lack of international visitors for the St. Patrick's Day Festival, a very successful parade had Betty

Somers N.J. as Grand Marshal. Boxer, Christina Desmond, won the I.A.B.A. Championship. Rebel Acro, with two Macroom members, made it to the final of Ireland's Got Talent. Lovely historical murals add interest to Macroom gables.



St. Patrick's Day in Macroom ©Lee Valley Outlook



One of the beautiful murals on Macroom gables. ©Lee Valley Outlook

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| Mon 30th Dec: | Open 9.15am to 5pm |
| Tues 31st Dec: | Open 9.15am to 5pm |
| Wed 1st Jan 2020: | Closed |
| Thurs 2nd Jan 2020: | Business as Usual |

We would like to take this opportunity to thank you for your custom and support in 2019 which is very much appreciated. We look forward to seeing you in 2020. We wish you all a very Happy Christmas and Peaceful New Year.

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April

Storm Hannah brought upset. The Blarney Stone premiered in Macroom. Mná Ghobnatan visited the Árus at the invitation of the President. Bishop Buckley of Inchigeela retired as Bishop of Cork and Ross. Campaigning for the Council

election gets underway. A new AstroTurf pitch was opened for Aghabullogue G.A.A. Cumann na mBan members were remembered at the Republican commemoration on Easter Sunday.



The Blarney Stone premieres in Macroom. ©Lee Valley Outlook



Cumann na mBan are remembered at Easter Commemoration. ©Lee Valley Outlook

May

The Abbey Hotel, Ostán Ghobnatan, Baile Bhúirne, celebrated 50 years in business. The Blarney Stone filled Cork Opera House after a pre show recital by the Army Band in deference to their first musical director, Franz Brase. The library presented the drama, Crossword, to celebrate

Bealtaine. Coachford Players presented some fascinating shows. The election results produced strong local representation, with Michael Looney as the first Cathaoirleach. St Colman's 6th class students published Cooking Craze.



The Abbey Hotel celebrates its 50th anniversary. ©



Members of the new Macroom Council. ©

June

The Brigade, a War of Independence dramatisation, played on RTÉ for two hour-long shows. The Daniel Kingston run proceeded in ideal conditions, as did Poulanargid Dog

Show and Rylane N.S. Sports Day in honour of Reece O'Sullivan. The beautiful Fairy Garden in Masseytown brings much pleasure.



Actors in The Brigade. ©



Patrick Bergin and Anna Sheehan in the beautiful Fairy Garden in Masseytown. ©Lee Valley Outlook

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July

The future of the Briery Gap is assured by Cork County Council. Cill na Martra won the Tom Creedon Cup. Noel Murphy won a professional boxing match in Neptune. Donoughmore Carnival celebrated 50 years of fun and fundraising. Macroom Youthreach make an

impressive podcast on The Mountain Dew Festival 1976- 1982. The Free Market July 21-23 drew mixed reviews. Coachford Family Festival, Daniel Corkery Summer School, the All Ireland Road Bowling Festival, and the final Liz Lucey Run all got great local support.



Youthreach members and contributors at Mountain Dew Podcast launch. ©Lee Valley Outlook



The final Liz Lucey Run in Inchigeela. ©Lee Valley Outlook

August

Local artists exhibited at The Town Hall Gallery. Crookstown Vintage raised funds for Rapid Response Unit and Air Ambulance. The final Mick Dineen Cycle was held. Ballinagree Vintage drew crowds. Cork won the All Ireland Minor Ladies Football and u20 Men's Football titles, with strong

local input. The unheralded change of use of the Riverside Park Hotel raised questions and fears but negative online comment rallied support for a welcoming, inclusive response to our new neighbours.



Louise Murray, artist tutor, Ann Mechelink-O'Sullivan and Mary McElroy at local artists' exhibition in the Town Hall Gallery. ©



Crookstown Vintage Fundraiser for First Responder services. ©Lee Valley Outlook

September

Macroom Lions brought The Morrision Orpheus Male Voice Choir from Wales to St Colman's Church. Young authors, Theresa Galvin and Naomi Kelly, launched their first novels. Cill na Martra Comhaltas did very well at the Fleadh. Conrad Creedon of Ostán Ghobnatan was

awarded Gradam an Dochtúir Ó Loingsigh. Macroom Flower Club members visited the Árús and gardens. Fr. Wickham P.P. Clondrohid was moved to Newtownshandrum and replaced by Fr. Rohan.



Cill na Martra Fleadh winners, 2019. ©



Food Festival attracts the gourmets and gourmands. ©Lee Valley Outlook



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October

Macroom G.A.A. organised a successful Strictly Come Dancing at Rochestown Park Hotel. Ainmníodh Saotharlann nua ag Scoil Mhuire, Béal Átha'n Ghaorthaidh i gcuimhne a bunaitheora, Fionnbarra Ó Murchú..Daonscoil an Fhómhair celebrated the voices of Muskerry in Gougane Barra. The Terence McSwiney Weekend was held at Kilmurry Museum. Clodagh O'Sullivan

released her 1st EP. Clondrohid's new school was officially opened. Éalú Lua Adventure Race was a great success. Macroom parish Mission attracted huge crowds. Canovee Church celebrated its 150th anniversary. News that the Government has approved the financing of the 22km Bypass brought general rejoicing, with hopes that it will be completed in 2023.



Macroom G.A.A. Strictly Come Dancing fundraiser. ©Lee Valley Outlook



Official opening of Clondrohid N.S. ©



Dr. Con Kelleher's book on Macroom Workhouse is launched at the Hospital by Joe (grandson of the last Master) and Joan Creedon. ©

November

Coachford AFC celebrated its 50th anniversary. More good tidings for Macroom with the announcement that the Briery Gap Cultural Centre has been awarded €4.3 million grants from Government sources and Cork Co. Council. It will now go to tender and the yearlong project should commence in the Spring. Lee Valley Toastmasters are in full voice twice monthly in

the Castle Hotel. The switch on of the Christmas lights and Christmas market was on Nov. 29. Mrs. Joan Creedon launched Dr. Con Kelleher's book, Macroom Union Workhouse 1841-1921, in Macroom Hospital. Éigse Dhiarmuidin was held on the last weekend of November.



Proposed Briery Gap
An architect's impression of the new Briery Gap Cultural Centre. ©



Christmas in Macroom starts with switching on of lights. ©Lee Valley Outlook



An end to Macroom gridlock within 4 years as contracts are signed for the 22km. Bypass ©Lee Valley Outlook

December

December or Mí na Nollag is upon us. Pre-Christian Ireland recognized the importance of breaking the long dark days of winter. Even before the month began Macroom switched on its Christmas Light with Cllr. Michael Linehan, Chair of Macroom Municipal Council doing the honours. The long and often dark time waiting

for good news on the By-Pass and the Briery Gap was finally over with positive announcements. Together with the proposed up-grading of Macroom Community Hospital and the prospect of a Day-Care centre, the town and area has good reason to be cheerful for Christmas.



Candlelight Christmas Cabaret fundraiser is held at Coolcower House. ©



The beautiful Christmas lights and decorations in Macroom ©Lee Valley Outlook

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| Saturday 28th | 9am - 6pm |
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Reeling in the Years - 1969

The World in 1969: Pic 67. If a week is a long time in politics, 1969 was a very significant year in the twentieth century. Richard Nixon was installed as the 37th president of the U.S. The Vietnam conflict dominated international news and there was outrage as the widespread bombing of North Vietnam continued. Henry Kissinger, U.S. Foreign Secretary, held fruitless secret talks with Viet Cong representatives. Lieutenant William Calley was charged with the premeditated murder of 109 civilians at Mai Lai, Vietnam thanks to horrific photographs. On July 14th Neil Armstrong became the first human to walk on the moon. President De Valera sent a congratulatory telegram to Nixon. Russian and Chinese forces exchanged border fire. Honduras fought El Salvador in a 'Football War' sparked by a World Cup qualifying game. Dr. Denton Cooley implanted the first temporary artificial heart. A police raid on The Stonewall Inn, an LGBT venue, led to rioting and this resistance is credited with starting the LGBT rights movement. Edward/Ted Kennedy admitted fleeing Chappaquiddick when Mary Jo Kopechne died in an accident. 'Robert R', an American teenager died in St Louis of a baffling illness. It was 1984 before the HIV/AIDS virus was established as the cause of death.

Nearer home De Gaulle lost power and Willy Brandt became Chancellor of West Germany. Concorde had its maiden flight and the Boeing 747 jumbo jet made its first passenger flight. Gaddafi led a coup in Libya and nationalized the banks. In the UK the halfpenny ceased to be legal tender. Violence erupted in Northern Ireland and it was international news. Butch Cassidy and The Sundance Kid (starring Paul Newman and Robert Redford) was released as was Midnight Cowboy (John Voight) – the latter was X-rated. The Beatles Abbey Road was released in September and was followed by the Rolling Stones' Let it Bleed album in December. John Lennon and Yoko Ono had a 'bed-in' Montreal in May-June on the theme of 'Give peace a chance'. Elvis Presley recorded In the Ghetto and Suspicious Minds. Despite the seriousness, importance and fame of the above events another item probably



Concorde's first flights

The controversial supersonic jet airliner Concorde 001 had its maiden flight at Toulouse on March 2nd. The flight, which had originally been scheduled for February 1969, began at 3.30 p.m. and lasted about half an hour. At the controls was the chief test pilot of Sud Aviation, André Turrat, who took the plane to a speed of 300 miles per hour.

The British-built Concorde 002 (above) flew for the first time at Filton airfield in Bristol the following month. Brian Trubshaw, the test pilot, attained a speed of around 200 miles per hour and landed the plane at the RAF airfield at Fairford, Gloucestershire, some 20 minutes after take-off. It was a 'wizard flight' he said.

Concorde in 1969 (The 20th Century: The Pictorial History)

had more significance. On October 29th a first message was transmitted over ARPANET, the forerunner of the internet. On November 21st an ARPANET link was established and it was the progenitor of global Internet.

All this happened just fifty years ago and when the writer was sixteen. Fifty years before that again, in 1919, Ireland was involved in the War of Independence and all of Ireland was still part of the U.K. C. Kelleher

Ireland in 1969: While decimalisation was introduced on Jan 1st it was the escalating Northern Troubles that dominated Irish news. On Jan 4th Loyalists attacked a People's Democracy march at Burntoltet. Terence O'Neill won an election in the North in February but resigned in April. Jack Lynch won the General Election in June but trouble was brewing in Fianna Fáil. Bernadette Devlin was elected an MP. She was quoted as saying "Security forces called me a stupid 'b. . .'; I objected to being called stupid". As rioting continued in Belfast and Derry, Lynch made his 'the Irish government can no longer stand by' television speech. He ordered the Irish Army to make contingency plans – Exercise Armageddon – to enter into the North to defend Catholic communities if necessary. The B-Specials began handing in their guns. British troops were first deployed on Aug. 16th and were at first welcomed by some nationalists. Peace walls were erected. The Hunt Commission recommended an unarmed police force and the disbandment of the B-Special. In Dec. the IRA split into the Provisionals and the Officials.

Other news included the withdrawing of the farthing, halfpenny and half crown coins from circulation. Charles Haughey, Minister of Finance, introduced tax exemptions for artists' earnings from works of cultural merit. RTE broadcast the Moon-landing and extended the transmission past midnight. President De Valera sent President Nixon a congratulatory telegram. A date was set for the full implementation of the 1967 policy of free secondary education. Fianna Fáil paid tribute to Sean Lemass for forty-five years in public life. Samuel Beckett was awarded the Nobel Prize in Literature. The Thin Lizzy rock band was formed in Dublin. Kerry won the Sam Maguire and Kilkenny brought home the Liam McCarthy Cup. Deaths: Cathal O'Shannon (1893), journalist and broadcaster, Bulmer Hobson (1882), nationalist and Irish Republican Brotherhood member and Bridget Dowling (1891), an Irishwoman, and brother-in-law of Adolf Hitler. Births: Sonia O'Sullivan, Mary Lou McDonald, Ken Doherty, Emma Donoghue, Anthony Daly and Michelle Smith. C. Kelleher, Stephen Hendry, Christy Turlington, Mariah Carey, Dennis

Bergkamp, Steffi Graf and Jennifer Lopez.

Macroom in 1969: Mr Seán Twomey was Chairman of the Urban District Council THE and Cllr O'Leary, Vice Chairman of Macroom Urban District Council. Other members were John Browne, Tom O'Connell, Jerry O'Donovan, Martin McCarthy, Con Kelleher, Seamas Burke and William O'Connor. The Council received protests about the Town Dump and its location at Coolcower. An alternative site was sought. Tourism was a hot issue and there were proposals to publish a tourism brochure. A Tourism Committee was established that included Jim Collins, P.J. Healy, T. Kelly, Harry Mullen, Mrs. Chrissie Maloney, Andy Casey, Harry O'Leary and Tom O'Connell. They requested a meeting with Ivernia to promote Macroom Tourism. The y had a discussion on relocating the cannon guns from the Castle Grounds to the Castle Gates. M O'Leary and Sons were appointed to erect flower beds at the gates. The committee wrote to An Taisce with a view to retaining the Castle Tower and purchasing the Castle Lodge from the Castle Demesne, to be used as a public convenience.



Gay Byrne in 1999, (IT)



Bertie Ahern, Taoiseach in 1999. IT



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- New Year's Eve Dec 31st: 9am - 6pm
- New Year's Day: 11am - 4pm
- Thursday Jan 2nd: 9am - 6pm

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The Tidy Towns competition marks increased. On future planning, there was a report on the setting up of a permanent itinerant camp. Coolcower was chosen as a formal industrial site, not housing, and land was sold by the Council to Macroom Shoe Company for a factory at Gurteenroe. The Council voted against sending the FCA to Béalnablath. Notice was received of a Swedish-owned factory coming to Macroom and the council made a grant to enable the Carpet Factory to re-open. The Chamber of Commerce proposed opening a branch of the Credit Union. The Council discussed the long delays endured by applicants for telephone installation. Midday traffic congestion on Sundays resulted in a request to Archdeacon O'Connor to bring forward

11 o'clock Mass. Connie O'Callaghan, New Street, saved a girl from drowning in the Sullane and received the U.D.C.'s congratulations. Emmett Hallinan and Kevin Murray were congratulated on winning football and hurling All-Ireland Minor medals with Cork. Macroom minors, under captain Tony O'Sullivan, lost the County Final in Kinsale. C. Kelleher.



Terence O'Neill and Jack Lynch: Both in news in 1969

LOCAL SNIPPETS

Contact information: Please email text and/or photographs to leevalleyoutlook@gmail.com; telephone 026 - 42023 or Post to Lee Valley Outlook, Lee Valley Enterprise Board, Macroom E Business Park, Macroom, Co Cork by the Monday before publication (photos by Friday before Publication).

Snippets may include details of upcoming Lee Valley functions, fundraisers, sports events etc. We may include commercial events that are also being advertised simultaneously in the magazine.

Macroom Senior Citizens/Sullane Haven's Christmas Christmas Cards: To raise much needed funds for Sullane Haven, the Sullane Art Group has again produced Christmas cards with some lovely hand-painted Christmas scenes. These Christmas cards are available in shops in Macroom and the Lee Valley at a cost of €5 for a pack of 10; all proceeds go directly to Sullane Haven. Sullane Haven is a Residential Centre catering for thirteen elderly people.

Lee Valley Toastmasters: Castle Hotel, Macroom is the venue; the 1st and 3rd Tuesdays, at 8 p.m., are the days and times of meetings. All welcome as guests.

West Muskerry A.C. Tractor Run: on Sunday 22nd December in Carrigadrohid; starts at 12 noon. Inchigeela Hall: Monster Special 45 Drive, Inchigeela Hall @3 p.m. on 28th of Dec. **Kilnadur N.S. Tractor & Car Run,** 3K & 7K walks and 5K run on Sunday, 29th December at St. Enda's NS, Kilnadur; registration @ 11.30 am. Proceeds will go to Air Ambulance & St. Enda's N.S.

Macroom Ploughing Association

The annual match will be held on Sun. Jan. 5 on farm of Nelius Cronin Crookstown. A great day assured. All classes accommodated. Results announced in Coolcower House that night. All are welcome.

History Lecture in Kilmurry Museum: IRA attack on Kilmurry RIC Barracks' January 1920'; by Dr John Borgonovo, UCC School of History, January 9th 2020 @ 8 p.m.

