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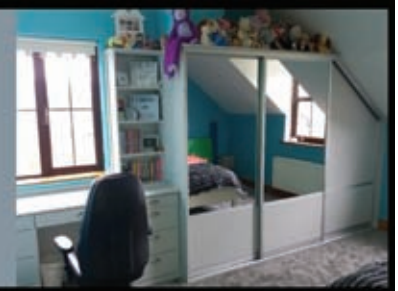
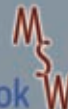
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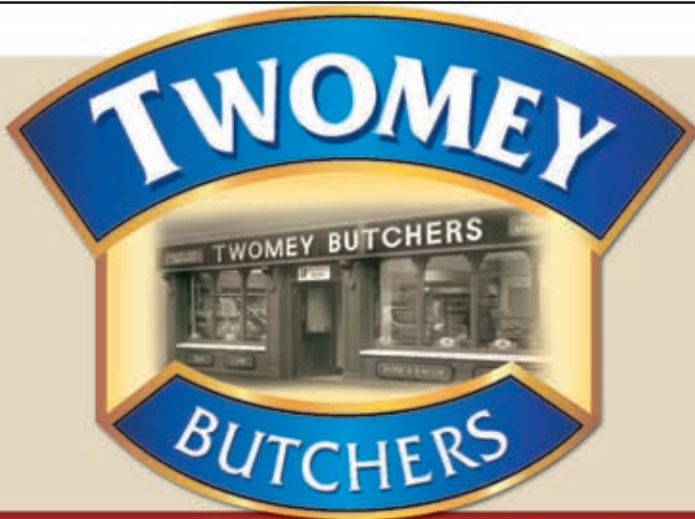
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Cork County Council



Blarney – Macroom Municipal District January meeting will be held in Macroom Town Hall on Friday 25th at 11a.m. Among the considerations

to be discussed are the Part 8 Planning Application for the Briery Gap; Parking Control Bye Laws 2019 and Macroom Mural Project. Cork County Council has lodged a Part 8 Planning application for work on the Briery Gap Cultural Centre and the plans were available to view up to January 18th; observations from the public were invited. The proposed works at the Briery Gap are to refurbish and upgrade the existing 3 storey theatre and library building and will consist of reconfiguration and construction of a new 4 storey, contemporary designed street elevation; demolition and removal of the existing external, fire damaged structures to the rear; demolition and clearing out of the existing internal structures throughout; reconfiguration of front of house facilities and auditorium space, including construction of upper balcony; reconfiguration and construction of back of house facilities (library and theatre), construction

of additional floor levels to front and rear and all associated site works. The planned four storey building includes a balcony in the theatre with 70 seats; a bar overlooking the Square; upgraded toilet and backstage facilities. The building will have a totally new, modern face.

Below is part of the pre-Christmas updated programme

Stage 2 – Part VIII Planning: December 7th 2018 to February 14th 2019

Stage 3 – Detailed Design: Date to April 2019

Stage 4 – Construction Procurement: March 2019 to June '19

Stage 5 – Construction Works: July 2019 to June 2020

Stage 6 – Handover & Project Close-Out: June 2020 to June 2021.

News from St Mary's

Help for the homeless. Fr John Keane has been working tirelessly to help the homeless and he has raised substantial sums of money thanks to the generosity of our community and beyond. Before Christmas, our fourth year students and their teachers, Mrs Donovan and Mrs Murphy, helped Fr John to purchase food (which they purchased locally in Super Valu and Dunnes) and clothing and they organised for it to be delivered to Simon in Cork. A very special thanks to all of the people who gave them money as they were shopping. Well done one and all.

Christmas card from Micheal D. Fourth year student, Liadh Hurley, received a hand written Christmas Card from President Michael D Higgins. Liadh met Sabina Higgins when she and her History class, along with their

teacher Mr Quill, attended an event in UCC to commemorate the Centenary of women's right to vote.

Bt young scientist competition 2019. Congratulations to the students from 2nd and 4th year that represented the school so well at this year's BT Young Scientist competition recently. Great thanks are due to their teachers, Ms Butler and Ms Foley, for all the effort that was involved in preparing and guiding the students over the past few months. One of our projects received highly commended recognition from the judges. A massive congratulations to Radisha Fernando and Emma Deasy for receiving this highly commended award for their project. Well-deserved by the girls. Emma and Radisha entered a very interesting project titled "Are you hearing what I'm hearing?" This project investigates if personal factors, such as gender, age and language, etc, can affect a person's perception of sound. Every day we are surrounded by audio illusions and our brains

don't know we are being deceived. The girls were inspired to do this project from the viral video "Yanny & Laurel" that took the internet by storm in 2018. During their investigation, they found numerous results that link gender, age and musicality to the way you can perceive audio.

Football. Dan O'Mahony, Chairman of the MLGFA, visited the school during the week. While collecting the cup which the Senior team won last year, Dan gave the girls some lovely words of praise and gave them some motivation to keep training for further glory on the Football Field. Thanks Dan.

Work placement. Transition Year Students were on Work Placement last week. Many thanks to all of the organisations and businesses in the town who so generously agreed to give our students an opportunity to gain an insight into many and varied careers. Thanks also to Ms Tobin for helping all of the girls to organise their work placement.



Dan O'Mahony, Chairman of the MLGFA, with St. Mary's Senior Football team members, Kitty O'Brien, Eimear O'Dea, Meabh Carroll and Aoife Foley ©An Scoil



Emma Deasy and Radisha Fernando, St. Mary's, whose project on hearing was Highly Commended at the Young Scientist exhibition ©Micheál Mac Suibhne

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De la Salle Updates

As part of very charitable donations, **KAL House** has received a new trike for the pupils' use. They are now using the trike daily as part of their weekly physical activity plan for the level two Junior Cert Programme. The students have been extremely active in the last few weeks, going to the gym and swimming in the Castle Hotel every week, as well as their weekly P.E and yoga sessions at school. Their participation has been excellent, well done to all.

The **TY students** have been part taking in a driver safety module, led by the RSA, every Friday. They learn, interactively, the theory and safety in relation to driving and will learn practical skills like how to change a tyre in the upcoming weeks. Other TYs have been training to be First Aid Responders, a very important qualification that the boys have been taking very seriously. The TY Biology students have completed their SciFest projects, which they will be presenting in school in the coming weeks and in the regional SciFest competition in CIT in April. They have the chance to qualify for the National finals in Dublin. The boys have done great work, with really interesting projects ranging from 'How screen time before bed affects your night's sleep' to 'The effects of water quality on the growth of crops'. Well done to those involved.

The students of De La Salle interested in the wellbeing of the environment are taking action and have come together to form the school's Green School's Committee, comprised of 2-3 hardworking students from every year and their



De la Salle Transition Year students receiving their Junior Cycle Profile of Achievement. ©An Scoil

teacher, Mr. Cott. Their goal is to make our school cleaner and more aware of the impact we have on the environment. So far, they have taken control of waste and ensuring the three bins for paper, recyclables and waste are properly managed. The next step is to get DLS composting. Future endeavours include having a 'no waste' day, litter groups to periodically patrol the school grounds and simple ideas like bringing re-usable containers and bottles to the canteen. They have been very successful in their efforts to reduce waste in the school so far. Well done. The 2A French Class took part in "tirer les rois"

(decide the king of the day). In this French tradition of the Epiphany, a marble is placed in a traditional flat cake called "galette". The "Galette des Rois" is made of flaky puff pastry layers and filled with frangipane and was made by Mr. Labat. Tradition has it that the youngest member of the family (or class!) goes under the table to distribute the slices to the different people sitting around the table. The person who finds the lucky charm in their slice of 'galette' becomes king of the day. The two crowned kings in 2A French, Mark O'Connell and James Slattery, were crowned with glorious paper crowns and pronounced Roi (King).



De la Salle pupils of KAL House with their newly donated trike. ©An Scoil



Cathal Mac Cabe, Anne Dunne, Anne Egan and Patrick Bergin at auditions for 'The Blarney Stone' in Macroom ©Lee Valley Outlook

National Drama and Light Entertainment

Briery Gap All Ireland Transition Year Drama and 2nd Level Schools Light Entertainment Festivals preliminary rounds commence on Monday, January 28th at Mullingar Arts Centre and from Wednesday, 6th February at Riverside Park Hotel Macroom. The Grand Finals will be held at Everyman Palace Theatre, Cork in 2019

on March 18th and 19th. The Entries for 2019 have surpassed all other years and schools will be travelling the length and breadth of Ireland to take part.. Booking and further information available from Ann Dunne 087 2755080 and Everyman Palace Box Office, Cork.

The Blarney Stone

The Blarney Stone, a new musical, will be staged at Riverside Park Hotel, Macroom in April. First chorus rehearsal on Sunday 3rd February at Riverside from 5pm to 6.30. All adult singers male and female very welcome. Enquiries Ann Dunne 087 2755080 or email anndunnecanovee@gmail.com.

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McEgan College

Film Making Workshop. Junior Cycle students from McEgan College were part of film making workshops, facilitated by Cork Young Filmmakers, on January 15, 17 and 21. This a Cork County Youth Arts Training Programme managed by Cork Film Centre and funded by JCSF, SECAD and Cork County Council. We have worked with the Training Programme in recent years and have had considerable success from entries in the past in The First Cut Film Festival and the Fresh Film Festival. The students thoroughly enjoyed the process and became budding directors and actors to name but a few roles. This workshop lends to a greater understanding of the technical and production side of film making, what goes on behind the scenes to make films memorable to an audience. This will benefit the students significantly as they must discuss films in their exams. Experiential learning and actually physically taking part in each of the roles in film making gives them a bird's eye view into the fascinating world of film. Who knows, we may have the next Stephen Spielberg in our midst here in McEgan College. Well done everyone. We look forward to seeing the short films made on set here and to continued success in this area.

Cancer Prevention Awareness. McEgan College is very grateful to the Marie Keating Foundation who visited the school on Wednesday the 16th



McEgan nurse specialist, Maeve Fitzgerald, with fifth year students at the Marie Keating Cancer bus ©An Scoil

of January. A mobile unit came to the school and nurse specialist, Maeve Fitzgerald, gave a presentation to our transition year and fifth year students regarding cancer awareness. The Marie Keating foundation has three mobile information units which travel around Ireland to spread the message about early detection and

prevention. The students were invited to see the mobile unit dedicated to the Munster areas and Maeve spoke to the pupils individually and in small groups about the cancers affecting young people today.

January Music Morning

Music Morning at Macroom Library got off to a great New Year beginning with a capacity audience in attendance for Con Foley's presentation. All of Con's selected numbers were well known and this encouraged audience participation.

Dean Martin opened proceedings with Everybody Loves Somebody; Josef Locke sang a medley - Old Faithful, Roll Along Covered Wagon and South of the Border, engendering a variety of Trump thoughts! An instrumental version of Beautiful Dreamer was played by Phil Coulter; Edith Piaf sang the beautiful La Vie en Rose; Marlene Dietrich sang a sizzling version of Lili Marlene before Petula Clark cooled things down with How are Things in Gloccamaura from Finian's Rainbow. When You Were Sweet Sixteen preceded Edelweiss from The Sound of Music and Welcome to my World with Jim Reeves. The sultry Eartha Kitt brought us Under the Bridges of Paris before Sean Dunphy gave us Pal of my Cradle Days and the presenter's namesake, Connie Foley, sang Doonaree, bringing us to

teatime.

The second half opened with Al Martino's Spanish Eyes and Katie Duff singing Whispering Hope. Elvis gave us La Paloma and Sean Dunphy was back with The Hills of Clare, followed by Bing Crosby and Isle of Innisfree; a beautiful rendering of Shenandoah and Butch Moore Walking the Streets in the Rain. Make Believe from Showboat was followed by Bing Crosby and Grace Kelly singing True Love from High Society. Josef Locke gave us three Scottish favourites - Loch Lomond, Annie Laurie and Will ye no Come Back Again - and Judy Garland brought us Somewhere Over the Rainbow from The Wizard of Oz. The session ended with John Glenn singing The Boys from the County Armagh and Dean Martin declaring That's Amore. Con dedicated the programme to departed friends and indeed, his selection brought back many, many memories to the audience.

The February Music Morning is on Friday 8 and will be presented by Tom Seacy.

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 ghleanna
 Aoibhinn liom na daoine
 Ag labhairt go nádúrtha
 An Ghaeilge ag rith chucu go líofa.
 Táim in éad lena mblas.
 Aoibhinn liom mo áit shinsearach
 Óir is uaihi a thuirling an síol
 A dhfás ionam is a spreag
 Chun na nathanna à phiocadh suas
 Is na seanfhocail à bhailiú
 Is mo chluas a chur i dtiún leis an nGaeilge.

Mary O'Sullivan has published a lovely book of poems, 'From the Headland'. It contains her own illustrations, mainly drawings of birds, wild flowers and fruit and is available in local book shops.



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The One for You

Ahakeera Drama Group, Dunmanway are on the road with their three act comedy 'I'm The One For You', written by Jimmy Keary. A love story set in rural Ireland, the cast includes some familiar faces and new members. Gerry O'Malley is a widower and farmer living alone. Dorrie Sinnott is a widow who comes in to clean for him once a week. Dorrie fancies Gerry and has high hopes that wedding bells will ring for them both some day. But local bachelor farmer, Jack O'Dowd, fancies Dorrie, having courted her before she was married. However, Dorrie has no time for Jack and

dismisses his advances every chance she gets. Then Gerry meets Ruth Hickey, a newly-arrived divorcee in the area, when she approaches him to hire his lorry for a forthcoming ICA event. There is an instant rapport between them. Matters are further complicated by Gerry's son-in-law, Hugo Carter, who helps in the theft of Gerry's farm machinery to pay off his debts to some very unsavoury characters. As Dorrie's advances become more amorous and Jack becomes more jealous, Gerry realises he will have to do something about the situation but his colour-

blindness and some mixed-up invitations only make matters ten times worse. Who will end up with the partner of their dreams? If you want a good laugh and some feel good entertainment, Ahakeera Drama will provide it.

'I'm The One For You' will be staged on Friday 8th February at 8:00pm at the Riverside Park Hotel in Macroom. To book tickets €12/10, please call Kay at 026 41174 / 087 1663395 or visit our Box Office at South Square Macroom. Opening times are Monday, Tuesday & Thursday from 11:00am to 4:00pm and on Fridays from 11:00am to 3:30pm.

Macroom Library

If you're still trying to keep your **New Year Resolutions** alive and need help with trying to become healthier, look no further than the library. As part of **Healthy Ireland** – a national strategy to improve health and well-being, placing a focus on prevention and individual awareness – the library can supply all the reading material you need. Next time you visit us, be sure to browse our Healthy Ireland book collection located near the desk. You can also take a look at the list of suggested books which cover areas such as: healthy eating, mental health, alcohol, smoking, physical activity, parenting, and positive-ageing. We can request any book you like, so be sure to ask us!

