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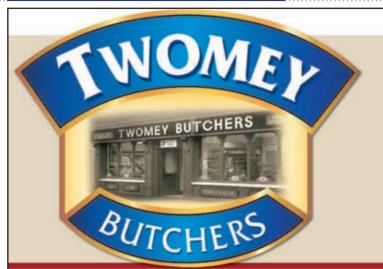






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MACROOM UPDATES

ST PATRICK'S DAY 2019 IN MACROOM

With the absence of guests from Philadelphia and Marcallo con Casone and Bubry, our twin towns in Italy and France, it was feared that Macroom's 2019 St. Patrick's Day parade would be a subdued affair. The opposite was true. Huge crowds turned out to interact with and cheer on their own, be they businesses, associations, sports clubs, youth clubs, dance groups et al. It was a great display and reaffirmed the spirit of community and volunteerism in the Lee Valley.

The parade was delightfully punctual and fast moving. A colour party from the Defence Forces led a vintage car carrying the 2019 Grand Marshal, 89 year old Betty Somers, to the reviewing stand where she received a presentation from Pat O'Connell, Chairman of the Lee Valley Enterprise Board. Ms. Somers, a native of New Jersey, U.S.A., has been visiting Macroom twice a year since

2000. She said it was one of the best day's of her life and a great honour to lead the Macroom event.

The parade continued with the iconic Bandon steam engine and a huge variety of cars from Muskerry Vintage Club. Cullen Pipe Band was led by Con Houlihan and ushered in a raft of local clubs - West Muskerry A.C., Laochra Óg Camogie and Hurling Club, Ardilaun Ladybirds, Macroom Foróige. Scoil Rince Uí Shúilleabháin gave a lovely display of Irish dancing and were followed by Macroom Karate Club and St. Colman's BNS. band. Ballinagree Vintage Club had a humorous float proclaiming No Hard Border at Mushera Platform and Ballinagree COPE was followed by Countess Markievicz, also via Ballinagree. Casey's alpacas were a great hit with the crowd; Bealnamorrive's Daffodil Day was highlighted

and Canovee GAA brought a touch of black and amber to the parade. The combined Macroom Ladies Football Club, Juvenile GAA and Juvenile AFC were followed by members of the Crowley Clan and St. Val's Ladies Football Club was followed by Men's Shed. The Aideen Johnson School of Dance group were spectacular and put on a great display, advertising their upcoming show. Macroom Scouts were followed by the CDYS Good Life Project. A good number of commercial floats advertised their horsepower and the services they provide, all for free. The Lee Valley Enterprise Board dragon and a group of jugglers brought a most successful parade to a conclusion.

The rain held off. It wasn't cold and the stewards and organisers are to be congratulated on a hugely successful event.



Grand Marshal 2019, Betty Somers, New Jersey, receives a presentation from Pat O'Connell, Chairman, LVEB, to mark her 20th year in Macroom for the St. Patrick's Festival ©Lee Valley Outlook



Mushera platform plans for the summer ahead at 2019 Macroom St. Patrick's Day Parade ©Lee Valley Outlook

WINNERS IN MACROOM ON ST. PATRICK'S DAY

SHOP FRONT:

1st Enchanted Flowers. 2nd Vaughan's Cafe. 3rd Clancy's Fresh Fish.

COMMERCIAL FLOAT:

Tim Lyons

NON COMMERCIAL:

1st The Men's Shed. 2nd Ballinagree Vintage.

MARCHING GROUPS:

1st Aideen Johnson **DANCE TROUPE.**

2nd Laochra Óg Hurling Club.



Aileen Johnson School of Dance at 2019 Macroom St. Patrick's Day Parade $\, {}^{^\circ}\!$ Lee Valley Outlook



Laochra Óg Camogie and Hurling Club at 2019 Macroom St. Patrick's Day Parade ©Lee Valley Outlook





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MACROOM UPDATES



The Blarney Stone

'The Blarney Stone', a brand new musical set in 1928, is based on an original, unpublished work by John McDonagh, brother of Thomas McDonagh, poet and patriot. The intriguing plot takes many twists and turns, before its 'happy ever after 'ending.

The opening has Blarney entrepreneurs seeking to develop their struggling tourist industry and extend the stay of visitors to the area. Plus sa change, plus la même chose. The hotel owners in Blarney are planning some traditional entertainment to detain tourists who come to kiss the legendary Blarney Stone, Cliodhna, the Queen of the Fairies, the local leprechauns and síóga are all part of the plot, as is a wealthy Yank, back to wallow in family history, with tales of Famine, eviction, emigration, the Workhouse, all included.

The show has plenty comedy, with caricatures of the stage Irish hotel porter, the limp and lisping English lord and the slick and opportunistic American fly-boy. And all this with wonderful music and singing. This show will delight Irish audiences and would be particularly suitable for foreign tourists seeking a light-hearted introduction to Irish history, humour and toe tapping music.

Rehearsals are well underway for the world premiere of the new Musical, The Blarney Stone which will be staged in the Riverside Park Hotel, Macroom on 25th, 26th and 27th April also 3rd and 4th May and Cork Opera House on May 29th.



Some of the cast of The Blarney Stone at early reading. ©Lee Valley Outlook

De la Salle



John Kennedy presenting a signed Cork City FC jersey to De la Salle fourth years, Peter Murphy and JK Long, in memory of teacher, Pat Gould. ©An Scoil

Cork City Supporters Club has kindly donated a signed jersey by Cork City players to De La Salle College. The donation was made in memory of our colleague, the late Mr. Pat Gould, who sadly passed away in September. A representative of Cork City Supporters Club, John Kennedy, visited the school to present the jersey. Pat was a huge Cork City supporter and enjoyed many lively discussions with students over the years on matches and players' performances. We are very grateful for this donation which is a poignant reminder of Pat and his passion for the sport. A particular word of thanks to our Fourth Year student, Peter Murphy, also an avid Cork City fan, who contacted the club and made the donation possible.

Seachtain na Gaeilge. "BeathaTeanga í a labhairt" BhíSeachtain na Gaeilge faoi lán seoil an tseachtain seo i gColáiste De La Salle. Bhain idirdhaltaí agus mhúinteoirí taitneamh agus tairbhe as na himeachtaí a bhí ar siúl le linn na seachtaine. Ghlac daltaí ón mBordeaux páirt i gCéilí le daltaí ón gcúigiú bliain. Thaitin



The TY technology class at De la Salle with their self made console tables. ©An Scoil

'lonsaí na hInse' agus 'Rince naScuaibe' go mór leo! I measc na himeachtaí eile a eagraíodh le linn Seachtain na Gaeilge, rinne an cúigiú bliain pancóga ar Lá na hInide, ghlac an chéad bhliain páirt i gcomórtas seanfhocail agus scríbneoireacht an Chló Ghaelach, agus bhí tráth na gceist ag narangannaeile. Bhíceoltraidisiúntaagusamhranaíocht cloisteáil ó na seomraí Gaeilge tríd na scoile. Gan dabht, ba sheachtain thaitneamhach, bhríomhar agus spraíúil ab ea í. Is fíor a rá "Tír gan teanga, tír gan anam".

Green Flag. Transition Year students who are in the process of receiving their 'Gaisce President's Award' were treated to a very informative and beneficial talk from a guest speaker from An Taisce. The organisation runs 'Neat Streets', an anti-litter and waste educational programme for Secondary School students nationwide. This talk is part of the school's application for our first Green Flag. The key messages on the day were 'You're never too small to make a difference' and 'Act locally whilst thinking globally'.

Then and Now. De La Salle students recently took part in the competition 'Then & Now'. This was run by the De La Salle Order in all the De La Salle schools in Ireland. It is part of the ongoing celebrations to mark the tercentenary of St. John Baptist De La Salle. The students - Fionn Crowley, Aaron O'Riordan, Marcin Olesky, Gerard Collins & Shane Hurley (category winners), Maciej Byrdziak, James O'Connor, StiofánMcSweeney, Íllan Walsh, Kieran O'Connell, Max Wyczynski (prize winner), Seán Murphy, Jack Devine and Jonah Dervin - went to Castletown on March 6th with their various submissions, which included videos, sculptures and artwork. An award was won by Gerard Collins and Shane Hurley (fifth year) for their excellent video submission which can be viewed on our website and Facebook page. A second award was won by Max Wyczynski (second year) for his drawing. Well done to these talented students on very impressive work.

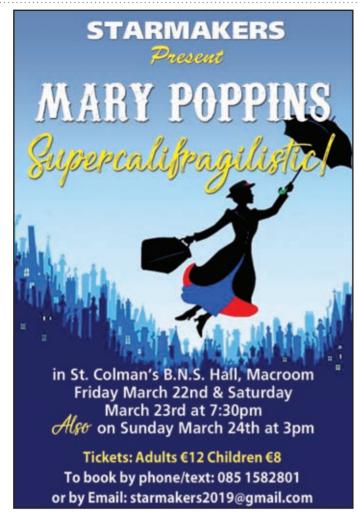


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MACROOM UPDATES

ews from St Mary's

Wellbeing Week began with class groups writing positive Mental Health messages on ribbons which they tied to the railings at the entrance gate of the school. The initiative organised by the Students Council was a visual display to the community that we were celebrating Wellbeing. Students also worked on a Self-Worth Exhibit, where class groups were allocated a characteristic of high Self Worth to present in 2D/3D on the top corridor of the school. Along with in-house activities and Random Acts of Kindness, the school arranged several presentations from outside speakers from a Wellbeing perspective. Angelina Ryle, Director of "Hero starts with Her", delivered a workshop to first years on the topic of Anti Bullying. The school's Wellbeing Ambassadors invited Angelina to launch the Wellbeing mascot in the school and a new personal advice service. From this week onwards, students will be able to post their concerns /worries / questions anonymously to the "Eeyore Post Box", then the Wellbeing Ambassadors will respond to all the gueries on an electronic classroom. As a school, we are excited about this new initiative since it is one that the Wellbeing Ambassadors have identified as one that would add to the wellbeing of students in the school.

Fourth, fifth and sixth years received a presentation on sexual health from Liam Doocey who co-wrote a book on the topic recently, while a psychotherapist addressed the topic of "dealing with anxious moments" with senior students. First and Second Years had a very enjoyable afternoon where they



Leaving Cert Students at St. Mary's putting positive message ribbons on the school gate during Wellbeing week ©An Scoil

chose two, one hour workshops from a list which included Music, Art, Circuit Training, Self Defence, Yoga, Reading and Circle Time. This gave the girls exposure to fun activities which they could integrate into their own lifestyle to protect their Mental Health. Third years received an inspiring talk from Mr Collins, a teacher in the school, on their "Lifestyle Choices". Here the girls were challenged to look at our society's approach to drinking and the alternative lifestyle which young people can choose to engage in. Transition Year students also got a presentation entitled "Beat the Blues" from the organisation, Aware. The Students Council is also in the process of organising a Colour Run for both students and staff on April 11th, which will complete the Wellbeing schedule for this year.

Seachtain na Gaeilge. Ghlac na daltaí an taitneamh as seachtain na Gaeilge. Eagraíodh ceilí do bhliain a haon a dó agus a ceathair. Bhí an t- adh linn i mbliana mar bhí daltaí ón bhFrainc linn do cheilí bliain a dó. Léirigh daltaí an suim san ealaín sa chomortas postaeir. Ghlac muintir bliain a 3 an sult as an mbricfeasta. Cheap bliain a 5 go raibh an tráth na gceist dúshlánach. Bhí slua mór i láthair ón 6ú bliain don chiorcal cainte. Rinne bliain a dó an oibre don amhrán. 1st year camogie team had a great win when they played Coachford Community College. The annual French Exchange between St Mary's, De la Salle and St Genes Talence in Bordeaux began March 11. 30 French students and 4 teachers stayed in Macroom for 10 days and they were with us to celebrate St Patrick's Day. They experienced school life in both St Mary's and in De la Salle as well as visiting Skibbereen Heritage Centre and Sherkin Island, the Toy Soldier Factory, Mitchelstown Caves, Cobh Heritage Centre, Cork City Gaol and of course, Killarney! The return visit begins March 25th when students and teachers from St Mary's and De la Salle will go to Bordeaux for 10 days.



"Fresh Start" — a Green Schools recycling initiative aimed at local primary schools in the area held recently at McEgan College ©An

judges included Mr. Martin Coughlan, Macroom Tidy Towns, Ms. Eileen Lynch, Mr. Dennehy, Metalwork Teacher and Robin Kiss, a Transition Year student. The competition was outstanding, with plenty of talent on show. Well done to all the winning schools, Cloughduv, St. Colman's, St. Edna's Kilnadur, Muinefluich and St. Joseph's. TY students also showcased some of their entries in the Junk Kouture competition - fashion designs made from recyclable materials. Well done to Miss Murphy and all the transition year students in McEgan who put this competition together.

Youghal Film Festival. The staff and students of McEgan College were eager to attend the First



McEgan Students attend Youghal Film Festival with their English

Junk Kouture. On March 6, McEgan College hosted "Fresh Start" – a Green Schools recycling initiative aimed at primary schools in the area. Under the guidance of Ms. Murphy, and with the help of Transition Year students, the event left no stone unturned and produced a very memorable, creative competition for primary school pupils. A total of ten primary schools entered the competition, with 193 pupils showcasing their projects. Pupils in 4th class were tasked with designing and making an animal; 5th class, a super hero while 6th class, a vehicle. All the entries had to use recycled material. The aim of the initiative was raising recycling awareness. The Cut 2019, a Youth Film Festival in Youghal on the 8th of March. There was huge excitement as we had four entries and our fifth years' short film on mental health featured as a guest film. The first part of the day took place in the Regal Cinema and the second part at the Mall Arts Centre. There was a buzz in the air as it was their 10th anniversary festival. The students were really looking forward to seeing the final version of their films on the big screen. The films got a great response from the audience. Unfortunately on this particular occasion we did not place. However we were so proud of our students' efforts throughout the process.



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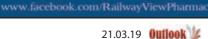




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LEE VALLEY UPDATES



Macroom Library

Art Exhibition – During March, the library will display Art created by Keith Kennedy. His first collection combines local history with comics and depicts an action-packed story featuring several local places in Cork. His second collection is a number of fun portraits of dogs in 19th century dress! Ciorcal Cainte will take place on March 28th at 11.30am. Adult Book Club will be meeting on April 3rd at 11.30am to discuss 'The Good Italian' by Stephen Burke. Purlies Knitting Group will meet on April 4th at 11.30am.

Next time you visit the library, be sure to enquire about all of our free online services. Library members can access e-Books and e-Audiobooks through BorrowBox, and e-Magazines through the RBdigital app, don't be afraid to ask a staff member about these if you are unsure about how to set them up. You might be interested in searching for an old newspaper article from years ago, in which case you can access several newspaper archives on our computers. We also have over 500 online courses available if you would like to begin an e-learning course - business, crafts, history, web development and many more. You can also use our Mango language courses to help you learn any language you wish. You'll also have access to Encyclopedia Britannica which has all sorts of facts and information. All you need to do to use these online services is join the library, and it's completely free! Photo I.D and Proof of Address is required for adults and for quardians of children.

Please visit https://www.corkcoco.ie/libraryservices too for more info.

Music Morning. Gill Vahey, with the help of Eddie Hogan, presented the March Music Morning to a capacity audience at Macroom Library. Gill's selection took her on a trip down Memory Lane, visiting many countries en route. Starting with London Pride, Elgar's Nimrod followed and thence to Wales and Land of my Fathers. Poor Wandering One from Pirates of Penzance led on to the love theme from Romeo



Joe Creedon with a section of the audience who enjoyed his Seachtain na Gaeilge presentation, 'Uíbh Laoire in Song & Story', at Macroom Library. ©

and Juliet by Andre Previn. A selection of music on the mandolin was followed by Morning from Pier Gint and I Hate Men from Kiss me Kate was an interesting choice for National Women's Day! Bless your Beautiful Hide from Seven Brides for Seven Brothers led to Jerusalem and then two marches, one from Aida and the other from A Midsummer Night's Dream, guided the audience to Macroom, where Rita Lynch proclaimed There's no Place Like Home.