Kilmurry Historical and Archaeological Association. The KHAA is currently looking for volunteers in the museum. Please contact a committee member if you would like to help. Thanks, Michael John O'Mahony, PRO KHAA.

Inchigeela: Head Shaving, Beard removal,

Waxing etc. For Penny Dinners: We are having a Headshave, Beard Shave and Waxing Fundraiser in aid of Cork Penny Dinners at Creedon's Hotel on 30th Dec. 2019 at 7 30 p.m. Connie Cronin is shaving off her long hair and if any other lady is brave enough and would like to join her, sure why not? It's for a great cause and the hair will grow. We have a few more great people too who have volunteered to lose their hair and beards; waxing will also be available - all done for a very deserving cause. Come along and support us in our aim to raise as much as possible for Cork Penny Dinners; there will be music and great craic guaranteed on the night.

LOTTO RESULTS

Aghinagh GAA: 1st Dec. 2019. The jackpot was €5,650.00. Numbers drawn were 14, 32 and 40. There was no winner. Consolation prizes: €50 to Paul O'Sullivan, Rusheen. €20 was won by each of James McSweeney, Carrigagulla. Lorraine Casey, Cork Street, Macroom, Daniel & Edel Kelleher, Kilgobnet, Clondrohid and Olan Noonan, Aghabullogue. 8th Dec., 2019. The jackpot was €5,800.00. Numbers drawn were 14, 29 and 33. There was no winner. Consolation prizes: €50 to Teresa Dennehy, Oughtierra. €20 each to Eileen Casey, Curraghawaddra, Kitty O'Connell, Fairhill, Mort Kelleher, Dooneens and John & Claire MacSullivan, Carrigagulla. Christmas Hamper: Moira & Tia, Anvil Bar; Twomey Butcher's Voucher: Conor & Rachel Lucey, Inchealea and Bottle of Whiskey: Con & Jean Lehane. 15th Dec. 2019. The jackpot was €5,950.00. Numbers drawn were 2, 25 and 37. There was no winner. Consolation prizes: €50 to Dan Creedon, Bawnmore. €20 was won by each of Alan McCarthy, Bealnamorrive, Eleanor Healy, Macroom, Dan O'Sullivan, C/O, Noreen's Shop, Ballinagree and Humphrey Sullivan, Rahalisk. Christmas Hamper: Coakley Cycles, Carrigthomas, Twomey Butcher's Voucher: Rose & Noel Lynch, Bealnamorrive and Bottle of Whiskey: Con & Jean Lehane, Ballinagree.

Canovee GAA: Lotto numbers drawn on Dec. 1st were 2, 14, 18 and 29 - no winner of €13,250; winner of the Hamper was Dan O'Brien Skibbereen. Other winners were €50 Denis Moynihan, Canovee, €25 Triona Lucey, Noel, Jim, Mags, C/O Noel Crowley and €25 Euro online - N M O Callaghan.

Coachford AFC: 16/12/2019. Jackpot: €4,200.

Numbers Drawn: 6 - 18 - 32. No Winner. €40 Mike & Steph Forde, David O'Mahony, Aidan & Ian Barry Murphy, James Flanagan, Matthew, Tadhg & Kaitlyn. 9/12/2019. Jackpot: €4,000. Numbers Drawn: 13 - 33 - 35. No Winner. €40 Peter O'Riordan. €20 c/o Ashling, Aidan Barry Murphy, Peg O'Riordan, Frank Bergin.

Kilmichael G.A.A.: 9/12/2019: Jackpot €7,150: Numbers: 3-6-17-23; No Jackpot winner. €50 Farah Keenan Deasy, Macroom; €25 each to DJJJBOA, c/o J. Collins; Siobhan O'Riordan/Dineen, Kilnamartyra; Eileen Foley, Terelton. 2/12/2019: Jackpot €7,000; Numbers: 4-6-10-30; No Jackpot winner. €50 JJJCD, c/o Five Roads, Terelton, €25 each to Peggy O'Leary, Cooldorrihy; Evalee Schneeberger, Teernassig; Noel O'Riordan, c/o Dromeys

Kilmurry G.A.A. Lotto: 18/11/2019. Jackpot: €5,000, Numbers Drawn: 2,15,33. Winner Liselle Irwin €100 Denis Murphy €50 Ben Healy, €20 Tim Coleman, Mgt Murphy, Daniel Buckley and Martin Hubbart.

Macroom GAA: 10/12/'19. Jackpot of €2000 - No Winner. €70 was won by Shelia O'Riordan, Teerbeg and Shelia Buttmer, Coolcower. €20 each was won by Dawn & Dylan Murphy, 9 Cork Street, Cathy Dunton, O'Connor Park, Macroom, Helen Savage, Masseytown and Geraldine Kiely, Cork Street, Macroom. Christmas Vouchers won by Brendan Kenneally, Glen Park, Macroom, Clodagh & Caoimhe Mullins, Coolea, Dawn & Mia Murphy, Cork Street and €20 each won by Mary Cooney, Greyhound Bar and Michelle Murphy, St Colman's Park. 3/12/'19: Jackpot of €1,800 - No Winner. €70 won by Barry O'Brien, 22 St. Colman's Park and €20 each by John Kenny, Railway View, Joan O'Riordan, C/O Evelyn Mc Sweeney, Mary Ellen Ryan, C/O Michael Murphy, Grace Murray, Railway View, and Tim O'Sullivan, Glenties.

Rylane Community Park Association/CPA. Mon. 9/12 /2019 - Jackpot €2,100. Numbers drawn: 3 - 33 - 40. No Winner. €20: Kim O'Sullivan (Rylane); Jackie Ring (Rylane) and Maria Buckley (Glounaghlough). Seller's Prize €20: James Kelleher 2/12/2019. Lotto results: 2/12 /2019 Jackpot €2,000. Numbers drawn: 10 - 37 - 39. No Winner. €20: David Savage (Rylane); Tim McSweeney (Rylane); Kevin Kelleher (Rylane). Seller's Prize €20: Mary Casey Buckley.

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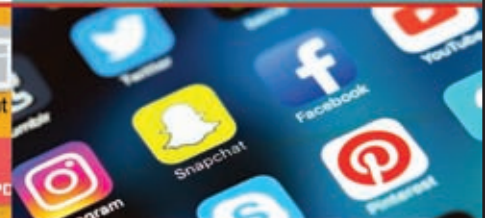
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Rolling In the Years - 1999

The World in 1999:

The Euro currency was launched on Jan 1st in Ireland and most EU countries. Britain and Denmark opted out. Tony Blair was British Prime Minister. The China News Service announced internet restrictions on the 20th of Jan.. President Clinton was acquitted in impeachment proceedings in the U.S Senate. Rawandan Hutu rebels killed and dismembered tourists in Uganda. Picard and Jones become the first to circumnavigate the Earth in a hot air balloon. The war in Yugoslavia continues; Yugoslav authorities closed the border with Albania. In

June the hostilities ceased when NATO and Yugoslavia signed a peace treaty and NATO stopped bombing Yugoslavia when Milosevic withdrew troops from Kosovo. Scotland and Wales had their Parliaments restored. Napster, a music downloading service, debuted. John F. Kennedy Jr., his wife Carolyn and her sister died in a plane crash. Europe and Asia witnessed a total solar eclipse. An earthquake in Athens killed 143 people, injured about 12,000 and left 50,000 homeless. Australia rejected a referendum proposing an Australian Republic. Macau reverted to Chinese control from Portugal after

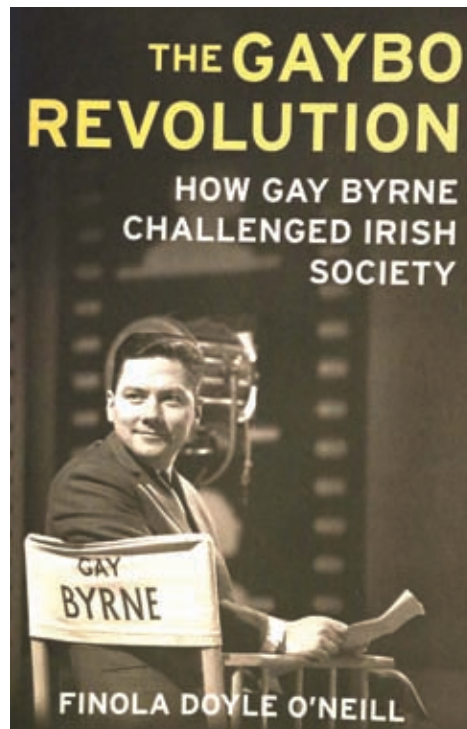
442 years. Yeltsin resigned as Russian President, leaving Putin as acting President. Glenn Hoddle was dismissed as England manager because of controversial remarks. Chelsea paid £10 million for Chris Sutton.

Those who died included King Hussein (Jordan), Dusty Springfield, Stanley Kubrick, Dirk Bogarde, Yehudi Menuhin, Joe Di Maggio, Oliver Reed, Alf Ramsay and Frankie Vaughan.

New English words/phrases were 'blog', 'carbon footprint', 'texting' and 'vape'.

Ireland in 1999:

Bertie Ahern was Taoiseach, Mary Harney Tánaiste and Mary McAleese was President. The government was working ferociously and fruitfully on the Peace Process. It ratified changes to Articles 2 and 3 of the constitution and Westminster direct rule in Northern Ireland ceased. Peter Mandelson became Secretary of State for Northern Ireland. The George Mitchell Peace Bridge opened across the border. The Euro became legal tender in Ireland. Britain opted out of the Euro project. RTE broadcast Mary Rafferty's 'States of Fear' was broadcast and it revealed the extent of institutional abuse in Ireland. The Taoiseach apologised on behalf of the state and set up a Commission of Inquiry into Child Abuse. The FAI refused to travel to play Yugoslavia and was fined €2,000 by UEFA for not fulfilling the fixture. There was a multi-sided civil war in (the former) Yugoslavia at the time. The war saw concentration camps and mass genocidal massacres reappeared in civilized Europe for the first time since WW2. Gay Byrne hosted his last Late Late Show on May 21st. A week before he had interviewed Terry Keane when she spoke of her relationship with Charles Haughey. Pat Kenny became the programme's new host in September. Former Taoiseach Jack Lynch, aged 82, died and



Gay Byrne, Last hosted Late Late in 1999 (C Kelleher)

President McAleese led the tributes. Des O'Malley gave the graveside oration. In November the first North/South Ministerial Council took place. Inez McCormick became the first woman President of the Irish Congress of Trade Unions.

Robbie Williams played to 80,000 fans in Slane. Westlife had five number ones in the UK Singles Chart. RTE screened 'Bob the Builder' for the first time and TV3 'Ireland AM'. Sergio Garcia won the Irish Open Golf Championship, St Patrick's Athletic the League of Ireland. Cork beat Kilkenny in the All-Ireland senior Hurling Final but lost to Meath in the senior Football Final. Ireland was disappointingly eliminated by Argentina in the Fourth Rugby World Cup.

Those who died included Jack Lynch, Dónal McCann (actor), Iris Murdoch (novelist), Lord Killanin (ex chairman International Olympic Committee), Victor Bewley (cafe owner), Fred Tiedt (Olympic boxing silver medallist), Raonid Murray, victim of an unsolved murder and Josef Locke (singer).

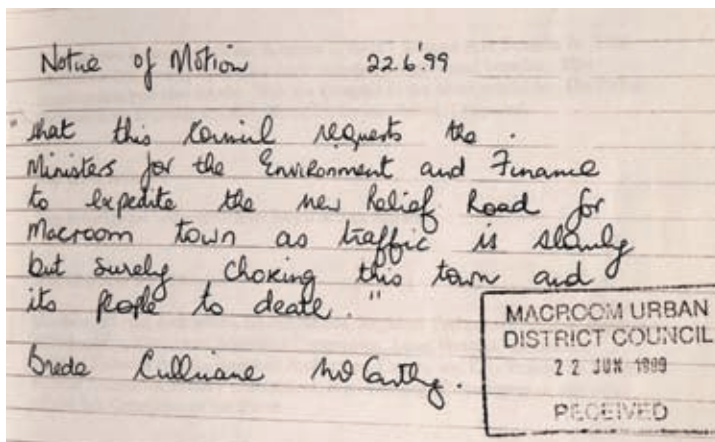
Macroom in 1999

Macroom UDC Chairman Pat O'Connell ushered in the New Year by reminding people that 1999 was the centenary year for Local Government in Ireland. Later Michael Creed (Codrum), Dónal Moynihan and Frank Metcalf were elected to Cork County Council. Martin Coughlan just lost out but topped the poll in the UDC election and became Chairman in July. Others elected to the

UDC were Evelyn McSweeney, Pat O'Connell, Breda Cullinane-McCarthy, Michael O'Riordan, Denis Buckley, Ted Lucey, Owen McCarthy and Paul Kingston.

Highlight of the year for Macroom was Geraldine O'Grady's selection as Rose of Tralee – a first, and a feat that will be difficult to emulate. She was well supported, especially by her parents, Garda Pat and Maureen, her sisters, and the Gardaí

before, during and after the Festival, and she was honoured with two civic receptions. When she visited St. Mary's, her alma mater, in November she was given a rousing reception. Principal Jim O'Leary spoke of Geraldine and her school accomplishments but especially her attitude and kind disposition. Geraldine in turn expressed her gratitude to the teachers for her treatment and the quality of her education.



Notice of motion from Breda Cullinane-McCarthy to Macroom UDC re Macroom By-Pass - in 1999 (C Kelleher)



Macroom Soccer team 1999 ©S MacS

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Macroon By-Pass was on the agenda and in June Breda Cullinane-McCarthy wrote for an update. The usual issues of parking, lighting and the 'public convenience' drew attention. A Macroon-based boy-band 2xTreme included locals Robbie Wiseman and Pat Cregan and was doing well. Macroon Anglers held their 77th AGM. The Briery Gap was in a final push to raise funds; £14,000 of £50,000 still needed to be

collected. The town had 46 pubs. The Pioneers celebrated their centenary. Michael D'Arcy was presented with an award as Macroon GAA's Clubman of the Year. The St. Patrick's Day Parade was blessed with sunshine and RTE'S Charlie Bird was Grand Marshal. Theresa O'Grady, Katie Lyons and Aislinn Austin won the Girls' Intermediate All-Ireland Cross-Country in Belfast, and Katie ran in her second international race for Ireland.

Macroon Pitch and Putt Club launched a brochure to attract new members. Macroon U-12s had a victory over Donoughmore and the team included Seán Kiely, Rory Buckley and David Goold. All three subsequently played and won with Cork.



Donoughmore Ladies with trophies won in 1999 ©S Mac S



Presentation of proceeds of 1999 Bengour Harvest Festival ©S Mac S



Éire Óg Camogie Club with trophies at 1999 Social ©S Mac S



Celebrating Canoe success at annual G.A.A. social. ©S Mac S



Part of 1999 St. Patrick's Day Parade; note construction of Briery Gap in background. ©S Mac S



Canoe children, winners of 1999 Credit Union Table Quiz ©S Mac S

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Geraldine O' Grady, 1999 Rose of Tralee, Recalls and Reflects

It doesn't feel like twenty years since I stood on stage in the dome and was announced as the 1999 Rose of Tralee. When my name was called out, I was frozen in a dumbfounded daze. The host, Marty Whelan, explained to the crowd that I was in 'complete and utter shock'. The wonderful Gay Byrne, who was Chairperson of the judging panel, came to my rescue. He gently took me by the arm and guided me forward, directing me to wave at the cheering crowd. Amid the celebrations that night, my mother Maureen remembers me asking 'is this real?' She answered 'I don't know!'

It all began when the Macroom Gardaí asked me to represent them in the local heat of the Rose of Tralee. My father, Pat, was a Garda in Macroom at the time and I happened to be the right age at the right time. I took some convincing but ultimately you can't really say no to the Gardaí! Over the course of the next year, I had experiences that I could never have dreamed of as a 22 year-old recent college graduate. My homecoming in Macroom just a week after my win is one of the stand-out moments of that extraordinary year. 5,000 people lined the streets where I grew up to welcome me home with a fantastic celebration. I recognised so many people in that sea of faces and I was overwhelmed with gratitude for such amazing support. That night I wore a hooded cloak which had been made especially for me to represent my home town at the Rose of Tralee Festival.