Current Library Events **Bridge Club** will be meeting on Jan 30th at 10am. The library will be holding a **St. Brigid's Day** cross-making

workshop for one hour for adults on Feb 1st at 11.30am, refreshments served. We will hopefully have enough rushes for everybody, but if you would like to bring your own, that would be great too. On Feb 5th at 11.30am, a nurse, Maeve, from the **Marie Keating Foundation**, will be delivering a talk in the library about the health choices we can all make to reduce our risk of developing cancer. This is a free event so be sure to take advantage of it! **Adult Book Club** will meet on Feb 6th at 11.30am to discuss 'His Bloody Project' by Graeme MacRae Burnet. **Purlies** Knitting Group will meet on Feb 7th at 11.30am. Music Morning will take place on Feb 8th at 11am with Tom Seacy. All are welcome. The next **Ciorcal Cainte** meeting is on Thursday, February 14 at 11.30a.m. **Story-Time** is on Saturdays at midday as usual but with a special

St Brigid's Day themed story time on Feb 2nd.

Regular Fixtures.

Children's Storytime is every Saturday at midday.

Adult Bookclub is The 1st Wednesday of every month at 11.30a.m.

Creative Writing Group The 2nd Tuesday of every month at 5.30p.m.

Music Morning The 2nd Friday of every month at 11a.m.

Purlies 1st and 3rd Thursday of every month at 11.30a.m.

Ciorcal Cainte 2nd and 4th Thursday of every month at 11.30a.m.

Bridge Club One Wednesday a month at 10a.m.

Juvenile Book Club One Saturday a month at 3p.m.



Christmas Art and craft with Lorraine at Macroom Library ©



Ahakeera Players who present 'I'm the One for You' on Friday 8th February at 8:00pm at Riverside Park Hotel, Macroom. ©



Macroom Ploughing Association committee and sponsors at 2019 presentation of prizes at Coolcower House. ©Lee Valley Outlook



Maeve Barrett who represented Donoughmore at Scór na nÓg final © John Tarrant.

SPRING TERM 2019 NIGHT CLASSES



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LIST OF PROGRAMMES FOR Spring Term 2019 Night Classes MCEGAN COLLEGE

Facilities:

College open two evenings each week, Monday & Thursday, 7.00-10.00pm

Classes commence:

Monday 28th and Thursday 31st January 2019.

Hobby/Leisure and General Interest Courses:

Each participant will receive a Certificate of Completion from McEgan College if greater than 70% attendance over the course.

OPEN EVENING FOR ENROLMENT:

Thursday 17th January, 7pm-8pm McEgan College.

Advance booking:

McEgan Office: (026) 41076
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Website: www.mcegan.ie

All course are run subject to a minimum of 10 enrolments as per CETB guidelines.

Classes commence Monday 28th January and Thursday 31st January 2019 unless otherwise stated.

HOBBY/LEISURE COURSES

GENERAL INTEREST PROGRAMMES

Cardio Pilates with Yoga

Monday 7.15pm to 8.30pm 10 weeks €80/€140 & Thursday

Cardio Pilates is an energetic fusion of Cardiovascular and Pilates training. This is beneficial to your heart, lungs and musculoskeletal systems. The Yoga component at the end of the class increases strength and flexibility while reducing feelings of stress. The class is broken in to two components: Cardio Pilates - 45minutes; break for 5 minutes and Yoga - 25minutes.

This class will be offered on Monday and Thursday nights for 10 weeks, 7.15pm to 8.30pm. Cost: €80 for ten sessions (Monday or Thursday night) or €140 for twenty sessions. Bring your Yoga Mat. Commencing on Monday 28th January.

Creative Cooking for Kids!!

Monday 4.15-5.45pm 6 weeks €90

This is a six week course upskilling participants to become proficient in basic yet creative cooking. It is aimed at children in fourth, fifth and sixth classes. The course will focus on all of the basic skills involved to build up a week's worth of healthy, tasty meals. Course will involve demonstrations, tasting and hands-on cooking experience. Cost: €90 (including ingredients). Bring your apron. Commencing Monday 28th January.

Brow and Nail Care - Makeup Artistry

Monday 7pm-8.30pm 5 weeks €75

This five week programme is open to individuals of all ages who are interested in learning tips and techniques to maintain their skincare routine, do expert manicures and have a flawless finish when applying makeup and shaping their brows. Materials will be supplied, bring your own makeup brushes. Cost €75. Commencing Monday 28th January.



QQI ACCREDITED COURSES**

QQI LEVEL 6

L6 Work Experience 6N1946

Monday 7pm - 10pm 4 weeks €170 & Thursday

This mandatory module is transferable across all QQI L6 Major Awards, e.g. Early Childhood Studies; Health Services Supervisory Management Skills and Business programmes. The programme will run over 4 weeks EACH Monday & Thursday 7pm - 10pm, (8 nights in total) Cost: €170. Commencing on Monday 28th January.

Creative Arts for Special Needs 6N1972

Monday 7pm - 10pm 5 weeks €200 & Thursday

This module can be forwarded as a component for the QQI L6 Major Award in Early Childhood Studies. It will equip the learner with the knowledge, skill and competence on a creative level working with children with Special Education Needs, emphasising the importance of play & drama, using a theoretical and practical framework. The programme will run over 5 weeks, EACH Monday & Thursday 7pm - 10pm (10 nights in total) Cost: €200. Commencing Monday 4th March.

QQI ACCREDITED COURSES**

QQI LEVEL 5

L5 Work Experience 5N1356

L5 Communications 5N0690
Monday 7pm - 10pm 10 weeks €250

This mandatory module as components of a QQI L5 Major Award will be offered collectively over a 10 hour period. The programme will run over 10 weeks, 7pm - 10pm. Cost: €250. ** Garda vetting will be facilitated. Commencing Monday 28th January.

Infection Prevention & Control 5N3734

Monday 7.30pm to 9.30pm 10 weeks €150

This Level 5 module equips learners with the knowledge and skills to work safely and effectively in the Health Care Setting. Legislation, policies and procedures relating to Infection Prevention & Control and Health & Safety @ Work will be explored. This module is transferable across all QQI L5 Major Awards. The programme will run over 10 weeks, 7.30pm to 9.30pm. Cost: €150. Commencing Monday 28th January.

Palliative Care 5N3769

Thursday 7.30pm to 9.30pm 10 weeks €150

This module will equip the Healthcare assistant with the knowledge and skills to support individuals with chronic illnesses. Working as part of the team, the learner will learn to work with and care for individuals with end-of-life care requirements. The programme will run over 10 weeks, 7.30pm to 9.30pm. Cost: €150. Commencing Thursday 31st January.

Medical Terminology 5N2428

Thursday 7.30pm to 9.30pm 10 weeks €150

The purpose of this module is to equip the learner with the knowledge, skill and competence in the range of medical terminology applicable and relevant to a medical receptionist or administrative role in a GP practice, clinic or hospital context. The programme will run over 10 weeks, 7.30pm to 9.30pm. Cost: €150. Commencing Thursday 31st January.

APPLICATION FORM

Name _____

Address _____

Mobile Number _____

Email _____

Course enrolling for:

(i) _____

(ii) _____

(iii) _____

Signature _____

OPEN EVENING
Thursday 17th January 2019
7.00 - 8.00pm

QQI (Quality Qualifications Ireland, formerly FEDEC) programmes will run for a maximum of 10 weeks (with the exception of QQI Level 6 modules), dates and times confirmed with Course Tutor on first night of programme. All QQI certification will be assessed in May 2019 and Certification issued accordingly.

**QQI programmes incur an extra QQI Certification fee.

Clondrohid Updates

Carriganima N.S. open week Monday Jan 28 to Feb 1 Drop in anytime during the week between 9.20am to 3.00pm Excellent facilities, small class sizes, big education. Car Park with safe access to school. Unique family atmosphere All enquiries welcome. More information on the school website: www.carriganima-ns.weebly.com

Muinefliuch N.S. On Thursday December 20, the pupils performed their Christmas Plays in school. The Junior room showcased "Whoops a daisy angel" and brought the stage alive with their singing. The Middle room performed "Toys come to life" and brought home the true meaning of Christmas to the audience. The Senior room brought "Scrooge" to life and captivated the whole audience. Refreshments were provided afterwards by the Parent's Association. A great night was enjoyed by all. Well done to pupils, teachers, parents and all involved on the night.

CCM Active Retired: This group held their first coffee morning of 2019 last week. All looks well for the new year, with lots of events planned. The affiliation fee of €15 for the year is now due, so anyone who has not already paid, please do so before Jan 31. Hand it in to Maria at post office. They would love to see some more people joining. If interested, contact Mary

on 087 2036947. The very popular singing in Community Hall is resuming on Monday Jan 28 from 7 to 9 pm. On Tuesday Feb 5 and Tues Feb 19 from 2pm to 4pm in Community Hall there will be a talk on Natural Remedies, and gentle chair Tai Chi exercises relaxation and a special Afternoon Tea for Valentine's Day on Thurs Feb 14 at 4pm. This is just a taste of what is on offer by this 'Active' Group. If you are not already a member, give it some thought and contact Mary or Maria.

Events in the Village. Dancing with Alan: Set dancing, Céilí, Waltzing and Quick Steps etc has resumed in Community Hall on Tuesday nights from 8pm to 10pm and will run till March 26. All abilities welcome. Cards continue on Sunday nights and Bingo on Wednesday nights. And Line Dancing on Thursday nights. Operation transformation continues on Monday nights in the Recreational facility, the Astro and running track. Everyone welcome. Give it a bash.

T.R. Dallas comes to Carriganima: This Friday night Jan 25, in the Pub in Carriganima. Great night assured, all are welcome.

Clondrohid Development Group Party was a great success last Sunday. From 1.30pm onwards, people were dropping in. Beautiful

food was served and dancing was the order of the day to the wonderful music of Tim Joe and Ann. There was a beautiful dancing performance from local girls Alysia, Caoimhe and Niamh, pupils of Scoil Rince Uí Thuama. Singers were a plenty as well. Fr. Wickham said some kind words of appreciation for this annual event. The Development group would like to thank all those who came and brought prizes for the raffle and supported the raffle so well. A special word of thanks to Margaret and Peter Twomey for their excellent preparation of the cold plates; to the Hall Committee for their help and use of Hall; to Peter for his 'romantic' back drop and to Maria and family at Spar for their continuous support baking and sponsoring. A big Thank You to all those who support the Development Group on the day in the kitchen, on the previous day preparing the hall, prepare for the raffle and tidy up when the day is over. Well done, much appreciated.

Parish pastoral council meeting: The first meeting of 2019 will take place on Tues Feb 5 at 7pm in Community Hall. Your support is welcome.



Pupils in Carriganima National School checking out the school website www.carriganima-ns.weebly.com which has won Scoilnet's Star School Website Award. © An Scoil



Dancing with the Stars at Clondrohid Christmas/ New Year Adult Party ©Lee Valley Outlook

Iveleary Girl in Uganda

Last year Clodagh Galvin went to Africa as a volunteer teacher in Uganda and the LV Outlook helped in advertising her fundraising efforts. I asked her for a short account of her trip for the readers and she kindly responded with the following:

"In July 2018 I spent 3 weeks as a volunteer teacher in a little town called Nansana in Uganda. I worked with an Irish organisation called Nurture Africa. Each day I worked on an Education Enablement project as a teacher to children aged 9-11 years. Afternoons involved visiting those who are HIV positive, reading and teaching basic first aid and hygiene to class groups in various class groups in nansana. To say it was a life changing experience is an understatement. It is one that everyone should encounter in their lifetime. Extreme poverty, illness and hunger are characteristic of their daily lives. However these people are filled with

positivity and sincere gratitude for being alive. They are resourceful, creative, musical and the most naturally talented dancers imaginable. This is the driving force of their resilience and optimism.

I would like to sincerely thank all those who donated generously, both in time and in money to my fundraising events for Nurture Africa. All money collected has been used for the purpose of allowing children to attend school, to receive a meal while at school, which may be their only meal of the day, and to provide for medical care. Nurture Africa have recently contacted me let me know that one of my students will be able to have surgery for a 4 year old limp he acquired after a road accident. This is just one example of how your donations have assisted these very grateful people. It means more than you will ever know to their life and future. Thank you. - Clodagh Galvin.

Community Alert

Toames and District Community Alert Group are hosting a talk on security on Tuesday, 29th January in Coolcower House, Macroom at 8.0 pm. There will be two speakers: Linda Coughlan from BOI will speak about safe internet banking and child safety on the internet and the second speaker, Cathal Dobbyn from Patrol alarms, will give a talk on home security and the technology currently available on the market. The talk is open to anyone in Kilmichael parish and is free. Further information from Elaine Kiernan 086-8141732.

MC Michael Creedon & Co.
Auctioneers, Valuers & Estate Agents



Ballymakeera Village

Bungalow for Sale - 3 Beds - 1 Bath. Guide Price €100,000
3 Bedroom Detached Bungalow on Circa 1.1 acres at The Flatts, Ballymakeera, Ballyvourney, Co. Cork.
House Brief - 3 Bedroom, Living Room, Kitchen and Bathroom. Oil Fired Heating, Mains Water and Mains Sewage. PVC Windows. Spacious garden and land to the rear of house. House in need of up grade.



Coolea Village

Detached House - 5 Beds - 2 Baths
5 Bedroom House For Sale in Coolea Village This property is located in the middle of Coolea Village, which is close to Ballyvourney, Ballymakeera and an ideal location between Cork and Kerry. Ground Floor - Sitting Room, Kitchen, Back Kitchen, Living Room and Toilet. First Floor - 5 Bedrooms with 1 Bedroom En Suite and Bathroom. Heating is Solid Fuel and it has Mains Water and Septic Tank. It has a spacious garden to the rear and a garage to the side.



The Mills, Ballyvourney

Terraced House - 3 Beds - 1 Bath. Guide Price €100,000
House For Sale Ground Floor - Kitchen, Sitting Room, Bedroom with Ensuite 1st Floor - 2 Bedrooms PVC Double Glazed Windows. Oil Heating Mains Water & Sewage This property has rear access by side entrance. This property is located on the N22 Cork to Killarney Road. It is within walking distance of a Bus Stop, Shops, Public House, Hotel, Library and Post Office.



No.11 Cluain Réidh

Detached House - 4 Beds - 2 Baths. Guide Price €235,000
Detached House For Sale - Cluain Réidh, Ballyvourney, Co. Cork. This property is located in the Gaeltacht village of Ballymakeera/Ballyvourney. Located in the village and close to all amenities, shops, schools, hotel, public house, church, library and post office.
Joint Selling Agent - Killian Lynch, Macroom, Co Cork 026 41421



Ballymakeera Village

Semi-Detached House - 3 Beds - 1 Bath. Guide Price €160,000
House For Sale Located on the N22 in the Gaeltacht Village of Baile Mhic Iar/Baile Mhuirne this property is within walking distance of Shops, Library, Church, Post Office, Public Houses, Hotel, Schools and a bus route between Cork and Killarney. First Floor - 3 Bedrooms, 1 Bathroom with Toilet, Shower and Hand Basin, Kitchen with Fitted Units, and Dining Room. Ground Floor - Sitting Room, Living Room, Utility Room and Commercial Unit formally the Post Office. This property has Mains Water and Sewage. It has Oil Fired Central Heating and is fitted with an Alarm. It has a side entrance to the rear of the building. It has street parking only. VIEWING BY APPOINTMENT ONLY.