Feis na mBia in National Finals

An enterprising group of 5th year students from Coláiste Ghobnatan, Baile Mhúirne, are taking part in the 2019 Junior Achievement Programme. Their company, Feis na mBia, is publishing a bilingual recipe book – Oidis Sláintiúla don Duine Gnóthach - Healthy Recipes for Busy People. They were delighted to win the regional finals in Dingle recently and are now looking forward to the national finals in April. Their company slogan is: Bia Sláintiúil - Saol Beatha.

Tá seisear sa bhfoireann: Cathal Ó Spiolláin Keoin Ó Cróinín, Rachel Ní Dheasúna, Aoibh Ní Chríodain, Denis Ó Croinín agus Grace Ní Mhurchú. Chabhraigh a múinteoir gnó, Mandy Ní Chéilleachair agus a dtreoraí, Lenneke Willems, go mór leo san obair.

Each member of the group played a different role in preparing the book. They sourced all the recipes from family or from dishes they have prepared over the years. With a wealth of iconic local products, Cúl Aodha cheese, Macroom Buffalo Mozzarella, Folláin products and De Róiste puddings feature in many of recipes,

as the team strongly believes that by using local produce, it supports local companies and employment and also cuts down on carbon footprint, as you don't have to travel far to get your ingredients. Besides, they are simply the

Feis na mBia's mission statement is: Saol an duine gníomhach a fheabhsú tríd bia simplí agus sláintiúil. All the recipes are fast and healthy and ideally suited to busy people, young and old. They can be made the night before or may be whipped up very fast. The book is in English and Irish, a very important factor as there is no other bilingual recipe book available. As well as novel recipes, it is also a great and unique way to learn Irish while making a tasty, healthy meal!

Healthy Recipes for Busy People will be available from the school and local shops from the end of April. Feis na mBia are tuned in to Social Media: Twitter:Feisnambia Instagram:Feisnambia1 Or if anyone has any questions, they can contact us by email at feisnambia@gmail.com.



Leabhar Cócaireachta Feis na mBia – Oidis Sláintiúla don Duine Gnóthach. ©An Scoil

Dromleigh N.S., Kilmichael

The pupils of Dromleigh N.S., have had a busy few months. On March 4th, four 6th class pupils represented the school in the All Ireland final of the Intel Mini Scientist Competition; one of only twenty three schools nationwide invited to participate. Their project, "Could Algae Save The World?", elicited a great deal of attention and they have also now been invited to present their findings at The Young Scientist Science Blast for primary schools in Limerick in May. Senior Class pupils travelled to Killarney recently to take part in the Regional Spikeball finals. The school has had considerable success in this sport (a schools version of volleyball) and all pupils get a chance to take part. This time, one of the girls' teams reached the final, with the boys' team reaching the quarter finals. Well done to all. A large group from the school participated in



Dromleigh N.S., Kilmichael, national finalists in the Intel Mini Scientist competition with their project, "Could Algae Save The

the recent Scór na bPáistí competition. Pupils participated in Instrumental group, solo dancing, ballad group, solo singing, solo instrumental, guiz and recitation. The instrumental group, solo dancing, quiz, recitation participants advanced to the Muskerry Final. Well done.

The school is now accepting applications for enrolment for September 2019 and future years. Visit our website www.dromleighns.ie to catch up on school news and to download an application form. School tel: 026 46212 or 086 8232717. The school is also delighted to announce that Bright Beginnings, a new childcare facility for Kilmichael and surrounding areas, is opening from September 2019. This new initiative will provide a preschool, breakfast club and afterschool service. It will be located in the school building, providing a safe comfortable facility for young children.



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Killian Lynch Auctioneers are pleased to present this very deceptive 3 bedroo bungalow and garage with granny flat / storage area. The property which comprises of C. 1,400 sq.ft. Ilving accommodation is in pristine condition throughout after being modernized and insulated to a very high standard in recent years. This is a very attractive property with south facing private rear gardens and is located centrally with local shop and pub within the village, BER RATING: Pending

GUIDE PRICE: €220,000



NO. 32 THE GLENTIES, MACROOM, CO. CORK P12 ET93

Killian Lynch Auctioneers are pleased to present this 3 bedroom semi detached house located in a sought after development on the western side of Macroom town, With only inutes walking distance from Macroom town centre, the property which comprises of C. 1,000 sq.ft. living accommodation is in good condition throughout with a spacious rear garden. Set on the Killamey side of Macroom, located just 35 minutes from Cork. City. BER ghout with a spacious rear RATING: C3 (102253473)

GUIDE PRICE: €190,000



NO. 29 THE GLENTIES, MACROOM, CO. CORK P12 X265

Killian Lynch Auctioneers are pleased to present this 3 bedroom semi-detached house located in a sought after popular development, only minutes walking distance from Macroom Town. The property which comprises of C 1,000 sq.ft. Iliving accommodation is in good condition and being an end house has extra large gardens. Set on the Killiamey side of Macroom, located just 35 minutes from Cork City, BER RATING: D1 (111470340)

Guide Price: €195,000



NO. 27 OAKWOOD, MACROOM, CO. CORK, P12 DW25 Killian Lynch Auctioneers are pleased to offer this spacious 4/5 bedroom detached residence situated in one of the more sought after developments in Macroom town. This property which comprises of C. 2,000 sq.ft. living accommodation is in pristine condition throughout making it an ideal family and comes with landscaped gardens to the rear. Macroom town is located C. 30 minutes west of Cork City. BER RATING: C3 (109912634)

GUIDE PRICE: €290,000



LOWER CODRUM, MACROOM, CO. CORK P12 EE39 Killian Lynch auctioneers are pleased to offer this newly refurbished 4 bedroom bungalow, situated on C. 0.25 acres landscaped gardens. This property which is in pristine condition throughout comprises of C. 1,300 sq.ft. living accommodation and is an ideal condition throughout comprises of C. 1,300 sq.ft. living acco family home. Located in a sought after setting, within walking distance from Macroom town and C.35 minutes from Cork City, BER RATING: Pending

GUIDE PRICE: €275,000



THE GLEBE, COACHFORD, CO. CORK P12 A718

Killian Lynch Auctioneers are pleased to present this 5 bedroom detached dormer bungalow comprising of C. 2,340 sq ft living accommodation. This property which is in pristine condition throughout is exceptionally well laid out and has the highest quality of finishes with many extras to include, solar panels, electric gates, tarmacadam driver solid nak flooring, solid ash kitchen & much more. BER RATING: B3 (110552361)

GUIDE PRICE: €335,000

LEE VALLEY UPDATES



Carriganima Parade: Once again the weather was kind to organisers, participants, and spectators in this annual parade. Rev. Fr. Wickham was the Grand Marshal again this year, and Seanie Murphy did an excellent job as M.C. The school children, and local businesses and local people took part. Thanks very much to Ballinagree and Millstreet for their input. The crowd clapped and cheered everyone as they passed. Local politicians were well represented there. The celebrations continued in the pub later on, to the sound of D. J. Mike. Well done Carriganima.

Cork county community development initiative: Cork County Council, in association with LCDC, recently announced some of their grants, and Clondrohid Hall Committee were delighted to be one of the lucky recipients They received €15,000, so well done to all who helped in putting this application together. Hopefully there will be more to follow.

Community meetings: IRD Duhallow will hold a

Clondrohid Updates

series of community meetings during March and April to give people an opportunity to discuss their ideas and plans for their communities as well as hear of opportunities. You are invited to attend a meeting in your locality; all meetings will be attended by representatives of IRD Duhallow Board and Staff. The Meeting for Clondrohid Carriganima and surrounding areas will be held in the Community Hall, Clondrohid, on Monday Night April 1 at 8pm. IRD are asking that all groups in the Parish (G.A.A. Recreational Facility, Hall Committee, Creche, Development Group, Active Retired ,Pastoral Council, Board of Management, Parents Assoc., Text Alert, IFA, Political, etc).be represented at this meeting, as well as those not involved in any organisation to attend so that IRD are best placed to support Your attendance and support at this Community meeting is very important to the area going forward.. Please mark it in your diary. Line dancing: The organisers of this fun form of exercise would like to encourage everyone to come and join them in the Community Hall Clondrohid this Thursday night and every Thursday night from 7.30 to 8.30pm. Great company, great night assured.

Operation transformation: will continue for a few more Monday nights. So come out and have some fun while getting in that all important bit of exercise. Plans are being made to climb Mushera at a future date. Onwards and upwards. Set dancing Bingo and cards: Continue on Tuesday Wednesday and Sunday nights. Please support.

Public talk: Head injuries, Concussion, Healthy heart, Minor pitch side injuries and First aid, all that parents and coaches need to know, are all topics up for discussion in Rusheen Hall on Friday March 22 at 7.30pm. Consultant Dr. Niamh Lynch, Prof Carl Vaughan and Rena Buckley will all be in attendance on the night to answer questions. Tickets €10 on the door. Proceeds to Ballyvongane N.S.

Nuacht Scoil Mhuire

Bernard Casey. Thug an fuirseoir ó Chiarraí, Bernard Casev, cuairt orainn ar an 6ú lá Márta. Dhein sé dhá cheardlann grinn agus drámaíochta leis na daltaí, ceardlann leis na daltaí sóisearacha agus ceardlann eile leis na daltaí sinsearacha. Bhí ana éileamh ar na ceardlanna agus bhaineamar sárthaitneamh astu. Is cinnte gur chuaigh sé i bhfeidhm go mór ar dhaltaí na scoile agus cá bhfios ach go mbeidh scata fuirseoirí againn amach anso!

Treodóireacht 11ú Márta bhuail daltaí Scoil Mhuire le daltaí Choláiste Ghobnatan i nGúgán Barra agus chuamar i mbun treodóireachta. Foirne de cheathrar a bhí ann le beirt ó Scoil Mhuire is beirt ó Choláiste Ghobnatan ar aon fhoireann. Chaitheamar thart ar dhá uair a' chloig i mbun treodóireachta ann. Chabhraigh lucht idirbhliana Scoil Mhuire go mór le reachtáil na treodóireachta agus bhíomar ana bhuíoch dóibh maraon leis na múinteoirí éagsúla a d'eagraigh an imeacht dúinn.

Seachtain na Gaeilge. Bhí Seachtain na Gaeilge ann le déanaí agus bhí neart imeachtaí ar bun againn ar scoil. Thug Bernard Casey cuairt orainn, bhí Plé & Tae againn ag am lóin, comórtas Tomhas an Lae, Céilí, comórtas Countdown, Treodóireacht, srl. Ba mhór an spórt a bhaineamar as na himeachtaí go léir!

Dúshlán. Ghlac breis is 50 dalta páirt sa chomórtas #Dúshlán a bhí á eagrú ag Conradh na Gaeilge. I bhfoirne de thriúr bhí ar na daltaí 30 dúshlán a chomhlíonadh laistigh de 50 uair a' chloig. D'éirigh le formhór na bhfoirne gach dúshlán a chomhlíonadh agus ba mhór an taitneamh a bhaineadar uile as an gcomórtas. Faraor níor bhuamar aon duais náisiúnta ach bronnadh duaiseanna scoile ar roinnt grúpaí ar aon nós!

An Comórtas Fiontraíochta & AIB Beanntraí. Ghlac daltaí Idirbhliana na scoile páirt i gcomórtas fiontraíochta sa Daingean ar an 4ú Márta. Thug trí ghrúpa éagsúil cur i láthair ar an dtáirge a bhí acu. Bhí na moltóirí ana thógtha leo agus bhíomar go léir ana mhorálach astu nuair a bronnadh gradam nuálaíochta ar an bhfoireann a dhear agus a dhíol Gráinneoga ornáideacha déanta de pháipéar. Chuaigh na grúpaí céanna go Banc AIB Bheanntraí 13ú Márta ag díol a dtáirgí le muintir an cheantair. Bhíomar ana bhuíoch as an ndeis a fháil.

Seomraí Ranga Nua. Ba chúis mhór áthais dúinn-ne i Scoil Mhuire nuair a tosnaíodh le déanaí ar thógaint dhá sheomra ranga nua. Seomra adhmadóireacht nua agus cistin nua atá i gceist agus tá idir dhaltaí agus mhúinteoirí ag súil go mór le tairbhe a bhaint astu amach anso!

Aghinagh G.A.A. Symposium on Sports Injuries

Public Talk on Friday 22nd March 2019 @ 7.30pm at Aghinagh GAA Hall, Eircode P12YH96. If you spend time on pitches either as a coach, player or parent then this meeting is for you! International experts on Concussion/on pitch head injuries, heart health in sport and on pitch management of common injuries will be discussed.

Consultant Dr. Niamh Lynch, Paediatric Neurologist and Concussion Expert, Bon Secours Hospital, Cork, Dr. Carl Vaughan, Consultant Cardiologist, Mercy and Bon Secours Hospitals andRena Buckley, Cork camogie player and Gaelic Footballer and Chartered Physiotherapist will be delivering the information. Tickets €10 at the door on the night or Phone Teresa on 087-1270385

Kilmurry Historical **Events**

National tree week. A talk by Ted Cooke on Saturday 06th April on Warrenscourt woods. Departing museum at 2pm; bring a picnic along if you like.

Michael Galvin book launch on Tuesday 16th April at Independence Museum Kilmurry at 8pm KHAA lecture on "The Vikings in Ireland" by Dr John Sheehan in the Heritage room at Independence Museum Kilmurry on Wednesday April 17th @8pm.Members free, non-members €5.

KHAA concert. John Spillane and guests on Saturday 27th April in Ovens at 8pm. Tickets €20.

HAVE YOU A NEWS STORY Contact the Editor - Tel: 026 41891 or **Email:** leevalleyoutlook@gmail.com



Daltaí Idirbhliana Scoil Mhuire a bhuaigh gradam fiontraíochta sa Daingean ©An Scoil



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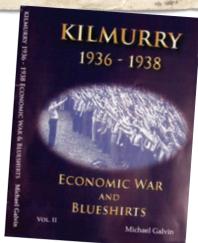
History

New History book from Michael Galvin

Local historian and prolific author, Michael Galvin, will release his latest book in Kilmurry Museum on Tuesday, April 16. This is Volume 2 in a study of the Economic War and the. Blueshirts in Kilmurry and environs. Volume 1 dealt with the years 1932 - 1935 and this book describes conditions and developments 1936 - 1938. It considers the negotiations towards the settlement of the Economic War; the demise of the Blueshirt movement; economic hardships of the times; agricultural depression; the power of the Catholic Church and its effect on social life. It also considers the Labour Movement; the impact of the Spanish Civil War and the threat the IRA and the Blueshirts represented to De

Valera's government. Galvin describes how sporting and recreational events continued despite the hardships of the time and also considers the importance of commemorations and political meetings. Dr. Mervyn O'Driscoll, Head of the History Department at U.C.C., will launch 'Kilmurry 1936 - 1938 Economic War and the Blueshirts'. This study encompasses the mid Cork area, using Kilmurry as a hub. (Macroom, Dunmanway, Bandon and Ballincollig) on Tuesday April 16 at 80'clock in Kilmurry Independence Museum

Michael Galvin's new book which will be launched on Tues April 16 at 8p.m. in Kilmurry Museum ©Lee Valley Outlook



Kilmichael Ambush, 28/11/1920

Third in a three part series of articles by Con Kelleher in which he studied Kilmichael Ambush in depth under the following headings: Context, Combat, Casualties, Controversies and Conclusions and considers 'Our boys' and 'the other boys'.

Part 3. Casualties, 2 - 'The Other Boys of Kilmichael'

Andrew Nelson, Northumbria University, published an article 'The Other boys of Kilmichael: No. 2 Section, 'C' Company, Auxiliary Division Royal Irish Constabulary, 28 November 1920 in the journal Historical Research, Nov. 2014, pp 703- 722. In the piece, he aims to demonstrate that, by examining the British unit, we can have a broader understanding of the ambush and the contemporary British policy in Ireland at that time.