Another major highlight of my Rose of Tralee experience was my trip to Jordan with the Irish Heart Foundation. The trip was a walking tour of the country to raise money for the Foundation. One evening, after a long day's trek, I lay floating in the Dead Sea under the setting sun, watching the lights of Jerusalem twinkling on the horizon. I am profoundly grateful for the twists of fate that brought me to that unforgettable moment in time.

One of the oddest moments of the year took place in an airport in Belgium. I travelled to Brussels to attend the Belgian Rose selection but neglected to bring my passport under the very much mistaken impression that it was unnecessary. To my horror, I was escorted to a border control section at the back of the airport. The agent I spoke to was very nice but baffled about my complete lack of any identification whatsoever. He asked me if I could produce anything at all with my name and photograph on it. I didn't have a single thing...except a copy of the CD I had recorded for the Irish Heart Foundation. I sheepishly produced the CD and pointed to my name and photograph. Fortunately the agent was highly amused and insisted on playing the

song over the sound system. Listening to the song being played over the sound system in the border control section of Brussels airport remains one of the most surreal moments of my life! Luckily for me, the agent let me continue on my journey once my passport was faxed through from home.

The wonderful thing about the Rose of Tralee is that the journey doesn't quite end when you hand the title to your successor. I still very much feel like a part of the Rose of Tralee network. The former Roses of Tralee stay closely connected with a WhatsApp group and annual reunions. They are a fantastically supportive and fabulous group of women and I'm so proud to call them my friends.

A month after I handed back my title in 2000, I met a very talented and charming musician and songwriter called Martin at a comedy show. We had a great conversation about music and went on to set up a band together. We also realised we had more in common than just music and



Geraldine O'Grady with sash and tiara in 1999



Geraldine O'Grady 1999 Rose of Tralee and her children looking at her name on the "Rose Wall" in the town park in Tralee

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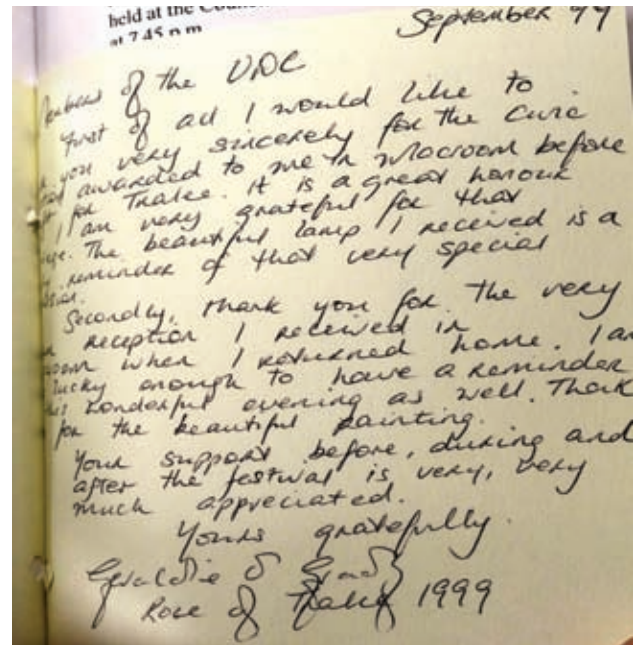
we married in 2005. Nearly twenty years after first meeting, we are still playing in bands together. We also added a few more members! We have an 11 year-old girl called Mia and a seven year-old boy called Isaac.

I am also the Manager of a charity for deaf and hard of hearing people called the Cork Deaf Association. I have been with the Association now for 12 years. Working towards equality and empowerment for all people with a hearing loss is very important to me.

The course of my life changed when I filled out the Rose of Tralee application form in 1999. However, it wasn't that application alone that led to such amazing opportunities. I wouldn't have become the Rose of Tralee without all of the people who supported me along the way; my wonderful family and friends, the Gardaí who put their trust in me to represent them, Macroom business man John

O'Shea who sponsored my involvement in the Cork Rose, the committee members who organised each heat and the fantastic support I received from the people of Macroom.

The greatest joy brought to me by the Rose of Tralee is the knowledge that my win meant so much to my family. My father passed away in 2004 and my favourite photograph of him was taken in the dome in Tralee. It was a special night for all of us and I'm sure that the memories will be just as vivid and powerful in another twenty years.



Geraldine O'Grady's 'Thank You' card to Macroom UDC, 1999 (C Kelleher)



Filí ag Dáimhscoil Mhúscraí Uí Fhloinn 1999 ©S Mac S



Adult performers at Inchigeela Panto ©S Mac S



Presentation to Dan O'Riordan, winner of local class at Macroom Ploughing Match ©S Mac S



Naomh Abán Ladies with trophies won in 1999 ©S Mac S



Crookstown Vintage Festival. ©S Mac S



Ballyjourney Tidy Towns Group. ©S Mac S



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First Holy Communion group from Dromleigh N.S., Kilmichael ©S Mac S



Organising Committee for Clondrohid N.S. Centenary celebrations ©S Mac S



Macroom Tidy Towns group in action at Castle Gates. ©S Mac S



Cill na Martra Feis winners. ©S Mac S



Launch of 'Tales of the Launey Valley' with Professor John A. Murphy. ©S Mac S



Coppeen Race Committee 1999. ©S Mac S



The official opening of an extension to Dromleigh N.S. ©S Mac S



Macroom Girl Guide enrolment. ©S Mac S



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Kilmichael u-12 hurlers. ©S Mac S



Last meeting of Macroom U.D.C. prior to 1999 election. ©S Mac S



Mass at Carrigastyra Famine Graveyard with Fr. Downing P.P. ©S Mac S



Geraldine O'Grady, Macroom, 1999 Rose of Tralee. ©S Mac S



Macroom u10 Street League Group 1. ©S Mac S



Iveleary Summer Camp hurlers. ©S Mac S



Macroom Minors 1999. ©S Mac S



St. Val's Footballers 1999. ©S Mac S

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Pictures from the activities of the new resident's in The Riverside Park Hotel Macroom.

A REFUGEE REPORTS; NADIA RASHDAN'S STORY

(NADIA RASHDAN IS SYRIAN AND A RESIDENT OF RIVERSIDE, GURTEENROE MACROOM AND A NIGHT PUPIL OF MCEGAN COLLEGE).

My name is Nadia. I came to Ireland with my children, and my husband joined us three months later. We are a Syrian family who survived the bad conflict back home. We lost our home and when my brother was arrested for four years we didn't hear anything about him - he left behind his young wife and three lovely kids. We left Syria for the UAE and lived there for some years. Unfortunately we had to leave UAE as we lost our jobs and became ineligible to stay there anymore. Luckily we got a visit visa to Ireland and decided to stay here because we cannot go back to Syria as it is still an unsafe place to live in for the whole family. The conflict in Syria erupted in the wake of massive popular demonstrations in 2011, has, according to the UN, been marked by unparalleled suffering, destruction and disregard for human life. My whole town, like most of the Syrian cities, was bombed and destroyed. Over 0.5 million people including children have been killed and about 5.6 million people have fled Syria since 2011, seeking safety in Lebanon, Turkey, Jordan and in countries all over the world. Millions more are displaced inside Syria and, as war continues, hope is fading fast. Now thank God we are here in the safest place in the world. This is our fifth month here in Macroom and gratefully things are settling more. I'm going to tell you about our experience here so far. Getting here was quite an adventure, everything here is completely different. We came to a small town where one can tell that we are strangers because everybody knows each other. Fortunately, here people stand out for their charming character, as they gave a genuine and proud welcome to the new residents, making everything easier for us than we had expected. It was a surprise to us that we were moving here. We received a letter at almost midnight that we are going to be

moved early next morning, to not only a different area but to a town in a totally different county. We were all shocked... where are we going? How will we have enough time to prepare? Will we be able to continue our procedures from there? Yet, we had no other choice but to pack all our things and prepare for what comes next. And we found out that Macroom's community was also surprised at our sudden arrival; we saw them passing the hotel and staring and pointing confusedly - what is happening there? The next day we arrived at Macroom, the town seemed rather small and very quiet, the hotel was empty as we were one of the first families to arrive, it was a total change to the city traffic we had seen in Dublin. In a few days, more families started coming to the hotel and we began getting to know Macroom more. Yet, the next day, as we walked around exploring this little town people would pass by and greet us with smiles on their faces. It gave us a little hope. However, it was quite tiring to walk to the town centre as it took time and we didn't realise it was so far from the hotel. We were discouraged at the thought of having to walk this distance every time we needed to go to town for anything. As for the hotel, most of us were satisfied because we had bigger rooms than the ones we had back in Dublin; and as well the food here was much better. The only problem was that there were no washing machines available for us, but after two weeks we were provided with washing machines

and dryers which made us a bit relieved. Before coming to Macroom most of the families had stayed in Dublin for months and were not able to integrate easily; but here in Macroom it was a different and a promising story. Macroom introduced itself to us as it welcomed us to joining its community. People began coming and offering us help, especially Macroom Friends of Asylum Seekers who provided all the residents with many things as needed! Then we were visited by Macroom soccer club coaches who were very keen to register all the children interested in soccer. This made the kids incredibly happy and helped them blend in and socialize and do what they're passionate about. As well as that, all the school principals were kind enough to come here personally to the hotel and helped register all our kids in their school. The children really enjoy and love the schools in Macroom. We adults were also lucky as we got the chance to join The Adult Education Centre and McEgan College to take a variety of different courses. That really helped. Most of us still can't work so it



Pictures from the activities of the new resident's in The Riverside Park Hotel Macroom.



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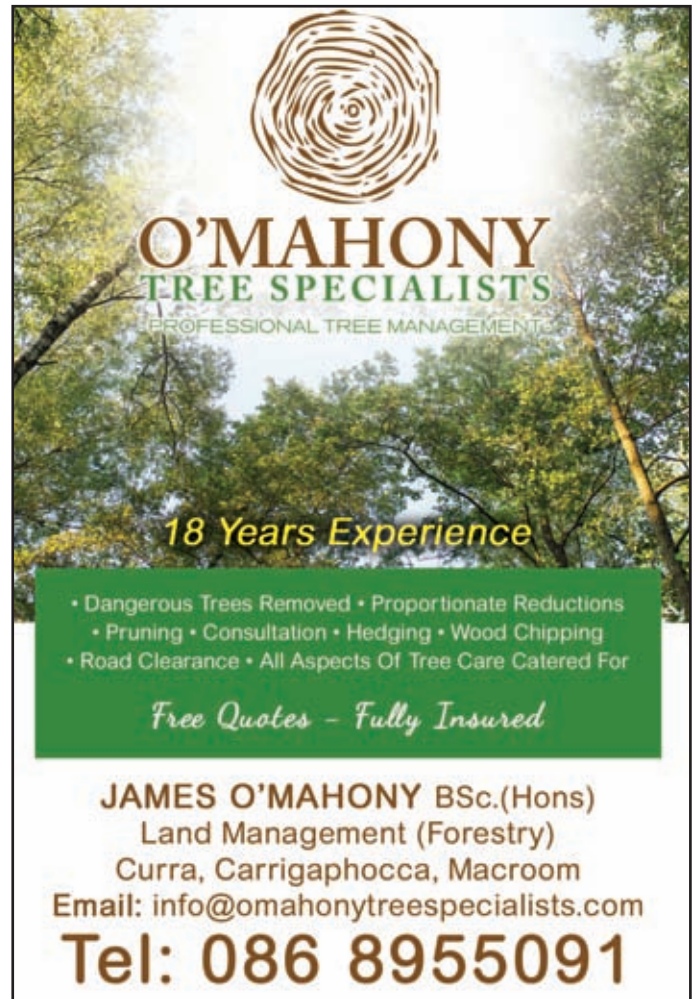


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Pictures from the activities of the new resident's in The Riverside Park Hotel Macroom.



Pictures from the activities of the new resident's in The Riverside Park Hotel Macroom.

was great to fill our time learning and attending interesting classes. We are also very grateful to Macroom Tidy Town's team for helping us in many uncountable ways, and allowing us to join them and help every Saturday to make this town prettier than it already is; this makes us feel like part of this amazing town. We were enriched even spiritually with the Macroom Parish Mission which was an unforgettable week for everyone in town. In addition the Irish Girl Guides' Team helped us in registering our girls with them to join this wonderful organization. Furthermore,

another event we will never forget is when the community held all its welcoming activities and parties including our involvement in Macroom Food Festival where we cooked and served our traditional food with love. We will remember the town park CDYS tea party, the Youthreach tea party, a cultural ceremony organized by the transition years of St. Mary's School, and the lovely music parties held in the hotel to entertain us. It was nice and thoughtful from this lovely community as it made us really feel like we were at home and that we belong. So many

thanks to all the people who helped organize and were involved in those unforgettable days. We heartfully thank everyone who helped us, in the shops, down the street, on the bus and everywhere, Macroom's lovely people were welcoming and hospitable from the first moment. They tried, and are still trying to help us in every way possible to facilitate our stay.

With Love Nadia Rashdan.

Inchigeela/Uíbh Laoire Inklings

Carol singing: The Christmas tree lights were switched on in the Square in Inchigeela on Saturday night. Carol singing followed, with an enthusiastic group of fine singers and musicians who braved the cold and sang heartily under a starry sky. We thanks to Croi na Laoi and the scheme lads for the tree and to all who supported, Gerry and Tracey who provided the backing music and Neasa who provided the lovely chocolates. Agus go raibh maith agat to Andrias, our TD, who attended and joined in with the spirit of the evening.

Christmas Bingo: A special Christmas Party Bingo will take place in Inchigeela Hall on Fri 20th at 8.30 pm. I am told that there will be tea with lots of extra goodies! All welcome. Bingo continues on Fri. 27th as usual.

Monster 45 Drive: There will be a special Christmas 45 Drive in Inchigeela hall at 3 p.m. on Saturday 28th of Dec. Please tell all your card playing friends! All are welcome.

Wren Walk: For those looking for something to do on St Stephen's Day, you couldn't do better than to come on the annual Wren walk around Céim Daunt (about 50 minutes) and take in the fresh air and views of Inchigeela. After there is a cuppa in the hall and a bit of music. Its free, but if you wish to toss something in the box that is ok as it is the only fundraiser run by the local development group Croi na Laoi. They have done much improvement in the

area, voluntarily, so please support.

Picture calendar: Inchigeela Calendar, €8 each, is out now so look out for it in the shops.

Christmas Mass Times: Christmas Eve. Ballingearry 7 p.m.; Inchigeela 9 p.m. Lá Nollag, Ballingearry 10 a.m; Inchigeela 11.30 a.m.

Lá Le Stiofán, Ballingearry 10 p.m.

Tráth na gCeist: It's that time again. The Béal Atha Big Quiz has rolled around once more and the venues will again be, Árd na Laoi, Tig Seartan, agus Áras an GAA on Fri. 27th at 8 p.m. An bhliain seo raghaidh an tairgead le haghaidh Defibrillator nua a chur ar fail don ait. Please support. Féilire Béal Atha: The calendar for 2020 if now on sale in Siopa Uí Dhuinnin.


Súil Siar: As it is the end of another year, I would like to thank those who gave me news items and support during the year. Thanks to the good people of Lee Valley Outlook for their professional work in producing a valued, free read of local news, sport, History, etc every fortnight agus Nollaig Shona dibh go léir.



Liz Lucey Memorial Presentation of €20,660 to Marymount by the organising committee at Creedons Hotel Inchigeela. It was the 10th and final event.