No. 10 Ard Na Carriage

Semi-Detached House - 3 Beds - 2 Baths. Guide Price €195,000
3 Bedroom House For Sale Ground Floor - Kitchen / Dining Room, Sitting Room. The kitchen comes with a built in kitchen. 1st Floor - 3 Bedrooms with the master bedroom en suite and bathroom. This property has PVC Windows, Oil Fired Heating, Back Garden, Parking and has mains Water and Sewage. This property is located in the Gaeltacht Village of Ballymakeera. It's within walking distance to all amenities, Schools, Shops, Library, Post Office, Public Houses and Hotel.

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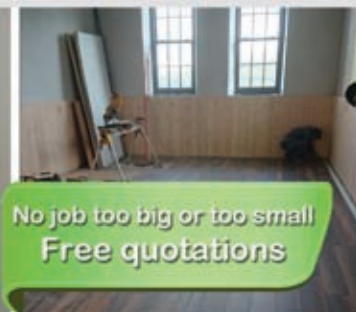


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Uíbh Laoire Updates

SVP Donations. The local St Vincent de Paul conference of Naomh Ronán Uíbh Laoire would like to thank those who donated so generously to their recent annual church collection. €2,685 in all was collected. Anyone who feels that they are in need of help or support can contact the local SVP in confidence at (085)2490061

Wran Run/Walk The Inchigeela development/ tidy towns group had a very enjoyable walk recently, where over 30 walkers took on the medium sized Céim Daunt Loop route, just south of Inchigeela. It turned out to be a beautiful day and, for many, it was a great start to the healthy resolutions for 2019. The walk is a fundraiser for the Inchigeela Tidy towns group and they wish to thank sincerely all who took part and those who did not but who kindly gave a donation to help the group continue the good work. The walk, which is the group's only fund source, is a pleasant one. First, one walks for about a mile on the Dunmanway road; then take a connecting road to the South Lake road and return to the village by a short detour to the Lee Island Park, ending back at the village. Any outstanding sponsorship cards and monies should be returned at the next meeting of the group or to any member. There's still time to donate. And once again thanks for the support.

Creamery churn stand. The churn stand at the y junction in Cappanclare, or Creamery Cross as some still call it, has been completed and stands in memory of all those who supplied milk or who worked in the creamery, which was open from 1927 to 1989. The picture at the stand was sourced in England by the Tidy towns group from relatives of Aubrey Higgs, who was married to Bridget Corkery of Inchigeela and who photographed a typical, busy morning at the creamery cross about 1960. Frank Cronin

was the "fireman" and Mick Callaghan was the manager. His is the little car in the picture. The group would love to hear from anybody who can identify the owners of the lorries and the horses and carts in the picture. The creamery was a very important part of the economy of an area because the money gained there was again circulated in the local shops and mills. It also provided an opportunity to socialise and to share and discuss the news of the day and pass on messages. Thanks to Cork Co Council who part funded it and the farmers who donated the churns and thanks to the scheme workers who did very good work on the stand and its surround.

Ciorcal Cainte. The chat sessions as Gaeilge have resumed in Creedon's Hotel again on Thursday nights at 8.30. It is a very informal hour, open to everybody. It's fun and it's free. Go raibh maith agat, Joe, as ucht an taé agus na cistí deasa milis!

Big Bingo Event. A special bingo night will be held in Inchigeela Hall on Saturday, 9th of February at 8.30pm. This is a worthwhile night to support as the proceeds go to Friends of Macroom and Dunmanway Hospitals.

I'm The One For You! We are delighted to hear that the famous Ahakeera Drama Group are on their way again to present another 3 Act comedy in the hall in Inchigeela on Friday the 1st of March at 8pm. The group certainly have not disappointed in the past few years and reports from the south tell us of an even more hilarious tangle of romance and intrigue by Jim Keary, called, "I'm The One For You." Inchigeela National school will benefit from the proceeds. Keep the date free!

Hirsute Heroes. In Ballygeary recently, two local men, James Hallissey and Antóin Ó Creimín,

held a major beard shave in Árd na Laoi, in aid of Pieta House. As they emerged from a forest of hair, having saved a small fortune in razor blades over several months, their supporters heard that nearly €5,500 had been donated to the worthy charity. Great credit to all involved. Maith sibh go léir.

Slí na Sláinte. The health walks will begin this Tuesday at 7:15 ón Halla i mBeal Átha'n Ghaorthaidh. It is intended to do the walks this year on Tuesdays, Thursdays and Fridays. A test period of six weeks is planned. This year's leaders are Seamus Quill and Siobhan Dan Sean, Go neirí leo.

Hairdresser. A hairdresser is available in Cuan Barra, Ballygeary. Call or text Joanne on 087 7798592

Photo Call. Locha Lua Camera Club are holding an open night on Monday 4th of February. It's an opportunity to see an exhibition of photos of the month. It's free and open to the public.

Quick Pick. The volunteers of the Bailte Slachtmhaire (Tidy Towns) made an early assault on roadside litter on Saturday last. It is a pity to see littering anywhere but especially in a lovely scenic area like Uíbh Laoire. The Tidy towns groups in both villages have asked that littering/dumping and those who litter should be reported.

Volunteering for Zambia. Tá cailín óg ó Bhéal Átha ag dul go Zambia an samhradh seo chugainn. Muireann Ni Argáin ón Chill Mhór has volunteered to work in a first aid centre in the sub Saharan poor country where many live on less than €1 a day. She has already undertaken funding the venture by holding a sale of clothes donated by the public Go neirí leat, Muireann



Inchigeela Creamery, photographed by Aubrey Higgs in 1961, is displayed in the village. ©Nora O'Riordan



Churns displayed by Inchigeela Tidy Towns Committee at site of the old creamery. ©Nora O'Riordan

Active in Coachford

Coachford ARA enjoyed a very productive afternoon on December 18th under the tutelage of Noreen Welch and Kathleen Donnelly and resulting in lovely Christmas flower arrangements. We have returned to all regular day time activities - mat bowls on Monday, PALS exercises on Tuesday, water aerobics on Wed. Our book club and lace making are monthly activities. We play bridge on Monday night at 7.30.

14 Outlook 24.01.19

Congratulations to Abby Collins who brought back a second prize from the Mat Bowls competition in Killarney in early January. A great weekend was enjoyed by 14 members and friends. Our next monthly meeting will be on Thurs 7th Feb in GAA Hall in Coachford. Annual membership will be registered so members are encouraged to attend please. Non members are very welcome to come and investigate our club.

We enjoyed day trips, meals out and other 'once off' activities last year and have plans to do the same this year. For further enquiries, phone Vonnie - 012 7334462; email vonniesteffens@gmail.com or message Judy 085-1804518. We are looking forward to keeping fitter, being sociable and having fun together in 2019.

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TRANSPARENCY IN PROPERTY TRANSACTIONS

There has been a lot of talk in the media recently about transparency in property transactions and in particular the bidding process. People can be naturally and understandably cautious, as this is likely to be one of the biggest purchases a person will make.

Did you know, that you can telephone an Estate Agent at any time and enquire if there are any bids on a property, and they are obliged to tell you, in fact they are happy to tell you. Furthermore if you are a bidder on the property, and a further bid comes in, the Estate Agent is obliged to contact you to inform you.

There is often suspicion around the bidding process and the validity of the bids on the record, and we can assure you of our integrity in that regard, and secondly that the Property Services Industry is tightly regulated. In that regard we keep records of every bid received with all the relevant information from the bidder, and only genuine bids are accepted.

Another feature of bidding on a property that can cause concern is the timeline between placing a bid and that bid being accepted. A property may be brought to the market by a Vendor looking for a quick sale, or equally it may come to the market by a more relaxed Vendor who is happy to see what happens for a month or two. You can always suss out the position with the Estate Agent directly, and remember, it is not just about the Vendor, it about the Purchaser too. We are acutely aware that each side can have particular needs, such as a Vendor who needs to sell in order to complete another purchase, and equally a purchaser who is keen to purchase before a loan offer expires etc. (to name just one example!) Rest assured, we are here to meet the Vendors and the Purchasers needs.

Why not call to us if there is something we can help you with. We love ALL THINGS PROPERTY



John O'Mahony MRICS MSCSI
QFA - Property Negotiator



Michael O'Mahony MRICS
MSCSI - Property Negotiator



Ellen O'Sullivan
Office Manager

Phone: 026 63063 | Email: hello@om2.ie | Web: www.om2.ie
Or drop into us at: 26 Main Street, Macroom, Co. Cork. (Next door to Post Office)

History

Sean O'Leary, Glen Park - Man of many Parts

By Con Kelleher

Hunting was Sean's sporting passion. He joined Rooves Bridge Harrier club in his early teens and hunted on foot with them for the next 25 years or so. Romance blossomed for Sean when he met Maureen O'Rourke, Castlemore, at a dance in Coachford. She was then employed as a typist in Goodstuffs, Crookstown, where she worked with Margaret O'Regan (later Moynihan). They courted for a number of years and married in 1960. Initially, they lived in Mountmassey Lodge until they bought their house in Glen Park. Maureen left her job when she married. Maureen and Sean had three children – John, Dónal and Maura. John was one of the first graduates in Electronic Engineering in the Cork Institute of Technology and he worked in the European Aero Space project in Holland. He was married and working there when he died suddenly some years ago. This was an enormous blow and Sean still sorely misses him. In spite of this knock, Maureen and Sean got on with their life. Dónal lives in Macroom and Maura in Cork and they look after their Dad very well indeed.

Around this time Sean became involved in outside activities. His good friend, Jerome Brosnan, a Millstreet man, noticed that it (Millstreet) had a Credit Union and proposed to set up one in Macroom. Together with the recently deceased Breda Reardon, Jerome and twelve others, Sean was a founding member. Fifteen in all were needed to start the project. Among the buildings used by the Credit Union were Billy Leahy's house/ tailoring business (and shared at the time with Liam Thompson's betting

shop), Main Street; O'Keeffe's (now Twomey's Drapers), Mid Square; 'Tollie' Kidd's, Main Street. The Credit Union has a superb building in Railway View. At the beginning, a local curate highly recommended use of the Credit Union from the altar, and he followed his words by attending for a loan. This proved a great fillip to the status of the Credit Union. Perhaps the Credit Union's time was coming anyway, but in Sean's view, it provided a very timely boost. The hard work and commitment of volunteers and staff has provided the town and area with a very valuable resource.

Maureen had joined the Macroom branch of the St. Vincent De Paul Society. Because he had a trailer, Sean was asked to deliver some pieces of furniture. The late Billy Healy invited him to join and he has been involved since 1977. The down turn /recession caused much hardship and Sean witnessed this at first hand. In spite of the improved state of the country, many are still in need and assistance is still required. Educating children in large families is financially burdensome. Christmas can cause great stress and distress. Civil Defence and First Aid became big elements of Sean's life. Again he became involved accidentally and liked what he did. He later qualified as an instructor, following an intensive course and an exam held over two days. He had the use of an ambulance and attended numerous events of all description all over the county. Sean was on duty for Pope John Paul's visit to Limerick in 1979. Following on from this, Sean gave First Aid courses in St Mary's, De La Salle and McEgan College, day and night times,

for many years and has trained hundreds, if not thousands, of people, young and old.

However, it wasn't all serious stuff. Since 1980, Sean has been a member - and an officer for most of the time and its current Chairman - of Kilmichael Pitch and Putt club. He has been captain and president, and recently won the President's Prize. Good going for a man in his eighties! The Men's Shed movement is new. Here, men, often alone, sometimes bereaved, or just retired and perhaps 'lost', meet to enjoy company, camaraderie and chat, and take on projects. The Shed has carried out work, on a voluntary basis, for Cope, Macroom, Macroom Community Hospital and Macroom Tidy Towns. Sean was a founding member.

Maureen died four years ago and her absence has left a huge hole in Sean's world. He cared for Maureen, his wife of more than 50 years, at home with great affection and diligence. He feels her loss every single day and often misses her on an hourly basis. A member of the Pioneer Total Abstinence Association for more than 60 years, he still has his certificate, signed by Mr Dónal Ó Buachalla, National Teacher, Kilmurphy, on the 13th of January, 1957.

Sean has been a great family man. In his various voluntary activities he has also cared for the town and its people, and thereby, made a huge contribution to Macroom. He helped by becoming associated with several noble and important causes. At eighty two, he has done much; he hopes to do more in the coming years. Sean's work and life are to be commended.

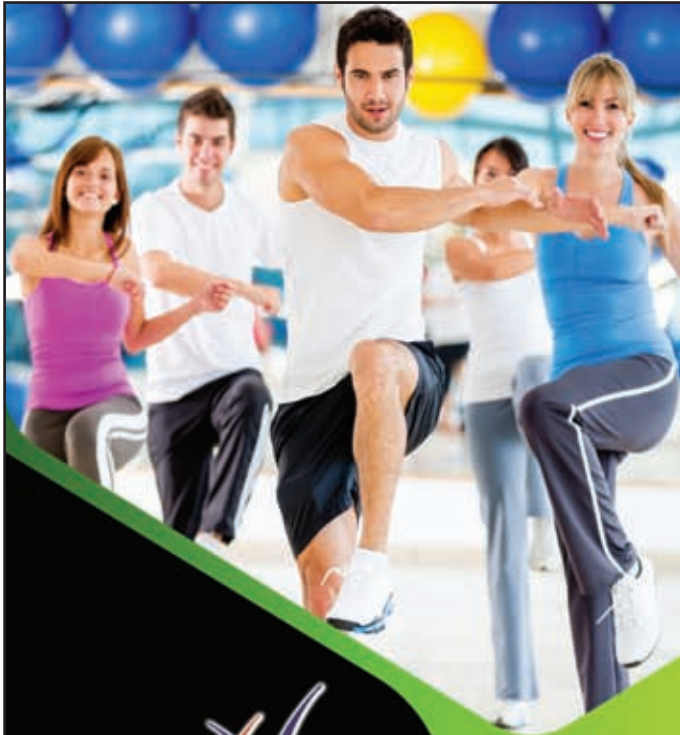


Sean O'Leary at Kilmichael Pitch & Putt Clubhouse, Dec. 2018, ©Con Kelleher



Macroom Men's Shed group with Sean, Dec. 2018, ©Con Kelleher

N.B. We would welcome old school photographs from 50, 60 or 70 years ago!
Contact the Editor - Tel: 026 41891 or Email: leevalleyoutlook@gmail.com



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Cork County Football and Hurling Championships 2019

SENIOR FOOTBALL CHAMPIONSHIP

Preliminary Round: Carrigaline v O' Donovan Rossa

Round 1

Ballincollig v Carrigaline / O' Donovan Rossa
Bishopstown v Douglas
Carbery Rngs v Ilen Rovers
Castlehaven v Fermoy
Clyda Rovers v St Finbarr's
Dohenys v St Nicholas
Mallow v Kiskeam
Newcestown v Clonakilty
Valley Rovers v Nemo Rangers

Round 2 (losers round) – draw after conclusion of Rd 1.