He asserts that the Auxiliaries, although officer veterans of WW1, were poorly prepared for their role of conducting motorized patrols. He specifically argues that their experiences of the Great War, the inadequacy of their initial training in the A.D.R.I.C and their limited awareness and experience of the I.R.A.'s guerrilla tactic had not properly readied them. He examines their individual histories, including their medical histories, and five, or nearly a third, had significant medical issues. Graham had been 'invalided' due to shell shock; Gleave had been classified as 'sedentary employment only'; Forde had 'albuminuria' - his kidneys were diseased; Wainwright had suffered from recurrent bouts of malaria and his hearing was defective and Barnes had been deemed fit 'for sedentary employment only'. Nelson also examines the context in which the Auxiliaries were assembled; money, the state of post-war Britain, disillusionment, loss of camaraderie. post war psychological problems are some of the reasons why the ex-officers enlisted. He also points out that some of the men had been in the Navy or Air Force or in administration. Only one, Frederick Forde, had been a professional soldier in 1914 at the outbreak of WWI hostilities (1). The article further notes that there were other areas of conflict in the British Empire; after all, WW1 had seen the demise of the Russian,



Dr Kelleher and his family, South Sq, including his son Philip, shot in Granard. From Macroom Library \circ

Austro-Hungarian, German and Ottoman empires. Change was in the offing and various nations saw their opportunity of freedom and self-determination.

Furthermore, Forde, Hugo, Pallister, Pearson and Webster had only been in the A.D.R.I.C for one month and had had no Irish training (2). Another Auxiliary described the training as 'six weeks messing about... with a very remote relationship to the work they had to do in the country'. While it is a truism that all conflict fatalities are victims, Nelson makes the argument that the British fatalities were as much due to British policy as to Barry's column.

In an Appendix to his article, Nelson gives a brief resume of the 17 cadets/constables killed and injured. Nine of those killed were in their 20s; the youngest were Taylor and Guthrie at 21, respectively a medical and a law student. Crake, the commander, was 27 and Wainwright was the oldest at 37 (3). Guthrie's wife was a resident in Macroom at the time of the ambush. On the IRA

side, Barry was only 22 and all his comrades were very young. Pat Deasy was just 16 when he lost his life and Sonny Dave Crowley was the oldest at 46. Kilmichael Historical Society published a list of names and ages of 45 IRA volunteers that day. There were 3 teenagers, 36 in their 20s, 4 in their 30s and 2 in their 40s, with an average age of 24.42 years (4).

Contest, 2 - An Assessment.

Seán A. Murphy is a retired officer of the Irish Army and he was also a champion marksman. In a very interesting book, 'Kilmichael A Battlefield Study', he forensically examines what happened at Kilmichael Ambush from a military engagement perspective. Murphy was born a Cork city boy but was reared in Skibbereen when his family moved when he was young. Tom Barry was a childhood hero of his; he went to the Curragh Military School armed with Guerilla Days in Ireland. He examines the contestants and their training, the controversies and the different accounts of the ambush.

14 Outlook 21.03.19







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LEE VALLEY UPDATES

Perhaps most interestingly he applies an analysing tool -METTS - Mission, Enemy (British), Troops (IRA), Terrain and Space (and time) - my brackets. Among other points, he says that Barry's initial position was poor because as commander, he was detached from the rest of the battle theatre, and thereby would be unable to make intelligent strategic decisions: and that it was likely that the I.R.A. used Lee Enfield and some Canadian Ross rifles. Some of the latter may have been faulty. He then describes how the battle probably unfolded and makes an afteraction assessment. Perhaps Chapter 7 is the most illuminating as he discusses marksmanship and weapon handling (and he reports on a conducted experiment). In his summary, he writes "In the case of the attack on the first lorry, given that the ADRIC had so many revolvers at their disposal, it is difficult to explain how they failed to hit any of the attacking party"(5). He further points out that in contrast, ADRIC fire from the second lorry killed 3 volunteers and at greatly extended ranges (6).

Conclusions

In Chapter 11 Murphy makes his conclusions. He wrote that: 'the ADRIC ... patrol consisted of soldiers who could hardly be considered elite' (7), 'The IRA (at Kilmichael) were for the most part untrained but well led by Tom Barry' (8), 'A strong possibility has been established that Jim O'Sullivan was killed by the bolt from his own Ross rifle' (9), 'Allegations that the bodies of the ADRIC were "mutilated" by the IRA are not sustainable' and that overall '... analysis does not support a view that .. un-trained, inexperienced, in-adequately equipped IRA guerrillas were militarily capable of defeating a regular, professional, well armed, well-trained and more experienced ADRIC patrol purely through conventional tactical means' (10). In summary, Murphy is sceptical of the traditionally accepted view of what occurred at Kilmichael Ambush.

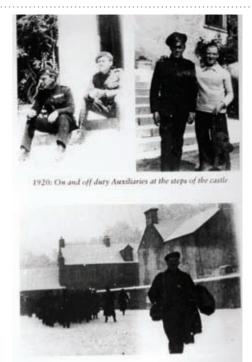
The debate about Kilmichael Ambush will go on and at this stage, it is unlikely that, in spite of exhaustive historical research, there is one sole version that will be accepted by all. Hopefully, this article will have examined some of the evidence about the ambush, the circumstances, what likely happened and explored the background of British participants of the engagement. The reader is invited to come to her/his own conclusions and perhaps read some more.

However noble, lofty and just are the reasons for conflict, the actions of war are horrible and brutal. What occurred at Kilmichael Ambush was on the one hand heroic, brave, brilliant and exemplary but it was also terrible and awful. Such is war and such is part of our history.

I would like to thank Ms Ann Bradley for giving



Constable M.F. Forde, the sole British survivor of Kilmichael Ambush (Cork Examiner, Jan 18, 1921). ©



Auxiliaries in Macroom 1920/1921, from A.J.S. Brady's book, 'The Briar of Life' ©



Tom Barry leading his men at Kilmichael in 1966 commemoration (from Meda Ryan's book, 'Tom Barry, IRA Freedom Fighter')©

me a tour of the Kilmichael Ambush site and an education on the event.

Main Sources

Tom Barry, Guerrilla Days in Ireland Meda Ryan, Tom Barry Freedom Fighter Peter Hart, The IRA and Its Enemies, Violence and Community in Cork 1916-1921.

Seán A. Murphy, Kilmichael A Battlefield Study. Andrew Nelson The other boys of Kilmichael: in Historical Research vol. 87 no. 238 (Nov. 2014).

- (1) Andrew Nelson, 'The other boys of Kilmichael,' Hist. Research, pp 712-713, vol. 87, Nov. 2014.
- (2) Ibid., p 716.
- (3) Ibid, Appendix, 721-722.
- (4) Kilmichael Historical Society, Kilmichael Through the
- Ages, Skibbereen, 2010, pp 115-116.
- (5) Seán A. Murphy, Kilmichael A Battlefield Study, p 136, (Skibbereen, 2014)
- (6) *Ibid*
- (7) Sean A. Murphy, p 177.

- (9) Seán A. Murphy, P 178
- (10) Seán A. Murphy, p 181

N.B. We would welcome old school photographs from 50, 60 or 70 years ago! Contact the Editor - Tel: 026 41891 or Email: leevalleyoutlook@gmail.com





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LEE VALLEY UPDATES



Uíbh Laoire Notes

Cope Céilí. A fundraising Céilí for COPE will be held in Inchigeela Hall on Friday 5th of April @ 9.30. Music by the Breens. Spot prizes, Raffles and Refreshments. The Cope foundation trains, educates and supports 2,300 young people and adults with intellectual disabilities and with autism, in Cork city and county. Their work is non profit making and it is a most worthy one to support. Please don't forget them.

Croina Laoi News. IRD Duhallow representatives will attend at Creedon's Hotel on Monday March 25th at 8.00pm. They will be giving information on the work they do with communities and individuals who are interested in improving their lives and the lives of those living locally .If you have ideas on such things or questions about support or funding please feel free to attend. Everyone is welcome.

Tidy Town's News The annual big clean up takes place on Good Friday morning as usual, when volunteers comb the approach roads for litter. There was a super response last year when many hands made short work of the task. So it's hoped this year will be no different. Gloves and collecting bags will be provided. Further information later.

Bingo Presentation. On Saturday March 23rd, cheques will be presented to the Friends of Dunmanway and Macroom Hospitals, the proceeds of a special big bingo fundraising night recently. The organizers thank sincerely all who supported in any way and invite you to the presentation at 8.30pm

Art Exhibition. We enjoyed a most pleasant event recently at the official opening of an exhibition of Art works at Creedon's Hotel, by 3 accomplished artists who pursue 3 different forms of Art. Maura Wheelan is an artist who works with glass at her home in Kilnamartyra. Her works are based upon her love of nature and the beauty around us that we often take for granted. Joe Creedon works with water colours. His love of our hills and valleys and its flora is reflected in his contribution to the exhibition. his 6th so far. Tom Hayes is a photographer who seeks to capture the hidden mysteries of our world in his images. Fr Tom is PP in Enniskeane. The art works are on show until Easter and are well worth a visit.

La d'ár saol Further to the report in the last issue of L V Outlook on the wonderful photo exhibition in Béal Átha'n Ghaorthaidh, the camera club wish to thank all who made it a success and are grateful for the support of the O'Donoghue and the Foley families. The club announced that over €4,000 was donated at the door for the Marymount and Mercy Hospital fund.

Paráid Lá 'le Pádraig The big St Patrick's Day parade went off very well with lots of floats, music, colour and fun, with young and old participating. There were lots of familiar faces there too, including Danny Healy Rae, Pope Francis, Freddie Mercury etc and lots of vintage cars and tractors. The weather was kinder this year. Thanks to all who gave us such fun. Great credit is due to the stewards who controlled the event perfectly and to Noirín on the mike. The pipe band played in the parade and went on to play in the Bantry and Skibbereen parades. A little known fact is that they stopped and played for the residents of a nursing home in Bantry, who enjoyed the impromptu show enormously. Maith sibh!

Tidy Towns Coiste na bailte Slachtmhara will be out on Saturday morning 23ú la de Márta ag a 10.00am. The meitheal are intending to clean the road from the water works to Hurleys and do some planting of flower beds. Refreshments afterwards.

Craft shop It is hoped to open a pop-up craft shop in the village of Inchigeela to display and sell local crafts. The pop-up shop will open for 6 weeks, beginning July 14th and will be located in "the Store of Memories". We are currently compiling a list of crafters and exhibitors.

For further information contact Nease Ní Laoire (087)9793076 or Joe Creedon at Creedon's Hotel.



Richard Wood & members of Kilmurry Historical Society at SS Peter & Paul's Church Cork ©



Operation transformation presentation of €1095 to the Sonas and Suaimhneas ASD classes at



Sgt. Con Ó Loingsigh with his wife and family at his retirement function in the Abbey Hotel, Baile Macroom Lions Club presentation to Cancer Connect ©Lee Valley Outlook Bhúirne. ©Nóra Ní Luasa



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2.30pm - 4.30pm

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 - ✓ Please wear Hi Vis and gloves
- ✓ We will provide rubbish bags and as many litter pickers as possible
- ✓ Go to your townland/road area pick the litter and return to the school with the full bags for drop-off then a cuppa, cake and a chat!
- All bags will be collected by the County Council on Monday.









SPORTS MAD



Camogie League

Kilkenny 0-12 Cork 0-9

Kilkenny are still on course for four in a row in the Littlewoods Ireland Camogie League Division 1, as they defeated arch rivals and All Ireland Champions, Cork, in the Semi-Final. With very accurate shooting, the Cats were able to turn around a one-point interval deficit to advance to the decider. Cork had the benefit of a very strong wind in the first

half but struggled to make it count on the scoreboard. Orla Cotter was Cork's leading scorer with four points and young attacker, Clíona Healy, helped herself to two. Yet, at only 0-7 to 0-6 at half time, the All-Ireland champions were up against it. Though Cotter extended Cork's advantage within seconds of the resumption, Kilkenny, who introduced Denise Gaule for the second half, shot the next

six points to put some daylight between the sides. Kilkenny failed to score in the last 12 minutes plus three of additional time but Cork needed a goal and all they could manage was a point from Julia White, so it was the Black and Ambers who progressed to meet Galway in the final.

Macroom Motors Mid Cork U21 Football Championships

MID CORK U21 A FC

Round 2

Inniscarra 3-12 Béal Atha'n Ghaorthaidh 0-3 Cill na Martra 3-11 Naomh Abán 2-10 **Quarter Final:** Cill na Martra 1 – 5 Éire Óg 3 - 14

Semi Finals:

Kilmurry (holders) v Ballincollig Inniscarra v Éire Óg

Cill na Martra 3 – 11 Naomh Abán 2 – 10

Gaeltacht Mhuscraí neighbours and rivals Cill na Martra and Naomh Abán, both beaten in their respective first round encounters, served up a great game of football in their 2nd round game in the Macroom Motors Mid Cork U21 A football championship played at Baile Mhuirne, the venue decided on a toss. After a cautious start by both teams, the game burst into life around the 40th minute mark with both sides scoring opening goals and from there to the finish the teams battled it out with the issue finally settled only in time added on when Cill na Martra struck for a third and decisive goal.

The ground conditions were excellent, the rains held off and there was a big crowd present to watch this local derby. Naomh Abán went 0-3 up in the opening seven minutes, Tadg Ó Riordáin, Caoimhín Ó Donnchú and Dara Ó Laoire the scorers. Cill na Martra's scorer in chief Dean MacCarthaigh had his side's opening point in the 11th minute but the hosts led by 0-5 to 0-2 at the end of the first quarter and when Seán Ó Riordáin had their sixth and last first half point in the 18th minute, they led by double scores. Cill na Martra now switched Tadg Ó Corcora to midfield, Seánie Ó Foirréidh to centre back, and they drew level with a brace from Ó Corcora and one from Dean MacCarthaigh before Cian Ó Foirréidh took a sweet point in the 25th minute to give them a 0-7 to 0-6 interval lead.

Cian Ó Foirréidh extended the lead with an early second half point but Naomh Abán were galvanised by a goal from Éoin Ó Scannaill in the 40th minute, his shot across the goal dipping into the far corner of the net. Back came Cill na Martra with a point from a free to level matters and immediately after, Cian Ó Foirréidh set up Andí Ó Buachalla for an unstoppable drive to the N Aban net . MacCarthaigh added two points from frees but back came the home side with a point from Colm Ó Meachair, two from Dara Ó

Laoire and another from Wayne MacCarthaigh to make it 1-11 to 1-10 in the 58th minute, Cill na Martra now under sustained pressure. Their situation was eased a minute later when Ciarán Ó Duinnín from 40 metres lobbed in a pass to Dean MacCarthaigh, standing in isolation five metres from the N Abán goal and the corner forward made no mistake.

Cill na Martra may have felt they had it won now but were rocked by a second N Abán goal as the game went into time added, Dara Ó Laoire fisting a Tadh Ó Riordáin free to the net to again leave only the minimum between the sides. The outcome was finally settled by another Cill na Martra goal a minute later, Antóin Ó Loinsigh, despite being under pressure, calmly punching the ball across the N Abán goal to be propelled to the back of the net by the fist of Jack Ó hEaluithe.

Scorers: Cill na Martra: Dean MacCarthaigh 1-6 (0-4f), A Ó Buachalla and J Ó hEaluithe 1-0 each, T Ó Corcora 0-2, C Ó Foirréidh 0-2, C Ó Duinnín 0-1. Naomh Abán: Dara Ó Laoire 1-4 (0-1f), Eoin Ó Scannaill 1-1 (0-1f), T Ó Riordáin, C Ó Donnchú, S Ó Riordáin, C Ó Meachair and W MacCarthaigh 0-1 each.

Cill na Martra: Timmy Ó Conaill: Micheál Ó Cathasaigh, Eoin Ó Ceallaigh, Ciarán O Loinsigh: Jack Ó hEaluithe, Tadhg Ó Corcora, Andí Ó Buachalla: Colm MacLochlainn, Seánie Ó Foirréidh: Antóin Ó Loinsigh, Ciarán Ó Duinnín, Eoin Ó Conaill: Dean MacCarthaigh, Trevor Ó hEaluithe, Cian ÓFoirréidh. Subs: Mike Aynsley, Daithí Ó Céilleachair.

Naomh Abán: Finlay Walker: Tomás Ó Catháin, Micheál Ó Ceallacháin, Daire Ó Tuama: Tadg Ó Riordáin, Aodhán Ó Ceocháin, Brian Ó Riordáin: Dara M Ó Loinsigh, Conchur Ó Críodáin: Seán Ó Riordáin, Colm Ó Meachair, Eoin Ó Scannaill: Caoimhín Ó Donnchú, Dara Ó Laoire, Dara F Ó Loinsigh. Subs: Stiofán Ó Murchú, Maidhchi Ó Duinnín, Wayne MacCarthaigh, Donncadh Ó Brolacháin, Domhnall Ó Deasúna.