Senior pupils potting one year-old Hazels, Oaks and Wild Cherries with Ted Cook at Kilbarry National School. ©An Scoil

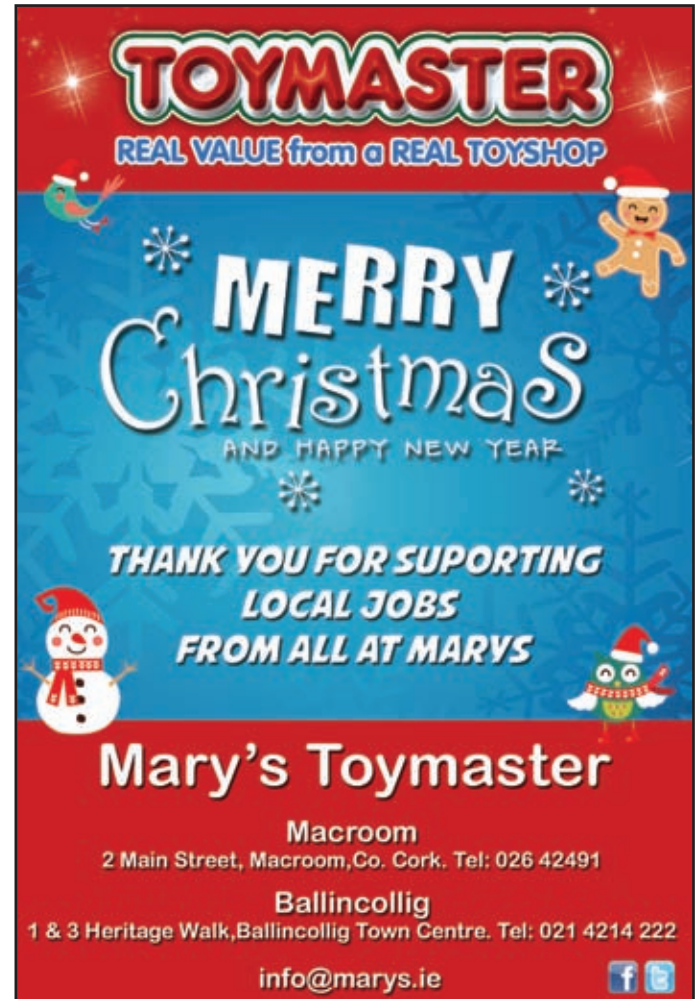


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1 NIGHT TW/DBL B&B FROM €145



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THE BREHON

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DEREK RYAN 29TH FEBRUARY

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THE BREHON

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MARY BLACK

14TH MARCH 2020

Tickets from €35.00 | INEC Arena

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FRIENDS 'THE MUSICAL PARODY' 30TH APRIL 2020

Tickets from €30.65 | INEC Arena

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ENGLEBERT HUMPERDINCK 1ST MAY 2020

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1 NIGHT TW/DBL B&B FROM €180

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NATHAN CARTER WEEKEND 8TH - 10TH MAY 2020

Tickets from €30.00 | INEC Arena

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Tickets from €55.15 | INEC Arena

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DIRTY DANCING 8TH - 12TH SEPTEMBER 2020

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Most Reverend Fintan Gavin, unveiling a plaque to mark the 150th anniversary of the building of Canovee Church. Also included are Fr. Tim O'Sullivan former PP, Fr Richard Wall, Canon Bernard Donovan and Fr. Seán O'Sullivan © Peter Scanlan



Muskerry GAA Auld Triangle awards for Sept. Brian Verling Cloughdubh. © Michael English

Canovee/Carrigadrohid Cúntais

The Canovee GAA adult AGM was held on December 12th. There are a number of changes for next season. Chairman Dave Healy, Treasurer John Barry-Murphy and Secretary all stepped down after their three-year terms. Both Dave and John have given a lifetime of service and leave the club in a healthy position; the club is extremely thankful for their efforts. Officers

elected for 2020 were President John Dunlea, Vice-Presidents Seanie Twomey, Matt Lehane, John O'Sullivan, John Barry-Murphy and Kevin O'Connor, Chairman Paddy Murphy, Vice-Chairman Eamonn Lyons, Secretary Mark Healy, Treasurer Patrick Lyons, Registrar Niall Lucey, PRO Paddy Murphy, Insurance Officer Aidan Murphy and Lotto Chairman Ger Deasy. The

Mid-Cork board delegate is Jerry Moynhian and the county board delegate is Ger O'Sullivan. Canovee GAA under-age AGM was held recently. Elected for the coming year were Chairman Pat Dunlea, Vice-Chairman Colm Fehily, Secretary Nicola O'Connell and Child Protection Officers Andrea Lyons and Cathal Dodd.



The super girls from Naomh Fionnbarra U18 team who won The Mid Cork recently.



Liam Murray, Cian Kelleher, Eoin Buckley and Tara Lane represented Kilmurry NS at the Sciath na Scol Sports Quiz at Rochestown Park Hotel. © Mike English

Macroom Catholic Parish Christmas Arrangements 2019

Masses:

Sun. 15th Dec., Carol Service in St. Colman's Church at 7.00 p.m.
 Tues., 24th Dec., Christmas Eve Vigil Mass at 7.00 p.m. Midnight Mass at 12.00.
 Wed., 25th Dec., Christmas Day, Masses at 8.30 a.m., 10.30 a.m. and 12 noon & in Caum at 10.00 a.m.
 Thurs, 26th Dec., St. Stephen's Day – Mass at 10.00 a.m.

Sacrament of Reconciliation:

Tues. 17th Dec. Penitential Service in St. Colman's at 7.30 p.m.

Confessions:

Tues. 24th Dec. St. Colman's 12 midday – 3.00 p.m. & Caum, 12 noon- 12.30 p.m.

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Merry
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BALLYVOURNEY BALLYMAKEERA TIDY TOWNS



Ruby Ní Charthaigh from Scoil Cuil Aodha Barr d'Inse one of the recent winners of the Cork County Library Calendar Art Competition ©An Scoil



Ballyvourney/Ballymakeera TidyTown volunteers at Christmas party

Ballyvourney/Ballymakeera Tidy Towns: would like to thank all those who got involved in this year's activities, from litter-pickers and sweepers, to planters and painters. It's been a very busy and successful year. During the summer months volunteers worked hard in anticipation for the Tidy Towns judging. Overall Ballyvourney and Ballymakeera each received a good score, 285 out of 470, which is only 61 marks away from the Winning Village in our categories! Judges commended the increased community involvement, general good appearance of both villages, and the projects undertaken throughout the year. These included, among others, the Annual Community Spring Clean, our first Community Easter Egg Hunt,

the revamp of the Millennium garden, the new pollinator garden (Gairdín Na mBeach), the continual work on flower pots, beds and baskets, and the launch of the Ballyvourney Tidy Towns Parish Calendar, which was very successfully received and sold out within the month. Looking forward to 2020, Ballyvourney/Ballymakeera Tidy Towns hopes to continue welcoming new volunteers and keep our villages looking beautiful! Míle Buíochas is Athbhliain faoi mhaise daoibh go léir!

Mass Times:

Christmas Eve: Ballyvourney 6.30 p.m - Cúil Aodha 9 p.m.
 Christmas Day: Ballyvourney 8.30 a.m and 11.30 a.m., Cúil Aodha 10 a.m.



Ballyvourney/Ballymakeera Tidy Towns, Committee



Ballyvourney/Ballymakeera Tidy Towns, Volunteers First ever Easter egg hunt

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Wishing everyone a very Happy Christmas & every good wish for 2020.

Tel: 086 307 0959



Cllr Ted Lucey

I would like to wish everyone a very Happy Christmas & Best Wishes for 2020

If I can be of help or assistance to anybody, Please do not hesitate to contact me.

Ted
086 8703812



FINE GAEL




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Cllr Gobnait Moynihan

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This is my beautiful rescue dog called "Lucky". He is a great cattle dog, watch dog and very important for my security.



Mary O'Callaghan Hallissey
Raleigh, Macroom, Co. Cork
pictured with her rescue dog "Lucky" at home in Raleigh.

Wishing you all a Peaceful Christmas and a Prosperous New Year



CLLR. EILEEN LYNCH
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IF I CAN BE OF ANY ASSISTANCE PLEASE DO NOT HESITATE TO CONTACT ME



FINE GAEL

Kilmichael Calling



Kilmichael Rovers Under 14 team crowned division 1 winners in U14 West Cork Schoolboys



Dromleigh NS, Macroom, boys at the Sciath na Scol Sports Quiz at Rochestown Park Hotel. Included are Jerry O'Riordan, Dylan Lyne, Tommy Carroll and Jack Browne. © Mike English

2019 Kilmichael Catholic Church Christmas Programme 2019

Tues., 24th Dec., Christmas Eve Vigil Mass - Toames 7.30 p.m. ; Cooldorrihy 10.00 p.m.
 Wed., 25th Dec., Christmas Day Mass - Johnstown 9.00 a.m., Johnstown 10.00 a.m. & Toames 11.30 a.m.
 Thur., 26th Dec. St.

Stephen's Day - Mass - Cooldorrihy 10.00 a.m.
 Sat., 28th Dec. - Vigil Mass - Cooldorrihy 8.15p.m.
 Sun., 29th Dec. Mass - Johnstown 10.00 a.m. & Toames 11.30a.m.
 Wed. 1st Jan. - New Year's Day - Mass - Cooldorrihy 10.00 a.m.



Tirelton N.S Senior Room with Penny Dinner Boxes



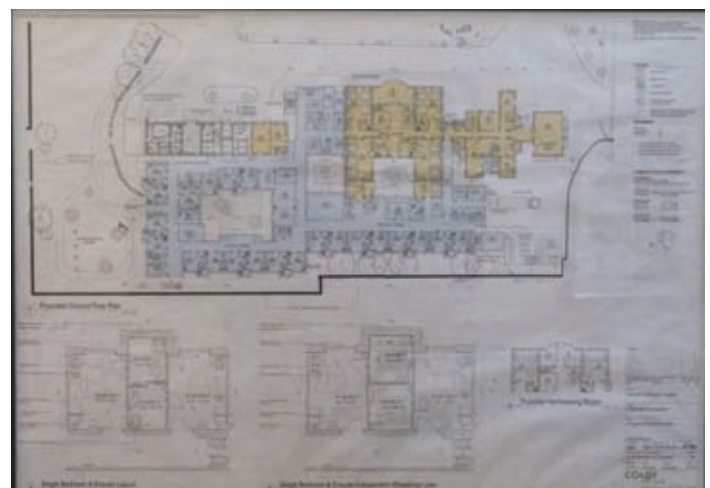
Tirelton N.S Senior and Junior Infants' Room with Penny Dinner Boxes



Tirelton N.S Junior 1 Room with Penny Dinner Boxes



Macroom Garden and Flower Club presenting Macroom Community Hospital with a cheque of €2,000



Plans for Macroom Community Hospital Development as currently displayed in the hospital.

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Visit our Christmas Shop at Market Cross

McEgan College



5th Year Students Fundraising for the Simon Community at Macroom Christmas Market with their teacher Ms Clare Shannon

Cork Simon, a Christmas Sale: 5th Year McEgan students took part in the Macroom Christmas Market on Tuesday 10th of December. All proceeds from the sale of home baking, holly, second-hand toys and the raffle went to Cork Simon Community. Despite the wet weather, there was a warm Christmas atmosphere, and spirits were high as people and students supported the worthy cause.



Junior Girls 5 A Side Soccer Team with their Coach Mr Colm O Carroll

Soccer Blitz: On Friday December 6th McEgan boys' and girls' soccer teams travelled to Terence McSwiney Community College and took part in a soccer blitz. The girls played 4 games and won the lot with some outstanding performances. The boys also played 4, winning 3 and were unfortunate to lose the other. It was a terrific outing and the coaches were very proud of both of our teams.

LOCAL TELEVISION, DAN JOE KELLEHER

LTV programmes will be screened each night over Christmas from 8 > 10 p.m. as well as on Wednesdays at 7.30 p.m. and repeated on Sundays at 5.00 p.m. The programmes will cover events of the past twenty five years. Dan Joe wishes all his viewers a Happy and Holy Christmas and Best Wishes for 2020.

Programmes include those on Cill na Martra and Macroom Senior Citizens in 1987, and Cill na Martra School in 1986. Other items covered are Christmas Mass, a Christmas Concert in Codrum 2009, Rita Lynch

remembered at the Briery Gap, 1987 Macroom Mart Interviews and Macroom Agricultural Shows in 1984 and 1988. Aghinagh features in a Mass said by Fr. Jackie Corkery in Musherah and in a Ceoltas session with Peggy and Nancy O'Donovan, both in 1984. Also covered are Clondrohid Vigil Mass in 2014 and the Carriganima Christmas Pageant that had drama and seasonal songs and stories.

The final item covered was the closure of Carriganima Creamery. Declan Kelleher.



Liam Walsh, Principal at Berrings National School, congratulating Ellen McSweeney, Niamh Desmond, Sarah O'Connell and Aisling O'Driscoll, on winning the Girls' Section of the Sciath na Scol Sports Quiz at Rochestown Park Hotel. © Mike English



Youthreach students happily display their art skills in a Christmas themed Window for Macroom Credit Union. It includes Art Teacher Kevin Holland, Youthreach students and Tony Hughes Manager of Macroom Credit Union.



Pupils from St. Josephs Primary School who visited Macroom Hospital to sing and play Christmas Carols for the patients ©An Scoil



Aghinagh Under 12's Mid South League Final Champions © Peter Scanlan

Lee Valley Enterprise Board
CHRISTMAS PROMOTION

Shop in Macroom This Christmas

*and Support All Our Members
Listed Below and The Local Economy.*

ACCOMODATION / BED & BREAKFAST: **Richaldine B & B**
BAKERY/CAFE: **Vaughan's Cafe, Next Door Cafe**
BANKS: **A.I.B. Bank, Bank of Ireland**
BOOKSHOP: **Fitzgerald's Bookshop & Cafe**
BOUTIQUES / DRAPERY: **A. Browne Drapery, Dan Twomey Ltd, MJ Cronin Drapery, TM Cronin (Macroom Lt), Webb Boutique**
BUSINESS CENTRE: **Macroom-e Enterprise Centre**
BUTCHERS: **Michael Twomey's Butchers, Kieran Hartnett Butchers**
CAR SHOWROOMS: **Macroom Motor Services**
CLUBS / SOCIETIES: **Macroom GAA, Macroom Senior Citizens**
DENTISTS: **Macroom Dental Practice, Tom McCarthy Dental Practice**
FRESH FISH: **Clancy's Fresh Fish**
FURNITURE: **Jennings McGregor/ House of McGregor**
GENERAL PRACTITIONERS: **Sullane Family Practice, Muskerry Family Practice**
GIFT CONSULTANTS / JEWELLERY: **Quinlans of Macroom, D J Kenny Jewellers, Murphy's Homeware & Gifts**
HARDWARE: **MI O'Leary & Sons, Frank Twomey's**
HARDWOOD FLOORS & TILING: **Macroom Hardwood Floors & Tiling**
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HAULAGE: **Macroom Haulage Ltd**

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*The Lee Valley Enterprise Board and its members
wish all our customers and friends a very
Happy Christmas and Best wishes for 2020.*



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St. Mary's – Review of 2019



STUDENTS ENJOYING THEIR CHRISTMAS DINNER



1ST YEAR STUDENTS AOIFE O LEARY, LUCIA DUARTE, NINA DONOVAN AND LUCY DUGGAN WHO PARTICIPATED IN A SCHOOLS CROSS COUNTRY EVENT RECENTLY

January: Our Science Department and students competed in the BT Young Scientist Competition. Our 5th year students Ciara Donovan and Dominika Starzycka received lovely tokens of appreciation from The Department of Justice and Equality for their efforts in the 'Politics Needs Women' competition.

February: On the 7th St Mary's Transition Year Students attended the IWISH conference in the City Hall, Cork. The students found the day entertaining and informative as they decide on their senior cycle subjects and future college courses.

March: Well Done to Katherine Ansley and Eva Slattery who participated in the Apprentice Chef cook-offs in Tralee IT. Road Safety Initiative - On the 4th and 5th year students were given the opportunity to try out new VR goggles to help students to experience the impact of speed and dangerous driving. Our very successful Well-Being Week ran from the 7th -12 March.

April: Well done to the music group, comprising of students from traditional groups and choir who were commended by judges in the Walton's Music for Schools Competition. St Mary's was included in the top 15 schools nationally. The group created a five minute performance based on the theme 'Music', directed by music teachers Aoife Donovan and Aoibheann Queally. The students will receive certificates of commendation. 3rd year students Marion Creedon, Kate Dromey, Ciara Bradley and Emily McSweeney represented St Mary's in the Junior Cert Pi Maths Quiz in UCC. Huge Congratulations to Radisha Fernando who came 3rd in the Photojournalism category of the National Press competition. Over 10,000 students enter the competition every year. Our Charity Colour run raised €2,500 for Macroom Hospital. Well done to Mrs Kerrigan, the Lourdes Committee and the Students' Council for organising such a brilliant event.