DIVISIONAL / COLLEGE SECTION

Preliminary Round A Avondhu v Muskerry

Round 1

B Seandun v Beara
C UCC v Avondhu/Muskerry
D CIT v Carbery
E Imokily v Duhallow

Round 2: B v C, D v E

2 Winners to open championship draw for last 16

PREMIER INTERMEDIATE FOOTBALL CHAMPIONSHIP

Preliminary Round Bantry Blues v Nemo Rangers

Round 1

Aghada v Na Piarasaigh
Bandon v Newmarket
Castletownbere v Kanturk
Cill na Martra v Éire Óg
Naomh Abán v Béal Átha'n Ghaorthaidh

St. Michael's v Macroom

St. Vincent's v Bantry Blues / Nemo Rangers

Round 2 (losers round) – draw to be made after Rd 1 over

INTERMEDIATE FOOTBALL CHAMPIONSHIP

Preliminary Round Kildorrery v Knocknagree

Round 1

Gabriel Rangers v Adrigole
Dromtariffe v Millstreet
Kinsale v Ballydesmond
Youghal v Kildorrery / Knocknagree
Aghabullogue v Mitchelstown
Grenagh v Glanmire
Rockchapel v Ballinora
Mayfield v Glenville
Glanworth v St Finbarrs

SENIOR HURLING CHAMPIONSHIP

Preliminary Round Erin's Own v Ballymartle

Round 1

Bishopstown v Newtownshandrum
Blackrock v Ballyhea
Carrigtwohill v St Finbarr's
Charleville v Erins Own/Ballymartle
Douglas v Bride Rovers
Glen Rovers v Middleton
Killeagh v Na Piarasaigh
Newcestown v Bandon
Sarsfields v Kanturk

DIVISIONAL / COLLEGE SECTION

Round 1

A UCC v CIT
B Duhallow v Muskerry
C Carrighoun v Imokilly

D Avondhu v Carbery

Round 2 A v B, C v D

PREMIER INTERMEDIATE HURLING

Round 1

Blarney v Ballinhassig
Castlelyons v Youghal
Cloyne v Aghada
Fermoy v Courcey Rovers
Fr. O'Neill's v Ballincollig
Inniscarra v Watergrashill
Kilworth v Valley Rovers
Mallow v Carrigaline

INTERMEDIATE HURLING CHAMPIONSHIP

Aghabullogue v Ballinhassig
Argideen Rangers v Castlemartyr
Barryroe v Glen Rovers
Blackrock v Kilbrittain
Dripsey v Ballygarvan
Éire Óg v Dungourney
Grenagh v Na Piarasaigh
Mayfield v Sarsfield
Meelin v Middleton
Milford v Ballymartle
St. Catherine's v Cloughduv
St Finbarr's v Douglas
Tracton v Kildorrery

MID CORK CHAMPIONSHIP 2019

Draws for all Mid Cork Hurling and Football Championship matches will be made at the Board meeting in Coachford on Monday, February 4th.

TOM CREEDON CUP 2019

A Kinsale 1-7 St. Vincent's 2-8
B Knocknagree 2-19 Rockchapel 2-9
C Naomh Abán 3-9 St. Michaels 0-10
D Millstreet 2-15 Macroom 1-22
E Glanmire 2-11 Glenville 0-9
F Aghada 0-17 Nemo Rangers 3-9
G Ballydesmond 3-15 Ballinora 2-10
H Dromtariffe 1-6 Cill na Martra 1-15
Quarter Finals:

St Vincent's v Knocknagree
Naomh Abán v Macroom
Glanmire v Nemo Rangers
Ballydesmond v Cill na Martra

Naomh Abán 3 – 9 St Michaels 0 – 10

Naomh Abán footballers got their season off to a good start with a fine Tom Creedon Cup win over last year's Premier Intermediate championship finalists, St Michaels at an excellently presented Páirc Iosagáin, Baile Mhuirne. The game was closely contested all through and only four points separated the sides early in the final quarter. A third goal for the home side, a penalty award slotted home confidently by Diarmuid Ó Ceallaigh in the 53rd minute, gave the Naomh Abán the decisive edge at the right moment and

they remained in control to the final whistle.

Early points from Piarais Ó Liatháin and Diarmuid Ó Ceallaigh settled Naomh Abán quickly and then a Mícheál Ó Duinnín point intersected a brace in reply from Michaels, 0-3 to 0-2 after ten minutes. Donnadh Ó Ceocháin struck for the opening goal for N Abán three minutes later but the city side responded well to this reverse with an immediate point and then matched points from Diarmuid Ó Ceallaigh and Mícheál Ó Duinnín to leave only the goal between the teams at the break, 1-6 to 0-6.

On the restart, Michaels had a point but in the 38th minute, Diarmuid Ó Ceallaigh fired home a second goal for the home side, 2-6 to 0-7 the score. The sides traded points, Diarmuid Ó Ceallaigh, Deaglán Ó hAileamhain scoring for N Abán but St Michaels were battling on and nine minutes from time only a goal separated the sides, 2-9 to 0-9. A foul on Seán A MacCarthaigh yielded a penalty for N Abán in the 53rd minute, Diarmuid Ó Ceallaigh dispatched the ball to the net and the outcome was assured.

Naomh Abán: Mícheál Ó Donnchú; Ronán de hÍde, Criostóir Ó Deasúna, Tomás Ó hAilíosa; Dara Ó Loinsigh, Éanna Ó Críodáin, Diarmuid Ó

Scanail: Conor Ó Críodáin, Mícheál Ó Liatháin; Niall Ó Ceallaigh, Mícheál Ó Duinnín, Deaglán Ó hAileamhain; Donnadh Ó Ceocháin, Piarais Ó Liatháin, Diarmuid Ó Ceallaigh. Fir Ionaid: Aodhán Ó Luasa, Simon Ó Murchú, Tadh Ó Riordáin, Seán A MacCarthaigh, Diarmuid Ó Meachair, Pádraig Ó hAilíosa.

Millstreet 2 – 16 Macroom 1 – 22 aet.

The Town Park, Millstreet was the venue for an exciting Tom Creedon Cup 1st round tie which went to extra time before Macroom emerged winners by a three point margin. The game had three goals, all three very important. Millstreet scored the first in the 15th minute when they were three points in arrears and in danger of being dominated. The second goal, again from Millstreet came three minutes from the end of normal time when Macroom again led by three points and looked to be heading for victory. The third goal, this one for Macroom, came in the 4th minute of the first period of extra time when Conor O'Sullivan palmed across a perfect pass for Blake O'Gorman to punch home and this proved too much for Millstreet as both teams visibly tired.

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Weather conditions for the game were perfect, sunny with no wind, but the grass was a little high. Macroom goalkeeper Brendan O'Connell made two outstanding saves in the opening minutes before Millstreet deservedly took the lead with a 6th minute point. Macroom then got on top and points from Andrew Hegarty, David Horgan, Conor O'Sullivan and Patrick Lucey had them nicely placed only to be brought back to equality in the 15th minute when Millstreet at last beat goalkeeper O'Connell from close range at the second attempt. Millstreet went a point ahead, Macroom equalised through Andrew Hegarty and Conor O'Sullivan put them back in front in the 22nd minute. The sides shared eight points in the eight minutes coming up to half time, five of these for Millstreet in reply to points from Tony Dineen, Alan Quinn, and Andrew Hegarty and so the Duhallow side led by 1-7 to 0-9 at the break.

Macroom introduced Dylan Twomey, Cian Twomey and Sean McMahon for the second half but started with some bad wides from good positions before Patrick Lucey pointed a '45' and added two more from frees, Dylan Twomey punched over a point and Conor O'Sullivan pointed a free to leave Macroom leading by 0-14 to 1-10 in the 49th minute. Ethan O'Gorman and Paul O'Farrell came on, Alan Quinn and Tony Dineen kicked over points but Millstreet responded with a point in the 54th minute to leave a two point gap between the sides. Blake O'Gorman kicked a fine point but then Millstreet got in for a second goal to equalise. A foul on Dylan Twomey yielded a free, Conor O'Sullivan converted but Millstreet hit back with two points to lead with time running out but Tony Dineen kicked an equaliser and in added time Conor O'Sullivan put Macroom back in front before Millstreet had a 63rd minute equaliser to send the game into extra time.

Conor O'Sullivan had a first minute point followed by the Macroom goal from Blake O'Gorman three minutes later to which O'Gorman added a point to give Macroom a five

point lead of 1-22 to 2-14. Points for Millstreet either side of the break had the gap down to a goal but Macroom did not concede and held on for a deserved if hard earned victory.

Macroom: Brendan O'Connell: Mark Corrigan, Olan O'Mahony, Rory Buckley: Michael Cronin, Alan Quinn, David Cotter: Caleb Dineen, David Horgan: Blake O'Gorman, John Murphy, Tony Dineen: Patrick Lucey, Conor O'Sullivan, Andrew Hegarty. Subs: Dylan Twomey, Seán McMahon, Cian Twomey, Ethan O'Gorman, Paul O'Farrell, Don Creedon, Jack Cronin, James O'Connor.

Ballydesmond 3 – 15 Ballinora 2 – 10

Ballinora made the long journey to Ballydesmond and were defeated by the home side who were always slightly on top in this TCC game. The positives for the Mid Cork men were that they have the makings of a strong panel and are getting down to serious preparations under manager Noel Murphy for the league and intermediate championship ahead.

Ballinora scorers: Darragh Holmes 1-4, Brian Murphy 1-0, Ben Ahern 0-3, Daire Corkery 0-2, George Forde 0-1.

Ballinora: Eoin Walsh: John O'Regan, Noel O'Toole, Kenneth Greeley; Pádraig Dineen, Kevin O'Regan, Brian Rigney: Alan O'Shea, Alan O'Neill: Brian Murphy, Darragh Holmes, Ian Wycherley: Ben Ahern, Daire Corkery, George Forde. Subs: James Walsh, Joe Conway, Denis Buckley, Dylan Dineen, Colin Lockheed.

Dromtarriffe 1 - 6 Cill na Martra 1 – 15

This Tom Creedon Cup game at Rathcoole was an unusual contest, Dromtarriffe, the county Junior champions of 2018 hosting Cill na Martra, the county Intermediate champions of last year. Weather conditions were very good for January and the two teams, each now enjoying higher status, enjoyed their opening game of the year but there was no doubting that Cill na Martra were the better side and their enthusiastic approach to the challenges ahead was much in evidence.

Dromtarriffe were understrength and Cill na Martra started with several regulars on the bench. The first half was a lively affair with lots of running and enthusiasm but inevitably with some early-season errors also in passing and decision making by both sides. Mike Ó Deasúna opened the scoring from a '45' in the 5th minute and Shane Ó Duinnín made it 0-2 to nil for Cill na Martra in the 7th minute. The home side hit back with three points in a row to take the lead by the 14th minute but Daire MacLochlainn levelled matters and Mike Ó Deasúna put his side back in front in the 20th minute. A free to Dromtarriffe yielded an equaliser within minutes and the play went from end to end without further scoring until the break, with the teams remaining level at 0-4 each.

Cill na Martra Made changes at the interval and throughout the second half which helped them get a controlling grip on proceedings and assure the visitors of victory. Dromtarriffe went briefly in front on the restart but then Cill na Martra got down to business and four points in a row put them clear and when the home side had their sixth point, Cill na Martra replied and followed up with a goal on the three quarter mark from Dean MacCarthaigh to go well clear. MacCarthaigh was to add a further two points to his personal tally with Daniel Ó Duinnín, Cork panellist Tadhg Ó Corcora, Maidhchí Ó Duinnín, all making their contributions to a comfortable win at the finish.

Cill na Martra: Antóin Ó Conaill: Finén Ó Faoláin, Antóin Ó Cuana, Graham Ó Mocháin: Daire MacLochlainn, Eoin Ó Loinsigh, Seán Ó Céilleachair: Fionnbarra Ó hEaluithe, Gearóid Ó Goilí: Danny Ó Conaill, Mícheál Ó Deasúna, Gearóid Ó Faoláin: Liam Ó Loinsigh, Damien Ó hUrdail, Shane Ó Duinnín. Fir Ionaid: Alan Ó Mocháin, Pádraig Ó Criodáin, Eoin Ó Céilleachair, Tadhg Ó Corcora, Daniel Ó Duinnín, Mícheál Ó Duinnín, Dean MacCárthaigh, Marc Ó Goili, Nollaig Ó Loinsigh.

Sport Star Awards Dinner

The 4th annual Muskerry Sports Star Awards Gala Dinner and Awards Ceremony will be held in Oriel House Hotel, Ballincollig on Saturday January 26th 2019. The Muskerry GAA Sports Star of the Year will be announced, the overall winner being selected from the eight monthly winners of the Auld Triangle Restaurant / Muskerry GAA monthly awards in 2018. All eight monthly winners - Mark Verling (Cloughduv), Seán Warren (Kilmurry), Conchúr Ó Loinsigh (Béal Átha'n Ghaorthaidh), Conor Cotter (Kilmichael), Darren Lucey (Donoughmore), Eimear Scally (Éire Óg), Aoife Murray (Cloughduv), Tadhg Ó Corcora (Cill na Martra), had outstanding achievements during the past year and the winner of the supreme award will indeed be a 2018 Sports Star. The Muskerry Junior Hurling team of 2018

and its Junior Football counterpart will also be announced and this year, a Muskerry Intermediate Hurling team (selected from the intermediate teams in the division) will also be honoured for the first time. The award sponsors are O'Mahony Walsh, Auctioneer, for the Junior hurling team, Quish Supervalu Ballincollig for the Junior football team and Europumps Ireland for the Intermediate Hurling team.

This annual awards initiative, undertaken by the Muskerry GAA board, would not be possible without the generous sponsorship of Eileen O'Flynn of the Auld Triangle, Macroom for the monthly awards functions and Oriel House Hotel, Ballincollig for the annual ceremony. The organising committee is chaired by William Buckley, Dripsey, and Anne O'Riordan, Cloughduv, is secretary. The other members are:

Eileen O'Flynn, Auld Triangle, David Murnane, Referee Association, Dave Lee, Béal Átha'n Ghaorthaidh, Aubert Twomey, Ballincollig, Barry O'Mahony Éire Óg, Kevin Murphy, Ballincollig, Brendan Kenneally, Macroom, and John Feeney, Dripsey, Runai Mid Cork Board.