Referee: Pat O'Leary, Kilmurry

Éire Óg 3-14 Cill na Martra 1-5

Éire Óg qualified for the semi final of the Macroom Motors Mid Cork U21 A Football championship with a comprehensive quarter final win over Cill na Martra at Ovens. Éire Óg were favoured to win this game but Cill na Martra despite trailing by 0-10 to 0-2 at the interval were still competitive if unlikely winners at this stage. In a disastrous four minute spell early in the second half however,

Éire Óg added three goals to their tally and the game ceased to exist as a meaningful contest. Conditions were not very pleasant but the heavy early morning rain had ceased leaving only wind and cold to be contended with. Dylan Foley, Anthony Doherty and Brian Bradley had pointed for the home side before Dean MacCarthaigh had an opening point for Cill na Martra in the 9th minute but the clear advantage of the winners in strength and physique was proving decisive and with a point from Conor McGoldrick, and three apiece from Doherty and Joe Cooper, they led by 0-10 to 0-2 at the break, Dean MacCarthaigh's 15th minute point the only further score for the Gaeltacht side.

Seánie Ó Foirréidh had a point for the visitors on the restart, Éire Óg replied with points from Jack Murphy and Brian Hurley before the roof fell in on the Cill na Martra challenge. Dylan Foley banged in an Éire Óg goal in the 10th minute, Jack Murphy drove a penalty to the net two minutes later and Brian Hurley was on hand to usher the ball over the line for a third goal in the 13th minute to make it 3-12 to 0-3 and leave Cill na Martra with nothing to play for but their pride in an unequal contest.

Dean MacCarthaigh did get a goal for brave Cill na Martra in the 46th minute, a reward for their efforts, pointed a free five minutes later and Trevor Ó hEaluithe had a late point but Éire Óg were coasting to a semi final meeting with Inniscarra.

Scorers: Éire Óg; B Hurley 1-3, D Foley 1-1, J Murphy 1-1 (1-0 pen), A Doherty 0-4 (0-2f), Joe Cooper 0-3, C McGoldrick 0-2. Cill na Martra: D MacCarthaigh 1-3 (0-1f), S Ó Foirréidh and T Ó hEaluithe 0-1 each.

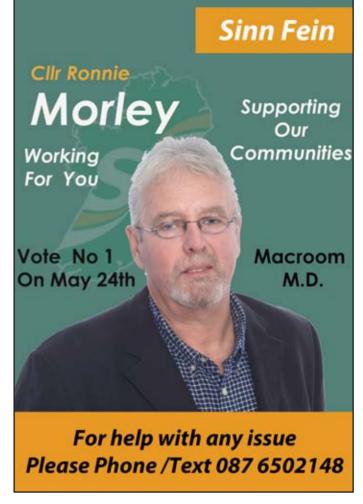
Éire Óg: Éoin Kelleher: Cillian Sheehan, Shane Quigley, Seán O'Flynn: Diarmuid Dineen, Jason Twomey, David Twomey: Anthony Doherty, Jack Murphy: Conor McGoldrick, John Cooper, Rian O'Flynn: Joe Cooper, Dylan Foley, Brian Hurley. Subs: Cormac Allison, Cathal Mullins, Paddy Twomey, John Corkery, James O'Shea. Cill na Martra: Mike Aynsley: Jack Ó hEaluithe, Eoin Ó Céilleachair, Ciarán Ó Loinsigh: Antóin Ó Loinsigh, Tadgh Ó Corcora, Andy Ó Buachalla: Colm MacLochlainn, Seánie Ó Foirréidh: Eoin Ó Conaill, Ciarán Ó Duinnín, Cian Ó Foirréidh: Timmy Ó Conaill, Trevor Ó hEaluithe, Dean MacCarthaigh. Sub: Daithí Ó Céilleachair Referee: Mr John Ryan, Macroom.

















SPORTS MAD



U21 B FOOTBALL CHAMPIONSHIP

Quarter Final:

Ballinora 0-13 Blarney 0-4

Semi Finals:

Aghabullogue 3-8 Ballinora 0-6 Canovee 3-8 Macroom 0-7 Final: Aghabullogue v Canovee

Aghabullogue 3-8 Ballinora 0-6

This was a much tighter affair than the final scoreline suggests as two of the winners goals came very late in the game. Aghabullogue led from the start, the Bradley brothers Mathew and Tadg scoring early points but Ballinora were competing well and Tim Forde had a 13th minute point to reward their efforts. Points were ex changed between David Thompson and Jack Blake, but Aghabullogue then had further scores from Jack Oldham and Mathew Bradley before Jack Blake had another Ballinora point, 0-5 to 0-3 after 21 minutes. The winners struck hard in the dying minutes of the half when Aodhán Healy set up a goal for Jack Oldham, and Mathew Bradley added a point to leave Aghabulloque leading by 1-6 to 0-3 at the break.

Play in the third quarter was very even and points were exchanged on two occasions as Ballinora refused to yield. They could not eat into the Aghabullogue lead however and very late goals from substitutes Adam Murphy on 60 and Keelan O'Sullivan on 62 gave Aghabullogue a flattering winning margin.

Scorers: Aghabullogue: J Oldham 1-1, A Murphy and K O'Sullivan 1-0 each, M Bradley 0-5 (0-1f), T Bradley and D Thompson 0-1 each. Ballinora: J Blake 0-3 (0-2f), T Forde, L

O'Donovan and B McCarthy 0-1 each.

Aghabullogue: Daniel Lane: Killian BarryMurphy, Conor Smith, Thomas Long: Shane Tarrant, Paul Ring, Paul Dilworth: Seán O'Connell, Niall BarryMurphy: Jack Oldham, Mathew Bradley, Jack Murphy: Aodhán Healy, David Thompson, Tadg Bradley. Subs: Keelan O'Sullivan 24, Luke Casey 48, Adam Murphy 52, Conor Dineen 59.

Ballinora: Stephen O'Keeffe: James Walsh, Brian Rigney, Dave Fitton: Cathal McCarthy, Neil Lordan, James Keohane: Tim Forde, Pádraig Dineen: Jack Twohig, Jack Blake, Brian McCarthy: Luke O'Donovan, George Forde, James Noonan. Sub: Ben Murphy 20.

Canovee 3-8 Macroom 0-7

Referee: Mr Ger Ahern, Canovee.

Canovee were impressive in their victory over Macroom in the Mid Cork U21 B Football championship semi final at Annahala. The conditions at the Kilmichael venue were good and the winners stomped their authority on the contest from the throw in. Only a minute's play had elapsed when Seán Browne had the ball in the Macroom net and the confident Canovee side subsequently were posing huge problems for the Macroom defenders who under pressure were conceding frees which were promptly converted by Canovee sharpshooter Jack Kelleher who pointed on four occasions with only a single point in reply from Eolan O'Leary for Macroom, 1-4 to 0-1 after the opening quarter. Macroom had a fair share of possession but could make little headway in attack managing only two points, both from frees from Cathal O Riordan

and Ethan O Gorman. These were matched by Canovee points from Jack Kelleher and Shane O Riordan and just before the break Eoin Lehane centred the football perfectly for Kieran Walsh to fist a second goal for Canovee who thus led at half time score by 2-7 to 0-3. On the restart, Canovee remained on the attack and another Jack Kelleher point was quickly followed by Seán Browne's second goal which finished the game as a contest by the 34th minute. Macroom lost a man to a red card, had points from Caleb Dineen and Ethan O Gorman but were only playing for their honour at this stage...

Scorers: Canovee: Seán Browne 2-0, Jack Kelleher 0-7 (all frees), Kieran Walsh 1-0, Shane O'Riordan 0-1. Macroom: Caleb Dinneen 0-2, Ethan O'Gorman 0-2 (f), Cathal O Riordan 0-2 (f), Eolan O'Leary 0-1.

Canovee: Cormac O'Driscoll: Patrick O'Neill, Neil Kirk, David Carroll: Seán Browne, Denis Murphy, Evan Dodd: Jack Murphy, Daniel Akinrinbea: Eoin Lehane, Shane O'Riordan, Jack Kelleher: Mark Walsh, Billy Kingston, Kieran Walsh. Subs: Eoin Moynihan h/t, David O'Keeffe 44, Noel Browne 50, Ben Cheasty 55,Darragh Cronin 55.

Macroom: Kevin Condon: Cian Twomey, Mark Corrigan, Cian Condon: David Hunt, Jack Cronin, Colm O'Mahony: Ethan O'Gorman, Caleb Dinneen: Seán McMahon, Eolan O'Leary, Jack O'Riordan: Cathal O'Riordan, Blake O'Gorman, Daniel O'Riordan. Subs: Ryan Creed 24, Alan O'Farrell 37, Cormac M Kinston

Referee: Mr Diarmuid Kirwan, Éire Óg.

U21 C FOOTBALL (13 A SIDE) CHAMPIONSHIP

2nd Round Clondrohid 3-10 Aghinagh 4-13 Semi Finals: Iveleary 2-13 Kilmichael 4-6 Aghinagh 4-12 Ballincollig B 3-12

Aghinagh 4-13 Clondrohid 3-10

Aghinagh always looked as if they would win this quarter final game at Carrigadrohid but could not put their opponents away. Aghinagh led by 2-5 to 2-3 at the interval having conceded two late goals to Clondrohid from Tiernan Quinn and George Lowry which severely cut into their lead. On the restart Aghinagh quickly fired over a string of points and followed up with two goals in rapid succession to lead by 4-9 to 2-3 after only six minutes of the second half having been played. It looked to be all over but once again Clondrohid battled on and even though their third goal was followed by three points for the winners, Clondrohid finished strongly with five points in a row to keep Aghinagh on tenderhooks to the finish.

Aghinagh: Kevin Cotter: Olan Cummins, Eoghan McCarthy: Adam O'Leary, Luke O'Leary, Richard Cotter: Aodh Twomey, Shane Corkery: Peter Murphy, Liam Twohig, Con Buckley: Cathal Crowley, Alex Murphy.

Clondrohid: Conor Murphy: Stephen Ryan,

Fionn Heffernan: Ger Kelleher, Calum O'Shea, JK Long: Seán Desmond, Michael Buckley: Cathal Creedon, Stephen O'Riordan, George Lowry: Tiernan Quinn, Ciarán O'Leary. Subs: Eddy Duggan, Alex Kelly.

Referee; Colm Ó Mocháin Uas., Cill na Martra

Iveleary 2-13 Kilmichael 4-6

Iveleary and Kilmichael served up a marvellously entertaining U21 Cchampionship semi final at a cold and at times, very wet and windy Kilmichael on Saturday afternoon last. Iveleary had wind advantage in the first half and used it well to lead by 1-6 to 0-1 after 18 minutes, their goal coming from Josh Pickering in the 10th minute. Ronan Murphy had a Kilmichael goal in the 20th minute and the teams then shared six points between them in the run up to half time when Iveleary led by 1-9 to 1-4.

In the opening two minutes of the second half Kilmichael, now wind assisted, had goals from Ronan Murphy and Daniel Cotter to dramatically take the lead by a point. Iveleary had to withdraw the injured Ciarán O'Riordan who along with Conor O'Leary had been outstanding and their chances of advancing did not look good. They steadied the ship however and inspired by scores from Conor O'Leary and Aaron O'Donovan they went back in front and a goal from Olan Clancy in a goalmouth scramble gave them as 2-12 to

3-5 lead on the three quarter mark. Kilmichael fought back, Chris O'Connell pointed and Brendan Kelleher belted in from close range to level the scores ten minutes from time at Iveleary 2-12 to 4-6 for Kilmichael. There was only one score in the gripping closing ten minutes, Conor O'Leary pointing a difficult free into the gale in the 58th minute to give Iveleary the minimum advantage. Kilmichael had good opportunities of scores in the final minutes but kicked three wides and eventually ran out of time.

Scorers: Iveleary: C O'Leary 0-9 (0-3f), J Pickering and O Clancy 1-0 each, S Hurley, C O'Riordan, J O'Donovan, A O'Donovan 0-1 each. Kilmichael: R Murphy 2-1, C O'Connell 0-4, D Cotter 1-1, B Kelleher 1-0.

Iveleary: Ian Jones: Seán O'Riordan, Seán Horgan; Christopher O'Donovan, Daniel O'Donovan, Tim O'Dea: Ciarán O'Riordan, Conor O'Leary: Joseph O'Donovan, Aaron O'Donovan, Olan Clancy: Josh Pickering, Shane Hurley. Sub used: Micheál O'Herlihy Kilmichael: Patrick O'Mahony: Eoin Murphy, Andrew Kelleher: David Horgan Sean Buttimer, Kevin Kelleher: Chris O'Connell, Cathal Foley: Jonathan McCarthy, Ronan Murphy, Alan McCarthy: Daniel cottetr, Brendan Kelleher. Subs: Josh deLacey.

Referee: Ciarán Ó Foirréidh, Uas., Cill na Martra











SPORTS MAD



Aghinagh 4-12 Ballincollig B 3-12

Aghinagh travelled to Ballincollig on Bank Holiday Monday to take on the home side's second string in the second semi final of the Mid Cork U21 C championship and were glad to hear the final whistle after once again failing to hold on to a substantial earlier lead. The teams were level at 1-1 apiece early on before Aghinagh got on top and they deservedly led by 2-8 to 1-1 at the break, a ten point advantage. Aghinagh came under increasing

pressure in the second half but still led by seven points with five minutes remaining. A third goal for Ballincollig followed by two points meant panic stations for Aghinagh but a Liam Twohig point from a free eased the situation before the final whistle brought a sigh of relief.

Aghinagh scorers: C Buckley 2-0, S Corkery 1-0, P Murphy 1-0, L Twohig 0-8 (0-2f), A O'Leary 0-2, A Twomey and A Murphy 0-1 each.

Aghinagh: Kevin Cotter: Cathal Crowley,

Olan Cummins: Adam O'Leary, Luke O'Leary, Eoghan McCarthy: Aodh Twomey, Shane Corkery: Peter Murphy, Con Buckley, Richard Cotter: Liam Twohig, Alex Murphy. Subs: Seán Barrett.

Ballincollig: J Cotter: B Sorensen, C Twomey: C Quirke, J O'Neill, C Twomey: F O'Donovan, S Wills: A Wills, C Bohane, Js Linehan: C Kelly, D Dorgan.

Referee: Denis Dineen, Ballinora.

Cork County Football and Hurling Championships 2019

SENIOR FOOTBALL CHAMPIONSHIP Divisional / College Section

Divisional / College Section Preliminary Round

A Avondhu 1-8 v Muskerry 1-15

Round 1

B Seandún 1-12 Beara 0-7 C UCC v Muskerry D CIT 0-19 Carbery 2-11 E Imokily 0-13 Duhallow 2-22

Round 2: Seandun v UCC/Muskerry, CIT v Duhallow

2 Winners to open championship draw for last 16 **Muskerry 1 – 15 Avondhu 1 – 8**

Muskerry were hit by late and unexpected withdrawal of players for a plethora of reasons but put a group of players on the field who were willing to give of their best for the division and their best was more than enough to see off the challenge of Avondhu in the opening round of the Divisional section of the County Senior football championship at Páirc Uí Rinn on Bank Holiday Monday afternoon. Muskerry led by 1-9 to 0-2 at half time and after Avondhu staged a mini come back reasserted their superiority late in the game to run out worthy winners.

Cork All Ireland medallist Fintan Goold was outstanding for Muskerry at midfield but got great support from all his team mates in defence and in attack. James Moynihan of Canovee got the Muskerry goal in the 23rd minute and points came from Mark Healy, Brian Cronin, Goold, Aidan Murphy and David Horgan.

Muskerry Scorers: Mark Healy 0-7 (0-5f), Js Moynihan 1-0, Finta Goold 00-3 (0-1f), Aidan Murphy 0-2, Brian Cronin, Conor Cotter and David Horgan 0-1 each.

Muskerry: Joe Creedon (Iveleary): Billy Casey (Aghabullogue), John Mullins (Éire Óg), Conor Cotter (Kilmichael): Danny Ó Conaill (Cill na

Martra), Paul Ring (Aghabullogue), Aaron O'Raw (Inniscarra): Fintan Goold (Macroom), Aidan Murphy (Canovee): David Horgan (Macroom), Brian Cronin (Iveleary), Declan Ambrose (Aghinagh): James Moynihan (Canovee), Mark Healy (Canovee), Evan O'Sullivan (Aghabullogue). Sub: Liam Kelleher (Canovee) 40.