May: We paid our last visit to Care Choice Nursing Home of the school year. Thanks to all the girls for their dedication all year, visiting the residents and for sharing their wonderful talent! Thanks to Elaine and Ms Queally for organising the visits and for rehearsing beforehand. 5th years' trip to Gougane Barra; we thank Fr John for leading a lovely Prayer Service and the treats afterwards. Well done to Mrs Casey and 4th year students Karolina, Daniella, Liadh, Jennifer and Luna who took part in the Final of the SEAI "One Good Idea" Competition in Dublin Castle today. They were one of the top ten teams out of over 1,000 entries nationwide. It was a massive achievement; 'Well Done' to all involved. Our fantastic Buddies organised a day full of fun activities for the first years. A great day was had by all. The winning continues at The Pfizer Chemistry Quiz - congratulations to the Pfizer Chemistry team who brought back more honours. Last year we won the overall quiz and this year our team did us proud by winning the general knowledge round. Well done to Daria Byrdziak, Jennifer Kehoe, Kate Murphy and Rosa Simmons. Mrs Lehane's 2A2 CSPE class hosted their film premiere "Walk in my shoes". The film was outstanding!

June: The State Exams took place and all Leaving and Junior Certificate students did extremely, all of their hard work paid off.

July: A nice article appeared in the EchoLive on 6th year student Meghan Sheehan who received a soccer scholarship to study Physiotherapy in Daytona University in Florida. Good luck to Meghan in her new adventure. Fr John organised our School pilgrimage to Medjugorje.

August: Our Leaving Cert students received their results. Mr Cooke took fourth years on their GAISCE walk on the Old Kenmare Road and Black Valley. Fourth year student Theresa Galvin launched her book "Lighting Nerve" in the Auld Triangle. The book was launched by English teachers Jennifer Murnane and Lily de la Cour. What an amazing achievement for a young writer! We wish her every success. We welcomed all of our new First Year Students to the school.

September: 2019 Leaving Cert Students - Eva Long, Aoife Foley, Joanne Kelly and Kate Murphy came back to visit us to talk to current 5th and 6th year students and to give them advice, study hints and tips to help them as they prepare for their exams. Our 6th year LCVP class, Ms Tobin and Ms Kelleher organised a great

Sports Day for our Junior Students. Our Buddies organised an amazing First Year Bonding Trip to Ballyhass Lakes. Congratulations to Caoimhe Buckley and Ciara Quinn who came second in the Macroom Food Festival Schools Cook-off.

October: We held our very successful, enjoyable Open night where we welcomed 6th class students and their parents to have a very interactive visit to our school. St Mary's Senior History classes went on a field trip to Dublin where they visited Kilmainham Gaol, Dublin Castle, The Chester Beatty Library, The Revenue Museum, The old House of Lords, Dame St. and Glasnevin Cemetery. The theme of the trip was 'Walking in History'. Smiles and tears of joy today in St Mary's as our lovely Transition Years received their Junior Cert/Cycle results. The girls did very well. Our two Irish Gael Linn debating teams qualified for the next round in both the Junior and Senior Category. Junior Team: Aoife Downey, Abigail Kelleher, Aine Sheehan and reserve Siobhan O Leary. Senior Team: Alannah Cunningham, Lorraine Casey and Marian Creedon. The girls have generously prepared some shoe boxes for Team Hope.

November: Ms Donovan and our TY students put on an amazing show - "My Best Friends Brother". It was such an enjoyable show: well done to all those involved. 'The Bin it Road Show' paid a visit to St Mary's. F. Year students and members of the Green School Committee were treated to a highly entertaining and interactive presentation on the importance of reducing litter and caring for our environment. The students did a number of experiments on why we litter and more importantly what we can do to stop! Our 6A1 LCVP Class, with Ms Tobin, organised a visit to Wright Medical as part of their Enterprise Education Module. The girls got an extremely informative presentation from Jerry Lyne (Senior Technical Services Manager) and Ger O' Donovan (Operations Engineering Manager). This was followed by a tour of the plant, a demonstration of products and an extremely interesting and engaging question-and-answer session. We would like to sincerely thank Dan Griffin, Ger O' Donovan and Jerry Lyne for facilitating this visit. 'Word Power' is a radio series on Life FM 93.1, run in association with Cork County Council, which celebrates young writers in Cork. We are delighted that two of our second year students had their work showcased on the series. Emer O'Connor's story 'The Fifty Cent Sweets' and Sarah O'Leary's poem 'Storm' were both chosen to be aired on the radio series. Their work will be performed by experienced actors, complemented with music and fun sound effects. Lara's trip to Brussels: 'Well Done' and go n-éirí go geal le Lara O'Sullivan who represented St. Mary's on a trip to Brussels and the European Institutions as a result of writing an essay - 'How will life be different if or when we achieve gender equality'. The competition was sponsored by Seán Kelly, M.P. Daria Byrdziak received a J.P. McManus All-Ireland scholarship. This will help enormously with her studies in chemical engineering at CIT. Aoife Doyle received a Language scholarship. Heartiest congratulations to you both. Congratulations to our fantastic U-19 basketball team who beat Bandon Grammar Secondary School in the county semi-final.

December: Our TY students had a Public Speaking Workshop with Fair City's Alan Devine. Twelve 4th Year students took part in the Bank of Ireland money smarts challenge. A group of eleven St Mary's athletes travelled to Riverstick on Thur. the 5th of Dec. for a cross-country event. Lucia Duarte finished in 2nd place in the 1st year girls' race, followed by team mates Aoife O'Leary, Nina O'Donovan and Lucy Duggan. Brigin Kelleher was first 2nd/3rd year team to cross the line, finishing in 12th place, just outside the medals. Her team mates were Danielle O'Neill, Lisa Kingston, Liadh McMahon, Siobhan O'Leary, Caoimhe Dineen and Grace Kiernan. This team was placed 4th. We enjoyed our annual Christmas Day on the 12th of December. This is an amazing, fun-filled day where all students and staff can enjoy a day of Christmas fun together. This day would not be possible without our amazing staff member Trish who prepared and cooked Christmas Dinner for all of our students.

Summary: We had a lovely year in St Mary's and we wish the pupils' parents, students and staff a very Happy Christmas and a Healthy and Peaceful New Year.

Christmas Stress Strategies

Christmas is a great time of year where we get to spend a good amount of time in the company of our loved ones, but often our loved ones press our buttons and this can be stressful and challenging, you as the reader are seldom in the wrong!

Below is a list of my quick fix actions that will help you navigate these challenging times:

- Burn off some energy - do some physical exercise or go for a walk in nature.
- When stressed hold your hand on your forehead, covering your eyebrows also, for a few minutes, while taking deep breaths (count to four breathe in, count to four release), applying gentle pressure to the ACU- pressure points around your eyebrows, this will help alleviate your stress.
- Pray to God or the Angels, always pray with a positive intention in mind, like "I want to be happy" rather than "I no longer want to be sad", you get what you focus on, also pray with sincerity and in an upbeat happy way if possible.
- If the above does not work - please call me and book your REIKI/IET appointment, I will be glad to help you work through your issues. Phone (087)1869504

*Wishing you a happy Christmas and
fabulous new year*

Adrian Kearney

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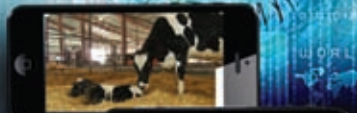
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De La Salle Doings



De La Salle Corn Ui Mhuire team 1961
 Front: Colman McSweeney, Michael Murphy, Brenden O'Shea. Middle: John O'Callaghan, Denis Murphy, Pat Healy, Michael Lucey, Michael Kelleher, Gerard Healy, Barry O'Brien, Billy Crowley. Back: Dick Nagle, Tom Sheehan, Mort Kelleher, Connie Hallahan, Sean Harrington, Micheal O' Callaghan, Denis Leahy, James Cronin, Denis Callaghan, James Sheehy. ©



De La Salle De La Salle u14 hurling team 1967 ©

Last week in De La Salle has been like much the year, very busy! KAL House students were busy baking and had their first bake sale which was a major success! All proceeds will go to our local St. Vincent de Paul shop. 'Well Done' to the students and teachers on great organisation and of course baking! The first year history class completed and presented projects on the Romans. Much time and effort went into making fantastic projects and each project was of a high quality with plenty of historical evidence. De La Salle Order members Tom O'Neill and Br. Tom Walsh visited the school to collect funds raised by the school at the start of December for the 'LDWP'. The Lasallian Developing World Project has run for a few years and involves the building of schools in developing countries, in Africa and India. The De La Salle order values the importance of providing education for everyone. Summer 2020 will see two schools built, one in Kenya and one in India. We would like to thank the brothers for their wise words to the students and wish them all the best with this wonderful project. We would like to thank all those who supported the fourth years' annual Christmas Collection for Macroom Charities this week. People were very generous as always, and the students and the fourth-year mentors did a great job organising the collection. Thursday last, twelve fortunate TY students participated in a film-making project run by Cork Young Filmmakers. Students learned about the techniques of film-making including editing, lighting and camera angles. The students then created a short film, which will be entered in the First Cut Youth Film Festival in the spring of next year. We thank the students for their enthusiastic participation and also the Cork Young Film-makers for facilitating this fantastic workshop. It was a lovely way for them to end



De La Salle fourth years on completion of their Film Workshop.

the year. As the students complete their Christmas exams this week and we finish the term we wish everyone a very Happy and Healthy Christmas. We look forward to another year full of success and happiness.



De La Salle Leaving Cert Class 1972 ©



De La Salle students Gearoid O'Brien and Adam Kelly presenting a cheque to the La Sallian Developing World Project.

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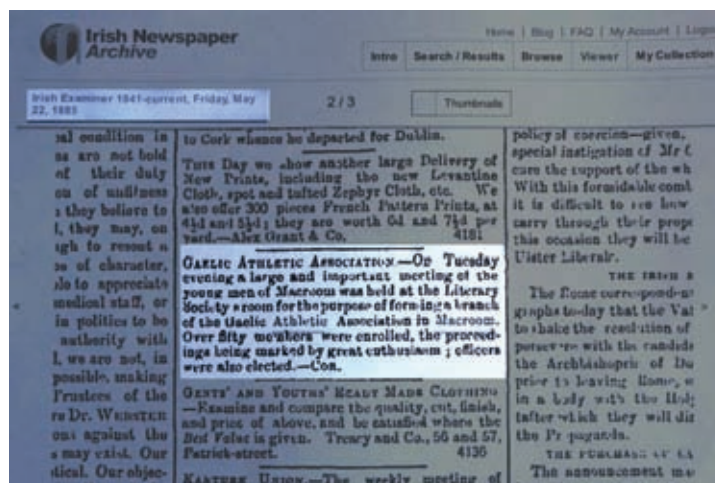
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GAA HISTORY, A FEW SNIPPETS



A sketch of Cusack's Dublin Metropolitan Team, founded on 5 Dec. 1883.(NLI)



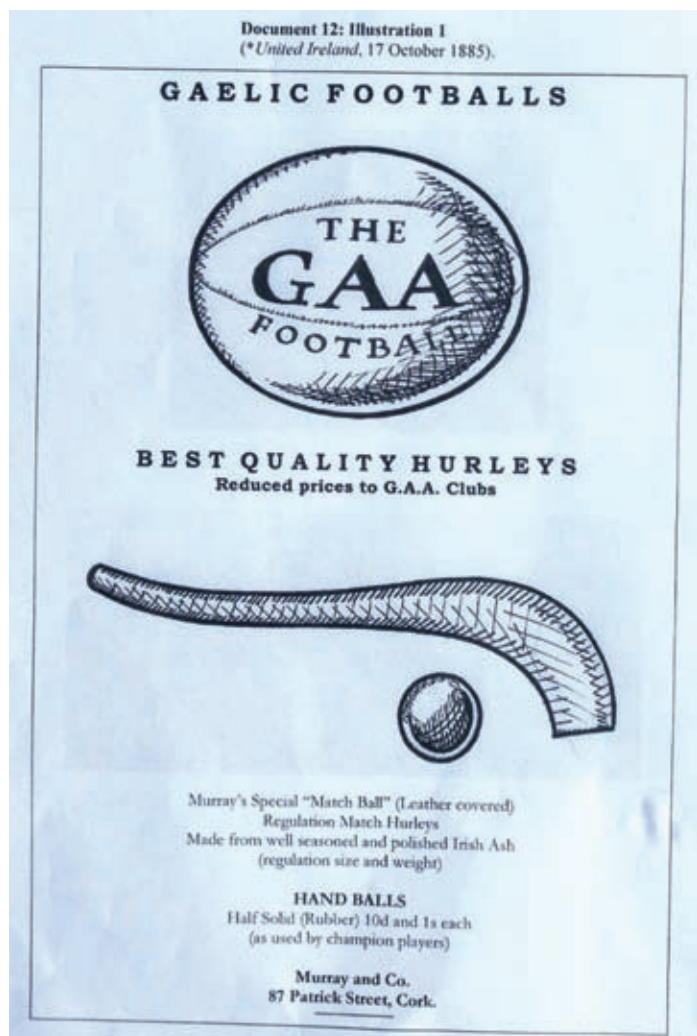
Report of founding first meeting of Macroom GAA Club in 19 May 1885 (C Kelleher)

Michael Cusack, Maurice Davin and others founded the GAA in Thurles on 1st November 1884. Its principal focus in its early years was athletics and control thereof. Within ten days the first athletics meeting under the GAA's auspices took place on 11th November 1884, and it took place in Toames, Kilmichael. It is likely that preparations were in train before the GAA was formally founded. Macroom had a train service since 1866 and railway

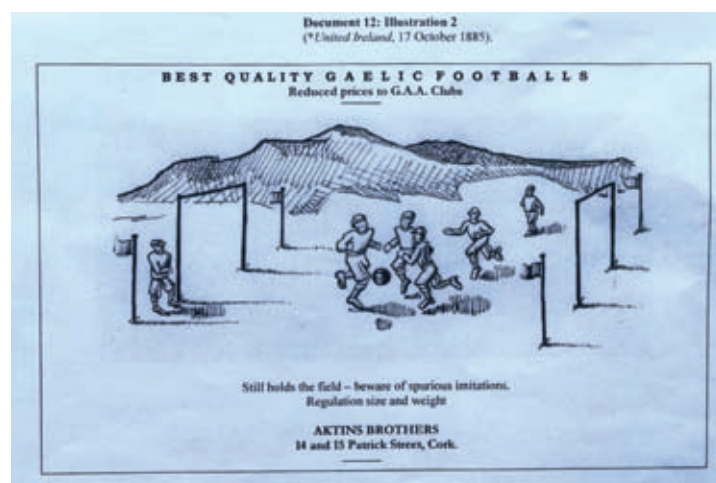
lines allowed easier transport and facilitated the development and spread of sport in the second half of the nineteenth century. Toames is about five miles from Macroom. Macroom GAA Club held its first meeting on 19th May 1885, within seven months of the founding of the GAA. The meeting was held in the Literary Rooms. Unfortunately I haven't yet established where these rooms were.

On a recent visit to the National Library, I came across some interesting photos. Cusack supplied the genius, passion and even madness that sparked the GAA. He was born to Irish-speaking parents in Clare during the famine and became a teacher. He was an avid cricketer, rugby player and athlete and had taught in some elite schools. As well he was a gifted journalist. Somewhere on the road to Damascus, so to speak, he was converted to Irish culture. Cleverly he used the English format of codification of games

to create, with Davin, the equivalent games of Gaelic football and hurling. Sure, hurling or a type of hurling had been around since the time of Cú Chullain, for centuries but that was only remotely related to the game codified by Cusack and Davin. However Cusack had his faults and poor attention to detail led to his undoing. He also fought with his friends as easily as his enemies. Once he received a conciliatory letter from a one-time friend and now an adversary and his reply was 'I received your letter this morning and burned it'. He founded the Dublin Metropolitan Hurling Club in Dec 1885 and claimed that all clubs originated from it. Also included are sketches of early advertisements promoting footballs and hurleys. The hurley looks suspiciously like a hockey stick and similar sticks were used by the Trinity Hurley Club. Edward Carson, the Unionist Leader 1908-1920 attended Trinity and was a proficient hurley player. The football looks decidedly oval. Hurley, because it was based in Trinity, then a predominantly Protestant/Unionist college, threw in its lot with the English Hockey Union. Dagg in 'Hockey in Ireland' gives a very interesting description of the origins and development of hockey, hurley and hurling and their later divergence.



A sketch of an early advertisement for footballs, hurleys and handballs. The shape of the football and hurley are interesting; the football looks oval and the hurley looks quite like a hockey stick, belying the common origin of hockey, hurley and hurling.



An 1885 advertisement for footballs; note the four posts as per Australian Football.