Teams of the Year

This year it was decided to add something new to the Gala Night in Oriel House Hotel - a Muskerry Intermediate Team of the Year comprising of nominations from both Intermediate Grades. This team will also be named on the night of January 26th 2019. As this is a new team, a new sponsor was also required and Europumps Ireland and Barry Holland have come on board.



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Nominees for Intermediate Team of the Year

Barry Murphy Niall Aghabullogue Barry Murphy Ian Aghabullogue Bourke Robbie Ballincollig Bourke Sean Grenagh Bowen Dave Ballincollig Bradley Matthew Aghabullogue Carey John Dripsey Casey Colm Inniscarra Coleman Mark Blarney Coleman Michael Inniscarra Cooper John Eire og Cronin Seamus Grenagh Crowley Patrick Blarney Cummins Kelvin Grenagh Desmond Dylan Eire og Corgan Cian Ballincollig Fahy Luke Ballincollig Finnegan Patrick Aghabullogue Goulding Daniel Eire og Hallissey Kevin Eire og Jennings Liam Ballincollig Jordan Joe Blarney Kelleher John Eire og Maher Eoghan Dripsey McCarthy Andrew Inniscarra McEvoy Alan Blarney Moynihan David Aghabullogue Mullins John Eire og Murphy JP Ballincollig O Connor Tomas Inniscarra O'Donoghue Padraig

Nominees for Junior Football Team of the Year

Ahern Brian-Canovee Ambrose Declan-Aghinagh Bourke Robbie-Ballincollig Brennan Fintan-Eire Og Buckley Conor-Inniscarra Buckley Patrick-Canovee Buckley Shane-Inniscarra Clifford Eoghan-Kilmurry Collins Liam-Inniscarra Corkery Donal-Aghinagh Corkery Aidan-Donoughmore Cotter Conor-Kilmichael Coughlan Stephen-Ballincollig Creedon Joe-Iveleary Cronin Brian-Iveleary Crowley Paul-Donoughmore Dineen Diarmuid-

Inniscarra O'Neill Kevin Grenagh O Riordan Michael Dripsey O'Rourke Fionn Eire og O Shea Eoin Eire og O Sullivan Ciaran Ballincollig O Sullivan Mark Dripsey O Toole Ronan Eire og O'Callaghan John Inniscarra O'Connor Aidan Eire og O'Donoghue Sean Inniscarra O'Donovan Ross Ballincollig O'Keefe John Inniscarra Olden Stephen Inniscarra O'Leary Paul Blarney Power Conor Blarney Ring Paul Aghabullogue Sexton Conor Ballincollig Walsh Karl Ballincollig

Nominees for Junior Hurling Team of the Year

Ahern Brian Cloughdub Ahern Ger Cloughdub Brennan Fintan Eire Og Brosnan Conor Ballinora Buckley Johnathan Cloughdub Buckley Patrick Cloughdub Clifford Eoghan Cloughdub Cogan

Eire Og Dunne Michael-Canovee Foley Cathal-Kilmichael Forde Daniel-Donoughmore Healy Mark-Canovee Hughes Conor-Canovee Jones Chris Og-Iveleary Jordan Joe-Blarney Kelleher Eoin-Eire Og Kelleher Liam-Canovee Kelleher Peter-Kilmichael Manning Kevin-Iveleary Masters Shane-Kilmichael McCarthy Dave-Kilmurry McCarthy James-Canovee McDonagh Paul-Eire Og Mcevoy Alan-Blarney Mcsweeney Finbarr (Snr)-Iveleary Moynihan James-Canovee Murphy Aidan-Canovee Murphy Barry-Iveleary Murphy Darren-Ballincollig Murphy Denis-Canovee Murray Jordan-Ballincollig O Raw Aaron-Inniscarra O'Callaghan John-Inniscarra

Leon Donoughmore Corkery Donal Cloughdub Costelloe Keith Blarney Cotter Brendan Kilmichael Cotter Brian Ballincollig Cotter Conor Kilmichael Cronin Andrew Cloughdub Cronin Daniel Blarney Cronin Patrick Ballinora Dineen James Blarney Dineen John Eire Og Fitton Patrick Ballinora Foley Cathal Kilmichael Foley Dylan Eire Og Forde Conor Blarney Greally Kenneth Ballinora Holmes Darragh Ballinora Howard David Ballinora Kelleher Peter Kilmichael Kelly Donncha Eire Og Mcgrath Tomas Ballinora Moynihan James Cloughdub Mullane Eoin Blarney Murphy Aidan Cloughdub Murphy Liam Eire Og O'leary Dave Cloughdub O'leary Jm Iveleary O'leary Stephen Kilmichael O'leary Tim Eire Og O'riordan Ciaran Iveleary O'shea Alan Ballinora Ryan Joe Cloughdub Sexton Shane Donoughmore Vaughan Cathal Iveleary Verling Brian Cloughdub Verling Mark Cloughdub Walsh Mark Cloughdub.

O'Connell Daniel-Inniscarra O'Connor Sean-Canovee O'Donoghue Sean-Inniscarra O'Donoghue Brian-Canovee O'Donoghue Stephen-Ballincollig O'Dwyer Jack-Inniscarra O'Leary Tim-Eire Og O'Riordan Ciaran-Iveleary O'Riordan Daniel-Iveleary O'Riordan Ger-Iveleary O'Rourke Gearoid-Donoughmore O'Sullivan Denis-Canovee O'Sullivan Mark-Dripsey Ryan Joe-Kilmurry Shine Darren-Canovee Twohig Liam-Aghinagh Vaughan Cathal-Iveleary Wall Liam-Kilmurry Warren Fionn-Kilmurry Warren Sean-Kilmurry Weste Colin-Ballincollig

All Ireland Junior Hurling Championship

Semi final at Fraher Field, Dungarvan
Dunnamaggin, Kilkenny 0 – 23 Cloughdub, Cork 2 - 16 AET

Heart break for Cloughdub who lost out on a place in the All Ireland final by the minimum margin after extra time was required to produce a winner in this epic semi final contest at Dungarvan. In good conditions, and before an attendance of 1,394, two evenly matched teams battled it out, giving of their all to the end and the Kilkenny and Leinster champions just edged it in extra-time.

The sides were level 0-2 apiece after four minutes but Dunnamaggin outscored Cloughdub nine points to one over the next 19 minutes – a disastrous period for the Muskerry who had the aid of the wind in this opening half. It was 0-6 to 0-2 before Cloughdub had a third point at the end of the first quarter but Dunnamaggin had raised the lead to 0-11 to 0-3 before the Cloughdub revival got under way and the Cork champions finished the half strongly with points from Joe Ryan and James Moynihan to trailed on the scoreboard, 0-11 to 0-5.

Cloughdub had a great opening period on the resumption with a point from a Brian Verling free and the goal they desperately needed, Mark Walsh finishing Brian Verling's free low to the net. The Kilkenny men replied with a brace of points, but Cloughdub had three points in a row 1-9 to 0-13 at the end of the third quarter. Points were exchanged, still a single point between the



Cloughdub who lost by a single point to Dunnamaggin, Co. Kilkenny in the Junior All Ireland Clubs Hurling semi-final. ©

teams in the 52nd minute. With five minutes remaining, Cloughdub drew level through a Mark Verling point. Dunnamaggin fought back to take a two-point lead but with three minutes of stoppage time announced there was still time to recover for the Cork men. Cloughdub substitute Kevin Barry Murphy fired home a goal in the 61st minute, 2-12 to 0-17 after the Kilkenny goalkeeper dropped the sliotar, but the Leinster men hit back with an equalising point, 2-12 to 0-18, to send the game into extra time.

The sides were still level after the first period, 2-14 to 0-20, Cloughdub having taken the lead but then having to equalise to be level at the break. Dunnamaggin went two clear twice only to be brought back to the minimum each time, but the clock finally beat Cloughdub and

brought their great run through Muskerry, Cork and Munster to an end. They may have lost this game but went down with honour.

Scorers: Mark Walsh (1-4), Brian Verling 0-6 (0-4 f), Kevin BarryMurphy 1-1, Mark Verling 0-2, Aidan Ahern, James Moynihan and Joe Ryan 0-1 each.

Cloughdub: Jonathan Buckley; Patrick Buckley, Brian Ahern, Paul O'Sullivan; Ger Ahern, Dave O'Leary, Eoghan Clifford; Mark Walsh, Aidan Murphy; Mark Verling (Capt), Andrew Cronin, Donal Corkery; Brian Verling, Joe Ryan, James Moynihan. Subs: Denis Sullivan (h-t), Aodh Twomey 52, Kevin BarryMurphy 55, Aidan Aherne 55, Kevin Walsh 62, Brian Hinchion 66.



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Munster Football – McGrath Cup Final

Clare 1-9 Cork 0-9

Three late points at Miltown-Malbay saw Clare crowned McGrath Cup football champions for the first time in 11 years. With the sides deadlocked at 1-6 to 0-9 entering the final 10 minutes, it was the home outfit who made the decisive burst to take the early season honours and reverse last year's final result when Cork had 'stolen' victory with a late goal at Mallow.

The football in the first half was dreadful entertainment but did improve in the second period. Clare led 1-3 to 0-3 at the break, the score which separated the sides at the break was Gordon Kelly's eighth-minute goal, a long range effort which dipped late. Cian Kiely's 5th

minute point was Cork's sole first-half score from play with two Stephen Sherlock frees completing their tally. Clare extended their lead on the resumption with a further two points but Cork woke up finally and two points each from Mark Collins and Damien Gore, along with one from Peter Kelleher white flag, had them on level terms. They never got in front however and Clare came up with the winning scores.

Scorers for Cork: S Sherlock (0-2 frees), M Collins (0-2, 0-1 free), D Gore 0-2 (0-1 f); E McSweeney, Cian Kiely, Peter Kelleher 0-1 each.

Cork: Chris Kelly (Éire Óg); Sam Ryan (St Finbarrs), Peter Murphy (Bandon), Aidan Browne (Newmarket); Liam O'Donovan (Clonakilty),

Tomás Clancy (Clonakilty), Steven Cronin (Nemo Rangers); James Fitzpatrick (Carbery Rangers), Ronan O'Toole (Éire Óg); John O'Rourke (Carbery Rangers), Eoghan McSweeney (Knocknagree), Cian Kiely (Ballincollig); Mark Collins (Castlehaven), Peter Kelleher (Kilmichael), Stephen Sherlock (St Finbarrs). Subs used: Damian Gore (Kilmacabea) 43; Nathan Walsh (Douglas) and Kevin O'Donovan (Nemo Rangers), both 51; Tadhg Ó Corcora (Cill na Martra) 60; Blake Murphy (St Vincents) (66) and Mark White (Clonakilty), Conor Dennehy (St Finbarrs), Kevin Flahive (Douglas), Paul Walsh (Kanturk), Tom Clancy (Fermoy), Mattie Taylor (Mallow).

Cork Camogie Win

by Daragh Ó Conchúir

All Ireland champions, Cork, survived an extremely stern examination from Tipperary to get their Littlewoods Ireland Camogie League Division 1 campaign off to a winning start, 0-10 to 0-7 at The Ragg. Tipp reached the last four of the 2018 championship but Cork ended their aspirations and went on to complete a famous three-in-a-row, but there was enough evidence here to suggest that the Premiers will prove a tough nut to crack for any opposition in the year ahead.

Niamh Treacy capitalised on a loose clearance to give the hosts an early lead but All-Ireland

Final heroine, Orla Cotter, slotted the first of her six points to level and Linda Collins moved the Rebels in front. Tipp were able to hold their own in the physical exchanges and Cáit Devane was accurate from placed balls, as they went in at the interval leading by 0-5 to 0-4. It might have been even better but Devane opted for a point from a penalty. The teams were level on 0-6 apiece entering the last quarter, with Cotter and Treacy providing the pick of the scores from play, but Cork showed why they are so difficult to overcome, four points in the context of the overall trend of the game a significant yield in that closing period. Cotter set up Libby Coppinger for a score and

then slotted a close-in free, before Chloe Sigerson and Orla Cronin sealed the verdict.

Kilkenny, 2018 League winners, defeated Clare in the first round, 1-9 to 0-7. Waterford prevailed over Wexford 1-13 to 1-5 in Enniscorthy, while Limerick defeated Offaly 1-12 to 0-13 in Banagher. Fixtures. Next Sunday, January 27, Inniscarra will play St. Martin's in the All Ireland Senior Club semi-final at WIT at 2p.m. In the Littlewoods League, Division 1 on Saturday 26th, Cork v Wexford; Tipp v Galway; Clare v Offaly and Kilkenny v Dublin. The following weekend: Cork v Waterford.

Laochra Óg

Club development draw: Tom Hickey, Gort, Cullen, Mallow €356. €25 seller's prize: M & J Kelleher, Clondrohid. €25 voucher for Glenmill Restaurant: Eve Walsh, Dromdubh, €25 voucher for M & J Kelleher, Clondrohid: Cormac Slattery.

Festive fundraiser 2018. Well done to all the u14/16 boys and girls who took part in an exhibition hurling/ Camogie fundraiser match for Sonas and Suaimhneas Special Classes, Clondrohid National School raising €350 at Coláiste Ghobnatan and

thanks to trainers/ Coaches for organising and all 39 players that took part and Coláiste Ghobnatan and Ionad Cultúrtha for use of facilities.

Macroom GAA.

Table Quiz. Macroom Juvenile and Macroom Ladies GAA Club are holding a fundraising table quiz on Friday 1st February at 8:30pm in the Castle Hotel. €40 for a table of 4 and tables can be booked in advance with Conchubhar Murray on 086-0665636

Tom Creedon Cup Quarter Final. Macroom will be away to Naomh Abán in the Tom Creedon Cup Quarter Final on Sunday 27th January at 2pm in

Ballyvourney.

Membership is now open for Adults, Juvenile and Family Membership for 2019. Two registration nights will be held for all playing and non playing members and this is for both existing and prospective members. It will be held in Macroom GAA clubhouse on Friday 08th February and Friday 15th February from 7:30pm - 8:30pm both nights. If you can't make it to these evenings, then

contact membership officer, Dan Cronin. You can also now pay online at www.macroomgaa.ie

Premier Intermediate Football Championship

Draw: County Championship Draws were held in Páirc Uí Chaoimh on Tuesday, 15th January. In a repeat of last year's first round, Macroom have been drawn versus St. Michael's of Blackrock.



Conor Buttimer, President Macroom G.A.A., making a presentation to John o'Mahony, retiring Chairman ©Lee Valley Outlook



Remembering times past: Members of Macroom team who won the Tom Creedon Cup final in 1997, Dan O'Keefe, Noel Twomey, captain; Shane Dunne, Alan O'Shea and Conchúr Murray ©Lee Valley Outlook



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Macroom AFC

Macroom remain top of the **Premier A league** following a 5-2 home win over Leeview Athletic at Murrayfield. In form striker, Andrew Hegarty, had Macroom ahead early on and Keith Holden doubled the lead after good work from Dec O'Riordan. Leeview then scored, making it 2-1 at half time. The two goal lead was restored with Hegarty again on target. But the visitors once again replied, to leave the score 3-2 entering the final stages. The home side finished the stronger with first Michael Browne and then a second from Holden securing another valuable win. Waterloo and Kanturk are currently the main challengers to Macroom in a race that could go right down to the wire.