SENIOR HURLING CHAMPIONSHIP

Divisional / College Section Round 1

A UCC v CIT
B Duhallow v Muskerry
C Carrigdhoun v Imokilly
D Avondhu v Carbery
Round 2

A v B, C v D **Fixtures**

Tuesday 26th SHC Muskerry v Duhallow P Uí Chaoimh 4G 8pm

Tuesday April 2nd SHC If Muskerry v UCC/CIT

PREMIER INTERMEDIATE FOOTBALL CHAMPIONSHIP

Preliminary Round

Bantry Blues v Nemo Rangers

Round 1

Aghada v Na Piarsaigh Bandon v Newmarket Castletownbere v Kanturk Cill na Martra v Éire Óg

Naomh Abán v Béal Átha'n Ghaorthaidh

St. Michael's v Macroom

St. Vincent's v Bantry Blues / Nemo Rangers

Round 1

Gabriel Rangers v Adrigole Dromtarriffe v Millstreet Kinsale v Ballydesmond

Youghal v Kildorrery / Knocknagree

Aghabullogue v Mitchelstown
Grenagh v Glanmire
Rockchapel v Ballinora
Mayfield v Glenville
Glanworth v St Finbarrs

PREMIER INTERMEDIATE HURLING

Round 1

Blarney v Ballinhassig
Castlelyons v Youghal
Cloyne v Aghada
Fermoy v Courcey Rovers
Fr. O' Neill's v Ballincollig
Inniscarra v Watergrashill
Kilworth v Valley Rovers
Mallow v Carrigaline

INTERMEDIATE HURLING CHAMPIONSHIP

Aghabullogue v Ballinhassig Argideen Rangers v Castlemartyr Barryroe v Glen Rovers Blackrock v Kilbrittain Dripsey v Ballygarvan Eire Óg v Dungourney Grenagh v Na Piarsaigh Mayfield Sarsfield v Midleton Meelin Milford v Ballymartle St. Catherine's v Cloughduv St Finbarr's Douglas Tracton Kildorrery

INTERMEDIATE FOOTBALL CHAMPIONSHIP

Preliminary Round

Kildorrery v Knocknagree

TOM CREEDON CUP 2019

Semi Finals:

Knocknagree v Macroom Nemo Rangers v Cill na Martra

CLUB COUNTY CHAMPIONSHIP FIXTURES

1st round fixtures – there is a losers round to follow

Sunday April 7th PIFC St Michaels v Macroom at Coachford, 2pm

Saturday 13th IFC Grenagh v Glanmire at Blarney, 5pm

IFC Ballinora v Rockchapel at Millstreet 5pm

Sunday 14th IFC Aghabullogue v Mitchelstown at Mallow 3pm

14th PIFC Cill na Martra v Éire Óg at Macroom 2pm, followed by

PIFC Naomh Abán v Béal Átha'n Ghaorthaidh 3.45pm

Friday 19th PIHC Ballincollig v FR O'Neills at Carraigtwohill, 8pm

Sunday 21st PIHC Blarney v Ballinhassig at Ballincollig 2pm

Saturday 27th IHC Éire Óg v Dungourney P Ui Rinn 5.45pm

Friday May 3rd IHC St Catherinres v

Cloughduv at P Ui Rinn 7.30pm

Saturday 4th IHC Aghabullogue v
Ballinhassig at Ovens 5.45pm followed by
IHC Dripsey v Ballygarvan at 7.30pm
IHC Grenagh v Na Piarsaigh at Blarney 6.45pm
Sunday 5th SFC Ballincollig v Carrigaline
or O'Donovan Rossa at Ballinhassig or
Ballinascarthy



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SPORTS MAD



Mid Cork GAA Championship Draws 2019

JUNIOR A FOOTBALL CHAMPIONSHIP

Round 1

A Éire Óg v Cill na Martra

B Kilmurry v Iveleary

C Naomh Abán v Canovee

D Donoughmore v Inniscarra

E Clondrohid v Kilmichael

F Dripsey v Ballincollig

G Blarney v Béal Átha'n Ghaorthaidh

Aghinagh – a bye

Round 2

Aghinagh v Loser A Loser B v Loser C Loser D v Loser E Loser F v Loser G

Round 3 - new draw

JUNIOR B FOOTBALL CHAMPIONSHIP

Round 1

A Grenagh v Inniscarra

B Kilmurry v Ballinora

Quarter finals

1 Canovee v Iveleary

2 Winner of A v Aghabullogue

3 Winner of B v Aghinagh

4 Ballincollig v Macroom

Semi Finals; 1 v 2, 3 v 4

JUNIOR C FOOTBALL CHAMPIONSHIP

Quarter Finals:

A Kilmichael v Dripsey B Ballincollig v Éire Óg

C Gleann na Laoi v Béal Átha'n Ghaorthaidh

D Blarney – a bye

Semi Finals:

Winner of A v Winner of B, Winner of C v Blarnev

JUNIOR A HURLING CHAMPIONSHIP

Round 1

A Donoughmore v Éire Óg B Ballinora v Inniscarra C Iveleary v Cloughduv D Ballincollig v Blarney Kilmichael – a bye

Round 2

Kilmichael v Loser A Loser B v Loser C,

Loser Da bye BUT v Kilmichael if KM lose earlier

JUNIOR B HURLING CHAMPIONSHIP

Round 1

A Gleann na Laoi v Éire Óg

Quarter Finals

1 Grenagh v Laochra Óg

2 Winner of A v Inniscarra

3 Aghabullogue v Ballincollig

4 Blarney v Ballinora

Semi Finals: 1 v 2: 3 v 4

Allianz National Football League

Cork 1-12 Donegal 1-19

Donegal came from five points down at half-time to overcome relegation-threatened Cork at Páirc Uí Rinn. In the opening stages Cork defended well, and three points in a row, from Ruairí Deane, Luke Connolly and Eoghan McSweeney, had them 0-6 to 0-3 ahead by the 22nd minute and although Donegal cancelled out that lead Cork finished the half well. They had a goal as Matthew Taylor netted the rebound after Shaun Patton saved from Ruairí Deane and McSweeney added a pair of smart points to leave them 1-8 to 0-6 in front at half-time.cSweeney helped Cork amass a sizable half-

Collins made it a six-point game on the

resumption but Donegal were more impressive in the second period, scoring six out of seven between the 37th and 52nd minutes. Luke Connolly's third put Cork two ahead again, 1-11 to 0-12, Donegal had the momentum and three in a row gave them the lead again before Connolly's free levelled on the hour mark but it was to be Cork's last score.

Scorers for Cork: Luke Connolly 0-4 (0-3 frees), Eoghan McSweeney 0-3, Matthew Taylor 1-0, Mark Collins, Michael Hurley 0-2 each, Ruairí Deane 0-1.

Cork: Micheál Martin (Nemo Rangers) Sam Ryan (St Finbarr's) Thomas Clancy (Clonakilty) Conor Dennehy (St Finbarr's) Kevin Crowley (Millstreet) Kevin Flahive (Douglas) Matthew Taylor (Mallow) lan Maguire (St Finbarr's) Killian O'Hanlon (Kilshannig) Paul Kerrigan (Nemo Rangers) Eoghan McSweeney (Knocknagree) Ruairí Deane (Bantry Blues) Mark Collins (Castlehaven) Michael Hurley (Castlehaven) Luke Connolly (Nemo Rangers). Subs: Mark White (Clonakilty) Ronan O'Toole (Éire Óg) Kevin O'Driscoll (Tadhg Mac Cárthaigh) Seán Powter (Douglas) Cian Kiely (Ballincollig)

National Football League Fixtures:

Sunday 24.03.2019: Allianz F L Round 7 Armagh v Cork at Crossmaglen, 2pm

Macroom GAA

It was a busy weekend of action on the pitch with our u10s, u14s, u21s and Premier Intermediates all in action: Our u10s competed on the new 4G Pitch in Páirc Uí Chaoimh, sporting their nice jerseys kindly sponsored by Matt Murphy's pharmacy. They competed against Béal Atha'n Ghaorthaidh, Mayfield and Naomh Abán and a good morning was had by all. The mentors for this team are Shane Dunne, Alan O'Shea, Brendan Cregan and James Duggan. The u12s played a friendly v Clyda Rovers and had an excellent win.

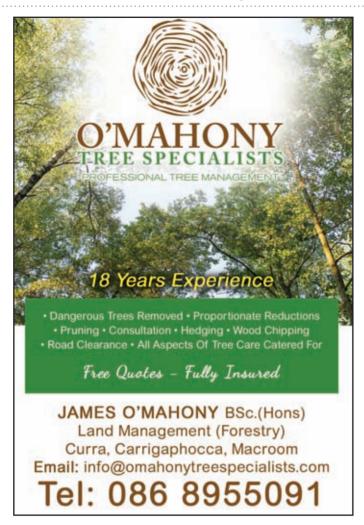
U14s: The u14s kicked off their league campaign with a victory over Lee Gaels on Saturday in Tom Creedon Park. Macroom ran out 3-8 to 2-7 winners in a tightly contested game where all players saw action. The squad on the day was Evan Casey O'Sullivan, Ryan Sabas, Cormac Bourke, Colin Kelleher, David Burke, Joshua O'Connor, Bobby Murphy, Jamie Murphy, Ruairi Kiernan, Danny McKirgan, Sam McCarthy, Maciej Byrdziak, Michal Olesky, Martin Fitzgerald,

Rory Cregan, Alex Geasley, Jakub Milek, Ruben Waugh, Darragh Hogan, Rowan Mullane, Conor Coleman, Minuk Kahapola, Liam McSweeney, Cian Noonan. The mentors are Diarmuid Holland, Enda Kiernan, Oliver Burke, Orla Kelleher and Tony Dineen. Their next game is an away friendly to Béal Atha'n Ghaorthaigh on Bank Holiday Monday at 4pm. The u21s bowed out of the Mid Cork u21B championship last Saturday after a disappointing defeat to a Canovee side who had the upper hand throughout the game, the final score was 3-8 to 0-7. The squad on the day was Kevin Condon, Cian Twomey, Mark Corrigan, Ciaran Condon, David Hunt, Jack Cronin, Colm O'Mahony, Caleb Dineen (captain), Ethan O'Gorman, Sean McMahon, Eolan O'Leary, Jack O'Riordan, Cathal O'Riordan, Blake O'Gorman, Daniel O'Riordan, Ryan Creed, Alan O'Farrell, Darren Quinn, Jack Kelleher, Shane Meany, Conor McKirgan.

The mentors for this team were Noel Twomey, Conor Hurley, John Ryan and Francis Horgan. Our Premier Intermediate footballers rounded off the weekend for the club on Sunday last in Divisio 2 of the County League with an excellent win over senior football team Carrigaline. In testing conditions Macroom led throughout the game and playing with a strong wind in the first half led by 9 points to 3 at half time. The final score was 12 points to 8 and leaves Macroom right in the promotion chase at the top of the table. The mentors for this team are Noel Twomey and Ciaran Murphy. The squad at the weekend was Brendan O'Connell, Michael Cronin, Paul O'Farrell, Rory Buckley, David Cotter, Alan Quinn, Sean McMahon, David Horgan, Fintan Goold, Tony Dineen, Ethan O'Gorman, Blake O'Gorman, John Murphy, Pa Lucey, Conor O'Sullivan, Andrew Hegarty, Eolan O'Leary, Gerard Angland, Cian Twomey, Dylan Twomey. It was a quiet week on the playing front, with bad weather ensuring all Macroom fixtures were rained off. One game that did go ahead involving Macroom players was the opening round of Senior football championship in Páirc Uí Rinn on 18/03/2019.















SPORTS MAD



Muskerry took on Avondhu and ran out winners on a scoreline of 1-15 to 1-08 and were the superior side throughout. Macroom were represented by Fintan Goold at midfield who captained the side and David Horgan at wing forward, both chipped in on the scoreboard and were instrumental in the victory. Muskerry now move on to play UCC in the next round Thursday night in Páirc Uí Rinn at 7:30 and may well see Macroom men on opposing sides as Alan Quinn is involved with UCC, best of luck to all involved on the pitch and Muskerry selector Tim O'Sullivan on the sideline!

Noely Murphy. The club would like to congratulate former player and current pro boxer Noely Murphy on a superb win in Boston Saturday night over Dubliner John Joyce as he improved to 13-1-1, Noely continues to fly the Macroom flag proudly on the International stage and was in devastating form throughout dopping Joyce in the first and cruising to a well deserved unanimous decision.

The Intermediate Footballers are in action in the Tom Creedon Cup Semi-Final next Sunday at 12pm versus Knocknagree in Knocknagree. The competition started off with sixteen teams and now only four remain so we wish Noel, Ciaran and all the lads the best of luck and hopefully we will see as many of our supporters as possible there in Knocknagree shouting the lads on. The other semi final will see Nemo Rangers face Cill na Martra, the date of this is yet to be confirmed. Membership: Membership for all players must be registered and paid by the end of March so please do so by following this link https://reg. sportlomo.com/club/corkgaa/macroomgaa

Fixtures for the coming week: u8s - They compete in a blitz in Páirc Uí Chaoimh Saturday 23rd March at 3:30. u9s - Friendly v Valley Rovers on Saturday 23rd March at 2:45 in Tom Creedon Park. u10s - Play Aghabullogue in Coachford on Saturday morning - time to be confirmed. u11s - Kick off their league campaign for 2019 away to Carrigaline at 11:30 on Saturday 23rd March best of luck to all involved in that competition for the year. u12s - Friendly v Aghabullogue in Tom Creedon Park Saturday 23rd March at 4pm. u14s - League fixture away to Kilmichael on Saturday 23rd March at 2:30 - hopefully they can follow up on their opening round win with another one! Premier Intermediate Footballers - Tom Creedon Cup Semi- Final v Knocknagree in Knocknagree on Sunday 24th March at 12pm. Hopefully the rain stays away and we have full set of reports to read next week!!

By Darragh Deasy

Double Lotto Win. All at Macroom FC were delighted to see 2 winners of our €3,200 jackpot on 4th March. Margaret Kelleher c/o June's and Gerard Kelleher c/o Murray's were the lucky winners. Congratulations to both and enjoy the winnings! The club would like to thank all those who support the lotto as it is a vital financial source. Many thanks also to those businesses and individuals who sell the tickets on a weekly basis.

St. Patrick's Day: One of the biggest events in the Macroom community calendar is the annual St. Patrick's Day parade and yet again, it was a great success. A huge amount of organizing goes into this event and many volunteers work behind the scenes to ensure the smooth running of proceedings. Well done from all at Macroom FC. We were delighted with the turnout of our underage boys and girls to walk in the parade. The green and white colours of Macroom are ideal for the National holiday and everyone had plenty of colours on show. Macroom FC were delighted again this year to walk the parade with the underage players and coaches from Macroom Juvenile GAA and Macroom Ladies Gaelic Football clubs. As many players are playing both soccer and GAA, it makes perfect sense for the clubs to work together in a positive fashion. The parade is a perfect way to showcase the increasingly excellent relationship we have with Macroom Juvenile GAA clubs.

Screen Time. A wider issue and concern among all sporting groups is the increasing use of

Macroom AFC



Gerard Kelleher (2nd right) receives cheque for €1,600 following his jackpot win in Macroom FC lotto. Also included Willie O Riordan (President), Denis Murray (Chairman and seller) and lotto committee members Connie Foley and Noel O' Riordan ©

'screen time' among children. State of the art phones, iPads and games consoles are now a part of everyday life. There is a responsibility on all clubs to encourage our children to get out playing sport, taking exercise and enjoying themselves. As coaches and volunteers, working together and having good relations can surely only drive this and be a positive thing for the whole community.