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Muskerry GAA Summary 2019

Championship

Junior A Hurling
Junior B Hurling
U 21 A Hurling
U21 B Hurling

Winners

Cloughdub
Aghabullogue
Éire Óg
Ballinora

Runners-Up

Éire Óg
Éire Óg
No competition
St Malachy's

Junior A Football
Junior B Football
Junior C Football
U21 A Football
U21 B Football
U21 C Football

Iveleary
Inniscarra
Gleann na Laoi
Éire Óg
Aghabullogue
Finalists: Aghinagh and Iveleary

Aghinagh
Kilmurry
Dripsey
Ballincollig
Canovee

Leagues

Division 1 Football
Division 2 Football
Division 3 Football
Muskerry Cup Football
Junior A Hurling
Junior B Hurling

Iveleary
Inniscarra
Gleann na Laoi
Aghinagh
Inniscarra
Inniscarra
Canovee
Kilmurry
Béal Átha'n Ghaorthaidh
Kilmichael
Blarney
Aghabullogue

COUNTY CHAMPIONSHIPS

Premier Intermediate Football: Champions: Éire Óg
Intermediate Hurling: Runners Up: Cloughdub
Junior B Hurling: Champions: Aghabullogue
U21 C Football: Champions: Aghinagh
U21 A Football: Finalists: Ballincollig (co. final not yet played)
U21 B Football: Finalists: Aghabullogue (co. final not yet played)

County Leagues and Cups

Division 5 Hurling; League champions - Cloughdub
Division 1 Football: Runners up: Cill na Martra
Tom Creedon Cup Football: Winners: Cill na Martra

The 2019 season in Mid Cork saw three teams retaining their championship title, Iveleary in Junior A Football, Cloughdub in Junior A Hurling and Gleann na Laoi in Junior C Football. The success of Iveleary was not as surprise, the feat of Cloughdub was, as this was the club's second team, their top team having won divisional and county honours the previous year. Gleann na Laoi had been allowed remain in the C championship, their request to the Board having been acceded to.

In the county championships, Iveleary were defeated at the semi final stage by Kilshannig, the eventual county champions. This was a disappointing outcome for a fine group of players and hopefully they will follow the example of Cloughdub and persevere in their quest for county honours. Football championship runners up Aghinagh were beaten in the quarter final of the county but restored pride in the club with a fine performance against Boherbue. In Junior Hurling, Cloughdub and Éire Óg came up against strong East Cork opposition and both fell at the first hurdle, as did Inniscarra in the B Football Co. championship. A strong Aghabullogue Junior B hurling team went on to take the county title and the success of the Aghinagh U21 footballers in the C County championship, and the manner in which it was achieved, will give that club great encouragement for the future. Éire Óg Premier Intermediate footballers won promotion to senior ranks with a great championship campaign and all rejoiced to see Daniel Goulding lead his club to a long desired destination. Cloughdub had a great intermediate hurling campaign, only defeated by a strong Blackrock side in the final and winning the Div 5 Hurling league in their first season back up in intermediate ranks. Cill na Martra footballers distinguished themselves in the top senior football league, reaching the final after many fine victories.

Ballincollig in U21 A football, Aghabullogue in U21 B Football, Éire Óg in U21 A Hurling are still in contention for county championship honours. The MJK Oils Junior Hurling championship produced a surprise with Cloughdub retaining their crown despite now fielding their second team. In the opening round, Cloughdub were too strong for Iveleary, likewise Éire Óg for Donoughmore and Blarney for Ballincollig, while Inniscarra edged out Ballinora by two points. Kilmichael then eliminated



Aghabullogue Muskerry U21B Football Champions ©

Donoughmore from the competition in the second round, and got a bye to the semi final stage, Ballinora did the same to Iveleary. In the quarter finals, Cloughdub edged out Ballinora in a tight finish, 2-15 to 1-16, Inniscarra beat Blarney 4-12 to 0-13 and Éire Óg had a point to spare over Ballincollig. In the semi finals, Cloughdub had a two point win, 2-10 to 1-11, win over Inniscarra, the latter missing many scoring opportunities. Éire Óg saw off the challenge of Kilmichael and were back in a Mid Cork final for the first time since 1977, the year their first choice team won the Muskerry and county titles. The final was played under LIGHTS, before a big mid week crowd in Macroom, and was a close if uninspiring affair with Cloughdub causing a mild surprise in getting the better of their neighbours. Con Dunne's second half goal was crucial in a 1-12 to 0-12 win, Jack Kelleher was Man Of the Match and once again Eoin Lyons was in sharp form for Éire Óg from frees.

In Football, champions Iveleary were drawn against Kilmurry in the first round and were beaten by two points, having given their arch rivals a 1-3 to nil early start. Canovee and Inniscarra had big wins over Naomh Abán and Donoughmore respectively, while Éire Óg, Kilmichael, Ballincollig and Béal Átha'n Ghaorthaidh were victors over Cill na Martra, Clondrohid, Dripsey and Blarney and Aghinagh got a bye to Round 2. Here Aghinagh got the better of Cill na Martra, Iveleary were too strong for N Abán, Clondrohid beat Donoughmore and Blarney beat Dripsey, all four losing teams exiting the competition. There were three third round game, Éire Óg beat Beál Átha with a late rally, Iveleary were too strong for Kilmichael and Aghinagh pipped Clondrohid by a point with an injury time goal giving them passage to the quarter final and a meeting with Kilmurry. In the quarter finals, Aghinagh put in a superb performance to see off the Kilmurry challenge by two points, Ballincollig got over a strong Éire Óg side, Canovee defeated Inniscarra, both by two point margins also, and Iveleary showed they were returning to top form with a big win over Blarney. In their semi final, Iveleary put in a powerful second half display to see off Canovee on a 3-10 to 0-10 scoreline and Aghinagh continued their giant killing performances with a 1-14 to 0-13 win over Ballincollig in the second semi final. The final drew a huge Sunday afternoon crowd to the Castle Grounds in Macroom but Iveleary, appearing in their fifth successive final, simply demolished Aghinagh, yet to win this championship after three previous final appearances, being totally dominant in the opening quarter after which they led by 1-6 to 0-1 and they never lost their grip subsequently and ran out 2-21 to 1-10 winners at the end. Brian Cronin was chosen as Man Of the Match having contributed 1-6 from play and the team display was almost flawless.

The Macroom Motors Under 21 Football championships were run off in Springtime as usual. Seven teams contested the A grade and it quickly became evident that some teams were not in the correct grade. Ballincollig, Kilmurry and Éire Óg were first round winners, Inniscarra then beat Béal Átha and Cill na Martra beat N Abán but then were beaten themselves by Éire Óg in the lone quarter final. In the semi finals, Ballincollig beat Kilmurry, the beaten county finalists of the previous year, it took extra time for Éire Óg to shake off the Inniscarra challenge and the neighbours met in the final. Éire Óg won on a 3-12 to 1-14 scoreline and thus added to their only previous success of 2011. Both teams went out into the county, met at the semi final stage and this time, eight months later, victory went to Ballincollig who are now awaiting for opponents to qualify in the county final.

In the U21 B football, seven teams contested, Aghabullogue, Ballinora,

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Canovee and Macroom were semi finalists and Aghabullogue and Canovee reached the final which ended in a draw the first day with Aghabullogue won the replay on a 1-11 to 0-8 scoreline. Aghabullogue centre back Paul Ring was outstanding all through, secured a place on the Cork U20 team and went on to win All Ireland glory along with Jack Murphy and Colm O'Callaghan of Éire Óg.

In the U21 C football championship, five teams contested, Iveleary had a hard fought win over Kilmichael in the semi final and Aghinagh got the better of the Ballincollig second string but the final was delayed and has not been played. Aghinagh went out into the county and became county champions after a fine campaign.

Macroom clubman, Bobby O'Dwyer from Urhan, was Manager of the Cork Minor footballers who won the All Ireland title and Naomh Abán legend Micheál Ó Cronín was a selector with the Cork U20 footballers, also All Ireland champions. Both teams lit up the summer for Cork GAA and gave hope for the future.

The Muskerry Board Annual General Meeting was hosted by Iveleary GAA at their clubrooms in Inchigeela and all officers were returned unopposed for what will be their last year in their present positions.

Uachtarán: Tadhg Ó Gealbháin, Béal Átha'n Ghaorthaidh
Leas-Uachtarán: Pádraig Ó Mathúna (Innis Cartha), Aubert Ó Tuama agus Proinnsias MacCárthaigh (Baile an Chollaigh), Aibhistín Ó Cruimín (Innis Cartha) Iar Uachtarán.

Cathaoirleach: Pádraig Ó Maoleóin (Éire Óg)

Leas-Cathaoirleach: Liam Ó Buachalla (An Druipseach)

Rúnaí: Sean Ó Finneadha (An Druipseach)

Cisteoir: Daithí Ó Laoi (Béal Átha'n Ghaorthaidh)

Oifigeach Poiblíochta: Caoimhín Ó Murchú (Baile an Chollaigh)

Oifigeach Forbartha: Seán Ó Críon (Achadh Bolg)

Oifigeach na Gaeilge agus Cultúir: Eamonn Ó Murnáin (Cill mhuire).

Macroom F.C. 2019 Review

January: The year began on a positive note with Macroom A being awarded the Cork AUL 'Team-of- the-Month following a number of excellent results - the presentation took place at Murray's Bar.

February: there was a fantastic occasion for the schoolgirls' club as Cork City Women's FC visited and held a training session with the girls. 25 club coaches undertook the FAI PDP (player development plan) level 1 coaching course held at Macroom Community Leisure Centre. Stephen O' Mahony, FAI Regional Development Officer, was greatly impressed with the large attendance and high interest levels.

March: had a joint lotto win: Ger Kelleher c/o Murray's and Margaret Kelleher c/o June's shared the jackpot. The St Patrick's Day Parade was again well supported. Our underage players and coaches fully enjoyed walking with our friends from Macroom GAA Juvenile and Ladies football clubs and a real positive atmosphere was clear to see. There is now a great relationship between the underage clubs. An FAI PDP 2 course took place over 2 days with 11 Macroom FC coaches further improving their coach education. Calendar year football kicked off for the schoolgirls.

April: Easter Sunday saw a hugely successful Race Night take place at Murray's. Our Youths did brilliantly in the Sean Williams cup final at Turner's Cross and were unlucky to lose on penalties. Macroom A lost out 3-2 on aggregate in the AOH cup semi final v. Village Utd. U12 player Maisie Murphy played for Cork in the Waterford Viking Tournament.

May: Macroom B finished the league in 4th place in May with new manager Matty O' Leary at the helm. Macroom A finished joint second and then won a promotion playoff v Waterloo in extra time. A return to the Premier league was celebrated the following evening at the Youths and Adult awards night.

June: The U13 boys took centre stage in June as both teams were successful, U13 winning the league and U13A getting promoted. The boys Academy had a great day out away to Killarney Celtic while the Underage Awards night took place at the Riverside Park Hotel. The U13 girls' team travelled to Dublin and played in the Willie Prout Memorial Tournament. Our annual 'Volunteers Night' was held at Murray's -- a small thanks from the club to our outstanding volunteers.

July: The FAI Summer Soccer schools camp was held at the fantastic Murrayfield venue in July with a full camp of 115 taking part. Macroom lads Cormac Buckley and Peter Murphy were part of the FAI coaching group. The club was delighted with the Cork U15 girls Gaynor Cup success, Peter Murphy was the goalkeeping coach with the winning Cork team. A successful blitz featuring almost 100 u12 boys and u13 girls was held and showcased the ability of the players and also the excellent organisational skills of the many coaches involved. The FIFA Women's World Cup final took place in Lyon, France. USA defeated The Netherlands 2-0 in front of 57,900 spectators. Irish woman Michelle O' Neill was chosen as an assistant referee in the final.

August: Our AGM was held and proved hugely positive. It was fully agreed that it was the largest attendance ever with very high interest levels. A willingness to move forward for the benefit of the whole club was clear to see.

September: Another massive highlight this year was a welcome training session arranged for the new residents of the Riverside Park Hotel in A brilliant evening was held at Macroom Community Leisure Centre where club coaches and players welcomed the new arrivals to Macroom. It resulted in many young players signing up and they are now training and

playing with Macroom FC while 7 of the adults then went on to complete an FAI Safeguarding course held by the club. It is a great example of the power and positivity of sport. Well done to all who organised these events.

October: Another club milestone was our new online lotto launch. As well as our paper tickets remaining on sale, online options to buy are now also available. Online tickets can be purchased on the Macroom FC Facebook page, at our website macroomfc.ie and on the Clubforcre App. So far there has been a great response from the public. The club is very grateful as the lotto is a vital source of income.

November: There was great excitement as one of our U13 teams qualified for the open draw (last 32) of the National Cup. The club also won a runner up prize in the Unite the Union Grassroots competition with our engagement with the local Direct Provision Centre receiving much praise from the panel of judges. Des McGarvey c/o Fudge was the lucky winner of the 7,400 euro lotto jackpot. Saorlaith Murphy (U13) and Molly Murphy were involved with the Cork Schoolgirls CWSSL panel while Olan Buckley (U12), Ryan Leahy and Daniel O' Driscoll (U16) were called up to Cork Schoolboys league squads.

December: The positive news kept coming when Macroom FC was awarded the FAI Club mark - only the 28th club in Ireland to receive this accolade. The club mark relates to a high standard being reached across all aspects of a club from coaching to governance. Having attained the club mark standard, Macroom FC will now ensure the standards reached will be maintained and this will benefit all aspects of the club. The U13 girls had a fantastic result in finishing runners-up in the Premier league. Macroom A qualified for the Munster Junior Cup open draw; they will play Regional Utd in Limerick while the U13s have a home tie v Corduff FC of Dublin in the National Cup. Both fixtures are to be played in Jan 2020.

Finally we give a huge 'THANK YOU' to our sponsors, volunteers, supporters, and all who have helped the club in 2019.

We wish you Happy Christmas and Best of Luck for 2020 as we continue to look forward with optimism.

Darragh Deasy P.R.O.



Macroom Team pictured in 1999.

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Macroom GAA 2019 Review



Macroom U12 – Div 1 League & Cup Winners 2019



Orla Deasy Waugh & Tom Bradley, the winners of the first Macroom GAA Strictly Come Dancing

As the year comes to a close and Macroom GAA will turn off the lights in the Castle Grounds for the last time in 2019, the club will look back on the year with mixed emotions.

Highlights of the year on the playing side undoubtedly rested with our u10s and u12s.

Our U-10s won the Mike Maybury tournament in Kenmare after seeing off Glenflesk, Kenmare, Rathmore and Naomh Abán; all from Macroom were delighted when Alex Sikorski lifted the Cup on behalf of his teammates and selectors. Hopefully these lads can continue to travel west for more good competitive games in the future.

The U-12s lifted the whole club with some stirring performances during the year and while it was fantastic that they won the League and Championship Double at the top grade in West Cork, an even better sight was the skill, heart and determination they displayed. Great credit is due to the selectors team and hopefully the team will play in the same vein in U-13 and U-14 grades next year.

The Premier Intermediates exited the championship to Cill na Martra, after earlier lost to St Michael's and beaten St. Vincent's. In 2020 they will turn their attention to competing in the revamped Premier Intermediate football championship where they will compete in the difficult group of Nemo Rangers, Gabriel Rangers and Kanturk. Our Junior Bs exited the championship to Kilmurry and will try to be more competitive in 2020.

The U-21s exited championship after a bad performance against Canovee who lost the Mid-Cork B final.

Minors: they were beaten by a strong Éire Óg side in championship after a decent display. Administrators need to review the schedules below Premier grade as many league games were not completed – a poor way to run football.

The U-16s (B) and U-14s (C) exited the championship at the first round losing to Owen Gaels and Bantry (backdoor) and Kilmichael respectively. Macroom GAA club thanks the mentors of all teams and everybody who supported our teams in 2019.

Referees: Referees David Murnane and John Ryan represented the club with distinction and both now referee at senior Inter-County level. John Ryan memorably refereed the senior county final and did a fine job.

Off the field: the highlight of the year was the club fundraiser Strictly Come Dancing when 24 dancers from Macroom and surrounding areas took to the stage in Rochestown Park Hotel in front of a fantastic crowd of 650 people. It was a hugely successful evening and will live long in the memory. The club thanks again all involved in making the event such a success and, in particular, the dancers and the sponsors. Finally we wish all of them, our players, members and Macrompians wherever a Happy Christmas. We look forward to seeing you in 2020 for what will hopefully be a good year both on and off the field for the club.