In the **AOH Cup** last 16, Bohemians were the visitors to Murrayfield. Macroom, short a number of regulars, gave a tremendous display to knock out their Premier league opponents on a 2-1 scoreline. A cagey first half saw few chances, although Dec O' Riordan's volley forced the visiting keeper into a decent save. In the 50th

minute, the deadlock was broken. O' Riordan's fine effort came off the upright and the resultant scramble saw Michael Browne drive home the opener. The goal served to open up the contest as Bohs went on the offensive. In fairness, the Macroom rearguard stood up admirably to the pressure now being applied. With loads of space behind the Bohs back four, a quick counter attack saw Mark Corrigan sent through on goal. The advancing keeper upended Corrigan and O' Riordan rattled the net from the penalty spot. Bohs halved the deficit in the 75th minute, setting up a nervy conclusion. Chances arrived at both ends and the post came to Macroom's rescue late on. But Macroom held on for a fantastic victory. This continues their excellent form and a home tie v St John Boscoss B awaits in the quarter final.

Macroom B consolidated second position in the AUL division 3 league with a hard earned 1-0 victory against visitors, Ard na Laoi, at the Town Park. John James Healy had an early chance following good work from Sean Quinn. As the

first half wore on, chances were very rare and unsurprisingly, the half time score was 0-0. On the resumption, both sides continued to cancel out the other but gradually, Macroom gained some control. Donal O'Riordan saw his shot go narrowly wide and there was also a Quinn effort which forced a smart save from the visiting keeper. And it was Quinn who produced the winner when he arrived at the back post to blast home. Ard na Laoi responded well and built up pressure on the home defence but Macroom worked hard and preserved their clean sheet. This is another encouraging win and an excellent performance throughout the squad.

In the Youths league, Macroom travelled to play Mallow Utd and came away with a brilliant 2-0 win. Mallow, who were unbeaten in their previous 10 league games, were an excellent opponent but Macroom were superior on the day. Both goals were scored by Dylan Twomey in a fine team performance. Macroom are in 4th position in the U18 league table.

10th Birthday for Cycling Club

Happy Birthday!

Valley Wheelers Cycling Club will celebrate its tenth anniversary during 2019. Following a successful two day charity cycle to Waterford for Marymount Hospice in May 2009, Valley Wheelers Cycling Club was founded for cyclists in the Lee Valley and beyond. The club would like to invite its members, their friends and former members of the club to join us in marking this occasion for a two day cycle to The Horse and Jockey in Tipperary which will take place on the 18th and 19th of May 2019. For further enquiries on this

event, contact Larry on 087 2421801.

Club Membership is ongoing and a registration night will be held in The Auld Triangle, Macroom on Monday the 28th of January between 7 and 8pm. New members are always welcome and further enquiries regarding membership to Don on 087 3527766. The club, which has an active junior (under 16) and Leisurely Ladies sections, has a busy calendar of events planned for 2019 which will include:-

Flat February (4 flat club spins for start of new season)

Tour of The Sheep's Head Peninsula 2nd June

One day charity cycle to Crumlin Hospital on the 22nd of June

Ring of Beara 14th July

The Mick Dineen Cycle 4th August and a club tour of the Ring of Kerry in September

For more information on the club check out our website www.valleywheelers.com or look us up on Facebook

Macroom Golf Club

Results. Sat/Sun 12/13 Dec 1st: Barry Ronayne 35pts. 2nd: Pat Mc Carthy 34pts. 3rd : Pdraig Ó Murchú 27pts.

Club Singles 19/20 Jan 1st: Conor Cronin(15) 36pts 2nd: Brendan Madden(12) 33pts.



Cyclists from the Lee Valley and surrounding areas after a two day charity cycle to Waterford in aid of Marymount Hospice in 2009. ©



Members of Valley Wheelers Cycling Club on their first club spin in 2009 with legendary cyclist, Sean Kelly ©



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Junior & Senior Infants Rusheen N.S. about to perform their Nativity play ©An Scoil



1st & 2nd Class Rusheen N.S. about to perform their Christmas play, "Cinderella" ©An Scoil



3rd & 4th Class Rusheen N.S. about to perform their Christmas play, "The Wolves in the Woods in Rusheen" ©An Scoil



Scoil Naomh Muire's shepherds waiting to take part in the Christmas Carol Concert in Farran Church" ©An Scoil



Pupils from Scoil Naomh Muire, Farran carol singing at the Craft Fair at the Rowing Centre in Farran Wood ©An Scoil



De La Salle's debating team - Gerard Collins, Bradley O'Shea, Benedict Otu and Tom Downey. ©An Scoil



5th and 6th Class Dromleigh N.S., Kilmichael at recent Rowing Blitz at St. Matthew's Hall, Model Farm Road ©An Scoil



Dromleigh N.S., Kilmichael group who have been chosen for the National Final of the Intel Mini Scientist Competition. ©An Scoil

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Dromleigh N.S., Kilmichael team - joint third in County Sciath na Scol Sports Quiz. ©An Scoil



Pupils from Ballyvongane NS at the recent Get Going Get Rowing Blitz in the Fr Matthew Arena Edenhall. ©An Scoil



Coachford College students, Fiona Dowling, Elma McCarthy and Olan Buckley, exhibit their project on How does coloured paper influence learning? at the young Scientist competition. ©©Micheál Mac Suibhne



Halyeigh O'Shea, Clondrohid; Emily, Katelyn and Chloe Cronin, Ballymakeera, enjoying the Christmas festivities in Macroom ©Lee Valley Outlook



Pupils from Ballyvongane NS at the recent Vex Iq Regional Finals with their Principal, Liam Buckley. ©An Scoil



Pupils from Muinefliuch N.S. who were 6th class winners of the UCC Science Quiz recently. ©An Scoil



Maria Cronin discussing her BT Young Scientist project with Micheál Martin T.D. ©An Scoil



Mary Buckley presenting the Alan Buckley Memorial Cic Fada cup to Kevin Lucey, Tim O'Keefe, Jack Lucey ©

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St. Patrick's Day


GET YOUR ENTRIES READY FOR MACROOM ST PATRICK'S DAY PARADE 2019.....

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Please contact Jo Lovell (details below) for Entry Form where you can give a short description of your Float, Group or Club which can be read out by our MC as your float passes the Main Stand. This can include some information about your organisation, what inspired your float, or anything else that would be of interest to the parade goers.



Jo Lovell
St Patrick's Day Festival Committee
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Tel: 026 20544 | Email: lventerpriseboard@gmail.com


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ANSWER:
Christmas Day, St Stephen's Day and New Year's Day are public holidays. Christmas Eve and New Year's Eve are not. All workers are entitled to paid time off or pay for a public holiday. (Your employer can decide whether to give you time off or pay.) Part-time workers must have worked for the employer for at least 40 hours in the previous five-week period to have a public holiday entitlement.
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In your case, you should get one-fifth of your normal weekly pay for each of the two public holidays, Christmas Day and New Year's Day. So you should get the additional pay or the equivalent amount of time off. Your employer can decide which option to give you.
If you have to work on a public holiday you are entitled to be paid at your usual rate and you are also entitled to either an additional day's pay or a paid day off. You can get detailed information on employment rights from the workplacerelements.ie website. Further information is available from the Citizens Information Centre below.

Know Your Rights has been compiled by Macroom Citizens Information Service which provides a free and confidential service to the public. Address: South Square, Macroom, Co. Cork. Information is also available online at citizensinformation.ie and from the Citizens Information Phone Service, 0761 07 4000. Macroom Helpline: 0761078430.

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A Word of Victory

Welcome back dear reader "...there will be signs in the sun...the moon, and the stars...on earth distress of nations, with perplexity, the sea and the waves roaring; men's hearts failing them from fear and the expectation of those things which are coming on the earth, for the powers of the heavens will be shaken. Then they will see the Son of Man coming in a cloud with power and great glory. Now when these things begin to happen, look up and lift up your heads, because your redemption draws near" (Luke 21:25-28). This passage of Scripture describes our world right now. Last week we saw that those who trust in the Lord Jesus and acknowledge Him as Saviour shall never be shaken, even in the midst of turmoil. When our foundation is built upon The Rock - believing in Jesus the Son of God, and the sacrifice of His sinless blood which God the Father accepted for the redemption of all sin, we will be able to stand no matter what the circumstances, and come out victorious. Jesus alerts us to watch out for the signs of His Second Coming. The Blood Moon this past week was the latest in a series with many saying it's heralding the end of the world. Listen friend, God always forewarned us in the Bible that He would cause signs and wonders in the heavens and these would signal the Coming of His promised Messiah. Before Jesus was born the Star of Bethlehem appeared as a sign yet only a few showed up for the event. Many people had seen that sign but because they perceived that nothing happened (it was another thirty years before the Lord Jesus was launched into His ministry), the scoffers had plenty of opportunity to say 'where is this God of yours?' to the believers. Jesus Himself, when questioned about His Second Coming told His disciples "...no-one knows the day or the hour - only the Father knows", but He did say - 'you know when the leaves bud that Summer is coming without having to be told it' (Matthew 24:36; Luke 21:30-31). That is where we are right now, so reader, don't be caught unawares. There has never been more uncertainty in our world - but be of good cheer, Jesus said 'I have overcome the world' and as you trust in Him and abide in His Word under the New Covenant that God made, His free gift of Salvation (eternal life, protection, provision, preservation, healing and restoration) is your inheritance (John 16:33; Romans 10:13).

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Macroom who defeated Millstreet in the first round of the Tom Creedon Cup ©



Presentation of €1,000 cheque from Ballinagree Vintage Society to the Motor Neuron Association from the proceeds of the recent Ballinagree Vintage Car, Tractor, and Bike Road Run 2018. ©



Pat and Anne Meighan Quinn and Queenie Mason at Clondrohid Christmas/ New Year Adult Party ©Lee Valley Outlook



Sile Ní Dhubhghaill and students of Lee Valley Academy of Music perform at Christmas concert at Bealick Mill ©Con Kelleher



Eileen Buckley, Marian O'Leary and Barbara Pretty at Clondrohid Christmas/ New Year Adult Party ©Lee Valley Outlook



Elizabeth O'Sullivan, Bernie Deasy and Fr. O'Mahony at the Active Retired Christmas Dinner at the Riverside Park Hotel, Macroom ©Lee Valley Outlook



Cill na Martra who defeated Dromtarriffe in the first round of the Tom Creedon Cup ©Lee Valley Outlook



Historian, Michael Linehan, author of Cork Burning, with Karen Lally and Louise Daly at lecture at Kilmurry museum ©

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Our next edition is out on
Thursday 7th February 2019

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LEE VALLEY DIARY

T.R. Dallas Fri Jan 25 in the Pub in Carriganima.

Open week at Carriganima N.S. Mon 28th Jan to Fri 1st Feb, 9.20am to 3.00pm.

Ciorcal Gaeilge at Éire Óg Pavilion Mon 28th Jan, 8pm to 9pm.

Community Alert talk on security Tues 29th Jan in Coolcower House, Macroom at 8 pm.

Macroom G.A.A. Table Quiz. Fri 1st Feb. at 8:30pm in the Castle Hotel.

Blarney Stone First chorus rehearsal Sun 3rd Feb; 5pm to 6.30 at Riverside Park Hotel

Clondrohid pastoral council meeting Tues Feb 5 at 7pm in Community Hall.

Kilmurry HAA AGM Wed Feb 6th in Museum at 8pm.

Special Bingo night in Inchigeela Hall, Sat. Feb. 9th for Macroom and Dunmanway Hospitals.

February Lecture in Kilmurry Museum, February 11th at 8pm

Ahakeera Drama Group present a three act play in Farran hall 16th Feb at 8pm.

Historical Talk Mr Richard Wood. Feb 22nd at 8pm. Kimurry Museum.

Ahakeera Drama Group present a 3 act comedy in Inchigeela Hall Fri 1st March. Proceeds to Inchigeela N.S.

Donoughmore G.A.A. Lip Sync Sat March 16th at Blarney Golf Resort.

Macroom Library

Storytime Every Sat at noon. Remembering St. Brigid Feb. 2

Bridge Club Wed. Jan 30th at 10am.

St. Brigid's Day cross-making workshop Fri. Feb 1st at 11.30am,

Marie Keating Foundation talk Feb. 5th at 11.30a.m.

Adult Book Club on Feb 6th at 11.30am

Purlies Knitting Group Feb 7th at 11.30am.

Music Morning Feb. 8th at 11am

Ciorcal Cainte Feb. 14 and 28 at 11.30am.

Riverside Park Hotel

Briery Gap All Ireland Transition Year Drama and 2nd Level Schools Light Entertainment Festivals preliminary rounds from Wednesday, 6th February.

Ahakeera Players present 'I'm the One for You' on Friday 8th February at 8:00pm at Riverside Park Hotel. ©

We are pleased to publicise Lee Valley functions, fundraisers, sports events etc. in this fortnightly Diary. We may include commercial events that are also being advertised simultaneously in the magazine. Please email information to leevalleyoutlook@gmail.com ; telephone 026 41891 or post to Killarney Road, Macroom by the Monday before publication. Remember you can access back issues of the Lee Valley Outlook at www.macroom.ie

10 TIPS FOR FIRST TIME BUYERS

1. Set up a budget. Look at all the expenses, such as stamp duty, land registry fees, insurance and the cost of a surveyor. Examine the cost of commuting and upgrades. It is essential, prior to going house hunting, that you know what your budget is.

2. Learn about the neighbourhood demographics. If you are buying a house in a neighbourhood full of renters, it only takes a few bad renters or bad landlords to drag the neighbourhood down fast. If the neighbourhood is full of single people, will you be happy there if you have very young children? Research the area in which you intend to purchase. If possible, speak to other home owners in the area. A good idea is to rent a property in the area prior to purchasing, perhaps while you are saving for your deposit. A good neighbour and a good neighbourhood is a treasure.

3. Save for your deposit. Most lending institutions will allow purchasers to borrow 80% of the purchase price. Gone are the days of 100% mortgages.

4. Consult a mortgage intermediary. The mortgage intermediary will best compare the various interest rates, the term of the loan being offered and the conditions attaching to the loan. It is vital that you submit all of your paperwork to your lending institution and make an application for mortgage approval in principle. This will let you know how much a lending institution will loan you based on your income and your current level of existing debt. Do not end up house poor. Some house buyers fall in love with a house or a neighbourhood. This can lead to regret when the novelty wears off and you do not have any money to do the things you like. Try living on a pretend mortgage payment for six months and see how it goes.