Roundup. A large number of cancellations again over recent weeks and hopes remain that the rain might stop at some point. In the U15 schoolboys league Macroom A welcomed Blarney to Murrayfield and recorded an excellent 3-0 victory. Macroom hit the front on 11 minutes when Liam Holland went on a fine solo run and he managed to finish well. Blarney responded with good pressure but Macroom were working hard all over the field. The second goal arrived

just before half time when Alan Desmond found Rory Duggan and he made no mistake. In the second period, Blarney continued to press but Dylan Wenger, Ben Herlihy and keeper, Cameron Murphy, were all doing very well at the back. The third goal came late on when James Slattery fired home a lovely free kick. A top performance from Macroom in which Eoin Healy, Charlie Burke and Stiofan McSweeny impressed. The Under 11 girls travelled to Cobh, taking on Springfield in a number of very entertaining games. And the U15 girls side were also away to Springfield. A cracking tie ensued, with Macroom unlucky to lose out 5-4. Regardless of the result, it was a mighty performance from the girls. The Under 12 boys, sponsored by Clancy's Fresh Fish Shop, were away to Mayfield Utd, trailed twice yet still emerged with a fantastic 3-2 win. Macroom worked hard all over the field and fully deserved their victory. Cian O' Donovan had a storming game, scoring a brilliant hat trick in what was a great squad performance. Delforno Tiles, Timber and Bathroom have kindly sponsored a set of jerseys for our U10 boys' squad. Thus is a fantastic sponsorship and many thanks to Delforno from all at Macroom FC.

MACROOM GOLF CLUB

Results: 5th March: Seniors Scramble 1st: Stevie Wills, Tony Bullen, Frank O'Flynn 41pts Weekly Singles: 1st Mike Lillis 31pts 9/10 March Club Singles 1st Noel Herlihy 33pts. 2nd Michael Brosnan 32pts.

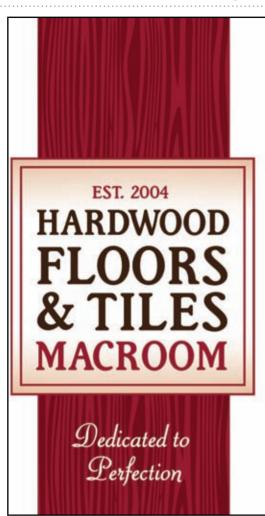


Uibh Laoire who defeated Kilmichael in the Muskerry u21 C Footbal Championship ©Lee Valley Outlook



Kilmichael who were defeated by Uíbh Laoire in the Muskerry u21 C Football Championship ©Lee Valley Outlook





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PICTURE PARADE



Alpacas from the O'Casey farm at 2019 Macroom St. Patrick's Day Parade ©Lee Valley Outlook



The Bandon Steam Engine at 2019 Macroom St. Patrick's Day Parade $\,$ ©Lee Valley Outlook



Aghinagh Comhaltas at 2019 Macroom St. Patrick's Day Parade ©Lee Valley Outlook

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Lee Valley Enterprise Board Dragon at 2019 Macroom St. Patrick's Day Parade ©Lee Valley Outlook



Dancers from the O'Sullivan School at 2019 Macroom St. Patrick's Day Parade ©Lee Valley Outlook



Trish, Phil and Barry Lehane, Aherla, at 2019 Macroom St. Patrick's Day Parade ©Lee Valley Outlook



Leon and Ethan Moss, Kilmurry at 2019 Macroom St. Patrick's Day Parade ©Lee Valley Outlook



Canovee G.A.A. at 2019 Macroom St. Patrick's Day Parade ©Lee Valley Outlook



Sales: Des 087 659 3427 or Email: des@outlookmags.com	LEE VALLET OUTLOOK



PICTURE PARADE



Rusheen N.S. who competed in the West Muskerry Sciath na Scol Indoor Hurling Blitz held in the Sports Complex Macroom recently. $\mbox{\oAn Scoil}$



Doireann, Sadhbh, Laura, Adam and Daniel who represented Scoil Naomh Muire, Farran at Scór na bPáistí in the Instrumental Group ©An Scoil



Sarah, Ella, Molly, Leah and Laura who represented Scoil Naomh Muire Farran at Scór na bPáistí ©An Scoil



Children from Tirelton NS presented 'Oliver Twist' to the local community ©An Scoil



Children from Tirelton NS who participated in The West Muskerry Indoor Hurling Blitz in Macroom



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Aghabullogue N.S. u11 team, finalists in the Credit Union Quiz at the RDS next month. ©An Scoil



Junior pupils from Ballyvongane NS enjoying Pancake Tuesday. ©An Scoil



Aghabullogue N.S. u-13 team who are in the Credit Union Quiz finals at the RDS next month. ©An Scoil



LEE VALLEY OUTLOOK



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3 x Hi Flame 1 x Kindling

€99 DEAL 1

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1 x Kindling

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Big Bag: €70

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€5 per Bag (Buy 5 get 1 free)

4 Buckets hardwood €320

4 Buckets Softwood €160



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Hayes Fuels

(6 for €30)

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Big Bag: €100

Bucket (Ex Yard): €80

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PICTURE PARADE



Rusheen N.S. pupils all dressed up for World Book Day ©An Scoil



Pupils from Ballyvongane NS with their Principal, Mr Liam Buckley, at the recent ESB Primary Science Blast in the RDS Simmonscourt. ©An Scoil



Pupils at Inchigeela NS celebrate World Book Day. ©An Scoil

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Peter Coleman presents a Macroom FC top to FAI Development Officer, Stephen O'Mahony as a thank you from Macroom FC. \circledcirc



John O'Driscoll presenting 2018 medals to Béal Átha'n Ghaorthaidh Under 16C Rebel Óg Western division champions at the



Muskerry's Rose Malone receives a presentation in appreciation of all her work for Camogie ©Michelle Cooney



John O'Driscoll presenting 2018 medals to Béal Átha'n Ghaorthaidh Under 21B Muskerry Champions ©Bernie Shorten



Seán Ó Céilleachair, Pádraig de Brún agus Raymond Ó Ríordáin at Cill na Martra Victory Social ©Lee Valley Outlook











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PICTURE PARADE



Canovee who defeated Macroom in the Muskerry u21B Football Championship ©Lee Valley Outlook



Aghinagh who defeated Clondrohid in the Muskerry u21C Football Championship ©Lee Valley Outlook



Clondrohid who were defeated by Aghinagh in the Muskerry u21C Football Championship ©Lee Valley Outlook





PHN Ellen O'Leary who retired after 23 years of devoted service in the Ballyvourney District. Ellen is great grand-daughter of An Dochtúir Ó Loinsigh. Also included, Practice Nurse, Margaret Lynch and Practice Manager, Nora Gallagher. ©Con Kelleher



James and Helen Cronin, Ballyvourney, who celebrated their Golden Jubilee in February©

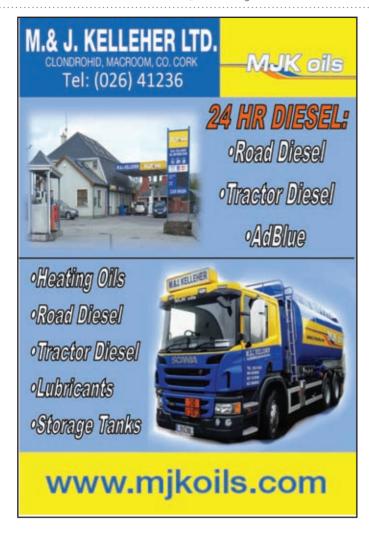


James and Helen Cronin, Ballyvourney, who celebrated their Golden Jubilee in February©



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Public Talk on Friday 22n March 2019 @ 7.30pm at Aghinagh GAA Hall, Eircode P12YH96

As parents and volunteer coaches we all want to do the best for our children and young athletes. As the season commences for GAA, hurling, soccer, camogie, football, rugby, hockey etc. then this is your chance to come and hear these national leading experts tell us straight how we can reduce injury, reduce the fear of head injuries by good early and appropriate pitch side management and how to keep our players well and protect them as best we can.

Dr. Niamh Lynch is a busy Paediatric Neurologist but has also trained as a concussion expert with the world renowned University of Pittsburgh and was the first in Ireland to set up a concussion clinic. She has a lot to tell us about new developments in

Prof. Carl Vaughan is a Cardiologist in Cork who has 30 years experience in trying to help us understand and prevent heart disease and has managed many Cardiac conditions



in athletes along the way.

Rena Buckley, Cork Camogie Player, Gaelic Footballer and local Physiotherapist will tell us how to manage some common pitch side injuries to joints and how to minimise injuries during play.

This is a once off unique gathering of expertise that will help us reduce unnecessary suffering to our players and children as we encourage them in their sporting activities.

Tickets €10 at the door or phone Teresa on 087-1270385





Welcome back dear reader continuing on the Holy Spirit, Who is also our Counsellor. No-one gives counsel like Him. It's great to get help with issues from a counsellor or friend, or, if you have legal problems, you get counsel from your Solicitor, but the counsel the Holy Spirit gives goes way deeper than human wisdom. When a person repents of sin and confesses Jesus the Son of God as Lord, the Holy Spirit comes and lives inside of you and your human spirit is re-created and re-connected with God. You are changed (or born again as Jesus put it in John chapter 3) and have access, as a child of God born of the Spirit, to the Father and all His resources. In Jeremiah 33:3 God tells us that when we call upon Him, He will show us great and mighty things which we have not known. As we get to know the Lord through reading His Word and meditating on it, the Holy Spirit reveals God's truths into our spirit and transformation occurs within us. So where previously a person maybe was beset by terrible fears, as he or she learns what God promises in the Bible, that fear is driven out when they realise that God loves them and that He is for them so who can be against them? (Romans 8:31; 1st John 4:18) Do you know that God is for you friend? You may be for one football team and me for another - but God is for us! He is for you and not against you! You may not like where your life is right now, but circumstances are subject to change. It is pointless for you to do the same thing you have always done and expect different results. Call upon the Lord Jesus and ask Him to come into your life and heal you and He will forgive you of your sins (Romans 10:9). Holy Spirit will lead you and guide you (Romans 8:14), and you will begin to get to know God as the Good Father He is, and you will make better decisions based on God's wisdom founded upon His Love for you. 'You will hear a voice behind you saying this is the way walk in it whether to the right or to the left' (Isaiah 30:21). Receive the Spirit of God and be victorious!

See more on wordofvictory.net

More next week...





E: wovkillarney@gmail.com - T: 064-6622950 - wordofvictory.net







PICTURE PARADE



Kilmurry GAA Junior A County Champions 1969 at the Golden Jubilee celebrations at the Castle hotel \odot



First year students at St. Mary's enjoy a Céilí as part of Seachtain na Gaeilge celebrations ©An Scoil



Aghabullogue NS team who took part in the Allianz Sciath na Scol Indoor Hurling League finals at Na Piarsaigh. © Mike English



Berrings NS celebrate their win in the Allianz Sciath na Scol Indoor Hurling League final at Na Piarsaigh. Included are teachers, William Walsh, Willie O'Callaghan and Sciath na Scol's Pat O'Leary ©Mike English.



Aghabullogue NS who reached the finals of the Allianz Sciath na Scol Indoor Camogie Championship at Na Piarsaigh. © Mike English



The Berrings team who took part in the Allianz Sciath na Scol Indoor Camogie Championship finals at Na Piarsaigh. Included are teachers, Liz Hayes and Joanne Dineen. ©Mike English



Macroom who were defeated by Canovee in the Muskerry u21B Football Championship ©Lee Valley Outlook



Rinceoirí seite Scoil Lachtaín Naofa, Cill na Martra, a bhí ina mbuaiteoirí de Scór na bPáistí Chorcaí. $\ \odot$



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APPOINTMENTS & NOTICES



INFORMATION, ADVICE & ADVOCACY

on many issues including the following:

- Social Welfare Entitlements
- Employment Rights
- Family Matters
- Housing

 Assistance with preparation for social welfare appeals & employment rights appeal

Macroom CIC, South Square, Macroom, Co. Cork Mon - Thurs: 10am - 5pm

A Free, Confidential and Independent Service NO APPOINTMENT IS NEEDED

Helpline: 0761 078430

Website: www.citizensinformation.ie National Helpline: 0761 07 4000





KNOW YOUR RIGHTS: **UNPLANNED PREGNANCY - SUPPORTS AVAILABLE**

If you have an unplanned pregnancy, there are free confidential counselling and information services to help you consider your options and access services and supports.

My Options is a freephone helpline that provides counselling over the phone. It is provided by the Health Service Executive (HSE). If you would like face-to-face counselling, My Options can tell you where to get it for free.

My Options provides information and support on all your options if you have an unplanned pregnancy, including information on a range of continued pregnancy supports and on abortion services.

It can give you information about when you can get an abortion and where that service is available. You can also access post-abortion counselling and support from My Options,

You can call the My Options helpline on Freephone 1800 828 010 or visit the website, myoptions.ie, for more information.



CAN YOU VOLUNTEER FOR THE RNLI?

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We are establishing a NEW volunteering group here in MACROOM and we need your help

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> > Planning and supporting interesting local events Promoting our activities on social media > Joining a happy team of fundraisers > Designing event posters > And much more...

Whatever your age, skills or availability - we'd love to hear from you!

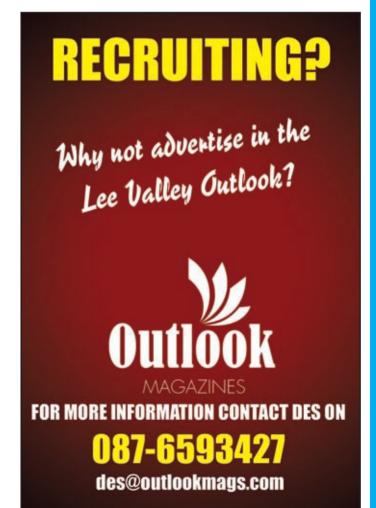
What's in it for you?

- . Using your skills, learning new ones and gaining experience
- · Meeting new people in your community
- Knowing that you have contributed to saving lives at sea

For more information please contact Mary Creedon on 087 6236322, email Mary_Creedon@rnli.org.uk or go to our website www.rnli.org.uk for volunteering roles.

The RNLI is the charity that saves lives at sea









ADVERTORIAL

LEGAL RIGHTS WHEN BUYING A VEHICLE

If you are thinking of buying or have bought a second hand car, there are a few pointers that are worth bearing in mind. The four most common ways most people purchase a vehicle are either through a garage/ dealer, an auction, the small ads section of newspaper or online. If a person purchases a car for personal use from a dealer who is selling in the course of their business, then the person is classed as a consumer. This gives you rights under the Sale of Goods and Supply of Services Act 1980.

Consumer contracts are protected by the Sale of Goods and Supply of Services Act 1980. Under this Act the purchaser of goods has a number of rights. The main ones are as follows:

- 1. Goods must be of merchantable quality goods should be of reasonable quality taking into account what they are meant to do, their durability and their price.
- 2. Goods must be fit for their purpose they must do what they are reasonably expected to do.
- 3. Goods must be as described the buyer must not be misled into buying something by the description of goods or services given orally by a salesperson or an advertisement.

You have a contract with the retailer so, if the car you purchased is faulty, it is the retailers responsibility to put things right. As a general rule, the seller can either repair or replace the item. Alternatively, they can refund the cost of the item to you.

If you have a warranty, you will be afforded extra protection. It is the retailer's responsibility to provide a remedy under the warranty unless they have opted out of this and advised you. You should carefully check the terms and conditions of any warranty.

You have no grounds for redress if you were told about the defect before you bought the vehicle, you examined the vehicle before you bought it and should have seen the defect, you broke or damaged the vehicle or you change vour mind.

A seller is required to give accurate and truthful answers to questions you ask but there is no obligation to bring information to your attention if you do not ask specifically. Furthermore, if the seller is not selling in the course of their business, they will not be considered to have the expertise or knowledge to point out potential defects to you.

If you believe that your consumer or legal rights have been breached, it is advisable to consult a solicitor who can advise in respect of potential steps you can take.

Karen Walsh, of Walsh & Partners, Solicitors, comes from a farmina background and is a solicitor specialising in agricultural law, land law and renewable energy and is author of 'Farming and the Law' available from www. claruspress.ie. The firm also specialises in personal injuries, employment law and family law. She has offices in Dublin and Cork. For further information please contact 01-602000 or 021-4270200. Email: info@ walshandnartners ie Weh: www.walshandnartners.ie

Disclaimer: While every care is taken to ensure accuracy of information contained in this article. Solicitor Karen Walsh does not accept responsibility for errors or omissions howsoever arising, and you should seek legal advice in relation to your particular circumstances at the earliest possible





Béal Áthan Ghaorthaidh under 10 team at Blitz in Páirc Uí Chaoimh © Bernie Shorten



Macroom Lions Club presentation to Tiny Feet Fairy Garden, Masseytown ©Lee Valley Outlook



Ambner Long, Cill na Martra (centre middle row) photographed with some of her friends as she celebrated her birthday at Curraheen Park. ©Mike English



ie of those who attended a retirement party for Sgt. Con Ó Loingsigh $\,$ in the Abbey Hotel, Baile Bhúirne, ©Nóra Ní Luasa



Mobile Des: 087 6593427 t/f: 064 66 70000 | e: leevalley@outlookmags.com

LEE VALLEY DIARY

Rosary for Lent in Bealnamorrive Church every Wed night at 8p.m. Lee Valley Speakers 1st and 3rd Tuesday of each month @ 8pm in the Castle

Ballyvourney Daffodil Day March 22 9.30 - 12.30 Abbey Hotel

Bealnamorrive Daffodil Day at Tadhg O'Leary's Bar Sat March 23rd 11a.m. to 5p.m. Note date.