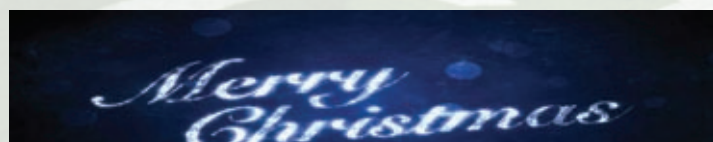
CLG Máchromtha Abú/ Macroom GAA Club Abú.

Macroom GC

Results, 14/15 Dec. Singles – 1st Shane Murphy (12) 33pts, 2nd Shane O'Dwyer (8) 32pts.



Inniscarra Muskerry Junior B Football Champions ©



Aghabullogue Junior B Hurling Muskerry Champions ©



Cloughdub Muskerry Junior A Hurling Champions ©



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KNOW YOUR RIGHTS: PATIENT ADVOCACY SERVICE

Question: I was in hospital recently and I was not happy with my experience there. When I complained to the nurse in charge I wasn't satisfied with the response. How can I take my complaint further?

Answer: The Health Service Executive (HSE) has a complaints system, called Your service your say, that you can use to make a complaint about your experience of a service provided by the HSE or on behalf of the HSE.

If you want to make a complaint about a public hospital to the HSE, you can get support from the new Patient Advocacy Service to help you make your complaint. The Patient Advocacy Service is fully independent of the HSE. It is a free and confidential service that provides information and support to people who want to make a formal complaint about an experience they have had in a public acute hospital.

The Patient Advocacy Service provides support by phone helpline, on 0818 293003, and on its website, patientadvocacyservice.ie, where you can find information and a contact form. The service can explain how to make a formal complaint, including what you should include in your complaint and how to write it.

If there is a delay with the processing of the complaint or if you are not satisfied with the outcome, the Patient Advocacy Service can give you information about your options.

Further information is available from the Citizens Information Centre below.

Know Your Rights has been compiled by Macroom Citizens Information Service which provides a free and confidential service to the public. Address: South Square, Macroom, Co. Cork. Information is also available online at citizensinformation.ie and from the Citizens Information Phone Service, 0761 07 4000. Macroom Helpline: 0761078430



Scoláireacht i bhForbairt Ghnó (Daingean Uí Chúis, Co. Chiarraí)

Tá Scoláireacht i bhForbairt Ghnó a mhairfidh suas le dhá bhliain á tairiscint ag Údarás na Gaeltachta d'iarratasóirí Gaeltachta le hoiliúint fhoirmiúil agus tairiscint phraiticiúil a fháil i réimse oibre na forbartha gnó. Beidh an duine a cheapfar lonnaithe in Oifigí an Údaráis i nDaingean Uí Chúis, Co. Chiarraí agus ag obair ar thograí i nGaeltachtaí an Deiscirt.

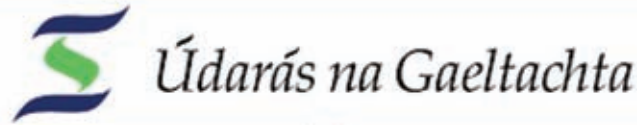
Duine díograiseach le cáilíocht 3ú leibhéal agus cumas maith sa Ghaeilge agus sa Bhéarla le scileanna maithe ríomhaireachta, riaracháin agus eagrúcháin atá á lorg. Beidh taisteal i gceist leis an bpost, mar sin ní mór d'iarratasóirí ceadúnas tiomána oiriúnach a bheith acu.

Íocfar liúntas €23,000 - €25,000 leis an duine a cheapfar.

Seol iarratas mar aon le CV as Gaeilge, roimh 5.i.n. ar an Aoine, 3ú Eanáir 2020 chuig: **An Rannóg Acmhainní Daonna, Údarás na Gaeltachta, Na Forbacha, Co. na Gaillimhe**

Teil: 091 503100 **Riomhphost:** foluntais@udas.ie

Is fostaitheoir comhionannais é Údarás na Gaeltachta agus is í an Ghaeilge a theanga oibre.



Clár Forbartha Tuaithe LEADER 2014-2020 do Ghaeltacht Mhúscraí

Tá Údarás na Gaeltachta ag glacadh le Léirithe Suime faoi na téamaí seo a leanas:

- Téama 1:** Cuimsiú Sóisialta
Fothéama: Seirbhísí Bunúsacha dírithe ar Phobail Imeacha
- Téama 2:** Eacnamaíocht, Forbairt Fiontraíochta agus Cruthú Fostaíochta
Fothéama: Turasóireacht Tuaithe
- Tuilleadh eolais:** www.udaras.ie
www.leadersouthcork.com
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Údarás na Gaeltachta are accepting Expressions of Interest under the following themes:

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- Theme 2:** Economic, Enterprise Development and Job Creation
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An open book in Gadaí Dubh

Gadaí Dubh Books opened on July 1st 2016 and, from the outset, the new venture was intended to be more than just a bookshop. The aim of the owner, Conor Kelleher, was to provide Ballymakeera village with an additional unique feature to complement existing local businesses and services while also appealing to a wider clientele. As Kelleher was never involved in the book trade previously, he is happy with the development of the bookshop over its first three years as a place to meet, recite poetry, play music, attend evening language classes, play board games or just to relax with a tea or a coffee for a few hours reading or chatting. He says that "It's good to see that some of the regular visitors, including dogs, have become good friends as, without the bookshop, they may never have met."

Christmas is a magic time in the bookshop and, from December 18th, Gadaí Dubh Books will be open every day, including Christmas Eve, from 11am to 6pm.



It's important to remain safe and careful on the roads this busy Christmas period with the dark mornings and evenings.

It's important to remain safe and careful on the roads this busy Christmas period with the dark mornings and evenings. Please always remember your hi-vis, either a jacket or arm bands, always be prepared.

There are always difficulties living in rural areas from access to transport to rural isolation, and lack of facilities despite the beautiful scenery everyone can experience difficult times at any stage during their lives. Often at times like this we feel alone and vulnerable with a problem that feels like its overwhelming and

overbearing whatever your situation. However big or small your problem may be it can cause stress and depression.

Talking does make a difference, never ignore the problem it will not go away untreated. I was delighted to see there is a farm and rural stress helpline 1800742645 available 24 hours every day. Samaritans are always available too 116123 FREE OF CHARGE.

Healthy Ireland Initiatives; Cork County Council Announces Extension.

Cork County Council is delighted to announce the extension of a number of popular initiatives under Healthy Ireland, the national framework for action to improve the health and wellbeing of Ireland over the coming generation. Among the projects confirmed to receive support for a further two year period, is Cork County Council's "Teen Talk" event series which has been recognised nationally for its positive impact with transition year students. Funded by the Department of Health through Pobal and administered via Cork County Council's three Local Community Development Committees (LCDCs), this recent announcement will see these Cork County initiatives funded up to June 2021. The fund is also inclusive of a Small Grants Scheme fund of €30,000 to specifically support community mental health initiatives across the county.

The Cork County Initiatives granted approval for funding fall under the Healthy Ireland themes of Physical Activity, Mental Health, Nutrition, Sexual Health, Tobacco & Alcohol and Spaces & Places for Wellbeing and include:

- Cork Local Sports Partnership – Active Communities: a project aimed at

coordinating, promoting & rewarding activities within ten areas of Cork County

- Cultural Companions – A coordination of cultural and social activities for older adults to attend, with the aim of tackling loneliness and isolation particularly in rural areas
- Teen Talk & GenZ – A series of events for Transition Year students and adults which focuses on issues currently affecting teenagers, particularly targeting Mental Health
- PSYCHED – A County & City wide cross-sectoral initiative promoting and recognising workplaces who engage in and support Mental Health in the workplace.
- Pieta House Resilience Academy – A program run by Pieta House for second year students focused on Mental Health and building resilience amongst teenagers
- Transport Mobility Forum Coordination – To promote and encourage the use of Sustainable Transport
- Social Farming Initiative – A project run in conjunction with Avondu Blackwater Partnership providing consultation, promoter training and a series of pilot projects in the area of Social Farming

Mayor of the County of Cork, Cllr. Christopher O'Sullivan in welcoming the news noted: "These funds will assist recognised local organisations improve the Health & Wellbeing, and particularly the mental well-being, of people within our communities. Local community groups have a strong network of members that allows them to connect with large numbers of people easily. This fund is designed to assist these groups to enhance much of the great work that is already carried out, by providing funding to continue to support existing and new Health & Wellbeing Initiatives throughout Cork County". Chief Executive of Cork County Council, Tim Lucey added: "Over the next two years, Cork County Council, through our three Local Community Development Committees, will implement an investment of just under half a million Euro in Healthy Ireland Initiatives. The themes that the Healthy Ireland Fund initiatives include all fall under the pillars of the Healthy Ireland Framework. Cork County Council recognises the ability and resourcefulness of our local community groups and the fantastic work that they do on the ground and we continue to work closely with our three Local Community Development Committees to deliver innovative actions in line with local and national policies and objectives, for the benefit of people in their communities. We welcome this fund announcement and are excited to support all actions involved, including our very own Teen Talk events which have been hugely successful over the past two years."



The proceeds of Johnny O'Sullivan's 60th Birthday dance, amounting to €1,020, was handed over recently to CUH charity fund, which will be used in the Dunmanway Day Unit and Radiotherapy Unit. Special thanks to the committee members of the Musherá Platform, and to all who gave donations and helped with catering on the night. Thanks also to Dermot and Irene Ring for their great music.

KILLIAN LYNCH AUCTIONEERS

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CELEBRATING 10 YEAR ANNIVERSARY AND THE OPENING OF OUR NEW PREMISES AT MIDDLE SQ, MACROOM



We would like to thank all the people who facilitated us while construction took place at our new office at Middle Square, Macroom and we were delighted to invite Minister Michael Creed to the official opening Friday evening.

We have had a very successful 10 years and hopefully we will have another successful 10 years plus to come!

We wish to bring much delight to many homes!



Official opening of our new premises



From left to right: Chantal Lynch, Killian Lynch, Rochelle Lynch, Margaret Lynch, Carl Sexton, Brendan Lynch, Ruth Sexton, Claire Lynch.



From left to right: Mairead Healy, Killian Lynch, Chantal Lynch, Dawn Cleary.



From left to right: Martin Kelleher, Killian Lynch, Jeremy Murphy, Daniel Lehane.

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RUBBISH REMOVAL do you want your bulky waste such as old mattresses , couches, electrical goods etc taken to the Civic Amenity Centre. Contact 085 - 8333445

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LEE VALLEY DIARY

Inchigeela Hall: A Special Christmas Party Bingo takes place this Friday 20th at 8.30 p.m. with free tea and goodies!

St Enda's N.S. Kilnadur, 'Launch of Tractor & Car Run and 3K, & 7K walks and 5K run on Sunday, 29th December'; registration at school @ 11.30 a.m. Proceeds will go to Air Ambulance & St. Enda's N.S., Kilnadur.

Inniscarra GAA and Camogie Clubs annual Seamus Noonan Memorial Poc Fada on St. Stephen's Day, starting at Blair's Inn at 12.00 noon with teams of three. Entry fees: Adults €10, Juveniles €5. This is a non-profitable event with all proceeds going to local charities.

Kilmurry H.A.A. 'IRA attack on RIC Barracks January 1920' by Dr John Borgonovo, UCC School of History, The Heritage Room, Kilmurry Independence Museum on January 9th 2020 @ 8 p.m.

Leabharlann Bhaile Bhúirne: Re-opened on Tues. 26th Nov. Knitting & Craft Group: On every Tuesday, 11 a.m.

Croi na Laoi, Inchigeela – WALKS: (1) St. Stephen's Day...meet at hall at 12 noon for a choice of two walks, long or short. (2) New Year's Day...meet at hall at 12 noon for a choice of a short or long walk. The walks are suitable for people of all abilities.

Ballinagree Folk Group Christmas Carol Service in St John's Church Ballinagree, Sun 22nd Dec at 7pm. All most welcome.

Macroom Library Events

Tots Time: Takes place on the first and third Friday of every month.

Story Time: Takes place every Saturday at 12.00pm.

Purlies Knitting Group: Thurs.

Ciorcal Cainte will meet Thurs. at 11.30 a.m. Tá fáilte roimh gach éinne.

Juvenile Book Club: Sat. at 3.00p.m.

Photographic Exhibition: This exhibition by Connie Cronin is on display until Dec. 31st. - "Messengers in the Wind" is a wonderful collection of photographs. Please call and browse.

We are pleased to publicise Lee Valley functions, fundraisers, sports events etc. in this fortnightly Diary. We may include commercial events that are also being advertised simultaneously in the magazine. Back issues of the Lee Valley Outlook at www.macroom.ie



Pat O'Connell Chairman LVEB, Dave O'Leary Connections, Jo Lovell Cronin LVEB, Drawing tickets for Lee Valley Enterprise Board Christmas Draw at Connections, FitzGerald Street, Macroom.



Eire Og U21A Football Champions ©



Gill na Martra Winners of Tom Creodon Cup ©



Aghinagh U21 Team that won the U21 C County Championship in Paric ui Rinn, beating Robert Emmets from Newmarket.



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A Word of Victory

Welcome back dear reader, here we are at the final days of Christmas week and on the threshold of a brand New Year. Are you satisfied with where your life is right now? Well God has better plans for you but you need to find out what they are.

We encourage you to go to your own Bible or Google the Scriptures referenced here and study the Word for yourself. As we said last week many people are in difficult circumstances that they do not have the answers for, but God's Word is the answer for every problem.

The Lord Jesus, the Word of God, was born as one of us to bring God's plan of Salvation to earth. "The Word became flesh and dwelt amongst us" (John 1:5) God gave His Only Son to ransom us from sin, death and the powers of darkness because we needed a sinless Saviour to redeem us. We were all living in darkness consumed by sin, and could never pay for our sins by our own good works, so God in His love and mercy redeemed us Himself!

"The people who walk in darkness will see a great Light...for those living in darkness a Light will shine...to break the yoke of slavery and lift the heavy burden from their shoulders. He will break the oppressor's rod and destroy the armies against us...For a Child is born to us, a Son is given...the government will rest on His shoulders. And He will be called Wonderful Counsellor, Mighty God, Everlasting Father, and Prince of Peace. His government and its peace will never end" (Isaiah 9:2-7).

As we enter the year 2020 and the next decade, we pray God's protection and blessing upon you and your family dear friend. We pray that God will give you supernatural vision and fresh insight of His plans for your life, and that you will come into a deeper relationship with Him understanding the everlasting, passionate love that He has for you as you grow in the knowledge of His Word (Jeremiah 29:11; Romans 8:31-39; John 3:16).

We pray you will understand the authority that you have in Christ as you go forward into this new season and watch the Lord fight your battles and bring deliverance to you as you stand still resting in His love and peace (Exodus 14:13-14). Allow His love to complete you and fill the voids that the devil previously filled with pain and sorrow (Ephesians 1:17-23; Ephesians 3:14-21).

We have produced a Scripture Affirmations document for 2020, if you would like a copy please contact us below and we will post it or email it to you free of charge, or you can view it on our website wordofvictory.net.

God bless you and your family dear friend for a safe and peaceful Christmas and a very Happy New Year filled with the blessings of God!

See more at wordofvictory.net



[@WovKillarney](https://www.instagram.com/wovkillarney)

E: wovkillarney@gmail.com - T: 064-6622950 - wordofvictory.net

4TH ANNIVERSARY



In loving memory of

NED BARRETT

Carrigadrohid
5th January 2016

*Not a day goes by, that we don't speak
your name,
Nothing in our lives will ever be the same,
You locked in our hearts and there you
will stay,
Loved and remembered every day.
But its time now for you to rest,
In the arms of God above,
You have earned your place in Heaven,
Looking over those you love.*



Remembered with love by Kathleen,
Eddie, Susan, Declan, Katelyn and
the extended family and his ten
grandchildren.

9TH ANNIVERSARY



In loving memory of a wonderful father

MICHAEL MC SWEENEY

Dooniskey, Lissarda,
Who died on December 29th 2010

*Those we love don't go away
They walk beside us every day
Unseen unheard but always near
Time goes by without you,
Days turn into years
We have so many great memories
Of happy times we shared*

Sleep in heavenly peace Dad



Sadly missed by his loving family

PRAYER TO ST. THERESE



O glorious Saint Therese, whom Almighty God has raised up to aid and counsel mankind, I implore your Miraculous Intercession.