5. Ensure you obtain life cover. All mortgage providers require a purchaser to put a mortgage protection policy in place. If you have had a medical procedure or recent illness, the life assurance company may require a medical

certificate or a medical examination to be carried out. This can take time, so allow for a delay in the issue of loan approval.

6. Ensure that you read the contract for sale before you sign it. It sounds obvious but you would be surprised at the number of people that do not. A house is probably the largest purchase you will ever make in your life, so make sure you read the terms of your contract. Your solicitor will explain the terms clearly to you. Ask lots of questions. He or she is there to help and address all of your queries. You should be certain of every aspect of the purchase.

7. Instruct a competent engineer or architect to carry out a structural survey of the property to identify any structural defects and ensure any alterations or additions to the property comply with planning permission and building regulations. Lending institutions do instruct valuers to value the property, but this is not a survey on the condition of the property and is sometimes referred to as a "drive-by valuation". There may be many things wrong with the property that you cannot see. It may be crucial to your budget if there is work to be carried out on the property, and even if it is not immediate, it may affect your resale value.

8. Always make an appointment the day before the closing of the transaction with your auctioneer to inspect the property again. Unfortunately, some previous owners leave more than the celebratory bottle of wine for the new owner. Nothing takes the smile off as quick as a lot of rubbish in the house. The closing can be delayed until such time as the vendor clears the property in full.

9. Ensure that you know the identity of your solicitor when you start bidding. When you go to bid on a property, you want the vendor to know how serious you are. Your deposit and solicitor's details should be ready to hand over to the auctioneer as soon as you have been told that the sale has been agreed. This will also reduce the risk of gazumping. A good and reputable

solicitor is extremely important when you are purchasing. It could mean the difference of the sale going through with ease or you losing the property completely.

10. Know what is included in the sale prior to bidding. Do not put an offer on a property without knowing what you are buying. If there are items in the house you want, ask if they are to be included and if not, the vendor may sell them to you separately. On the other hand, if you want the property completely cleared when you get your keys, tell your solicitor and he or she can arrange for it to be a condition of sale in the contract.

Buying a new home can be stressful and time consuming. Think of it differently. It can be a very exciting time in your life and you will always remember buying your first home. Just strive to ensure that you have fond memories of the transaction by being organised and instructing a reputable solicitor and surveyor.

Karen Walsh, of Walsh & Partners, Solicitors, comes from a farming background and is a solicitor specialising in agricultural law, land law and renewable energy and is author of 'Farming and the Law' available from www.claruspress.ie. The firm also specialises in personal injuries, employment law and family law. She has offices in Dublin and Cork. For further information please contact 01-602000 or 021-4270200. Email: info@walshandpartners.ie Web: www.walshandpartners.ie

Disclaimer: While every care is taken to ensure accuracy of information contained in this article, Solicitor Karen Walsh does not accept responsibility for errors or omissions howsoever arising, and you should seek legal advice in relation to your particular circumstances at the earliest possible time.



Karen Walsh

VOICE OF SOUTH EAST

Macroom man, Dave Cronin, is set to move to a new prime time slot at Beat 102-103. The announcement comes as part of a presenter switch-up at the regional radio station, which covers the South East. You'll have to be up that little bit earlier if you're to catch Dave Cronin on Beat. The Cork man, who was born in the town, educated at De la Salle and was once chosen as Macroom Person of the Year, is the new voice of Beat at Work, following a successful and lengthy stint on Beat's Big Lunch. Dave says he's excited to be moving to a brand-new show: "I'm absolutely delighted, less so about the earlier alarm time, of course!" He continued: "It's been a pleasure to present the Big Lunch slot over the past five years, and the Takeover before that. I'm looking forward to a whole new audience and entertaining them with the best new music, the latest celeb news and some other surprises I have up my sleeve. I've been a part of the Beat fabric since 2012 and I'm excited to be involved

in the all new Beat line-up for 2019. Join me on Monday morning from 9:50!"

Beat is Ireland's first regional radio station, broadcasting from state of the art purpose-built studios on the outskirts of Waterford city. The go-to multi-platform radio station is licensed to target 15 to 34-year-olds in the South East, incorporating Wexford, Waterford, Carlow, Kilkenny and South Tipperary. The station is music driven, with a broad mix of new and recent music, news and talk programming that informs and entertains young adults. An award-winning station that prides itself in delivering brilliance and fun through an evolving array of media forms, Beat has been nominated for several IMRO Radio Awards in categories as diverse as news, programming, promotions and, of course, broadcasting where afternoon presenter, David Hammond, won Best Radio DJ at the 2018 IMROs.

Learn to Jive in a weekend



Killarney Jive Weekend on February 1-3rd has 22 workshops at the Gleneagle Hotel.

From beginner to improver classes you can walk in and pick any workshop you like and pay €10 or buy a weekend pass for €50 which includes all workshops and dancing Friday and Saturday Night. (all day Saturday pass €40). Friday workshops starting at 6pm. With waltz and quickstep and Dancing to Stuart Moyles at 1030pm €10 at door.

Johnny Brady is playing Saturday night with a Jive competition and €1000 for the winner.

If you just want to come on Saturday night it's €15 which includes 9pm jiving workshop. Music at 10pm and Johnny Brady at 11pm.

More information 0873995877

TAKING THE FIRST STEPS TOWARDS A HEALTHIER, FITTER, HAPPIER YOU?

Well look no further than Pat Sheehan Health and Fitness who are offering a comprehensive 12-week programme in lifestyle management and weight-loss.

The special offers a 12-week clinic with weekly food check-ups and weigh-ins to motivate you throughout your journey.

Killarney native Pat has helped hundreds of people change their lives for the better through weight loss, from 1 stone up to 10 stone.

Following a thorough consultation, Pat will devise a plan tailored to your precise requirements. You will receive a fully illustrated book that Pat has penned himself based on his years of experience. This publication makes it easy and enjoyable to follow the 12-week weight loss programme.

Offering food diary's as well as wonderful recipes and menus, all featuring everyday foods and ingredients. The beauty of the plan is all consultations are private one-to-one and personalised to each individual client.

You will meet Pat once a week for your weigh-in, motivation and nutrition advice. He has a truly enviable track record when it comes to helping men and women achieve their weight-loss goals as well as optimum health and fitness levels.

Pat also runs the state of the art fitness studio



The Loft Fitness studio in West End Millstreet which was established in 2012. The Loft is a great place to socialise and meet new people while getting fit at the same time. All types of classes such as spinning, aerobics, circuits and strength training.

Contact Pat on 087- 6856930 and book your consultation either at Club Vitae, Hotel Killarney, or at The Loft Fitness Studio Millstreet, Co Cork. To check out some of our success stories check out their website <http://loftfitnessstudio.com/> or on Facebook.

BREDA JOY'S NOVEL HAS ECHOES OF CARRIGNAMUCK

Former Macroom Reporter, Breda Joy, who once covered the Muskerry District for The Corkman newspaper, is launching her debut novel, 'Eat the Moon', at Cork City Library on Thursday, January 31, at 6.30pm. There will be classical and jazz guitar from 6pm.

Inspiration for the setting of the novel came from the home farm of Breda's late mother, Máiréad Joy (nee O'Shaughnessy), at Carrignamuck, between Coachford and Dripsey.

"I cut my teeth as a journalist in Macroom in the mid-80s," Breda said. "I got great mileage out of Macroom Urban District Council. And I loved covering human interest stories from Kilnamartyra right down to Coolea and Ballyvourney. I still have very warm memories of the people I met, especially at lunch time in the Castle Hotel," she said. "I knew Macroom very well to begin with, from spending my childhood summers in Coachford."

The giant steps of 1969's Apollo 11 moon landing echo throughout the gripping new novel in which a farming Cork family is shattered by a blind act of fate. The book's release co-incides with the 50th anniversary of the moon landing. 'Eat the Moon' examines a voyage away from the familiar for one family caught up in the reflected magic of the space race, and traces their journey back from the dark side of the moon. The action takes place in 1969 and 1970, and a horse, aptly named Apollo, is a key character in the unfolding of the family drama.

'Broadcaster, Joe Duffy can take some of the credit for the plot,' Breda said, explaining that one of the characters, Tamara, was inspired by a report on his show on why some trauma victims refuse to speak for long periods of time.

"She is part of a story about families, about parents and teenagers, about a rural Ireland that has all



Killarney author and journalist, Breda Joy, at the launch of her novel 'Eat The Moon'. © Eamonn Keogh

but faded away and how refusing to give up can lead to redemption," she said. "It's a coming of age story."

Rural Ireland was changing in 1969 but farming communities were still bound together - through even the most testing traumas. The story opens as Neil Armstrong prepares to set foot on the moon. Like the Apollo astronauts, Kieran O'Mahony and his family begin a voyage away from the familiar. Their journey back from the dark side of the moon involves one exceptional moon-silver horse, the bonds of family, the wisdom of age and the passionate loyalty of youth.

"While the plot and the characters of Eat the Moon come from my imagination, the setting draws heavily from the home farm of my late mother,

Mairead, near Coachford at a time when the cows and fields had names," Breda said. "Neighbours came and pitched in making the hay and at harvest time. My summers there were magical." "Memories of the farm made their way into 'Eat the Moon', but the book needed to be more than a recreation of those summers," she said. "The story needed a big drama to drive it."

The heart-stopping drama revolves around a traumatic event involving Kieran, a rising hurling star, with the world at his feet and one spirited girl, Kitty, in his heart.

Published by Poolbeg Press, Eat the Moon, is available in Fitzgerald's Book Shop, Macroom, in An Gadaí Bookshop, Ballymakeera, and bookshops nationwide. Cost, €14.99.

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Snippets may include details of upcoming Lee Valley functions, fundraisers, sports events etc. We may include commercial events that are also being advertised simultaneously in the magazine.

T.R. Dallas comes to Carriganima Friday night, January 25, in the Pub. Great night assured. All are welcome.

Open week at Carriganima National School. Monday 28th January to Friday 1st February 2019. Drop in anytime during the week between 9.20am to 3.00pm. All enquiries welcome. More information on the school website www.carriganima-ns.weebly.com

Cúpla Focal. Are you interested in one hour of casual conversational Irish? If so, come to Eire Óg Pavilion on Monday night, 28th January, 8pm to 9pm, for a chat, plus a cup of tea or coffee. Fáilte roimh cách.

Clondrohid Parish pastoral council meeting: The first meeting of 2019 will take place on Tues Feb 5 at 7pm in Community Hall.

Kilmurry Historical and Archaeological Association Ltd AGM will take place on Wednesday February 6th in Heritage Room, Independence Museum Kilmurry at 8pm.

Kilmurry Historical Lecture by Dr Paul MacCotter: Kilmurry in Medieval Times, February 11th at 8pm in heritage room at Kilmurry Museum.

Ahakeera Drama Group Dunmanway present a three act play by playwright, Jimmy Leary, "I'm the one for you", in Farran hall 16th February at 8pm. This is a fundraiser for Independence Museum Kilmurry. Admission €15. To reserve a place call 0861767295.

Historical Talk. Mr Richard Wood will give a talk Feb 22nd at 8pm "Cork Architecture 1660 to present" in Independence Museum Kilmurry. Admission €10.

"I'm the One for You", a three act comedy by Jimmy Keary in Inchigeela Parish Hall on Friday March 1st with Ahakeera Drama Group. Proceeds in aid of Inchigeela NS. Great night assured. Please support.

Walk While you Can fundraising concert for Motor Neuron and Fr. Tony Coote, at the Riverside Park Hotel, Macroom, on January 19 was a great success. To date, it has raised €2,250.

Used stamps and old cards. Basket at back of all Aghinagh parish churches for used stamps for Motor Neuron and Irish Cancer Society. Or give to Breda at Fruit and Veg stall in Macroom

Square. Old Christmas cards, birthday cards etc also welcome.

West Cork Garda Youth Award winner, David Lucey (18) Knockeenacuttin, Macroom received his award from Chief Superintendent Con Cadogan at the recent ceremony in Castletownbere. David is a young, volunteer coach with his local GAA club and has coached in the local national schools as well as in the Cúl Camps in the summer months. David is the youngest member of the Macroom parish Mission of Love for the Homeless. On a monthly basis David travels to Cork City to do on street runs between 9pm and 1 am, walking the streets giving out sandwiches and teas to the homeless of Cork. David is an inspiration to the youth of our communities. David is now studying Law in Maynooth College.

Aghinagh G.A.A. Lotto: 13th January, 2019. Jackpot €3,700.00. Numbers drawn 3, 6, and 35. No winner. €50 Jayden Crowley, 27 Fairfield. €20 each to Michael & Mary Crowley, Ballyverane; Patsy, C/O Ballinagree Shop; Hugh & Marie Twomey, Rusheen; Flor O'Driscoll, Lacknahacknee. 20th January. Jackpot €3,850. Numbers drawn 11, 13, and 19. No winner. €50 Tim Sheehan, Dooneens. €20 each to Liam Curtin, Model Farm Road, Cork; Jessie Adaire, Bawnmore; Patricia Twomey & Brendan, Shanakiel; J.J. c/o, John Casey, Bealnamorrive

Clondrohid G.A.A. Lotto Jan 9 €70 Florence Murphy Donoughmore €20 each. Kath O'Leary Kilmichael, Mgt. Ann c/o Pat. O'Brien, Anne Marie Looney c/o Laine, Bridget O'Sullivan Muinefliuch Donoughmore G.A.A. Lotto January 8th Jackpot €2,400. Winning Numbers: 10 26 33 No Winner €25 LuckyDip Winners: 1. Breda Healy 2. Jerry O'Regan (Rea) 3. Sinead Golden 4. Suzy (Bunkilla) 5. Mary Murphy (Nadd)

January 15th Jackpot €2,500. Winning Numbers: 6 13 15 No Winner €25 Lucky Dip Winners: 1. Breda Buckley 2. Andy Kelleher 3. Emer O'Shea 4. Annette Kearney 5. Kathleen O'Riordan.

Kilmurry G.A.A. Lotto 13/01/2019. Jackpot: €4,400. Numbers Drawn: 1,21,31. No Winner. €50 K Barrett, E Deasy, K O Leary. €20 each Stephanie Howard, Bonny, Michael Galvin (yearly), Jackie O Callaghan c/o Sheila's Shop, Anna O'Dowd (yearly).

Kilmichael GAA Lotto 17th December – Jackpot €15,000; Numbers 6 – 7 – 21 – 32; No Winner. €50 – Colin Horgan, Toames; €25 each Martina Collins, Shanacashel, Siobhan Dineen, Kilnamartyra; Sean O'Connor, Johnstown:

Christmas Hampers: James O'Leary, Cooldorrihy, Bridie O'Leary, Renacahera; Anne Buttimer, Ahakeera; Kevin Daly, Ballincollig
27th December - Jackpot €15,000. - Numbers: 2 – 4-7 – 27; No Winner. €50 – Margaret Lehane,

Deshure €25 each John Hallahan, Moneycusker; Margaret Cahalane, Bandon; Bill Fitzgerald, Macroom

2nd January. Jackpot €15,000; Numbers: 11 – 16 – 17 – 20; No Winner. €50 Tom Buckley, Newcestown; €25 each Richard & Mary Downey, Boulbrack; Colm O'Dwyer, Shanacashel; Crean family, Cloughduv

7th January. Jackpot €15,000; Numbers 3-6-16-29; No winner; €50 Coakley family, Inchigeela; €25 each Mary O'Callaghan, Cooldaniel; Breda Kelleher, Terelton; Rebecca Harley, Shanacashel
Lotto 14th January. Jackpot €15,000; Numbers 16-17-22-27; No winner; €50 Margaret Coakley, Inchigeela; €25 each Michéal Masters, Carrigboy; Seamus Dromey, Coolecleavane, Gerard Dromey, c/o Dromeys.