Concussion/ Heart Care in Sport Public Talk Fri 22nd March @ 7.30pm. Aghinagh GAA Hall,

Crookstown Vintage Road Run. Sun March 24th Clifford's Bar from 10.30am Ciorcal Gaeilge Éire Óg GAA Pavilion Mon. March 25th 8 to 9pm

Macroom Ladies Football registration 29th March GAA clubhouse Castle

Carrigadrohid /Killinardrish Clean Up Sun. March 31 2.30 – 4.30 **Bridge Morning** at the Abbey Hotel, Baile Mhúirne Wed 3rd April @10.30am. Cope Céilí in Inchigeela Hall on Fri 5th of April @ 9.30.

National Tree Week March 31st - April 7

Macroom Golf Club Ladies 'Spring into Style' at Castle Hotel Fri April 5th at 7.30pm.

Book Launch Michael Galvin's new publication Tues April 16 at 8p.m. in Kilmurry Museum

Macroom AFC Race Night Easter Sunday April 21st Murray's Bar 9pm. Fatima ex Cork Mid Cork Pilgrimage- 18th of Oct '19. Contact O'Driscoll Travel, Macroom - 087 2322505

IRD Duhallow Community Meetings.

Donoughmore Hall Thurs March 21 at 8pm

Inchigeelagh, Creedon's Hotel, Mon March 25 8pm Macroom Castle Hotel Tues March 26 8pm

Aghabullogue Community Centre Wed March 27 8pm Clondrohid Community Hall Mon Ap 1 8pm

Ballinagree National School Tues Ap 28pm

Rusheen Hall Thurs Ap 4 8pm

Leabharlann Bhaile Bhúirne

Knitting, Crochet & Craft Group 11am every Tues Library Book Club 1st Tues of every month at 10.30am (next April 2) Labhair Linn sa Leabharlann gach coicís ar an Aoine ag 10.20 r.n. (Márta 22).

Macroom Library

Storytime Every Sat at noon. Ciorcal Cainte March 28 at 11.30a.m. Adult Book Club April 3 at 11.30a.m. Purlies Knitting Group April 4 at 11.30am. Music Morning April 12th at 11am March Art Exhibition by Keith Kennedy.

We are pleased to publicise Lee Valley functions, fundraisers, sports events etc. in this fortnightly Diary. We may include commercial events that are also being advertised simultaneously in the magazine. Please email information to leevalleyoutlook@gmail.com; telephone 026 41891 or post to Killarney Road, Macroom by the Monday before publication. Remember you can access back issues of the Lee Valley Outlook at www.macroom.ie

ADVERTORIAL



SAVING LIVES AT SEA

'WHEN YOU'VE SAVED SOMEONE'S LIFE, THERE'S NO FEELING LIKE IT' MARTIN, LIFEBOAT VOLUNTEER

Martin, Lifeboat Volunteer

It doesn't matter who you are, where you are or how you got into trouble, if you need help at sea, RNLI lifeboat volunteers like Martin will be there for you. They are your 24/7 guardians of the sea. In 2017 alone, crews launched over 8,400 times and helped over 8,000 people.

Competence-based training gives those on the lifeboat crew vital skills, and confidence in each other and their lifesaving equipment, as well as the opportunity to progress to more senior roles. Crews get the best kit, lifeboats, equipment and facilities the RNLI can provide. Tragically, around 190 people are beyond the RNLI's help and drown accidentally every year. The charity aims to halve this number by 2024 through its drowning prevention work.

By taking water safety messages into schools,



RNLI education volunteers are raising young people's awareness. Respect the Water, the RNLI's national drowning prevention campaign, is seen by millions of people each year. And thanks to a strategic partnership with the RNLI, the GAA is helping to promote the campaign in communities throughout Ireland.

As a registered charity independent from government, the RNLI relies on the generosity of the public to fund its lifesaving work, and the time and energy of thousands of volunteers.

It costs almost €210 million a year to run the RNLI. A cost the charity couldn't meet without its 23,000-strong team of community fundraising volunteers at RNLI branches, guilds and other fundraising groups, and in RNLI shops and visitor centres.

The RNLI is currently seeking volunteers for a new fundraising group in Macroom, Co. Cork. If you'd like to get involved and help save lives at sea in your community, please contact RNLI Community Fundraising Manager Mary Creedon on 087 6236322 or email mary_ creedon@rnli.org.uk.

To find out more about the RNLI, visit RNLI.org.

WORST CASE BREXIT THREATENS FARMERS LIVELIHOODS

"We export over 50% of our beef to the UK. If this is subject to tariffs it will be a direct hit on the farming sector. This will make the trade on beef and dairy products unviable. Cattle and dairy farmers have traditionally been the back bone of the rural economy here in county Cork. Many families have been reared on family farms and local towns and villages depend on income already derived from such farms.

Macroom mart every Saturday is a great example of what business is being brought into Macroom town by the farming community. What can be done to prevent the decline of family farms, the simple answer is to make farming profitable again. Farmers will have to be able to cover their costs and be able to make a modest profit margin. Farmers will have to be treated as an equal partner when negotiating with beef processors rather then being a purely price taker as they are are present. The EU agencies will have to direct financial aid to make the family farm more profitable again and distribute the single farm payments more equally to give the small and medium farmer a chance to make his farm more profitable again and to get our young people back into farming."



Mary O callaghan Hallissey pictured with her young calves at Raleigh North Macroom Co. Cork.

PURE RESULTS RETURNS TO PARKNASILLA RESORT & SPA

















Results, Ireland's Pure premier weight loss and fitness retreat run by RTE's Kathryn Thomas is heading back to the Kingdom this March for a limited time only. Her seven day and four day residential retreats give clients the opportunity to

switch off and completely focus on their health and wellbeing with impressive weightless

results to boot. Classes such as boxercise, yoga, kettle bells and resistance bands are designed for men and women of all fitness levels, where age is but a number!!! Bookings for the bootcamps have been extremely high, prompting Kathryn to put on additional camps this year to cope with demand.

"We are delighted to be heading back to Parknasilla Resort and Spa for our March retreats, taking place between 15th and 29th March. It is such an idyllic location for our clients to achieve incredible results just in time for summer. We

have always had such great fun at our Kerry retreats and I cant wait to welcome clients who might be looking to do something completely different over the St Patricks bank holiday while *losing a few pounds too!"* said Kathryn.

Parknasilla overlooks the Atlantic coast on 500 acres of tropical paradise along the Wild Atlantic Way and the Ring of Kerry. With miles of hiking trails, outdoor spaces and serene viewpoints, the trainers are spoilt for choice when creating the clients energising class schedules. Day trips along the Old Kerry Way and to Derrynane beach are also a popular part of the weekly schedule.

As well as all exercise classes, life coaching, cooking demonstration and nutrition workshops, Pure Results clients can relax in the luxurious spa including indoor heated pool, spa thermal suite, outdoor hot tubs and 12 treatment rooms.

Prices start from €529 for a 4 day retreat For more about Pure Results fitness retreats visit www.PureResultsBootcamp.com For more information on Parknasilla Resort & Spa visit www.parknasillaresort.com





Campaign to include a Coffee Morning on Friday April 12th at the Castle Hotel, Macroom 10.00am-12.30pm

Cope Foundation, one of Cork's longest established charities, has just launched its revamped Flowers of Hope fundraising campaign taking place from April 1st - 14th. The disabilities organisation wants to bring more colour to Cork by celebrating inclusive communities, work places and schools.

Cope Foundation is on a mission to make Cork the 'Inclusive Capital of Ireland'. The organisation, which supports 2,350 people with intellectual disabilities and/or autism to live 'Your Life, Your Way', is doing a lot of work to raise awareness about the importance of diverse workplaces, communities, sports groups and schools.

No matter where you are, you can take part. You could organise a Flowers of Hope Coffee Break or Bake Off at work, school or in your local community and share a cuppa for Cope. Or lace up those runners and do a Flower Power Walk at lunchtime with colleagues, friends or classmates. Why not wear something floral (dig out that lovely floral dress or shirt) and donate €4 to Cope Foundation by text or online and share your 'floral selfie' with the hashtag #FlowersOfHope. Flowers of Hope lapel pins and seeds will also be available to purchase at various outlets across

ADVERTORIAL

Cork. The seeds (nasturtiums) can be planted this Spring and they will add great colour to any

Cope Foundation has a network of 69 locations dotted right across Cork city and county. Its annual Flowers of Hope campaign centres on the people of Cork celebrating colour, growth and togetherness. Right now, Cope Foundation is calling on Cork schools, community groups and businesses and asking them to take part in Flowers of Hope this April. They have great fundraising packs available for people who would like to bring Flowers of Hope to their school, work place or community.

Seán Abbott, Chief Executive of Cope Foundation said "Flowers of Hope is an exciting campaign for Cope Foundation as it raises awareness about the need to embrace diversity and accept people for who they are (not for what they can or can't do). We want to see communities, schools and work places bringing more colour into their lives by supporting Flowers of Hope this April and in doing so, raising much-needed funds for potentially life-changing assistive technology projects at Cope Foundation."

Funds raised through Flowers of Hope will be used to develop and progress Cope's work in assistive technology. Assistive technology is any technological intervention that can enable a person to do something - from everyday tasks to those 'never-seemed-possible achievements'. For example, assistive technology could help a person to overcome or manage communication difficulties, cognitive issues, mobility limitations, and even social barriers. Assistive technology has the potential to really change a person's quality of life and gain independence. Cope Foundation wants to be able to provide more assistive technology solutions for people so that they really can live 'Your Life, Your Way'.

More information at www.cope-foundation.ie

Macroom Golf Club FUNDRAISER

These ladies were the first ever team in the 94 year history of Macroom Golf Club to reach an All Ireland Final in the Challenge Cup in 2018. To help keep this winning streak going a fundraising event will take place in The Castle Hotel, Macroom on Friday April 5th at 7.30pm.

The show, entitled "Spring into Style" will be hosted by Ms. Joan Cashman, Colour and Image Academy, and promises to be both entertaining and informative. So ladies, shake off those winter cobwebs and cut a dash in style into 2019.



Testimonial

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Snippets may include details of upcoming Lee Valley functions, fundraisers, sports events etc. We may include commercial events that are also being advertised simultaneously in the magazine.

Public Speaking. Overcome any fear of public speaking. Learn to communicate with confidence. Visit Lee Valley Speakers as a Guest. We meet on the 1st and 3rd Tuesday of the month @ 8pm in the Castle Hotel, Macroom. Guests attend free for the first 5 meetings. No pressure to speak in public; you will receive full support in a very positive welcoming environment. For more details contact 086 -8303015.

Rosary for Lent in Bealnamorrive Church every Wednesday night at 8p.m.

Concussion / Heart Health in Sport Public Talk on Friday 22nd March 2019 @ 7.30pm at Aghinagh GAA Hall, Eircode P12YH96. If you spend time on pitches either as a coach, player or parent, then this meeting is for you! International experts on Concussion/on pitch head injuries, heart health in sport and on pitch management of common injuries will be discussed. Consultant Dr. Niamh Lynch, Paediatric Neurologist and Concussion Expert, Bon Secours Hospital, Cork;, Dr. Carl Vaughan, Consultant Cardiologist, Mercy and Bon Secours Hospitals and Rena Buckley, Cork camogie player and Gaelic Footballer and Chartered Physiotherapist will be delivering the information. Tickets €10 at the door on the night or Phone Teresa on 087-1270385

Bealnamorrive Daffodil Day at Tadhg O'Leary's Bar on Saturday, March 23rd 11a.m. to 5p.m. In aid of Irish Cancer Society. Cake sale and raffle. Enjoy the cuppa and chat.

Crookstown Road Run. Well folks, it's that time of year again when Crookstown Vintage Club will host its Annual Road Run. All cars, motorbikes and tractors welcome to join us on Sunday March 24th. Sign in at Clifford's Bar from 10.30am, leaving at 12 noon. Further details please contact Tony 087 2677867

Ciorcal Gaeilge Are you interested in one hour of casual conversational Irish? If so, come to Éire Óg GAA Pavilion on Monday night, March 25th, 8 to 9pm, for a friendly chat, plus a cup of tea or coffee. Caint, comhrá agus amhráin. Fáilte roimh gach éinne

Macroom Ladies Football registration on the 29th of March in the GAA clubhouse in the Castle Grounds from 7:00pm to 8:30pm.

Carrigadrohid /Killinardrish Clean Up Sun. March 31. Meeting at 2:30pm in Canovee School New Hall. Bags and litter pickers provided. Bring your hi-vis and gloves. Let's work together to clean up our community; then return to the school for a cuppa, cake and a chat. All welcome.

Litter pick up March 31st 2pm to 5pm from Kilmurry Museum. Gloves and bags available and bags collected en route. Please can as many people and groups get involved; the litter is horrendous in the countryside.

National Tree Week takes place between March 31st and April 7th

Bridge Morning - Active Retired Bhaile Mhúirne at the Abbey Hotel on Wednesday 3rd April @10.30am. All welcome

Macroom Golf Club Ladies are hosting a

fundraising event entitled 'Spring into Style' presented by Ms. Joan Cashman, Colour and Image Academy, in The Castle Hotel, Macroom on Friday April 5th at 7.30pm. Time to shake off those cobwebs and cut a stylish dash into 2019.

Kilmurry KHAA April lecture April 17th 8pm by Dr John Sheehan UCC. The Vikings in Ireland. Heritage room at Independence Museum Kilmurry

Darkness into Light May 11th 4.15 am walk of hope for Pieta House. Walking from Independence Museum Kilmurry. Donations and registration from 3.30 am. Refreshments available after the walk /run. Sponsored by the Movement Gym, Macroom

Fatima ex Cork Mid Cork Pilgrimage- 18th of October'19 - 3 nights - Spiritual Leader - Fr Dónal Ó Briain. Further details from O'Driscoll Travel, Macroom - 087 2322505

N22 Macroom/Ballyvourney **Project:** Construction of over 22kms of new national primary road bypassing both Macroom and Ballyvourney/ Ballymakeera. Advance works will continue in various areas of the site over the coming weeks. Currently, ESB crews are working on diversions of high voltage power lines in an area east of the Bohill River, near the western end of the scheme. Construction of an access track to facilitate these diversion works will get underway next week. It is still hoped that the main construction works will get underway before the end of this year.

Noel Murphy Boxing Win Noel Murphy. Masseytown, had a great win in Boston on St. Patrick's Eve over Dubliner, John Joyce. He continues to fly the Macroom flag proudly on the International stage and was in devastating form throughout, flooring Joyce in the first and cruising to a well deserved unanimous decision.

Aghinagh G.A.A. Lotto 10th March. Jackpot €4,900. Numbers drawn 17, 32, and 36. No winner. €50 Theresa Dennehy, Oughtierra. €20 each to Siobhan Spillane, Ballinagree; James & Mary Murphy, Derryroe; Conor McCarthy, Castleview; Jason McCarthy, Drombeg.

17th March Jackpot €5,050. Numbers drawn 8, 15, and 41. No winner. €50 Caroline Corkery & Clare MacSullivan, Drombeg & Ballinagree. €20 each to Margaret O'Driscoll, Horsemount; John Burns, Clonavrick; Ellen Coakley, Derryroe; Thady Delanev, Coachford

Clondrohid G.A.A. Lotto March 6. €70 Sheila Bradley Dromree €20 each. Tim & Rita O'Callaghan The Village, Marie Spillane Moulnahorna, Jerry

Kelleher New St Macroom, Kevin & Caroline O'Leary The Glebe.