So powerful are you in obtaining every need of body and soul our Holy Mother Church proclaims you a "Prodigy of Miracles...the Greatest Saint of Modern Times." Now I fervently beseech you to answer my petition (mention here) and to carry out your promises of spending Heaven doing good upon the earth... of letting fall from Heaven a Shower of Roses.

Henceforth, dear Little Flower, I will fulfill your plea "to be made known everywhere" and I will never cease to lead others to Jesus through you. Amen.

Say the above for 9 days and you will receive a flower or a rose in some form during or after 9 days as an indication that your request will be granted.

16TH ANNIVERSARY



In loving memory of

JOHN KELLEHER

Clondrohid, Macroom,
Who died on
22nd December 2003.

*May the wind blow gently, and
whisper for you to hear,
How much we love and miss you
and wish you were still here.*



Always remembered with love by
your late mother Kate, brother Gene,
sisters Breda and Marie,
brothers in law, sister in law,
nieces, nephews, relatives,
neighbours and friends.

80TH BIRTHDAY REMEMBRANCE



In loving memory of

NORA WALSH

Mullinroe, Clondrohid, Macroom
Co. Cork

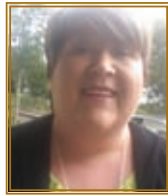
80th Birthday Remembrance
23rd December

*Mum's Birthday In Heaven.....
Your Birthday is a day I treasure though
you're no longer here – It reminds me of
such happy times that in heart, I hold so
dear. Even though I feel so sad that you
have gone away – I wouldn't change
anything or trade one single day. So thank
you for the memories that are with me
forever – I'll treasure those always 'till we
are back together.*



Love Mary, Paddy, Catherine, John,
Eileen, Margaret, Martina, Thomas,
Rosemary and Paul. Grandchildren and
greatgrandchildren

4TH ANNIVERSARY



In loving memory of

NOREEN WALSH

1 Fairfield Drive, Masseytown,
Macroom.

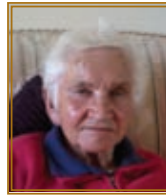
4th year anniversary 24th December

*Constantly thinking,
never to be the same.
The tears fall quickly
just hearing your name.
Surrounded by family,
We still feel alone.
Our heart is so empty.
This pain we must own.
We wish we could hug you
and just see your face.
But now we have memories
to stand in your place.*



Sadly missed by Mary, Paddy, Catherine,
John, Eileen, Margaret, Martina, Thomas,
Rosemary, Paul. Nephew's and Niece's

1ST ANNIVERSARY



In loving memory of

**MARY
O'LEARY**

Coolcower, Macroom

Who passed away on the
4th January 2019

*Thank you to all the people
who helped Mary in any way*



Forever in our thoughts
Sadly missed by her loving family.

3RD ANNIVERSARY



In loving memory of

JIM FLEMING

8 Belmont Place, Co. Cork.

Who died on 20th of December 2016

*Don't remember me with sadness
Don't remember me with tears
Remember all the laughter
We shared throughout the years*

*So please don't be unhappy
Just because I am out of sight
Remember that I am with you
Every morning, noon and night*



From his loving wife Sheila.
Sons, Paul, Brian, James
and daughter Tina and grandchildren.

Anniversary Mass in Kilmurry Church
at 8pm Saturday night 21st December

16TH ANNIVERSARY



In loving memory of

**JOAN
HEALY**

Kilgobnet, Clondrohid

Who died on the
2nd January 2004

*Just a prayer from the family
who loved you.
Just a memory fond and true.
In our hearts you will live forever
Because we thought the world of you.*



Lovingly remembered by
Helen, Dan Colette, Margaret
and their families

12TH ANNIVERSARY



In loving memory of

**AUSTIN
COONEY**

Carrigaphooka, Macroom
Who died on the 29th Dec 2007

*They say that time will heal the pain,
But Austin that's just not true.
No matter how much time goes by,
our hearts still ache for you.
At first we counted days and weeks,
Today we're counting years.
We cannot count the memories, Nor
can we count the tears.
If wishes could be granted, And all our dreams
came true.
What we would wish for more than anything,
is to have more time with you.*



*We will never forget you, missed always by
your mother, heartbroken brothers & sisters-
Roger, Ann-Marie, Mary Frances, Mossy, Kay &
Edwina, aunts & uncles.*

**28TH BIRTHDAY
REMEMBRANCE**



In loving memory of our dear
son & brother

**MARK
DUGGAN**

Moulnahorna, Macroom.
Whose 27th birthday occurs on
18th of December

*Happy Birthday Mark
Gone are the thoughts we used to share.
But in our hearts you are always there.
The gates of memory will never close.
We miss you more than anyone knows.
With tender love and deep regret.
We who love you will never forget.*



Lovingly and Fondly remembered by
parents Eddie & Margaret, brothers Denis,
Alan, Eddie, Luke & Owen, sisters Tracey
& Niamh

10TH ANNIVERSARY



In loving memory of

**JERRY
DENNEHY**

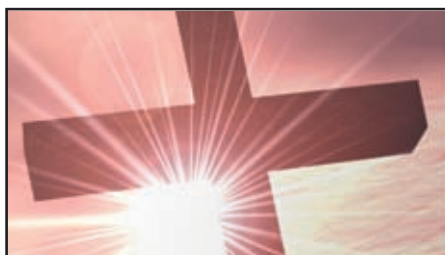
Shandangan, Carrigadrohid, Co. Cork

whose anniversary occurs on the
2nd January

*No matter how life changes
No matter what we do
A special place within our hearts
Is always kept for you.*



Lovingly remembered by his wife
Teresa, son Sean, daughters Bernadette,
Cathleen, Breeda, Carmel, Aileen, Colette,
Noreen and Grandchildren.



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1 WEEK PRIOR TO PUBLICATION**

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2ND ANNIVERSARY



In loving memory of

CAROLINE SWEENEY O'DONOGHUE

30/12/2017

*We're missing you a little more,
each time we hear your name,
we've cried so many tears,
yet our hearts broken just the same.
We miss our times together,
things in common we could share,
but nothing fills the emptiness
now you're no longer there.
We've so many precious memories
to last our whole life through.
Each one of them is a reminder
of how much we're missing you.*



Missing your smiling face and thinking about you always and in our hearts all the time.

Sadly missed by Jamie, Zara, Anthony, Mam, Michelle, David, Liz, Jer, Garry, Danny, Katie, Uncles, Aunties, Nephews, Nieces and goddaughter Katelynn

2ND ANNIVERSARY



In loving memory of

CAROLINE SWEENEY O'DONOGHUE

30/12/2017

*Mom we miss you so much, we wish you were here
But you are in our hearts everyday.
You were the best mom ever.*



Love Jamie & Zara

3RD ANNIVERSARY



With love and pride we remember

FINBARR CORKERY

Ballyvoigue, Kilnamartyra,
Sunset 29-12-2016

*As we lovingly remember Finbarr on his
3rd Anniversary which occurs on the 29th
of December.*

*He went away without farewell
He said goodbye to none
But Heaven's gate was open wide
And a loving voice said "Come"
Beside his grave we often stand
Our hearts are tired and sore
But through the gloom
There comes the words
"Not dead, just gone before."*



Always remembered by Ann Marie, John, Noelle & Con

3RD ANNIVERSARY



In loving memory of

JEREMIAH O'DRISCOLL

Whose First Anniversary occurs at
this time.

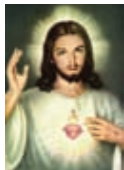
*If we could visit heaven even for a day,
Maybe for a moment,
the pain would go away.
We'd put our arms around you,
and whisper words so true,
that living life without you
is the hardest thing to do.
No matter how we'd spend our days,
No morning dawns or evening falls,
when we don't think of you.*



Sadly missed and always remembered by his loving wife Ann and children and sister Mary.

Anniversary Mass in Ballinagree Church,
22nd December at 11 o'clock

NOVENA TO THE SACRED HEART



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen.

Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer.

JK

21ST ANNIVERSARY



In loving memory of

MAURA TWOMEY

Leicester
(late of Coolnacahera, Ballymakeera)
whose anniversary occurs on
3rd December 1998

*No matter how life changes,
No matter what we do,
A special place within our hearts,
Is always kept for you.*



Sadly missed by your nephews Patrick, Gerard and Diarmuid

2ND ANNIVERSARY



In loving memory of

DENIS MOYNIHAN

Milmorane, Ballygeary,
Macroom, Co. Cork
who died on the
28th December 2017

*Those who die in grace
go no further from us
than to God
and God is very near.*



Remembered by his loving family

BIRTHDAY REMEMBRANCE



PADDY MC CARTHY

*Time may pass and fade away but silent
thoughts and memories stay.
He lived for those he loved and those he
loved remember.
Sixth Birthday away from Family and
Home - in loving memory of our Paddy
whose birthday occurs December 23rd.
Thinking of you, but that is nothing new,
for no day dawns, and no day ends, when
we don't think of you.*



Cherished and grievously missed by your loving wife Eileen, sons Noel and Brendan, grandchildren, relatives and friends.

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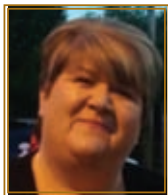
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Regular Column: €35
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4TH ANNIVERSARY



In loving memory of

NOREEN WALSH

Who died on the
24th of December

*Thinking of you today
Always missed*



From Son David daughter Victoria
and daughter in law Mia
brothers, sisters, niece and nephews,
family and friends.

5TH ANNIVERSARY



In loving memory of a dear husband,
father and grandfather

DENNY CRONIN

Cahirkeeen, Kilnamartyra whose
5th anniversary occurs on 7th
January.

*A daily thought a silent prayer,
a constant wish that you were here,
an empty place no one can fill,
we miss you today and always will.*



Always remembered by his wife Kate,
daughter Siobhan, sons Pat, Denis,
Gearoid and families.

3RD ANNIVERSARY



In loving memory of

MICHAEL A. COAKLEY

late of Mountmassey, Macroom,
Co.Cork
who died on December 27th 2016.

*Happy memories will keep forever,
Of days when we were all together,
They bring a smile often a tear,
But always a wish you were here.*

*Will those who think of Michael today a
little prayer to Jesus say.*



Sadly missed by his wife Bridget
and family.

*Anniversary Mass on Friday 27th
December at 10am*

3RD ANNIVERSARY



In loving memory of

DIARMUID O'CONNELL

Ballymakeera, Macroom, Co. Cork
Who died 9th January 2017

*We think of you in silence,
We often speak your name,
But all we have is memories,
And your picture in a frame.
Your resting place we visit,
And put flowers there with care,
But no one knows the heartache,
As we turn and leave you there.*



Sadly missed by his wife Ina and family.

CHRISTMAS REMEMBRANCE

In loving memory of

PAT O'REGAN

Codrum, Macroom
Whose 18th Anniversary occurs on
St Stephen's Day

*Thinking of you today and always
And especially at this time of year*



Remembered with Love
from Breeda, Jonathan, Jason and
Emily Jane



CHRISTMAS REMEMBRANCE

In loving memory of

DANIEL, MARY AND PAT O'REGAN

Codrum, Macroom

*It doesn't take a Special Day To bring you
to our mind, For days without a thought
of you are very hard to find. You always
tried your best, your hearts were pure and
tender, you simply lived for those you
loved and those you love remember.*



With much love and cherished memories
from Michael O Regan, Codrum,
Macroom and England.



25TH ANNIVERSARY



In loving memory of

SEÁN MURPHY

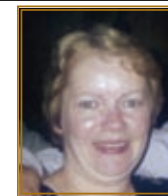
Cooldorrihy, Kilmichael
Died on Christmas Day 1994

*Your gentle face and patient smile,
With sadness we recall,
You had a kindly word for each,
And died beloved by all.*



Remembered by your loving family.

15TH ANNIVERSARY



In loving memory of

TERESA KELLEHER

Masseytown, Macroom
Who died on the 1st of January 2004

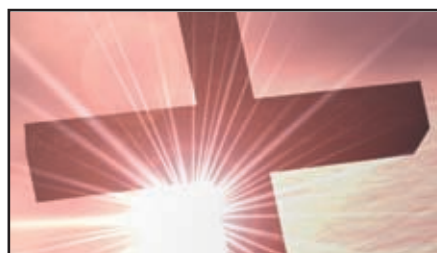


*There are times
When prayer is
The only gift
We can give
One another...*




Loved and sadly missed always by
Your loving husband Denny.




xxx






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| | |
|--|---|
| 43RD ANNIVERSARY | 1ST ANNIVERSARY |
|  |  |
| In loving memory of | In loving memory of |
| SEAN ROCHE | MARGARET (PEGGY) ROCHE |
| Coolnacahera, Ballymakerra who died on 14th October 1976 | who died on 28th December 2018 |
| <i>There is always a face before us, a voice we would love to hear, a smile we will always remember, of a Mam and Dad we loved so dear. Deep in our hearts lies a picture, more precious than silver or gold, It's a picture of our Mam and Dad, whose memory will never grow old.</i> | |
|  | |
| Sadly missed by your sons Patrick, Gerard and Diarmuid, grand daughters Melaine and Shauna, great grandson Tyler John. | |
| <i>St. Gobnait, St. Aban, St. Colman, St. Jude, St. Anthony, St. Pio, St. Peregrine Pray for them.</i> | |

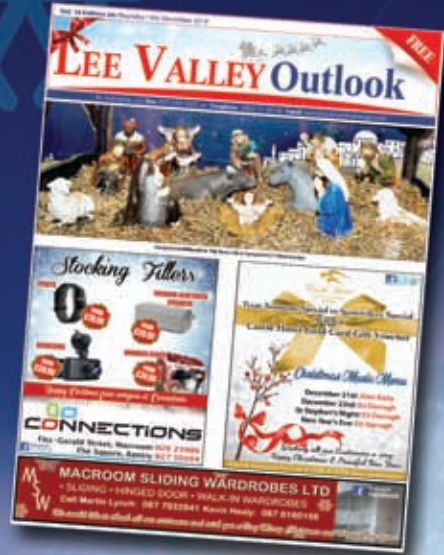
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|---|---|
| 27TH ANNIVERSARY | 25TH ANNIVERSARY |
|  |  |
| In loving memory of | In loving memory of her Husband |
| BESSIE FREER | ALLEN JOHN FREER |
| Leicester and late of Coolnacahera who died on the 23rd December 1992 | Leicester who died on the 2nd June 1994 |
| <i>No matter how life changes, No matter what we do, A special place within our hearts, Is always kept for you.</i> | |
|  | |
| Sadly missed by your nephews Patrick, Gerard and Diarmuid | |

| | |
|--|---|
| ANNIVERSARY | |
|  |  |
| In loving memory of | In loving memory of |
| KATHLEEN HORGAN | JOHN HORGAN |
| Who died on 14th January 2004 | Who died on 11th December 2011 |
| 6 St. Gobnait's Terrace, Ballymakeera, Macroom | |
| <i>When nights are cold and stars are few, I close my eyes and think of u. A silent hope, a silent tear, a silent wish that you were here.</i> | |
|  | |
| Always remembered & sadly missed, by your loving family. | |

| | |
|---|---|
| ANNIVERSARY | |
|  |  |
| In loving memory of | In loving memory of |
| MICHAEL TWOHIG | JOAN TWOHIG |
| 17th Anniversary Who passed away on 6th January 2003 | 3rd Anniversary Who passed away on 7th January 2017 |
| Pullerick, Crookstown | |
| In loving memory of our dear Mom and Dad whose anniversaries occur around this time. | |
| Our Lady of Knock pray for ye both | |
| <i>No length of time can take away Our thoughts of ye from day to day Time slips by and life goes on But from our hearts ye are never gone.</i> | |
|  | |
| Sadly missed but fondly and lovingly remembered | |
| XX | |

| | |
|---|---|
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|---|---|


 **MERRY** 
CHRISTMAS
AND HAPPY NEW YEAR



ALL THE TEAM IN THE LEE VALLEY WOULD LIKE TO SINCERELY THANK ALL OUR ADVERTISERS, CONTRIBUTORS & OUR READERS FOR THEIR SUPPORT & GOOD WILL IN 2019.

WE WISH EVERYONE A VERY HAPPY, PEACEFUL & ENJOYABLE CHRISTMAS. CONTINUED SUCCESS & HAPPINESS FOR 2020.

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