Macroom AFC Lotto 14/01/19. Jackpot: €1,800. Numbers drawn: 2, 3, 25. No Winner: €80: Breda McCarthy. €20 each: Kay Healy c/o Hound, Noreen Moloney c/o Murray's, Noel O' Sullivan c/o Noel, Angela O'Connor, Oakwood.

21/01/19. Jackpot €2,000. Numbers drawn: 17, 27, 29. No Winner. €80: Liz, Ger and Charlie c/o Danny. €20 each: Catherine O'Connor, Margaret Buckley c/o June, Kate Murray c/o Murray's, Kay Healy c/o Hound.

Macroom G.A.A. Lotto 08/01/2019. Jackpot €5600. Numbers drawn: 4-14-17. No Winner. - €70. Mary Cooney, Greyhound Bar. €20 each: Irene O'Shea, Coolalta, Carrigadrohid. Caoimhe Brown, Railway View, Bina Healy, Farnanes, Breda Cotter, Main Street, Maureen O'Mahony, C/O John O'Mahony, Macroom.

15/01/2019. Jackpot - €5800 Numbers drawn: 10-15-20. One winner: Kathleen Mc Carthy, Carriganima. €20 each: Joe Creedon, Cork Street, Michael Cronin, New Street, Colman Corrigan, Glen Park, Betsy O'Riordan, Castle Street, Nora O'Shea, Mashanaglass.

Rylane CPA Lotto: 7/1/2019 Jackpot €1,100. Numbers drawn: 4 - 13 - 38. No Winner. €20 Joe Barrett (Rylane); John O'Connor (Lyroe); Esther Naughton (Kilcullen). Seller's Prize €20: Norma Walsh.

14/1/2019 Jackpot €1,200. Numbers drawn: 4 - 7 - 32. No Winner. €20 Noreen O'Sullivan (Rylane); Enda O'Sullivan (Rylane); Bina & Norma Lyons (Rylane). Seller's Prize €20: Crowleys.

Coachford AFC Lotto: 14/1/2019. Jackpot: €2,200. Numbers Drawn: 5 – 10 – 34. No Winner. €40 Daniel Field. €20 Patrick O'Callaghan, Barry Murphy, Geraldine Hunt, Cathy Dunton.

21/1/2019. Jackpot: €2,400. Numbers Drawn: 16 – 28 – 31. No Winner. €40 Johnny Sheehan. €20 Daniel O'Brien, Martin Griffin, Sophie O'Shea, Shane Sewell.



Muinefliuch Christmas concert ©An Scoil



Three Kings in Muinefliuch ©An Scoil

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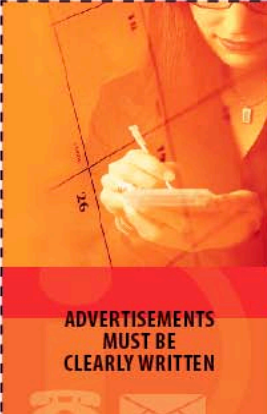
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7th ANNIVERSARY



In loving memory of

EILEEN MCCARTHY
(NEE MURPHY)

Firmount, Killarney Road,
Macroom Co. Cork.

Who died on 1st February 2012

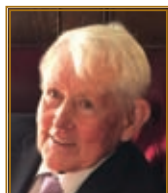
*It broke our hearts to lose you,
But you did not go alone,
For part of us went with you,
The day God called you home.*

*Sweet Jesus take this message,
To our mother up above,
Tell her how we miss her,
And give her all our love.*



Sadly missed by Orla, Owen, Tom,
relatives and friends.

AN 3ú CUIMHNEACHÁN



In loving memory of

DAN LUCEY

Bun Coille, Sliabh Riach, Baile
Mhúirne.

D'éag 04.02.2016

*Do stiúrais le comhairle is treoir
Do rian atá ionainn dá bharr
Le mórtas is buíochas
Go docht in ár gcroíthe atáir.*



Le h-uaigneas is grá,
Máire is do chlann

FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of

JOAN HERLIHY

1920-2018

Derryroe, Macroom, Co.Cork
Died 4th Feb. 2018

As we lovingly remember our Mother Joan on her first Anniversary, we the family wish to thank most sincerely everyone who sympathised with us on our sad loss. Thank you to Mam's neighbours and friends.

Thanks to those who sent Mass cards, floral wreaths, called to her home and attended her funeral service.

To the stewards from Aghinagh G.A.A who organised the traffic on the night, we are truly grateful.

Our gratitude to Dr. Con Kelleher, Dr Shane Hurley and staff of The K Practice for the wonderful care and being so kind to Joan over many years.

Thank you to the carers Maureen and Patricia who were always kind and cheerful.

Thanks to Martina Ring and the Rusheen Choir for making the funeral Mass so meaningful.

Thanks to Fitzgerald Funeral Directors for their professional service. Thanks to the Garda Síochána for traffic management at the funeral in Macroom.

To Kevin Lynch for his singing at the graveside, mile buíochas.

The Holy Sacrifice of the Mass has been offered for your intentions.



First Anniversary Mass on Sunday 3rd Feb 2019 at 11am in Rusheen Church.

FIRST ANNIVERSARY AND ACKNOWLEDGEMENT



In loving memory of

DENIS HARTNETT

Carrigeigh, Inchigeela, Macroom
who died on 4th February, 2018

As we lovingly remember Denis on his first anniversary, Anne and family would like to thank most sincerely all those who sympathised with us on our sad loss, to all who attended the funeral ceremonies, sent Mass cards, enrolments, letters of sympathy and donations, to all our relatives, neighbours and friends who supported us during his illness and continue to do so, to all who brought food and refreshments to our home.

Thank you to all who attended the funeral from near and far. We would especially like to thank staff of Bons Secours Hospital and Marymount Hospital and Hospice, Dr. Jack O'Connell, the Palliative care team, Kerrs Pharmacy, Dunmanway, Cyril Casey Funeral Directors, Creedon's Hotel, Norma and Theresa for the music and singing, all who visited Denis in hospital and at home. Thank you to Fr. Anthony O'Mahony, PP for the meaningful mass, Bishop John Buckley, Canon Martin O'Driscoll & Fr. Pat O'Donovan. As it is hard to thank everyone individually, please except this acknowledgment as a token of our gratitude and appreciation. The Holy Sacrifice of the Mass has been offered for your intentions.

*It broke our hearts to lose you
But you didn't go alone
For part of us went with you
The day God called you home*



First Anniversary Mass in Inchigeela Church on Sunday, 3rd February at 11.30am.

NOVENA TO THE SACRED HEART



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it.

Then in his merciful eyes it will become your favour, not mine. Amen.

Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer.

BM

7th ANNIVERSARY



In loving memory of

DERMOT J. KELLEHER

Inchigeela, who passed away on
26th January 2012

*We miss your kind smile
And your gentle caring ways.
The memories, the goodness
and the love you left behind
will live on forever.
You are loved and thought of
each and every day.*



Sadly missed by
your loving wife Eilish
and by your family

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2nd ANNIVERSARY



Cherished memories of

**EILEEN
J. QUILL**

Barr d'Inse, Cúil-Aodha,
Who died on January 23rd 2017

*It doesn't need a special day,
To bring you to our minds.
For days without a thought of you,
Are very hard to find.*



Fondly Remembered by Your
Family, Relatives & Friends.
Naomh Gobnait guidh orainn.

6th ANNIVERSARY



In loving memory of

**KIERAN
MC CARTHY**

Crookstown, Co. Cork
Who passed away on 26th January

*Two tired eyes are sleeping
Two willing hands are still
The one who worked so hard for us
Is resting at God's will.*



Always remembered by his loving wife
Mary and family

2nd ANNIVERSARY



Treasured memories of

**RICHIE
SWANTON**

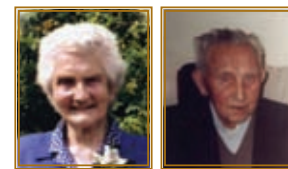
Curragh, Lissarda

*It isn't what we write,
It isn't what we say,
It's how we feel deep inside,
As we think of you today.*



Fondly remembered by his wife
Geraldine, daughter Sharon, son
Richard, son in law Brian, daughter in
law Mairead, grandchildren Emily, Rory,
Sophie and Sean and sister Betty.

**10th & 29th
ANNIVERSARIES**



In loving memory of

**JULIA & DENIS
O'MAHONY**

The Village, Clondrohid, Macroom
whose 10th and 29th anniversaries
occur around this time.

*Those we love don't go away,
They walk beside us every day,
Unseen, unheard, but always near,
Still loved, still missed and very dear.*



Always remembered & sadly missed by
your loving family

10th ANNIVERSARY



In loving memory of

**FINBARR
O'MAHONY**

Roovesbeg, Coachford, Co. Cork
Whose 10th Anniversary occurs on
24th January

*As time unfolds another year,
Memories keep you very near,
No need for words except to say,
You are loved and thought of
everyday.*



Remembered always by
his wife and family

3rd ANNIVERSARY



In loving memory of

**JOHN
LYNCH**

Kilmore, Ballingearry
Who died on 24th January 2016

*Those we love don't go away.
They walk beside us everyday.
Unseen, unheard but always near,
Still loved, still missed
So very dear.*



Deeply missed by his Loving wife, family
and friends.

Anniversary Mass in Ballingearry Church
on Sunday 27th January at 10.00am

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THE MIRACLE PRAYER



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour).
Take it dear heart of Jesus and place it within your heart where your father sees it.
Then in his merciful eyes it will become your favour, not mine. Amen.

Say this prayer three times for three days and your favour will be granted.
Never known to fail.
Must promise publication of prayer.

MM

NOVENA TO THE SACRED HEART



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour).
Take it dear heart of Jesus and place it within your heart where your father sees it.
Then in his merciful eyes it will become your favour, not mine. Amen.

Say this prayer three times for three days and your favour will be granted.
Never known to fail.
Must promise publication of prayer.

HC

PRAYER TO THE ST. MARTHA



Oh Saint Martha, the miraculous, I take refuge in your protection, giving myself completely to you, so that you may help me in my tribulation. In proof of my affection and as an act of thanks I offer to propagate your devotion to which I am already given.
Console me in my anxiety and affliction. I supplicate thee by the great joy that gladdened your heart, when you harboured in your home in Bethania the Saviour of the world. Intercede for me and all my family, so that we may conserve our God in our hearts and thus remedy our necessities especially that which I now ask. I implore you to vanquish the difficulties as you did the dragon that lay at your feet Amen.
Feast Day 29th July.
To be said while a blessed candle is lighting. This devotion is so powerful that before the end of the 9 Tuesdays, that which you desire will be granted, no matter how difficult it may be.

M

NOVENA TO THE HOLY SPIRIT



O Holy Spirit, you who solve all problems, light all roads so that I can attain my goal. You gave me the divine gift to forgive and forget all evil against me and that in all instances of my life you are with me. I want in this short prayer to thank you for all things you have given me as you confirm once again that I never wanted to be separated from you in spite of all material illusions. I wish to be with you in Eternal Glory. Thank you for mercy towards me and mine.
This prayer must be said for three days, after three days the favour will be granted.

M

THE MIRACLE PRAYER



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour).
Take it dear heart of Jesus and place it within your heart where your father sees it.
Then in his merciful eyes it will become your favour, not mine. Amen.

Say this prayer three times for three days and your favour will be granted.
Never known to fail.
Must promise publication of prayer.

GM

ST. JUDE NOVENA



May the Sacred Heart of Jesus be Adored, Glorified, Loved and revered throughout the whole world, now and forever.
Sacred Heart of Jesus, please pray for us.
Saint Jude, worker of miracles, please pray for us.
Saint Jude, helper of the hopeless, please pray for us.
Say this prayer nine times daily and by the end of the 8th day your prayers will be answered.
Say it for nine days, publication must be promised.
It has never been known to fail.

M

NOVENA TO THE SACRED HEART



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour).
Take it dear heart of Jesus and place it within your heart where your father sees it.
Then in his merciful eyes it will become your favour, not mine. Amen.

Say this prayer three times for three days and your favour will be granted.
Never known to fail.
Must promise publication of prayer.

M

PRAYER TO ST. THERESE



O glorious Saint Therese, whom Almighty God has raised up to aid and counsel mankind, I implore your Miraculous Intercession.
So powerful are you in obtaining every need of body and soul our Holy Mother Church proclaims you a "Prodigy of Miracles...the Greatest Saint of Modern Times." Now I fervently beseech you to answer my petition (mention here) and to carry out your promises of spending Heaven doing good upon the earth... of letting fall from Heaven a Shower of Roses.
Henceforth, dear Little Flower, I will fulfill your plea "to be made known everywhere" and I will never cease to lead others to Jesus through you.
Amen.
Say the above for 9 days and you will receive a flower or a rose in some form during or after 9 days as an indication that your request will be granted.

M

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Kieran Looney presents the Seanie Coakley Memorial Cup to Patrick Buckley, winner of the Local Reversible class at Macroom Ploughing 2019. ©Lee Valley Outlook



Kathleen McCarthy presents the Jerry Cotter Memorial Cup to Con Buckley, winner of the Local 3 Furrow class at Macroom Ploughing 2019. ©Lee Valley Outlook



Deirdre Coakley presents the Derry Coakley Memorial Cup to J.J. Delaney, winner of the Horse Class at Macroom Ploughing 2019. ©Lee Valley Outlook



Christmas wren walkers in aid of Inchigeela Tidy Towns ©Nora O'Riordan



Christmas Crib from Bealnamorrive © Peter Scanlan



Nancy Murray, Doirincuilting, Cúil Aodha ag ceiliúradh a 90 bliain ar an saol le Muintir Uí Ríordáin ag Aifreann i Seipéal Cúil Aodha. ©Nóra Ní Luasa



Agabullogue Rince Seit winners at Cork Scór na nÓg final © John Tarrant.



Macroom Scouts in Killarney National Park on a sponsored 20k cycle for local charity with their Leaders, Deirdre Henley, Joe Cunningham and Joe Willis. ©



Benjamin Martin presenting a cheque for €2,000 to Macroom Tidy Towns Treasurer, Judy O'Sullivan for a sensory garden. Also included, Chairman, Martin Coughlan and Secretary, John Lyons. ©

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