March 13. Jackpot €2,600. €70 Eileen Coakley Bantry €20 each M. Scanlon Sullane Weirs, Martin Manning Masseytown, Mark Creed Carrigphooka, Mary Kenneally Crookstown.

Donoughmore G.A.A. Lotto March 5th Jackpot €1.400. Winning Numbers: 6 12 16 Jackpot Winner: Willie O'Regan €25 LuckyDip Winners: 1. Annette Kearney 2. Mary McDonnell 3. Andrew O'Brien 4. Steve O'Callaghan 5. Tadhg + Eileen Looney

March 12th Jackpot €1000, Winning Numbers: 9 28 33. No Winner €25 LuckyDip Winners: 1. D.J. Foley 2. Pat Corkery 3. Dave Healy 4. Bina Lyons 5. Noreen, Dan + Bill O'Sullivan

Kilmichael GAA Lotto 4th March- Jackpot €1.150; Numbers 15-17-29-35; No Winner. €50 Eileen Collins, Dromleigh; €25 each Fionán O'Dwyer, Shanacashel; Noel O'Riordan, c/o Dromeys; Chlo & Aleisha Lordan, c/o Jerry Masters.

11th March - Jackpot €1.300: Numbers: 28-29-35-36; No Winner. €50 Tara Dromey McGuinness, c/o Dromeys; €25 each to Frank Dineen, c/o Dromeys; Miah Murphy, Johnstown; Agnes Cotter, Cooleclevane.

Kilmurry G.A.A. Lotto 11/03/2019. Jackpot: €6000. Numbers Drawn: 5.18.33. No inner. €50 Nessa Kenny. €20 each: Patricia Payne, Kitty& Natasha Howard, Linda Pierse, Mary Horgan, Dan Clifford

Macroom AFC Lotto 11/03/19 Jackpot €1,000. Numbers drawn: 2, 8, 9. No Winner. €80 Stephen Kelly c/o Fudge. €20 each: Norann Murphy c/o Hound, Caleb Dineen c/o Dineen's, Norma Vaughan c/o Hound, John Deasy c/o Dineen's.

Macroom G.A.A. Lotto 5/03/2019. Jackpot €2200. Numbers19-22-28. No Winner - €70. Ted Kelleher, Gurteenroe.

12/03/2019. Jackpot - €2400 Numbers drawn: 4-9-24. No Winner. - €70 John & Carmel O'Mahony, Cork Street.

Rylane CPA Lotto: 11/3/2019 Jackpot €2000. Numbers drawn: 11 - 25 - 35. No Winner. €20: The Finnegan Family (Glantane), Enda O'Sullivan (Rylane), Penny, Gily & Jim O'Sullivan (Rylane). Seller's Prize €20: Norma Walsh.

Coachford AFC Lotto: 19/3/2019. Jackpot: €3,800. Numbers Drawn: 2 - 7 - 30. One Winner: Mags. €40 Paddy Finnegan, €20 Eileen, Dylan & Rex. Tim Hallissey (Yearly Ticket), Michael O'Riordan, Kate Murphy.



Macroom Cub Scouts at 2019 Macroom St. Patrick's Day Parade ©Lee Valley Outlook



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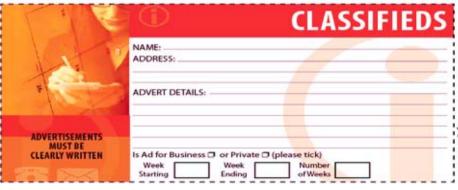
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Katie and Lauren, St. Enda's N.S. Kilnadur, who came second with their Hot Air Balloon in the Mini Junk Kouture competition at McEgan College . ◎An Scoil



Donal Cashman, Chairman Enable Ireland being presented with a cheque for €17,500 by Valerie Jennings, Treasurer and Joe McCarthy Chairman of Castletown Fundraising Group, proceeds of their 2018 fundraising efforts. ©



FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



NORA WALSH

Kielnarovanagh, Toames. Died 21st March 2018

We the heartbroken family of Nora. wish to express our deep appreciation and sincere thanks to everyone who comforted, consoled and supported us on the sudden death of our beloved Mother and Nana. Thanks to our wonderful relatives, neighbours and friends who offered support, compassion and simple practical help at a very stressful and emotional time and continue to do so, to this day. Thanks to the emergency services and to Dr. Shane Hurley who attended to Mam on the evening of her sudden passing. For those who called to the house and attended Mam's removal and funeral, and also those who travelled long distances, sent mass cards and messages of sympathy, we were deeply moved to see how many friends Mam had and to hear the kind words and stories we have heard since her passing.

Thanks to Fitzgerald's Funeral Directors and to the grave diggers for their assistance and professionalism and also thanks to Garda Donal O'Donovan and Kilmichael G.A.A for traffic control throughout the funeral.

We would like to thank Fr. Pat O'Donovan who celebrated Mam's funeral mass, and to her grandchildren Kieran and Clodagh for the beautiful music and singing and also a special thank you to Teddy Crowley who sang at the funeral Mass.

Thanks to Mai Fitz's for the wonderful catering on the day. We would also like to extend a special thanks to Dr. Con Kelleher, Dr. Shane Hurley and all their staff for the wonderful care throughout the years. As it is impossible to thank everybody individually, please accept this acknowledgement as an expression of our heartfelt appreciation.

God called to you so gently, that only you could hear, no-one heard the footsteps, of the angels drawing near. Softly from the shadows, there came a gentle call, you closed your eyes and went to sleep, and quietly left us all. Rest In Peace



All our love - your daughter Noreen, sons Jimmy, Pat and Stephen, sons in law, daughters in law and your 17 grandchildren.

First Anniversary Mass in Toames Church, Sunday 31st March at 11:30am "Never Goodbye, Always Good Luck"

FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of

SHEILA CORKERY

Baile Ui Bhuaidh Cill Na Martra Died 21st March 2018

As we lovingly remember our Mother Shelia on her first anniversary, we the family wish to thank most sincerely everyone who sympathised with us all on our sad loss.

Thank you to Mother's Neighbours and Friends.

Thanks to those who sent Mass Cards, Floral Wreaths and attended the Funeral Services and Funeral Mass and all of those that came long distances to be with us.

Our sincere gratitude to Dr Collette Neville and Carer Shelia Connell as well as the staff and nurses of Marymount Hospice who provided so much care for here in the final few months.

A sincere thanks to everyone who participated in the Mass, especially the Cill Na Martra Choir led by Gobnait Ni Chorchiur

We would especially like to thank Cyril Casey and his team for their kindness and professional guidance which we really appreciated.

The Holy Sacrifice of Mass will be offered for your interntions.

> We lover her so much in life. let us not forget her in Death.

Nilim imithe uaibh ach imithe romhaibh.



First Anniversary Mass on Saturday 23rd March 2019 at 7pm in Cill Na Martra Church.

20th ANNIVERSARY



In loving memory of

RACHEL RIORDAN

Knockanowen Coachford Co. Cork who died on 28th March 1999.

> Deep are the memories, precious they stay, No passing of time can take them away.



Always remembered and never forgotten, by your Dad, Mum and sister Aoife.

25th ANNIVERSARY



In loving memory of

IOHN BARRETT

Toames West, Macroom who died 18th March 1994



Always remembered by Katherine, Eileen, Theresa and families

20th ANNIVERSARY



In loving memory of

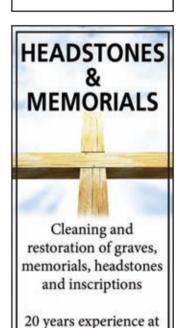
KATHLEEN KELLEHER

Dooneens, Rylane Whose died on 22nd March 1999

No length of time can take away Our thoughts of you day to day, Though absent you are always near Still loved, still missed, still very dear.



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4th ANNIVERSARY



In loving memory of

MARY (MAURA) RING

Colmans pk, Macroom Who died 14th March 2015

> Deen in our hearts Your memory is kept To love To cherish And never foraet



Always remembered Niall, Ruth, Grace, David, Olan & Keelin

4th ANNIVERSARY



MARY (MAURA) **RING**

Colmans pk, Macroom Who died 14th March 2015

To us you were someone special, Someone set apart, Your memory will live forever, Engraved within our hearts.



Sadly missed & fondly remembered by her husband Ally Ring & family

4th ANNIVERSARY



In loving memory of

MARY (MAURA) RING

Colmans pk, Macroom Who died 14th March 2015

No matter how life changes. No matter what we do, A special place within our hearts. Is always kept for you.



Always in our thoughts Darrin, Aine, Adam & Luke

2nd ANNIVERSARY



Treasured memories of

WILLIE **GOOD**

Lissarda, Co. Cork who died on 25th march 2017

Those we love don't go away, They walk beside us every day, Unseen, unheard but always near, So loved, so missed, so very dear.



Dearly loved and sadly missed by his wife Sheila, Charlie, Isabel, Helen, Lilian and their families.

Anniversary Mass in Macroom Church on Sunday 24th March at 12.00.

2nd ANNIVERSARY



In loving memory of

MICHAEL D'ARCY

Gurteenroe, Macroom 26th March 2017

Dearly loved and sadly missed by all his family. Always in our thoughts.



I am at peace Mv soul is at rest There is no need for tears For with your love I was so blessed For all those many years.

RID

10th & 24th ANNIVERSARY





IN LOVING MEMORY OF

JOHN R & SIOBHAN (JOAN) O'DONOGHUE

Curreal, Glenflesk, Killarnev Who died on 26th February 1995 & 23rd March 2009.

No matter how life changes, No matter what we do, A special place within our hearts Is always kept for you.



Always remembered by your loving family.

HICKEY AHERLA

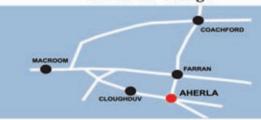
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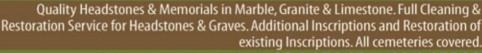
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2nd ANNIVERSARY



In loving memory of

MICHAEL LEAHY

Droumreague Kilnamartyra who died 30th March 2017

Beautiful memories are treasured forever. of happy days when we were together. Lovingly remembered by Ann, John and Joan

This month is remembered and quietly kept, no words are needed we shall never forget. Always remembered by Sean. Goretti and family.

Deep in our hearts your memory is kept. to love and cherish and never forget. Sadly missed by the Buckley Families.



Anniversary Mass will take place on Sunday 31st March at 11.30am in St Lachtains Church Kilnamartyra.

NOVENA TO THE SACRED HEART



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your heart where your father sees

Then in his merciful eyes it will become your favour, not mine. Amen.

Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer.

MK

7th ANNIVERSARY



In loving memory of

MICHAEL O'HERLIHY

Milleen, Kilbarry, Macroom Who died on 21st March 2012

A silent thought, a secret tear Always a wish that you were still here Life goes on, we know thats true But its not the same since we lost you.



Always remembered by his loving wife Mary, son Denis, daughter in law Breda, & grandchildren Aimee & Michéal

30th ANNIVERSARY

In loving memory of

NIALL

DINEEN

8 Oakville Cloughduv

Time changes many things

But not the memory of you

You always had a smile to share

A laugh, a joke and time to care

A beautiful nature warm and true

We just want to say

We will always love and miss you

Always remembered by your loving wife

Marian, your children Christopher, Aisling, Karen and Alan, their partners and 12

grandchildren xx

10th ANNIVERSARY



In loving memory of

MAURA O'CONNELI

Ballymakeera, Co. Cork who died 18th March 2009

It doesnt need a special day, To bring you to our minds, Or days without a thought of you, Are very hard to find.



Always remembered by Sean, nephews, nieces, relatives and friends.

FIRST ANNIVERSARY



In loving memory of

HOWARD (SPUD) MURPHY

Hill of 100 Oaks, Raleigh South, Macroom, Died 23rd March 2018

In tears we saw you sinking, and watched you pass away, Our heart were almost broken, we wanted you to stay. But when we saw you sleeping, so peaceful, free from pain. How could we wish you back with us, to suffer that again? It broke our hearts to lose you. but you did not go alone, For part of us went with you the day God took you home.



Miss you everyday Dad Cliodhna & Jessica

FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of

HOWARD (SPUD) **MURPHY**

Hill of 100 Oaks, Raleigh South, Macroom, Died 23rd March 2018

As we lovingly remember Howard on his first anniversary his wife Noelle, daughters Cliodhna, Jessica and all his family wish to express our heartfelt thanks to all those who sympathized with us on the sad loss of a devoted husband and loving father. A huge thanks to Noelle's family especially her parents Paddy and Mary for all their love and support during Howard's illness, passing and throughout the last 12 months. Thank you to our friends who came from near and far, neighbors and all those who attended Howard's repose, memorial service and the later burial of his ashes, sent mass cards and letters sympathy, to all the parents, students and staff of Kilbarry N.S for supporting Jessica and to Cliodhna's friends, the Nichols family and her academic mentor in UCD for being so kind and helpful to her during her time in Dublin throughout Howard's illness and since his passing.

Thanks to Dr John O Riordan, the doctors nurses and carers of St Threasa's ward at the Mercy University Hospital and the palliative care team at Marymount hospice for their wonderful care and kindness to Howard and our family. Thank you to father O' Mahony Inchigeela for the prayers and lovely memorial service to celebrate Howard's life and Reverend Ann Skuse for the meaningful service and the burial of Howards ashes at St Andrews Kilmurry, to Cyril Casey undertaker for his kindness and professionalism and Ann O Connell for providing the excellent catering. As it is impossible to thanks everyone individually please accept this acknowledgement as a token of our deepest gratitude.



Anniversary Mass 10am Saturday 23rd March Inchigeela Church.

MEMORIALS **FOR THE LEE VALLEY** OUTLOOK

GUIDELINES FOR MEMORIALS AND PRAYERS

FULL COLUMN:€70 REGULAR COLUMN:€35

PLEASE INCLUDE A CONTACT NUMBER ON ALL MEMORIALS.

PLEASE EMAIL IMAGE AND TYPED **TEXT TO**

leevalley@outlookmags.com

OR

DROP TO MULCAHYS INSURANCES LTD. MAIN STREET MACROOM WITH CONTACT DETAILS WITH A CONTACT NUMBER!

EMAIL IS PREFERRED

SO WE CAN RETURN A PROOF TO AVOID ERRORS.

DES: 087 6593427 064 66 70000

POSTAL ADDRESS:

KILLARNEY OUTLOOK OFFICE, **30 HIGH STREET, KILLARNEY, CO. KERRY**

PRAYERS €15 EACH







2nd ANNIVERSARY



In loving memory of

OLIVER SOMERS

Dromatimore Aghabullogue Who died on the 21st March 2017

Day you went away Today's the anniversary Of the day I lost you, And for a time it felt as though my life had ended too. But loss has taught me many things, and now I face each day With hope and happy memories to help me on my way. And though I'm full of sadness. that you're no longer here, Your influence still guides me And I still feel you near. What we shared will never die, it lives within my heart, Bringing strength and comfort while we are apart.



Sadly missed by your loving daughter Noreen, son-in-law Liam and grandsons Olan, Kieran and Aaron.

2nd ANNIVERSARY



In loving memory of

OLIVER SOMERS

Dromatimore Aghabullogue Who died on the 21st March 2017

Your battle is now over; no more tears flowing down your cheek, no more pain, no more suffering; now you are no longer weak. I still do not understand why this had to happen to you, but I am proud to say you are my dad, the greatest man I ever knew.



Sadly missed by your son Patrick, daughter-in-law Helena, grandchildren Rachel, Daniel and Killian.

2nd ANNIVERSARY



In loving memory of

OLIVER SOMERS

Dromatimore Aghabullogue Who died on the 21st March 2017

We hold you close within our hearts, And there you shall remain, To walk with us throughout our lives, Until we meet again.



Always remembered by his wife Eileen, daughters Noreen and Eileen, sons Patrick and Edward and their families.

NOVENA TO THE SACRED HEART



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your heart where your father sees

Then in his merciful eyes it will become your favour, not mine. Amen.

Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer.

2nd ANNIVERSARY



In loving memory of

OLIVER SOMERS

Dromatimore Aghabullogue Who died on the 21st March 2017

Dad

I hide my tears when I say your name But the pain in my heart is still the same Although I smile and seem care-free There is no-one who misses you More than me.



From your loving son Edward.

MEMORIALS

FOR THE LEE VALLEY

OUTLOOK

THE MIRACLE **PRAYER**



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LEE VALLEY OUTLOOK

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